



PISD Elementary COMPREHENSIVE SCHOOL COUNSELING PROGRAM

James Elementary

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Foundation

Comprehensive School Counseling Program (CSCP) Mission Statement

The mission of James Elementary School’s Counseling Program is to help students create an anchor for life by connecting them, as well as parents, the school and community with the tools and resources for academic, social, emotional success, and college and career readiness.

Program Definition

Below are the defining elements of our CSCP:

Delivery

Princeton ISD Counselors are lead on delivering the school counseling program along with the principal, assistant principal, teachers, paraprofessionals, guest speakers and parents. This is collaboratively done for the success of the school counseling program.

Competencies

Student Competency: Students have a positive self-concept

- Become aware of their personal traits
- Become aware of the importance of liking themselves

Student Competency: Students utilize effective executive functioning skills

- Become aware of the need to use time effectively
- Describe the steps in a goal-setting process

Student Competency: Students behave appropriately to the situation and environment

- Behave appropriately in various school settings
- Be able to follow rules and directions and complete task

Student Competency: Students incorporate wellness practices into daily living

- Describe feelings related to stress
- Identify healthy activities to do when alone

Student Competency: Students demonstrate resilience and positive coping skills

- Identify changes that have occurred in themselves
- Find strategies for feeling secure in a new class or school

Clients

On Princeton ISD Elementary School Campuses students are the primary focus. However, other clients that are served are parents and staff members.

Organizational Elements-

Princeton ISD Elementary Counselors focus on scheduling and planning prior to school starting. They track their time in the following program components: Guidance Curriculum, Individual Planning, Responsive Services and System Support. Princeton ISD counselors, teachers, parents and principals collaborate together to help create a fluid calendar.

Program Rationale

Below are the 6 statements that make up the rationale for our CSCP:

1. The comprehensive counseling program is an integral component of the school’s academic mission. The comprehensive school counseling program, driven by student data, is based on standards in academic, career, and personal/social development, which promote and enhance the learning process for all students.
2. The school counseling program ensures equity and access to a comprehensive counseling program that is based on the TEA standards in academic, career, and personal/social development.
3. The comprehensive school counseling program is data-driven and provided by a state-credentialed school counselor who systematically delivers instruction to all students.
4. The rationale for the comprehensive counseling program can be determined by reviewing data, including but not limited to, needs assessment, behavior referrals, academic performance, and attendance.
5. Goals for the school counseling program include academic success, safety, acceptance, equity, empowerment, personal growth, and respect.
6. Current theories and professional trends of our school counseling program include Solution-Focused Brief Counseling, Play-Therapy, and Cognitive Behavior counseling, and other appropriate methods for school counselors.

Program Assumptions – see completed checklists in Texas Model Guide on page 56

Program Goals (highlighted) & Process

Needs Assessment Results: Improve Student Behavior, Increase Attendance, Assess Program Balance using Time Tracking

We reviewed the following data points: (Will update after completion of 1st and 2nd semester)

- Behavior incidents
- Attendance reports

The following patterns will be evaluated in our data:(Will update after completion of 1st and 2nd semester)

- Incident types
- Incidents by grade level
- Incidents by semester
- Attendance by nine weeks
- Types of absenteeism
- Types of non counseling duties

We found the following areas of significance in our data points: (Will update after completion of 1st and 2nd semester)

- In the first semester
- In the second semester
- According to the Behavior Type Report, the majority of office referrals came from
- During the first semester there were a total
- During the second semester there were a total

The most significant needs identified in needs assessments were: (Will update after completion of the Beginning of the year Needs Assessment)

-

Advisory council input/insight to be incorporated into CSCP goals:

- We will share 3 CSCP goals at our Counselor Advisory Team meeting to elicit revisions/additions
- TBD through discussions of student concerns at RTI meetings, counselor academy, and leadership meetings.

Program SMART Goals for the 2024-2025 School Year

1.By May 2025, the school counselor will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons through Character Strong. Since we are a new school this will be measured by showing a decrease in discipline referrals by ten percent between the two semesters.

