

# Lunch Menu

Bedford CSD Elementary Schools

September 2024

WHITSONS CULINARY GROUP | FAMILY OF COMPANIES  
WWW.WHITSONS.COM

## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

2



3 Turkey Hot Dog on Bun  
Baked Beans  
Chilled Red Pepper Strips  
Apple Slices  
Sliced Oranges






4 Chicken Nuggets  
Whole Wheat Dinner Roll  
Oven Baked Fries  
Sliced Peaches  
Apple Slices





5 Cinnamon French Toast   
Sausage Patty  
Crispy Potato Puffs  
Baby Carrots  
Pineapple Cup  
Fresh Banana




6 Classic Cheese Pizza   
Or Pepperoni Pizza   
Cucumber Coins  
Chilled Red Pepper Strips  
Fresh Grapes  
Diced Pear Cup

9 Cheese Pizza Bagel   
Steamed Broccoli  
Chickpea Salad  
Pineapple  
Fresh Melon Cup



10 Crispy Tacos  
Salsa  
Fiesta Corn  
Black Bean and Pepper Salad  
Mango Cup  
Pineapple

11 Whole Grain Pancakes with Sausage  
Crispy Potato Puffs  
Cherry Tomatoes  
Strawberry Cup  
Diced Pear Cup



12 Chicken and Waffles  
Sweet Potato Fries  
Garden Salad  
Sliced Peaches  
Fresh NY Local Apple



13 Classic Cheese Pizza   
Or Pepperoni Pizza   
Green Beans  
Spinach Salad  
Pineapple Cup  
Fresh Grapes

16 Cheesy Stuffed Bread Sticks   
Green Beans  
Chilled Red Pepper Strips  
Sliced Peaches





17 Fluffy Whole Grain Waffles   
Bacon  
Oven Baked Fries  
Chickpea Salad  
Apple Slices  
Fresh Melon Cup





18 Chicken Nuggets  
Whole Wheat Dinner Roll  
Buttered Corn  
Garden Salad  
Organic Applesauce  
Mango Slices



19 Cheeseburger  
Or NY Beef Burger  
Sweet Potato Fries  
Cherry Tomatoes  
Diced Pear Cup  
Fresh Melon Cup


20 Classic Cheese Pizza   
Or Pepperoni Pizza   
Garden Salad  
Confetti Kidney Bean Salad  
Fresh Orange  
Fresh Apple


23 Grilled Cheese Sandwich Meltdown Café   
Sweet Potato Fries  
Pinto Bean Confetti Salad  
Watermelon Slices





24 Crispy Chicken Sandwich  
Oven Baked Fries  
Celery Sticks  
Fresh Grapes  
Sliced Peaches







25 Cinnamon French Toast   
Sausage Patty  
Crispy Potato Puffs  
Fresh Cucumber Salad  
Mango Slices  
Fresh Orange



26 Crispy Popcorn  
Chicken  
Pasta with Butter  
Green Beans  
Pinto Bean Confetti Salad  
Apple Slices  
Fresh Banana

27 Classic Cheese Pizza   
Pepperoni Pizza   
Roasted Broccoli  
Baby Carrots  
Diced Pear Cup  
Watermelon Slices

30 Cinnamon French Toast   
Hard-Boiled Egg Cup   
Crispy Potato Puffs  
Baby Carrots  
Organic Applesauce

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

### All Lunches Include:

- Grain, Meat/Meat
- Alternative, Fruit Selection,
- Vegetable Selections and Milk
- Variety Choice: 1% White Milk or Fat Free Chocolate Milk
- Student Lunch Price:\$3.00
- Adult Lunch Price:\$5.50+ Tax

### Daily Alternate Lunches:

Turkey & Cheese, LS Ham & Cheese, Sun-Butter & Jelly, American Cheese Sandwich (All on Whole Grain Bread), Bagel Lunch with String Cheese & Yogurt, Yogur Parfait, Garden Salad, Chicken Caesar Salad.

### Assorted Condiments

If you have any questions please call Mary Vanzo; 914-241-6038

