# The Sussex Star

## March 6, 2020

#### Please visit us on facebook @ https://www.facebook.com/swregional/



A friendly reminder that all clocks are moved forward one hour this Sunday for daylight savings time.

# **Dates To Remember**

3/11-Early Dismissal-Teacher In-Service
3/13-Tricky Tray & Wine Pull @ Beemerville FireHouse @ 6 p.m.
3/18-BOE Meeting @ SMS @ 7 p.m.(note new date)
3/24-Senior Breakfast @ SMS @ 8:45 a.m.
3/26 & 3/27-SMS Play Frozen @ 7:30 p.m.
3/28-SMS Play Frozen @ 2 p.m.
4/5-Easter Egg Hunt @ Woodbourne Park @ 12 noon
4/10-4/17-Spring Break-School Closed

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The SMS 8th grade fundraising committee presents its first annual Tricky Tray and Wine Pull. Join us for a night of food, fun and prizes. All proceeds will benefit the Sussex Middle School 8th The Tricky Tray will take grade trip. Friday, March 13th at place on Beemerville Firehouse in Sussex, NJ. Doors will open at 6:00 p.m. Calling will begin at 7:30 p.m. There will be door prizes, a 50/50 and Specials. Food and drinks will be available for purchase (cash only). Please contact Lori Marangi (973) 600-5354 or Lisa Schmitt (973) 903-8405 with any questions.



The Washington, D.C. trip final payments will be due on Friday, March 13th. Letters with final payment amounts were sent home earlier this month. Please call the main office should you have any questions.



Wantage Township Parks and Recreation Committee along with Sussex Kiwanis will be holding an easter egg hunt on April 5, 2020, at Woodbourne Park at 12 p.m. Participants are reminded to meet behind the pavilion and to bring a basket. The rain date for this event is April 11th at 11:00 a.m.



The SMS Musical is just around the corner. Tickets for Frozen, Jr. will be \$10 for adults and \$8 for children ages 5 and Ticket sales begin on Monday, under. March 2. To purchase tickets, please complete the order form and return it with payment to Ms. Freda. Tickets will be distributed week before the the performances. Performances will be on Thursday, March 26 and Friday, March 27 at 7:30 p.m. and on Saturday, March 28 at 2 p.m. For your convenience and ours, please write only one check made payable to Sussex Middle School. As a reminder, all ticket sales are final. Tickets are non-refundable and cannot be transferred to a different day.

# Graduation Gowns & Washington, D.C.



Eighth grade graduation gown and Washington, D.C. parent information was mailed home this week.

**Tricky Tray** 

# **Nurse's Corner**



Any student who will participate in a school sport must have the required NJ state sports physical completed and approved by the school physician prior to trying out for a sport. Additionally, students are not permitted to carry medication in school unless cleared by the nurse per NJ state law. Please bring any Inhaler, Epipen and/or other medication, along with a physician order, to the nurse as soon as possible. Lastly, please remember to call the absentee line if your child will be absent from school.

It is that time of year when head lice can be discovered. Although this is no cause for alarm and the transmission of head lice in school is low, vigilance among all members of the school community is appreciated to avoid the spread of this pest. Additional information from the CDC about treatment and prevention can be found on the District's Nursing Website found here:

https://sites.google.com/swregional.org/dis trictnurses/home

There is also information from the American Academy of Pediatrics here: https://www.aap.org/en-us/about-the-aap/a ap-press-room/Pages/AAP-Updates-Treat ments-for-Head-Lice.aspx



Please consider joining our District Parent Teacher Organization. It is an extremely active organization that has had a profoundly positive impact on our district. <u>http://swpto.digitalpto.com/</u>



When parking in the middle school parking lot, please utilize the parking spaces provided and adhere to New Jersey regulation 39 4-138 regarding the fire lane.

As a reminder, the school day begins at 8:40 a.m. and ends at 3:29 p.m. Students walking to school are asked to arrive no earlier than 8:15 a.m. and are to report to the auditorium upon their arrival. Students who are dropped off by a parent/guardian should be dropped off at the doors in the solar panel parking lot on Loomis Avenue between 8:15 a.m. and 8:35 a.m. Please refrain from utilizing the main entrance parking lot to drop your child off. Thank you for your assistance in keeping our students and staff members safe.

**Absentee Line** 



If your child is going to be absent from school for any reason, please call the absentee line at 973-875-4138 option 1 and leave the reason for your child's absence.

# **Breakfast Program**



Please be aware that we are piloting a trial program in which students can receive free breakfast at school. There is nothing that a student needs to do differently. Students are not "required" to eat breakfast at school; it is only offered as an option. If for some reason you do not want your child to have the option of eating breakfast at school, please write a note and send it to the main office. Otherwise, students at SMS have that opportunity to go to the cafeteria when they arrive to school to pick up their breakfast each morning. The pilot program has begun and may be offered for a limited time to ascertain interest in this program. Estimating a minimal increase in participation at each school due to this initiative. the District anticipates that there will be a nominal cost for the pilot program. This is due to the Federal and State Government reimbursements the District is anticipated to receive for participation in the National School Breakfast and Lunch Program. We anticipate that, in particular, the Federal Government reimbursement expected for the Free Breakfast Pilot would cover the food, supply, and labor costs for the program.

# **Community Events**



The Sister-to-Sister Prom Shop will take place at Project Self-Sufficiency from March 31st until April 4th. All items are free and many have never been worn. There are no income guidelines and no advance registration is necessary. Please contact Project Self-Sufficiency for more information.

NOTICE OF DISCLAIMER-Information in The Sussex Star may come directly from the sponsors of the events. Sussex Middle School neither sponsors nor endorses these events and is not responsible for the accuracy of the information. If you have any questions, please contact the event sponsor.



We are excited to announce that we now offer a new online payment system called PaySchools Central. PaySchools Central provides all parents in our district with an easy way to manage lunch and breakfast accounts. This can all be done in the convenience of your own home through an portal: easy-to-use online www.payschoolscentral.com Or while on the go with a convenient mobile app. You will need to register at the link above. Additional information can be found on our school website in the department section under the food service tab or in the parent portal. If you need help along the way, please contact PaySchools Central at 1-877-393-6628 or email them at: psc\_help@pavschools.com.



In addition to getting a flu vaccine, the Centers for Disease Control (CDC) recommend, *"Taking Everyday Preventive Actions"* to prevent the cold and flu.

These everyday actions include:

### Avoid close contact.

Avoid close contact with people who are sick.

Stay home when you are sick.

If possible, stay home from work, school, and errands when you are sick.

#### Cover your mouth and nose.

Cover your mouth and nose with a tissue when coughing or sneezing.

### Clean your hands.

Washing your hands often will help protect you from germs. If soap and water are not available, use an alcohol-based hand rub.

Avoid touching your eyes, nose or mouth.

Germs are often spread when a person touches something that is contaminated with germs and then touches his or her eyes, nose, or mouth.

Practice other good health habits.

Clean and disinfect frequently touched surfaces at home, work or school, especially when someone is ill. Get plenty of sleep, be physically active, manage your stress, drink plenty of fluids, and eat nutritious food. Retrieved from:

https://www.cdc.gov/flu/prevent/actions-p revent-flu.htm

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