



# CITY OF NEW BRITAIN

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HEALTH DEPARTMENT

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## Monthly Viral Respiratory Diseases Update

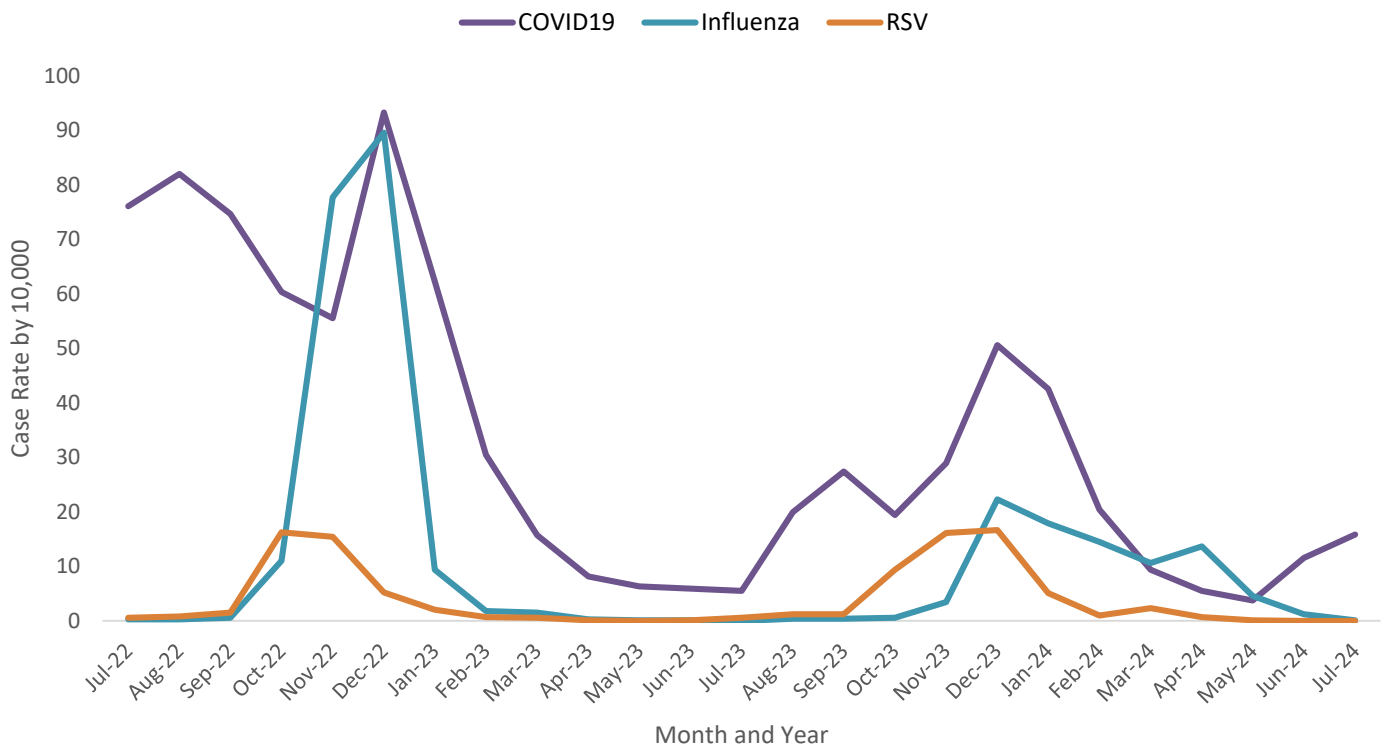
Written on 08/07/2024

This report brings up-to-date data on viral respiratory diseases (VRD) in New Britain, CT. In addition, information and resources regarding VRD. VRDs included in this report are COVID-19, influenza and respiratory syncytial virus (RSV). Data in this report was collected from Local Health Department Portal surveillance system provided by Connecticut Department of Public Health (CT DPH).

