

The Sussex Star

February 9, 2018

Please visit us on facebook @
<https://www.facebook.com/swregional/>

Principal's Message



SMS will be closed for Winter Break
February 19th and 20th.

8th Grade Scheduling

Any students who missed their scheduling appointments with High Point Regional High School due to the inclement weather have been rescheduled for **Monday, February 26th**. All students who were originally slated to be scheduled both on February 5th and February 7th have been rescheduled to meet with the guidance staff from High Point Regional High School for scheduling on **Monday, February 26th** at Sussex Middle School. Please note that the scheduling times that were mailed home to each student remain the same.

6th Grade Orientation



I would like to extend a personal invitation for you to join us at our Sixth Grade Middle School Orientation at the Sussex Middle School on Thursday, February 15th at 6:00 p.m. Both parents and students are invited to join us in the auditorium for a brief introduction to our programs and faculty. Parents will then be invited to meet with teachers while their fifth graders attend an orientation/information session along with members from the National Junior Honor Society.

Yearbook's For Sale



The time has come to pre-order your child's 2017-18 Yearbook! Yearbooks are \$20 and must be ordered using cash or check only. Please deliver your \$20 check/cash to Ms. Ralph directly. Checks must be made out to Sussex Middle School. The last day to order yearbooks is March 2nd.

Heart and Sole



We are excited to announce the Girls On The Run Heart and Sole program is beginning at the Sussex Middle School. Heart and Sole is a physical activity based positive program for girls in sixth through 8th grade. This program inspires girls to be joyful, healthy, and confident using fun, experience-based activities which integrates running. The team will meet Tuesdays and Thursdays at Sussex Middle School. Please check out the Girls on the Run website at gotrjn.org and check out the flyers throughout the building. The coaches are looking forward to meeting you and having some fun!

Coming Up...

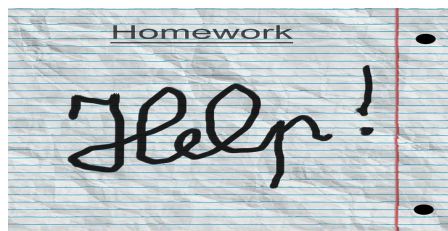
2/15-6th Grade Orientation @ 6 p.m. @ SMS
2/16-Student Council Activity Night 7 p.m. - 9 p.m.
2/19-2/20-Winter Break
2/26-8th Grade Scheduling @ SMS w/ HPRHS

Builder's Club



Students interested in joining Builder's Club should see Ms. Birnbaum.

Homework Club



Homework Club began on Tuesday, September 26th. Permission slips for Homework Club were sent home with students last week. Homework Club will run on Tuesdays, Wednesdays and Thursdays from 3:30 p.m. until 4:30 p.m. This is a great chance for students to complete their work in the building away from distractions that may occur at home. This time will be monitored by our teachers which will allow students to have an opportunity to get help and instruction.

Band



Music is in the air at the Sussex Middle School! Band and lessons have begun for the 2017-2018 school year. Does your child want to be part of the excitement of learning to play a band instrument? It's not too late! No prior experience necessary! Please have your 6th, 7th or 8th grade student see Mrs. Kallimanis for more information or contact her at jkallimanis@swregional.org

PTO

Please consider joining our District Parent Teacher Organization. It is an extremely active organization that has had a profoundly positive impact on our district.

Community Events



Come out and join Sussex Wantage Little League! Registration is now open for the Spring season for children age 5 to 16 years. For online registration: <https://active.leagueone.com/Olr/Pages/Welcome.aspx?ClubId=13924>

You may also register by mail if you are unable to access online or come in person. All information is detailed below along with copies of all necessary forms. If you are not registering online you must also submit a signed copy of the SWLL Code of Conduct and photo release form. In addition, all mail in or in person applicants must fill out a medical release form and give it to their coach at their first

practice. All forms can also be found on our website: <http://www.eteamz.com/swllbaseball>

2018 Registration Fees:

T-Ball: \$60.00/player

AAA: \$95.00/player

Minors/Majors: \$130.00/player

Intermediate/Juniors: \$140.00/play

\$100.00 Volunteer check collected at registration or 1st practice (Check returned upon

Completion of volunteer time)

(There is a 10% discount starting with the 2nd sibling registered). **Registration must be complete by February 23 to avoid late fee and placement on a wait list.**

Mail-In Registration Instructions:

For Players:

1. Go to Forms page at <http://www.eteamz.com/swllbaseball>

2. Download, print and completely fill out 2018 Spring Player Registration Form (be sure to indicate shirt size and division)

3. Download, print and sign Sussex-Wantage Little League Code of Conduct and the photo release form (mandatory - registration will not be accepted without these forms)

4. Attach a copy of player's birth certificate (first time players to this league only)

5. Attach payment (please do not send cash)

6. Mail registration form, code of conduct, photo release form, birth certificate (if applicable) and payment to:

Sussex-Wantage Little League
P.O. Box 475
Sussex, NJ 07461
Attn: 2018 Spring Registration

Nurse's Corner

Please be sure to call the school absentee line at 973-875-4138 Ext. 1 and leave a message as to why your child is sick. This will allow the school to track trends in illness such as flu and strep throat.

Scoliosis screening will begin soon for students in 6th and 8th grade. The preparticipation sports physical includes screening for scoliosis. Students who have completed the sports physical for the 2017 – 2018 school year will not be screened. Any parent who would like their child exempt from this screening must send in a written note with this request to Mrs. Anderson. Scoliosis screening results may indicate that your child needs further evaluation to determine whether he or she has a spinal deformity and, if so, what treatment may be necessary. Scoliosis is a side- to-side curvature of the spine that can cause complications if left untreated. Although the cause is unknown, the condition becomes more apparent during the adolescent growth spurt. If detected early, scoliosis can be treated.

