

Eden Central School Newsletter

Published by the Board of Education

VOL.47

October 2009

NO. 2

Dear Friends of the Eden Central School District:

Back to School!! It doesn't seem possible that we have been back to school for four weeks already. I sincerely hope that everyone had the opportunity to spend some quality time together with friends and family. I also hope that the start of the school year has been positive for all of our families.

As we begin this new school year, I would again like to thank the community for your continued support. It is this support, along with the work of our dedicated Board of Education members, administrators, faculty and staff that allows us to provide as many opportunities for our students to be successful and for the District to continue to be one of the best in Western New York.

All three schools have very active schedules planned for this school year. I encourage all families and the community members to attend these events and activities. You are all certainly welcome.

I am pleased to announce that Mrs. Loran Carter has been named our Director of Curriculum and Instruction. She was formerly the Principal at the GLP Primary School. Mrs. Danielle Grimm has been appointed to replace Mrs. Carter at the GLP. Mrs. Grimm brings to us a great wealth of experience, and we all look forward to working with her. Stop in the GLP and say hello after she begins October 26, 2009.

I am proud to announce that Eden has once again been named a District in "good standing" by the New York State Education Department. Our students, teachers and administration did an outstanding job. Our 93% graduation rate placed Eden in the top five districts in Western New York. The District also ranked 16th in Western New York by Business First. Ninety-seven percent of our students were rated proficient on the grades 3-8 New York State Math Assessments and ninety-three were proficient in the New York State English Language Arts (ELA) Assessments. We continue to work to provide programs that will meet the needs of all of our students.

I look forward to another outstanding school year working together with the community, parents, administrators, teachers, staff and students.

Don't forget, the PTA and the All Sports Booster Club need our support to be able to continue their efforts helping our students. Please consider joining and supporting those groups.

Don't forget to get your
nomination in for the 2009-2010
Community Involvement Awards!

Sincerely,

Ronald K. Buggs

Check inside for current Continuing Education Information. Programs are also listed on our web-site - edencsd.org. Look in the December Newsletter for Continuing Education exercise classes in sponsored by BWI.

LORAN CARTER APPOINTED AS DIRECTOR OF CURRICULUM AND INSTRUCTION

By Barbara Thomasulo



After serving as Principal at GLP for six years, a position from which she will surely be missed, Loran Carter has accepted the position of Director of Curriculum & Instruction for the Eden Central School District.

Mrs. Carter is certified as a School District Administrator and Nursery - Grade 6 Teacher. She has Bachelors of Arts degrees in Elementary Education and Philosophy/Pre-law from St. Bonaventure University. She also has Masters of Science degrees in Education and Curriculum & Development from Fredonia State College.

Before coming to Eden, Mrs. Carter was a teacher and a Math Coordinator at Frontier Central School. She has a strong background in Curriculum and Instruction. Her instructional and organizational skills are unparalleled, making her an excellent choice for this position.

Mrs. Carter is married with three children of her own. Her experience is varied at all levels, as she has a child in high school, one in middle school and one in elementary school.

We wish Mrs. Carter much success in her new role as Director of Curriculum and Instruction, and we are happy that she will continue to be a part of our district family.

WELCOME TO OUR NEW GLP PRINCIPAL!

By Barbara Thomasulo



Please join me in welcoming Danielle Grimm to our District as the new Principal in charge of Grover L. Priess Primary School. She will be replacing Mrs. Carter effective October 26, 2009.

Mrs. Grimm is certified as a School District Administrator and a School Administrator/Supervisor, as well as having permanent certification in Pre-K-6 Education and K-12 Special Education.

In addition to a degree in Certified Advanced Studies School Building Leadership from Fredonia State University College, she also has a Masters of Education in Special Education from D'Youville College and a Bachelor of Science in General Studies from State University College at Buffalo.

Mrs. Grimm will be leaving her position as Principal at Wheelock Primary School in Fredonia, where she was responsible for approximately 400 students and 70 staff members since 2007. Prior to that, she was a Special Education Teacher at Frontier for seven years.

Mrs. Grimm is a member of the Association for Supervision and Curriculum Development, the State Administrators Association of New York State and has been a member of many other educational teams. In addition, she has attended extensive professional development courses and participated in various community service projects in the Western New York area.

Mrs. Grimm calls Orchard Park home where she resides with her husband, Bob and their two children: Zachary, age 17 and Gabrielle, age 15. Bob Grimm is a tool and die analysis at the Ford Stamping Plant in Woodlawn. Zachary is a junior and Gabrielle is a sophomore at Orchard Park High School.

A man is not old until regrets take the place of dreams.

John Barrymore

Greetings to Eden School District families:

I hope everyone enjoyed their summer and have settled back into the rhythm of school.

In this note I would like to talk about communications between the School Board and the residents of the District. As I stated in the last newsletter, one of my goals for the year is to provide for better dialogue between the community and the Board.

There are several ways to communicate with the Board. The easiest one is to attend a School Board meeting. For those of you who don't know, we hold a Board meeting every month to discuss the business of the District. I have observed over my past year and a half on the Board that public attendance is very light. I strongly encourage everyone to attend. Please check the District website for dates and times.

In an effort to make the Board meetings more worthwhile and practical to attend, we have made a few changes to the meetings. First, we are starting at 7 pm with presentations and awards. This is immediately followed by the public comment session. We want to hear your feedback and believe it is important for you to have the opportunity to discuss issues and concerns. It is very important for you to come and ask questions and make comments so that the board and administration can hear the voices of the District.

If you are able to stay after the public comment session, you will notice another change. We are now displaying on an overhead projector the detailed agenda that the board members are following. This should help all of the attendees better follow the motions and discussions.

In addition to attending in person and asking questions or making comments, Board policy also provides a way for you to submit discussion points for meetings. Any individual or group that wishes to bring a matter to the attention of the Board may make a request through the Superintendent's office. The Superintendent then brings the matter to the attention of the Board.

We are looking at additional ways to open the lines of communications so that all thoughts and ideas are heard. We must work together to continue to improve our schools and the more feedback we receive, the better we can become. After all, the Board and administration are ultimately accountable to the residents of the District.

Lastly, on the note of communication, I encourage all of you to contact your school board members with any suggestions or concerns that you may have.

I look forward to seeing you at our next Board meeting.



Best regards,
Steven Cerne
President, Eden Board of Education

VIDEO PRODUCTION SCORES BIG AT HAMBURG FILM FESTIVAL

By Ronald Uhlman

Students from the Video Production class won People's Choice, Best Film and Best Actor Awards at the First Annual Hamburg Film Festival from their production titled "Power Slider" that was included at the Hamburg Burger Fest celebration in July 2009.

The students wrote, taped and edited the production all at Eden Central School District. The "Peoples Choice" award was chosen based on ballots that the audience members filled out while they were viewing all the films. Kudos to all!



TECHNOLOGY UPDATE

By Lucinda Karstedt, Dir. of IT/CIO



There will be a presentation on the District's technology at the December 16th Board of Education meeting starting at 7:00 PM. Everyone is welcome to attend this presentation.

The fourth and final public presentation this school year for parents and guardians on the new Parent Portal will be at the Jr./Sr. High School Open House at 6:45 PM on February 25, 2010. Just a reminder that all report cards and mid-quarter report cards are posted to the Parent Portal this year. If you do not have Internet access, please contact your child's building principal to arrange for a paper copy.

