



### STUDENT LIFE

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#### ACADEMICS

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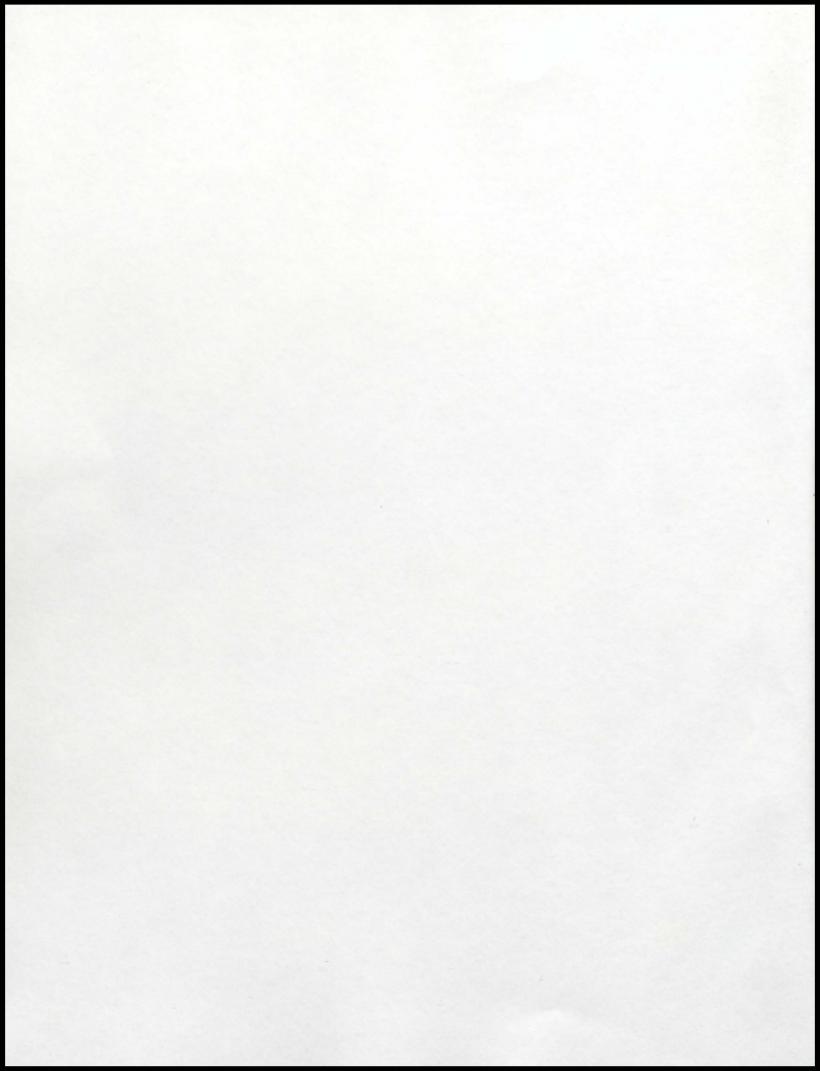
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## INTRODUCING AURASMA

New in this yearbook is an app called Aurasma. This app will let you see snippets of life here at school.

Download the app on your smart phone or tablet and follow the "stmayearbook" channel. Open the app and hold your device over any photo featuring the aurasma trigger and these videos will play. This orange symbol is the Aurasma trigger and links the photo to the app





### ST. MICHAEL-ALBERTVILLE the knights HIGH SCHOOL

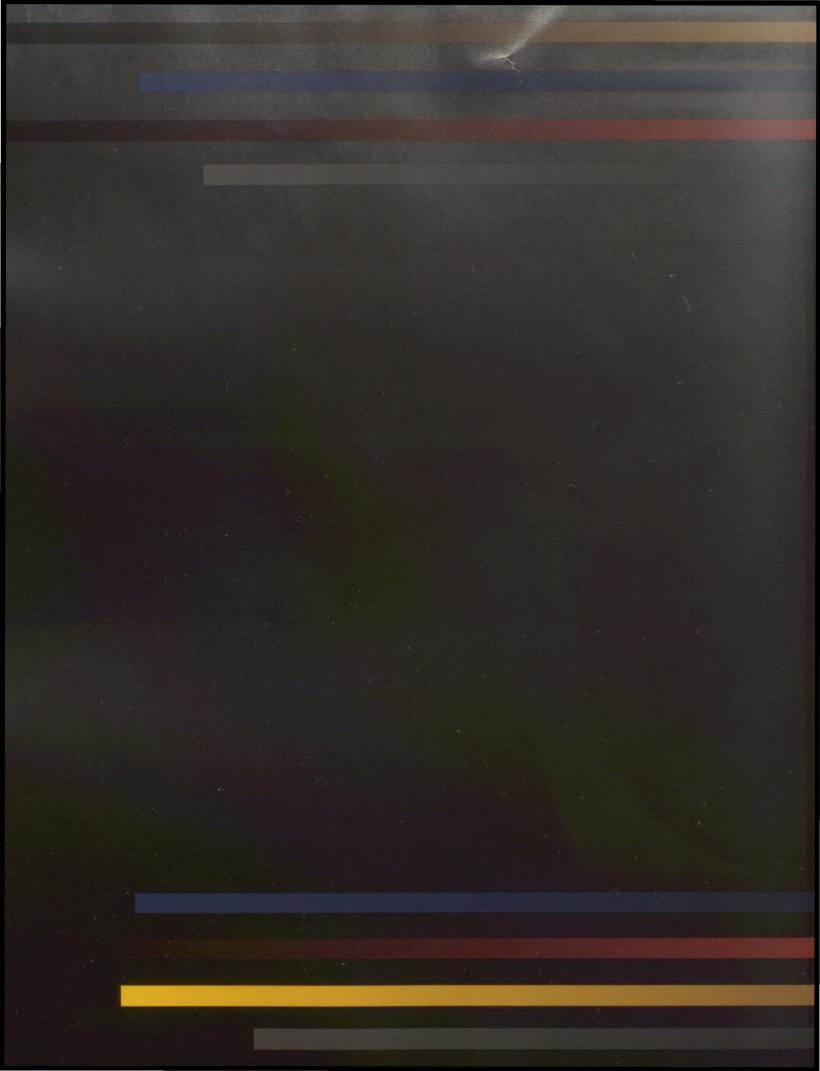
2800 Jameson Avenue NE St. Michael, MN Phone: 763.497.2192 Fax: 763497.6590 http://www.stma.k12.mn.us Principal: Mr. Bob Driver

Students: 1,680 Faculty: 135

#### on our own



2015



## 700 DAYS...

for US to make a difference for US to create a brighter future for US to discover new things for US to make the memories that last a lifetime for US to achieve things beyond belief for US to gain the drive to learn for US to find our place for US to make our mark for US to begin the rest of our lives...

## ON OUR OWN.





































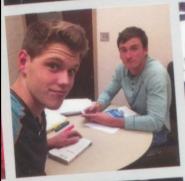




















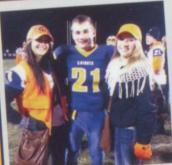




"Take care of all your memories. For you cannot relive them." -Bob Dylan























## STUDENT LIFE





ALL DECKED OUT. Nolan Olsen ('16) participated in "Dress Like Your Parent" day and wore his dad's letter jacket and a sweatband. He was one of many students who wore their parents' high school letter jackets during the school day.

DRESSIN' UP LIKE OUR PARENTS. Wade Gammell ('15) participated in "Dress Like Your Parent<sup>®</sup> day by wearing an old jacket of his dad's. He definitely turned heads with his fake belly that he wore throughout the school day.





THROWBACK. Allison Burditt ('15), Kate Drimel ('15), and Hannah Berhow ('15) show their school spirit on "Disco Day" during Homecoming week.



