

The Sussex Star

February 21, 2020

Please visit us on facebook @
<https://www.facebook.com/swregional/>

Principal's Message

Course Scheduling Info

High Point Regional High School will be at Sussex Middle School February 25th-27th to conduct scheduling meetings with our 8th grade students for the coming 2020-2021 school year.

Dates To Remember

2/25-Sixth Grade Orientation @ 6 p.m.
@ SMS
2/26-BOE Meeting @ SMS @ 7 p.m.
2/25-2/27-8th Grade Scheduling w/
HPRHS @ SMS
3/11-Early Dismissal-Teacher In-Service
3/24-Senior Breakfast @ SMS @ 8:45
a.m.
3/25-BOE Meeting @ SMS @ 7 p.m.
3/26 & 3/27-SMS Play Frozen @ 7:30
p.m.
3/28-SMS Play Frozen @ 2 p.m.
4/10-4/17-Spring Break-School Closed

Tricky Tray



The SMS 8th grade fundraising committee presents its first annual Tricky Tray and Wine Pull. Join us for a night of food, fun and prizes. All proceeds will benefit the Sussex Middle School 8th grade trip. The Tricky Tray will take place on Friday, March 13th at Beemerville Firehouse in Sussex, NJ. Doors will open at 6:00 p.m. Calling will begin at 7:30 p.m. There will be door prizes, a 50/50 and Specials. Food and drinks will be available for purchase (cash only). Please contact Lori Marangi (973) 600-5354 or Lisa Schmitt (973) 903-8405 with any questions.

Washington, D.C.



The Washington, D.C. trip final payments will be due on Friday, March 13th. Letters with final payment amounts were sent home earlier this month. Please call the main office should you have any questions.

Absentee Line



If your child is going to be absent from school for any reason, please call the absentee line at 973-875-4138 option 1 and leave the reason for your child's absence.

Sixth Grade Orientation



Sixth grade orientation will take place on Tuesday, February 25th at 6 p.m. at Sussex Middle School. (Snow Date February 27 at 6 p.m.) We're looking forward to meeting all of our incoming sixth grade students!



Please consider joining our District Parent Teacher Organization. It is an extremely active organization that has had a profoundly positive impact on our district.
<http://swpto.digitalpto.com/>

Nurse's Corner



School Nurse

Any student who will participate in a school sport must have the required NJ state sports physical completed and approved by the school physician prior to trying out for a sport. Additionally, students are not permitted to carry medication in school unless cleared by the nurse per NJ state law. Please bring any Inhaler, Epipen and/or other medication, along with a physician order, to the nurse as soon as possible. Lastly, please remember to call the absentee line if your child will be absent from school.

It is that time of year when head lice can be discovered. Although this is no cause for alarm and the transmission of head lice in school is low, vigilance among all members of the school community is appreciated to avoid the spread of this pest. Additional information from the CDC about treatment and prevention can be found on the District's Nursing Website found here:

<https://sites.google.com/swregional.org/districtnurses/home>

There is also information from the American Academy of Pediatrics here:

<https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/AAP-Updates-Treatments-for-Head-Lice.aspx>



The NJ Department of Health has indicated that, "Until the CDC/FDA determines the cause of 380 confirmed and probable cases of lung illness associated with the use of e-cigarettes in 36 states and the U.S. Virgin Islands, the CDC is recommending that people not use e-cigarettes." "E-cigarettes are electronic devices that produce an aerosol by heating a liquid that usually contains nicotine (the addictive drug in regular cigarettes, cigars, and other tobacco products), flavorings, and other chemicals to help make the aerosol. Users inhaled this aerosol into their lungs. Bystanders can also breathe in this aerosol when the user exhales into the air. E-cigarettes come in many shapes and sizes. They are sometimes called "e-cigs," e-hookahs," "mods," "vape pens," "vapes," "vape pens," "vapes," "tank systems," and "electronic nicotine systems." Using an e-cigarette is sometimes called "vaping" or "JUULing." Some e-cigarettes look like regular cigarettes, cigars, or pipes. Some look like USB flash drives, pens, and other everyday items. Many e-cigarettes and vaping materials contain harmful or potentially harmful substances, and it is difficult to know what each individual product contains. E-cigarettes can potentially also be used to deliver other drugs.

"Women who are pregnant, youth, young adults, or adults who are not currently using tobacco products should not start vaping or using e-cigarettes." At this time, the New Jersey Department of Health is investigating multiple reports from healthcare facilities of severe lung illness in people who report vaping. Cases in New Jersey have been primarily reported among persons between the ages of 16 to 45 with no significant past medical history. The Department has sent a statewide health alert to health care providers and local health departments following recent reports of severe lung disease in people who have used vaping products. No single product has been implicated. Patients have reported high variability in substances/products they used in vaping, including both tobacco and tetrahydrocannabinol (THC) containing products as well as other products. More information can be found at: <https://www.nj.gov/health/fhs/tobacco/vaping/> <https://www.scholastic.com/youthvapingrisks/>



We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an easy-to-use online portal: www.payschoolscentral.com Or while on the go with a convenient mobile app. You will need to register at the link above. Additional information can be found on our school website in the department section under the food service tab or in the parent portal. If you need help along the way, please contact PaySchools Central at 1-877-393-6628 or email them at: psc_help@payschools.com.

Community Events



The Sister-to-Sister Prom Shop will take place at Project Self-Sufficiency from March 31st until April 4th. All items are free and many have never been worn. There are no income guidelines and no advance registration is necessary. Please contact Project Self-Sufficiency for more information.