### Case Summary: New Britain

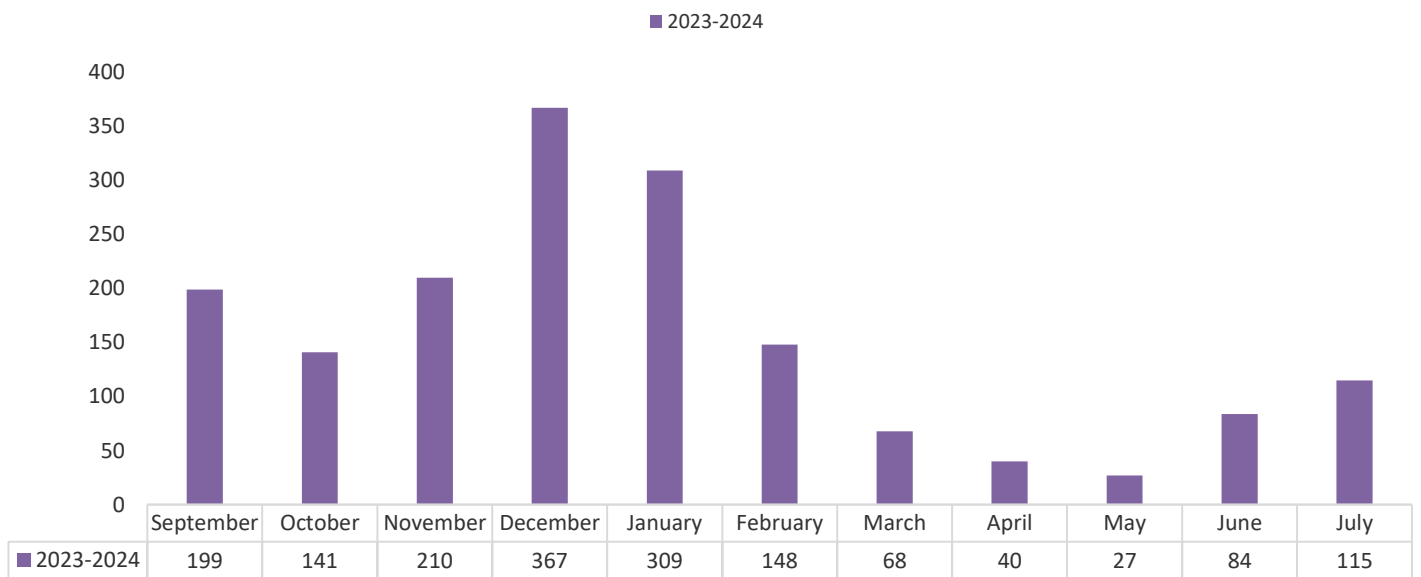
The graph below shows the case rate by 10,000 since July 2022 for COVID-19, Influenza and RSV in New Britain, CT.

COVID-19, Influenza and RSV Case Rate in New Britain, CT



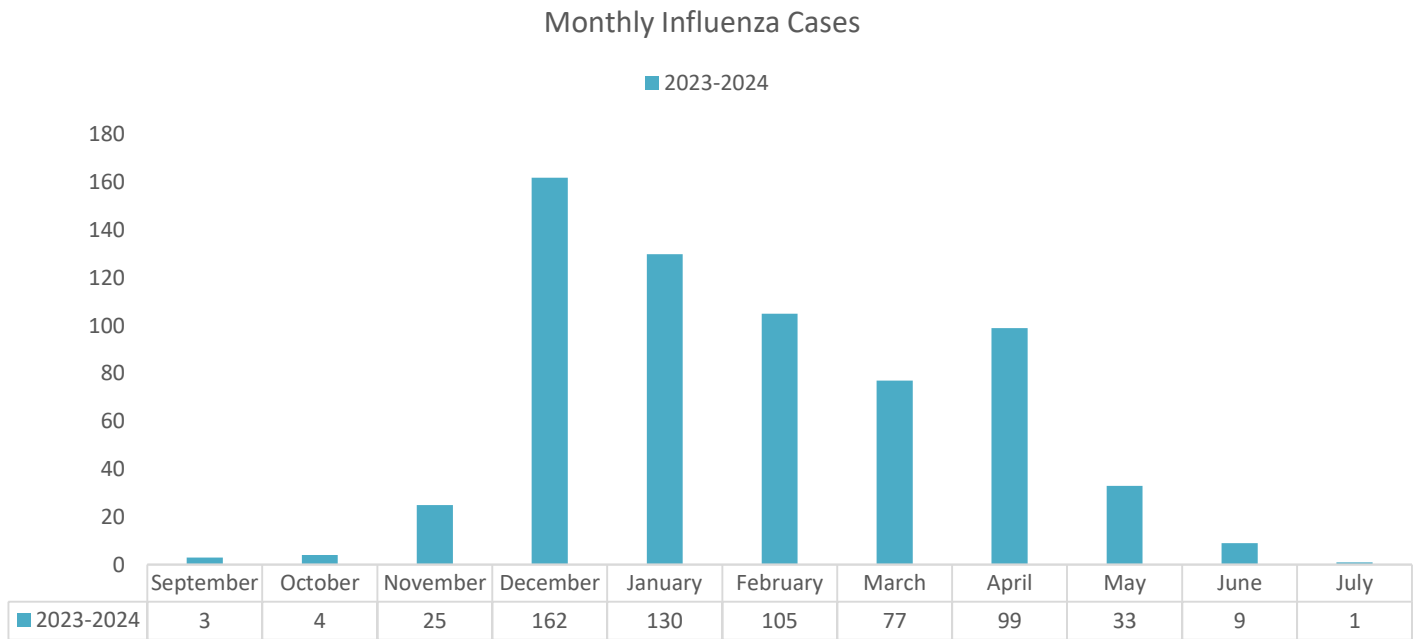
## COVID-19 (September 2023-July 2024)

