

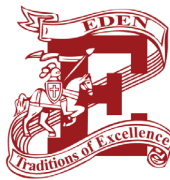
Eden Central School Newsletter

Published by the Board of Education

VOL. 46

FEBRUARY 2009

NO. 4



Embrace
Educate
Empower

LOOK FOR
CONTINUING
EDUCATION
INFORMATION
INSIDE THIS ISSUE!!

Dear Friends of the Eden Central School District:

I hope that you were able to have a safe, restful and enjoyable holiday season and a good start to the New Year.

The Eden Central School continues to work to provide the best educational opportunity that it can for all students. The winter sports season is reaching its end with spring just around the corner. The 3-8 New York State English Language Arts Assessments are complete, and students and teachers did their very best. Several new academic programs and an academic progress reporting system have been implemented and seem to be working well. The spring Musicals are well underway. The faculty, staff and students continue to give their best.

It is at this time of year, that we begin our planning for next year. The Board of Education, faculty and staff began working on next year's school budget. As you are all aware, this year will be one filled with large challenges, due to the state of the New York State and national economy. The Governor has proposed a major cut in education funding for next year. This cut for the Eden Central School District equates to \$1,064,000. This cut is extremely large for a district our size. It will take team work, hard work, and trust on the part of the Board of Education, administration, faculty, staff, and all of the community to effectively meet this steep challenge, while balancing what is best for kids and what is best for the taxpayer. You have our commitment to continue to work to achieve this balance.

I am often asked by faculty, staff, parents and community members, "What can I do to help?" I always encourage people to communicate with their state and federal elected representatives. This cut is large and could have an adverse effect on our community. We must encourage them to look at the impact such a cut could have on the students of New York State. Secondly, I would ask you to trust that by working together, the Board of Education, administration, faculty and staff will develop a budget that truly balances what is good for kids with what is right for taxpayers. If you have questions, please don't hesitate to ask. If you have ideas, don't hesitate to propose them. Working together, we will be able to maintain the philosophy, mission and high standards of one of the best school districts in Western New York - Eden.

I wish you all the best as we close out winter and look forward to the sunshine and warmth of the spring.

Sincerely,

Ronald K. Buggs

ENERGY DRINKS DID YOU KNOW...

There are sports drinks, energy drinks and energy drinks which contain anywhere from 6 - 12% alcohol and are infused with caffeine, ginseng and guarana.

Red Bull, Venom, Adrenaline Rush, 180, ISO, Sprint and Whoopass contain caffeine and other stimulants. Tilt, Joose, Sparks, 3 Sum, Four, Rockstar 21, 24/Seven, Liquid Charge and Torque contain alcohol. Do you know if your children drink any of these beverages?

Reports indicate that hospital emergency rooms have seen cases involving children because of the consumption of these beverages. Increased heart rate and blood pressure can be difficult for young people. These drinks can also cause dehydration and disrupt sleep.

Energy drinks should not be used during exercise. The loss of fluid from perspiration combined with the diuretic property of caffeine can cause severe dehydration. When these drinks are combined with alcohol, the potential dangers increase significantly. Alcohol is a depressant. The term "alcoholic energy drink" is an oxymoron. Research shows that a drunk person plus caffeine still equals a drunk person.

Brewers are targeting youth with their marketing strategies by:

- * Creating brand confusion with nonalcoholic versions;
- * Providing a cheap alternative to mixing energy drinks with alcohol; and
- * Deploying youth-friendly grassroots marketing.

Five hundred new energy drink products were introduced worldwide in 2006. Energy drink sales were \$3.2 billion. Thirty-one percent of 12-17 year olds are regular consumers vs. twenty two percent of 25-34 year olds.

Know what your children are drinking, and know what the associated health risks are. Read the labels - get the facts!

Eden Elementary Presents -

TREASURE ISLAND

Thursday, April 2, 2009 - 7:30 pm
Friday, April 3, 2009 - 7:30 pm
Saturday, April 4, 2009 - 7:30 pm

EDEN JR/SR HIGH SELECTS NOVEMBER ATHLETES OF THE MONTH

By Colleen Kot

The following athletes have been chosen by their coaches as athlete of the month: Janine Benkelman, Volleyball; Kayla Maxon, Cheerleading; and Larissa Dobson, Swimming.

In volleyball, Janine has worked hard this month in practice and performed very well during the playoff run, especially in the Far West Regional match and at the State Tournament. She is an all-around great player.

As one of the cheerleading co-captains, Kayla is an asset to the squad. She comes early and stays late. She helped her team earn 3rd place at the UB Spirit Competition and 4th place at the ECIC competition. Kayla was awarded the ECIC all star honor.

In swimming, Larissa was chosen because she is a very hard worker and is always trying to improve herself. Throughout this year's season, Larissa broke many of her personal best times. At the Section VI Championships, Larissa broke two school records. She was part of the 200 Medley Relay that placed 6th in the section and set the school record of 1:57.11. She also placed 5th in the 100-yard breaststroke and broke the school record with a time of 1:10.70, which is a tenth of a second short of the state qualifying time. Congratulations on a great season.



Pictured: Kayla Maxon and Larissa Dobson.
Missing from picture is Janine Benkelman.

He that would live in peace and at ease must not
speak all he knows or all he sees.

Benjamin Franklin

EDEN ELEMENTARY ALL-COUNTY STUDENTS

Twenty-one instrumentalists from Eden Elementary School auditioned for the 2009 Erie County Band and Orchestra. Many months of hard work go into preparing a solo, scales and sight-reading. We applaud these students for their dedication and commitment and thank them for representing our school so well!

Row 1: Alexis Marchitte, Krissy Kane, Allison Laedke, Madison Frew, Kelsey Gilbride, Paige Hirsch, Ashlee Landahl.

Row 2: Anna Wightman, Matthew Bratek, Ed Koester, Amanda Miller, Alex Bianchi.

Row 3: Lauren Gugino, Erin Rogers, Sarah Rennells, Declan Pierce, Austin Keppler, Brandon Cavarello, Daniel Mack.

Missing from photo: Hannah Braunscheidel and RJ Inserra III.

It will be a great honor for these Eden Elementary 6th grade musicians to perform in the 2009 All-County Orchestra and Chorus. They will practice with other musicians from all over Erie County, and on Saturday, March 7th perform a concert at Kleinhans Music Hall. Congratulations!

Row 1: Brandon Cavarello, Daniel Mack, Austin Keppler.

Row 2: Lindsay Dingman, Alexandria Zydel, Lillian Harrington, Ceara Chatwood, Sabrina Kraska.

Row 3: Brianna Tutska, Christa Greiner, Nick Wilder.

Missing from photo: Nicholas Goetz and Carly Nasca.

These are students of Annette Bahun, Denise Uhlman and Mark Vona.



NEWS FROM THE ART DEPARTMENT

By Lisa Alessi Nicastro

Once again this year, Eden High School Advertising and Drawing students participated in the annual Ad Craft Competition, which was sponsored by Metro Group. Ad Craft is a locally sponsored contest, which appears in all area news publications, such as the Hamburg Sun. This program is an exciting and useful way for students to gain experience in print advertising, as well as, gain recognition for their design ideas and craftsmanship. Ten students worked to create ads for sixteen local businesses. The Hamburg Sun printed the ads in January and will print them again when they announce the winners in February.

The Musical Logo contest sponsored by the Music Department is also underway among both Studio and Advertising students. The winner was chosen in January and a \$100 prize was issued to Arissa Reimondo.

In October, Studio in Art classes traveled to the Albright-Knox Art Gallery with expenses paid by Blue Cross and Blue Shield. Students were introduced to the work of contemporary artist, Megan Greene and returned to the classroom to create a project based upon her dramatic white-tone drawings on black paper. Upon completion of the project in the art studio, I thought it would be interesting to make contact with Megan Greene to ask questions and show her our student projects. Amazingly, she flew from New York to give a presentation on Wednesday, November 26th to art students in the high school auditorium. Students viewed a larger body of her work, learned of her thought process, techniques, and were able to ask questions and show her their work. It was a fantastic experience for the students.

EDEN ELEMENTARY STUDENTS OF THE MONTH

Eden Elementary announced the students of the month for December.

Grade 3: Merrick Allen, Brandon Gregoire, Melissa Morano, Caitlin Pontonio, Caroline Winiecki.

Grade 4: Walker George, Austin Feasley, Owen Krouse, Marissa Sorrentino, Lisa Unger.

Grade 5: Hannah Braunscheidel, Emily Gard, Karli Morrill, Macy Overhoff, Gabrielle Sandel, Emily Sullivan.

Grade 6: Kailey Ballou, Christa Greiner, Samantha Larson, Patrick Lawrence, Gretchen Stocksclaeder, Kathryn Webber.

HENRY SIGNS WITH NORTH CAROLINA

Heather Henry, 6' 1" hitter, signed a Letter of Intent to play volleyball at the University of North Carolina of the Atlantic Coast Conference next fall. She chose UNC over several other schools that had been attempting to recruit her. Heather has been a three-time All Western New York selection.

In addition to her achievements at the high school level, Heather was also well known for her consistently excellent play in national tournaments as a member of the Niagara Frontier Volleyball Club.

Heather joined the Varsity team as a starter in her freshman year. In her sophomore and junior years, she was part of the state title winning teams. During her senior year, Eden was voted into the top 20 of a national poll at Prepvolleyball.com



Pictured - Row 1: Mrs. Sherry Henry, Heather Henry, Mr. Brian Henry. Row 2: Mr. Marc Graff, Principal, Mrs. Amy Banks, Guidance Counselor and Coach Stephen Pierce.

HOLIDAY GIFT GIVING

Upon returning from the holiday recess, Mrs. Engle's students were invited to show and share their favorite Christmas gift.

One of her students, Mattason Woodard, presented her favorite, not as a gift received, but as a gift given.

The following was written by Mattason Woodard and submitted by Mrs. Sue Engle.

"My favorite part about Christmas is going to the hospital and giving gifts. I collected over twenty gifts to give to the kids in the hospital. When I got there, I met a lady, and she showed me around the hospital. I gave toys out to sick kids who had to stay for Christmas Eve and Christmas Day. My sister and I each had a toy, and they could choose one. They said thank you when they got the gifts. When they said thank you, I felt good inside, but I feel bad that they had to stay on Christmas Eve and Christmas Day. My sister and I saw children, older kids, and babies. I had a great time giving gifts at the hospital."



Pictured: Brooke Woodard and Mattason Woodard visiting with a patient at Children's Hospital.

ATTENTION

A workshop for prospective school board members sponsored by Erie County Association of School Boards will be held on Saturday, March 28, 2009 - 8:30 am - 12:00 pm at Erie 1 BOCES, 355 Harlem Road, West Seneca in Conference Room B1.

Learn the legal and human issues of school board leadership from a school attorney, a veteran board member, a first-year board member and a Superintendent. To register for this free workshop, please call the Erie County Association of School Boards at 821-7297 or e-mail snowak@e1b.org

SPECIAL EDUCATION UPDATE

By Shawn Johnson

I am writing to inform you of new Federal and State requirements regarding special education services for parentally placed nonpublic school children. These changes may affect how your child receives special education services. The most important change is that the school district where the nonpublic school is located will now be responsible for individual evaluations and development of individualized education programs (IEPs) for students with disabilities, including conducting the Committee on Special Education (CSE) meetings, and for providing special education services to students with disabilities who are parentally placed in nonpublic schools. The following information is important for you to know:

* Beginning with the 2007-08 school year, if you have placed your child in a nonpublic school and while the child is enrolled in that school, you suspect that the student has a disability, you must contact the school district where the nonpublic school is located to request an evaluation to determine your child's eligibility for special education services.

* We must have your written consent in order for us to provide information (such as your child's IEP) to the school district where the nonpublic school is located.

* If you place your child in a nonpublic school and wish your child to receive special education services while enrolled in that school, you must request those services in writing no later than June 1 before the school year in which services are to be provided. This year, you should request services from us and with your written consent, we will forward that request to the school district responsible to provide the special education services to your child. (We will not require you to have requested services by June 1 if your child is first identified as needing special education services or if you moved into the district between June 1 of this year and April 1 of next year.)

* If the nonpublic school where you place your child is located within the geographic boundaries of another public school district, the public school district in which the nonpublic school is located will arrange for and provide the recommended services for your child. The personnel and locations for the delivery of those services will be determined by that school district. Federal and State law require this.

* If the nonpublic school where you place your child is located in another state, your child may not be entitled to all of his/her IEP services.

* Transportation requests from your child's home to the nonpublic school should continue to be submitted to the school district where your child legally resides by April 1 of the school year before transportation is to be provided.

EMPLOYEES OF THE MONTH NAMED



Lorry Malkowski, 6th Grade Teacher, and Sue Waszak, Pupil Personnel Department Secretary, were chosen as Employees of the Month for December. Congratulations to both!

HOST FAMILIES NEEDED FOR A.F.S. STUDENTS

We are currently looking for families interested in hosting a foreign exchange student for the 2009-2010 school year. This is an incredible opportunity to open your home and share your life with an individual from another culture. Our students are usually affiliated with AFS (American Field Service), and we hope to have at least two students here next year.

We need your help! If you have ever wanted to host a student, please contact us immediately. Since it is early enough, we still have the ability to try to match your requests for a student from a specific country; however, we need your input now in order to make that match.

If interested, please contact Mrs. Nicole Janowsky, Foreign Student Coordinator -- 992-3600.



ROLL UP YOUR SLEEVES-- IT'S TIME FOR ART!

By Mary Ellen Bossert

My 2nd grade artists are busy creating Kachina Doll Sculptures inspired by the Hopi Indians of the South West. The construction of these sculptures starts with recycled materials such as coffee creamer containers and cardboard tubes that the artists and families have donated over the years. The forms are taped together with a tin foil covering and then Papier Mache is applied. One day in December, parent volunteers rolled up their sleeves and happily joined in on this messy, fun filled process. The dolls will dry and then be painted with Hopi Indian designs. Each sculpture was created with a specific solution to a world crisis or social issue. For example, one doll might have its arms raised to hold a tree to symbolize the importance of planting trees to help air pollution. Another might be positioned with arms on its hips to represent bullying and the affects it has on others.

As I was introducing the concept of having their dolls represent a wish or solution, Samantha Mason from Mrs. King's class suggested that each doll hold a wish inside of them. So we wrote our wishes on small pieces of paper, and they were placed inside the openings of the containers that served as the doll's body before they were Papier Mached closed. When the dolls are shaken, you can hear their wish!

These Kachina Doll Sculptures are just one of the many ways in which my Disciplined Based Art Education program here at the G.L.P. can create real life connections and enhance cultural awareness (not to mention... create excitement!)



Pictured: Olivia Jarmusz and Michael Scheu with Art Teacher, Mrs. Bossert and Mrs. Scheu.

THE HALLS WERE ALIVE WITH THE SOUND OF MUSIC!

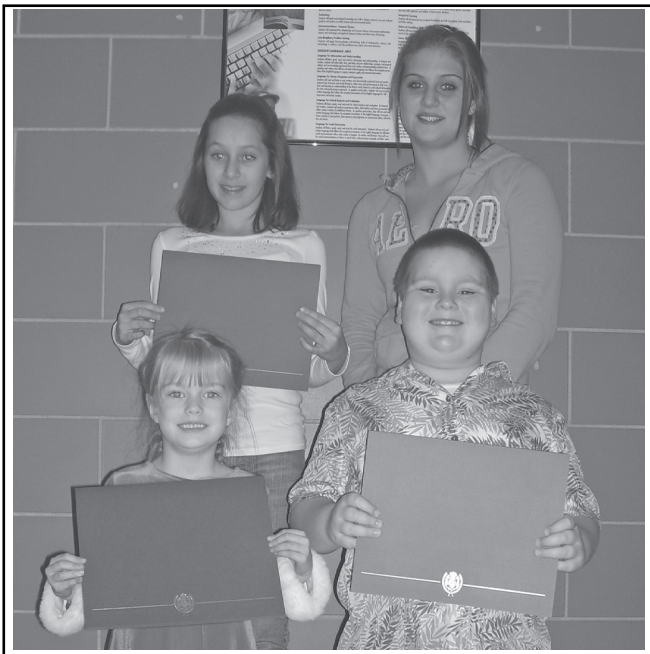
By: Denise Uhlman

On Thursday, December 18th fifth and sixth grade string students gathered in the front foyer of Eden Elementary School to serenade staff and students as they entered the building. This before school concert featured many traditional Christmas carols. It was an extraordinary way to start off the day! Bravo 5/6 strings!!



CHARACTER AWARD WINNERS FOR DECEMBER

Character Awards were presented to Row 1: Brooke Woodard and Scott Edwards; and Row 2: Caitlyn Leyh and Larissa Dobson at the Board of Education Meeting on December 17th.



If you take responsibility for yourself, you will develop a hunger to accomplish your dreams.

Les Brown

**EDEN CENTRAL SCHOOLS
CONTINUING EDUCATION PROGRAM
WINTER/SPRING 2009**

**Visit www.edencsd.org
for new and updated
Continuing Education
information.**

Please complete the form below and mail it with a check or money order made payable to Eden Central School. Mail to: District Office, Eden Central School, 3150 Schoolview Road, Eden, NY 14057, e-mail bthomasulo@edencsd.wnynric.org or you may bring your registration and check to the District Office from 7:00 a.m. until 3:30 p.m. five days prior to the scheduled start date for the class. **You must be 18 years old and no longer enrolled in high school to take a class, unless otherwise specified.** For all BWI classes, you must complete their registration form, which you will find on our web-site.