FOOTBALL PRACTICE MEANS SUMMER IS OVER

By Douglas Beetow

Summer is over and the 2009 fall sports season is on its way. The Varsity Football team has a new look this year. Mr. Chuck Tilley has taken over as the Head Coach. Coach Tilley brings over 20 years of football coaching experience. Over his 20 years of coaching at the high school level, Coach Tilley has had a number of winning seasons, which included a number of Sectional appearances at Ralph Wilson Stadium. Coach Tilley comes to us by way of Cheektowaga Central where he is an AP History teacher. Last season Coach Tilley worked at Lake Shore High School and before that was the head coach at Cheektowaga and Tonawanda High Schools.

The football team this season dropped a sports classification. The last eight years Eden played in the B South division. This year due to a drop in enrollment, the Raiders are playing in the C North division. The Raiders once again play the likes of JFK, Gowanda, Springville, Wilson, Royalton-Hartland, Cleveland Hill and Akron High Schools. The season opener against JFK was a 50-0 win. On September 12th Eden played against the Gowanda Panthers winning that game 30-6. Week three was a true test for the Raiders as they traveled to Cleveland Hill for a tough test against last year's Division Champs. The team improved its record to 3-0 by winning a close game 10-6 against the Eagles. Week four game was held at home against 3-0 Wilson, where the Raiders defeated visiting Wilson by a score of 27 - 0. Eden defeating Akron 14-0 in week five at home. As for the rest of the season, the Raiders are looking to continue their winning ways. All games at home start at 2:00 pm.



Coach Tilley and the boys worked very hard this past off season getting ready for the season. In a summer in which we have seen more rain then ever before, the Varsity and JV teams opened camp on one of the hottest days of the summer. Coach Tilley and his staff are looking forward to a great season.

EDEN IS RECIPIENT OF MCDONALD'S MAC GRANT

Selected among hundreds of applicants, Ms. Morgan's Studio in Art classes will be receiving funds to create Dale Chihuly inspired "glass" bowls. Local McDonald's restaurants awarded Eden's Art Department \$250 towards Making Activities Count for the purchase of materials.

First, the class will learn about the work of contemporary American artist Chihuly. Then while creating their own pieces, students will study color theory.

Finally, the project has a community awareness component as well. After creating the bowls, the students will be asked to select one of their two pieces to donate to the Empty Bowls Project, a national program that locally raises funds for the Food Bank of WNY through the collective efforts of young artists. The Empty Bowls Project, which our Art Department has participated in for a number of years, raises awareness of the issues of hunger and social responsibility.

WELCOME TO OUR 2009-2010 AFS STUDENTS

This year Eden Central School will host six AFS students. Please welcome them to our district. Many are here on scholarships and will be participating in extra activities in the community and enrichment opportunities.

Talal Alheraki is from Saudi Arabia. His parents are Abdulrahman and Badriah Alheraki. Both are teachers. Talal's favorite subject in school is Science. His hobbies are camping, hanging out with friends and soccer. He plans on being an electrical engineer. While in the United States, he would like to try snowboarding, snowmobiling, and he would like to meet new friends. He is staying with Schneider family on North Boston Road.

Raban Burcher is from Switzerland. His parents are Christian and Brigitte Burcher. His father is a mechanic and his mother is a homemaker. Raban's favorite subject in school is Anatomy. His hobbies are soccer and swimming. Raban hopes to finish his apprenticeship in Chemical and Pharmaceutical Technology. While here, he would like to try many new things. He is staying with the Zittel family on Bley Road.

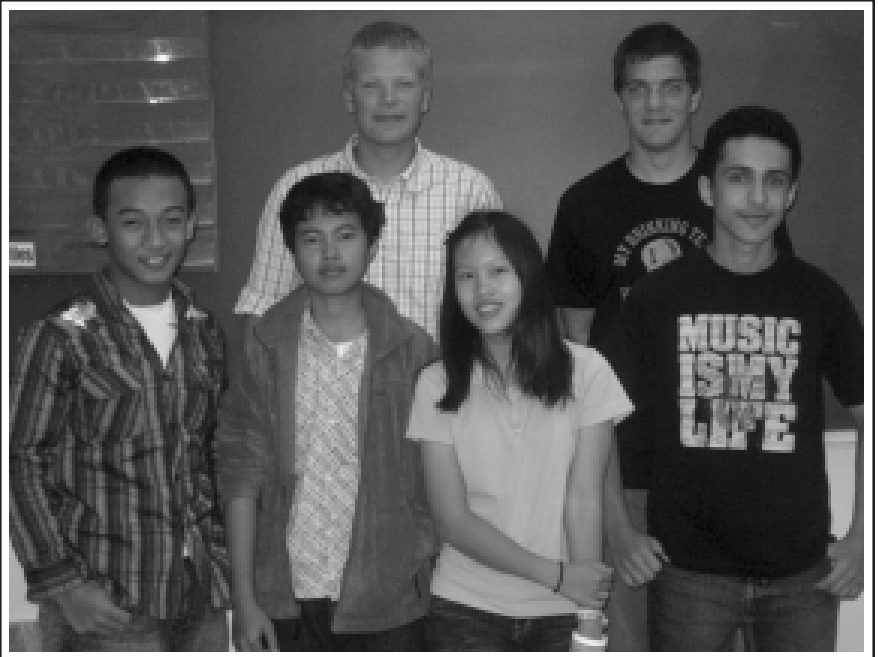
Sasipat Nokmeerod, who prefers "TaTa", is from Thailand. Her parents are Sirisak Nokmeerod and Patchara Intasit. Her father is a technician and her mother is an officer. TaTa's favorite subject in school is English. She is glad to have a chance to improve her English this year. Her hobbies are reading, listening to music, and horseback riding- which is her new hobby since coming to the United States. TaTa's future is undecided, but she may come back to America for college. For now, she will try to adjust and make this year a great experience. While here, she would like to visit famous places, travel to other states, watch "American" football games, join school activities, which are different from her Thai school, enjoy western festivals like Thanksgiving, Christmas, etc., and she would like to try things she's never had in Thailand. She is staying with the Clark family on East Eden Road.

Suka Pradita is from Indonesia. His parents are Sumbogo and Yunani Pradita. His father is a farmer, and his mother is a homemaker. Suka's favorite subjects in school are Physics and Biology. He enjoys social activities, community service and playing sports - especially soccer. His future plans include participating in government and Science research. While in the United States, he would like to learn about U.S. culture, make new friends, new family, have many new experiences, and introduce Indonesia and his culture to us - all of that for our future together. He is staying with the Eckhardt family on Bley Road.

Max Schumann is from Germany. His parents are Jorg and Ulrike Schumann. His father is a veterinarian and his mother is a social worker. His favorite subjects in school are History, Social Studies and Biology. Max enjoys wild water canoeing (kayaking), gardening, skiing, and reading newspapers. Max's future plans include going to a University possibly for international affairs. He is staying with the Romanowski family on Madonna Drive.

Maharajah Silongan, who prefers "Sinbad", is from the Philippines. His parents are Saharoff and Saguirra Silongan. His father is an agricultural technician and his mother is a homemaker, Sinbad's favorite subjects in school are

English, Film Appreciation and Biology. He enjoys playing sepak takraw, which is a sport like soccer and hackey-sack, watching TV and surfing the net. Sinbad's future plans include college. His dream is to go into law, so he knows he will have to concentrate on his academics. While in the U.S., Sinbad would like to try new sports. He would also like to visit places which may benefit him and improve his knowledge about American life and culture. He is excited to see autumn and snow. Sinbad is staying with the Forster family on Oakland Drive. Row 1: Suka Pradita, Maharajah Silongan, Sasipat "TaTa" Nokmeerod, Talal Alheraki. Row 2: Max Schumann, Raban Burcher.



