



Daily Bulletin


Friday, August 9th, 2024


Period 1	7:45 – 8:30
Period 2	8:35 – 9:15
Break	9:15 – 9:25
Period 3	9:30 – 10:10
Period 4	10:15 – 10:55
Period 5	11:00 – 11:40
Lunch	11:40 – 12:10
Period 6	12:15 – 12:55
Period 7	1:00 – 1:40
Back to School Dance!	1:45 – 2:45


Happy Friday CMS!


Today we will be on a modified schedule with shortened classes to accommodate our first COUGAR PRIDE DANCE and ACTIVITIES DAY.


After break today, you will attend 3rd, 4th, and 5th periods before lunch. After 7th period, your teacher will escort your class to the gym for an hour of fun activities and music!


 **During our Back-to-School Cougar Pride Dance and Activities Day**, you will have a chance to earn blue tickets if you participate in and win an activity taking place on the back field. You will be able to participate in a homerun challenge, a volleyball challenge, a frisbee challenge, relay races, and more! If you earn a blue ticket, be sure to write your name on the ticket and turn it in at the Spirit Table for your chance to win FREE spirit gear. Multiple winners will be announced throughout the dance! **Go Cougars!**

 **Are you ready to bring the energy to CMS?** Join the Cheer Team and get in on the fun of cheering at home games, performing at school gatherings, leading spirit games, and marching in parades! If you are interested, swing by the library TODAY and see Coach Hanes. Practice kicks off in THREE short days, Monday, August 12th from 3:00-4:30 in the cafeteria. Please note that you MUST be pre-registered on SportsNet before you can participate. Let's make some noise and have a blast!

 **Fall Sports:** Are you interested in playing a sport this school year? Fall Sports tryouts for volleyball, cross country, and soccer begin in less than two weeks., on Monday, August 19th! To participate in a sport, you must first have your parent register you on **SportsNet** by clicking on the ATHLETICS tab on our school website. Don't delay registering! Get ready to compete CMS!

 **PE Clothes:** The first day for dressing out in your CMS PE uniform is next Wednesday, August 14th. If you haven't already purchased your PE clothes, please stop the office before school, after school, at break, or at lunch. The cost is \$15 for shorts and \$15 for the shirt. PE sweatpants are optional for \$25.

 **Are you NEW to Carmel?** If you are new to our school district, you are invited to a New Student Luncheon on Monday. Don't worry about packing a lunch. Just plan on stopping by the library Monday for a slice of pizza while getting to know our student Leadership Team!

 **Today's Menus:** **Breakfast:** Ham, Egg, and Cheese Croissant, a Smoothie, and Cinnamon Toast Crunch Cereal.
Lunch: Domino's Hawaiian Pizza, Spicy Chicken Sandwich, Veggie Dumplings with Chow Mein, or a Crispy Chicken Wrap.

 **Happy Birthday to:** **Alejandra Da Silva Parreira Gutierrez, and Carson Wittman!!** Also, to everyone celebrating over the weekend, including **Charlotte Chapple, Destiny Silva Miranda, and Alana Wheeler!!**