The date listed by each class is the beginning date. There is variation in the beginning dates, length of classes and times, so please check details carefully. **IF A CLASS DOES NOT ATTAIN MINIMUM PARTICIPANTS, YOUR CHECK WILL BE RETURNED TO YOU. YOU WILL NOT RECEIVE NOTIFICATION IF THE CLASS WILL RUN.** All classes are held in the Jr./Sr. High School, unless otherwise noted.

IMPORTANT – When school is closed during the day or school is canceled because of weather, so are your courses.

CONTINUING EDUCATION

REGISTRATION FORM

WINTER/SPRING 2009

NAME _____ PHONE _____

ADDRESS _____

E-MAIL ADDRESS _____

CLASS _____ DATE _____ AMOUNT _____

CLASS _____ DATE _____ ENCLOSED: _____
\$ _____

CLASS _____ DATE _____

FITNESS AND FUN

BEGINNER RACQUETBALL – Learn to play the exciting fast paced game of racquetball. This 6-week course consists of strategies of the game, forehand, backhand and serving. Lessons are 1 hour long. Racquets and balls provided. Must bring own protective eyewear and proper non-marking sneakers. Note: Classes will be held off campus.

Wednesdays, February 18th 6:00 - 7:00 pm 6 Weeks Min. 4; Max 8 people
Instructor: Lori Kitchen OHW \$75 **See if your insurance plan covers cost!**

At Omega Health & Wellness, 5893 Camp Road, Hamburg, NY 14075

INTERMEDIATE RACQUETBALL – Great work out – Lots of fun! This 6-week course builds on strategies of the game. Includes use of racquets and balls. Must have own protective eyewear and proper non-marking sneakers. Note: Classes will be held off campus.

Saturdays, February 21st 10:00 - 11:00 am 6 Weeks Min. 4; Max 8 people
Instructor: Lori Kitchen OHW \$75 **See if your insurance plan covers cost!**

At Omega Health & Wellness, 5893 Camp Road, Hamburg, NY 14075

WOMEN'S SELF-DEFENSE/RAPE PREVENTION AND AWARENESS – This course is designed to teach women valuable life skills to ensure safety. Students will learn to anticipate and avoid trouble situations and invaluable self-defense skills. Each student will develop a program that is designed to meet their specific needs and most importantly, the confidence to implement it. Please note classes will be held off campus.

Mondays, February 23rd 7:30 – 8:15 pm 4 Sessions Min. 4 people to run class
Instructors: Michael and Sandy Downs D.A. Dojo \$20.00

At Defensive Arts Dojo

5444 Camp Road, Holiday Village Plaza. Hamburg, NY 14075

BELLY DANCE FOR FUN AND FITNESS – This great workout starts with stretching warm ups giving way into undulations, rhythmic sacred shapes to burning aerobics and hip shimmies. No gym equipment needed here!

Thursdays, April 7th 6:00 – 6:50 pm 4 Sessions Min. 5 people to run class
At Let's Dance: Pathways to Wellness Center PTW Center \$37.00

11417 Eden Road, North Collins, NY 14111

FOXTROT – Foxtrot is one of the most popular social dances and easiest to learn. You can have more fun at dances or weddings with these easy basic steps. Don't sit out and watch others have fun and dance their way to health!

Thursdays, April 7th 7:00 – 7:50 pm 4 Sessions Min. 5 people to run class
At Let's Dance: Pathways to Wellness Center PTW Center \$37.00

11417 Eden Road, North Collins, NY 14111

LATIN DANCES: SALSA AND MERENGUE – Join the fun and learn the basic steps of these popular energizing and exciting dances.

More fun than a workout!

Thursdays, April 7th

8:00 – 8:50 pm 4 Sessions Min. 5 to run class
PTW Center \$37.00

At Let's Dance: Pathways to Wellness Center

11417 Eden Road, North Collins, NY 14111

DANCE LIKE THE STARS DANCE CARDIO – Learn actual dance steps and combinations with this aerobic workout. No partners needed.

Saturdays, April 4th

10:00 –10:50 am 4 Sessions Min. 5 to run class
PTW Center \$37.00

At Let's Dance: Pathways to Wellness Center

11417 Eden Road, North Collins, NY 14111

MORNING SWIM PROGRAM – No time to exercise after work? How about beginning the day swimming laps in the high school pool? You can swim at your own pace with no distractions. Number of participants is limited for an optimum work-out. Register early! Lifeguard on duty.

Tuesdays, Thursdays March 3rd

6:00 – 7:00 AM 8 Sessions Min. 7; Max 15
HS Pool \$40.00

Lifeguards: TBA

HALL WALKERS – Monday through Friday, 6:00 – 8:00 p.m. Walk in the hallways of Eden Central High School. Whether you enjoy an easy stroll or a brisk walk for regular exercise, your neighborhood school offers the perfect clean, dry and secure setting regardless of the weather! (NO children please). You **MUST BE REGISTERED and wear District provided nametag at all times. Registration by mail, e-mail or drop in only.** Nametags can be picked up on door of room 143 at the High School. You must also sign in outside of room 143 each time you walk.

SPECIAL INTERESTS

INTRODUCTION TO ADOBE PHOTOSHOP – Start learning how to get the most out of your digital camera after you've taken the picture. Learn to crop, clone, burn, dodge and paint using Photoshop Elements. Photo paper may be purchased on an as you need basis or bring your own. Also bring favorite photos to work on.

Thursdays, February 26th

7:00 – 8:30 pm 6 Sessions Min. 5; Max 10
Room 112 \$30.00

Instructor: Jack Gavin

INTRO TO WATERCOLOR PAINTING – This class offers an exploration of watercolor painting techniques. Participants will need to get a pad of watercolor paper, tubes of red, yellow, blue and paynes grey watercolor paint and a #6 and #10 size round watercolor brushes (other colors and brushes can be added based on personal preference).

