



White Plains City School District
HEALTH SERVICES
550 NORTH STREET
WHITE PLAINS, NEW YORK 10605
914-422-2011
914-422-2269 FAX

YOUR CHILD'S HEALTH

ABSENCES

Please keep your child home if they have:

- Fever 100.0 or over as well as cough, sore throat, and congestion.
- Nausea, vomiting, or diarrhea.
- Any infectious disease

The health and safety of our school district community remain our top priority. To ensure the district community's health and safety, it is important we receive the most accurate health-related information.

All absences should be reported to your child's school. If your child is ill, please take them to their health care provider for diagnosis and treatment and let your school nurse know.

SCHOOL	MAIN OFFICE	NURSE'S OFFICE
Church Street	422-2402	422-2403
George Washington	422-2381	422-2386
Mamaroneck Avenue	422-2286	422-2291/422-2358
Post Road	422-2320	422-2326
Ridgeway	422-2082	422-2084
Eastview	422-2448	422-2412
Highlands	422-2090	422-2133
WPHS	422-2198	422-2231/422-3526
Rochambeau	422-2420	422-2020

WHEN TO RETURN TO SCHOOL

When your child returns to school, they should bring the teacher or school nurse a note, from you, explaining their absence.

When your child is absent for more than five days, it is advisable to submit a doctor's note. If your child's absence is due to a contagious disease, please bring a doctor's note directly to the school nurse before returning to the classroom. Should there be a confirmed case of a contagious disease in school, administration and the school nurse will notify the parents. Parents will receive printed information regarding the disease and advice regarding additional intervention, if needed. It is always advisable to consult with your child's doctor.

Also, please have the doctor indicate they are permitted to return to physical education and recess, or if there are any restrictions.

CHILDREN WITH SPECIAL HEALTH CARE NEEDS

NOTIFICATION OF SPECIAL HEALTH CARE NEEDS

If your child has a health condition such as allergies, asthma, diabetes, or seizures, or any health condition that needs monitoring, it is important that you notify the school nurse. Please review your child's needs at the beginning of each school year, and if situations change during the year, notify the school nurse as soon as possible.

We are here to assist and make sure your child remains safe while in school.

PRIVACY REGARDING YOUR CHILD'S CONDITION

New York State privacy laws protect the confidentiality of your child's health information. This information is not shared unless there is a definite "need to know". Protected information could be emergency or of a life-threatening nature such as a severe medical condition requiring immediate attention. Any accommodations or special needs your child has will also be shared. If you wish to give more information to the teacher, you may do so personally.

If the school nurse requires written health information regarding your child, you must sign a release permitting their doctor to give to share information.

MEDICATIONS

All medications, prescription and over the counter, must have a *Permission to Administer Medication* form completed and signed by both parent and doctor. These forms are available on the school website or your child's school nurse's office. Completed forms must be returned to your child's school by the parent with the medication in either a sealed original container for over the counter, or a prescription bottle. Prescription medications are counted on arrival and amount noted with parent.

All medications are administered by the school nurse with exception of asthma inhalers and Epi-pens for children with severe allergies, and who have demonstrated their ability to administer their medication and have permission by parent and doctor to carry them. Otherwise, they remain in the nurse's office and are administered by the school nurse.

If you have any questions, call your School Nurse, or the Director of Nursing Services, Magaly Racioppo at 914-422-2011.

PHYSICAL EXAMINATIONS

A physical examination is required for new entrants, kindergarten, 1st, 3rd, 5th, 7th, 9th, and 11th grades. Also, to participate in all interscholastic sports, middle and high school, a physical exam is required.

If we have not received a copy of their current physical exam by their health care provider in the required grades listed above, written notification will be mailed home requesting a current physical exam. A physical exam is valid for one calendar year to the last day of the month the exam was performed.

Limited physical exams are performed by our school Medical Director and are offered in all our schools. The exam done in school is brief and does not take the place of a comprehensive exam by a doctor familiar with your child.

If you have no access to a physician, your child's school nurse will be happy to offer you resources in the area.

IF YOUR CHILD IS ILL OR INJURED AT SCHOOL

The school nurse will assess the situation and call you if they feel it is necessary. Many times, a short rest and minor interventions, fluids, and a snack, work well for minor complaints. If you wish to be notified of all incidents and health room visits, please let your school nurse know at the beginning of the year. If possible, the nurse will comply with this request.

If a parent or guardian cannot be reached, the additional emergency contacts you have provided will be contacted.

It is extremely important to update your CONTACT INFORMATION in the Parent Portal when there are any changes or updates. This information is vital in all situations, medical and others, when it is necessary for the school to reach you or an emergency contact.

If we are unable to reach you, your child will not be allowed to leave school with someone else unless you have specified that person in your emergency contact information.

In cases when illness or injury appears serious and immediate intervention is required the nurse will first make sure the immediate needs of your child are met, will notify you, and if necessary, will call an ambulance.

If your child needs to be sent to the hospital, a school administrator /designee will accompany your child and remain with them until a family member arrives.

Your child will be taken to White Plains Hospital Center except in cases where paramedic personnel choose otherwise.

If your child is involved in an accident during school or school related activities and requires medical intervention, the school district's insurance provides coverage as a secondary policy. Forms are available from the school nurse.

If you have insurance, the district's insurance is activated only after your insurance carrier has made the maximum payment and you provide the information to the district's insurance carrier.