Monthly COVID-19 Cases



COVID-19			Case Rate per 10,000 Residents
<b>Total</b>	All Population	1,588	214.53
<b>Gender</b>	Male	650	185.12
	Female	1057	271.65
<b>Age Group</b>	0-4	94	176.16
	5-14	86	90.76
	15-24	185	150.27
	25-34	263	219.51
	35-44	238	262.26
	45-54	229	279.85
	55-64	222	285.27
	65-74	184	307.85
	75+	207	530.63
<b>Race and Ethnicity</b>	White NH	528	191.76
	Black NH	227	244.24
	Hispanic or Latino	681	208.77
	Other NH	27	57.62
	Unknown	365	#

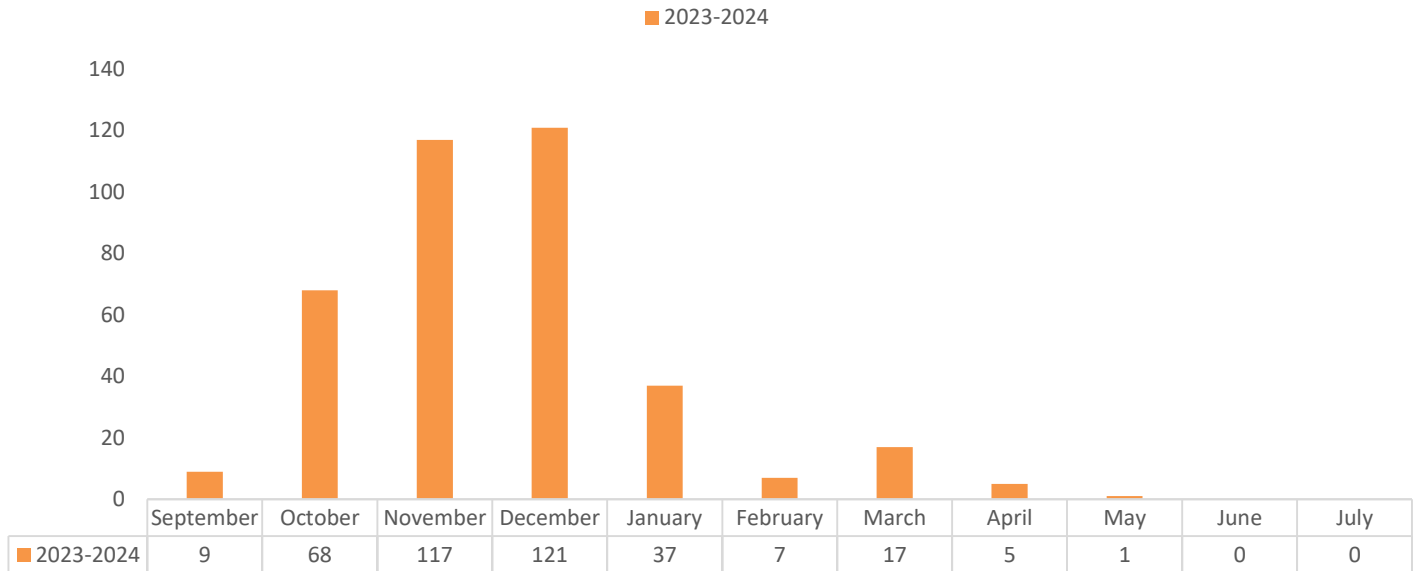
## Influenza (September 2023-July 2024)