Wednesdays, February 25th

7:00 – 9:00 pm 4 Sessions Min. 5 to run class
Room 138 \$30.00

Instructor: Erin Busch

LIFE GUARD TRAINING – Lifeguard Training: Content summary - professionalism, surveillance, victim recognition, equipment-based rescues, and caring for head, neck, and back injuries. This comprehensive course prepares participants for employment as lifeguards. Included in the course are Lifeguard Training, First Aid, CPR, Automated External Defibrillation (AED) Essentials, Oxygen Administration, Preventing Disease Transmission, and Waterpark and Waterfront Lifeguarding. Participants must attend all of the following Saturday classes: March 14th, March 21st, March 28th from 9 am – 5 pm and on April 4th from 9 am – 3 pm. There is a \$10 discount for Independent Health members. **Participants must be at least 15 years old.** The participants who successfully complete the Lifeguard Training course receive 2 certificates: CPR for the Professional Rescuer Certificate (valid for 1 year) and Lifeguard Training Certificate (includes First Aid) – valid for 3 years. In order to be enrolled in the Lifeguard Training course, students must successfully complete the following swimming prerequisites on the first day of class (March 29, 2008):

1. Swim 300 yards continuously, using these strokes in the following order:

- 100 yards of the front crawl using rhythmic breathing and a stabilizing, propellant kick.
- 100 yards of breaststroke using a pull, breathe, kick and glide sequence.
- 100 yards of either the front crawl or breaststroke.

2. Swim, surface dive, and retrieve a 10 pound brick from 7-10 feet of water.

Saturdays, March 14th

9:00 – 5:00 4 Sessions Min. 10 to run class
Rm 146 & Pool \$194.00

Instructor: Red Cross

FIVE-HOUR PRE-LICENSING COURSE – Completion of this course is mandatory to sign up for a road test. Permit is required for registration. You must pre-register in Room 143 at the High School. You must also bring your permit to class. **Ages 16 and up.**

Monday, March 16th

4:15 – 9:30 pm 1 Session Min. 20; Max. 36
Room 133 \$25.00

Instructor: Ronald Uhlman

BEGINNING KEYBOARDING - This class is designed to introduce proper keyboarding techniques to adults. We will be using Internet sites to practice skills.

Saturdays, February 21st

9:00 – 10:00 am 5 Sessions Min. 3 to run class
Room 109 \$35.00

Instructor: Susan Schnauffer

WORD/EXCEL FOR BEGINNERS – This class will introduce both Microsoft programs. The class will be tailored to the needs of the class. At minimum, we will cover creating basic Word documents, inserting clip art, creating tables in Word and creating spreadsheets and charts in Excel. These programs will be taught on the 2003 platform.

Saturdays, February 21st 10:00 – 11:00 am 5 Sessions Min. 3 to run class
Instructor: Susan Schnaufer Room 109 \$35.00

INTERMEDIATE WORD/EXCEL - This is a follow-up course to the beginner Word/Excel. Some experience required. Content of class will be determined by participants. These programs will be taught on the 2003 platform.

Saturdays, April 18th 9:00 – 10:00 am 5 Sessions Min. 3 to run class
Instructor: Susan Schnaufer Room 109 \$35.00

6 HOUR INSURANCE/POINT REDUCTION CLASS – Upon completion of this program, you will qualify for a 10% reduction in both motor vehicle liability and collision premiums for three renewal years and for a four point driver record violation reduction. Space is limited. You must complete both nights for credit for class.

*Monday, Tuesday, March 2nd and 3rd 6:30 – 9:30 pm 2 Sessions Min. 10 to run class
Instructor: Sue Tabaczynski Pratt Faculty Room \$42.00

THE ART OF MEDIUMSHIP – Join us for an experiential, confidence-building course in the Fundamentals of Mediumship. Learn specific techniques for receiving and giving messages by opening to your clairperceptiveness, working with symbols and learning to ask the right questions. During this five-week course, students will have many opportunities to practice these techniques in class by giving short messages to one another. Come experience the freedom and fun of opening to your inner gifts as we grow in our connection to the spirit.

Wednesdays, March 25th 7:00 – 9:00 pm 5 Sessions Min. 3 to run class
Instructor: Jesse Wicher HAS \$99

*At Holistic Arts Studio
68 Reed Avenue, Lackawanna, NY*

THE ART OF ENERGETIC HEALING – Come explore the intuitive art and science of energy healing. In this highly experiential series of classes, we will practice with healing tools and techniques from a variety of traditions such as hands-on, auric healing, toning, chi gong and elemental healing. Through interactive exercises, you will develop confidence and competency in your new-found skills. This course is ideal for healing professionals wishing to expand their tools, as well as, for individuals who want to open up to experience their healing potential.

Thursdays, March 26th 7:00 – 9:00 pm 5 Sessions Min. 3 to run class
Instructor: Jesse Wicher HAS \$99

68 Reed Avenue, Lackawanna, NY

EMOTIONAL RELEASE FOR INNER PEACE – Inner peace is impossible to maintain while we still hold on to the very feelings and beliefs that keep us from being peaceful to begin with. In this single evening course, you will learn simple yet effective techniques for getting in touch with, understanding, accepting and releasing the emotions that keep us from ourselves. Learn to rest in the peaceful state of loving acceptance that is our true nature.

Monday, April 20th 6:30 – 8:30 pm 1 Session Min. 3 to run class
Instructor: Jesse Wicher HAS \$25

*At Holistic Arts Studio
68 Reed Avenue, Lackawanna, NY*

REIKI CERTIFICATION CLASSES / LEVEL I* – Become a certified Reiki healer. During these in-depth sessions, you will delve deeply into the ancient Japanese art of energy healing. Each course level provides training, course materials, attunement and hands-on experience of advanced techniques useful for healing yourself, family and friends or for establishing your own Reiki practice. Come experience the life-transforming power of Reiki.

