



Our Program:

We inspire girls to be joyful, healthy and confident using a fun, experience-based curriculum which creatively integrates running. Our program is offered for girls in grades 3-5 (Girls on the Run) or 6-8 (Heart & Sole); check our website for your school program.

Our Season: March 28 – June 5

If your school is on spring break the week of 3/28 you will start 3/21; check with your coach for details.

GOTR 5k is Sunday, June 5 at 9:30 AM at University at Buffalo - North Campus.

Our Registration: *15 girls per team*

NEW - LOTTERY REGISTRATION: CHECK WEBSITE FOR FULL DETAILS

- Lottery registration week will begin on March 1 at 9 AM and end on March 8 at 9 AM (NO EXCEPTIONS).
- A random computer-generated lottery will be run for all schools on March 8.
- You will receive an email that you have been selected, and your credit card will be charged.
- If a program is not full after lotteries are run, the registration will re-open on March 9 and participants will be accepted on a first come, first serve basis until the team is full.

Our registration fee: \$150 per girl – includes 10 weeks, 5k registration, healthy snack and more!

- Financial aid available - apply online when registering

- BCBS Wellness Benefit & Independent Health flex fit debit accepted (if applicable)

www.gotrbuffalo.org for all program details and registration information!

EDEN ELEMENTARY SCHOOL

TUESDAYS AND THURSDAYS - 3:00-4:30 PM

GRADES 3-5

Fall season:

September 8-November 13

GOTR 5k, November 8th



For registration or more information

www.gotrbuffalo.org

716-873-2221