



St. Michael
• 2005 •
Albertville



HOME

Kerry

32

PROPER
NYCC

TORONTO

FOR REFERENCE
2004-2005





STMA

Knights

2005

**St. Michael-
Albertville**

Senior High School

**11343 50th Street NE
Albertville, Minnesota**

55301

Valor 2005 Volume 8

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People**

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Student Life**

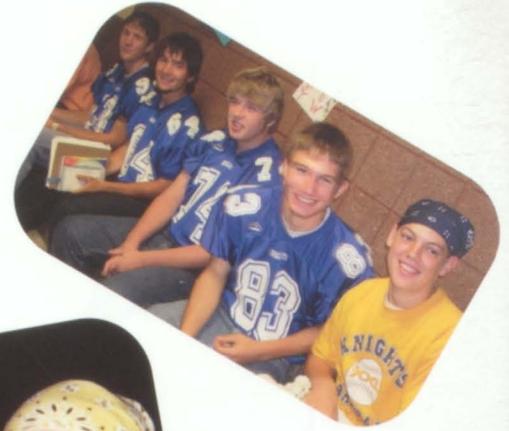
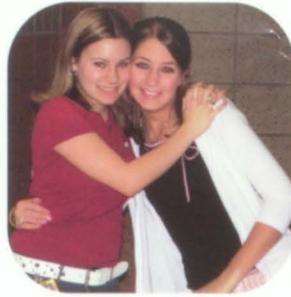
**78
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STMA KNIGHTS 2004-2005





Cheer, Cheer for STMA.
Shake down the echoes distant and high
Send a rousing cheer on high
Shake down the thunder from the sky
Let all the odds be great or small
STMA will win over all
While her loyal sons are shouting
Shouting for victory
K-N-I-G-H-T-S



PEOPLE



FRIENDS



PEOPLE





FRIENDS



PEOPLE



FRIENDS



**Kenneth Lee
Aalderks**

We may win and we may lose, but we will never be here again.



**Nicholas George
Adamski**



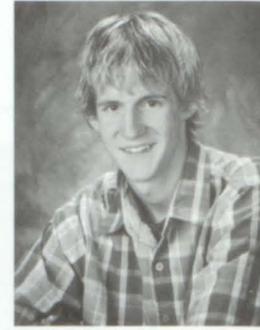
Jessica Ann Akes

I'm so cool!



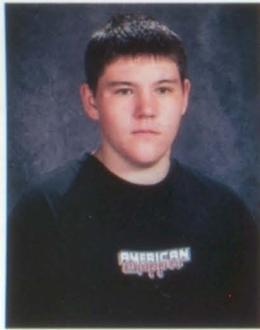
**Peria Lithya Alvarez
Cazarin**

I know who I am. I know what I do. I know where I fit in. I'm comfortable in my own skin.



**Bart Gerald
Andersen**

No...that's S...E...N

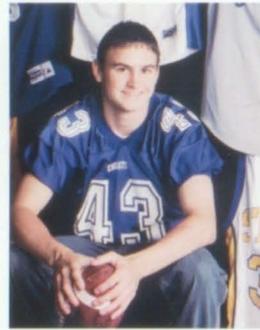


**Kyle C. William
Anderson**



**Nicole Lillian
Andrews**

Live and let live.



Chad James Arlt



Kerry Lee Arone

There are many ways to go through life. You just have to find the way that fits you the best.

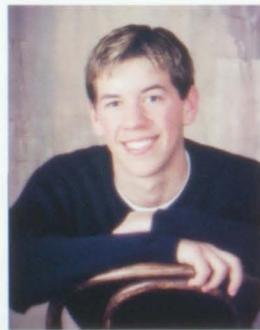


Chelsey Marie Bach



Dustin Forrest Baker

Never take life too seriously; you'll never get out alive.



**Jonathan Roger
Bauman**

Yeah, it happens.



**Michelle Marie
Beaudry**

What lies behind us and what lies before us are only tiny matters compared to what lies within us.



Jacob Daniel Bebeau

If you want to go somewhere and you want to be somebody, you've got to wake up and pay attention!



Karla Marie Becker

Seniors



Lars Martin Berg



Aaron Michael Berning

Sometimes you are the dog, others you are the hydrant.



Antonia Lee Berning

After silence, that which comes nearest to expressing the inexpressible is music.
-Aldous Huxley



Melita Ann Berning

Enjoy the little things for one day you may look back and discover they were big.

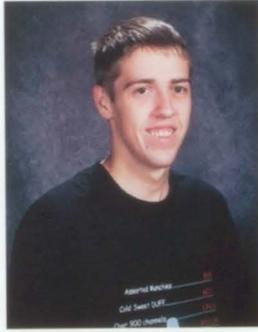


Blake Tyler Besser



Jarod Lee Besserud

If your success is not on your own terms, if it looks good to the world but does not feel good in your heart, it is not success at all.



Michael William Billstrom



Danica Jean Bistodeau

Life is like a mirror. If you smile in it, it smiles back!



Eva Katharina Blomberg

“Der kuerzeste Weg zwischen zwei Meuschen ist ein Laechein.”
The shortest distance between two people is a smile.



Joseph Francis Bongaarts

The trouble is, if you don't risk anything, you risk even more.



Roxanna Genay Boone

Never make someone a priority if they only make you an option.



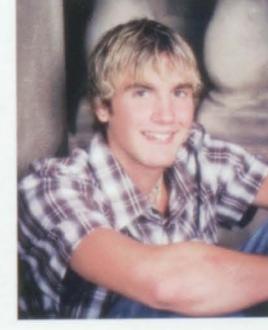
Scott Bernard Borschke



Dominique Maurice Bowman-Griffin



Jeremy Scott Brant



Joshua William Bray

Class of 2005



**Kathryn Marjorie
Bridal**

Could you believe in Heaven
if Heaven was all you had?



**Brenda Lynn
Budhram**



Eric David Cagle

Learn all you can from the
mistakes of others. You won't
have time to make them
yourself.
-Alfred Sheinwold



Amy Jean Capps

We can't become what we
need to be by remaining what
we are.
-Oprah Winfrey



**Andrew Richard
Cellini**

The world is a roller coaster
and I am not strapped in.



Andrew Lee Chatelle



**Eric David
Christiansen**



**Cameron James
Cieslak**

The face of a child says a lot.
Especially the mouth part of
the face.



Andrew Mark Clem



Ashlee Nicole Cook



Melissa Marie Croce

Be who you are and say what
you feel, because those who
mind don't matter and those
who matter don't mind.
-Dr. Seuss



**Brittany Lynn
Crocker**

Live as if you were to die
tomorrow. Learn as if you
were to live forever.
-Mahatma Gandhi



Cory Michael Dalbec

Hard work never killed
anybody, but why take the
chance?



Ariana Joy Daleiden

I don't care what you do for a
living. If you love it, you are a
success.
-George Burns



Abby Jane Danielson

The happiest of people don't
necessarily have the best of
everything; they just make the
most of everything that comes
along their way.

Seniors



**Christine Ann
DeRoma**

The louder you are the more often you will be heard.



Ali Christine Dehmer

Always smile, because the simplest smile can bring the greatest joy into one's life.



Ashley Anne Dehmer

We do not have to visit a madhouse to find disordered minds; our planet is the mental institution of the universe.
-Johann von Czoethe



Jakob Ryan Demmer



**Mark Campbell
Derus**



Jessica Rose Diers

Don't eavesdrop on others -- you may hear your friends laughing at you. For you know how often you yourself have laughed at others.



Travis Jon Dooher

Perfection is an unattainable fallacy pressed upon the condemned youth of this flawed existence.



**Zachary David
Dooley**



**Stephanie Laura
Ebner**

A relationship is like a rose, how long it lasts, no one knows; love can erase an awful past, love can be yours, you'll see it last.



Adam Wade Eliason



Joshua John Emerick

What lies behind us and what lies before us are tiny matters compared to what lies within us.
-Ralph Waldo Emerson



**Crystal Leigh
Emerson**

If you cannot weep with your whole heart you cannot truly laugh.



Jake Brendan Engel



**Andrew Kenneth
Engen**

Don't let life get you down because we'll all be dead in 70 years anyway.



**Megan Lynn
Engstrom**

If your glass is only half full, what's stopping you from filling it up?

Class of 2005



Kristie Marie Eull

Half the world is composed of idiots, the other half are people clever enough to take indecent advantage of them.



Heather Jo Euteneuer

A single rose can be my garden. A single friend, my world.



Jesse Daniel Evans



Thomas David Ferry

Common, common, common...
-You Know You



Amy Jean Fisher

If nothing changed, there'd be no butterflies.



Travis Weston Fitzgerald

In this country, you gotta make the money first. Then when you get the money, you get the power. Then when you get the power, you get the women.
-Scarface



Mackenzie Lynn Flaherty

What is meant to be will always find a way.



Claire Marie Friendshuh

The happiest of people don't necessarily have the best of everything; they just make the most of everything that comes along their way.



Christina Marie Garnto



Jessica Joy Gohr



Kathryn Ann Goodin

Live your life as if there's no tomorrow so when you look back you won't regret a thing.



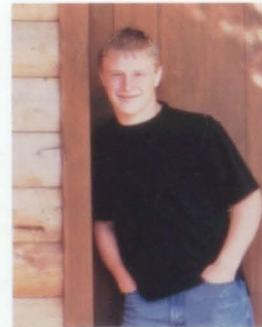
Lacy Jo Greninger

Live like there's no tomorrow, love like you've never been hurt, and dance like no one's watching.



Bryana Lee Grotte

Every passing moment is another chance to turn it all around.
-Vanilla Sky



Jacob James Grygelko

My psychiatrist told me I was crazy...I asked him if he didn't mind but I wanted a second opinion. Then he told me I was ugly, too.



Timothy John Hackbarth

If we don't have laughter, we'll all go insane.

Seniors



Amanda Lynn Hackenmueller

Life moves pretty fast. If you don't stop and look around once in a while you could miss it.
-Ferris Bueller



Daniel Robert Haller

Only two things in life are infinite, the universe and human stupidity, and I'm not sure about the universe.
-Albert Einstein



Jared Tyler Hansen

Mopedin' forever.



Lindsey Marie Hanson

Never say goodbye when you still want to try. Never give up when you still feel you can take it. Never say you don't love a person when you can't let go.



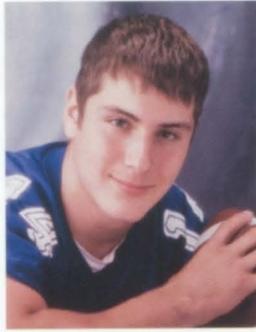
Samantha Jean Hartfiel

How many cares one loses when one decides not to be something but to be someone.



Ryan Lee Hase

There is now a Starbucks in my pants.



William David Haskvitz

I don't know any other way to lead but by example.



Vienna Victoria Hastings

You'll have that on the big jobs!



Courtney Rose Haynes

I have one hand, you have another. Put them together and we have each other.



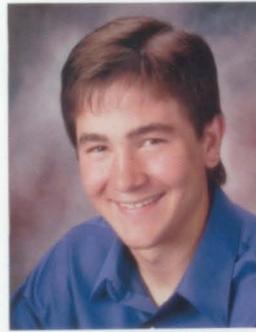
Rachel Marie Heffington

Your life isn't measured by the number of breaths you take. It is measured by the number of times your breath is taken away.



Sarah Marie Helfert

Nobody ever died of laughter!



Grant Roland Helgeson

Success is not the key to happiness. Happiness is the key to success. If you love what you are doing, you will be successful.



Joshua James Helland



Jenna Lee Henrickson

Life isn't always easy, but I believe things happen for a reason.



Joshua Steven Hensel

My girl got mad and sent me to the doghouse. Too bad I accidentally walked into a cathouse.

Class of 2005



**Kathryn Lynn
Herring**

Let the world know as you are, not as you think you should be, because sooner or later if you are posing, you'll forget the pose and then where are you?



**Jessica Laura
Heuring**

The future belongs to those who believe in the beauty of their dreams.
-Eleanor Roosevelt



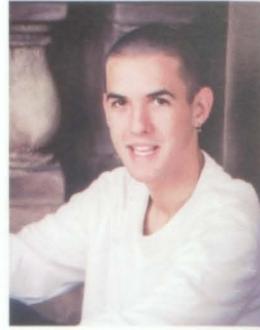
Ryan James Highberg

If A is success in life, then A equals X plus Y plus Z. Work is X; Y is play; and Z is keeping your mouth shut.



**Jaimie Marie
Hoeschen**

Warning: Exposure to the Son will prevent burning.



**Christopher Miller
Hughes**

Where'd all the good Camaro's go?



**Pamela Elise
Ingebrigtsen**



**Andrea Elizabeth
Janney**

Always have something in your lunchbox to trade with.



**Princess Onyinye
Jibunor**

Know yourself, love yourself, hug yourself.



Rachael Ann Johnson

Just because everything is different doesn't mean everything has changed.
-Irene Peter



Jenna Rose Johnston

Just smile and nod.



Megan Sue Jokinen

You've got to stand for something or you'll fall for anything.
- Aaron Tippin



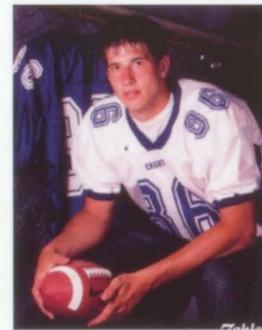
Erika Lee Jossart

The soul would have no rainbow if the eyes had shed no tears.



**Brianna Marie
Julson**

Jump into the middle of things, get your hands dirty, fall flat on your face, then reach for the stars.



Tyler John Justen



Mikayla Marie Kelly

A loving heart is the truest wisdom.

Seniors



**Anneliese Yen
Keosongseng**

If you can't learn to do it well, learn to enjoy doing it badly.



Sondra Jean Kilian



**Christopher
Raymond Kinnamon**

I don't trust no one. Not even myself.



Aaron Bruce Klatke



Amanda Jo Kolles

Some people will never know anything beyond what they see with their own eyes.



Nicholas John Kolles

Go til the goin' gets done.



Tyler Steven Krutzig

Courage is not the lack of fear. It is acting in spite of it.



Taylor Richard Laage

I got robbed by a sweet old lady on a motorized cart and I didn't even see it comin'.



Kayla Marie Lampert

If you obey all the rules you'll miss all the fun.
-Katharine Hepburn



Alexa Kay Landefeld

Regret is the only wound from which the soul never recovers.



Emily Jae Laney

After changes, we are more or less the same.



Heather Ann Larson

Cherish what you've got today as it may be gone tomorrow. You can go through life victimized and bitter, but that is such a waste. Turn your pain into strength and be a positive force.
-Drew Barrymore



**Nathan Michael
Larson**

If I can't be a good example, then I'll just have to be a horrible warning.



Sarah Jo Larson

Life is hard, God is not. God is fair, but life is not. Don't confuse God with life.



Kelly Lynn Leadens

No matter what you do in life, there will always be critics.

Class of 2005



PangLee Lee

Which dreams indeed are ambition, for the very substance of the ambitious is merely the shadow of a dream.
-William Shakespeare



Rebecca Lynn Lefebvre

The future depends on what we do in the present.
-Mahatma Gandhi



Jaclyn Laura Leuer

God is God and we are not.



Jaime Theresa Leuer

When they find the center of the universe, a lot of people will be disappointed to discover they are not it.



Alex James Lindenfelser

The rain starts a wonderful organ. It starts working the moment you get up in the morning and does not stop until you get into school.



Bradley Joseph Lindenfelser

Sometimes the best things in life are found far from any paved road, but there's only one way to get there...you've got to get a little mud on the tires.



Matthew Joel Lindenfelser



Jennifer Marie Linder

If two wrongs don't make a right, try three.



Jennifer Ann Long

MUSIC is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination, and charm and gaiety to life and to everything. It is an expression that which cannot be said and on which it is impossible to be silent.



Zachariah Adam Maske

There is a fine line between not knowing and not caring...I'd like to believe that I walk that line every day of my life.



Nicole Marie Mattsen



Elizabeth Susan McAllister



Caleb Miland McEachern

People who think they know everything annoy those of us who really do.



Lashaya Tanay McGahee



Joseph Fernando Moran

Emancipate yourself from mental slavery. No one but ourselves can free our mind.
-Bob Marley

Seniors



**Shawn Richard
Mulser**



**Michael Francis
Nelles**



**Jason Andrew
Newborg**

If everything seems under control, you just need to drive faster.



**Andria Lee
Niedzielski**

It's a dangerous business going out of your door. You step into the road, and if you don't keep your feet, there is no knowing where you might be swept off to.
-J.R.R. Tolkien



Jessica Ann Nordin

When on the ladder of success, don't let the boys look up your dress!



Ashley Marie Ojala

Go confidently in the direction of your dreams. Live the life you have imagined.



Kristi Ann Oliver

To accomplish great things, we must dream as well as act.
-Anatole France



**Anthony Patrick
Pfeifer**



**Souphaphone
Phothirath**



Sean Robert Pile

Surrounded by night, I've been offered insight. There is none but the sin of pride. Am I wrong? Am I right? Am I losing my sight? Abandoning the superior mind...?



Anna Joy Posthumus

She says the wind has edges. She also says that words and sounds have tastes. Most of the time she's quiet about these matters...but her tattoo says "look closely".
-The Persistence of Yellow



**Breanne Lyn
Prothero**

Deal kindly with others. There are often tears in the heart that never reach the eye.



Joseph Nicholas Psyk

Don't work too hard and party more. If you have more than \$10,000 left when you die, you're a failure.



**Christian Bernd
Putschky**



**Justin Donald
Ramler**

Class of 2005



**Tara Haukom
Reardon**

Know what's weird? Nothing ever changes, but eventually everything is different.



Tarah Rae Redington

Think of how the world would be if it was full of peace, love and equality.



Megan Lindsay Reed

A friend is someone who knows the song in your heart and sings it back to you when you've forgotten the words.



Isaac David Rego

Imagination is more important than knowledge.
-Albert Einstein



**Jesse Scott
Reinschmidt**

Life is like getting on a boat that is going out to sea to sink.



**Kristina Marie
Roberts**

Only those who will risk going too far can possibly find out how far one can go.
-T.S. Eliot



Scott Nathan Robish

The two most important things in life are good friends and a strong bullpen.
-Bob Lemon



**Shannon Angela
Roddy**

I have no regrets...and so far it's been fun.



Emily Mae Roden

In order to be creative, you can't always be a perfectionist.



Thomas James Roder

I really didn't say everything said.
-Yogi Bera



Sarah Irene Rogers

A best friend is a sister destiny forgot to give you.



Jon Michael Ronallo

Shoot pool, not people. Kill time, not life.
-Atmosphere



**Carlirae Anne
Ronning**

My way of joking is to tell the truth. It's the funniest joke in the world.



Karen Michele Rose

You can complain because roses have thorns or you can rejoice because thorns have roses.



**Matthew Curtis
Ruter**

Experience is a good teacher because she gives the test first and the lesson afterwards.

Seniors



Kellen James Ryan

If my life is like a highway,
then my soul is like a car.
-Man Down



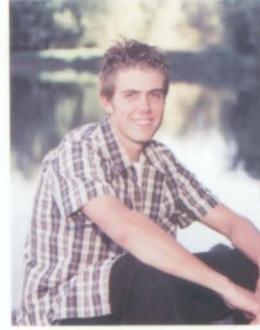
**Justin Jon
Schaapveld**

Whenever I'm caught
between two evils, I take the
one I've never tried.



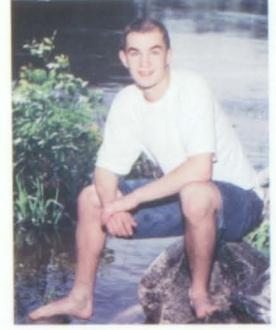
**Ashley Marie
Scherber**

Anyone who has never made
a mistake has never tried
anything new.



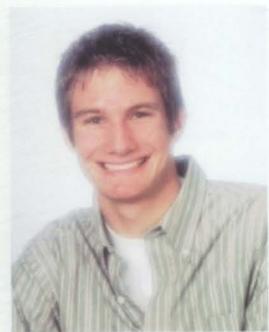
**Nathan David
Schmitz**

If I could do it all over again,
I wouldn't do it here.



Joseph John Schoen

Anytime I see something
screech across a room and
latch onto someone's neck
and the guy screams and tries
to get it off, I have to laugh
because, what IS that thing?



**Thomas Lee
Schreiber**

The truth hurts. Well, not as
much as jumping on a bicycle
with no seat, but it still hurts.



Rebecca Marie Scott

Whatever happens from now
on you must stand firm and
face your destiny without fear
but with courage.



**Thomas Jonathon
Sedlacek**

I never think of the future --
it comes soon enough.



**Megan Kristine
Selvig**

Behold the turtle. He makes
progress only when he sticks
his neck out.
-James Bryant Conant



Megan Cody Shaw

I'd rather have thirty minutes
of wonderful than a lifetime
of nothing special.



Amy Lucille Sieg

In the long run, we get no
more than we were willing to
give.
-Sheldon Kopp



**Jeanette Nicole
Smith**

I do not regret any mistakes that
I have made along the way...they
have shaped me into the person
that I am today.



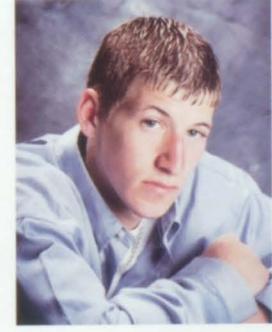
Timothy Ryan Spicer

If you laugh at your mistakes
and learn, all knowledge shall
be known.



Kristen Ann Stangler

Without ice cream there
would be darkness and chaos.
-Don Kardong



Nathan John Steffens

Class of 2005



Ryan Thomas Steffens



Aaron William Stubbs



Desirae Mae Swenson

Be who you are and say what you feel, because those who mind don't matter and those who matter don't mind.
-Dr. Seuss



Nicole Anne Swindlehurst

The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart.



Ryan Richard Tessmer



Brittany Michelle Theisen

I'll toss my coins in a fountain, look for clovers in leafy grass, search in the night sky for a shooting star, cross my fingers and DREAM ON!



Joshua James Theisen



Michelle Lee Urai

If no one else is proud of what you have done, be proud of yourself for what you have done.



Adam John Valerius

Quitters never win, winners never quit.



Kari Ann Valerius

Impossible is not a fact. It's an opinion. Impossible is not a declaration. It's a dare. Impossible is potential. Impossible is temporary. Impossible is nothing.



Laura Jeanne Van Drasek

Belief is truth held in the mind; faith is a fire in the heart.

-Joseph Fort Newton



Amy Marie Van Dusen

Friendship is the hardest thing in the world to explain. It's not something you learn in school. But if you haven't learned the meaning of friendship, you really haven't learned anything.



Kayla Marie Vandal

For all who said it couldn't be done, remember it all started with a mouse.

-Walt Disney



Kenneth Craig Veillon



Luke Gregory Vetsch

Doing nothing is very hard to do...you never know when you're finished.

Seniors



Rebecca Rose Vetsch

You can't damage a smile by cracking it.



Marsha Ann Vollbrecht

If you can't convince 'em, confuse 'em.



Emily Ann Vorderbruggen

When you are doing what you love to do, no one has to motivate you.



Benjamin Michael Voss

It isn't whether you get knocked down, it's whether you get back up.
-Vince Lombardi



Van Thi Hoang Vy

Fashion is that by which the fantastic becomes a moment the universal.
-Oscar Wilde



Ryann Grace Wait

If your dreams ever seem to be out of sight, don't fret, the wings from your heart are in full flight.



Stephanie Honorate Wallerius

There is only one way to succeed in anything, and that is to give it everything.



Bradley David Weber



Amanda Lee Wellman

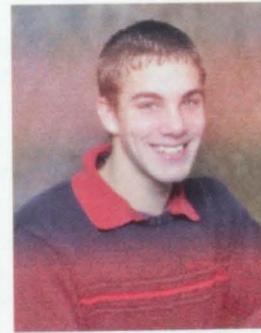


Thomas John Welsh



Daniela Susanne Erika Wennmacher

"LAEHEL. Es ist das erste, was Menschen an dir moegen!" SMILE. It is the first thing people like about you!



Michael Patrick Wessner

I'm actually pretty sensitive. I just want someone to hold me and tell me everything will be alright.



Jacob Alan Wheeler

If a kid asks where rain comes from, I think a cute thing to tell him is "God is crying." And if he asks why God is crying, another cute thing to tell him is "Probably something you did."



Ashley Rose Wilkes

Never underestimate the power of stupid people in large groups.



John Thomas Winkelman

Class of 2005



Ashley Elizabeth Woods

I always like to learn, but I don't always like being taught.



Charles Stephans Yahnke



Kelly Rebecca Young

Don't be someone you're not...because most people are more messed up than what you think.



Alicia Ann Zachman

How can you like someone for who they are if you don't like what they do to make them who they become.



Andrew Raymond Zachman

The best way out is always through.
-Robert Frost



Kelly Ann Zachman

For every minute you spend angry, you waste 60 seconds of happiness.



Stacy Ann Zachman

Be yourself. Those who matter don't mind and those who mind don't matter.
-Dr. Seuss



Valerie Ann Zachman

It's not that some people have willpower and some don't. It's that some people are ready to change and others are not.



Katrina Lee Zahler

Music is well said to be the speech of angels.



Jessica Marie Zopfi



Mitchell Edward Engstrom

You only live once, so live it up.



Kendra Eve Vigoren

Seniors

REMEMBER WHEN

Playing foccer and almost breaking a foot because of Scott R.'s entertainment center•Scott R. and Ben V. broke Leuer's furniture•Steph W. biffed in soccer•The spies were watching Scott B.•The eastside stomp in middle school•Mr. Berning chased Kenny Aalderks•the Juniors ruined class color day•Kayla Lampert's car started on fire at the prom and Jaimie H. left her•Jaimie H. wasn't reading Cosmo•Becky V. broke the chair when she stomped on it•Team Coolness•Karen R. got pooked on at Valley Fair•Jaimie H. drove the Mexican bus•Jake G. wanted to buy a school bus•Kelly Zachman wasn't coquettish•Becky V. jumped off a swing and ripped her jacket•Mr. Hoffman told Mike N. he had the sexiast hair•8th grade history with Mr. Berning•Marsha threw a crouton with ranch dressing at Brittney's face and it stuck without Brittney knowing•There was a huge party in the field and the cops showed up•We left a party to go to Denny's and hit a semi truck•Christine D. had fake hair•Brenda B. was obsessed with the Backstreet Boys and Mr. Metcalf• Jessica H. played with the water bottle on the band trip•Jamie Leuer tripped over a line•Andrea J. wasn't spazing•Ryan Hase didn't know how to get to the Elk River movie theatre•Junior prank on Senior skip day•Scott asked the cops to play pool•Sarah H. thought buffalo wings came from Buffalo•Laura V. said "I wonder what it would feel like to run naked"•Dusty said "I'm thinking of a word and it's definitely not kitty"•Sarah H. couldn't roll down her window and keep her foot on the brake•The "special" cookie at Leuer's house•Katie asked Jenna for advice•Kristen, Amanda and Laura said they were going to a naked family reunion in Spanish•Josh Emerick got de-pantsed down to nothing•Christine D. wasn't purposely being a ditz•Tara and Carlirae hid a pine tree from the rent-a-cops•The hill at football games•Carlirae told Nick A. that her dad was a midget and owned El Fudge and he believed her•The "Mean Girls"•Andrea J. put her head in Mr. Ketel's fish tank for \$3.00 and ate eight bananas and 1/2 a peel for \$4.00•Reading Cosmo on the basketball bus•Tyler J., Ryan S., Pam I. and Amy C. went muddin' in Pam's jeep and got stuck•Tom W. lit Abby D.'s hair on fire•Ms. Kolling broke the overhead with her fist•We got walked to lunch Senior year•Carlirae and Pam weren't calling everyone ugly•Jenny Smith's first day of Senior year...wait...she wasn't there!•Labels in 8th grade•Baby Bateman and Tiny Theisen•Going to IHOP•Jenna Johnston led nature walks during elementary recess•Winning the battle of the classes one time•Nobody liked country music•Watching "The Ring" at Kaylan L.'s house•Dusty's concussion from water polo in 8th grade•Jaimie H. told Joey B. and Kellen R. not to kick her when they threw a shoe•Mr. Berning's movies•Breakfast at Denny's•Scetto the Ghetto dinosaur•Mr. Kuhn's funny Mondays•Amy V. asked Mr. Hoffman what his wife was for•Mormon•Scott R. wasn't wearing a Twins shirt•Mr. Pangborn told Bart to pull his pants down•Mike N. got thrown in a garbage can•Valerie Z. finally got her license•Abby D. backed into Ashley W.'s truck and Abby wrecked her car•Kary Arone totaled her car when she rear-ended Nicole Zahler•Two pair•Nick Kolles (Murk) didn't have a nice truck•Great times around the fire•Ashley S. punched the tampon machine and broke her arm•Singing Christmas songs on the bus in 6th grade•Pogs, pagers and GT bikes were cool•Ashley Ojala threw Mr. Oliphant's globe•The bus driver threw water balloons at us in 8th grade•Carlirae looked at a guy when she was driving and drove over the medium•Valerie hit the fire alarm in 8th grade•Rookernomic's class•Rookers talk sessions that lasted the whole hour•Tom W.'s long time obsession with Shannon R. •Scavengers•Michelle B. thought Cajun was a bird•Valerie, Pam and Carlirae put a brownie in the bathroom and Andrea thought it was poop•Erika J. wasn't a teachers pet•Joey M. saying he's sensitive•10th grade when Pam didn't get her car taken away•Travis F. was sleeping in Rookers class•Cory D. and Christine D. and their on again/off again/on again relationship•Stubbs didn't know everything•Luke Vetsch's parties•Cory D. didn't lie about everything•People thought Stubbs was K•Jared H. and his moped•No one knew the Parish kids•Ryan S. and Jenna H. went out forever•Bart and Kenzie went out in 4th grade and he bought her a razor kit•Luke V. wore a bra•Writing notes in school•Hanging out at the skate park and getting busted for curfew•Dusy showed us the "rear" Bradbury in AP English•Kristen S. wasn't whining all of the time•Mr. Greeno's jokes•Jake and Roxanne weren't all over each other in school•Primary finger wave•We lost our 8th grade battle of the classes to the 6th graders•Josh T. had an accident at the zoo•Heather L.'s hubcap got stolen at the bowling alley•Katrina Z. asked if she could use the oven to make no-bake cheesecake•Emily L. broke out laughing during a serious motivational speech•Emily L. thought there was a deer in the library•The ref's had to stop the Homecoming game because Christine D. was blowing a whistle•Smokey Joe•Michigan football boys•Football parties•Sarah H. and Kelly Z. played battleship•Sarah, Kelly and Karen tipped the sailboat•Ducks were crossing the road•"Tongue Murder" and "Bar Tag" in the Parish School•Amanda Hack completely ran a red light•the soccer bus•Sarah Jo actually came to school•Matt L. wasn't tired•Tom sewed his finger to his pillow in sewing class•Christine, Claire and Kenzie weren't trying to be plastics•Ryan Highberg was riding a bike, hit a scooter and got a concussion•Danica thought the cave tour was outside•Kayla thought the air vent was a speaker•Ms. Camerom tap danced•Going to DQ before swim practice•Katie G. got suspended for cheating•Beach days and going to Emily L.'s at night•Anna frenched the fish

Class of 2005

REMEMBER WHEN

Bruce the Whale•Everyone thought Mr.Osterman was hot•Charlie, Megan, Jeff and Heather were on B96•We got caught skipping class in the girls bathroom by Mrs. Nowell•Hanging out by the stairs before school•Sunshine thought there was a hot guy named Greg in our grade•Alicia and Amy fighting on the bus•Mr. Rooker flipped Travis F. out of his desk•Josh's bowl-cut•Jelly bean spandex•Jenna J. had a mouse in her locker•Mr. Pruesse set himself on fire in 7th grade•the speech bus "Are you getting nervous?"•Beans were cool and clowns were crusty•Buddha•Memory pot in Ceramics 1•People didn't know that Becky V., Jake B., and Melita B. were cousins•"friends forever"•Apparatus 3,000•"poof" "poof"•Nutrition and foods with Amy V., Mike O., Melita B. and Roxanne•Chalupa said he wanted to bite Christine•Josh B., Bart and Jim C.'s band in Mr. Breeden's class•Bill played football•Luke V., Tom F. and Jake G. threw food in the middle school lunch room•Megan R. had a chip on her shoulder•Mr. Bergstrom didn't squeak in band•Mrs. Shomshak said she was a princess•Jen L. was a cheerleader•Anna P. had long hair•Megan J. showed up for class•the marching band fell at the Buffalo Parade while doing the jude grinder

CLASS FAVORITES

VACATION SPOT: Mexico

SPORT: Football

CLASS: Photo

TEACHER: Hedlund

COLOR: Pink

ACTOR: Adam Sandler

ACTRESSES: Angelina Jolie, Jennifer Aniston, Julia Roberts

SIT DOWN RESTAURANT: Denny's

FAST FOOD: McDonald's

SONG: Save a Horse, Ride a Cowboy

MUSIC: Country

RADIO STATION: KIOZ

BAND: Blink 182

CLOTHING STORE: Abercrombie, Hollister, Aeropostale

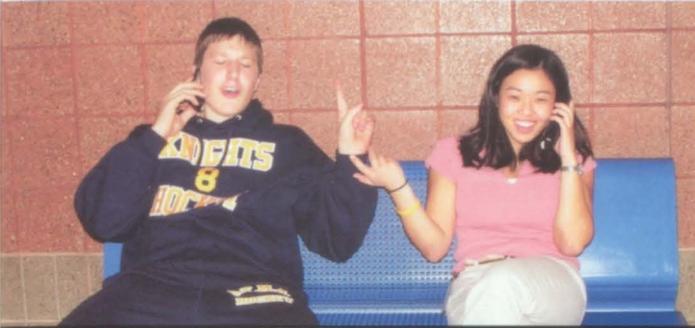
SNACK FOOD: Fruit Snacks

HANGOUT: Skate Park

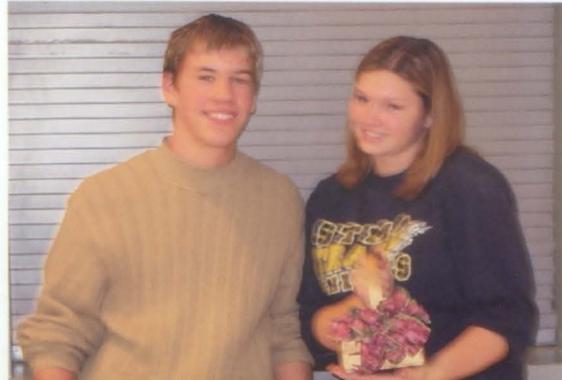
MOVIE: Blue Collar Comedy Tour

TV SHOW: That 70's Show

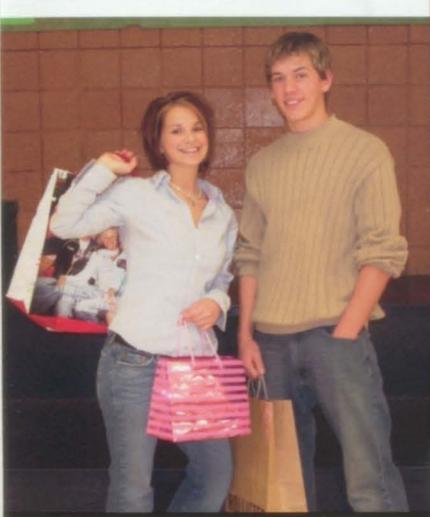
SENIOR HALL OF FAME



MOST TALKATIVE: CHRIS KINNAMON AND SARAH HELFERT
(NOT PICTURED AARON STUBBS)



GOOD ENOUGH TO BRING HOME TO MOM:
JON BAUMAN AND EMILY RODEN



BEST DRESSED:
CHRISTINE DEROMA AND JON BAUMAN



BEST PERSONALITY:
ANDREA JANNEY AND JON BAUMAN



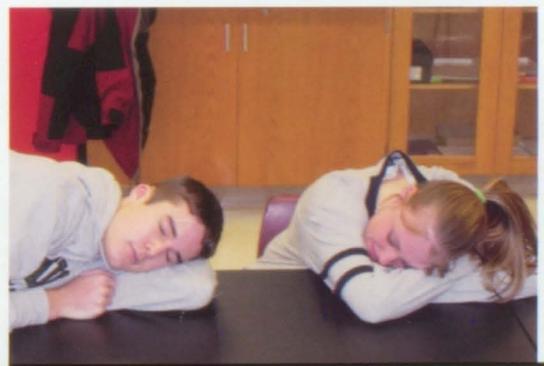
MOST ARTISTIC:
JACOB BEBEAU AND LIZ MCALLISTER



MOST CHANGED: TAYLOR LAAGE
AND SHANNON RODDY

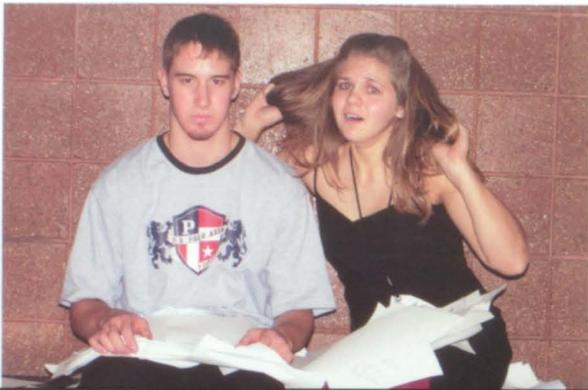


THREAT TO PEDESTRIANS: JESSE
EVANS AND PAM INGEBRIGTSON

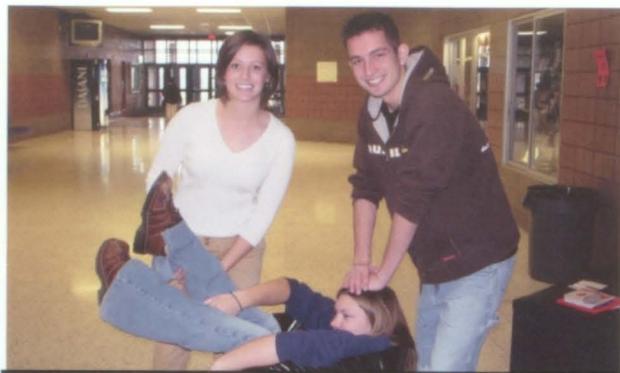


MOST LIKELY TO SLEEP IN CLASS:
TRAVIS FITZGERALD AND ABBY DANIELSON

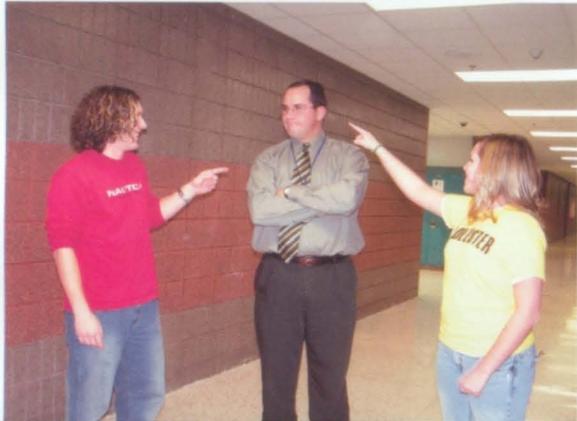
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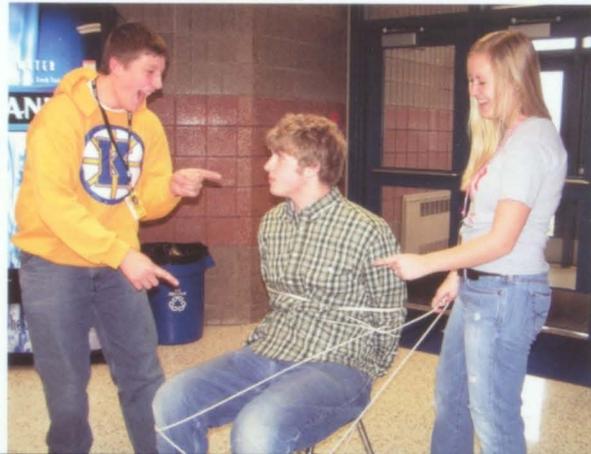
MOST STRESSED
TYLER KRUTZIG AND STEPHANIE WALLERIUS



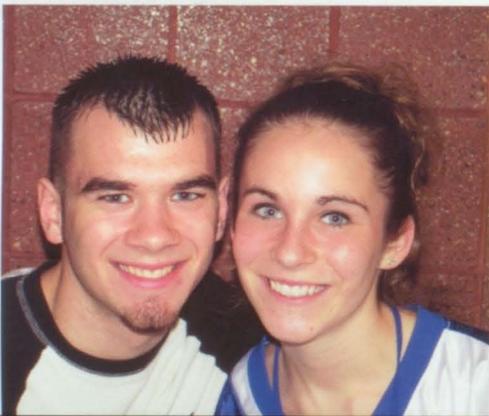
DEVIL IN DISGUISE
RYAN HASE AND ANDREA JANNEY



