

SEPTEMBER 2024 HIGH SCHOOL MENU

Breakfast - Served in Food for Thought
and Java City 7:30am/9:25am
Lunch - 11am - 1:15 pm Main Cafe

Monday

**HAPPY
LABOR DAY!**

9 BBQ Chicken Drumstick
w/ mashed potatoes
MICHIGAN VEGGIES

16 Waffles and
Chicken
Sweet Potato Fries

23 Loaded Popcorn Chicken
Cheese Tot Bowl

30 Popcorn Chicken Bowl,
w/ mashed potatoes,
gravy and Corn

Tuesday

3 Dorito Taco Cheese Bowl
Served with Black Beans
and Churros

10 Turkey Barbacoa Tacos
WG Rice and
Refried Beans

17 Beef & Cheese Tatchos
served with Corn and a
variety of toppings

24 Beef & Cheese Nachos
served with corn
Refried Beans

Wednesday

4 Greek Gyros
Rice Pilaf
JET'S Pizza Day!

11 Chicken Waffle
sandwich w/ Fries
JET'S Pizza Day!

18 Meatball Grinder
w/ Fries
JET'S Pizza Day!

25 Grilled Cheese sandwich
w/ Tomato Soup
JET'S Pizza Day!

Thursday

5 Beef or Cheese Lasagna
Garlic Breadstick
MICHIGAN BROCCOLI

12 Buffalo Chicken Mac &
Cheese
Garlic Breadstick
MICHIGAN BROCCOLI

19 Mac & Cheese
Steamed Broccoli and
Garlic Bread

26 Chicken Alfredo Pasta
Garlic Breadstick
MICHIGAN BROCCOLI

Friday

6 General Tso Chicken
w/ WG rice and Stir-
fried Veggies

13 Chicken Thai Bowl
Crisp Chicken over WG
Rice with a Thai Chili
Sunbutter Sauce

20 Chicken Teriyaki
served w/ Rice
Served with WG rice and
Asian Veggie Mix

27 Orange Chicken
w/ WG rice and Stir-
fried Veggies

Bloomfield Hills Schools is providing
2024-25 FREE Michigan Meals for All to students from Pre-K4 to 12th grade
again this school year! Ala carte will be offered at an extra cost in most locations

**ALL COMPLETE MEALS COME WITH CHOICE OF 1% WHITE OR CHOCOLATE MILK AND
CHOICE OF FRUITS AND VEGGIES ON THE SALAD BAR**

DAILY LUNCH OPTIONS!

CHICKEN PATTY SANDWICH - SPICY AND REGULAR
CHICKEN TENDERS
GRILLED BURGERS, CHEESEBURGERS, BOSCO STICKS, PIZZA
VARIETY OF ENTREE SALADS AND
GRAB AND GO SUBS AND WRAPS
AND MUCH MORE!!

Dorito Taco Cheese Bowl

Crispy Baked Nacho Cheese Doritos
 Topped with Beef and Cheese Sauce
 Served with refried beans

Turkey Barbacoa Tacos

Seasoned ground turkey served on
 Flour Tortillas
 Served with Pico Corn salad
 and Refried Beans

Meatball Grinder

Meatballs tossed in Marinara topped with
 melted Mozzarella cheese and topped with
 optional Peppers & Onions with Fries

Beef and Cheese Tatchos

Beef and Cheese over Crispy Tater Tots
 Served with refried beans and Toppings

Macaroni & Cheese

Whole grain pasta tossed in
 a creamy cheddar cheese sauce
 served with fresh steamed Broccoli

EGGOJI Waffle and Chicken Sandwich 🍷

All White meat Chicken Patty between
 2 crispy animated WG Waffles

Chicken Teriyaki

Breaded Popcorn Chicken glazed in
 Teriyaki sauce served over WG rice
 with Asian mixed Veggies

Buffalo Chicken Mac & Cheese

Creamy Mac & Cheese served with Crispy
 Chicken bites and Buffalo Sauce served with
 fresh steamed Broccoli

Orange Chicken

Crispy battered chicken bites glazed in a
 Zesty Orange sauce, served over WG
 rice with Asian mixed Veggies

Beef or Cheese Lasagna

Cheese Filled Pasta rolls topped with
 marinara sauce or meat sauce served
 with Broccoli and garlic breadstick

Chicken Alfredo Pasta

Al Dente Pasta topped with creamy
 Parmesan Cheese sauce and grilled
 chicken. Served with Broccoli and garlic
 breadstick

Beef Gyro

Seasoned shave beef strips served on
 a whole grain Pita with tangy
 cucumber sauce and optional diced
 tomatoes and onions

BBQ Chicken Drumstick

Chicken leg glazed in Sweet BBQ Sauce
 served with Mashed Potatoes, Chicken
 Gravy and Green Beans

Chicken and Waffles

Crispy White meat breaded Chicken Strips
 Served with Sweet Belgium Waffles,
 Syrup Cup and optional Sweet Potato
 Fries

Beef and Cheese Nachos

Beef and Cheese on Crispy tortilla chips
 with optional toppings
 Served with refried beans

Popcorn Chicken Bowl

Crispy Popcorn Chicken over
 Creamy Mashed Potatoes topped
 with Corn and Chicken Gravy

General Tso Chicken

Crispy battered chicken bites glazed in a
 Tangy sweet & spicy sauce, served over
 rice with Asian mixed Veggies

Chicken Thai Rice Bowl

Crispy Chicken over WG Rice
 Tossed in a Thai Sun Butter Sauce

Loaded Popcorn Chicken Tot Bowl

Crispy Popcorn Chicken and creamy
 Cheddar Cheese Sauce over
 Crispy Tater Tots

Grilled Cheese Sandwich

Creamy American Cheese melted
 between WG Bread slices, Grilled and
 Served with Tomato Soup

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 sandwich



SCAN ME

BREAKFAST

DAILY SPECIALS

TURKEY/CHEESE CROISSANT

YOGURT PARFAITS

HOMEMADE MUFFINS

BAGELS AND CREAM CHEESE

DONUTS

CEREAL, CEREAL BARS AND MUCH MORE

ALL COMPLETE BREAKFASTS

INCLUDE CHOICE OF MICHIGAN PRODUCE,

JUICE AND

1% white or Chocolate MILK

FRUITS AND VEGGIES!

Offered Daily

Includes Michigan Produce such

as Blueberries, Lettuce, Carrots,

Legumes and Apples and full

Salad Bar!

Gluten Free

option available per
 medical request-
 preorder required



Vegetarian and
 Dairy Free options
 available - preorder
 required

MENU SUBJECT TO CHANGE WITHOUT NOTICE

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER

248.341.5671

