

Prices 2024-2025  
 Student Lunch \$2.90  
 Adult Lunch \$5.00  
 Reduced Lunch FREE

# AUGUST

## GHMS LUNCH 2024

Prepared by CVSD (717)556-0025

**BUCKSKIN BAG**  
 #1 WG Mini Pretzels, String Cheese, Peanut Butter, Grahams  
 #2 WG Sun Chips, Turkey Stick, Mini Loaf, Sunflower Seeds  
 #3 WG Tostitos, CJ Cheese Stix, Sunflower Seeds, Cornbread  
 #4 WG Grahams, Yogurt, Turkey Stick, Mini Muffin

Monday	Tuesday	Wednesday	Thursday	Friday
			1	2
5	6	7	8	9
12	13	14	15	16
19	20	21	22	23
26 Chicken Patty on WG or Buckskin Bag #1 or Garden Salad / Cheez Its / WG Roll  Baked Beans Shredded Lettuce & Tomato Pears / Fresh Fruit Milk	27 Cheesy Pull-a-Parts or PBJ or Garden Salad / Cheez Its / WG Roll  Tomato Soup / Goldfish Crackers Broccoli Florets w/ Ranch Mixed Fruit / Fresh Fruit Milk	28 Popcorn Chicken / WG Roll or Buckskin Bag #1 or Garden Salad / Cheez Its / WG Roll  Mashed Potatoes w/ Gravy Baby Carrot w/ Ranch Peaches / Fresh Fruit Milk	29 Soft Shell Taco or PBJ or Garden Salad / Cheez Its / WG Roll  Steamed Corn Lettuce / Tomato / Cheese Apple Sauce / Fresh Fruit Milk	30 <b>EARLY DISMISSAL</b> French Bread Pizza or PBJ  Steamed Mixed Vegetables Spring Mix Salad w/ Ranch Dole Fruit Jell-O Cup / Fresh Fruit Milk

**LUNCH SELECTION CHOICE INCLUDES:**

1. **HOT ENTRÉE: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
2. **COLD SANDWICH / PBJ: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**
3. **BUCKSKIN BAG INCLUDES: INCLUDES MEAT/MEAT ALT, WG, VEGETABLE, FRUIT**  
**FAT FREE MILK SERVED DAILY**

**MENU SUBJECT TO CHANGE**

Garden Salad (Greens, Tomato, Cucumber, Carrot, Pepper, Sunflower Seeds, Cheddar)  
 Deli Salad (Greens, Tomato, Cucumber, Red Onion, Pepper, Egg, Turkey Ham, Mozzarella)  
 Cobb Salad (Greens, Tomato, Cucumber, Carrot, Egg, Turkey Bacon, Grilled Chicken, Cheddar)  
 Italian Salad (Greens, Tomato, Carrots, Red Onion, Pepper, Turkey Pepperoni, Mozzarella)