MOST LIKELY TO ARGUE WITH A TEACHER
DAN HALLER AND ASHLEY DEHMER



CLASS CLOWN
CHRIS KINNAMON AND PAM INGEBRIGTSON



BEST EYES
MATT LINDENFESER AND KARI VALERIUS



MOST UNORGANIZED
KAYLA VANDAL AND
DUSTY BAKER

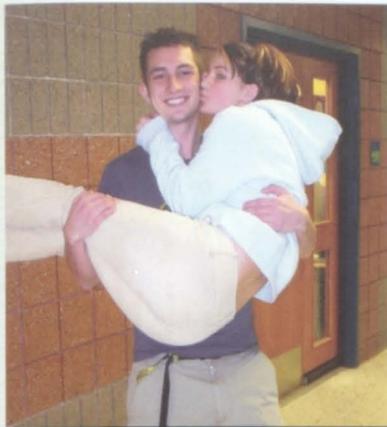
MOST ORGANIZED
DUSTY BAKER AND
REBECCA LEFEBVRE



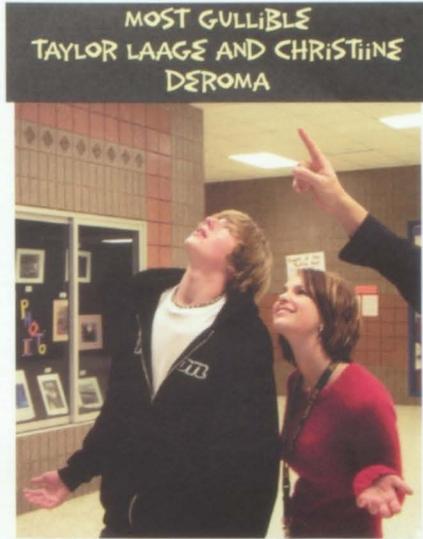
MOST LIKELY TO SUCCEED
ERIKA JOSSART AND
DUSTY BAKER



BIGGEST BOOKWORM
MEGAN SELVIG AND K.C. VEILLION



BIGGEST FLIRT
RYAN HASE AND CHRISTINE
DEROMA

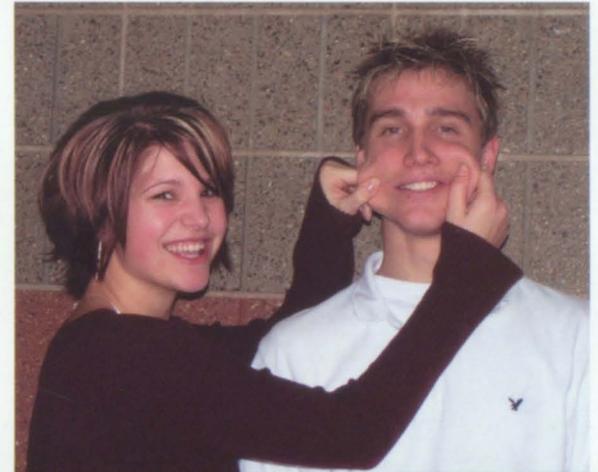


MOST GULLIBLE
TAYLOR LAAGE AND CHRISTINE
DEROMA



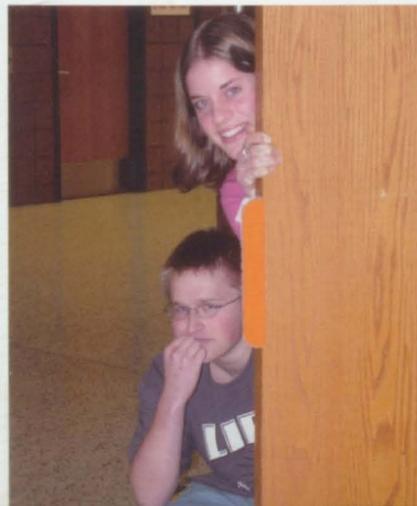
BEST LAUGH
DUSTY BAKER AND EMILY LANEY

Class of 05

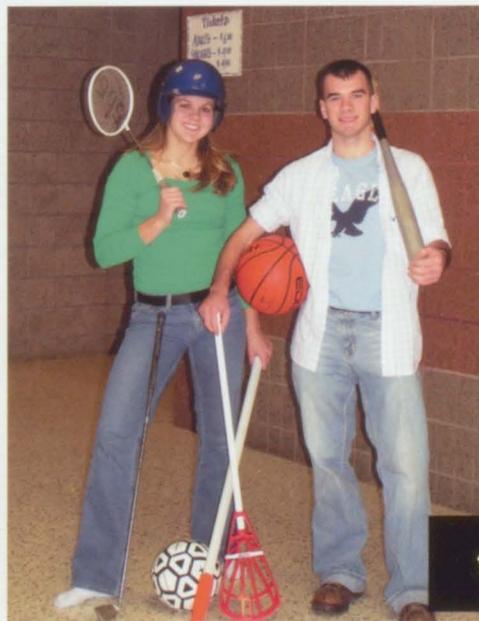


BEST HAIR AND BEST SMILE
JENNY SMITH AND CORY DALBEC

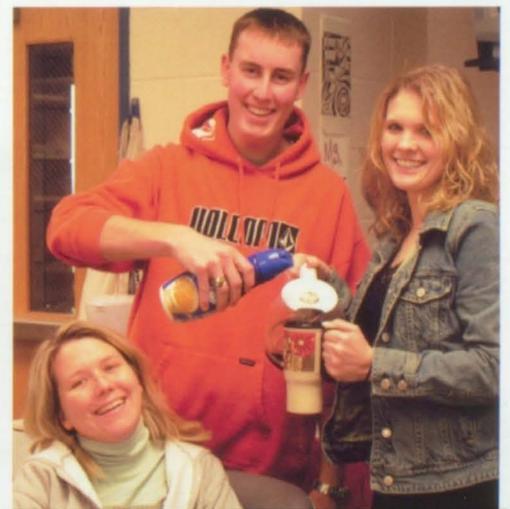
MOST SCHOOL SPIRIT
KRISTI OLIVER
AND LUKE VETCH



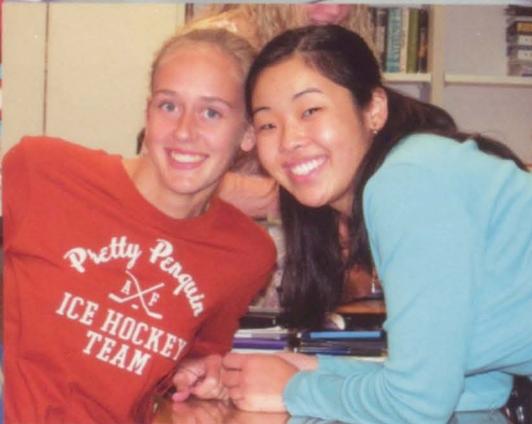
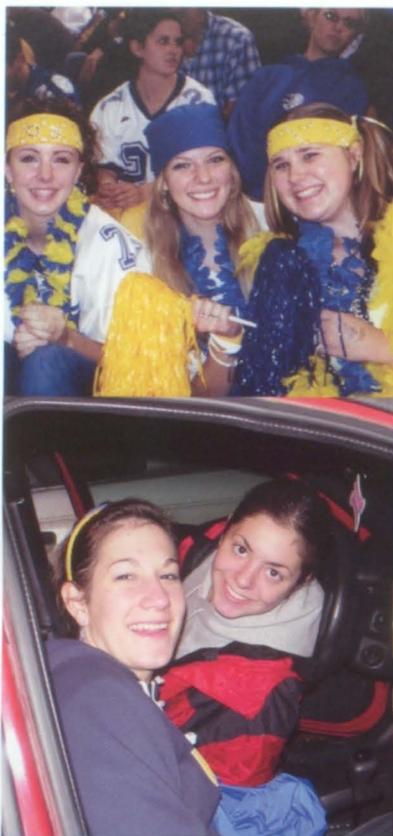
MOST SHY
KAREN ROSE AND BLAKE BESSER

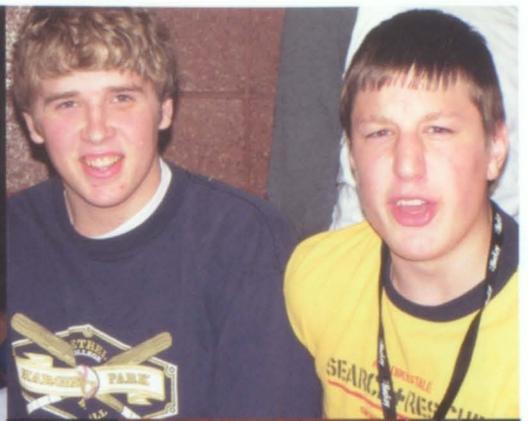


MOST ATHLETIC
STEPHANIE WALLERIUS AND MATT
LINDENFELSER

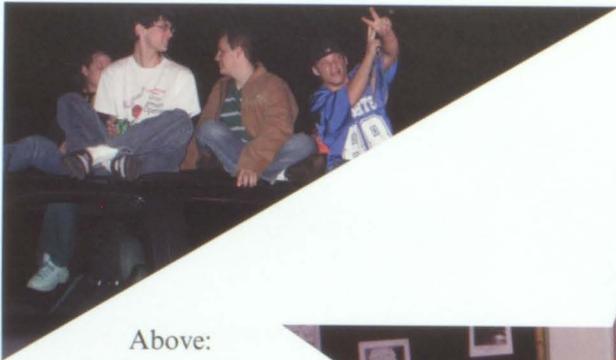


TEACHER'S PET
TRAVIS DOOHER AND ERIKA JOSSART

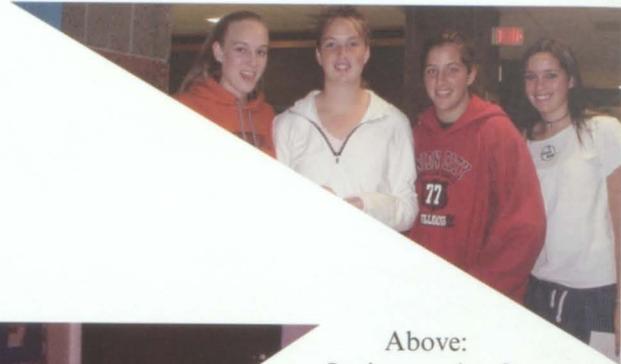




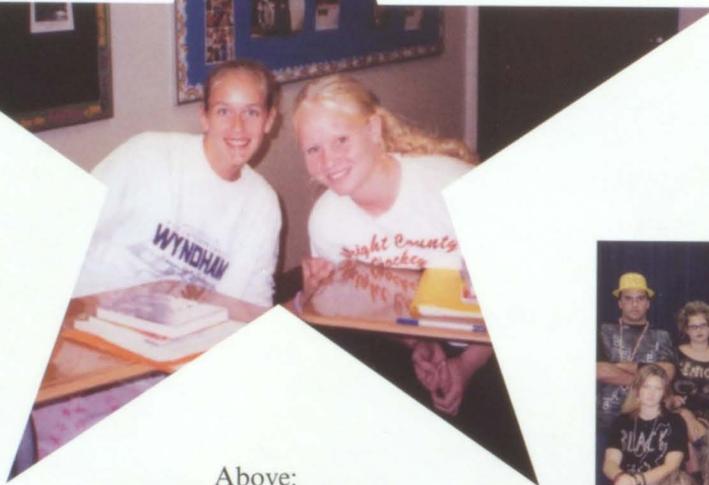
~Homecoming Week~



Above:
Students came to hang out at the Bon Fire after the volleyball game.



Above:
Juniors posing for the camera on Pajama Day.



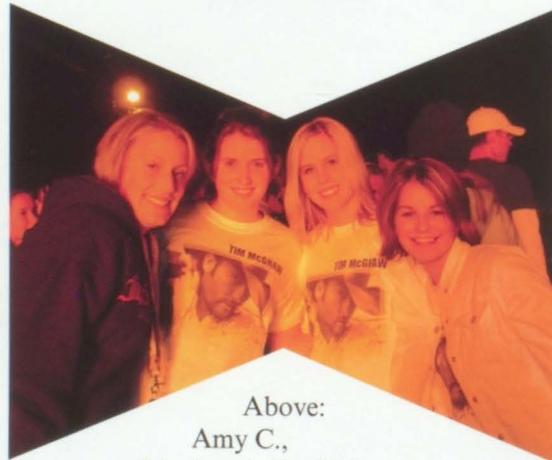
Above:
From Left: Kristen Stangler and Laura VanDrasek smile for the camera on Pajama Day.



Above: From Left: Pam I., Jenny S., Ashley C., and Megan S. all flash a quick smile for a pic on Blue and Gold Day.



Above: A group of Seniors are nice enough to take some time out of class to pose for a picture.



Above:
Amy C., Mackenzie F., Claire F. and Christine D. stop for a quick picture at the bon fire



Left: Some Freshmen show their blue and gold on spirit day.

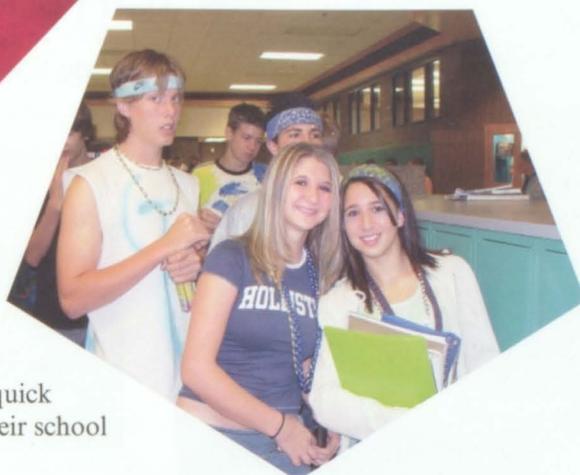
Right: Tom Ferry showing his mean face for the camera.



Right:
Andrea J.
studying hard
on blue and
gold day.



Right:
Freshman quick
smile to show their school
pride.



Below: Showing that
Seniors have school spirit
on Blue and Gold Day.

Below: From Left: Jeff B., Jenny S., Nathen L.,
and Andrew C. poses for a funny pic on Class
Color Day.



Above: These Freshman
and Junior show that
they can put away their
differences for a picture.

Below:
Jesse D. and Stacy H.
showing their spirit
with wearing
their class
color.



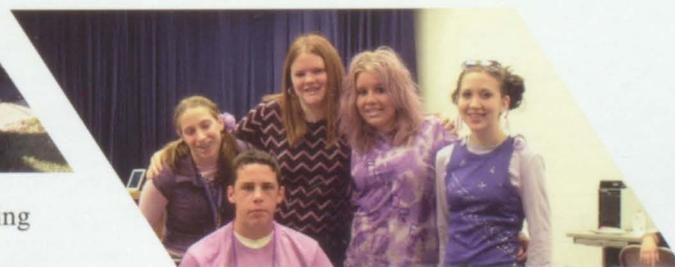
Below A group of Juniors wear yellow to
show their spirit on Class Color Day



Above: A group of students tail gating
before the big homecoming game.



Right:
A
candid shot
of students at
the bon fire.



Above: Sophomores showing their spirit by
wearing their Class Color.



2004 Homecoming Coronation



Michelle Beaudry, Dusty Baker,
and Stephanie Wallrius



Above: Don't the girls look pretty
all dressed up?



Above: (L) Shaylee
Carlson, Andrea Janney,
and Nicol Schmitz smile.

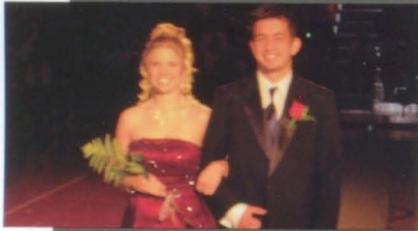


Andrea Janney and
Cory Dalbec



Above: (L) Some
of the candidates
look up during
their meal at
Spectator's.

Right: The band
performs a few
songs for corona-
tion.



Erika Jossart and Ryan
Hase



Liz Mc Allister and
Andrew Engen



Above: The 2004 St. Michael-Albertville Homecoming
candidates.



Michael Bury and Nancy
Bury



Left: The candidates look pretty good at McDonald's after their early morning wake up.



Right: Anna Posthumus and Kate Bridal perform a duet for the school.



Left: 2004's Homecoming King and Queen: Michelle Beaudry and Dusty Baker.



Right: Some of the candidates stop for a quick picture before coronation.



Left: (L)Stephanie, Erika, Andrea, and Michelle dressing up at the PUMA store.

Left: Andrea Janney and Erika Jossart get together for a picture after the ceremony.

THROUGH THE YEARS



Juniors



Carrie Abrams

David Anderson

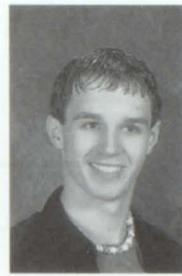
Ron Archer

Jared Arkulary

Marla Arns

Nicholas Au

Caitlyn Bandy



Michael Barnard

Jeffrey Barthel

Lukas Barthel

Anthony Bauer

Blake Beaudry

Nathan Beaudry

Drew Bebus



Joel Beltrand

Michele Benson

Kevin Berning

Lara Berning

Derek Billiar

Stacy Black

Brandon Boese



Courtney Brant

Jennifer Brant

Steven Brown

Travis Brown

Ashley Budde

William
Campbell

Ryan Campion



Ashley Carlisle

Andrew Carlson

Shaylee Carlson

Megan Connel

Holly Conwell

Abbie Dalbec

Amy Dalbec

Juniors



Steven Daleiden



Motchalinh Dao Heuang



Zachary Davis



Brandon De Roo



Celeste Dehmer



Jesse Dehmer



Benjamin Dera



Seth Dibble



Kristine Diers



Chelsea Domagala



Stacy Doty



Daniel Dubel



Ryan Dutton



Jonathan Eber



Carly Eggert



Nicole Enger



Nicholas Engstrom



Angela Erdmann



Kali Erickson



Paul Eull



Dallas Evansta



Brandon Faulk



Jessica Ferrian



Daniel Fiecke



Christopher Filzen



Brandon Flaata



Megan Fleegel



Craig Foster



Maria Frank



Nicholas Franzen



Ronald Fricke



Kassandra Fuerstenberg



Daniel Gallagher



Kyle Gammell



Andrew Gapins

Class of 2006



Samantha Gavere



Kayla Gendron



Jake Gilbertson



Luke Gindele



David Gordon



Justin Gossett



Max Greninger



Andrew
Hackenmueller



Kyle
Hackenmueller



Megan
Hackenmueller



Stacy
Hackenmueller



Jacklyn Haller



Luke Hanson



Preah Harsseelaar



Joseph Hauer



Marcus Hegland



Steven Hegland



Matthew Heilig



Katherine Heinen



David Heskin



Ryan Dutton looks like he's having fun in Calc class!

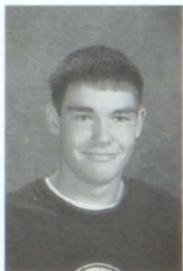


Some of the junior girls get together for a picture at a home football game.



Christine Killian, Courtney Brant, and Estee Kolles are ready for Pajama Day.

Juniors



Saylor Hiljus



Joseph Hlad



Drew Holland



Derek Holm



Sean Holm



Amber Hughes



Leah Jacobson



Jennifer Jankord



Allison Janney



Amanda
Jespersion



Emma Johanson



Carin Johnson



Emily Johnson



Justin Johnson



Nicole Johnson



Rachel Karlson



Ashley
Kastendick



Joshua Keil



Samantha Kelter



Adam Kessler



Sadie Kessler



Somchay
Khammivong



Somxay
Khatthavong



Kristine Kilian



Paul Kilian



Mickey Kirk



Chelsea
Klinkhammer



Melissa Koch



Estee Kolles



Nathan Kopp



Raquel Korpi



Robert Kramer



Dylan Krueger



Sydney Kuehl



Jessica Kuusi

Class of 2006



Brendan La Vallee



Christian Landefeld



Melissa Lannoye



Michael Le Duc



Todd Leadens



Lindsey Lechner



Moronard Lee



Molly Lefebvre



Sarah Legatt



Tegan Lenneman



Amy Lindenfelser



Dayna Lindenfelser



Jodi Lindenfelser



Samuel Lindenfelser



Vincent Lindenfelser



Chad Little



Ashley Malwitz



Amber Manders



Christopher Marcks



Benjamin Marquette



Are these two Juniors deep in thought, or did they just see a ghost?

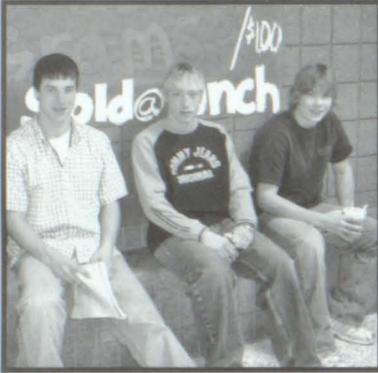


Mike Ostman pays close attention to the game.



Amy Lindenfelser and Jon Ebert smile for the camera.

Juniors



Ron Fricke, Paul Eull, and David Heskin hanging in the junior hallway



Amy Dalbec, Allison Janney, Kali Erickson, and Melissa Koch showing school spirit.



Kayla Pietsch and Tonia Zachman stopping for a photo during the class color day fun.



Anna Marx



Matthew Mc
Cann



Daniel Mc
Carthy



Karissa Mc
Cullough



Nicole Menzel



Calvin Meyer



Kerry Mielke



Jessica Morcomb



Melissa Neary



Miranda Nelson



Veronica Nemece



Jennifer Nendza



Matthew Nerdahl



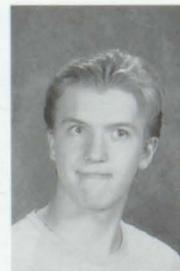
Aaron Nielsen



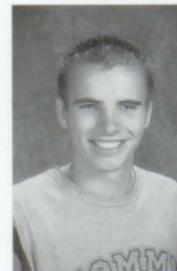
Jason Nordstrom



Joanna Oare



David Oltman



Justin Osterbauer



Michael Ostman



David Panning

Class of 2006



Christine Parker



Matthew
Peloquin



Amphaphone
Phommasak



Kayla Pietsch



Nickolas Pile



Jane Polaschek



Steve Posthumus



Andy Praught



Ashlee Praught



Joshua Prescott



Amanda Prokott



Ryan Reid



Jodi Reinschmidt



Amanda Riddle



Ashley Robeck



Keith Robeck



Erin Roden



Kimberly Roles



Anthony Roth



Danielle Roth



Dylan Royseth



Nicole Salen



Justin Schafer



Kyle Schlieff



Kenneth Schmidt



Nicholas
Schmidtke



Jeffrey
Schneidewent



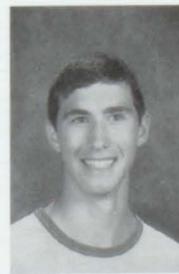
Blake Schreder



Benjamin
Schroeder



Mark
Schumacher



Kurtis Schumm



Nicole Schwagel



Nikkolas See



Jason Servaty



Paul Shovelain

Juniors



Stephen Sirois



Cory Smith



Marissa Sobaskie



Ashley Sousa



Samantha
Spangler



Joshua
Stackhouse



Tyler Starr



Theresa Steffens



Chris Sucik



Meldricka Taylor



Schensina Thao



Alissa Thomas



Rashan Thomas



Michael Thorn



Adriyn Torguson



Nicholas Trane



Amanda
Trobaugh



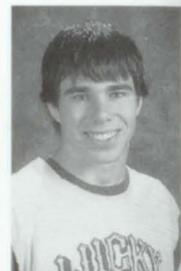
Tyler Tyssedal



Brandon Valerius



Joseph Valerius



Travis Valerius



Yeng Vang



Mandy
Veronikas



Callista Vetsch



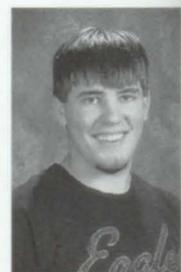
John Vetsch



Erika Vogel



Amy Wacker



Michael Wacker



Nicolas Wacker



William
Washatka



Stefani Waters



Gregory Watts



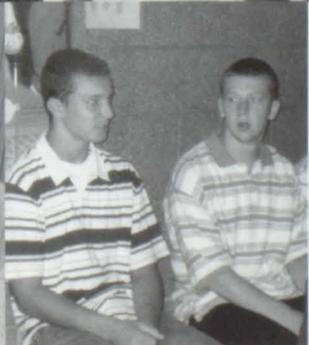
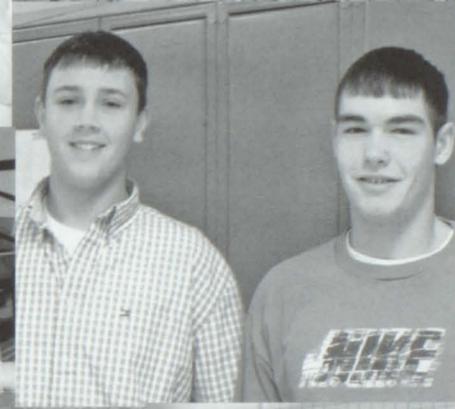
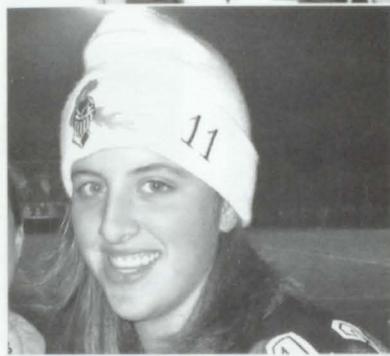
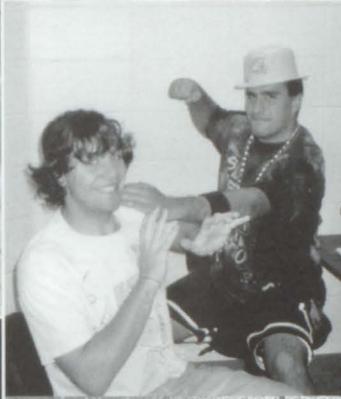
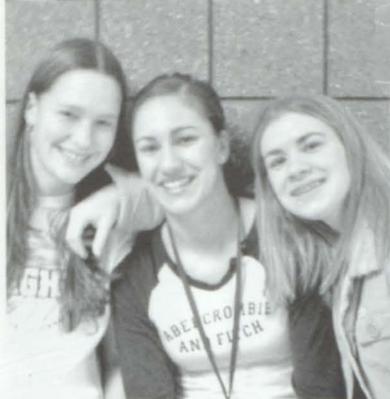
Jeanna Weber



Kristina Wessner



Jennifer Whaley



Sophomores



Adam Aaserud



Joshua Adams



Danielle Adamski



Austin Adamson



Amber
Aeshliman



Andrea
Altamirano



Alison Anderson



Kate Anderson



Kyle Anderson



Michael Arlt



Charley Bach



Brittney Barr



Kristin Barthel



Krista Bauman



Mitchell Bebus



Kyle Bechtold



Alex Becker



Christine Becker



Jack Berning



Terese Berning



Kate Bienias



Brian Bishop



Keith Bistodeau



Chad Blais



Erik Blomberg



Jessica Bongaarts



Sara Borchardt



Katharine
Borschke



Brittney Briggs



Anthony
Brouillette



Aaron Brown



Danielle Brown



Emilie Brown



Casey Buck



Nycolle
Burkstrand

Class of 2007



Brianna Bydlon



Tanya Capouch



Alex Cavanaugh



Crystal Christensen



Luke Claycomb



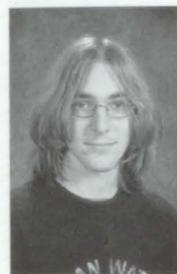
Mallory Clem



Venessa Coates



Anthony Coffey



Matthew Coles



Logan Conwell



Rachel Coulter



Katie Daleiden



Emily Danielson



Sara De Lozier



Jason Dearing



Amber Deckert



Rachel Dehmer



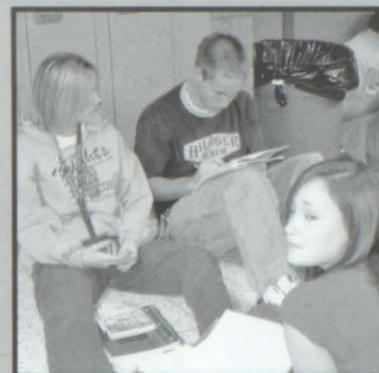
Natalie Dick



Vanessa Dick



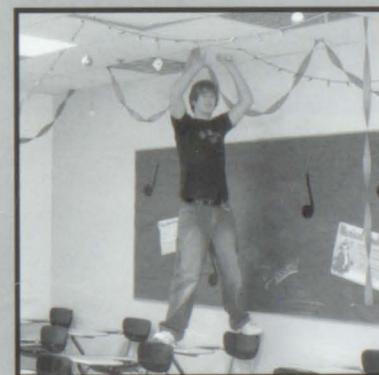
Megan Dingley



A group of sophomores hanging out before class.



These girls pose for a picture in the hall.



A member of the band puts up decorations.

Sophomores



Philip Dingmann



Mackenzie Dooley



Shane Dorr



Molly Doty



Heather Drewelow



Stephen Ebner



Kayleen Egger



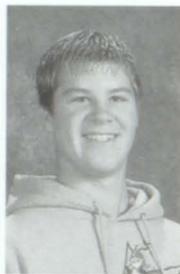
Amanda Eid



Angela Ekern



Andrew Ellingson



Mitchel Ende



Amanda Engelhart



Regan Englund



Anthony Engstrom



John Erdmann



Dean Eull



Emily Eull



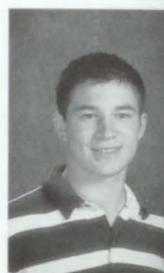
Andrew Evans



Colin Fecho



Lindsey Fehn



Marlon Fehn



Kyle Ferrier



Caitlin Ferry



Katherine Foster



Erin Fox



Aaron Frank



Travis Freeman



Miles Friendshu



Jordan Gifford



Misty Gilman



Eric Gimpl



Sarah Gindele



Ashley Girard



Kyle Goeb



Keith Goodin

Class of 2007



Timothy Goth



Zachary Graham



Angela Grundman



Joseph Grygelko



Alexandra Guardado



Brent Guimont



Daniel Hackbarth



Brianna Hanke



Anthony Hare



Jessica Harren



Kirsten Harrington



Thomas Haskvitz



Anthony Hasler



Morgan Hayek



Christian Head



Julie Hedlund



Anna Heuring



Daniel Hill



Timothy Hilten



Jennifer Holm



Elizabeth Hughes



Thomas Huot



Jacob Isaacson



Dustin Jackson



Raymond Jackson



Melissa Jean



Colin Johnson



Donald Johnson



Jennifer Johnson



Jaelyn Jokinen



Rebekka Jossart



Kayla Kasel



Julie Kasper



Michelle Katchmark



Cory Kessler

Sophomores



Jeremy Kuhn is showing us his turtle face.



Robert Swansen just being himself.



Carissa Reilly smiles after a swim meet.



Riley Kessler



Carol Khatthavong



Amanda Kilbury



Alex Kilian



Thomas Kilian



Alex Kirchberg



Ashley Klatke



Dalenna Klingelhoets



Rachel Knutsen



Tommy Kododo



Nathan Koep



Austin Kolles



Breanna Kolles



Jodi Kolles



Jake Kolling



Kimberly Kolstad



Jeremy Kopp



Britney Kotilinek



Bridget Kottke



Kristin Krone

Class of 2007



James Krutzig



Brandon Kuhn



Jeremy Kuhn



William Laney



Jonathan Larson



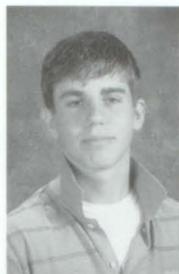
Sarah Larson



Cole Laudenbach



Jonathan
Laudner



Matthew Le
Claire



Shane Leach



Michael Lee



Ross Lefebvre



Eric Lenneman



Kelsie Lewis



Lucas Lian



Troy Lindenfelser



Peter Lindquist



Kelsey Long



Ryan Madsen



William Mangan



Andrew Marsh



Joseph Mazzuca



Kalla Mc
Eachern



Logan Mc
Garvey



Dakota Merges



Daniel Merges



Rebecca
Michaelson



Brian Michaud



Kayla Miedema



Stephanie Miller



Sameer Mobin



Kelsey Mogren



Dustin Morcomb



Elizabeth Nardini



Jenna Nelson

Sophomores



Geoff Neumann



Elizabeth Newman



Scott Niedzielski



Alexis O'Connor



Justin Oie



Emily Olson



Justin Olson



Andrew Osborn



Bruce Oudavanh



Matthew Panuska



Ann Pearson



Michael Peltier



Julia Phaipanya



Cassandra Pierson



Jessica Pinska



Lucas Pollock



Samantha Pope



Laura Potter



Brittany Praught



Alyssa Priem



J. Alexandra Rammer-Bitto



Whitney Rathbun



Rebecca Reardon



Lindsey Reed



Krissa Reemts



Benjamin Rego



Carissa Reilly



Laura Reiman



Varsanofy Reutov



Marissa Rines



Christine Roberts



Laura Robertus



Andrew Roden



Kirstin Roden



Robert Rode

Class of 2007



Christopher
Roehl



Rachel Rogers



Jason Roles



Kari Ross



Daniel Russell



Jessica Ryan



Isaac Saville



Maeghan
Scherber



Jeffrey Schmidt



Nicol Schmitz



Laura Schreiber



Anna Schutt



Steven Solyntjes



Vania Soria



Brice Sorrells



Brock Springborg



Joshua Steffens



Lynsey Strand



Robert Swansen



Stephanie
Swenson



Kimberly Taylor



Robin Tellefson



Holly Thao



Jacob Tiedeken



Beau Toutloff



Alicia Traut



Alyson Ulen



Jacklyn Urai



Robyn Van
Drasek



Andrew Van
Dusen



Sondra Van Hall



Kirsten Van Heel



Amanda Vance



Keng Vang



Jacob Voss

Sophomores



Kurtis Wacker



Melissa Wacker



Andrew Wagner



Andrew Walker



Stephen Warner



Katherine Washburn



Megan Watters



Clint Weber



Shane Weber



Shane Weber



Eric Welch



Camille Welter



Lindsey Wendroth



Ashley Wetzel



Darrick Williams



Tiffanie Winkelman



Heidi Winkler



Jennifer Woods



Brian Wurdeman



Nathaniel Wyre



Melissa Yanish



Brian Zachman



Jared Zachman



Katie Zachman



Lowell Zachman



Kyle Zachmann



Andrew Zahler



Steven Zander



Nina Zeleny



Amanda Zimmer



Freshmen



Brandon Abel



Dakota Adamson



Samantha Ahern



Emily Anderson



Kody Anderson



John Arns



Kristina Asbury



Kaitlyn Baldrige



Blaine Barthel



Joshua Barthel



Amanda Bauer



Kala Baune



Kayla Becker



Sarah Becker



Travis Begin



Elizabeth
Berkner



Laura Billiar



Caitlyn Bistodeau



Andrew Bohn



Joseph Boone



Portia Bradway



Ashley Bratager



Sean Brousseau



Megan Brown



Breanna Brozyna



Jason Buck



Devin Butler



Jeremy Capouch



Dane Carlson



Jared Carlson



Cody Caron



James
Chanthamonty



Jessica Chapple



Kristin Chatelle



Samuel Clark

Class of 2008



Colton Cook



Brady Corcoran



Jeremiah Cote



Tyler Cox



Heather Crocker



Bridget Daleiden



Danica Daleiden



Rachel Daleiden



Kayla Dehmer



Eric Derus



Cassandra Dick



Tonya Dick



John Dickey



Justin Dollar



Elizabeth
Donaghue



Teresa Dubel



Jessica Duerr



Stephanie Duley



Laura Dwyer



Nathan Dziuk



Matthew Ebert



Kathleen Egbert



Natalie Einerson



Philip Ekern



Angel Erickson



Christian
Erickson



Amber Euteneuer



John Euteneuer



Neil Evavold



Alex Fehn



Michelle Fehn



Chelsey Ferbuyt



Zachary Fernholz



Leah Fiecke



Daniel Fisher

Freshmen



Michael Fleege



Tyler Forness



Matthew Frank



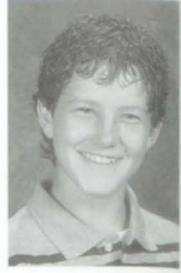
Kimberly
Franklin



Alyssa Gallagher



Jennifer
Gallagher



Ross Gammell



Courtney
Gamrath



Jamie Garnto



Angela Gavere



Danielle
Gellerman



Alex Gillach



Jonathan Glasser



Thomas Gleason



Shane Goblirsch



Lindsey Gohde



Kelsey Gordon



Alisha Gossett



Kirstie Gottfried-
Klinkhamme



Dannielle Green



Samual Grote



Annie Haefner



David Hagen



Derek Hagerty



Michelle Haller



Ashley
Harrington



Margo Haynes



Stacy Hegland



Ian Heicie



Zachary Heiskary



Daniel Heskin



Megan Hinchliff



Laura Hofford



Lukas Holm



Anthony
Holsather

Class of 2008



Maren Holstad



Allyson Huot



Haris Isic



Brittany Jackson



Daniel Jirak



Nickolas Johannes



Anna Johanson



Alexander Johnson



Briita Johnson



Kaylee Johnson



Kyle Johnson



Zach Johnson



Sara Johnston



Tyler Johnston



Lynne Kaluwe



Andrew Kari



Derek Kasper



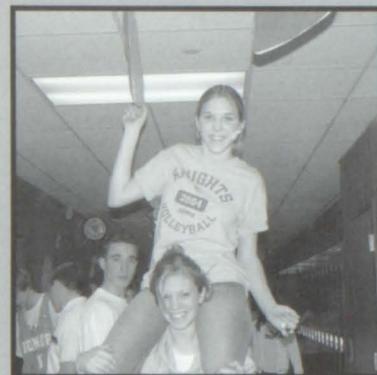
Damara Kautz



Lauren Kessler



Mackenzie Kessler



Kim Franklin holds Mackenzie Kessler up to decorate for Deck the Halls.



A group of freshman girls at the Homecoming bonfire smile for a picture.



At coronation, the freshmen girls show off their "Dress-Up Day" outfits.

Freshmen



Todd Kessler



Grant Kinnamon



Daniel Kledzinski



Derek Knuti



Dexter Kolles



Kaitlin Kolstad



Wesley Kotila



Sarah Kraft



Abby Krueger



Tasia Kurry



Daniel Kurth



Bridget La Vallee



Brian Lampert



Jenny Lee



William Lee



Rebecca Legatt



Amanda
Lenneman



Theodore
Lenneman



Ashley
Lewandoski



Kyle Loaney



Brady Logan



Nathan
Luhmann



Brandon Lum



Kathryn
Mabusth



Cameron Malek



Jonathan Marcks



Nicole Marquette



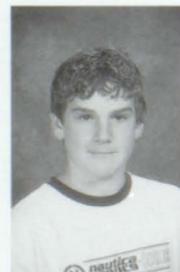
Alyssa Martinson



Brittany Mauer



Jeffrey Mc
Carthy



Ryan Mc Coy



Nicole Mc
Donald



Amanda Mc Lain



Caitlin Mc Nelly



Jennifer Miller

Class of 2008



Josh Miller



Kayla Miller



Rachael
Muchring



Nicholas
Muellerleile



Angelia
Nanthavongsa



Deal
Naphosaysavath



Reid Nelles



Lucas Nelson



Dana Norby



Andrew Nordby



Zachary
Nordstrom



Felicia Norton



Kyle Novotny



Nicholas
Nygaard



Anthony Nygren



Jonathon Oltman



Amber Ooley



Megan Osborn



Amy Packa



Kristen Panning



Courtney Parker



Christopher
Paulsen-Schmidt



Kyle Paulson



Jessica Peterson



Natasha Peterson



Tyler Peterson-
Liu



Michael
Phommasak



Virakone
Phomtalikhith



Napaporn
Phothisirath



Jacob Pinska



Brian Pounds



David Prather



Gregory
Quenemoen



Katherine Raab

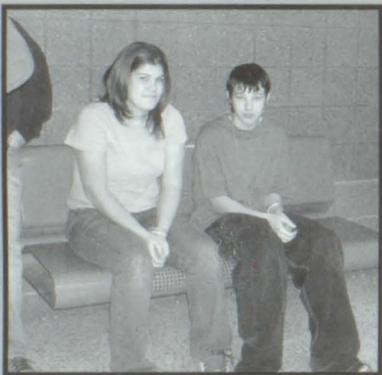


Thomas Raker

Freshmen



These freshman girls hang out in the atrium after lunch.



It must be a Monday...because these freshmen look a little tired.



This group of freshmen get together and smile for the camera during lunch period.



Danielle Reese



Courtney Reinking



Kyle Robeck



Marina Roberts



Krista Roden



Erik Rostamo



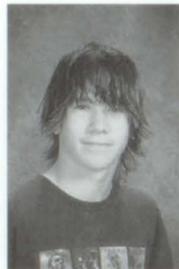
Theodore Rothstein



Isra Salem



Keith Samuelson



Bryant Scannell



Drew Schirmers



Kaeli Schmidt



Brant Schreder



Cory Schultz



Kyle Schumm



Travis See



Lisa Servaty



Nicole Sheets



Zachary Shorter



Jane Simon

Class of 2008



Jesse Slimmer



Ryan Slyter



Josiah Smedsrud



Timothy Snaza



Abigail Solem



Cindy
Soukhanouvong



Lek Soun



Aurora Stark



Nicholas Steffen



Gayle Steffens



Luke Steffens



Nicole Steffens



Samantha Stepp



Justin Stewart



Ashley Stine



Brittany Stumpf



Kara Sturos



Thavani
Tamaldeo



Joseph Taylor



Adam Tessmer



Samantha
Thomas



Alexis Thompson



Justin Thompson



Amanda Tolin



Hali Toutloff



Marissa Treptau



Jessica Turnquist



Patrick Valentine



Jayna Valerius



Hue Vang



Bethany Vetsch



Brian Vo



Jonathon
Vongsouvanh



Jacob
Vorderbruggen



Daniel Wacker



Theodore
Wallace



Jesse Wallender



Michael
Wallender



Breane Watters



Dustin Watters



Alexander Weeks



Kelsey Weitzel



Ashley Welsh



Shelby Wenz



Alexander
Westland



Nicholas
Winkelman



Kevin Witt-
Edstrom



Aaron Woytcke



Andrew Wruck



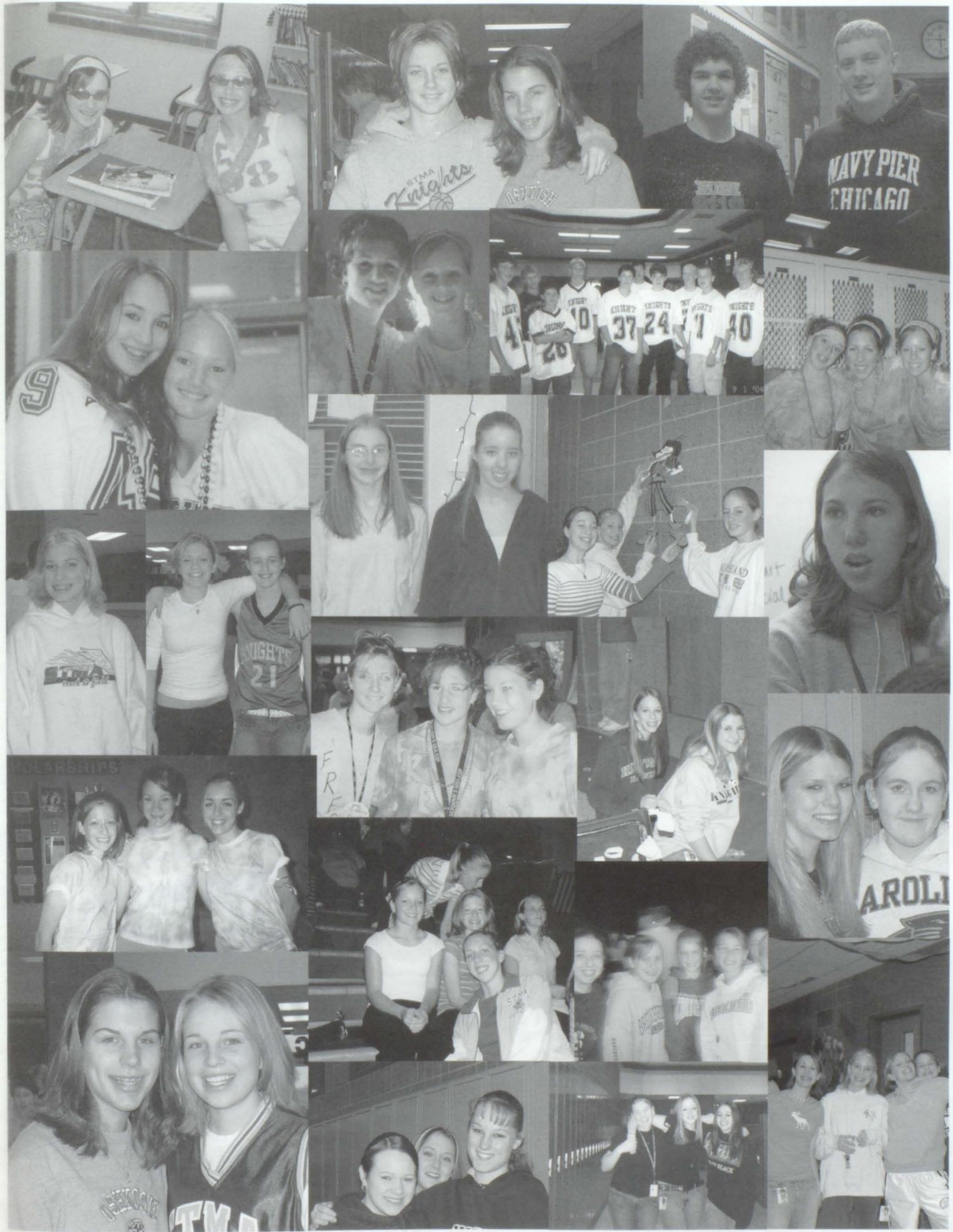
Brittney Yunker



Josette Zachman



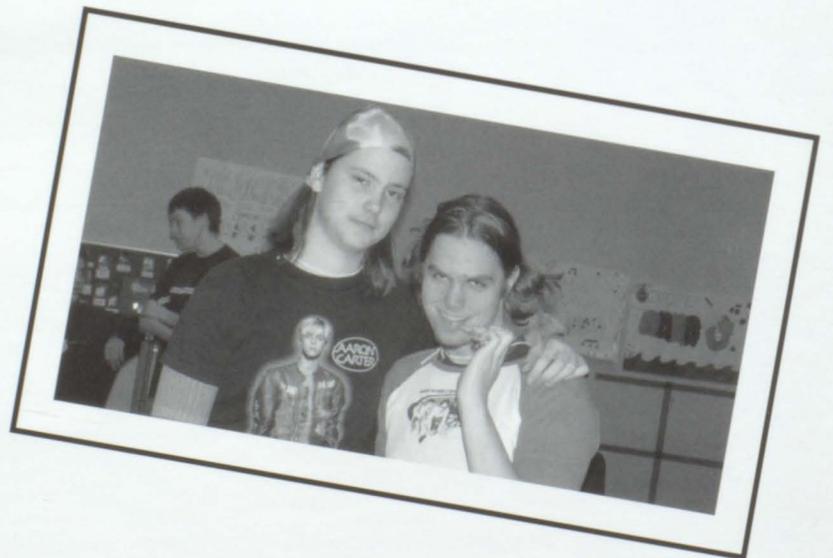
Lauren Zahler



STUDENT LIFE



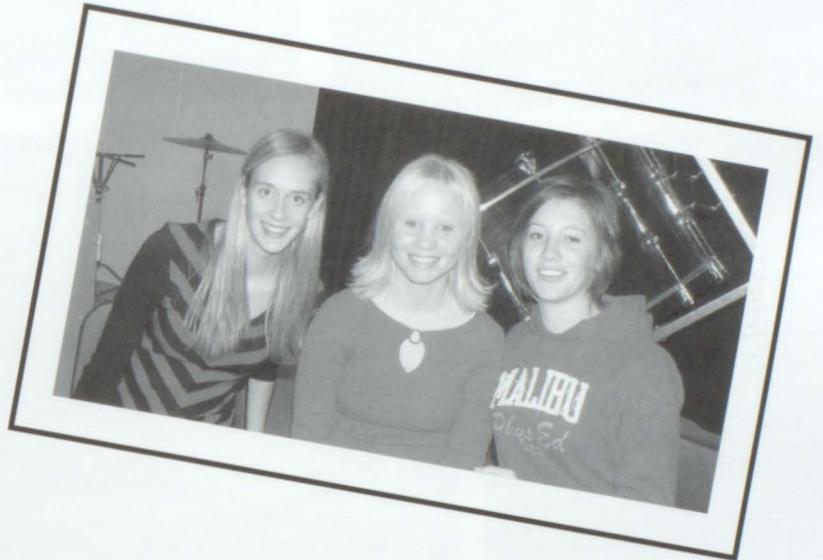
STUDENT LIFE



STUDENT LIFE



STUDENT LIFE



STUDENT LIFE



STUDENT LIFE

Summer Days

Right: The drum majorettes signal for the marching band to perform at a parade this summer.

