

SEPTEMBER 2024

MIDDLE SCHOOL MENU



FREE Breakfast Served until 8:30am
in the Cafeteria
FREE Lunch - 11am - 12:30pm

Monday

HAPPY
LABOR DAY!



Tuesday

3
1/2 Day!
NO HOT LUNCH!

Wednesday

4
 Chicken Shwarama
 Pita with
 Waffle Fries

Thursday

5
 Bosco Day!
 Popcorn Chicken 🤪

Friday

6
 Orange Chicken w/ WG
 rice, Asian Veggies

9 **JET'S PIZZA!**
 OR Cheesy Fish
 Sandwich with Sweet
 Potato Fries

10
 Turkey Baracoa Tacos
 served with Pico corn,
 Refried Beans and Churros

11
 French Toast Sticks w/
 Turkey Sausage

12
 Bosco Day!
 Buffalo Mac & Cheese
 Steamed Broccoli

13
 Waffles and Chicken

16 **JET'S PIZZA!**
 OR Mini Turkey Corn
 Dogs with Fries

17
 Dorito Taco Cheese Bowl
 Served with Black Beans
 and Churros

18
 Hot Dog Bar
 with Fries

19
 Pasta Bar
 Choice of Sauces and
 Toppings

20
 Beef Teriyaki Stir Fry
 w/ WG rice, Asian
 Veggies

23 **JET'S PIZZA!**
 OR Mac & Cheese Burger
 with Sweet Potato Fries

24
 Beef & Cheese Tatchos
 served with Corn and a
 variety of toppings

25
 Meatball Grinder
 with Marinara and
 Cheese

26
 Mac & Cheese
 Steamed Broccoli and
 Garlic Bread

27
 Sweet & Sour Chicken
 w/ WG rice, Asian
 Veggies

30 **JET'S PIZZA!** 🤪
 OR Chicken & Waffle
 EGGOGI Sandwich

Bloomfield Hills Schools is providing
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade
again this school year! Ala carte will be offered at an extra cost in most locations

All meals include Proteins & whole grains
At least 1/2 cup fruits and veggies and
1% white or Chocolate milk

248.341.5671
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DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS w/ MUFFIN, BAKED FRENCH FRIES
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA STATION
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
PLUS MTO DELI BAR AND SNACK BAR (ALA CARTE PRICING FOR SNACKS)
AND MUCH MORE!!

Chicken Schwarma

Seasoned Chicken served on a whole grain
Pita with tangy cucumber sauce and
optional diced tomatoes and onions
Served with Crispy Waffle Fries

Turkey Barbacoa Tacos

Seasoned ground turkey served on
Flour Tortillas
Served with Pico Corn salad
and Refried Beans

Cheesy Fish Sandwich

Breaded Flakey Haddock
topped with American Cheese
on a WG Bun

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos
Topped with Beef and Cheese Sauce
Served with refried beans

Meatball Grinder

Meatballs tossed in Marinara topped with
melted Mozzarella cheese and topped with
optional Peppers & Onions with Fries

EGGOJI Waffle and Chicken Sandwich 🥰

All White meat Chicken Patty between
2 crispy animated WG Waffles

French Toast with Turkey Sausage

Crispy French Toast Sticks served
with a Turkey Sausage Patty, Syrup,
Hash Brown Patty

All Beef Hotdog Bar

Assorted toppings include beef Chili,
Cheese Sauce and assorted veggie topping!

Oriental Beef Stirfry

Beef bites glazed in Teriyaki sauce
served over WG rice with Asian mixed
Veggies

Pasta Bar

Pasta served with Marinara Sauce or
Alfredo served with choices of Beef
Meatballs, Diced Chicken and Broccoli.
Served with Parmesan, and Garlic Bread

Mac & Cheese Burger

All Beef Burger topped with
Creamy Mac & Cheese on a WG Bun

Sweet & Sour Chicken

Crispy battered chicken bites glazed in a
sweet & Sour sauce, served over WG
rice with Asian mixed Veggies

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy
Chicken bites and Buffalo Sauce served with
fresh steamed Broccoli

Bosco Sticks

Mozzerella cheese filled breadsticks
served with Marinara Sauce

Chicken and Waffles

Crispy White meat breaded Chicken Strips
Served with Sweet Belgium Waffles,
Syrup Cup and optional Sweet Potato
Fries

Mini Corn Dogs

Mini Turkey hotdogs battered in a crispy
whole grain Corn Bread Batter served with
French Fries

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots
Served with refried beans and Toppings

Macaroni & Cheese

Whole grain pasta tossed in
a creamy cheddar cheese sauce
served with fresh steamed Broccoli

Jets Pizza

Crispy Deep Dish Cheese Pizza with Jet's
famous sauce!

BREAKFAST

Offered Daily
in the Cafe 8:15-8:30am

Choose from Cold and
Hot Choices including
Apple Cinnamon Texas
Toast, Breakfast
Sandwiches, Yogurt
Parfait
Bagels, Muffins
Cereal Bars, Cereal
All Breakfasts include
up to a full cup of fruit
and/or 100% Fruit Juice
and a 1% white or
chocolate milk

Join us in learning about

Michigan Produce!

Seasonal Carrots, Blueberries,
Apples, Salad Greens, Sweet
Potatoes and Much More!

Gluten Free



option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required



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MENU SUBJECT TO CHANGE WITHOUT NOTICE
THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER