

Prices 2024-2025
 Student \$2.90
 Reduced FREE
 Adult \$5.00
 Milk .70

**Conestoga Valley HS
 SEPTEMBER 2024
 Lunch**

Prepared by CVSD 556-0025
 *Menu subject to change.
 Fat Free Flavored Milk Served Daily
 All Meals Include – Meat/Meat Alt.,
 W. Grain, Vegetable, Fruit, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
2 NO SCHOOL	3 Chicken Nuggets / WG Dinner Roll Mashed Potatoes and Gravy Steamed Broccoli Baby Carrots Apple Slices / Fresh Fruit NO HOT COMBO	4 Jumbo Hotdog on WG Roll Baked Beans French Fries Cauliflower Florets Pears / Fresh Fruit TURKEY & CHEESE MELT	5 Lasagna Roll Up / WG Garlic Knot California Blend Veggies Spinach Salad Pineapple Tidbits / Fresh Fruit CHICKEN FILLET SANDWICH	6 Pretzel Bun with Cheese Tomato Soup w/WG Saltine Crackers Cucumber Coins Applesauce / Fresh Fruit NO HOT COMBO
9 Chicken Patty on WG Roll Sandwich Fixings – Lettuce / Tomato WG Goldfish Crackers Mixed Vegetable Blend Grape Tomatoes Peaches / Fresh Fruit NO HOT COMBO	10 Mini Perogies, Mozzarella Sticks & Boneless Chix Wings / Marinara Sauce Steamed Broccoli Baby Carrots Fruit Mix / Fresh Fruit STEAK SANDWICH	11 Chili / Cornbread Cheese Crunchers Steamed Broccoli Glazed Carrots Cauliflower Florets Mandarin Oranges / Fresh Fruit TURKEY & CHEESE MELT	12 Buffalo Chicken Pizza Steamed Green Beans Romaine Tossed Salad Roasted Garbanzo Beans Pears / Fresh Fruit CHEESEBURGER	13 Chicken Tenders w / WG Roll Macaroni and Cheese Steamed Peas Cucumber Coins Apple Slices / Fresh Fruit NO HOT COMBO
16 Pizza Sticks/Marinara Sauce Glazed Carrots Roasted Garbanzo Beans Tossed Romaine Salad Applesauce / Fresh Fruit NO HOT COMBO	17 Chicken Alfredo / WG Garlic Knot Steamed Green Beans Green Pepper Slices Pineapple Tidbits / Fresh Fruit HAM & CHEESE MELT	18 Teriyaki Beef Dippers Steamed Brown Rice Stir Fry Veggie Blend Grape Tomatoes Strawberry Cups / Fresh Fruit BUFFALO CHICKEN SANDWICH	19 Walking Taco Lettuce/Tomatoes/Cheese Cup Tex Mex Veggies Baby Carrots Pears / Fresh Fruit NO HOT COMBO	20 EARLY DISMISSAL Mickey's Pizza Fresh Veggie Bar Fresh Fruit NO HOT COMBO
23 NO SCHOOL	24 Buckskin Bowl / WG Roll Steamed Broccoli & Cauliflower Cucumber Coins Strawberry Cups / Fresh Fruit NO HOT COMBO	25 Sweet & Sour Chicken w/ Fried Rice Mini Egg Roll & Fortune Cookie Steamed Stir Fry Veggies Cauliflower Florets Pineapple Tidbits / Fresh Fruit PORK BBQ SANDWICH	26 Three Cheese Cavatappi Italian meatballs w/ Marinara Steamed Tuscan Blend Green Pepper Slices Fruit Mix / Fresh Fruit GRILLED CHICKEN SANDWICH	27 Cheeseburger on WG Roll French Fries Baked Beans Baby Carrots Applesauce / Fresh Fruit NO HOT COMBO
30 Chicken Nuggets / WG Dinner Roll Mashed Potatoes and Gravy Steamed Broccoli Baby Carrots Apple Slices / Fresh Fruit NO HOT COMBO				Fruit Bar - Apples, Bananas, Oranges, Pears, Grapes, Seasonal Fruits and Dried Fruits Fresh Veggie Bar – Bell Peppers, Broccoli, Cauliflower, Tomatoes, Celery, Baby Carrots, Mini Salads, Cucumbers

Daily Salad Option may include: Vegetarian, Buffalo Chicken, Grilled Chicken, Chef, Italian, Cobb, and Seasonal Favorites.

Salad Ingredients may include: Mixed Greens (Iceberg, Spinach, Spring Mix, Romaine). Bell Pepper, Broccoli, Carrot, Cauliflower, Celery, Cucumber, Olives (green or ripe), Onion (red or white), Radish and Tomato. Craisins and Mandarin Oranges. Cheese (cheddar and mozzarella), Egg, Chicken, Ham, Turkey, and Pepperoni. WG Roll w/Butter and Croutons.

***ALL Meals offer:** Meat/Meat Alt., Whole Grains, Vegetable, Fruit, Milk