

2023-24 FHS Athlete Totals

School Year	School Name	CIF Section	School City	Public or Private	Total Enrollment	Male Students	Female Students	Total Participants (male)	Total Participants (female)
2023-24	Folsom High School	Sac Joaquin	Folsom	Public	2771	1429	1342	619	378

Sport	Season	Varsity	JV	Frosh/Soph	Totals
Baseball-Boys	Spring	20	17	18	55
Basketball-Boys	Winter	14	12	14	40
Basketball-Girls	Winter	13	11	10	34
Competitive Sport Cheer	Spring	24			24
Cross Country-Boys	Fall	13	23		36
Cross Country-Girls	Fall	9	6		15
Flag Football - Girls	Fall	16			16
Football-Boys	Fall	63	40	44	147
Golf-Boys	Spring	8	18		26
Golf-Girls	Fall	7	17		24
Lacrosse -Boys	Spring	25	19		44
Lacrosse-Girls	Spring	17	15		32
Soccer-Boys	Winter	22	19	21	62
Soccer-Girls	Winter	19	19	20	58
Softball-Girls	Spring	11	14		25
Swim & Dive-Boys	Spring	17	14		31
Swim & Dive-Girls	Spring	17	15		32
Tennis-Boys	Spring	23			23
Tennis-Girls	Fall	18			18
Track & Field-Boys	Spring	32	44		76
Track & Field-Girls	Spring	18	26		44
Volleyball-Boys	Spring	18	13	13	44
Volleyball-Girls	Fall	14	15	13	42
Wrestling-Boys	Winter	26	53		79
Wrestling-Girls	Winter	5	9		14

	Varsity	JV	Frosh/Soph	Totals
Total Male Athletes	256	253	110	619
Total Female Athletes	188	147	43	378
Grand Totals				997

