



Lady Wolverines Cross Country Schedule 2024

Day	Date	Opponent	Site	Time
Friday	16-Aug	Clear Falls Invitational	Hometown Heroes Park	7AM
Friday	23-Aug	Clear Creek Invitational	Hometown Heroes Park	7:45AM
Friday	30-Aug	Clear Springs Invitational	Resoft Park	7:30AM
Friday	6-Sep	Deer Park Invitational	Jimmie Burke Center	7:45AM
Friday	13-Sep	Bull Dog Invitational	Northwest Park	8AM
Thursday	19-Sep	Longhorn Stampede Invitational	Dobie High School	7:45AM
Friday	27-Sep	Memorial Maverick Invitational	Pasadena Memorial HS	9AM
Thursday	10-Oct	District 24-6A Meet	Jimmie Burke Center	8AM
Monday/Tuesday	10/21 & 10/22	Regional Meet	Kate Barr-Ross Park	TBA
Friday/Saturday	11/21 & 11/22	State Meet	Old Settlers Park	TBA
Head Coach: Christina "CeeCee" Sowell				
Assistant Coach: Chelsey Pratt				

2024 CLEAR CREEK GIRLS CROSS COUNTRY SCHEDULE

<u>DATE</u>	<u>DAY</u>	<u>TIME</u>	<u>LOCATION</u>
Aug. 2, 2024	Fri.	7:30 am	Tri-Practice Meet (Walter Hall Park)
Aug. 10, 2024	Sat.	7:30 am	Pearland Dawson (PDHS)
Aug. 16, 2024	Fri.	7:30 am	Bulldog Relay (Northwest Park)
Aug. 23, 2024	Fri.	7:30 am	Clear Creek (Hometown Heroes)
Aug. 30, 2024	Fri.	7:30 am	Clear Springs (Resoft Park)
Sept. 6/7, 2024	Fri./Sat.	7:30 am	JV - Deer Park Invite (JB Center) V- Region III Preview (SHSU)
Sept. 13/14, 2024	Fri/Sat.	7:30 am	Texas A&M (College Station)
Sept. 19/21, 2024	Thur./Sat.	7:30 am	JV - Longhorn Stampede Dobie Invitational V - McNeil Invitational (Old Settlers Park)
Sept. 27/28, 2024	Fri./Sat.	7:30 am	JV - Alvin (Bob Briscoe Park) V - Nike South (Woodlands)
Sept. 30 th /Oct. 5 th	Mon.-Sat.	N/A	OPEN - Training Week
Oct. 10, 2024	Thur.	TBA	District 24-6A (Deer Park - JB Center)
Oct. 21/22, 2024	Mon./Tue.	TBA	Region III Championships (SHSU)
Nov. 2, 2024	Sat.	TBA	State Championships (Old Settlers Park)

Head Coach: Shawn Zepeda (G)

Email Address: zzepeda@ccisd.net





2024 CLEAR FALLS GIRLS XC SCHEDULE

<u>Meet</u>	<u>Date</u>	<u>Location</u>	<u>Course</u>	<u>Division</u>
Practice Meet	(F) Aug. 2nd	Walter Hall Park	Hilly	JV,V
Dawson	(S) Aug. 10th	Dawson HS	Flat	JV,V
Clear Falls	(F) Aug. 16 th	H-town Heroes Park	Flat	JV,V
Cypress HS	(S) Aug. 24 th	Spring Creek Park	Flat	JV,V
Seven Lakes	(S) Aug. 31 st	7 Lakes HS	Flat	JV,V
Deer Park	(F) Sept. 6 th	Jimmy Burke Center	Flat	JV,V
Andy Wells	(S) Sept. 14th	Kingwood	Flat	JV, V
Longhorn Stampede	(Th) Sept. 19 th	Dobie HS	Flat	JV
State Preview	(Sat.) Sept. 21 st	Old Settlers Park	Hilly	V
Nike South	(S) Sept. 28th	Bear Branch Park	Flat	JV,V
District Meet	(Thur.) Oct. 10 th	Deer Park	Flat	JV,V
Regionals	(M or T) Oct. 21 st or 22 nd	H-ville, KBR Park	Hills	V
State Meet	(F or S) Nov. 1 st or 2 nd	Round Rock, TX.	Hills	V

