

SEPTEMBER 2024 PREP MENU



All complete meals Free throughout the 2024-25 school year!
Lunch Delivered Daily by 11am
Preorder Breakfast the day before to be there in the morning for your student

Monday

- HAPPY LABOR DAY!**
- 9 BBQ Chicken Drumstick w/ mashed potatoes
MICHIGAN VEGGIES
 - 16 Waffles and Chicken
Sweet Potato Fries
 - 23 Loaded Popcorn Chicken
Cheese Tot Bowl
 - 30 Popcorn Chicken Bowl,
w/ mashed potatoes,
gravy and Corn

Tuesday

- 3 Dorito Taco Cheese Bowl
Served with Black Beans
and Churros
- 10 Turkey Barbacoa Tacos
WG Rice and
Refried Beans
- 17 Beef & Cheese Tatchos
served with Corn and a
variety of toppings
- 24 Beef & Cheese Nachos
served with corn
Refried Beans

Wednesday

- 4 Greek Gyros
Rice Pilaf
JET'S Pizza Day!
- 11 Chicken Waffle
sandwich w/ Fries
JET'S Pizza Day!
- 18 Meatball Grinder
w/ Fries
JET'S Pizza Day!
- 25 Grilled Cheese sandwich
w/ Tomato Soup
JET'S Pizza Day!

Thursday

- 5 Beef or Cheese Lasagna
Garlic Breadstick
MICHIGAN BROCCOLI
- 12 Buffalo Chicken Mac &
Cheese
Garlic Breadstick
MICHIGAN BROCCOLI
- 19 Mac & Cheese
Steamed Broccoli and
Garlic Bread
- 26 Chicken Alfredo Pasta
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

- 6 General Tso Chicken
w/ WG rice and Stir-
fried Veggies
- 13 Chicken Thai Bowl
Crisp Chicken over WG
Rice with a Thai Chili
Sunbutter Sauce
- 20 Chicken Teriyaki
served w/ Rice
Served with WG rice and
Asian Veggie Mix
- 27 Orange Chicken
w/ WG rice and Stir-
fried Veggies

Bloomfield Hills Schools is providing
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade
again this school year! Ala carte will be offered at an extra cost in most locations
**ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND
CHOICE OF FRUITS AND VEGGIES ON THE SALAD BAR**

DAILY LUNCH OPTIONS!

MONDAY - CHEESE, VEGGIE OR PEPPERONI PIZZA

TUESDAY - CHICKEN PATTY SANDWICH

WEDNESDAY - CHEESEBURGER OR VEGGIE BURGER

THURSDAY - CHICKEN TENDERS

FRIDAY - JET'S CHEESE, VEGGIE OR PEPPERONI PIZZA

ALL MEALS INCLUDE FRUIT AND VEGGIE OF THE DAY AND

1% WHITE OR CHOCOLATE MILK

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos
Topped with Beef and Cheese Sauce
Served with refried beans

Turkey Barbacoa Tacos

Seasoned ground turkey served on
Flour Tortillas
Served with Pico Corn salad
and Refried Beans

Meatball Grinder

Meatballs tossed in Marinara topped with
melted Mozzarella cheese and topped with
optional Peppers & Onions with Fries

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots
Served with refried beans and Toppings

Macaroni & Cheese

Whole grain pasta tossed in
a creamy cheddar cheese sauce
served with fresh steamed Broccoli

EGGOJI Waffle and Chicken Sandwich 🍷

All White meat Chicken Patty between
2 crispy animated WG Waffles

Chicken Teriyaki

Breaded Popcorn Chicken glazed in
Teriyaki sauce served over WG rice
with Asian mixed Veggies

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy
Chicken bites and Buffalo Sauce served with
fresh steamed Broccoli

Orange Chicken

Crispy battered chicken bites glazed in a
Zesty Orange sauce, served over WG
rice with Asian mixed Veggies

Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with
marinara sauce or meat sauce served
with Broccoli and garlic breadstick

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy
Parmesan Cheese sauce and grilled
chicken. Served with Broccoli and garlic
breadstick

Beef Gyro

Seasoned shave beef strips served on
a whole grain Pita with tangy
cucumber sauce and optional diced
tomatoes and onions

BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce
served with Mashed Potatoes, Chicken
Gravy and Green Beans

Chicken and Waffles

Crispy White meat breaded Chicken Strips
Served with Sweet Belgium Waffles,
Syrup Cup and optional Sweet Potato
Fries

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips
with optional toppings
Served with refried beans

Popcorn Chicken Bowl

Crispy Popcorn Chicken over
Creamy Mashed Potatoes topped
with Corn and Chicken Gravy

General Tso Chicken

Crispy battered chicken bites glazed in a
Tangy sweet & spicy sauce, served over
rice with Asian mixed Veggies

Chicken Thai Rice Bowl

Crispy Chicken over WG Rice
Tossed in a Thai Sun Butter Sauce

Loaded Popcorn Chicken Tot Bowl

Crispy Popcorn Chicken and creamy
Cheddar Cheese Sauce over
Crispy Tater Tots

Grilled Cheese Sandwich

Creamy American Cheese melted
between WG Bread slices, Grilled and
Served with Tomato Soup

FREE BREAKFAST preorder required

Assorted Breakfasts
available daily including
choice of
Fresh Bagels, Pop Tarts,
Breakfast Breads or
WG Donuts
All breakfasts include a
1/2 cup of Michigan fruit,
100% Fruit juice and a 1%
white or chocolate milk

FRUITS AND VEGGIES!

Offered Daily
Choose from

Michigan Produce such as
Blueberries, Lettuce, Carrots,
Legumes and Apples, Baked
Fries, Edamame
and 100% Fruit Juice

Gluten Free

option available per
medical request-
preorder required



Vegetarian and
Dairy Free options
available - preorder
required



MENU SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

248.341.5671

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