Below: A group of color guard and marching band members pose for a picture after a parade.



Above: These guys take a picture at the Black Hills.



Above: A bunch of band geeks smile after the 4th of July Parade in Delano.



Above: Careful! You might poke someone's eye out with that thing.



Above: Smiling big on top of a cliff. Don't fall!



Above: A group of students taking a break, enjoying a great view of the Black Hills.

Summer Days



Left: Sarah Helfert, Kelly Zachman, John Grygelko, and friends take a break during a summer trip to Valleyfair.

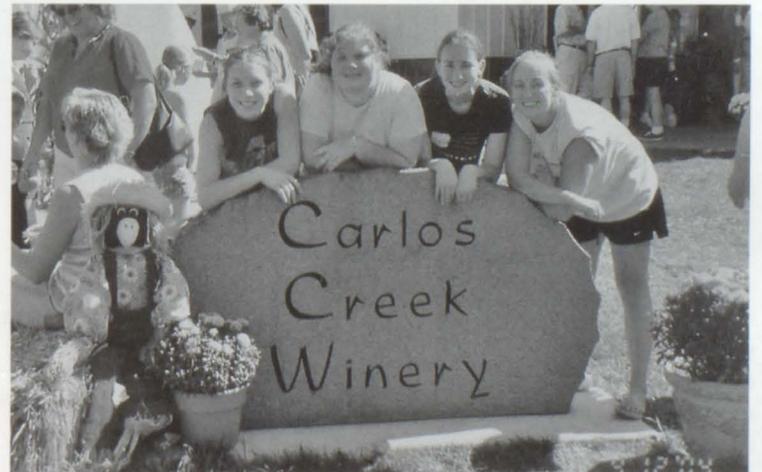
Below: More band geeks on the bus on the way home from a parade.



Above: Drum majorettes Kelly Z. and Jaimie H. get ready for the Albertville Parade.

Above: Tabitha F., Jaimie H., Brent G., and Eric L. smiling big with the assistant marching band director Jake Morris.

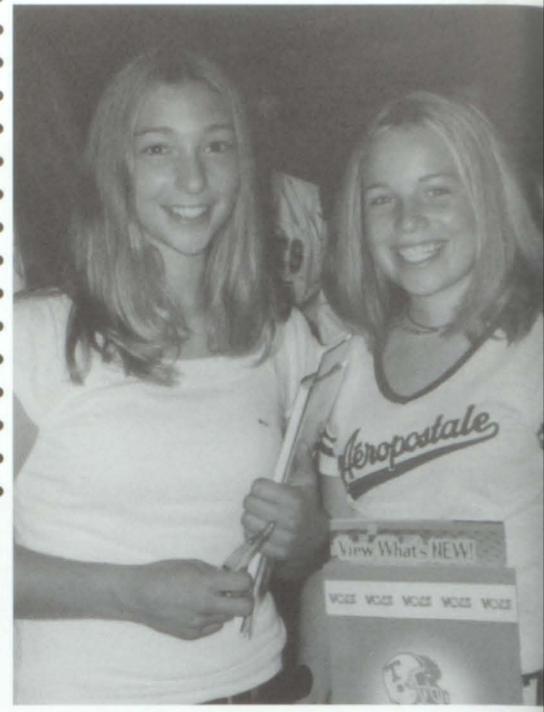
Above: These girls smile big at the beach.



Above: Kristen S., Amanda K., Sarah H., and Ela W., chillin' out at the Mall of America.

Above: Tabitha F., Emily V., Becky V., and Jaimie H., posing after an awesome grape stomp!

First Day of School

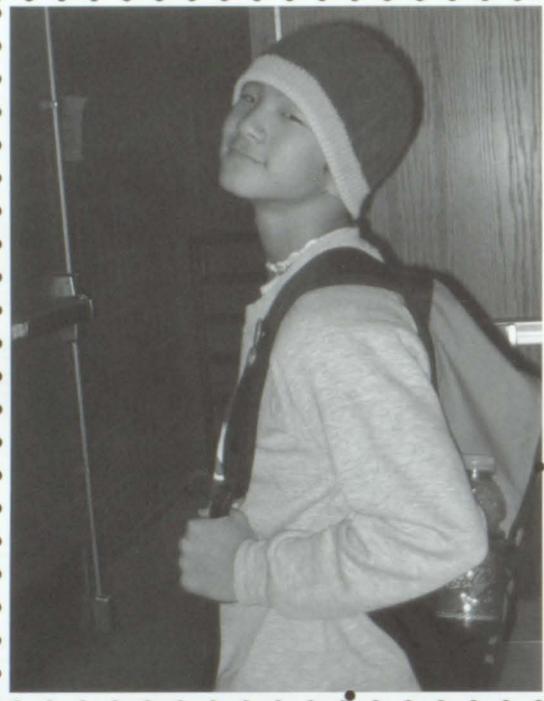


▲ Above: Nicole Steffens and Jane Simon have their books ready for the first day.

▼ Below: These guys look awake and ready for the day.



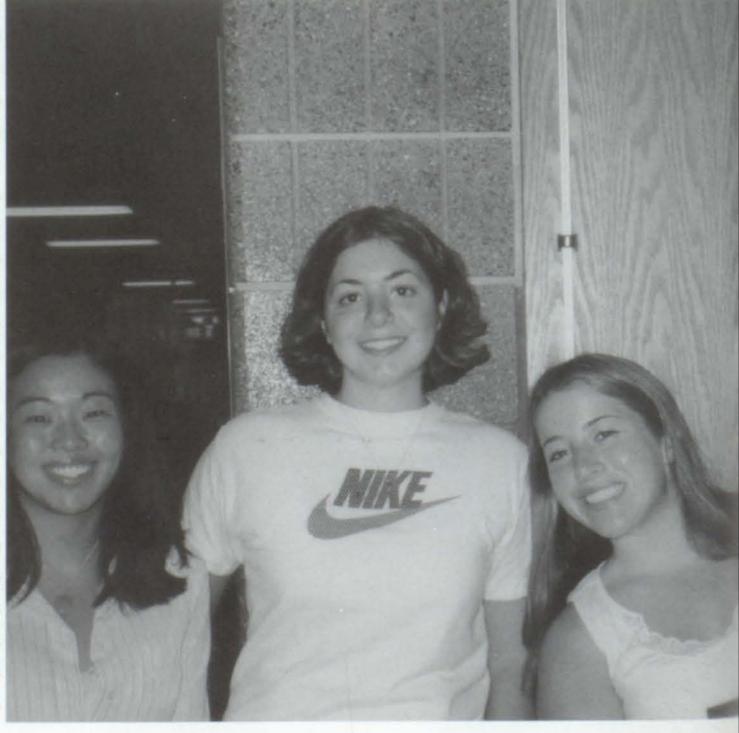
◀ Left: Robert Swansen looks ready for the first day of school with his cool backpack.

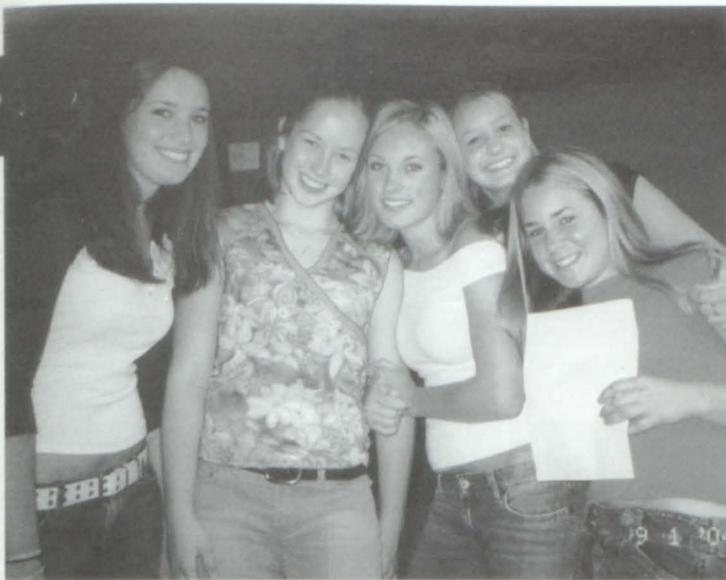


▼ Below: Sarah Helfert and Karen Rose are ready to get to class!



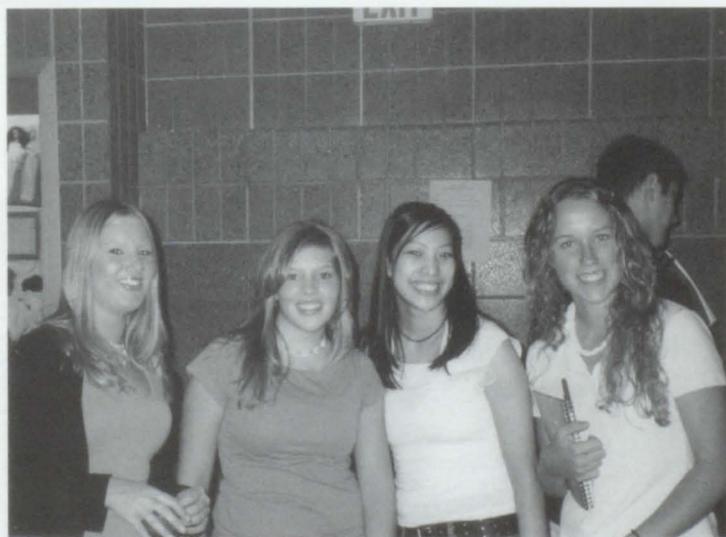
▶ Right: Sarah Helfert, Jaclyn Leuer, and Katie Goodin smile before classes start...but will they be smiling later?





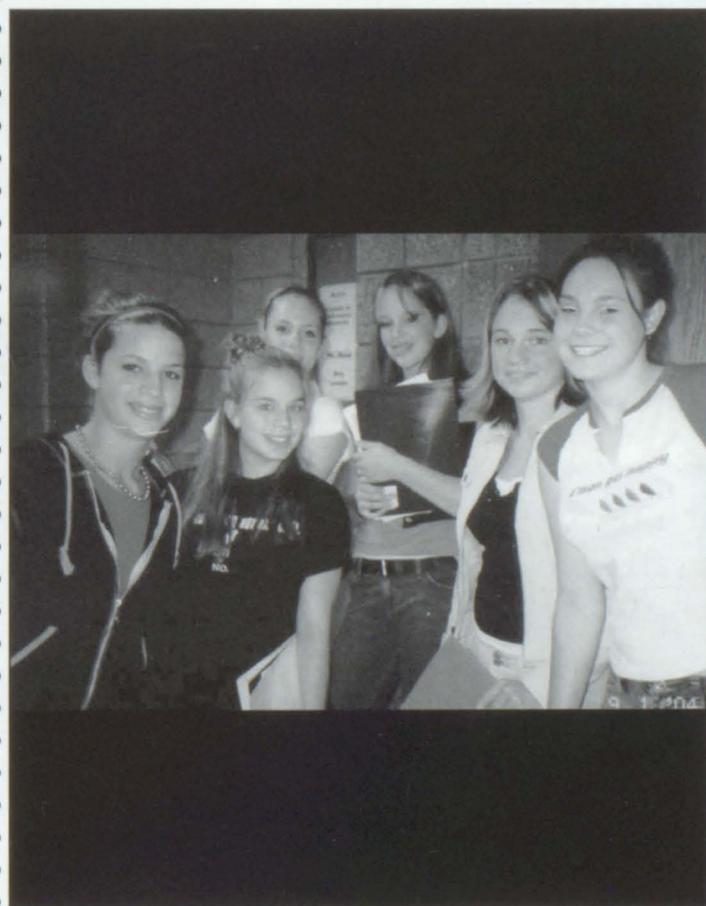
▲ Above: Don't these sophomore girls look excited to be back?

▶ Right: Molly Lefebvre and Carly Eggert smile pretty for the camera!



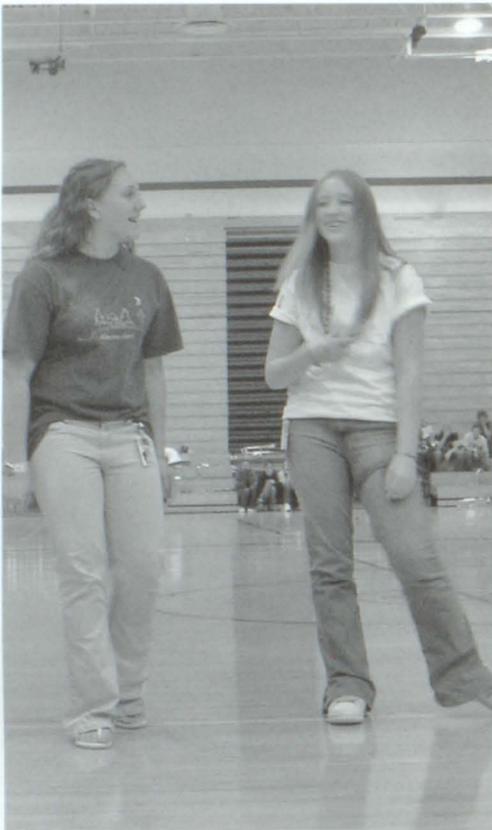
▲ Valerie Z, Ashley D, Anneliese K, and Michelle B are hanging out in the senior hallway.

▶ Right: This group of sophomore girls take a break between classes.

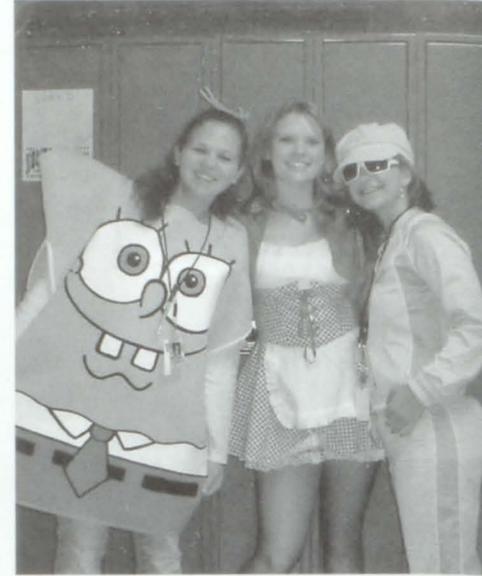


Fall Days

Below: Teresa Dubel & Amber Eutenuer do a dance!



Right: Steph Wallerius, Erika Jossart, and Christine DeRoma pose in their Halloween costumes.



Below: Wow! These girls picked out some scary costumes for Halloween this year!



Above: It looks like these students are eager to get their picture taken...that must be why they're smiling so big!



Above: These sophomore girls look excited to be in their pajamas today!!



Above: Jaime Leuer and Rebecca Vetsch smile!



Above: (L) Christine DeRoma, Rebecca Lefebvre, Mackenzie Flaherty, and Claire Friendshuh dress up for a Halloween party.

Fall Days



Left: This group of varsity volleyball players are hanging out in their cool t-shirts at a JV game.

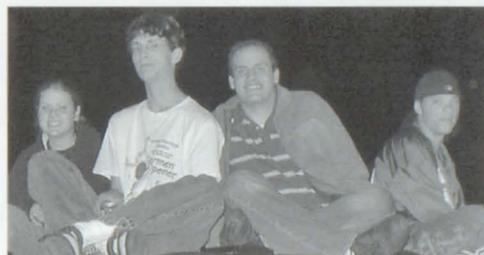
Below: Look at those macho football players! Caleb McEachern and Grant Helgeson show off their jerseys in school.



Below: Awww...isn't that cute? Chelsea Klinkhammer and Ashley Carlisle give each other a big hug!



Above: (L) Andrew Engen, Stacy Zachman, Jen Long, and Lacy Greninger hang out in the hallway after school until the crazy parking lot clears out.



Above: During a school bonfire students sit on top of their cars and socialize while listening to music.



Above: Whoa...are those the Teenage Mutant Ninja Turtles? Wait, no, it's just Scott Robish, Joe Schoen, Dusty Baker, Grant Helgeson dressed up for Halloween!



Above: Megan Shaw, Ashley Cook, and Pam Ingebrigtsen get close for a picture.

A Winter Wonderland

Right: The Senior hall all festively decorated in blue and gold.



Below: The freshman are getting their hallway all decorated for Deck the Halls.



Above: Kristi Oliver and Katie Goodin as wrestling elves.



Above: Amanda Hackenmueller, Kristie Eull, and Andrea Janney work on Deck the Halls props.



Above: The mitten tree looks good with all of the warm items on it.



Above: Lauren Zahler and Kelsey Gordon in their hallway after decorating.



Above: The teacher's choir singing The Yellow Submarine

Christmas



Left: Jared, Cory, Luke, and Tom getting auctioned off to be elves

Below: Amanda Hackenmueller and Andrea Janney are goofing around while making decorations for deck the halls.



Above: The freshman hanging their decorations up.



Above: Nicol Schmitz and Mike Ostman announce the elves at the elf auction.



Above: Eric Cagle sweeps Dusty Baker off his feet!



Above: Mr. Greeno's Calculus class filled with elves pose for a picture on the day before Christmas break.



Above: Jaimie Hoeshen and Emily Vorderbruggen smile in their santa hats.

Snow Days

Right: The junior snow week candidates: Jodi Reinschmidt, Gina Weber, Raquel Corpi, and Amy Dalbec pose for a quick picture before coronation.



Below: Chris Kinnnamon doing his best Chris Farley "Down at the River" impression during coronation skits.



Above: Reid Nelles is looking good with that hair!



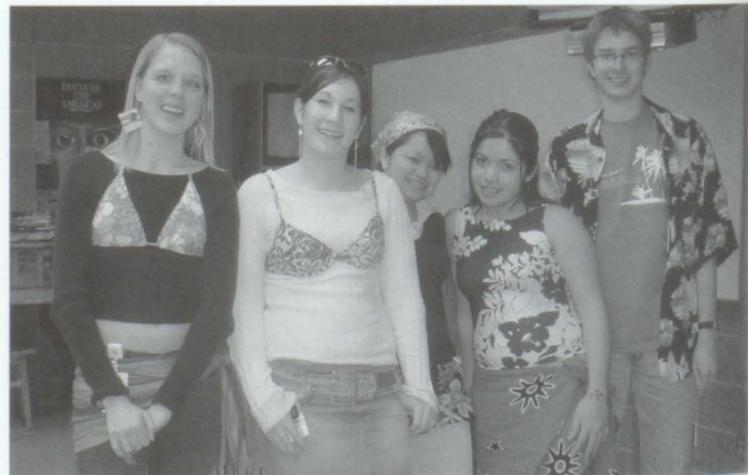
Above: These underclassmen are having fun on sports day.



Above: Shane Weber shows off his dance skills.



Above: Ron Fricke and Blake Beaudry trying to ice fish.



Above: These girls are ready to hit the beach Minnesota style.

2004-2005



Snow Week Royalty
Bridget LaVallee, Sara DeLozier, Jeanna Weber, Kristie Eull, Jon Bauman, Tony Bauer, Beau Toutloff, Nick Johannes

Below: Tyler Krutzig, Kari Valerious, and Matt Lindenfesler are taking a break on the senior bench during sports day.



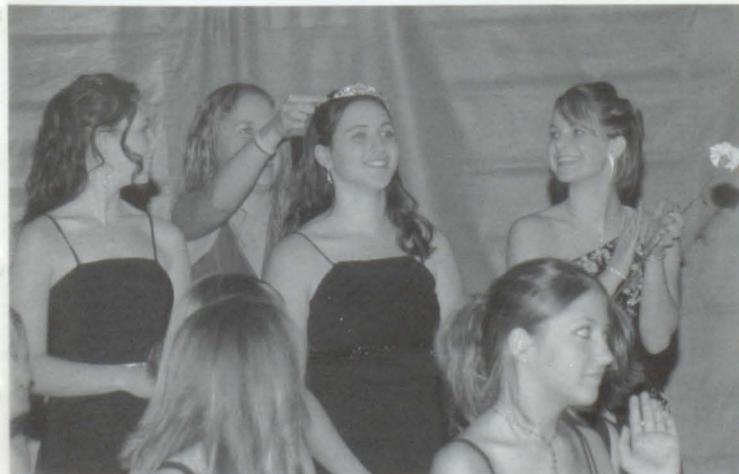
Above: Christine Deroma and Chris Kinnamon.



Above: The freshmen look excited to be Snow Week candidates!



Above: Juniors Amy Dalbec and Blake Beaudry.



Above: Kristie Eull being crowned Snow Queen 2005.



Above: Senior girls went all out to support the wrestling team on School Spirit Day.

Foreign Exchange Students



Eva Blomberg
from Germany

Things we loved:

- Our clean lockers
- School spirit
- The water fountains'
- The XXL cookies
- The snow
- Homecoming /snow week
- Football
- Java Joint

Eva Blomberg

P. Putschky

Pearla Alvarez

Martin Berg

Barbie Vy

Things we laughed about:

- The student parking lot
- The student desks
 - ID tags
 - being walked to lunch
 - rumors
 - "Some people" :-)
 - some sports...
 - "bread"



Ela Wennmacher
from Germany

...
**WE WILL
NEVER
FORGET
YOU**
...

...
**THANK
YOU
STMA!**
....



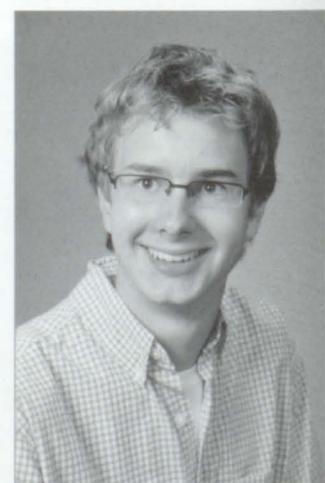
Christian Putschky
from Germany



Pearla Alvarez
from Mexico

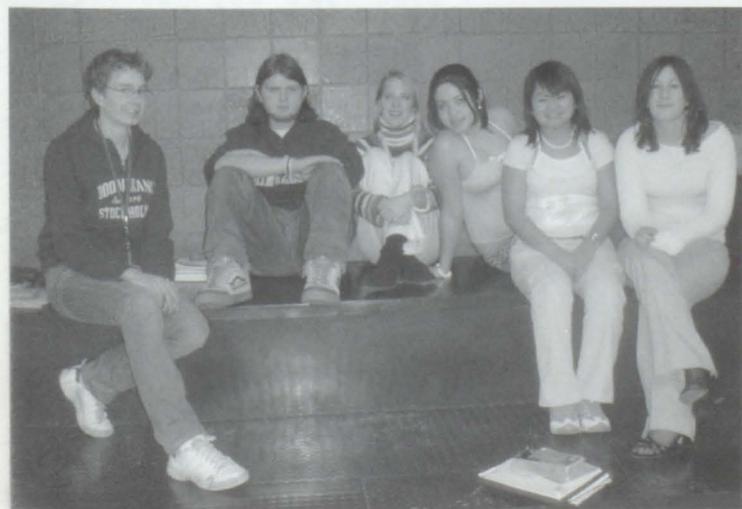
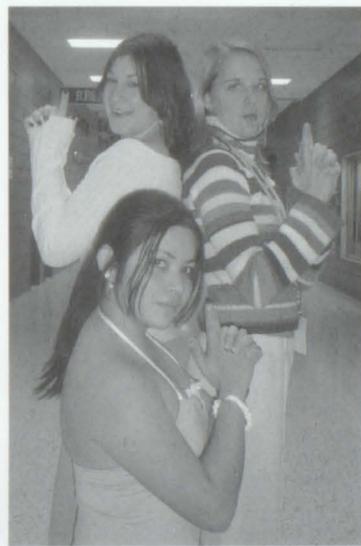
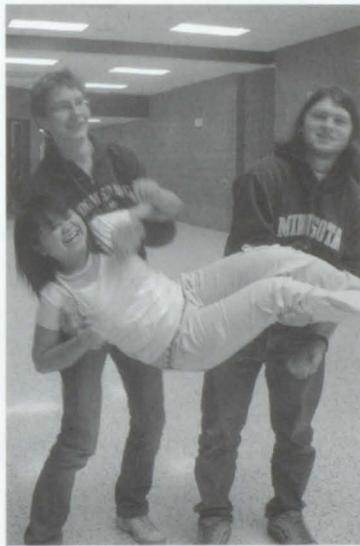
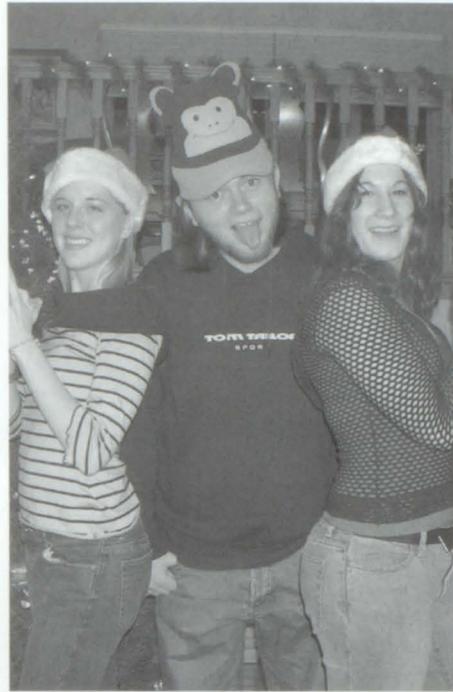


Barbie Vy
from Vietnam

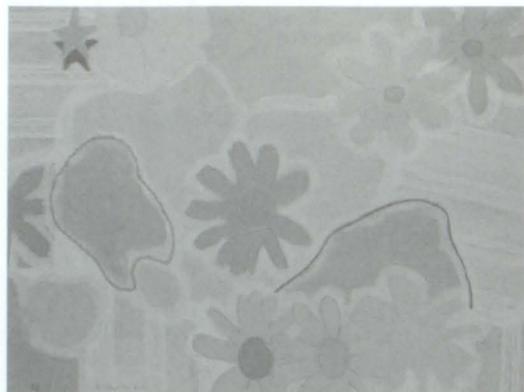


Martin Berg
from Sweden

Foreign Exchange Students



Poetry Arts &



Kristen Van Heel

Andria Niedzielski



Love

Love is the essence of all human life.
Without love our world would fall apart.

There is love contained

In the depths of every mans heart
Only a true man can let his love show.
He must hold onto that love and never let
go.

If everyone would let their love show
There wouldn't be as much
Loneliness in this world. Never hide your
love

For it will slowly die away.

You may need it

For someone, in some way.

Nothing but depression
Can replace the love in your heart.

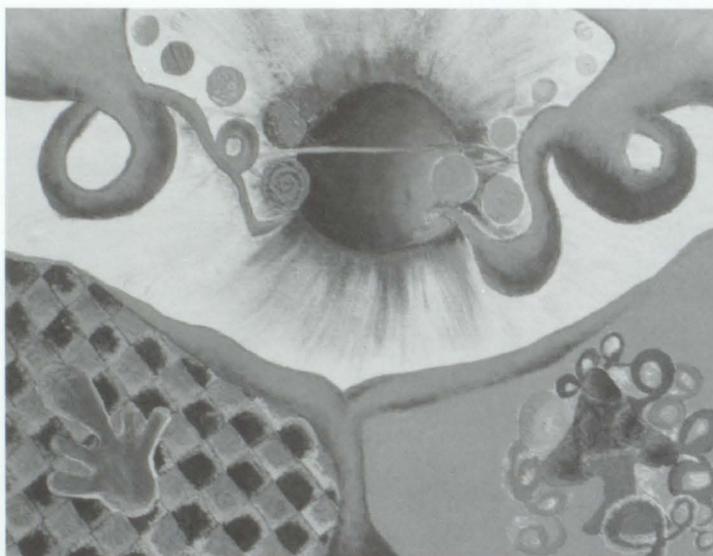
And depression can do nothing
But violently tear it apart.

So go on, show your love in any way you
can.

For you may need it for some woman or
man.

If your have no love to give in your life
You will spend your time in sadness and
in strife.

Jakob Orin Jamz Baltich
9th Grade



Jessica Morcomb

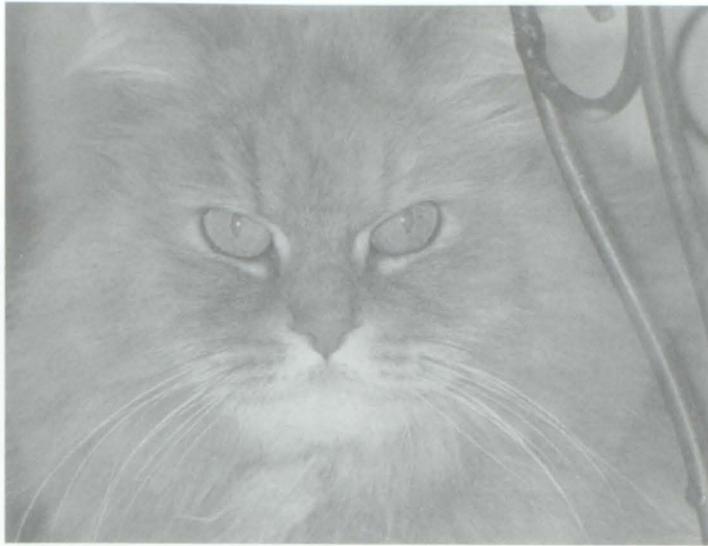


Emily Roden

Jacob Bebeau



Emily Laney



David Hagen



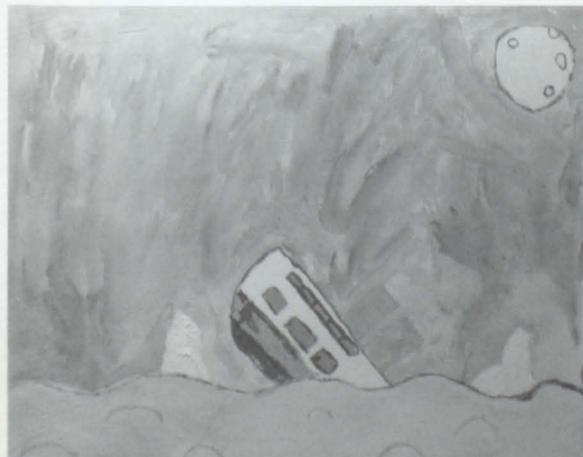
Life

Regularity always changes
Change that causes controversy
That controversy causes conflict
And conflict begins battles
Those battle start wars
Wars, they cause pain
Pain becomes pleasure
Pleasure in making that pain
Pain and pleasure is like love and hate
Love and Hate
Such strong words and feelings
To love what?
To hate whom?
Many other questions with such powerful
words
Many questions may cause confusion
Confusion is unsuring

To be unsure is like, not knowing
To not know is a weakness
This weakness is many things
It is found in powerful government and
minds
It is also time for those empires to fall,
those lives to end
The end is death to both empires and lives
Death it is cold, so dark
But after the darkness there is light and
warmth
In light there is life
Life is beautiful
But beauty becomes regular
And regularity always changes.

Kaylee Johnson
9th Grade

Ashley Girand



Logan Conwell



Nicole Enger

Academics



Academics

Academics





Academics

Academics



Academics

Music



Above: Jake Bebeau concentrates on playing the piano.



Above: These garage band students listen to Mr. Bergstrom talk during class.



Above: The garage band class poses in the auditorium while doing sound checks.



Above: Eva Blomberg smiles while playing the drums.



Above: Liz McAllister pounds away on her drum set.

Physical Education/Health



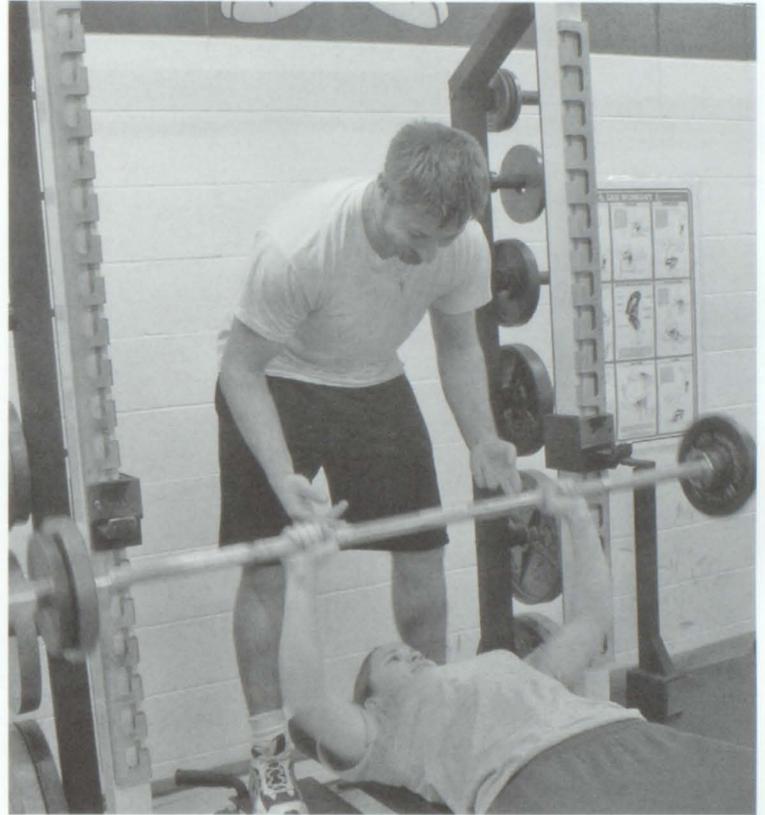
Above: Gym class looks like a lot of work! These students do an ab workout in the wrestling room.



Above: Wow, another ab workout! Those phy ed students must be in pretty good shape!



Above: Is Camille Welter stretching...or just hanging out?



Above: Matt Ruter spots a friend on the bench press during gym class.



Above: These guys get ready to play floor hockey in gym class!

Science



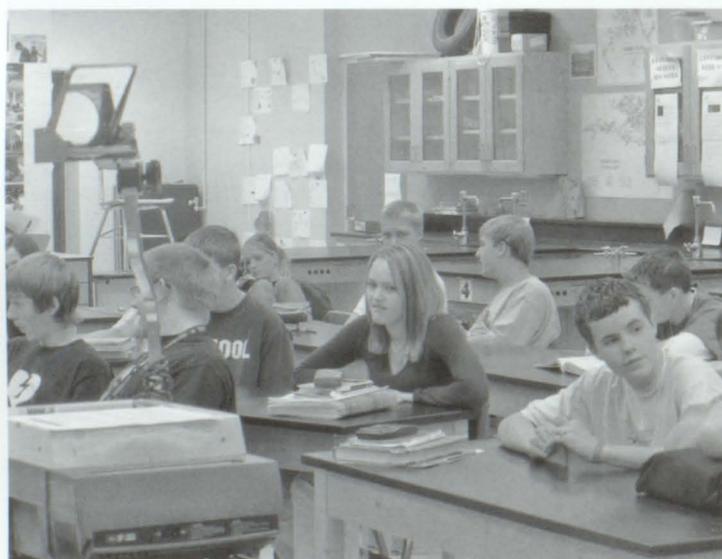
Above: Rob Kramer works out a physics problem on the board during Mr. Dewey's class.



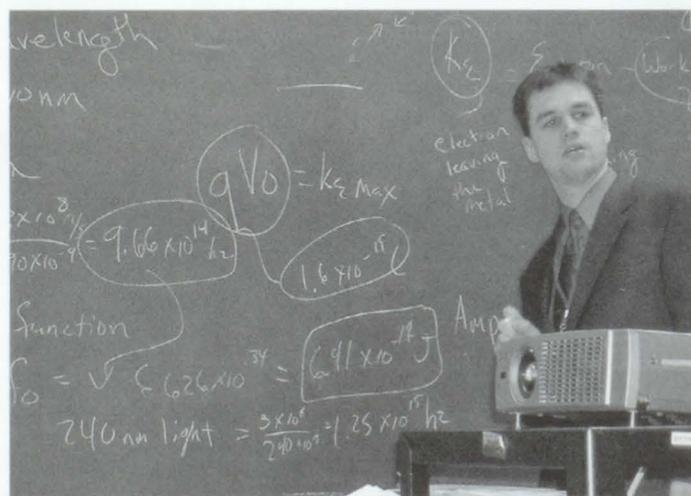
Above: These two students talk about their project, while the rest of the class listens to the teacher.



Above: A couple of students from this class decided to take a well deserved break.



Above: This science class sits at their tables prepared to start their activities for the day.



Above: Mr. Dewey lectures to his physics class...that stuff looks pretty hard!

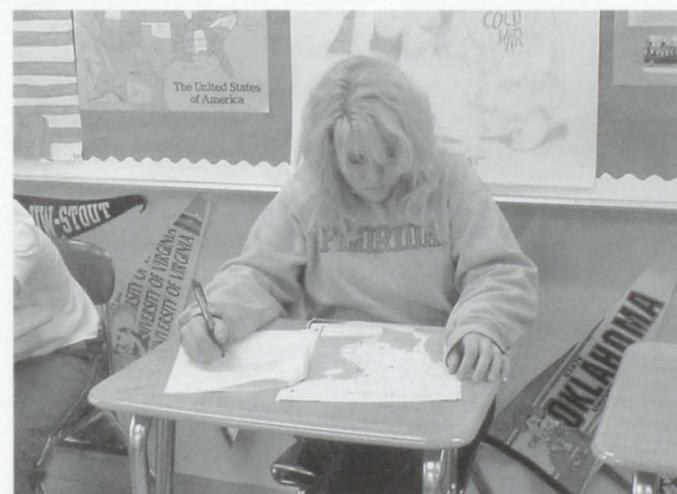
Social Studies



Above: Mr. Russin lectures one of his classes.



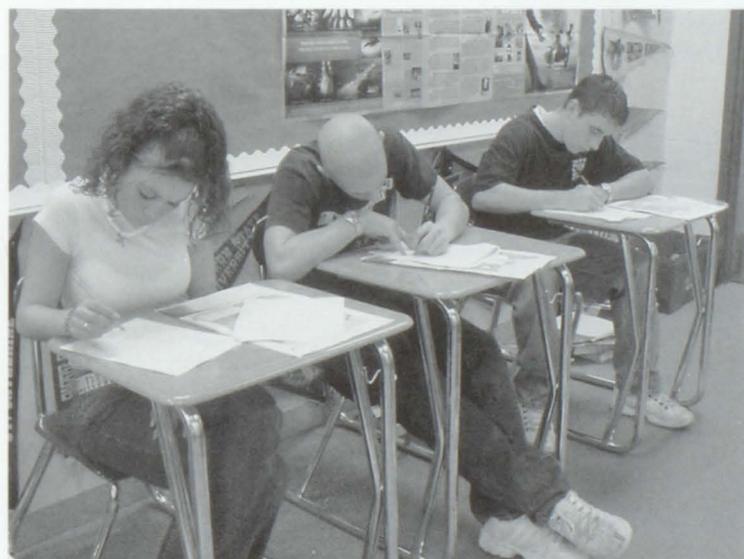
Above: This class seems stressed from the load of work they got for the end of the quarter.



Above: Don't worry Alexis, just a few more minutes and your day is done.

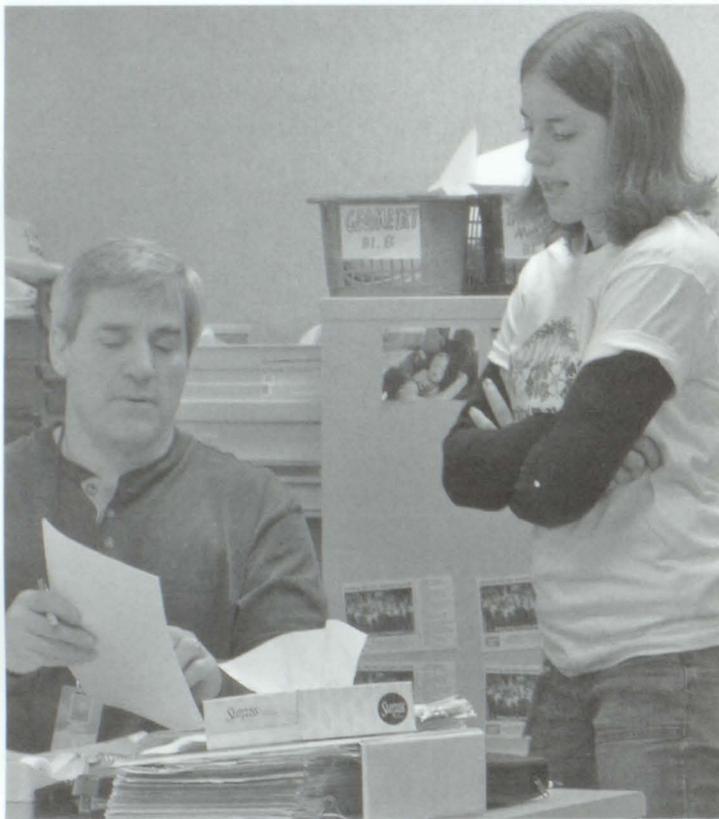


Above: This student presents his project to the class.

