

# The Sussex Star

January 10, 2020

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<https://www.facebook.com/swregional/>

## Principal's Message



Wishing you and your family a happy, healthy and successful new year!

### Dates To Remember

1/8-BOE Reorganization Meeting @ SMS @ 7 p.m.  
1/16-Early Dismissal  
1/20-Martin Luther King, Jr.-School Closed  
1/29-BOE Meeting @ SMS @ 7 p.m.  
1/31-Marking Period 2 Ends (note date change)  
2/12-Report Cards go home  
2/17 & 2/18-President's Day-School Closed  
2/25-Sixth Grade Orientation @ 6 p.m. @ SMS

## MP 2 Date Change



Please note that the end of Marking Period 2 has been changed to January 31. Report cards are scheduled to go home on Wednesday, February 12th.



*The SMS Washington, D.C. Fundraising Committee will be holding a doughnut fundraiser!*

**SALE DATES:** Tuesday, January 7th - Thursday, January 16th, 2020

All order forms MUST be submitted to the Sussex Middle School Main Office by Thursday, January 16th - NO EXCEPTIONS. Orders received after this date will be returned.

**PICK UP DATE:** Friday, February 7th from 4:30-7pm at SMS.

All orders MUST be picked up on this date - NO EXCEPTIONS! If you cannot be available to pick up your child's order, please contact Lori Marangi to allow another individual to pick your order up for you.

**HOW IT WORKS:** Sell as many boxes of glazed doughnuts (sorry, only glazed available for this sale) as you can for \$10 per dozen. \$5 per box goes DIRECTLY to your child to offset the cost of his or her 8th grade trip! If your child raises over \$225.00, those monies will go to the 8th grade Class of 2020.

Once your order is complete, please submit the order form with **ONE CHECK\*** payable to SMS. **No cash will be accepted— check only!** Please include your child's name and phone number on the check, and place in a sealed envelope clearly marked **KRISPY KREME**.

\*Any returned checks will be subject to a fee\*

QUESTIONS???? Email Lori Marangi at [oxygenfit47@gmail.com](mailto:oxygenfit47@gmail.com)

**Good luck and happy selling!!**

**Information concerning the fundraiser was sent home early this week with 8th grade students.**

## Sixth Grade Orientation



Sixth grade orientation will take place on Tuesday, February 25th at 6 p.m. at Sussex Middle School. More information will be sent home shortly.



Please consider joining our District Parent Teacher Organization. It is an extremely active organization that has had a profoundly positive impact on our district. <http://swpto.digitalpto.com/>



## Nurse's Corner



## School Nurse

Any student who will participate in a school sport must have the required NJ state sports physical completed and approved by the school physician prior to trying out for a sport. Additionally, students are not permitted to carry medication in school unless cleared by the nurse per NJ state law. Please bring any Inhaler, Epipen and/or other medication, along with a physician order, to the nurse as soon as possible. Lastly, please remember to call the absentee line if your child will be absent from school.

It is that time of year when head lice can be discovered. Although this is no cause for alarm and the transmission of head lice in school is low, vigilance among all members of the school community is appreciated to avoid the spread of this pest. Additional information from the CDC about treatment and prevention can be found on the District's Nursing Website found here:

<https://sites.google.com/swregional.org/districtnurses/home>

There is also information from the American Academy of Pediatrics here: <https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/AAP-Updates-Treatments-for-Head-Lice.aspx>

The NJ Department of Health has indicated that, "Until the CDC/FDA determines the cause of 380 confirmed and probable cases of lung illness associated with the use of e-cigarettes in 36 states and the U.S. Virgin Islands, the CDC is recommending that people not use e-cigarettes." "E-cigarettes are electronic devices that produce an aerosol by heating a liquid that usually contains nicotine (the addictive drug in regular cigarettes, cigars, and other tobacco products), flavorings, and other chemicals to help make the aerosol. Users inhaled this aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales into the air. E-cigarettes come in many shapes and sizes. They are sometimes called "e-cigs," e-hookahs," "mods," "vape pens," "vapes," "vape pens," "vapes," "tank systems," and "electronic nicotine systems." Using an e-cigarette is sometimes called "vaping" or "JUULing." Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items. Many e-cigarettes and vaping materials contain harmful or potentially harmful substances, and it is difficult to know what each individual product contains. E-cigarettes can potentially also be used to deliver other drugs.

"Women who are pregnant, youth, young adults, or adults who are not currently using tobacco products should not start vaping or using e-cigarettes." At this time, the New Jersey Department of Health is investigating multiple reports from healthcare facilities of severe lung illness in people who report vaping. Cases in New Jersey have been primarily reported among persons between the ages of 16 to 45 with no significant past medical history. The Department has sent a statewide health alert to health care providers and local health departments following recent reports of severe lung disease in people who have used vaping products. No single product has been implicated. Patients have reported high variability in substances/products they used in vaping, including both tobacco and tetrahydrocannabinol (THC) containing products as well as other products. More information can be found at: <https://www.nj.gov/health/fhs/tobacco/vaping/> <https://www.scholastic.com/youthvapingriks/>



We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an easy-to-use online portal: [www.payschoolscentral.com](http://www.payschoolscentral.com) Or while on the go with a convenient mobile app. You will need to register at the link above. Additional information can be found on our school website in the department section under the food service tab or in the parent portal. If you need help along the way, please contact PaySchools Central at 1-877-393-6628 or email them at: [psc\\_help@payschools.com](mailto:psc_help@payschools.com).

