

Sussex-Wantage Schools District Newsletter

September 25, 2020

Calendar

COHORT SCHEDULE

Mondays/Thursdays; Cohort A
Tuesdays/Fridays; Cohort B
Wednesdays; Remote Learning

September

9/28; **FULL DAYS BEGIN**

9/30; 7pm SWBOE Mtg @ SMS

October

10/12; SCHOOL CLOSED -Columbus Day

10/28; 7pm SWBOE Mtg @ SMS

November

11/1; Daylight Saving Time Ends

11/3; **REMOTE LEARNING DAY**

11/3; Election Day

11/5; **SCHOOL CLOSED** NJEA

Teachers Conv

11/6; **SCHOOL CLOSED** NJEA

Teachers Conv

11/18; 7pm SWBOE Mtg @ SMS

11/20; **EARLY DISMISSAL**-Parent

Teacher Conf. Afternoon

11/23; **EARLY DISMISSAL**-Parent

Teacher Conf. Afternoon

11/24; **EARLY DISMISSAL**-Parent

Teacher Conf. Evening

11/25; **EARLY DISMISSAL**

11/26/11/27-**SCHOOL CLOSED**

Happy Thanksgiving!

Don't forget to check out our website

www.swregional.org

Full days begin on September 28th.

Cohort A; Monday and Thursday
Cohort B; Tuesday and Friday
Remote Learning; Wednesday



**Congratulations to the SMS students the month for
September:**

6th Grade- Madeline Kinney

7th Grade- Trent Grau

8th Grade- Brian Cunningham

These students will be recognized at the
Board of Education meeting on
September 30th at 7:00 p.m. at Sussex Middle School.

Meal pickup available

Great news! In order to ensure safe nutritious meals are available to children, the USDA has approved free breakfast and lunch for ALL children enrolled in the Sussex-Wantage Regional School District for a limited time period.

For Cohort A/B, all students will get meals in school.

Grab and go breakfast and lunches for Full Remote students and for A/B Cohort students while on virtual days can be picked up at Sussex Middle School.

Please pre-order your desired number of meals by clicking on the link below and completing the questionnaire

Pickup is: Tuesday September 29 from 4:00 - 7:00 pm
or Wednesday September 30 3:00 - 6:00 pm .

[Click here for more information and the appropriate order form](#)

Care Program Registration Open

[Click here for the Application](#)

Welcome to the Care Program 2020-2021

The Sussex-Wantage Care Programs were designed to offer a safe, caring environment for your child/children. We are aware that parents need to work during this pandemic, but we must ask that all parents are willing to follow guidelines to keep children safe at all times.

At this time, the Board has opted for two half-day in school days during the initial phase of reopening. Those are the two days per week your child may attend Care programs. Morning Care will open at 7:00 AM and After Care will open at 1:30 PM until 6:00 PM for working parents. Please be aware there is a change in billing as you will be charged for two days per week. When the school enters a new phase of reopening, our billing will also change. Thank you in advance for your patience and understanding.

Due to Covid 19 Pandemic, major changes have been made to the program.

Upon entry each morning, and leaving each afternoon students will have temperature checked

- *All students are required to wear face masks at all times except when eating or drinking*
- *Children must have personal pencil, crayons and other items in container for personal use. No sharing items*
- *Children will be placed in classrooms in groups of 10-12 with social distancing practiced.*
- *Children are encouraged to wash hands often and use hand sanitizer where appropriate.*

- *Limited interaction with toys and equipment will be encouraged.*
-



Please remember that multiple bus assignments and bus passes are not permitted during any school year. Please be sure to notify the transportation department in writing of ANY changes to your child's bussing needs, i.e. daycare, babysitter, etc. sent to Sussex Wantage Transportation, 27 Bank St., Sussex, NJ 07461, emailed to bduvall@swregional.org or faxed to 973-702-0764.

Important Links;

Restart and Recovery Plan <https://www.swregional.org/Page/539>

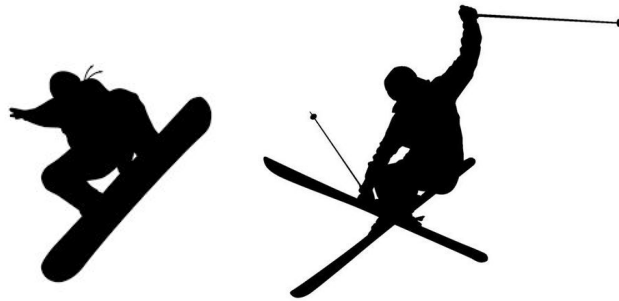
Reopening Plan Presentation <https://www.swregional.org/Page/540>

"A Day in the Life" Presentation/Google Site <https://sites.google.com/swregional.org/adayinthelife/welcome>



Please log in to the Parent Portal and complete all required forms and answer all questions at your earliest convenience

SKI 2020-2021



Skiers and boarders! So... we are NOT having ski club this year... but it is so much more important to stay safe. So, I am happy to let you know that we are offering the same great ski deals through Vernon! Mtn. Creek will still be giving us discounts and our family members as well. We can't meet as a club, but we can still go skiing with our family! I encourage you to hit the slopes, it is great for mental health! I encourage you to take advantage of the great deals! I do NOT encourage you to go into the lodge, or go on the gondola without a mask on. Be safe and have fun!

SKI or BOARD ON!!

To purchase a group rate season pass please visit:

1. <https://mountaincreek.snowcloud.group/access/SussexWantage>
2. Pin#: 556
3. **IMPORTANT!** When prompted for an email please enter your email address and password (if you purchased with the waterpark or bike park this past summer only). If you did not then please enter your email address and **CREATE A NEW PASSWORD.**
4. Please keep record of your barcode/confirmation as it will be scanned when you visit the mountain and a season pass will be issued. Due to Covid19 restrictions we are unable to mail season passes this year.

Have a great time!
-Ms. Castillo and Mrs. Gunes

COMMUNITY INFORMATION



RUTGERS
School of Nursing

'We Can!'

Enhance Children's Activity & Nutrition

Sussex-Wantage Regional School District Offers National Institutes of Health Program to Families in Sussex County to Address Growing Epidemic

WHAT: Sussex-Wantage Regional School District is launching Ways to Enhance Children's Activity & Nutrition! (**We Can!**), an education program from the National Institutes of Health (NIH) to prevent obesity among youth. The **We Can!** Program will counsel parents and caregivers of children in Sussex County with educational materials and virtual sessions to encourage healthy eating and increase physical activity. Participation in this program is voluntary and there is no cost to attend. This is a national public education program from the National Institutes of Health (NIH) to help prevent overweight and obesity among youth. For more information and resources please visit the project's website at <http://www.sussexcountywecanprogram.com/>.

WHO: Parents and caregivers of children in Sussex County

- Kourtnie Fedele, RN, BSN, CPN - Rutgers University Doctor of Nursing Practice Student (Presenter)
- Ms. Harriet Anderson, School Nurse at the Clifton E. Lawrence School
- Ms. Deborah Fisher, Sussex County Child Health Crisis work group, North Jersey Health Collaborative
- Jennifer Salt, RD, CHES, Director of SNAP-Ed at Zufall Health Center

WHEN: There will be four 60-minute educational sessions as follows:

Session 1: October 5th from 10am-11am "Portion Distortion"

Session 2: October 12th from 10am-11am "Energy In"

Session 3: October 19th from 10am-11am "Energy Out"

Session 4: October 26th from 10am-11am "Quick and Healthy Family Meal Ideas"

- Live cooking demonstration by Jennifer Salt, RD, CHES

WHERE: Virtual sessions will take place live via Google Meets.

Please RSVP for these sessions via the project's website <http://www.sussexcountywecanprogram.com/>

BACKGROUND: Kourtnie Fedele, RN, BSN, CPN - Rutgers University Doctor of Nursing Practice student will lead these sessions as part of her Doctoral Project under the guidance of Dr. Margaret Quinn, DNP, CPNP, CNE, Specialty Director – Pediatric Nurse Practitioner Program.

