

# CRYSTAL LAKE CENTRAL HIGH SCHOOL

## Home of the Tigers

### Fall Head Coaches

Sport	Head Coach	Email Address	Tryouts/Practice Begins
Football	Dirk Stanger	dstanger@d155.org	August 12th
Boys Cross Country	Bill Eschman	weschman@d155.org	August 12th
Girls Cross Country	Brett Willhoit	bwillhoit@d155.org	August 12th
Boys Golf	Matt LePage	mlepage@d155.org	August 12th
Girls Golf - CLC Coop	Kyle McCaughn	kmccaughn@d155.org	August 13th
Boys Soccer	Leah Rutkowski	lrutkowski@d155.org	August 12th
Girls Swimming - CLS Coop	John Valentine	jvalentine@d155.org	August 12th
Girls Tennis	Cory Osterberg	costerberg@d155.org	August 12th
Girls Volleyball	Amy Johnson	ajohnson@d155.org	August 12th

### Fall/Winter Head Coaches

Sport	Head Coach	Email Address	Tryouts Begin
Cheerleading	Alexa Kritikos	akritikos@d155.org	April 22nd
Dance Team	Isabelle Yumping	iyumping@d155.org	April 29th

### Winter Head Coaches

Sport	Head Coach	Email Address	Tryouts/Practice Begins
Boys Basketball	Dan Oziminski	doziminski@d155.org	November 11th
Girls Basketball	Joe Capalbo	jcapalbo@d155.org	November 4th
Wrestling	Justen Lehr	jlehr@d155.org	November 11th
Boys Indoor Track	Brian Seaver	bseaver@d155.org	January 20th
Girls Indoor Track	Brett Willhoit	bwillhoit@d155.org	January 20th
Girls Gymnastics - PR Coop	Lee Battaglia	jandlbattaglia87@gmail.com	November 11th
Boys Swimming - CG Coop	Scott Lattyak	slattyak@d155.org	November 25th

### Spring Head Coaches

Sport	Head Coach	Email Address	Tryouts/Practice Begins
Baseball	Cal Aldridge	caldridge@d155.org	March 3rd
Boys Track	Brian Seaver	bseaver@d155.org	March 3rd
Boys Tennis	Cory Osterberg	costerberg@d155.org	March 3rd
Girls Soccer	Leah Rutkowski	lrutkowski@d155.org	March 3rd
Girls Track	Brett Willhoit	bwillhoit@d155.org	March 3rd
Softball	Brian Strombom	bstrombom@d155.org	March 3rd
Girls Lacrosse - CLC Coop	Joe Capalbo	jcapalbo@d155.org	March 3rd
Boys Lacrosse	Leo Zimmerman	lzimmerman@d155.org	March 3rd



Athletic Director: Dave Shutters	dshutters@d155.org
Fall Asst. AD: Dan Badgley	dbadgley@d155.org
Winter Asst AD: Matt MacCrindle	mmaccrindle@d155.org
Spring Asst. AD: Laura Jensen	ljensen@d155.org
Spring Asst. AD: Dan Aloisio	daloisio@d155.org
Athletic Secretary: Brandee Iversen	biversen@d155.org
Athletic Trainer: Danielle Tebbe	dtebbe@d155.org