BUILT IN MEMORY OF JEREMY KRENCIK

Friends and family of Jeremy Krencik got together to build a beautiful planter box around the soccer field sign, which was erected in his memory. Thanks to Andrew Greiner, Frank Barone, and John Klopp, who constructed the planter under the supervision of Mr. Paul Greiner. In addition, Mrs. Lisa Greiner, Mr. Alex Barone, Mrs. Gerri Barone, Mrs. Sheryl Hage and Chelsea Krencik assisted with this project.

The planter was built during the week of August 31, in time for the Soccer Tournament hosted in Eden on September 3rd and 4th. Flowers were planted by Lisa Greiner, Alex & Gerri Barone, and Sheryl & Doug Hage. Mums were donated by Joanne Brawdy. Daffodil bulbs, which were Jeremy's favorite flowers, were donated by Gerri Barone. Sheryl Hage donated black-eyed Susans. The dirt was donated by the Eden PTA. Superintendent, Ronald Buggs and the Greiner Family donated the wood for the planter box. Mrs. Hage, Mrs. Barone and Mrs. Greiner are maintaining the planter and watering the flowers and will continue to do so in the years ahead.



Pictured are Andrew Greiner, Frank Barone, John Klopp (Varsity Soccer Captains), Chelsea Krencik (Jeremy's twin sister) and Mrs. Sheryl Hage (Jeremy's mother).

A tree is known by its fruit; a man by his deeds. A good deed is never lost; he who sows courtesy reaps friendship, and he who plants kindness gathers love.



Saint Basil

ANOTHER SUCCESSFUL YEAR FOR EDEN BOYS VOLLEYBALL

By Doug Beetow

The 2008 Eden Boys Varsity Volleyball Team had another successful season going 13 and 10. The team captured another ECIC Division III Title. Unfortunately, they lost in the last match of Sectional Finals against Cheektowaga. Garnering honors for the team were senior JJ Senozetnik named to the 2nd Team ALL-WNY Team, Junior Matt Meyer and Sophomore Ryan McCarthy named to the ECIC DIII 1st team, and Senior Tony Blaszczyk and Freshman Kyle Acker named to the ECIC DIII 2nd Team.

The 2008 Eden JV Boys Volleyball Team had a very solid season going 14-6 with impressive Eden and Amherst Tournament title wins. The team was lead by a trio of sophomores Evan Laedke, Jake Carias and Steve Goedel.

EDEN ELEMENTARY ANNOUNCES STUDENTS OF THE MONTH

By Patty Steinmetz

The following are Eden Elementary Students of the Month for September:

Grade 3: Paiton Basinski, Sarah Bialy, Louis DeCarolis, Michael Scheu, Brett Schmitz.

Grade 4: Lauren Dobrzanski, Jonathan Haier, Ashley Maul, Lily Schafer, Lauren Soda.

Grade 5: Collin Fest, Brittaney Goodrich, Seth Howell, Trent Laing, Logan Lyndsley, Jacob Page.

Grade 6: Macy Overhoff, Justin Porter, Rhiley Sibiga, Derek Williams, Luke Wilcox, Emma Wittmeyer.

WHY JOIN THE PTA?

The Parent-Teacher Association is a group that has open membership for all parents and teachers. They are an important partner in the success of our students. They help by providing volunteer and financial support, as well as leadership and guidance. It is through this group's hard work and dedication that we can provide field trip opportunities, student recognition, assemblies and, of course, refreshments for so many events. In addition, they volunteer to work in the classrooms and at numerous events throughout the year.

I would encourage all parents and teachers to join the PTA. They need your support, as they help our kids. Contact your school office or any PTA member for membership information.

WHEN SHOULD MY CHILD STAY HOME WITH THE FLU?

H1N1 Influenza A Recommendations from the Centers for Disease Control

When should my child stay home with the flu?

Students with "Influenza-Like Illness" should stay home when they are sick. Your child may have the flu and should stay home if they have the following signs and symptoms:

**Fever of 100°F
(37.8° C) or greater
Cough
Runny Nose
Sore Throat**

New York Statewide School Health
Services Center

When should my child return to school?

It is recommended that students stay home until at least 24 hours after they are free of fever [100°F (37.8° C) or greater] or signs of a fever, without the use of fever reducing medications.



What can we do to reduce the chances of spreading or "catching" H1N1 Influenza?

- *Wash hands often with soap and water, especially after coughing or sneezing
- *Use alcohol based hand sanitizers to clean hands if soap and water are not available
- *Cover your nose and mouth with a tissue when coughing or sneezing and throw the tissue in the trash after use (if no tissue is available, cough or sneeze into your arm or sleeve-not your hand)

FBLA NEWS



New York State Future Business Leaders of America
Elizabeth Garofalo, NYS FBLA Board Chair
236 Canastota High School - 301 Eastern Street - Canastota, NY 13022
(315) 687-2803

August 14, 2009

Congratulations again to Jessica Kramer, the New York State Future Business Leaders of America Executive Vice President for 2009-2010.

Jessica attended a training this summer in Greenwich. The New York State Future Business Leaders of America Board of Trustees Chair, Elizabeth Garofalo, sent this letter (right) to Principal Marc Graff commending Jessica, Future Business Leaders of America Advisor Mrs. Carlson-Nowicki, and the school.



Mr. Marc Graff, Principal
Eden Jr. Sr. High School
3150 Schoolview Road
Eden, NY 14057

Dear Mr. Graff:

During July, Jessica Kramer attended the New York State Future Business Leaders of America State Officer Training held in Greenwich. I wanted to write to you and let you know what an outstanding job your student did while attending the week-long leadership training.

Prior to training, Jessica had to prepare several presentations and various business correspondence that was presented during training. Jessica participated in leadership and team-building activities, attended workshops on such topics as parliamentary procedure, business correspondence, Internet safety, time management, and business ethics. Jessica participated through public speaking and contributed proactively to the quality of the state officer meetings. This year's state officer team had the opportunity to attend the "Get Motivated" Seminar in Albany. During the day-long event, officers heard business professionals and motivational speakers including presentations by Colin Powell and Rudy Giuliani.

I am very excited to have the opportunity to work closely with Jessica as the New York State FBLA Executive Vice President for the 2009-2010 year. Your FBLA advisor and your school should be commended for giving your student this great opportunity. I look forward to a successful year and thank you for your continued support.

Sincerely,

EG Garofalo

Elizabeth Garofalo
NYS FBLA - Board of Trustees Chair

EDEN CENTRAL SCHOOL DISTRICT



Fifth Annual Community Involvement Awards 2009-2010

*Awards to be presented by the
Eden Central School District Board of Education
at the January 2010 Board of Education Meeting*

Nominations for these awards may be made by anyone who is in a position to recognize and substantiate the contribution.

THE FOLLOWING EVIDENCE SUPPORTING YOUR NOMINATION MUST BE RETURNED WITH THE FORM ON THE REVERSE SIDE OF THIS PAGE:

- 1) A brief description of the nature of the contribution and/or outstanding commitment.
- 2) Additional documentation which will substantiate your statement. Examples are a newspaper clipping, any published information or a letter from another individual.

An interview may be requested by the Board of Education as part of the selection process.

Please use a separate form for each person nominated.

Send form and supporting documentation to:



Board of Education
Eden Central School District
3150 Schoolview Road
Eden, NY 14057

DEADLINE:
November 13, 2009

--See reverse side for nomination form--

ART CLASSES MAKING A DIFFERENCE

Our 7th Grade and Studio in Art Classes are making money - literally! But don't contact law enforcement, read on. Ms. Morgan's art classes are participating in a nation-wide program creating "Fundred Dollar Bills," the world's largest art/science project uniting scientists and 3 million children against the lead polluted soils in New Orleans. Effective clean-up efforts have been estimated at \$300,000,000.

The Fundred Dollar Bill Project asks school children around the country to create their own, original one hundred dollar bills. These will be delivered to Congress in April by an Operation Paydirt armored truck specially equipped to run on recycled cafeteria grease beginning in November. These miniature works of art will represent the voices of school children throughout the USA, asking for a dollar for dollar exchange to fund this critical clean-up effort.

The project promises not only to resolve the problem of the lead-polluted soils in New Orleans, but it will also provide jobs in this area, still recovering from the devastation of Hurricane Katrina. Our art students are being provided a rich opportunity for classroom discussion and cross-curricular exploration.



Marissa counts her class's "Fundreds"



**EDEN CENTRAL SCHOOL DISTRICT
3150 SCHOOLVIEW ROAD
EDEN, NY 14057**



**Fifth Annual
Community Involvement
Awards**

- Category #1: School/District Committees –
This award will be presented to an individual who has made a significant contribution by serving on a school or district committee.
- Category #2: Sports/Athletics –
This award will be presented to an individual who has made a significant contribution to the Eden Central School District Sports/Athletic program.
- Category #3: Music –
This award will be presented to an individual who has made a significant contribution to the Eden Central School District Music program.
- Category #4: Volunteer –
This award will be presented to an individual who has made a significant contribution by serving as a volunteer in the district.
- Category #5: Business/Agency/Organization –
This award will be presented to a business, agency or organization that has made a significant contribution to the students of Eden Central School District.
- Category #6: Student as a Community Contributor –
This award will be presented to a student who has made significant contributions in the Eden community.



Nominated for Category # _____

Nominee: _____

Address: _____ **Zip Code:** _____

Telephone: _____

Nomination made by:

Name: _____ Relationship to Nominee: _____

Address: _____ Zip Code: _____

Telephone: _____ Signature: _____

Date: _____ Deadline: November 13, 2009

Please attach a brief description of the nature of the contribution and/or outstanding commitment along with supporting documentation. See the reverse side for more information.

SEPTEMBER ATHLETE OF THE MONTH

By Colleen Kot

The September athletes of the month as chosen by their coaches are as follows: Swimming: Megan Eckhardt; Cheerleading: Kelly Beller; Field Hockey: Shelby Stressing; Golf: Jay Partridge; Soccer: Andrew Greiner; Cross-country: Miriam Harms; Boys Volleyball: Matthew Meyer; Girl's Volleyball: Katie Eschner; Girl's Soccer: Danielle Lyndsley and Girl's Tennis: Erica Arnold.

Megan Eckhardt was chosen because of her positive attitude and perseverance. Megan missed a couple weeks of practice due to illness, but took over as "coach" and team trainer for the new swimmers and swimmers with shoulder issues. Once back in the water, she continued to work with the rookies and has qualified for ECICs in the 100 yard backstroke.

Kelly Beller is the strongest cheerleader on the squad and is always called on to try something new or show a fellow teammate something. She is dependable, hardworking, honest and dedicated. Kelly is a vital member of the squad.

Shelby Stressing is a Senior, co-captain of the Field Hockey team. She is a respected leader and works hard in practice.

Jay Partridge has an average of 35.9 on the golf course. He posted an Eden record 4 under par 31. Jay has stepped up as a team leader.

In boy's soccer, Andrew Greiner has allowed one goal in the past five games. He has made many key saves in important games.

Miriam Harms always gives 100% effort in Cross-Country. Her times continue to improve every race. Miriam is an asset to the team and a leader to all of her teammates.

Matthew Meyer is the Boy's volleyball athlete of the month because of his excellent play in tournaments. Matt has led the Raiders to a 7-2 record and earned All Tournament Awards in the Clarence and Eden tournaments.

Katie Eschner is a tremendously hardworking athlete on the volleyball court, who has played well in every match and tournament to date. As captain, she has provided outstanding leadership.

Danielle Lyndsley is a hardworking and talented athlete who is presently the leader in points for ECIC Division IV Soccer with 26 (11 goals and 4 assists). Danielle's physical strength and strong foot make her equally good at playing striker and center midfield. She also has a solid work ethic, and competitive attitude. Danielle plays soccer whenever she gets a chance-including indoor soccer at Sahlen's and Eden/North Collins travel soccer.

Erica Arnold was selected as Athlete of the Month for Girl's Tennis as she has been first singles for the last three years. She is a dedicated athlete with great team spirit.

Row 1: Kelly Beller, Julian Bermingham, Danielle Lyndsley, Shelby Stressing. Row 2: Megan Eckhardt, Miriam Harms, Matthew Meyer, Katie Eschner, Andrew Greiner, Jay Partridge. Missing from picture: Erica Arnold.



**EDEN CENTRAL SCHOOLS
CONTINUING EDUCATION PROGRAM
FALL 2009**

**Visit www.edencsd.org
for new and updated
Continuing Education
information.**

Please complete the form below and mail it with a check or money order made payable to Eden Central School. Mail to: District Office, Eden Central School, 3150 Schoolview Road, Eden, NY 14057, e-mail bthomasulo@edencsd.wnyric.org or you may bring your registration and check to the District Office from 7:00 a.m. until 3:30 p.m. five days prior to the scheduled start date for the class. **You must be 18 years old and no longer enrolled in high school to take a class, unless otherwise specified.** For all BWI classes, you must complete their registration form, included in this brochure.

The date listed by each class is the beginning date. There is variation in the beginning dates, length of classes and times, so please check details carefully. **IF A CLASS DOES NOT ATTAIN MINIMUM PARTICIPANTS, YOUR CHECK WILL BE RETURNED TO YOU. YOU WILL NOT RECEIVE NOTIFICATION IF THE CLASS WILL RUN.** All classes are held in the Jr./Sr. High School, unless otherwise noted.

IMPORTANT – When school is closed during the day or canceled because of weather, so are your courses. Likewise, when after school activities are canceled due to the weather, so are your courses.

CONTINUING EDUCATION

REGISTRATION FORM

FALL 2009

NAME _____ PHONE _____

ADDRESS _____

E-MAIL ADDRESS _____

CLASS _____	DATE _____	
CLASS _____	DATE _____	AMOUNT ENCLOSED:
CLASS _____	DATE _____	\$ _____

FITNESS AND FUN

BEGINNER GOLF – Want to improve your golf game? This course is to review/teach the fundamentals of golf. Topics covered include the set-up, swing, the short game and putting. Please bring a 7-iron to the first class.

Tuesday, October 27 th	5:00 – 6:00 pm	4 Sessions	Min. 5 people to run class
Instructor: Joe Wenzel	Elementary Gym	\$40	

INTERMEDIATE GOLF – Want to improve your golf game? This course is to review/teach the fundamentals of golf. Topics covered include the set-up, swing, the short game and putting. Please bring a 7-iron to the first class.

Tuesday, October 27 th	6:00 – 7:00 pm	4 Sessions	Min. 5 people to run class
Instructor: Joe Wenzel	Elementary Gym	\$40	

WOMEN'S SELF-DEFENSE/RAPE PREVENTION AND AWARENESS – This course is designed to teach women valuable life skills to ensure safety. Students will learn to anticipate and avoid trouble situations and invaluable self-defense skills. Each student will develop a program that is designed to meet their specific needs and most importantly, the confidence to implement it. Please note classes will be held off campus.

Mondays, November 9 th	7:30 – 8:30 pm	4 Sessions	Min. 4 people to run class
Instructors: Michael and Sandy Downs	D.A. Dojo	\$25	

At Defensive Arts Dojo

5444 Camp Road, Holiday Village Plaza, Hamburg, NY 14075

HALL WALKERS – Monday through Friday, 6:00 – 8:00 p.m. Walk in the hallways of Eden Central High School. Whether you enjoy an easy stroll or a brisk walk for regular exercise, your neighborhood school offers the perfect clean, dry and secure setting regardless of the weather! **(NO children please).** You **MUST BE REGISTERED** and wear **District provided nametag at all times.** **Registration by mail, e-mail or drop in only.** Nametags can be picked up on door of room 143 at the High School. You must also sign in outside of room 143 each time you walk.

SPECIAL INTERESTS

RED CROSS BABYSITTING COURSE – Gain the skills and confidence you need to be a great babysitter! Babysitter's Training is a fun, interactive course that builds confidence, responsibility and leadership skills – essential care-giving and decision-making skills, safety skills to prevent and respond to emergencies, tips on finding and interviewing for babysitting jobs. **Minimum 11 years old to participate.**

Saturdays, November 7 th	9:00 – 3:00	3 Sessions	Min. 6 people to run class
Instructor: American Red Cross Instructor	Room 146	\$50	

INTRODUCTION TO ADOBE PHOTOSHOP – Start learning how to get the most out of your digital camera after you've taken the picture. Learn to crop, clone, burn, dodge and paint using Photoshop Elements. Photo paper may be purchased on an as you need basis or bring your own. Also bring favorite photos to work on.

Thursdays, January 28 th	7:00 – 8:30 pm	4 Sessions	Min. 5 to run class-Max 10
Instructor: Jack Gavin	Room 112	\$30	

BEGINNING KEYBOARDING - This class is designed to introduce proper keyboarding techniques to adults. We will be using Internet sites to practice skills.

Saturdays, January 9th 9:00 – 10:00 am 5 Sessions Min. 3 people to run class
Instructor: Susan Schnauffer Room 109 \$35

WORD/EXCEL FOR BEGINNERS – This class will introduce both Microsoft programs. The class will be tailored to the needs of the class. At minimum, we will cover creating basic Word documents, inserting clip art, creating tables in Word and creating spreadsheets and charts in Excel. These programs will be taught on the 2003 platform.

Saturdays, February 13th 10:00 – 11:00 pm 5 Sessions Min. 3 people to run class
Instructor: Susan Schnauffer Room 109 \$35

6 HOUR INSURANCE/POINT REDUCTION CLASS – Upon completion of this program, you will qualify for a 10% reduction in both motor vehicle liability and collision premiums for three renewal years and for a four point driver record violation reduction. Space is limited. You must complete both nights for credit for class.

Saturday, November 7th 8:30 a – 2:30 pm 1 Session Min. 10 people to run class
Instructor: Sue Tabaczynski Pratt Room 109 \$42

OR

Saturday, January 23rd 8:30 a – 2:30 pm 1 Session Min.10 people to run class
Faculty Room \$42

SELF-GROWTH AND THE ART OF SINGING – Professional singer, voice teacher and holistic health practitioner, Jesse Wicher, will share with you the wonderful life-lessons he has learned through the study of singing. Explore with him the profound relationship between breath, body and voice, and inner growth. This engaging one-evening course is perfect for singers, artists, and anyone wishing to create more freedom and joy in their life. Come learn what good singing can teach you about good living!

Monday, November 30th 6:30 – 8:30 pm 1 session No minimum
Instructor: Jesse Wicher Holistic Arts* \$25

All classes take place at the Holistic Arts studio

68 Reed Avenue, Lackawanna, off Ridge Road near OLV

SINGING LESSONS FOR EVERYONE – Do what you love to do – BETTER! Learn to bring greater enjoyment and satisfaction to your singing by building on the basics of breath support, tonal focus and musicianship. Whether you are a beginner or an experienced musician, this class will help you get to the next level of your art. Just bring your enthusiasm and a piece of music you love to sing! Classes are open to all ages! **Lessons are 30 minutes of private instruction.** Introductory price for Community Education Students.

Five-week session - flexible scheduling! Flexible time 5 Sessions Individual Lessons
Instructor: Jesse Wicher Holistic Arts \$80 for 5 lessons

Lessons take place in the Holistic Arts Studio at 68 Reed Avenue, Lackawanna, off Ridge Road near OLV

GETTING PAID TO TALK, MAKING MONEY WITH YOUR VOICE - AN INTRODUCTION TO PROFESSIONAL VOICE OVERS -

Have you ever been told that you have a great voice? This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all - important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer! This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. Space is limited, and registration closes one week prior to class, so register early.

Wednesday, December 2nd 6:30 – 9:00 pm 1 Session Min. 8; Max 25
Instructor: Voice Coaches Room 146 \$10

FIRST AID, AED AND CPR - Do you know the most effective way to stop the bleeding of a serious cut? Could you help someone with a head or neck injury until medical personnel arrive? Learn the skills needed to prevent, recognize and provide basic care for injuries and sudden illnesses in Standard First Aid. Featuring hands-on practice and real-life scenarios, this course is updated with the latest science for first aid and provides useful take-home materials to retain skills and use as reference tools once training is complete. Could you operate an Automated External Defibrillator if a friend, family member or someone nearby was suffering from cardiac arrest? Take CPR/AED – Adult and learn the skills needed to prevent, recognize, and provide basic care for cardiac arrest and the effective use of an Automated External Defibrillator. Updated with the latest science for CPR, and emergency cardiovascular care, this course also provides useful take-home materials to retain skills and use as reference tools once training is complete.

Tuesday, December 1st 6:30 – 9:30 pm 2 Sessions Min. 6 people to run class
Instructor: American Red Cross Room 146 \$60

FINANCIAL

THE FUNDAMENTALS OF STOCK INVESTING – Do you have a desire to invest but fear the stock market jargon and complexity? Gain a basic understanding of what and how to participate in the stock market. Learn how to read stock quotes, S&P and Value line reports and also how to research a company. Build confidence in understanding and using the information you hear on TV and from other “expert” sources. Other sources for accurate and current stock information including the Internet, as well as ordering and trading stocks will be explained. The last class will be an introduction to the Internet. Learn how to get stock quotes, news and research. The last class will be held in the computer lab (Room 111).