UNBALANCED. Jacob Moran ('15) frantically tries to keep himself from falling off his scooter, hoping that it won't put him near last place.



#### Football stars sing their hearts out to "Firework" by Katy Perry

he students and staff of STMA filed into the gymnasium for an exciting half-hour of fun activities, school spirit, and to unite as a school. The students were all fired up for the last event of Homecoming 2014 before the big football game against the Big Lake Hornets. The final activity was the toilet paper throwing contest between the football players and teachers. They were asked to hike toilet paper rolls through a hula hoop. After the football players won by a landslide, the teachers asked for a rematch. The boys were challenged to sing "Firework" by Katy Perry and hoped for another win. However, no one ever imagined how talented the teachers would be. "I was definitely a little embarrassed, especially because of the fact that I can't sing. However, it was still a lot of fun," said Akundu.

### UNITED AS ONE Let's Have Fun!

**CONGRATULATIONS.** Below, Kate Drimel (15) and Jackson Greeenwaldt (15) are crowned as the 2014 Homecoming King and Queen. After the crowning, Kate exclaimed, 'I had no idea I was going to win. I would've been just as happy if one of the other candidates won!"

The crowd was while patiently waiting to watch the crowning of the 2014 Homecoming King and Queen. The girls anxiously grasped each other's hands, while the boys stood nervously, waiting for the results. Congratulations to Jackson Greenwaldt and Kate Drimel, our 2014 Homecoming King and Queen!

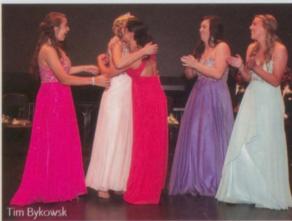


CONGRATS, BRO. The Homecoming male candidates congratulate Jackson. From left to right: Ryan Poss, Jacob Moran, Tyler Hayes, Jackson Greenwaldt, and

led Irvine.

HUG IT OUT. Olivia Yue congratulates Kate Drimel after she's crowned as the Homecoming Queen. From left to right: Megan Doboszenski, Kate Drimel, Olivia Yue, Freya Hanson,

and Hannah Schutz



Did you you think you were going to be a candidate?

#### "No, but I feel really honored." Freya Hanson

"No, I never thought I would get to do this, but I'm really happy that I get to be a part of it!"-Tyler Hayes "No, not at all. When they woke me up I thought I was going to have a heart attack!"-Kate Drimel

How did you feel when you found out you were a candidate?

"I was confused, surprised, and excited!" -Jed Irvine

"I was surprised I didn't think anyone would vote for me!" -Jacob Moran

"It was really exciting, but I was really crabby when they woke me up."-Megan Doboszenski

# OUT OF OUR OWN



KICK-IT FOR ELLI. The Northwest Carpet Cleaners took home first place in the "All for Elli" kickball tournament on Saturday, September 20th at the St. Michael Rec Center. The team also won the uniform contest. The best uniforms were chosen by Elli. Eric Sjelin ('16) raved, "It was a great way to have fun and support Elli."

com·mu·ni·ty: alone we can do so little, together we can do so much.

ur students always strive for excellence. It has been shown in the classroom, on the football field, and in the arts. Our school has always been successful in those three categories but one thing that often goes unnoticed is our involvement in the community. We are one of the few schools who require 16 hours of community service in order to graduate. However, this requirement only encourages our students to go above and beyond and do more volunteer work in the community. When a big school and a small town vibe mix, students come together to better the community, and to make it stand out on our own.

#### WHERE WE WORK



"I enjoy working at Applebee's because it works well

is a great job to have during high school," Ashley

Stecker ('15) boasts.

with my schedule and my co-workers are awesome. It

HOSTESS. Friendly Ashley Stecker ('15) strives to do her best seating guests at Applebee's.



