

MM 2024-2025 Breakfast and Lunch Menu

Breakfast \$2.00, \$2.50* Lunch \$3.00, \$3.25, \$4.75

Menu and variety of offerings are subject to change due to product availability.

Our most up-to-date menu are always available at myschoolmenus.com/instance/1197/district/1211. See QR Codes.



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast \$2.00, \$2.50* Served Daily in Cafeteria and Breakfast Cart: 7:20 – 7:45 AM	Mini Cinnis OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Pancake Flavored Chicken Sausage Bites OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Egg & Cheese Breakfast Sandwich OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Donut Holes OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Mini Confetti Pancakes OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk

Daily BF Entrées: Assorted Cereal, Cereal Bars, Pop-Tarts, Flavored Breads, Yogurt, String Cheese, PB&J Sandwiches
*Muffins (1 Muffin - \$2.00; 2 Muffins - \$2.50); Premium Donuts

Week 1	Toasted Cheese Sandwich Tomato Soup Romaine Salad Choice of Fruit Milk	Chicken Nuggets w/ Dinner Roll Tater Tots Green Pepper Strips Choice of Fruit Milk	Bosco Cheese Filled Breadsticks w/ Marinara Sauce Celery Sticks Baby Carrots Choice of Fruit Milk	Popcorn Chicken Smackers w/ Dinner Roll French Fries Tossed Mix Salad Choice of Fruit Milk	Cincinnati Chili Cheese Dog OR Turkey Hot Dog Baked Beans Grape Tomatoes Choice of Fruit Milk
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Week 2	Chicken Tenders w/ Dinner Roll Mashed Potatoes w/ Chicken Gravy Romaine Salad Choice of Fruit Milk	Cheese Quesadilla OR Mac & Cheese Taco Fiesta Black Beans Golden Corn Choice of Fruit Milk	General Tso's Chicken w/ Brown Rice Steamed Broccoli Grape Tomatoes Choice of Fruit Milk	Dutch Waffle w/ Chicken Sausage Oven Roasted Home Fries Cucumber Slices Choice of Fruit Milk	Soft Pretzel w/ Cheese Sauce Green Beans Baby Carrots Choice of Fruit Milk
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Week 3	Pizza Crunchers w/ Marinara Sauce Golden Corn Baby Carrots Choice of Fruit Milk	Mini Turkey Corn Dogs Vegetarian Baked Beans Cucumber Slices Choice of Fruit Milk	Bosco Cheese Filled Breadsticks w/ Marinara Sauce Celery Sticks Red Pepper Strips Choice of Fruit Milk	Popcorn Chicken Smackers w/ Dinner Roll Potato Smiles Tossed Mix Salad Choice of Fruit Milk	Pasta w/ Beef Meat Sauce, Marinara Sauce OR Alfredo Sauce Romaine Salad Grape Tomatoes Choice of Fruit Milk
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Week 4	“Chicken & Fry Combo” Chicken Tenders w/ Dinner Roll French Fries Celery Sticks Choice of Fruit Milk	French Toast Sticks w/ Chicken Sausage Oven Roasted Home Fries Romaine Salad Choice of Fruit Milk	Orange Chicken w/ Brown Rice Steamed Broccoli Grape Tomatoes Choice of Fruit Milk	Bibibop Purple Rice w/ Chicken or Tofu Choice of 3 Veggies & Sauce Choice of Fruit Milk	Nashville Hot Chicken Sandwich Baked Beans Baby Carrots Choice of Fruit Milk
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Daily Lunch Options: Crispy Shell and/or Flour Tortilla Tacos, Burrito Bowl, Nachos w/ Cheese and/or Taco Meat, Taco Salad, Walking Taco (Tuesday Only); Cheese or Turkey & Beef Pepperoni Pizza (M-Th); Buffalo Chicken Pizza (Week 1 & Week 3 on Fridays); BBQ Chicken Pizza (Week 2 & Week 4 on Fridays) Hamburger or Cheeseburger; Chicken Patty Sandwich; Hot & Spicy Chicken Sandwich; Peanut Butter & Jelly Sandwich; Deli Subs; Pre-Made Salads; Hummus Meal; Yogurt Parfaits; Impossible Burger & Impossible Cheeseburger; Fish Sandwich (Friday Only); Additional fruit and vegetable choices are available daily

Each week is represented by a color and is part of a 4-week cycle menu. See online for August 15 & 16 menus.

Week 1	Week 2	Week 3	Week 4
August 19	August 26	September 2	September 9
September 16	September 23	September 30	October 7
October 14	October 21	October 28	November 4
November 11	November 18	December 2	December 9
December 16	January 6	January 13	January 20
January 27	February 3	February 10	February 17
February 24	March 3	March 10	March 17
March 31	April 7	April 14	April 21
April 28	May 5	May 12	May 19

MM Meal Prices

Breakfast \$2.00, \$2.50* / Reduced \$0.00 / Adult \$3.00, \$3.50*

Lunch \$3.00, \$3.25, \$4.75 / Reduced \$0.00 / Adult \$5.00

Additional Lunch Entrées A la Carte \$2.55, \$2.65, \$3.75

A la Carte Beverages and Smart Snacks Available for Purchase: Milk \$0.65

Interactive menus are located at myschoolmenus.com/instance/1197/district/1211 or by going to masonohioschools.com and clicking “menus” under each school.

What Makes a Meal?

- Lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch Program guidelines, students must choose at least 3 of the 5 listed food components and one must be a fruit or vegetable.
- Breakfast consists of a hot or cold entrée, fruit/fruit juice and milk. Students are offered 1 cup of fruit/fruit juice as part of the meal and must select at least ½ cup fruit/fruit juice.

Easy ways to Pay:

- PaySchoolsCentral www.PaySchoolsCentral.com allows pre-payment using any major credit card or electronic check (convenience fee applies). This program will show daily purchase history as well as allow for auto replenishment of funds if desired. Mobile apps are available in the Apple App Store and Google Play.
- Checks or cash are accepted (include student identification number on check). *No change will be given; all funds will be applied to the student's lunch account for future purchases.* Checks can be mailed to the Student Nutrition Office, 211 North East St., Mason, OH 45040 (include student identification number on check).
- Drop Box - A payment drop box is located by Registration at the Mason Central Administration Building, 211 North East St.

Free and Reduced-Price Meal Program/Fee Waivers

- Families are encouraged to apply for the Free and Reduced-Price Meal Program.
- Go to www.PaySchoolsCentral.com to apply or scan the QR code to the online application.
- Paper copies of the application are available at the school office or the Student Nutrition Office in the Mason City School's Central Office at 211 North East Street; Mason, OH 45040.
- Completed applications may be turned in to any school office, turned into a teacher, or at the Mason City School's Central Office.



Charge Policy

Families are expected to pay for student's meal purchases. Should a student come to school with no packed lunch or no money for lunch the student will be allowed to charge only a meal (breakfast and lunch) up to the amount of \$15.00. Parents will be contacted via school messenger, email or phone to inform of the negative balance. Quick repayment of negative balance is appreciated.

Allergies, Dietary Restrictions and Account Management

- Alerts, purchase restrictions, and allergies from school year 23-24 will carry forward for school year 24-25.
- To notify our department **of any new** life-threatening allergies, dietary restrictions or account purchase restrictions please email foodservice@masonohioschools.com. A Doctor's note may be required for severe allergies that would require alteration of the meal pattern that is required by USDA.
- Our interactive menus online will allow you to sort menu items to determine allergens present.

You may contact the Student Nutrition Office at any time by calling 513-336-6526 or email foodservice@masonohioschools.com.

This institution is an equal opportunity provider.