Influenza			Case Rate per 10,000
<b>Total</b>	All Population	646	87.27
<b>Gender</b>	Male	284	80.88
	Female	362	93.04
<b>Age Group</b>	0-4	82	153.67
	5-14	110	116.08
	15-24	65	52.80
	25-34	108	90.14
	35-44	108	119.01
	45-54	69	84.32
	55-64	48	61.68
	65-74	31	51.87
	75+	27	69.21
<b>Race and Ethnicity</b>	White NH	92	33.41
	Black NH	74	79.62
	Hispanic or Latino	357	109.44
	Other NH	8	17.07
	Unknown	121	#

## RSV (September 2023-July 2024)

Monthly RSV Cases



		RSV		Case Rate per 10,000
<b>Total</b>	All Population	382		51.61
<b>Gender</b>	Male	177		50.41
	Female	205		52.69
<b>Age Group</b>	0-4	159		297.98
	5-14	43		45.38
	15-24	22		17.87
	25-34	25		20.87
	35-44	19		20.94
	45-54	22		26.89
	55-64	30		38.55
	65-74	33		55.21
	75+	29		74.34
<b>Race and Ethnicity</b>	White NH	74		26.87
	Black NH	36		38.73
	Hispanic or Latino	221		67.75
	Other NH	5		10.67
	Unknown	#		#

## Hospitalizations and Deaths Reported Since 2019 in New Britain, CT

<b>Disease</b>	<b>COVID-19</b>	<b>Influenza</b>	<b>RSV*</b>
<b>Hospitalizations</b>	512	218	55
Age Range	3-100	0-99	0-101
Age Average	62.66	59.36	63.58
Age Median	64	62	68
<b>Deaths</b>	269	7	3
Age Range	28-106	55-81	42-101
Age Average	75.29	71.57	79
Age Median	76	74	94

\*RSV data is from 2023-2024, previous years were not available.

## Connecticut - Weekly Viral Respiratory Disease Case Summary by CT DPH

**For the week ending: 06/01/2024\***

<b>Disease</b>	<b>COVID-19</b>	<b>Influenza</b>	<b>RSV</b>
Current Week	54	17	4
Previous Week	313	87	6
Season Total to Date	59,542	35,661	14,404

\*May 30, 2024 was the last update to these data for the 2023-24 respiratory disease season.

Source:

<https://app.powerbigov.us/view?r=eyJrIjoiZmZiN2RIOTMtNGJjNS00Nzk5LWE3ZmEtNGUxMTM4YTUzNGFjliwidCI6IjExOGI3Y2ZhLWEzZGQtNDhiOS1iMDI2LTMxZmY2OWJiNzYyYi9>

## Information and Resources for New Britain residents

- **COVID-19 At Home Tests**

### **1. The Free COVID-19 Test Program Has Been Suspended (March 9<sup>th</sup>, 2024)**

Ordering through the covidtests.gov program has been suspended. The program is no longer accepting orders. This effort was part of a federal program to provide free at-home COVID-19 tests with free shipping to every residential address and residential PO Box™ in the United States. Source: <https://faq.usps.com/s/article/At-Home-COVID-19-Test-Kits>

### **2. Where can I get at-home COVID-19 test?**

You may be eligible for no-cost COVID-19 test kits. Some insurance plans still cover at-home COVID-19 tests at no cost. After you submit your order, a Walgreens pharmacist will confirm your eligibility and your potential copay amounts with your insurance plan. You may also contact your insurance plan to confirm coverage of at-home COVID-19 tests. If your plan does provide coverage, there may be cost-sharing and limits to the number of tests covered per person per month. Purchased test kits are non-refundable. Source:

<https://www.walgreens.com/findcare/covid19/otc>

### **3. Before You Throw Out "Expired" Tests**

[Check to see if your COVID-19 tests' expiration dates have been extended](#). For more information on the shelf-life expiration date of each test, see the [Food and Drug Administration's \(FDA\) List of Authorized At-Home OTC COVID-19 Diagnostic Tests](#).

