

## **Fox Lane Middle School**

## WHITSONS CULINARY GROUP | FAMILY OF COMPANIES WWW.WHITSONS.COM

Monday	Tuesday	Wednesday	Thursday	Friday
2	3 Spicy Popcorn Chicken Yellow Rice Spiced Roasted Green Beans w/ Parmesan Fresh Cucumber Salad Watermelon Slices Fresh Green Grapes	4 Enchilada Spicy Beef with Cheese  Baked Plantains  Maduros  Black Bean and Pepper  Salad  Mango Cup  Strawberry Cup	5 Grilled Cheese with Bacon Roasted Butternut Squash Garden Salad Fresh Banana Honeydew and Cantaloupe Cup	G Cinnamon French Toast  Sausage Patty Crispy Potato Puffs Spicy Tomato Salad Fresh Red Delicious Apple Fresh Orange
9 Mozzarella Sticks (2) Cajun Roasted Broccoli Homemade Carrot & Raisin Slaw Fresh Red Delicious Apple Sliced Peaches	10 Chicken and Waffles Syrup Sweet Potato Fries Confetti Garbanzo Bean Salad Fresh Orange Fresh Apple	11 Philly Cheese Steak   Sauteed Kale Sauteed Fale Black Bean and Pepper Salad Organic Applesauce Watermelon Slices	12 Meatball Hero (?) Roasted Mixed Veggies Caesar Salad Diced Peach Cup Organic Applesauce	Sweet & Sour Chicken Sauce & Toss Vegetable Fried Rice Sauteed Bok Choy Mango Cup Pineapple Cup
Homemade Mac & Cheese	BBQ Pulled Pork P Garlic Parmesan Fries Broccoli Salad Diced Peach Cup Mango Slices	18 Pizzadilla Quesadilla (2)  Roasted Garlic Cauliflower Green Bean Salad Pineapple Fresh Orange	19 Chicken Fajita Brown Rice Cuban Style Jalapeno Black Beans Corn & Pepper Salad Fresh Banana Fresh Orange	Pepperoni and Cheese Stromboli P P P P P P P P P P P P P P P P P P P
23 Homemade Baked Pasta with Cheese © © Sauteed Spinach Spicy Four Bean Salad Diced Peaches Fresh Apple	24 Chicken Caesar Wrap 🤔 Sweet Potato Fries Tomato Salad Fresh Pear Fresh Red Delicious Apple	Yellow Rice Yellow Rice Corn & Pepper Salad Salsa Mango Slices Pineapple Cup	26 Italian Stallion Panini (P) Chili Roasted Broccoli Cherry Tomatoes Watermelon Slices Organic Applesauce	Incredibowls General Tso's Chicken  Zesty Chili Edamame Salad  Fresh Melon Cup Berry Cup
30 Lo Mein Noodle Bowl   Sauteed Bok Choy Baby Carrots Mango Slices	Distriction of the second			





View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orienta-

Student Lunch Price:\$4.00 Adult Lunch Price:\$5.50+ Tax If you have any questions please call Mary Vanzo

> at: 914-241-6038

Choice of:1% White Milk or Fat Free Chocolate Milk Available Daily: Variety of Grab & Go Meals Assorted Salads with Grain, Assorted Sandwiches Assorted Pizza Slices Available Daily

Assorted Fresh Fruit, 100% Juice **Assorted Condiments** 









tion), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.