Saturday, March 28th 12:00 – 4:30 pm 1 Session Min. 3 to run class
Instructor: Jesse Wicher HAS \$125

*At Holistic Arts Studio
68 Reed Avenue, Lackawanna, NY*

***LEVEL II AND LEVEL III OFFERED APRIL 25TH AND MAY 16TH – CALL FOR DETAILS IF INTERESTED (992-3629)**

SINGING LESSONS FOR EVERYONE – Do what you love to do – BETTER! Learn to bring greater enjoyment and satisfaction to your singing by building on the basics of breath support, tonal focus and musicianship. Whether you are a beginner or an experienced musician, this class will help you get to the next level of your art. Just bring your enthusiasm and a piece of music you love to sing! Classes are open to all ages! Lessons are 30 minutes of private instruction.

Dates are flexible Flexible times 5 Sessions No minimum
Instructor: Jesse Wicher HAS \$75

At Holistic Arts Studio

PROPERTY TAXES AND ASSESSMENTS – WHAT YOU SHOULD KNOW – Let's face it – none of us like to pay taxes, and most of us think that we pay far too much in terms of the tax burden. This session will provide you with a basic understanding of the Real Property Tax and the Assessment process and provide you with the knowledge and tools to determine whether or not you are paying your fair share of the property tax burden. It is not the intent of this course to address individual property assessment complaints.

Tuesday, April 21st 6:30 – 8:30 pm 1 Session Min. 5 to run class
Instructor: Melanie Koch, Real Property Analyst Room 109 FREE

GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE - AN INTRODUCTION TO PROFESSIONAL VOICE OVERS - Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all - important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early.

Wednesday, May 13th
 Instructor: Voice Coaches

6:30 – 9:00 pm 1 Session Min. 8; Max 25 people
 Room 146

THESE CLASSES WILL BE SPONSORED BY BWI. YOU MUST COMPLETE A BWI REGISTRATION FORM, WHICH CAN BE PICKED UP IN ROOM 143 AT THE JR./SR. HIGH SCHOOL, OR GO TO EDENCSD.ORG (Click on Community Tab, then Continuing Education, then click on BWI link at bottom of page)

JUMP START CARDIO-SESSION-2 GLP - This exercise class guides participants to improved total body fitness. Classes are designed to improve cardio fitness, strengthen and tone muscles using light hand weights, improve core strength, increase muscle and joint flexibility and decrease joint-stiffness and lower-back pain. Proper breathing and relaxation techniques are emphasized. Taught by an exercise physiologist.

Tuesdays & Thursdays, March 17th
 Instructor: Kelly Morrow

6:00 – 7:00 pm 8 Weeks Min. 15 to run class
 GLP Cafeteria See BWI Registration form for payment info

PILATES - Climbing out of bed can be difficult! Taught by a certified instructor, this low intensity, calorie-burning workout tones and strengthens your core muscles which help to anchor and stabilize your body. Exercise your body and mind to improve strength, flexibility and balance and achieve total body conditioning. All sessions are 8 weeks long.

Tuesdays & Thursdays, Session 2, March 17th
 Session 3 – May 12th
 Session 4 – July 7th
 Instructor – Kelly Morrow

7:00 – 8:00 pm 8 Weeks Min. 15 to run class
 GLP Cafeteria See BWI Registration form for payment info

TRIPS AND TOURS

GRAPE COUNTRY TRAIN TOUR

SAT., MAY 2

*98.00

Relax and view the scenery on the way to the heart of **GRAPE COUNTRY**. Begin with lunch in the new upscale **WATKINS GLEN HARBOR HOTEL** located on the south end of Seneca Lake. After dining, walk to the boarding area & hop on **THE FINGER LAKES RAILWAY** for the 90 min. trip. The Train travels along the Lake, over the Big Stream Bridge, which crosses over the dramatic Glenora Gorge, and ends up in the town of Himrod. We can't leave the area without wine tasting! Travel by coach to **WHITE SPRINGS**, a two year old winery at the north end of the lake. Sample a variety of wines before departing for home. A Thruway rest stop will be made on the way down and quick food stop on the way back. #GRAP050209

CHOOSE ONE ENTRÉE

• Chicken Piccata • Roast Top Sirloin au jus • Baked White Fish
 DEPART TP 8:30 am HD 9:00 am RETURN HD 7:00 pm TP 7:30 pm

A CHORUS LINE

SAT., MAY 9

*\$110.00

Travel to **SHEA'S** to see the Hit Musical **A CHORUS LINE**. In an empty theatre, on a bare stage, casting for a new Broadway musical is almost complete. For 17 dancers, this audition is the chance of a lifetime. It's what they've worked for. It's the one opportunity to do what they've always dreamed -- to have the chance to dance. Winner of nine Tony Awards, including "Best Musical" and the Pulitzer Prize for drama, this singular sensation is the longest-running American Broadway musical ever. Following the show, enjoy dinner at **SHANGHAI REDS**, located on the scenic waterfront. A Mid-size non-restroom coach will be used. #CHOR050909

CHOOSE ONE ENTRÉE

• Flat Iron Steak • Baked Atlantic Cod • Chicken Scaloppini
 DEPART HD 12:30 pm TP 1:00 pm RETURN TP 6:30 pm HD 7:00 pm



YANNI IN ROCHESTER FOR ONE NIGHT ONLY!

SIGN UP EARLY – LIMITED # OF TICKETS AVAILABLE \$\$-TBA WED., MAY 13 WAITING FOR TICKET CONFIRMATION

Begin with dinner- location to be announced. Then travel to the **BLUE CROSS ARENA** for the 7:00 pm Concert-(Top price tickets-side 100 Level seating). Two years in the making, **YANNI** returns to the global stage with a dazzling new tour. For the first time ever, he re-interprets his classic compositions and debuts new music introducing four show-stopping vocalists Nathan Pacheco, Chloe, Ender Thomas and Leslie Mills. Expect the unexpected! #YANN051309
 DEPART TP 2:00 pm HD 2:30 pm RETURN HD 11:30 pm TP 12:00 am

IMPORTANT TRAVEL INFORMATION

Emergency Calls Only

If you are late or need to cancel on the morning of a trip, call 472-0826.