2. By May 2025, the school counselor will increase the amount of time spent with students by fifteen percent by providing individual, group, and guidance counseling.

3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year. To help support a healthy outlook, we will use Character Strong Curriculum through guidance, group, and bullying prevention counseling and discuss future goals in college or career readiness.

CSCP Design Priorities

Clients- ranked by importance according to our goals (1 is most important):

1. Students

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Updated: 7/24/24

2. Parents
3. Teachers
4. Administrators
5. Stakeholders

Student Needs- ranked by importance according to our goals (1 is most important):

1. Developmental Needs
2. Preventive Needs
3. Remedial Needs
4. Crisis Needs

Student Competencies- ranked by importance according to our goals (1 is most important):

1. Interpersonal Effectiveness
2. Personal Health and Safety
3. Intrapersonal Effectiveness
4. Post-Secondary Education and Career Readiness

School Counselor Competencies- ranked by importance according to our goals (1 is most important):

1. Counseling
2. Guidance
3. Leadership
4. Advocacy
5. Consultation
6. Coordination
7. Program Management
8. Professional Behavior
9. Professional Standards

Counselor Time/Program Component- ranked by importance according to our goals (1 is most important):

1. Guidance Curriculum 35-45%
2. Responsive Services 30-40%
3. System Support 10-15%
4. Individual Planning 5-10%

Program Design

Guidance Curriculum Services

1. Strategic Content Area-Intrapersonal Effectiveness

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum through Character Strong, self respect, bullying prevention, hygiene, puberty, germs, personal safety/safe touch, drug prevention, college & career lesson, Smart Goal/Growth Mindset

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SMART Goal/s-

- By May 2025, the school counselor will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons through Character Strong. Since we are a new school this will be measured by showing a decrease in discipline referrals by ten percent between the two semesters.
- By May 2025, the school counselor will spend 35% of time in classroom guidance lessons by being a part of the special rotation.
- By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year. To help support a healthy outlook, we will use Character Strong Curriculum through guidance, group, and bullying prevention counseling and discuss future goals in college or career readiness.

2. Strategic Content Area-Personal Health & Safety (Emotion Regulation)

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Anti-Bullying, Hygiene, puberty, germs, personal safety/safe touch, drug prevention, social media

SMART Goal/s-

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3. Strategic Content Area-Interpersonal Effectiveness

Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- Respect, Conflict Resolution, Anti-bullying

SMART Goal/s-

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4. Strategic Content Area-Post Secondary Education, Career Readiness, and Successful in 6th Grade Needs Assessment Findings- discipline referrals, attendance, and teacher/community input indicates need for the following topics

Guidance Curriculum Lesson Topic/s- College & Career lesson, Smart Goal/Growth Mindset

SMART Goal/s-

- By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year. To help support a healthy outlook, we will use Character Strong Curriculum through guidance, group, and bullying prevention counseling and discuss future goals in college or career readiness.

Campus Responsive Services

Identified Need #1- Family Changes

Preventative, Remedial, or Crisis- Remedial & Crisis

Intervention/Plan of Action- Counseling services based on student need

Outcome/Follow Up- Open communication with family and student to provide check-in as needed

Identified Need #2- Anxiety

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Identified Need #3- Emotion Regulation

Preventative, Remedial, or Crisis- Preventative, remedial, and crisis

Intervention/Plan of Action- counseling support through individual, group, and guidance lessons

Outcome/Follow Up- Open communication with family, teacher, and student to provide check-in as needed

Individual Planning Priorities

Domain- Personal

Goal- Identify attributes for achievement and growth

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Education

Goal- Understanding the importance of education

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

Domain- Career

Goal- Introduction to different options

School Counselor Considerations- Grade level diversification

Advocacy- Equity for all students

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Updated: 7/24/24

System Support Tools

Monthly Calendar- see attached calendar at end of this CSCP.

Program Balance Chart/Weekly Schedule- see next page.

