

McL High, Steen's, FES, RHS, RUES, RES, Pisgah



Monday

2

HOLIDAY

9

Pumpkin Breakfast Bread
Lucky Charms Cereal
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

16

Chocolate Covered Donuts
Breakfast Sausage Pizza
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

23

Pumpkin Breakfast Bread
Lucky Charms Cereal
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

30

Chocolate Covered Donuts
Breakfast Sausage Pizza
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Tuesday

3

Hot Grits
Pancake Bites
Bacon Strips
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl

10

Cocoa Puffs Cereal
Hot Grits
Sausage Patty
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

17

Hot Grits
Pancake Bites
Bacon Strips
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

24

Cocoa Puffs Cereal
Hot Grits
Sausage Patty
Southern Biscuit
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Wednesday

4

Dunkin Stix
Cinnamon Rolls
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

11

French Toast Sticks
Strawberry Toaster Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

18

Dunkin Stix
Cinnamon Rolls
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

25

French Toast Sticks
Strawberry Toaster Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Thursday

5

Cinnamon Toast Crunch Cereal
Hot Grits
French Toast Sticks
Assorted Fruit Juices
Fresh Fruit Bowl
Pancake Syrup

12

Dutch Waffle
Hot Grits
Cinnamon Crunch Filled Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

19

Cinnamon Toast Crunch Cereal
Hot Grits
French Toast Sticks
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

26

Dutch Waffle
Hot Grits
Cinnamon Crunch Filled Pastry
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk

Friday

6

Apple Frudel
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

13

Mini Cinnis
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

20

Apple Frudel
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup

27

Mini Cinnis
Sausage & Pancake on a Stick
Assorted Fruit Juices
Fresh Fruit Bowl
Chocolate Milk
Low Fat Milk
Pancake Syrup



Served Daily: Assorted Milks-Low fat, Chocolate, Strawberry, Vanilla Fat Free
Assorted Fruit Juices-Apple, Orange, Pineapple Orange
Condiments: Pancake Syrup, Assorted Jellies

"This institution is an equal opportunity provider."