BREAKFAST: Toast or Pop Tart & Cereal offered daily. Includes choice of milk.
LUNCH: Includes entrée, vegetable, fruit & choice of milk.

12 BREAKFAST
Mini Pancakes
Bites
OR
Pop Tart & Cereal
Craisins
Fruit Juice

LUNCH
Chicken Alfredo
Garlic Toast
Green Beans
California Blend
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

13 BREAKFAST
Dutch Waffle w/
Sausage Link
OR
Toast & Cereal
Raisels
Fruit Juice

LUNCH
Hamburger/Cheddarburger
French Fries
Baked Beans
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

14 BREAKFAST
Breakfast Pizza
OR
Toast & Cereal
Craisins
Fruit Juice

LUNCH
Chicken Tenders
Wheat Roll
Mashed Potatoes
w/Cream Gravy
Bamboo Blend
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

15 BREAKFAST
French Toast & Scrambled Eggs w/Cheese
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Sweet/Sour Chicken
Wheat Roll
Steamed Broccoli
Crand Cut Carrots
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

16 BREAKFAST
Bagel Filled w/Cream Cheese
OR
Pop Tart & Cereal
Craisins
Fruit Juice

LUNCH
Pepperoni Pizza/Cheddar Cheese
Whole Kernel Corn
French Fries
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

19 BREAKFAST
Fruit Filled Frudel Strudel
OR
Pop Tart & Cereal
Craisins
Fruit Juice

LUNCH
Beef/Cheese Nachos
Refried Beans
French Fries
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

20 BREAKFAST
Scrambled Eggs w/Biscuit
w/Cream Gravy
OR
Toast & Cereal
Raisels
Fruit Juice

LUNCH
Crispy Chicken Sandwich
French Fries
Whole Kernel Corn
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

21 BREAKFAST
Mini Cinnamon Crumb Loaf
OR
Toast & Cereal
Craisins
Fruit Juice

LUNCH
Steak Fingers
Mashed Potatoes
w/Cream Gravy
Green Beans
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

22 BREAKFAST
Waffles w/ Strawberries & Cream
OR
Pop Tart & Cereal
Raisels, Fruit Juice

LUNCH
Spaghetti w/Meat Sauce
Garlic Toast
Steamed Broccoli
Corn on the Cob
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

23 BREAKFAST
Cinnamon Roll w/String Cheese
OR
Toast & Cereal
Craisins
Fruit Juice

LUNCH
Chili Frito Pie
Wheat Roll
Tater Tots
California Blend
Fresh Vegetable of the Day
Fruit Cup
Fruit Juice

*Contains Pork
Fresh fruit offered daily
Menu Subject to change due to product availability

In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color, national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. Program information may be made available in languages other than English. Persons with disabilities who require alternative means of communication to obtain program information (e.g., Braille, large print, audiotape, American Sign Language) should contact the responsible state or local agency that administers the program or USDA’s TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at (800) 877-8339.

To file a program discrimination complaint, a Complainant should complete a Form AD-3027, USDA Program Discrimination Complaint Form which can be obtained online at: https://www.usda.gov/sites/default/files/documents/USDA-OAS%20Order%20Process%20Form-06-08-0002-000-11-28-17.pdf. If you are writing a letter addressed to USDA, you must name USDA, write a clear statement of your specific problem, and include a description of the actions you want USDA to take to rectify the problem. For more information about program disclosure, write to USDA, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410, or call (800) 877-8339. This institution is an equal opportunity provider.

HEB
Hurst - Euless - Bedford
Independent School District

2024 AUGUST
<table>
<thead>
<tr>
<th>Date</th>
<th>Breakfast Options</th>
<th>Lunch Options</th>
</tr>
</thead>
<tbody>
<tr>
<td>26</td>
<td>Mini Cinnis OR PopTart &amp; Cereal</td>
<td>Soft Beef Tacos Mexican Rice California Blend Ranch Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
<tr>
<td>27</td>
<td>Pancakes &amp; Scrambled Eggs OR Toast &amp; Cereal Raisels Fruit Juice</td>
<td>Hamburger/Cheeseburger French Fries Bahama Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
<tr>
<td>28</td>
<td>Chocolate Filled Crescent OR Toast &amp; Cereal Raisels, Fruit Juice</td>
<td>Crispy Chicken Drumstick Wheat Roll Mashed Potatoes w/Cream Gravy Green Beans Fresh Vegetable of the Day Fruit Cup, Fruit Juice</td>
</tr>
<tr>
<td>29</td>
<td>Chicken Biscuit Sandwich OR PopTart &amp; Cereal Raisels, Fruit Juice</td>
<td>Macaroni &amp; Cheese w/ Fish Nuggets and Hushpuppies Steamed Broccoli Bahamas Blend Fresh Vegetable of the Day Fruit Cup, Fruit Juice</td>
</tr>
<tr>
<td>30</td>
<td>Glazed Donut w/ String Cheese OR Toast &amp; Cereal Raisels, Fruit Juice</td>
<td>Fiestada Pizza French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
<tr>
<td>3</td>
<td>French Toast Bites OR Toast &amp; Cereal Raisels, Fruit Juice</td>
<td>Breaded Mozzarella Cheese Sticks w/ Marinara Dip French Fries Steamed Broccoli Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
<tr>
<td>4</td>
<td>Breakfast Taco w/ Eggs &amp; Bacon OR Toast &amp; Cereal Raisels, Fruit Juice</td>
<td>Chicken Tenders Wheat Roll Mashed Potatoes w/Cream Gravy Ranch Beans Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
<tr>
<td>5</td>
<td>Sausage w/ Biscuit &amp; Gravy OR PopTart &amp; Cereal Raisels Fruit Juice</td>
<td>Beef Lasagna Garlic Toast Green Beans California Blend Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
<tr>
<td>6</td>
<td>Breakfast Taco w/ Eggs &amp; Bacon OR Toast &amp; Cereal Raisels, Fruit Juice</td>
<td>Pepperoni Pizza/Cheese Pizza French Fries Whole Kernel Corn Fresh Vegetable of the Day Fruit Cup Fruit Juice</td>
</tr>
</tbody>
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