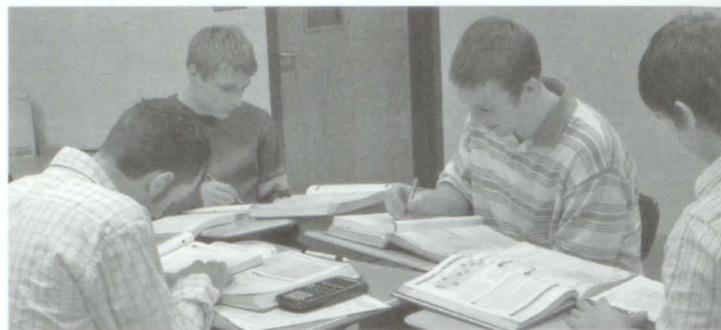


Above: These students are studying hard for Mr. Barthel's class.

Mathematics



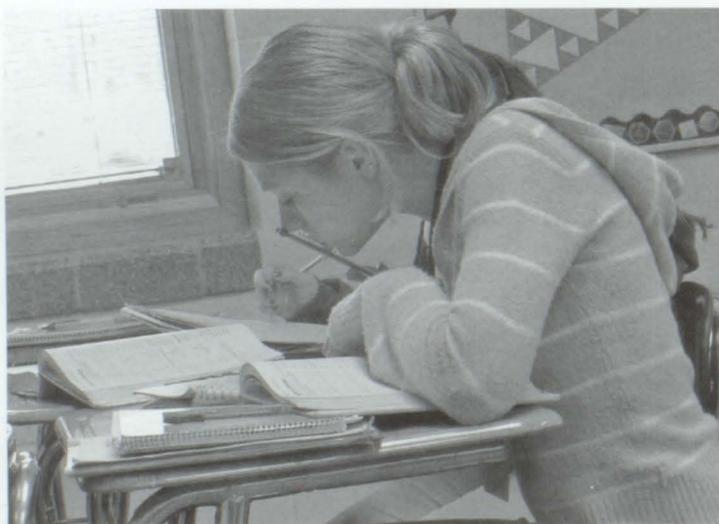
(Above) Karen Rose is getting help from Mr. Greeno.



(Above) These guys are working together on their math assignments.



(Above) Katie Goodin takes a second to look up while Ryan Dutton and Ryan Campion work.



(Above) Amanda Hackenmueller is intently working on her homework.



(Above) Mr. Greeno is helping Laura VanDrasek and Kristen Stangler with their math homework.

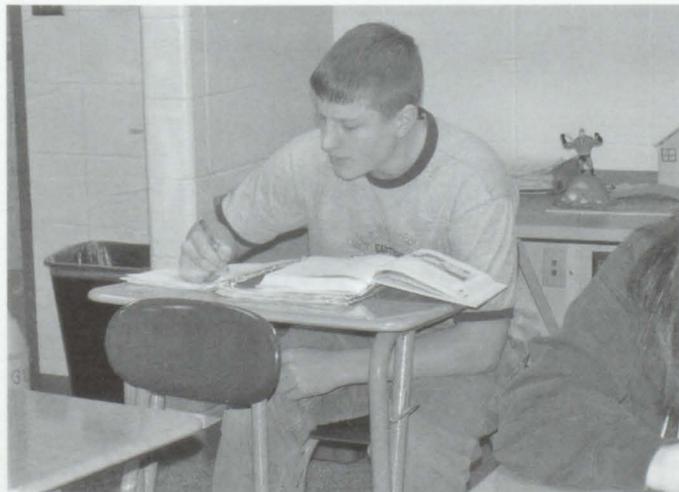
Language Arts



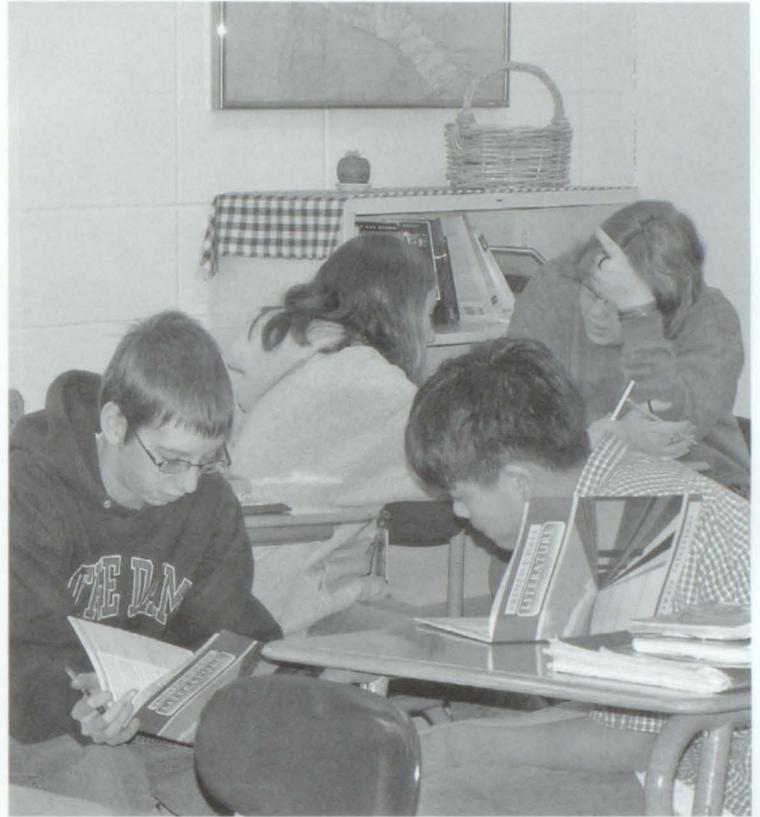
(Above) Dusty Baker, Anna Posthumas, Kate Bridal, and Roxanne Boone discuss Oedipus.



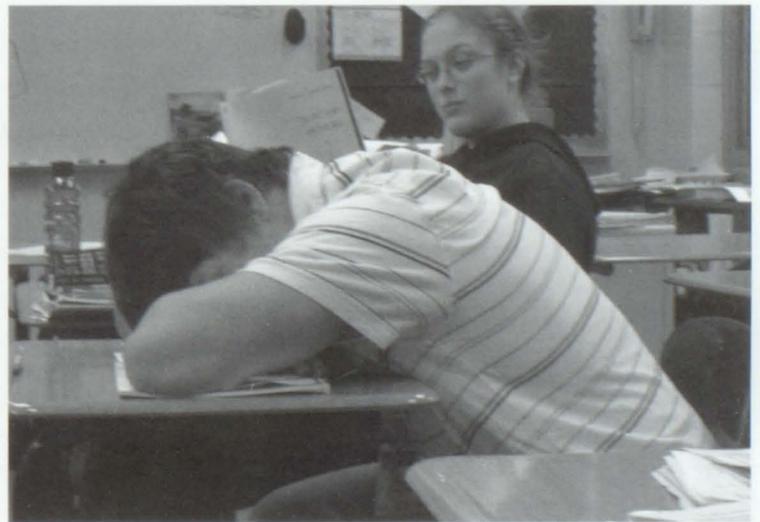
(Above) Sarah Helfert, Karen Rose, Kelly Zachman, Emily Vorderbruggen, and Rebecca Vetsch are hard at work on their A.P. English assignments.



(Above) A change for Chris Kinnamon, working on his english homework.

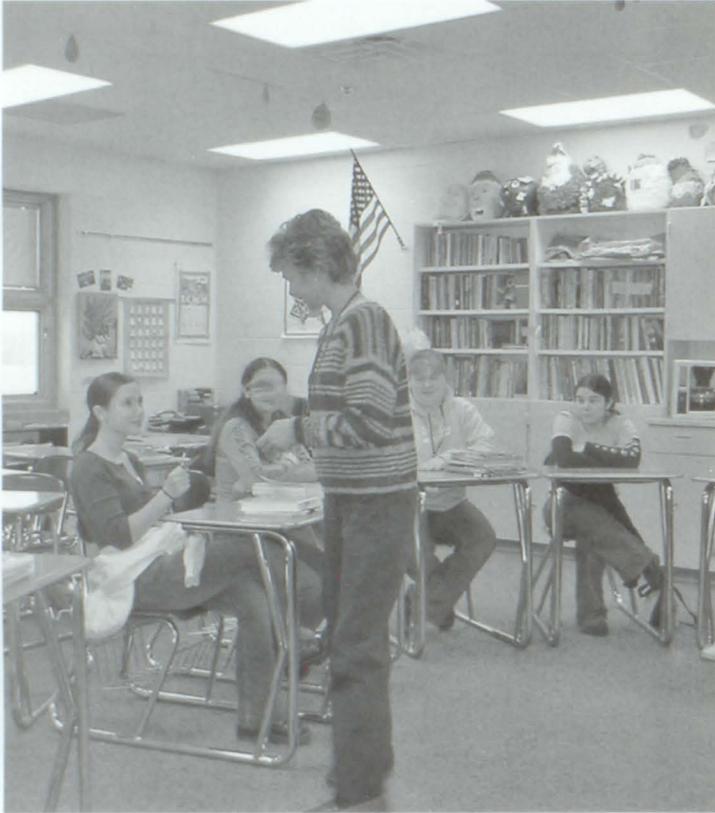


(Above) This group of freshman work hard on their assignments.

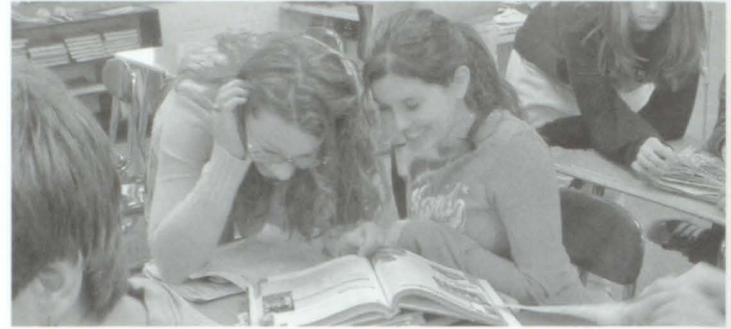


(Above) Mike Nelles sleeps, as usual, in english class.

Foreign Language



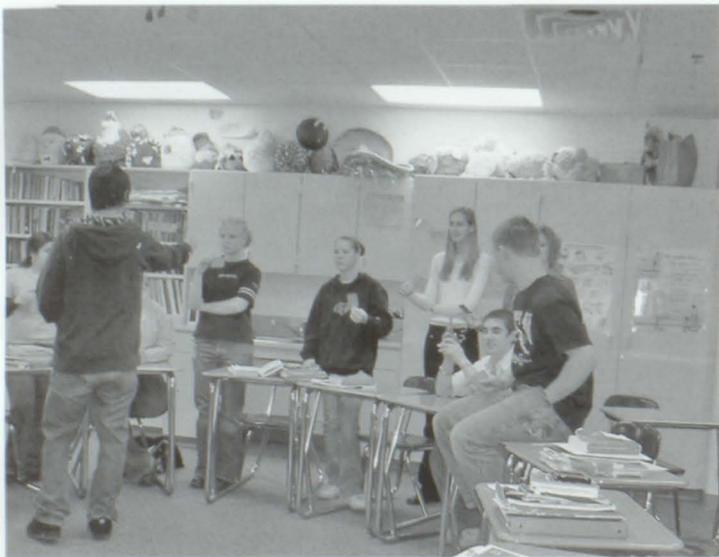
Above: Senora Jonas passes out materials to her Spanish 4 class for an activity.



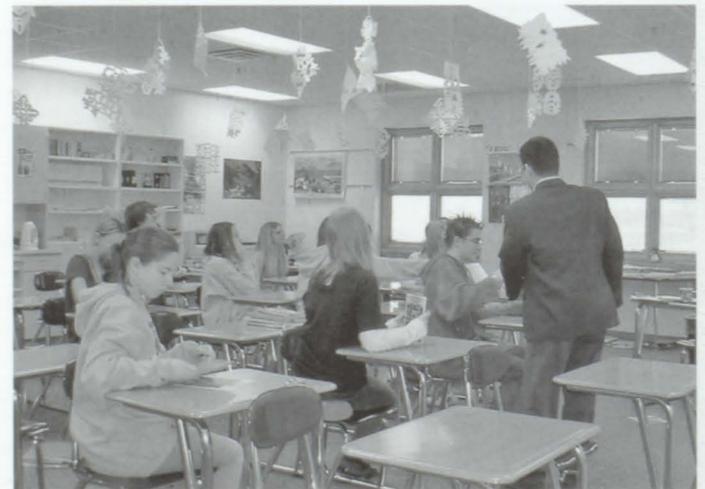
Above: Camille Welter and Emily Eull look like they're having fun doing their Spanish homework.



Above: Now after being in Spanish class maybe they could go to Mexico



Above: Spanish 4 students playing a word game.

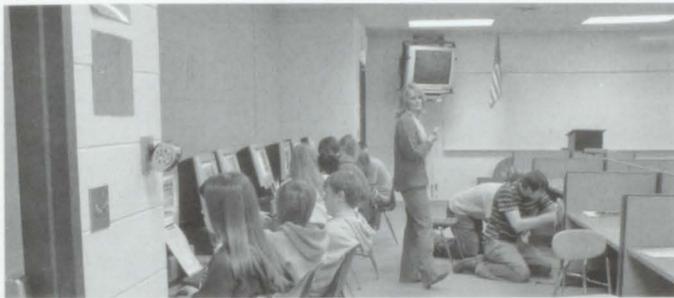


Above: French students working hard to learn some French.

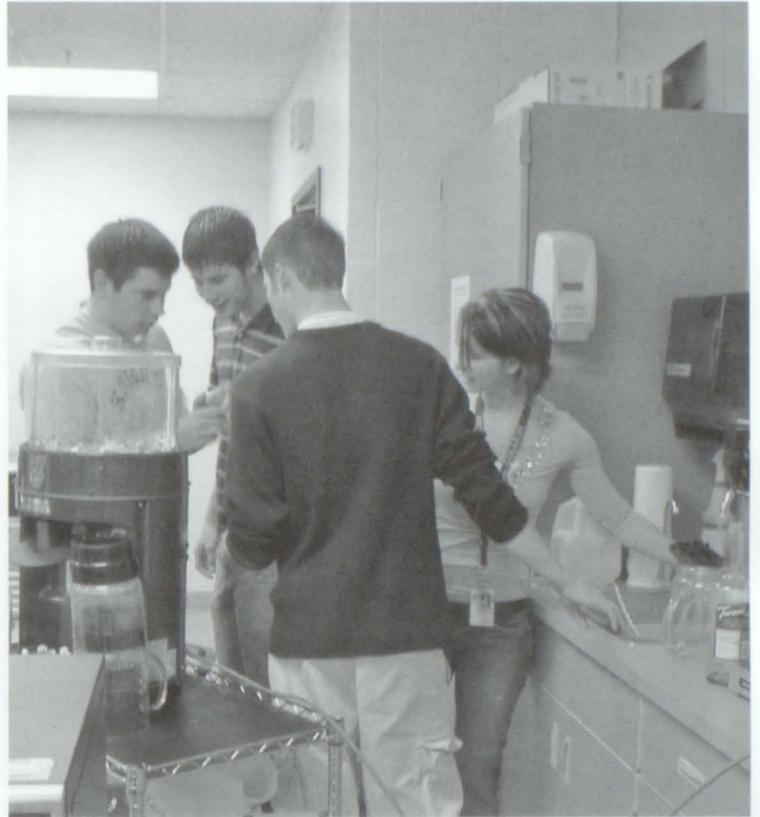
Business



Above: An unidentified junior working on the computer. Just kidding Kinnamon.



Above: Mrs. Carlson teaching her business students.



Above: These Entrepreneurship students clean up after working at the school's coffee shop, "Knights of the Coffee Bean."



Above: A group of business students working hard. Good job Mallinger.



Above: Becky Jossart and Katie Zachman work hard on their projects.

Industrial Technology



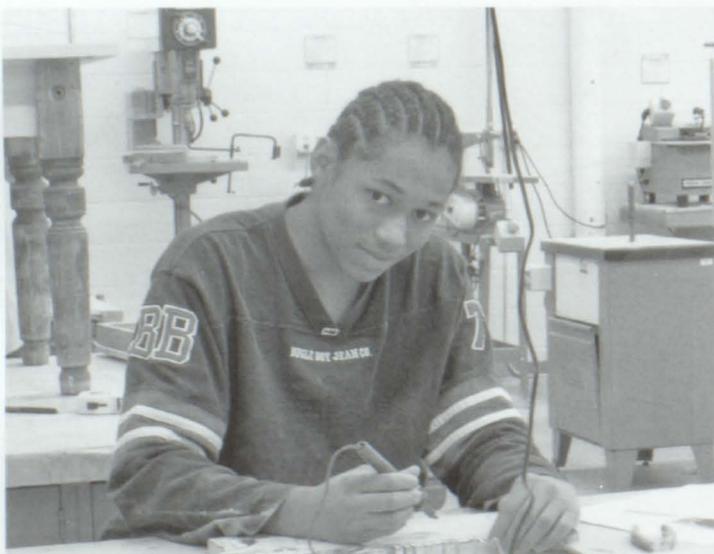
Blake Besser is looking good in his safety goggles while working on his shop project.



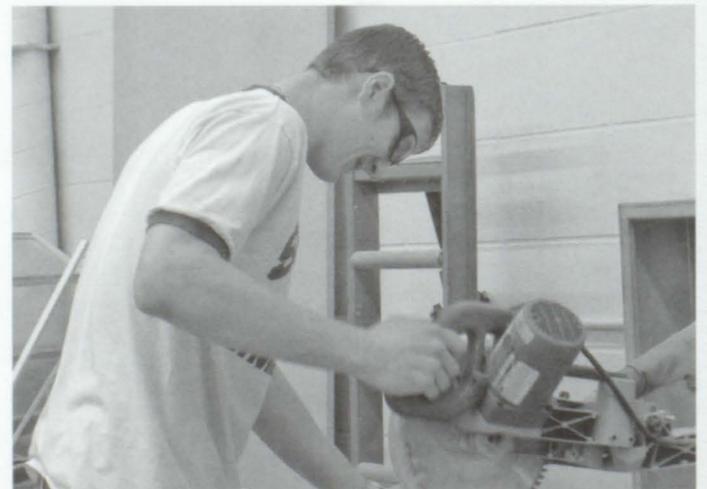
Andrew Clem is getting instructions from Mr. Bauman on his shop project.



Grant Helgeson and Blake Besser are hard at work making a table. Looks great guys!

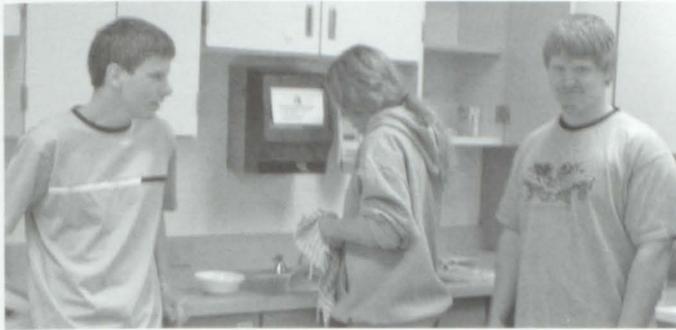


This Industrial Tec. student is diligently working on the plans for his project.

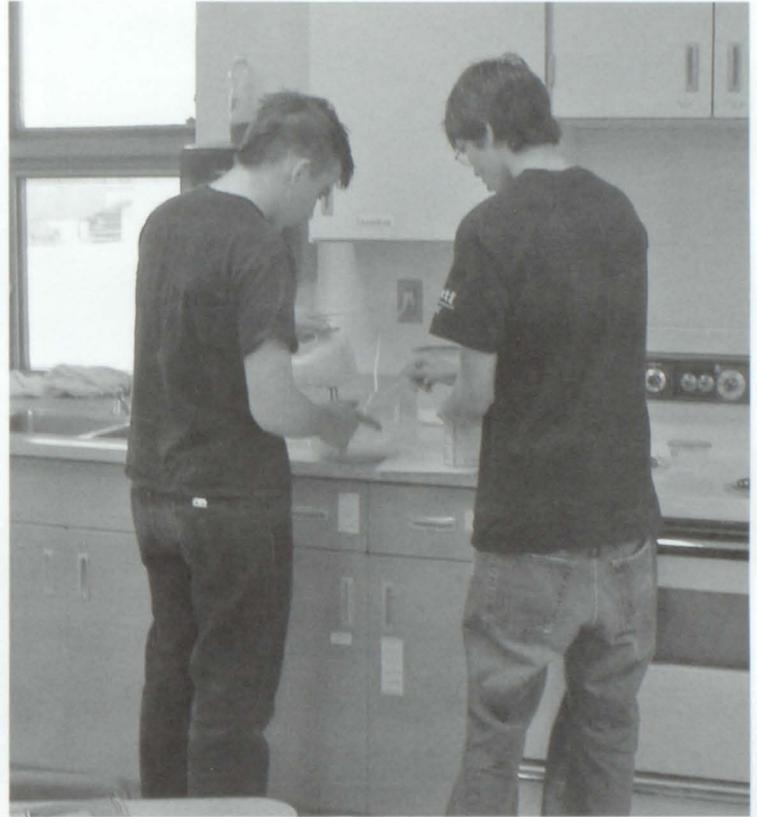


This student looks like he's hard at work sawing a piece of wood for his project.

Family and Consumer Sciences



Students cleaning up the dishes from baking some food. Yeah!



Two boys using a mixer to make up something good!



Students and Nutrition and Foods doing worksheets so that they know their stuff!



Panglee Lee, Jake Bebeau, and Jenny Woods working hard to make something delicious.



Ms. Read is helping a few students get ingredients for their recipe.

Visual Arts



Above: Ms. Hedlund helps out a student during photo class.



Above: Oooh, another art test, hope they didn't have to think too hard!



Above: She's hard at work on her ceramics test...and doesn't her vase look nice??



Above: Jake Bebeau looks like he's having some fun cleaning up the art classroom.



Above: These two girls work on their photo projects together.

Staff



Dan Abrahamson



Monica Bachman



Dale Barthel



Earl Bauman



Mike Beck



Kimberly Benson



Samuel Bergstrom



Scott Berning



Kelly Bovee



Roger Bovee



William Breeden



Laurie Cameron



Kim Campbell



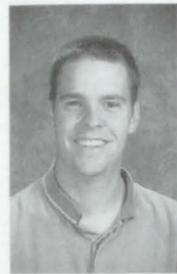
Dale Carlson



Renae Carlson



Lisa Collier



Keith Cornell



Kevin Crocker



Nancy Crocker



Lynn Dahring



Scott Danielson



Darek Dewey



Vicki Dick



Ana Dominguez



Jessica Fahey



Jeff Fox



Michael Frickstad



Joan Gindele



Marla Gmach



Kris Goodin



Robin Grabham



Greg Greeno



Sharon Hackenmueller



Curt Hahn



Kari Halker



Melissa Hanson



Mitchell Harmoning



Colleen Harrington



Jessica Hebeisen



Alice Hedlund

Administration & Staff



Alice Helfert



Dolores Helgeson



Jeremy Hoffman



Wayne Hoistad



Mary Hollermann



Kristen Jenkins



Brent Johnson



Erica Johnson



Gina Jonas



Clarice Kessler



Sandy Knudson



Barb Kolling



Kellie Kortum



Mindy Kragness



Keith Kuhn



Christie Larson



Sherri Larson



Katherine Lefebvre



Roseann Lekatz



Ryan Lindenfelser



Letitia Lindenfelser R.N.



Jane Lynch



Tony Mallinger



Ellen Marschel



Jim Mc Dermott



Deborah McLeod



Jox Metcalf



Kristi Metcalf



Mark Minkler



Jon Muellerleile



Kathryn Nowell



Wendy Nygaard



Ryan Panning



Jan Peterson



Julie Read



Jens Rhoades



Matthew Rooker



Carrie Rude

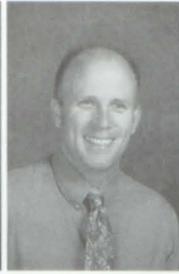


Ben Rusin



Marilyn Satring

Administration & Staff



Colleen Scherber Steven Scherber Marcia Schirber Rachel Schott Jean Schreifels Shannon Schultzenberg Tami Shustarich Darrell Skogen



Cindi Sovell Janelle Stange Pat Stenglein Ginger Stoehr-Fealy Heather Swan Angie Swanson Shelley Swanson Jenny Thompson

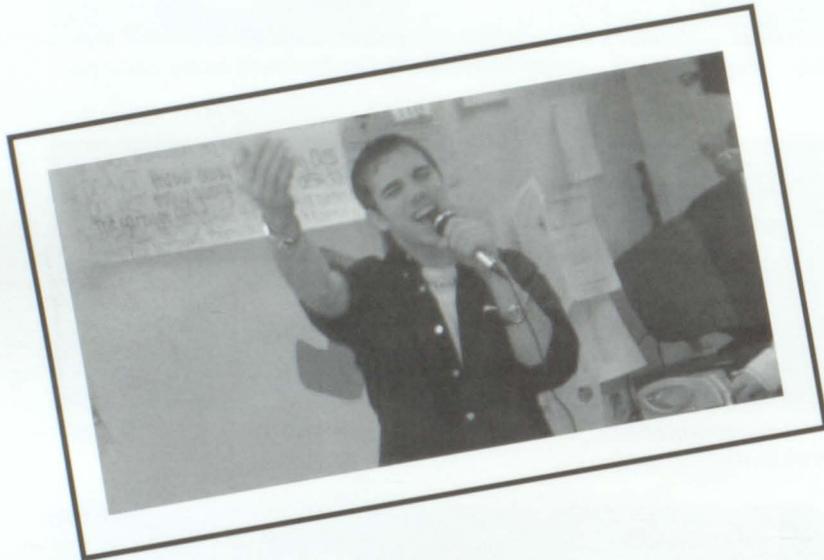
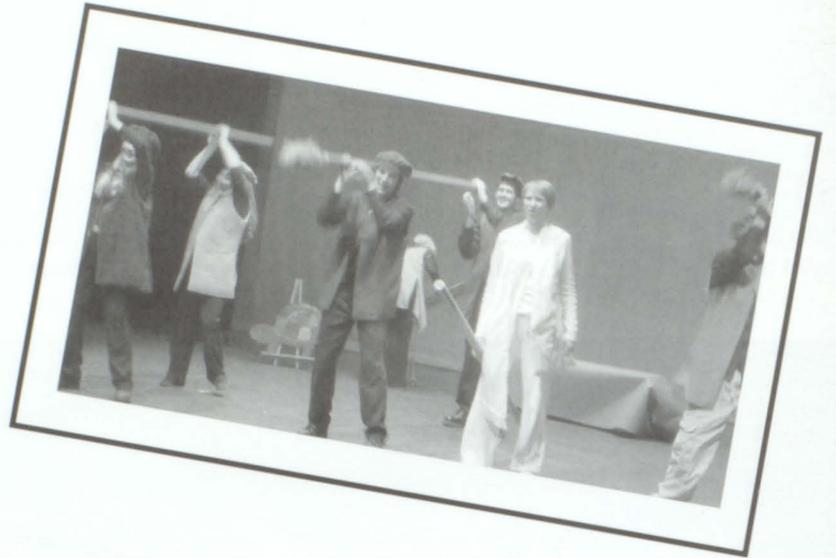


Jim Van Meveren Virginia Verbrugge Doug Vetsch Dawn Vo Karen Volkenat Peter Warne Chris Werts Craig Wignes



Sabrina Wixó Chris Wykle Mary Zachman Terry J. Zerwas

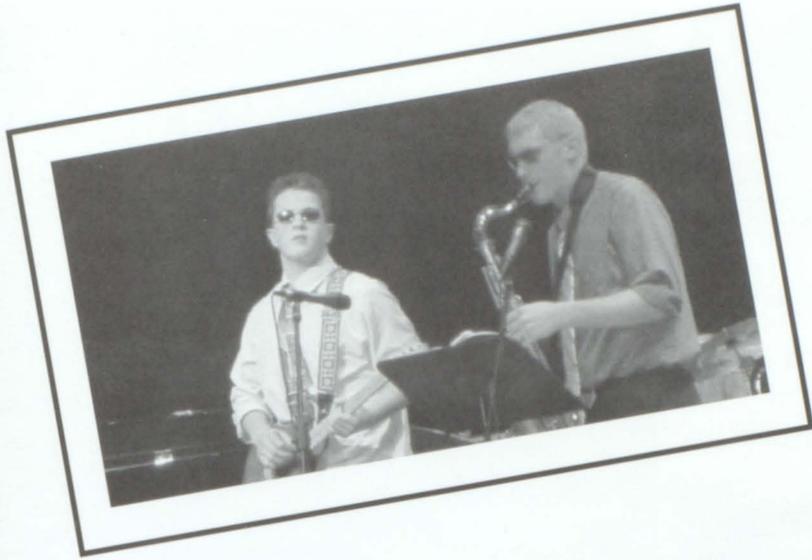
PERFORMING ARTS



PERFORMING ARTS

PERFORMING ARTS

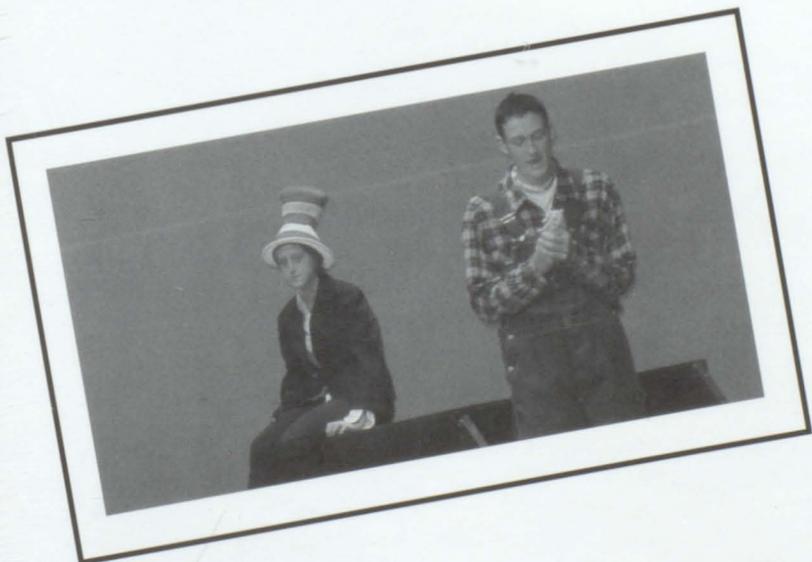




PERFORMING ARTS



PERFORMING ARTS



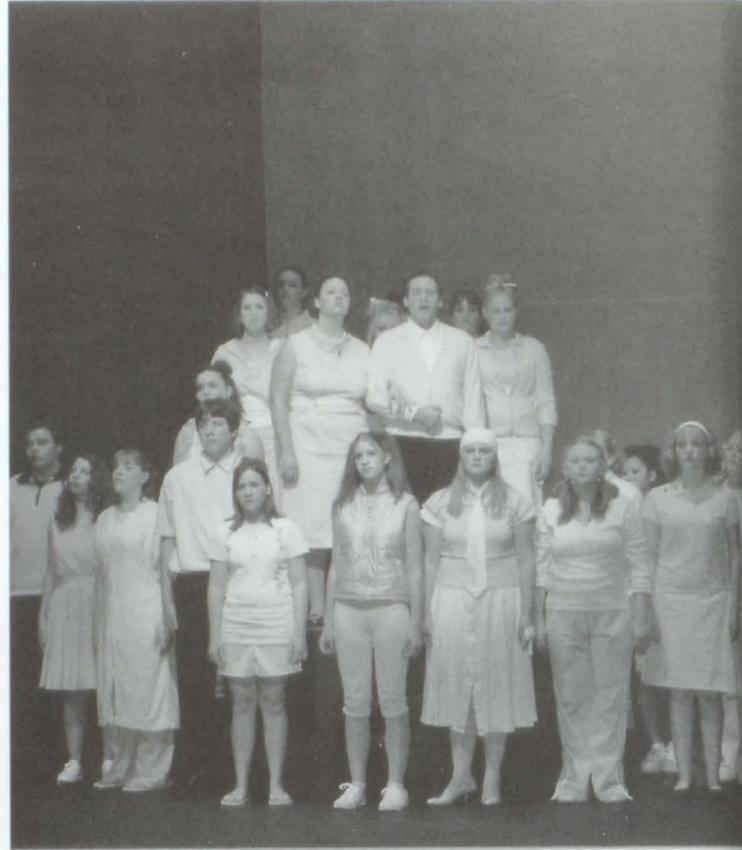
PERFORMING ARTS

Fall Musical

Below: Mayzi (Kate Bridal) gets a breeze from the Cat.



Above: The annual Perkins party! Green eggs and ham, anyone?



Above: The Who's singing about their life on their dust speck.



Mayzi and the Bird Girls (Dayna Lindenfesler, Trina Zahler, and Jessica Akes) sing to Gertrude McFuzz (Anna Posthumas)



Above: Jungle Creatures gather around while Judge Yurtal the Turtle (Jeremy Kuhn) prepares to boil Horton's dust speck.

Seussical The Musical !

Left: Ashley Budde did a great job as Jojo, a girl who had lots of "thinks."

Liz McAllister was excellent as the Cat in the Hat.

Below: Mrs. Halker along with Charlie Yanke, Jen Long, and Brittany Crocker were just a few who helped build and paint the sets for the show. Great work!!

Below: Horton (Jake Bebeau) protects his dust speck while the Wickershams (Derek Holm, Robert Swanson, and Steve Posthumas) "monkey around."

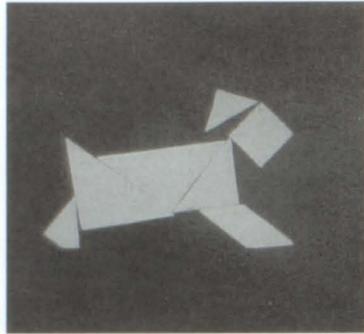


Left: "Oh, The Thinks You Can Think!" Horton, the Bird Girls, and the Sour Kangaroo (Shaylee Carlson) all sing.

The show was a huge success and the cast was amazing!

One Act

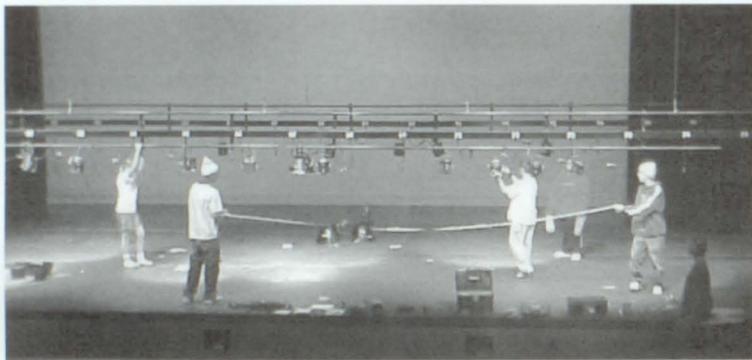
Below: Derek Holm, one of the painters, is looking like he's having a lot of fun during the performance.



Above: One Act creatively used a black light to illuminate white cut outs of shapes that were in turn used to make the shape of a dog.



Above: Anna Posthumus "the artist" poses with her own creation that is a masterpiece uniquely hers.



Above: The light and set crew is working on the lights to make sure they all work and are in the right place for the performance.



Above: Three members of One Act get together and use a long pole like object to represent a giraffe.

Right: If those positions are any indication, it looks like you learn more than how to act in One Act!

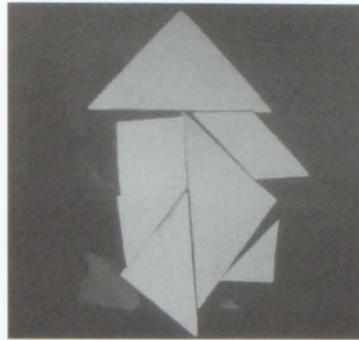


Left: Four of the colors, Ashley Budd, Robert Swansen, Liz Mc Allister, and Kat Bridal, are all posing during one of the scenes in the performance.

Masterpiece



Above: The painters hold their brushes for a second while (Anna Postumas) plays the part of a little girl who is trying to find where to make her masterpiece.



Above: This face of an old man is just another one of the many things that the One Act crew made with the white cut out shapes.

Below: The One Act freezes in another one of its abstract shapes and forms that could represent art.



Above: All of the actors on stage represent a different color, and all of the colors are on stage now.

Right: Robert Swansen and Anna Postumas are practicing one of the scenes in the play.



Left: Liz McAllister, another one of the colors, hilariously poses like as an example of art.



The One Act Crew (Front Row L-R): Bekki Jossart, Andrew Evans, Robert Swanson, Jacob Bebeau, Chelsea Klinkhammer, Shaylee Carlson, Liz McAllister, and Megan Selvig (Back Row L R): Anna Posthumus, Ashley Budde, Toni Berning, Holly Conwell, Ben Glasser, Cory Kessler, Kate Bridal, Nate Metcalf, Steven Posthumus, and Director Jox Metcalf

SPEECH

What is Speech? Is it getting up before 6 o' clock on Saturday mornings and only having a one-day-weekend? Is it memorizing a funny, dramatic or simply weird piece, doing it over and over again and than getting critiqued by some strange judge you don't know? Or is it sitting in rounds with other people that either don't seem to know what they're doing or are so much better than you that you just want to hide in a corner and cry? Well, all this definitely is a part of speech, but there is more to it than just that: Speech actually is fun (and speakers, too, of course...)! ;-) It is fun to meet all kinds of different (sometimes a little strange) people each week and believe it or not, it really can be fun to perform your own speech. The "Speech Team" had a great season this year and brought home a lot of trophies, medals, ribbons and honorable mentions. Thank you Mr. Frickstad and Senora Schott for the great and fun times we had and for being such great coaches throughout the whole season!!



Above: Kelly, Ela and Eva strike a pose.

Below: The group is waiting between rounds...

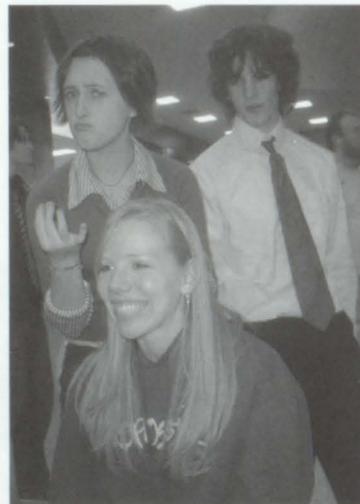


Above: Jake and Ela are hiding in the bus...

Below: Eva needs help to keep her eyes open.



Above: Kayla, Jacklyn, a blanket and a hat.



Above: Liz, Kelly and Matt... an interesting trio.



Above: A quick card game between rounds.



Above: Eva and Ela have fun at our home meet.



Above: A group massage is always a good thing...

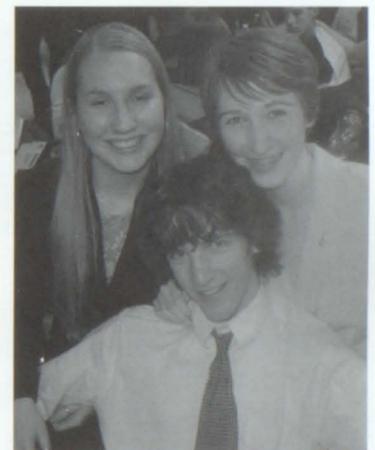
“We speech bestest!”



Above: Setting up for the home meet...



Above: Amanda and Lindsey are having fun.



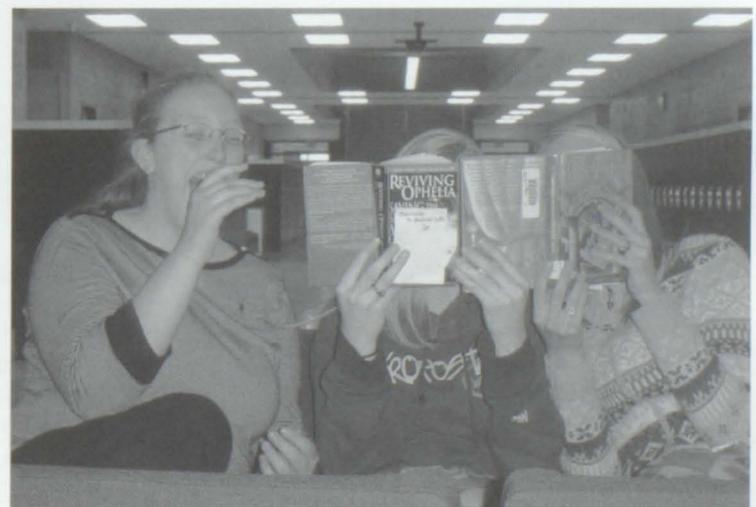
Above: Ashley, Anna and Matt pose for a quick pic.

Front Row: Ashley Budde, Matt Heilig. Second Row: Melissa Croce, Megan Selvig, Shaylee Carlson, Toni Berning, Kate Bridal, Derek Holm. Third Row: Nikki Andrews, Nathan Luhmann, Jen Long, Jessica Akes, Erika Jossart, Liz McAllister, Isaac Saville, Perla Alvarez, Lindsey Lechner. Fourth Row: Eva Blomberg, Ela Wennmacher, Katy Kolstad, Nina Zeleny, Martin Berg, Andrew Engen, Tim Spicer, Rob Roden, Dan Gallagher, Kayla Kasel, Jacklyn Haller. Fifth Row: Jake Bebeau, Kelly Leadens, Veronica Nemec, Sarah Legatt, Emily Olson, Alyssa Gallagher, Barby Vy, Amanda Vance. Back Row: Holly Conwell, Michelle Haller, Alex Gillach, Amanda Zimmer, Nikki Zeleny, Toni Pfeifer. Not Pictured: Anna Bydlon, Brittany Crocker, Brandon DeRoo, Mandy Eid, Ashley Klatke, Jeremy Kuhn, Sarah Larson.

Below: Some people don't really want their pictures taken...



Above: Another early Saturday morning for the speech team.



BAND

Band Council



Above:
Brent Guimont is "safely" hanging christmas lights in the sophomore room for deck the band room by standing on top of two desks.



Left:
Brandon, as the only guy on band council, gets all the attention. (Back L-R) Rebecca Vetsch, Camille Welter, Brandon DeRoo, Kelly Zachman, and Jaimie Hoeschen. (Front L-R) Megan Selvig and Ashley Budde.



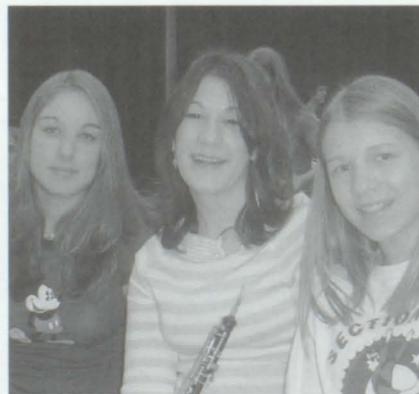
Above:
Alumi and current band members are playing together for the Homecoming Alumni pep band.



Left:
Senior band students are putting the final touches on their part of the hall for deck the band room, while underclassmen gawk at their work.



Above:
The pep band is putting on a good show at the homecoming football game.



Above:
Kathrine Foster, Eva Blomberg, and Laura Potter pose for a picture in between practicing their instruments.

Below:
Clarinets in the concert band are busy practicing one of their concert songs.



