

The Wantage Times

April 1, 2022

Please visit us on facebook @
<https://www.facebook.com/swregional/>

Principal's Message

I hope this Newsletter finds everyone well and in good health.

In accordance with updated New Jersey Department of Health (NJDOH) recommendations, quarantine time frames have been reduced from ten days down to five days.

Individuals who need to quarantine are able to return on day six if they do not have symptoms of illness. If you have already been placed into a ten day quarantine, you can now return on day six if you do not have symptoms of illness. If symptoms persist (fever or if other symptoms have not resolved), continue to isolate until fever-free for 24 hours and other symptoms have resolved.

Please also be aware that beginning March 7, 2022, masks will be optional for students, staff, and visitors at the Sussex-Wantage Regional School District. Please be advised, masks will now also be optional on buses beginning March 7th.

Please don't hesitate to reach out to me with any questions or concerns.

Sincerely,

Christopher Gregory
Principal



*To the following
students for being
selected as our January
& February SW-5
winners!!*

*3rd grade: Nick DeMarzo
Kaylee Stormes*

*4th grade: Evan Nisbeth
Caylee Kessler*

*5th grade: Nick Argyros
Max Bloomer*

CAUTION

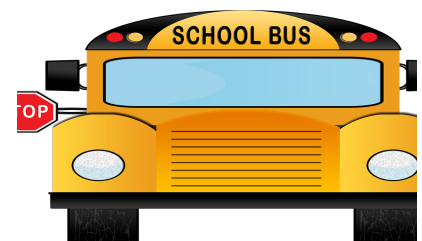
Drop Off & Pick Up

Please be advised that drop off is in the rear of the building and occurs between 8:15 a.m. and 8:45 am. Please exercise caution when dropping off your children. We respectfully request that children exit the vehicle on the passenger side closest to the building for safety.

For pick up, parents and guardians should park on the lower lot or near the playground. Pick up is located in the cafeteria and begins at 3:20 pm. Please have identification available when you pick up your child.

The parking area for pick up will be closed until 3:10 pm. We respectfully request that you do not arrive before then. We appreciate everyone's support with our procedures to ensure the safety of all of our students.

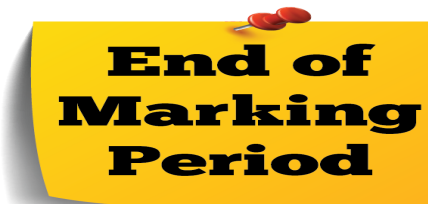
Note: Please wait for the school bus to come to a complete stop with the red lights flashing prior to letting your children approach the bus.



Dates to Remember

4/1- 3rd Marking Period ends
4/13- LEAD graduation for 5th grade
(students only)
4/14- Early Dismissal (Staff PD day)
4/15-4/22- Spring Break
5/5- BOE meeting @ SMS

**3rd Marking Period ends
4/1/2022**



**Grades posted
4/13 @ 4 pm**



**5th Grade graduation
April 13th
(Students only)**



Congratulations to:

Jessica Romash

Submissions were received from 12 different Sussex County schools (grades 4-12).

Jessica's poster will be featured in the NJ Herald in the school section in April and will be recognized at CFPC's countywide **Virtual Town Hall Meeting on Tuesday, April 12th at 7 pm** with featured guest speaker NJ State Senator Steve Oroho.

Link for more info:

<https://centerforprevention.org/165-19-2/>



**Wantage Township
Easter Egg Hunt**

**Saturday, April 9th, 10:00
a.m. at Woodbourne Park**

*Inclement weather date will be the following Saturday,
April 16th*

*Don't forget to bring your
basket!*



Ice cream & Cookies will be available for purchase in the cafeteria beginning Monday, April 4th during lunch.

Family Life

During the week of April 4th, 2022 we will be covering Family Life during Health Education with the fourth & fifth grade students.

The Family Life Code includes a provision for excusing a student from any portion of the program.

“Any pupil whose parent or guardian presents to the school principal a signed statement that any part of the instruction in Family Life Education is in conflict with his/her conscience or sincerely held moral or religious beliefs, shall be excused from that portion of the course where such instruction is being given and no penalties as to credit or graduation shall result there from.”

If you do NOT wish for your child to participate, send an email in that regard to Mr. Gregory at cgregory@swregional.org. Please be sure you receive confirmation that your request was received.