INCENTIVES: Every session will allow for three winners – one winner will claim a nutrition gift bag, one winner will claim a physical activity gift bag and a third winner will receive a basket of fresh produce from Local Share.

Both attendance and survey responses are required to be submitted for the raffle. Participants will be asked to complete the *We Can!* Parent Program Evaluation form via SurveyMonkey® prior to the start of the first educational session and again at the completion of the program. It will take 10 minutes to complete each questionnaire. The total time required, in addition to the educational sessions, will be 20 minutes.

Participants who **attend all sessions and complete both surveys** will be entered to win 1 of 3 grand prizes.

The three grand prizes will be a new set of pots and pans and two \$50 ShopRite gift cards.

For questions regarding this program please contact Kourtnie Fedele, RN, BSN, CPN or Margaret Quinn, DNP, CPNP, CNE:
E-mail: kmf220@sn.rutgers.edu (Kourtnie Fedele) or maquinn2@sn.rutgers.edu (Margaret Quinn)

Wantage Township



Tire Turn-In Day &

****Limit of 8-Car & Light Truck Tires****



Paper Shred Event

OCTOBER 10, 2020

9:00 am – Noon

Wantage Municipal Bldg

888 Route 23, Wantage, NJ

****Proof of Residency Required****

Sponsored by Clean Communities Program

Drive Thru Fish & Chips Dinner (Prepared by Tastefully British)
Tuesday, October 6, 2020 from 5 to 6:30pm
at the Frankford Plains United Methodist Church
99 Plains Road, Augusta, NJ 07822.
Adults \$16, Children \$5.
ADVANCE TICKET PURCHASE REQUIRED BY OCTOBER 2ND!
Call 973-702-0334 for reservations.

Trunk or TREAT!



We will be having a Trunk or Treat in the lot of The Church of the Good Shepherd on October 31, 2020

- Open to kids and teens
- Masks required with social distancing
- Only wrapped candy
- Set up for volunteers 1-2 pm
- Activity 2-5 pm
- Clean up 5-6 pm



There will be prizes for trunk decoration and costumes

Again, this will be in the parking lot of The Church of the Good Shepherd - 200 N.J-23, Wantage, NJ 07461

Please call 973-756-7500 or email JEZerres1116@gmail.com if you are willing to donate candy, prepackaged snacks or bottled water or to let us know you will be there as one of the "Trunkers"

Any questions, please feel free to call 973-756-7500



Fall Word Search



T	H	C	H	I	L	L	Y	K	S	Q	M	L	P	T
R	Y	P	I	N	E	C	O	N	E	D	T	E	H	Q
E	P	M	T	T	Q	P	R	H	A	E	M	A	N	R
E	Y	U	N	Y	P	I	A	F	S	E	D	V	Z	F
S	Z	L	M	T	R	F	U	Z	O	W	R	E	A	P
U	V	W	D	P	A	A	T	R	N	E	E	S	J	J
R	Q	J	E	J	K	E	U	P	E	T	D	B	B	K
O	S	O	I	X	E	I	M	Z	U	E	D	T	S	C
I	R	H	W	B	N	Y	N	I	M	Z	S	T	W	N
H	Y	A	I	F	H	B	S	X	O	E	Z	O	G	A
W	Q	U	N	D	J	R	W	J	V	G	L	U	A	B
K	Q	H	D	G	O	K	P	R	H	L	A	O	Y	R
P	V	L	L	E	E	C	A	M	E	D	K	F	C	O
H	P	M	F	Y	Z	H	Z	Y	T	A	B	Z	I	W
K	A	J	F	O	O	T	B	A	L	L	J	I	N	N

AUTUMN
BROWN
CHILLY

FOOTBALL
HARVEST
LEAVES

ORANGE
PINE CONE
PUMPKIN

RAKE
REAP
SEASON

TREES
WIND
YELLOW



Email Jen Armstrong at jarmstrong@swregional.org with newsletter submissions

Don't forget to check out our website!
www.swregional.org