Thursdays, November 5th, 12th, 19th 7:00 – 9:00 pm 3 Sessions Min. 6 people to run class
Instructor: Robert Stoklosa Room 118 \$20

TRIBUTE TO MOTOWN

WITH THE BPO & TRIBUTE GROUP "SPECTRUM"

SAT., NOV. 7 *\$110.00

Begin with dinner at the former Roselands Restaurant, which has been remodeled & is now a trendy Steakhouse known as *PRIME 490*. Then travel down the street to Kleinhans for *A TRIBUTE TO MOTOWN*. Four incredible singers known as *SPECTRUM* spent six years recreating the sound and style of the *Four Tops* in an award winning Las Vegas Show. Tonight, accompanied by the *BPO*, they will combine their voices and dexterity to create angelic harmonies. The quartet also covers the music of the Platters, Temptations & other well known groups. Dinner will be upstairs-notify us if this is a problem. A Mid-size non-restroom coach may be used. **CHOOSE ONE ENTRÉE**

- Filet of Sirloin W/ Mashed Potatoes
 - Chicken Parmesan W/ Penne Pasta
 - Pan Seared Salmon W/ Baby Red Potatoes
- DEPART TP 4:30pm HD 5:00pm RETURN HD 10:30pm TP 11:00 pm
#MOTO110709

A TASTE OF EUROPE

TRAIN RIDE – CHRISTKINDL MARKET -CREPES

SAT., NOV. 14 *\$90.00



KIDS 12 & UNDER *\$85.00

Travel to Clifton Springs, NY & board the *FINGERLAKES SCENIC RAILWAY*. After the hour long ride, arrive in Canandaigua. Reboard the coach for the short ride to the 1816 *GRANGER HOMESTEAD* for their annual *FESTIVAL OF TREES & CHRISTKINDL MARKET*. The Mansion is decorated with over 100 entries including Trees, Wreaths, Table Decorations, Quilts, Stockings, & Floral Arrangements. The *CHRISTKINDL MARKET*, is a holiday Craft Show held on the Granger grounds & in the Carriage Museum with over 100 juried artisans displaying in large heated tents. Savor the aroma of roasted nuts, bratwurst & Hot Spiced Wine. Grab a bite to eat on your own. Also taking place is a Gingerbread House Contest, Horse Drawn Carriage Ride (on your own), & Santa will there too. Make one last stop at for a sweet treat. The Héroux Family welcomes the group to their restaurant-*SIMPLY CREPES* for Dessert. A rest stop will be made on the way to Clifton Springs. Stairs at the restaurant.

CHOOSE ONE CREPE

- Chocolate Mousse • Warm Carmel Apple • Fresh Strawberry
- DEPART TP 8:00 am HD 8:30 am RETURN HD 6:00 pm TP 6:30 pm
#TAST111409

"THE WORLD OF LOVE"

MANDOLIN ORCHESTRA & HOLIDAY LIGHTS

WED., NOV. 18 *\$84.00

Spend the afternoon in St. Catherine's, Ont. listening to the unique sound of the *MANDOLIN ORCHESTRA OF NIAGARA*. The performance takes place in the *BETHANY COMMUNITY CHURCH*. The multi-use facility has comfortable graduated theater-style seating & excellent acoustics. This year's all new show is entitled *"THE WORLD OF LOVE"*. The 30-member Orchestra will take you on a musical journey of favorite melodies. Saxophones, Clarinets, Bass Cellos, Mandolas & a Piano also accompany the Mandolins. After the show continue on to the newly opened restaurant, *ELEMENTS ON THE FALLS* for an early dinner (approx. 4:30 pm) & spectacular view of the Falls! Get into the holiday spirit, as you view the decorations and lights at the Falls on your way home. A choice of a Prime Rib, Salmon, or Chicken, will be offered at upon arrival at the restaurant.

PROOF OF CITIZENSHIP REQUIRED

DEPART TP 12:00 pm HD 12:30 pm RETURN HD 7:00 pm TP 7:30 pm
#WORLD11809

-YOUR CHOICE- CLEVELAND

- CHRISTMAS CONNECTION HOLIDAY SHOPPING SHOW
- ROCK & ROLL HALL OF FAME • GREAT LAKES SCIENCE CENTER

SAT., NOV. 21

OJ & MUFFIN; Transportation & Admission to the attraction(s) of your choice as listed in the description. A restroom stop will be made on the way down & back.

NOTE: There will be 2 drop-off's. Those going to the Science Center or Rock N' Roll Hall Of Fame will be dropped off first (spend approx. 6 hrs. *) followed by a drop-off at the Christmas Connection (approx. 5 hrs.*). Food is available at all locations or for time efficiency, feel free to bring along your own lunch. *Times may vary based on traffic or weather.

CHRISTMAS CONNECTION SHOW – 23RD YEAR *\$74.00

One of the largest holiday shopping shows with over 900 artists, crafters & vendors. Purchase unique, sometimes one- of- a-kind items - jewelry, yard signs, floral arrangements, wall hangings, clothing, ornaments, stocking stuffers, & much more.

ROCK -N- ROLL HALL OF FAME *\$84.00

Explore seven levels, over 50 exhibits, cinema presentations, & the world's most extensive collection of rock-n-roll artifacts.

GREAT LAKES SCIENCE CENTER *\$84.00

Over 350 hands-on exhibits & OMNIMAX Theater (6 story domed theater w/ 180° of thrilling site & sound). Try your luck on a real live "game show" in the interactive game room. Admission includes 4:00 PM Imax Show

SCIENCE CENTER & ROCK-N-ROLL HALL *\$99.00

KIDS 17 & UNDER:

- SCIENCE CENTER \$79.00 • ROCK-N-ROLL 79.00**
- BOTH \$89.00**

DEPART HD 7:30 am TP 8:00 am RETURN TP 9:30 pm HD 10:00 pm
YOUR112109

FIDDLER ON THE ROOF--STARRING TOPOL

SUN., NOV. 22 A-CENTER ORCHESTRA SEATING *\$130.00
B-SIDE ORCHESTRA SEATING *\$118.00

(KIDS 12 & UNDER- CENTER \$120.00-- SIDE *\$110.00)
Begin the day at *SHANGHAI REDS*, located on Buffalo's Scenic Waterfront for Lunch. Then travel a short distance to *SHEAS* for the 2 pm performance of *FIDDLER ON THE ROOF*, the Tony Award Winning Musical that has captured the hearts of people all over the world. See *CHAIM TOPOL*, the star of the original motion picture in his farewell performance. Set in a 1905 in a small Jewish village in Russia, the show tells the story of Tevye, his wife Golde, and their five daughters who must cope with their harsh existence under Tsarist rule. A Mid-sized non-restroom coach may be used.

BE SURE TO INDICATE WHICH SEATING YOU WANT.

CHOOSE ONE ENTRÉE

- Pork Tenderloin. with Apricot Cherry Sauce
- Baked Atlantic Cod W/ Parmesan Bread Crumbs
- Chicken Scaloppini –Breaded sautéed Breast

DEPART HD 12:30 pm TP 1:00 pm RETURN TP 5:30 pm HD 6:00 PM
#FIDD112209

GIRLS NIGHT: THE MUSICAL

SAT., NOV. 28

*\$124.00

Grab your sisters, girlfriends & co-workers for a fun day out. Travel to **BRAMALEA CITY CENTRE MALL** to shop & for lunch on your own. Each passenger receives a gift bag with discount coupons and incentives. Then travel to the Rose Theatre for the 2:00pm performance of **GIRLS NIGHT: THE MUSICAL**. Hilarious and touching, Girls Night, The Musical follows five friends as they re-live their past, celebrate the present and look to the future during a wild and outrageous girls night out at a karaoke bar. You'll recognize many of the characters...Carol the party girl, blunt Anita who tells it like it is, Liza and her "issues," boring Kate the designated driver & Sharon, the not-so-angelic angel who just couldn't resist tagging along. Bursting with energy & packed with every memorable anthem imaginable including: *Girls Just Want to Have Fun, Man I Feel Like a Woman, I'm Every Woman, & We Are Family*. End the day with dinner at **THE GINGERBREAD HOUSE RESTAURANT & COUNTRY INN** decorated for the holidays. The VanWyck family will entice your palate with the many wonderful ingredients of the Grand River Valley, prepared using time honored methods and historical recipes. ADULT LANGUAGE & SITUATIONS. **PROOF OF CITIZENSHIP REQUIRED**

