

24-25 ACMS Wrestling

Coach Martinezmoles

Updated 07/26/24

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
DEC. 2 Practice in GYM 1:30 to 3:30 Mandatory 1st practice	3 Practice in MP 2:45 to 4:45	4 Practice in MP 2:45 to 4:45 Parent Meeting 6PM in MP	5 Practice in MP 2:45 to 4:45	6 NO PRACTICE	7
9 Practice in GYM 1:30 to 3:30	10 Practice in MP 2:45 to 4:45	11 Practice in MP 2:45 to 4:45 VAC Forms due	12 Practice in MP 2:45 to 4:45	13 Practice in MP 2:45 to 4:45 Uniform handout	14
16 Practice in GYM 1:30 to 3:30	17 Practice in MP 2:45 to 4:45	18 Scrimmage Home Dual Meet vs. Silverado in Gym	19 Practice in MP 2:45 to 4:45	20 Practice in MP 2:45 to 4:45	21
23 Winter Break Practice in GYM 10-12	24 Winter Break NO PRACTICE	25 Winter Break NO PRACTICE	26 Winter Break Practice in GYM 10-12	27 Winter Break Practice in GYM 10-12	28 Winter Break
30 Winter Break Practice in GYM 10-12	31 Winter Break NO PRACTICE	Jan. 1 Winter Break NO PRACTICE	2 Winter Break Practice in GYM 10-12	3 Winter Break Practice in GYM 10-12	4 Winter Break
6 Practice in GYM 1:30 to 3:30	7 Practice in MP 2:45 to 4:45	8 Practice in MP 2:45 to 4:45	9 Away Dual Meet @ Eich	10 Practice in MP 2:45 to 4:45	11
13 Practice in GYM 1:30 to 3:30	14 Practice in MP 2:45 to 4:45	15 Practice in MP 2:45 to 4:45	16 Picture Day at 2:30 in Gym Home Dual Meet vs. Twelve Bridges in Gym	17 Practice in MP 2:45 to 4:45	18
20 NO SCHOOL NO PRACTICE	21 Practice in MP 2:45 to 4:45	22 Practice in MP 2:45 to 4:45	23 Home Dual Meet vs. Cavitt in Gym	24 Practice in MP 2:45 to 4:45	25
27	28	29	30 Home Dual Meet vs.	31	FEB. 1

Practice in GYM 1:30 to 3:30	Practice in MP 2:45 to 4:45	Practice in MP 2:45 to 4:45	Olympus in Gym	Practice in MP 2:45 to 4:45	
3 Practice in GYM 1:30 to 3:30	4 Away Dual Meet @ Glen Edwards MS	5 Practice in MP 2:45 to 4:45	6 Practice in MP 2:45 to 4:45	7 Practice in MP 2:45 to 4:45	8
10 Practice in GYM 1:30 to 3:30	11 League Championship @ Spring View MS	12 TBD	13 TBD	14 TBD	15

ALL Duel Meets start at 4PM.

- HOME MEETS: Wrestlers will meet in the multipurpose room after school to help set up the gym.
- AWAY MEETS: Wrestlers must arrive 30 minutes early for weight-ins and warm ups.

ALL Tournament information will be given out after the season starts.