

Daily Bulletin Thursday, August 8th, 2024

Period 1	7:45 - 8:20
Period 2	8:25 - 8:55
Period 3	9:00 - 9:30
Break	9:30 - 9:40
Period 4	9:45 - 10:15
Period 5	10:20 - 10:50
Period 6	10:55 - 11:25
Period 7	11:30 - 12:00
Lunch	12:00 - 12:15

Good morning CMS! We will be on a minimum day schedule today. You will attend 1st- 3rd periods before break, then head to periods 4th – 7th after break. School is out at 12:00, lunch will be served, and busses will depart campus promptly at 12:15.

6th Graders: If you missed the BAC event on Monday, please stop by the office at lunch or break today to pick up your class t-shirt!

Fall Sports: Are you interested in playing a sport this school year? Fall Sports tryouts for volleyball, cross country, and soccer begin in less than two weeks., on Monday, August 19th! To participate in a sport, you must first have your parent register you on **SportsNet** by clicking on the ATHLETICS tab on our school website. Don't delay registering! Get ready to compete CMS!

PE Clothes: The first day for dressing out in your CMS PE uniform is next Wednesday, August 14th. If you haven't already purchased your PE clothes, please stop the office before school, after school, at break, or at lunch. The cost is \$15 for shorts and \$15 for the shirt. PE sweatpants are optional for \$25.

Forget something at home? No worries! We have a Drop-off Shelf that is located in front of our school office that your parents can use to drop off any forgotten items. If you left anything at home, please check that shelf at break or lunch to see if your item has been dropped off.

Carmel Valley Village Bus Riders: If you take the bus to Tularcitos after school, please remember that the elementary school is in session until 3:00. Please avoid walking on to Tular's campus before 3:00.

Tomorrow is our FIRST Cougar Pride Spirit Day of the year AND our Welcome Back Dance and Activities Afternoon! Be sure to show your Cougar Pride by wearing LOTS of red or Carmel gear to school. We will have the Spirit Table set up at lunch where you can earn a Cougar Buck and be entered into a drawing to win a Carmel Spirit T-Shirt.

Today's Menus: Breakfast: Everything Bagel with Cream Cheese, UBR Bar, and Cinnamon Chex.
Lunch: Breaded Chicken Drumstick and corn bread, Cheeseburger, Spaghetti, or a Yogurt Parfait with Granola.