

GLP and EE Mental Health Resources

Talking to Kids About the Coronavirus/Social Stories:

SSWN: [How to Talk to Your Kids About Coronavirus](#)

PBS: [How to talk to your Kids about Coronavirus](#)

Social and Emotional Resources:

[SEL Resources for Parents, Educators & School Communities Related to COVID-19](#)

[Mental Health and Coping During COVID-19](#)

Social and Emotional Worksheets and Videos:

[SEL Online Lessons](#)

[Take Home SEL Packet](#)

[Grades K-2 Daily SEL Lessons](#)

[Grades 3-5 Daily SEL Lessons](#)

[Our Neighborhood](#)

Yoga & Mindfulness:

[Cosmic Kids Yoga](#)

[5 Mindfulness Apps for Children](#)

Outside Resources:

Best Self Behavioral Health

140 Pine St, Hamburg, NY 14075

(716) 646-4991

<https://www.bestselfwny.org/>

EDEN-NORTH COLLINS FOOD PANTRY

OPEN Wednesdays 1pm-5pm

2059 Franklin St, NORTH COLLINS NY 14111

Phone(716)374-5683