

The Wantage Times

May 3, 2019

Please visit us on facebook @
<https://www.facebook.com/swregional/>

Principal's Message

"Girls on the Run" practice 5K @
Woodbourne Park



Tips from the Team

SmartPhone and Tablet Screen Recommendations

- Avoid screens 1 hour before bed.
- Excess screen time can lead to obesity in all ages, as well as cognitive, social, and language delays in young children.
- Excessive media use by parents can decrease communication and interaction with children, and may affect the parent child relationship.
- Have "tech free" times like mealtime and bedtime. Have children charge devices in a place other than their bedroom.
- Do not use screens to calm your child. Young children can become dependent on screens for entertainment and calming, and will not learn to self-calm.
- Take "eye" breaks. Optometrists recommend looking away from the computer every 20 minutes for 20 seconds at an object 20 feet away.
- Play and interact with your child. Let them learn through play, and develop relationships through interactions.



Drop Off & Pick Up

Note: Please wait for the school bus to come to a complete stop with the red lights flashing prior to letting your children approach the bus.

Just a reminder that students are not permitted to take pictures or record videos while on the school bus.

Please be advised that drop off is in the rear of the building and occurs between 8:15 a.m. and 8:45 am. Please exercise caution when dropping off your children. We respectfully request that children exit the vehicle on the passenger side closest to the building for safety.

For pick up, parents and guardians should park on the playground and walk to the doors nearest the fence. Pick up begins at 3:24 pm. Please have identification available when you pick up your child.

The parking area for pick up will be closed until 3:10 pm. We respectfully request that you do not arrive before then. We appreciate everyone's support with our procedures to ensure the safety of all of our students.

@ American Academy of
Pediatrics

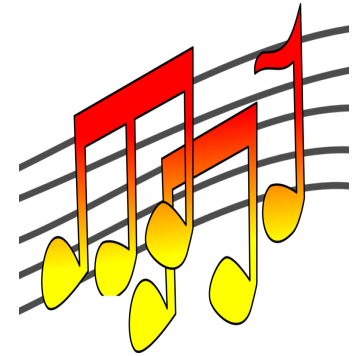
Dates to Remember

5/7-5/13- NJSLA Testing
5/8- BOE Meeting @ 7 PM
5/13- 5th Grade Concert @ 1:45 PM
5/14- 5th Grade Concert @ 9:30 AM
SMS Concert @ 7:30 PM
5/20- 4th Grade Concert @ 1:45 PM
5/21- 4th Grade Concert @ 9:30 AM
SMS Concert @ 7:30 PM
5/23- WES Barbecue
4th Grade- 11- 11:40 AM
3rd Grade- 11:50- 12:30 PM
5th Grade- 12:40- 1:20 PM
5/29- 5/30- NJSLA Science Testing
6/3-6/4- PTO Book Fair

Kittatinny Field Trip



5th Grade Concert



WES

Monday, May 13th @ 1:45 PM

Tuesday, May 14th @ 9:30 AM

SMS

Tuesday, May 14th @ 7:30 PM

WES Barbecue Thursday, May 23rd



4th Grade-11- 11:40 AM
3rd Grade- 11:50- 12:30 PM
5th Grade- 12:40- 1:20 PM



Food of the Month

We will be partnering with ShopRite in Franklin to host this great program that encourages your children to taste new fruits and vegetables.

ShopRite graciously donated "Rainbow Carrots" for your children to taste. They were a hit! They were red, orange, white and an eggplant color. The carrots are full of minerals, vitamins and a great source of fiber!

We hope you try the recipe that went home with your children!

A special thank you to Mrs. Anita Anthony (PTO volunteer) for washing & preparing the carrots!

If you have any concerns or questions please call or email Mrs. Fisher: 973-875-3176 or dfisher@swregional.org



Girls on the Run

Girls Grades 3-5

Final 5K

May 11th @ 9 AM

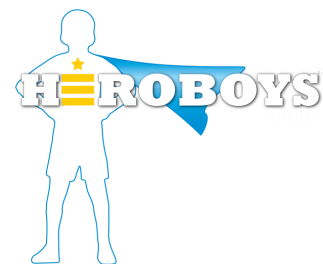
Lake Mohawk, Sparta

GOOD LUCK!!

www.gotrnrjn.org

The Township of Wantage is now accepting applications for their Little Miss and Little Mr. Wantage Pageants being held on Saturday, June 8, 2019.

Applications are available to be picked up at the municipal building or can be downloaded from either our Facebook page or www.wantagetwp.com. No applications can be accepted after May 29th.



HEROBOYS Run Club

is a program for 3rd through 5th grade boys that focuses on health, nutrition, goal setting and teamwork.

The program runs on Wednesdays after school at WES. For more information, please email Cara Konzel cmkonzel@yahoo.com

High Point Midget Football and Cheer League have opened football and cheer registration on 3/15/19 online and will be having an in person registration June 1st from 9a-12p at the Sussex Firehouse

https://highpointhawksfootball.sportngin.com/register/form/948846337?_ga=2.227998229.90386135.1552493737-433777303.1549480531

NOTICE OF DISCLAIMER-Information in The Wantage Times may come directly from the sponsors of the events. Wantage Elementary School neither sponsors nor endorses these events and is not responsible for the accuracy of the information. If you have any questions, please contact the event sponsor.