CHOOSE ONE ENTRÉE

•Boneless Chicken w/ dried cranberry sauce

• Sliced Roast Beef w/ gravy

DEPART TP 8:30 am HD 9:00 am RETURN TP 9:00pm HD 9:30 pm

#GIRL112809

LORETTA LYNN**A TASTE OF BRANSON IN NIAGARA FALLS, ONT.**

SUN. NOV. 29

*\$104.00

Travel to **ELEMENTS RESTAURANT** overlooking the Canadian Falls and enjoy lunch. Continue on to the Memorial Arena to see one of Country Music's most revered entertainers presented in conjunction with the 27th Annual Festival Of Lights. **LORETTA LYNN**, was one of the leading country vocalists & songwriters during the 1960s & 70s, racking up over 70 hits as a solo & duet artist. In 2000 she returned to the limelight & released a solo album. Her own life often provided the material for her music, a book & also the movie-"Coal Miner's Daughter". Don't miss the chance to experience a little "Taste of Branson" right in your own backyard. View the Holiday lights around the Falls as you travel back home. A choice of a chicken, beef or fish entree will be offered upon arrival. A Mid-size non-restroom coach may be used. **PROOF OF CITIZENSHIP REQUIRED**

DEPART TP 10:00 am HD 10:30 am RETURN HD 5:30 pm TP 6:00 pm

#LORE112909

CIRQUE DREAMS HOLIDAZE

SUN., DEC. 20 A- CTR ORCH. *\$130.00 B- SIDE ORCH. \$118.00 (KIDS 12 & UNDER- CENTER \$118.00-- SIDE *\$106.00)

Begin the day at **SHANGHAI REDS**, known for one of Buffalo's Best Brunches & Scenic Views of the Waterfront. Choose from a wide variety of Breakfast & Lunch items. Then travel a short distance to **SHEAS** for the 2 pm performance. The Holiday Season Spirit is all wrapped up in the imagination of **CIRQUE DREAMS HOLIDAZE**. Ornaments come to life transforming ordinary Holiday Figurines into extraordinary Aerialists, Acrobats, Musicians & Dancers performing Fantastical Feats! Add to that, critically acclaimed costuming & high quality productions. A "MUST SEE" SHOW FOR ALL AGES! MAKES A GREAT HOLIDAY GIFT! A Mid-sized non-restroom coach may be used. **INDICATE WHICH SEATING YOU WANT.**

DEPART HD 11:00 am TP 11:30 am RETURN TP 5:00 pm HD 5:30 pm

#CIRQ122009

DICKENS CHRISTMAS IN SKANEATELES

SAT., DEC. 12

\$83.00

Begin with Lunch at the historic **SHERWOOD INN** & then step back in time and celebrate the holidays the old-fashioned way at the annual **DICKENS CHRISTMAS FESTIVAL**. Enjoy Carriage Rides, Carolers, Street Theater, Roasted Chestnuts & Hot Chocolate. The Street Performances end at 4:00 pm, so you can choose to stay in Skaneateles and visit the local stops or you can take the coach to the Finger Lakes Mall where there are 50+ stores plus the **BASS PRO SHOP**. **CHOOSE ONE ENTRÉE** • Pecan Crusted Salmon • Sliced Sirbin • Chicken Marsala – Sautéed w/Herbs/Mushroom Sauce
DEPART TP 9:00 am HD 9:30 am RETURN HD 9:00 pm TP 9:30 pm
#DICK121209

HOME FOR THE HOLIDAYS**STARRING THE MANTINI SISTERS****LIGHTHOUSE FESTIVAL THEATRE-PORT DOVER, ONT.**

THURS., DEC. 3

*\$104.00

LUNCH AT THE ERIE BEACH HOTEL before the show, **HOME FOR THE HOLIDAYS** at the Lighthouse Theatre in Port Dover, Ont. Presented in the distinct **MANITNI SISTER'S** style, Sandra, Barbara and Ann invite you to celebrate the joyous season of Christmas with them in an afternoon of popular holiday classics, old and new. Shop or stroll for short time to after the show. **PROOF OF CITIZENSHIP REQUIRED**

CHOOSE ONE ENTRÉE

•Roast Beef •Pickerel (Breaded Whitefish) •Grilled Chicken Breast

DEPART HD 9:00 am TP 9:30 am RETURN TP 8:00 pm HD 8:30 pm

#HOME120309

GROVE CITY OUTLET

SAT., NOV. 14

\$64.00

Enjoy a **MUFFIN & OJ** on your way to **GROVE CITY**, rated as one of the top 20 Outlet Ctrs in the US. With over 140 Brand Named Outlets, customers save from 25% - 75% off everyday retail prices making it a "Bargain Shoppers Paradise"! Visit the **BLAIR FACTORY STORE**, one of the only **OLD NAVY OUTLETS** in the area, **THE PEPPERIDGE FARM STORE** selling **GODIVA CHOCOLATES** at half price & many more! Plus there is **NO TAX** on clothing in PA! Upon arrival at the Mall, receive a **SHOPPING BAG**, a **DIRECTORY** and **DISCOUNT CARD & COUPON BOOK** for various stores. Enjoy lunch on your own at the food court. A quick restroom stop will be made on the way down and back.

DEPART HD 7:30 am TP 8:00 am RETURN TP 9:00 pm HD 9:30 pm

#GROV111409

A TASTE OF GERMANY**CHRISTKINDL MARKET IN KITCHNER & ST. JACOBS**

SAT., DEC. 5

\$64.00

Travel to Kitchener, Ont. for the 13th annual **CHRISTKINDL MARKET** located in the City Hall Rotunda. Spend 3½ hours at the market. Shop at a variety of Vendors selling Gifts, Jewelry, Smoking Man Figures & more. Purchase Chocolates filled with brandy & delicious food items. Take a break from the hustle & bustle and enjoy the Entertainment such as the Cast and Bronze Bell Ringers, Philharmonic Choir, & Hofbrau Band. For lunch on your own, choose from a variety of authentic German Fare from Soup, Schnitzel, Smoked Kassler and more sold by the food vendors; then proceed to the seating area provided. Continue on to the **VILLAGE OF ST. JACOBS** to browse & shop in the quaint stores. There are plenty of places to rest and grab a beverage and dessert as well. End the day with a stop at the **DUTY FREE** to shop. (The coach will depart at approx 1:00 pm for those who want more time in St. Jacobs.) **PROOF OF CITIZENSHIP REQUIRED**

DEPART TP 8:00 am HD 8:30 am RETURN HD 8:00 pm TP 8:30 pm

#TAST120509

A SUPERSTAR CHRISTMAS

TUES., DEC. 8

***\$90.00**

Travel to **THE BLACK FOREST INN** in the Village of Conestogo, just outside of Kitchener, Ont. for Lunch followed by the Show. This is a magical and endearing story of a spoiled young girl who discovers the true meaning of Christmas through a series of lessons learned from some of music's greatest all-time performers. Featuring appearances by *Dolly Parton*, singing *Rockin' Around The Christmas Tree*, *Elvis* with *Blue Christmas* and other great superstars singing all-time favorites. The show has something for everyone and is sure to get you in the Christmas Spirit! Family Style Lunch includes Salad, Roast Beef, Pork Schnitzel, Chicken, Potatoes, Vegetables, & Dessert. End the day with a short stop in the quaint village of St. Jacobs to stroll or shop. **PROOF OF CITIZENSHIP REQUIRED.**

