# SEPTEMBER 2024 INTERNATIONAL ACADEMY **MENU**

# FREE Breakfast 7:20am FREE Lunch - 11am-1pm

# Monday

# HAPPY **LABOR DAY!**

Tuesday

3 **Beef & Cheese Nachos** served with corn Refried Beans

Turkey Baracoa Tacos

served with Pico corn.

Refried Beans and Churros

Dorito Taco Cheese Bowl

Served with Black Beans

and Churros

17

4 Chicken Shwarama Pita with Waffle Fries 11

Wednesday

French Toast Sticks w/

Turkey Sausage

Hot Dog Bar

with Fries

Bosco Day! Buffalo Mac & Cheese Steamed Broccoli

Thursday

5

13

Bosco Dav!

Popcorn Chicken Bowl

19 Pasta Bar Choice of Sauces and **Toppings** 

26 Mac & Cheese Steamed Broccoli and Garlic Bread

Friday

6 Orange Chicken w/ WG rice, Asian Veggies

12

Beef Teriyaki Stir Fry w/ WG rice, Asian Veggies

Waffles and Chicken

Sweet & Sour Chicken w/ WG rice, Asian Veggies

**IET'S PIZZA!** 

**OR Cheesy Fish** Sandwich with Sweet **Potato Fries** 

IET'S PIZZA!

OR Mini Turkey Corn Dogs with Fries

IET'S PIZZA!

OR Mac & Cheese Burger with Sweet Potato Fries

**24** Beef &Cheese Tatchos served with Corn and a variety of toppings

25

1/2 Day! **NO HOT LUNCH!** 

**30** 

JET'S PIZZA

OR Chicken & Wattle **EGGOGI Sandwich** 

Bloomfield Hills Schools is providing

2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade again this school year! Ala carte will be offered at an extra cost in most locations

> All meals include Proteins & whole grains At least 1/2 cup fruits and veggies and 1% white or Chocolate milk

aramark

# **DAILY LUNCH OPTIONS!**

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN, BAKED FRENCH FRIES
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)
AND MUCH MORE!!

#### Chicken Schwarma

Seasoned Chicken served on a whole grain Pita with tangy cucumber sauce and optional diced tomatoes and onions Served with Crispy Waffle Fries

## **Turkey Barbacoa Tacos**

Seasoned ground turkey served on
Flour Tortillas
Served with Pico Corn salad
and Refried Beans

#### Pasta Bar

Pasta served with Marinara Sauce or Alfredo served with choices of Beef Meatballs, Diced Chicken and Broccoli. Served with Parmesan, and Garlic Bread

### **Dorito Taco Cheese Bowl**

Crispy Baked Nacho Cheese Doritos Topped with Beef and Cheese Sauce Served with refried beans

## EGGOJI Waffle and Chicken Sandwich

All White meat Chicken Patty between 2 crispy animated WG WCLes

#### **Bosco Sticks**

Mozzerella cheese filled breadsticks served with Marinara Sauce

# French Toast with Turkey Sausage

Crispy French Toast Sticks served with a Turkey Sausage Patty, Syrup, Hash Brown Patty

## **All Beef Hotdog Bar**

Assorted toppings include beef Chili, Cheese Sauce and assorted veggie topping!

# **Oriental Beef Stirfry**

Beef bites glazed in Teriyaki sauce served over WG rice with Asian mixed Veggies

## **Cheesy Fish Sandwich**

Breaded Flakey Haddock topped with American Cheese on a WG Bun

## **Mac & Cheese Burger**

All Beef Burger topped with Creamy Mac & Cheese on a WG Bun Macaroni & Cheese

> Whole grain pasta tossed in a creamy cheddar cheese sauce served with fresh steamed Broccoli

### **Jets Pizza**

Crispy Deep Dish Cheese Pizza with Jet's famous sauce!

### **Buffalo Chicken Mac & Cheese**

Creamy Mac & Cheese served with Crispy Chicken bites and Buffalo Sauce served with fresh steamed Broccoli

#### **Beef and Cheese Nachos**

Beef and Cheese on Crispy tortilla chips with optional toppings Served with refried beans

### **Chicken and Waffles**

Crispy White meat breaded Chicken Strips Served with Sweet Belgium Waffles, Syrup Cup and optional Sweet Potato Fries

# **Mini Corn Dogs**

Mini Turkey hotdogs battered in a crispy whole grain Corn Bread Batter served with French Fries

### **Beef and Cheese Tatchos**

Beef and Cheese over Crispy Tater Tots Served with refried beans and Toppings

#### **Sweet & Sour Chicken**

Crispy battered chicken bites glazed in a sweet & Sour sauce, served over WG rice with Asian mixed Veggies

## **BREAKFAST**

Offered Daily in the Cafe 7:15am -7:55am

Choose from Cold and Hot Choices including Apple Cinnamon Texas Toast, Breakfast Sandwiches, Yogurt Parfait Bagels, Muffins Cereal Bars, Cereal All Breakfasts include up to a full cup of fruit and/or Juice and a 1% white or chocolate milk

# Join us in learning about

# **Michigan Produce!**

Seasonal Carrots, Blueberries, Apples, Salad Greens, Sweet Potatoes and Much More!



Gluten Free
option available per
medical requestpreorder required



Vegetarian and Dairy Free options available - preorder required

VEGETARIAN

248.341.5671



MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER