



The Sussex Star



December 13, 2019

Please visit us on facebook @
<https://www.facebook.com/swregional/>

Principal's Message



Congratulations to everyone that participated in the Winter Concert. Great job, everyone!

Dates To Remember

12/13-Students vs. Teachers Basketball game @ HPRHS @ 6:30 p.m.
12/18-BOE Meeting @ 7 p.m. @ SMS
12/20-Early Dismissal-Winter Break
1/2- School Resumes
1/16-Early Dismissal
1/20-Martin Luther King, Jr.-School Closed
1/27-Marking Period 2 Ends



Please consider joining our District Parent Teacher Organization. It is an extremely active organization that has had a profoundly positive impact on our district.
<http://swpto.digitalpto.com/>

8th Grade Fundraising Committee



The 8th grade fundraising committee is hosting their 3rd annual Students vs. Teachers basketball game on Friday, December 13th at High Point Regional High School. Doors open at 6 p.m. with the game beginning at 6:30 p.m. Admission is \$5 for adults and \$3 for children. A concession stand will be open for pizza, snacks and drinks. All proceeds will help fund the 8th grade trip to Washington, D.C. Please contact Emily Olinger for details at 973-670-7501.



Ski Club



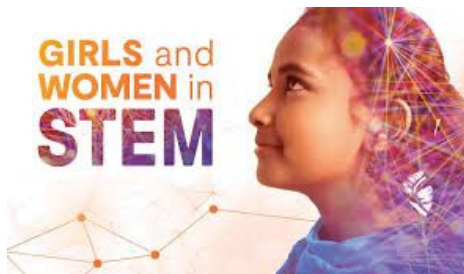
Ski Club will hold a meeting after school, on Tuesday, December 17th from 3:30-4:00 in room 405 (Ms. Castillo's room). If you are unable to attend, please see Ms. Castillo for needed information.

Nurse's Corner



School Nurse

Any student who will participate in a school sport must have the required NJ state sports physical completed and approved by the school physician prior to trying out for a sport. Additionally, students are not permitted to carry medication in school unless cleared by the nurse per NJ state law. Please bring any Inhaler, Epipen and/or other medication, along with a physician order, to the nurse as soon as possible. Lastly, please remember to call the absentee line if your child will be absent from school.



The Newton *FIRST* Varsity Robotics Team and TSA female leadership would like to offer a valuable learning opportunity for area Sussex County high school freshman girls--"Women in STEM" Career Day 2020. This is a day long event held in Newton at Sussex County Community College on Thursday, January 9th, 2020. 250 total freshmen girls from invited area high schools will have the opportunity to meet, listen and be empowered by our female guest presenters. Additionally, if space is available, this event may be opened up to upper middle school females as well. This opportunity can help raise awareness in the value of women in STEM careers. We also hope to expose the shortfall which exists for women in STEM.

Where: Sussex County Community College (PAC Auditorium Building-D)

When: Thursday, January 9th, 2020 (snow date January 10th)

Doors open at 9:30 a.m. and students are to be dropped off near the PAC building. The event begins at 10:00 a.m. and concludes at 2:00 p.m. A bag lunch will be provided. To secure a spot, contact Jim Hoffman at jhoffmann@newtonnj.org or at 973-903-9774.



The NJ Department of Health has indicated that, "Until the CDC/FDA determines the cause of 380 confirmed and probable cases of lung illness associated with the use of e-cigarettes in 36 states and the U.S. Virgin Islands, the CDC is recommending that people not use e-cigarettes." "E-cigarettes are electronic devices that produce an aerosol by heating a liquid that usually contains nicotine (the addictive drug in regular cigarettes, cigars, and other tobacco products), flavorings, and other chemicals to help make the aerosol. Users inhaled this aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales into the air. E-cigarettes come in many shapes and sizes. They are sometimes called "e-cigs," e-hookahs," "mods," "vape pens," "vapes," "vape pens," "vapes," "tank systems," and "electronic nicotine systems." Using an e-cigarette is sometimes called "vaping" or "JUULing."

Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items. Many e-cigarettes and vaping materials contain harmful or potentially harmful substances, and it is difficult to know what each individual product contains. E-cigarettes can potentially also be used to deliver other drugs. "Women who are pregnant, youth, young adults, or adults who are not currently using tobacco products should not start vaping or using e-cigarettes."

At this time, the New Jersey Department of Health is investigating multiple reports from healthcare facilities of severe lung illness in people who report vaping. Cases in New Jersey have been primarily reported among persons between the ages of 16 to 45 with no significant past medical history. The Department has sent a statewide health alert to health care providers and local health departments following recent reports of severe lung disease in people who have used vaping products. No single product has been implicated. Patients have reported high variability in substances/products they used in vaping, including both tobacco and tetrahydrocannabinol (THC) containing products as well as other products. More information can be found at: <https://www.nj.gov/health/fhs/tobacco/vaping/> <https://www.scholastic.com/youthvapingrisks/>



We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an easy-to-use online portal:

www.payschoolscentral.com

Or while on the go with a convenient mobile app. You will need to register at the link above. Additional information can be found on our school website in the department section under the food service tab or in the parent portal. If you need help along the way, please contact PaySchools Central at 1-877-393-6628 or email them at: psc_help@payschools.com.