Ensemble

Wind



Front Row: (L-R) Kelly Zachman, Melissa Croce, Amanda Hackenmueller, Liz McAllister, Eva Blomberg, Abby Dalbec, Carly Eggert, Emma Johanson, Ashley Budde, Megan Selvig. 2nd Row: Jessica Akes, Toni Berning, Steph Miller, Nikki Zeleny, Holly Conwell, Jen Jankord, Camille Welter, Rebecca Michaelson, Jaclyn Haller, Emily Vorderbruggen, Molly Lefebvre. 3rd Row: Nikki Andrews, Brent Guimont, Stacy Zachman, Tony Pfeifer, Matt Penuska, Mike Barnard, Bridget Kottke, Jermey Kuhn, Lacy Greninger, Kristen Stangler, Rebecca Vetsch, Ariana Daleiden, Kayla Lampert, Ryan Madsen, Jaimie Hoeschen. 4th Row: Derek Holm, Issac Saville, Jen Long, Brittany Crocker, Emily Olson, Matt Ruter, Nicole Johnson, Andrew Engen, Dan Dubel. 5th Row (standing): Brandon DeRoo, Martin Berg, Ashley Carlise, Emma Zachmann, Andrew Evans, Robert Swansen, Cory Kessler, Josh Keil, Mr. Bergstrom. Not Pictured: Josh Hensel, Julie Hedlund, Laura Van Drasek, Andrea Janney, Matt Mc Cann, Brian Wurderman, Mike LeDuc, Jessica Heuring, Kellen Ryan, Joey Bongaarts, Angela Erdman, Jessica Ferrian, Megan Engstrom, Kyle Hackenmueller.



Front Row (L-R): Alyssa Gallagher, Margo Haynes, Katherine Foster, Stephanie Duley, Chelsey Ferbuyt, Laura Potter, Christie Roberts, Nina Zeleny, Kayla Miller. 2nd Row: Eric Lenneman, Joe Mazzuca, Mandy Mc Cain, Dan Fisher, Laura Billiar, Samantha Stepp, Kim Franklin, Jason Buck, Josie Zachman, Hali Toutloff, Kayla Dehmer. 3rd Row: Bethany Vetsch, Alex Westland, Jacob Baltich, Amanda Lenneman, Keith Goodin, Ian Heieie, Jeremiah Cote. 4th Row (standing): Alex Johnson, Kyle Paulson, Reid Nelles, C.J. Erickson, Mr. Bergstrom. Not Pictured: Chris Paulson-Schmit, Michelle Haller, Amanda Tolin, Nicole Sheets, Angie Grundman, Jeff Mc Carthy, Andrew Zahler, Teddy Wallace, Alex Kirchberg, Zach Shorter.

Concert

Band

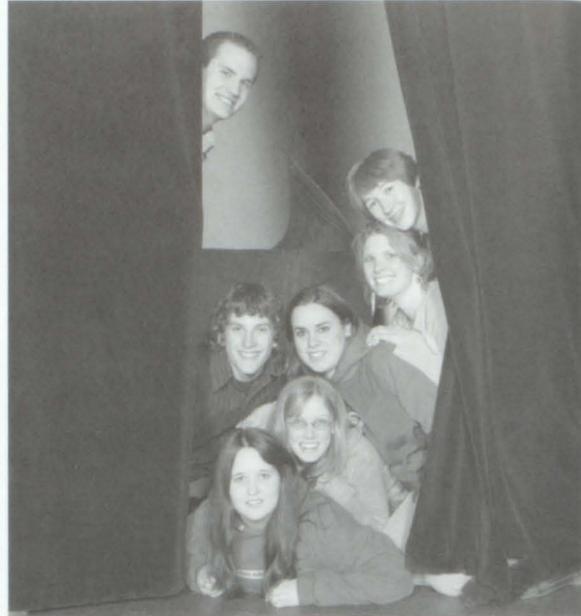
CHOIR



Above: Liz Newman, Kristin Krone, and Kim Kolstad sing nice and loud during Diva Choir.



Above: Sarah Gindele, Katie Heinen, and Kate Bienias smile during warm ups...having fun girls?



Above: The Concert Choir Council: From Bottom: Jessica Akes, Megan Selvig, Derek Holm, Sarah Legatt, Erika Jossart, Anna Posthumus, and Andrew Engen.



Left: Yes! These girls look like they can sing, well they definitely have the first part right!



Concert Choir

Front Row (L-R): Michelle Beaudry, Dayna Lindenfelser, Megan Reed, Ela Wennmacher, Sarah Legatt, Megan Selvig, Kristi Oliver, Katie Goodin, Emily Laney, Camille Welter, Kate Bridal, Erika Jossart 2nd Row: Ashley Malwitz, Liz McAllister, Roxie Boone, Jessica Akes, Nikki Andrews, Ashley Budde, Anna Posthumus, Michelle Urai, Chelsea Klinkhammer, Melissa Croce, Barbie Vy, Veronica Nemec, Jane Polaschek 3rd Row: Shaylee Carlson, Nicole Schwagel, Michelle Benson, Steve Posthumus, Matt Heilig, Andrew Engen, Robert Swansen, Dusty Baker, Vince Lindenfelser, Mike LeDuc, Derek Holm, Mike Thorn, Jesse Wallender, Aaron Wilson, Matthew Coles Back Row: Ashley Scherber, Katrina Zahler, Rob Roden, Sean Pile, Jeremy Kuhn, Cory Dalbee, Jake Wheeler, Joe Schoen, Martin Berg, Brandon DeRoo, James Krutzig, Caleb McEachern, Benjamin Glasser, Jared Hansen, Luke Vetsch, Zach Davis, Brandon Abel Not Pictured: Ashley Dehmer Crystal Emerson, Megan Engstrom, Tom Ferry, Amy Fisher, Dan Gallagher, Jon Glasser, Ryan Hase, Jessica Heuring, Megan Jokinen, Alexa Landefeld, Jen Linder, Tony Pfeifer, Jane Polaschek, Nikki Swindlehurst, KC Veillon, Valerie Zachman

Diva Choir



Front Row (L-R): Kelsey Long, Amphaphone Phommasak, Jenna Nelson, Amanda Vance, Kate Bienias, Angela Ekern, Kristin Krone, Maria Frank 2nd Row: Maeghan Scherber, Leah Jacobsen, Sondra Killian, Julie Hedlund, Liz Newman, Logan McGarvey, Amber Manders, Emily Johnson, Carol Khatthavong, Emily Eull, Stacy Black Back Row: Jodi Kolles, Caitlyn Ferry, Katie Heinen, Bekki Jossart, Sarah Gindele, Jacklyn Urai, Kim Kolstad, Rachel Rogers, Kalla McEachern, Laura Schreiber, Jessica Harren Not Pictured: Mackenzie Dooley

Freshwomen's Choir



Front Row (L-R): Kelsey Weitzel, Leah Fiecke, Marina Roberts, Ashley Harrington, Cindy Soukhanouvong, Thavani Tamaldeo, Kayla Becker, Emily Anderson, Josette Zachman, Danielle Reese, Brianna Tharp-Holcombe 2nd Row: Teresa Dubel, Kristin Chatelle, Amanda Tolin, Katherine Raab, Bridget LaVallee, Amy Packa, Kristen Panning, Alisha Gossett, Kaitlyn Kolstad 3rd Row: Jessica Chapple, Courtney Parker, Elizabeth Donaghue, Lynne Kaluwe, Angelia Nanthavongsa, Kirstie Gottfried-Klinkhammer, Rebecca Legatt, Amber Euteneuer, Megan Hinchliff, Lindsey Gohde, Megan Osborn 4th Row: Dannielle Green, Lauren Zahler, Anna Johanson, Maren Holstad, Kristina Asbury, Jennifer Miller, Amanda Lenneman, Heather Crocker, Sara Johnston, Rachel Daleiden, Ashley Lewandoski

Jazz Band

Gold Jazz Band

Front Row (L-R): Kelly Zachman, Ryan Madsen, Jaimie Hoeschen, Dan Dubel, Melissa Croce. 2nd Row: Mr. Bergstrom, Mike Barnard, Rebecca Vetsch, Toni Berning, Andrew Eugen. 3rd Row: Brent Guimont, Nikki Andrews, Stacy Zachman, Tony Pfiefer, Joe Mazzuca. 4th Row: Brandon DeRoo, Robert Swansen, Megan Selvig, Andrew Evans, Cory Kessler.



Left: A trio of boys are performing a song they had worked on to perfect.



Above: The Blue Jazz band is busy playing and counting rests during one of their songs.

Right: The Gold Jazz is playing a snazzy song for a Jazz Concert.



Blue Jazz Band

Front Row (L-R): Mandy Mc Cain, Samantha Stepp, Alex Johnson. 2nd Row: Mr. Bergstrom, Alex Kirchberg, Nicole Johnson, Amanda Lenneman, Jacob Batich. 3rd Row: Issac Saville, Matt Panuska, Eric Lenneman. 4th Row (standing): Hali Toutloff, Jacklyn Haller, Ian Heieie, Nikki Zeleny, Jeremiah Cote, Emily Olson, Josie Zachman. Not Pictured: Matt Mc Cann.



Above: The combo of: Teddy Wallace, Ian Heieie, and Alex Johnson are looking pretty class while performing their tune on stage.

Jazz Choir



Chamber Choir:
Clockwise (From
Bottom): Melissa Croce,
Robert Swansen, Erika
Jossart, Megan Selvig,
Anna Posthumus,
Brandon DeRoo, Nikki
Andrews, Jessica Akes,
Steve Posthumus, Rob
Roden, Andrew Engen,
Trina Zahler, Derek
Holm, Kate Bridal

Below: Oooh, those
girls look like
Sirens, and they
sing like them too!



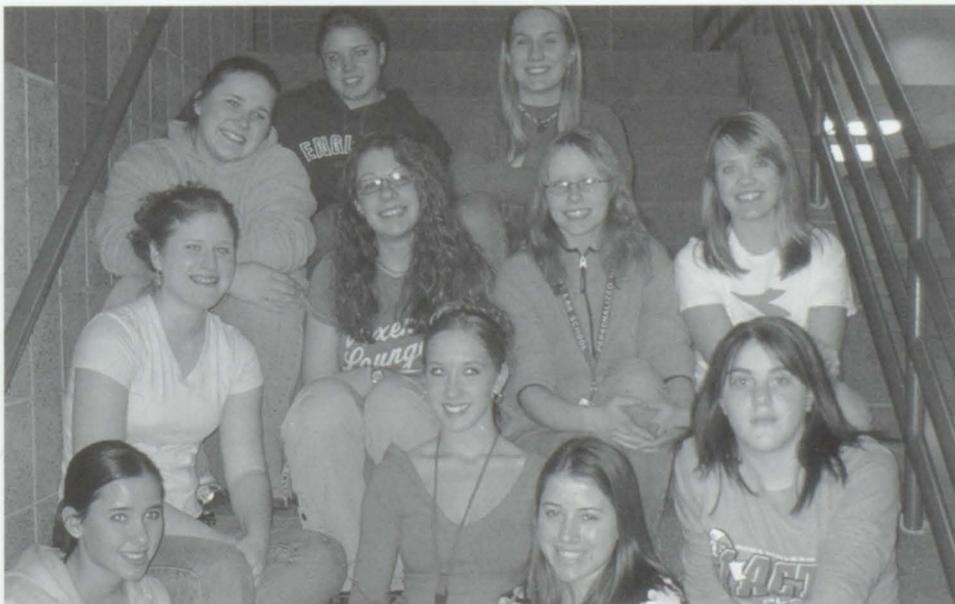
Above: The Chamber Singers perform at
the Jazz Show.



Left: The
Sirens have
some fun
singing "All
that Jazz"
from Chicago
at the Jazz
Show.

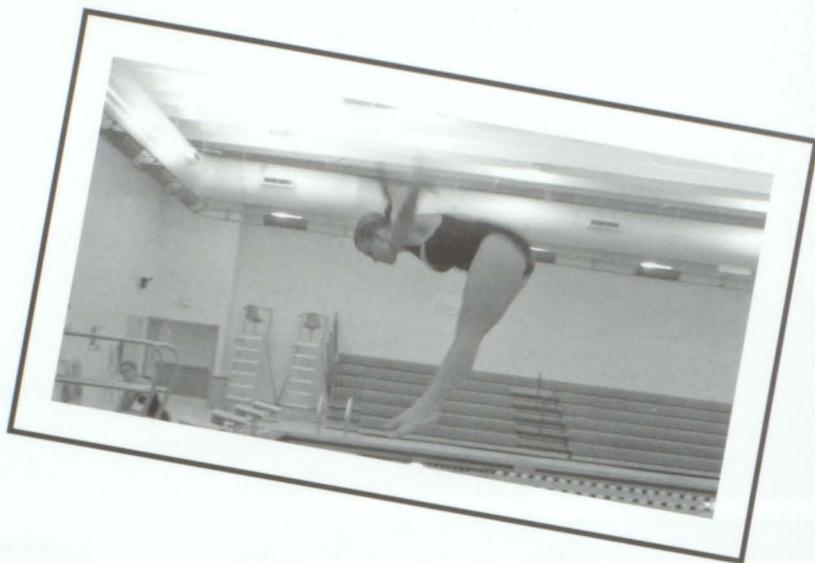


Above: Emily
Laney and Trina
Zahler sing a
gorgeous duet.

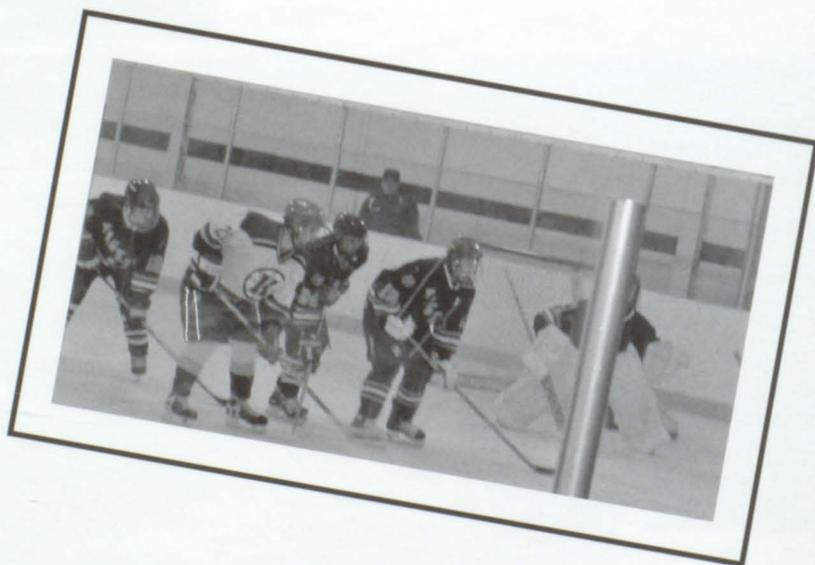


Sirens: Front Row (L-
R): Kristi Oliver, Dayna
Lindenfelser, Katie
Goodin, Chelsea
Klinkhammer 2nd
Row: Shaylee Carlson,
Camille Welter,
Amanda Vance, Bekki
Jossart Back Row:
Nikki Swindlehurst,
Emily Laney, Ashley
Budde Not Pictured:
Sarah Legatt, Jane
Polaschek,
Amphaphone
Phommasak, Michelle
Benson, Megan Reed

Sports



Sports



Sports

Sports



Sports



Sports



Volleyball

Overall Record: 26-2

T

he Knights volleyball team had a very successful season. They came into the season having only 4 returning varsity players and a new head coach. But, the girls were ready for the challenge. They proved this with a season opening defeat of

Watertown-Mayer, which began a 22 game winning streak. Included in this streak were 2 championship titles at both the Visitation Tournament early in the season, and the Delano Invitational early in October. Heading into the Eastview Tournament the girls hadn't lost a game, but the tournament had too many tough teams. After a first round victory over St. Paul Central, Woodbury was more than they could handle. The girls rebounded to win their next two games and took 5th place overall in the tournament. After Eastview, the team needed to be prepared for Section playoffs. In the first round, they played St. Louis Park, and won 3-0. The second round, against Benilde-St. Margaret's was a disappointing end to a great season. The match went into five games, with Benilde winning the deciding 5th game. But, even though the season ended earlier than they had hoped, the Knights volleyball players had an amazing season with only two losses. Congratulations on a great season, and good luck next year!



Katie Goodin (12) and Miranda Nelson (11) get ready for the serve to come in the back row.



Above: Miranda Nelson (11) tosses and serves up the ball at an away game.

Scoreboard

- @Watertown-Mayer W3-1
- @ Monticello W 3-0
- vs. Buffalo W 3-0
- @ Foley W 3-1
- vs. Meadow Creek W 2-0
- @ Visitation W 2-0
- vs. Fairmont W 2-0
- @ Mounds View W 2-1
- vs. Princeton W 3-0
- @ Delano W 2-0
- vs. Sibley East W 2-0
- vs. Becker W 2-0
- vs. Litchfield W 2-0
- @ Mora W 3-0
- vs. Pine City W 3-0
- vs. Annandale W 3-0
- @ Zimmerman W 3-0
- vs. Delano W 3-1
- @ Chisago Lakes W 3-0
- @ Big Lake W 3-0
- vs. North Branch W 3-1
- vs. St. Paul Central W 2-0
- @ Woodbury L 0-2
- @ Stewartville W 2-1
- vs. Hopkins W 2-0
- vs. Milaca W 3-0
- vs. St. Louis Park W 3-0
- @ Benilde-SM L 2-3

Left: Miranda Nelson (11) (on the far side of the court) and Marla Arns (11) get ready to hit a set from Jen Wiese (11) in a game at home.

Below: Sadie Kessler (11) is ready and waiting for the ball to come over the net.



Left: Jes Wiese (11), Kali Erickson (11), Jen Wiese (11), and Whitney Rathbun (10) cheer their teammates on while they're off the court.



Above: (L-R) Miranda Nelson(11), Sadie Kessler(11), and Kali Erickson(11) at up at the net ready to block.



Above: Katie Goodin(12) gets ready to serve while she waits for the whistle

**"I'm a proud
momma!"
-Coach Vogt**

Girl's Swimming and Diving

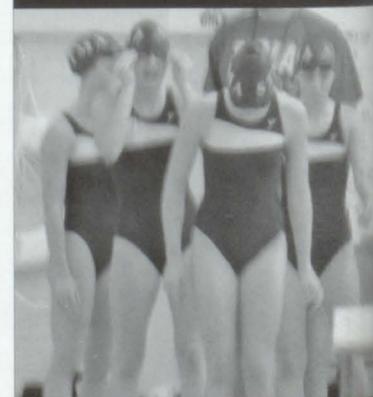
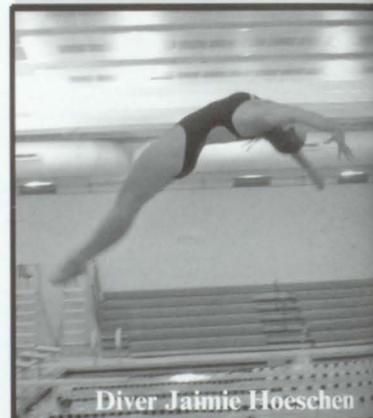
Overall Record: 5-3



Wow! It was another exciting year for the girls swimmers and divers. Not only did they break all but two school records, they ended for the first time in team history with a winning record of 5-3. They also succeeded at achieving their season goal of placing higher than previous seasons in their conference and sectional meets. Highlights of the season were taking first place at the Big Lake Relay meet where they finished in last place last season, and also having Carissa Reilly become the first ever All Conference swimmer from the team by taking first place in her 100 Back. There were also 13 other swimmers/divers who qualified for All-Conference Honorable Mention. The team was also helped by many new members. The diving team had a record eight divers this year, five of them being new. Many middle school swimmers also added to the team with their strong events. The team worked very hard, and was very dedicated to the sport, and it showed. It won't be long before they will be sending people to the State tournament. Good Luck to all the swimmers and the divers next year and congratulations on an outstanding season.



Above: These swimmers sure know how to party! The team went to Best Buy before Sections to warm up with a little dance party.



This relay team is all about concentration before they swim.

Scoreboard

Rocori Dual W 98-82

Big Lake Relay 1st place

Big Lake Dual W 104-77

Chisago Lakes L 72-100

Ogilvie Dual W 102-75

Foley Dual L 83.5-100.5

Princeton Dual W 110-75

True Team 3rd Place

Milaca Dual L 79-100

Litchfield Dual W 58-44

Conference 4th place out of 6

Sections 10th place out of 12

After a disappointing last place finish last year, the girls swimming and diving team came home number one this year at the Big Lake Relay Meet. (Left)

Below: Our real cheerleaders; Luke Hanson, Brandon Boese, Brent Guimont, and Mike Barnard.

Thanks guys for supporting us, we love you!



(Right) Carissa Reilly stands on the podium as the first ever STMA swimmer to make the All-Conference team, she placed 1st in the conference in the 100 Back.

(Left) Emma Johanson shows off her beautiful butterfly.



Top: How many divers can you fit on the board? Alcia Traut, Laura Potter, Nicole Johnson, Emma Zachmann, and Jaimie Hoeschen

I know a girl who believes in herself, Believes that she can run faster, jump higher, throw harder, who knows that she can close her eyes and hold her breath and dive, and the water will be there to catch her. Some people say that she should act like a girl, I say she already is. I believe in that girl, because that girl **is me.**



Football

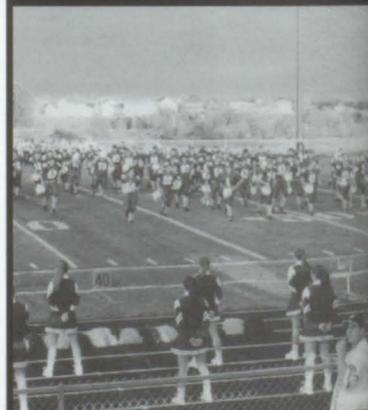
Overall Record: 8-3

I

ts been a good year for our Knights. The season started out slow with a loss to Mora and 21-20 loss to Princeton, but after that they won 8 games in a row with a big victory over Andover. They then went on to the section championship, but lost against the state champions , Totino Grace. STMA was the highest scoring team in the Rum River Conference, along with total offense and passing. Senior Tyler Krutzig had the best percentage in passing, Senior Chad Arlt had the most reciveing yards and Junior Mickey Kirk led the team in defensive points.



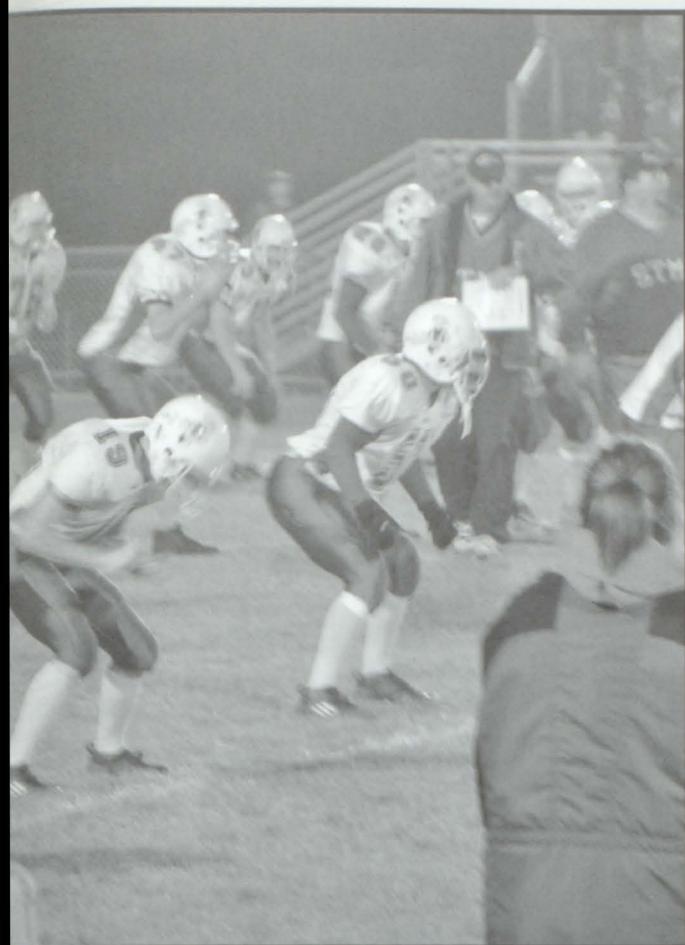
Above: The guys get ready for a play.



Above: The view from the stands during a home football game.

SCOREBOARD

Left: Before their football game, the Knights get warmed up and stretched out.



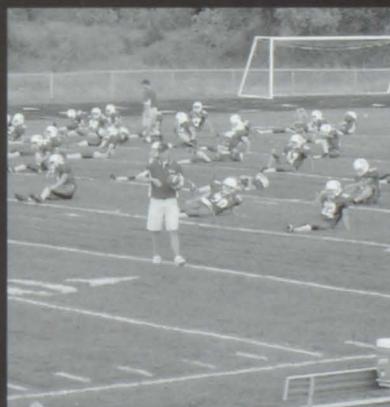
Below: The players coming off the field get some water during a home football game.



@ Mora 26-34
 vs. Princeton 20-21
 vs. Zimmerman 42-6
 @ Chisago Lakes 63-24
 vs. Big Lake 47-19
 @ North Branch 25-21
 vs. Pine City 26-0
 @ Milaca 43-39

Section Playoffs
 vs. Chisago Lakes 42-25
 vs. Andover 34-31
 @ Totino Grace 7-52

Left: The players huddle up after a touchdown and get ready to kick an extra point.



Above: The football players warm up before a nice, hot summer practice.



Players on the sideline look on the field and cheer on their teammates.

“Great year, good seniors”
 -Coach Bauman

Boys Cross Country

Overall Record: 52-85

T

he boys team is fairly larger than the girls with about twenty runners on junior varsity and varsity. They had a pretty good season and got along well as a team. The team had a lot of fun with their captain, Jake Grygelko, and liked to wrestle when they weren't running. Jake finished with a strong senior year, while Martin Berg, a senior foreign exchange student from Germany, also had a great season. The team has some strong young runners, including Sam Greeno and David Christenson, that are expected to do well next year, along with the juniors who will be returning seniors next year. Jeremy Kuhn, a sophomore, also had a great season and received an All-Conference award along with Dan Greeno. Dan carried the team again this year with four first place finishes, and taking third at sections to move on to state. Dan, also, did very well in state, placing 40th out of 153 state runners. The team had a good season and looks forward to an even better season next year.



Above:
Mike Thorn, Joe Grygelko, and Andy Hackenmueller are all ready to go to sleep.



Right:
Jake Grygelko, Joe Grygelko, Mike Thorn, and Jeremy Kuhn show off their golf balls.



Above:
Kurt Schumm and Isaac Saville fighting one another.



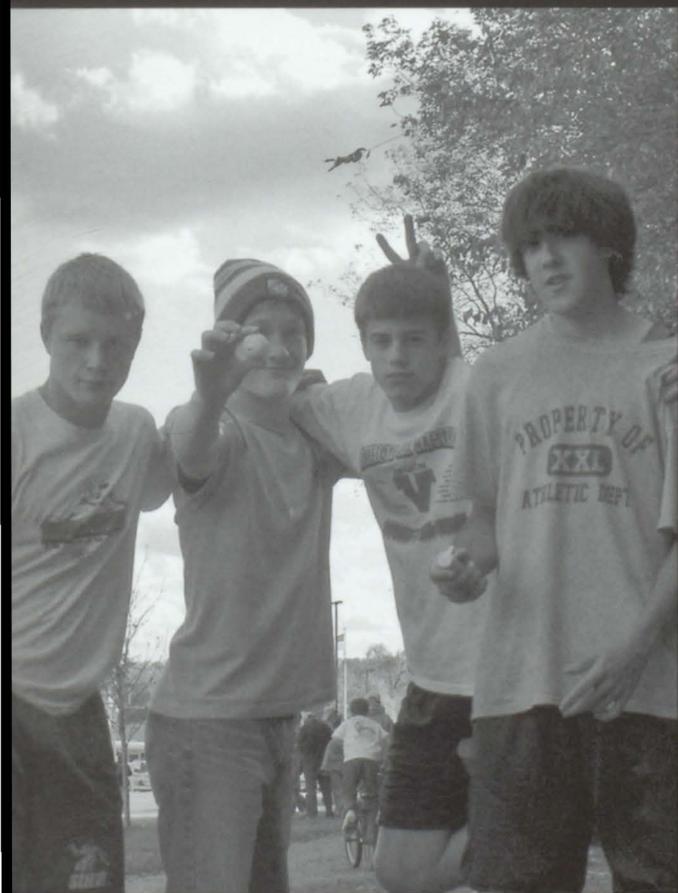
Left:
Dan Greeno is smoothly keeping his pace as others wonder how he makes running look so easy.

Below:
Martin Berg and the Alexs' hang out at a meet.



Location	Place/ Out of
Milaca Inv.	9/16
Monti. Inv.	11/15
NYA Inv.	7/15
Glencoe-SL	5/7
Apple Valley	19/24
Swain Inv.	16/28
STMA Inv.	5/8
RRC	6/9
St. Peter	6/10
Section 7AA	10/14

Score Board



Right:
Jeremy Kuhn running his best



Above:
Joe Grygelko, and Mike Thorn wrestling around.



We're in cross country; we run across the country.
-Jake Grygelko

Girl's Cross Country

Overall Record: 64-69

T

his year the girl's cross country team almost doubled in size, gaining seven new runners. With the three returning runners, they had a junior varsity and varsity team of ten. Considering the number of new teammates the team did fairly well, and continued to improve throughout the season. The team ranged from 7th-12th grade, and despite the age difference the team bonded very well. Carly Eggert was the team's top runner again this year, and she continues to improve. I'm sure she will finish off her senior year very strong next year. The captains, Kristen Stangler, Laura Van Drasek, and Amanda Hackenmueller, were a good contribution to the team, not only as runners but also as team leaders. Ela Wennmacher, a senior foreign exchange student, tried cross country for the first time this year, and she did very well working her way up from junior varsity to varsity. The three sophomores on the team, Bridget Kottke, Sara Gindele, and Robyn Van Drasek, had a good first year, and we're looking forward to having them back next year along with Gina Bongaarts, and 8th grader who did well the whole season on varsity, and a 7th grader with potential, Niki Cote, who moved up to varsity later in the season. The girl's team did pretty well at the conference meet and took third out of ninth. Carly Eggert and Amanda Hackenmueller received All-Conference titles. The girl's ended a great season with eighth place at the section meet in Colquet.



Above:
The girl's cross country team once again had the perfect number for a pyramid, and had fun carrying on last year's tradition of building a pyramid at the Norwood-Young America meet.



Right:
The girl's team is having some fun taking pictures.



Above:
Sara and Gina are keeping up with the pack and doing a great job of using each other to pass other runners.

Score Board

Location	Place/ Out of
Milaca Inv.	3/16
Monti. Inv.	11/15
NYA Inv.	6/15
Glencoe-SL	6/7
Apply Valley	18/21
Swain Inv.	15/27
STMA Inv.	5/8
RRC	3/9
St. Peter Inv.	4/10
Section 7AA	8/14

Left:
The girl's team get's together after their conference meet in Princeton to show their Charlie's Angel's look.

Below:
The girl's team pauses for a picture after the meet at monticello. (left to right) Robyn, Sara, Laura, Kristen, Carly, Gina, and Amanda



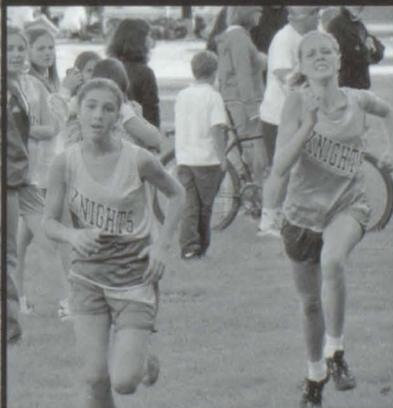
Right:
Carly Eggert led the team once again, and is now keeping up her speed while staying in front of the pack.



Being the first to cross the finish line makes you a winner in only one phase of life. It's what you do after you cross the line that really counts.

-Ralph Boston

Above:
Nicki and Ela are pushing it in hard for the finish.



Boy's Soccer

Overall Record: 4-12-1

T

he boys' soccer team had a great second season, improving their record to four wins. The team won their first playoff game and three home games, beating Glencoe-Silver Lake with a score of 2-1, Rockford with a score of 2-0, and Becker with a score of 3-1. There were also a lot of other close games, tying St. Johns' Prep and falling one goal short in close games against Rockford and Glencoe-Silver Lake. The team was lead by seniors Ben Voss and Joey Moran, along with senior captains Adam Valerius and Chris Kinnamon. The team also had a very talented group of younger players who will be returning for many more season. This gives the team reason to look forward to next seasons.



Above:
Joey Moran runs down the field to get the ball.



Right:
The whole team huddles up to get ready for their game.



Above:
Players wait for the ball to be put back in play.

Left:
Players get together
at half time to
discuss game
winning strategies.

Below:
Aaron F, Brendan
L, Keng V and
Derek B watch the
game from the
sidelines awaiting
their turn to play.

@ Rogers 5-7 Lost
vs. St. John's Prep. 3-3 Tie
vs. Waconia 1-5 Lost
vs. St. Cloud Cathedral 0-9 Lost
@ Holy Family 1-5 Lost
vs. Glencoe-Silver Lake 2-1 Won
@ Monticello 0-10 Lost
@ Rockford 1-2 Lost
@ St. John's Prep 1-7 Lost
@ Waconia 5-14 Lost
@ St. Cloud Cathedral 0-4 Lost
vs. Holy Family 1-6 Lost
@ Glencoe-Silver Lake 3-4 Lost
vs. Rockford 2-0 Won
vs. Becker 3-1 Won
@ Meadow Crk Christian 0-5 Lost
Playoffs Zimmerman 4-2 Won



Right:
The Team gets
together for the
half time talk.



Above:
The players are
walking out to their
positions.



“We didn’t
lose the game;
we just ran
out of time”
-Vince
Lombardi



Girl's Soccer

Overall Record: 6-9-1

S

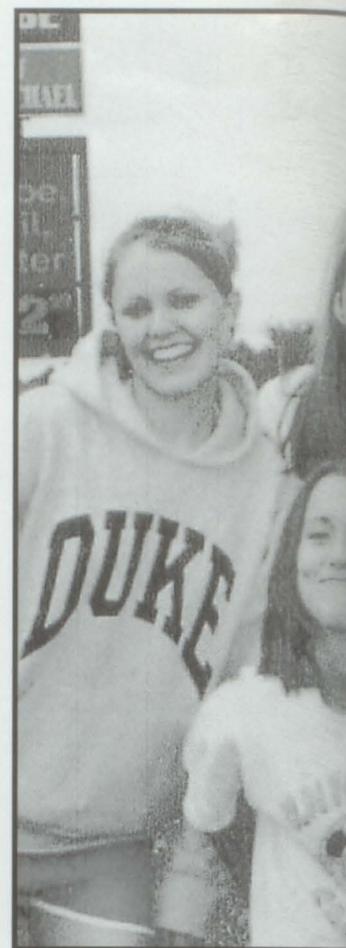
The Girls Soccer team has improved so much over the past 3 years. This year they improved their record by two wins, setting their overall record to 6-9-1. Sadly this year three seniors will be leaving. They contributed greatly to the team. These three seniors were also captains this year. They were Stephanie Wallerius, Erika Jossart and Michelle Beaudry. Even though they are leaving, there are some young talented players ready to play varsity next year.

“The rules of soccer are simple, basically it is this: if it moves, kick it. If it doesn't move, kick it when it does.”

- Phil Woosnam



Above: Caitlin F, Bekki J and Katie D pose for a quick picture.



Right: Caitlin F. and Molly L. eating at the spaghetti dinner.



Above: Liz N and Kate B get ready to take a picture

Smile Girls!
left:Bottom: Kate B.
Top(from left to
right): Nicol S,
Katie Z, Caitlin F,
Bekkie J, and
Katie D.

Schedule

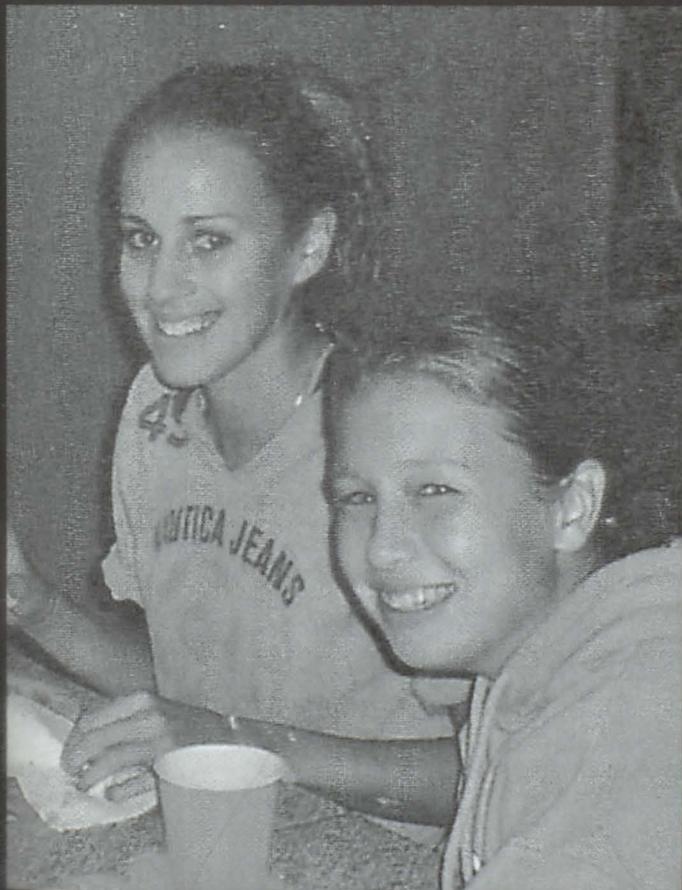
Head Coach: Mrs. Johnson

- @ Rogers 4-2 W
- @ Delano 0-1 L
- @ St. John's Prep 4-2 W
- @ Waconia 1-1 T
- @ St. Cloud Cathedral 0-2 L
- vs Holy Family 2-3 L
- @ Watertown Mayer 2-0 W
- vs Monticello 1-3 L
- vs Rockford 2-4 L
- vs Mayer Lutheran 4-0 W
- vs St. John's Prep 2-5 L
- vs Wacoinia 1-5 L
- vs St. Cloud Cathedral 0-3 L
- vs Watertown Mayer 3-1 W
- @ Rockford 0-3 L
- @ Mayer Lutheran 2-0 W

Below: Becca R.
enjoying her
spaghetti.



Right: Courtney B.
smiles for a quick
picture.



Above: Everyone eating at the
spaghetti dinner. (from left to
right: Courtney G, Bridget L,
Katie B and Anna V)



A sport
where the players
actully enjoy
getting hit in the
head by a ball.

- Metro Stars
Major League
Soccer Team

Girls Tennis

Overall Record: 13-12

T

he girls' tennis team had an overall record of 13-12, placing 4th in the conference. They defeated Buffalo for the first time in eight meets, which advanced them to sections for the first time in five years. In individual play, doubles teams Kristie Eull/ Jodi Reinschmidt and Maren Holstad/Katie Washburn, advanced to the section tournament. Holstad and Washburn lost a tough first round match, but Eull and Reinschmidt advanced to the state tournament. Eull and Reinschmidt were beat out at state, but were named All-Conference. Lara Berning, Maren Holstad, and Katie Washburn recieved honorable mentions. Great season girls!



Above:
The whole team enjoys a day at the lake after a week of practice



Right:
Kristie Eull and Jodi Reinschmidt serving up a tough match.



Above:
Team Bonding at Rebecca's house after a spaghetti dinner.

Left:
 Team photo after beating Buffalo to advance to sections. Back row: Coach Riles, Maren Holstad, Melissa Koch, Anna Heuring Middle row: Katie Washburn, Lara Berning, Allison Janney, Carrie Abrams, Jodi Reinschmidt, Coach Mashuga First row: Stacy Hegland, Andrea Janney, Rebecca Lefebvre, Kristie Eull

Below:
 Maren Holstad hitting a killer volley to win the point.



Mora Invite 2nd place
 Mora 2-5 L
 Duluth-Marshall 5-2 W
 Eveleth-Gilbert 5-2 W
 @ Monti. 5-2 W
 vs. Delano 6-1 W
 vs. St. Francis 6-1 W
 @ Foley 1-6 L
 STMA Invite 2nd place
 Mound-Westonka 6-2 W
 Glencoe-SL 6-22 W
 Centennial 3-5 L
 @ Buffalo 2-5 L
 @ Mora 1-6 L
 Hutch Invite 2nd place
 Hutch 3-4 L
 Monti. 5-2 W
 Glencoe-SL 2-5 L
 vs. Pine City 3-4 L
 @ Princeton 5-2 W
 vs. Litchfield 3-4 L
 Elk River Tri
 Elk River 2-5 L
 Hibbing 3-4 L
 @ North Branch 5-2 W
 vs. Chisago Lake 6-1 W
 vs. Princeton 5-2 W
 @ Buffalo 4-3 W
 @ Hibbing 2-5 L

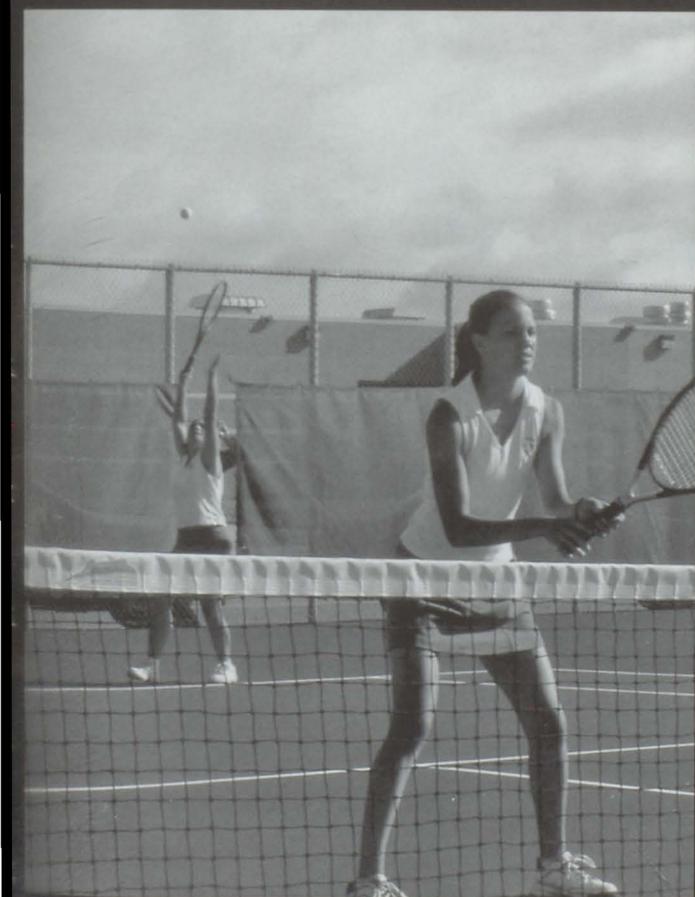


Right:
 Senior leader, Andrea Janney, serving during a tough match.



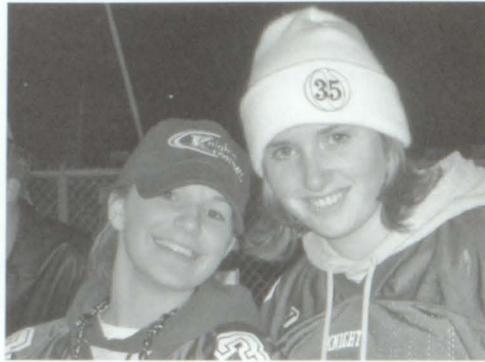
Above:
 Carrie Abrams, Jodi Reinschmidt, and Andrea Janney, displaying off court skills.

