



The Lawrence Ledger



January 5, 2024

Please visit us on facebook @
<https://www.facebook.com/swregional/>

Principal's Message



Happy New Year! I hope this newsletter finds everyone well and in good health. I am excited to see what 2024 will bring at CEL.

Students participated in a Pep Rally this week. During that pep rally, our students **donated over 500(!) hats, mittens, and socks** that were collected during December's "Gift of Warmth" challenge to a representative from Project Self Sufficiency. PSS indicated they were so grateful for our donation and that we would help many families in need this wintry season. Thank you for your support!

January's School Culture and Climate Project Theme:
Kindness and Friendship

Week 1 Winners:

Preschool: **Ms. Feldmann's Class**
Kindergarten: **Mrs. Fryer's Class**
First Grade: **Mrs. King's Class**
Second Grade: **Mrs. Davis's Class**

Thank you for sharing your kind and caring child with us!

Sincerely,
Kaleigh Themelakis
CEL Principal



- 1/11: Preschool Back to School Night
- 1/12: Early Dismissal
Staff Professional Development
- 1/15: School Closed
Martin Luther King Jr. Day
- 1/24: 2nd Marking Period Ends
- 1/25: BOE Meeting SMS

January Pep Rally



**Second Marking
Period Ends
January 24th**

Welcome Preschool Students!



This week, we have been excited to have welcomed additional preschool students to our school community! All students had the opportunity to meet and welcome preschool students in during our January Pep Rally. Thank you for your patience during arrival and dismissal as we accommodate our new students.

January Penny Harvest



As a school we will be challenging our students to demonstrate kindness through our Penny Harvest Challenge.

The Penny Harvest is a collection of loose change brought in by the students of CEL. Students can do extra chores at home to earn money to bring to school. The monies collected will be donated to Sussex Wantage Families in need. The grade level that collects the most money will receive a "Hot Cocoa Party" at the end of the month. We will be collecting beginning Friday, January 5, 2024 through Friday January 26, 2024.



Parent Portal

Realtime Notification is the primary means of communication for school closings, emergencies and general notifications.

Please see the link below to log into the Realtime Parent Portal:

http://fridayparentportal.com/susse_xwantage



Drop Off & Pick Up

Please exercise caution when dropping off your children and do not pass other vehicles. If you perceive that you may need “extra” time for drop off, please park your vehicle in the parking lot and walk your child to the front door. For pick up, parents and guardians should park and walk to the doors nearest the playground. We do have an additional parking lot located on the side of our kindergarten wing for additional parking.



All info is on our website
<https://www.swpto.org/>

COUNSELOR'S CORNER

January 2024

January SEL Lesson

This month we learned about empathy. Students were taught what empathy is, how to show it, and practiced using warm words with real-life examples.

Students were taught to show empathy by:

1. Look: Look at the person's face and body language
2. Think: Think about how you would feel if it happened to you
3. Show you care by using warm words

Small Group Counseling

Small group counseling is in full swing here at CEL. Students are invited to participate at the suggestion of the RTI process or teacher/parent recommendation. Parent permission is required.

The following groups are offered:

- Worry Warriors
- Big Feelings Management
- Social Skills
- Self-Esteem/ Confidence

If you would like your child to participate, please feel free to reach out.

Let's Connect

Mrs. Stewart



mstewart@swregional.org



(973) 875-8820 ext. 4535

Recommended Reads: Empathy

- The Rabbit Listened by Cori Doerrfeld
- I Am Human by Susan Verde
- It Will Be OK by Lisa Katzenberger



Please ensure children are dressed for the Cooler Temperatures. We prefer to have outside recess whenever possible and want all students to be dressed appropriately.

New Location Alert: Health Office!

In the event that you are notified to pick your child up from the nurse's office, please proceed to the front door to ring the buzzer for the main office.

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