Needs Assessments

KEY for the following tools:

GC: Guidance Curriculum

RS: Responsive Services

IP: Individual Planning

SS: System Support

NCD: Non-counseling duty

Program Balance Chart/Weekly Schedule Template

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8-8:30	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
8:30-9	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
9-9:30	Individual Planning	Individual Planning	Individual Planning	Individual Planning	Individual Planning
9:30-10	Individual Planning	Individual Planning	Individual Planning	Individual Planning	Individual Planning
10-10:30	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
10:30-11	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum

11-11:30	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
11:30-12	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum	Guidance Curriculum
12-12:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
12:30-1	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
1-1:30	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
1:30-2	Responsive Services	Responsive Services	Responsive Services	Responsive Services	Responsive Services
2-2:30	System Support	System Support	System Support	System Support	System Support
2:30-3	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
3-3:30	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling
3:30-4	Non-counseling	Non-counseling	Non-counseling	Non-counseling	Non-counseling

Counseling Department Monthly Calendar

This calendar is based on the following guidelines.

1. The Texas Model School Counseling Program Guide Components and Content Areas of:

Components

Guidance Curriculum
Responsive services

Content Areas

Interpersonal Effectiveness
Intrapersonal Effectiveness

Individual Planning
System Support

Personal Health and Safety
Post-Secondary Planning and Career Readiness

2. The program goals of the Comprehensive School Counseling Program:

Counseling Program Goals for the 2024-2025 School Year

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3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year. To help support a healthy outlook, we will use Character Strong Curriculum through guidance, group, and bullying prevention counseling and discuss future goals in college or career readiness.

3. Campus Improvement Plan Goals:

To be determined after 1st semester.

CALENDAR

August

Content Area- Introduction to the Counselor & Counseling Program

CSCP Goals Addressed-

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Domain- Interpersonal, Intrapersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Kindness Kick Off- Character Strong

Guidance Lesson-

- ★ Kindergarten-3 Steps to Greeting with Kindness-Students will learn and practice how to greet others with Kindness.
- ★ 1st Grade-Be a Friend to Make a Friend-Students will practice Kindness and Strong Listening with a partner.
- ★ 2nd Grade- Find a Friend-Students will practice Kindness by following prompts to find different partners, then getting to know them.
- ★ 3rd Grade- Circles of Kindness-Students will learn about the skills they will be working on this year. Then, they will play a game to practice Kindness and get to know their classmates.
- ★ 4th Grade-Say Hello! Students will learn about the skills they will be working on this year. Then, they will play a game to practice Kindness and get to know their classmates.
- ★ 5th Grade-Getting to Know You Students will learn about the skills they will focus on this year. Then, they will practice Kindness while getting to know their classmates.
- ★ Social Stations Introductions- Including:
 - DOLL HOUSE STATION - hybrid of play therapy and social skills task cards - for example, "take turns showing what your family ate for dinner last night" or "take turns pretending the family is getting ready to go to Walmart"
 - COOPERATION STATION - train tracks and legos - task focuses on teamwork and cooperation, taking turns
 - ART STATION- playdough, paper, scissors, glue sticks, markers, color sheets, sometimes we would paint
 - WORK WITH A PARTNER STATION - Connect 4, Guess Who, Puzzles

- SOCIAL STORIES/READING/GENTLE HANDS STATION - jenga, rubbing lotion on a baby dolls arms, tracing, stringing bracelets and beads
- MANNERS SPOTLIGHT TABLE STATION- table with plates, cups, spoons, washable napkins and task cards that give examples of how to practice manners and score each other with 1 to 5 stars for their manners
- SHARING STATION - 2 to 3 baskets of action figures, race cars, stuffed animals, etc. can really be anything; students are grouped 2 to 3 students to a basket and assigned to practice sharing and taking turns
- PEACE CORNER STATION - There are 2 peace corners set up for students that prefer alone time or quiet activities. These stations have a yoga mat and a small basket of sensory items, breathing charts, fidgets, pillows, etc.

Major Projects/Events-

- ★ Meet the counselor table during Meet the Teacher
- ★ Self-Introduction to students through guidance lessons
- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Positivitee Shirt Day on Tuesday
- ★ Send out scavenger hunt for teachers to use, since everyone is new to school.
- ★ Left-Handers Day- 13th
- ★ National College Colors Day- August 30th

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Friendship Bulletin Board
- ★ Staff Bulletin Board (emoji)
- ★ BOY Needs Assessment- Teachers, Parents, Students
- ★ BOY CAT Meeting
- ★ Kindness Shirts
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ CAT Meeting
- ★ Student Council
- ★ Parent Letters Home
- ★ Bully Prevention Lesson

Character Strong Trait and Implementation:

- ★ This month students will be focused on routines and procedures while in their classroom. We will also start the Kindness Kickoff from Character Strong.

September

Content Area- Interpersonal Effectiveness & Intrapersonal Effectiveness

CSCP Goals Addressed-

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2. By May 2025, the school counselor will increase the amount of time spent with students by fifteen percent by providing individual, group, and guidance counseling.

3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year. To help support a healthy outlook, we will use Character Strong Curriculum through guidance, group, and bullying prevention counseling and discuss future goals in college or career readiness.

Domain- Personal and Social

Guidance Curriculum Lesson Topics (GC)- Character Strong- Tree of Choices and Respect

Goal- To give students tools to help them solve conflicts in their everyday life.

Guidance Lesson-

- ★ Kindergarten-Differences Among Us- Students will practice showing Respect to those that are different from them.
- ★ 1st- Wrinkled Heart- Students will identify how words and actions affect others in a positive or negative way.
- ★ 2nd- Apples Don't Fall Far From the Tree of Choices- Students will identify ways to resolve conflict using the Tree of Choices.
- ★ 3rd- Respectful Recipe- Students will discover and identify how to show Respect through creating a recipe.
- ★ 4th- The Tree of Choices- Students will learn how to use the 3 steps in the Tree of Choices to resolve conflict
- ★ 5th-Lead with Positivity- Students will learn how their words impact others and put positive school leadership into practice
- ★ Social Stations

Trait of the Month- Respect

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a Trait of the Month bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ Purposeful People Announcements on Tuesdays
- ★ Peanut Butter Drive
- ★ "I AM" project sent home for students to complete with families
- ★ National Self Care Awareness Month
- ★ Homecoming Week September 16th-20th

- ★ World Gratitude Day- September 21st
- ★ Hispanic Heritage Month- September 15-October 15
- ★ National Yoga Month
- ★ PurposeFull Jaguars Monthly Award from Character Trait
- ★ National IT Professional Day- September 19th
- ★ World Physical Therapy Day- September 8th- Celebrate the 9th

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Trait of the Month Bulletin Board
- ★ "I AM" project sent home
- ★ "One School Many Cultures" Bulletin Board
- ★ Self-Care paper sent out to teachers
- ★ Monthly communication sent home about Character Strong
- ★ Homecoming Week Dress Up Days come from administration
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ SHAC Meeting
- ★ Student Council
- ★ Bully Prevention Lesson

Character Strong Trait and Implementation:

- ★ This month students will be focused on Respect. Character Strong will be implemented through announcements, teacher and student dares, teacher lead lesson, monthly certificates given to students through the PurposeFull Jaguars, and communication home.

October

Content Area- Personal Health and Safety

CSCP Goals Addressed-

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Domain- Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Drug prevention, personal safety, healthy choices, WHO program discussing "strangers". Responsibility from Character Strong

Guidance Lesson-

- ★ Kindergarten & 1st grade- [RED RIBBON WEEK Picture Book Read Aloud Video: Sarah's Sick Day](#)
- ★ 2nd & 3rd grade- [RED RIBBON WEEK Picture Book Video: Charlie and the Curious Club](#)
- ★ Netsmartz- Completed by computer teacher
- ★ Character Strong Lessons:
- ★ Kindergarten- Thumbs Up, Move Up- Students will show Responsibility by learning what following directions looks like, sounds like, and feels like.
- ★ 1st Grade- Distraction Action- Students will explore what it feels and looks like to manage distractions
- ★ 2nd Grade- Community Circle Agreements- Students will discuss and demonstrate what a Responsible community circle looks like.
- ★ 3rd Grade- Responsibility TOPs the Charts- Students will explore TOP goals and create a Mountain TOP goal for themselves.
- ★ 4th Grade- How Organized Are You?- Students will assess the importance of organization and learn the 3 T's model.
- ★ 5th Grade- Mountain TOP- Students will explore TOP Goals and create a Mountain TOP Goals poster.
- ★ Social Stations

Trait of the Month- Responsibility

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a [Trait of the Month](#) bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ NED
- ★ Red Ribbon Week
- ★ PurposeFull Jaguars Monthly Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program Referrals Start
- ★ National Positive Attitude Month
- ★ World Smile Day- October 4th
- ★ National Custodial Workers Recognition Day-October 2nd
- ★ World Teachers Day- October 5th
- ★ National Walk to School Day-October 4th
- ★ National Bullying Prevention Month
- ★ National Principal Month
- ★ National Boss's Day- October 16th
- ★ World Occupational Therapy Day- October 27th
- ★ Helping Hands/ High 5 Family Project
- ★ National Indigenous Peoples' Day October 14th
- ★ National Italian American Heritage Month

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Watch DOGS

- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Red Ribbon Week
- ★ Guidance Lessons
- ★ Helping Hands/High 5 Family Project
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ SHAC Meeting October 15
- ★ NED
- ★ Bully Prevention Lesson

November

Content Area- Healthy Habits, Puberty, Hygiene

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Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health & Safety

Guidance Curriculum Lesson Topics (GC)- Healthy Habits, Puberty, Hygiene, Gratitude

Guidance Lesson-

- ★ Counselor will work with Nurse for K-2 Healthy Habits presentation completed in Gym
- ★ Hygiene Video by Human Relations(3rd & 4th grade)
- ★ Puberty Video by Human Relations (5th grade)
- ★ Character Strong Lesson
- ★ Kindergarten- Gratitude Roll- Students will understand emotions associated with Gratitude, practicing Gratitude through a variety of prompts.
- ★ 1st Grade- Give Gratitude a hand- Students will identify and share different things they are Grateful for.
- ★ 2nd Grade- Grateful Guessing- Students will practice expressing gratitude as a way to regulate emotions.
- ★ 3rd Grade- Collaborative Drawing- Students will identify emotions and explain why they are Grateful for their emotions.
- ★ 4th Grade- Talking to Ourselves... About Gratitude- Students will use positive self-talk to put Gratitude into practice.
- ★ 5th Grade- Cooking Up Some Calm- Students will evaluate stress management tools by creating a Gratitude recipe for coping with stress.

- ★ Social Stations.

Trait of the Month- Gratitude

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a Trait of the Month bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ Canned Food Drive
- ★ PurposeFull Jaguar Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program
- ★ MOMS Reading Program
- ★ Watch DOGS
- ★ Gratitude Tree Family Project
- ★ NED Assembly
- ★ The Great Kindness Challenge
- ★ Character Dares
- ★ National Gratitude Month
- ★ Angel Tree
- ★ Veteran's Day at School- November 11
- ★ National School Psychology Week November 11-15
- ★ World Kindness Week November 11-15- Dress up
- ★ Native American Heritage Month

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Watch DOGS
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Helping Hands/High 5 Family Project
- ★ Canned Food Drive
- ★ Angel Tree Applications
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ SHAC Meeting November 19
- ★ Bully Prevention Lesson

December

Content Area- Growth Mindset/Goal Setting

CSCP Goals Addressed-

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Domain- Postsecondary Readiness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Growth Mindset/Goal Setting - Smart Goals

Guidance Lesson- Empathy

- ★ Character Strong Lesson:
- ★ Kindergarten- You and I- Statements- Students will play a gram to practice I-statements to express their feelings.
- ★ 1st Grade- Friendship BINGO- Students will practice showing Empathy during conflict with friends using the Tree of Choices and a game of Bingo.
- ★ 2nd Grade- Empathy in a Tree- Students will review the Tree of Choices and learn the connection between conflict and Empathy.
- ★ 3rd Grade- A Little Perspective- Students will practice Kindness with their partners by listening to other people's perspectives.
- ★ 4th Grade- Resolving Conflict with the Tree of Choices- Students will learn to use the 3 steps in the Tree of Choices to resolve conflict
- ★ 5th Grade- Make Kindness Normal- Students will strategize ways to lead the charge to make Kindness normal at school.
- ★ Social Stations

Trait of the Month- Empathy

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a Trait of the Month bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ Canned Food Drive
- ★ PurposeFull Jaguars Monthly Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program

- ★ Watch DOGS
- ★ Angel Tree
- ★ MOMS Reading Program
- ★ Character Dares
- ★ Family Project- Design an Ornament for Empathy Due December 11

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Family Project- Design an Ornament for Empathy
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ Student Council
- ★ Bully Prevention Lesson
- ★ CAT Meeting

WINTER BREAK

January

Content Area- Perseverance

CSCP Goals Addressed-

1. By May 2025, the school counselor will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons. Since we are a new school this will be measured by showing a decrease in discipline referrals by ten percent between the two semesters.
2. By May 2025, the school counselor will increase the amount of time spent with students by fifteen percent by providing individual, group, and guidance counseling.
3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year and completing the Character Strong Curriculum through guidance, group, and bullying prevention counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness,

Guidance Curriculum Lesson Topics (GC)- Perseverance

Guidance Lesson: Character Strong (K-5)

- ★ Kindergarten- Perseverance or Not? Students will hear scenarios and determine if the person showed Perseverance or not.
- ★ 1st Grade- Memory Madness Students will explore different Focusing strategies, then put their Focusing abilities to the test in a memory game.

- ★ 2nd Grade- Improving our World! Students will reflect on ways to engage in the world to make it a better place and create a plan with a partner.
- ★ 3rd Grade- Personal Best Students will practice Perseverance by breaking down goals and action items
- ★ 4th Grade- Over the Top Organization Students will practice breaking down large goals into smaller action items.
- ★ 5th Grade- Overcoming Obstacles Students will demonstrate Perseverance by creating If...Then plans for overcoming obstacles.
- ★ Social Stations

Trait of the Month- Perseverance

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a Trait of the Month bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ PurposeFull Jaguars Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program
- ★ MOMS Reading Program
- ★ Watch DOGS
- ★ Character Dares
- ★ Family Project- Fit Your Body Through An Index Card
- ★ School Board Appreciation Month
- ★ Law Enforcement Appreciation Day- Jan 9th
- ★ National Compliment Day- January 24th
- ★ NED
- ★ Trusted World Clothing Drive

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Family Project
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ SHAC Meeting January 9
- ★ Student Council
- ★ NED

February

Content Area- Honesty

CSCP Goals Addressed-

1. By May 2025, the school counselor will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons. Since we are a new school this will be measured by showing a decrease in discipline referrals by ten percent between the two semesters.
2. By May 2025, the school counselor will spend 35% of time in classroom guidance lessons by being a part of the special rotation.
3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year and completing the Character Strong Curriculum through guidance, group, and bullying prevention counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC) Honesty from Character Strong, 5th grade self-destruction (self-talk) through the WHO program.

Guidance Lesson:

- ★ Kindergarten-Being Bree Students will practice identifying and showing emotions.
- ★ 1st Grade- Honesty Tic-Tac-Toe Students will share examples of Honesty and how it makes them feel while playing a game.
- ★ 2nd Grade- What's Your Superpower? Students will identify ways to show Honesty by evaluating strengths they can use to feel more confident and focused.
- ★ 3rd Grade- Fiery Feelings Students will build emotion vocabulary by analyzing the feelings associated with Fire & create I-Statements
- ★ 4th Grade- Who To Listen To? Students will play a game to practice choosing helpful, Honest thoughts that lead to positive actions.
- ★ 5th Grade- Students will understand the connection between stress and dishonesty, using Honesty as a stress-prevention tool.
- ★ Social Stations

Trait of the Month- Honesty

Teachers will include SEL (Social Emotional Learning) time into their weekly morning routine for 5-15 minutes using Character Strong.

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a Trait of the Month bulletin board.

Major Projects/Events

- ★ Positivitee Shirt Day on Tuesday
- ★ PurposeFull Jaguars Monthly Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program
- ★ MOMS Reading Program
- ★ Character Dares
- ★ Family Project- Random Acts of Kindness

- ★ National School Counseling Week- February 3rd-7th
- ★ African American History Month
- ★ American Heart Month
- ★ National Random Acts of Kindness Week
- ★ UIL

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Watch DOGS
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Family Project
- ★ Kindness Krew
- ★ Student Council
- ★ Sunshine Committee
- ★ UIL

March

Content Area- Cooperation

CSCP Goals Addressed-

1. By May 2025, the school counselor will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons. Since we are a new school this will be measured by showing a decrease in discipline referrals by ten percent between the two semesters.
2. By May 2025, the school counselor will spend 35% of time in classroom guidance lessons by being a part of the special rotation.
3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year and completing the Character Strong Curriculum through guidance, group, and bullying prevention counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety

Guidance Curriculum Lesson Topics (GC)- Character Strong Lesson on Cooperation, 3rd and 4th Grade Trauma and emotional resilience from the WHO program.

- ★ Kindergarten-Secret Agent Listening Game Students will practice their listening skills as they Cooperate to pass along a secret message.
- ★ 1st Grade- Build A Story Students will work Cooperatively to help each other create a story from an image.
- ★ 2nd Grade- Collaborative Drawing Students will practice Cooperation skills like sharing ideas and taking turns while drawing collaboratively.

- ★ 3rd Grade- Spiderman vs. Superman Students will look at other people's perspectives and practice Respectful, persuasive communication skills.
- ★ 4th Grade- Cooperation Cup Challenge Students will Cooperate and apply conflict resolution strategies to complete a challenge as a team.
- ★ 5th Grade- A Leader in Action Students will work in groups to create a Profile of a Leader showcasing what a true leader looks like.
- ★ Social Stations

Trait of the Month- Cooperation

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a Trait of the Month bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ PurposeFull Jaguars Monthly Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program
- ★ MOMS Reading Program
- ★ Watch DOGS
- ★ Character Dares
- ★ Maintenance Worker Appreciation Day March 1st
- ★ National Employee Appreciation Day March 1st
- ★ Open House
- ★ Read Across America Day- March 3rd
- ★ Down Syndrome Awareness Day- March 21st
- ★ National Women's History Month
- ★ Family Project- Positive Posters for STAAR

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Watch DOGS
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Family Project
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ Student Council
- ★ Test Anxiety Set Up

April

Content Area- Test Anxiety, Worry, Courage

CSCP Goals Addressed-

1. By May 2025, the school counselor will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons. Since we are a new school this will be measured by showing a decrease in discipline referrals by ten percent between the two semesters.
2. By May 2025, the school counselor will spend 35% of time in classroom guidance lessons by being a part of the special rotation.
3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year and completing the Character Strong Curriculum through guidance, group, and bullying prevention counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness

Guidance Curriculum Lesson Topics (GC)- Test Anxiety, Worry, and Courage

Guidance Lesson-

- ★ Activate Go Brain Test Prep Kit from NED (3-5)
- ★ Kindergarten- Courage Up Students will follow directions as they learn ways to use Courage to try new things.
- ★ 1st Grade- Going on a Focused Bear Hunt Students will learn to apply focusing strategies by going on a bear hunt.
- ★ 2nd Grade- Gallery of Courage Students will use visualization skills to create a Gallery of Courage that shows each student engaging in something Courageous.
- ★ 3rd Grade- Courage With Change Students will explore how Courage and flexible thinking skills can be used when they experience change.
- ★ 4th Grade- Courage to Dream Students will identify how Courage is used to reach their Character Goals by creating and executing a plan.
- ★ 5th Grade- Character: Courage or Comfort Zone? Students will reflect on their level of Courage or comfort in a variety of situations that require character.
- ★ Social Stations

Trait of the Month- Courage

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.