It's one to one out there. There ain't no hiding. I can't pass the ball.
 ~ Pete Sampras



Cheerleaders and Fans

Right: Christine DeRoma and Mackenzie Flaherty



Below: Kristie Eull and Estee Kolles enjoy one of our football games.



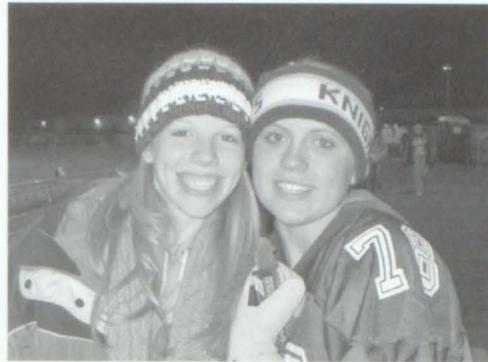
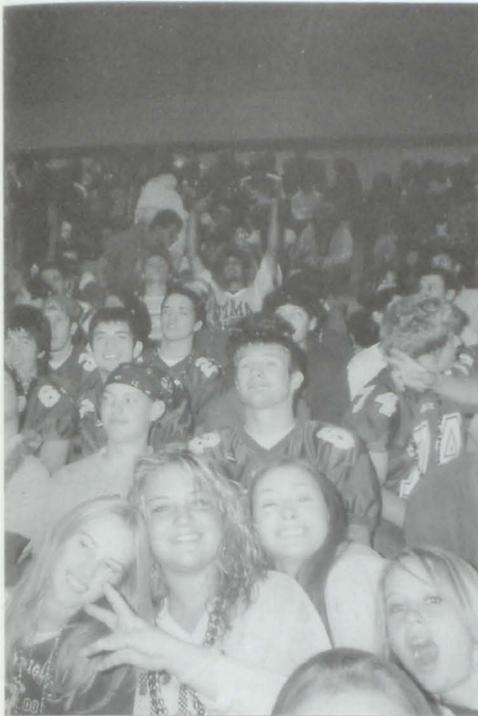
Below: The seniors have a tailgate party to get ready for the STMA homecoming football game.



Above: The Varsity Cheerleading Squad: Roxanne Bonne, Britney Kotilinek, Kristi Oliver, Dakota Adamson, Melissa Croce, Robin Tellefson, Raque Korpi, and Ashley Carlisle.

Cheerleaders and Fans

Below: Megan Jokinen, Rachel Hefington, Roxie Boone, and Megan Shaw pose for a picture at a pep fest.



Left: Bundled up for the football game, Kelly Leadens and Nicole Johnson take a quick picture.

Below: Roxie Boone and Dakota Adamson get together for a pretty picture before a Knights football game.



Above: A group of juniors and seniors huddle together to stay warm during a Knights football game.

Fall Team Sports



Varsity Volleyball: Front(L-R) Rachel Knutsen, Katie Goodin Row 2: Jen Wiese, Marla Arns, Estee Kolles, Jes Wiese Row 3: Coach Heidi Vogt, Kali Erickson, Miranda Nelson, Sadie Kessler, Jaime Leuer, Courtney Brant, Coach Brandi Merfeld, Coach Vicki Dick



Junior Varsity Volleyball. Front: (L-R): Natalie Dick, Erin Fox, Anna Bydlon, Whitney Rathbun, Vanessa Dick, Krissa Reemts, Back: Kayla Miedema, Christine Becker, Regan Englund, Coach Vicki Dick, Lauren Kessler, Amanda Engelhart, Ashley Klatke

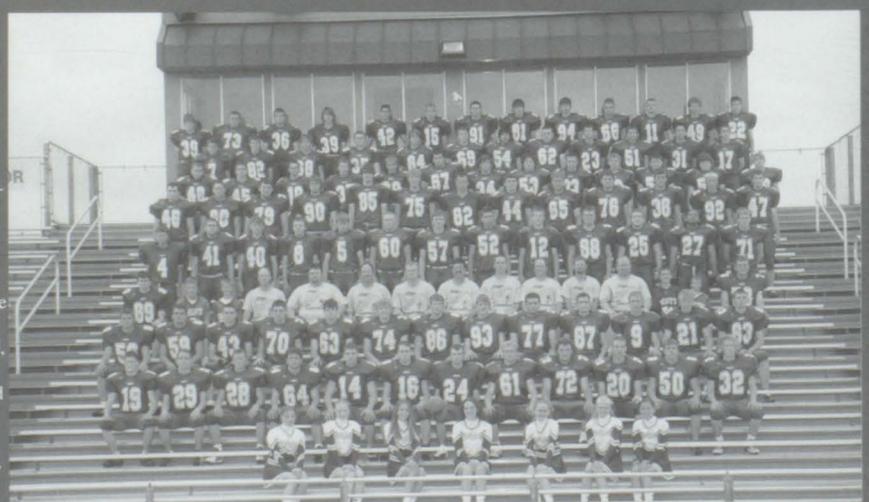


Girl's Soccer: Front (L-R): Stephanie Wallerius, Laura VanDrasek, Laura Schreiber, Emily Roden, Erika Jossart, Michelle Kettle, Kate Bienias, Courtney Gamrath, Molly Lefebvre, Katie Borschke, Anna Bienias, Katie Daleiden Row 3: Amanda McLain, Natalie Einerson, Jessica Ryan, Coach Johnson, Alyssa Thomas, Becca Reardon, Caitlyn Ferry



Boy's Soccer: Front (L-R): Keng Vang, Yeng Vang, Ben Voss, Chris Kinnamon, Derek Billiar, Ryan Madsen, Cory Erickson, Tim Goth, John VanDrasek, Shane Weber. Back Row: Coach Johnson, Frank Mitchell, Jason Heub, Todd Leadens, Adam Valerius, Joe Moran, Mike Ostman, Donny Johnson, Ian Heideie, Brendan LaVallee, Kyle Paulson, Wesley Reutov, Coach Dewey.

Varsity Football: Front (L-R): Robyn Tellefson, Ashley Carlisle, Dakota Adamson, Roxanne Boone, Britney Kotilinek, Raquel Korpi, Kristi Oliver Row 2: Aaron Berning, Jake Wheeler, Joe Psyk, Grant Helgeson, Billy Haskvitz, Tyler Krutzig, Matt Lindenfesler, Dusty Baker, Eric Cagle, Joey Bongaarts, Mike Nelles, Dan Haller Row 3: Aaron Stubbs, Jesse Reinschmidt, Chad Arlt, Tom Ferry, Sam Lindenfesler, Caleb McEachern, Tyler Justen, Alex Lindenfesler, Adam Eliason, Ryan Hase, Cory Dalbec, Luke Vetsch, Tom Schrieber Row 4: Travis Valerius, Jordan Scherber, Tanner Krutzig, Coach Scherber, Coach Berning, Coach Anfenson, Coach Harmoning, Coach Bauman, Coach Cornell, Coach Hahn, Coach Warne, Coach Bovee, Dallas Hahn, Andy Goodin, Mike Barnard Row 5: Kyle Gammell, Vince Lindenfesler, Blake Beaudry, Steve Hegland, Tyler Starr, Andrew Carlson, Ryan Campion, Paul Shovelain, Adam Kessler, Tegan Lenneman, Mickey Kirk, Rahaan Thomas, Marcus Hegland Row 6: Calvin Meyer, Luke Hanson, Joey Hlad, Max Greninger, Christian Landefeld, Dan Dubel, Nic Wacker, Drew Holland, Andy Gapinski, Rob Kramer, Ron Fricke, Paul Eull, Jesse Dehmer, Miles Friendshuh, Brandon Kuhn, Brian Zachman, Andrew Marsh, Jake Voss, Pete Lindquist, Brian Michaud Row 8: Billy Laney, Chad Blais, Jake Isaacson, Christian Head, Brent Guimont, Mitch Ende, Tony Hare, Justin Oie, Tom Haskvitz, Jared Zachman, Aaron Brown, Ross Lefebvre Row 9: Jake Kolling, Andy Roden, Adam Aaserud, Danny Russel, Jason Dearing, Riley Kessler, Keith Bistodeau, Nathan Koep, Matt Le Claire, Nathan Wyre, Andrew Evans, Anthony Brouillette, Mike Arlt





Girls' Cross Country: Front (L-R): Abby Ahner, Anna Packa, Niki Cote, Sena Shorter, Haily Scott. Row 2: Robyn Van Drasek, Sarah Gindele, Emily Nygaard, Leah Royseth, Alyssa Evanstad, Bridget Kottke. Row 3: Coach Mike Beck, Amanda Hackenmueller, Carly Eggert, Kristen Stangler, Laura VanDrasek, Gina Bongaarts, Ela Wennmacher, Coach Gregg Greeno.



Boy's Cross Country: Front (L-R): Chris Odegaard, Nick Welter, Cory Becker, Sam Papas, Derick Berhow, Mark Frank, Trevor Riles. 2nd Row: Joe Grygelko, David Arlt, Ben Peltier, Carl Soleneck, Kyle Soleneck, Nathan Robeck, Matt Beck, Mike Thorn. 3rd Row: Eric Derus, Alex Gillach, Kyle Hackenmueller, Andy Hackenmueller, David Christenson, Josh Miller, Sam Greeno. 4th Row: Coach Gregg Greeno, Dylan Royseth, Jermey Kuhn, Matt Nerdahl, Martin Berg, Kurt Schumm, Issac Saville, Jake Grygelko, Dan Greeno, Alex Johnson, Lucas Nelson, Coach Mike Beck, Alex Johnson, Lucas Nelson, Coach Mike Beck.



Junior Varsity Tennis: Front(L-R): Rachel Dehmer, Kristen Krone, Julia Phaipanya, Jayna Valerius. 2nd Row: Jennifer Miller, Samantha Stepp, Kate Mabusth, Kaitlyn Baldrige, Megan Brown, Breann Watters, Isra Salem. Back Row: Coach Mashuga, Katherine Foster, Bridgette Daleiden, Teresa Dubel, Jackie Urai, Liz Donahue, Heather Drewelow. Not Pictured: Julie Hedlund and Jenna Nelso



Varsity Tennis: Front (L-R): Kristie Eull, Rebecca Lefebvre, Andrea Janney Row 2: Missy Koch, Anna Heuring, Stacy Heglund, Katie Washburn Row 3: Allison Janney, Jodi Reinschmidt, Carrie Abrams, Lara Berning, Maren Holstad Back Row: Coach Riles, Coach Mashuga



Lying: Sara DeLozier, Brittney Barr Row 1: Barbie Vy, Kelsey Weitzel, Kelsey Gordon, Kristie Tessmer, Katie Eliason, Tiffany Wiskur, Kaycee Davis, Alicia Traut, Renae Hattenberger, Erin Erickson, Mariah Nilges Row 2: Miranda Wacawicz, Holly Kotilla, Sarah Lenneman, Maggie Reilly, Amanda Anderson, Rachel Potter, Jenna Gullickson, Brandi Cole, Amber Thompson, Melissa Yanish, Katie Mangan Row 3: Jill Descamps, Ariana Nielson, Jaimie Hoeschen, Eva Blomberg, Katie Anderson, Emily Slagle, Kallie Adams, Terese Berning, Julie Kasper, Kaylee Johnson, Megan Richardson, Emma Johanson, Amanda Vanheel Row 4: Coach Travis Hoy, Laura Reiman, Jaclyn Leuer, Alanna Schoenborn, Emma Zachmann, Abbie Dalbec, Ashley Zachman, Caitlyn Bandy, Carissa Reilly, Megan Watters, Michelle Urai, Kim Franklin, Nicole Johnson, Anna Johanson, Vanessa Gindele, Laura Potter, Coach Angie Swanson, Coach Jen Patnode

Boys Hockey

Over-All Record: 16-9-2

The Knights boys hockey team pulled a complete 360 from last year's 7-18 record, ending their season with a 16-9-2 record. Highlights from the 2004-05 season include beating Mora for the first time, earning a first round win in playoffs, and winning the consolation championship in Little Falls. The team was lead by a great group of seniors including Adam Valerius, Grant Helgeson, Chris Kinnamon, Jarod Besserud and Nick Smith.



Above: Everyone is fighting over the puck and the goalie, behind the whole mess, is trying to keep it out of the net.



Left: Right after the puck is dropped they speed off to their spot on the ice and all clash together in the process.



Above: A Knights hockey player is ready to receive the puck while the other team is trying to prevent it.

Left: The team gathers together for a quick pre-game talk to get fired up.

Below: Nate Koep is fending off a player from the opposite team in order to get open for a pass.

- Shakopee L 0-5
- Monti/Annandale/M-L W 6-0
- Cooper L 4-6
- Rogers T 2-2
- St. Francis T 2-2
- Pine City W 4-2
- Chisago Lakes L 2-3
- Delano/Rockford/W-M W 7-3
- Hutchinson W 3-2
- Little Falls L 3-8
- Benson/Morris W 4-2
- Whapeton (N.D.) W 9-3
- Mora W 3-1
- Litchfield/D-C W 3-1
- Princeton W 4-3
- Becker/Big Lake W 6-2
- Chisago Lakes L 2-3
- Mora W 3-1
- River Lakes W 3-1
- North Branch W 3-0
- Becker/Big Lake W 6-0
- Rogers W 2-0
- LeSueur/Henderson L 2-4
- Princeton L 0-2
- Pine City L 2-5
- Hutchinson W 2-1
- Mound Westonka L 1-4



Left: Coach Mashuga is trying to climb through players as they are switching lines; watch out!



Above: A teammate is smiling for the camera through his helmet while he shows off his uniform.

“ A good hockey player plays where the puck is. A great hockey player plays where the puck is going to be.

-Wayne Gretzky



Wright County Blades- Girls Hockey

Over-All Record: 22-7-2

T

he "Farewell Tour" of the Wright County Blades was phenomenal. They were on fire finishing the first half of their season with a record of 13-4-1. The second half of their season was incredible finishing with a total record of 18-5-2 and were conference champions. After getting payback on St. Cloud Apollo in the first round of play-offs, they peeled the Moorehead Spuds 5-0 in their second round taking them to the finals. A major highlight of the Blades season was beating the defending State Champions, Elk River, in the finals 3-2. This victory took the Wright County Blades into the State Tournament for the first and last time. The Wright County Blades finished off their last season together with pride placing fourth at state. Way to go Blades!



Above: The Blades hockey team winning the section title by beating the defending State Champions, Elk River.



Above: The Wright County Blades JV and Varsity Team

Right: The Wright County Blades huddle over their net to get fired up before their game.



Above: Becca Reardon flies to get the puck in front of the net to score.

Score Board

- St. Cloud Tech W 3-2
- Maple Grove W 5-2
- Chisago Lakes W 3-2
- River Lakes W 10-3
- St. Francis W 3-1
- Moorhead W 3-2
- Totino Grace W 3-1
- Centennial T 1-1
- Cambridge W 9-0
- Irondale W 5-1
- St. Cloud Apollo L 1-2
- Rogers W 4-0
- Totino Grace W 4-2
- St. Francis T 1-1
- Spring Lake Park W 6-2
- Cambridge W 2-0
- Irondale W 5-0
- Chisago Lakes L 1-3
- Rogers W 3-0
- St. Cloud Apollo W 5-2 Sections
- Moorhead W 5-0 Sections
- Elk River W 3-2 Sections
- Rochester Mayo W 2-1 State
- Cloquet L 0-3 State
- Wayzata L 1-4 State



Left: Laura Van Drasek uses her speed to skate the puck up the ice at the State Tournament.

Right: Defensemen Laura Van Drasek and Kathleen Rosso defend in front of their net as Forward Becca Reardon gets ready to catch a pass.



Above: Laura Van Drasek shoots the puck on a breakaway against Moorehead at the Section Semi Finals.

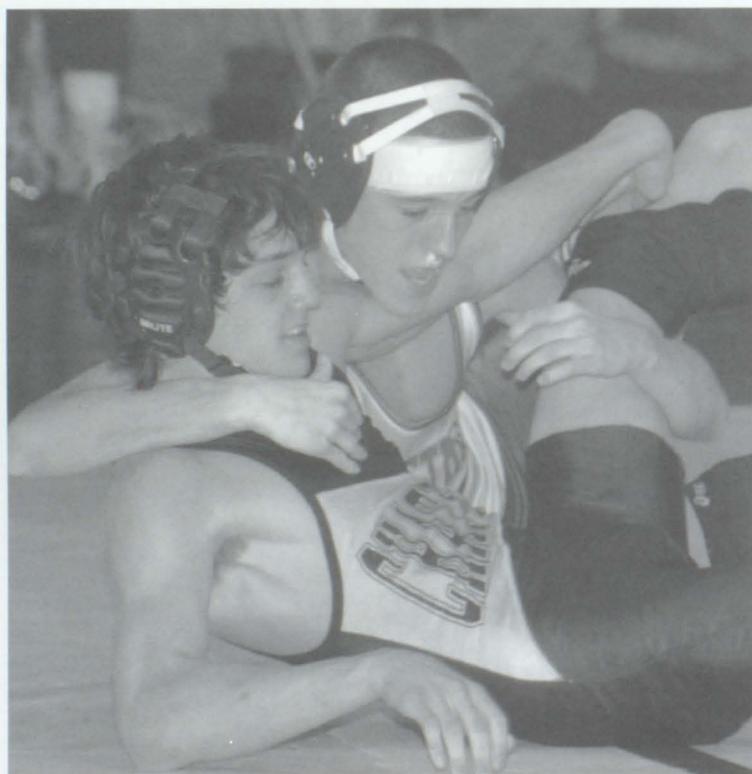
"It's a great day for hockey!"
-Bob Johnson

Wrestling

Overall Record: 35-4

T

he STMA wrestlers continued their "tradition of excellence" as they captured their fourth state title, their second in the past two seasons. Both individually and as a team the Knights had a superb season, qualifying all 14 individuals to the state tournament, setting a new MSHSL record. 8 of these individuals placed at state. Mike Thorn (11) won his second state title, Dan Greeno (11) and Joe Grygelko (10) each placed 3rd, Luke Vetsch (12) and Chad Little (11) each placed 4th, Andy Hackenmueller (11) and Alex Becker (10) each placed 5th, and Jake Grygelko (12) placed 6th. Some other season highlights included taking 2nd place in the Minnesota Christmas Tournament, the teams best place ever, being topped only by Apple Valley. The Knights also participated for the first time in "The Clash" Duals, and wrestled some of the nation's best teams. The wrestlers came out of the tournament with an impressive 6th place finish. After dominating the Section 4AA team tournament, the Knights moved on to the state tournament. They faced Detroit Lakes in the quarterfinals, and handily won the dual 53-12. The next match against Adrian was a rematch from last years state finals. The Knights came out on top again with a 38-16 victory. Moving on to the state finals, STMA had a chance to avenge their loss to Scott West earlier in the season (15-33) with an almost complete reversal on the scoreboard. The winning of some key matches by the wrestlers kept the Panthers at bay, and the Knights won their second consecutive state championship with a final score of 32-15. Congratulations to the wrestlers and coaches on a great season and a well deserved championship!



Above: Dan Greeno (11) doesn't look like he's letting go anytime soon, as he attempts to pin his opponent.

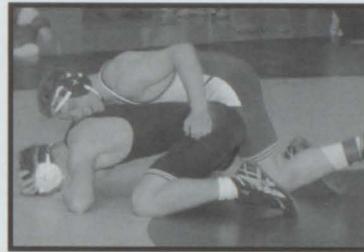


Above: Mike Thorn (11) keeps his opponent on his back and waits for the ref to slap the mat.

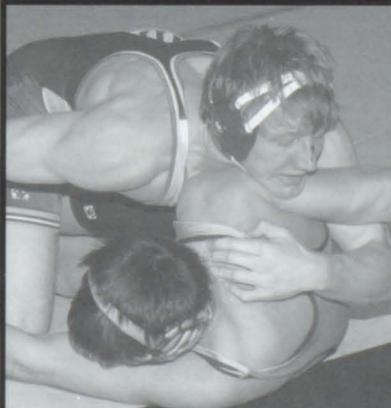
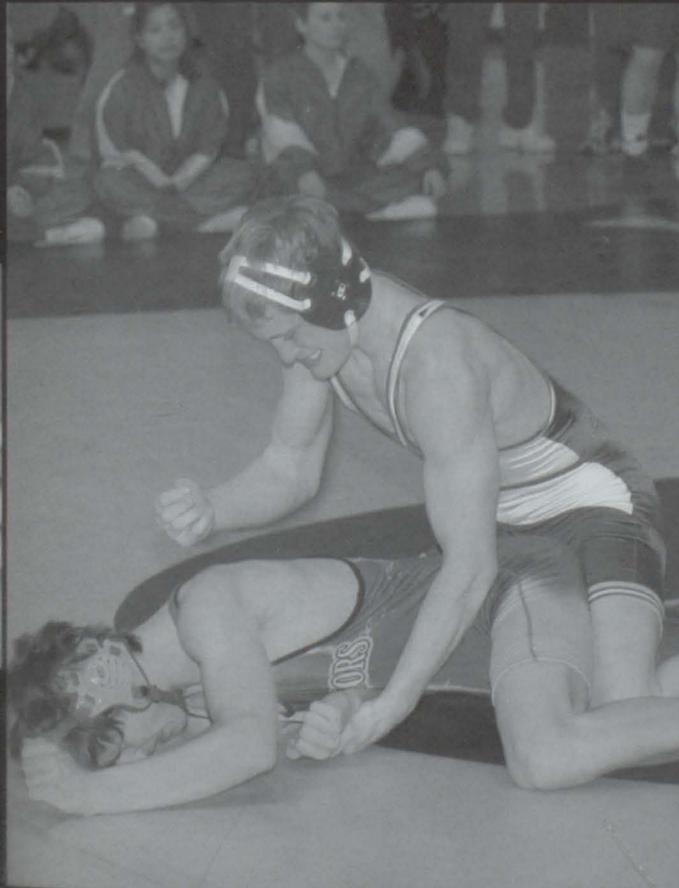
Left: The members of the 2005 STMA Knights wrestling team celebrate after defeating Scott West 32-15 to capture the 2005 Minnesota Class "AA" State Wrestling Title.

Below: Chad Little (11) doesn't look like he's going to let his competition get up off the mat.

- Big Lake 48-9
- N-B Tri, M-PC 56-9, NB 55-7
- STMA Invitational Champs
- Coon Rapids Duals-CR-42-12
- Rosemount 56-7, White Bear 45-12
- Zimmerman 57-18
- MN X-mas Tourny 2nd Place
- STMA Quad CL 76-0, Monti 48-13, Buffalo 42-21
- The Clash
- Higley AZ 71-6
- Sedro-Wooley WA 38-16
- Wisconsin Rapids 26-32
- Lake Stevens WA 31-26
- Albert Lea 25-22
- Apple Valley 21-39
- Milaca 41-15
- Farmington 73-3
- Bloomington Kennedy 43-10
- Chatfield 55-9
- Scott West 15-33
- Floey 42-9
- Princeton 76-0
- D-C 52-6
- Apple Valley 22-33
- Fridley 77-0
- Totino Grace 27-25
- Mound-Westonka 51-13
- Fergus Falls 42-22
- Breckenridge Duals-Breckenridge 64-12
- Bertha-HV 44-22
- Hawley 71-0
- W-H-N 49-18
- Section 4AA
- Mahtomedi 80-0
- Orono 74-6
- Mound-Westonka 63-3
- State AA Tourny
- Detroit Lakes 53-12
- Adrian 38-16
- Scott West 32-15



Left: Joe Grygelko (10) looks like he's in total control of his match as he takes hold of his opponent.



Above: Luke Vetsch (12) looks a little beat up but he can still drive his competition into the mat.



Above: Alex Becker (10) looks determined to keep his opponent down and score some points.

"We knew that we would have a pretty good team this year, and we revealed how good we really were at the state tournament. The boys wrestled their best on the right weekend."

-Coach Greeno

Boy's Basketball

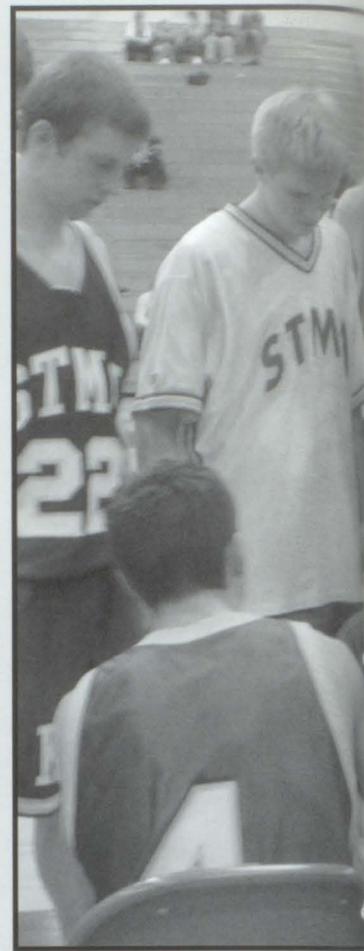
Season Record: 13-11

T

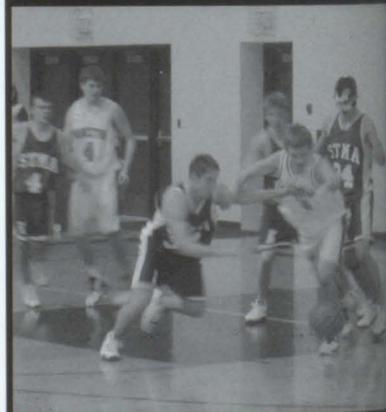
he Knights boys basketball team ended their season with a record of 13-11 and by finishing 4th place in the Rum River Conference. The season highlight was beating #6 rated Chisago Lakes with a last second shot. Team awards included: MVP Chad Arlt, Hardest Worker Tyler Krutzig, Most Improved and Highest Free Throw Percentage Jason Servaty. All-Conference players include Chad Arlt and Matt Lindenfesler. Players who received Honorable Mention All-Conference were Mitch Zachman and Jason Servaty.



Above: Mitch Zachman gets a steal and goes for the hoop.



Right: The team huddles together to get fired up before the game.



Above: Chad Arlt lunges for the ball in his determination to keep it out of the other team's hands.

Left: The team meets with Coach Anfenson during a time-out to discuss strategies.

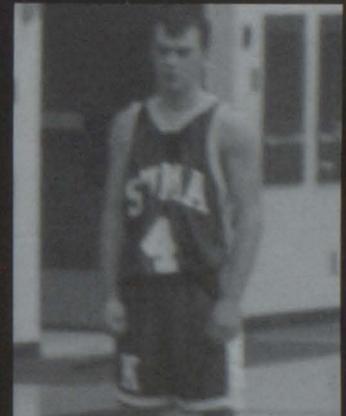


Below: The team and coach faithfully watch the battle on the court.



- Monticello L59-71
- Buffalo L64-68
- Zimmerman W69-39
- Big Lake W60-44
- Foley W71-68
- Becker L33-42
- New London Spicer L54-74
- Renville County West W62-58
- Princeton L44-47
- North Branch W59-51
- Chisago Lakes L58-74
- Milaca W61-38
- Pine City L52-54
- Zimmerman W84-27
- Big Lake W69-54
- Foley W53-52
- Princeton L50-53
- Mora L55-74
- North Branch W52-43
- Chisago Lakes W68-67
- Milaca W76-43
- Mora L85-88
- Pine City W72-53
- Becker L47-66

Right: Matt Lindenfesler is getting ready to box out.



Above: Christian Landefeld playing tough defense.

“Basketball is like photography, if you don't focus, all you have is the

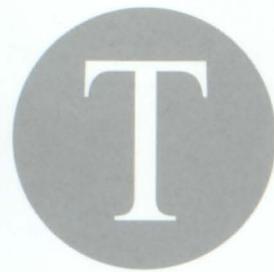
”
negative.

-Dan Frisby



Girls Basketball

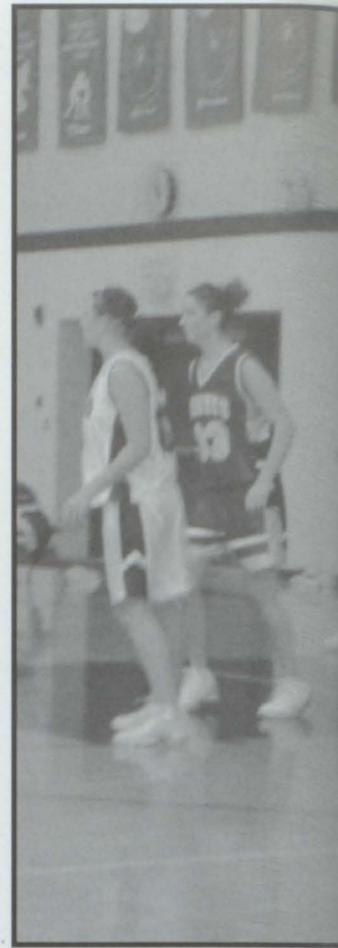
Over-All Record: 24-4



The Knights had a great season this year with only four losses, one conference loss to Foley. They went to section 4AAA Tournament with only three losses and a second seed. They played Spring Lake Park in the first game, it was a battle, but they came out with a victory. The second game they played North Branch, which was expected to be a tough game, but they had already beat them twice earlier in the season. They went into the game excited, but came out disappointed. They lost the game 46-57. It was still a good season for the knights, as they say a fond farewell to the Rum River Conference. The team will be losing three seniors: Kari Valerius, Kristen Stangler, and Mackenzie Flaherty. They will have eight returning players next year, and look forward to a bright season.



Above: Kari Valerius waits to throw the ball in.



Right: Jodi Reinschmidt and Kari Valerius are in position as the game gets started.



Above: Miranda Nelson and Mackenzie Flaherty take a breather during freethrows.

Score Board

Mora 67-22 W
 Zimmerman 87-49 W
 Big Lake 63-26 W
 Buffalo 49-39 W
 Foley 39-44 L
 Hopkins 44-57 L
 Monticello 64-52 W
 Andover 43-50 L
 St. Francis 53-32 W
 St. Cloud Apollo 47-31 W
 Princeton 80-52 W
 North Branch 51-38 W
 Chisago Lakes 67-41 W
 Pine City 57-28 W
 Mora 53-30 W
 Zimmerman 69-30 W
 Big Lake 64-31 W
 Foley 55-51 W OT
 Milaca 66-47 W
 Princeton 70-38 W
 St. Francis 56-39 W
 North Branch 62-58 W
 Chisago Lakes 60-39 W
 Milaca 57-36 W
 Orono 49-38 W
 Section Tournament
 Spring Lake Park 46-43 W

Left: The Knights are playing tough defense against North Branch.

Below: Marla Arns and Courtney Brant are using good teamwork to play defense.



Right: Kristen Stangler gets down low to guard her player.



Above: Jodi Reinschmidt and Mackenzie Flaherty going for the rebound.



I try to do the right thing at the right time. They may just be little things, but usually they make the difference between winning and losing.

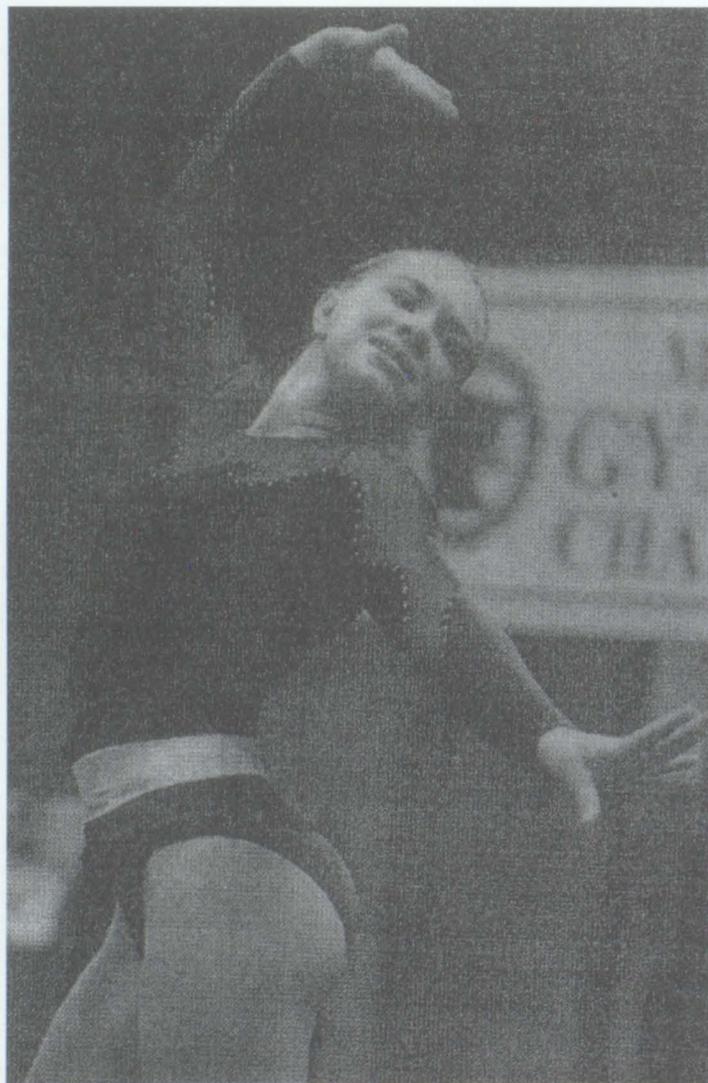
-Kareem Abdul-Jabbar

Girls Gymnastics

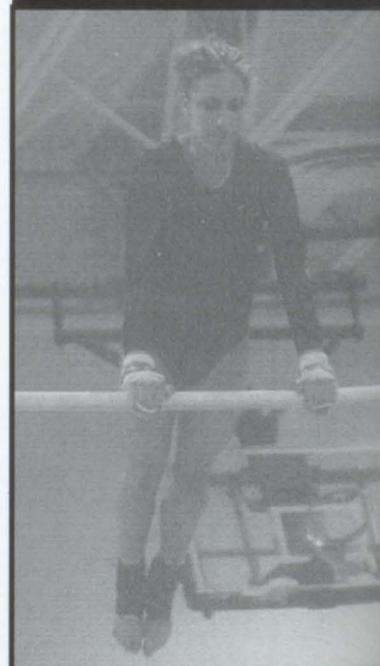
Over-All Record: 7-3

T

he girl's gymnastics team flipped and twisted through another successful season. The team was kept busy by participating in many weekend invites from Watertown Mayer, to spending an exciting weekend at the Mankato Invitational. For the first time in Knights history the girls also qualified for and attended True Team in Melrose, which is a meet that only the top ten teams in Class A are invited to. Plagued with injuries from everyone on the team, the girls held their heads high, got taped up, and tied the old school varsity team record of 141.225 against St. Cloud Apollo. The team took second in the conference, and a very close fifth in the section. Amy Lindenfelser once again represented the Knights at State, qualifying as an individual on Vault and Floor Exercise. She also qualified in the All Around Competition. At State she placed eighth on vault and tenth in All-Around.



Below: Amy Dalbec concentrating hard to get her bar routine just right.



Left: Amy L performs her floor routine in front of the State crowd.

Scoreboard

@ North St. Paul 129.20-129.8
 vs. Buffalo 137.25-131.25
 vs. Monticello 136.3-137.075
 @ Annandale 135.15-131.45
 vs. Chisago Lakes 135.9-121.7
 Watertown Invite 3rd of 7
 vs. St. Cloud Apollo 141.225-126.55
 @ Princeton 139.975-125.55
 True Team 7th out of 10
 vs. North Branch 138.8-119.35
 @ Big Lake 137.9-143.3
 Conference 2 out of 6
 Sections 5th out of 11

Left: Tying the old school record, the varsity gymnastics team scored a 141.225 against St. Cloud Apollo. (L-R) Amy Dalbec, Raquel Korpi, Steph Wallerius, Amy Lindenfesler, Jaimie Hoeschen, and Jeanna Weber.

Below: Amy L, Jenna N, Alicia T, Raquel K, and Steph W demonstrate the end of a hard day work and the power of icing.



Right: April W and Raquel K take a break from practice to smile for the camera.



Above: Jaimie H and Steph W with their senior flowers at sections.

!! The highest reward for your dedication to excellence is not what you received from it but what you become through it.



Above: The Varsity team takes a break during their meet at Mankato. Front Row: Jaimie Hoeschen, Raquel Korpi, Steph Wallerius. Back Row: Amy Lindenfesler, Jeanna Weber, and Amy Dalbec.

Winter Team Sports



Boys Junior Varsity Basketball: (Front Row L-R): Tony Hare, Danny Hill, Yeng Vang, Brian Wurdeman, Justin Osterbauer
Back Row: Coach Hahn, Travis Freeman, Anthony Brouillette, Theo Rothstein, Matt LeClaire, Dane Carlson



Boys Varsity Basketball: Front Row (L-R): Adam Kessler, Jason Servaty, Matt Lindenfesler, Mike Ostman 2nd Row: Riley Kessler, Mitch Zachman, Tyler Krutzig, Scott Borschke, Ben Marquette
3rd Row: Coach Anfenson, Chad Arlt, Alex Lindenfesler, Christian Landefeld, Nic Wacker, Coach Hahn



Boys Junior Varsity Hockey: Front row (L-R): Ross Gammell, Brian Michaud, Nick Smith, Davey Heskin, Tim Goth, Chad Blais Back Row: Coach Johnson, Andrew VanDusen, Dan Russell, Jeremy Brant, Mike Wacker, Tim Zahler, Jake Issacson, Coach Dorholt



Boys Varsity Hockey: Front Row (L-R): Coach Johnson, Jon Larson, Jake Kolling, Tyler Starr, Andrew Carlson, Zach Graham, Nathan Kopp, Jarod Besserud, Derek Billiar, Zach Johnson, Jon Ebert, Coach Dorholt Back Row: Coach Johnson, Brendon LaVallee, Chris Kinnamon, Davey Heskin, Mike Wacker, Jeremy Brant, Nate Koep, Travis Valerius, Calvin Meyer, Adam Valerius, Grant Helgeson, Coach Mashuga

Varsity Wrestling: Front Row (L-R): Manager Kristi Oliver, Kyle Hackenmueller, Mike Thorn, Alex Becker, David Thorn, Andy Hackenmueller, Ross Lefebvre, Manager Rebecca Lefebvre 2nd Row: Coach Lefebvre, Mike Nelles, Dan Greeno, Steve Hegland, Mickey Kirk, Chad Little, Jake Grygelko, Joe Grygelko, Coach Mallinger Back Row: Coach Kenning, Dusty Baker, Tom Duncombe, Jesse Dehmer, Caleb McEachern, Kurt Schumm, Luke Vetsch, Andy Gapinski, Matt Nerdahl, Coach Greeno

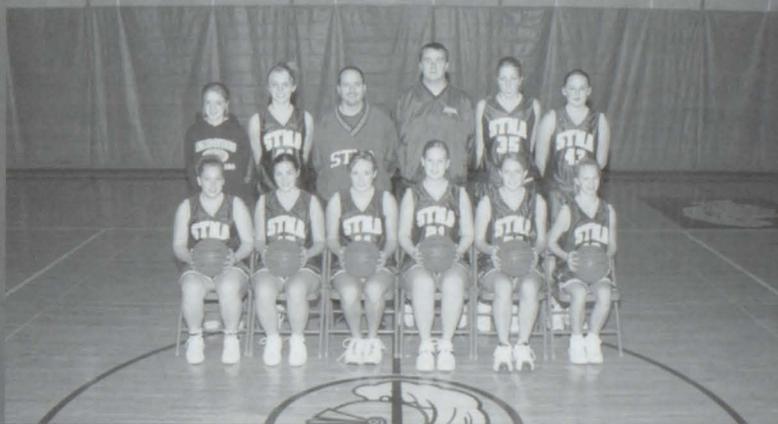


Girls JV/ Varsity Gymnastics: Row 1: Katie Kilian, Claire O'Neil, Jenna Gullickson, Jenna Nelson Row 2: Coach Kristi Metcalf, Jeanna Weber, Amy Lindenfesler, Stephanie Wallerius, Amy Dalbec, Raquel Korpi, Jaimie Hoeschen, and Coach Todd Hanson Row 3: Coach Melissa Weber, April Wulff, Megan Jokinen, Laura Potter, Alicia Traut, and Manager Jessica Bongaarts

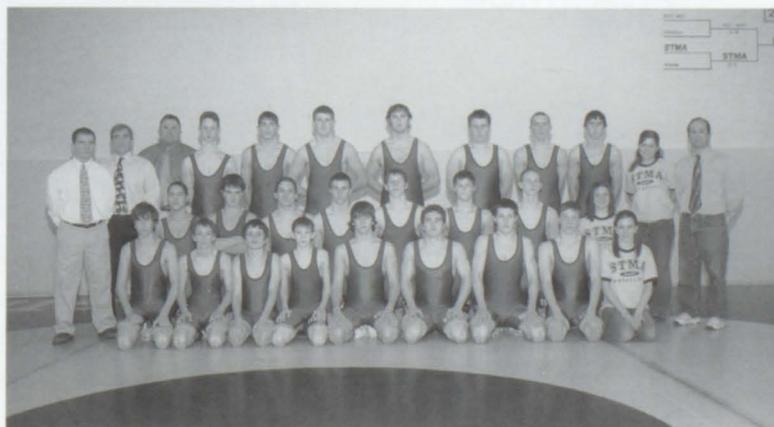


Varsity Girls Basketball: Front Row (L-R): Estee Kolles, Jennifer Wiese, Marla Arns, Kari Valerius, Elizabeth Nardini 2nd Row: Katie Zachman, Miranda Nelson, Coach Hoffman, Coach Hamre, Coach DiGiovanni, Regan Englund, Manager Amanda McLain 3rd Row: Courtney Brant, Mackenzie Flaherty, Kristen Stangler, Alexa Landefeld, Jodi Reinschmidt, Sadie Kessler

Junior Varsity Girl's Basketball: Front Row (L-R): Natalie Dick, Kirsten Roden, Elizabeth Nardini, Robyn VanDrasek, Bridget Kottke 2nd Row: Manager Katie Zachman, Regan Englund, Coach DiGiovanni, Coach Hamre, Lauren Kessler, Lynsey Strand



Junior Varsity Wrestling: Front Row (L-R): Kyle Gammell, Jon Laudner, Eric Derus, Chris Paulsen-Schmidt, Miles Friendshuh, Lowell Zachman, John Vetsch, Austin Kolles, Manager Sara DeLozier 2nd Row: Coach Mallinger, Shane Leach, Teddy Wallace, Jake Wheeler, Brian Zachman, Luke Gindele, Aaron Berning, Kevin Edstrom, Manager Julie Kasper 3rd Row: Coach Greeno, Coach Kenning, Andrew Wruck, Kyle Schumm, Keith Bistodeau, Max Greninger, Justin Oie, Zach Fernholz, Mike Arlt, Manager Vanessa Dick, Coach Lefebvre



Clubs and Organizations

Clubs and Organizations



Clubs and Organizations



Clubs and Organizations



Clubs and Organizations



Clubs and Organizations



Clubs and Organizations



Clubs and Organizations

National Honor Society



Front Row (L-R): Stephanie Wallerius, Jaimie Hoeschen, Kristie Eull, Emma Johanson, Amanda Hackenmueller 2nd Row: Dusty Baker, Andrea Janney, Rebecca Lefebvre, Abbie Dalbec, Kristi Oliver, Paul Shovelain, Katie Goodin 3rd Row: Karen Rose, Kelly Zachman, Rebecca Vetsch, Lacy Greninger, Allison Janney, Shaylee Carlson, Ryan Dutton, Brandon Boese, Rose Zachman, Nikki Zelany Not Pictured: Anna Posthumus, Steve Posthumus, Erika Jossart, Megan Selvig, Derek Holm, Nikki Andrews



Above: Britney Crocker and Nikki Andrews help clean the Crow River, one of many NHS community service activities.