Pick Up/Drop Off Locations

TP – Tops Markets, 355 Orchard Park Road (Near Ridge & Slade)

HD – Home Depot, 2065 Niagara Falls Blvd

Traveling Into Canada

Proof of citizenship is required. You must bring an original birth certificate (not a copy) and a driver's license or a passport. Passengers will be checked before boarding. No refund will be given for a missed tour.

CANADA BLOOMS
SAT., MAR. 21



*\$74.00

Admission to **THE CANADA BLOOMS, TORONTO FLOWER & GARDEN SHOW** in the Convention Center- among the top five in the world, and the largest in Canada. This year's theme is "**TRADITION OF EXCELLENCE**". Six acres of gardens, features Amateur & Professional Competitions, informative lectures & demonstrations. 200 garden retailers will be in the adjacent MarketPlace. Food is available on-site or bring your own food or go outside to one of the nearby restaurants. Plants with proper documentation may be purchased & brought into the states. A stop will be made at the Currency Exchange on the way into Canada. **BRING PROOF OF CITIZENSHIP**

#CANA032109

DEPART TP 8:00 am HD 8:30 am RETURN HD 6:30 pm TP 7:00 pm

MAPLE SUGARING & SAMPLING IN WINE COUNTRY!
SAT., MAR. 28

*\$76.00

Enjoy scenic drive along the Seaway Trail, including the Dunkirk & Barcelona Lighthouses and historic village of Westfield with a guide detailing the unique features that make this the largest Concord grape growing region of the world! There still may be the chill of winter in the air, but Spring is in the air at the **SUGAR SHACK** located on the lake in Westfield, NY! Watch as the maple sap slowly evaporates into delicious syrup – learn about the art of "sugaring" from Farmer Gail Black. Enjoy a hearty **BRUNCH** of 'all you can eat' Buttermilk pancakes with real Maple Syrup plus Welch's Grape juice, Sausage, Eggs & Potato Cake. Dessert is Ice Cream with your choice of one of 20 home made Fruit Syrups made on site. Continue on to tour, sample & shop at **JOHNSON ESTATE WINERY**. End the day at the **LAPP FAMILY DAIRY** to meet their six-cow herd that produces organic, USDA inspected milk. Sample the tasty & healthy yogurt & cheeses made on this farm. (Grape juice available for anyone not wanting wine).

#MAPL032809

DEPART HD 8:30 am TP 9:00 am RETURN TP 5:00 pm HD 5:30 pm

BARBRA STREISAND TRIBUTE SHOW

THURS., APR. 16 *\$90.00

Travel to the **GREG FREWIN THEATER** in Niagara Falls, Ont. where ARB Productions has relocated its subscription series. Begin with a Buffet Lunch featuring Chicken, Beef Stir Fry and Pasta followed by the Tribute Show. Critics and audiences agree that Sharon Owens not only has the look, but also has the voice that is unmistakably that of the legendary Barbra Streisand. Coast to Coast, from NY to LA, from London to Israel, Sharon has been captivating audiences with her tribute performance. From the classic songs of the 60s to the power ballads of today, she takes the audience on a spectacular journey through the music of Streisand's Greatest Hits! Following the show, try your luck for 2 hours at the **FALLSVIEW CASINO**.

PROOF OF CITIZENSHIP REQUIRED #BARB041609

DEPART TP 9:00 am HD 9:30 am RETURN HD 6:00 pm TP 6:30 pm

GOOD ROCKIN' TONIGHT

WEDS., APR. 8 *\$110

Travel to **THE OLDE SCHOOL** one of our favorite restaurants in Brantford, Ont. for lunch before going to The **SANDERSON CENTRE**. Discover the recording secrets behind such musical legends as *Elvis Presley, Johnny Cash, Carl Perkins* and *Jerry Lee Lewis*. **GOOD ROCKIN' TONIGHT** – The Sun records story, is full of laughs and fascinating musical history. It's guaranteed to get your toes-a-tappin' and leave you with many wonderful memories.

PROOF OF CITIZENSHIP REQUIRED #GOOD040809

CHOOSE ONE ENTRÉE

•Lemon Chicken •Pork Tenderloin w/ Marinara Sauce

•Grilled Salmon w/Dill Sauce

DEPART TP 9:00 am HD 9:30 am RETURN HD 7:00 pm TP 7:30 pm

ANDRE RIEU

FRI., APR. 17

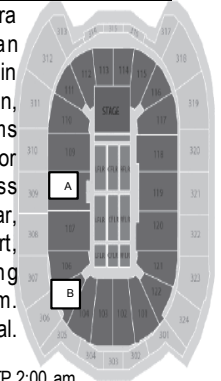
A. 108 SECTION SEATS- JOE BADALI'S RESTAURANT *\$190.00
B. 105 SECTION SEATS- HOT HOUSE CAFE *\$165.00

ANDRÉ RIEU and his Johann Strauss Orchestra will begin their 2009 North American tour with an 8:00 pm show at the **AIR CANADA CENTRE** in Toronto. A Dutch violinist, conductor & showman, Rieu has sold more than 25 million albums worldwide. Eleven of his albums have gone gold or platinum and, together with his Johann Strauss Orchestra, he tours on five continents. Every year, 700,000 fans attend an André Rieu concert, establishing him as one of the top twenty touring acts in the world. Enjoy Dinner at approx. 5:00 pm. A choice of entrees will be offered upon arrival.

PROOF OF CITIZENSHIP REQUIRED #ANDR041709

DEPART TP 2:00 pm HD 2:30 pm RETURN HD 1:30 am TP 2:00 am

A LIMITED NUMBER OF TICKETS AVAILABLE! REGISTER EARLY!