Head Coach: Abel Almendariz

Assistant Coach: Brandy German

Athletic Director: Kirby Killingsworth

Girls Athletic Coordinator: Shannon Osborne

Principal: Clayre Poa

2024 TENTATIVE CLEAR LAKE GIRLS CROSS COUNTRY SCHEDULE

<u>DATE</u>	<u>MEET</u>	<u>DIST.</u>	<u>VENUE</u>	<u>VARSITY</u>	<u>JV</u>	<u>OPEN</u>
1-Aug	Parent Meeting Tryouts		CLHS Commons	5:30 PM	5:30 PM	
9-Aug	Dawson Will Sirmon Invitational	2m	Pearland Dawson HS, Pearland	8:15 AM	9:15 AM	10:15 AM
16-Aug	Bulldog Relays	2m / 1m	Northwest Park, La Porte	8:00 AM	9:00 AM	
23-Aug	Clear Creek Invitational (JV)	2 m	Heroes Park, League City		8:45 AM	9:20 AM
24-Aug	Cy Fair BFND Invitational (Varsity)	4k	Spring Creek Park, Tomball	8:00 AM		
30-Aug	South Houston Goehring Invitational	3m / 2m	Crenshaw Park, Pasadena	8:00 AM	9:00 AM	
6-Sep	Deer Park Invitational	3m / 2m	Battle Ground Fields, Deer Park	TBD		
13-Sep	La Porte Bulldog Invite (JV)	2 m	Northwest Park, La Porte		9:00 AM	10:00 AM
13-Sep	Texas A&M Invitational (Varsity)	5k	Watts XC Course, College Station	9:45 AM		
19-Sep	Dobie Longhorn Invitational	3m / 2m	Dobie High School, Pasadena	7:35 AM	9:30 AM	10:30 AM
27-Sep	Nike South Invitational*	2m	Bear Branch Park, Woodlands		7:00 PM	
28-Sep	Nike South Invitational*	5k	Bear Branch Park, Woodlands	9:45 AM		
4-Oct	Texas City Classic	5k / 2m	Bay Street Park, Texas City			
10-Oct	UIL District 24-6A Championships	3m / 2m	Battle Ground Fields, Deer Park	8:30 AM	9:30 AM	10:15 AM
22-Oct	UIL Region III-6A Championships	5k	Kate Bahr Ross Park, Huntsville	TBD		
2-Nov	UIL 6A State Championships	5k	Old Settlers Park, Round Rock	TBD		

**(Top 10 & Seniors will travel to The Woodlands to compete Fri. & Sat.)*

Head Coach: James Menze (JMENZE@CCISD.NET)

Girls Coordinator: Lisa Killingsworth

SUMMER PRACTICES 7 AM- MON: BAY AREA PARK, TUE-THU: CLHS TRACK, FRI: SEABROOK TRAILS

Clear Springs Cross Country 2024 Schedule

Date	Meet	Location	Start Time
August 2	Practice Tri-Meet	Walter Hall Park	7:30AM
August 9	Will Sirmon	Pearland Dawson	7:15 AM
August 16	Clear Falls	Hometown Heroes	8:00 AM
August 23	Clear Creek Invitational	Hometown Heroes	7:15 AM
August 30	Clear Springs Invitational	Resoft Park	7:15AM
September 6	Deer Park XC Meet	Jimmy Burke Center	7:45AM
September 13	La Porte Bulldog Invitational	La Porte HS	TBA
September 19	Longhorn Stampede	Pasadena Dobie	7:00 AM
September 21	Hoka McNeil Invitational	Old Settlers Park (Round Rock)	7:30 AM
September 27	Maverick XC Stampede	Pasadena Memorial HS	7:30 AM
September 28	Nike South Invitational	Bear Branch Park	TBA
October 3-4	OFF		
October 10	UIL District 24-6A Meet	Battle Ground Golf Course	TBA
October 22	Region III XC Championships	Kate-Barr Ross Park (Huntsville)	TBA
November 1	UIL 6A State Cross Country	Old Settlers Park, Round Rock	TBA

Head Girls Coach:
Erica Alexander Guidry

Head Boys Coach:
Eric Alexander

Assistant Coach: Amanda King

Campus Coordinators: Jennifer Knight & Anthony Renfro

Athletic Trainers: Kara Foster & Juan Longoria

Principal: Mandy Scott

Athletic Director: Kirby Killingsworth and Jimmy Grier