Above: The DJ's for the Blizzard Bash (Eric Cagle and Joe Schoen) decide what songs to play.

NHS Executive Council 2004-2005



Left: A group of NHS nominees listen to Mr. Johnson talk about what NHS does.



Above: These girls look like they're having a blast making scarves to fill the NHS mitten tree.



Left: Katie Goodin and Kristi Oliver pose for the camera with their scarves on.



Left: Kelly Zachman, Lacy Greninger, and Becky Vetsch hang out at the NHS social.



Members of the NHS Executive Council: Front Row(L-R): Vice President Katie Goodin, President Rebecca Lefebvre Back Row: Treasurer Erika Jossart, Secretary Kristie Eull, Publicist Jaimie Hoeschen, Historian Emma Johanson



Above: Steph Wallerius shows off the amazing scarf she made for charity!!



Above: These girls made the Blizzard Bash happen! Front: Karen Rose, Katie Goodin, Becky Vetsch Back: Kelly Zachman, Erika Jossart, Amanda Hackenmueller

Right: Kelly Zachman looks like a master chef in the making with those nummy chocolate chip cookies!

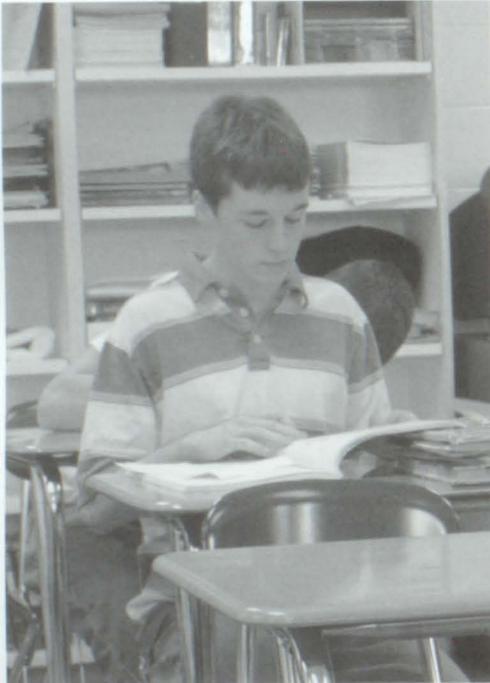


Left: Eric Cagle looks umm...well maybe he's just happy to be doing something good for his community!

Student Council



Front Row: Bridget LaVallee, Lisa Servaty, Josie Zachman, Shaylee Carlson, Camille Welter, Rebecca Legatt. 2nd Row: Brittany Crocker, Rebecca Lefebvre, Erika Jossart, Allison Janney, Nicole Johnson, Emily Roden. 3rd Row (standing): Bekki Jossart, Mr. Rooker, Caitlin Ferry, Nicol Schmitz, Emma Johanson, Kurt Schumm, Ryan Hase, Dusty Baker, Mike Ostman, Robert Swansen, Kyle Schumm, Pete Lindquist, Nick Nygaard.



Above: Nick Nygaard is busy following along with the agenda at a meeting.



Left: Rebecca Lefebvre is busy looking over the agenda of what needs to be done.

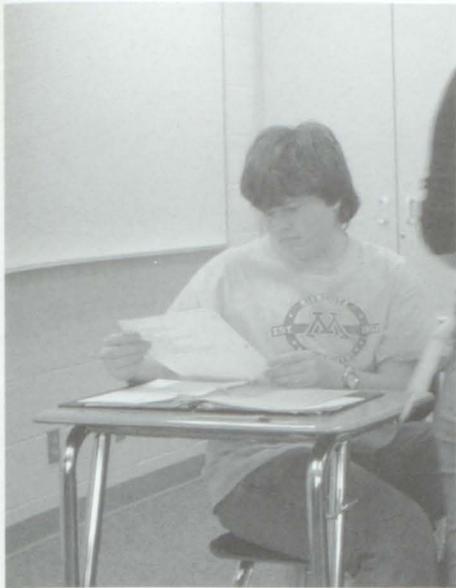
Executive Council 04-05



Left: The executive council starts going over what they need to talk about at the meeting.



Above: Erika Jossart, Emma Johanson, and Mr. Rooker are absorbed in the Student Council meeting.



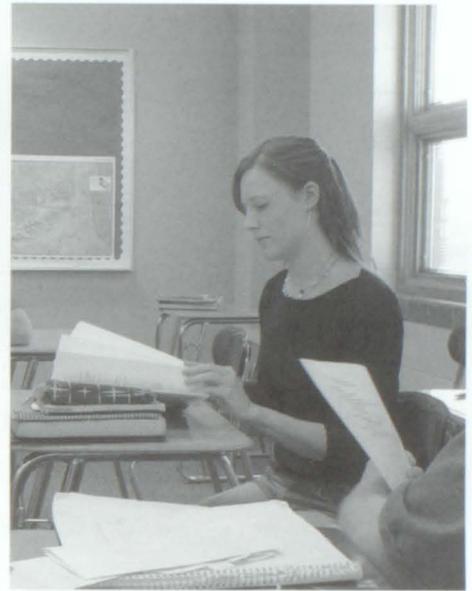
Left: Pete Lindquist is looking at the meeting agenda and has his binder out, ready to discuss.



Left: Nicole Johnson is busy writing down something, too make sure that she does not forget to do it later.



Left: Executive Council members Mike Ostman, Shaylee Carlson, Erika Jossart, and Emma Johanson smile for a quick picture when they are all dressed up for snow week.



Above: Allison Janney is taking a look at the agenda and what the student council will be discussing in this meeting.



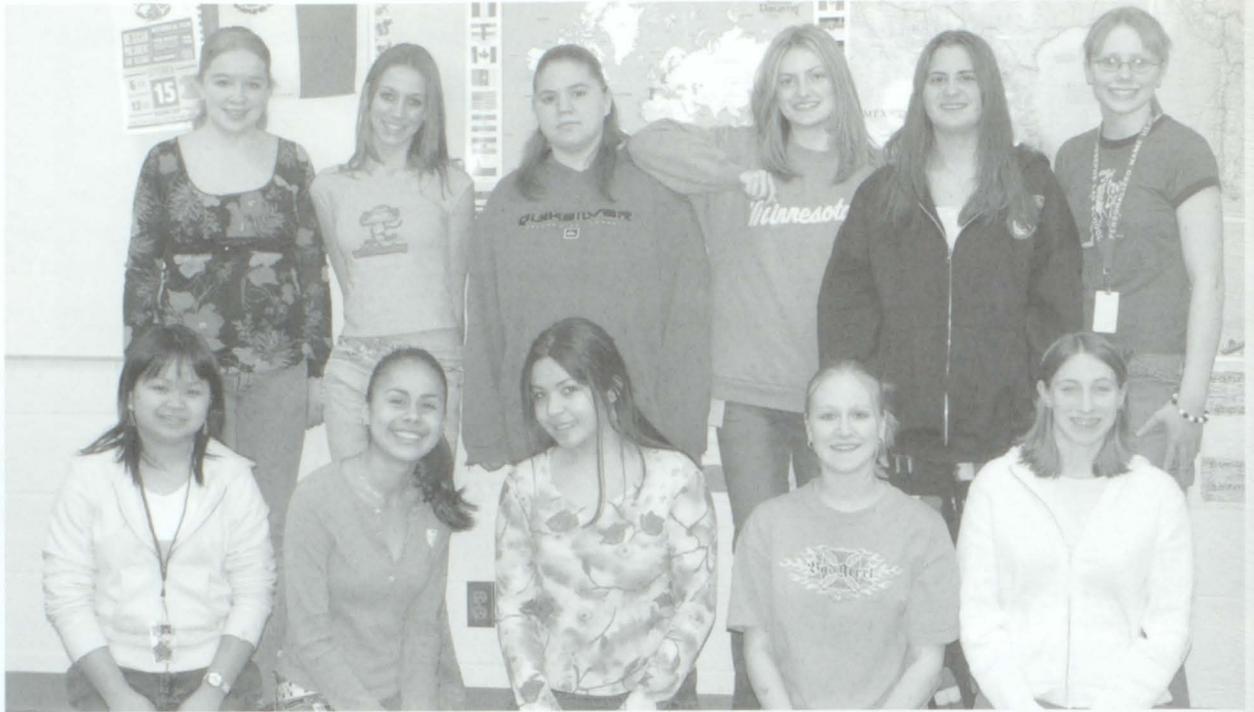
Above: Josie Zachman is busy writing down an important reminder in her student council binder.

Right: The student council has decorated the Knights Nook for the Blizzard Bash, and it looks like they're having fun...



Left: Student council members are getting seated for a meeting.

Spanish Club



Above: Spanish Club members. Front Row(left): Barbie Vy, Andrea Altamirano, Perla, Melissa Yanish. Back Row: Alyssa Gallagher Kayla Kasel, Tanya Capouch, Katie Washburn, Amanda Zimmer, Amanda Vance

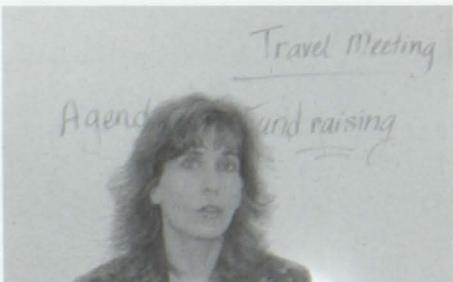


Above: Katie Washburn, Amanda Zimmer, and Amanda Vance are having a good time during one of the meetings.

Fun Things that the Spanish Club did this year: Caroling and collecting food shelf items, going out to eat at Guadalajara's, and the Day of the Dead festival.



Above: Jeremy Capouch at a meeting discussing March's activities.



Above: Señora Stange discussing the trip to either Spain or Costa Rica.



Left: Katie Washburn, Laura Reimann, and Darrick Williams are learning about the trip.

MOCK TRIAL



(left) Peter Lindquist and Matt Panuska

What is Mock Trial??

Mock Trial is an exercise where a team consisting of three lawyers, three witnesses and a timekeeper/bailiff act out a complete trial as if it were a true court of law. Every week during the season we scrimmage against another school. One school acts out the prosecution and one school plays the part of the defense. You are scored on how well you do and the averages score is usually a seven or eight.

The Mock Trial team started off the season by winning our first scrimmage. We continued our success by winning half of our scrimmages throughout the rest of the season.

We competed and lost against Eastview in our first tournament at the Hennepin County Courthouse. The next week we participated in round two against Brooklyn Center. They were a challenge and it was close, but we won in points and the case. Disappointingly, the lack of points from the week before stopped us from continuing on in the competition.

Regardless of the tournament outcome, we had lots of fun and a great year, strengthened by the remarkable teamwork displayed by all of our members.



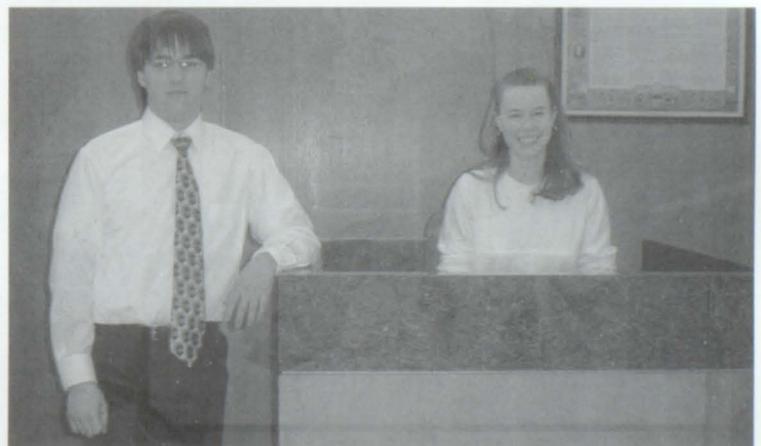
The Mock Trial Team

Front row: Michelle Haller, Kelsey Weitzel, Pete Lindquist, Ariana Daleiden, Mr. Ben Rusin
Back row: Lawyer Pat Michenelser, Matt Panuska, Logan McGarvey, Christian Putschky, Vienna Hastings, Ryan Reid

Our Prosecution Lawyers and Witnesses



Michelle Haller and Vienna Hastings



Ryan Reid and Ariana Daleiden

Business Professionals of America



Above: Carlirae Ronning accepts her award.

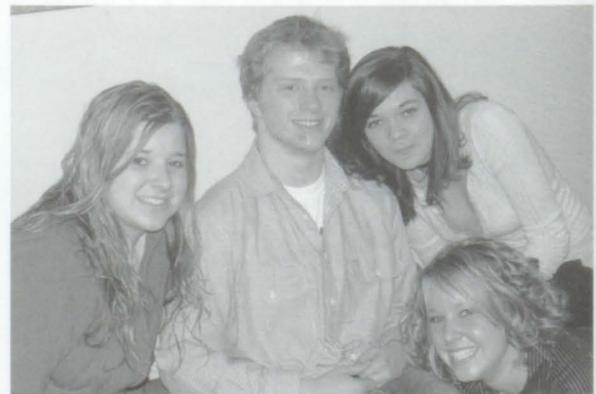


Above: Stephanie Wallerius shows off her award for everyone.



Left: Ben Derauf and Dylan Krueger wait to receive their awards at the awards ceremony.

BPA: Front Row (L-R): Dusty Baker, Andrew Carlson, Dylan Krueger, Ryan Hase, Sarah Helfert, Kristen Stangler, Cory Dalbec, Mike Nelles, Tom Ferry. 2nd Row: Ben Derauf, Davey Heskin, Emily Roden, Alyssa Thomas, Erika Jossart, Stephanie Wallerius, Megan Shaw, Theresa Steffens, Tonia Zachman, Callie Vetsch, Melissa Lannoye, Christine Deroma. 3rd Row: Megan Hackenmueller, Amanda Trobaugh, Tom Schreiber, Alexa Landefeld, Jennifer Brant, Pam Ingebrigtsen, Dayna Lindenfelser. Not Pictured: Mackenzie Flaherty, Carlirae Ronning, Joe Schoen.



Above: Alyssa Thomas, Dusty Baker, Carlirae Ronning, and Megan Shaw get together for a group photo!

Left: Alyssa Thomas and Megan Shaw wait to get their award.



Left: Dylan Krueger and Ben Derauf look nice for the camera.



Above: Stephanie Wallerius and Dusty Baker take a break to eat at contest.

Left: Dylan Krueger and Ben Derauf smile for the camera, while Andrew Carlson doesn't know what's going on.



Right: Kristen Stangler, Andrew Carlson, and Dylan Krueger smile nicely for the camera.



Above: All of the BPA members that participated in state gathered to take a picture.

Left: Carlirae Ronning and Dusty Baker wait outside the doors for everyone else to finish.



Yearbook



'04-'05 Yearbook Staff:
 Front Row (L-R): Katrina Zahler, Amanda Hackenmueller, Kristen Stangler, Jaimie Hoeschen, Sarah Helfert. 2nd Row: Nikki Swindlehurst, Carrie Abrams, Missy Koch, Katie Goodin, Laura Van Drasek, Rebecca Vetsch, Ashley Harrington. Back Row: Kelsey Weitzel, Laura Reimann, Kim Kollstad, Nina Zeleny, Emily Vorderbruggen, Darrick Williams, Samantha Thomas. Not Pictured: Allison Janney, Andrea Janney, Carlirae Ronning, Eva Blomberg, Jessica Akes, Mikayla Kelly, Pam Ingebrigtsen.



Above: Kelsey, Laura, and Kim are busy working on their yearbook pages.



Above: Andrea Janney and Missy Koch pause from their hard work to show us their "choking" pose.

Editors 2004-2005



Left: Katie is helping Samantha and Ashley figure out what to work on next.



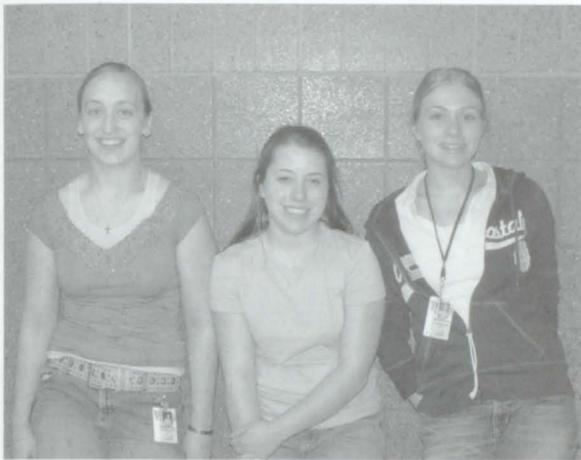
Above: Nina Zeleny and Kim Kollstad lean close for a picture while working on their yearbook page.



Left: Nikki Swindlehurst and Katrina Zahler look like their having fun working on their pages!



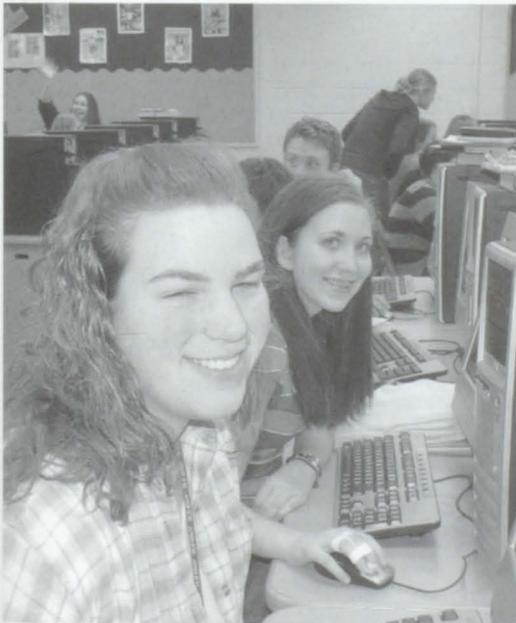
Left: Jaimie is helping Emily and Rebecca on their yearbook page.



The '04-'05 Editors:
Jaimie Hoeschen, Katie Goodin, and Amanda Hackenmueller



Above: Laura Van Drasek pauses for a picture while working on her hockey page.

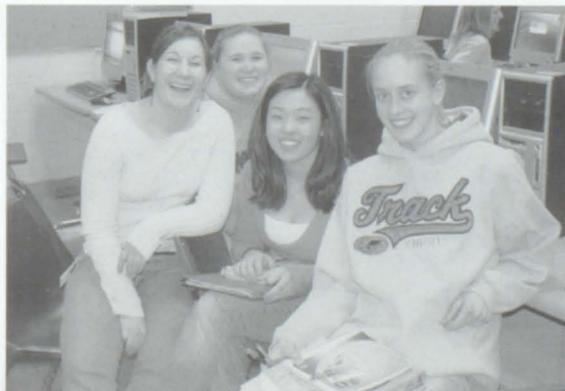


Right: Missy Koch and Carrie Abrams give us a smile before getting back to work.



Left: Eva Blomberg, Nikki Swindlehurst, Sarah Helfert, and Kristen Stangler are having fun during a meeting.

Above: Laura Reimann and Darrick Williams give a smile while busy on their yearbook pages.



**DAVE. I MISS YOU SO
MUCH. DUDE. YOU WILL
ALWAYS BE WITH ME. YOU WILL
STILL BE SNOWBOARDING WITH ALL
OF US.
LOVE YA MAN,
TAYLOR LAAGE**

"The Thing That Shouldn't Be"

It shouldn't end this way
It can't have gone this far
I saw you yesterday
Pulling out in your car
But now you're gone for good
Reality sweeps like a chill
In a place you should've stood
Now no one else will

Goodbyes shouldn't have to be said
These people shouldn't have to cry
Screaming sirens from the scene they fled
Legends shouldn't have to die
Cold sweat sends the spine tingling
Memories restored in the mind
There's a purpose for everything
But this one's hard to find

A cross in honor now marks
A reminder of what shouldn't be
The atmosphere is painted dark
In wake of a life's finale
Broken hearts from near and far
Missing the joy their lives now lack
Fair or not it's the way things are
But we'd give anything to have him back

-Anonymous STMA Student

*In Loving
Memory of
David Jay
Anderson*



December 4, 1987-
January 20, 2005



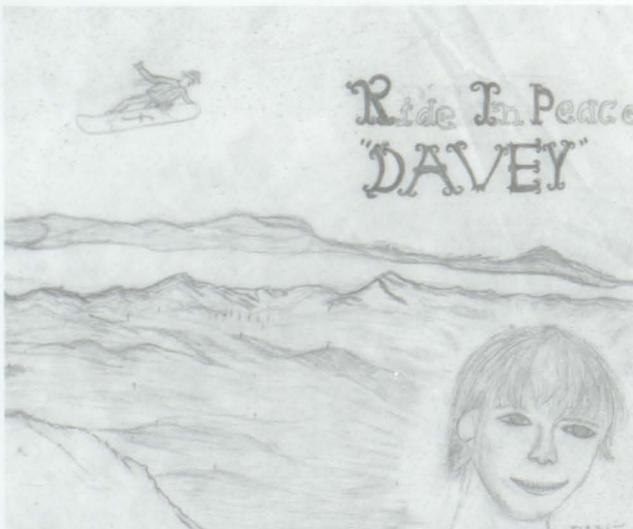
i HOPE YOU REALIZE LIFE ISN'T ALWAYS ON YOUR SIDE.
i HOPE YOUR HAND NEVER GROWS TOO BIG FOR MINE!
i HOPE YOU KNOW i LOVE YOU. ALWAYS HAVE AND
ALWAYS WILL!
i DON'T KNOW HOW TO END THIS BUT I'VE COME TO
UNDERSTAND.
THAT GOD DECIDED HE NEEDED YOU.
SO FROM THIS WORLD YOU'VE GONE AND LEFT.
BUT YOU TOOK A PIECE OF ALL OF US.
OUR HEARTS ARE WHAT YOU'VE KEPT!
ONE THING THAT i AM GLAD ABOUT IS THAT i DIDN'T
JUST LOSE A BEST FRIEND.
i GAINED A GUARDIAN ANGEL!
i KNOW EVERY DAY FOR THE REST OF MY LIFE i WILL
MISS YOU.
BUT i'LL TRY MY BEST TO DRY MY TEARS AND MOVE ON.
FOR i KNOW THAT'S WHAT YOU WOULD WANT!

NOTHING WILL EVER BE THE SAME.
THE HALLS AT SCHOOL ARE EMPTY NOW WITHOUT YOUR
SMILES AND LAUGHTER.
YET i KNOW YOU'RE UP IN HEAVEN WATCHING OVER US.
i DIDN'T SEE THIS COMING.
IT HIT ME BY SURPRISE.
AND WHEN YOU LEFT THIS WORLD A SMALL PART OF
ALL OF US DIED!

YOUR DESK IS EMPTY NOW.
AND IT'S SO HARD NOT TO SEE YOUR FACE!
BUT ALWAYS REMEMBER THIS.
NO ONE CAN EVER TAKE YOUR PLACE!
YOU LEFT THIS WORLD WITHOUT WARNING.
YOU COULDN'T EVEN SAY GOODBYE.
i STILL JUST CAN'T STOP ASKING THE QUESTION WHY!

SO GOODBYE FOR NOW.
i'LL SEE YOU SOON.
UNTIL THAT DAY REMEMBER ME.
i'LL ALWAYS REMEMBER YOU!
PLEASE HAVE FUN!
PLEASE DON'T CHANGE!
i CAN'T WAIT TO SEE YOU AGAIN.
SO i CAN GIVE YOU THAT HUGE HUG THAT i ALWAYS
WANTED TO GIVE!
i LOVE YOU SO MUCH MY GUARDIAN ANGEL!
i WILL BE PRAYING TO YOU EVERY DAY FOR THE REST
OF MY LIFE!

LOVE ALWAYS N' FOREVER.
SONDRA VAN HALL



Drawn By: Dan Hackbarth and Andrew Cellini



Drawn By: Ashley Wilkes

Davey,

ALL the MEMORIES we shared were the best.

I can't think of one time when we were hanging out up at the skatepark that it got boring. We all loved to see you. It was so much fun at the skatepark when we would skate after school with the rest of our friends. It was a very sad day on January 20, 2005. But we know that you are watching us from heaven. I just have to say "I can't wait to see you again". You are the best.

Stevie Ebner

P.S. Ride in Peace, Davey



Drawn by: Drew Bebus

You guys were him, and he was you --
And when you all were together a light always came through.
You know there was nothing David wouldn't do
But this time he just couldn't pull through.

Here one moment; gone the next --
As much as it hurts, you guys know it was best.
You could not have given David very much
Only all the love in your hearts; that only he could touch.

Now you all have to hold on to another's hand --
And talk through this, and to help each other stand.
His life will live on inside each of you
And nothing can change that -- it will always remain true.

I hope you all will be careful, or at least try --
I know to still think of it makes us all want to cry.
You guys know he'll be with you sharing his love
And you'll meet him again someday, somewhere up above.

Written for the guys:

Chris, Dustin, Jon, Kyle, Nick, Sean, Steve, Taylor and Tony
May he live on inside each one of you...

Written by: Katie Herring



I love you, nerd. I'll never forget the good times with the air horn and all the other memories! Miss you! Ride in Peace!

Love,
Missy

*It is so hard to believe that this happened to you
But we all knew God needed an angel like you
You know how much you meant to me
You brightened so many lives each and every day
We all wish we could be given one more chance
To chill and snowboard with you
I know you're in such an amazing place
You've given us signs that we'll never erase
It is so hard to wake up each day without you here
So please continue shining down to earth each day
We all have special memories we will carry with us
And hold in our hearts until we meet again
Remember we love you
I know I'm no longer afraid to die
Because I know you'll be waiting for us at the gates
So, till then, peace out David*

-Jessica Morcomb and Drew Bebus



Kristie Eull

Kristie, it's hard to believe you are already on your way to college. We're very proud of all that you have accomplished and know that you will continue that same dedication and hard work as you continue on in your life. We are very proud of the person you have become.

Mom, Dad, Sara and Jason



Katrina Zahler

Trina, our little girl who warms our hearts. We are so proud of you and all that you have accomplished. We know there is a bright future ahead for you. Don't be afraid to follow your dreams!

We love you,
Mom and Dad



Travis Fitzgerald

We wish you happiness and know you will succeed in all that you do. You've made us all proud.

Love,
Mom, Dad, Shawn and Breann



Kate Bridal

To our star, Kate. Still a miracle after all these years!

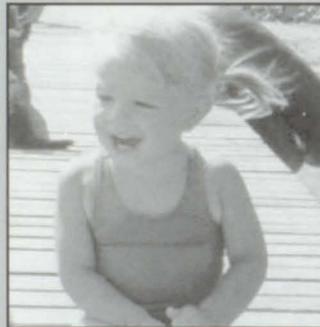
Love,
Mom and Dad



Erika Jossart

Erika always remember, "The best and most beautiful things in the world cannot be seen or even touched. They must be felt with the heart" (Helen Keller). You were born our "full of life baby" and continue to have remarkable energy, determination and most of all heart.

With love from our hearts,
Mom and Dad



Amy Sieg

To my beautiful baby. You're just as happy and fun to have around now as you were back then. You've grown into a bright, talented, considerate young lady and we're very proud of you. Always remember that it's how you handle the challenges in your life that shapes the person you become. You'll be GREAT!

Love always,
Mom and John



**Jaclyn and Jaime
Leuer**

Way to go Jaclyn and Jaime! You TWO have added lots of chaotic commotion and more than doubly blessed our lives! You've created such a special bond with each other. May this continue and always remember: with God nothing is impossible.

Lots of Love,
Mom and Dad



Mikayla Kelly

Mikimoo, the moment I first kissed your tiny beautiful cheek, I thanked God for you. From that day on, you have filled my heart with joy. As you begin your new journey, go with the knowledge that I believe in you and will be here for you always.

"You Are My Sunshine"
Mom



Brad Weber

Brad, the last eighteen years flew by way too fast. We love you and have enjoyed every second of it. Stay as sweet as you are.
Love,
Mom, Dad and Shannon



Jennifer Linder

Children are our most precious gift. We've watched you grow into a beautiful young lady. You have compassion and enthusiasm to make a difference in young lives. Good luck with teaching. Our love and support will always be there.
Love,
Mom and Dad



Ashley Scherber

Pookie, we love looking back at your years growing up and the joy you've given us. We know you'll make it in the world because when you want something you always hold onto it.
Love,
Mom, Dad,
Charlie, Nicole and Cody



Dusty Baker

Dear Dusty, may you have the vision to follow your dreams, the wisdom to find your purpose, and the courage to make a difference! God bless you always!
Congratulations!
Love,
Mom and Dad



Tim Hackbarth

Tim, what an amazing person you are! My greatest wish for your future is that it will be filled with peace and happiness. And always remember, that no matter what, I will always love you.
Mom
P.S. Ron and Danno say
"What up?"



Katie Herring

Punkie, we always believed in you, now may you always believe you can achieve whatever you want.
Love,
Mom and Dad



Jessica Huring

Jessica, you have always been our animal lover and the lover of life. Keep your wonderful smile and great attitude and you will go far.
All our love,
Mom and Dad



Andrea Janney

Andrea, your character, compassion and faith are the foundation of all your dreams. We are so proud of who you are.
All our love,
Mom, Allison, David and Ruby



Megan Reed

Our dear Megan, so much has changed yet so much is still the same. We love you and are so proud of you.

Always,
Mom, Jim and Bryan



Sarah Helfert

Sarah, you were smiling when we picked you up at the airport, and you've smiled and brought happiness to everyone you've met since then. Keep up the positive attitude and go on smiling.

Love,
Mom and Dad



Nathan Larson

Congratulations Nathan! We are very proud of you, what you've been able to achieve, and the man you've become. To the kindhearted kid that wears his heart on his sleeve; the best is yet to come!

All Our Love,
Mom, Dad, Dana and Caitlyn Paige



Brad Lindenfelser

Brad, we are proud of your accomplishments and look forward to the future.

Best of luck,
Mom and Dad



Sarah Jo Larson

You are my angel from God. Enjoy all that life has to offer you.

Love,
Mom



Tyler Krutzig

Tyler, may your journey be filled with adventure, success, and above all -- happiness. Chase your dreams with confidence!

Love,
Dad, Mom, Tanner, Dain and Cole



Megan Shaw

What an absolute joy to have shared your journey through childhood! We are truly blessed and so very proud of you. You will take unlimited fun and enthusiasm down whatever future path you choose!

Always,
Mom and Dad



Kelly Zachman

Kelly, we're so proud of you and all your accomplishments. We will always be here for you.

Love,
Mom and Dad



Kristi Oliver

Kristi, congratulations, we are so proud of you. And remember -- we'll love you forever, we'll like you for always, as long as we're living, our baby you'll be.

Love,
Mom and Dad



Laura VanDrasek

Laura, know that we are very proud of you for your many accomplishments, but more than that, of the person you are; a wonderful daughter, a fun-loving sister, a true friend to others, and a follower of Christ.

Love you,
Mom and Dad



Tara Reardon

T, you've danced your way through the city of St. Paul, to the beaches of Cape Cod and Braintree of the East Coast, and finally to the fields of St. Michael. The song isn't over yet! You have a lot more dancing (living) to do and we will be there to support you every step of the way.

Congratulations!
Love Ya Hon!
Dad, Mom, Blake, Eric and Becca



Micelle Beaudry

Michelle, here you are with that everlasting smile! We are very proud of you. Always be true to yourself and your ideals. We believe that you will succeed at any challenge that comes before you. Know that we are here for you always.

We love you!
Dad, Mom and Sibs



Ashley Dehmer

Congratulations Ashley! It's amazing how fast you grew up and how you'll be starting your own chapter in life. Continue your journey as the positive outgoing person you are and you'll succeed at anything you desire.

Love,
Dad, Mom, Chelse and Kendall



Nicole Andrews

The top 4 ways we knew you were growing up: 1) you refused to eat anything with a face, 2) you stopped movie dates with Grandpa, 3) you mastered parking after the McDonald's incident, and finally 4) you only remember to ask for your allowance every other week! We are proud of the young woman you have become, Nicole.

Love, Mom and Dad



Jon Ronallo

Jon, you've got what it takes! Be true to yourself and use it. We are very proud of you.

Love,
Tim and Mom



Rebecca Lefebvre

Rebecca, as your high school years wind to a close, we want to let you know we are so proud of you. Each year of your life you have provided us with lasting memories. We love you very much.

Dad and Mom



Stacy Zachman

Congratulations Bugs! We are so proud of you. We have been so blessed to have you in our lives. We love you very much and wish you the best in the future. God bless you Stacy!
Love,
Mom, Dad and Toby



Christine DeRoma

To our Princess,
you make us proud.
Love,
Mom and Dad



Amanda Kolles

Amanda, congratulations to you in all that you have accomplished. We are so proud of who you have become. Your life will bring you many challenges but your confidence, strength and courage will help you to follow your dreams.
We love you.
Love,
Mom, Dad, Austin, Mitchell, Jamey and Jaxon



Jaimie Hoeschen

Jaimie, each day you've blessed us with your beautiful smile. We are very proud of the young woman you've become. Follow your dreams. We love you "more".
Love,
Mom, Dad, Rachel and Aric



Billy Haskvitz

Congratulations Billy! We are so proud of you, our life child, our first.
With all our love,
Mom and Dad



Katie Goodin

Katie, you have brought so much joy into our lives. We are proud of you. We wish you happiness and success in your future. May all your dreams come true.
Love,
Mom, Dad, Keith and Andy



Cameron Cieslak

Congratulations! How blessed we've been to have you for our son! Now it's time for us to share you and your goodness with the rest of the world.
We love you,
Mom, Dad, Brennen and Haley



Kari Valerius

Kari, you have been such a joy to raise. Keep that sunny personality and it will take you far in life. You have become a beautiful person inside and out.
Love,
Dad, Mom and your brothers



Luke Vetsch

Congratulations Luke! We are proud of you.
Mom and Dad



Amy Capps

Congratulations! We are so proud of everything you have accomplished in your life so far and we know that your future is very bright! We love you!
Mom and Dad, Jenny, Jason and Blake



Michelle Urai

Congratulations Michelle! It has been an honor to be your Mom and Dad. You have ALMOST been the perfect child! Keep reaching for the stars, for we know you have the ability to reach them. Hope all your dreams come true.
Lots of Love,
Mom, Dad and Jackie



Amanda Hackenmueller

To our little girl, Amanda, who has grown up oh so beautiful: May the blessing's of the Lord be always upon you and may love, peace and joy be always in your heart.
We love you,
Dad and Mom
XO XO



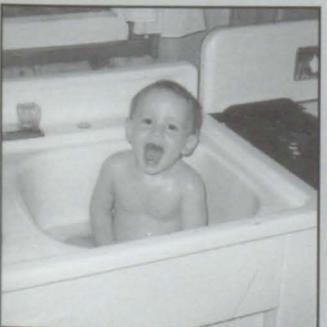
Shannon Roddy

Shannon Angela, with your beautiful smile go after your dreams! We know you will obtain them with your creativity and stong will. We love you and wish you the best.
Love,
Mom, Dad and Seesters



Joe Schoen

Mighty oaks from acorns grow.
We are all so proud of you.
Love,
Mom, Steve, Jamie, Dad and family



Travis Doohar

Your smile continues to brighten our lives. Keep smiling and always follow your dreams.
Love,
Mom and Dad



Taylor Laage

I hope all your life and your dreams will be as rewarding and joyful as having you as my son. You make me very proud and you are everything I hoped.
Love,
Dad and Travis



Ali Dehmer

Always unpredictable.
Loves...her cat, shopping and lots
of sleep!
Independent
Love you,
Mom and Dad



Jessica Diers

Remember what you would always
say: "I CAN DO IT!" Now you have
and I'm so proud of you, Jess!
Love, Mom



Adam Valerius

Congratulations Adam! When
challenged, you've always
responded with your competitive
nature and can-do attitude.
Believe in yourself and you'll
succeed in whatever you do! We're
proud of you, and always
remember we'll be there for you!
We love you!
Dad and Mom



Liz McAllister

Liz, we are so proud of you! You
have brought so much joy into our
lives. Good luck in college.
Love,
Mom, Dad, Amy and Sam



Grant Helgeson

Congratulations Grant! We are so
proud of you and who you have
become. Best wishes for a bright
and happy future in whatever you
do. Keep that BIG SMILE and
remember we are always here for
you.
We love you!
Dad and Mom



Samantha Hartfiel

Samantha, I am so proud of you
and I know that you will
accomplish anything you put your
mind to.
Stay sweet.
Stay strong.
I love you!
Mom



Chad Arlt

Chad, we have truly been blessed
to watch you grow into a fine
young man. Always remember
that your hard work and
dedication is the foundation to
your accomplishments. We love
you very much and wish you much
success in your future.
Love,
Mom, Dad, Mike and David



Ariana Daleiden

Ariana, we are so proud of all your
accomplishments. We know you
will succeed in anything you
decide to do. We love you and pray
for you.
Love, Mom, Dad and William



You have always been a little stinker and now it is time to take those years of "training" and put them to good use. We are proud of your accomplishments and who you have become. We love you!

Love,
Mom and Cara

Carlirae Ronning



Congratulations Danica! We're very proud of you in everything you do and everything you've accomplished. We wish you the best in life! You are awesome!

Love,
Mom, Dad, Tracy and the rest of the gang!

Danica Bistodeau



Baby Girl, your sense of self and good judgement has and will continue to bring you everything you want out of life. Your road is taking a turn, may your angels always be with you down your "road of life". We are very proud of you and love you unconditionally!

Love,
Mom and Dad

Brianna Julson



"Each morning is a fresh beginning. Every day is the world made new. Today is a new day. Today is your world made new. You have lived all your life up to this moment, to come to this day. This moment - this day - is as good as any moment in all eternity. You shall make of this day - each moment of this day - a heaven on earth. This is your day of opportunity."

We're so proud and love you so very much!
Mom, Dad, Jenna and Michael

Kristen Stangler



Tiny Dancer.
Keep dancing, keep singing.
We love you,
Dad, Mom, Evan, Laura and Kyle

Pam Ingebrigtsen



Nick, congratulations! Keep smiling on your journey forward.
We are so proud of you.

Love,
Mom, Dad, Breanna and Max

Nick Kolles



Caleb, you fill our life with laughter and music. We are so blessed to be your parents. We are proud of you and we are looking forward to see God unfold the good plans he has for you.

Love,
Mom and Dad

Caleb McEachern



Roxanne, from the first moment of your life, I felt lucky to love you. I'm so proud to have a daughter of such strong character. Your future is in your hands now; may it be all that you've hoped it would be!