DEPART TP 9:00 am HD 9:30 am RETURN HD 7:00 pm TP 7:30 pm
#SUPE120809

IT'S A WONDERFUL LIFE FESTIVAL & TRAIN RIDE

SAT., DEC. 12

***\$90.00**

KIDS 12 AND UNDER *\$80.00

Take a nostalgic trip to **SENECA FALLS**, widely believed to be the inspiration for the holiday classic, **IT'S A WONDERFUL LIFE**. Karolyn Grimes, the young child known as **ZUZU**, returns each year to meet the festival goers & to sign autographs. Enjoy a **DELI LUNCHEON BUFFET** at a brand new location. The grand old Gould Hotel in downtown Seneca Falls has stepped into the future with a \$6.2 million renovation & a new name with an old history. Renamed **THE HOTEL CLARENCE**, for George Bailey's guardian angel, who comes to his rescue & convinces him that he has made a difference to his community, and that he truly had a "Wonderful Life". After dining, have a short time to visit the Festival Activities, take a complimentary horse & buggy ride or explore the town and locations that inspired Mr. Capra in his visits to Seneca Falls in the early 1900's. Stand on the bridge that served as a prototype from which Jimmy Stewart's character leaped from, and other familiar sites from in the movie. Then hop aboard **THE FINGER LAKES SCENIC RAILWAY** and take a round trip ride through the small towns Villages- approx. 1½ hour total. Bring the kids as Santa will be on the train and in the North Pole Village in town. A rest stop will be made on the way down and a food stop on the return. **A WONDERFUL WAY TO SPEND THE DAY!**

DEPART TP 8:30 am HD 9:00 am RETURN HD 7:00 pm TP 7:30 pm
#ITSA121209

LET'S EXERCISE! Pilates and Yoga classes are beginning!

<u>Program</u>	<u>Location</u>	<u>Day(s)</u>	<u>Times(s)</u>	<u>Start Date</u>	<u>Length</u>
Pilates-Session 2	GLP Cafe	T/Th	6:30-7:30 p.m.	10/20	4 wks/8 days
Pilates-Session 3	GLP Cafe	T/Th	6:30-7:30 p.m.	11/17	4 wks/8 days
Yoga	GLP Cafe	Wed.	7:00-8:00 p.m.	9/23	10 wks/10 days
Yogalates w/ball	GLP Cafe	Sat.	8:30-9:30 a.m.	9/26	10 wks/10 days
Yogalates w/ball for seniors	GLP Cafe	Sat.	8:30-9:30 a.m.	9/26	10 wks/10 days

GO TO <http://www.edencsd.org> Community/Continuing Education for registration form and pricing.

PILATES

Climbing out of bed can be difficult! Taught by a certified instructor, this low intensity, calorie-burning workout tones and strengthens your core muscles, which help to anchor and stabilize your body. Exercise your body and mind to improve strength, flexibility, and balance and achieve total body conditioning.

YOGA

Taught by a certified instructor, this ageless art provides a balance of posture designed to promote health, flexibility, and overall strength. Reduce stress in your life by calming your mind, body, and spirit! Learn life-enhancing techniques to feeling better while improving your overall health and well-being!

IN THE HEIGHTS

TONY AWARD WINNING MUSICAL AT SHEAS

SAT., JAN. 30 CENTER ORCHESTRA SEATING *\$123.00
SIDE ORCHESTRA SEATING *\$113.00

Travel to the **BIJOU GRILLE**, conveniently located near the theater. Following lunch, stroll across the street to **SHEAS** for the 2 pm performance. Winner of the 2008 Tony Award Winner for Best Musical, Best Choreography, Best Orchestrations, & Best Score, **IN THE HEIGHTS** is an authentic & exhilarating journey into one of Manhattan's most vibrant communities. A place where the windows are always open, and the breeze carries the rhythm of three generations of music. With an amazing cast, incredible dancing and a gripping tale of hope & self-discovery, **IN THE HEIGHTS** is Broadway's hottest hit! *The NY Times* calls it, "A musical about chasing your dreams and finding your true home, with enough energy to light up the George Washington Bridge. A SINGULAR NEW SENSATION!" A Mid-size non-restroom coach may be used. POSITIVE FAMILY THEMES BUT DOES CONTAINS SOME STRONG LANGUAGE & ADULT SITUATIONS.

CHOOSE ONE ENTRÉE

- Grilled Boneless Pork Chop basted W/ Bourbon BBQ Sauce
 - Haddock Fillet topped W/ Bread Crumbs & Cheese
 - Sautéed Parmesan Crusted Chicken Breast -W/Sage Butter
- DEPART HD 11:00 am TP 11:30 am RETURN TP 5:30 pm HD 6:00 pm
#INTH013010

LOCATION of DROP OFF/PICK UP	
TP = TOPS MARKET 355 ORCHARD PARK RD.	HD = HOME DEPOT 2065 NIAGARA FALLS

See next page for information regarding travel to Canada!



Note: On BWI classes already in progress, you can still join at a prorated cost.

Non-Profit Org.
U.S. Postage
PAID
Eden, NY
Permit No. 18

TRIPS & TOURS INFORMATION

**PROOF OF CITIZENSHIP
CROSSING INTO CANADA VIA
MOTORCOACH**

All passengers going into Canada will now be required to present proof of citizenship before boarding the coach. It is our responsibility to check that each person has this proof with them. In order to protect the other passengers from a delay, anyone who cannot show proper ID to the tour escort, will be denied entry onto the coach. Furthermore, there will be no refund given for the missed tour.

All U.S. & Canadian citizens who are 16 and older traveling between the U.S. and Canada, will be required to present one of the following forms of ID:

Passport

Passport Card

Enhanced NYS Driver's License – or any other authorized enhanced license

Nexus Card

U.S. and Canadian citizens who are 15 years old & under will still be allowed to travel with their birth certificate, as will teens between the age of 16-18 if they are part of an adult supervised group. Children who are not traveling with a parent, must have a notarized permission note signed by the parent.

ATTENTION!!

Just a reminder.....

To all students & parents: Students should dress for the weather and be at the bus stop on time no matter what the weather, so they won't be missed by the bus. The drivers need to be at the schools on time, and they will need your cooperation to do so. Thank You!

**LET'S GET FIT, BE HEALTHY AND STAY
ACTIVE!**

By Marisa Fallacaro

The Independent Health Foundation is bringing back the Fitness for Kids Challenge. Once again we at the GLP would like to do our part in teaching children about healthy habits in hopes of combating the rising rates of obesity and diabetes in children.

This program is new and improved, and easier for parents !! This year parents that would like their children to be a part of this program only have to fill out a one-time form. Those students who have turned in the completed parent form will then fill out his/her weekly activity logs in school. Each month the completed activity logs will be sent into Independent Health for monthly drawings. Winning students will receive their prizes at school. The top 5 schools at the end of the contest on May 5th will receive \$1000 grant.

For more information on this program, please visit www.fitnessforkidschallenge.com.

Announcement!

Eden's Wind Ensemble is holding their annual Citrus Fruit Sale from November 2nd - November 13th. Please see a Wind Ensemble member to order, or you can call the Music Office at 992-3637 or call 992-3629. Delivery is on December 7th.

The fruit will be sold as:

2/5 & 4/5 bushel of pink grapefruit

2/5 & 4/5 bushel of navel oranges

2/5 bushel of mixed grapefruit & navels

Prices to be determined, prepayment or payable upon delivery.