The counselor will create a Trait of the Month bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ PurposeFull Jaguars Monthly Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program
- ★ MOMS Reading Program
- ★ Character Dares
- ★ Paraprofessional Appreciation Day April 3
- ★ School Librarian Appreciation Day April 4
- ★ National Assistant Principal Week April 7-14

- ★ National Volunteer Recognition Week April 14-20
- ★ National Administrative Professionals' Day April 24

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Family Project
- ★ Kindness Krew
- ★ Sunshine Committee

May

Content Area- Careers and Creativity

CSCP Goals Addressed-

1. By May 2025, the school counselor will work to decrease discipline referrals by ten percent by providing individual, group, and whole group guidance lessons. Since we are a new school this will be measured by showing a decrease in discipline referrals by ten percent between the two semesters.

2. By May 2025, the school counselor will spend 35% of time in classroom guidance lessons by being a part of the special rotation.

3. By May 2025, the school counselor will see a positive increase in the students outlook on school by using the needs assessment at the beginning of the year and repeating at the end of the year and completing the Character Strong Curriculum through guidance, group, and bullying prevention counseling.

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Creativity and College Career

Guidance Lesson:

K-5th Counselor created using [career exploration and career interest survey tools](#) and Character Strong

- ★ Kindergarten-Creative Feelings Students will practice identifying emotions with a partner by Creatively drawing a picture.
- ★ 1st Grade- 3D Emotions Students will review emotion awareness and work in groups to Creatively show their understanding.
- ★ 2nd Grade- Not a Box Students will think Creatively to generate unique coping strategies.
- ★ 3rd Grade- Creative Solutions Students will apply a formula for Creative problem-solving, empowering them to advocate for their needs.
- ★ 4th Grade- Looking Back to Look Ahead Students will create a collage of memories from their lives and add positive self-talk statements to each.

- ★ 5th Grade- Creative Stress-Relief Students will engage in Creative activities of their choice that can help manage stress.
- ★ Social Stations- Including College and Career Stations

Trait of the Month- Creativity

- ★ Growth Mindset Lessons completed on Tuesday mornings
- ★ Purposeful People Announcements will focus on the trait.
- ★ The counselor will create a Trait of the Month bulletin board.

Major Projects/Events-

- ★ Positivitee Shirt Day on Tuesday
- ★ PurposeFull Jaguars Monthly Award from Character Trait
- ★ Purposeful People Announcements on Tuesdays
- ★ PAL Program
- ★ MOMS Reading Program
- ★ Wath DOG
- ★ Character Dares
- ★ School Principal's Day May 1
- ★ School Lunch Hero Day May 2
- ★ Teacher Appreciation Week May 5-9
- ★ School Nurse Day May 7
- ★ National Speech Language Pathologist Day
- ★ Asian/Pacific American Heritage Month

Individual Planning:

- ★ Time Tracking
- ★ MOMS Reading Program
- ★ Watch DOGS
- ★ Trait of the Month Bulletin Board
- ★ Monthly communication sent home about Character Strong
- ★ Guidance Lesson
- ★ Family Project
- ★ Kindness Krew
- ★ Sunshine Committee
- ★ Student Council

June

Content Area- Review Data and prepare for new school year

CSCP Goals Addressed- Review data, determine growth achieved

Domain- Intrapersonal Effectiveness, Interpersonal Effectiveness, Personal Health and Safety, Postsecondary Planning and Career Readiness

Guidance Curriculum Lesson Topics (GC)- Review

Major Projects/Events- Planning, modifications, and adaptation of lessons to meet the goals of the upcoming school year. Revision of CSCP