## COMMUNITY RESOURCE LIST

Listed are several community resources that are available. This list is not exhaustive, but it can serve as a bridge to help.

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National Suicide Prevention Center 800.273.8255 (TALK)

College Students "Saving a Number to Save a Life" 800.273.8255

Gulf Bend Center Crisis (Mental Health Response) 877.723.3422

Teen Line 800.989.6884

National Trafficking Hotline 888.373.7888

WEBSITES:

WWW.TEXASPREVENTIONSUICIDE.ORG
WWW.SUICIDEPREVENTIONLIFELINE.ORG

# NO CHARGE COUNSELING SERVICES (RESERVED FOR THOSE WITHOUT BENEFITS)

The South Texas Children's Home-Family Ministry 361.575.5151

(Christian Counseling Services)

Paul Primm, LMFT 361.935.1938 (Ages 12 +)

++ private pay only-works on sliding scale++

Emmaus Center Catholic Diocese 361.212.0830

Methodist Health Care Ministries 361.739.3891

Services to At-Risk Youth (STAR) 361.582.2348

## SUBSTANCE ABUSE TREATMENT & SUPPORT GROUPS

Billy T. Cattan Recovery Outreach (Alcohol & Drug) 361.576.4673 (HOPE)

Mid-Coast Family Services 361.575.7842

Alcoholic Anonymous 361.788.4534

Military Veteran Peer Network 361.220.9984

## VICTIMS OF ASSAULT

The Harbor (Port Lavaca) 361.552.5683

(Domestic Violence, Sexual Assault, Abuse)

Mid-Coast Family Services 361.575.7842

(Domestic Violence, Sexual Assault, Emotional/Verbal Abuse)

Women's Shelter

Restoration House Ministries 361.676.3588

Montrose Counseling Center Hotline 713.529.0037

(LGBTQ Counseling)

WWW.MONTROSECOUNSELINGCENTER.ORG

#### CRISIS HOTLINES

Mid-Coast Family Services (Domestic Violence) 800.870.0368

Gulf Bend Center 877.SAFE.GBC (877.723.3422)

Department of Protective & Regulatory Services 800.252.5400

(Child Protective Services & Adult Protective Services)

Services to At-Risk Youth (STAR) 877.876.7827

Texas Youth Hotline 800.989.6884

Veteran's Crisis & Suicide Hotline 800.273.8255