WINES & DINES TOUR

WINE & FOOD SAMPLING IN THE NIAGARA REGION

SAT., APR. 18 LIMITED TO 30 PASSENGERS *\$94.00

Travel the **NIAGARA WINERY TRAIL** & experience a variety of **WINE & FOOD PAIRINGS**. Receive a **COMMEMORATIVE WINE GLASS, FOOD SAMPLING** and a **RECIPE** at each winery (approx 6-8 depending on how fast the group can be serviced at each stop.) You will have the chance to purchase your favorite wines as well. We suggest you bring along a sandwich or a snack to nibble on as you travel between wineries because we will not be stopping for lunch, but save room for dinner at the very popular **-BASKET FACTORY** after your day of tasting. **BRING PROOF OF AGE ID**. Note: Dinner will be served upstairs- let us know if this is a problem. A Mid-size non-restroom coach will be used. #WINE041809

CHOOSE ONE ENTRÉE

•Chicken Marsella •Beef Tips over Noodles •Baked Fish Gratin

DEPART TP 9:30 am HD 10:00 am RETURN HD 8:30 pm TP 9:00 pm

MURDER MYSTERY AT THE OLD MILL
"EXTREME HOLMES MAKEOVER"



WEDS., APR 22 *\$94.00

Murder disrupts a gathering of Home Renovation gurus! Fortunately, the great grandson of Sherlock Holmes, Mycroft, is on the scene. See if 'Myke' Holmes can "make it right", by solving who took the D.I.Y. approach to murder. A **DELUXE BUFFET LUNCH** offering a wide selection of Appetizers, Salads, Hot dishes and Desserts from all around the world at the **OLD MILL RESTAURANT** in Toronto before the show.

PROOF OF CITIZENSHIP REQUIRED #MURD042209

DEPART TP 8:30 am HD 9:00 am RETURN HD 5:00 pm TP 5:30 pm

WEST SIDE STORY IN STRATFORD, ONT.

WED., APR. 29 *\$150.00

Enjoy a **MUFFIN & OJ** as you travel to Stratford, Ont. Have some free time for browsing or shopping & lunch on your own in the quaint town. Then travel to the **FESTIVAL THEATER** for the classic musical, **WEST SIDE STORY**. Two rival gangs, wage a turf war in the mean streets of NYC. But when Tony, best friend of Jets leader, falls in love with Maria, the sister of Sharks leader, simmering tensions escalate toward a dramatic finale. With its explosive dance numbers and unforgettable score, this modern-day retelling of Romeo and Juliet changed the face of the American musical. Dinner follows the show at one of our favorite restaurants located in Brantford, Ont. – **THE OLDE SCHOOL RESTAURANT**. **PROOF OF CITIZENSHIP REQUIRED**

#WEST042909

CHOOSE ONE ENTRÉE

• Sole Dover –with Lemon Butter • Prime Rib of Beef Au Jus

• Chicken Supreme-Breast with White Wine Sauce

DEPART TP 7:30 am HD 8:00 am RETURN HD 9:30 pm TP 10:00 pm

CALENDAR OF EVENTS

March 2009

- 2 PARP Begins
- 2-6 3rd-5th Gr Math Assessments
- 3 5th & 6th Gr Band Concert 7:30 pm
- 3 Budget Work Session 6:30 pm
- 4 Elem All-County Rehearsal
- 5-8 HS Musical - Footloose; 7 pm Thurs;
7:30 pm Fri & Sat; 2 pm Sunday
- 10 Budget Work Session 6:30 pm
- 9-13 6th Grade NYS Math Assessments
- 10-11 8th Grade NYS Math Assessments
- 11 3-4th Grade Parp Night
- 12 GLP Build A Book Night 7 pm
- 13 Mid Qtr Ends K-6
- 12-13 7th Grade NYS Math Assessments
- 13-14 JH All-County Festival
- 17 Budget Work Session 6:30 pm
- 17 PTA Meeting 7 pm
- 18 Board of Ed Mtg 7:30 pm HS Cafe
- 18 Project Know Parent Orientation
- 19 Career Fair @ BOCES 6:30 - 8:00 pm
- 19 District Orchestra Concert 7 pm
- 20 5 Week Reports Gr 4-6
- 20 Staff Development Day - NO SCHOOL
- 20-21 SH All-County Festival @ SUNY Bflo
- 24 Budget Work Session 6:30 pm
- 24 HS & JHS Chorus Concert 7 pm
- 24 Project Know Parent/Child Night
- 25 NHS Induction 7 pm
- 27 Parp Ends
- 26-29 AFS Short Term Exchange
- 25-31 Donnie Smith Chopper Challenge
- 30 GLP Spring Picture Day
- 31 Budget Work Session 6:30 pm

April 2009

- 2-4 5th & 6th Gr Musical 7:30 pm
- 3 End 3rd Qtr 7-12
- 4-7 Wind Ensemble Tour
- 8 GLP Family Math Night 7 pm
- 8 Senior Scholarship Info Mtg 7:45 am
- 9 Elem Dismissal 11 am; GLP 11:15 am
- 9 End 3rd Qtr K-6
- 10 Good Friday - No School
- 10-19 Spring Recess - No School
- 21 Board of Ed Mtg 7:30 pm
- 21 PTA Mtg 7 pm
- 24 K-6 Report Cards Go Home

EDEN CENTRAL SCHOOL BOARD OF EDUCATION

Mr. Thomas Gannon, President	2010
Mrs. Deborah Gardner, Vice President	2011
Mr. Andrew Breier	2009
Mr. Brian Burgstahler	2011
Mr. Steven Cerne	2011
Mr. Patrick Howard	2009
Mrs. Patricia Schenk	2010

Mr. Ronald K. Buggs, Superintendent
Barbara Thomasulo & Cathy Dobson, Co-Editors
February 2009
Eden Central School
3150 Schoolview Road
Eden, New York 14057

FOOTLOOSE



Thursday, March 5, 2009 - 7:00 pm
Friday, March 6, 2009 - 7:30 pm
Saturday, March 7, 2009 - 7:30 pm
Sunday, March 8, 2009 - 2:00 pm

Purchase tickets in the JR/SR High School Aud foyer
Monday, February 23rd - 6-8:30 PM
Thursday, February 26th - 6-8:30 PM
Tuesday, March 3rd - 6-8:30 PM
Or order by phone for will-call 992-3600 X2207
or email - pfarrell@edencsd.wnyric.org

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