- **COVID-19 Testing**

**1. The Hospital of Central Connecticut:** According Hartford HealthCare/GoHealth Urgent Care website, they offer same-day COVID-19 diagnostic and antibody testing at all of [Hartford HealthCare GoHealth urgent care centers](#), as well as COVID-19 rapid testing at select centers.

Source: <https://hartfordhealthcare.org/health-wellness/coronavirus/covid-testing>

**2. Find COVID-19 testing locations:** access: <https://testinglocator.cdc.gov/>, click on "Start your search", type your zip code, and click on "search", a list of available locations offering testing will be available. It is recommended to call or schedule an appointment before going to the location to confirm

Source: Coronavirus (COVID-19) Testing: <https://www.hhs.gov/coronavirus/testing/index.html>

- **Vaccines**

Get ready for the fall and winter virus season. Updated flu and COVID-19 vaccines are coming soon. Until then, here are a few ways you can prepare:

- Talk to your doctor about vaccines recommended for you.
- Check your health insurance benefits.
- Learn about how to protect yourself and others from [flu, COVID-19 and RSV](#).

1. Access [Vaccines.gov](#) to find a location near you, then call or visit their website to make an appointment.

COVID-19, Influenza and RSV immunizations can be found in local pharmacies, physician's offices and community health centers.

- **Find a COVID-19 vaccine near you:** <https://www.vaccines.gov/search/>
- **Find a Flu vaccine near you:** <https://www.vaccines.gov/find-vaccines/>
- **For RSV vaccines:** talk to your healthcare provider

**2. Hartford HealthCare Neighborhood Health:** The mobile "CareVan" visit and operate daytime health clinics at specifically chosen locations every week. They offer a variety of health services including screenings, mental health counseling, medical referrals, education and support. The Pfizer 2023-2024 COVID-19 vaccine and several other non COVID immunizations are also available.

- **Locations & Hours:**
- Nathan Hale Apartments, 55 Tremont Street, New Britain, 08/08/24 10AM - 3PM
- For other locations access: <https://hartfordhealthcare.org/health-wellness/neighborhood-health>

Source: <https://hartfordhealthcare.org/health-wellness/neighborhood-health>

## Centers for Disease Control and Prevention (CDC) New Guidelines for Respiratory Illnesses

- **Preventing Spread When You're Sick**

What to know? Taking steps to prevent the spread of respiratory viruses when you are sick is a core prevention strategy to lower risk from respiratory viruses. Core prevention strategies are important steps you can take to protect yourself and others from respiratory viruses.

### **When you may have a respiratory virus...**

Stay home and away from others (including people you live with who are not sick) if you have respiratory virus symptoms that aren't better explained by another cause. These symptoms can include fever, chills, fatigue, cough, runny nose, and headache, among others.

- You can go back to your normal activities when, for at least 24 hours, both are true:
  1. Your symptoms are getting better overall, and
  2. You have not had a fever (and are not using fever-reducing medication).
- When you go back to your normal activities, take added precaution over the next 5 days, such as taking additional [steps for cleaner air](#), [hygiene](#), [masks](#), [physical distancing](#), and/or [testing when you](#) will be around other people indoors.
  - Keep in mind that you may still be able to spread the virus that made you sick, even if you are feeling better. You are likely to be less contagious at this time, depending on factors like how long you were sick or how sick you were.
  - If you develop a fever or you start to feel worse after you have gone back to normal activities, stay home and away from others again until, for at least 24 hours, both are true: your symptoms are improving overall, and you have not had a fever (and are not using fever-reducing medication). Then take added precaution for the next 5 days.

**If you never had symptoms but tested positive for a respiratory virus:** You may be contagious. For the next 5 days: take added precaution, such as taking additional steps for cleaner air, hygiene, masks, physical distancing, and/or testing when you will be around other people indoors. This is especially important to protect people with factors that increase their risk of severe illness from respiratory viruses.

Source: <https://www.cdc.gov/respiratory-viruses/prevention/precautions-when-sick.html>

For more information on **Respiratory Guidance**, access: <https://www.cdc.gov/respiratory-viruses/guidance/respiratory-virus-guidance.html>