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Valor 2001

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*People*

*p. 4*

*Student Life*

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*Academic*

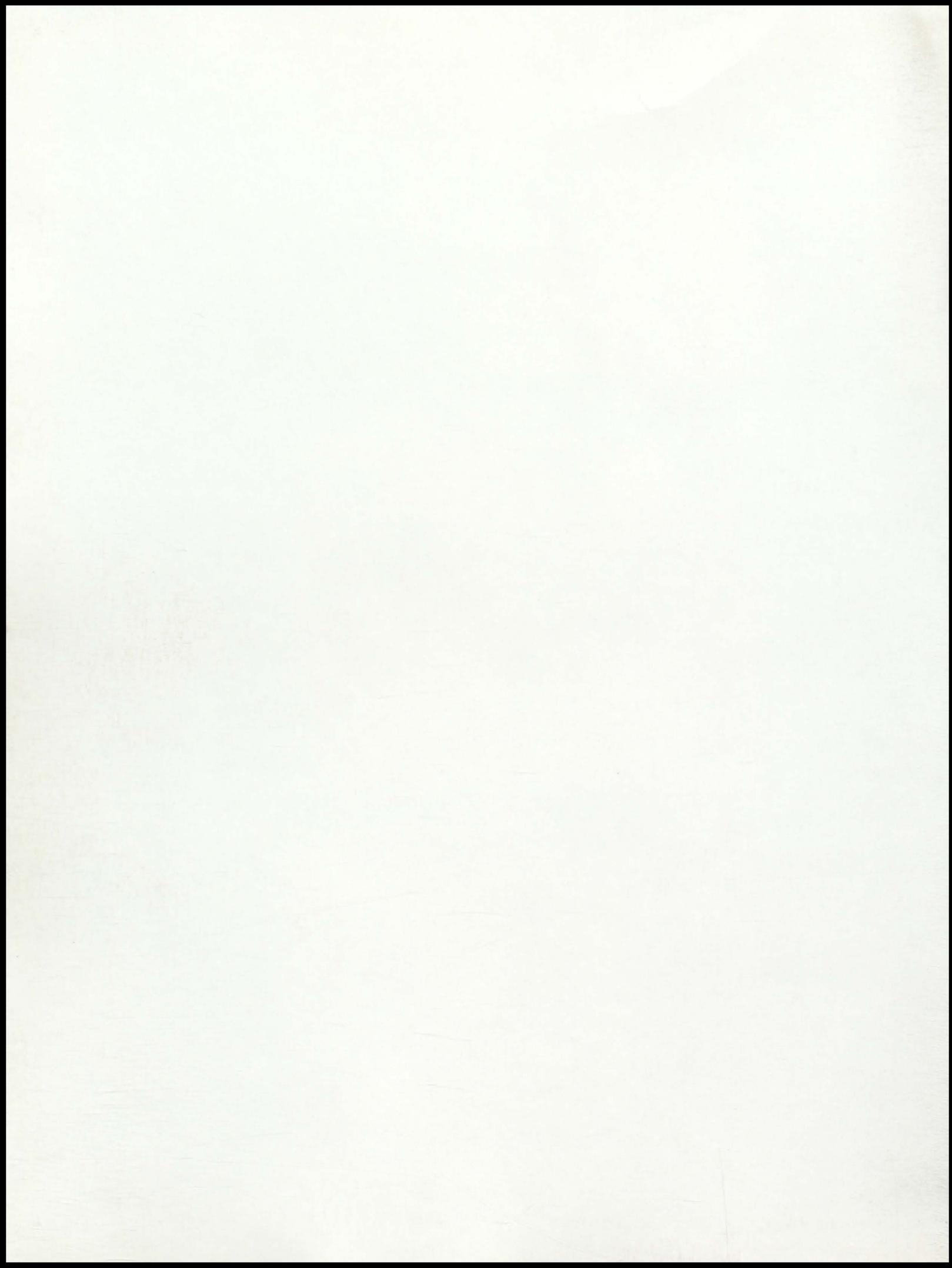
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*2001*



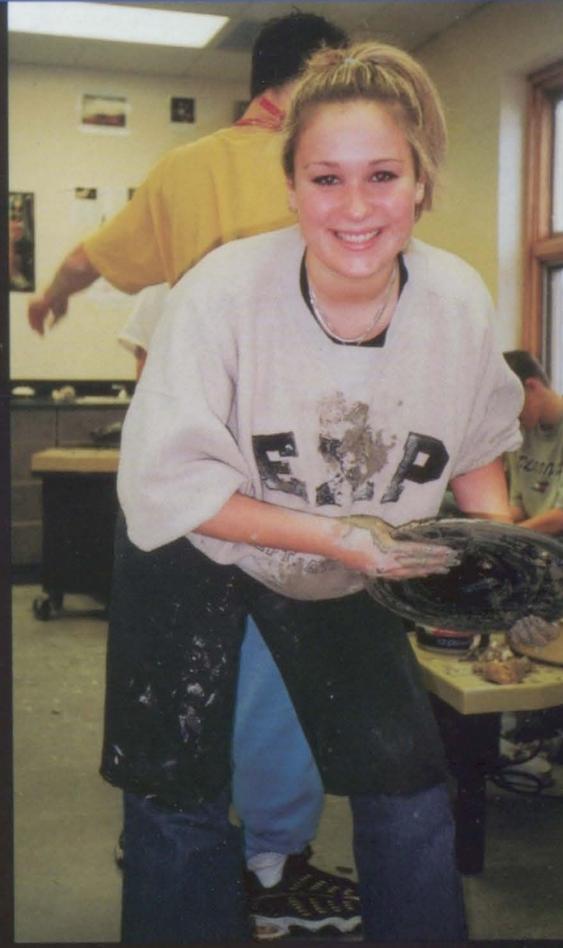
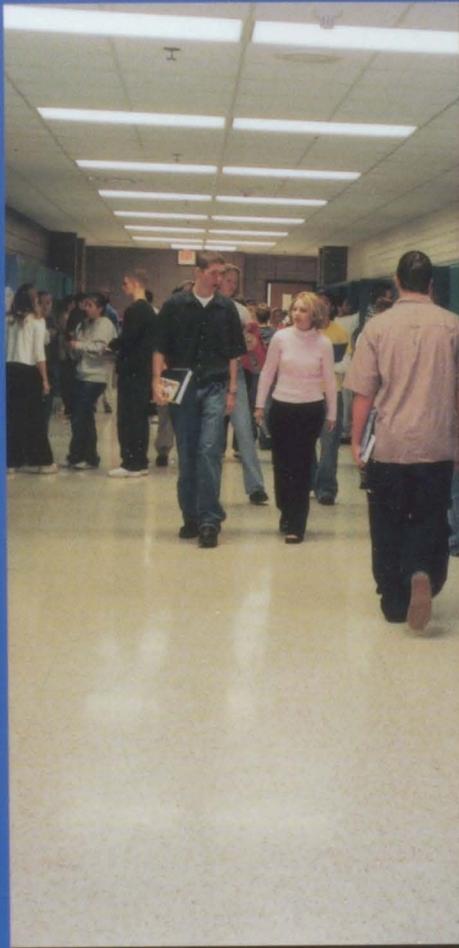
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**St. Michael-  
Albertville  
Senior High  
School**

**11343 50th  
Street  
North East  
Albertville,  
Minnesota  
55301**

**Valor 2001  
Volume 4**



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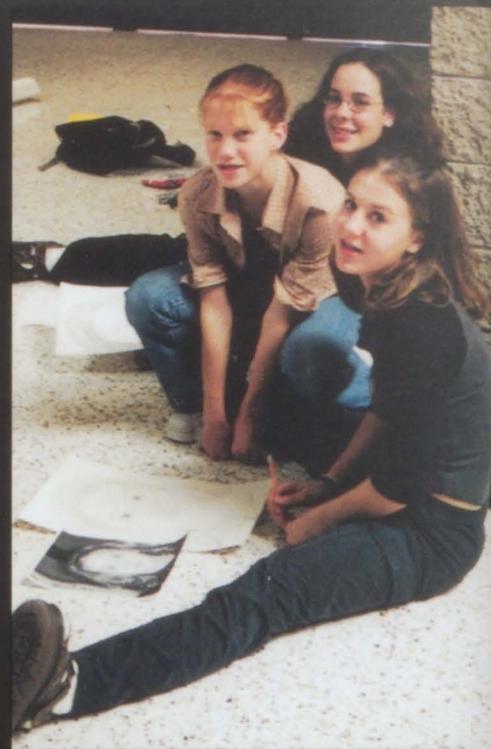
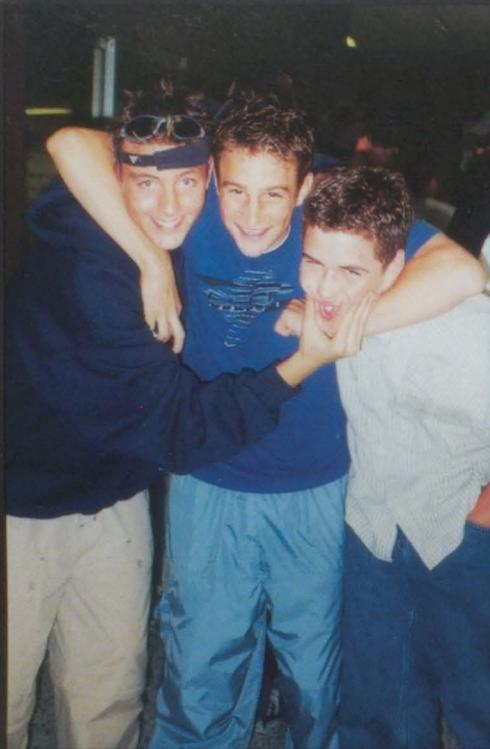
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Something *New* ... Something *Old* ...  
Something *Blue* ... Something *Gold* ...

Just as High School is a series of traditions and changes, this year's theme is an old saying with a new twist. Our Seniors (who have seen everything from rolled jeans to baggy pants) will leave an "old place" and enter a world of "newness"; our Freshmen (who have never even seen Skogen's Beached Whale) have just begun their High School journey. STMA exemplifies traditions as well as inspirations. So as you enjoy your book, remember the past, have fun in the present, and dream of the future – but do it with *Knight pride*.



# People

## Y O O N G A N D O L D

High school is a diverse place where different grade levels can mix. People of different ages can meet in extra-curricular activities or elective classes, because of similar interests, but what makes each grade unique?

Freshmen come to a new school and experience all the wonders of high school for the first time. They get more responsibility and have a chance to meet many new, older friends. Many also are taking drivers education so they can get their permit.

By sophomore year, students get into the groove of things and can calm down a little. It's also the year many people get their licenses. Junior year is filled with ACT and SAT tests. Juniors are also given the task of planning the prom.

Most Seniors think about graduation and what life is going to be like after it. Prom also has to be considered. Some Seniors are worrying about college applications and acceptance letters.

Every year in high school is about students having fun and hanging out with their friends while still getting an education and preparing for life after school.

**REMEMBER WHEN...**...the "party" @ Britt's when Britt wasn't there!...Mike drove Lauri G. drank a Diet Coke bottle w/used chew in it...Jason W. wasn't concerned about going bald...

Erik's van in the ditch @ Aaron C's...8th grade blocks w/Mr. Oliphant, Webner, & Walter...Mr. Oliphant told Alycia Z. to "go bite your cast"...camping @ Lake Independence next to a psycho guy w/a gun...Malina drove the Titanic down the wrong side of the road...



**Kent Erick Aalderks**

10 years from now, I'll still be on top.



**Tracy Marie Adams**



**Kasandra Lynn Alderink**

Sometimes the way to go is hard to find, or perhaps on the road not yet seen, but it's always there, you just need to know where to look.



**Jason Ty Anderson**



**Jennifer Jane Anderson**

I once heard that you have to try to blend into this mess.



**Renae Ruth Anderson**

Smile, it confuses people.



**Amy Sue Aurzada**

You never lose by loving. You always lose by holding back.



**Ashley Brielle Balderidge**

Believe in yourself. You gain strength, courage, and confidence by every experience in which you stop to look fear in the face...You must do that which you think you cannot do.



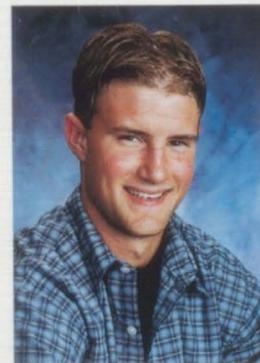
**Brandon Bernard Balfanz**

The answer is forty-two.

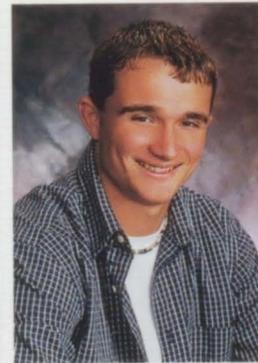


**Nicholas Michael Barbeln**

Dolphins with shaved heads line up against the wall.



**Brandon Barthel**



**Erich T. Barthel**

When you are playing for a championship, it's not a matter of life or death, it's more important than that.



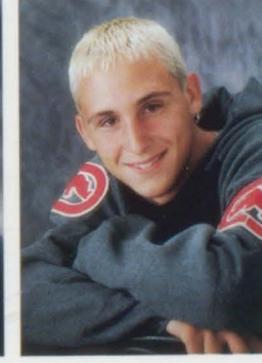
**Jacob John Barthel**

The Love of Competition: You're only as good as your competition. If you want to be the best, you have to beat the best.



**Mary Elizabeth Barthel**

Dreams come a size too big so that we can grow into them. -Josie Bisset



**Michael Allen Barthel**

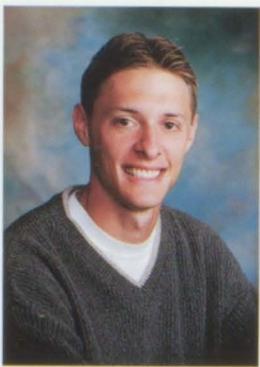
Every man dies. Not every man lives.

**REMEMBER WHEN...** Amanda Merges wasn't complaining...Mr. Oliphant threw the globe and chalk at his student...Mrs. Carlson started herself on fire...Allison S. got something pierced...when Stacy J. started the...Erin S' Pokemon rap...the Taco Bell dog & English guys @ the Outlet Mall...  
 ...cruising the ghetto...Brandon Baltanz sang in the fall play...the parish school kids met the public school kids...the 'ooga-booga' club...

ents...Mrs. Carlson started herself on fire...Allison S. got something pierced...when Stacy J. started the...Erin S' Pokemon rap...the Taco Bell dog & English guys @ the Outlet Mall...



**Brittany Sofia Bauman**  
 Do not what you love, but love everything you do.



**Brandon Beaudry**  
 Kindness is the language which the deaf can hear and the blind can see.  
 -Mark Twain



**Jodi Patricia Becker**  
 Everything is nothing 'til you make it something more.



**Keith Steven Becker**  
 The journey of a thousand miles must begin with a single step. -Lao Tzu



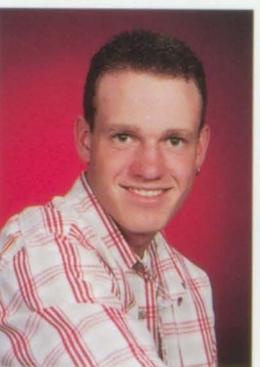
**Karen Marie Berning**  
 The most wasted day of all is one in which we have not laughed.



**Christina Anne Bloms**  
 Share your joys, share your past, these are the things we remember, these are the things that last.



**Rachel Mary Bongaarts**  
 You must do the things you think you cannot do.



**Jesse Andrew Branstad**



**Laura Anne Bruce**  
 Happy Day, All is well.



**Aaron William Carlson**



**Lindsay Cavanaugh**  
 If at first you don't succeed, try, try again. Then give up. No use being a darned fool about it.



**Joshua Chastek**



**Cherish Myra Cheney**  
 This life is a test. It is only a test. If it had been a real life you would have received instructions about what to do and where to go.

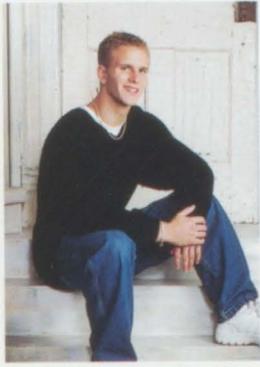


**Dayna Marie Cobb**  
 Avoiding danger is no safer in the long run than outright exposure. The fearful are caught as often as the bold.



**Jesse Michael Cole**  
 Dust to divinity, it's all a secret.

toilet paper on fire in the JHS...we tried to drive a stick-shift & ended up calling ducks DUCKIES...Ben  
be...Duebber's & Snyder Drug were the hang outs...Mr. P always walked around holding basket balls



**Andrew Clement  
James Croteau**

Do not follow where the path may lead. Go instead where there is no path and leave a trail.

**Patricia Anne  
Dahlheimer**

Life is not a competition, remember who you are and listen to your heart and soul.

**Travis William  
Dahlheimer**

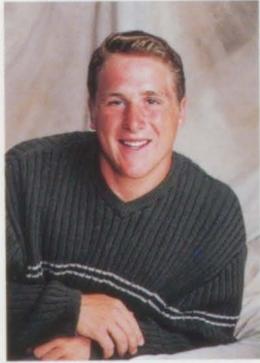
Don't limit yourself.

**Casey Darkenwald**

Trying is the first step to failing. —Homer J. Simpson

**Jessica Lynn  
Dawson**

Why be normal, it's just a setting on a dishwasher.



**John Patrick  
Dawson**

No sane man will dance.

**Sara Rose Deckert**

Beware of all those angels with their wings glued on.

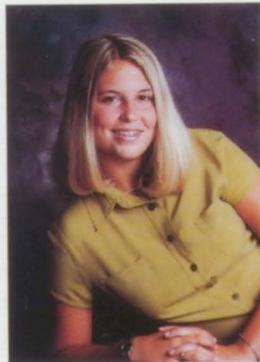
**Randy James  
Dehmer**

If I had to do it all over again, I'd do it all over again...with a few exceptions.

**Rudy John Dehmer**

**David Joseph  
DeRoma**

Imagination encircles the world.



**Gary Douglas Dick**

Many of life's failures are people who did not realize how close they were to success when they gave up.

**Jennifer Lynn  
Dietrich**

Understand that this is not a dress rehearsal, this is it! Take it all in. Yes, every last rose and every single breath.

**Anna Marie  
Dorumsgaard**

Always be a first-rate version of yourself, instead of a second-rate version of somebody else.

**Jessyca Marie  
Duerr**

Yes, you're right. I am a goddess.

**Alecksandra Marta  
Dutkowska**

We become authentic only when we draw near to the ideals which we create in our dreams.

went towards the light...Operation Bertha...full moons in the Powder Ridge Ski Chalet...Jacquelyn W. got stuck in Tanya's cheerleading uniform...Ms. Brezney organized group crying fests in Elem. & JHS...going to the cafe in JHS...all night skates were the place to

**REMEMBER WHEN...** Abby thought the Pumpkin patch was really oranges...Lauri tackled the cooler...mango... mandatory recess in the JHS...Randy wasn't playing cards w/ Ms. Heinks...Ryan Schmuder was a shark around Jennifer D in 6th gr...

Gioanna couldn't get away from a crazy Jr...Mr. Preusse & the attack of chalk on his pants...Mr. Prigge's one job for more than a month...we make these "remember whens"...log days were common...we had



**Jared George Eicher**



**Justin Martin Eliason**



**Tia Ann Elliott**

There is no reality except the one contained within us. That is why so many people live such an unreal life. They take the images outside them for reality and never allow the world within to assert itself. -Hermann Hesse, Demian



**Christine Amanda Erickson**

What lies before you and what lies behind you are small matters compared to what lies within you.



**Joy Noel Erickson**

Nature has made women with a bosom, so nature thought it was important. Who am I to argue with nature?

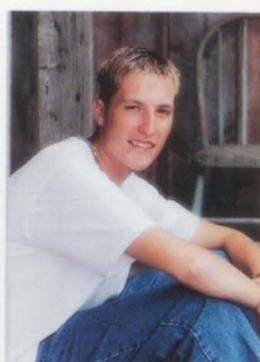


**Jessica René Etheridge**

The best and most beautiful things in the world cannot be seen, nor touched...but are felt with the heart.



**Eric Michael Eull**



**Mark Patrick Eull**



**Ryan Joseph Eull**

If Stupidity got us into this mess, then why can't it get us out? -Will Rogers



**Sara Jean Eull**

Never frown when you are sad, for you never know when someone is falling in love with your smile.



**Julie Elizabeth Falbo**

Great opportunities to help others seldom come, but small ones surround us every day.



**Tiffany Noelle Farr**

Nothing in life is to be feared, only to be understood.



**Randy Joseph Faulk**



**Ryan Paul Fehn**

I don't trust it.

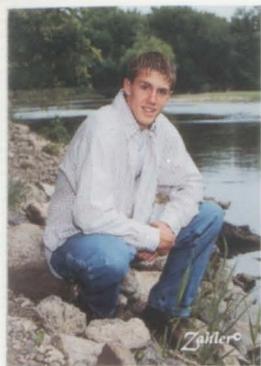


**Courtney Marita Flanagan**

Most folks are as happy as they make up their minds to be.

rightly tighty, lefty lacy...Jared E. dressed up as Barney...2000-2001 Battle of the Classes-wait...Betsy's the Rainbow Foods parking lot to get Bizkit tickets...safety-pinning jeans was "cool"...Tony G. kept

woody the woodpecker laugh...Christine E. was always acting like animals...Ben S. had a list of everyone he wanted to kill...Rachelle T. read everyone's fortune w/Tarot cards...POGS...Christine E. wrote "pubic" instead of "public" ...the guys slept in Johnnie's van in



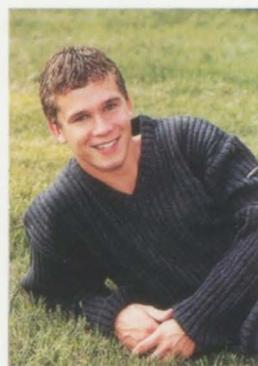
**Cole Thomas Ford**



**Tasha Lynn Foss**



**Ross Fredrickson**



**Howard Joseph Freeman**

High school is like a roll of toilet paper...it runs out quickly, but it was useful.



**Max Frohlich**

Live for today, for there may be no tomorrow.



**Anthony Gangner**

If you obey all the rules you miss all the fun.



**Kristina Marie Georges**

Get over it.



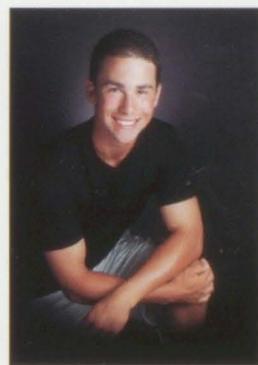
**Krystal Lee Georges**

Failures are people who did not realize how close they were to success when they gave up.



**Jacob Lee Giese**

The present time has one advantage over every other-it is our own.



**Brandon Thomas Glanz**

The secret to success is constancy to purpose.



**Mathew Paul Glauner**

To be a success in the world, promise everything, but deliver nothing.



**Jennifer Marie Grambart**

Whether you think you can or can't, you're right.

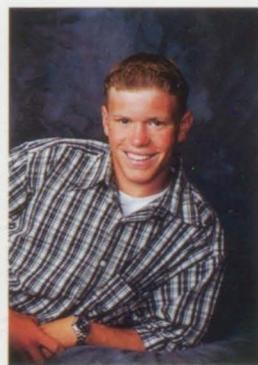


**Lauri Ann Grambart**  
IMAGINE



**Jeffrey Roy Grotte**

If all else fails, we can whip the horses' eyes.



**Jesse Francis Hackenmueller**

Worry gives a small thing a big shadow.

**REMEMBER WHEN...** we had 4-square competitions...New Kids on the Block were the coolest...Mr. Breeden's America...all the girls had a crush on Mr. Mischke...Mall of America was being built...there were goldfish in the school toilets...

Discrete math class had Paper-Rock-Scissors tournaments...we didn't have to take notes in Mr. Skogen's important...we couldn't drive...Mrs. Carlson thought Cara and Alycia had robbed Super



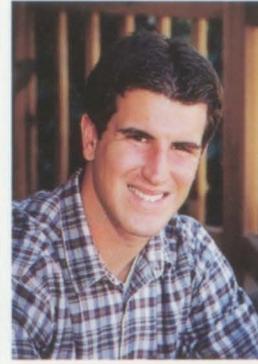
**Mitch Thomas Hackenmueller**  
You can't win em' all.



**Tonya Jane Hackenmueller**  
To the world you may be one small person, but to one small person you may be the world.



**Janna Marie Hagen**  
Experience is what you got by not having it when you needed it.



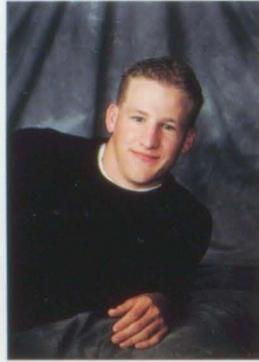
**Michael Thomas Haller**  
If I don't see you again in this world, I'll meet you in the next one. But don't be late. -Jimi Hendrix



**Matthew David Hegland**  
If you don't know where you want to go, any road will take you there.



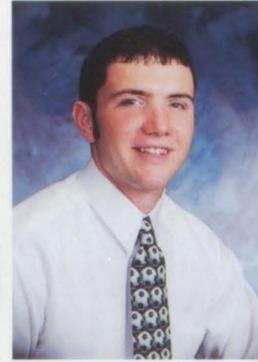
**Nicole Darlene Helgeson**  
Never give up. Never quit.



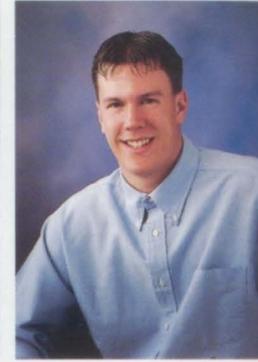
**Erik Joseph Heuring**  
People demand freedom of speech to make up for the freedom of thought which they avoid. -Soren Aabye Kierkegaard



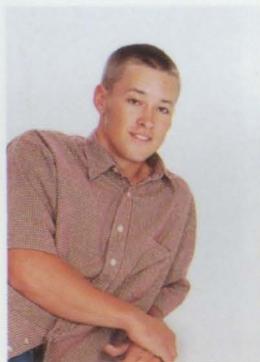
**Kelly Jo Hofford**  
Spirited, confident, satisfied, comfortable, loving, expressive, giving, peaceful, independent, caring, free.



**Eric John Holland**  
Life moves pretty fast, if you don't stop and look around, you could miss it.



**William John Hudson**  
Victory goes to the player who makes the next to last mistake.



**Evan John Ingebrigtsen**  
I ain't a player, I just crush alot.



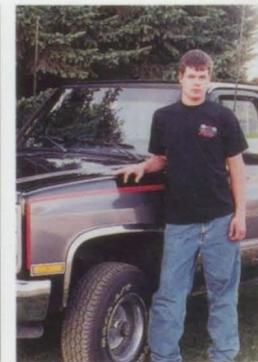
**Stacy Jeanette Jesser**  
Real friends are like diamonds, precious & rare, false friends are like leaves, you can find them everywhere.



**Rachel Anne Jobes**  
You will do foolish things, but do them with enthusiasm.



**Jana Kaseberg**



**Mathew Earl Kasper**

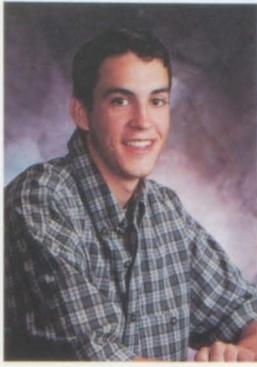
class for a day...Katy Rego stood up in the middle of lunch and started yelling at her book...Mr. Frickstad got mad at Jessica Dawson for finishing the book before the rest of the class...Malina wasn't expressing her opinions...there was a corn vs. chubby...everyone wrote page mazes in the old 8th grade Science books...football games weren't

acorn gang...Airwalks, Vans, & Skater clothes were soo in...Julie F was organized...Tia wasn't working...Nick B was



**Kathryn Marie Keizer**

To be upset over what you don't have is to waste what you do have.



**Matthew Lee Kessler**

I am prepared to meet anyone, but whether anyone is prepared for the great ordeal of meeting me is another matter.

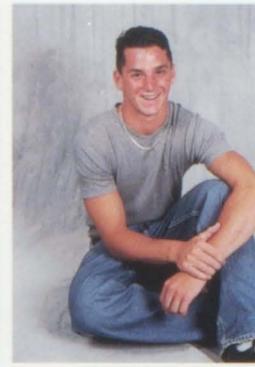


**Jennifer Bernice Kiesner**

Do not follow where the path may lead. Go instead where there is no path, and leave a trail.



**Jacob Kilian**



**Joshua Gary Kilian**

I find that the harder I work, the more luck I seem to find.



**April JoAnn Kjellberg**

If all my friends were to jump off a bridge, I'd be the first, so I could be at the bottom to catch them all!



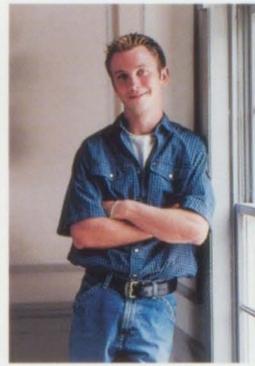
**Elizabeth Bea Koch**

When your heart is in your dream, no request is too extreme.



**Jessica Ann Kolles**

Be yourself, otherwise you will not fit in.



**Keith Kevin Krone**



**Daniel Kenneth Kuechle**



**Matthew Jerome Kukowski**



**Laci Joy Kvamme**

Life is too short; live it, love it.



**Megan Rachel Ladwig**

Always be a first-rate version of yourself, instead of a second-rate version of somebody else.



**Crystal Rae Lee**

When you are in love and you get hurt, it's like a cut...it will heal, but there will always be a scar.



**Dawn Marie Lee**

Sandstrom how to kiss in 11th grade...Mr. Johnson stressed he had a wife & kids...we made up different yard stick, and it hit Mr. Peusse on the head...the poop nickel in Calc...Keith B got stuck in the

**REMEMBER WHEN...** Ben S got stung by a scorpion in India... "90210", "Melrose Place", & "Party of Five" were a must see every week... "the woods" ...  
 Nicole Scherber pierced her nose...we played the game M.A.S.H... Cherish taught Jason ditch...



**Amy Katherine Lefebvre**  
 I expect to pass through this world but once; any good thing therefore that I can do, or any kindness that I can show to any fellow creature, let me do it now, let me not defer or neglect it, for I shall not pass this way again.



**Nathan John Lefebvre**  
 The fool thinks himself to be wise, but the wiseman knows himself to be a fool.



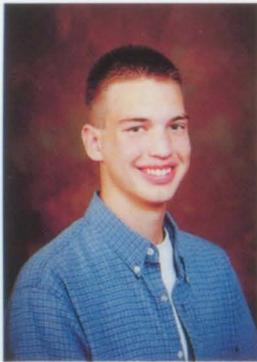
**Brenda Ann Lenneman**  
 Kind words can be short and easy to speak, but the echoes are truly endless.



**Leah Marie Lenneman**  
 Do what you can, with what you have, where you are!



**Laura Ann Lenz**  
 Finding yourself is a great accomplishment. Being yourself is a great treasure.



**Bruce Allen Leslie**



**Derek Leuer**  
 Roads? Where we're going, we don't need roads!



**Angela Dawn Lindenfesler**  
 Experience is not what happens to a man; it is what a man does with what happens to him. -James Huxley



**Lori Ann Lindenfesler**  
 It's the little things we do and say that mean so much as we go our way. A kindly deed can lift a load from weary shoulders on the road.



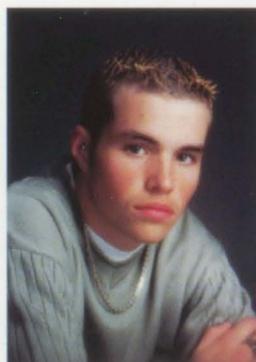
**Walter Edean Linder**  
 Trust is not being afraid, even if you are vulnerable. So trust yourself and God, then life may become a fearless place.



**Elizabeth Jane Lynch**  
 Never put off till tomorrow the fun you can have today.



**Stacie Ebba Malwitz**  
 I have often wished I had time to cultivate modesty . . . but I am too busy thinking about myself.



**Nicholas Lawrence Marek**



**Abby Elizabeth Marx**  
 I'll toss my coins in the fountain, look for clovers in grassy lawns, search for shooting stars in the sky, cross my fingers and dream on.



**Michelle Anne Mattioli**

words to the Barney song...the sub did a double take because she thought Cara only had one arm...Stacy J bus...Tony G brought in a sticky ball, it got stuck to the ceiling, somebody knocked it down with a

unbuttoned Liz T's breakaways in gym & everyone saw her flower underwear...Alison Schoon & Nicky Schneider didn't have an appointment...Tia would always fall asleep in the bath tub...Lauri G invented a toilet out of Subway soup bowls on the basketball



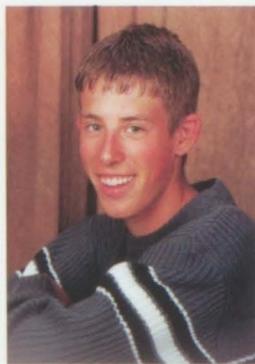
**Tony Mattson**



**Amanda Rose May**  
The fragrance stays on the hand that gives the rose.



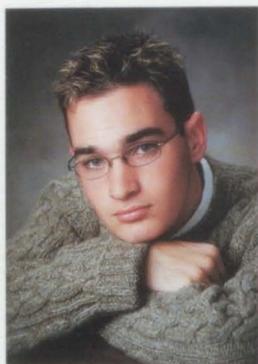
**Denelle McAlpine**



**Justin Louis Menzel**



**Amanda Jo Merges**  
To be trusted is a greater compliment than to be loved.



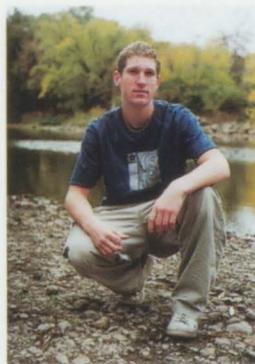
**Lance Patrick Meyer**  
Charlton Heston is my president.



**Gioanna Vanesa Olivares**  
Commit to the Lord, whatever you do, and your plans will succeed. Proverbs 16:3



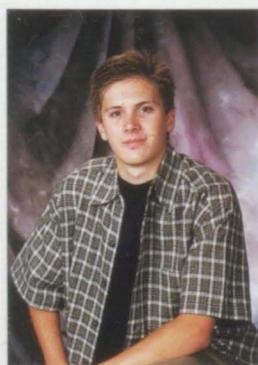
**Ashley Nicole Olmscheid**  
Your smile would make me sneeze, when we were siameese, don't go lose your face at some strangers place and don't forget to breathe.



**Daniel Olsen**  
Don't complain, or you won't get to where you want.



**Jared Scott Olson**  
The day you start living is the day you start dying.



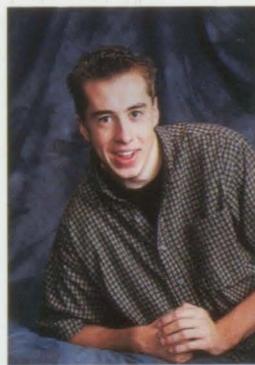
**Ryan Michael Panning**  
If you don't know where you're going, you'll end up someplace else.



**Keith LeVerne Paulson**  
Practice is like religion: You have to take it when you don't want it, so you will have it when you need it.



**Nathan Glen Pauly**  
And you know this...man!



**Christopher Petrich**



**Alyson Kathryn Piechocki**  
Some people don't like others & most don't care how they feel. But how many of you that sit & judge, labeling people as who you think they are, know what it's like to actually be?

**REMEMBER WHEN**...everyone wasn't stressing about college...we used to have "tree-talks"...Rachael J didn't have "red handed"...Jennifer G always brought salad dressing to restaurants...Lauri & Kelli S made \$5 each...Brittany wasn't being nice...

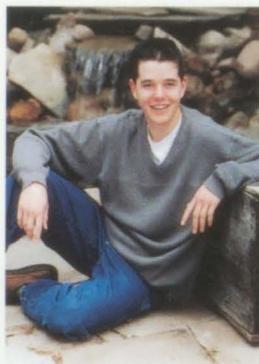
thought she was a mechanic...Amanda May didn't think she knew everything...Paul F got caught Tia wasn't a boyfriend...Tiffany Z wasn't talking to a teacher...Annie S used to shop at Abercrombie...



**Melissa Ann Pietsch**  
The true secret of happiness lies in taking a genuine interest in all the details of daily life.



**Hilary Ann Plantenberg**  
Threads that are golden don't break easily.



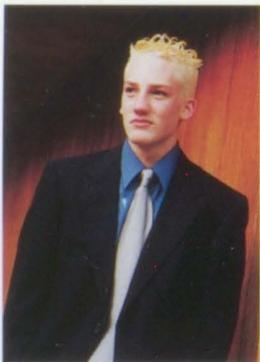
**Steven Pope**  
The truth hurts. Maybe not as much as jumping on a bike without the seat on, but it hurts.



**Nicholas Pouliot**



**Jacqueline Ann Radunz**  
Yesterday is but a dream, and tomorrow is only a vision, but today well lived makes every yesterday a dream of happiness and every tomorrow a vision of hope.



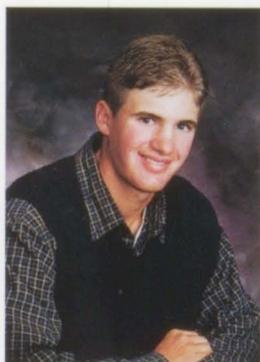
**Daniel James Raker**  
Life is a shocker, so be prepared before you get shocked.



**Jessica Reese**



**Kathryn Mae Rego**  
There is an art to flying, or rather a knack. The knack lies in learning how to throw yourself at the ground and miss.



**Brandon Lee Reinschmidt**  
You can never plan the future by the past.



**Angela Kristy Rines**  
Trust in the Lord with all your heart, lean not on your own understanding, in all your ways acknowledge Him and He will make our paths straight. Proverbs 3:5-6



**Alicia Roehl**



**Patrick Rogers**  
Hook, line, & sinker; gone fishin'.



**Marcello Rohrich**  
See the world.



**Cara Anne Ronning**  
A friend is someone who knows us, but loves us anyway.



**Jason Lee Sandstrom**  
I want to be what I was when I wanted to be what I am now.

tan...Jenny D drove her mom's car to Ridgedale—as a freshman...Julie said “we’re all gonna die” & was  
club...Ben S' little black book...girls had natural hair color...Dawn L peded on the jet ski...Alycia



**Annie Kathleen Scharber**

They say it's the last dance. They don't know us. It's only the last dance if you let it be.



**Dusty Lee Scheller**



**Nicole Katherine Scherber**

A person who can smile when things go wrong has probably found someone to blame it on.



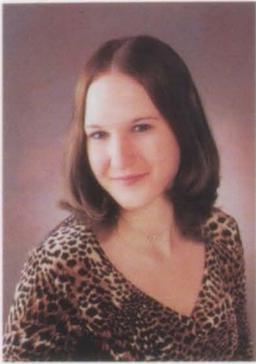
**Kelli Louisa Schirmers**

I have spread my dreams under your feet; tread softly for you tread on my dreams.



**Nicole M Schneider**

When you're up, your friends know who you are & when you're down, you know who your friends are.



**Allison Eileen Schoon**



**Erin Kay Schumacher**

“The most wasted of all days is one without laughter.”



**Leah Desiree Scofield**

To thine ownself be true.



**Kasi Joleen Seiwert**

Favorite people, favorite places, favorite memories of the past...These are the joys of a lifetime. These are the things that last.



**Robert Christopher Shoup**

Stupidity got us into this mess, so how come it can't get us out!?



**Brian James Shovelain**

Man cannot discover new oceans unless he has the courage to lose sight of the shore.



**Jacob Michael Sigler**



**Christopher Joseph Sikorski**



**Jason Jeffrey Slimmer**

There is only me stopping me from being successful.



**Tom Paul Smith**

and...Festivus...Betsy K wasn't waiting for a flood...A.C. was trying to snowboard at Spirit Mountain...Brain S was changing at ski sleepwalking at Kellis' party...the Bomb Threat...the bet with Josh where the losers had to run across the football field

**REMEMBER WHEN...** Josh K wasn't picking on Tanya S in Math class...we couldn't hear Mr. Cornell yelling from across the hall...Kasi S wore her prom dress for dress up day...it was cool to clog the playground pants because she heard it was going to rain...you had to be babysat...Alycia wanted to keep her 30 hour famine money...everyone collected trolls...nobody understood Nick Pouliot...we gave each other wussy tests...lice checks...



**Nelz Samuel Spence**  
Life iz a photo-opportunity;  
Look around you at any  
moment. There iz  
something worth keeping.  
Shocka'z 4 Eva!



**Nina Sabine Spöttle**  
Don't dream your life,  
live your dream!



**Joanna Spurbeck**



**LeAnn Marie  
Stafford**



**Jenna Marie  
Stangler**  
People may doubt what  
you say, but they will  
always believe what you  
do.



**Tanya Jo Starr**  
Reach high, for stars are  
hidden in your soul.  
Dream deep, for every  
dream precedes the goal.



**Michael John  
Steffens**



**Benjamin Steiner**  
Fâta viam invenient.  
-Virgil



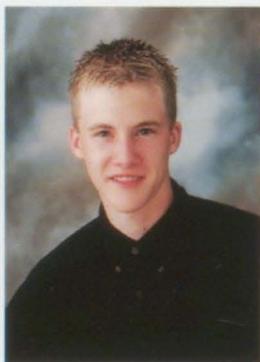
**Anne Rochelle  
Stenglein**  
Be yourself. Life's a lot  
more fun that way.



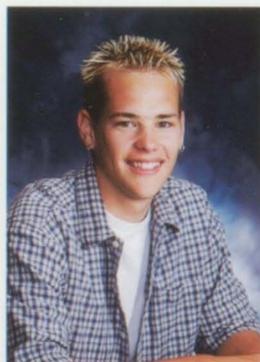
**Danelle Rae Stewart**  
Remember...To the world  
you, are just somebody;  
but to somebody, you are  
the world.



**Amy Stine**  
I'll toss my coins in the  
fountain, look for clovers in  
grassy lawns, search for  
shooting stars in the night,  
cross my fingers and dream  
on.



**Michael Lucas  
Stiras**



**Aaron Strelow**



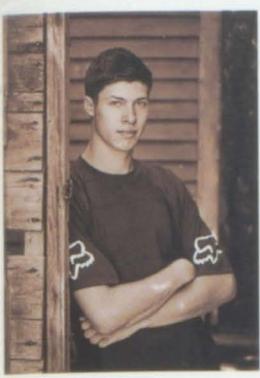
**Kacy Eileen Suckow**



**Elizabeth Ann Teare**  
Don't walk in front of me,  
I may not follow. Don't  
walk behind me, I may  
not lead. Just walk beside  
me and be my friend.

slides...Keith B wasn't flirting with every girl...starter jackets were the coolest...Mr. Barthel gave a  
 wasn't obsessed with Gap Outlet...Cross country girls ran in their sport's bra's...Betsy K wore short

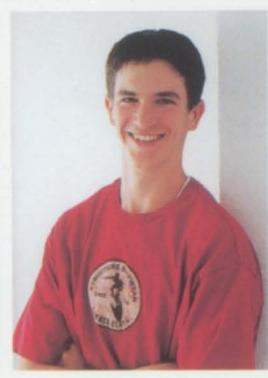
quiz...Butch drank his own powerade...it was cool to go behind the curtain during JHS dances...there was a swamp instead of an outlet  
 mall...everyone was in band...Ms. Butterfield...Erin S had a big, brown boat...Annie S wasn't saying "you're right" ...Katie K



**Jordan Thibodeau**



**Rachelle Traut**



**Brandon James Valerius**

There is no chance if you don't take it.



**Monica Marie Valerius**

The elevator to success is out of order. You'll have to use the stairs...one step at a time.



**Joseph Michael Vandal**

The key to success in life is knowing who to blame for your failures.



**Katherine Michelle Vergin**

Dance like no one's watching, love like you'll never be hurt, sing like no one's listening, live like it's Heaven on Earth.

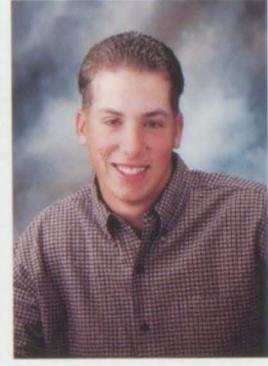


**Andrew Clemens Vetsch**



**Renee Mary Vetsch**

Sometimes you cannot believe what you see, you have to believe what you feel.



**Nicholas Lee Volkmann**

Even if you are on the right track, you'll get run over if you just sit there.



**Jason Robert Walker**



**Jacquelyn Marie Wallerius**

Strangers are just friends waiting to happen.

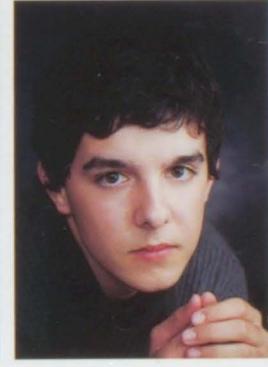


**Brandon Wegner**

The things in life you want the most, you have to try even harder for.



**Katie Williamson**



**Cole James Zachman**

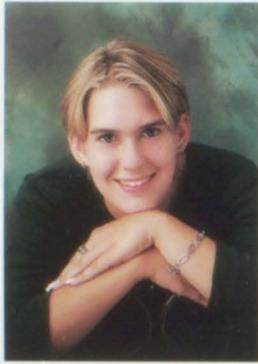


**Malina Kay Zachman**

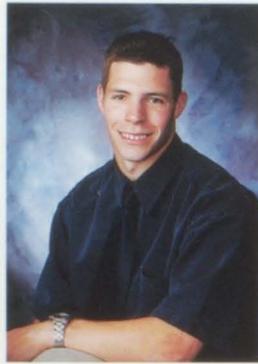
You will find, as you look back upon your life, that the moments that stand out are the moments when you have done things for others.

**REMEMBER WHEN...** we caught Mr. Hoffman flirting with college girls...everyone thought Marilyn Manson was Philbin...all the red mice in the woods...the \$100 fee at Megan's house & being locked in for 4 hours...the treehouse at Kelli's...

that nerdy kid on "The Wonder Years"...people surprised their friends when they got their braces off...  
 "I am the best singer in the world"...Perkin's was the best hang out...Steve Pope acted like Regis



**Sarah Marie Zachman**



**Stephen Michael Zachman**



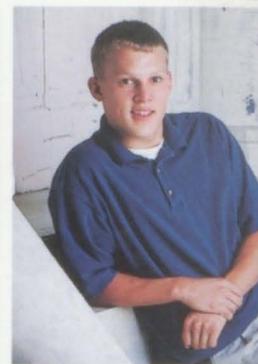
**Tiffany Ann Zachman**

Don't let a fool kiss you, or a kiss fool you.



**Alycia Cristine Zahler**

What is meant to be will always find a way.



**Philip Thomas Zander**

If you want something you've never had, you have to do something you've never done.

Before choir gets going, Erin Schumacher, Christine Erickson, Jessica Etheridge, Betsy Koch, Mary Barthel, Jacquelyn Wallerius, Tiffany Farr, Alycia Zahler, and Tanya Starr gather to show off their Senior Pride.



# SENIOR PRIDE 2001

Bright and early in the morning, Kelly Hoffard, Laura Lenz, Jenna Stangler, Ashley Baldrige, Anne Stenglein, Kathy Vergin, Sara Eull, Amy Aurzada, Karen Berning, Brenda Lenneman, Leah Lenneman, and Liz Lynch dawn their senior color...BLACK.



PLACE FOR A  
DATE...  
MOVIE & DINNER

# WHAT'S *with 2001*

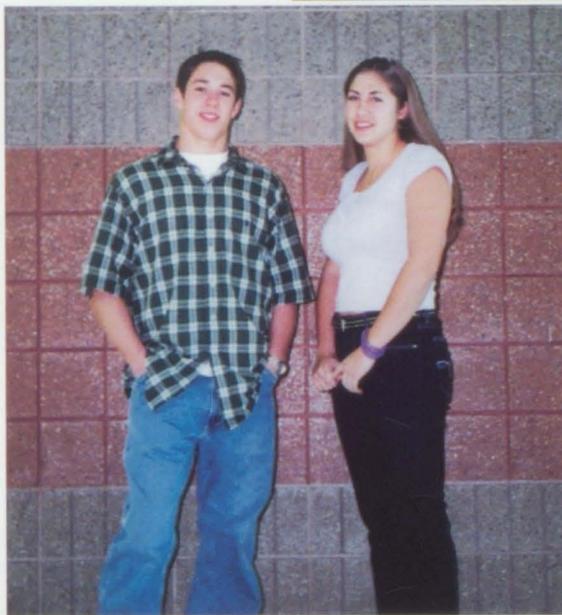
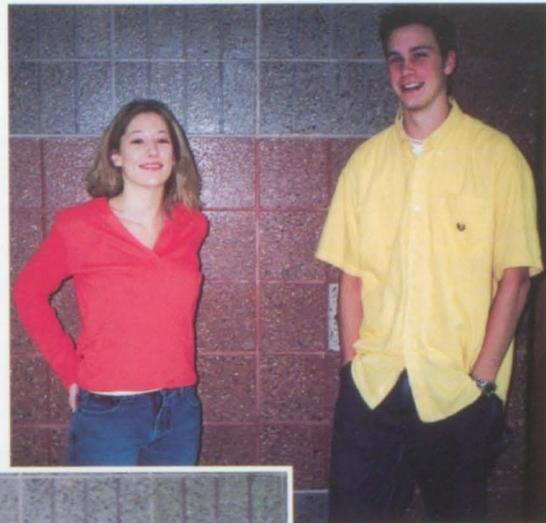
HANG OUT...  
FRIEND'S HOUSE

...MOST POPULAR  
Randy's or  
Aurzada's House

VACATION SPOT...  
MEXICO or  
FLORIDA

HOLIDAY...  
CHRISTMAS

Best Story  
Tellers  
Tasha Foss &  
Mitch  
Hackenmueller



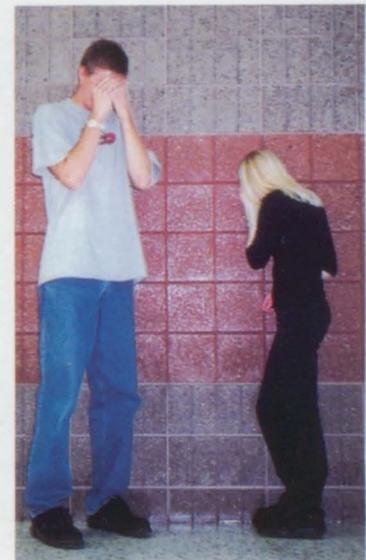
Best Dressed Travis Dahlheimer &  
Tiffany Zachman



Most Organized  
Ashley Baldrige

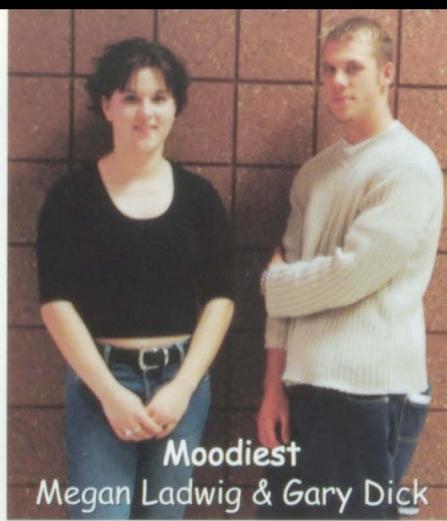
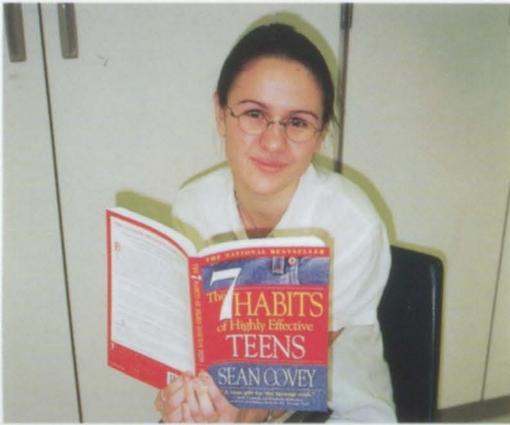


Best Smiles  
Kelli Schirmers & Ryan Eull



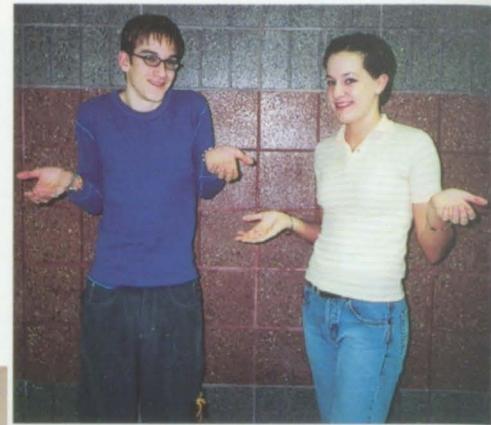
Most Shy  
Brandon Reinschmidt &  
Sara Deckert

**Most Likely to Succeed**  
Jessica Duerr & Ben Steiner

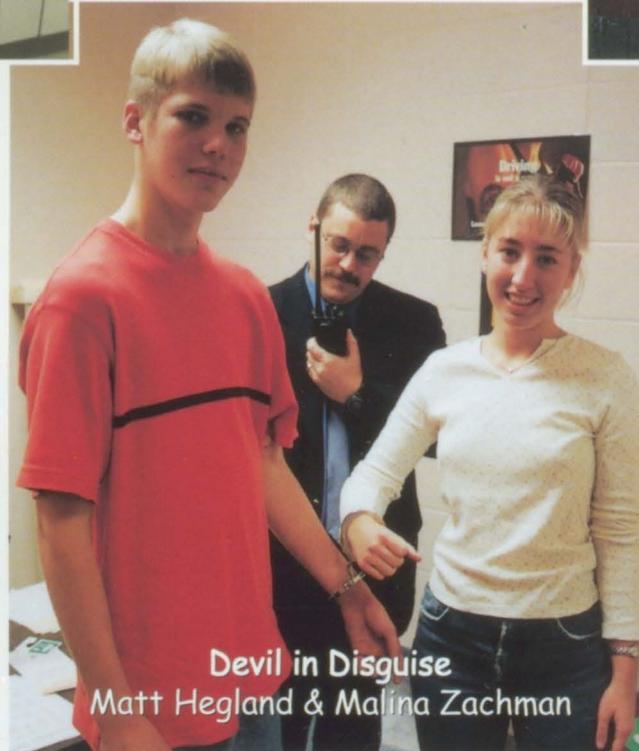


**Moodiest**  
Megan Ladwig & Gary Dick

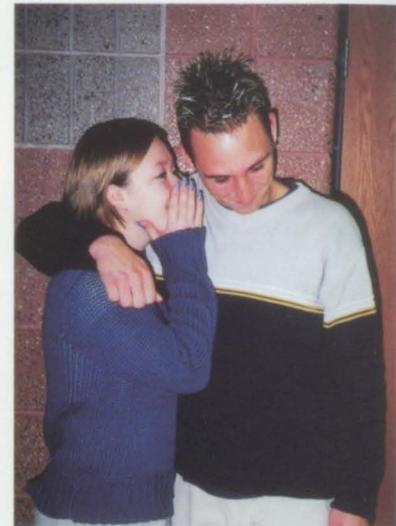
**Most Changed** Jesse Cole & Jacki Randuz



**Most Athletic**  
Jesse Hackenmueller & Rachel Jobes



**Devil in Disguise**  
Matt Hegland & Malina Zachman



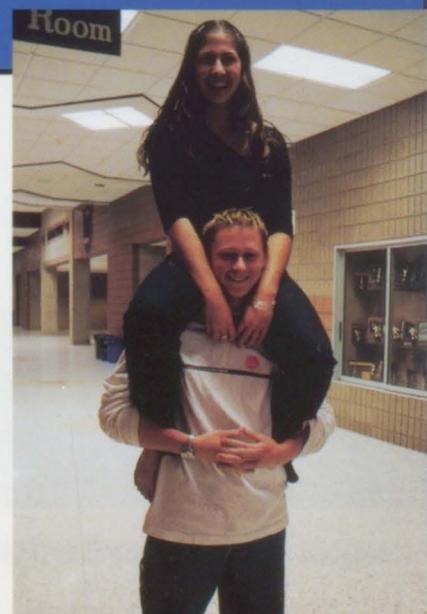
**Biggest Gossip**  
Melissa Pietsch & Mike Barthel

# HALL of FAME of 2001

**Most Likely to Brighten Your Day**  
Brittany Bauman & Nick Pouliot



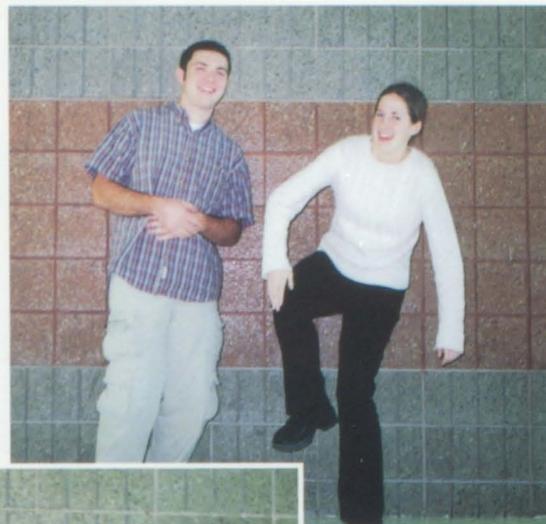
**Most Outgoing** (far right)  
Tiffany Zachman & Andy Croteau



**SONG...**

"Ride With Me"  
"Higher"

**Best Laugh**  
Eric Holland &  
Elizabeth Koch



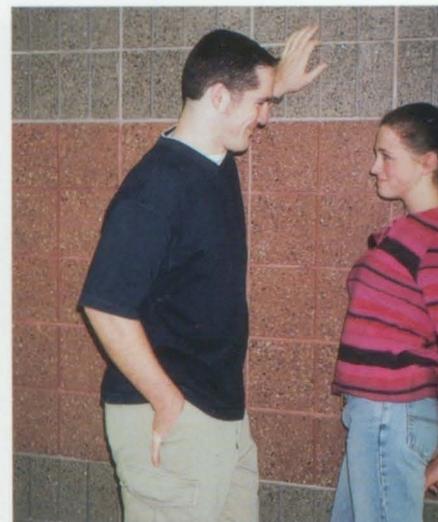
**WHAT'S IN...  
with 2001**

**RESTAURANT...**

SIT-DOWN  
Olive Garden



**Class Clown** Christine Erickson &  
Steve Pope



**Biggest Flirts** Keith  
Becker & Aimee Lefebvre

**RESTAURANT...**

FAST FOOD  
ARBY'S

**SNACK FOOD...**

CHIPS

**CLOTHING STORE**

AMERICAN  
EAGLE & GAP

**CLASS...**

CHOIR



**Most Likely To Argue With a Teacher**  
Laurie Grambart & Joe Freeman

**SPORT...**

FOOTBALL

**Most Gullible**  
Eric Eull & Abby Marx



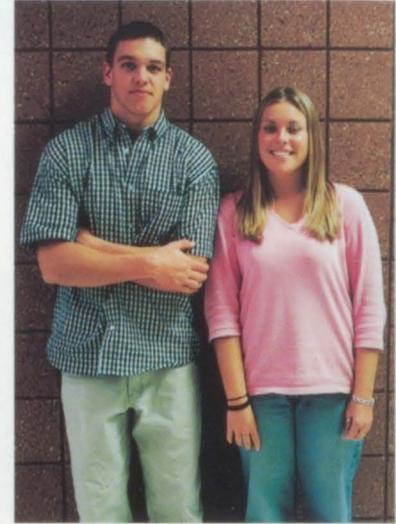
**Most Talkative** Lacy Kvamme  
(right), Mary Barthel, & Ryan Eull



**Best Hair**  
Jesse Hackenmueller &  
Dayna Cobb



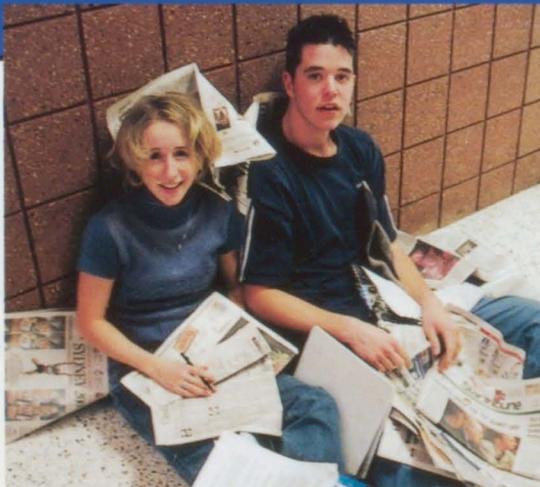
**Biggest Treat to Pedestrians**  
Jared Eicher & Brenda Lennemen



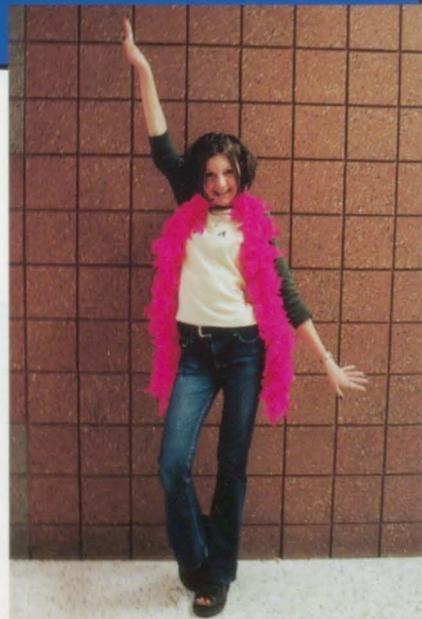
**Mr. & Mrs. Perfection**  
Brian Shovelain &  
Tia Elliot

# HALL of FAME of 2001

**Most Unorganized**  
Tonya Hackenmueller &  
Steve Pope



**Hollywood Bound** (far left)  
Cara Ronning



TV SHOW...  
"FRIENDS"

# WHAT'S IN... *with 2001*

MOVIE...  
"REMEMBER THE TITANS"

ACTRESS...  
JULIA ROBERTS

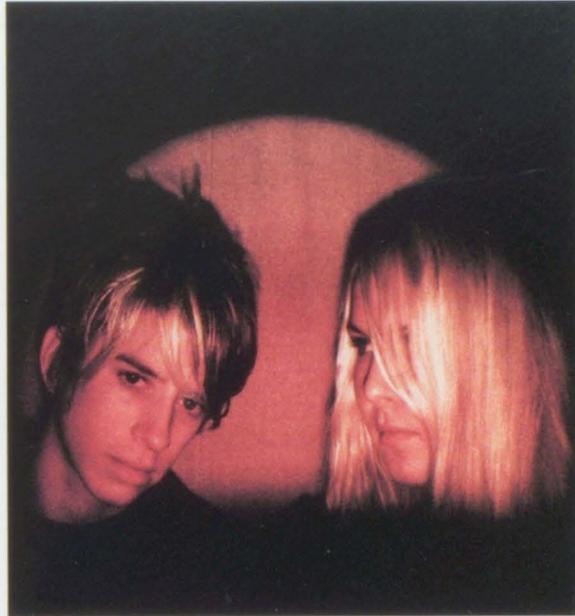
ACTOR...  
BRUCE WILLIS

KIND OF MUSIC...  
RAP

RADIO STATION...  
B 96

BAND...  
CREED

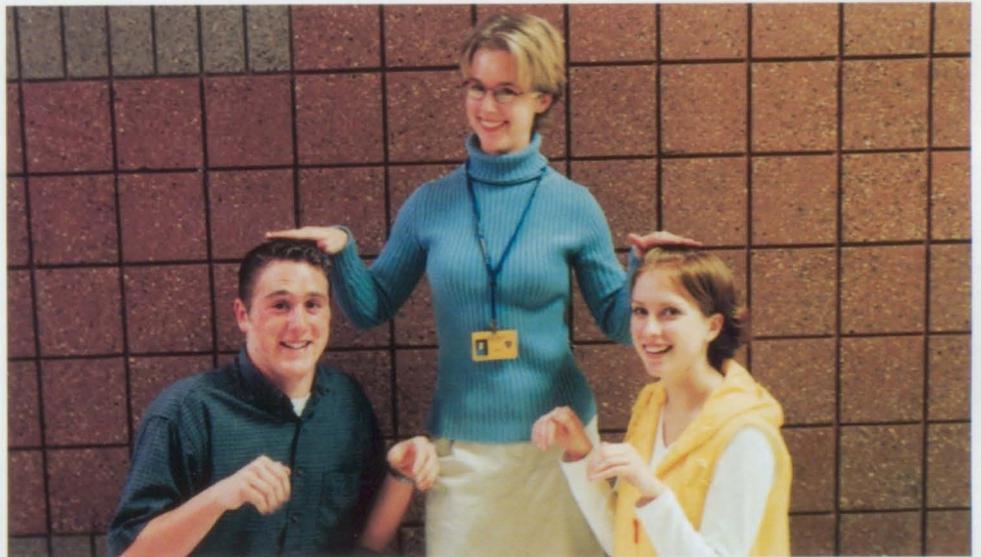
Best Eyes  
Brian Shovelian  
& Aly Piechocki



Most Creative photo taken by Nick  
Barbeln & Hillary Plantenberg



Craziest Clothes Nick  
Barbeln & Dawn Lee



Teacher's Pet  
Randy Dehmer & Amanda May

This group of Freshmen girls were not to be outdone. They searched their closets for any pink and are sporting pink down to the beads and nail polish. Their guy classmates (not shown) were seen taping pink balloons on the lockers that morning.

Eric Pearson and Tony Griffin weren't afraid to show their Junior pride, wonderful wigs guys.



Mr. Hoffman's first hour class takes a short break from English for a photo op.

Sophomores Eric Weber, Ryan Bauman, Teresa Lynch, and Kyle Valerius are psyched for the Homecoming football game.



*Spirit of the Classes... Spirit of the Knights*

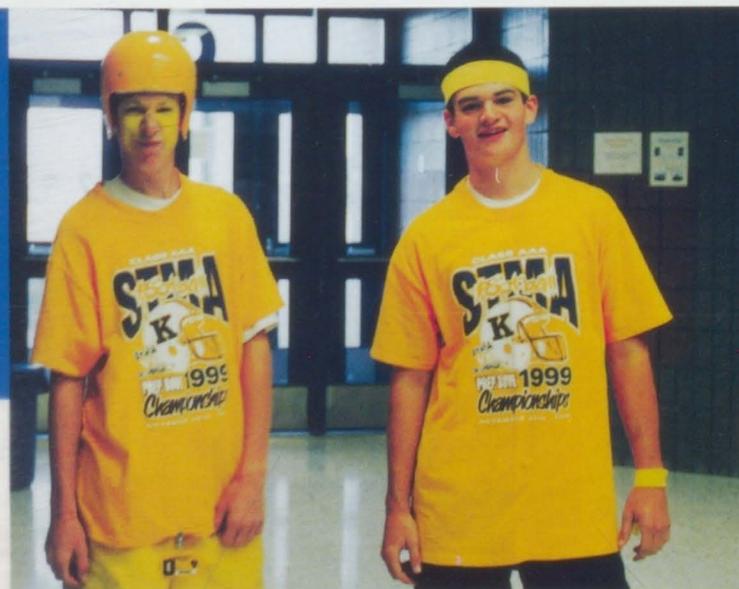
# Homecoming

Ashley Johnson, Emily Beaudry, Laura Barthel, and Tiffany Paulson (kneeling) have tie-dyed in their class color, orange for Sophomores.



Homecoming was a week of unprecedented events as the days unfolded. The week opened up with the traditional nomination and crowning of Homecoming candidates. Throughout the week, students dressed up for hat day, wacky-hair day, and dress-up day. Friday students dressed in Blue and Gold to show their school pride and support the Homecoming football game against Glencoe-Silver Lake. Thursday broke away from the norm when "Battle of the Classes" got out of hand. When the classes, massed in color, grouped against each other in the halls before school and between A and B blocks concerns arose over the attitudes and actions of students. Once a day of class pride and unity turned into a day lacking in respect

for another's work and effort in representing their class in full color. As a result, school went on without the anticipated "Battle" games. Although there were protesting views from some students, the student body showed their true colors the next day as they dressed in Blue and Gold and participated in the pep rally for fall sports and the football game. Masses turned out for the game as stands filled up before the game and fans wrapped the track surrounding the field. Fans witnessed a very close game where our players put forth a tremendous effort. The game was followed by the Homecoming dance. This week proved the real value of Homecoming is tied to school and community pride in being the Knights.



Juniors Andy Valerius and Dan Kasper are ready for action.

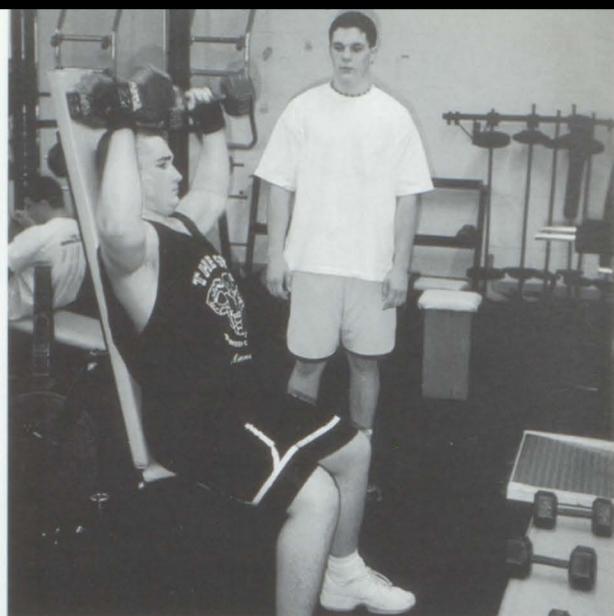
Part of the fall cheerleading squad, Cassie Johnston, Jodi Becker, Tiffany Zachman, Jenna Oliver, and Tanya Starr show "They Got Spirit, Yeah, Yeah!"

Never rock the boat unless you are wearing a life jacket.

Right: It's "Tool Time" for Aaron Eull and Andy Valerius as they help Brandon Valerius (01) work on a project for woods class.



Far Right: Garret Prill, often seen lifting school, before or after school, is spotted by Jim Taylor.



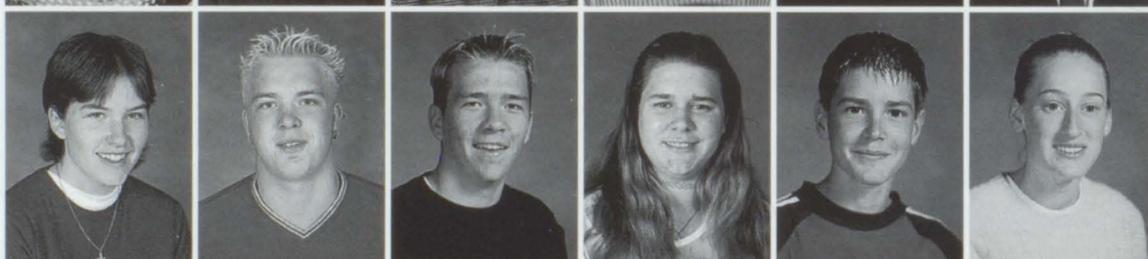
*Brenda Adkins  
Elizabeth Altendorf  
Heather Andersen  
Joey Andersen  
Paula Archer  
Jerry Arns*



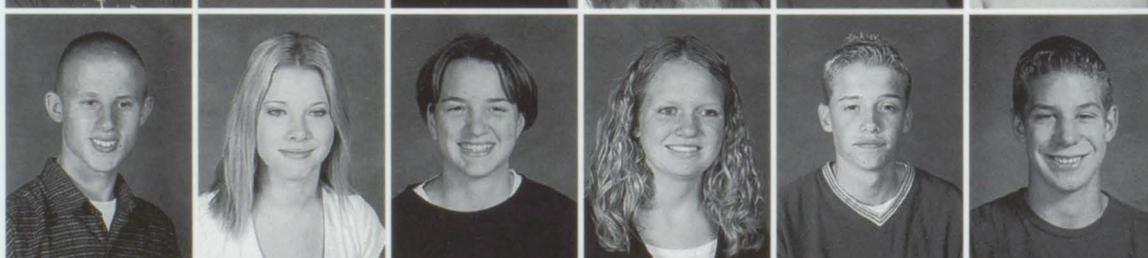
*Brooke Baldwin  
Charlie Bammert  
Andrew Barthel  
Elizabeth J. Barthel  
Matthew Barthel  
Daniel Beach*



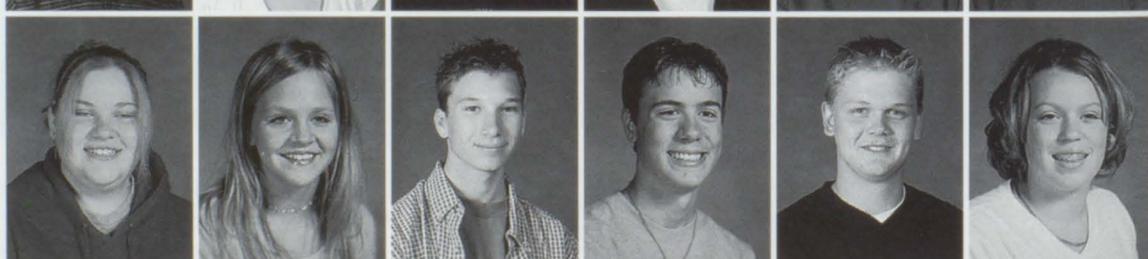
*Sara Bebeau  
Aaron Becker  
Mathew Becker  
Anna Black  
Matthew Blais  
Sarah Bongaarts*



*Eric Borchardt  
Melissa Bouressa  
Ashley Brant  
Ashley Branstad  
Elias Bresin  
Joseph Briggs*

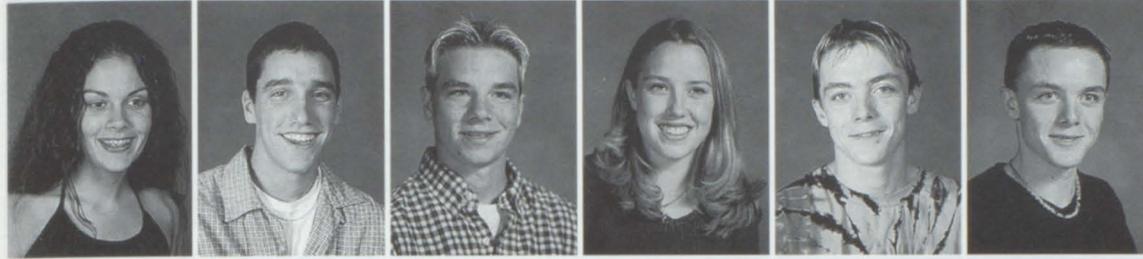


*Faye Brown  
Jenna Brown  
Daniel Byer  
Joseph Cady  
Eric Callander  
Jenny Capps*

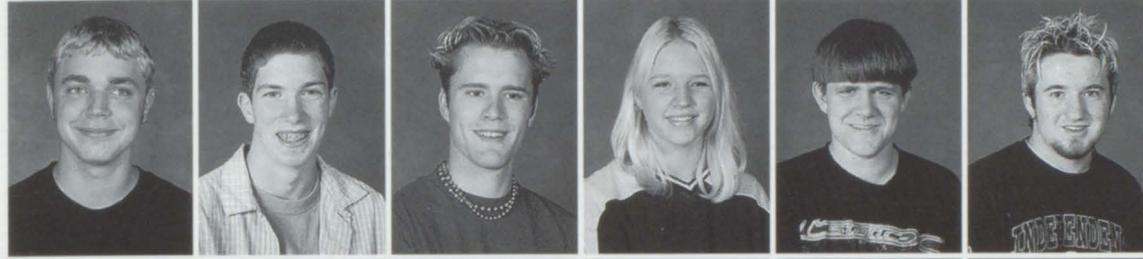




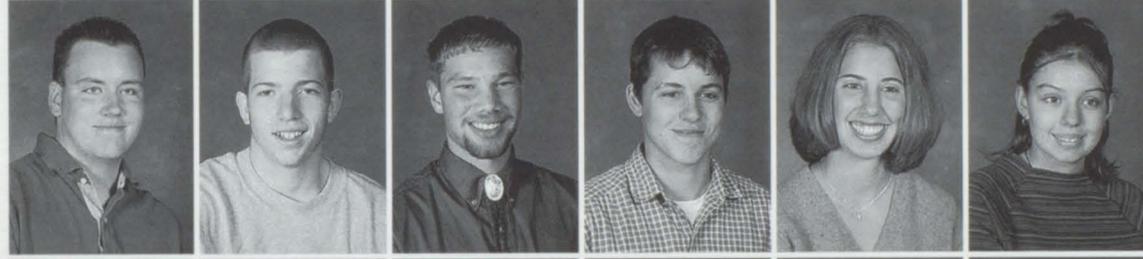
Thomas Cavanaugh  
 Jessica Chounard  
 Erica Coffey  
 Casey Cook  
 Nicolette Czech  
 Christine Dahleimer



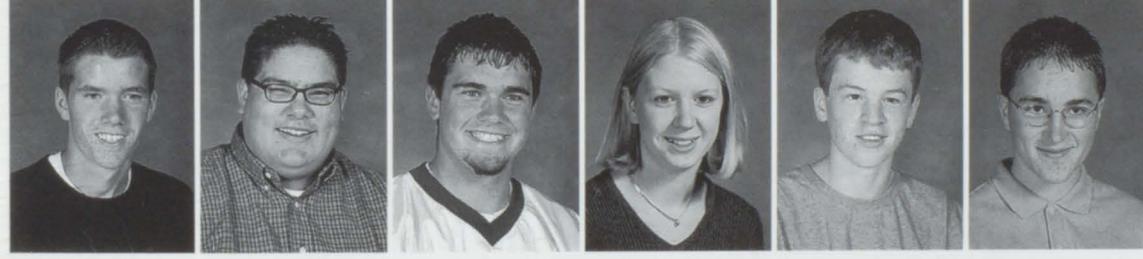
Lauren Dailey  
 Jacob Dalbec  
 Bryan Daleiden  
 Ashley David  
 Charles Dellwo  
 Christopher Dellwo



Dominic Dufner  
 Nicholas Dwyer  
 Alex Eicher  
 Stephanie Ekern  
 Nicholas Ellingson  
 Nathan Emerson



Jeremy Engen  
 Derek Enger  
 Aaron Eull  
 Jason Eull  
 Aime'e Falbo  
 Elizabeth Faulk

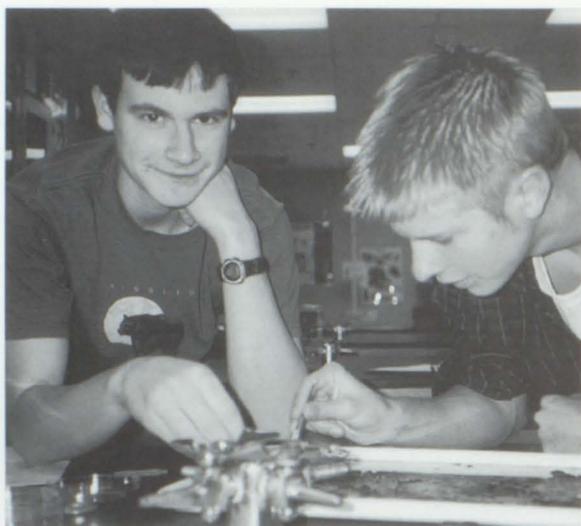


Adam Flaherty  
 Benedict Frank  
 Daniel Franklin  
 Emily Frase  
 Jon Gilbertson  
 Adam Gilman

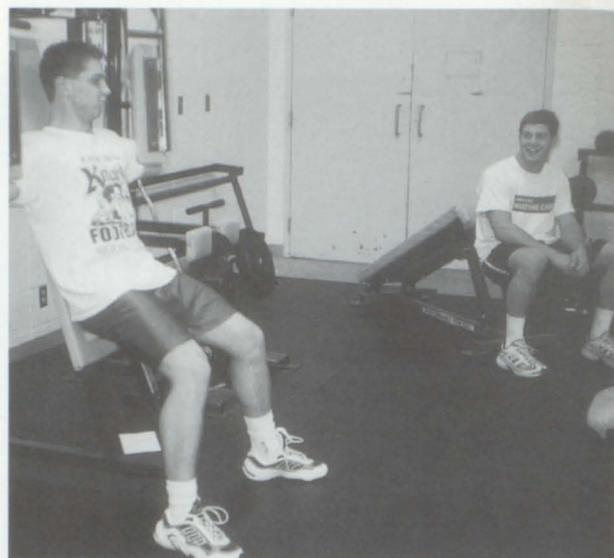


Left: After the fall play "Up the Down Stair Case" the entire cast enjoyed a night out to eat. Juniors Ben Frank, Joe Cady, and Tony Griffin (in full makeup) entertain this table of senior actresses.

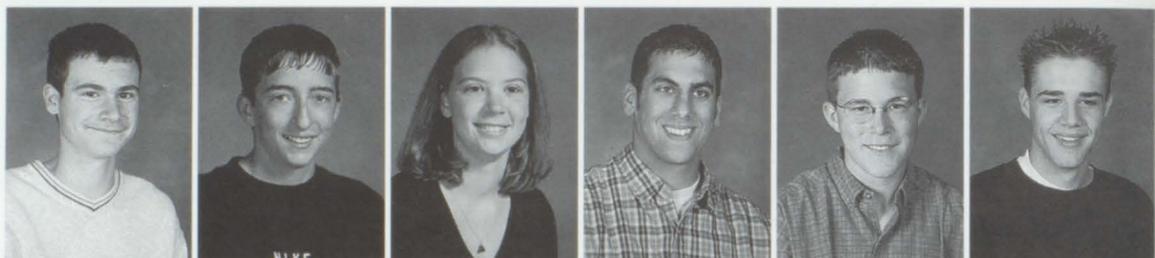
Right: With steady hands and a careful eye, Fred Goodrie and Kevin Justen pick out the correct specimens from the pond water.



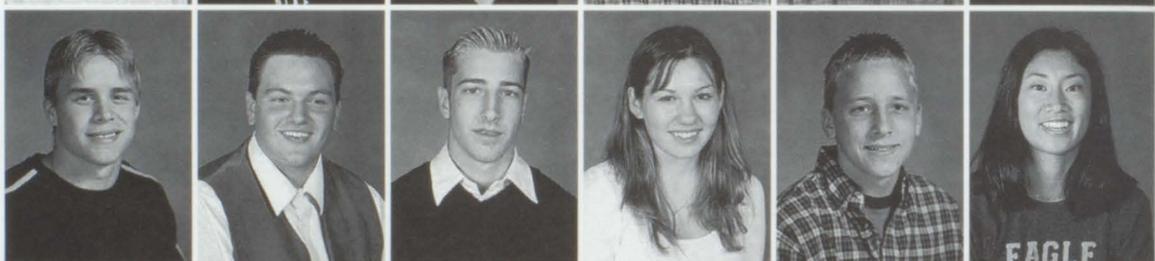
Far Right: Charlie Bammert must believe a ripped upper body will entice the females. Marty Hackenmueller (01) prefers to sit this one out.



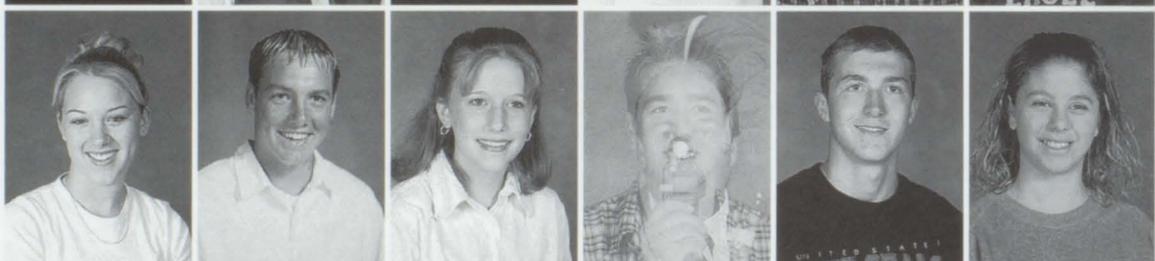
*Fred Goodrie  
Jeffrey Grant  
Chelsea Greninger  
Anthony Griffin  
Joseph Hackenmueller  
Paul Hagen*



*Matthew Haller  
Leslie Hansen  
Scott Hasse  
Stacy Haynes  
John Hedlund  
Angela Helfert*



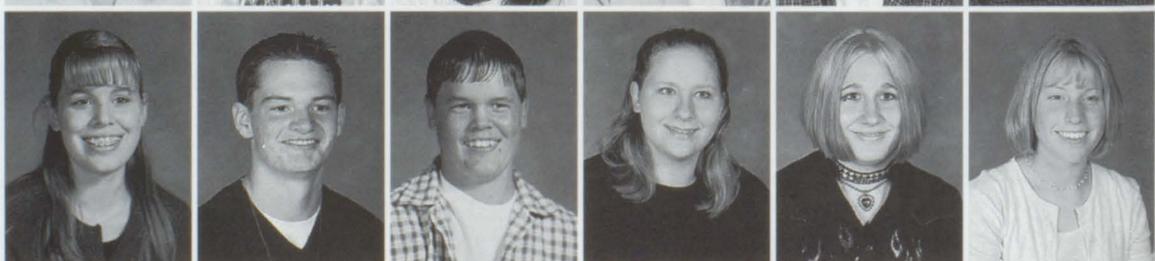
*Stephanie Helm  
Michael Hemann  
Jennifer Hesse  
Dan Heuring  
Thadeus Hickman  
Cassandra Hughes*

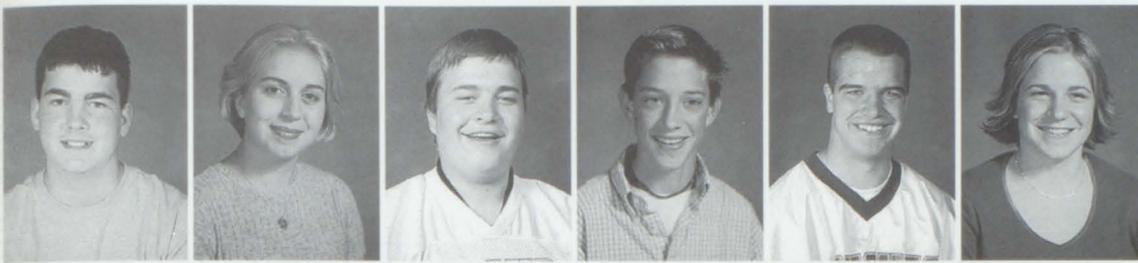


*Laura Ingebrigtsen  
Gregory Jaeb  
Jenna Johanson  
Cassandra Johnston  
Matthew Jokinen  
Kevin Justen*

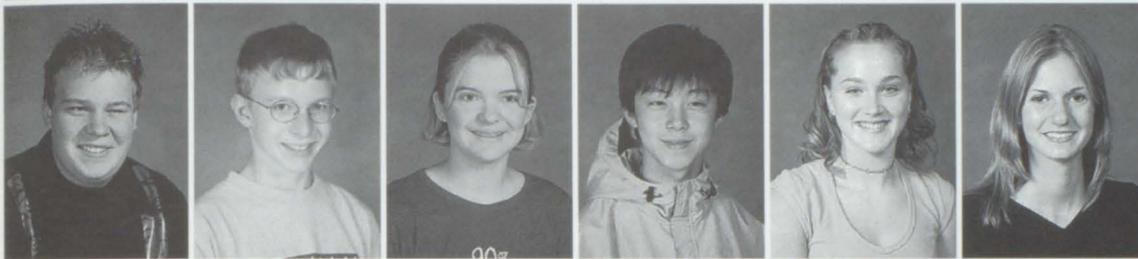


*Bridget Kasper  
Daniel Kasper  
Patrick Kasper  
Christina Kelter  
Amanda Kilian  
Alison Kleist*





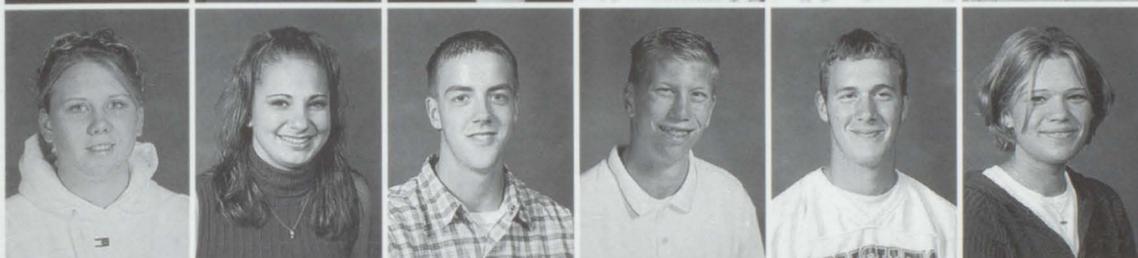
Jonathon Klotz  
 Andrea Koehler  
 Charles Kolb  
 Justin Kolles  
 Travis Kortuem  
 Rachael Kottke



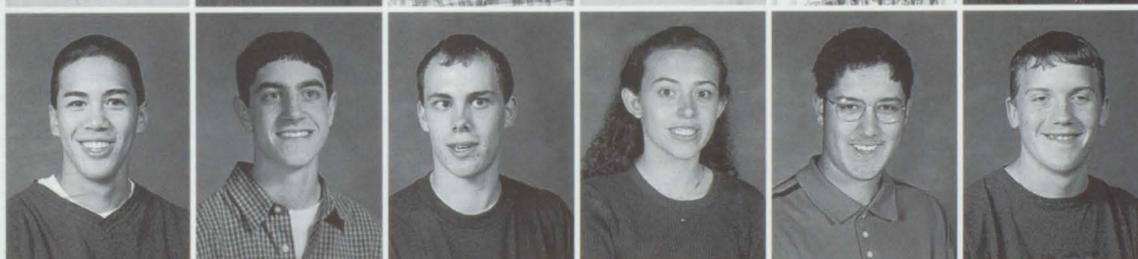
Robert Kraft  
 Brian Krause  
 Laura Krosggaard  
 Arai Kuminiko  
 Sandra Ladwig  
 Hope Lehan



Crystal Lehn  
 Christina Lidberg  
 Rachel Lindenfelser  
 Sara Lindenfelser  
 James Litzau  
 Silvija Lovic



Emily Lubke  
 Sarah Luken  
 Josa Martin  
 Noah Martin  
 Andrew Marx  
 Erin Marx

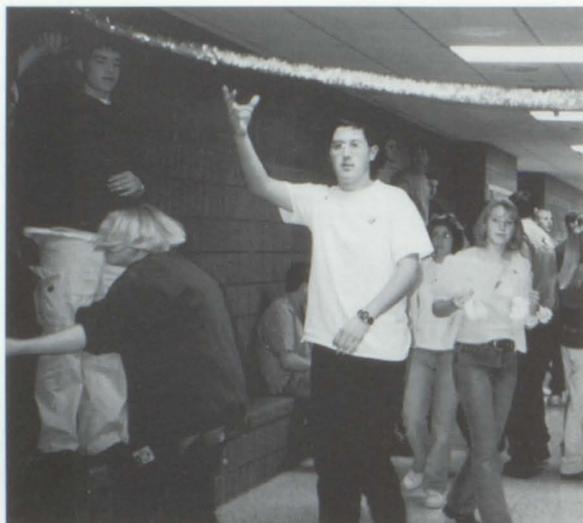


Michael Marx  
 Jonathan Maurer  
 Jamie McLennan  
 Carla Miedema  
 Paul Miller  
 David Moss

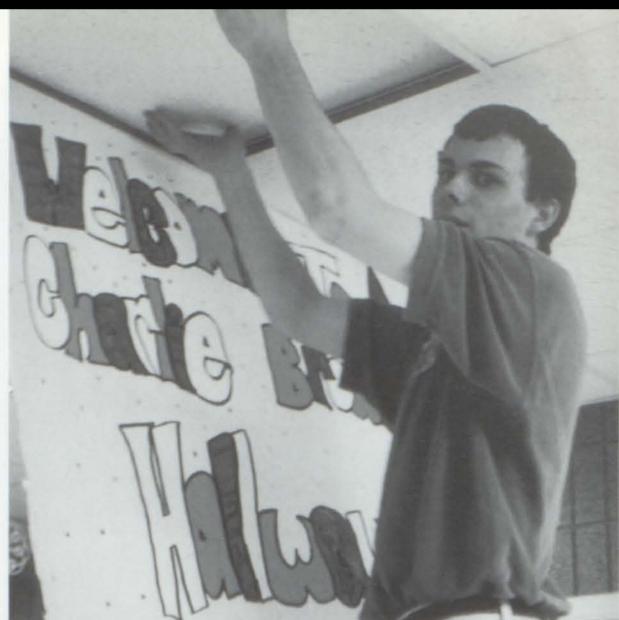


Dan Zachman, hopeful not to create a test tube explosion, tests out a new science experiment in Ms. Nowell's room after school. Brooke Baldwin was sure to have her own safety goggles on with Dan mixing the solutions!

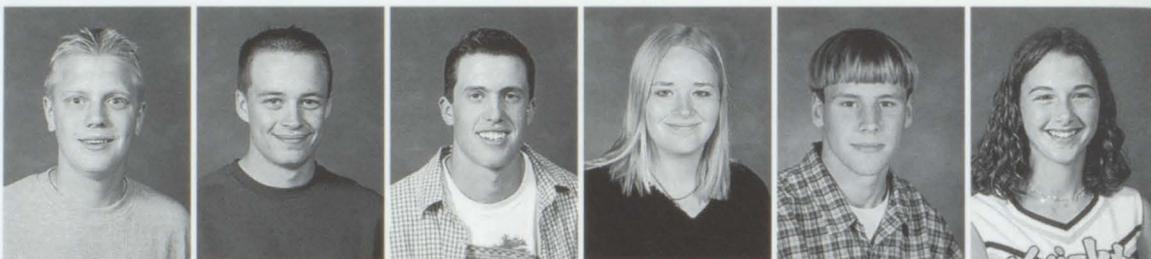
Right: Paul Miller welcomes all into the junior hall while it is being decorated by Jerry Arns, Allison Kliest and many other classmates.



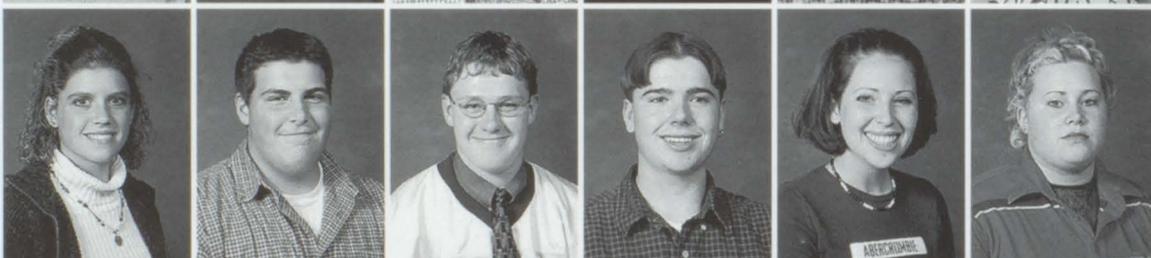
Far Right: Jamie McLennan hangs the Charlie Brown theme poster at one end of the hallway during "Deck the Halls".



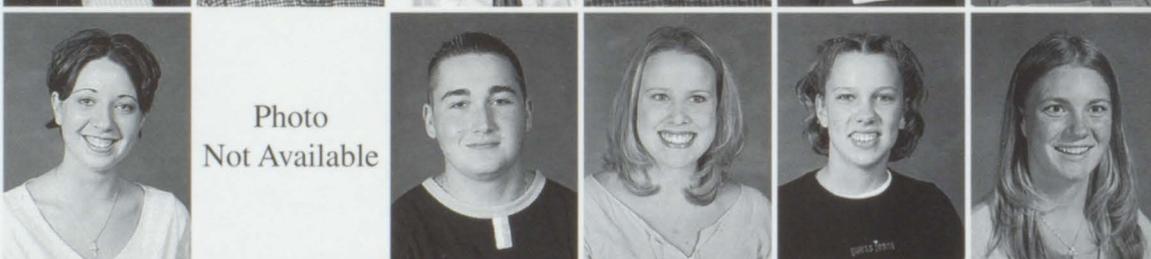
*Chad Mueller  
David Myrom  
John Nemeck III  
Brandi Nissen  
Jeffrey Oliver  
Jenna Oliver*



*Trista Paulson  
Eric Pearson  
Brandon Pellaton  
Adam Petersen  
Andrea Peterson  
Tiffany Pipenhagen*



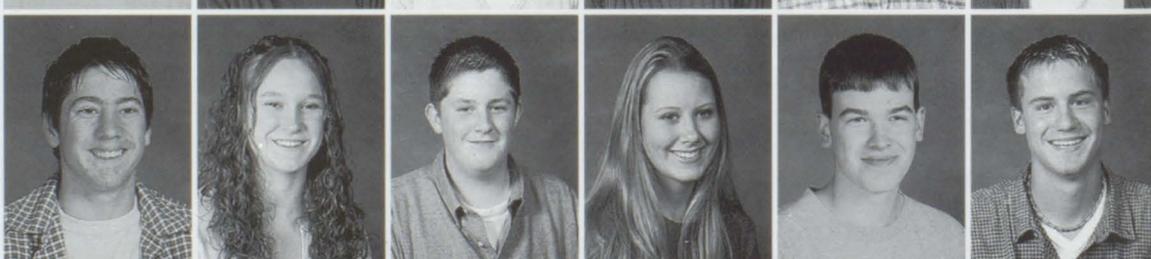
*Shaylyn Pouliot  
Tim Praught  
Garrett Prill  
Brenda Quinn  
Nicole Rademacher  
Tracey Reining*

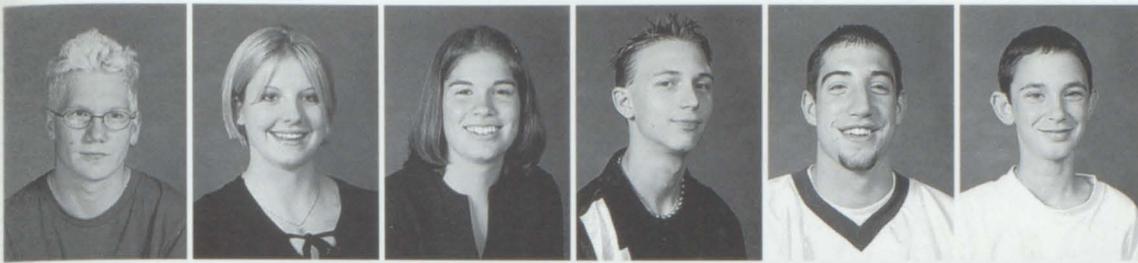


*Ryan Renstrom  
Ryan Robish  
Nicole Roddy  
Joni Roden  
Benjamin Roehl  
Kate Russell*

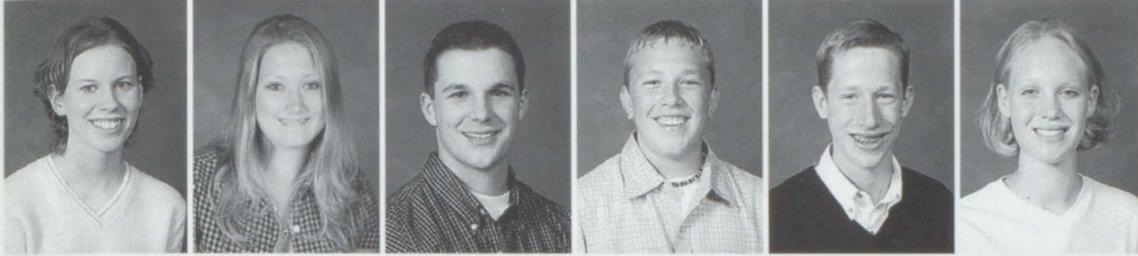


*Richard Ruter  
Nicole Ryan  
Ryan Salsman  
Melissa Sandstrom  
Andrew Savitski  
Jesse Scherber*

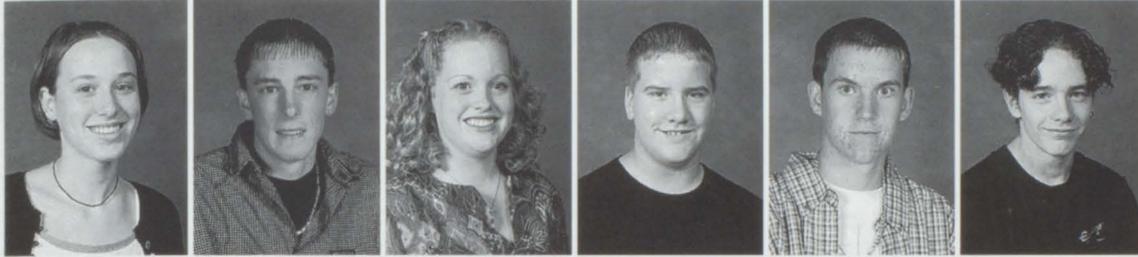




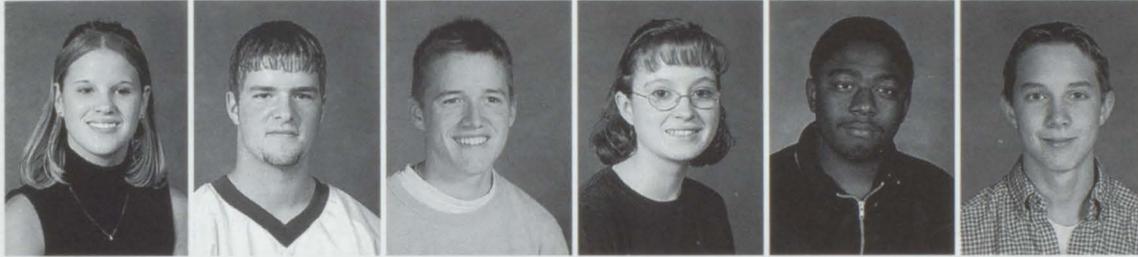
Christopher Schutt  
Jennifer Schwagel  
Danielle Smith  
Robert Sobrack  
Matt Spaeth  
Bob Spence



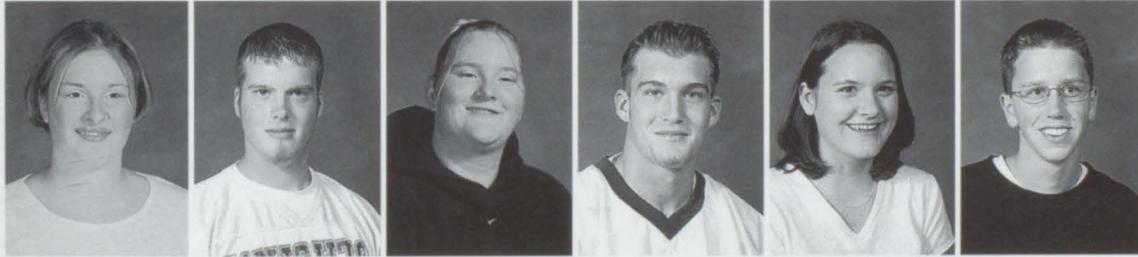
Jodie Stream  
Amanda Swenson  
James Taylor  
Andrew Tuomisto  
Andrew Valerius  
Elizabeth Van Drasek



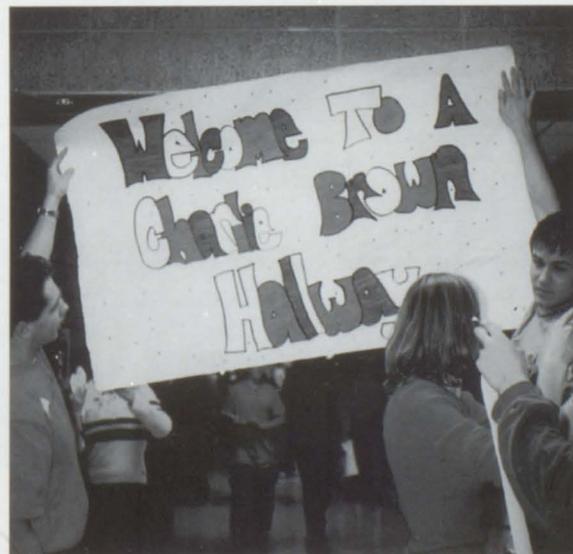
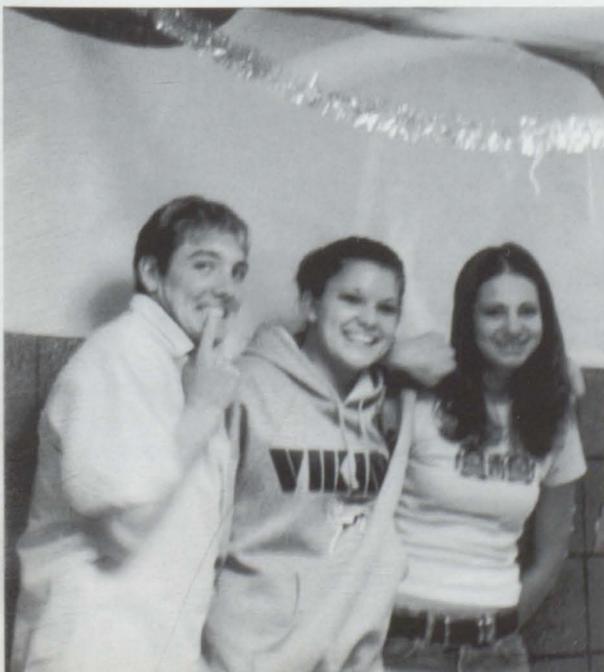
Elizabeth Van Hoorik  
Travis Vanderveen  
Pearl Vasseur  
David Vee  
Justin Wacker  
Christopher Walker



Krissy Weber  
Reid Weber  
Bray Wheeler  
Ashley Wheelock  
Tristan Williams  
Cory Young



Amy Zachman  
Daniel Zachman  
Kathryn Zachman  
Ryan Zachman  
Wendy Zachman  
Luke Zachmann



Far Left: Mike Hemann, Nicole Roddy, and Sara Luken hangout in their hallway anxious for a X-mas break.

Right: At the opposite end of the Junior hall, Jesse Scherber and Charlie Bammert need the girls to hurry with the tape before their arms get too tired.

Right: One day Andy Valerius might match Mr. Baumans stature, style, and skill, but right now Andy's short on style wearing those glasses.



Far Right: The hall breaks between A and B block give Laura Ingebrigtsen and Rachel Lindenfesler time to "wall watch" as classmates pass by.



*Stephanie Zeck*

*Not Pictured:  
Scarlet Gilligan  
Hasan Isic  
Nicky Keosongseng  
Gina Kolles  
Jason Schulz*



Hanging together for the "Battle of the Classes" are Ashley David, Liz VanDrasek, Laura Ingebrigtsen, Rachael Kottke, Rachel Lindenfesler, Cassie Hughes, Shaylyn Pouliot, Heather Anderson, and Erica Coffey.

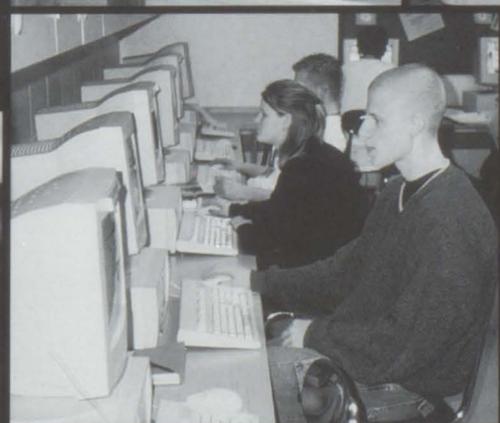
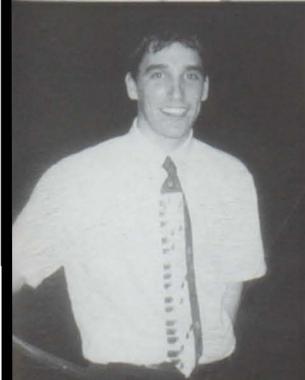
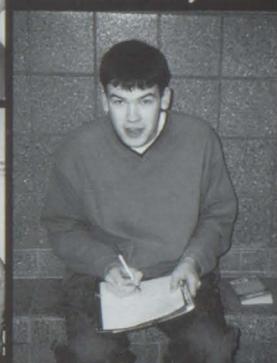


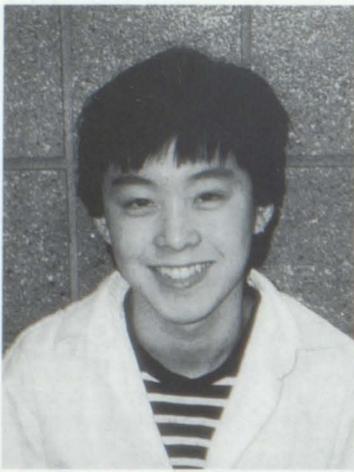
Nikki Czech, Jenny Schwagel, Tiffany Pipenhagen; Dan Franklin, Danielle Smith, Jim Taylor & Rick Ruter; Elizabeth Altendorf & Sara Bongaarts; Nicole Rademacher & Sarah Lindenfesler; Liz VanDrasek & Jenny Capps; Danny Zachman & Dan Beach; Laura Ingebrigstson & Jenny Capps...*No More Braces!*; Drew Tuomisto, Ryan Renstrom, Greg Jaeb, Mike Marx & Aaron Eull; Sara Lindenfesler & Ashley Brant; Jenny Capps; Andrew Savitski; Tracy Reining, Cassie Hughes, Annie Peterson, & Joey Anderson; Mr. Bauman & Tony Griffin; Chelsea Greninger, Max Frohlich, Jenna Oliver, Joe Cady, Dan Franklin, Danielle Smith, & Jim Taylor; Jake Dalbec; Laura



Nikki Papa

Ingebrigstson & Casey Cook; Eric Borchardt & Krissy Weber; Ashley Brant & Nicole Rademacher; Jenny Capps, Rachel Lindenfesler & Laura Ingebrigstson; Beth VanHoorik & Aimee Falbo; Sarah Luken & Jerry Arns.





Doreen Kuttner (Germany) hangs out with Erin Schumacher, Betsy Koch, Katie Keizer and Christine Erickson on class color day during homecoming week.



Kuni Arai: Japan

What has been your weirdest experience in America?



Ola Dutkowska: Poland

“Meeting Nina, because we are from the same city, Hanover.”

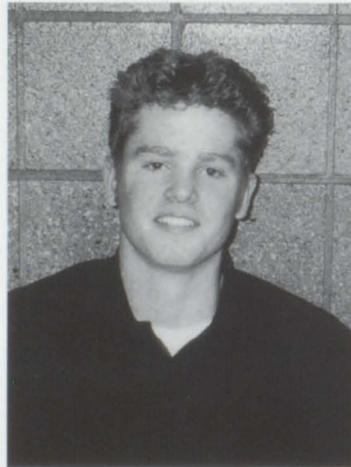
Max Frohlich

“Accidentally putting Crisco on toast, thinking it was butter.”

Stephanie Johansson

Junior Jesse Scherber shows foreign exchange student Max Frohlich (Germany) his affection.

Max Frohlich: Germany



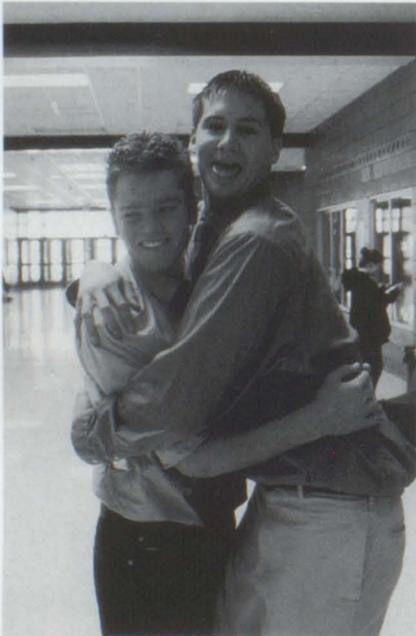
“Do you know Jackie Chan?”

Kuni Arai

“Do you have electricity there?”

Jana Kaseberg

Stephanie Johansson: Australia



Stephanie Johansson (Australia) and Lindsay Malecek pause for a picture before performing in “Up the Down Staircase.”



# FOREIGN EXCHANGE

From Australia to Italy, Germany to Poland to Japan, STMA is home to a wide range of diverse nationalities. This year, eight students from around the world are participating in St. Michael/Albertville's foreign exchange program. Kuni Arai, Ola Dutkowska, Max Frohlich, Steph Johansson, Jana Kaseberg, Dorene Kuttner, Marcello Rohrich and Nina Spottle



add to the sports, clubs, that, our for-students con-diversity and school, as language, that in Aus-

tralia they call candy "lollies"? Even with the differences between America and other parts of the world, the foreign exchange students fit in quickly with the "American" crowd. Stephanie Johansson said, "Coming to St. Michael was a nice experience and I'm glad I had to chance to do this. It's a lot of

fun!" As each year brings students from around the globe, STMA's foreign exchange participants never fail to bring fun, knowledge and lasting friendships to the high school.

By: Mara Erickson

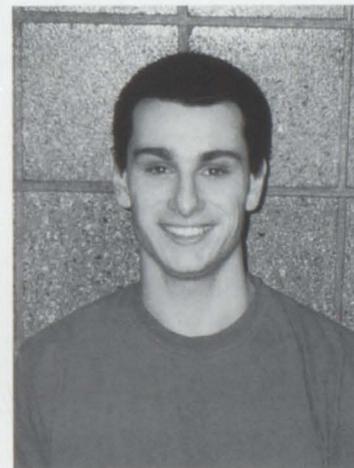


Jana Kaseberg: Germany



Dorene Kuttner: Germany

Marchello Rohrich: Italy



Nina Spottle: Germany

What do you think of STMA High School?

"A nice Catholic community with mostly nice people." **Nina Spottle**

"A nice small town, but sometimes too small and shy." **Ola Dutkowska**

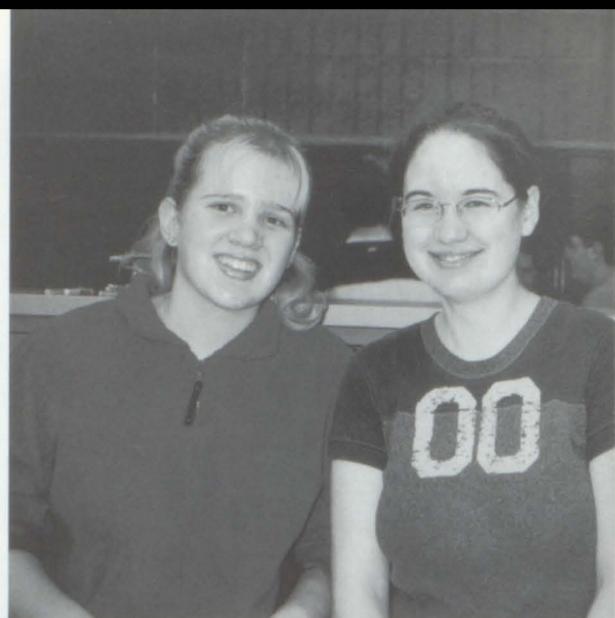


Smile !!  
Nina Spottle (Germany) and Max Frohlich (Germany) give the camera friendly faces.

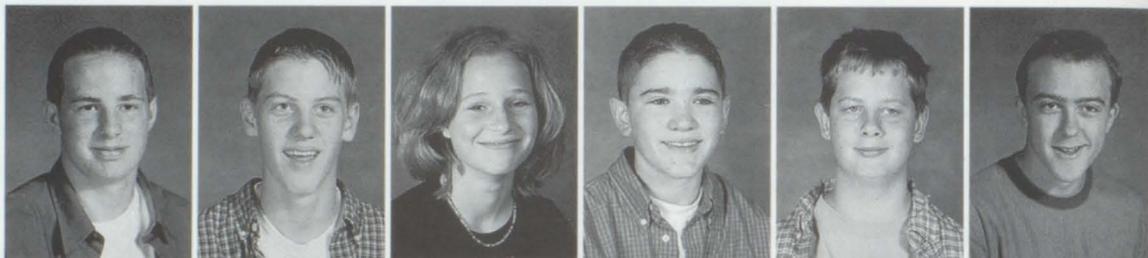


Far Right:  
Katie Keisner & Andrea Hill chill in the hallway before their next class.

