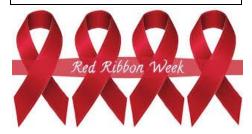
The Sussex Star

October 18, 2019

Please visit us on facebook @ https://www.facebook.com/swregional/

Principal's Message



Red Ribbon Week will take place **October 28th through November 1st.**

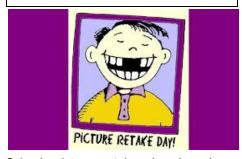
Dates To Remember

10/21-10/25-School Violence Awareness Week

10/28-11/1-Red Ribbon Week 11/6-End of Marking Period 1 11/7-11/8-School Closed NJEA

Convention
11/12-Picture Retakes (see below)
11/13-Report Cards Go Home
11/28-11/29-School Closed
Thanksgiving Break

Picture Retakes



School picture retake day has been scheduled for Tuesday, November 12th. Picture retakes will take place in the morning and will conclude before lunch.

Nurse's Corner



School Nurse

Any student who will participate in a school sport must have the required NJ state sports physical completed and approved by the school physician prior to trying out for a sport. Additionally, students are not permitted to carry medication in school unless cleared by the nurse per NJ state law. Please bring any Inhaler, Epipen and/or other medication, along with a physician order, to Mrs. Anderson as soon as possible. Lastly, please remember to call the absentee line if your child will be absent from school.

Stuff The Stocking



Project Self Sufficiency is collecting donations of new, unwrapped gifts for children of all ages to be distributed to low income families in our community through the Season of Hope Toy Shop. The "Stuff the Stocking" competition will place November 1 December 13th. The winning district will take possession of the Stuff the Stocking trophy and receive a \$250 contribution to the student activity fund. Schools finishing in second and third place will receive \$150 and \$100 contributions. For more information, go www.proiectselfsufficiency.org or call 973-940-3500.



Red Ribbon Week will be held **October 28th through November 1st.** Listed below are the themes for each day.

MONDAY: Don't Vape! Pick a Date: Pick your favorite decade to dress up in!

TUESDAY: Band Against Drugs: Wear your favorite band tee shirt.

WEDNESDAY: Wear RED on Wednesday in celebration of Red Ribbon Week.

THURSDAY: Don't Drink; Wear PINK! **FRIDAY**: Stand Together Against Drugs: Twins Day!



Early ski club registration is available for all students and families that want to take advantage of our pre-season pass sale. Interested students can pick up ski information packets at their school. All information, forms, and ski contacts are included in the packet. Early discounted passes must be purchased before the end



The Parent Portal is a tool in our Realtime Student Management system that allows parents to have access to their child's grades. Please take a moment to visit our website at www.swregional.org and log on to the Parent Portal. There you can review all required documents, answer questions included in the portal and verify that your contact information is up to date.

TOWAZINA OR

Please consider joining our District Parent Teacher Organization. It is an extremely active organization that has had a profoundly positive impact on our district. http://swpto.digitalpto.com/ Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items. Many e-cigarettes and vaping materials contain harmful or potentially harmful substances, and it is difficult to know what each individual product contains. E-cigarettes can potentially also be used to deliver other drugs. "Women who are pregnant, youth, young adults, or adults who are not currently using tobacco products should not start vaping or using e-cigarettes."

of the day on October 31.

At this time, the New Jersey Department of Health is investigating multiple reports from healthcare facilities of severe lung illness in people who report vaping. Cases in New Jersey have been primarily reported among persons between the ages of 16 to 45 with no significant past medical history. The Department has sent a statewide health alert to health providers and local departments following recent reports of severe lung disease in people who have used vaping products. No single product has been implicated. Patients have variability reported high substances/products they used in vaping, including both tobacco tetrahydrocannabinol (THC) containing products as well as other products. More information can found be https://www.ni.gov/health/fhs/tobacco/vapi na/

Community Events



Sussex County Department of Health and Human Services presents Opioid Epidemic Symposiums. Information is for Sussex County residents concerned about where/how/when to obtain services. Symposiums will be held on the following dates: October 17-Newton High School, October 23-Wallkill Valley Regional High School and October 28-Lenape Valley Regional High School. Doors open at 6:30 p.m. and the program will begin at 7:00 p.m. Light refreshments will be served. Attendance is free and no registration is required.

STEAM



Mrs. Weiss-Connors has asked for donations of 1 and 2 liter empty soda bottles for use in her STEAM courses. Any donations can be dropped off in her classroom.



The NJ Department of Health has indicated that, "Until the CDC/FDA determines the cause of 380 confirmed and probable cases of lung illness associated with the use of e-cigarettes in 36 states and the U.S. Virgin Islands, the CDC is recommending that people not use e-cigarettes." "E-cigarettes are electronic devices that produce an aerosol by heating a liquid that usually contains nicotine (the addictive drug in regular cigarettes, cigars, and other tobacco products), flavorings, and other chemicals to help make the aerosol. Users inhaled this aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales into E-cigarettes come in many the air. shapes and sizes. They are sometimes called "e-cigs," e-hookahs," "mods," "vape pens," "vapes," "vape pens," "vapes," "tank systems," and "electronic nicotine systems." Using an e-cigarette sometimes called "vaping" "JUULing."

Forms, Forms, Forms...



On Thursday, September 5th, students were given three forms to take home. Please complete the pink health form, the green student information form and the white free and reduced lunch form (if it applies) and return these forms to the

NOTICE OF DISCLAIMER-Information in The Sussex Star may come directly from the sponsors of the events. Sussex Middle School neither sponsors nor endorses these events and is not responsible for the accuracy of the information. If you have any questions, please contact the event sponsor.



We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an easy-to-use online portal:

www.payschoolscentral.com

Or while on the go with a convenient mobile app. You will need to register at the link above. Additional information can be found on our school website in the department section under the food service tab or in the parent portal. If you need help along the way, please contact PaySchools Central at 1-877-393-6628 or email them at: psc help@payschools.com.



Super fundraiser planned at <u>Wantage School</u> for Saturday, October 26th from 9:00-2:00 pm!

Drive 4 UR School is sponsored by Neilson Ford, Ford Motor Company and Wantage School. Stop by with your valid driver's license and insurance card and simply drive a new Ford up the road and back and \$20 will be donated to WES. No strings, aimmicks or purchase While at the Drive 4 UR needed. School event, visit the Optical Center for new glasses, pumpkin painting for the kids, family photo booth and much, much more! This fundraiser benefits the Wantage School Student Activity Fund and is held rain or shine.

Pre-register here:

https://d4ur.com/#/pre/BWJP6

Flyer here:

https://www.swregional.org/cms/lib/NJ0221081 5/Centricity/Domain/8/SW%20Drive%204%20 u%20Flyer.pdf SMS main office. These forms were due *Friday, September 20th.*