

Prices 2024-2025
 Student \$2.90
 Reduced FREE
 Adult \$5.00
 Milk .70

**Conestoga Valley HS
 August 2024
 Lunch**

Prepared by CVSD 556-0025
 *Menu subject to change.
 Fat Free Flavored Milk Served Daily
 All Meals Include – Meat/Meat Alt.,
 W. Grain, Vegetable, Fruit, Milk

Monday	Tuesday	Wednesday	Thursday	Friday
Fruit Bar - Apples, Bananas, Oranges, Pears, Grapes, Seasonal Fruits and Dried Fruits Fresh Veggie Bar – Bell Peppers, Broccoli, Cauliflower, Tomatoes, Celery, Baby Carrots, Mini Salads, Cucumbers			1	2
5	6	7 WELCOME BACK!!!	8	9
12	13	14	15	16
19	20	21	22	23
26 Cheeseburger on WG Roll French Fries Baked Beans Baby Carrots Applesauce / Fresh Fruit NO HOT COMBO	27 Three Cheese Cavatappi Italian Meatballs w/ Marinara Vegetarian Blend Veggies Green Pepper Slices Fruit Mix / Fresh Fruit GRILLED CHICKEN SANDWICH	28 Sweet & Sour Chicken w/ Fried Rice Egg Roll and Fortune Cookie Stir Fry Veggies Broccoli Florets Pineapple Tidbits / Fresh Fruit PORK BBQ SANDWICH	29 Buckskin Bowl / WG Roll Steamed Broccoli & Cauliflower Baby Carrots Pears / Fresh Fruit NO HOT COMBO	30 EARLY DISMISSAL Mickey's Pizza Roasted Garbanzo Beans Fresh Veggie Bar Fresh Fruit NO HOT COMBO

Daily Salad Option may include: Vegetarian, Buffalo Chicken, Grilled Chicken, Chef, Italian, and Seasonal Favorites.

Salad Ingredients may include: Mixed Greens (Iceberg, Spinach, Spring Mix, Romaine). Bell Pepper, Broccoli, Carrot, Cauliflower, Celery, Cucumber, Olives (green or ripe), Onion (red or white), Radish and Tomato. Craisins and Mandarin Oranges. Cheese (cheddar and mozzarella), Egg, Chicken, Ham, Turkey, and Pepperoni. WG Roll w/Butter and Croutons.

***ALL Meals offer:** Meat/Meat Alt., Whole Grains, Vegetable, Fruit, Milk