Love,
Mom

Roxanne Boone



Stephanie Wallerius

To our Teppi-Tep, you are a fantastic daughter and sister!
We love you Teppi.
Love,
Dad, Mom, Jacquelyn, Lauren and Daniel



Amanda Wellman

As a new chapter of your life is about to open, enjoy the adventure. Good luck. We're proud of you.
Love,
Your Family



Ryan Steffens

May the coming years fill you with as much happiness as you have filled us with these past 18 years. Oh, and please remember, the biggest catch is God; the creator of ALL the catches in our lives.
God bless you always,
Dad and Mom



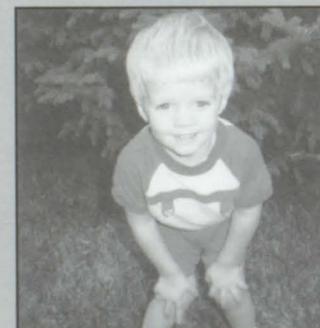
Nathan Schmitz

Congratulations Nathan! Since your solo flight on the shuttle you've accomplished many feats and we're proud of you. We are here to support you as you pursue your dreams.
Love you,
Mom, Dad, Nicol and Ben



Ryan Tessmer

Ryan, our first little shining star! Look ahead, follow your heart and trust in God.
With love and great pride,
Dad and Mom



Tom Roden

Tom, may life give you as much joy as you have given us. We are proud of you and we know you will be a success at whatever you do.
Love,
Mom, Dad and Krista



Aaron Berning

Aaron, from our sweet little boy to a wonderful young man -- you have brought us such joy! We are so very proud of you. Fun-loving, hardworking, sensible and respectful -- traits that will surely serve you well on life's journey. We wish you every success and happiness. Keep smiling! We love you!
Mom and Dad



Brittany Crocker

Brittany, from that very first day of school your excitement and love for learning has never changed. You have grown into a BEAUTIFUL person. As parents, it's been a joy to see all the growth and changes. We love you and we are very proud!
Love,
Mom and Dad



Claire Friendshuh

Claire, we are delighted that you've grown into a wonderful, giving young lady. We wish you all the best as you move on in life. Let God guide you. We love you, Mom and Dad



Jake Wheeler

Ride on, Jake...your journey continues!
Love always,
Mom and Dad



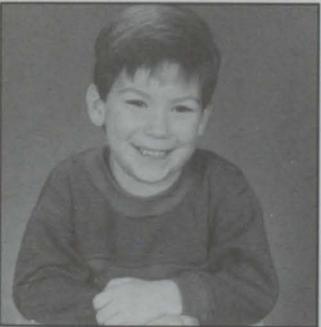
Emily Laney

Our brown-eyed girl: my, how you have grown! The little girl whose concept of adventure was a spin on the may-gree-round has developed into a poised, confident young woman. You are ready to take on the challenges that lie ahead. Always remember...dreams that you dare to dream really do come true. And, most importantly...there's no place like home!
Love, Mom, Dad and B



Mike Nelles

What's that Daddy? We've enjoyed watching you grow from a curious boy to the strong, considerate young man you've become. As you journey into life continue to keep your faith, love in your heart and laugh often. Your shoes are destined to bring you to great places. We couldn't be more proud of you!
Love,
Mom, Dad, Reid and Paige



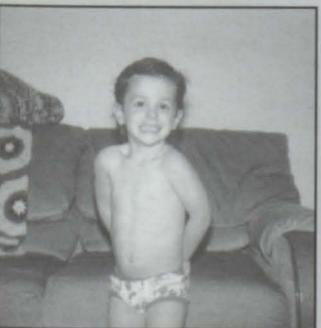
Joey Bongaarts

Joey, we are so proud of the wonderful young man you have become. May God bless you and keep you safe on all of your future adventures.
Love you,
Mom and Dad



Matt Ruter

Matthew, congratulations on your accomplishment! Life can be difficult and we know how hard you work at achieving your dreams. We are very proud of your determination at being all you want to be.
Mom and Dad



Josh Hensel

Joshua, wow - it's unreal how fast our little Squashie grew up into this remarkable young man we now know. Words can't fully express how special you are to us nor how proud we are to be your parents. We wish you the best for your future and always remember how deeply we love you.
Dad and Mom



Ryan Hase

It is time.
Away from us who love you.
Who watched you sleep and grow,
Who marveled.
It is time.
The world awaits you.
Selfish would we be
to keep you.
You taught us so much.
It is time.
The world needs you.
Love,
Mom and Dad



T.J. Sedlacek

T.J., you were God's greatest gift to us when you were born. Now, as a young adult, you are OUR greatest gift to the world!! Be true to yourself and follow your dreams. Your compassion for others and your zeal for life will take you far. 2 4 3
We're VERY PROUD of you,
Love,
Mom and Dad



Emily Vorderbruggen

Emmy Ann, God blessed us so deeply when He gave you to us. We are so proud of the person you have become and we want to thank you for the joy you have given us. Always trust in Jesus and you will go far in whatever you choose to do. You are A-MAZING!! We love you sooooo much!
Mom, Dad and Jake



Vienna Hastings

Congratulations! Through life's challenges and all odds you've become an inspiration to so many. Continue to follow your heart in all you do.
Love,
Mom and Mike



Jenny Smith

My little Jenna, may you reach for that star, pull it down and hold it close to your heart. I am so proud of you and all your accomplishments. Stay confident and always know who you are in this world. There has been no greater joy than watching you grow to become a wonderful shining light filled with love and laughter. Know your family is always here for you. Jen. We love you!
Mom, Jarilyn and Joel



Scott Borschke

We are so proud of the person you are, Scott. Stay strong in your values, compassion and respect for others. Real life is just beginning!
We love you very much,
Mom and Dad



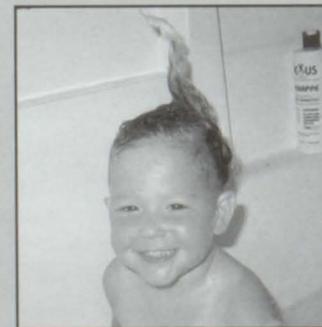
Kayla Lampert

1 Fish, 2 Fish, 3 Fish, 4
We couldn't love you more
You've enriched our lives with
Your laughter and your smile
And filled our hearts with joy
We've watched you grow each day
Through your triumphs and fears, we want to say
We hope your future is as wonderful as you!
And we love you, too!
Love, Mom, Dad, Brian and Tyler



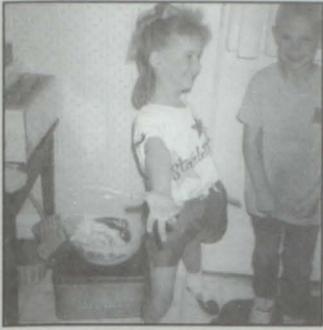
Cory Dalbec

Oh Cory! My how you have grown. Such a fine young man you are! We are so proud. Always hold your head high and follow your dreams. You will go far with that million dollar smile.
Love,
Mom and Dad



Melita Berning

Congratulations Melita! Follow your dreams, stay true to your heart and know that we are always here for you. You've made us proud!
We love you,
Mom, Dad, Jack and "Matty"



Lacy, you will always be a STAR in
our eyes.
Love as always,
Dad and Mom

Lacy Greninger

THERE IS ALWAYS ONE MOMENT IN
CHILDHOOD WHEN THE DOOR OPENS AND
LETS THE FUTURE IN.
-DEEPAK CHOPRA

No one can look back on his
schooldays and say with truth
that they were altogether
unhappy.
-George Orwell

Flatter me, and I may not
believe you. Criticize me,
and I may not like you.
Ignore me, and I may not
forgive you. Encourage
me, and I may not forget
you.
-William Arthur

How many
hopes and fears, how
many ardent wishes and
anxious apprehensions are
twisted together in the
threads that connect the
parent with the child!
-Samuel G.
Goodrich

The joys of PARENTS ARE SECRET, AND SO
ARE THEIR GRIEVES AND FEARS.
-FRANCIS BACON

**WHERE CAN A
PERSON BE BETTER
THAN IN THE
BOSOM OF THEIR
FAMILY.
-MARMONTEL
GRETRY**

We grow because we struggle, we
learn and overcome.
-R.C. Allen

The family is one of nature's
masterpieces.
-George Santayana

Parents can learn a lot from their
children about coping with life.
-Muriel Spark

UNLESS YOU TRY TO DO
SOMETHING BEYOND
WHAT YOU HAVE
MASTERED, YOU WILL
NEVER GROW.
-C.R. LAWTON

I will grow. I
will become
something new and
grand, but no grander
than I now am. Just as the
sky will be different in a few
hours, its present perfection
and completeness is not
deficient, so am I presently
perfect and not deficient
because I will be different
tomorrow. I will grow and I
am not deficient.
-Wayne Dyer

The most important
thing that parents can
teach their children is
how to get along
without them.
-Frank A. Clark

Enough shovels of earth -- a mountain.
Enough pails of water -- a river.
-Chinese Proverb

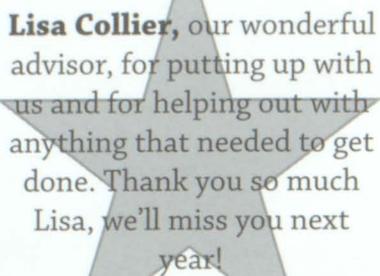
**OTHER THINGS MAY CHANGE US, BUT WE START AND END WITH FAMILY.
-ANTHONY BRANDT**

THE FAMILY IS THE
NUCLEUS OF
CIVILIZATION.
-WILLIAM J. DURANT

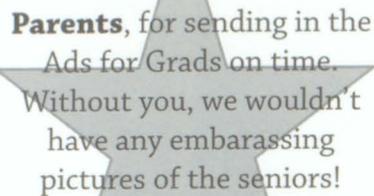
There are high spots in all of
our lives and most of them have
come about through encourage-
ment from someone else. I don't
care how great, how famous or
successful a man or woman may
be, each hungers for applause.
-George M. Adams

The strength of a nation derives from the integrity of the home.
-Confucious

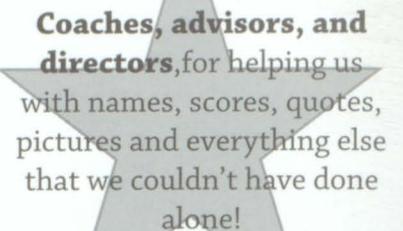
A family is a place where principles
are hammered and honed on the
anvil of everyday living.
-Charles Swindoll



Lisa Collier, our wonderful advisor, for putting up with us and for helping out with anything that needed to get done. Thank you so much Lisa, we'll miss you next year!

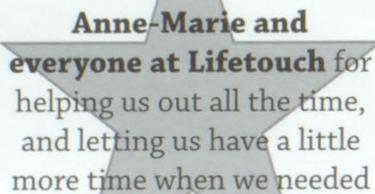


Parents, for sending in the Ads for Grads on time. Without you, we wouldn't have any embarrassing pictures of the seniors!

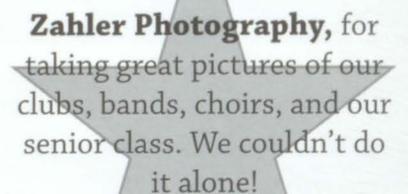


Coaches, advisors, and directors, for helping us with names, scores, quotes, pictures and everything else that we couldn't have done alone!

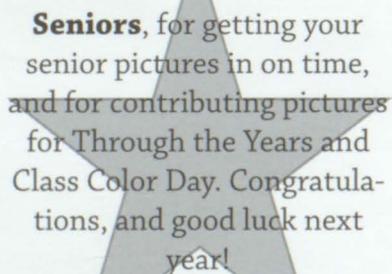
The Valor Editors would like to thank everybody that contributed to the making of the 2004-2005 yearbook. Without your time and help, our yearbook wouldn't be possible! Thank you so much for your help!



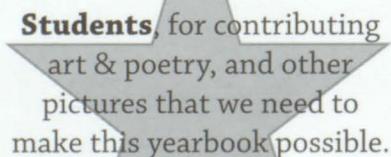
Anne-Marie and everyone at Lifetouch for helping us out all the time, and letting us have a little more time when we needed



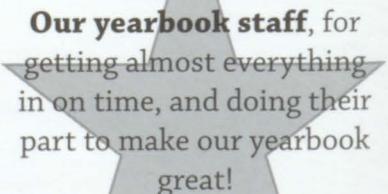
Zahler Photography, for taking great pictures of our clubs, bands, choirs, and our senior class. We couldn't do it alone!



Seniors, for getting your senior pictures in on time, and for contributing pictures for Through the Years and Class Color Day. Congratulations, and good luck next year!



Students, for contributing art & poetry, and other pictures that we need to make this yearbook possible.



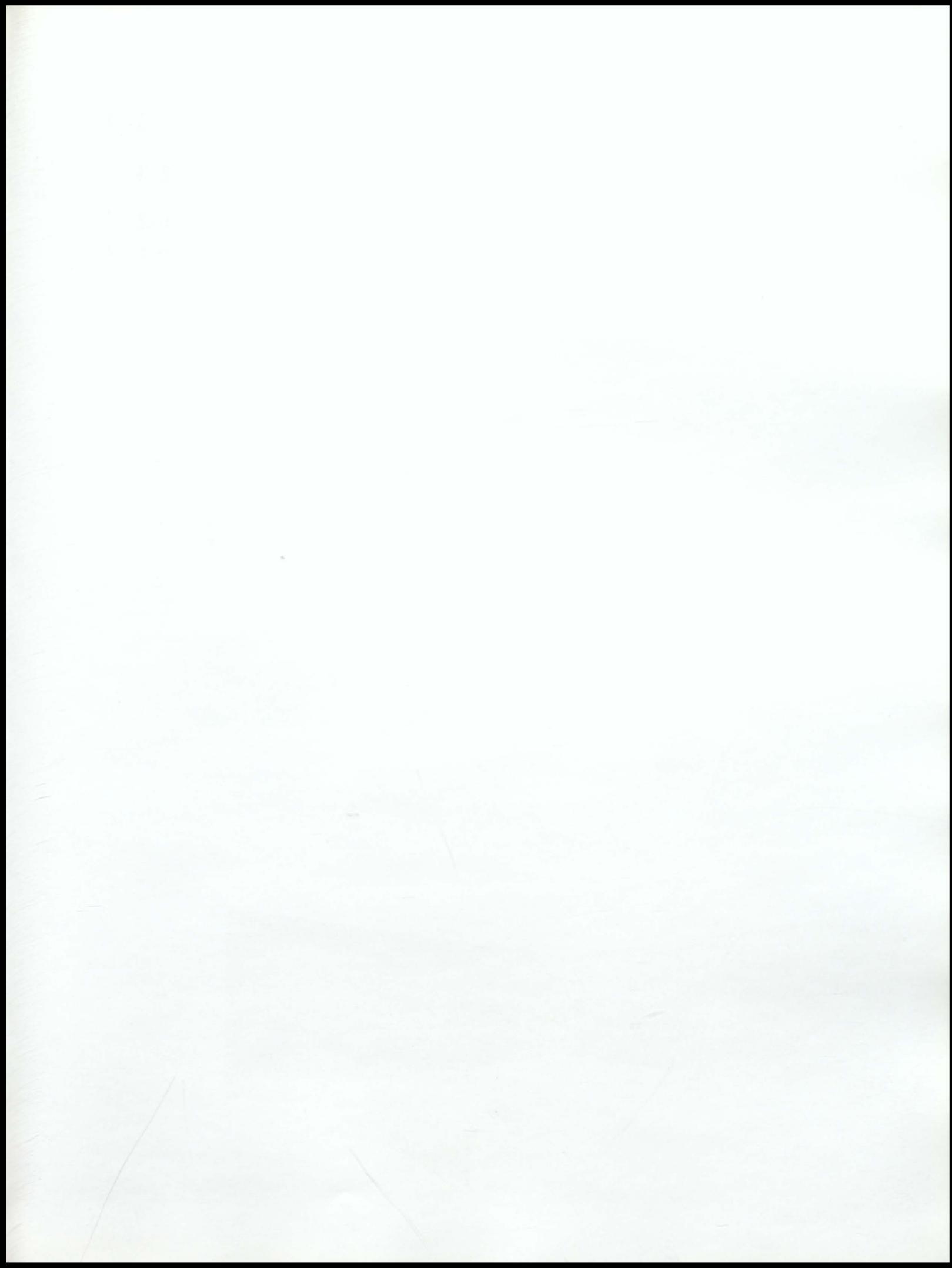
Our yearbook staff, for getting almost everything in on time, and doing their part to make our yearbook great!

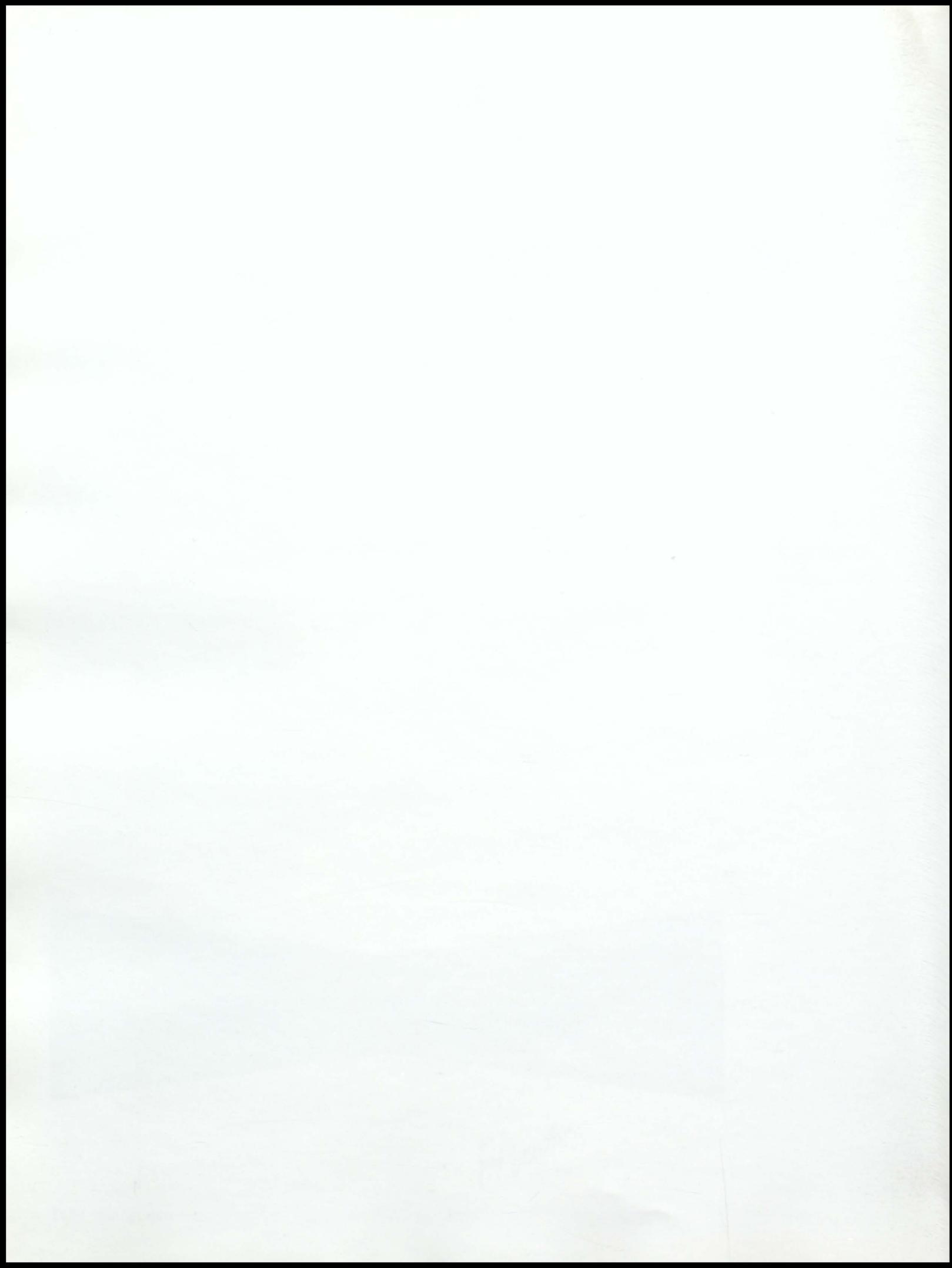
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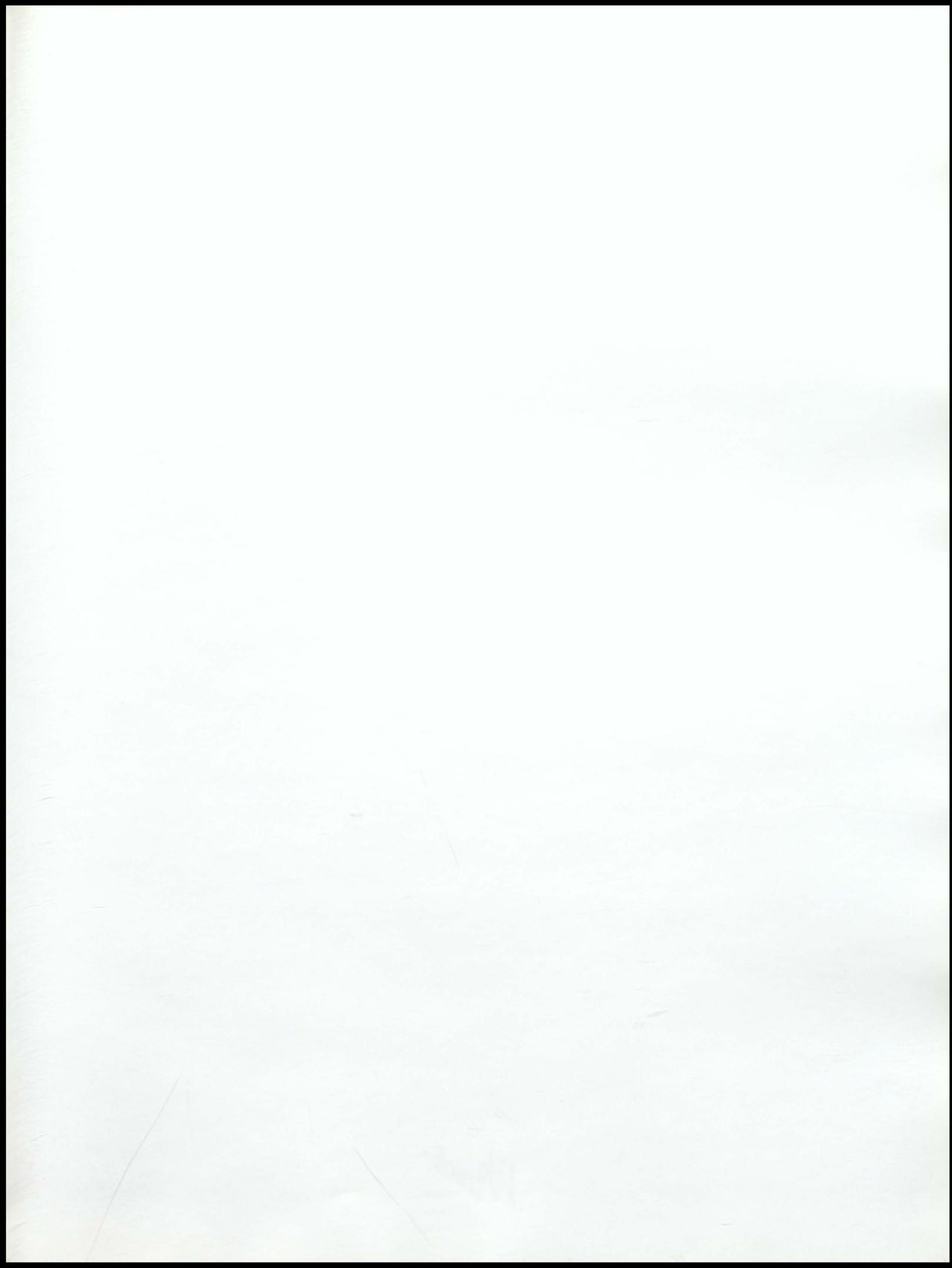
Autographs

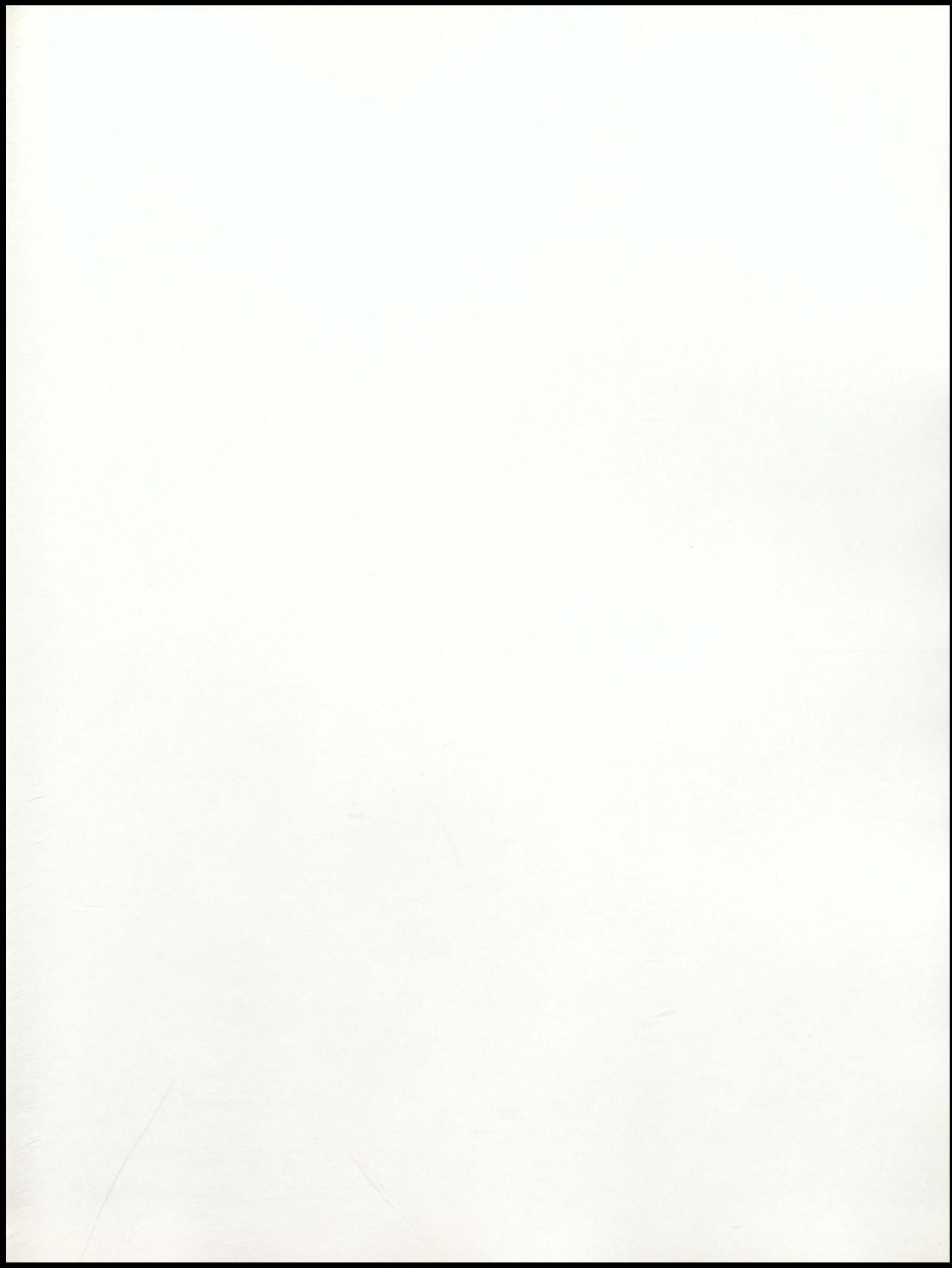
AUTOGRAPHS

Life touch
PUBLISHING





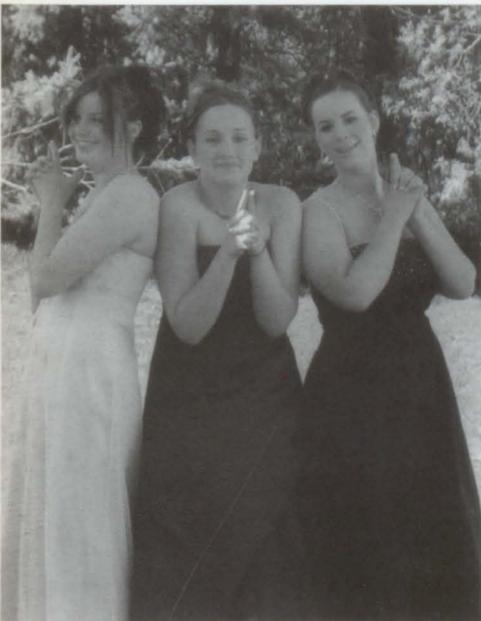




Kenneth Alderks Nicholas
Adamski Jessica Akes Perla Alvarez
Cazarin Bart Andersen Kyle Anderson Nicole
Andrews Chad Arlt Kary Arone Chelsey Bach Dustin
Baker Jonathan Bauman Michelle Beaudry Jacob Bebeau
Karla Becker Lars Berg Aar- on Berning Antonia Berning
Melita Berning Blake Besser Jarod Besse-
rud Michael Billstrom Danica Bistodeau Eva
Blomberg Joseph Bongaarts Roxanne
Boone Scott Borschke Dominique Bowman-
Griffin Jeremy Brant Joshua Bray Kathryn
Bridal Brenda Budh-ram Eric Cagle Amy
Capps Andrew Cellini Andrew Chatelle Eric
Christiansen Cam-eron Cieslak Andrew
Clem Ashlee Cook Melissa Croce Brittany
Crocker Cory Dalbec Ariana Daleiden Abby
Danielson Christine De Roma Ali Dehmer
Ashley Dehmer Jakob Demmer Mark Derus
Jessica Diers Travis Dooher Zachary Dooley
Stephanie Ebner Ash-ley Edwards Adam Elia-
son Joshua Emerick Crystal Emerson Jake
Engel Andrew Engen Megan Engstrom Kristie
Eull Heather Euteneuer Jesse Evans Thomas
Ferry Amy Fisher Tra- vis Fitzgerald Mack-
enzie Flaherty Claire Friendshuh Christina
Garnto Troy Giller Ben- jamin Glasser Jessica
Gohr Kathryn Goodin Lacy Greninger Bryana
Grotte Jacob Grygel-ko Timothy Hackbarth
Amanda Hackenmuel-ler Daniel Haller Jared
Hansen Lindsey Han-son Samantha Hartfiel
Ryan Hase William Haskvitz Vienna Hast-
ings Courtney Haynes Rachel Heffington
Sarah Helfert Grant Helgeson Joshua Hel-
land Joshua Hensel Kathryn Herring Jes-
sica Heuring Ryan High-berg Jaimie Hoeschen
Christopher Hughes Pa- mela Ingebrigtsen Andrea
Janney Princess Jibunor Rachael Johnson Jenna Johnston
Megan Jokinen Erika Jossart Brianna Julson Tyler
Justen Mikayla Kelly Anneliese Keosongseng Sondra
Kilian Christopher Kinnamon Aaron Klatke
Amanda Kolles Nicholas Kolles



Spring Edition 2005



Spring Team Sports



Boy's Tennis

Back Row (L-R): Mr. Jergenson, Alex Johnson, Christian Putschky, Donnie Johnson, Colin Fecho, Joey Bongaarts, Mr. Riles. Front Row (L-R): Ryan McCoy, Steven Posthumus, Isaac Saville, Brock Reinschmidt, Chad Blais, Dustin Thelin, Dusty Baker.

Girl's Track & Field

Front Row (L-R): Ashley Baldrige, Ashley Harrington, Alicia Gosset, Rebecca Reardon, Stacy Hackenmueller, Molly Lefebvre, Alicia Traut, Britney, Kotilinek, Margo Haynes, Laura Billiar. 2nd Row: Maren Holdstad, Alex Guardado, Eva Blomberg, Caitlin Ferry, Jaelyn Haller, Krista Roden, Danica Daleiden, Angy Gavere, Anna Schutt, Kelsey Weitzel, Kayla Miedema. Back Row: Coach Kline, Coach Melissa, Ela Wennmacher, Laura Van Drasek, Amanda Hackenmueller, Gail Steffens, Carly Eggert, Mackenzie Kessler, Kristen Stangler, Marsha Vollbrecht, Nicole Johnson, Nicole Marquett, Jessica Harren, Laura Potter, Nowell Vearderko, Coach Johnson, Coach Jackie.



Boy's Track & Field

Front Row (L-R): Cory Kessler, Brendan La Vallee, Mike Ostman, Tom Ferry, Matt Ruter, Tom Roden, Martin Berg, Paul Shovelain. Second Row: Eric Derus, Dustin Watters, Erik Rostamo, Neil Evavold, Justin Oie, Brian Zachman, Robert Swansen, Dan Greeno, Anthony Hare, Sam Greeno, Mitch Bebus, Shane Leach. Back row: Coach Hahn, Jon Marcks, Ron Fricke, Nathan Koep, Lucas Nelson, Rob Roden, John Euteneuer, Keith Bistodeau, Kurt Wacker, Theodore Rothstein, Zach Graham, Kurt Schumm, Sam Clark, Devin Butler, Jack Berning, Jeremiah Cote, Coach Berning. Not Pictured: Mitch Ende, Nicholas Nygaard, Evan Zachmann, and Brian Pounds.



Softball

Front Row (L-R): Jen Wiese, Shaylee Carlson, Whitney Rathbun, Missy Koch, Natalie Dick, Katie Goodin. Back Row: Coach Sukalski, Estee Kolles, Jes Wiese, Sadie Kessler, Courtney Brant, Rachael Johnson, Rachel Knutsen, Coach Ellsworth-Hanson.

Baseball

Front Row (L-R): Steve Hegland, Tyler Starr, Bill Haskvitz, Matt Lindenfesler. 2nd Row: Drew Bebus, Ryan Tessmer, Ryan Campion, Nick Wacker, Tyler Krutzig, Mike Barnard, Andrew Evans. Back Row: Coach Lefebvre, Jesse Dehmer, Dane Carlson, Cory Dalbec, Chad Arlt, Coach Schumm.



Girl's Golf

Front Row (L-R): Katie Daleiden, Alanna Schoenborn, Courtney Barthel, Carissa Reilley. Back Row: Stephanie Wallerius, Emma Johanson, Abbie Dalbec, Ashley Carlisle. Not Pictured: Coach Harmoning

Boy's Golf

Front Row (L-R): Dylan Krueger, Kyle Anderson, Ben Derauf, Jason Servaty. Top Row: Luke Hanson. Not Pictured: Coach Anfenson.



Softball



Above: Shortstop Sadie Kessler gets set and waits for the pitch, so she can make another amazing catch.



Above: Rachael Johnson gets set in the box and waits for the pitch to come in.



Above: Courtney Brant is about to toss another strike over the plate.

Below: The team prepares for the line up to be announced at the 2005 3A State Softball Tournament.



Above: As the batter squares to bunt, Natalie Dick runs in to pick up the ball.



Above: Pitcher Katie Goodin hurls another pitch towards the plate...looks like a strike!



Right: Catcher Shaylee Carlson sets up behind the plate



Left: The girls smile with their 6th place trophy at the State Softball Tournament at Caswell Park in Mankato. They were very proud of it, because it was the first time in school history a softball team has qualified!

vs. Buffalo W 6-0
 @ Monticello L 1-2
 @ Chisago Lakes W 5-1
 vs. North Branch W 12-9
 vs. Big Lake L 0-3
 @ Princeton W 4-1
 vs. Foley W 4-2
 @ Milaca W 9-3
 vs. Mora W 13-3
 vs. Zimmerman W 9-1
 @ Pine City L 3-4
 @ Big Lake W 4-2
 vs. Nevis-Becker Tourney W 8-1
 @ Becker-Tourney W 5-0
 vs. St. Cloud Tech-Becker Tourney W 5-0
 Becker Tourney Champs
 vs. Chisago Lakes L 2-3
 @ North Branch W 4-0
 vs. Princeton W 10-6
 @ Buffalo W 10-2
 vs. Becker W 5-4
 Section 7AAA Tourney
 @ Cloquet W 4-2
 vs. Duluth East W 1-0
 vs. Big Lake W 6-3
 @ Big Lake L 4-5
 @ Big Lake W 10-1
 Section 7AAA Champs!!
 State Tournament
 vs. Burnsville L 0-1
 @ Prior Lake W 1-0
 vs. North St. Paul L 0-5

Scoreboard

Baseball



Above: The batter swings at the pitch, while the catcher holds onto the ball.



Above: This STMA batter gets ready to bunt...he better run fast!



Above: Managers Kari Valerius and Rebecca Lefebvre take a break from doing stats.



Above: Dan Haller is ready for the tag.

Below: Steve Hegland and Cory Dalbec having fun on the bench.



Above: Nic Wacker gets ready to catch another strike.

vs. Monticello L 2-5
 vs. Cambridge-Isanti L 1-3
 vs. Big Lake W 3-2
 vs. Princeton W 8-6
 vs. Foley W 9-2
 vs. Milaca W 4-2
 vs. Mora L 3-9
 vs. Cooper W 2-1
 vs. Dassel-Cokato L 0-1
 vs. Zimmerman W 4-3
 vs. Pine City W 11-1
 vs. Big Lake W 2-1
 vs. Chisago Lakes L 8-14
 vs. North Branch L 3-4
 vs. Zimmerman W 9-3
 vs. Litchfield W 3-0
 vs. Princeton L 2-5
 vs. St. Anthony L 3-5
 vs. Mankato West L 0-10
 vs. Litchfield L 7-12

Scoreboard



Left: Steve Hegland lays down a nice bunt.

Right: The guys get together after another successful game.



Girl's Golf



Above: Emma, Carissa, Abbie, and Ashley having fun on their way to one of the meets.



Above: Abbie preparing for her swing.



Above: Ashely winding up for a big swing.

Below: Ashley setting up her ball for her stroke.



Above: Alana and Abbie showing off their pretty smiles for the camera.



Above: Coach Harmoning looking cool on the drive to a meet.



Left: Stephanie's recovery after her swing.



Left: Stephanie concentrating on doing her stroke well.



Location/ Place

Milaca Inv. 6th

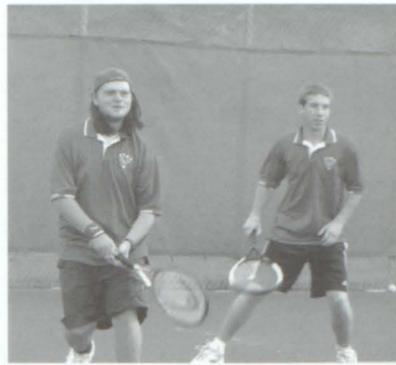
RRC meet 9th

Scoreboard

Boy's Tennis



Above: Steven Posthumus, Alex Johnson, and Dusty Baker pose for a quick picture after their match.



Above: Christian Putschky and Joey Bongaarts playing doubles together.



Above: These boys are playing some intense tennis!



Above: Alex Johnson keeps his head in the game while concentrating on the match (which is pretty difficult with all that hair).

Below: The team gathers for a pic. after one of their home tennis matches.



Above: Joey Bongaarts is making sure the younger teammates stay in line.

Location/ Score

home vs. Shakopee W 5-2

home vs. Buffalo L 5-2

home vs. St. Francis W 4-3

@ Foley L 3-4

@ Becker L 3-4

home vs. Princeton W 4-3

Cenntennial Invitational

vs. Cenntennial L 0-7

vs. Blaine L 0-7

vs. Totino Grace L 0-7

home vs. Pine City L 3-4

@ North Branch W 6-1

St. Michael Invitational

vs. Osseo L 1-6

other 2 matches rained out

home vs. Chisago Lakes W 4-3

@ Mora W 5-2

@ Monticello W 5-2

@ St. John's Prep W 7-0

Sub-Sections 8AA

vs. Sartell L 0-7

Season Record: 8-9

Scoreboard



Left: The seniors on the tennis team: Christian Putschky, Joey Bongaarts, and Dusty Baker get together for a pic.

Right: The team charges the net while having a little fun.



Girl's Track & Field



Above: Carly Eggert is doing awesome while finishing up the last leg of the Girl's 4 x 800 meter relay.



Above: Eva Blomberg and Marsha Vollbrecht flashing us a smile at one of the home track meets.



Above: Jessica Harren and Kayla Miedema pose for a cute picture while at a meet in Delano.

Below: Nowell Vearderko is getting off to a good start in the 100 meter dash.



Above: Two STMA runners take off in the 100 meter dash.



Above: Caitlin Ferry with butterflies in her stomach while she is getting ready for the 800m run at the state meet in Blaine!



Right: Seniors, Kristen Stangler and Laura Van Drasek, smile for a cute picture while at a track meet.

Left: Some of the girls from the track team take a second to say cheese!



Location/ Place	Scoreboard
RRC Indoor @ Foley 3rd	Scoreboard
North Branch meet 2nd	
STMA Relays 3rd	
Mora meet 1st	
Delano Invite 5th	
True Team 3rd	
RRC Outdoor 3rd	
North Branch meet 2nd	
Section 2A @ Gustavus 5th	
State Individuals: 800m Caitlin Ferry 7th place	

Boy's Track & Field



Above: Tom Ferry is pushing it all the way to end while running the 4x400 relay.



Above: Lucas Nelson and Mike Ostman are working together to push each other on.



Above: Kurt Shumm and Mitch Bebus are staying strong and keeping up the pace.



Above: Robert Swansen is showing us good form as he goes over the hurdles.

Below: A group of track runners are having some fun in between races at the Delano meet.



Above: Paul Shovelian races by as he runs the 4 x 800 meter relay.



Left: Two track teammates are tackling those high hurdles, don't fall!

Scoreboard

Location/ Place
 RRC Indoor @ Foley 7th
 Mora meet 2nd
 True Team 8th
 RRC outdoor 4th
 Section 2A @ Gustavus
 10th

Right: Some boy's and girl's track members are chilling out while watching a few races.



Arts of the Knight 2005



Above: The Chamber Singers perform with a soloist in front.



Left: Trina Zahler belts out her song.

Right: The jock, the cheerleader, and the girl from the 50's put on their skit for "A Knight in the 50's."



Above: Melissa Croce sings a selection from Grease.



Above: This year's lovable MC's give us more laughs.



Above: These girls do a dance at this year's Arts of the Knight.

Below: Emma Johanson shows off her amazing piano skills while playing "From This Moment On."



Above: Eva Blomberg, Ashley Budde, and Kelly Leadens smile in between skits.



Above: Shaylee Carlson and Ashley Budde open up the night with a few funny "rules" for the audience.

"A Knight in the 50's"



Above: The Chamber singers are "Singin' in the Rain."

Right: Robert Swansen looks pretty good in his cowboy hat with his guitar, doesn't he?



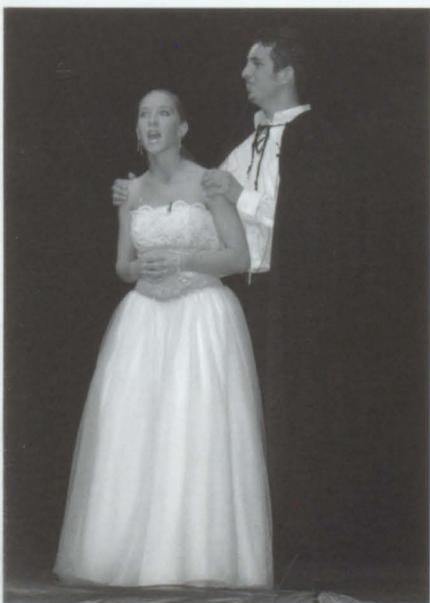
Above: Laura Schreiber sings "I'm Movin' On" awesomely.



Above: Rebecca Vetsch, Brittany Crocker, and Jake Bebeau are "Goin' Fishin'."



Above: Eva Blomberg wants Liz McAllister to give her the record.



Above: Dayna Lindenfelser and Ryan Hase sing from The Phantom of the Opera.



Above: Eva Blomberg and Ela Wennmacher, our German exchange students pose with the 50's scenery.

Right: This group puts on a rap dance. All I can say is...amazing choreography!



Above: What does Shaylee Carlson want? Just a little R-E-S-P-E-C-T!



“Here’s to the Night”



Above: Yeng Vang, Sam Lindenfesler, and Tony Roth



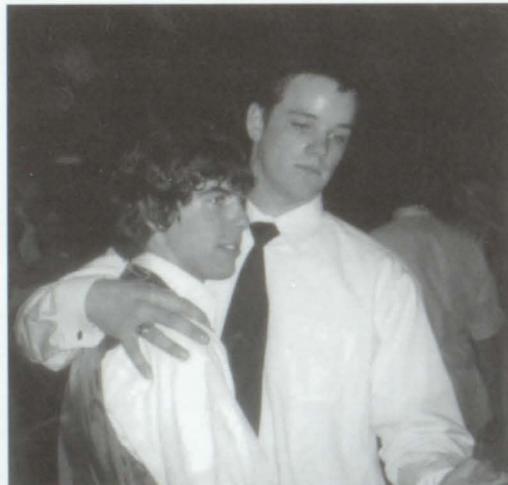
Above: Jared Hansen and Steph Wallerius.



Above: Taylor Laage and Tom Welsh.



Above: Having a good time in the limo.



Left: Billy Washatka and Sam Lindenfesler.



Above: Jenny Smith and Tara Reardon.



Above: Prom goers are smiling big under the terrace.



Left: Pam Ingebrigtsen and Megan Jokinen stop by an arcade.



Right: Jared Hansen, Steph Wallerius, Andrea Janney, and Mackenzie Flaherty.



Left: Getting ready for the best prom ever.



Prom 2005



Above: Ron Fricke and Ryan Steffens.

Above: Jim McDonald gets a lift to prom.

Right: A group pic. in front of the limo!



Left: Dancing Queens- Robert Swansen and Adam Eliason.



Above: Mackenzie Flaherty, Kari Valerius, and Christine DeRoma.

Right: Having a blast at the dance.



Above: Sam Lindenfesler and Karissa McCullough.

GRADUATION



Above: The Concert Choir performing "Stand by Me".



Above: The Class of 2005 files into the gymnasium for their last night of high school.



Above: The seniors join the Wind Ensemble in playing "Pirates of the Caribbean".



Above: Class Representatives Emily Roden, Erika Jossart, Rebecca Lefebvre, and Dusty Baker leading the tassel ceremony.



Left: Yearbook Editors Amanda Hackenmueller and Katie Goodin smile together after commencement.



Above: Class President, Rebecca Lefebvre, opening the commencement.



Above: Dusty Baker and Erika Jossart together after officially graduating.



Left: The traditional hat toss lead by the class officers. Way to go grads!



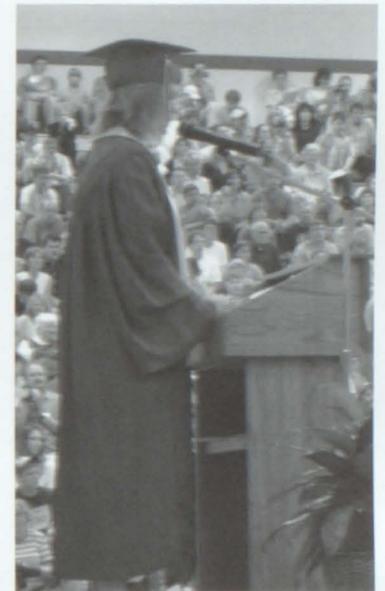
Right: Honors Graduates being recognized by applause.



Left: Class Valedictorian, Katie Goodin, giving her commencement speech.



Above: Jeremy Brant resting up for the all night grad party.



Above: Erika Jossart calling off graduates' names, while hoping not to mispronounce or skip any.

Above: Graduates sharing in the graduation excitement.

Right: Steph Wallerius, Kristie Eull, and Andrea Janney stop for one last picture.



Below: Graduates reading along in the program.

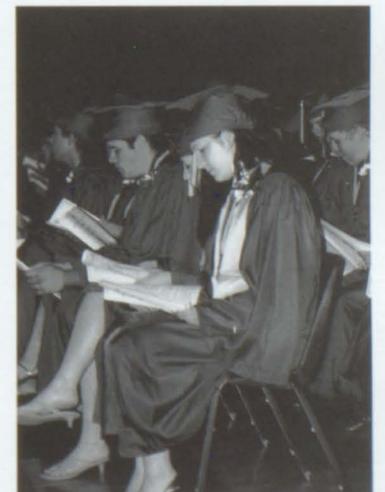


Left: Alexa Landefeld posing for a quick pic before turning in her gown.



Above: The class of 2005

Right: Karen Rose, Ms. Jonas, and Kelly Zachman after the ceremony.



Spring 2005



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