BARISTA. Alison Kmett ('15) serves her smile at Caribou Coffee

Allie Kmett ('15) commented, "I like working at Caribou because of the fun people I get to meet. It has a upbeat vibe and it smells really good in there."



Abby Sundeen ('15) explained why Culver's is such a fun place to work, "It is busy a lot, especially when we have events like car shows going on. Everyone I work with is always energetic.

ORDER UP. Abigail Sundeen, Anthony Dupris, Samuel Flugum, and Amin Aboujouda ('15) are eager to whip up your meal at Culvers.



"Nike is a good place to work for a sporty guy like me. It also has great discounts so that's a plus," raved new employee, Nathan Williams ('16).

RETAILERS.

and Meghan

Emerson ('16)

Nike.

Nathan Williams

focus on getting

the perfect fold at









#### FREEZING FOR A CURE #ALS ICE BUCKET CHALLENGE

"Small acts, when multiplied by millions of people, can transform the world." - Howard Zinn



Over \$100 Million Raised... 30 Million Vidoes Uploaded...

pproximately 5,600 diagnosed with ALS in the vear, awareness has been brought to ALS by the Ice Bucket Challenge. A video of one drenching themself in ice catches the attention of others dumped is a step forward in and sets off a chain reaction.

supporters of this challenge, joining in with millions of others so popular, it has sparked the interest of many celebrities including: David Beckham, Taylor Swift, Shakira, and One Direction. Every ice bucket finding the cure for ALS. Our

A LWAYS A INDA -UPPORTER Our community has been impacted by ALS

directly and that's why the disease is so close to our hearts. Linda Johnson, mother to Jake Johnson ('15), has been living with this disease for many years. The Johnson's have received an immense amount of support from the community throughout her battle. Even something as small as cooking the family dinner makes a difference. Jake Johnson ('15) remarked, "It is nice to know the community is behind my family. They are always there to support us and it really means a lot."

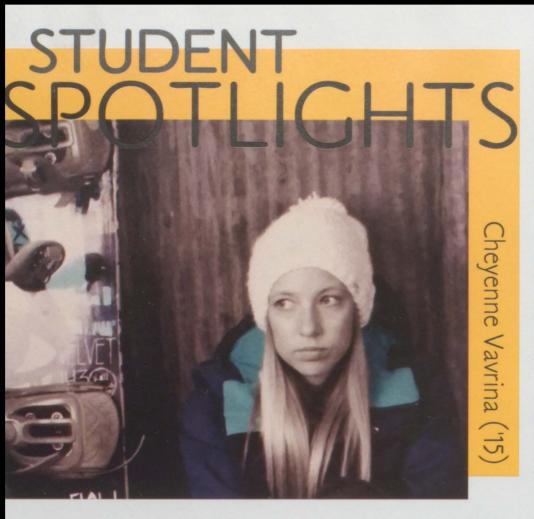








BRRRR. The pictures to the left and at the top of the page, show our students participating firsthand in the Ice Bucket Challenge. "I participated in the ALS Ice Bucket Challenge because it was a fun way to raise awareness and



lacing first in almost every competition she participated in her junior year, Cheyenne Vavrina's clear passion is snowboarding. Since the age of 6 years old she has been shredding the slopes. Her main inspiration is her family: "Yeah, my brother is a pretty big inspiration for me; he kinda taught me to go for it." She mostly competed through the USSA (United States Ski and Snowboard Association) program. As a senior, Cheyenne took a year off from competing and "worked on getting more tricks down." She worked at Elm Creek, a ski resort, where she snowboards almost every day she could during the season. Her plans for the future include: "I'm going to college, hopefully somewhere with a snowboard team. I will probably stay in Minnesota."

