

Fall Cheerleading

Head Coach- Tiffany Smack tismack@ccps.org

August 14, 15, 16 Tryouts
4pm to 7pm in the Gym



Sports packet needs to be completed and submitted prior to trying Out on August 14th

Wear sneakers, workout clothing, hair up and no jewelry

Field Hockey

Coaches- Janet Candy (jcandy@ccps.org)

Nicole Welsch (nawelsch@ccps.org)

August 14th-23rd (weekdays)
8:00 am- 11:00 am

August 26th and beyond
3:30-5:30 pm



Need physical and athletic packet completed to practice

Required Equipment; stick, mouth guard, shin guards, water, snack, towel, sneakers, cleats and athletic clothing

Girls Volleyball

Head Coach- Matt Borrelli (mborrelli@ccps.org)

Tryouts will be held in the gym on the following days:

- Wednesday August 14th from 8:30 – 12:00
- Thursday August 15th from 8:30 – 12:00 (Team will be announced at the end of practice on 8/15)

What to bring for Tryouts:

- Signed Forms:
 - Blue Emergency Card
 - CCPS Physical Packet
- Sneakers & Knee Pads
- Appropriate Athletic Clothes
- Water / Sports Drink
- Great Attitude!



We are looking forward to a fun season!

Cross Country

Coaches- Coach Traemo tdmorgan@ccps.org

Coach Moore: rcmoore@ccps.org

Practice will be held at Perryville Park

- August 14th- 16th: 8:00am-10:00am
- August 19th-23rd: 6:00pm-8:00pm

Practice at PHS Track

- August 26th-30th - 3:30pm-5:00pm

No tryouts. All are welcome.

Please bring water, a snack, running shoes, athletic apparel and a towel.



Boys Soccer

Head Coach- Larry Sickels: lrsickels@ccps.org

August 14th-23rd (weekdays)
8:00- 10:00 am



Please bring your fully completed CCPS Athletics packet and blue emergency card, plenty of water, a light colored shirt and a dark colored shirt, a soccer ball (if you have one), cleats, and shin guards

Girls Soccer

Head Coach- Chris Tome (tomechris75@gmail.com)

August 14th-23rd (weekdays)
7:00-8:30 am

Please bring water, a snack, athletic apparel

Golf

Head Coach- Mike Rice (marinerice20@aol.com)

August 14th-23rd (weekdays)
Furnace Bay Golf Course
2:45 pm



Looking to take 12 players and 1 manager for the season

Football

Head Coach- Sean Sandora (sasandora@ccps.org)

August 14th-23rd
5:00-8:00 pm



All paperwork due when you pick up equipment