

# The Sussex Star

February 28, 2020

Please visit us on facebook @  
<https://www.facebook.com/swregional/>

## Principal's Message



Thank you to all of the 5th grade parents and guardians for attending our 6th grade orientation this week. We're looking forward to welcoming the Class of 2023 in September!

## Dates To Remember

**3/11**-Early Dismissal-Teacher In-Service  
**3/13**-Tricky Tray & Wine Pull @ Beemerville FireHouse @ 6 p.m.  
**3/24**-Senior Breakfast @ SMS @ 8:45 a.m.  
**3/25**-BOE Meeting @ SMS @ 7 p.m.  
**3/26 & 3/27**-SMS Play *Frozen* @ 7:30 p.m.  
**3/28**-SMS Play *Frozen* @ 2 p.m.  
**4/10-4/17**-Spring Break-School Closed



Please consider joining our District Parent Teacher Organization. It is an extremely active organization that has had a profoundly positive impact on our district.  
<http://swpto.digitalpto.com/>

## Tricky Tray



The SMS 8th grade fundraising committee presents its first annual Tricky Tray and Wine Pull. Join us for a night of food, fun and prizes. All proceeds will benefit the Sussex Middle School 8th grade trip. The Tricky Tray will take place on Friday, March 13th at Beemerville Firehouse in Sussex, NJ. Doors will open at 6:00 p.m. Calling will begin at 7:30 p.m. There will be door prizes, a 50/50 and Specials. Food and drinks will be available for purchase (cash only). Please contact Lori Marangi (973) 600-5354 or Lisa Schmitt (973) 903-8405 with any questions.

## Absentee Line



If your child is going to be absent from school for any reason, please call the absentee line at 973-875-4138 option 1 and leave the reason for your child's absence.

## SMS Play



The SMS Musical is just around the corner. Tickets for *Frozen, Jr.* will be \$10 for adults and \$8 for children ages 5 and under. Ticket sales begin on Monday, March 2. To purchase tickets, please complete the order form and return it with payment to Ms. Freda. Tickets will be distributed the week before the performances. Performances will be on Thursday, March 26 and Friday, March 27 at 7:30 p.m. and on Saturday, March 28 at 2 p.m. For your convenience and ours, please write only one check made payable to Sussex Middle School. As a reminder, all ticket sales are final. Tickets are non-refundable and cannot be transferred to a different day.

## Washington, D.C.



The Washington, D.C. trip final payments will be due on Friday, March 13th. Letters with final payment amounts were sent home earlier this month. Please call the main office should you have any questions.

## Nurse's Corner



### School Nurse

Any student who will participate in a school sport must have the required NJ state sports physical completed and approved by the school physician prior to trying out for a sport. Additionally, students are not permitted to carry medication in school unless cleared by the nurse per NJ state law. Please bring any Inhaler, Epipen and/or other medication, along with a physician order, to the nurse as soon as possible. Lastly, please remember to call the absentee line if your child will be absent from school.

It is that time of year when head lice can be discovered. Although this is no cause for alarm and the transmission of head lice in school is low, vigilance among all members of the school community is appreciated to avoid the spread of this pest. Additional information from the CDC about treatment and prevention can be found on the District's Nursing Website found here:

<https://sites.google.com/swregional.org/districtnurses/home>

There is also information from the American Academy of Pediatrics here:

<https://www.aap.org/en-us/about-the-aap/aap-press-room/Pages/AAP-Updates-Treatments-for-Head-Lice.aspx>



In addition to getting a flu vaccine, the Centers for Disease Control (CDC) recommend, *"Taking Everyday Preventive Actions"* to prevent the cold and flu.

These everyday actions include:

**Avoid close contact.**

Avoid close contact with people who are sick.

**Stay home when you are sick.**

If possible, stay home from work, school, and errands when you are sick.

**Cover your mouth and nose.**

Cover your mouth and nose with a tissue when coughing or sneezing.

**Clean your hands.**

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

**Avoid touching your eyes, nose or mouth.**

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

**Practice other good health habits.**

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food.

Retrieved from:

<https://www.cdc.gov/flu/prevent/actions-prevent-flu.htm>



We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an easy-to-use online portal: [www.payschoolscentral.com](http://www.payschoolscentral.com) Or while on the go with a convenient mobile app. You will need to register at the link above. Additional information can be found on our school website in the department section under the food service tab or in the parent portal. If you need help along the way, please contact PaySchools Central at 1-877-393-6628 or email them at: [psc\\_help@payschools.com](mailto:psc_help@payschools.com).

## Community Events



The Sister-to-Sister Prom Shop will take place at Project Self-Sufficiency from March 31st until April 4th. All items are free and many have never been worn. There are no income guidelines and no advance registration is necessary. Please contact Project Self-Sufficiency for more information.