If there are any questions or concerns related to the curriculum, please feel free to contact Mrs. Thiele at dthiele@swregional.org.

Parent Portal

Realtime Notification is the primary means of communication for school closings, emergencies and general notifications.

Please follow the directions below to log into the Realtime Parent Portal:

<http://fridayparentportal.com/sussexwantage>

You can also access the Parent Portal by logging into our District Website:

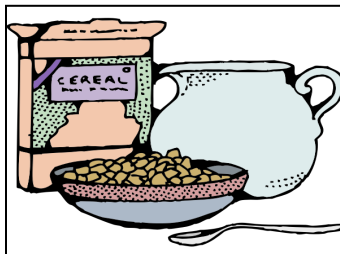
www.swregional.org

~Parents

~Realtime Parent Portal

~Enter the Portal Code, Username and Password

Free Breakfast (8:10-8:45 AM) & Lunch available to all students.



*Effective February 23rd, all students will be eating lunch in the cafeteria during their assigned lunch period.

Please ensure students dress appropriately for the weather



2021-22 YEARBOOKS

On Sale Now

[HTTPS://JOSTENSYEARBOOK.COM/?REF=A09873801](https://jostensyearbook.com/?REF=A09873801)

Yearbooks ordered for the 2021-22 school year will arrive in June!

***IMPORTANT* We will have pre-ordered books ONLY**

NO additional books will be available in June

Starting March 15 - April 13

yearbooks will be available to order online or in school with cash for \$20!

***IMPORTANT* APRIL 13th will be the LAST day to order a yearbook.**

SWPTO

All info is on our website

<https://www.swpto.org>

The SWPTO is offering their Gertrude Hawk Chocolates fundraiser this year as a virtual online sale beginning now!

Please visit

<https://fundraising.gertrudehawkchocolates.com/>

to add a seller or place an order using our Organization Code 119604. Orders can be placed through April 3. Thank you for your support!

NOTICE OF DISCLAIMER-Information in The Wantage Times may come directly from the sponsors of the events. Wantage Elementary School neither sponsors nor endorses these events and is not responsible for the accuracy of the information. If you have any questions, please contact the event sponsor.

The 1ST ANNUAL



3 on 3 BASKETBALL DRILLS/LEAGUE 2022 *BOYS & GIRLS*

TIMES/DATES/AGES:

GRADES 3RD- 8TH

SUNDAY NIGHTS

6 GREAT WEEKS

****WE WILL DO THIRTY MINUTES OF DRILLS, THEN EACH TEAM WILL
PLAY TWO GAMES. THEN WE WILL HAVE A TOURNAMENT THE LAST
WEEK!***

APRIL 3RD/APRIL 10TH- AUX GYM
APRIL 24TH/MAY 1ST/MAY 15TH/MAY 22ND- MAIN GYM

AUX/MAIN GYM

5:00PM - 6:30PM

Any questions contact Jesse Strehl

E-mail: jstrehl@hpregonal.org

or

Bill Percey at 973-875-3101 for more information

E-mail: wpercey@hpregonal.org

Debbie Weiss

From the
Care Giver Support Squad

will be speaking about
the

IMPORTANCE OF CAREGIVER SELF CARE

APRIL 13 @
6:45 pm

Sponsored by the
Sussex Wantage
Regional School District
& High Point Regional
High School
SEPAG Committee's

Her presentation
will take place in
the **High Point
Regional
High School**



About Debbie

Debbie is a Certified Caregiving Facilitator and has been a family caregiver for 40 years, to a parent, spouse and son while running a full-time business. She suffered from caregiver burnout and transformed her own life by learning to prioritize herself while still being a loving, effective caregiver. She is now sharing her 8-year transformation journey with other family caregivers. Debbie's goal is to help them prioritize self-care so they can be more of who they are as well as a caregiver.

Suggested Talking Points:

- Dangers of caregiver burnout
- Self-care is not selfish
- Different types of self-care
- Combatting the idea that there is not enough time for self-care
- Integrating self-care regardless of your unique situation
- Where do I even start?

Caregiver Support Squad Information

@caregiver.support.squad debbie@caregiversupportsquad.com
Caregiver Self-Care Squad Group 908-892-0508
www.caregiversupportsquad.com