

# Join **Girl Scouts** today! **It's out of this world!**

## **Who do you want the girl in your life to become?**

Whether she is 5 or 17, you want her to become self-confident, strong, and compassionate. You want her to respect herself and others, make good decisions, be open to new challenges and adventures, and use her skills and talents to make the world a better place. You want her to build strong friendships, be a leader, and put her values into practice in her everyday life. You want her to become her best self.

## **Belonging to Girl Scouts sets girls on a lifelong path to lead with:**

- **COURAGE** by speaking out on issues important to them and exercising community leadership.
- **CONFIDENCE** by focusing on their strengths and using them to make a difference.
- **CHARACTER** by acting with integrity and compassion.

## **Volunteers are the heart of Girl Scouts.**

Volunteers inspire our girls to grow, develop, and try new things. Girl Scouting is truly a team effort of girls, families, and volunteers working together. To lead, no special skills or experience is required – just an interest in helping girls reach their fullest potential! Training and ongoing support provided.

## **The Girl Scout Leadership Experience incorporates three “keys” of leadership:**

- **DISCOVER:** Girls get to know themselves and their values, using their knowledge and skills to explore the world.
- **CONNECT:** Girls work together with others, both locally and globally.
- **TAKE ACTION:** Girls act to make the world a better place.

## **LET'S BLAST OFF!**

To begin this exciting Girl Scout journey, visit [gswny.org](http://gswny.org) to register online or request further information. Girl can join Scouts once they are in Kindergarten. Contact us at 1.888.837.6410 or [customercare@gswny.org](mailto:customercare@gswny.org) and we'll happily answer any questions that you may have.



## Joining Girl Scouts is EASY!

Go to [gswny.org](http://gswny.org), click join, and complete the interest form. We'll contact you about how she can become a Girl Scout or email [customercare@gswny.org](mailto:customercare@gswny.org) for more information.

## Want to learn more about Volunteering?

With Girl Scouts she can go as far as her imagination will take her and you can be there, right by her side. As a Girl Scout volunteer, you'll not only be the role model that gets to show her something new, you get to share those memorable moments with other girls, too! With our digital resources, training and one-on-one support, you'll be ready to join the fun with your daughter.

## Get ready for the TIME OF YOUR LIFE!!

*Change her life and yours...*



of Girl Scout volunteers say Girl Scouts helps them learn new skills and share them with others.



of Girl Scout volunteers say being a part of Girl Scouts has helped them professionally.



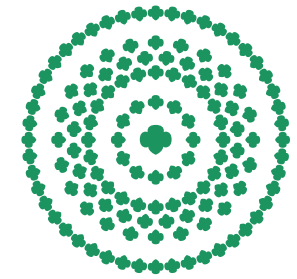
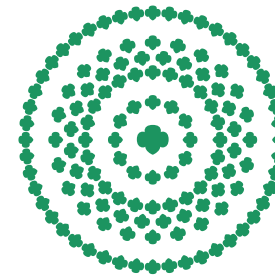
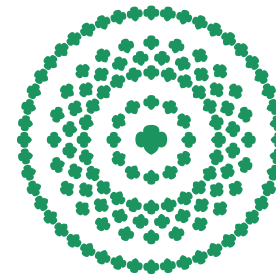
of Girl Scout volunteers say they've made new friends while volunteering with us.



of Girl Scout volunteers say volunteering with us helps them stay active.

## Volunteer with Girl Scouts today!

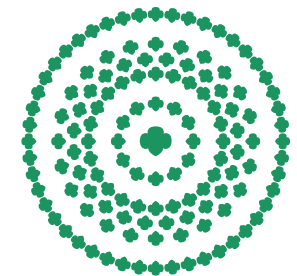
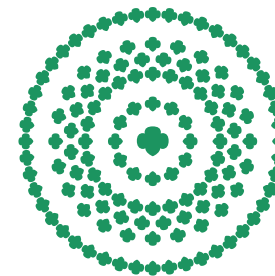
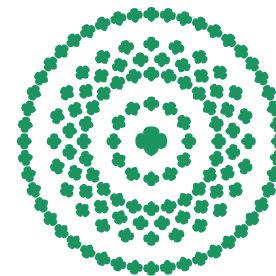
Contact us for more information about Girl Scouts:  
[customercare@gswny.org](mailto:customercare@gswny.org)



# Kindergarten Here We Come!

# 5

## ways to get ready for Kindergarten



# 5 Ways to Get Ready for Kindergarten

Pencils, backpacks, and school buses. New friends, new teachers and a brand new schedule every morning. Starting school brings a lot of change for both you and your child. But there are a few simple things you can do to help them walk through doors on their first day not only ready to learn, but with a big smile and a sense of confidence.

**Here are 5 ways to prepare her for a happy, safe (and fun) start to their first-ever school year:**

- 1. A little independence goes a long way.** Start with some basics. Can she put on and take off shoes? Zip up her coat? Does she know how to navigate the bathroom independently? And remember, tights are tough. So is anything with lots of complicated zips, buttons and snaps. Kindergarten is a place to play, run, climb and learn, so dress for ease and comfort as she learns her new space.
- 2. Get to know the school.** Many schools set aside a day to let you get familiar with the classroom, so take advantage of the opportunity or ask to schedule a special visit. Get beyond the classroom—show your child the hallways, the bathroom and other important places like the library and the playground.
- 3. Do a practice run.** A few days before school starts, set the alarm for the new wake up time, visit the bus stop, or walk the route to school.
- 4. Take turns telling a story with your girl.** Tell a piece of the story as your child listens and ask her to pick up where you left off. It's not only fun, but also really develops the listening and communication skills that will give her a smooth transition into kindergarten. Reading bedtime stories is helpful, too. Try stories and books about kindergarten, as the first day gets closer.
- 5. Kindness counts.** Reinforce the skills that will help her make new friends by letting her know when you see those behaviors in action. Maybe she shared with a younger sibling or noticed someone was sad and tried to cheer them up? Let her know what a nice thing she did. And when kids aren't kind: Make sure she's just as comfortable as her brother is speaking up for herself and being her own advocate.

**Joining Girl Scouts will give her the confidence and skills to adjust to new situations, like kindergarten.**

**Here's what parents/caregivers say about Girl Scouts:**

**With Girl Scouts she will:**

- Discover a world full of fun experiences and new activities
- Boost her confidence and help her make a whole bunch of new friends
- Find a safe all-girl place to explore her interests and learn new skills

**Happiness!**  
**89%**  
of parents and caregivers say the special girl in their lives is happier.

**90%**  
of parents and caregivers say their girl has more new experiences with us than other extracurricular activities.  
**Experience!**

**Confidence!**  
**90%**  
of parents and caregivers say their girl's confidence has improved.

**95%**  
of parents and caregivers say their girl has made new friends.  
**Fun!**

## Girl Scouts are more likely than non-Girl Scouts to ...



**SOURCES:** More Than S'mores: Successes and Surprises in Girl Scouts' Outdoor Experiences, 2014; How Girl Scouting Benefits Girls, 2014; Financial Empowerment, 2014; Girl Scout Worldview Report, 2015