

MI 2024-2025 Breakfast and Lunch Menu

Breakfast \$2.00, \$2.50* Lunch \$3.00

Menu and variety of offerings are subject to change due to product availability.

Our most up-to-date menu are always available at myschoolmenus.com/instance/1197/district/1211. Use QR Codes.



	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast \$2.00, \$2.50* Served Daily in Cafeteria & Breakfast Cart: 8:20 – 8:40 AM	Mini Cinnis OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Egg & Cheese Breakfast Sandwich OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Donut Holes OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Pancake Flavored Chicken Sausage Bites OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk	Mini Confetti Pancakes OR Choice of Cold Entrée Choice of 1-2 Fruits/Fruit Juice Milk

Daily BF Entrées: Assorted Cereal, Cereal Bars, Pop-Tarts, Flavored Breads, Yogurt, String Cheese, PB&J Sandwiches
*Muffins (1 Muffin - \$2.00; 2 Muffins - \$2.50)

Week 1	Toasted Cheese Sandwich Tomato Soup Romaine Salad Choice of Fruit Milk	Chicken Nuggets w/ Dinner Roll Mashed Potatoes w/ Chicken Gravy Baby Carrots Choice of Fruit Milk	Mini Confetti Pancakes w/ Chicken Sausage Home Fries Cucumber Slices Choice of Fruit Milk	General Tso's Chicken w/ Brown Rice Steamed Broccoli Grape Tomatoes Choice of Fruit Milk	Bosco Cheese Filled Breadsticks w/ Marinara Sauce Black Beans Tossed Mix Salad Choice of Fruit Milk
Week 2	Chicken Tenders w/ Dinner Roll Cucumber Slices Baby Carrots Choice of Fruit Milk	Soft Pretzel w/ Cheese Sauce Steamed Broccoli Grape Tomatoes Choice of Fruit Milk	Cincinnati Chili Cheese Dog OR Turkey Hot Dog Baked Beans Celery Sticks Romaine Salad Choice of Fruit Milk	Popcorn Chicken Smackers w/ Dinner Roll Seasoned Fries Romaine Salad Choice of Fruit Milk	Pizza Crunchers Golden Corn Tossed Mix Salad Choice of Fruit Milk
Week 3	Pepperoni Calzone (Beef & Chicken Pepperoni) w/ Marinara Sauce Cucumber Slices Baby Carrots Choice of Fruit Milk	Chicken Nuggets w/ Dinner Roll Vegetarian Baked Beans Green Pepper Strips Choice of Fruit Milk	French Toast Sticks w/ Chicken Sausage Oven Roasted Home Fries Romaine Salad Choice of Fruit Milk	Orange Chicken w/ Brown Rice Steamed Broccoli Grape Tomatoes Choice of Fruit Milk	Bosco Cheese Filled Breadsticks w/ Marinara Sauce Steamed Peas Tossed Mix Salad Choice of Fruit Milk
Week 4	Macaroni & Cheese Steamed Broccoli Celery Sticks Choice of Fruit Milk	Taco Salad w/ Tostitos Chips Golden Corn Taco Fiesta Black Beans Choice of Fruit Milk	Mini Turkey Corn Dogs Potato Smiles Red Pepper Strips Choice of Fruit Milk	Popcorn Chicken Smackers w/ Dinner Roll Romaine Salad Grape Tomatoes Choice of Fruit Milk	Pasta w/ Beef Meat Sauce or Marinara Sauce Baby Carrots Tossed Mix Salad Choice of Fruit Milk

Daily Lunch Options – Hamburger or Cheeseburger; Cheese Pizza (M, W, F); Fish Sandwich (Friday Only); Turkey & Cheese Sub; Hummus Meal; Large Green Salad w/ Cheese & Hardboiled Egg; *Yogurt Meal*: Yogurt, String Cheese, Mini Blueberry Loaf & Goldfish Crackers; *PB&J Meal*: Peanut Butter & Jelly Uncrustable (Grape & Strawberry) w/ String Cheese & Goldfish Crackers
Additional fruit and vegetable choices are available daily.

Each week is represented by a color and is part of a 4-week cycle menu. See online for August 15 & 16 menus.

Week 1	Week 2	Week 3	Week 4
August 19 September 16 October 14 November 11 December 16 January 27 February 24 March 31 April 28, May 26	August 26 September 23 October 21 November 18 January 6 February 3 March 3 April 7 May 5	September 2 September 30 October 28 December 2 January 13 February 10 March 10 April 14 May 12	September 9 October 7 November 4 December 9 January 20 February 17 March 17 April 21 May 19

MI Meal Prices

Breakfast \$2.00, \$2.50* / Reduced \$0.00 / Adult \$3.00, \$3.50*

Lunch \$3.00 / Reduced \$0.00 / Adult \$5.00

Additional Lunch Entrées A la Carte \$2.55

A la Carte Beverages and Smart Snacks Available for Purchase: Milk \$0.65

Interactive menus are located at myschoolmenus.com/instance/1197/district/1211 or by going to masonohioschools.com and clicking “menus” under each school.

What Makes a Meal?

- Lunch consists of 5 food components: grains (part of entrée), protein (part of entrée), fruits, vegetables and milk. Under National School Lunch Program guidelines, students must choose at least 3 of the 5 listed food components and one must be a fruit or vegetable.
- Breakfast consists of a hot or cold entrée, fruit/fruit juice and milk. Students are offered 1 cup of fruit/fruit juice as part of the meal and must select at least ½ cup fruit/fruit juice.

Easy ways to Pay:

- PaySchoolsCentral www.PaySchoolsCentral.com allows pre-payment using any major credit card or electronic check (convenience fee applies). This program will show daily purchase history as well as allow for auto replenishment of funds if desired. Mobile apps are available in the Apple App Store and Google Play.
- Checks or cash are accepted (include student identification number on check). *No change will be given; all funds will be applied to the student's lunch account for future purchases.* Checks can be mailed to the Student Nutrition Office, 211 North East St., Mason, OH 45040 (include student identification number on check).
- Drop Box - A payment drop box is located by Registration at the Mason Central Administration Building, 211 North East St.

Free and Reduced-Price Meal Program/Fee Waivers

- Families are encouraged to apply for the Free and Reduced-Price Meal Program.
- Go to www.PaySchoolsCentral.com to apply or scan the QR code to access an online application.
- Paper copies of the application are available at the school office or the Student Nutrition Office in the Mason City School's Central Office at 211 North East Street; Mason, OH 45040.
- Completed applications may be turned in to any school office, turned into a teacher, or at the Mason City School's Central Office.



Charge Policy

Families are expected to pay for student's meal purchases. Should a student come to school with no packed lunch or no money for lunch the student will be allowed to charge only a meal (breakfast and lunch) up to the amount of \$15.00. Parents will be contacted via school messenger, email or phone to inform of the negative balance. Quick repayment of negative balance is appreciated.

Allergies, Dietary Restrictions and Account Management

- Alerts, purchase restrictions, and allergies from school year 23-24 will carry forward for school year 24-25.
- To notify our department **of any new** life-threatening allergies, dietary restrictions or account purchase restrictions please email foodservice@masonohioschools.com. A Doctor's note may be required for severe allergies that would require alteration of the meal pattern that is required by USDA.
- Our interactive menus online will allow you to sort menu items to determine allergens present.

You may contact the Student Nutrition Office at any time by calling 513-336-6526 or email foodservice@masonohioschools.com.

This institution is an equal opportunity provider.