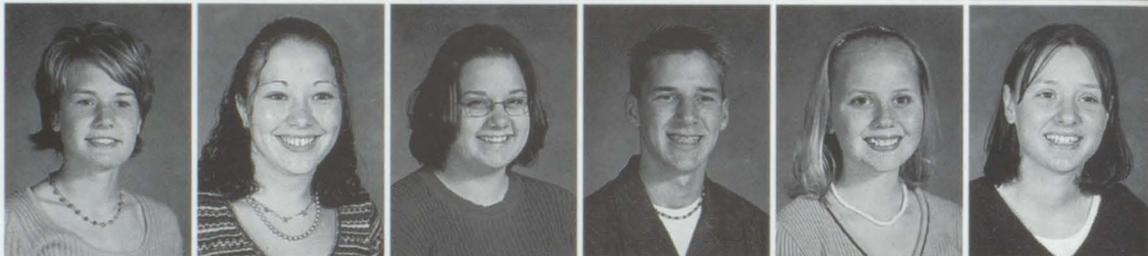
Scissors, anyone? A shortage of scissors at Deck the Halls forces Emilee Brouillette to use alternative methods, a.k.a.: chewing.



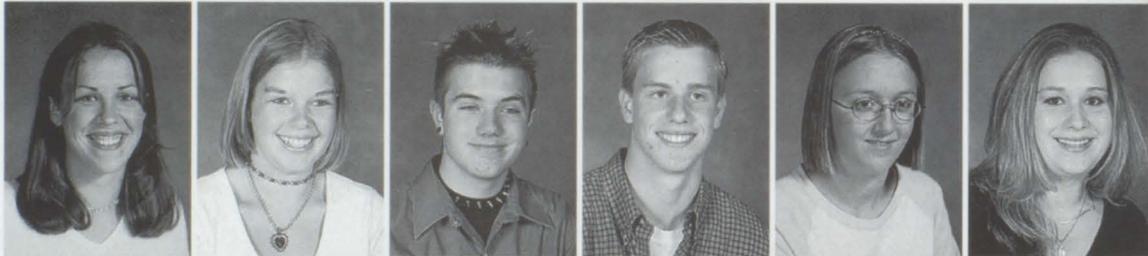
*Kevin Aalderks  
Ryan Aaserud  
Angella Aeshliman  
Robert Altendorf  
Kenneth Anderson  
Travis Anderson*



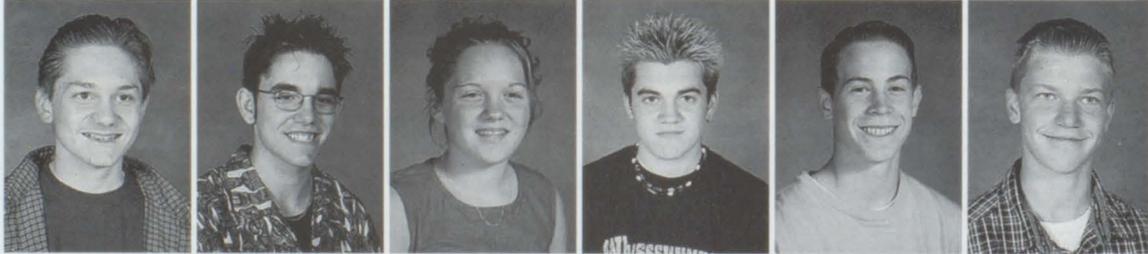
*Kristen Antil  
Chantelle Arone  
Stephanie Barthel  
Ryan Bauman  
Stacey Beach  
Darcy Beaudry*



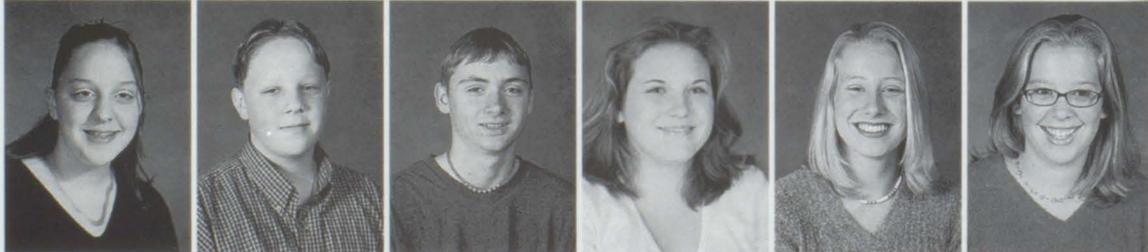
*Emily Beaudry  
Angela Bebeau  
Adam Becker  
Ryan Becker  
Afton Benson  
Claire Benson*

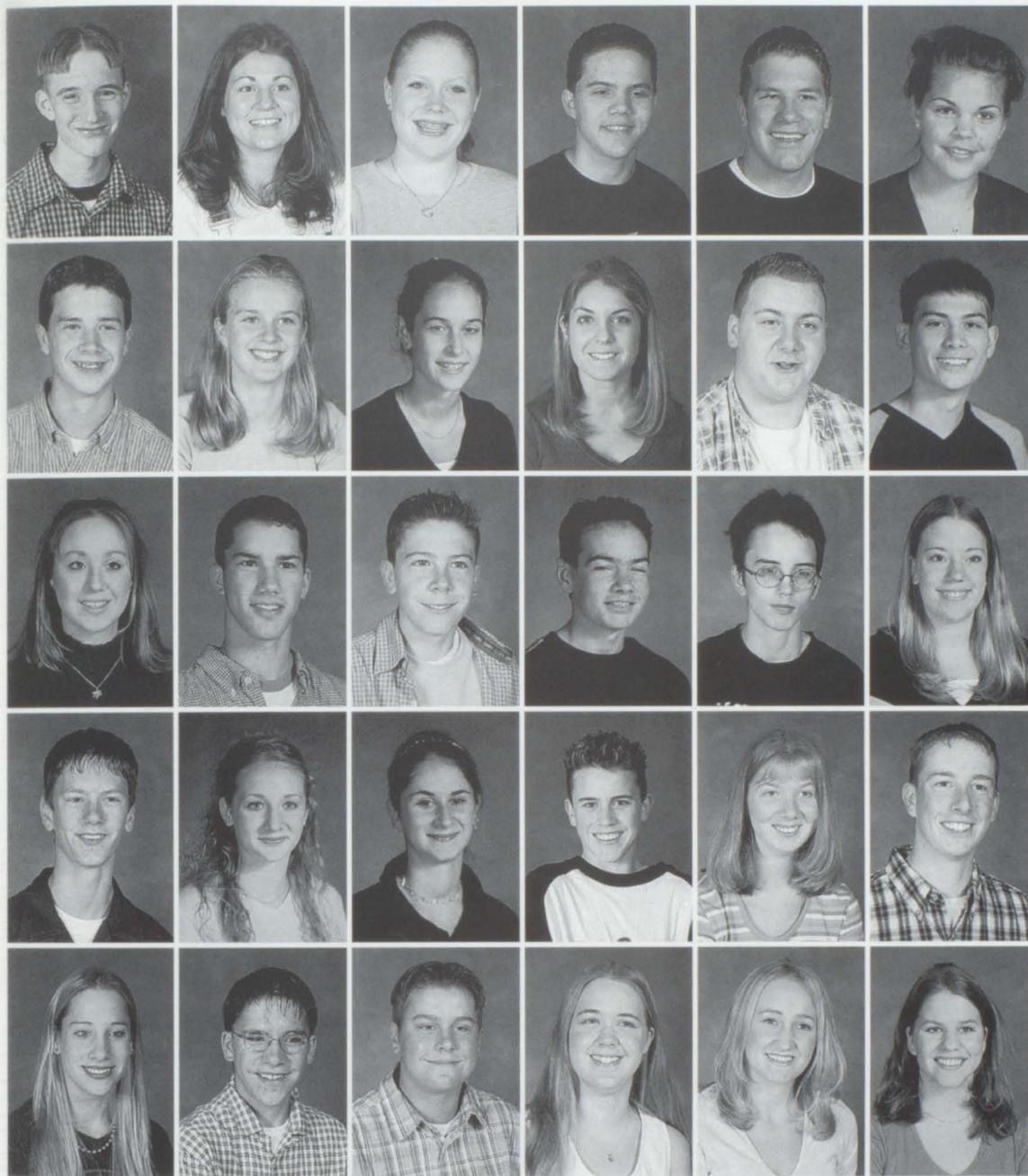


*James Benson  
Andrew Bible  
Cassandra Bixler  
Chad Bixler  
Patrick Bjork  
Jacob Bjorklund*



*Andrea Bloomquist  
Reed Bloomquist  
Christopher Boettcher  
Leighann Bouchard  
Anna Braunwarth  
Emilee Brouillette*





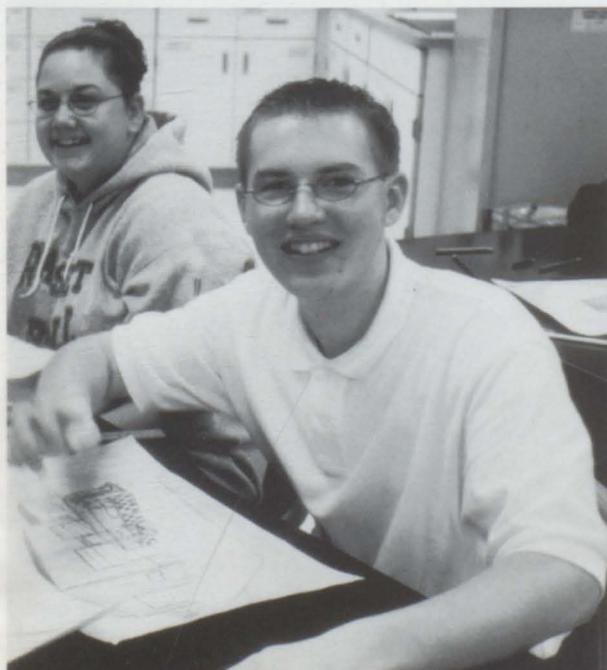
Brandon Butkowski  
 Tabitha Cagle  
 Katee Campion  
 Joshua Capouch  
 Luke Carlson  
 Megan Christensen

Daniel Christenson  
 Natalie Clem  
 Jenna Colebank  
 Carrie Coleman  
 Christopher Connel  
 Aaron Conwell

Sara Cook  
 Nathaniel Coté  
 Tanner Courrier  
 Robert Croce  
 Dustin Culbertson  
 Anna Danielson

Nathaniel De Roo  
 Anna Dehmer  
 Miki Demars  
 David Derus  
 Rachel Deschepper  
 Jon Dooher

Angela Ebner  
 Christopher Ebner  
 Eric Elliott  
 Allison Emerson  
 Jennifer Enderlein  
 Mara Erickson



Art can be an expression of one's self. Stephanie Barthel and Sam Schumm choose to express themselves with a smile.

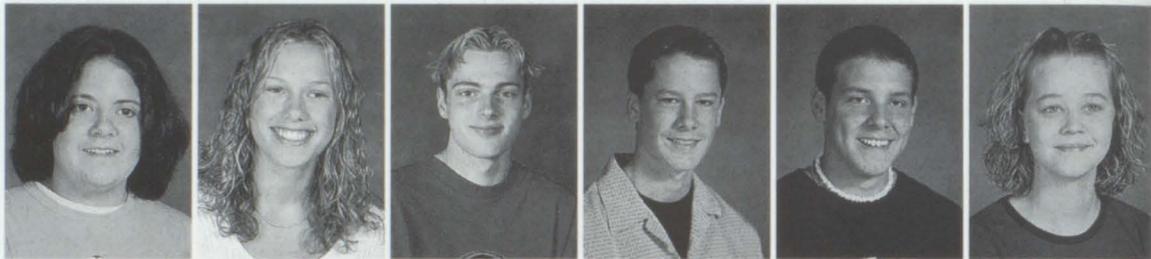
Kyle Vallerius and Shawn Fitzgerald rack thier brains to remember what they ate before Health class. "Was it a Twinkie or a Coke I had for breakfast?"

Far Right: Group hug!! Amy Thomas, Mara Erickson, Brooke Steffens, and Lindsay Mathison huddle to show off their photogenic sides.

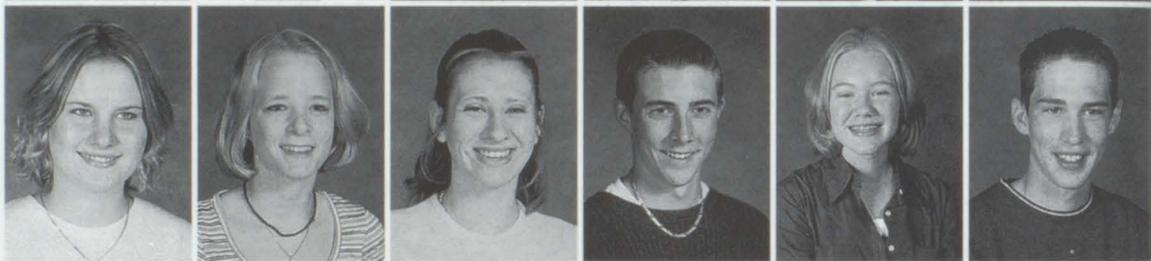


Boys too! At least Nathan Rowe and Josh Redington know you should have a hug a day. Steve Kukowski will have no part in this show of affection.

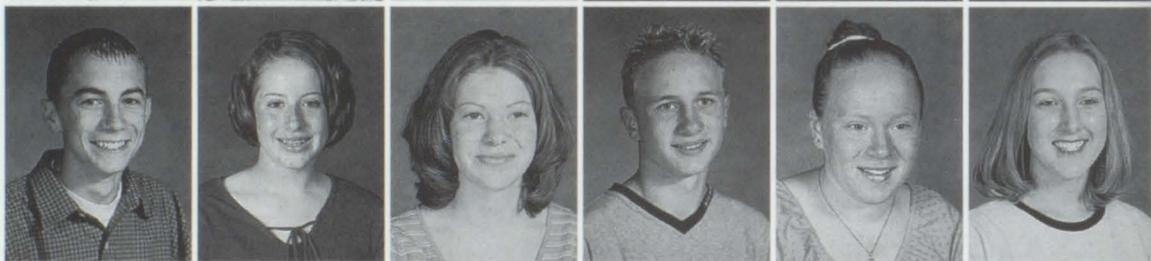
Jessica Estrada  
Heather Farr  
Daniel Filzen  
Shawn Fitzgerald  
Dustin Fore  
Crystal Freeman



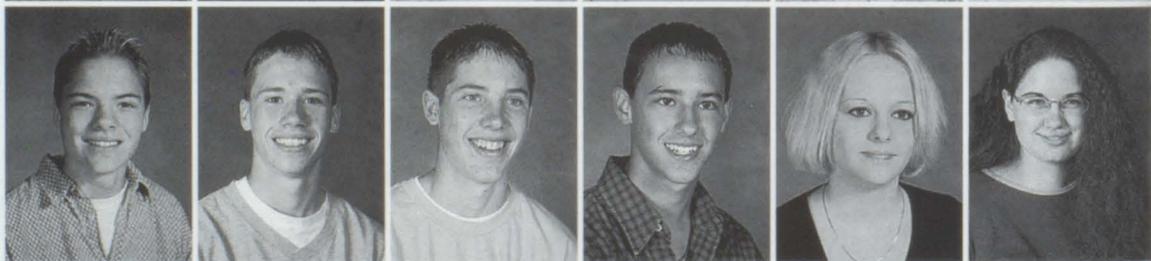
Kelly Fry  
Samantha Gangner  
Shalon Garcia  
Jacob Gendron  
Stephanie Gertken  
Benjamin Gilbertson



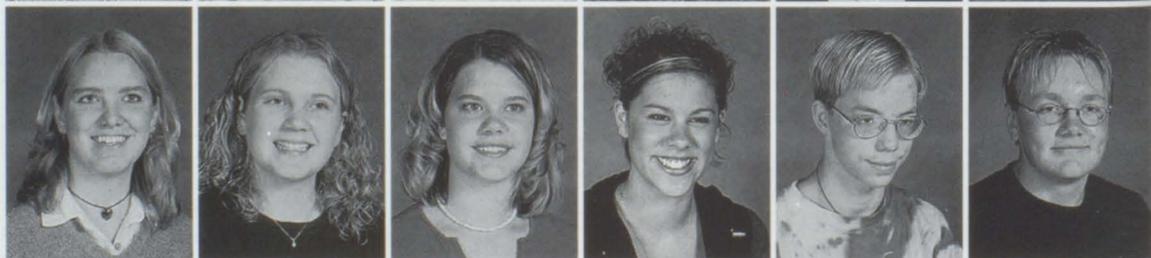
Scott Gillette  
Lydia Gindele  
Hollie Graczyk  
Matthew Hackenmueller  
Tracy Hanson  
Brandy Heath

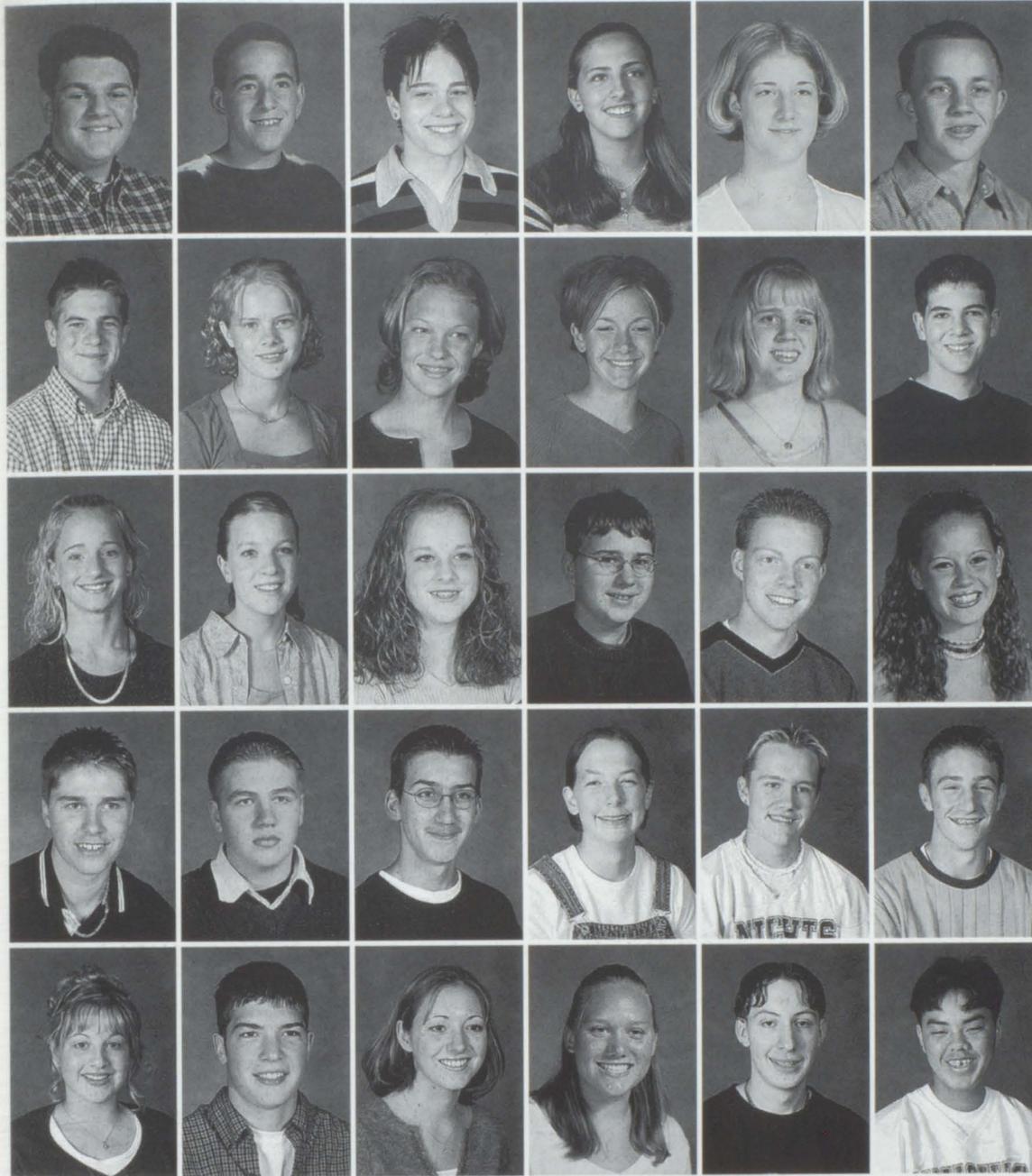


Derek Heckman  
Bryan Hegland  
Kevin Hegland  
Joseph Hensel  
Andrea Hess  
Andrea Hill



Rachel Hoeschen  
Kari Holvik  
Chelsea Hosch  
Kristina Ihrke  
Nathan Jackson  
Matthew Jacobsen





*Shad Jacobsen  
 Antwan Jamison  
 Bradley Jensen  
 Ashley Jesser  
 Ashley Johnson  
 Michael Johnson*

*Scott Johnson  
 Kimberly Jokinen  
 Rachel Jossart  
 Michelle Kelly  
 Katie Kiesner  
 Andrew Kilian*

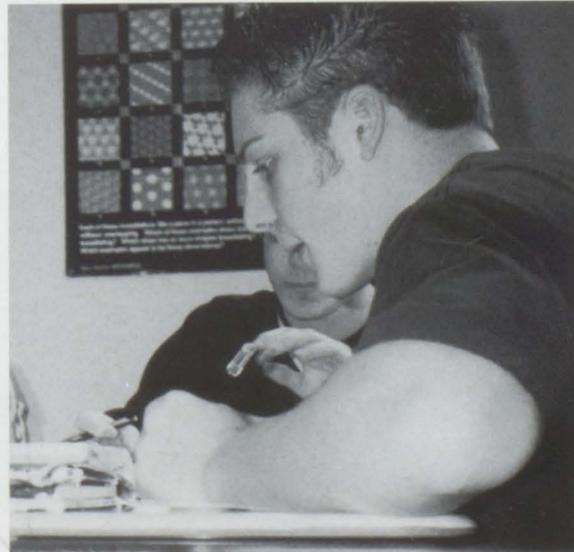
*Shawna Kilian  
 Erin Kinnamon  
 Kathleen Koch  
 Joseph Kraft  
 Dustin Krueger  
 Shanna Kuhn*

*Steven Kukowski  
 Travis Laage  
 James Larson  
 Lydia Lechner  
 Nicholas Lee  
 Joseph Lefebvre*

*Jacqueline Lehn  
 Randall Lenneman  
 Kristen Leuer  
 Heather Linder  
 Joseph Lombardi  
 Toua Lor*

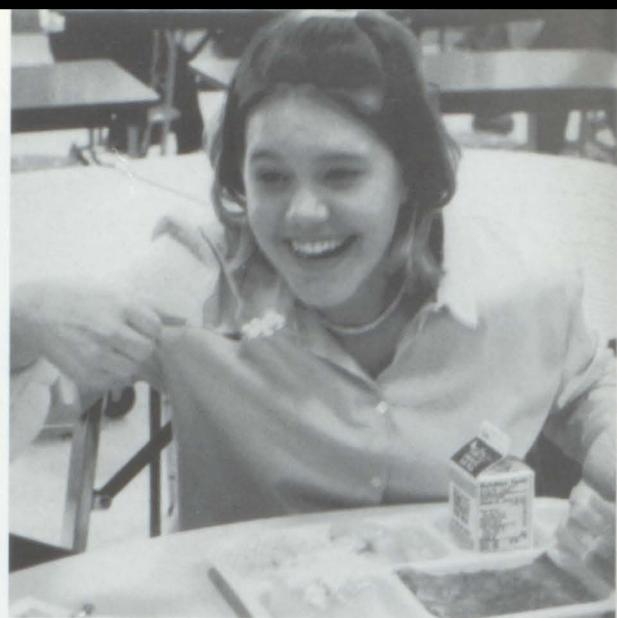


*In between classes,  
 Afton Benson and Tarah  
 Maurer swap jokes.*



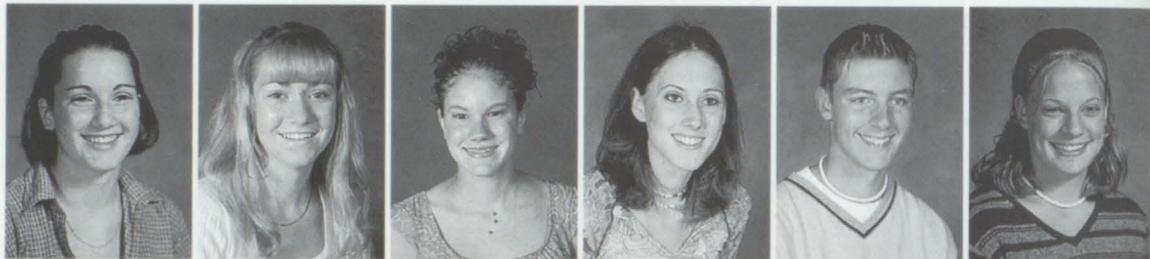
*What a look of academic  
 concentration, Curt!*

Far Right:  
Chelsea Hosch is truly  
enjoying her corn!

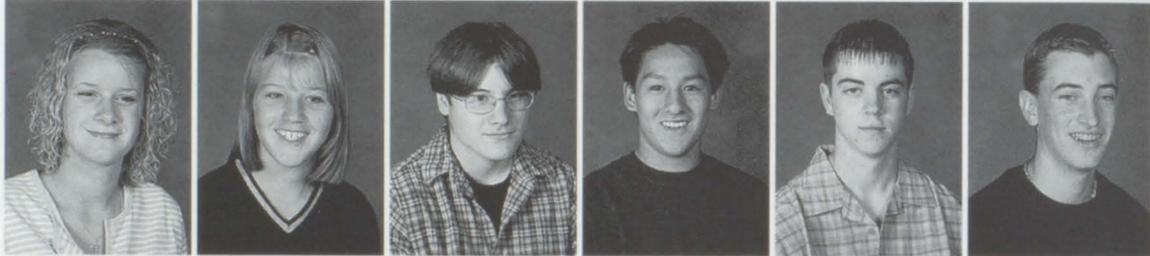


Joe Lefebvre decides to  
catch a couple of winks,  
unaware of his  
mischevious pal giving  
him bunny ears.

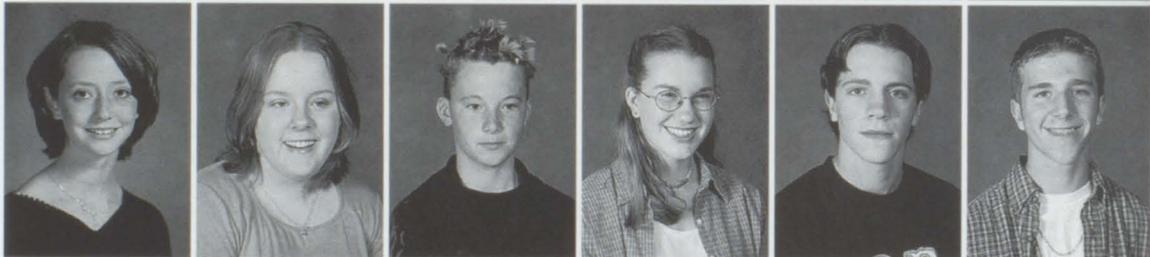
*Teresa Lynch  
Courtney Madsen  
Megan Madson  
Lindsay Malecek  
Matthew Manders  
Hattie Marx*



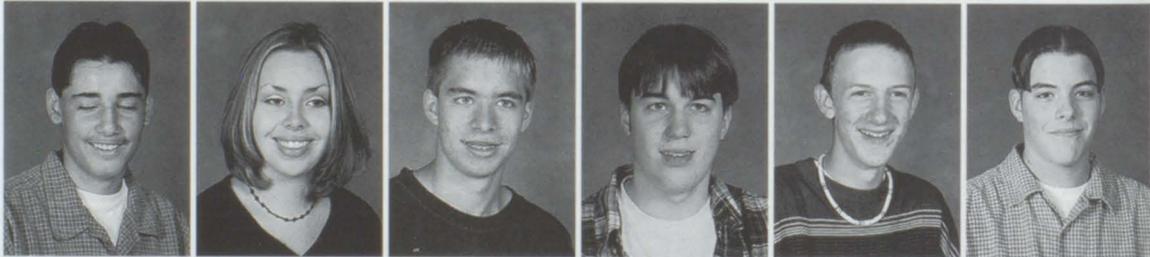
*Lindsay Mathison  
Tarah Maurer  
William McDonald  
James Medina  
Brian Merges  
Blake Meyer*



*Heather Morcomb  
Lindsey Morris  
Drew Mosher  
Ginger Nelson  
Joshua Nendza  
Ryan Nordlocken*

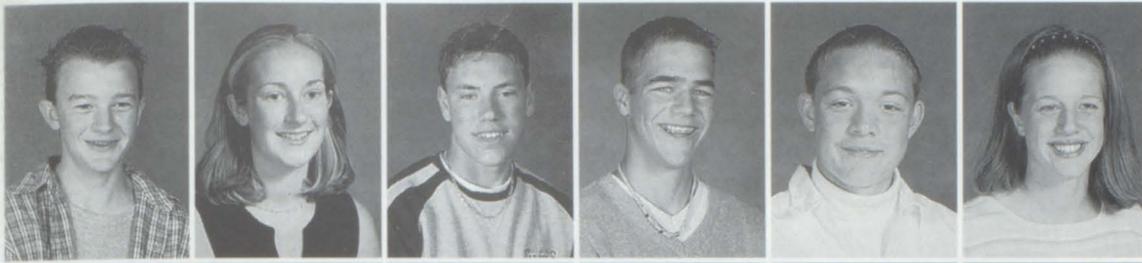


*Edgar Olivares  
Sacha Orozco  
Jacob Osterbauer  
Matthew Ostman  
David Ouellette  
Carson Partain*

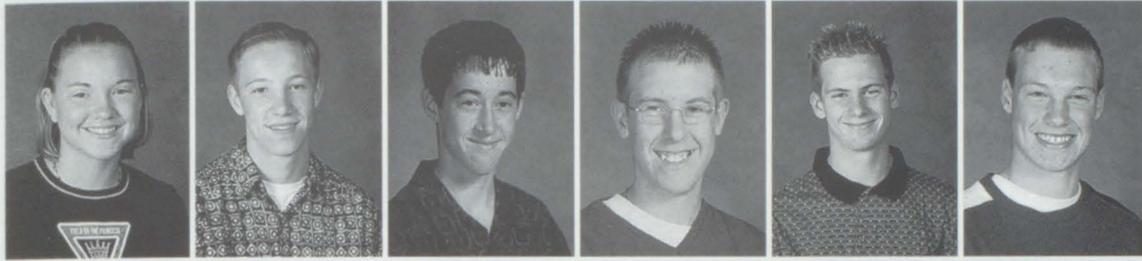


*Tiffany Paulson  
Mark Peloquin  
Jason Petersen  
Megan Petrowski  
Brian Piechocki  
Ashley Poirier*

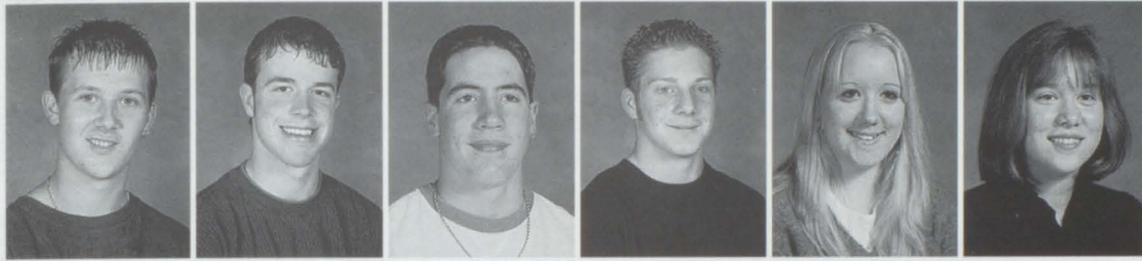




Timothy Pouliot  
Ashley Rathbun  
Joshua Redington  
Bryan Reed  
Jared Reese  
Maureen Reilly



Victoria Reynolds  
Adam Roden  
Wayne Roden  
Andrew Rogers  
Andrew J Rogers  
Eric Roles



Luke Ross  
Nathan Rowe  
Lance Rudolph  
Curtis Sahli  
Krystal Salone  
Heather Satrang



Eric Schmidtke  
Matthew Schneidewent  
Erin Schoephoerster  
Colleen Schumacher  
Samuel Schumm  
Sean Seide



Emily Shovelain  
Lindsay Sipe  
Sarah Sirois  
Jamie Slimmer  
Brooke Steffens  
Cassandra Steffens

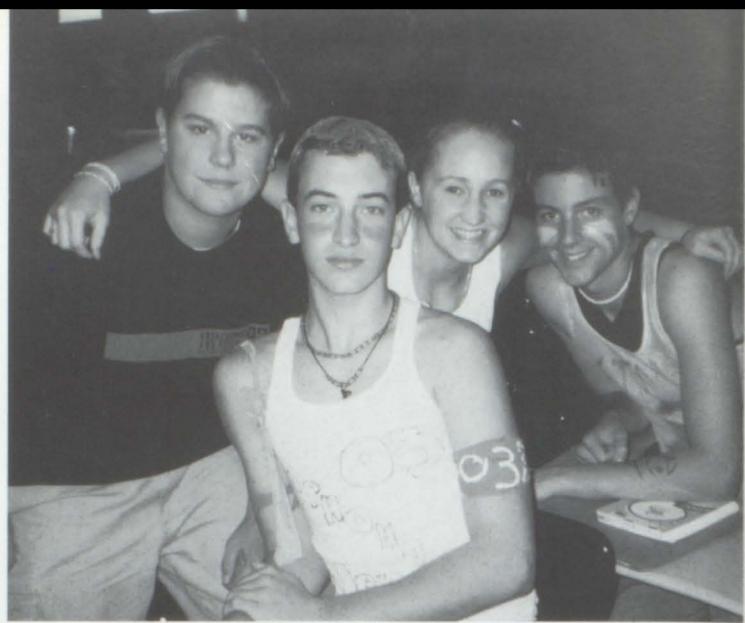


Hanging out in the hall with only duct tape, any imagination could create endless possibilities for these sophomores. Left to right: Ben Gilbertson, Kalsey Zachman, Shawna Kilian, Carson Partain, Cassandra Steffens, Jenna Colebank.

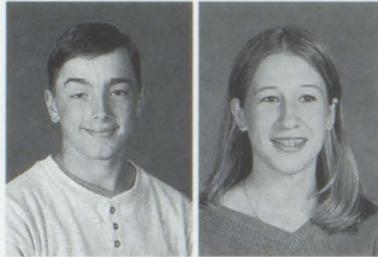


Based on their Expressionistic self portraits, Matt Zander and Dan Valerius create a unique view of themselves.

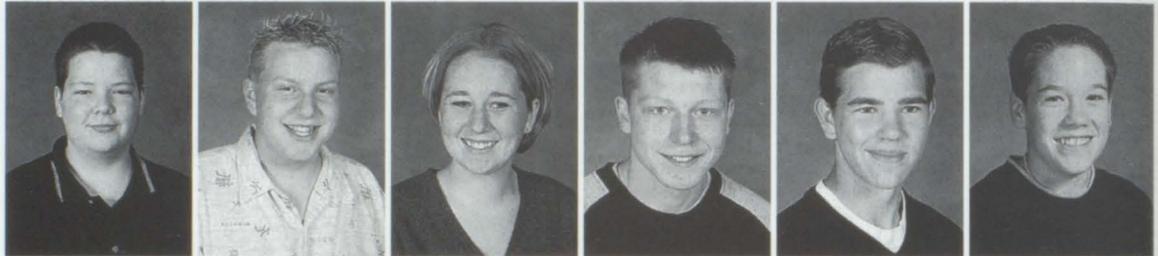
Eric Elliott, Blake Meyer, Jennifer Enderlein, and Matt Manders ham it up for the class.



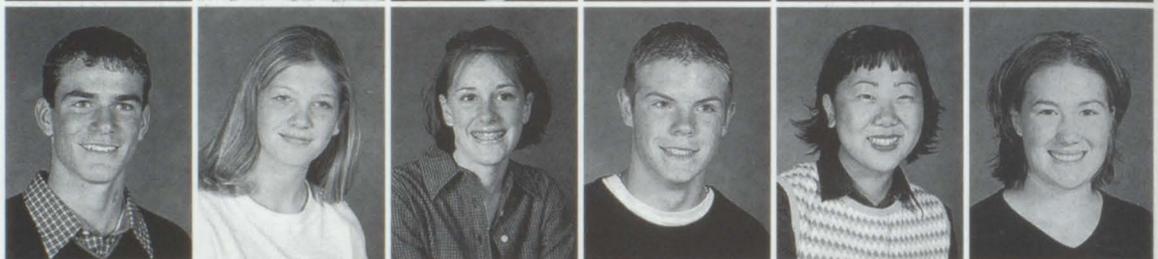
*Jeremy Steffens  
Sandra Steffens*



*Michael Strand  
Andrew Tellefson  
Amy Thomas  
Jeffery Toombs-giller  
Andrew Vala  
Daniel Valerius*



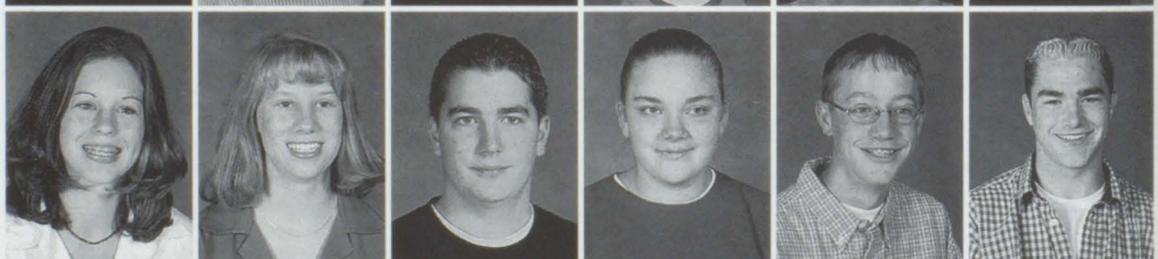
*Kyle Valerius  
Stephanie Valerius  
Sara Vanderveen  
Michael Veaderko  
Shalyn Vetsch  
Monica Voss*



*Dean Wacker  
Erin Waldeland  
Lauren Wallerius  
Ashley Weber  
Eric Weber  
Matthew Weber*



*Shannon Weber  
Marie Welter  
Kevin Williamson  
Amanda Wilmes  
Kyle Wulff  
Christopher Yahnke*

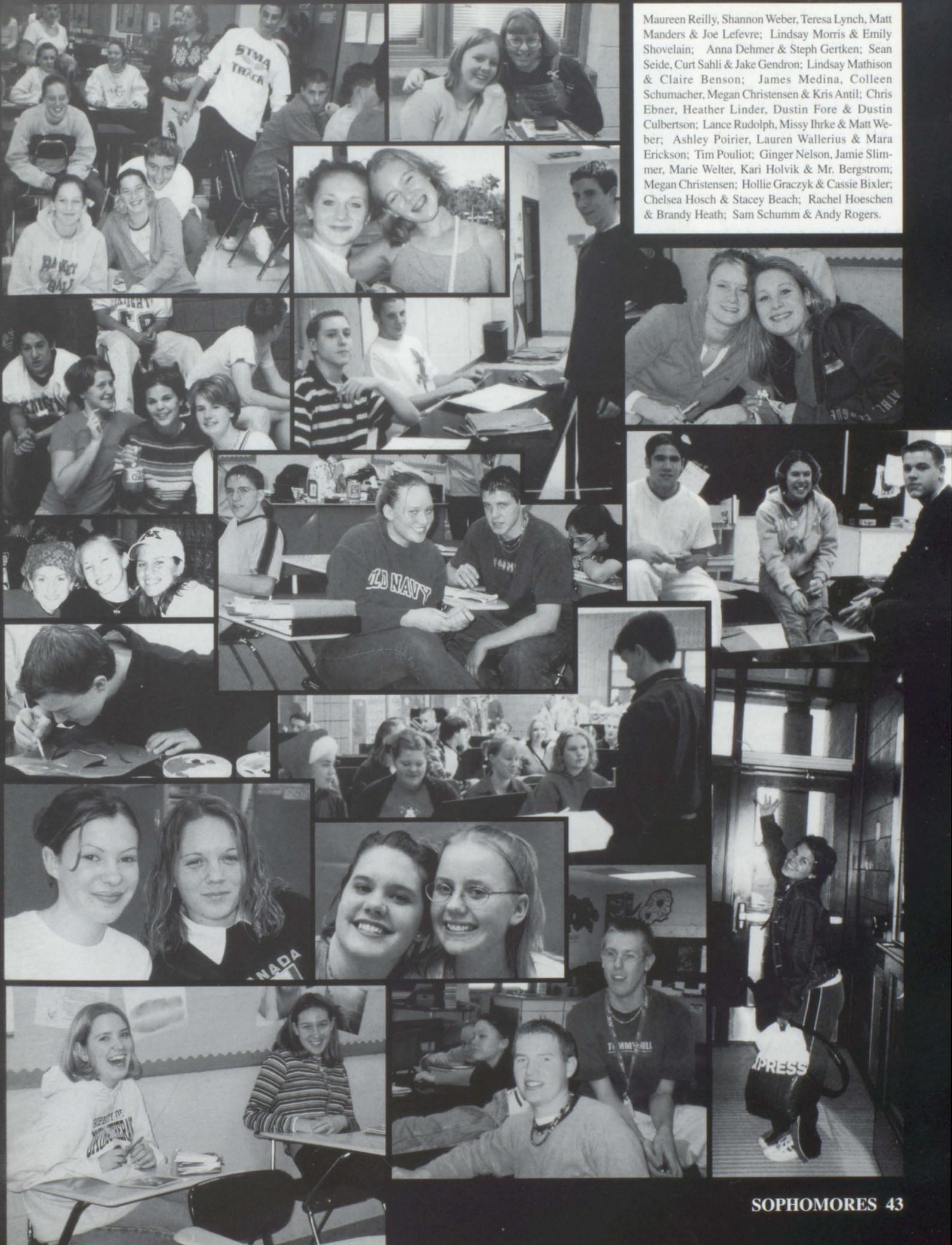


*Kalsey Zachman  
Matthew Zachman  
Matthew Zander  
Sean Zoellner*

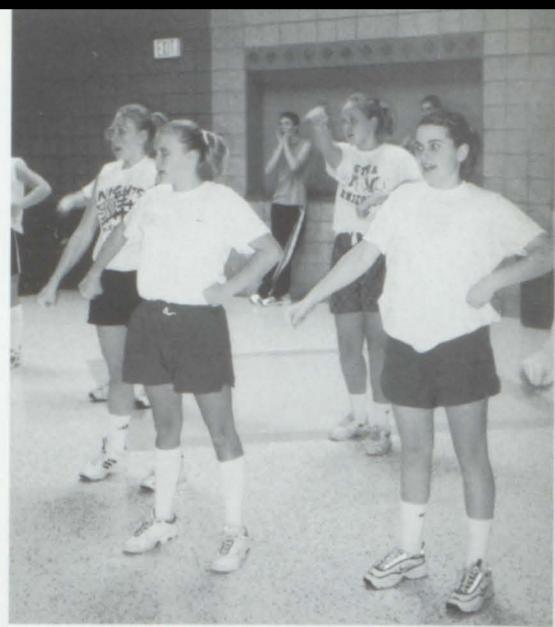


*Not Pictured:  
Travis Dagen,  
Heather Larson,  
Kyle Sheler,  
Christine Sohns*

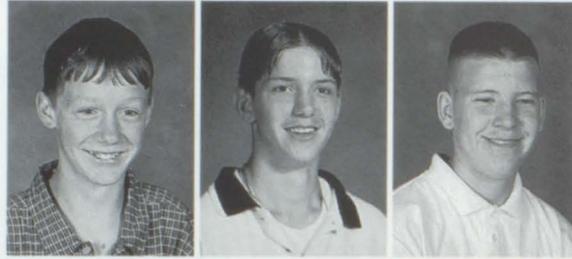
Maureen Reilly, Shannon Weber, Teresa Lynch, Matt Manders & Joe Lefevre; Lindsay Morris & Emily Shovelain; Anna Dehmer & Steph Gertken; Sean Seide, Curt Sahli & Jake Gendron; Lindsay Mathison & Claire Benson; James Medina, Colleen Schumacher, Megan Christensen & Kris Antil; Chris Ebner, Heather Linder, Dustin Fore & Dustin Culbertson; Lance Rudolph, Missy Ihrke & Matt Weber; Ashley Poirier, Lauren Wallerius & Mara Erickson; Tim Pouliot; Ginger Nelson, Jamie Slimmer, Marie Welter, Kari Holvik & Mr. Bergstrom; Megan Christensen; Hollie Graczyk & Cassie Bixler; Chelsea Hosch & Stacey Beach; Rachel Hoeschen & Brandy Heath; Sam Schumm & Andy Rogers.



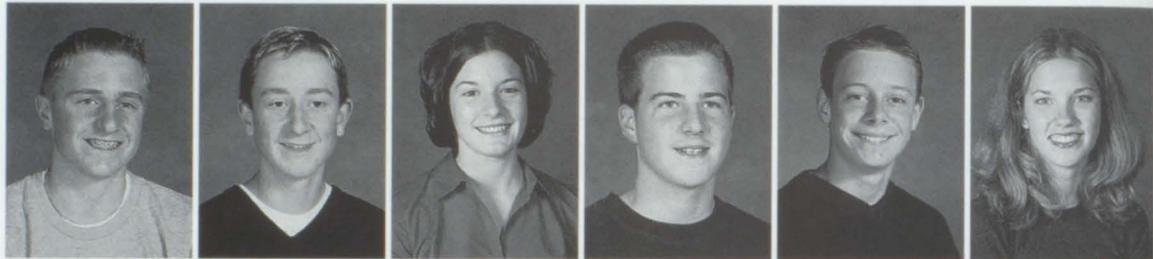
2...4...6...8...who do we appreciate? The freshmen cheerleaders! Amanda Salber, Katie Chalstrom, Andrea Graham, and Amanda Barthel are practicing their pep.



*Brian Adkins  
Arthur Anderson  
Kelly Anderson*



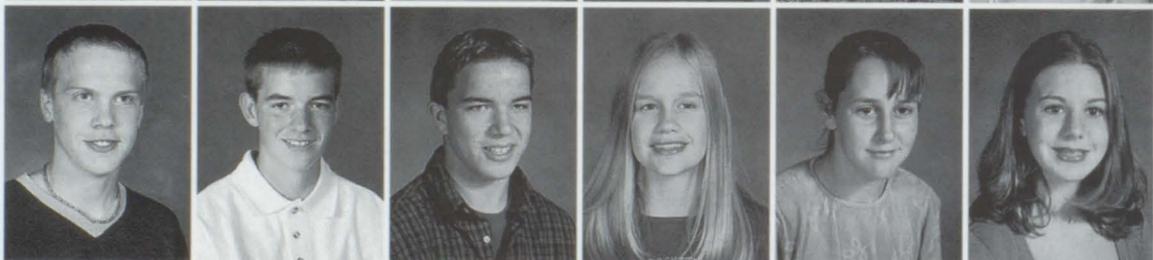
*Joshua Arkulary  
Nicholas Arnold  
Jaclyn Arns  
Bradley Asbury  
Andrew Baldrige  
Allison Balfanz*



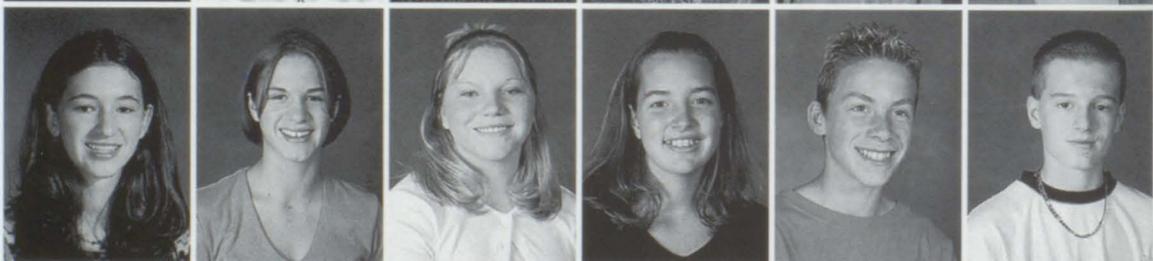
*Amanda Barthel  
Kenneth Beaupre  
Angeline Beck  
Jordan Becker  
Joshua Becker  
Amanda Begin*



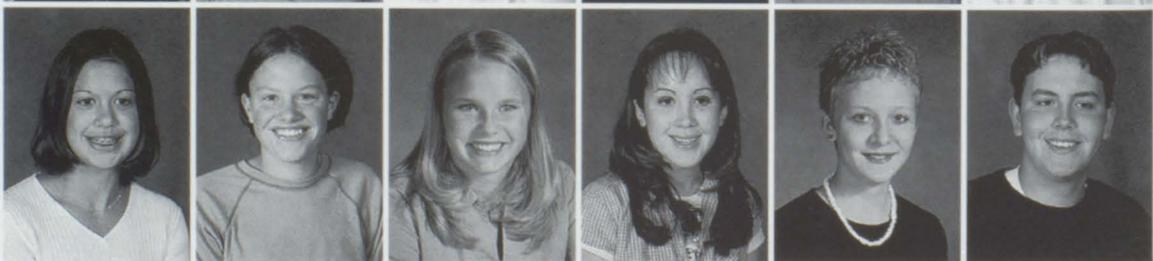
*Ryan Berkner  
Geoffrey Berning  
Charles Betts  
Laura Bishop  
Jenelle Black  
Joelle Blais*



*Charity Bongaarts  
Christina Borchardt  
Rachel Bouchard  
Kacie Brant  
Kyle Brown  
Kyle Butkowski*

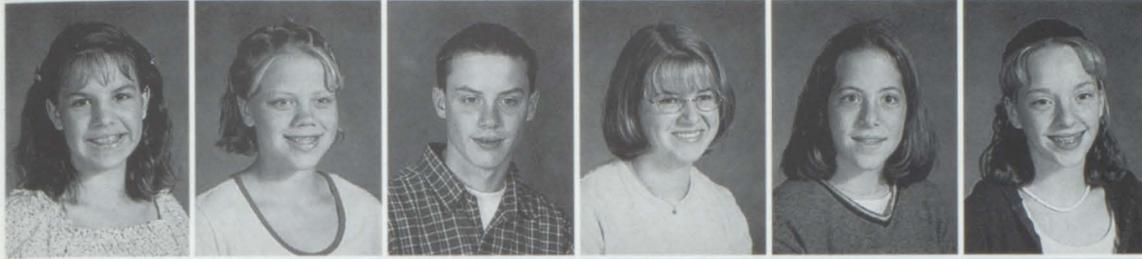


*Elizabeth Cady  
Michelle Callahan  
Katie Chalstrom  
Tasha Chastek  
Abigail Christ  
Jon Claycomb*

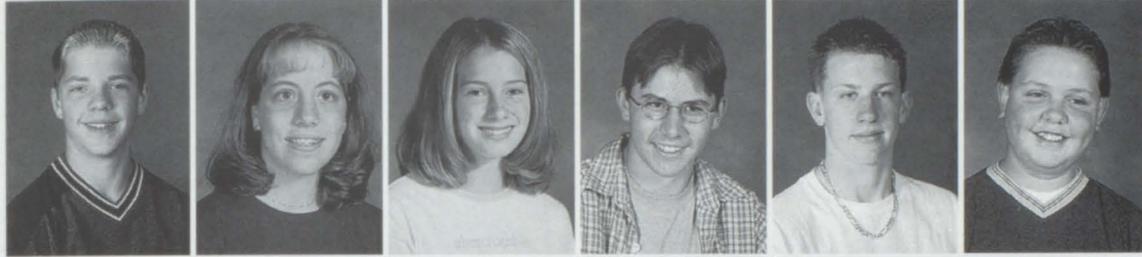




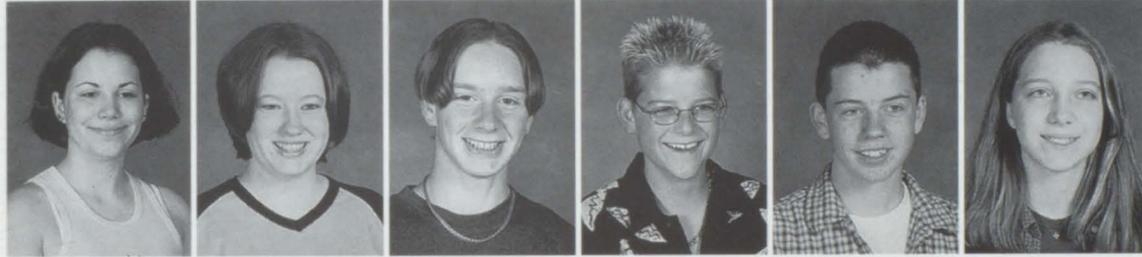
Rosalyn Coffey  
Jennifer Coté  
Robert Czech  
Theresa Dahlheimer  
Emilie Dalbec  
Michael Davis



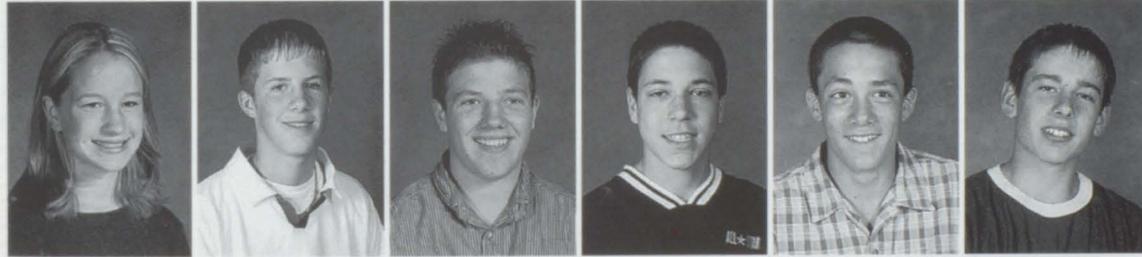
Emily De Lozier  
Sarah Demmer  
Jacob Derauf  
Nicole Deschepper  
Alyssa Dick  
Amanda Dick



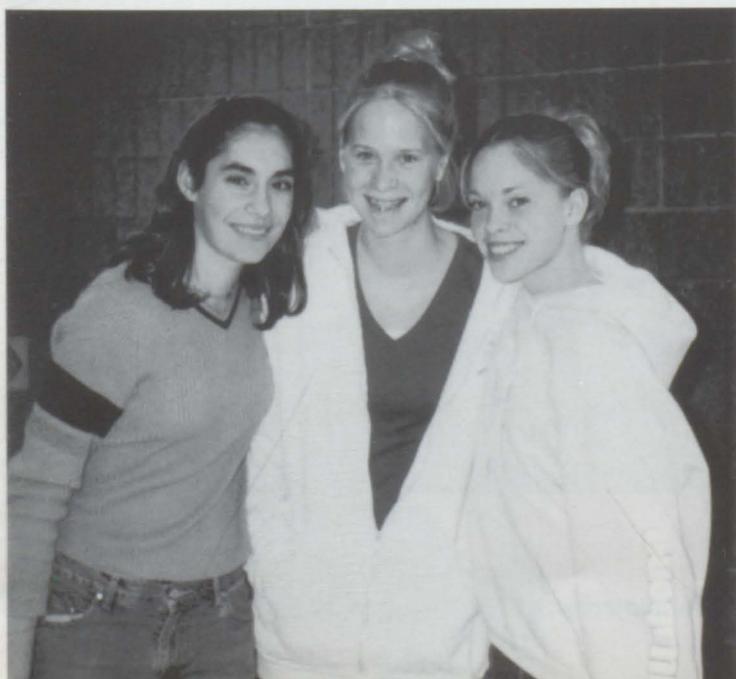
Brandon Dick  
Brianna Dick  
Jenna Diers  
John Donalds  
Joseph Donohue  
Brandon Dufner



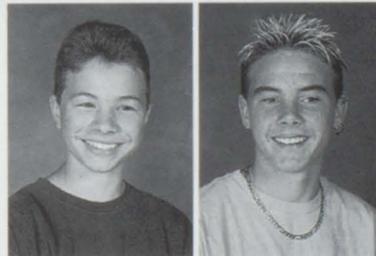
Kimberly Eiden  
Stephanie Emerson  
Thomas Erickson  
Nicholas Eull  
Samuel Evenstad  
Tabitha Forness



Kayla Frase  
Lee Friendshuh  
Jesse Fritz  
Terry Gasser  
Dennis Gerold  
Nicholas Gessell

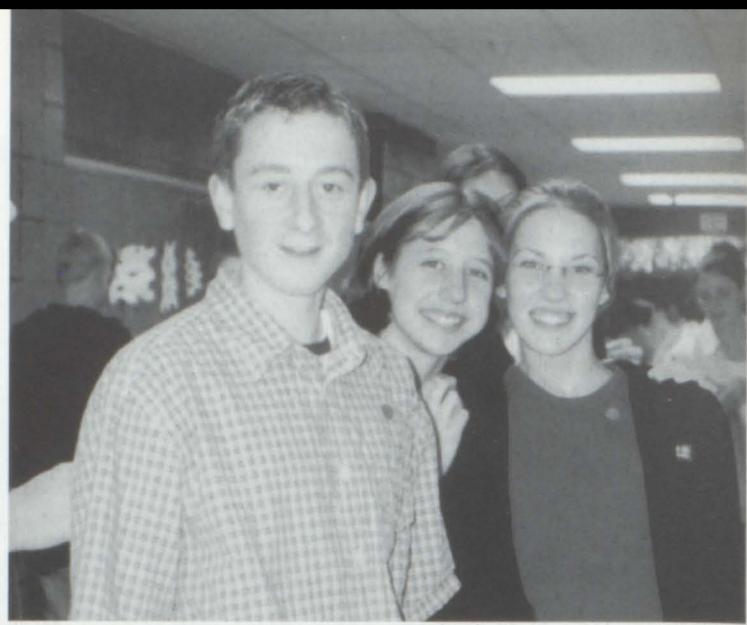


At the end of the school day, Tammy Wacker, Laura Vetsch, and Jenna Harrington gather together before rushing off to their individual activities.

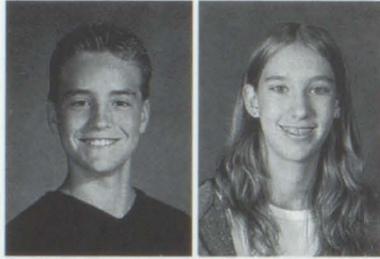


Luke Gilbertson  
George Gilliver

In the midst of commotion while decorating for Deck the Halls, Nick Arnold, Abby Johnson, & Allison Balfanz enjoy a break.



Nicholas Gilman  
Amanda Gimpl



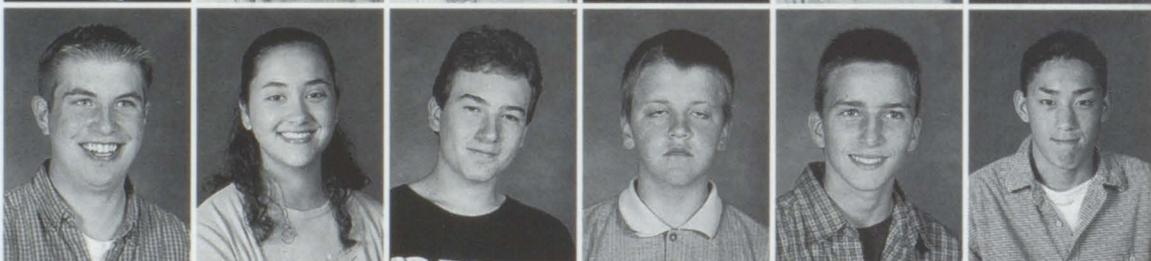
Kristyn Gmach  
Andrew Goerdt  
Andrea Graham  
John Grygelko  
Christopher Guillet  
Jeffrey Gutzwiller



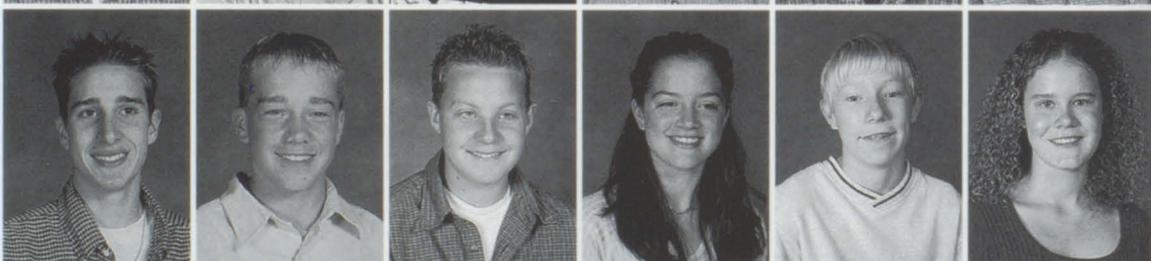
Jacob Hackenmueller  
Jena Hackenmueller  
Lynn Hackenmueller  
Ryan Hanf  
Derek Harrington  
Jenna Harrington



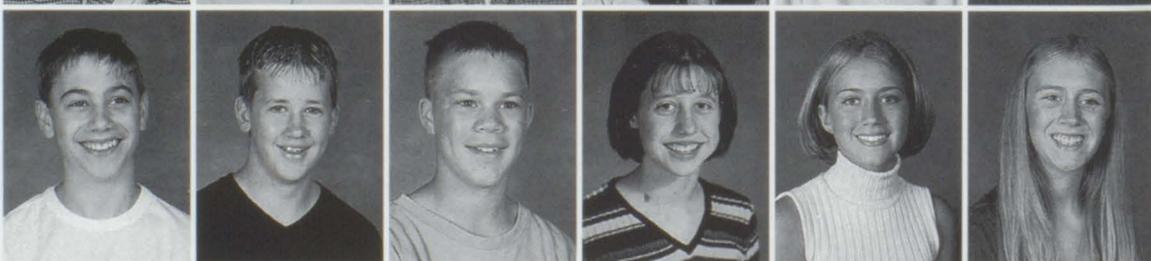
Tristan Hase  
Sarah Hassan  
Kyle Hathaway  
Ryan Haus  
Jason Hedlund  
David Helfert

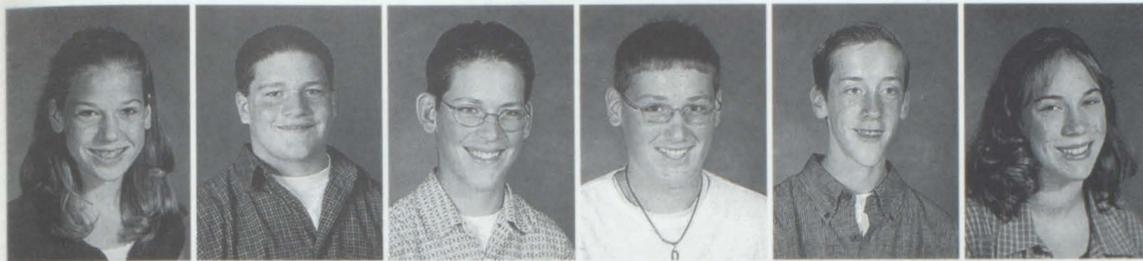


Cory Heuring  
James Hill  
Vincent Hofford  
Connie Holland  
Eric Horpedahl  
Tonye Hosch

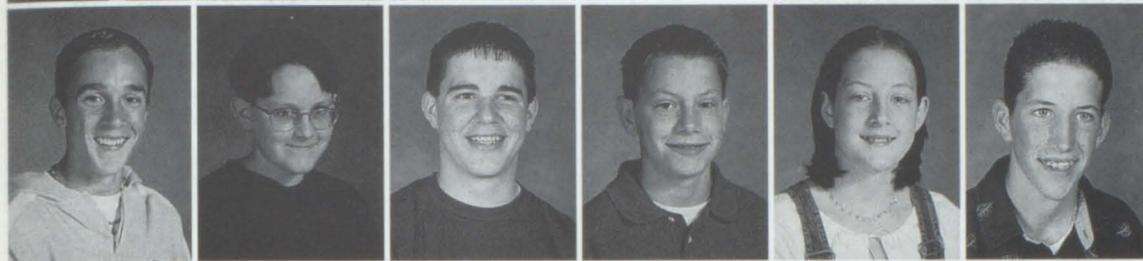


Michael Hughes  
Kyle Ingebrigtsen  
Aaron Johnson  
Abigail Johnson  
Jessica Johnson  
Lindsay Jones





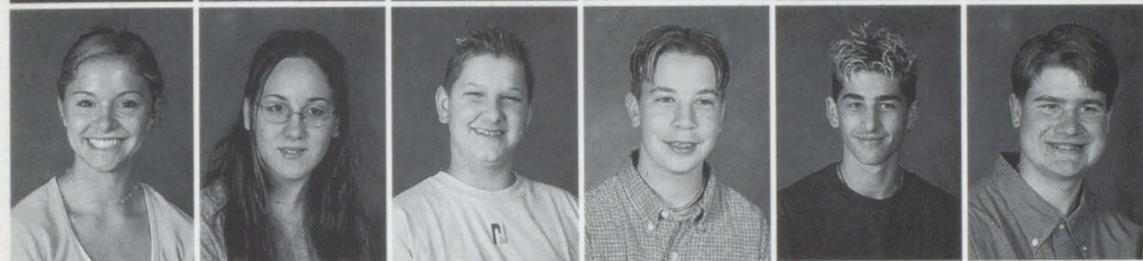
Amanda Karlson  
 Mark Kasper  
 Bradley Kastendick  
 Jeremiah Keil  
 Alex Kessler  
 Danielle Kessler



William Kessler  
 Jake Kittridge  
 Jacob Klinkhammer  
 Kevin Knock  
 Jennifer Kolles  
 Trenton Kolles



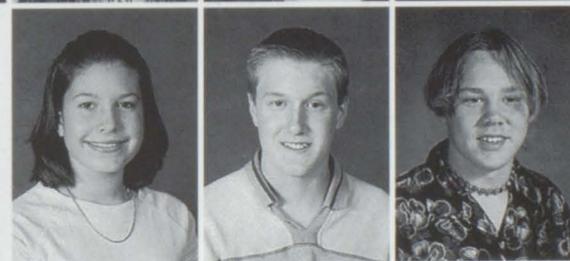
Brandon Korin  
 Jacob Korpi  
 Christina Kramer  
 Alicia Krone  
 Bryanna La Vallee  
 Jamie Laudner



Kelly Lefebvre  
 Danielle Legatt  
 Anthony Lehn  
 Mathew Lenneman  
 Joseph Lerach  
 Noah Lindenfelser



Peter Lindenfelser  
 Jacob Linder  
 Daleena Lindquist  
 Shari Lingen  
 Frankie Lopez  
 Katharine Luken



Jessyca Macklin  
 Seth Malwitz  
 Robert Marcks

Matt Mosher turns away from his work to smile and see who came to inspect his work. Jake Kittridge is curious himself.

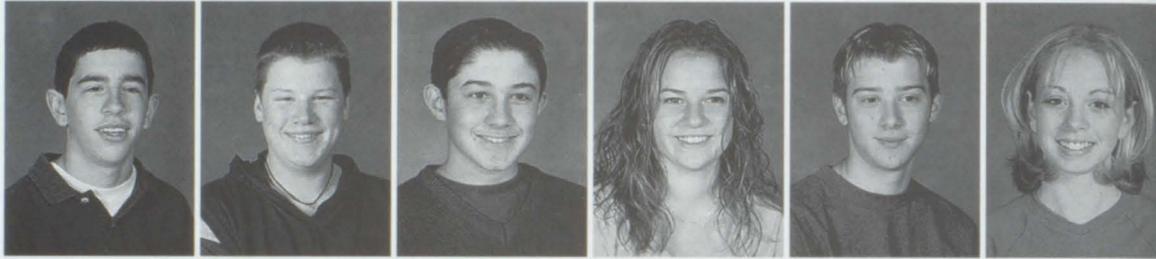
Excited to get in from the cold, Frankie Lopez, Sarah Hassan, and Stacy Marzean make their way through the empty hallway to their lockers.



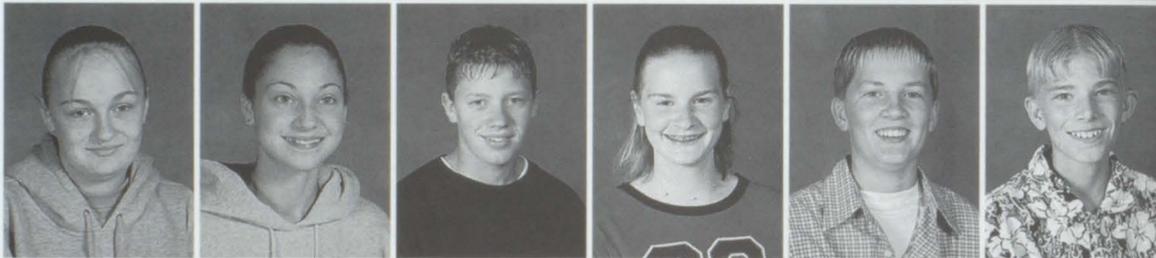
*Christa Martin  
Stacy Marzean*



*David Maurer  
Dartanian Merges  
Ronald Miller  
Katlyn Mosher  
Matthew Mosher  
Ashley Mueller*



*Brandi Mueller  
Andrea Nelson  
Keith Nemece  
Lisa Nolan  
Joseph Nordby  
Carl Packa*



*Christine Pearson  
Ryan Pellaton  
Corey Peterson  
Jared Petrich  
Joseph Pfeil  
Kurt Pope*

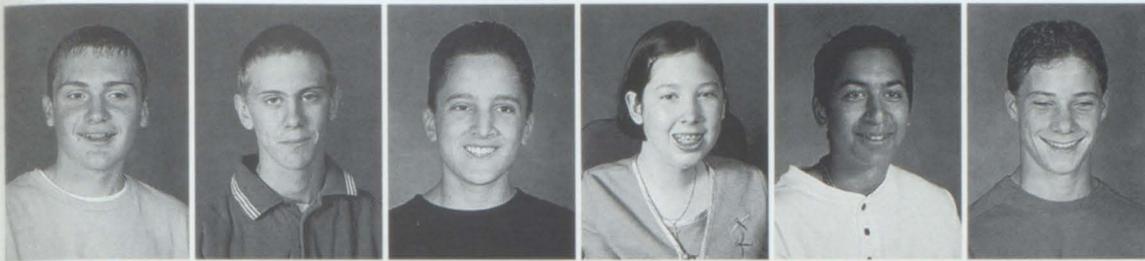


*Megan Rademacher  
Andrew Raker  
Robert Ramey  
Angela Rausch  
Luke Rausch  
Tyler Reemts*

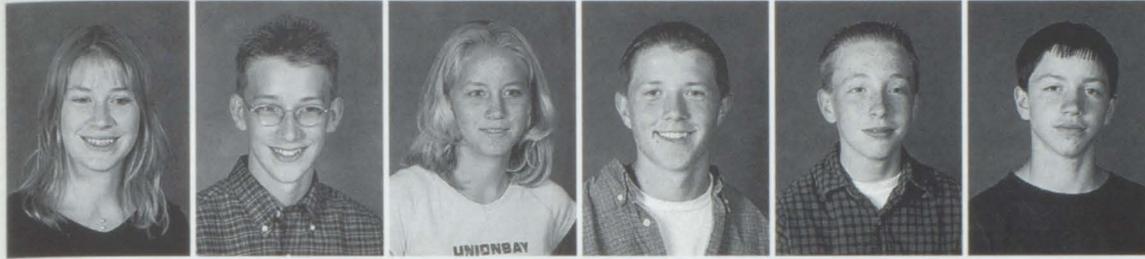


*Amber Reining  
Britenee Roberts  
Zachary Robertson  
Aaron Roden  
Erin Roden  
Kali Roden*

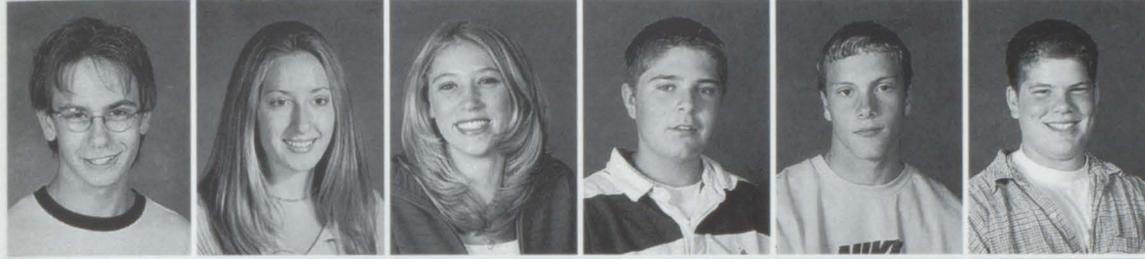




*Kyle Rogers  
Michael Rogers  
Michael Roschen-Wimmer  
Katie Rose  
John Rux  
Mathew Sahli*



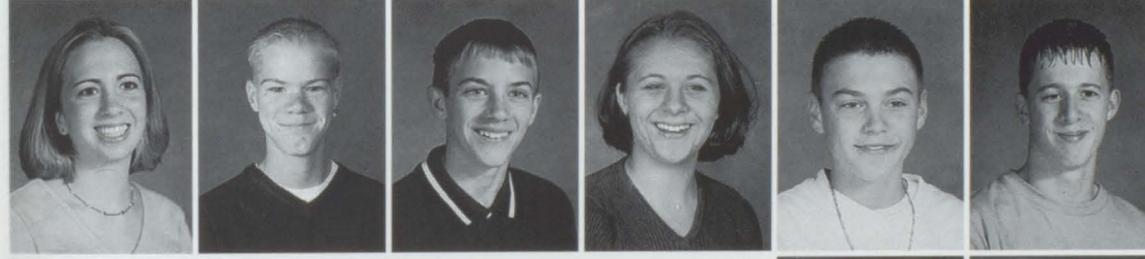
*Amanda Salber  
Nickolas Satrang  
Calista Saville  
Brandon Scherber  
Andrew Schmidt  
Ryan Schoephoerster*



*Cody Schroeder  
Samantha Seide  
Laura Servaty  
Aaron Sibell  
Joshua Siwek  
Tyler Smith*



*Justin Smuder  
Michael Stangler  
Lyndsey Stewart  
Megan Stewart  
Casie Stiras  
Melissa Strand*



*Leslie Sutton  
Gavin Swenson  
Stanley Swenson  
Michelle Taylor  
Blake Thomas  
Jordan Thompson*



*Debra Tisdale  
Thomas Chelsey*

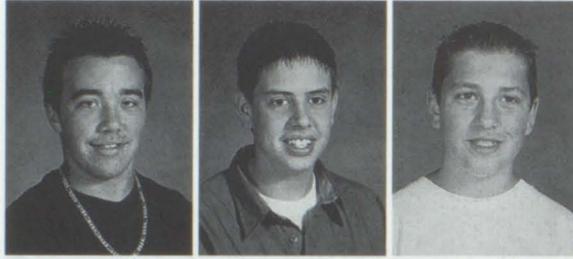


Freshmen Ryan Pellaton and Kurt Pope, givin' up the Freshmen love.

Kyle Hathaway and  
Luke Gilbertson would  
prefer the pizza option  
over hotdish any day.



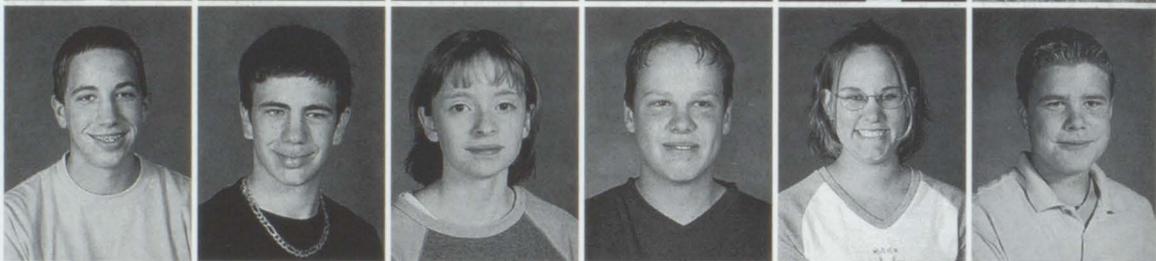
*Matthew Treptau  
Daniel Trobaugh  
Alexander Tuomisto*



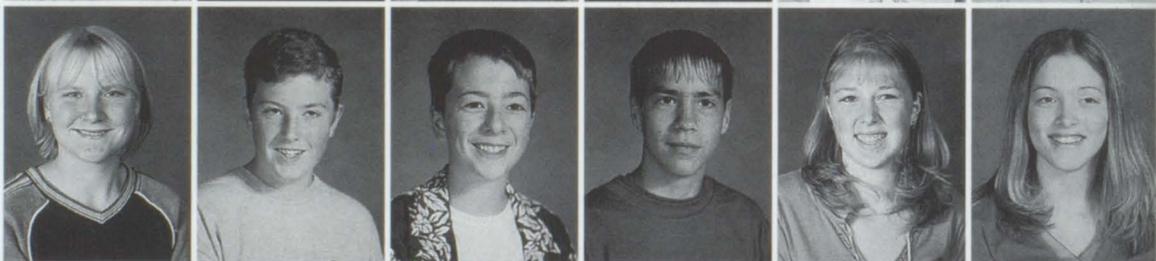
*Ashley Van Heel  
Charles Veillon  
Alanna Vetsch  
Laura Vetsch  
Tamara Wacker  
Ellen Washatka*



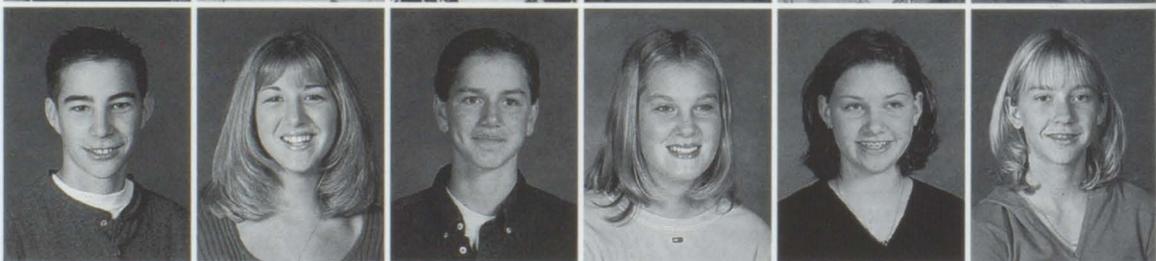
*Derrick Weber  
Bradey Welch  
Erika Wheelock  
Kory Winkleman  
Hannah Winkler  
Ronald Wozney*



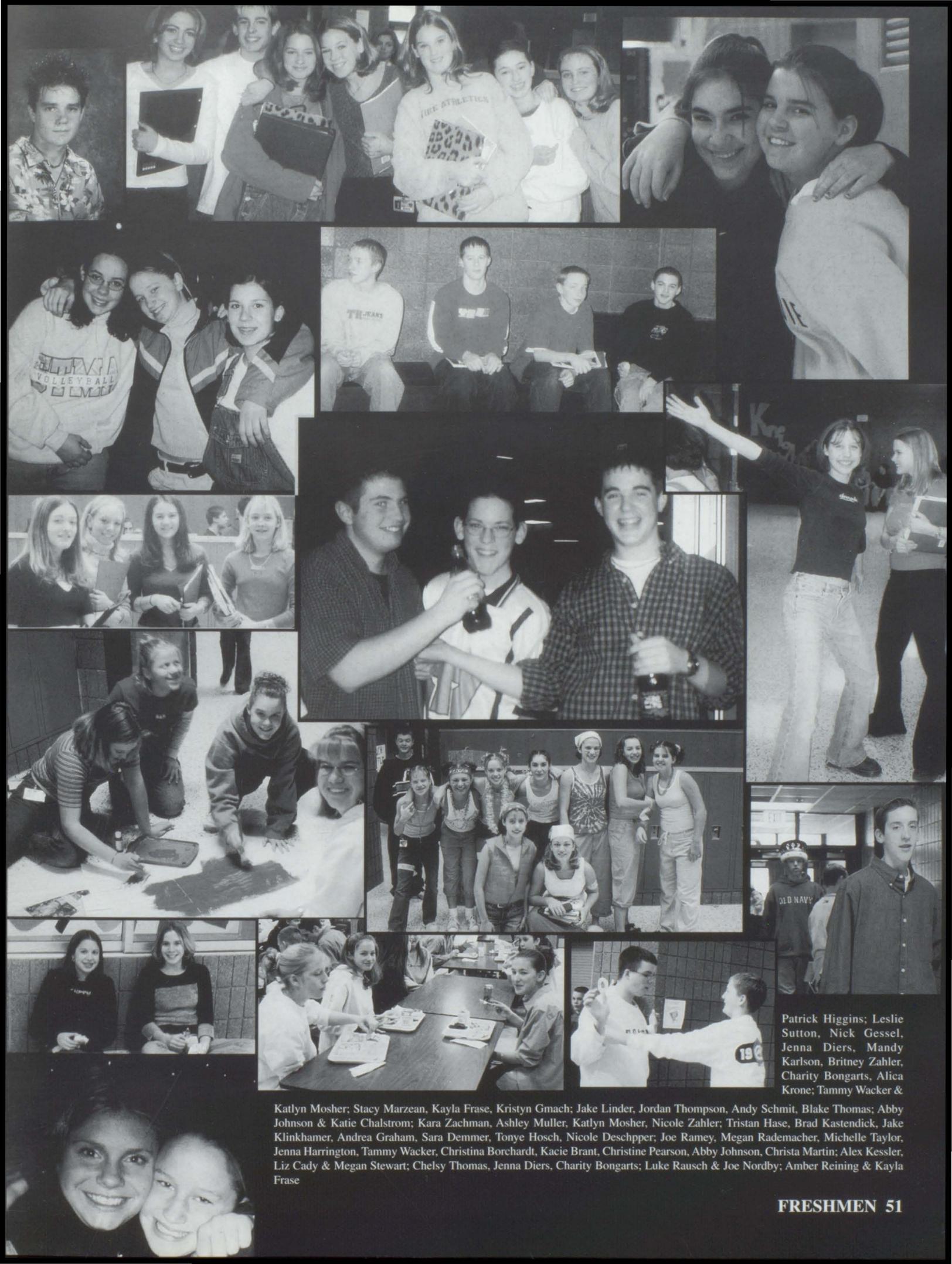
*Amanda Wright  
Cole Young  
Brandon Andrew Zachman  
Brandon Lee Zachman  
Elizabeth Zachman  
Kara Zachman*



*Kevin Zachman  
Rebecca Zachman  
Karl Zachmann  
Brittany Zahler  
Lindsey Zahler  
Nicole Zahler*



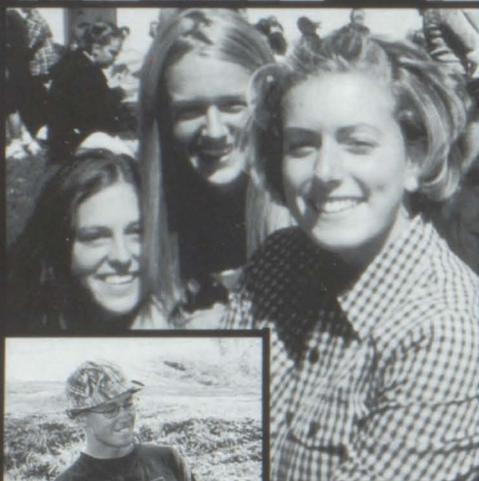
*Not Pictured:  
Brandi Brown  
Tyler Carlson  
Bobbie Junker  
Stephanie Prosper  
Delia Schwartz*



Patrick Higgins; Leslie Sutton, Nick Gessel, Jenna Diers, Mandy Karlson, Britney Zahler, Charity Bongarts, Alica Krone; Tammy Wacker &

Katlyn Mosher; Stacy Marzean, Kayla Frase, Kristyn Gmach; Jake Linder, Jordan Thompson, Andy Schmit, Blake Thomas; Abby Johnson & Katie Chalstrom; Kara Zachman, Ashley Muller, Katlyn Mosher, Nicole Zahler; Tristan Hase, Brad Kastendick, Jake Klinkhamer, Andrea Graham, Sara Demmer, Tonye Hosch, Nicole Deschpper; Joe Ramey, Megan Rademacher, Michelle Taylor, Jenna Harrington, Tammy Wacker, Christina Borchardt, Kacie Brant, Christine Pearson, Abby Johnson, Christa Martin; Alex Kessler, Liz Cady & Megan Stewart; Chelsy Thomas, Jenna Diers, Charity Bongarts; Luke Rausch & Joe Nordby; Amber Reining & Kayla Frase

*Ladies and Gentlemen,  
Wear Sunscreen.*



*Erin Schumacher, Katie Keizer, Christine Erickson, Tiffany Zachman; Jodi Becker, Julie Falbo; Aimee Lefebvre, Erin Schumacher, Jess Etheridge; Santa Croteau; Nate Pauly, Jesse Cole, & Annie Scharber; Evan Ingebrigstson; Anne Stenglein; Cole Zachman & Aly Piechocki; Brandon Valerius & Mr. Bauman; Steve Pope; Hilary Plantenberg & Dawn Lee; Keith Becker, Brandon Pellaton & Keith Paulson; Alycia Zahler & Christine Erickson*

if i could offer you only one tip for the future, sunscreen would be it. the long term benefits of sunscreen have been proved by scientists, whereas the rest of my advice has no basis more reliable than my own meandering experience. i will dispense this advice now. enjoy the power and beauty of your youth. oh, never mind. you will not understand the power and beauty of your youth until they've faded. but trust me, in twenty years, you'll look back at photos of yourself and recall in a way you can't grasp now how much possibility lay before you and how fabulous you really looked. you are not as fat as you imagine. don't worry about the future. or worry, but know that worrying is as effective as trying to solve an algebra equation by chewing bubble gum. the real troubles in your life are apt to be things that never crossed your worried mind, the kind that blindsides you at four p.m. on some idle Tuesday. do one thing every day that scares you. sing. don't be reckless with other people's hearts. don't put up

with people who are reckless with yours. floss. don't waste your time on jealousy. sometimes you're ahead, sometimes you're behind. the race is long and in the end, it's only with yourself. remember compliments you receive. forget the insults. if you succeed in doing this, tell me how. keep your old love letters. throw away your old bank statements. stretch. don't feel guilty if you don't know what you want to do with your life. the most interesting people i know didn't know at twenty-two what they wanted to do with their lives. some of the most interesting forty-year-olds i know still don't. get plenty of calcium. be kind to your knees. you'll miss them when they're gone. maybe you'll marry, maybe you won't. maybe you'll have children, maybe you won't. maybe you'll divorce at forty, maybe you'll dance the funky chicken on your seventy-fifth wedding anniversary. whatever you do, don't congratulate yourself too much or berate yourself either. your choices are half chance. so are everyone else's.

enjoy your body. use it in every way you can. don't be afraid of it or of what other people think of it. it's the greatest instrument you'll ever own. dance, even if you have no where to do it but your living room. read the directions, even if you don't follow them. do not read beauty magazines. they will only make you feel ugly. get to know your parents. you never know when they will be gone for good. be nice to your siblings. they're your best link to your past and the people most likely to stick with you in the future. understand that friends come and go, but with a precious few you should hold on. work hard to bridge the gaps in geography and lifestyle, because the older you get, the more you need the people who knew you when you were young. live in New York City once, but leave before it makes you hard. live in northern California once, but leave before it makes you soft. travel. accept certain inalienable truths: prices will rise. politicians will philander. you, too, will get old. and when you do, you'll fantasize that when you were young, prices were reasonable, politicians were noble, and children respected their elders. respect your elders. don't expect anyone else to support you. maybe you have a trust fund. maybe you'll have a wealthy spouse. but you never know when either one might run out. don't mess too much with your hair of by the time you're forty, it will look eighty-five. be careful whos advice you buy, but be patient with those who supply it. advice is a form of nostalgia. dispensing it is a way of fishing the past from the disposal, wiping it off, painting over the ugly parts, and recycling it for more than it's worth. but trust me on the sunscreen.

By Mary Schmich (Chicago Tribune)

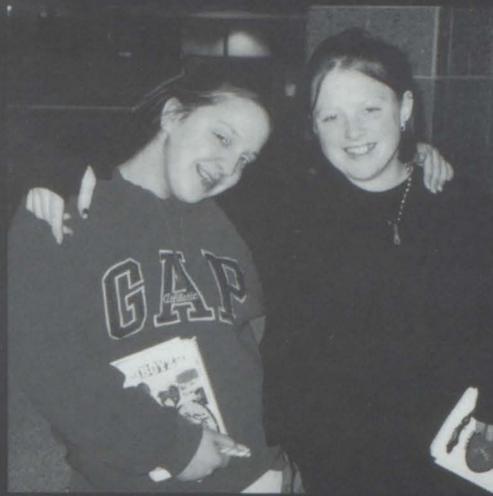
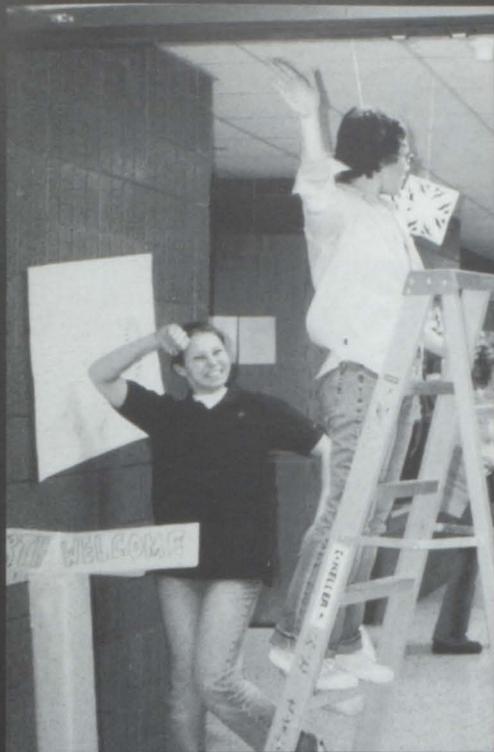


Peter Mosher, Casey Darkenwald, & Cole Ford



# STUDENT WIFE

To involve our theme, "Something Old, Something New," into the student life section, the Valor staff added a few new sections that reflect on the hangouts inside and outside of school, the creative talents of students, and the close relations among STMA students. To get the jist of high school life, a survey was sent out to various students. High school students said they enjoyed "the freedom," "seeing lots of friends," and the fact that "You get prepared for future careers best about school." Student life can be very hard and stressful at times, but some say it has been the best time of their lives...at least for the last 18 years.



There are always two choices, two paths to take. One is easy. And its only reward is that it's easy." STUDENT LIFE 55  
-Unknown

# SUMMER DAYS

The very sun-burned Jackie Radunz and Tia Elliott rest before they go out to eat in Ixtapa, Mexico.

*When Days Were WARMER...  
and Nights Were LONGER...*

As the days grew warmer and the nights grew longer, students looked forward to the end of the school year. There were many fun activities, events, and vacations that were planned over the summer. With trips to the beach, a day on vacation, or simply just a morning to sleep in, everyone seemed to value the time before a new school year. The summer opened three months of relaxation from a long school year. In many of our lives this meant staying up late and sleeping until noon. For others, the summer

brought in more working hours to earn extra cash. Everyone seemed to have something going on, attending graduations, escaping on vacations, or hanging out with friends. Eventually, all summers must come to an end, opening a new door for students. A new year with new students, different teachers, homework, and new beginnings. The memories of the sun drenched days and moonlight nights would remain clear in people's minds until a new summer would arrive.

—Katie Kiesner



Above: Jenni Enderlein and Blake Meyer spend an afternoon together.

Michelle Kelly, Mara Erickson, Tiffany Farr, and Colleen Schumacher enjoying time with each other at the cabin by the lake.



# First Days Unfolding with

## *New classes...New stories... and Familiar Faces*



Long before the official start of the new school year, students anticipate the mass meeting of friends, classmates and new freshmen faces, 812 in all. As students filter into the new east end doors and the atrium they are met by large "Welcome Back!" signs and teachers passing out class schedules. Noise levels rise as questions are tossed back and forth, "How was your summer?" Do we have the same classes? Can you believe this is our Senior year!" After the second bell rings at 8:30, students are still scrambling to find their lockers, figure out the combinations, finally arriving at class only to find it is not the same teacher or classroom as last year. The new

addition brought about the typical confusion of the first day of school. However, tardy slips are tossed aside as students ease into their new routine and take note of new faces and new additions in the school. As A and B blocks pass by students look forward to an all-school lunch outside where friends gather to recall those precious summer memories and discuss new changes like fewer SNAP periods, I.D. tags, shortened lockers, and the feel of being another step higher on the grade level totem pole. Many of these changes are small but have an impact on each student as he/she looks towards the new school year.

—Heather Satrang



Left: Laura Krogsgaard and Brandy Heath take time to pose before they go off to class.

Top Left: Brandon Beaudry, Jessica Etheridge, Derek Leur, Eric Holland, Brandon Glanz, and Billy Hudson appear quite stable and ready to take on their new seniority.



Students gather outside during the all school lunch held the first day of school.

Seniors, Tonya Starr, Malina Zachman, Julie Falbo, Amanda May, Jacquelyn Wallerius, and Rachel Bongaarts enjoy their time with friends before lunch is over and its back to class.



# CROWNING ROYALTY



*“How fast the time flew by!”*

Brittany Bauman

“At an insanely early time in the morning,” said Tiffany Zachman, the Homecoming candidates were pulled out of bed. At least all but one candidate were awakened. For Ashley Baldrige they were too late for her daily 5:15 wake up call. The special treat for this morning was not only a Burger King Crown and sash, but also a “classy” breakfast at McDonalds. As the candidates were escorted to school still in PJ’s and without their morning shower routine, they handed out candy to the freshmen unloading from the busses. During lunch, the candidates had the “privilege” of dumping everyone’s lunch tray. Before Coronation that Monday night, the court enjoyed themselves at the Vintage Grill for dinner.

Family and friends gathered inside the gym with cameras and flash in hand awaiting the crowning of King and Queen. It had been a very memorable day for all the candidates. The high point for Tiffany Zachman came “when my cousin and I were crowned royalty.” Ashley Baldrige and Brittany felt the same excitement as their reactions were, “It will be something to always remember,” and “How fast the time flew by!” After the crowning, a bonfire was lit and “The Jane Lady” played for the crowd until all dispersed excited for the football game and a week of fun activity.

Right: Queen Tiffany Zachman and King Travis Dahlheimer soak up the cameras and flash that comes with being royalty.



Above: Ashley Baldrige and Randy Dehmer take the walk down the strip smiling for friends and family.

Homecoming court: Julie F., Brittany B., Ashley B., Jacquelyn W., Tiffany Z., Travis D., Brian S., Jake B., Randy D., Jesse H.





Left: All dressed up before coronation, the Homecoming Court enjoys a fancy meal.

Below: Randy Dehmer and Queen Tiffany Zachman hang tight for more photo ops.



Left: Elegance, poise, and glitz, these girls have "all that."

Above: Quite the handsome line-up, these candidates could smooze a date from any girl.

# Let's All Do the "MONSTER MASH"

"Boo!" It was that time of year again. A time for anyone to express themselves through ingenious costumes. A time to bring out the big bags and buckets and fill them full with candy. Students, teachers, and faculty showed their Halloween Spirit by creating costumes such as Saturday Night Live's "superstar" girl, an everyday bum like Anne Scharber living in a portable hockey players at face off,



Live's "superstar" girl, an everyday bum like Anne Scharber living in a portable hockey players at face off,

and the box of matches sparking attention. With spirits high, students filed into the gym to enjoy an hour of viewing different costumes and trying to win this year's Costume Contest. At the same time a pumpkin painting contest brought out the artistic talent of the grades. Overall, this day was enjoyed by many.



contest brought out the artistic talent of the grades. Overall, this day was enjoyed by many.

By: Katie Kiesner

Right: Double take, dressed to kill in a pink shag, mini skirt, and heels Nick Marek heads into the girls... WAIT! ... Mens bathroom.



Above: Enemy territory sends David Ouellette to the ground.

Right: Princess Anna Dehmer walks down the path hoping to find prince charming.

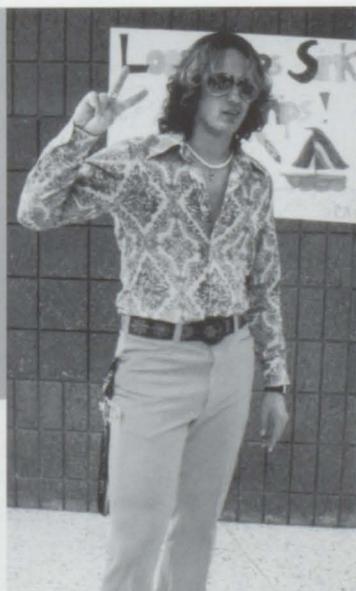
Far Right: Fresh recruits Megan Stewart, Elizabeth Cady, Ellen Washatka, and Lyndsey Stewart.





Brothers Ryan and Brandon Pellaton, and Jesse Sherber join together after a very abusive game.

Tiffany Zachman, so proud of her carved pumpkin cat, a reappearing theme in her artwork.



Far Left: Jamie Slimmer walks to her next class hoping for her shot at stardom.  
Left: Mr. Metcalf, "Dude."

Ashley Poirer and Cole Ford appear as Austin Powers and his go-go chick.



# Anticipation and Excitement Deck the Halls

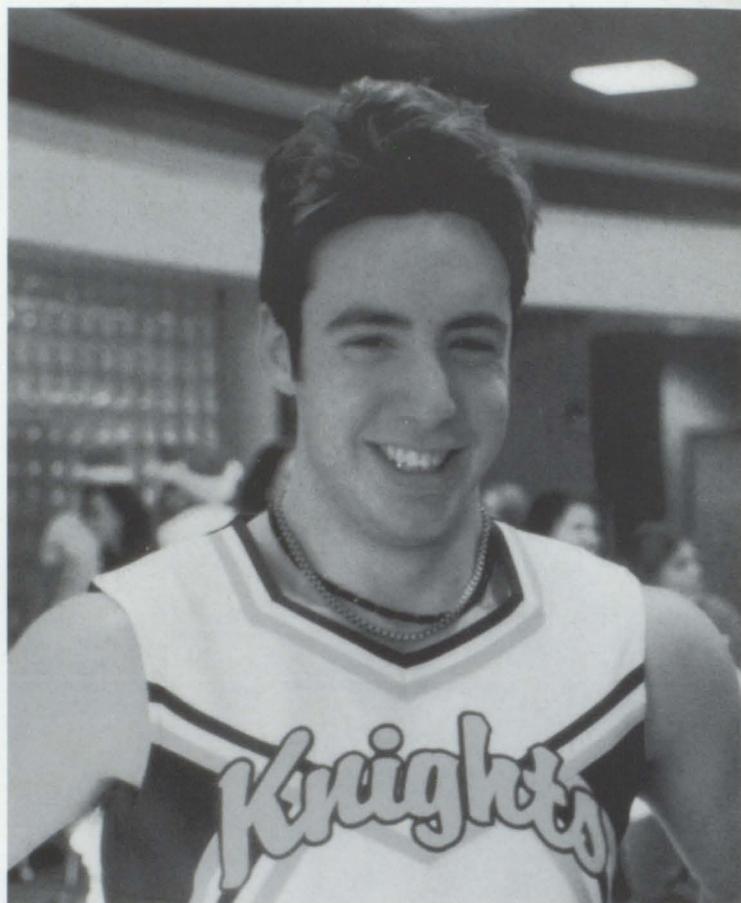


"Deck the halls with balls of Holly, Fa, la la la la la la la." Here at the high school that is exactly what we did. Not only with our artwork and creations but with our excited spirits awaiting the holiday season. It was hard for students not to think about family gatherings, presents, good food, and those cherished days with no school while candy canes and cards were being past around and SNAP was switched for holiday activities in the gym. During the Elf auction that raised over \$2000, Auctioneer Darrel Skogen hollered out "Sold for \$100, Steve Pope!"

Steve was just one of the pricey elves this year as runner-up Max Frolich pulled \$90 out of student's pockets. Another tradition was the mitten tree that resembled the "Charlie Brown Christmas Tree" because of its straggly branches and sparse decorations. The week ended with a Variety Show. For 25 cents students could watch the comical talents of the staff. Looking back at all the events, it was hard not to be lured into the holiday spirit.

ByKatieKiesner

Nelz Spense can't wait to get in front of a crowd to show off his new talent.



Below: Three Seniors "Deck the Amanda Merges."

Freshman Drew Goerdt dances along with the 9 ladies.



Sophomores Lindsey Morris and Andrea Hill help out by blowing up balloons during Deck the Halls.

Right: Cara Ronning and Amanda May position their penguins in the North Senior Pole.

Far Right: Jackie Radunz treats Trista Paulson like a queen in her Radio Flyer wagon.



Teachers show off their talent during the staff variety show. Who knew that Mr. Barthel and Ms. Jordahl would get their groove on by dancing to "Grease Lightening, or Mr. Frickstad would be "rockin out" in a white polyester suit!

Jake Barthel wears a lovely ensemble his owner chose for him.



Elves Dan Raker, Jake Sigler, Andy Croteau, and Mark Eull wait after being bought wondering what kind of humiliation they will have to go through tomorrow.

Santa's little helpers Jacquelyn Wallerius, Jessica Etheridge, Cara Ronning, Ashley Baldrige, and Amy Aurzada have a large price on thier heads.

"It is better to give then to receive."

# SNOW DAYS

## Arrive with Flurries and Fun

The week before Snow Days, school was almost called off because of snow. A big storm had graced us with its presence leaving a thick blanket of snow. The following week of school we had four fun filled snow days taking up the whole week. We did not get out of school but we did have a lot of fun. We had activities every day of the week to keep us busy and entertained. Dress up days let us either forget about winter or do the exact opposite, dress for the weather bundled in mittens and scarves. On Monday, a formal day,

students picked the ever popular snow candidates and crowned them with school royalty. The candidates also put on skits hoping to pull the best reaction from the crowd. The loudest hollers came from a Chris Farley, "Down by the River" act by the juniors. A battle of the classes closed out the week as classmates cheered for each other in a variety of skill and talent competitions. Even though we did not get out of school for any snow days, we still had a fun week.

By Matthew Zachman

Snow Days Royalty 2001: Jackie Arns, Kalsey Zachman, Sarah Luken, Jessica Kolles, Max Frolich, Brandon Pellaton, Matthew Manders, and Karl Zachman.

Announcing the candidates are Sara Lindenfesler and Greg Jaeb.



Freshmen Kevin Zachman and Samantha Seide build a marshmallow tower that will hold its weight and maybe more.



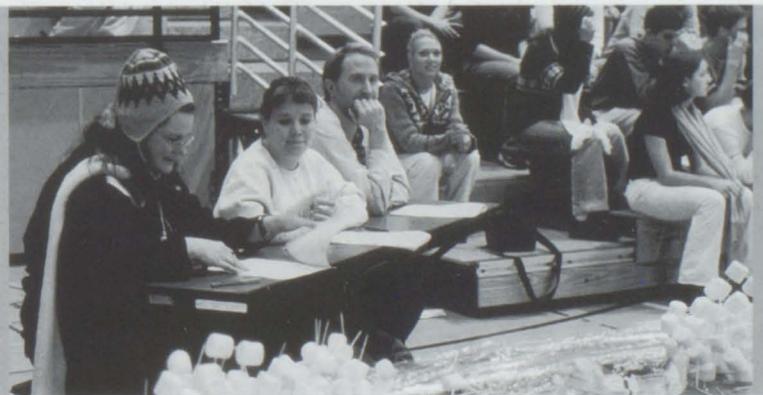
A sophomores spoof on the Johnny Carson show let Matthew Manders, the host, interview the Clinton family, Kevin Hegland, Heather Farr, Ryan Becker, and Kalsey Zachman.



The afternoon of Snow week was full of laughs as whip cream flew, and banana peels squished between guys and girls toes, as candidates were made to perform wacky acts for the contest between grades.



A surprised Sarah Luken crowned princess walks down the runway ready to meet her prince Brandon Pellaton.



Temptation Island, a popular new reality show gave seductive seniors Jackie Radnuz, Christine Erickson, Abby Marx and Jessica Kolles the idea to play their own island game.

Teachers or judges you decide. Ms. Dahring, Mrs. Koss and Mr. Hoffman judge the battle of the classes.

# STUDENT GALLERY

## "On The 1st Day of School" by STMA staff

On the first day of school my student said to me,  
 "Sign my passbook, I have to pee!"

On the second day of school my student said to me,  
 "This Class is boring! Sign my passbook, I have to pee!"

On the third day of school my student said to me,  
 "I don't have a pencil, This Class is boring! Sign my  
 passbook, I have to pee!"

On the fourth day of school my student said to me,  
 "Do we have to know this? I don't have a pencil, This  
 class is boring! Sign my passbook, I have to pee!"

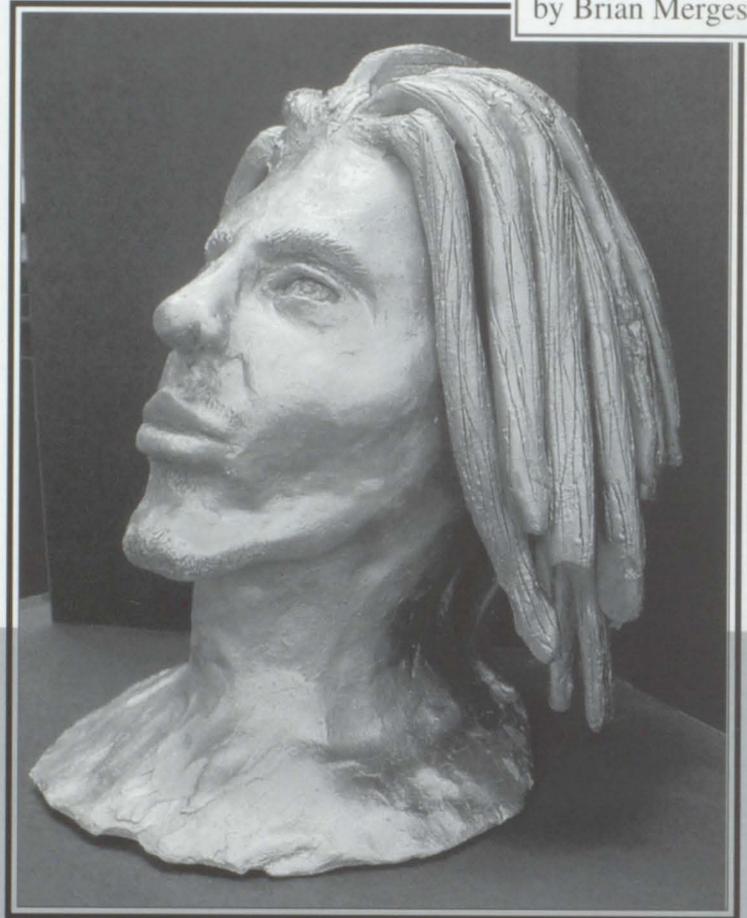
On the fifth day of school my student said to me,  
 "Grad Standards, Yuck! Do we have to know this? I don't  
 have a pencil, This class is boring! Sign my passbook, I  
 have to pee!"

On the sixth day of school my student said to me,  
 "Dude...What? Grad Standards Yuck! Do we have to know  
 this? I don't have a pencil, This class is boring! Sign my  
 passbook, I have to pee!"

On the seventh day of school my student said to me,  
 "Can I see the nurse? Dude...What? Grad Standards  
 Yuck! Do we have to know this? I don't have a pencil,  
 This class is boring! Sign my passbook, I have to pee!"

On the eighth day of school my student said to me,  
 "Your fly is open, It's in my locker! Can I see the nurse?  
 Dude...What? Grad Standards Yuck! Do we have to know  
 this? I don't have a pencil, This class is boring! Sign my  
 passbook, I have to pee!"

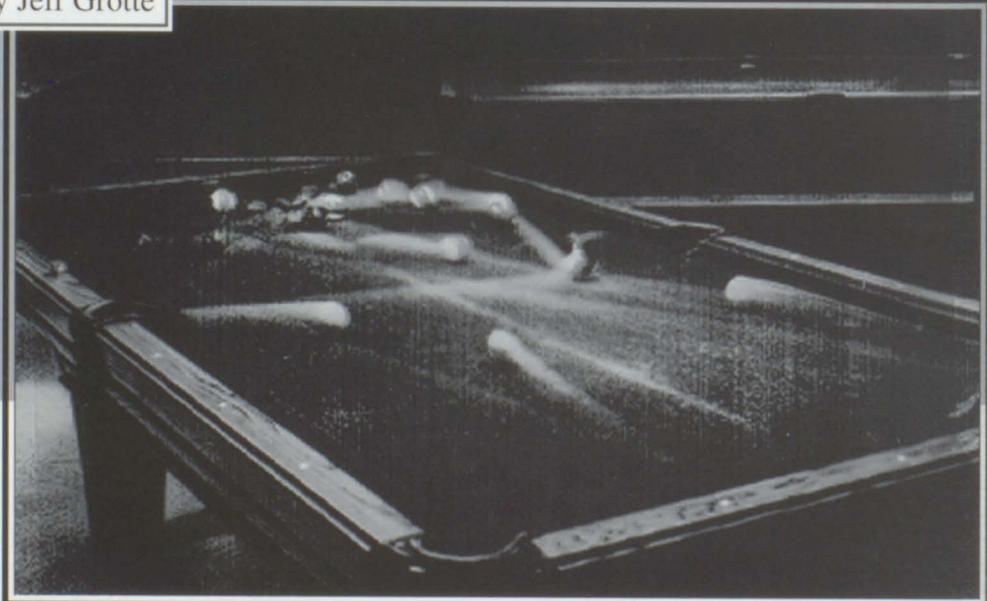
by Brian Merges



## Jedi Master - Potter

by Jeff Grotte

- Dusty Scheller
- Tiffany Farr
- Kelly Hofford
- Casey Darkenwald
- Brian Shovelain



CREATIVE

**"School"** by Nathan Jackson

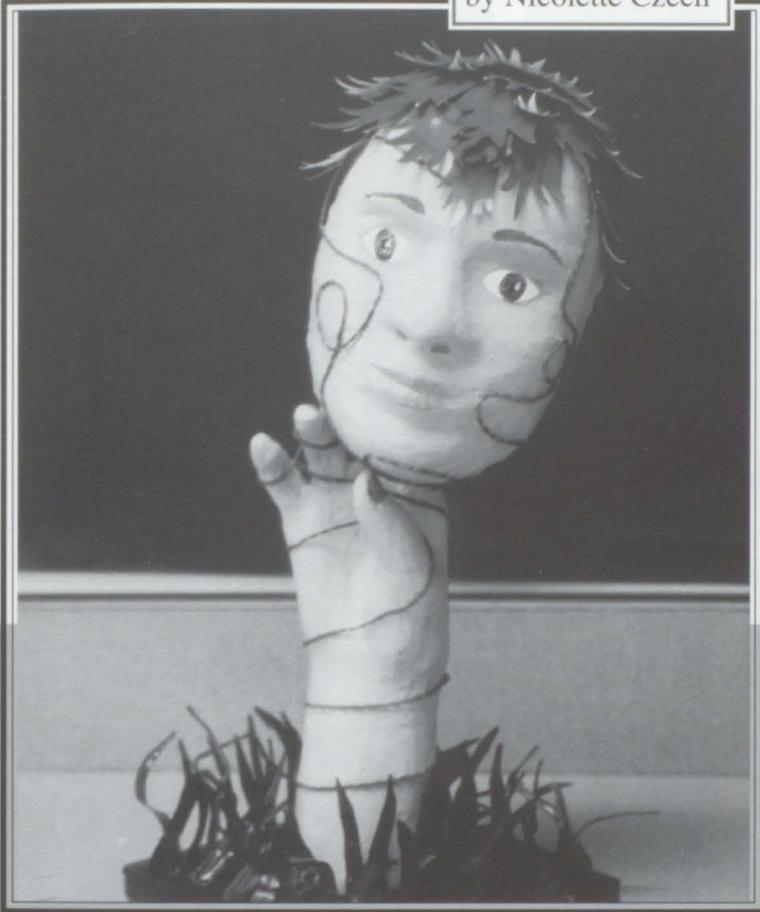
School a place of change, and for, sometimes, fun. Our Journey of life has just begun.

A place of work, a place of play, as we see friends and enemy's come and go everyday.

A time for learning, a time for yearning, a time in many people's wishes for this place to be burning.

But if it did many would see, the faces around them are not covered with glee.

by Nicolette Czech



**"I am Content"** by Anonomous

I look in the mirror and see a face that I've never seen before,  
Once it was a face marked with a pained and hurt soul,  
Now my soul burns hot, fierce, and beautiful.

No Longer is my soul bonded and chained to anger,  
With my wings outstretched in the gleaming sunlight,  
I can now look at the world with love in my heart and hope in my soul.

My soul stands at the edge of a cliff no longer in Bondage,  
At one time there was hesitaion, but I think of you and the rest is easy,

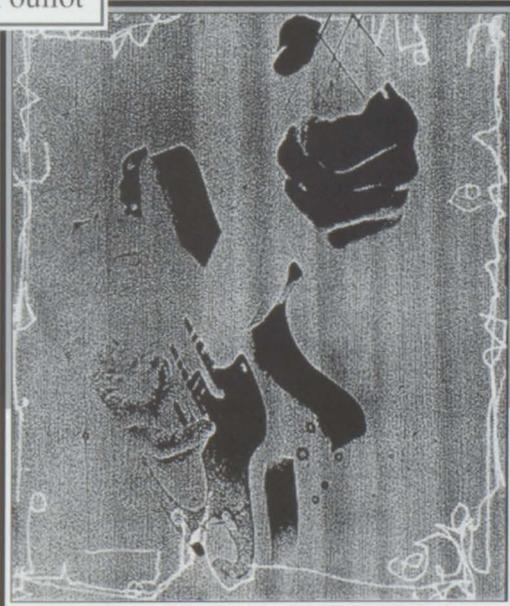
Instead of falling down I soar to new heights,  
But I'm not alone, hand in hand we transcend all bound-aries.

So as I look in the mirror I give a smile and think,  
I am content.

by Cole Zachman



by Nick Pouliot



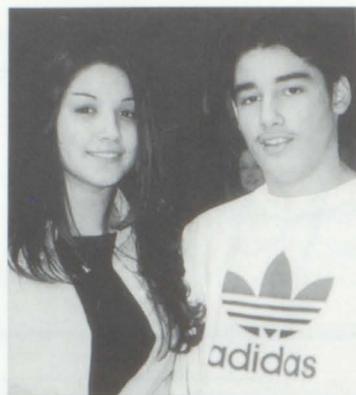
EXPRESSION

**S**ad story, when Jen and Nate Cote were young they would find toads and frogs and keep them in a recycling bin. But every Sunday they would disappear not knowing where they went. Eventually they learned Dad had been recycling. "killing" their toads friends, knowing they were in there!



**I**remember when Christine and I were little, we'd take headbands, glue paper ears to them, eat lettuce and carrots and drink water out of bowls pretending we were bunnies.

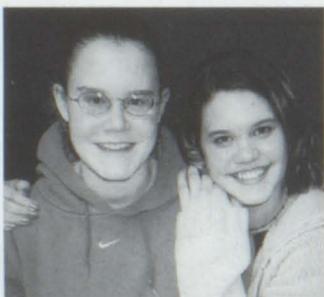
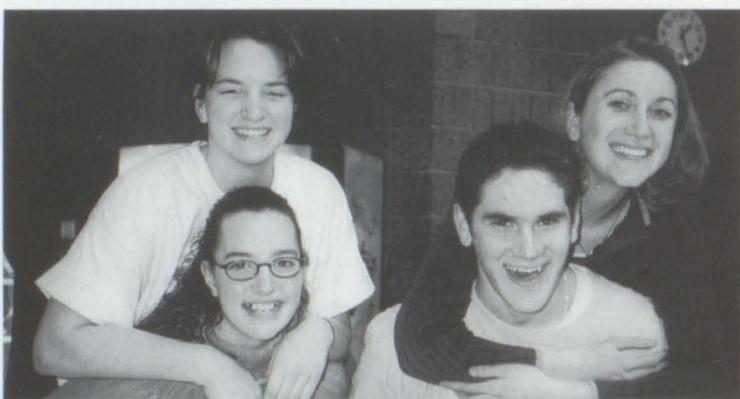
Mara Erickson



**B**randon Pellaton would put his brother Ryan in a box, duct tape it shut, wheel him down to Haiwatha Park in his Radio Flyer wagon and tell his friends he had a cat in the box. Of course he made Ryan meow when the box was kicked.



**L**iz and Teresa Lynch are for the most part, best of friends. They make deals with each other. A favor gained is a favor earned. Since they can share clothes the argue about who will wear what. As a little girl Liz always gave Teresa a lift. Here Teresa returns the favor and gives Liz a lift.





**Opposite Page:** Rachel (10) & Nicole (9) Deschepper; Gioanna (12) & Edgar (10) Olivares; Brian (12) & Emily (10) Shovelain; Ashley (12) & Andrew (9) Baldrige and Michael (9) & Jenna (12) Stangler; Ashley (10) & Kacie (9) Brant and Sara (11) & Peter (9) Lindenfelser; Katie Rose (9) and Joni (11) & Kali (9) Roden; Tonya (9) & Chelsea (10) Hosch; Nikki (11) & Bobby (9) Czech; Stacy (12) & Ashley (10) Jesser; Brandon (11) & Ryan (9) Pellaton; Abby (12) & Erin (11) Marx and Kevin (10) & Katie (12) Williamson; Michelle (9) & Jim (11) Taylor; Vince (9) & Kelly (12) Hoffer; Megan & Lyndsey (9) & Danelle (12) Stewart and Elizabeth (9) & Joe Cady (11); Kristen (10) & Derek (12) Leuer; Jason (11) & Sara (12) Eull. **This Page:** Christine (12) & Eric Pearson (10); Erin (10) & Ryan (9) Schoepster; Lauren (10) & Jacquelyn (12) Wallerius; Reed (9) & Andrea (10) Bloomquist; Alycia (12) & Lindsey (9) Zahler; Tiffany (12) & Heather (10) Farr; Nate (10) & Jen (9) Coté; Liz (12) & Teresa (10) Lynch; Jessica (12) & Jared (10) Reese; Keith (12) & Tiffany (10) Paulson; Jessica (12) & Jennifer (9) Kolles; Sarah (11) & Angie (10) Bebeau; Dan (11) & Stacy (10) Beach; Kevin (9) and Stephan (12) Zachman.

## Live and Learn

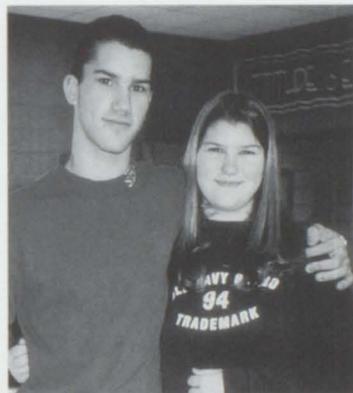
The more I learn about sibling relationships, the more impressed I am with what ambivalent relationships they are. They make the highs higher and the lows lower. (e.g. "On the other hand, sometimes I can't help but feel frustrated and cheated."). The challenge, I suppose, is to celebrate the insights and sensitivity one gains as a result of the relationship, learn (sometimes painful) lessons from the frustrations and then--some-how--move on.

-unknown



In the summer, the Dahlheimers would play in their tree fort all day. Inside on the walls was a list of who all could come in and who wasn't cool enough to be accepted. One afternoon they got in a fight, you could tell by the names that were written continuously and then crossed out. They had to repaint.

Now that they are older, Brittany finds other ways to control her anger, but when her brother Ryan was ten months old, Brittany didn't like him too much, so she pushed Ryan, stroller and all, off the edge of the patio stairs. He survived all ten steps to the ground!



Grandma and Grandpa would take us (Tasha and Josh Chastek) to Benson every summer. There was this swing that you stand on like a miniature merry-go-round and it was our favorite. So we went on it all day. Josh would swing me so fast that my legs would fly up into the air, hanging by my hands, around and around. Josh would just sit there and laugh and then get on too.



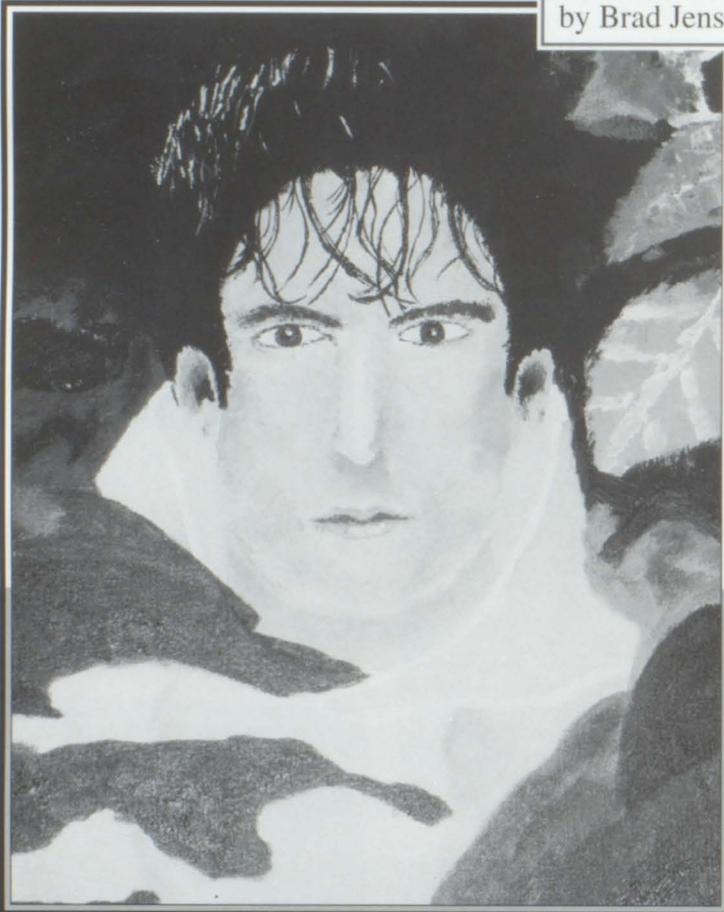
So, I know that I wasn't the brightest little girl, but when my brother Rudy came up with this idea, I jumped right at it. He was going to create a "money box." All the money that we found and collected we would count and put into this little box. When it was full we would split it in half. Well see, little did I know I was the only one putting money in and he was the only one taking money out. Hmm...

**"A Child"** by Kasi Seiwert

A child  
innocent and pure,  
enters a fearful world.  
A world filled with love,  
hate,  
sadness,  
and confusion.  
Why?  
Why can't life be the same as when  
you were a child?  
No fear.  
No pain.

Care free,  
Care free,  
Wide-eyed child,  
Ready to find  
and explore many new things.  
Things as simple as a rose.  
The vibrant colors.  
The sweet smell.  
The soft texture.  
There are many wonderful,  
and scary things in this world.  
Childhood.  
What a wonderful gift?

by Brad Jensen



**"The Brink"** Anonymous

The sun shines on my soul,  
Before I knew only pain and anger,  
The light from your heart has made it possible,  
And has brought me back from the brink.

The light you carry within burns brighter than any star,  
And that has been my guiding light.  
When I struggle in the dark,  
Your radiance brings me back from the brink.

Your gentle touch warms a once bitter heart,  
And warms blood that once ran cold and dark,  
As hate that used to flow so readily dries up,  
You are there pulling me from the brink.

You have been there for me more than you know,  
And I will be there for you when you need me,  
Although I may struggle some times,  
Because of you I am no longer at the brink.



by Brenda Adkins

by Lindsey Malecek



CREATIVE



by Tiffany Zachman

**"The Love Inside Me"** Anonymous

Don't judge me by my looks,  
 Don't reject me because of my face,  
 Get to know me before you decide my place,  
 Don't criticize my actions  
 Until you know the reason why,  
 Keep your mind open,  
 Keep the hope of friendship alive,  
 Don't despise me without reason,  
 Just give me a chance to prove,  
 The good I have inside,  
 Take time to discover the feelings  
 That I hide inside,  
 Never hate with only one look,  
 Give me the chance I deserve,  
 Look really hard and you will find,  
 the love inside me.

**"I AM A FRESHMAN"**

BY BRAD KASTENDICK

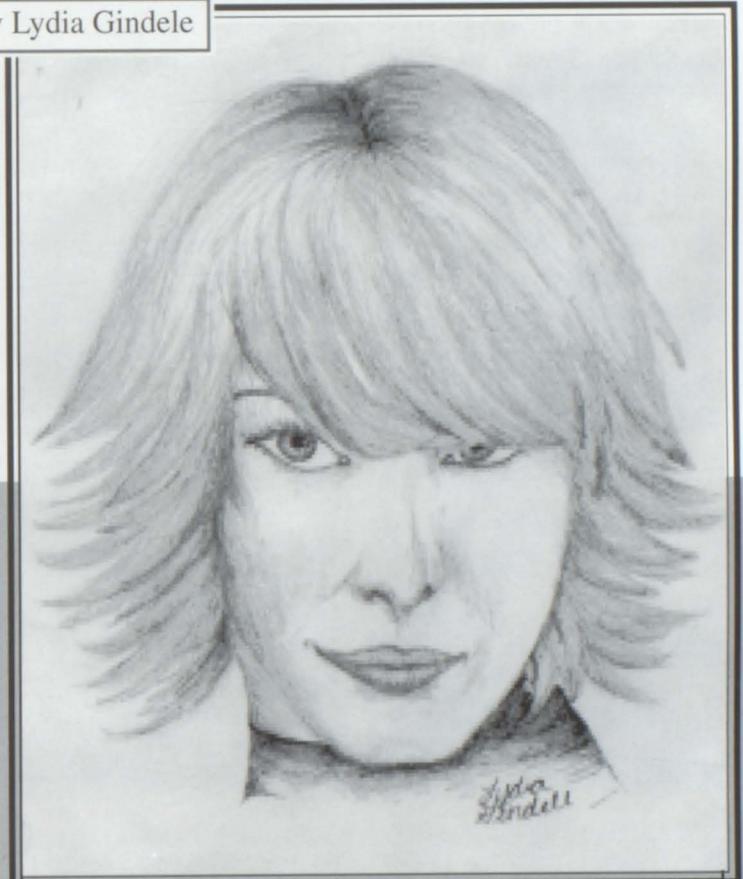
I AM A FRESHMAN,  
 THE LEAST ON THE CHAIN.  
 EV'RYTHING'S NEW,  
 I HAVE SO MUCH TO GAIN.

I AM A SOPHOMORE,  
 A LITTLE MORE STRONGER.  
 ALREADY HAVIN' FUN.  
 HOPE IT LASTS A LOT LONGER.

I AM A JUNIOR,  
 BUT MY HEART YEARNs.  
 SWEET HIGH SCHOOL SWEETHEART,  
 STILL HAVE MUCH TO LEARN.  
 I AM A SENIOR,  
 'TIS NOW ALMOST DONE?  
 O! MY MEM'RIES,  
 SEEMS TO HAVE JUST BEGUN

NOW MY TIME'S SPENT,  
 I WISH IT HAD NOT,  
 MY LOVE FOR THIS TIME,  
 SHANT SOON BE FORGOT.

by Lydia Gindele



by Amy Zachman

by Ali Piechoki



by Christine Erickson

EXPRESSION

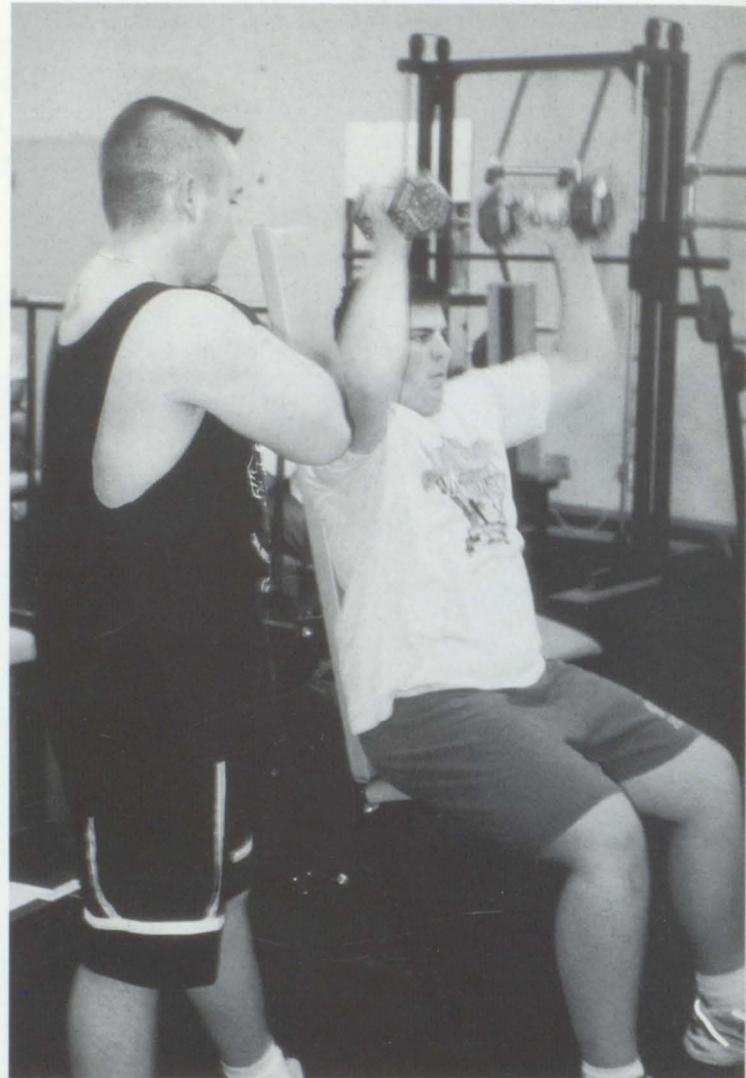
"If you don't believe in yourself, you will never get anywhere." - Mariah Carey

# “Party Down”

What is the main part of a high school student's teen years, beside school? Wouldn't you agree that it is hanging out with your friends? Pretty much everyone "hangs out" with their friends in some way or another. Some people go to the movies, go out to eat at restaurants, like the Olive Garden, or fast food places, like McDonald's. Some have also been known to "hang out" at friend's houses, play pool, go shopping, go to the wave pool and the Middle School pool, beaches, and rivers. Sometimes people "hang out" at school, for fun!

These people said they hung out by going to games and plays, lifting weights, and going to club meetings at school. Many even get together with friends before school at houses, fast food places, and in the hallways of the school to prepare for different spirit days, like class color day and wacky hair day, or to just sit and talk. Hanging out with friends is an important thing for teenagers because it gives us time to relax and be with friends and not have to worry about homework.

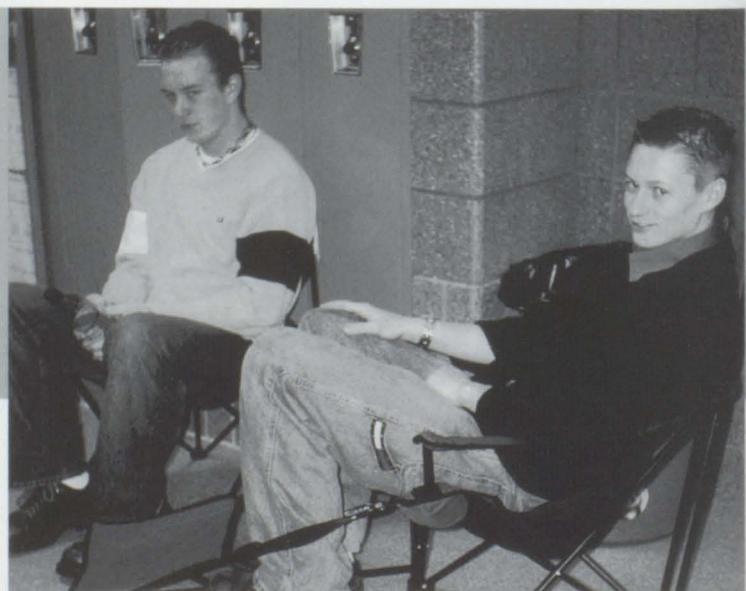
By: Heather Satrang



Right: Garret Prill and Eric Pearson are often hanging-out in the weight room after school.



Above: McDonald's is just one of the popular places to hang out in St. Michael for teenagers. Built in summer of 2000.

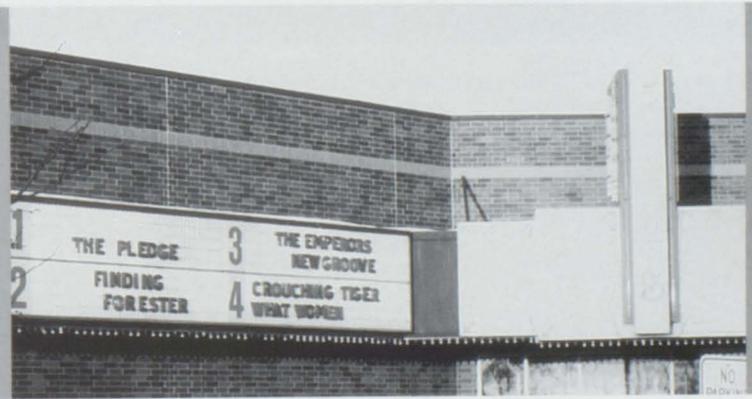
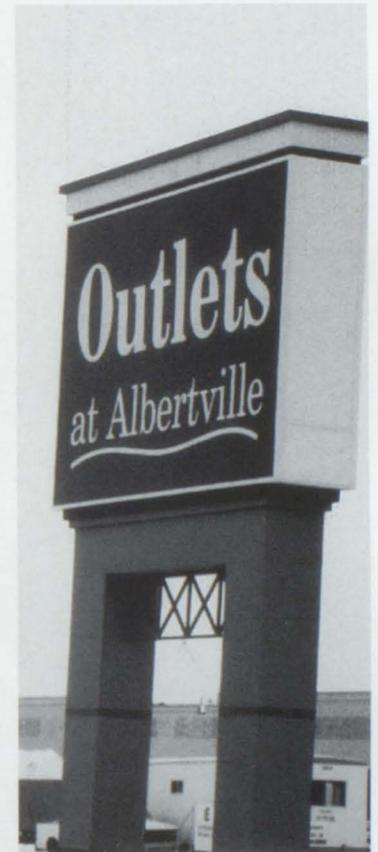


Right: Andy Croteau, Jake Sigler, and Nels Spence, hang out before school in lawn chairs each day by Mr. Greeno's and Mr. N's rooms.

Josh Chastek, Evan Ingebritson, Jared Eicher, and Rudy Dehmer are seen in their true colors dressed in camouflage and clearly successful at what they enjoy most.



Who could forget our new Outlet Mall, where many teenage girls, and even some guys, spend countless hours shopping.



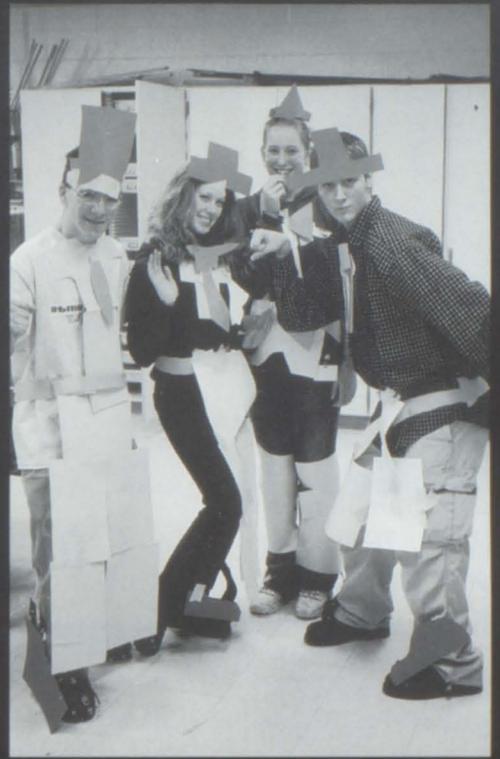
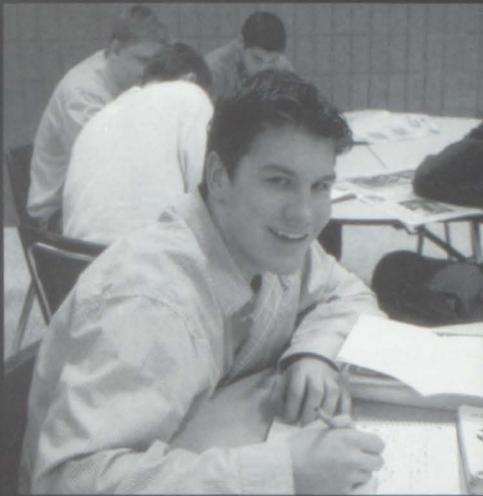
Left: Many people "hang out" in, on, and around their cars to talk with friends while parked in the Colonial Mall. Many also "hang out" in the different businesses in the mall.

Above: What teenager can't resist watching a good movie, or even a bad movie as long as you're with friends.



# ACADEMICS

A growing school district demands an increase in teachers, staff, classes, and rooms to say the least. At St. Michael - Albertville High School we are experiencing these demands and creating some changes. Academic departments grew in size as 13 new teachers were added to the staff. An increase in class sections also resulted in the need for additional classrooms. The new east wing was a welcome addition last fall for teachers who shared classroom space in the previous years. As we experience these modifications one area remains consistent, the academic success, high expectations, and the resulting achievements of STMA students. Throughout the year, teachers select students of the quarter who have worked above and beyond the norm. From this long list teachers then nominate one student from each class to be recognized in the spring with the student of the year award. Congratulations are in line for last year's award winners Jane Lindensfelser (12), Keith Becker (11), Jonathan Maurer (10), Rachel Jossart (9).



Business and computer application classes are important for teaching students skills they can put to use in their future careers. Some of these skills consist of accounting, marketing, and typing. With our world constantly advancing in technology, these assests are crucial to anyone's job.

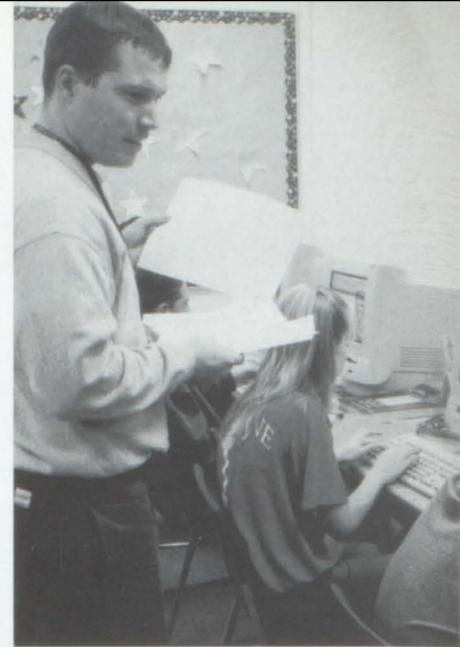
One class students may choose from is Web Page Design. In this class, the basics of our world wide web are taught. They learn to use digital cameras and scanners to add photos to internet sites. As an ongoing project, students keep up STMA's district page.

New to this department is Mr. Rusin. He teaches a variety of computer subjects including Accounting, Career Investigations, and Computer Applications.

By Maureen Reilly

Mr. Rusin walks around the classroom ensuring each student knows what they are doing.

Silvija Lovic contently focuses on finishing her computer applications project.

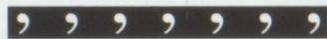


## BUSINESS and COMPUTER APPLICATIONS



**Business education provides students with the tools needed to be successful in both the business world and society.**

**-Renae Carlson**



This department's staff show the different sides of teachers, from energetic to student orientated. These teachers are Brian Winter, Renae Carlson, and Ben Rusin.



In computer classes, students learn how to work with basic and complex programs. Steve Kukowski seems to be putting to use his new knowledge of the computer.





Cassie Bixler is at work on her texture and design patterns. Students may find their interests lie in a career as an interior designer as they create a decor for their room.

Megan Petrowski and Stacey Beach just may be the ones to call when you need to choose wallpaper for your house.



A challenging task, being the single head of a department that offers many electives. Darcy Pemberton is sure to be a teacher with diverse knowledge and creative ideas.



When asked what the most beneficial skill one can acquire from FACS would be, Ms. Pemberton replied with, **“Any skills that help you handle real-life, ‘out-on-your-own’ situations.”**

—Ms. Pemberton



Cooking, Clothing, Cash, Credit, Community, and Children are the basics studied in Family and Consumer Sciences. Students learn how to keep up a home of their own while becoming equipt for the real world after high school.

Ms. Pemberton is our one and only teacher in this department. She made the decision in college to teach FACS, “Because of the varied

## fAMILY and CONSUMER SCIENCE

subject areas.” And there are many courses to choose from in FACS. A few of these are Child Development, Fashion, and Personal Money Management. All classes offered provide students with some of the most important living skills for their future.

By Maureen Reilly



Nicole Roddy is the girl to keep all entertained, working with Jenny Capps and Sarah Luken.

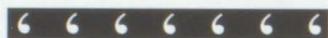
Chatting and working with friends is the way Lori Lindenfelser, Elizabeth Barthel, Nicole Scherber, and Jessica Kolles complete their floor plans.

Amanda Swenson and Shalyn Pouliot take their measurements.

One way students can experience diversity and culture is to take a foreign language course during high school. STMA offers French and Spanish in a range of levels for all grades. Spanish is available anywhere from Spanish 1 to AP Spanish and French from French 1 to French 3. Both languages, in addition to classroom learning and activities, have devised clubs to incorporate activities outside of the classroom such as local and international trips. By taking a foreign language, students are expanding their knowledge of culture as well as learning a life-long skill beneficial to future years after high school.

By Mara Erickson

## FOREIGN LANGUAGE

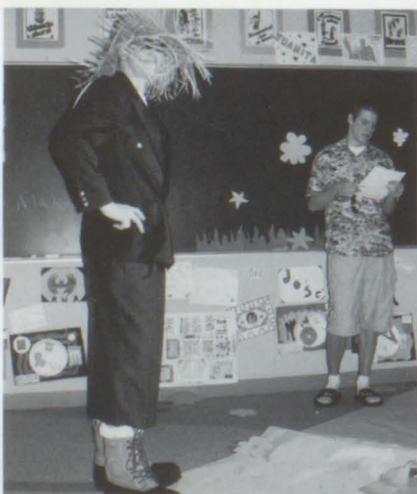


Some may ask, "What is the most frequently spoken phrase in Spanish class?"

**"MUY BIEN!"**  
says Gina Jordahl



Fluent in Spanish and French the growing Foreign Language department includes Jon Muellerleile, Senora Gina Jordahl, Amanda Timmins, and Jonna Clauson.



Senora Timmins keeps her students interested learning "español" with fashion shows using vocabulary from Spanish II. Walking down the runway dressed in the spring fashion line are (left) sophomores Andy Vala and Mike Veaderko announcing, (right) Arthur Anderson (9).



Right: Hard at work in their Advanced Spanish course, Seniors Jessica Etheridge, Tanya Starr, and Betsy Koch show that learning a foreign language can be fun.



Below: In Spanish I, Brandon Dick passes out homework while the rest of the class wait to see the results of their work.





Jake Osterbauer concentrates hard to ensure his Woods project will be flawless.

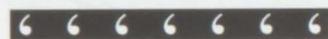
Christine Erickson, Cara Ronning and Jen Dietrich, take a break from their pottery work to smile for the camera.



Sharing with students their skills and creative expertise are, Industrial Art teachers, Earl Bauman and Roger Bovee, and Scott Danielson.



STMA's Visual Arts teachers include Alice Hedlund, Kari Heinks, and Karena Ness.



**“Every artist dips his paintbrush into his own soul, and paints his own nature into his pictures.”**

**–Henry Ward Beecher (1813-1887)**



The visual art classes provide students with the freedom to express themselves. Senior Jeff Grotte feels, “Art comes easy to me. I like to do projects where there is no assigned theme and I can use my creativeness to make what I want.” Studio Art is a pre-requisite to classes such as Photography,



In Studio Art, students learn basic art concepts and techniques. Freshmen, Chelsea Thomas and Laura Servarty, work diligently on their perspective drawings.

Pat Rogers focuses on the perfect cut for his Woods project.



Ceramics, Drawing & Painting, Sculpture, and Print Making & Graphic Design.

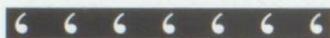
Industrial technology classes allow for creativity as well. In the classroom, students undergo projects in Woods, CADD, Architectural Drafting, Aviation and Cisco Network Management classes. Like the visual arts, these classes are offered with advancement levels allowing students to delve deeper into a subject they love.

By Maureen Reilly

As the English department experienced the change of new teachers this year, the various courses stayed the same. STMA welcomed Mrs. Bovee and Mrs. Scherber to the staff. In class, ninth and tenth grade students focus on communication and composition mixed in with other topics such as mythology, theatre and hands on activities. Upperclassmen have the opportunity of choosing their English course, such as literary interpretation, AP English, theatre arts and others to fit their interest. As a whole, the English department teaches each course with a style different than the rest to keep the students interested and motivated. From communication to interpretation, theatre to composition, students are able to experience a wide variety throughout high school. Even with new changes, STMA's English department continues to provide challenge and diversity for all students.

By Mara Erickson

## LANGUAGE ARTS



**"Just get it down on paper, and then we'll see what to do with it."**

**Maywell Perkins**

**"The universe is made up of stories, not of atoms."**

**Mariel Rukey**



Teaching us about the "Art of Language" are Jeremy Hoffman, Michelle Koss, Kelly Bovee, Mike Frickstad, Janet Welty, and Colleen Scherber.



Senior Annie Scharber starts her morning in AP English off right with a cup of coffee.

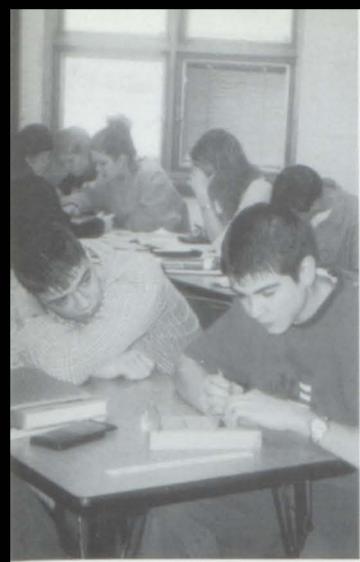


Lydia Lechner, Breanna Dick and Michelle Callahan stay focused on their activities in Mrs. Scherber's English 9 class.



Above: Hoping to get some expert advice, Sophomore Pat Bjork consults Mr. Hoffman. Right: Mrs. Bovee found with student Amanda Swenson outside class. Left: Senior Hilary Platenberg, Juniors Christine Dalheimer, Tiffany Pipenhagen, and Senior Elizabeth Blanchet take a break with their model during Literary Interpretation.





Jerry Arns (11) looks on while Ryan Renstrom (11) makes a scale model of his room for a grad standard project in Geometry.

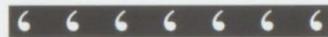
Below: Robbie Altendorf (10) works hard while Colleen Schumacher (10) and Kris Antil (10) are concentrating on only one thing, posing for the camera.



Above: Bob Spence and Tad Hickman are caught getting advice from Liz VanDrasek on their homework.

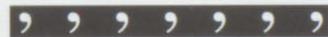


STMA is fortunate to have six wonderful Math teachers. They are Kim Benson, Bill Breeden, Keith Cornell, Gregg Greeno, Tate Nagengast, and Karen Volkenant.



**“Do not worry about your difficulties in mathematics; I can assure you that mine are still greater.”**

**—Einstein**



What is math? Many people think that math is only about numbers, but there is much more to math than just numbers; mathematics classes are a preparation for real life. For instance, Calculus 2, a newly added class, is actually a college



Above: In the wrestling room, Mrs. Volkenant's Pre-Calculus class plays a game to help reinforce their knowledge of sine, cosine, and tangent. Left: Ashley Baldrige (12), Luke Zachman (11) and Christine Dahlheimer (11) concentrate on the lesson.



course. While some people don't think that math will help them in the "real world", many jobs ranging from architecture to medical careers involve math. Mr. Cornell and Mrs. Benson were added to the mathematics team, and they, along with the rest of the math teachers, are doing a great job of teaching students the wonders of mathematics.

By Stephanie Gertken

Different people have different talents, whether it be in athletics or in arts. Music is a class that is taught so that people can show off their musical talents. Music will always be around us so it is also important that students learn to enjoy and understand all types of music. Mr. Bergstrom and Ms. Hanson help kids learn and create music, whether in Band, Choir, or Music Theory. Throughout the year there are many opportunities for students to show their talents to the general public. Both Band and Choir perform in concerts throughout the year and compete at a solo and group

ensemble contest once every year. With all the time and effort STMA musicians put into developing *both* sides of the brain, Miss Hanson is heard saying, "Watch out for the **BRILLIANT** STMA musicians!"

By Heather Satrang

“ “ “ “ “ “ “ “  
 My main goal is that students can take what they've learned here and incorporate music in their lives after high school. Whether students will teach, play, or listen to music as long as they keep it with them, I'll be happy.  
 - Mr. Bergstrom  
 ” ” ” ” ” ” ” ”

# MUSIC

Right: Kari Holvik, Matt Zachman, and Nick Gilman play their instruments after the Knights score a touchdown during pep band.



Below: Andy Bible, Joe Hensel, and Joe Lombardi play the marimba during warm-ups.



Right: Mellisa Hanson leads her lovely choir into warm-ups. "Bumble Bee, Bumble Bee, Bumble Bee."

Middle Right: Sam Bergstrom jams on the drums while he waits for his next class to begin.

Far Right: Erin Schumacher, Marie Welter, Tanya Starr, Hilary Plantenberg, Rachel Bongaarts, Anne Stenglein, Anna Dorumsgaard, Ashley Poirer, and Stephanie Gertken try to memorize a new song.

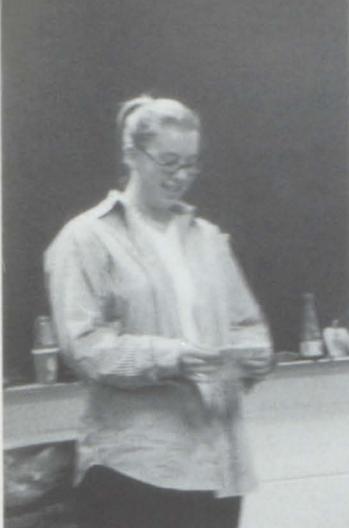


Far Left: Rachel Deschepper, Brandy Heath, and Allison Emerson take a breather to sit and enjoy the music and socialize.

Left: Chris Petrich is caught checking his watch as the choir sings on.

Right: Katie Williamson and Monica Valerius share music while singing.





Sophomore, Emilee Brouillette stands up in front of her health class to give a presentation.

Mike and James help to organize the binders for the "Biggie Project" in Mr. Metcalf's Health 10 class.



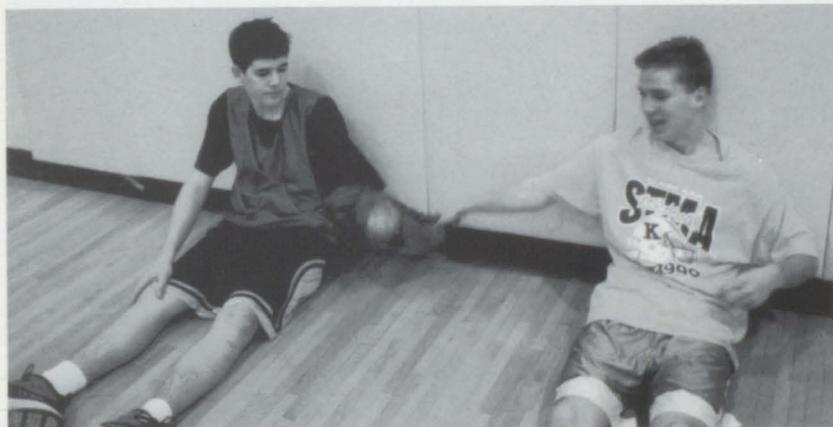
Charlie Bammert carefully spots Tony Griffins bench press lifting in an elective class, Weight Training and Cardiovascular Endurance.



Taking a quick break from badminton, Samantha Seide and Jenna Hackenmueller pose for the camera.



Chris Wykle, Jox Metcalf, Teresa Dockendorf, and Ryan Bauer, the healthiest and fittest staff members around, perhaps.



Ryan Bauman tries to swap his sweaty tank with Andy Kilian after a rough game.



Jared Eicher will be releasing his first weight lifting video as soon as those muscles start to bulk up.



Physical Education is the only subject which, by the very nature of its content, has the potential to affect how a person will feel every moment of every day for the rest of his or her life.

-Jox Metcalf



## PHYSICAL EDUCATION and HEALTH

students the chance to run and play sports unlike a standard classroom setting. Not only are gym classes fun, they also have a physical fitness benefit to them. Because of this, all students are required to take two physical education classes in high school.

Along with phy ed, to keep students active, there are health classes for freshmen and sophomores. In these classes, students learn how their bodies work in detail and discover what effects different substances have on the body.

By Maureen Reilly

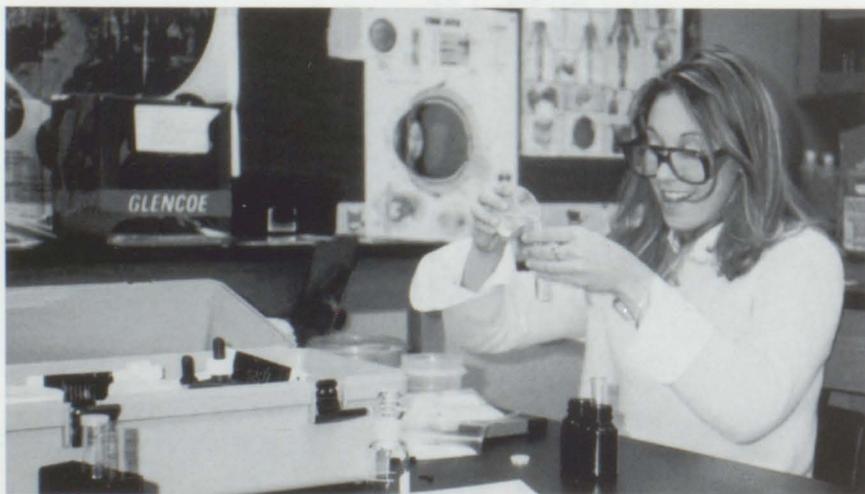
Science is a class where people can better understand the world around them. Whether doing experiments, labs, or listening to presentations, science is a hands-on class. Joining the group of science teachers this year is Mr. Kuhn who teaches Science 9 and Earth and Space Frontiers. These two classes are just a few of the many classes available for students. All freshmen must take Science 9 as a pre-requisite to all the other science classes. After Science 9, students

have the opportunity to take on the the two biology classes, Earth and Space Frontiers, Environmental Science, Anatomy and Physiology, Chemistry, and Physics. With all of these course options, there is a class just right for

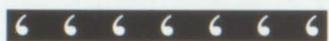
everyone. By Stephanie Gertken

The amazing teachers of science at STMA find interesting experiments and demonstrations to not only entertain us, but to teach us about the world around us. These experts include Dan Abrahamson, Lynn Dahring, Roger Ketel, Keith Kuhn, and Kathryn Nowell.

Mad scientist, Lindsay Cavanaugh (12) mixes chemicals.

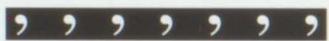


# SCIENCE



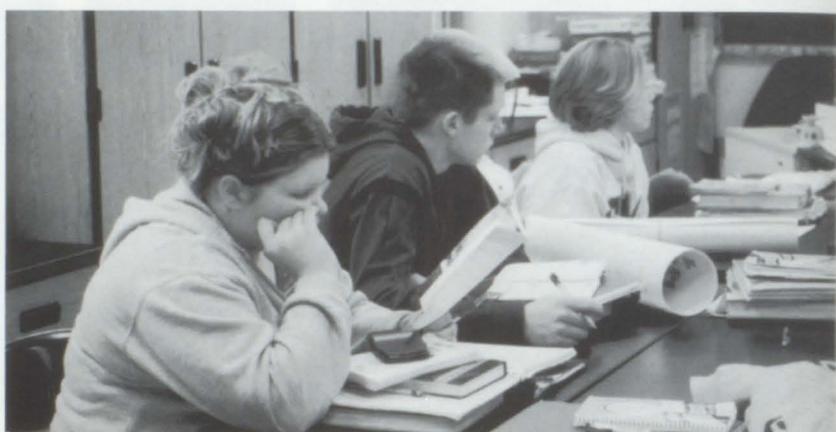
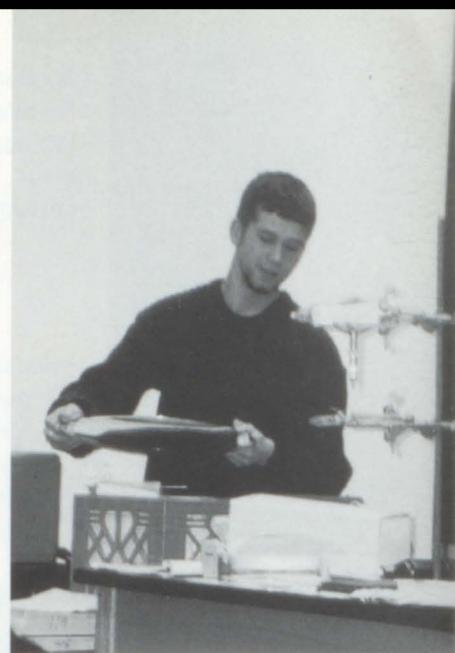
**"It is our job to keep our little corner of the world clean, but let us not forget that the world is round."**

**Ms. Nowell**



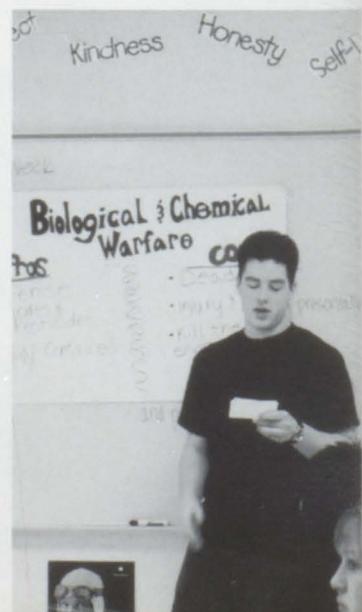
Joe Freeman is ecstatic to be presenting to his science class.

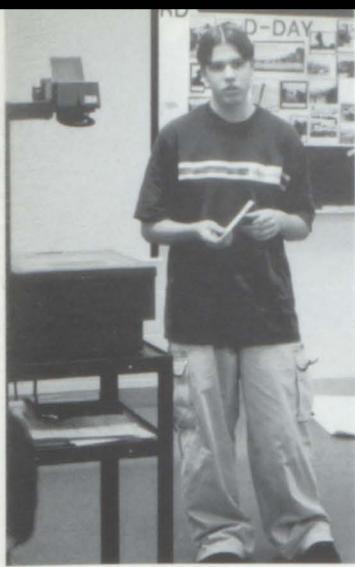
Jamie Slimmer, Jeff Toombs-Giller, and Lauren Wallerius intently listen to a science presentation.



Mr. Kuhn and his class investigate intruders through special lenses to see if they display any properties of a star.

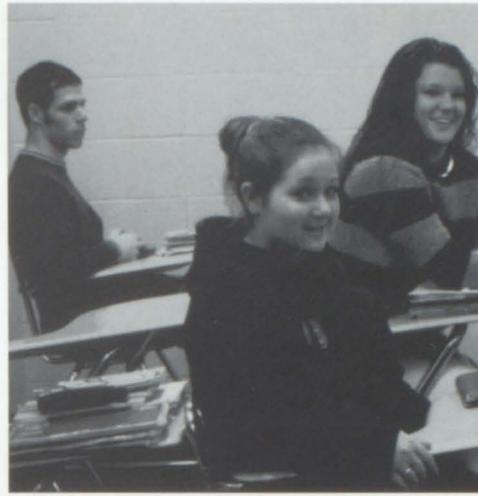
Eric Schmidtke presents his report on biological and chemical warfare.



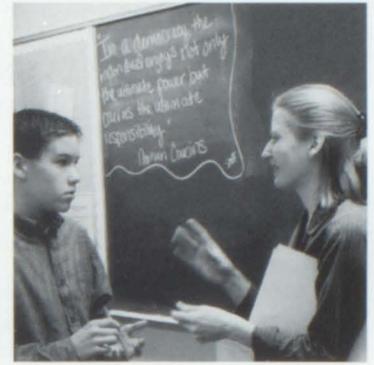


Nicole Roddy and Laci Kvamme, shouldn't you be paying attention to the class presentations like your classmate?

Responsible Citizenship requires both group and individual presentations. Jacob Korpi is speaking about the bill he chose.



Ms. Klug is ready to answer any question Dan Valerius tosses out.

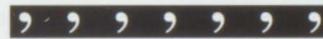


The social studies department comes together with six teachers on staff: Darrell Skogen, Dale Barthel, Carrie Berning, Jolene Klug, Matt Rooker, and Pete Warne.



**“To avoid disaster, we must learn from our mistakes. That is why we have history.”**

**–Alexis Roden**



In the social studies department, classes vary from history to psychology to Greeks and Romans. This allows students to focus on an area that most interests them. Through junior year, certain social studies classes are required as graduation standards. These classes are Responsible Citizenship, U.S. History, and Economics.



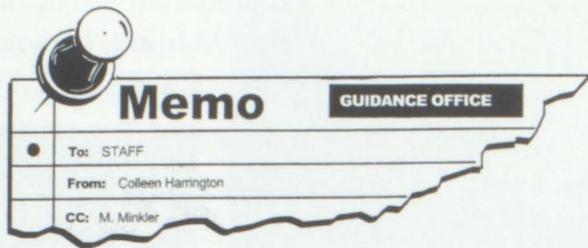
Buried amongst supplies, Tia Elliott (12) works hard to finish her social studies project while Katie Williamson (12) appears agonized over all the work.

Megan Madson (10) presents a visual in her U.S. History newscast presentation.

## SOCIAL STUDIES

New to this department are teachers Ms. Klug and Mr. Rooker. Ms. Klug was asked why she chooses the profession of being a social studies teacher. Her answer was, “I choose to teach social studies because I enjoy discussing why events occur, how those events impact the world and how we can learn from the past to improve our own future. Social studies classes have the ability to create and improve a student’s awareness of their own existence in relation to the rest of the world.”

By Maureen Reilly



Everyday, attendance must be recorded, supplies must be ordered, and phone calls and visitors must be directed and have questions answered. Wendy Nygaard, Karla Bergsten, & Denice Petrowski make sure these needs are met.



# ADMINISTRATION

Networking two or three computers can give a person a headache, much less an entire school district. Jerry Bossen, Jenny Thompson, Jean Scherifels, & Wayne Hoistad manage to do just that while still keeping a smile on their faces.



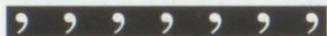
Taking a break from their administrative duties, new Assistant Principal Dale Carlson & Principal Mark Minkler enjoy shooting the breeze while tossing a football in Minkler's office.

What is the largest challenge of the work day?

**"It is to keep everyone happy and satisfied, if that is possible."**

**-Dale Carlson**

To provide a hot, nutritious lunch each day, Cindy Sovell, Sharon Hackenmueller, Kris Goodin, Alice Helfert, Joan Gindele, Marla Amach, Dolores Helgeson, & Mary Zachman slave away in the kitchen every morning.



Superintendent Mario DeMatteis keeps on top of all the district happenings. It has become a large job for a rapidly growing district like St. Michael-Albertville.



Organizing events, selling tickets, and making copies are the fun-filled tasks taken on by Joan Gindele, Jane Lynch, & Mike Beck.



With a cart of good books in front of them, Jan Peterson and Pat Stenglein, along with Mel Gibson, encourage everyone to read. They also keep the library organized and help students find information through many forms of media.

After the morning influx of students, Casey Smith vacuums the rugs at the front door to pick-up all the salt and sand that was dragged in from the roads and sidewalks.



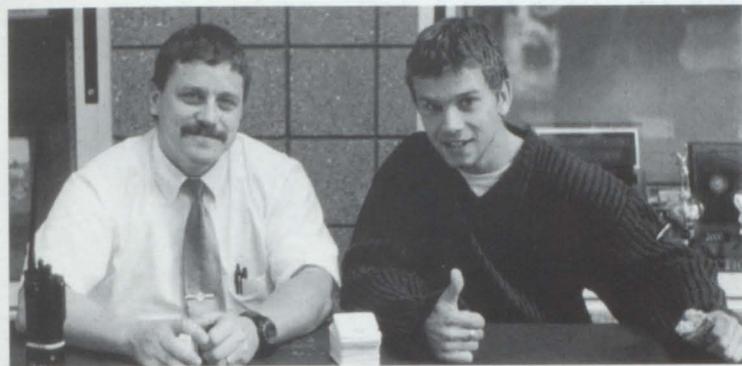


The high school office enjoys the help of office aides from quarter to quarter helping out with many of the timeconsuming duties. Anna Dorumsgaard has taken many a trip down and up the hallways delivering memos.

Maintenance crew Karla Clem and Terry Zerwas help keep the halls and classrooms clean and inspected.



Seeing to students' physical needs is the duty of school nurse Vicki Dick.



Whether it's a personal problem or an inquiry about college, students can turn to the guidance office, consisting of Tracy Acker, Steve Scherber, Barb Lynch, & Colleen Harrington for help.



To ensure our parking lots are safe, Wright County Deputy Jeff Fox distributes parking tags with Joe Freeman during lunch.

Taking care of pay roll and accounts payable, along with secretarial needs of the district, Roseann Lekatz, Ginny Verbrugge, Barb Kolling, Clarice Kessler, & Marilyn Satrang work together in the district office.



After a long day of wear and tear from students, the evening crew tidy-up halls, restrooms, and classrooms.



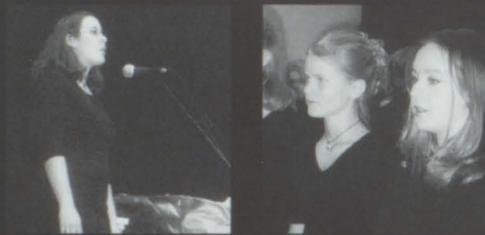
## SPECIAL EDUCATION

As the Math and Reading Proficiency teacher, Heather Strait works with a diverse group of students within a small classroom environment.



Kelly Carter, Kristen Jenkins, Ann Johnson, Kevin Crocker, Paris Hess, & Jon Hogetvedt teach Special Education classes helping students one on one.

Staff members can agree that it is a challenge to teach within Special Education, but as seasoned staff member Kelly Carter put it, "It is a great challenge with baby step rewards but oh so worth it when it happens." Along with these rewarding moments, Paris Hess sees her job as "an opportunity to explore many different teaching methods." One of the main challenges Kevin Crocker has seen over the years is that, "the needs seem to increase with each year and the issues that the students bring with them to school continue to become more complex." A beneficial change occurring in the special education department this year has been an increase in staff members. New to the staff are Kris Jenkins, Jon Hogetvedt, and Paris Hess.



# PERFORMING ARTS

What do you think of when you hear the phrase “performing arts?” Do you remember the thrill of being on stage performing in front of many people? Or maybe you just think of the time you saw a friend, a relative, or classmate perform excellently. For those of us who draw a blank when the phrase “performing arts” is mentioned, here’s the deal. Performing arts includes all choral and band groups, the one act play, and the fall play. There are a few distinctions between last year’s and this year’s section. In the choir department, the director decided to rearrange the choral groups to meet the needs of a growing department. STMA’s fall production was also changed. Although for the past 100 years STMA has participated in a musical production; this year the students, with the help of their directors, put on a fall play. All of these exciting changes mean that when you watch the arts perform at our school, you can expect to see something new and different. However, the performing arts is still about watching and listening to talented people doing something they love. That will never change.





Tony Griffin, a Junior, smiles with his heavily caked on make-up .

Four wonderful shows wouldn't be possible without this crew. *L to R:* Adam Gilman, Renee Vetsch, Andrew Savitski, Kelly Hoffard, and John Hedlund.



Ashley Poirier (10) waits as Mara Erickson (10) does her hair.



Something new...something old... *Up The Down Staircase*, St. Michael-Albertville's fall production of 2000, was a little of both. Set in the 1960's, this play was about a young, first year teacher's experience as she encounters a group of unruly inner city high schoolers in New York City. Miss Sylvia Barret (Amanda May) faced the task of trying to make a positive difference in the lives of her students, each with a different story to tell. Blending seriousness with clever humor, this play is one to make the audience laugh and cry all in the same hour. This year's show was filled with old familiar faces from past productions, but also added many newcomers to St. Michael-Albertville's stage. Another new variation was the transition from the traditional musical

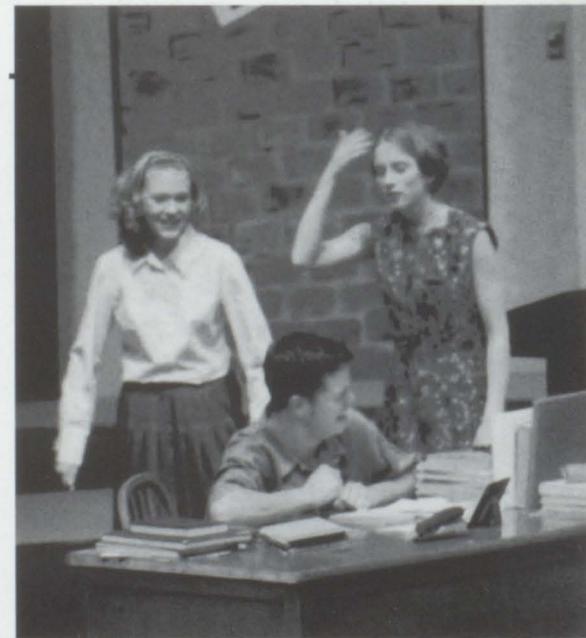
## UP THE DOWN STAIRCASE

to a play. Continuing as Director, Michael Frickstad, along with Student Director, Renee Vetsch, did a wonderful job of directing the cast and helping them to pull everything out of their characters. The show ran November 16, 17, 18 and 19- completing four awesome performances.

After the shows, the cast went out for the annual dinner night on Friday, and attended the cast party on Sunday. These performances were the last for our very talented seniors involved in the fall production, but there is obvious talent in the rest of the drama department. Even with the many changes this year, St. Michael-Albertville High School's actors continue to shine on stage and work hard to produce great results for the rest of the community to enjoy.



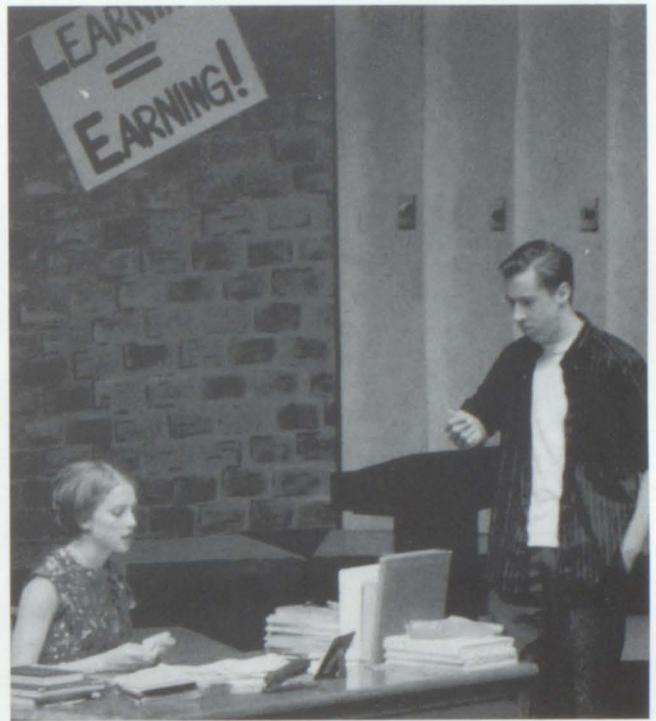
Strike a pose, boys! Joe Cady (11), Chris Petrich (12), Jesse Cole (12), Matt Manders (10), Steve Pope (12), and Mike Haller (12) take a moment out of their busy preparation time to "smile."



Amanda May, a Senior, played the part of frustrated but determined teacher Sylvia Barret. Senior Steve Pope and Sophomore Rachel Jossart know just how to egg her on.

By Mara Erickson

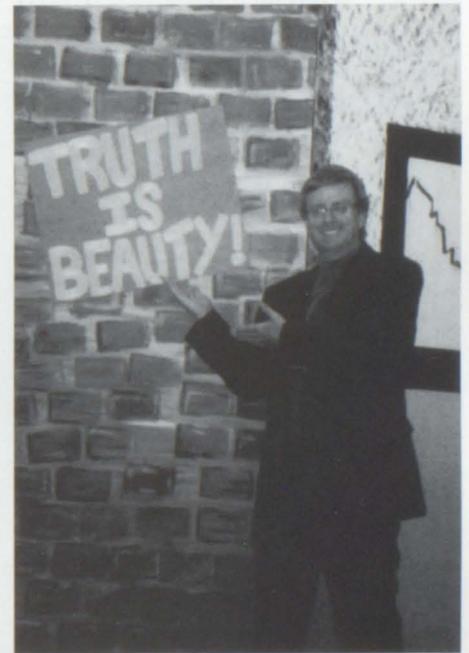
With poofy hair and lots of make-up, the cast of *Up The Down Staircase* get prepped for another great performance. Each character had a unique personality and image which sometimes took hours in the dressing room to prepare.



New teacher Sylvia Barret (Amanda May) meets an insolent tough guy, Joe Ferone (Chris Petrich) for the first time. The differences of opinion between the teacher and the student made for some very tense confrontations.



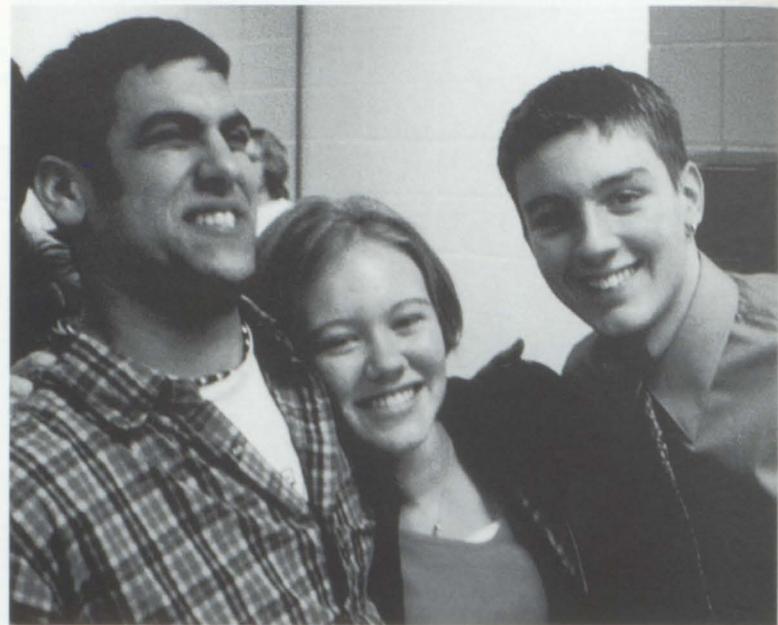
*Up The Down Staircase*: First row (L to R): Tanner Courier, Rachel Bongaarts, Chris Petrich, Amanda May, Joe Cady, Anne Stenglein, Rachel Hoeschen, Maureen Reilly. Second Row: Stephanie Gertken, Kasandra Alderink, Stephanie Johansson, Lindsay Malecek, Ashley David, Kayla Frase, Stacy Marzean, Andrea Graham, Megan Christensen, Heather Morcomb, Emily DeLozier, Rachel Deschepper, Renae Anderson. Third row: Andrea Koehler, Kathryn Rego, Mike Haller, Brandon Balfanz, Karl Zachman, David Vee, Jessica Dawson, Kasi Seiwert. Forth Row: Ashley Poirier, Tim Pouliot, Ginger Nelson, Ben Frank, Aime'e Falbo, Cara Ronning, Tony Griffin, Steve Pope, Matt Manders, Monica Voss, Rachel Jossart, Nina Spottle, Jesse Cole, Mara Erickson, Terry Gasser, Shalyn Vetsch.



Director Michael Frickstad poses with one of his favorite posters from the set. Spending countless hours helping students perfect their characters and performance, Mr. Frickstad inspired his cast to perform at their best.



Amanda May gets ready to put on her costume. That boa is just not adding to her outfit.



Tony Griffin, Steph Gertken, and Matt Manders got in one last picture before one act officially ended.

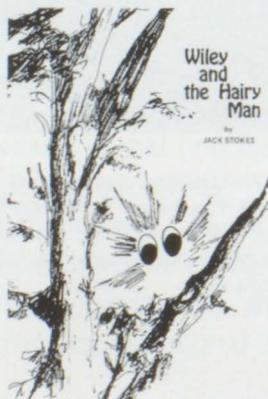
## Remember the Laughs:

Joe's mysterious phone call at Emily's house... "Shop smart, shop S-Mart, you got that!"... he could bench you five-hundred times... someone's car getting stuck in the snow... how boys are so much grosser than girls... Bovee's impression of Metcalf... all the oranges... nervous gas... Jx Metcalfe and Kelly Bovec... Cannibal the musical... cast parties... Rachel and Mike... group juggling... "be swampy"... those non-readers... the animal game... word to your buddha... cafeteria practices... microsuckage...



Light guy, Andrew Savitski, and actor Jessyca Duerr chill out in the dressing room before yet another performance.

Studyin', studyin'. One-actors think about all the important stuff in life such as "Where did I put my keys?" "I wonder what's for dinner?" and "How much longer do I have to hold this pause?"



THE DRAMATIC PUBLISHING COMPANY





Be keeferful Wiley, or the Hairy Man might get you.

Rookie one-actor Matt Manders and third-year-pro Liz Lynch smile pretty for the camera.



# ONE ACT

Yea One Act! For the second year in a row, STMA's One Act Play went to State. This year's play, *Wiley and the Hairy Man*, was a children's story that took place in a southern bayou. In the play, a monster, the Hairy Man, attempted to kill off the swamp's inhabitants, Wiley and his mother, Mammy. Throughout the show, the narrators tell the story of Wiley and the Hairy Man while it is being acted out in front of the audience. In the end, Wiley and his Mammy must fool the Hairy Man three times to make him leave them alone. Although the play is a children story, it combined humor and a plot that all ages could enjoy. After placing first at both sub-sections and sections, *Wiley and the Hairy Man* performed at the State One Act Festival at St. Katherine's and received the highest honor possible, a star rating. Judges were not the only ones who loved *Wiley and the Hairy Man*. The crowd at St. Katherine's gave the cast and crew three standing ovations after seeing STMA's show. It was only the fourth show to ever receive a standing ovation at the one act festival. Directed by Jox Metcalf and Kelly Bovee, the one act play was excellent. Congratulations to the cast and crew of STMA's *Wiley and the Hairy Man*. You all did a wonderful job; "everybody knows that".



By: Stephanie Gertken

"And there weren't no sound, no sound at all, 'cept Wiley's breathing, and a cricket call."

what I mean, when I say it's a schpadoinkl day." "Stop it, I mean it. Anybody want a peanut?"

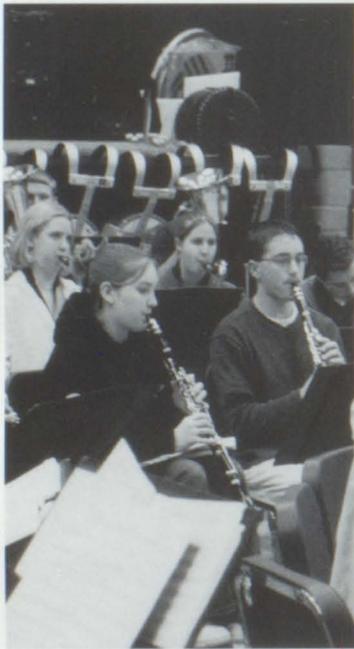


Front row: Jamie Laudner, Amanda Salber, Stephanie Emerson, Erin Roden, Sarah Hassan, Emily Delozier. Second row: Megan Stewart, Andrea Graham, Lyndsey Stewart, Nicole Deschepper, Kevin Zachman, Tabitha Forness, Amanda Gimpl. Third row: Luke Gilbertson, Ellen Washatka, Nick Satrang, Karl Zachmann, Kyle Ingebritson, Mike Stangler, Nick Gilman, David Maurer, Jason Hedlund, Dennis Gerold, John Grygelko, Jake Hackenmueller, Brad Kastendick, Brittany Roberts, Laura Bishop, Jennifer Kolles. Forth row: Mr. Bergstrom, Bryanna LaVallee, Charity Bongaarts, Matt Lenneman, Gavin Swenson, Cody Schorder, Tyler Smith, Ray Veilon, Andrew Goerd, Kyle Brown, Tristan Hayes



In front, the percussion section of the marching bands helps to keep the tempo consistent before a football game.

Music speaks what cannot be expressed. Soothes the mind and gives it rest. Heals the heart and makes it whole. Flows from heaven into the soul.



On clarinet and saxophone, Rachel Hoeschen, Monica Valerius, Julie Falbo and Adam Gilman warm up for band practice.



Mr. Bergstrom directs the Wind Ensemble as his students focus on their music to produce impressive results.

# BAND

What do you think about when you hear the word "band?" Usually instruments, practice, music, etc. But what about diversity, fun, experiences and people? The bands at STMA offer more than just playing an instrument. They offer a chance to build character, improve music ability, meet new people, and have fun. For those in ninth grade, Concert band is offered, and to sophomores through seniors, the option is Wind Ensemble. Apart from tradition, stu-

various foot-  
mer to per-  
school spirit  
other sports.  
a n o t h e r  
those who are  
and individual types of music. By promoting school spirit, being an old favorite and adding new programs, band lets students have awesome experiences while taking part in a great course. By: Mara Erickson



dents can also take part in other areas of band. Marching band performs at ball games and also travels to different parts of the country during the summer. Pep band carries on the blue and gold side of STMA by promoting at hockey, football, and Next year, there will be yet option, garage band, for interested in more modern



Pit Orchestra: Front: Joe Hensel, Luke Zachman, Dan Filzen, Andy Bible. Second row: Leah Lenneman, Sara Eull, Liz Lynch, Karen Berning, Laura Lenz. Back: Bryanna LaVallee, Jake Dalbec, Marie Welter



Wind ensemble council: clockwise from front: Derek Leuer, Rachel Hoeschen, Rachel Bongaarts, Anne Stenglein, Alyson Piechocki, Luke Zachman



First row, L-R: Leah Lenneman, Jenna Stangler, Sara Eull, Rachel Bongaarts, Bobby Croce, Kari Holvik, Jonathan Maurer, Liz Van Drasek, Kathy Vergin, Liz Lynch, Marie Welter, Ginger Nelson. Second row: John Gilbertson, Allison Emerson, Katie Russel, Andrew Savitski, Heather Linder, Monica Valerius, Adam Gilman, Melina Zachman, Tracey Reining, Anna Braunwarth, Kelly Fry, Cherish Cheney, Sarah Bongaarts, Jamie Slimmer, Scarlett Gilligan, Brandy Heath, Laura Krogsgaard. Third row: Jeremy Engen, Andrew Vala, Ben Frank, Eric Pearson, Tony Griffin, Karen Berning, Renee Vetsch, Sara Bebeau, Sam Schumm, Rachel Hoeschen, Julie Falbo, Chris Petrich, Matt Ostman, Laura Lenz, Alyson Piechocki, Joe Cady, Andrew Rogers, Dan Franklin, Brenda Lenneman, Nate DeRoo, David Myrom. Forth row: Cory Young, Nate Emerson, Dustin Fore, Dan Filzen, Phil Zander, Rick Ruter, Jake Dalbec, Derek Leuer, Les Hansen. Fifth row: Mr. Bergstrom, Anne Stengleir, Luke Zachman, Matt Zachman, Brian Piechocki, Joe Lombardi, Andy Bible, Joe Hensel, Bray Wheeler, Ryan Panning, Steve Pope

First row, L-R: Danielle Smith, Kim Jokinen, Kasi Seiwert, Angie Aeshliman, Jenna Oliver, Shalon Garcia, Shannon Weber, Cassie Bixler, Lori Lindenfelser, Megan Christensen, Teresa Lynch, Rachel Jossart, Colleen Schumacher, April Kjelberg. Second row: Elizabeth Teare, Kris Antil, Stephanie Valerius, Aime'e Falbo, Stephanie Helm, Stacy Beach, Elizabeth Faulle, Shanna Kuhn, Jenny Schwaeble, Erin Schoephoerster, Ashley David, Amy Aurzada, Elizabeth Altendorf, Faye Brown. Third row: Krystal Georges, Amy Zachman, Angie Rines, Stacie Malwitz, Chelsea Greninger, Michelle Kelly, Amanda Kilian, Laura Ingebrigtsen, Shaylyn Pouliot, Kristina Georges, Joni Roden, Darcy Beaudry, Bridget Casper, Lauren Dailey, Elizabeth Barthel, Danelle Stewart, Katy Rego. Forth row: Stacy Jesser, Pearl Vasseur, Kelly Hofford, Angie Bebeau, Anna Black, Sarah Sirois, Jessica Kolles, Nicole Scherber, Gioanna Olivares, Joy Erickson, Heather Farr, Lindsay Mathison, Stephanie Johansson, Allison Schoon, Christina Lidberg, Elizabeth VanHoorik



Diva choir council: L-R: Rachel Jossart, Heather Farr, Kelly Hofford, Faye Brown, Pearl Vasseur, Shannon Weber



Amy Aurzada (12) and Colleen Schumacher (10) add to the Diva choir as altos.

In Treble choir, Kayla Frase and Elizabeth Zachman make sure to sing with a smile.



Treble choir council: clockwise from left: Stacy Marzean, Emilee Brouillette, Hannah Winkler, Danielle Legatt



First row, L-R: Abby Johnson, Ashley Jesser, Jessica Johnson, Ellen Washatka, Theresa Dalheimer, Lindsay Morris, Danielle Legatt, Hannah Winkler, Amanda Barthel, Brittany Zahler, Katie Chalstrom, Lindsay Stewart. Second row: Charity Bongaarts, Kacee Chase, Kristyn Gmach, Samantha Gangner, Megan Stewart, Elizabeth Cady, Carrie Coleman, Emilee Brouillette, Kayla Frase, Liz Zachman, Angie Rausch, Stephanie Barthel. Third row: Leslie Sutton, Tammy Wacker, Sandra Steffens, Amanda Karlson, Alicia Krone, Ashley VanHeel, Joelle Blais, Ashley Weber, Katie Koch, Jenna Harrington, Lindsay Malecek, Calista Saville, Rachel Bouchard. Forth row: Rachel Deschepper, Shari Lingen, Kali Roden, Stacy Marzean, Sarah Demmer, Jennifer Cote, Angela Ebner, Sara Vanderveen, Claire Benson, Lindsey Zahler, Kim Eiden, Rosalyn Coffey, Laura Vetsch, Jenelle Black

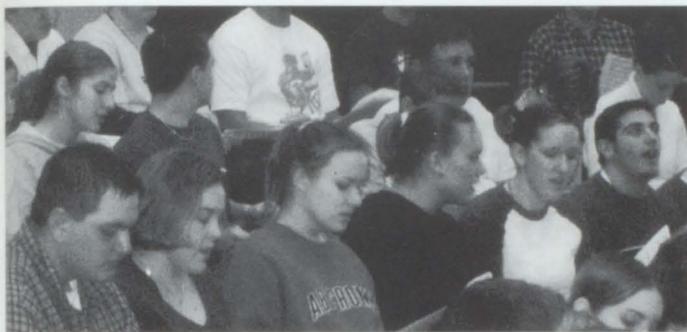
# CHOIR

For five years, Ms. Hanson has been directing STMA's choral groups. With so many talented people in this school, she has had to split the choir participants into three groups: Treble choir, Diva choir, and Concert choir. The Treble and Diva groups while mixed with many con- S T M A ' s contest, the rating. Here at STMA, the choirs had a reputation for constant superior ratings. With these activities and many more, students in choir are able to show everyone their talent along with developing lifelong skills and experiences.



choirs are all female the concert choir is both boys and girls. All three choirs practice daily and perform at certs throughout the year. In addition to these performances, choirs also compete in a large group concert once a year. In this choirs are judged and given a fair, good, excellent, or superior

By: Steph Gertkin



L - R : L e s Hansen, Leah Lenneman, Tiffany Farr, Heather Linder, Mary Barthel and Matt Barthel learn one of their difficult concert pieces.



Concert choir council: Betsy Koch, Amanda May, Cara Ronning, Jessica Etheridge



First row, L-R: Leah Lenneman, Kathy Vergin, Karen Berning, Tiffany Farr, Katie Williamson, Monica Valerius, Amanda May, Jess Etheridge, Julie Falbo, Mara Erickson, Ashley Poirier, Marie Welter, Jenna Johanson, Mary Barthel, Steph Gertken, Sara Eull, Liz Lynch, Laura Bruce, Rachel Bongaarts, Anna Dorumsgaard. Second row: Jacquelyn Wallerius, Katie Keizer, Betsy Koch, Laura Lenz, Allison Emerson, Heather Linder, Andrea Koehler, Tiffany Zachman, Melina Zachman, Krissy Weber, Sara Lindenfesler, Alycia Zahler, Erin Schumacher, Hilary Plantenburg, Doreen Kuttner, Jodi Becker, Tanya Starr, Anne Stenglein, Ashley Baldrige. Third row: Jake Sigler, Nelz Spence, Brandon Beaudry, Dan Raker, Ben Gilbertson, Dan Franklin, Joe Cady, Jason Eull, Matt Manders, Randy Dehmer, Jesse Hackenmueller, Matt Barthel, David Myrom, Andrew Tellefson, Tony Gangner, Dustin Fore, Marcello Rohrich, Shad Jacobsen, Eric Horpedahl. Fourth row: Dan Olsen, Andy Bible, James Larson, Nathan Jackson, Mike Veaderko, Andrew Savitski, Josh Kilian, Mike Haller, Eric Holland, Cole Ford, Keith Becker, Les Hansen, Eric Callandar, Luke Carlson, Chris Petrich, Jeremy Engen, Tony Griffin, Chris Dellwo, Joe Briggs, Tom Smith.



Senior Sirens Tanya Starr and Tiffany Zachman sing out in order to "Accentuate the Positive" during practice before school.



Clockwise from outside left: Jess Etheridge, Tiffany Zachman, Katy Rego, Stacie Malwitz, Rachel Bongaarts, Amy Aurzada, Jacquelyn Wallerius, Faye Brown, Kelly Hofford, Heather Linder, Jenna Johanson, Tanya Starr. From front center: Mara Erickson, Aime'e Falbo, Stephanie Gertken, Elizabeth Teare



Clockwise from outside left: Elizabeth Lynch, Amanda May, Mary Barthel, Sara Eull, Erin Schumacher, Shad Jacobsen, James Larson, Katie Keiser, Leah Lenneman, Betsy Koch, Cara Ronning, Christine Erickson. L-R from center: Randy Dehmer, Keith Becker, Matt Barthel, Andrew Tellefson, Brandon Beaudry, Joe Cady, Jeremy Engen, Les Hanson



Seniors Mary Barthel, Cara Ronning, Sara Eull, and Liz Lynch concentrate on singing during Jazz Choir as Christine Erickson (center) concentrates on her homework.



Clockwise from front center: Colleen Schumacher, Kim Jokinen, Kacee Chase, Katie Kiesner, Sara Cook, Erin Schoephoerster, Danielle Legatt, Heather Farr, Darcy Beaudry, Rachel Jossart, Hannah Winkler, Stacy Marzean, Marie Welter, Cassie Bixler, Megan Christensen, Michelle Kelly



Canaries Megan Christensen, Colleen Schumacher and Michelle Kelly warm up their voices before the jazz show.

As changes continue to play a big part of St. Michael/Albertville's 2000/20001 school year, the jazz department has also experienced change. Ms. Hanson and Mr. Bergstrom, the musical directors, have both made modifications by adding jazz, choral and band groups in order to meet the growing number of talented and interested students in the school.

# JAZZ

Last year's jazz band groups as



ing of ninth impressive concerts

show at the high school. With dedication and hard work, the changes in the jazz department make for a more interesting and enjoyable part of performing arts.



On floor: Julie Falbo, Anne Stenglein, Luke Zachman. From bottom left: Mr. Bergstrom, Laura Lenz, Jake Dalbec, Rick Ruter, John Grygelko, Joe Cady, Phil Zander, Jonathan Maurer, Eric Pearson, Karen Berning, Tony Griffin, Jason Hedlund, Andrew Savitski, Dan Filzen.



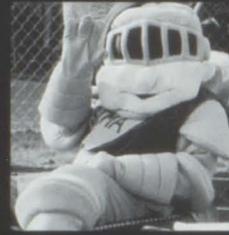
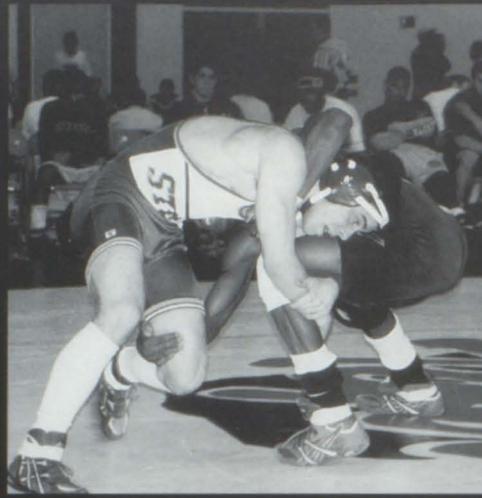
At one of their many concerts, the Gold jazz band shows off their talent, ability, and hard work.

Brian Piechocki, Dan Filzen, and Ginger Nelson warm up for Blue jazz band practice.



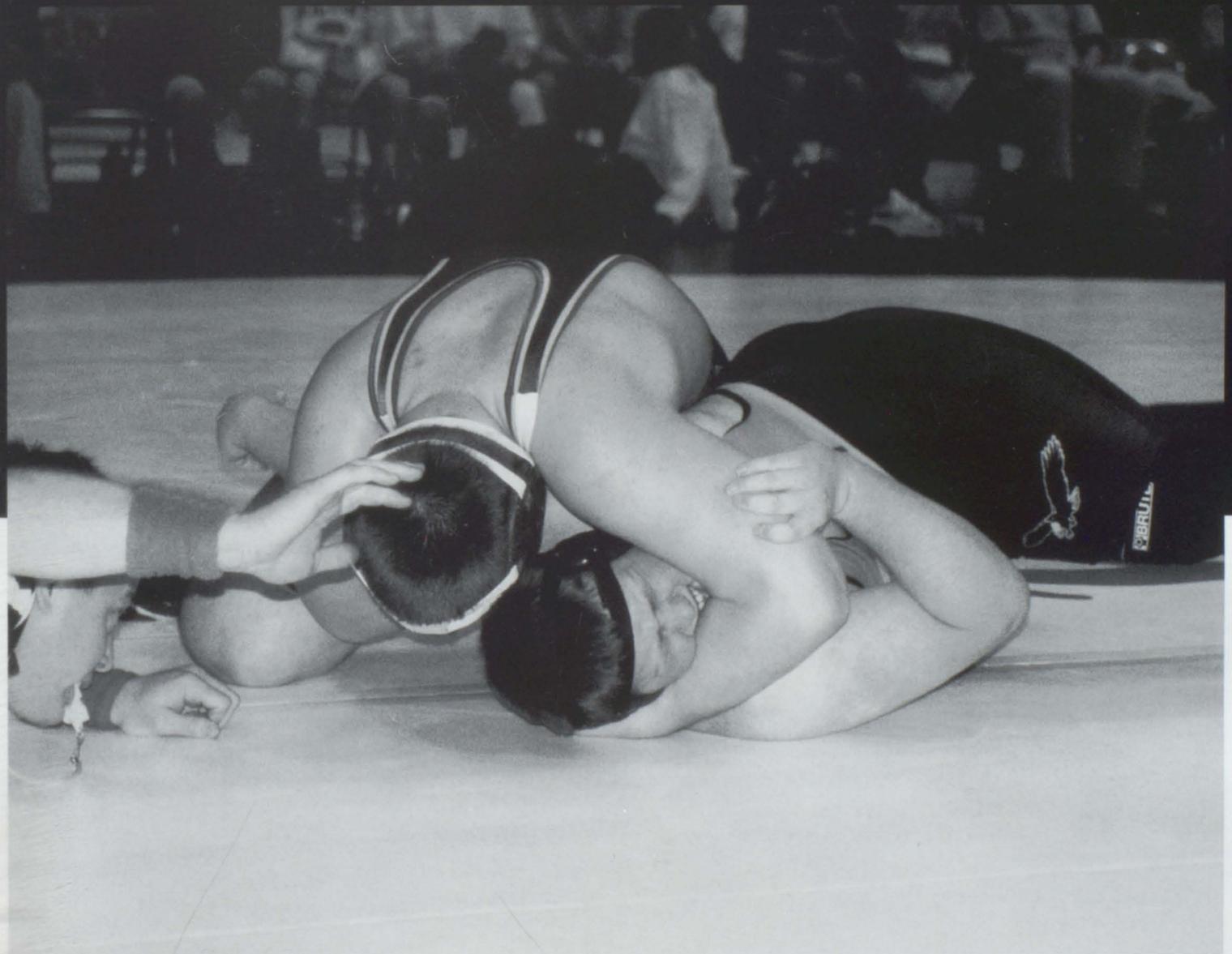
First row: Ginger Nelson, Rachel Hoeschen, Emily Delozier. Second and Third row L-R: Dan Filzen, Nick Gilman, David Maurer, Karl Zachman, Jacob Hackenmueller, Brad Kastendick, Bobby Croce, Matt Ostman, Dennis Gerold, Forth and Fifth row: Brian Piechocki, Andy Bible, Joe Hensel, Matt Zachman, Andrew, Matt Lenneman, Jacob Klinkhammer, Mr. Bergstrom





# SPORTS

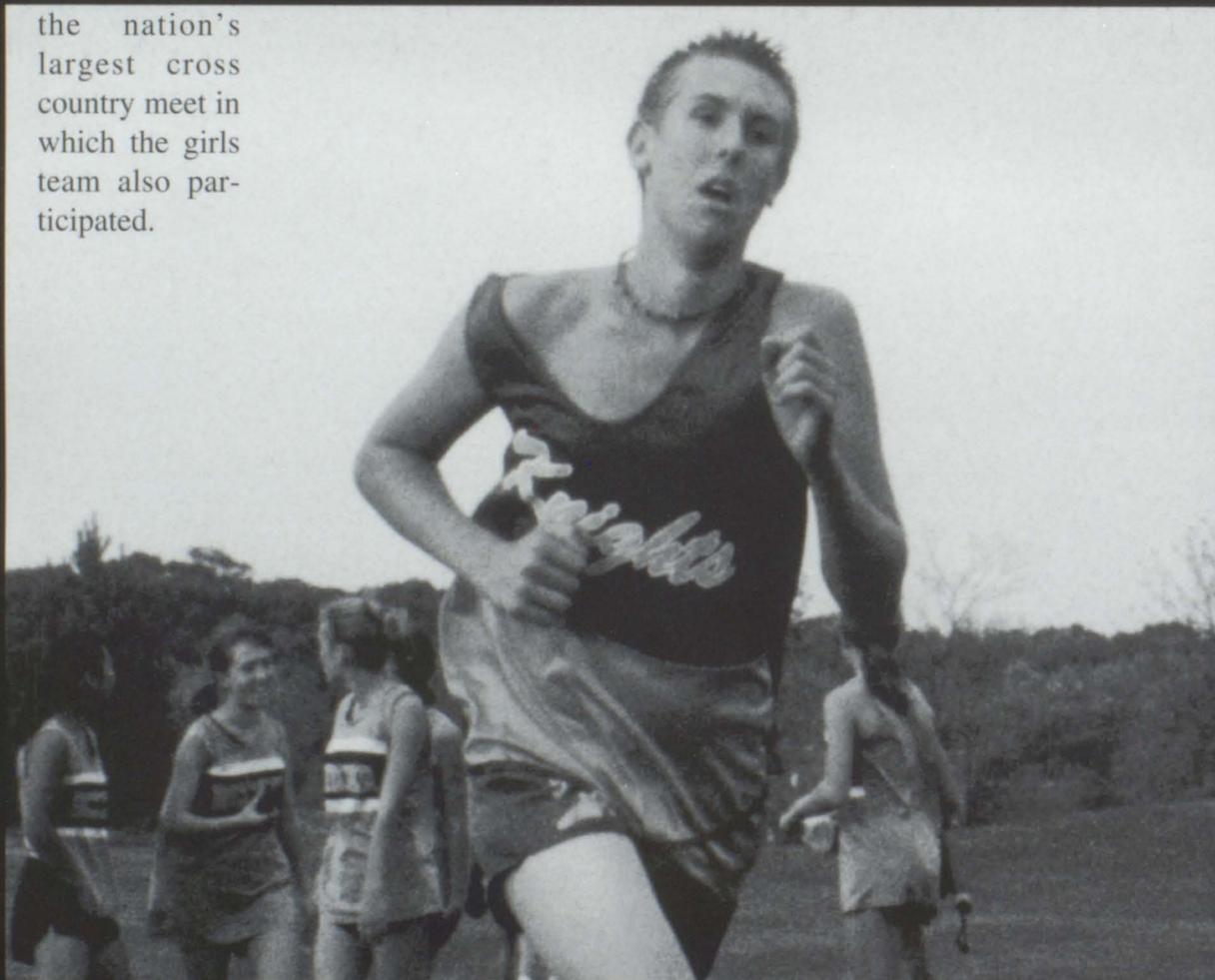
With each new year, changing seasons bring forth new teams with different abilities, new records and achievements. However, some things just never change like the excitement of the game. You have to admit, high school just wouldn't be the same without great athletics. Athletics can bring a school together, allow for student success, and can teach all the values a person needs in life. Those values are also reflected through Mr. Greeno, the wrestling coach, who stands by the saying, "it's not the will to win, but it's the will to prepare to win." That strong will and with countless hours of preparation, the Knights in 2000-2001 brought us another successful year in our fall winter sports and in other anticipated spring season.



# Boys Cross Country

Led by seniors Brandon Beaudry, Aaron Carlson, Eric Holland, Ben Robeck and Phil Zander, the boys showed great spirit and leadership. The team was 5th in the Wright County Conference and 6th at their own STMA Invitational. Also, they finished 12th in the Section 2AA meet. Brandon Beaudry led the team with a 30th place finish there. He also recieved All Wright County Conference. Phil Zander and Andrew Rogers both received on Honorable Mention All Conference.

As a sophomore, Andrew Rogers (10) is a big runner for the team. Here he is in Princeton at the nation's largest cross country meet in which the girls team also participated.



“Run like you stole something!” —Joe Briggs



Phil Zander (12) has high goals for high placing.



Charging to the finish is Ben Robek (12).



Keeping his pace, Joe Briggs (11) maintains his lead.



Eric Holland (12) works hard to stay ahead of his opponent from Deleno.



Meets turn into long days as shown here with Brandon Beaudry (12).



In a small group of runners, Tad Hickman (11) fights to break through.



**Varsity Boys Cross Country:** *Front Row:* Dennis Gerold, Bob Spence, Kurt Schumm, Matt Becker, Matt Ruter, Brandon Beaudry, Phil Zander, Jeff Clem. *Back Row:* Coach Mike Beck, Dan Beck, Eric Holland, Aaron Carlson, Andrew Rogers, Thadeus Hickman, Ben Robek, Joe Briggs, Coach Amy Norby.



Taking a break from the long trek, Matt Manders (10) brings some more excitement to the race.

## SCOREBOARD

Milaca.....	10th	14	STMA.....	6th	14
Monticello.....	12th	13	Wright County		
Norwood-Young			Conference.....	5th	8
America.....	10th	11	St.Peter.....	5th	8
St.Francis.....	7th	10	Section 2AA.....	12th	17
Princeton.....	17th	123			
Buffalo			<b>RECORD:</b>	38	90
Invatational.....	16th	20			

# Girls Cross Country

What a great season! Showing awesome leadership skills were seniors, Ashley Baldrige, Jennifer Dietrich, Christine Erickson, and Jackie Radunz. Highlights for the season included third place finishes at both the Wright County Conference Meet and the St. Francis Invitational. Also, the girls finished 10th at the Section 2AA meet. The top finisher

for STMA was Ashley Baldrige, taking 17th place. Individuals who earned All Wright County Conference included Ashley Baldrige, Natalie Clem, Christine Erickson, and Jackie Radunz. Honorable Mention All Conference was received by Elizabeth VanDrasek and Jennifer Dietrich.

Having fun at Christine Erickson's house, the girls are getting together for a dinner party afterwards.



“We covered miles with character and smiles!”

—Kimberly Jokinen



Weather won't stop Ashley Baldrige (12) and Jackie Radunz (12) from smiling.



Here comes Jennifer Dietrich (12).



Trista Paulson (11) stays strong in the beginning of a long day.



Liz VanDrasek (11). Running...still running.



Christine Erickson (12), Liz VanDrasek (11), Ashley David (11), and Jenny Dietrich (12) "preparing" for a race.



A much forgotten member of the team is perhaps a bit out of shape.



Two strong runners; Angie Helfert(11) and Ashley David(11).



**Varsity Girls Cross Country:** *Row One:* Megan Jokinen, Ashley David, Carin Johnson, Stephanie Ebner, Cassie Olsen, Laura VanDrasek. *Row Two:* Kim Jokinen, Kelly Lefbvre, Ashley Baldrige, Doreen Kuttner, Natalie Clem, Nina Spoettle, Trista Paulson, Christine Erickson. *Row Three:* Coach Mike Beck, Angie Helfert, Amy Capps, Jennifer Dietrich, Elizabeth VanDrasek, Alexa Landefeld, Jackie Radunz, Michelle Beaudry.



Fighting for the lead and showing strong form is Ashley Baldrige (12).

# SCOREBOARD

Milaca.....	4th	11	STMA.....	4th	12
Monticello.....	8th	11	Wright County		
Norwood-Young			Conference.....	3rd	8
America.....	6th	14	St.Peter.....	5th	8
St.Francis.....	3rd	10	Section 2AA.....	10th	17
Princeton.....	9th	16			
Buffalo			<b>RECORD:</b>	61	57
Invatational.....	15th	21			

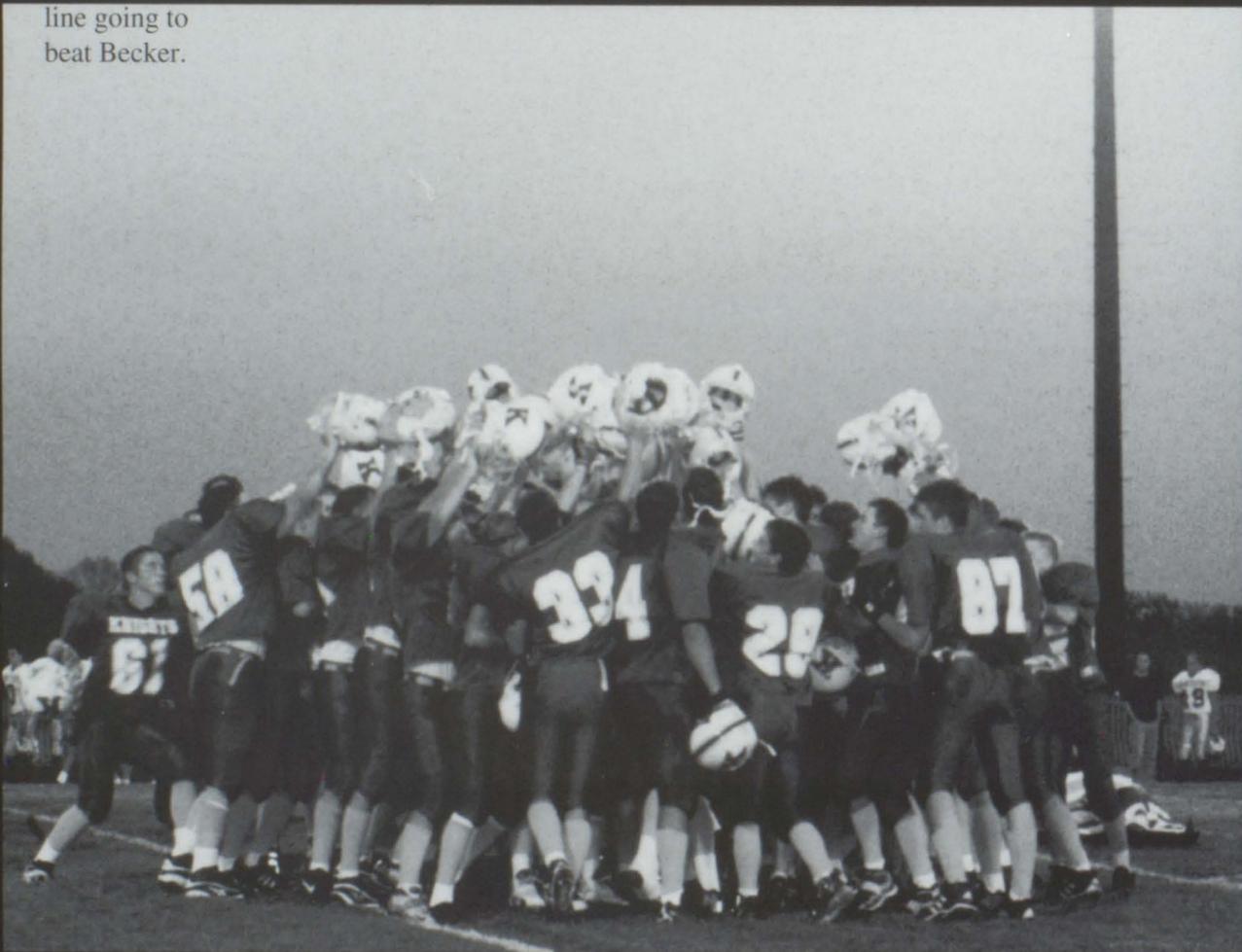
# Football

*Are you ready for some football?!?!?*  
The Knights football team this year gave our school a big reason to get excited. As shown in the years past, they earned a winning record of 8-3 and worked their way up to Sections. They started the year off with a 6-0 record and placed third in the Wright County Conference. They went on to play in the first rounds of sections in two

blow-out games; 41-12 and 41-14. Kevin Hegland did an awesome job of coming in the game early in the season after two previous players were injured, taking them to win 5 more games. Ryan Zachman and Jesse Hackenmeuller led the team in rushing and receiving. Our school was proud to cheer this team on to victory!

By Anna Dehmer

1-2-3  
TEAM!  
Players get  
their adrena-  
line going to  
beat Becker.



“Out played the top team in State in class 3A, One play from the Prep Bowl.” Coach Bauman



Mr. Bauman prepares the team by discussing the next play with Jim Litzau(11) and Brandon Valerius(12).



Taking a break during a long Saturday afternoon is Charlie Bammert(11), Nick Volkmann(12), and Josh Kilian(12).



On his way to the endzone that he so often comes by, is Ryan Zachman(11).



Jacob Barthel's(12) kickoff that is so uniquely his.



Touchdown Knights!

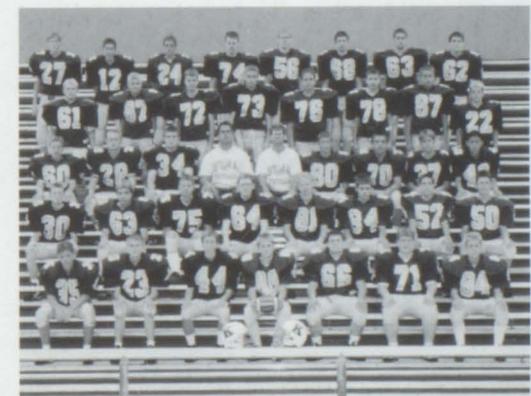


A big throw from Kevin Hegland(10) is caught by Travis Kortuem(11).



Up close with Jesse Hackenmueller(12) as he heads into the endzone.

**Varsity Football:** *Row One:* Cassie Johnston, Ashley Poirier, Tiffany Zachman, Tonya Starr, Angie Rines, Heather Farr, Brenda Quinn, Jodi Becker, Chelsea Greninger, Jenna Oliver, Cassie Bixler. *Row Two:* Jesse Hackenmueller, Brendon Glanz, Stephen Zachman, Randy Dehmer, Jacob Barthel, Nick Volkmann, Keith Becker, Gary Dick, Travis Dahlheimer, Nathan Lefebvre, Max Frohlich. *Row Three:* Jacob Sigler, Josh Kilian, Matt Hegland, Brian Shovelain, Cole Ford, Jeff Demarco, Bill Hudson, Erich Barthel, Brandon Valerius, Pete Mosher, Bob Shoup, Derek Leuer, Ryan Eull. *Row Four:* Mgrs. Blain Barthel, Dan Greeno, Kyle Gammell, Coaches Roger Bovee, Dale Barthel, Scott Berning, Gary Walters, Earl Bauman, Tim Anfenson, Curt Hahn, Cory Stanger, Pete Warne, Mgrs. Paul Shovelain, Marcus Hegland, Steven Hegland. *Row Five:* Brandon Pellaton, Charles Kolb, Reid Weber, Charlie Bammert, Dominic Dufner, Dan Franklin, Jim Taylor, Dan Kasper, Greg Jaeb, Rick Ruter, Matt Haller, Matt Barthel. *Row Six:* Sean Zoellner, Nick Lee, Andy Marx, Eric Pearson, Jim Litzau, Jerry Arns, Matt Spaeth, Tony Griffin, Dan Zachman, Travis Kortuem, Jon Dooher, Andrew Vala. *Row Seven:* Ryan Nordlocken, Jake Bjorklund, Lance Rudolph, Bryan Hegland, Kevin Hegland, Eric Roles, Dan Christenson, Pat Bjork, Nathan Rowe, Josh Reddington, Curt Sahli, Joe Hensel, Matt Hackenmueller. *Row Eight:* James Medina, Chris Yahnke, Luke Carlson, Ryan Bauman, Travis Laage, Ryan Aaserud, Kyle Valerius, Ryan Beker, Nate Cote, Jared Reese, Adam Roden, Joe Lefebvre.



**JV Football:** *Row One:* Matt Sahli, Seth Swenson, Nick Arnold, Joe Nordby, Mark Kasper, Tyler Smith, Kyle Brown. *Row Two:* Andrew Baldrige, Chas Betts, Brandon Scherber, Ryan Pellaton, Josh Becker, Geoff Berning, Terry Gasser, Brad Kastendick. *Row Three:* Chris Guillet, John Grygelko, Tristan Hase, Coaches Cory Stanger, Pete Warne, Lee Friendshuh, Matt Treptau, Kurt Pope, David Helfert. *Row Four:* Mike Davis, Josh Arkulary, Joe Ramey, Kyle Rogers, Kory Winkelman, Jacob Derauf, Mike Stangler, Brandon Dick. *Row Five:* Alex Kessler, Trenton Kolles, Billy Kessler, Joe Donohue, Jordan Becker, Brady Welch, Pete Lindenfesler, Jake Klinkhammer.

# SCOREBOARD

Monticello.....	35	9
Becker.....	47	13
Watertown.....	52	12
Annandale.....	60	7
GSL.....	21	27
Delano.....	14	21
Dassle-		
Cokato.....	42	20

Waconia.....	27	3
Annandale.....	42	14
Becker.....	41	12
Foley.....	21	22

**RECORD** 8 3

# Tennis

Performing in a fantastic season this year, the girls tennis team ended with a winning record of 22 wins and 5 losses. The team, led by captains Sara Eull and Aimee Lefebvre, made it to subsections in Buffalo. Individually, Sara Eull went on to sections in St. Peter, along with doubles team Aimee Lefebvre and Erin Shumacher. Defeating

their opponents, Aimee and Erin went all the way to state making history by being the first girls to reach the level of state competition. The junoir varsity team had a great season as well and they are very ready and eager to replace the seniors leaving. A huge congratulations to the girls tennis team on their awesome season!

By Lydia Gindele

Girls from every grade make up the varsity team

and they all come together to make the season fun and accomplishing.



“It was fun working with the seniors and we’ll all miss them.”  
-Colleen Schumacher



Staying on her toes, Sara Eull(12) is getting ready to receive the ball.



Coach Mashuga is congratulating Amiee Lefebvre(12) and Erin Schumacher(12) on making it to state as doubles.



Ashley Baldrige(12) and Sara Eull(12) pose pretty for a picture, they are proud to be seniors!



Hello down there, smile for the camera! Jessica Ethridge(12)



Calista Saville(9), Shannon Weber(10), and Colleen Schumacher(10) taking a break on a hot summer day.



The seniors receive their awards.



The underclassmen receive their awards.



**Varsity Tennis:** Row One: Jessica Ethridge, Aimee Lefebvre. Row Two: Calista Saville, Julie Falbo, Kristie Eull, Shannon Weber. Row Three: Brittany Bauman, Aimee Falbo. Row Four: Ashley Baldrige, Colleen Schumacher, Sara Eull, Erin Shumacher, Alison Kleist, Coach Jim Riles.



**JV Tennis:** Row One: Jessica Johnson, Connie Holland, Megan Christensen, Jackie Lehn, Heather Morcomb. Row Two: Amanda Barthel, Stephanie Gertken, Kayla Frase, Katie Chalstrom, Angie Rausch. Row Three: Brittany Zahler, Erin Roden, Marie Welter, Lydia Gindele, Megan Madson. Row Four: Coach Brian Mashuga, Maureen Reilly, Lindsey Zahler, Emilie Dalbec, Angel Beck, Laura Vetsch, Michelle Kelly.

# SCOREBOARD

Mora Tourney..	1st	
Orono.....	4	3
Chisago Lakes		
Invitational.....	1st	
Princeton.....	6	1
Chaska		
Tourney.....	2nd	
Monticello.....	7	0
Buffalo.....	3	4
St. Francis.....	7	0
Centennial.....	7	0
STMA		
Tourney.....	2nd	

Breck.....	2	5
Hutchinson		
Tourney.....	1st	
St.Cloud		
Catherdral.....	6	1
Becker.....	7	0
Deleno.....	7	0
Shakopee.....	6	1
Buffalo.....	2	5

**RECORD** 22 5

# Volleyball

Knights volleyball this year had perhaps the most successful team within the past few years. They had a winning record of 21-6 and tied for first in the conference. Led by the 8 senior captains, the year was extremely fun and exciting and the fan show up was awesome! Rachel Jobes led the team with ace hits and Elizabeth Lynch helped them out with her consistant sets and aggressive playing. They went on

to beat North Minneapolis in the first round of sections and unfortunately lost in the second round in a close match against Champlin Park. The Seniors finished off their high school careers with an impressive season of Knights volleyball. As for the younger team players, they are ready for a whole new batch of juniors and seniors next year.

By Anna Dehmer

Before each match, the girls get eachother pumped up. Here they are ready to beat the Wildcats on their last regular season match.



“The volleyball season was a lot of fun. Good luck to the three geeky juniors next year!” -Love the seniors!



A perfect set is necessary for a perfect hit. Liz Lynch (12) knows exactly how it's done.



Rachel Jobs(12) is perfecting what she is great at.



Playing defense: Ashley Brant(11), Jenna Johanson(11), and Nicole Helgeson(12)



Pounding it back in their faces are Jenna Stangler(12) and Ashley Brant(11).



TEAM is what it's all about!!



A strong server for the team is key. Mary Barthel(12) is there for them.



Jenna Stangler(12) goes up to hit with plenty of backup.



**Varsity Volleyball:** *Front Row:* Mary Barthel, Tiffany Farr, Rachel Jobs, Jenna Stangler, Nicole Rademacher. *Middle Row:* Coach Joyce Catlin, Krystal Praught, Liz Lynch, Leah Lenneman, Nicole Helgeson, Coach Kathy Ellsworth. *Back Row:* Jenna Johanson, Ashley Brant.



**JV Volleyball:** *Front Row:* Darcy Beaudry, Ashley Rathbun, Teresa Lynch, Christina Borchardt, Kacie Brant, Jaclyn Arns, Anna Danielson, Michelle Taylor. *Back Row:* Anna Dehmer, Kristen Leuer, Coach David Jergenson, Danielle Kessler, Monica Voss.

# SCOREBOARD

Monticello.....	3	0
Watertown-Mayer.....	1	3
Visitation		
Tourney.....	5th	
Becker.....	3	0
Crow River		
Tourney.....	2nd	
Spring Lake Park.....	3	0
Delano.....	3	0
Big Lake.....	3	0
Annandale.....	3	0
Blake.....	3	0
Sauk Rapids.....	3	1

GSL.....	3	0
Mayer-Lutheran..	3	0
Dassel-Cokato.....	3	1
Apple Valley		
Tourney.....	11th	
Waconia.....	3	0
North Mpls.....	3	0
Champlin Park....	1	3

**RECORD: 21 6**



**9th Grade Volleyball:** *Row1:* Alicia Krone, Alyssa Dick. *Row 2:* Sarah Demmer, Megan Rademacher, Amanda Dick, Andrea Nelson, Bryanna LaVallee. *Row3:* Kara Zachman, Joelle Blais, Brianna Dick, Theresa Dahlheimer. *Row 4:* Christine Pearson, Christa Martin, Kate Luken, Mgr. Katlyn Mosher, Coach Joyce Catlin, Stacy Marzean, Tammy Wacker, Alanna Vetsch.

# Cheerleading and Fans

The cheerleading squads this fall and winter season were coached yet again by Sandy Greninger. She has years of experience behind her. Her booming voice and enthusiastic spirit contributes to the squads' talent. Without cheerleaders

who would unite the huge crowds! The five full squads this year did a great job at sporting events, pep fests and sign making as well as the many other activities they were involved in.

-Anna Dehmer

Cheering for football was so exciting. I can't wait till next season. -Cassie Bixler



Sophomores  
Chelsea  
Hosch, Megan  
Christensen,  
Maureen  
Reilly, Lydia  
Gindele, and  
Kristen Leuer.



Tiffany Zachman (12) and Brenda Quinn (11) also take a timeout to smile.



Very deep in thought...



**Varsity Wrestling Team:** *Front Row:* Chelsea Greninger, Jodi Becker. *Back Row:* Kasi Seiwart, Megan Christensen, Tonya Starr, Angie Rines.



A big group of girls are needed to pump up the huge show-up at football games!

The hockey cheerleaders come out on to the ice after another Knights victory!



**Varsity Boys Basketball Team:** *Front Row:* Angie Bebeau, Leslie Sutton. *Back Row:* Cherish Cheney, Angie Rausch, Charity Bongarts.



There is a lot of experience in this group of upper classmen.



Practice keeps the basketball cheerleaders going for hours.



**Varsity Girls Basketball Cheer:** *Clockwise:* Monica Voss, Amanda Barthel, Katie Chalstrom, Pearl Vasseur, Britenee Roberts.



**Varsity Football Cheer:** *Front Row:* Ashley Poirer, Cassie Bixler, Cassie Johnston. *Middle Row:* Jenna Oliver, Chelsea Greninger, Tiffany Zachman, Tonya Starr. *Back Row:* Brenda Quinn, Heather Farr, Angie Rines, Jodi Becker.



**Varsity Hockey Team:** *Clockwise:* Nina Spottle, Andrea Graham, Jenna Oliver, Sarah Demmer, Amanda Salber, Nicole DeSchepper.

# Boys Basketball

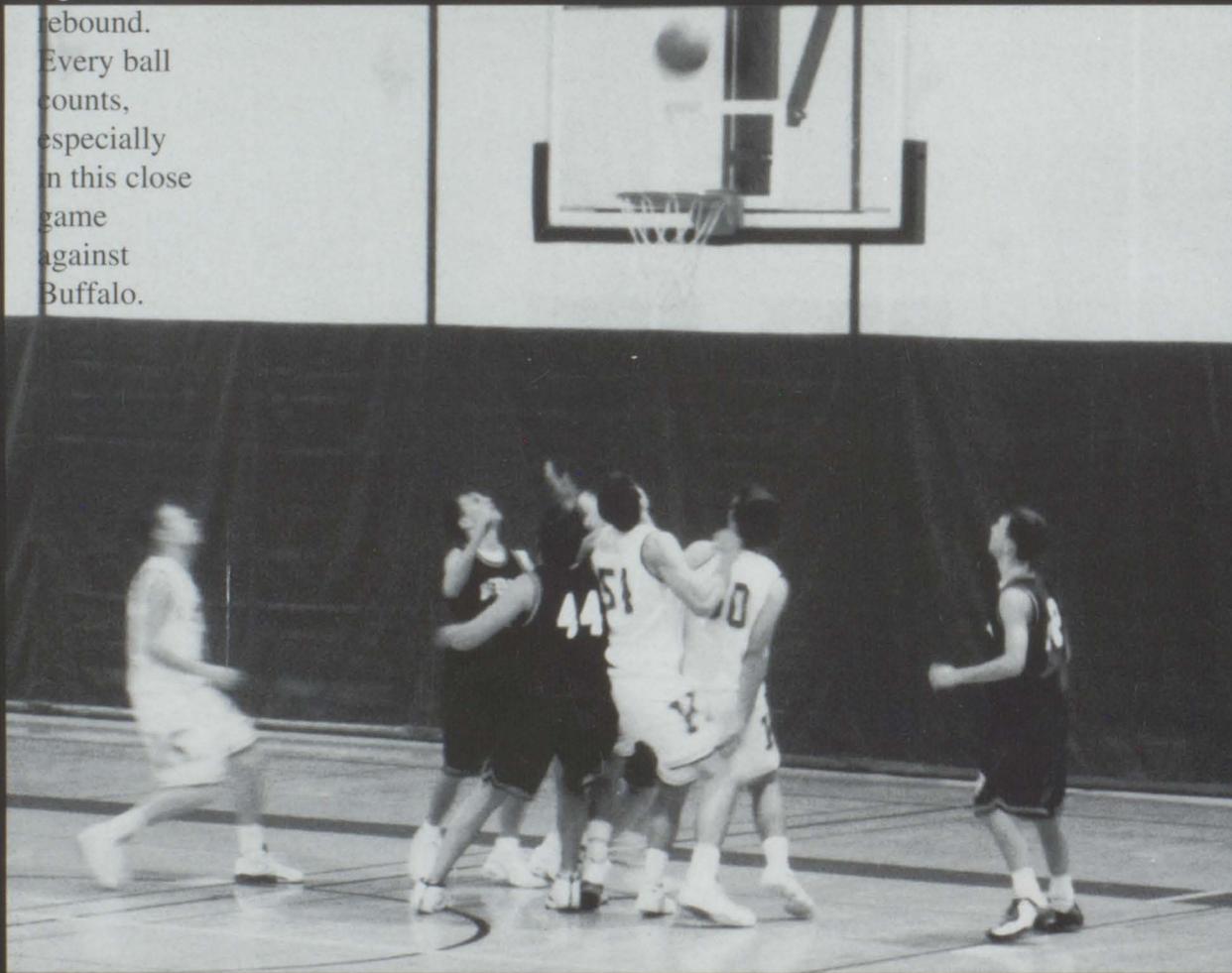
Working hard, the Knights showed much improvement from years past. They wrapped up the season with a record of 15-10 and a conference record of 8-6. The team was led by junior starter, Matt Spaeth. He had a total of 378 points, averaging almost 19 points per game. Also showing leadership was senior Nick

Volkman with a total of 148 points. With spirit, the team made it all the way to the District 19 Championship game. A few of their tougher match ups in the conference included Watertown/Mayer 65-62, Delano 50-47, and Waconia 48-42.

- Lydia Gindele

Just after making a shot, both teams group together and fight for the

rebound. Every ball counts, especially in this close game against Buffalo.



The biggest mistake you can make in life is to be constantly fearing that you will make on!!



Being the only sophomore on the team, Kevin Hegland shows strong defence.



As Travis Kortuem (11) makes his shot, Matt Spaeth (11) and Matt Hegland (11) eagerly awaits the rebound.



After just scoring, Jim Litzau (11) stops to run the other way.



Matt Spaeth (11) looks on as his free throw soars through the air and into the basket.



With nothing to distract him, Nick Volkmann (12) casually makes his shot.



**Varsity Boys Basketball:** *Front Row:* Jonathan Maurer, Reid Weber, Kevin Hegland, Marcello Rohrich. *Middle Row:* Josa Martin, Matt Hegland, Greg Jaeb, Nick Volkmann, Ryan Eull, Travis Kortuem. *Back Row:* Coach Kurt Hahn, Jeff Demarco, Matt Spaeth, Jerry Arns, Coach Tim Anfensen.

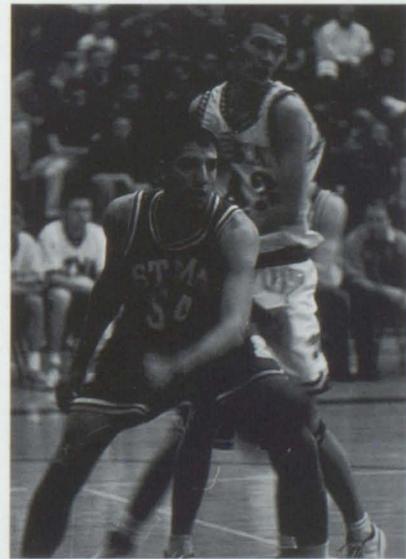


**JV Boys Basketball:** *Front Row:* Scott Gillette, Bryan Hegland, Jake Gendron, Nathan Rowe. *Back Row:* Coach Kurt Hahn, Ryan Bauman, Ryan Becker, Kyle Valerius, Shawn Fitzgerald, Joe Lefebvre, Eric Weber.

# SCOREBOARD

Rockford.....	67	53	Watertown-		
Buffalo.....	51	61	Mayer.....	50	42
Mound-			Waconia.....	48	42
Westonka.....	51	44	Annandale.....	49	63
Spring Lake Park.....	58	46	Princeton.....	80	66
Mora.....	53	36	DC.....	64	50
Pine River-			Albany.....	65	54
Backus.....	51	56	Becker.....	67	47
Moose Lake-Willow			GSL.....	71	72
River.....	50	47	Watertown-		
Waconia.....	61	53	Mayer.....	65	62
DC.....	73	47	Delano.....	56	66
Becker.....	50	56	Annandale.....	53	63
GSL.....	45	61	Becker.....	43	55
Delano.....	50	47			
Monticello.....	41	49			

**RECORD: 15-10**



Just under the net, making an effort to attract his teammates attention is Matt Speath (11). He tries not to get distracted by his opponents and uses his height to score.

# Girls Basketball

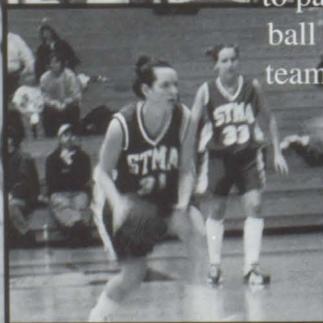
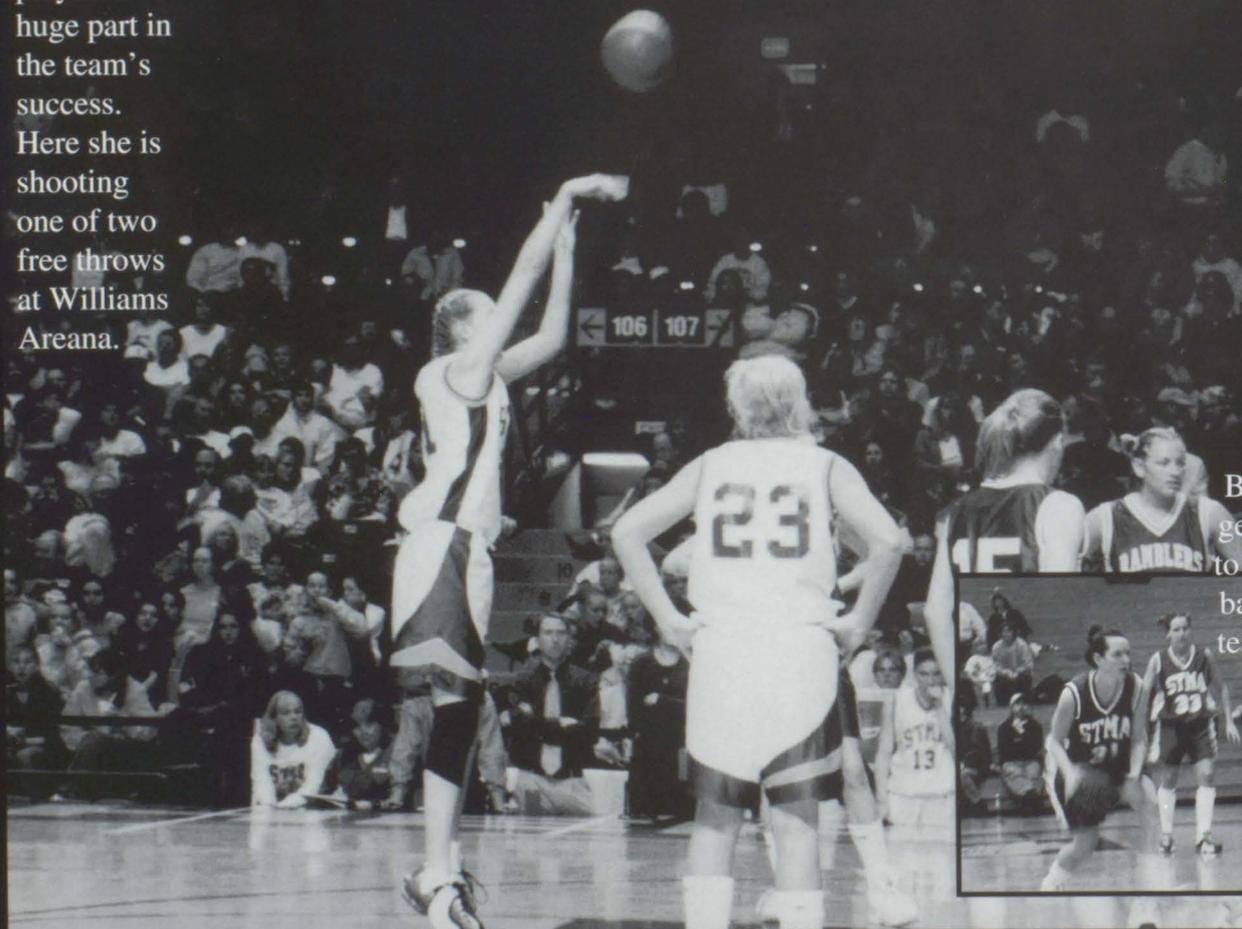
Years upon years of hard work and determination brought the Knights girls basketball team to the farthest reaches and back again. Led by senior captains Rachel Jobs, Jenna Stangler, and Jackie Radunz, they took first in the conference with a 14-0 record and didn't give up there. Game by game they brought themselves closer. Sections came, and went. They finally made it to Williams Arena in the state semifinals against Winona Cotter

to play an exciting game (67-47). But nothing compared to the excitement of the state championship. It was the first time the Knights have ever made it to state, and there they were, one game away from a state title along with a huge (and decked out) crowd of STMA fans. They won 63-59 in overtime. The team was welcomed home with banners, and two towns to congratulate them.

- Anna Dehmer



Starter and captain Jenna Stangler (12) played a huge part in the team's success. Here she is shooting one of two free throws at Williams Arena.



Ashley Brant (11) gets ready to pass the ball to her teammate.

-Tabitha Cagle

"Highschool years are a time when one can use the skills they've developed through elementary and junior high. This year in basketball was a good chance to apply those skills to come out as a confident and winning team. We had times of struggle, but we fought together as a team to overcome our obstacles."



The three senior captains, Jenna Stangler, Rachel Jobses, and Jackie Radunz all get ready for a rebound.



Attempting to make one of the first shots of the game is Rachel Jobses (12).



**Varsity Girls Basketball:** Row One: Trista Paulson, Ashly David, Jodi Stream. Row Two: Angela Helfert, Nicole Roddy, Jaclyn Arns. Row Three: Lauri Grambart, Ashley Brant, Katie Williamson. Row Four: Coach Lisa Sukulski, Jenny Capps, Rachel Jobses, Liz VanDrasek, Jenna Stangler, Jackie Radunz, Jennifer Dietrich, Coach Jeremy Hoffman.



Also known for her great three-pointers, Katie Williamson (12) passes the ball to set the team up for another shot.

After running down the long court, Lauri Grambart (12) takes one final step for a layup.



**JV Girls Basketball:** Front Row: Chantelle Arone, Tabitha Cagle, Jodi Stream. Middle Row: Jaclyn Arns, Shannon Weber, Ashley David, Stephanie Barthel. Back Row: Coach Jeremy Hoffman, Emily Beaudry, Jenny Capps, Tiffany Paulson, Nicole Roddy, Angela Helfert.



Two against one. Fighting for control is Jenna Stangler (12) and Jaclyn Arns (9).



Possessing a lead late in the game, the girls give each other a high five.

# SCOREBOARD

Eastview.....	50	64	Watertown-		
Blake.....	49	37	Mayer.....	60	39
Rockford.....	60	40	Waconia.....	48	33
Monticello.....	75	45	Minnehaha Acad-		
St. Francis.....	74	58	emy.....	39	53
Buffalo.....	38	35	DC.....	74	47
Watertown-			Annandale.....	65	41
Mayer.....	64	17	Becker.....	58	42
St. Louis Park.....	58	39	GSL.....	65	39
Mound-			Delano.....	68	51
Westonka.....	70	46	St. Cloud Cathed-		
Orono.....	37	46	ral.....	63	55
Annandale.....	56	25	Sauk Centre.....	47	34
Waconia.....	53	23	Foley.....	50	48
DC.....	66	37	Pelican Rapids.....	59	38
Becker.....	67	29	Winona Cotter.....	67	47
GSL.....	58	50	New London		
Delano.....	61	47	Spicer.....	63	59

**RECORD: 27-3**



**Ninth Grade Girls Basketball:** Front Row: Brianna Dick, Connie Holland, Michelle Taylor, Alyssa Dick. Middle Row: Michelle Callahan, Tabitha Forness, Cheyenne Keen, Amber Reining. Back Row: Coach Jeremy Digiovanni, Kacie Brant, Christa Martin, Danielle Kessler.

# Gymnastics

The Knights girls gymnastics team tumbled their way into an awesome season. A new gym, more equipment, and a pit helped them to strengthen their performance greatly. As a result, the girls finished first in the conference with a 7-0 record. Overall their total record for meets was 10-1. A high point of the season was when the gymnastics team made a new school record with a 137.85 score at a single meet. They were led by senior captains Jacquelyn Wallerius and Jessica Kolles and senior Lori Lindenfesler.

- Kim Jokinen



Senior Lori Lindenfesler is a picture of complete concentration and determination during her floor routine.

Captains  
Jessica  
Kolles (12)  
and  
Jacqueline  
Wallerius  
(12) cushion  
their fall.



“One thing I learned about gymnastics this year was that to achieve success, I must never give up.” -Ashley Poirier



The crowd watches Jacqueline Wallerius(12) perform her floor routine.



As the only state qualifier, Elizabeth Cady(9) gives the team high scores.



**Varsity/JV Gymnastics:** *Row One:* Jamie Hochien, Amanda Dick, Joelle Blais, Kim Jokenin, Jenna Diers, Megan Stewart. *Row Two:* Amy Lindenfelser, Ellen Wasatka, Erika Coffee, Ashley Poirier, Alicia Krone, Megan Rademacher. *Row Three:* Lori Lindenfelser, Stephanie Wallerius, Abby Johnson, Jenna Harrington, Lyndsey Stewart, Angela Ebner. *Row Four:* Amy Falbo, Jessica Kolles, Jacqueline Wallerius, Coaches Todd Hanson, Heidi Sipe and Jess Kline, Rosalyn Coffee, Tasha Chastik, and Mandy Karlson.

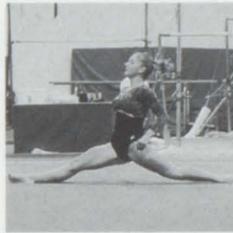


A few of the gymnasts including Lori Lindenfelser(12) and Ashley Poirier(10) take a moment to pose during a long practice.

Freshmen Alicia Krone, Amanda Dick, Lyndsey Stewart, Mandy Karlson, and Megan Rademacher are doing well at their meet.



Freshman Abby Johnson being judged on an excellent routine.



Ashley Poirier(10) shows off her flexibility. This is required to be a good gymnast.



**Junior High Gymnastics:** *Row One:* Megan Jokinen, Kristi Oliver, Christine DeRoma. *Row Two:* Maria Frank, Stephanie Ebner, Kali Roden, Sara Legatt. *Row Three:* Emily Laney, Geena Weber, Kayla Gendrin, Amy Dalbec, Ashley Kastendick. *Row Four:* April Wulf, Any Wacker, Coaches Jess Kline and Terry Wallerius, Katie Heinen, Calista Vetsch, Raquel Korpi.

# SCOREBOARD

Annandale....	131.4	124.55	Maple Lake.....	123.95	111.6
Becker.....	134.1	114.25	Monticello.....	124.9	132.2
Buffalo.....	125.05	121.3	Rockford.....	127.5	123.75
DC.....	128.7	113.55	Waconia.....	130.675	88.7
Delano.....	133.075	133.375	Watertown.....	127.85	129.65
Glencoe.....	130.025	120.7			
Kimball.....	129.550	119.475			

**RECORD: 9-3**



The gymnasts find new uses for the equipment.

# Hockey

The 2000-2001 hockey season certainly had it's ups and downs. The varsity team was lead by seven seniors including three senior captians. This year's Christmas Tournament was a bit disappointing, since they won consolation, after taking first last year. They lost 3-6 in the first round,

but then beat Fairmont 10-1 and Brooklyn Center 6-0. The highlight of the season was beating a highly ranked Mound-Westonka team who was rated in the top 15 of the state. Another highlight was keeping the rivalry alive with Delano, beating them twice this year 5-1 and 6-1.

The sole reason that the hockey team was pretty good was because so many of them took my weight training class. Well that, and Paulson's incredible Zamboni driving skills. I think he makes the ice slope downhill towards the other team's goal. -Joe Metcalf

The Mound players skate away after the Knights celebrate another goal.



Keith Paulson (12) and Joey Freeman (12) travel down the ice with control.



Brandon Pellaton (12) waiting in anticipation.



With speed and determination, Andy Kilian (10) races down the ice.



Guess who's winning?



**Varsity Hockey:** *Front Row:* Brandon Valerius, Joey Freeman, Keith Paulson. *Middle Row:* Josh Gessell, Brandon Pellaton, Sean Seide, Matt Kukowski, Scott Hasse, Kyle Rogers, Andy Valerius. *Back Row:* Coach Retcka, Nick Pouliot, Andy Kilian, Cole Ford, Ryan Aaserud, Adam Flaherty, Jesse Scherber, Mark Eull, Nick Lee, Coaches Jason Johnson and Brian Mashuga.



Cole Ford (12), Brandon Pellaton (11), and Nick Lee (10) got 'em just where we want 'em.

Sean Seide (10), Joey Freeman (12), and Scott Hasse (11) are ready to come into the game.



Andy Valerius (11) blocks a tough one.



As Brandon Valerius (12) fights for the puck, Keith Paulson (12) backs him up.



**JV Hockey:** *Front Row:* Josh Gessell, Gavin Swenson, Robie Altendorf, Ryan Pellaton, David Myrom, Trent Kolles. *Back Row:* Coach Retcka, Luke Carlson, Lance Meyer, Mike Haller, Ryan Hanf, Joe Briggs, Blake Meyer, Max Frohlich, Coach Johnson.

# SCOREBOARD

Prior Lake...	1	4	Litchfield...	1	5
New Ulm...	4	8	Mound-		
Monticello...	7	3	Westonka...	3	1
Columbia Hights...	7	0	Delano...	6	1
Delano...	5	1	St. Cloud		
Shakopee...	0	2	Cathedral...	7	3
Orono...	1	1	Fairmount...	1	1
LeSeuer...	3	1	Princeton...	1	3
Chisholm/Cook...	3	6	Litchfield...	2	4
Fairmount...	10	1	Becker/Big Lake...	7	0
Brooklyn Center...	4	0	Orono...	0	4
St. Cloud					
Cathedral...	2	3			
Minnehaha					
Academy...	3	4			
LeSeuer...	3	0			

**RECORD: 11-10-2**



Finders keepers, Joey Freeman (12) is being searched for the puck.

# Wrestling

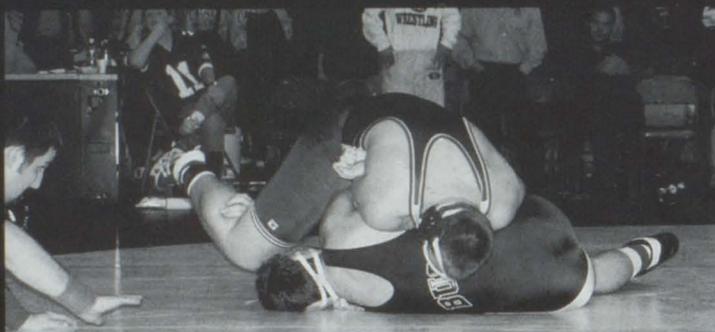
The '00-'01 wrestling team proved again what St. Michael/Albertville wrestling is all about. They finished the season off with an outstanding record and were led by a strong class of eleven seniors. Placing first in the Sertoma Tournemant and seventh in the Christmas Tournemant put them in a great position for the remainder

of the season. Grabbing the section title, they sent twelve guys to the state tournament. Jacob Barthel, Keith Becker, Nathan Lefebvre, Travis Dahlheimer, and Brandon Dick all were state place winners. As a team they took second in a close match against Blue Earth Area.

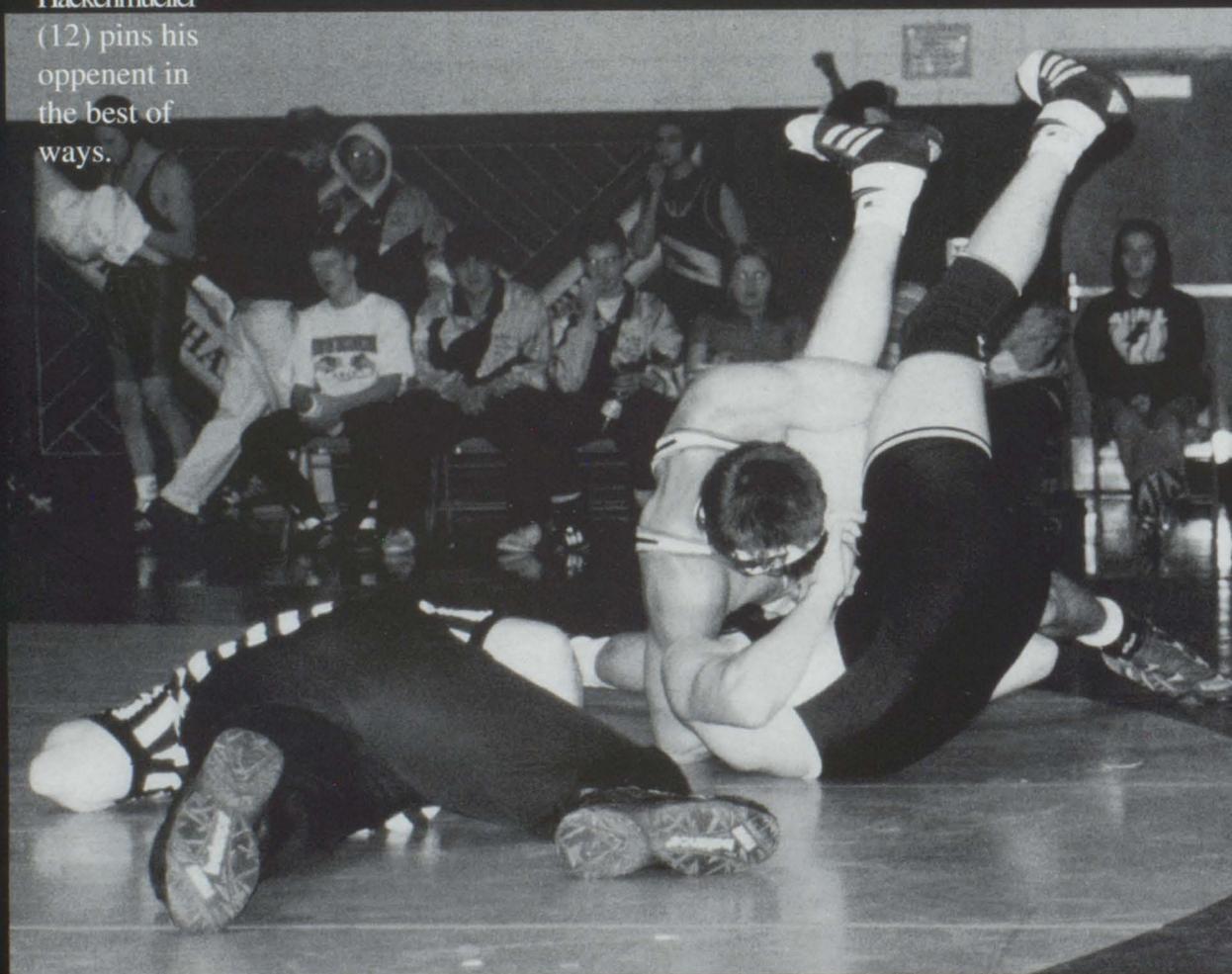
- Anna Dehmer

The ref gets ready to slam the mat again as Mitch

Hackenmueller (12) pins his opponent in the best of ways.



The heavyweight, Jake "The Peach" Barthel (12), brings on a much needed pin for the team to defeat Blue Earth Area at the Farmington Duals



-Coach Gregg Greeno.

"We had a great group of seniors, 12 in all, that leave us with a lot of memories of wrestling highlights and good times."



Randy Dehmer's (12) opponent looks frustrated as Randy shows total control!



Getting close to the edge of the mat, Nathan Lefebvre (12) keeps trying to turn him over.



**Varsity Wrestling:** *Front Row:* Mike Hemann, Brandon Wegner, Mitch Hackenmueller, Jacob Barthel, Keith Becker, Josh Kilian, Andy Croteau. *Middle Row:* Dan Beach, Jesse Hackenmueller, Chas Betts, Randy Dehmer, Travis Dahlheimer, Mike Marx, Matt Becker. *Back Row:* Brandon Dick, Nathan Lefebvre, Coaches Dan Lefebvre, Rich Jensen, Gregg Greeno, and Dave Vetsch, Steven Zachman, Josh Becker, Jake Grygelko.

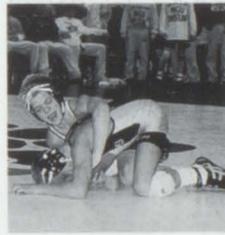


During his match, Mike Marx (11) listens to a few pointers given by Mr. Greeno.

Josh Kilian (12) reaches for his opponent's arm to turn him over and take him down.



Freshmen Chas Betts (left) and Brandon Dick (right) both gave the team strong wins at the Farmington dual tourney.



**B-Squad Wrestling:** *Row One:* Managers Claire Friendshuh, Anna Dehmer, Stacey Beach, Rebecca Lefebvre, Kristie Eull, Chelsea Hosch. *Row Two:* Chad Little, Cory Young, Matt Hackenmueller, Mark Kasper, Jake Hackenmueller, Kurt Schumm, Kevin Zachman. *Row Three:* Mickey Kirk, Lee Friendshuh, Josh Becker, Chas Betts, Chris Ebner, John Grygelko. *Row Four:* Coach Rich Jensen, Kurt Pope, Jake Bjorklund, Jeremiah Keil, Tad Hickman, Noah Martin, Ryan Zachman, Charlie Bammert, Coaches Dan Lefebvre and Dave Vetsch.

# SCOREBOARD

Watertown-Mayer.....	59	0	Monticello Inv.....	1st	
STMA Inv.....	1st		DC.....	25	22
Grand Forks Central.....			GSL.....	66	0
Jamestown.....	71	6	Becker.....	46	18
Park Rapids.....	50	10	Totino-Grace.....	35	9
West Fargo.....	53	9	Osseo.....	64	6
Buffalo.....	50	11	Fridley.....	71	0
Delano.....	54	10	Wright County		
Christmas Tourney.....	40	21	Conference.....	1st	
Brooklyn Center.....	7th		Elk River.....	42	10
MCC/ACA.....	28	18	DeLaSalle.....	75	0
Monticello.....	49	14	Mound-Westonka....	52	3
Annandale.....	58	3	Waconia.....	46	9
Goodhue.....	62	3	Park Rapids.....	37	12
Bloomington	35	12	DC.....	31	24
Kennedy.....			Blue Earth.....	24	26
Blue Earth.....	29	31			
Northfield.....	27	20			
	52	9			

**RECORD: 26-2**



# CLUBS

Clubs are a great way for students to become involved with their school and community. In these groups, leadership, learning and fun can all be found. Almost any student's interest can be fulfilled through an extra-curricular club. Foreign language groups give students opportunities for trips to France and Spain while teaching them a new view from another culture. Student Council consists of representatives from each grade who are the voices of the school. There are many more clubs offered as well. Whether someone is interested in the environment, charity or sports, there is sure to be a club for them.





The Spanish Club is dwarfed by the monuments and ruins.

First Row: Matt Kessler, Tanya Starr, Betsy Koch, Jessica Etheridge, Amanda May, Julie Falbo, Jacquelyn Wallerius Second Row: Tabitha Forness, Rachel Deschepper, Rachel Hoeschen, Lydia Gindele, Anna Dehmer, Courtney Flanagan, Christine Dahlheimer, Aimee Falbo Third Row: David Derus, Katie Russell, Carla Mediema, Brandon Glanz, Lauren Dailey, Elizabeth Altendorf, Allison Kleist, Sara Lindenfelser, Bob Spence, Brandon Beaudry, Ginger Nelson Fourth Row: Ms. Clausen, Jamie Slimmer, Allison Emerson, Mrs. Jordahl, Heather Linder, Kelly Fry, Katie Keisner



## Experience The Culture

This has been a big year for our school's new Spanish club. There was much interest from the students who actively took part in the club's trip planning and other activities. Many of the members are looking forward to a vacation in Spain in the month of June. Spain will be a nice reward for those members and advisors who spent great amounts of time planning the trip. It will be for two weeks and in that time everyone will be able to truly experience Spanish culture. Travellers will have a six day home stay with a host family. This will allow students to really grasp what daily life is like in Spain and how it might differ from ours in the U.S. They will also be touring cities like the capital, Madrid.

There is no better way to learn Spanish than being in the action and surrounding yourself in it. The trip's focus is not only to see the sites but to show students another culture and way of life.

By Maureen Reilly



A view to remember for these Spanish travelers.





Back Row: Tristan Hase, Melissa Strand, Casie Stiras, Kristen Leuer, Shalyn Vetsch Front Row: Brad Kastendick, Brittany Bauman, Rachel Bongaarts, Sarah Bebeau



Rachel Bongaarts, Brittney Bauman, Derek Leuer and Kristen Leuer enjoy a morning of coffee and French pastries.

## Bonjour! Bienvenue au club Francais!



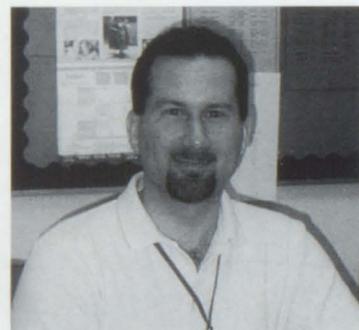
This year contained not only familiar activities and faces, but many new events as well. During the summer of 2000, members of French Club took their first trip to France to see the culture first-hand. As the 2000/01 school year began, French club quickly established its place in the school with weekly meetings, dinner nights, coffee mornings and other fun activities. In addition to the traditional lunch at Hotel Sofitel, a trip to the Minnesota Zoo was added this year. Participants in French club not only get to experience the culture inside school walls, but have opportunities to discover more about France through the many activities and options that the club has to offer. For those studying the French language, or those just wanting to learn about the culture, French club is "parfait!"

By Mara Erickson



Above: Freshmen Melissa Strand and Cassie Stiras show their puntual side as they arrive for a French club meeting before the door is unlocked.

Right: French Club members Shalyn Vetsch (10) and Emilee Broulliette give the camera a smile in Mr. Muellerleile's room.



Attending meetings and making sure events are all set is French Club advisor Mr. Muellerleile.





Front Row: Liz Lynch, Leah Lenneman Second Row: Lydia Gindele, Marie Welter, Mara Erickson, Chelsea Hosch, Stephanie Gertken, Tonye Hosch Third Row: Amanda Barthel, Angel Beck, Angie Rausch, Lisa Nolan, Britenee Roberts, Charity Bongaarts, Missy Strand, Cassie Stiras Back Row: Lindsay Jones, Sarah Hannas, Chelsea Thomas, Frankie Lopez, Brittany Zahler



Promoting kindness among students and the community has always been what RAK works towards. This year, RAK was lucky enough to have the leadership of two seniors, Liz Lynch and Leah Lenneman. There were also two sophomore officers, Mara Erickson as treasurer and Michelle Kelly as Activities Director. Each one of them played an important role during meetings and organizing events. For the second year, RAK Sold "Holiday Hellos" in December. It was a huge success once again and all of the money earned went to a charitable organization. RAK also takes part in three Camp Koinonia retreats throughout the school year. Each session has a different speaker and topic about how to keep the respect and how to be the peacemaker in our schools.

Promoting kindness among students and the community has always been what RAK works towards. This year, RAK was lucky enough to have the leadership of two seniors, Liz Lynch and Leah Lenneman. There were also two sophomore officers, Mara Erickson as treasurer and Michelle Kelly as Activities Director. Each one of them played an important role during meetings and organizing events. For the second year, RAK Sold "Holiday Hellos" in December. It was a huge success once again and all of the money earned went to a charitable organization. RAK also takes part in three Camp Koinonia retreats throughout the school year. Each session has a different speaker and topic about how to keep the respect and how to be the peacemaker in our schools.



Above: Katie Keizer just received her carnations sent to her on Valentine's Day. Target is in charge of the flower sales each year.

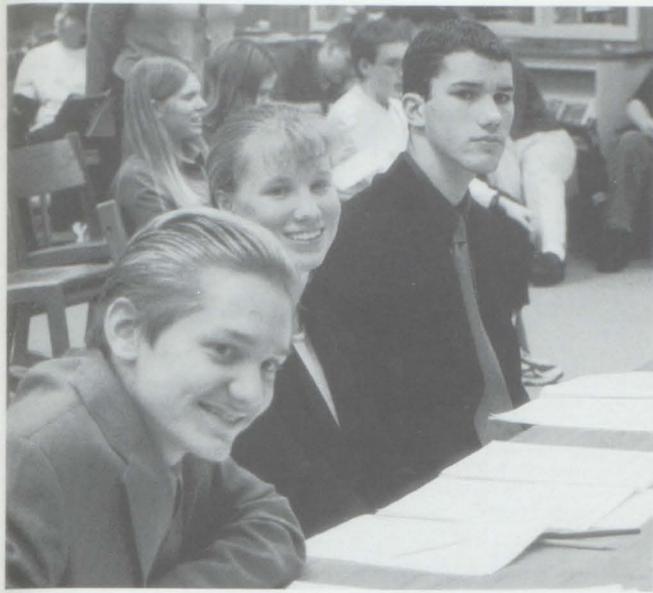


Row One: Marie Welter, Kristen Leuer, Stephanie Gertken, Maureen Reilly, Anna Dehmer, Chelsea Hosch Row Two: Nicole Deschepper, Andrea Graham, Hannah Winkler, Brittnee Roberts, Danielle Leggat, Rachel Hoeschen, Kelly Fry, Rachel Deschepper, Jenna Stangler Row Three: Tabitha Forness, Tonye Hosch, Rachel Potter, Ashley Rathbun, Lindsay Sipe, Stephanie Barthel, Shannon Weber, Allison Emerson, Heather Linder, Ashley Baldrige Row Four: Mr. Nagengast, Bryan Reed, Josh Reddington, Stacey Marzean, Connie Holland



Target members are involved with many different activities in both the schools and the community, throughout the year. Members are constantly involved with different committees to help get events organized. Flower sales around Valentine's Day, junior high lock-ins, and picnics are just some of the events Target puts together. To help with the organization of these are two chairs, Ashley Baldrige and Jenna Stangler. Other officers are secretary, Rachel Hoeschen and activities director, Maureen Reilly.

No matter what Target does, one concept is always stressed: that it is done in a chemical free way. Every Target member strongly believes that the only true fun is when you are sober.



Before their first scrimmage against Buffalo, attorneys, James Benson, Marie Welter, and Nate Cote begin to look over their case.



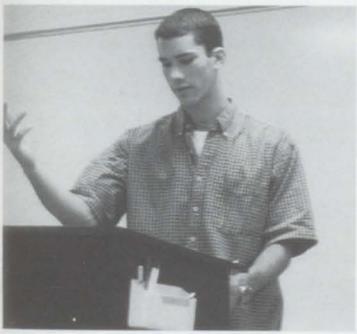
Back Row: Chris Connell, Joe Lombardi, Nate Cote, Tanner Courier, James Benson Front Row: Mr. Rusin, Marie Welter, Jamie Slimmer, Rachel Hoeschen, Stacy Marzean



# Objection Your Honor!

Mock Trial is a team of students who play the parts of witnesses and lawyers in a fictional case. They perform for a judge in a real-life court room setting. Scores are given based upon how familiar they are with their materials and how well they present their case before the judge. The case this year was the State of Independence v. Daniel Parker. Daniel Parker, a high school senior, was accused of striking and killing a swimmer with his boat while he and his friends had been out drinking and boating after the prom. This year's team consisted of nine people. In the final trial, they successfully won their defense case, but lost their prosecution case in a close competition. However, each member had a great time and can't wait until next year.

By Marie Welter



Above: Marie Welter practices her opening arguments at a mock trial practice.

Top Right: Nate Cote shows his professional side while practicing his speech for the upcoming trial.



Above: One important position in the trial is the timekeeper. This is the job that Stacy Marzean held.

# National Honor Society



Front Row: Betsy Koch, Jessica Etheridge, Derek Leuer, Jacquelyn Wallerius Second Row: Brittany Bauman, Aimee Lefebvre, Amanda May, Liz Lynch, Leah Lenneman, Sara Eull, Brian Shovelain, Rachel Bongaarts Third Row: Julie Falbo, Jessyca Duerr, Katy Rego, Christine Dahlheimer, Ashley Baldrige, Jenna Stangler, Kelly Hofford, Renee Vetsch, Jenna Johannson, Danielle Smith, Jonathan Maurer Fourth Row: Keith Becker, Randy Dehmer, Nick Volkmann, Brandon Beaudry, Bradon Reinschmidt, Nathan Lefebvre, Luke Zachmann, Rachael Kottke



Above: An annual event that NHS puts together is the dinner for the senior citizens around the holiday season. Here, Malina Zachman and Aimee Lefebvre help with the Bingo game.

Right: NHS keeps up a bulletin board and post other notices for the school in various places. Renee Vetsch and Brittney Bauman are showing their creative side making posters.



Far Right: Of course with all of the work that comes with NHS, there has to be some down time. Julie Falbo, Rachel Bongaarts, Katy Rego, Jessyca Duerr, and inductee Rachel Jossart goof off after a meeting.



“Life is about not knowing, having to change, taking the moment and making the best of it.”  
Gilda Radner

# STMA's Leaders In Our School And Community

It's a true honor to be invited into NHS. Maybe that's because it's one of the oldest and most prestigious organizations in our school, or maybe because only a few get selected. It is built up of an elite group of juniors and seniors who have been elected by teachers to be a part of the club. The National Honor Society's members have to meet certain criteria based on it's four pillars:

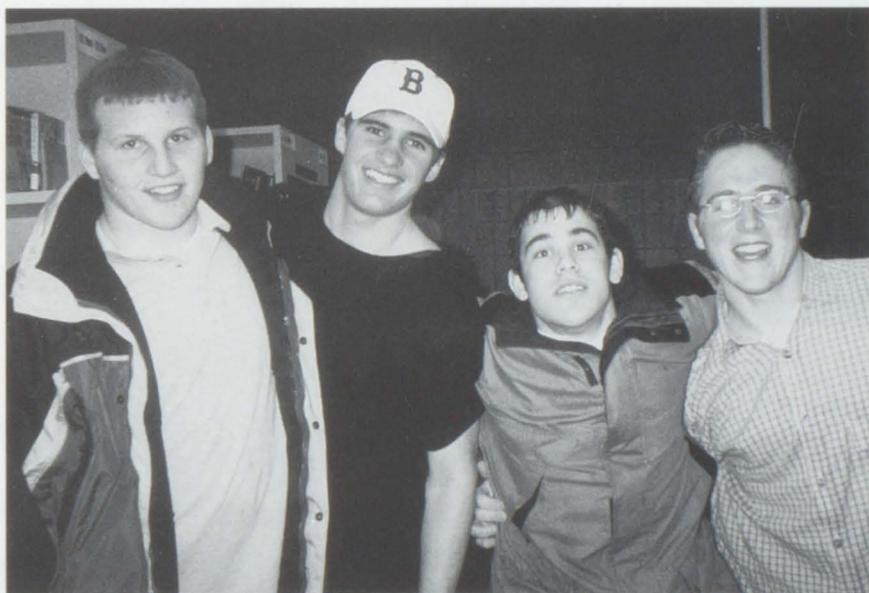
**Character**  
**Service**  
**Leadership**  
**Scholarship**

NHS is also really involved in supporting, maintaining, and creating new activities to make school more fun. They meet the first and third Thursdays of every month. At these meetings they discuss activities such as recycling and doughnut sales of which they are in charge. Improving Homecoming and adding a student fun day were two goals that NHS had set for themselves for this year. They met those goals thanks to dedicated members who helped make NHS have a productive year.

By Sara Bebeau



Every Tuesday, NHS sells donuts and juice in the cafeteria. Above, Malina Zachman and Jenna Johannson help a couple of their many loyal customers.

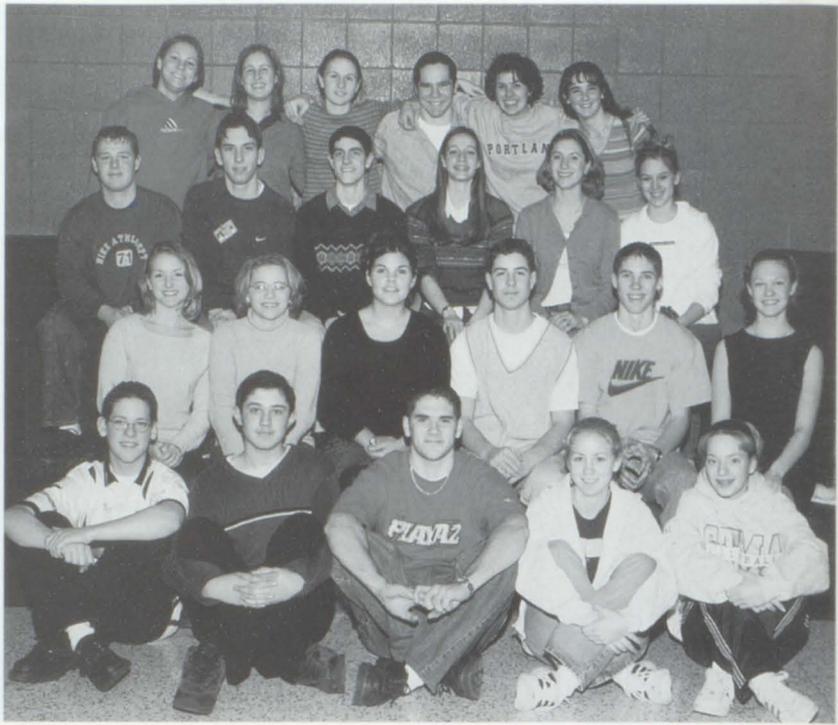


Above: Jake Barthel, Brandon Reinschmidt, Nathan Lefebvre, and Randy Dehmer hang out after greeting new NHS members.



Left: Jessyca Duerr, Katy Rego, and Jessica Etheridge are finishing things up before the senior citizen's dinner is ready to begin.

# Student Council



Front Row: Brad Kastendick, Ron Miller, Pete Lindenfelser, Calista Saville, Amanda Dick  
 Second Row: Ashley Poirier, Lauren Wallerius, Megan Christensen, Eric Weber, Kevin Hegland, Rachel Jossart  
 Third Row: Brandon Pellaton, Greg Jaeb, Jonathan Maurer, Jenna Johannson, Sara Lindenfelser, Stephanie Helm  
 Fourth Row: Jacquelyn Wallerius, Julie Falbo, Jessyca Duerr, Keith Becker, Brittany Bauman, Liz Lynch



Above: Tanya Starr and Jessica Etheridge are two of many seniors who were auctioned as elves to raise money for Adopt A Family. Ashley Poirier and Megan Christensen get ready to hand them over to their owner.



Right: Lauren Wallerius distracts Kevin Hegland from his important Student Council work and forces a smile out of him for the picture.

Right: Jonathan Maurer, Jenna Johannson and Sara Lindenfelser promoted the next Student Council sponsored event during the lunches.

“This shall be  
 my parting word:  
 Know what you want to  
 do - then do it.”  
 Ernestine Schumann-Heink



# Making A Difference In Our School

Many of the year's activities wouldn't be possible without the leadership and determination of those on Student Council. This group holds 24 of our school's top leaders who are elected into representative positions by their classmates. It doesn't take long for members to find out how much responsibility they have because once they are on Student Council, the work begins.

Most of the activities that Student Council puts on are annual. Everyone enjoys looking forward to these fun events each year. One of these is the costume contest on Halloween. Staff members judge students as they show off their costumes while they walk down the runway. Students had the chance to win cash prizes in many different categories such as, Most Creative. In December, the elf auction is held. All of the money raised went to "Adopt A Family." This year, teachers signed up to do crazy things if the students raised a certain amount of money. Parts of this agreement included Mr. Winter being styled with a mohawk and a student makeover for Ms. Klug. Like usual, this year's elf auction was a complete success. Snow Week was also a fun break in February with the crowning of the class royalties.

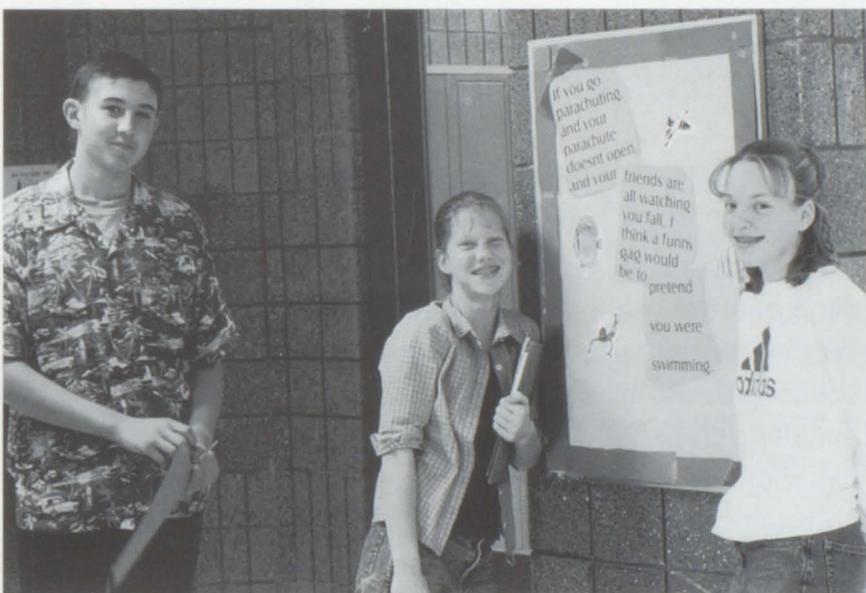
All of this work can't be accomplished by one person. It takes all members to put together events and people in charge of keeping the group in line. Student Council elected four members to lead positions of the group: President, Sara Lindenfelser, Vice President, Stephanie Helm, Secretary, Greg Jaeb, and Treasurer, Jonathan Maurer. Mrs. Strait is the teacher advisor of Student Council and her room is used as a meeting place for members.

As always, Student Council put everything they had into making this year the best for students. This was well accomplished thanks to each member's dedication.

By Maureen Reilly



Above: Brandon Pellaton, Stephanie Helm, Eric Weber, and Sara Lindenfelser show their craziness after a productive Student Council meeting.



Above: This bulletin board right outside of the locker bay is kept up with quotes, poems and reminders by Student Council members. Here, Freshmen Ron Miller, Megan Rademacher and Amanda Dick stand by the finished product.



Left: Keith Becker and Jessyca Duerr work hard to prepare themselves for the next meeting and new projects that they will be taking on.



After skiing for a while, Christine Erickson, Erin Schumacher, Betsy Koch and Matt Barthel, take a moment to eat, socialize and smile for the camera.

Let it Snow!

Let it Snow!

Let it Snow!



Chelsey Thomas and Frankie Lopez await the ski busses with friends on a bright sunny afternoon.



# Ski Club



When the first snowflakes fall, everyone knows winter is here. Some dread this while others gladly welcome the fresh powder because they know ski club time is here. Weeks before, you can hear members counting down the days until they can pull out their skis and snowboards. Every Tuesday they make a forty minute trip to their home slopes of Powder Ridge in Kimball. Anyone is welcome to join ski club. It is a non-competitive group and members are guaranteed a night full of skiing, or snowboarding, while joking and laughing with friends. However, don't get too distracted while going downhill, you might run into the hard-to-see orange snow fence. It has been known to happen.

By Maureen Reilly



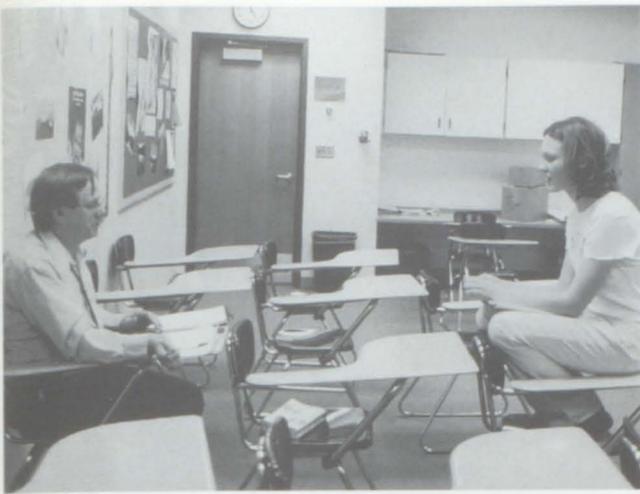
Above: Bundled up in their ski gear, sophomores Kristen Leuer and Megan Madson get ready to hit the slopes on a Tuesday night.

Right: Karl Zachman (9) makes a quick stop in the chalet before heading back outdoors.



Junior Rachel Lindenfelser smiles at great heights as she rides up the chairlift for yet another run down the hill.





Rachel Jossart competes in Original Oratory. In this category, she writes her own persuasive speech about a problem in today's society. This year, the title of her speech is, "America the Disposable."



Front Row: Maureen Reilly, Jessyca Duerr, Rachel Jossart Second Row: Lindsay Malecek, Shalyn Vetsch, Stephanie Johannson, Katy Rego, Renae Anderson, Jessica Dawson, Kasandra Alderinks Back Row: Mr. Frickstad, Tom Smith, Terry Gasser, Monica Voss, Rachel Deschepper, Kelly Hofford, Renee Vetsch, Emily DeLozier, Stephanie Gerten, Mara Erickson, Ashley Poirier



## Have You Talked To A Wall Lately???



Speaking with dramatic expressions, Shalyn Vetsch practices her poetry selection for Mr. Frickstad before the next meet.

### STMA SPEECH 2001 TOURNAMENT SCHEDULE

Dassel/Cokato	January 27
Annandale	February 1
Apple Valley	February 10
STMA	February 17
Eastview	February 24
Buffalo	March 3
Centennial	March 10
WCC	March 15
Roseville	March 17
Brooklyn Center	March 24
Subsection 4AA	March 26
Section 4AA	April 2
State	April 20

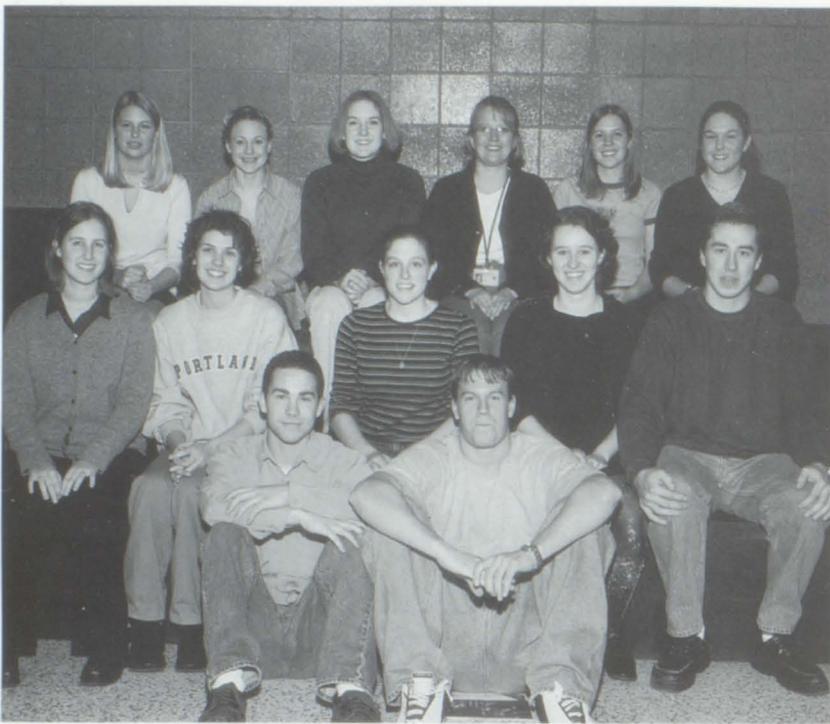
This is a common phrase used to describe the speech team. At any given meet you can walk down the hallways and see people reciting their speeches to lockers, doors or walls. It is quite a strange sight when you see it for the first time.

Speech meets are held early on Saturdays and might have as many as 20 schools participating. All meets consist of three ranked rounds and sometimes a final round. In the end, these ranks are added to find the total meld. Places and awards are given based upon that number.

In order to keep improving their "talking techniques", members sign up for meetings with Mr. Frickstad to go over judge critique sheets and to practice their speech. There are many different categories speech members may choose to compete in such as, humorous, discussion, poetry and creative expression.

All categories of speech teach valuable skills which can be used in many business and everyday life situations.

By Maureen Reilly



Greenspan members Christine Dahlheimer, Brittany Bauman, Monica Valerius, Leah Lenneman, and Anne Stanglein spend a day in the snow learning how to build snow huts.

Back row: Jennifer Detrich, Angie Lindenfelser, Monica Valerius, Mrs. Nowell, Christine Dalheimer, Leah Lenneman Middle Row: Julie Falbo, Brittany Bauman, Aimee Lefebvre, Rachel Bongaarts, Chris Petrich Front Row: Brandon Glanz, Bill Hudson

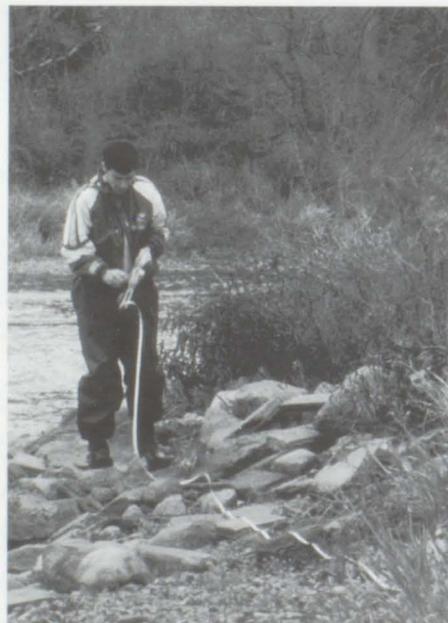
## Saving our World, One Step At a Time



Greenspan is a club which is new in our school. This environmental club was started in the fall of 1999 by Cariana Bloberger and Ben Steiner. Mrs. Nowell, a science teacher, is the advisor. The group's main focus is educating people about environmental awareness. Anyone is free to join and at any time.

Their biggest task in the past year has been to preserve the Big Woods located across from the middle school. Some of their other activities include cleaning up the Crow River, sponsoring a Siberian Tiger at the Como Zoo and trying to get plastic recycling at our school. Two trips were also planned for the group. One was to the Audubon Environmental Learning Center in Sandstone, and another to the Minnesota Science Museum to see the Omni Theater movie, "Wolves."

By Katie Russell & Sarah Bebeau



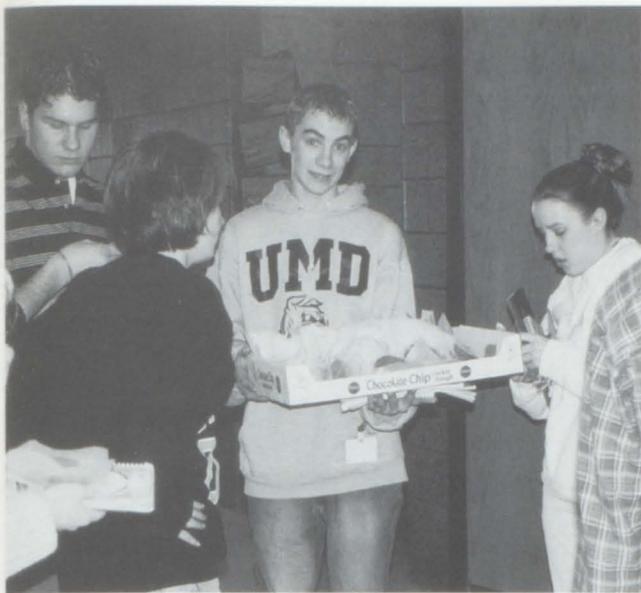
Above: Fred Goodrie pulls out his tape measure to determine the velocity of the Crow River.



Top Right: One way Greenspan helps keep our area environmentally in shape, is by cleaning the Crow River. Here, Justin Menzel and Pat Rogers begin to load up the garbage.



Above: Jessica Dawson studies their samplings of the Crow River to find the pollution level.



While being swamped with sales, Scott Gillette takes time to smile while his next customers step in line for their cookies.



Back Row: Steve Pope, Bill Hudson, Brandon Valerius, Joe Vandal, Matt Ostman, Luke Carlson, Scott Gillette, Mara Erickson, Bryan Reed, Heather Farr Third Row: Mrs. Carlson, Paul Miller, Katie Russell, Carla Miedema, Lance Meyer, Jenna Johanson, Sara Lindenfesler, Aimee Falbo, Bridget Kasper, Elizabeth Altendorf, Kris Antil Second Row: Jackie Radunz, Jennifer Detrich, Erin Schumancher, Katie Keizer, Nicole Rademacher, Rachel Lindenfesler, Laura Ingelbretson, Jenny Capps, Liz VanDrasek Front Row: Hilary Platenberg, Christine Erickson, Tiffany Zachman



## On the road to success



Above: Elizabeth Altendorf meets her e-mentor who has been answering her questions over email about a business career she is interested in.



Above: Sara Lindenfesler and Jenna Johanson greet and direct the business professionals to their breakfast of bagels, fruits and juice before meeting with club members.

Top Left: Club members listen carefully to one of many business professionals at their breakfast.

This year, our school started another organization, the Business Professionals of America. Mrs. Carlson was the advisor and the one who started the group. Immediately this club acquired many members and projects were started right away. One daily event the business club took part in was cookie sales. During the ten minute break, you could see members walking down the hallway with freshly baked cookies in carts and boxes ready for sale. This was a huge success and money earned was put towards the club's trip to New York.

Members also kept busy learning about an occupation they were interested in through e-mentors. They emailed different people from companies to receive more info on that job. In January, members were able to meet with these mentors in the cafeteria one morning for breakfast.

By being a part of this group, you will learn life long skills that will help you in any future business career.

By Maureen Reilly

# Yearbook



Stephanie Gertken, Heather Satrang, Lydia Gindele, Maureen Reilly, and Mara Erickson stop in the middle of their bagel eating for a fun group shot.



“I love deadlines.  
I like the whooshing  
sound they make as  
they fly by.”



Above: The yearbook camera gave the staff many troubles throughout the year and Anna Dehmer couldn't take it any more.

Left: Lydia Gindele, Maureen Reilly, and Steph Gertken are getting ready to eat their morning meeting bagels.



Above: Advisor Ms. Ness takes time to make corrections on the proofs before we send the finals back to the company.



“Monday mornings are an awful way to spend 1/7th of your life.”

# Memories To Last A Lifetime

Creating a yearbook that will satisfy and capture every student's high school memories is a difficult task. It becomes more challenging when every member and advisor is new to the staff, or at least to the amount of work needing to be put into this book. The load was lightened, however, with the help of last year's senior editor Alexis Roden who gave her time to teach us all a thing or two about layout design, copies, and cropping. Ms. Ness took over the teacher advisor position. With her artistic ability, new ideas, and with Alexis's previous experience on staff, our yearbook quickly took form. After many staff meetings of brainstorming theme ideas, one finally caught each member's eye. This year's theme is based on the old saying, "Something old, something new, something borrowed, something blue." We changed a few words and then we had our theme, "Something old, something new, something gold and blue." Its message is that our school has evolved over the year, but hasn't forgotten the past.

Then the work started. Editors were assigned to each section of the yearbook. Student Life editors, Heather Satrang and Katie Keisner, Performing Arts editors Stephanie Gertken and Mara Erickson, Sports editors Anna Dehmer and Lydia Gindele and Clubs editor Maureen Reilly, got to work right away designing layouts, taking pictures and writing copies. Although most of the members had been on staff before, they still had much to learn. At first it was frustrating and then after awhile, it became their life. Time was spent in the office on Saturdays, Monday mornings, and after school. The work could get to be a pain sometimes, but it was the greatest feeling to final close the envelopes and send the layouts in. Everyone on staff has a great sense of accomplishment in them for making a book that allows any student to look back years from now and recall high school as they knew it.

By Maureen Reilly



Advisor Ms. Ness, Rep Dave, Steph Gertken, Maureen Reilly, Lydia Gindele, Mara Erickson, and Heather Satrang pose during a meeting.



Far Top Left: Steph Gertken's misconception of what gender she is.

Top Right: While perfecting layouts, Heather Satrang and Katie Keisner turn from the computer to smile.

Left: One Saturday morning, Mara Erickson works diligently on copies.



**Advertisers** for their tremendous support in helping us to complete a quality book.

**Coaches, advisers & managers** for the stats, pics, and other info we needed.

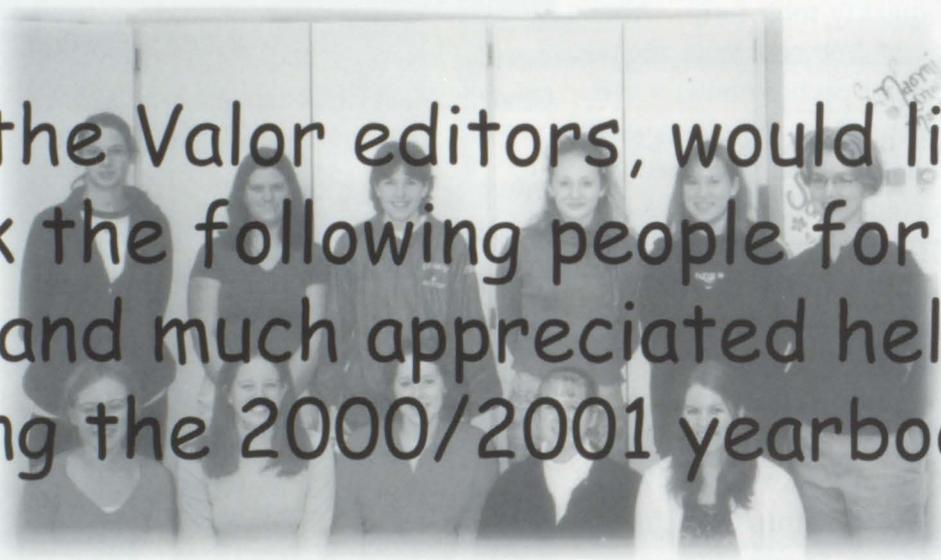
**Dave and Lifetouch** for their expertese, help, and for bagels and dounuts throughout the year.  
{thanks :-)}

**Key holders** to let us get around the school in abnormal hours to meet deadlines.

**Those who contributed artwork and poetry** for making the yearbook a more diverse and personal item.

**Zahler Photography** for continuing to provide STMA with quality photos year after year.

**The people** who helped Mara name freshmen faces she had NO clue about :-)



We, the Valor editors, would like to thank the following people for their time and much appreciated help in making the 2000/2001 yearbook...

**Ms. Ness** for being an awesome advisor full of great ideas and energy, especially on those highly enjoyable Saturdays.

**Seniors** for getting your quotes and pics in on time. Congrats and good luck for the future!

**Alexis Roden** for coming back to high school in between your busy schedule to help us out--you are extremely appreciated!  
THANK YOU!!

**Mr. Hoistad** for giving us a much needed second computer!

**Parents** for supporting the yearbook with Ads for Grads and also the ones who transported those of us who can't drive (um, that would be the majority) on weekends and late nights.

**Ms. Hedlund** for all your photography genius.

We couldn't have done it without you!



### Tiffany Ann Zachman

Dear Sweet Tiffany,  
You have brought us so much sunshine over the years and we are very proud of the special person you have grown to be. Your bright smile, compassion, and enthusiasm for life will make a positive difference to those lives you touch.  
Lotsa Love, Mom & Dad

### Congratulations Brandon

You made it! I'm proud of you! Brandon you always like to show your ruff and tuff outside. But I know a secret, it's your caring and gentle inside. That's what I'm most proud of. And when you show it to everyone, you will be a success in anything you choose to do.  
I Love You Mom



### Jenna Stangler

Some people come into our lives and quickly go away... Some stay awhile and leave footprints on our hearts... And we are never, ever the same. The years went way to fast-we have been blessed. Spread your wings and leave your foot prints on many more hearts! Congratulations Love, Mom,Dad, Michael, and Kristen



### Eric Eull

Hey Rambo!  
You always did love to hunt and play, Big game and bucks you would slay.  
Our Best of luck for your future and career, Because you'll always be our little "dear".  
Love, Mom and Dad

# COMMUNITY

A strong supportive community plays an important part in developing a well-rounded school, strong in academics, and competitive in the arts and sports. Many local business have supported St. Michael /Albertville High School through sponsoring teams and by purchasing ads in our yearbook. Most important are the parents who act as taxis for their teenagers so they can be involved in activites outside of school hours, who take on the responsibility of keeping in touch with teachers and administrators, cheer on student athletes at sports events, chaparone activities; and finally, make sure their kids get out of bed and off to school every morning. One can strongly agree that the support and help of parents, business' and community members helps to make our school district run smoothly. A large thanks goes out to the community members of St. Michael/Albertville for all your support!



**Ryan Eull**

Remember: Be good -  
have fun - drive  
carefully - we love  
you.  
And **KEEP YOUR  
CLOTHES ON!!!!**

Love, Mom, Dad, and  
Kelly

**Christine Erickson**

With pride we have watched  
you grow into a lovely and  
talented young woman.  
You have enriched our lives  
with your sense of humor  
and love of music. We  
wish you every happiness  
and success in all you do.

Love, Mom, Dad, & Mara



**Bob Shoup**



**Jared Scott Olsen**

Good memories are  
forever.  
We love your smile and  
the gift of your warm  
heart.  
We are proud of you!

Love, Mom and Dad



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### Katie Williamson

Our Dearest Katie Louise,  
 It has been a privilege  
 to see you grow into the  
 beautiful young woman  
 you are today. Remem-  
 ber we will always be  
 here for you.  
 We love you so much,  
 Mom and Dad



### Jordan Thibodeau

One journey is about to  
 end and another just  
 to begin. In life we  
 are not to the top but  
 forever climbing.  
 Believe in yourself  
 always and you will  
 go far.  
 Love, Dad



### Jennifer Lynn Dietrich

Dear "Sugar Plum"  
 May you carry your  
 beautiful smile,  
 wisdom through life.  
 Always stay sweet  
 and be blessed. Love,  
 Mom, Dad, Ryan,  
 Matthew, Auntie  
 Debbie



### Alycia Zahler

Dear Alycia, As we close  
 this chapter on your life  
 and move onto the next,  
 we know you will forge  
 on in your very own  
 special way of determi-  
 nation! We know you'll  
 be successful in what-  
 ever you do! Love,  
 Mom & Dad



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**Laura Lenz**

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**Karen Berning**

Congratulations, Karen We wish you success and happiness in your future. Keep smiling!

We Love you,  
Mom & Dad



**Ben Steiner**

Ben, I love you and I'm so proud of you!  
Your mom.



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**To our Tish,**

We are very proud of you! May your dedication and determination help you achieve your dreams. We wish you much success and happiness in your future and always know, we are here for you.  
We love you,  
Mom and Ken Eric and Kirsten



**Sara,**

We are so proud of you, not only for what you've accomplished, but for the kind of person you have become. We Love you!

Mom, Dad, Jason & Kristie



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## Andrew Croteau

Now is the time to spread your wing's and create you own destiny, never choose a path in haste, but with wisdom.  
 Love Mom & Dad  
 Congratulations my baby brother - My Boo Bear  
 I love you, Jessica



## Mary Barthel

With your heart full of music. And your head full of dreams. You journey off to reach for the stars.  
 Love ya!  
 Mom & Dad



## Sarah M Zachman

Sarah, We are very proud of you! We hope you are happy in whatever you choose to do. We love you and we will always be here for you.  
 Love Dad, Mom, Amber & Kelly

## Cara Ronning

Cara, we survived the terrible twos when you were a "POT HEAD!" Now hopefully we can survive on bread and water four years as we put you through college.  
 We are very proud of you Honey.  
 Love, Mom and Carlirae



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**Steve Pope,**

You have always been so special in being so creative and in all the things you've SAID and done. We are so very proud of you simply because you are our son and brother.  
Love, Mom, Dad, Joe, & Kurt



**GARY,**

You have overcome a lot of obstacles along the way. May your future hold true success. We are proud of you.

Love, Mom and Dad



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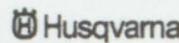
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**Bill Huson,**

Keep climbing that ladder Billy!!

Love Mom & Dad

**Congratulations,  
Rachel!**

Watching you grow to such a wonderful person has been our greatest joy! Remember to love life, be happy, work hard and keep smiling!  
Good luck at USF!

Love always!!  
Mom & Dad



**Peeper,**

Ever since the day we sat you down in that chair in Kindergarten, we dreamed of the day we would watch you graduate. We are so proud of you.

Love Mom & Dad



**Congratulations  
Brandon!**

As you enter into this new phase of your life, may you always remember "Home is where the heart is!" We love you and are very proud of the man you have become.  
Love Dad & Mom



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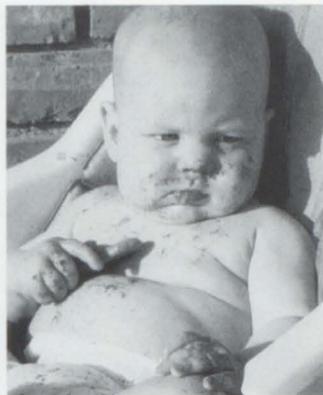
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### Monica Valerius

Dear Monica, We are so proud to have you as our daughter. Thank you for all the joy you've given us. We wish you happiness and success in all you do. We love you very much! Mom & Dad



### Jeff Grotte

You have had some tough times, but they have made you tougher. The world is yours and we are very proud of you. Always look forward. We love you. Mom & Dad



### Jess

You've brought so much joy and happiness into our lives. We are so very proud of you and wish you much happiness and success in the years to come. There will be many tears of joy and sadness when you leave for college. Our love and support will always be there for you. Love always, Mom and Dad

### Brittany Sophia Bauman

"PAMPERED CHILD!"



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**Congratulations Derek!**

You are such a riot to be around- Never a dull moment! You have so much going for you! Remember- Always keep the faith to guide you for Future Success! Love, Mom & Dad



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**Cole Ford**

Just who would have guessed you would have grown up to be so mature. You will do great things.

Love, Mom, Kelsie, Ben,  
Clint, Grandpa &  
Grandma

**Matt Hegland**



We are so very proud of your accomplishments. I can't believe the years have gone so fast. I'm sure you will do well in whatever path you chose. We are always here for you.

Love always, Dad, Mom,  
Kevin, Steven & Stacy

**Jacob Giese**

Jake, I can't believe how quickly the time has passed. You used to be this little baby and now you've become such a nice young man. I am so very proud of you. Congratulations and much success.  
Love Mom



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## Brandon Glanz

From the cute face of a toddler to the handsome face of the young man before me, you have never ceased to amaze me! I envy your determination and concentration to always succeed in everything you do. I love you with all my heart - Mom



## Bubba

Keep on being you!  
 Your one of a kind.  
 We are very proud of you. Congratulations!  
 Love You! Mom,  
 Dad, Jamie, Jesse &  
 Jon



## Leah M. Lenneman

We're so proud of you, in everything you do. Always a smile on your face, you brighten up the place. The accomplishments you've done over the years, has given us joy and some tears. Good luck in the Future!! We Love You!! Dad & Mom

## Kelly Hofford

Your zest for life and love of people are an inspiration to us! May God Bless You in your future plans! We are very proud! Love, Mom & Dad



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**Randy Faulk Jr.,**

You've reached a turning point in your life now. The challenges will be great, the choices immense. The inner you, where your courage lies, where your dreams are will never change. Neither will the way we love you, and our proudness we feel for the man you've become.  
Love Mom, Dad, Sara,  
Elizabeth, Brandon



**Congratulations  
Pumpkin,**

It seems like only yesterday, when you were a little girl. We are so proud of you. Keep the sparkle in your eye and remember to follow your dreams We Love You.  
Mom and Dad




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**Matthew Kessler**

Congratulations  
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**Tonya,**

On the day you were born we knew you would be a firecracker! We are so proud of the intelligent, multi-talented, friendly, beautiful individual young woman you have grown into! Love, Mom & Dad



**Travis,**

Congratulations!  
I'm so proud of you!

Love, Mom

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### Kathy,

We are very proud of you and all of your accomplishments. Thank you for being such a wonderful daughter and sister. Best wishes for a bright and happy future in whatever you do and remember we're always here for you. We love you, Mom, Dad, Mike, & Phil



### Joe Vandal

Joey...  
 Always remember...  
 Live Well,  
 Laugh Often,  
 Love Much  
 Luv Mom Dad  
 & Kayla



### Mitch Hackenmueller

Mitch, Where has the time gone? You've grown up so fast. We want you to know how very proud of you we are! As you go out into the world remember to follow your heart and God above and you'll always find your way. P.S. May life's challenges be as rewarding for you as you have been for us.



### Kristina & Krystal Georges

You two are very special daughters to us and we are very proud of you. You can achieve anything you set your heart to. Best of luck in the future. Your journey is just beginning. Congratulations! Love, Dad & Mom



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**Jesse Michael,**

Your future will be as bright as that adorable smile on your face. We are so proud of you!

With our love,  
Mommie and David



**Erich Barthel**

You have always made us so proud. We hope your wishes and dreams come true. You will always be our little boy.

Love Mom, Dad, Candi,  
Aaron and Kristi



**Congratulations Brandon**

We are so proud of you and all your accomplishments! We wish you success, happiness and most of all God's blessing as you go out and achieve your dreams. Keep smiling and always remember we are here for you!

We love you,  
Mom & Dad



**Jodi,**

We're very proud of you and your accomplishments. Happiness and success is wished for you in your bright future.

Love,  
Mom and Dad



**Melissa,**

We are so proud of you, May your life ahead be as wonderful as the years you have given us.

Love Mom, Dad &  
Kayla



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## Mark Eull

It's not easy being the youngest child, off to hockey a sport we live. In the van your gear is piled, your skates a stick, oh no one glove! We always knew you are one of a kind and now you've grown up so fast. As the saying goes & you're quick to remind, we must have saved the best for last!



## Lindsay Cavanaugh

Seeing the wonder and excitement in your face when you'd go out and try something new has always been amazing to watch. So, keep moving ahead, follow your dreams and amaze us. Your loving family.



## Anna Dorumsgaard

Annabanana  
 Never give up on what you really want to do. The person with big dreams is more powerful than one with all the facts. Congratulations & good luck! Love, Mom, Dorene & Heidi



## Jennifer & Lauri Grambart

You've grown too quickly! We are so proud of you. You've become independent, responsible young adults. You were our biggest challenge and our greatest achievement. The world is yours, work hard, make your dreams come true! Love Mom & Dad



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Erin Kay Schumacher,

Look Mom and Dad  
no parking violations!  
Keep on smiling!

Love Dad and Mom



April Kjellberg,

Now you're ready for  
anything. Good Luck!  
Love you always.



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**Congratulations  
Malina,**

We are very proud of you. It has been wonderful watching you set goals and achieve them. Always remember, where God guides, He provides. Best of Wishes to you.

Love, Mom, Dad & Travis

**Congratulations,  
Michael!**

We are so proud of you! You know what is really important in life - and what is not. Strive for your dreams, be kind, work hard. We are always here for you.

Love, Mom, Dad, Monica and Daniel



**Kelly,**

We are very proud of the beautiful young woman you have become. All of your hard work really shows and we hope that all of your dreams come true in your life.

All of our love,  
Dad, Mom, Keith & Drew

**Nick,**

So, what's our point? We are so proud that you're our son! May your life be full of the joy you've given to us.

Love, Mom & Dad



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## Amanda Jo Merges

Amanda, You have lived  
 up to your name, you  
 have "lightened-up"  
 our lives. We are proud  
 of you. Best Wishes!  
 Love, Mom & Dad



## Erik Heuring

Congratulations on your  
 graduation. That smile  
 and good attitude will  
 get you everywhere!  
 Remember we are  
 proud of you no matter  
 what you do. Love  
 Mom & Dad!



## Aimee Lefebvre

Aimee, To our "beloved"  
 Daughter- Time and  
 time again you have  
 blessed our lives with  
 your generous loving  
 spirit, humor & talents.  
 Now it's your turn to see  
 what's cookin' out there  
 in the world! Love you  
 always, Mom and Dad

## Elizabeth Lynch

We love to look back and  
 remember all the fun and  
 laughs you brought us.  
 You have grown up to be a  
 beautiful lady. Your every  
 dream has great promises.  
 We are very proud of you  
 and we will always have  
 an open ear for you.  
 We Love You Mom, Dad,  
 Joe, Teresa



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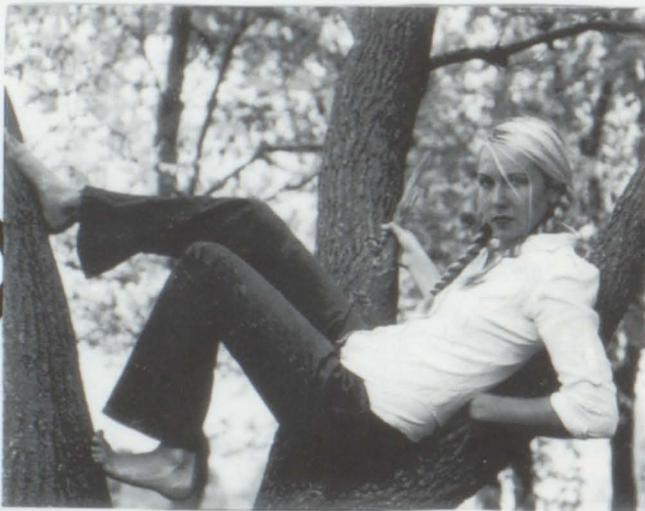
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# Congratulations

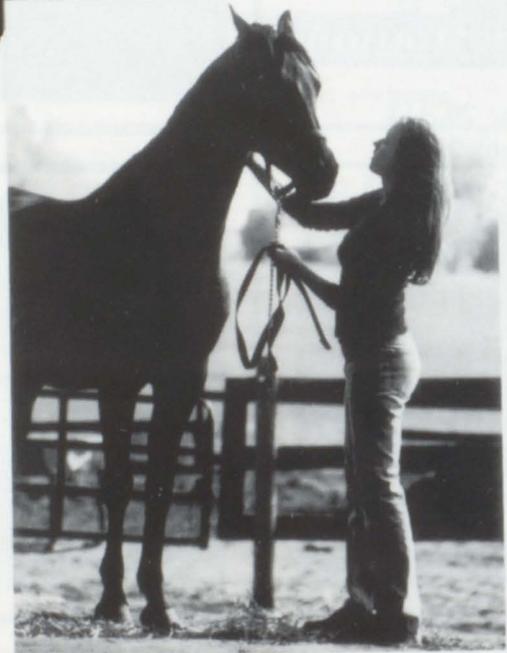
Class of 2001!

To all of the STMA  
"Star Performer"  
graduates!

Of course, we are a bit  
partial to our own  
Star Performer grads.....



Hilary Plantenberg



Tiffany Farr

\*Our year 2000 Scholarship winner was Sarah Hanson. Good Luck to all of you who are applying for our 2001 Scholarship! If you need a summer job to make money for school or need help finding your career, call *VISION STAFFING SOLUTIONS*, and we'll get you off on the right foot!



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## Nathan Lefebvre

Nathan, Now that the pampering is done, it is time for you to move on. We are proud of your many accomplishments. Keep smiling and enjoy life. Love, Mom and Dad



## Tanya Starr

Our little Tawny... The years have gone by very quickly. You have grown into a beautiful, smart, independent young woman. We are all very proud of you and wish you success in your future. Lots of Love, Mom, Dad, Tyler & Tanner



## Bug

It's time to spread your wings and fly. May God guide you as you experience life and reach new heights. Your talents, kind heart and open mind will take you wherever you wish to go!  
 Love, Dad, Mom & Brian

## Ashley Baldrige

You have filled our lives with joy and sunshine. We are so proud of all that you are and all that you do. Your happiness will always be our greatest treasure. With Love, Mom & Dad



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### Nicole Helgeson

Nicole, We are proud to have a daughter like you. Keep the dedication and determination that you've always shown. Know that we will always be here for you and keep smiling! Good luck & We Love You!  
Love, Mom & Dad

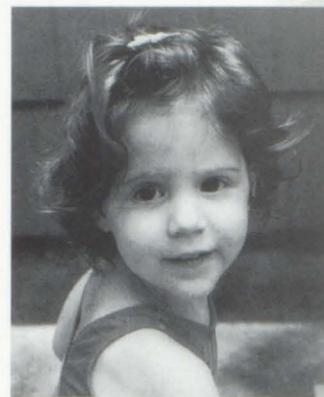


### Anne Stenglein

You are our sunshine! We are proud of you and all your accomplishments.

Thanks for the music!

Love,  
Mom and Dad



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### Tiffany N. Farr

Tiffany, You are a dreamer -- just remember, if you dream it, you can do it, if you believe it, you can achieve it. Dad and I gave you life, we gave you roots, and hopefully, we gave you wings.  
Reach Far---Fly High---  
Love, Mom, Chad, Krishona Shona, Ben and Heather



### Hilary A. Plantenberg

Hilary, Through your eyes you've shared with us life's precious moments. Keep capturing and sharing!  
Love,  
Mom, Dad and Adam



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**Kathy,**

We are very proud of you and all of your accomplishments. Thank you for being such a wonderful daughter and sister. Best wishes for a bright and happy future in whatever you do and remember we're always here for you. We love you, Mom, Dad, Mike, & Phil



**Julie Falbo**

Jules,  
We know you'll go far.  
You're a joy to have  
as a daughter.  
Congratulations on all  
your accomplish-  
ments.  
Love Mom & Peppi



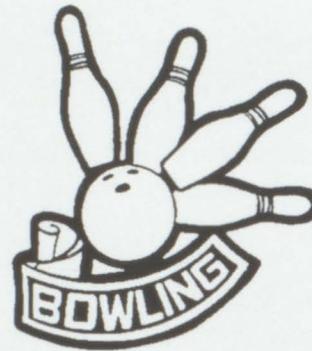
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**Walt**

We are very proud of you.  
You have grown into a  
wonderful, respectful  
man. We know you will  
do your best, in what-  
ever you decide to do.  
We will always be there  
for you.

Love Mom & Dad



**Stacie Malwitz**

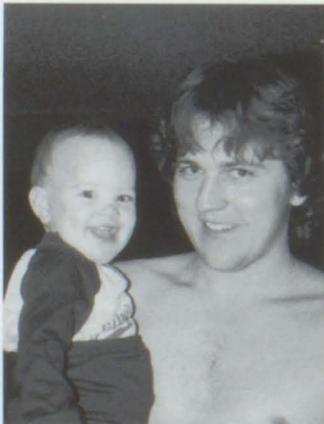
Thank you for 17  
wonderful years of  
being your mother.  
I'm looking forward  
to sharing whatever  
you chose to do in  
the future.



**Aaron Strelow**

You did it !!  
Dad & all of your family  
and friends are so proud  
of you. Now you can  
take the world on with a  
smile. We love you  
Aaron,  
We love you so much.

Mom, Bill, Reba & family



**Tia Elliot**

AH! The innocence when they  
are so young. Who would  
believe that at 16 years of  
age, this child decided to  
have a party while her DAD  
was away?

The Evil Eye!!



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 Wozney, Ronald: 50  
 Wright, Amanda: 50  
 Wulff, Kyle: 42

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 Young, Cole: 50  
 Young, Cory: 31, 95

## Z

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 Zachman, Elizebeth: 50, 96  
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 Zachman, Malina: 17, 20, 95, 97

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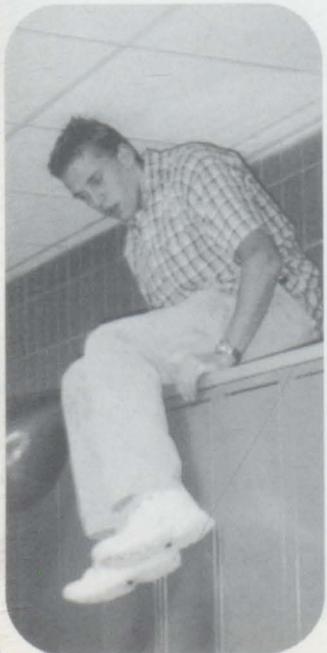
**Friesens**

The Yearbook Company



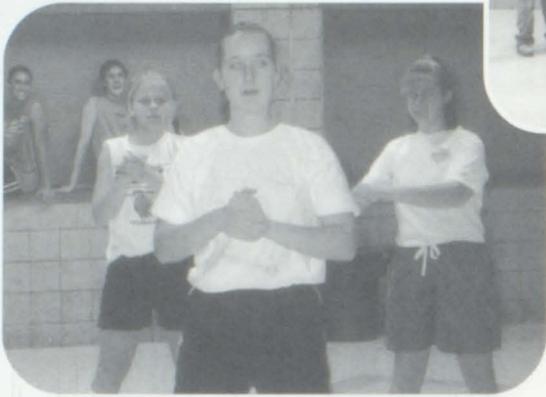
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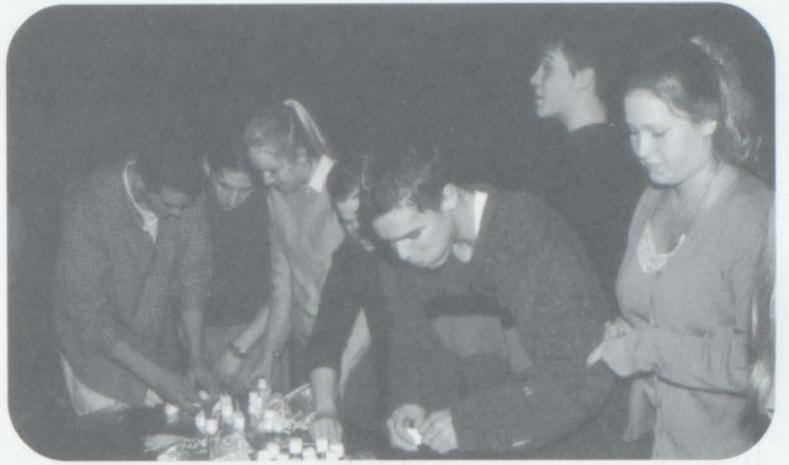
















# VALOR SPRING 2001 EDITION



# Baseball



**Varsity Baseball:** *Front Row:* Brandon Valerius, Randy Dehmer, Nathan Lefebvre, Andy Croteau, Matt Barthel, Ryan Robish  
*Middle Row:* Manager Carla Miedema, Reid Weber, Nick Volkmann, Jesse Hackenmueller, Ryan Eull, Nick Lee, Charlie Bammert, Manager Angie Rausch  
*Back Row:* Coach Eric Kolles, Coach Jeremy Hoffman, Erik Huering, Jeff DeMarco, Brandon Reinschmidt, Jesse Scherber, Jim Litzau, Keith Paulson, Coach Paul Schumm



Running the bases...



Another awesome run home



**JV Baseball:** *Front Row:* Eric Weber, Eric Borchardt, Jake Dalbec, Eric Callander, Nathan Rowe, Kevin Hegland, Greg Jaeb, Adam Petersen, Ryan Bauman  
*Back Row:* Coach Roger Ketel, Curt Sahli, Dan Christenson, Jon Dooher, Ryan Aaserud, Kyle Schaler, Les Hansen, Bray Wheeler



Throwing the next pitch, Jesse Scherber



One under the lights



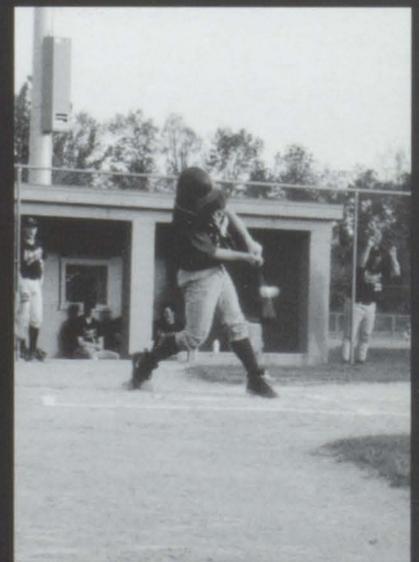
**Ninth Grade Baseball:** *Front Row:* Jake Derauf, Tyler Smith, Zach Robertson, Seth Swensen, Andrew Baldrige, Matt Sahli, Vince Hofford  
*Back Row:* Coach Dan Lefebvre, Ryan Pellaton, Kyle Rogers, Pete Lindenfelser, Aaron Roden, Tyler Carlson, Trenton Kolles, Brandon Scherber



Boys at bat...  
Above: Jeff DeMarco  
Right: Reid Weber



First baseman Randy Dehmer keeps an eye on the runner trying to make a steal.



# Softball

The STMA Knights Varsity Softball Team had an outstanding year in 2001. Although their record may not seem that great, their accomplishments are things that haven't been done for years. They were finally able to defeat Delano, 1-0, and the team made it to the championship game at the Becker Tournament. All of this occurred under the guidance of new varsity coaches: head coach Kathy Ellsworth and assistant coach Scott Sukalski. The Ellsworth era is off to a great start - who knows what will happen next year!

Sara Bebeau



**Above:** The Knights defense break for a pep talk before an important inning vs. Annandale in the second game of playoffs. **Left:** Alyssa Dick stops a grounder at 3rd before she launches it to 1st for the out.



**Varsity Softball:** *Front Row:* Christina Borchardt, Kacie Brant, Elizabeth Lynch, Nicole Helgeson, Stephanie Barthel, Lauren Wallerius. *Middle Row:* Alyssa Dick, Brianna Dick. *Back Row:* Coach Scott Sukalski, Sara Bebeau, Tracey Reining, Shanna Kuhn, Coach Kathy Ellsworth.



Catcher Steph Barthel keeps D.C. from coming home.



Lauren Wallerius looks to fire the ball to 1st after getting the out at 2nd and making the competition eat dirt.



**JV Softball:** *Front Row:* Cassie Bixler, Rachel Lindenfesler, Emily Beaudry, Michelle Taylor. *Back Row:* Angie Bebeau, Danielle Smith, Stephanie Wallerius, Coach MaryEllen Barthel, Danielle Kessler, Nicole Ryan, Katie Gooden.

## Scoreboard

4/10	Waconia (A)	1-6 L
4/17	Becker (H)	1-6 L
4/18	Monticello (A)	5-4 W
4/19	GSL (A)	5-2 W
4/24	DC (H)	6-2 W
4/26	Waconia (H)	0-10 L
4/30	Annandale (H)	3-7 L
5/2	<b>Delano (A)</b>	<b>1-0 W</b>
5/3	Annandale (A)	5-3 W
5/4	WM (H)	5-2 W
5/5	<b>Becker Tournament</b>	
	Becker JV	20-0 W
	Moose Lake	8-5 W
	Brooklyn Center	4-9 L
5/7	Becker (A)	3-1 W
5/8	GSL (H)	0-10 L
5/10	Delano (H)	4-6 L
5/11	Osseo (A-Pease)	3-5 L
5/11	Milaca (A-Pease)	0-5 L
5/14	DC (A)	2-3 L
5/15	WM (A)	3-4 L
5/21	Paynesville (H)	7-5 W
5/24	Annandale (A-Bec.)	1-4 L



The JV defense is ready for anything.

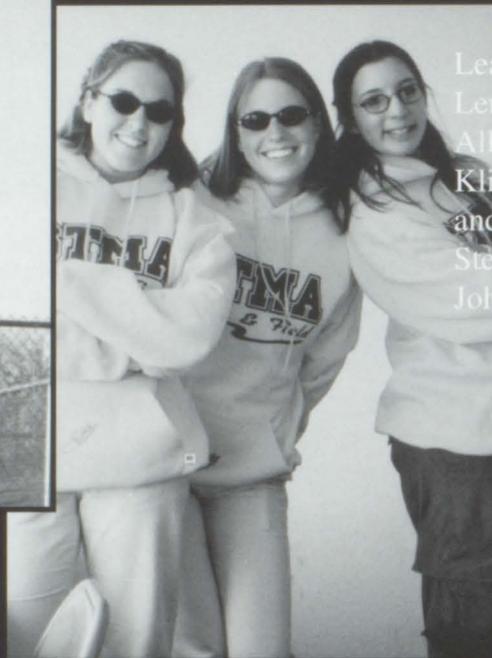


**It could go all the way!** Senior Nicole Helgeson sends one sailing out to left field.



**Ninth Grade Softball:** *Front Row:* Christine Pearson, Alanna Vetsch. *Middle Row:* Theresa Dahlheimer, Rebecca Zachman, Bryanna La Vallee, Brandi Brown. *Back Row:* Coach Jason Johnson, Courtney Brant, Laura Servaty, Calista Saville, Michelle Callahan, Amanda Wright.

# Track and Field



Leah  
Lenneman (12),  
Allison  
Kliest (11),  
and  
Stephanie  
Johansson (12)

Above:  
Kyle  
Valerius (10)

Below:  
Bob  
Shoup





Ben Robeck (12)



Leah Lenneman (12), and Danielle Legget (9)



**Varsity Boys Track:** *Front Row:* Alex Kessler, Eric Barthel, Bob Shoup, Michael Veaderko, John Nemece, Andrew Rogers, and Travis Kortem. *Middle Row:* Kyle Valerius, Joe Briggs, Matt Haller, Phil Zander, Dan Olson, Jake Klinkhammer, Bryan Hegland, David Helfert, Derek Leuer, and Pete Mosher. *Back Row:* Coach Stienke, Dustin Kruger, Marcello Rohrich, Mark Peloquin, Cole Ford, Eric Holland, Brian Shovelin, Joe Lefebvre, Nelz Spence, Brandon Beaudry, James Medina, Bob Spence, and Coach Rothwiler.



Allison Kliest(11) and Jaclyn Arns (9)

Dustin Krueger (10), Bob Shoup (12) and Joe Lefebvre (10)



Ashley Poirier (10)



Jacquelyn Wallerius (12)



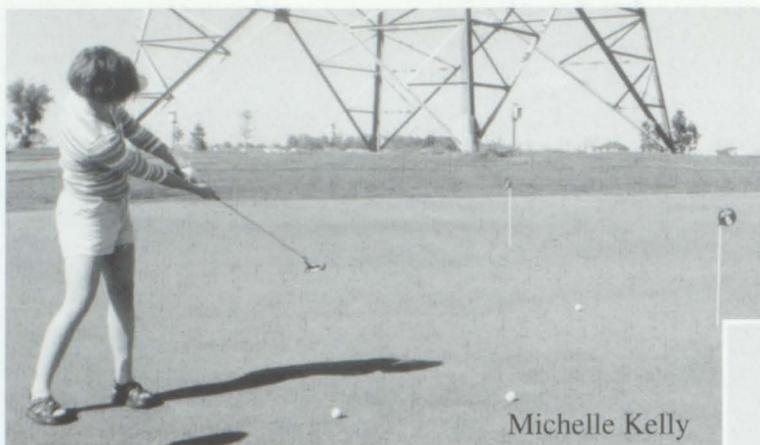
**Varsity Girls Track:** *First Row:* Jacquelyn Wallerius, Ashley Baldrige, Jenna Stangler, Liz Van Drasek, Julie Falbo, and Kelly Lefebvre. *Second Row:* Erin Kinnamon, Kari Holvik, Nina Spottle, Monica Voss, Chantelle Arone, Ashley Poirier, Colleen Schumacher, Stephanie Johansson, Danielle Legget, Mara Erickson, Christine Dahlheimer, and Tina Lidberg. *Third Row:* Tabitha Forness, Debra Tisdale, Dorene Kuttner, Jana Kaseberg, Brandi Mueller, Angela Helfert, Leah Lenneman, Kim Jokinen, Heather Larson, Cassandra Steffens, Connie Holand, Jaclyn Arns, and Natelie Clem. *Fourth Row:* Ellen Washatka, Lyndsey Stewart, Elizabeth Cady, Megan Stewart, Amanda Dick, Megan Rademacher, Andrea Nelson, Amber Reining, Hilary Plantenberg, Allison Kleist, Joelle Blais.

Left: Kin Jokinen (10) stretches for the lead as she clears the hurdles.

Below: Mara Erickson(10) and Ashley Poirier (10).



# STMA BOYS AND GIRLS GOLF



Michelle Kelly

Elizabeth Altendorf



Brandon  
Glanz

## TEACHER FUN DAY @ CEDAR CREEK



Mr. Metcalf



Mr. Bauman



# ANNUAL END OF THE YEAR GOLF BANQUET



Girl's coach Brian Bruer and Boy's coach Wayne Hoistad



The Girl's golf team is enjoying their meal and waiting in anticipation to hear this year's award recipients.

**All Conference  
Ryan Renstrom**

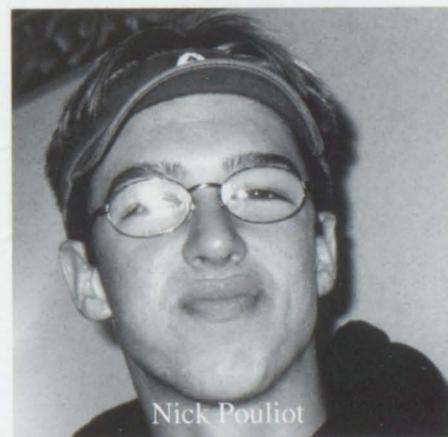
**Honorable  
Mentions**

**Elizabeth  
Altendorf &  
Eric Elliot**

## Worthington Golf Trips



Hanging out in the hotel before bed time!



Nick Pouliot



# Boys Tennis



Serving is a key part to one's tennis game. Above, Luke Zachmann practices his serve.



Coach Riles shows the boys the correct form to have on a forehand shot.



**Varsity Boys Tennis:** *Front Row:* Managers Shannon Weber and Kristie Eull *Middle Row:* David Maurer, John Hedlund, Jason Hedlund, Matt Blais, Nick Arnold, Matt Zachman, Kuniniko Arai *Back Row:* Coach Jim Riles, Adam Gilman, Jonathan Maurer, Karl Zachmann, Luke Zachmann, Nick Gilman, Jon Gilbertson, Jason Eull, Coach Jess Klein



Jonathan Maurer reaches back ready to take his next serve.



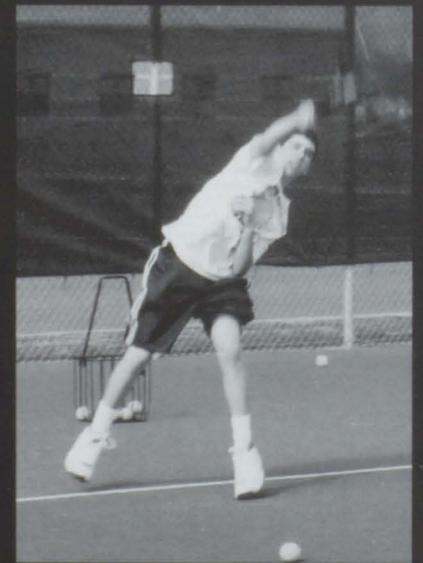
John Hedlund prepares for his next shot.

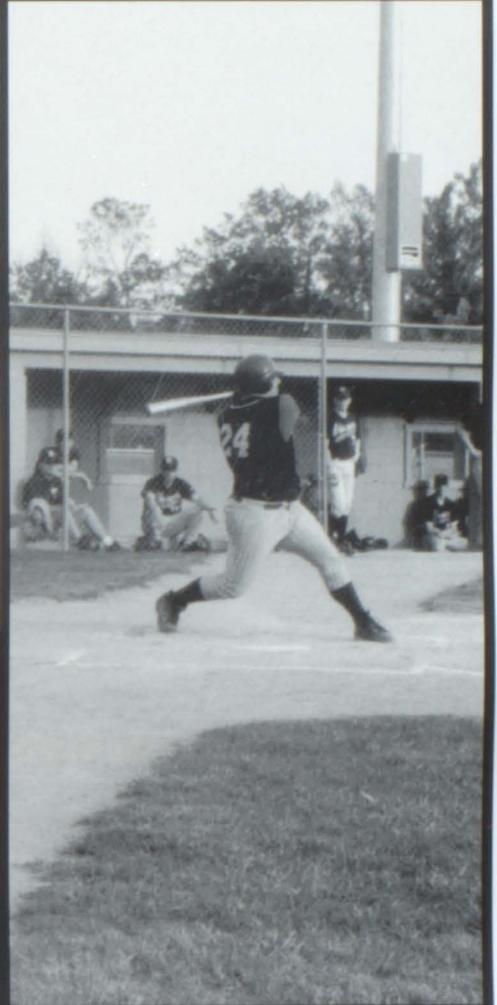
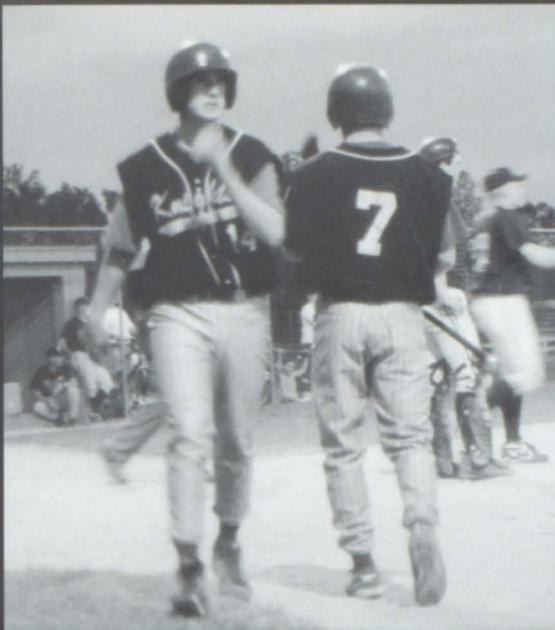
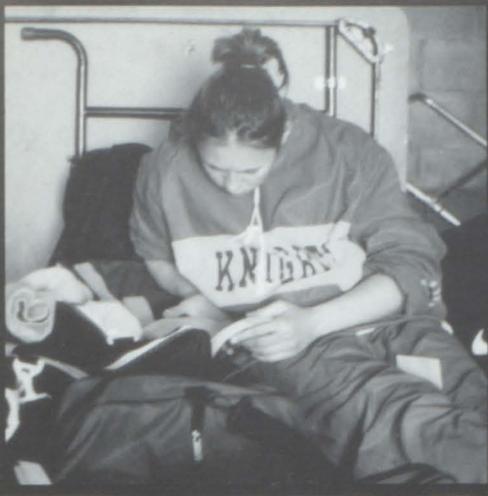


Many foreign exchange students join sports. For Kuniniko Arai, tennis was his top choice.

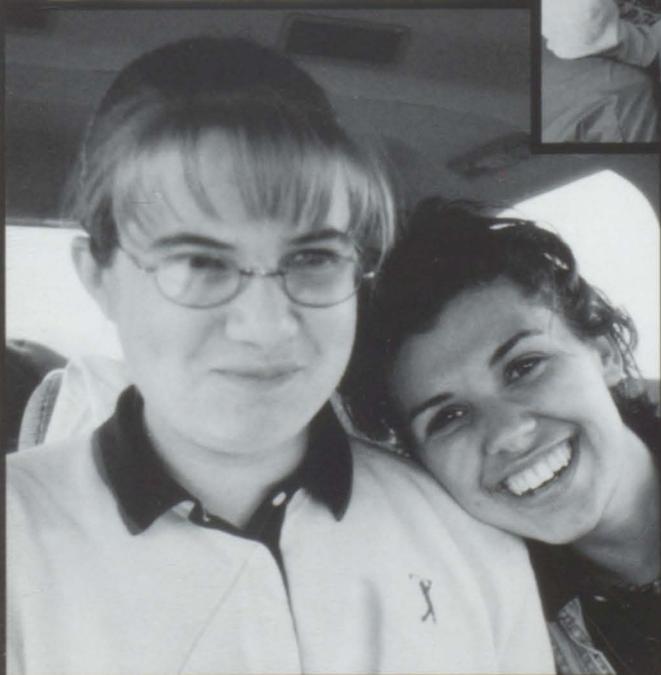


Jason Eull (left) makes another awesome forehand while David Maurer (right) serves his aces.

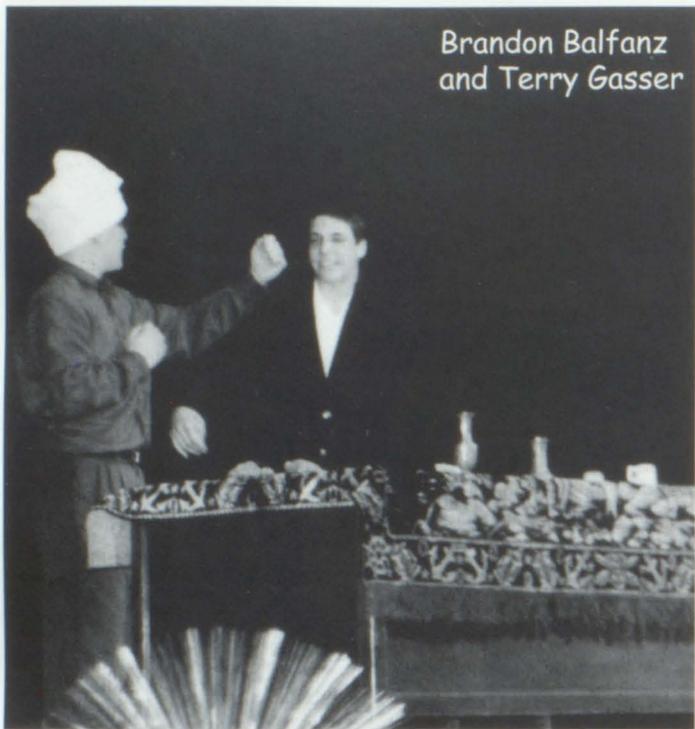




# SPRING SPORTS



Brandon Balfanz  
and Terry Gasser



Cara Ronning



A  
R  
T  
S

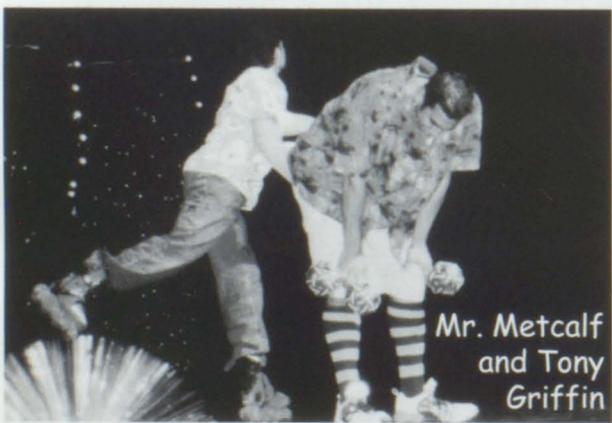


STMA Jazz Choir



Stephanie  
Gertken

OF THE  
KNIGHT



Mr. Metcalf  
and Tony  
Griffin



Rachel Jossart  
and Katy Rego



Left: Mr. Minkler recognizing senior achievement with awards for Randy Dehmer, Brittany Bauman, and Keith Becker.

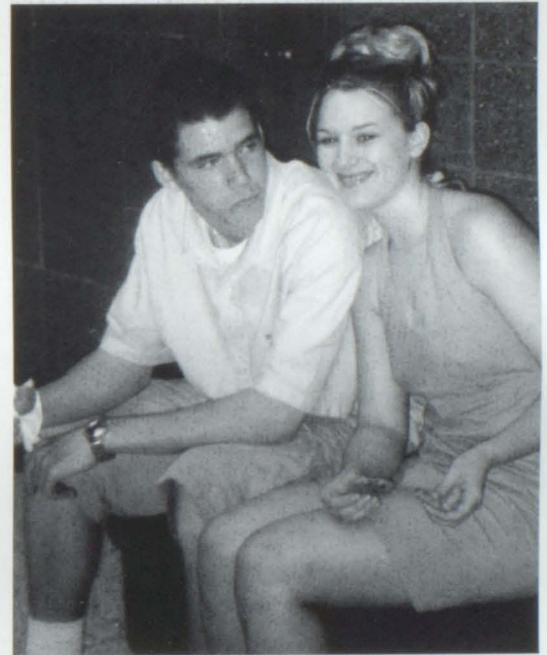
Right: Mr. Bovee congratulates Nick Volkmann, Keith Becker, Randy Dehmer, and Jake Barthel for academic excellence within the football team.



# HONORS NIGHT



Student of the Year recipients: Freshman Brad Kastendick, Sophomore Rachel Jossart, Junior Jenna Johanson, and Senior Randy Dehmer.



Above: Adam Flaherty and Stephanie Helm.



Left: Students accepting Science Honors.



Left: The STMA staff awaits the opportunity to recognize their top students.

Right: Mr. Bauman hands out honors to the masters of Industrial Technology.



# Prom 2001

# *Mystical Dream*



prom-goers





Chris Petrich and Rachel Bongaarts



Mike Haller and Jennifer Hesse



Rachel Bongaarts, Jessyca Duerr, Amanda May, Julie Falbo, Brittany Bauman, Tanya Starr, Jessica Etheridge, Mary Barthel, Nina Spottle, Jacquelyn Wallerius



Matt Spaeth and Brooke Baldwin

Brittany Bauman, Amanda May, Jessyca Duerr, Julie Falbo, Jacquelyn Wallerius, and Ashley Baldrige



Jenna Johanson, Sara Lindenfesler, Stephanie Helm, and Nicole Rademacher



Tony Gangner and Aime'e Falbo



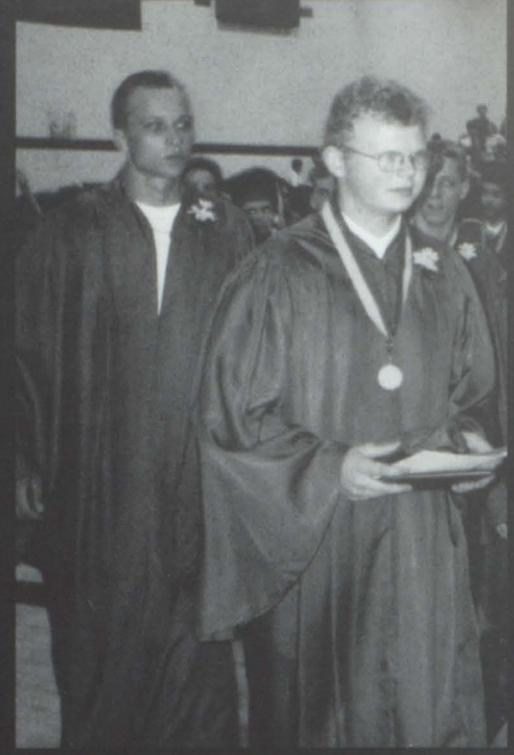
Dan Duncan and Amanda May



Jessica Etheridge and Ryan Eull



John Nemece, Dan Duncan, Derek Leuer, Keith Becker, Steve Pope, and Brandon Beaudry



# GRADUATION 2001

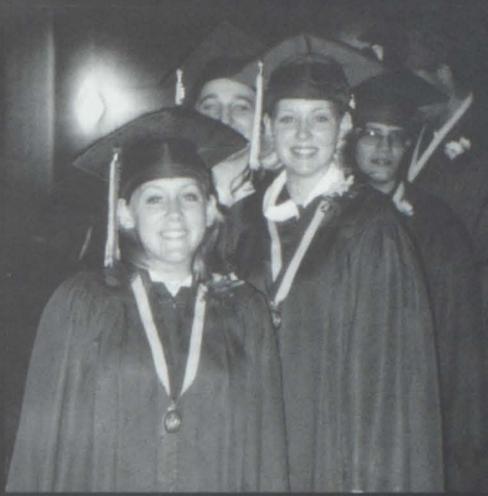
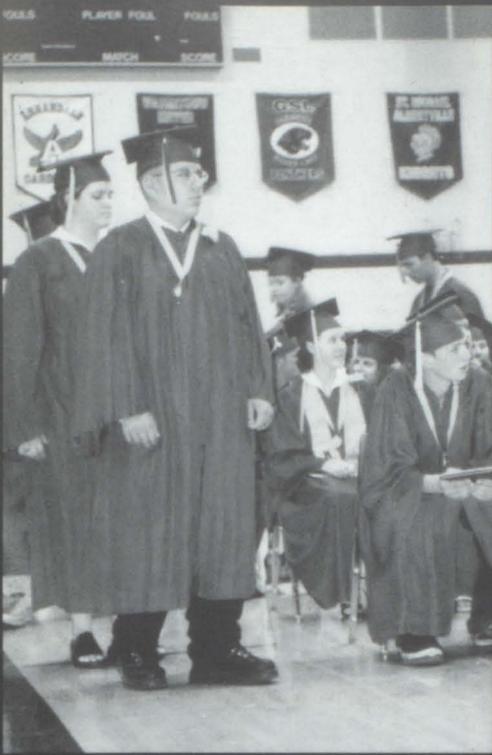


Doreen Kuttner

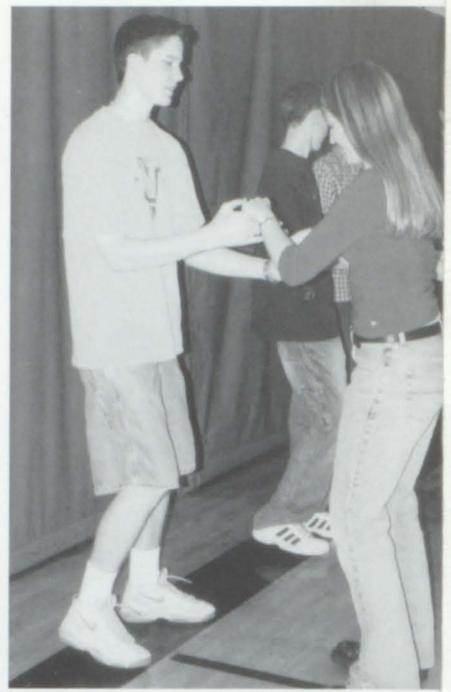
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Elizabeth Rachel Blanchet  
Jeffrey David DeMarco  
Stephanie Louise Johansson  
David Bruce Johnson  
Tommy Dui Keosongseng  
Peter Daniel Mosher  
Benjamin Jacob Robeck

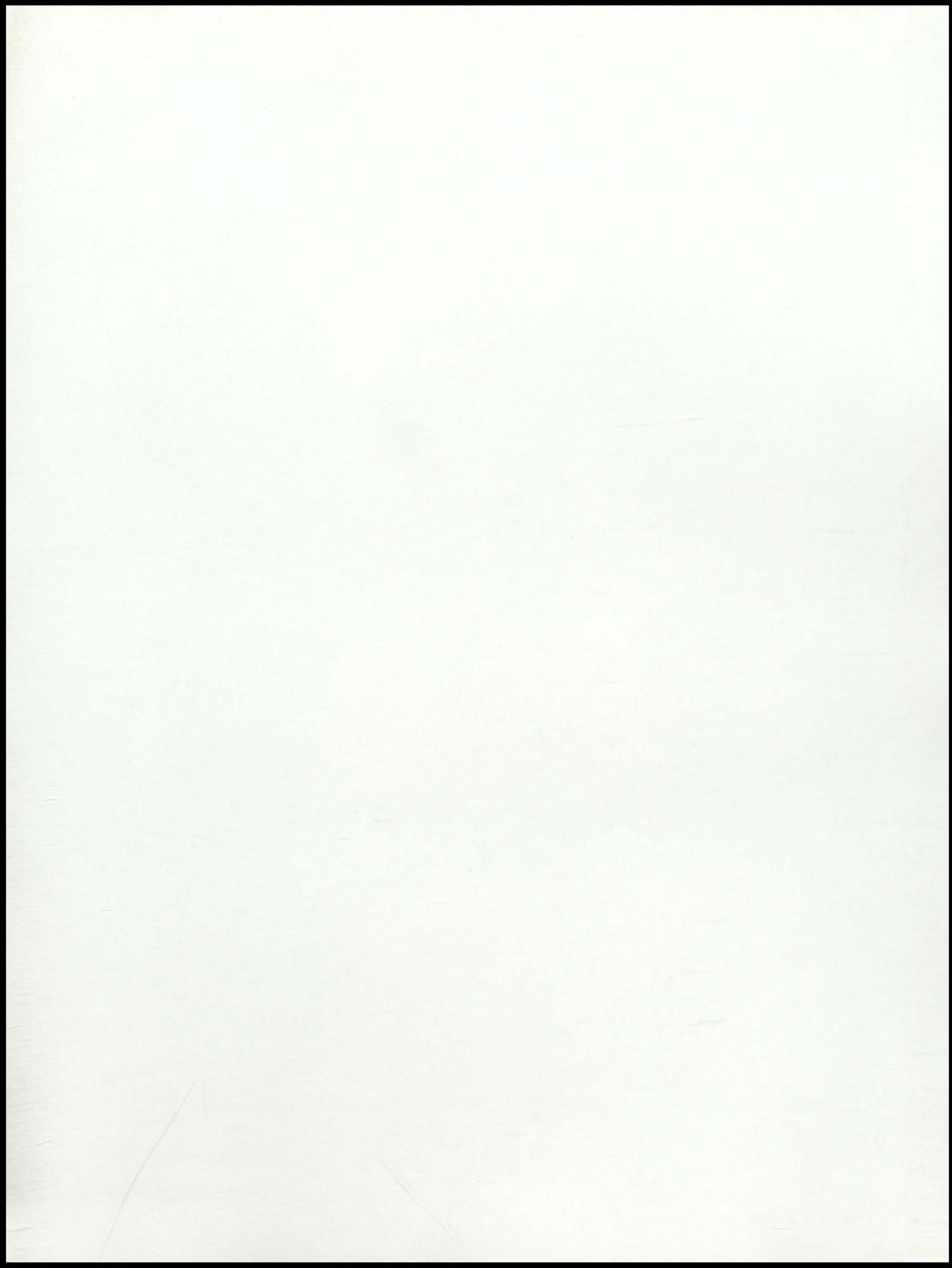
Corrections:  
Aimee Katherine Lefebvre  
Nicolas Pouliot





Awarding of Diplomas: Brittany Bauman, President; Jacquelyn Wallerius, Vice-President; Julie Falbo, Secretary





Kent Aalderks • Tracy Adams • Kasandra Alderink •

David Anderson • Jason Anderson • Jennifer Anderson • Renae

Anderson • Amy Aurzada • Ashley Baldrige • Brandon Balfanz • Nick

Barbeln • Brandon Barthel • Erich Barthel • Jacob Barthel • Mary Barthel • Mike

Barthel • Brittany Bauman • Brandon Beaudry • Jodi Becker • Keith Becker • Karen Berning

• Elisabeth Blanchet • Tina Bloms • Rachel Bongaarts • Jesse Branstad • Laura Bruce • Aaron Carlson

• Lindsay Cavanaugh • Josh Chastek • Cherish Cheney • Dayna Cobb • Jesse Cole • Andy Croteau •

Tricia Dahlheimer • Travis Dahlheimer • Casey Darkenwald • Jessica Dawson • John Dawson • Sara

Deckert • Randy Dehmer • Rudy Dehmer • Jeff Demarco • David DeRoma • Gary

Dick • Jennifer Dietrich • Anna Dorumsgaard • Jessyca Duerr •

Aleksandra Dutkowska • Jared Eicher • Justin Eliason • Tia Elliott

• Christine Erickson • Joy Erickson • Jessica Etheridge • Eric Eull •

Mark Eull • Ryan Eull • Sara Eull • Julie Falbo • Tiffany Farr • Randy

Faulk • Ryan Fehn • Courtney Flanagan • Cole Ford • Tasha Foss •

Ross Fredrickson • Joe Freeman • Max Frohlich • Tony Gangner •

Kristina Georges • Krystal Georges • Jake Giese • Brandon Glanz • Matt

Glauner • Jennifer Grambart • Lauri Grambart • Jeff Grotte • Alan

Gunderson • Jesse Hackenmueller • Mitch Hackenmueller • Tonya

Hackenmueller • Janna Hagen • Mike Haller • Matt Heglund • Nicole

Helgeson • Erik Heuring • Hofford • Eric Holland • Bill Hud-

son • Evan Ingebrigtson • Stacy Jesser • Rachel Jobes • Stephanie

Johanson • David Johnson \* Jana Kaseberg • Matt Kasper • Katie Keizer

• Tommy Keosongseng • Matt Kessler • Jennifer Kiesner • Jake Kilian • Josh Kilian

• April Kjellberg • Betsy Koch • Jessica Kolles • Keith Krone • Dan Kuechle • Matt Kukowski • Doreen

Kuttner • Laci Kvamme • Megan Ladwig • Crystal Lee • Dawn Lee • Aimee Lefebvre • Nathan Lefebvre

• Brenda Lenneman • Leah Lenneman • Laura Lenz • Bruce Leslie • Derek Leuer • Angie

Lindenfelser • Lori Lindenfelser • Walter Linder • Liz Lynch • Stacie Malwitz • Nick

Marek • AbbyMarx • Michelle Mattioli • Tony Mattson • Amanda May • Rob

Mayberry • Justin Menzel • Amanda Merges • Lance Meyer • Peter

Mosher • Gioanna Olivares • Ashley Olmscheid • Dan Olsen •

Jared Olson • Ryan Panning  
• Keith Paulson • Nate Pauly •  
Tim Peterson • Chris Petrich • Aly  
Piechocki • Melissa Pietsch • Hilary  
Plantenberg • Steve Pope • Nick Pouliot • Jackie  
Radunz • Dan Raker • Jessica Reese • Katy Rego •  
Brandon Reinschmidt • Angie Rines • Ben Robeck •  
Alicia Roehl • Pat Rogers • Marcello  
Rohrich • Cara Ronning •  
Jason Sandstrom • Annie  
Scharber • Dusty Scheller •  
Nicole Scherber • Kelli  
Schirmers • Nicole Schneider  
• Allison Schoon • Erin  
Schumacher • Leah Scofield  
• Kasi Seiwert • Bob Shoup •  
Brian Shovelain • Jake Sigler  
• Chris Sikorski • Jason  
Slimmer • Tom Smith • Nels  
Spence • Nina Spöttle •  
Joanna Spurbeck • Leann  
Stafford • Jenna Stangler •  
Tanya Starr • Mike Steffens •  
Ben Steiner • Anne Stenglein  
• Danelle Stewart • Amy Stine

Mike Stiras • Aaron Strelow • Kacy Suckow • Liz Teare • Jordan Thibodeau • Rachelle  
aut • Brandon Valerius • Monica Valerius • Joe Vandal • Kathy Vergin • Andy  
tsch • Renee Vetsch • Nick Volkmann • Jason Walker • Jacquelyn Wallerius • Brandon  
egner • Katie Williamson • Richard Witt • Cole Zachman • Malina Zachman •  
rah Zachman • Stephen Zachman • Tiffany Zachman • Alycia Zahler • Phil Zander