V / orking for his community and earning badges Jackson Larson worked hard to gain the position he wanted. He mentioned, "I wanted to be a better leader," which lead to doing more for his community. On his own time he was able to be an Eagle Scout working for his community and earning badges. To become an Eagle Scout he was required to do a community service project. He had no ideas, until his father pointed out three crosses on the side of a road. After that he decided to build similar crosses for Alleluia Lutheran Church. After putting his plan together he was able to construct the crosses and paint them. The people willing to volunteer then helped him to put the crosses into the holes, and add mulch so they stay in place. Then after finishing his project, he was reviewed by a council of adults. Starting with a singular idea, then spreading it to many, Jackson was able to reach his goal and do good for his community.



**BOY SCOUT HONOR**. Jackson Larson was in the Court of Honor for the Boy Scouts. He was sworn in Eagle Scout, after community service project. "To become a looked up to leader" is what his goal was in the long run.

ea Cadets is a military educational program for 10-18 year olds. Alison Skon is a Petty Officer 3rd Class in this program. She started her journey in Sea Cadets shortly after her 8th grade summer after watching a group of people her age marching in uniform. "Honestly I can't even tell you why I did it, it was just like instinct... like just do it," she replied when asked her reason for joining. Besides being the Bravo Squad Leader for her squadron, Alison was also awarded 8 ribbons, the Most Improved Cadet at the Petty Officer Leadership Academy award and kept track of 15 cadets and their attendance. Alison's plans for after high school are to join the Navy. "I want to stay in the military. At first I didn't want to join the navy, but after staying at the aircraft carrier I really want to."

**BUSINESS OR PLEASURE?** Alison ('16 middle) spent her 10th grade summer on a nine day trip in San Francisco with LCDR Commanding officer Thiessen (left) and LCDR Executive Officer Bledsaw (right). "I was in charge of eighteen 13-14 year olds for the whole week," Alison said.





**LETS TALK MUSIC.** From left to right: Zander Kimlinger ('18), Chase Roe ('17), Brennan Hafermann ('17), Blake Anderson ('18), Gabe Dalluge ('18) are currently apart of the band, *The Aftermath of Yesterday*. "Being in a band, is being in a different way of life," Zander said. The band was the most important thing to.

ooking back, Zander remembers shaking hands and taking pictures with the bands he looked up to. This helped shape him into the person he has become today. Over the past year, learning to play bass has been a huge part of his life. Zander stated, "I chose bass because I started with the guitar." He fell in love with deep sound and playing the important rhythm of a song. With his friends and family letting him follow his own path, and beat to his own drum, he is now a well rounded musician. Learning and gaining inspiration from Volbeat, All That Remains, and many others he has shaped his love for music. He was able to learn different techniques and gain inspiration for the band, The Aftermath of Yesterday, a rock/ heavy metal band that he formed with friends. The band began playing covers and was did very well with Zander and his band members working well together. They started separate, and on their own and came together and made a well put together band. Starting out on his own and growing into a band Zander has learned that, on our own we can do great things, but together we can do amazing things. 13







Ramon Frank (center) ('15) attended Holi Gaudy music festival with his friends last March in Germany.

#### "EXCHANGE isn't a year in your life, it's a life in a year."

Cristina Sarda Utrilla ('15) is a superfan for the Fente Atletico Futbol team. Back home in Madrid, she would try to go to games every other week. She is sporting her "Gabi" jersey because he is not only the captain of the team, but also a family friend of hers.





#### 2014-2015 FOREIGN EXCHANGE STUDENTS

Daniela Fernandez Luhrs (right) ('15) spent some quality time with her best friend, Karen, last October at a church festival in Mexico. She says it reminds her a lot of our Minnesota State Fair.



Laura Klein ('15) took two flights from her home in Germany to visit New York City before coming to St. Michael-Albertville.

## WORLD TRAVELERS This year's foreign exchange students come

Nina Zimmermann ('15) is seen here with her brother and father on a ski trip in the Austrian Alps.



This year's foreign exchange students come to us from all corners of the world: Spain, Bolivia, Germany, Mexico, and Norway. They all decided on the foreign exchange program because they wanted to see the United States and learn through having different experiences and absorbing new cultures. "I wanted to see how people live here, and I wanted to study English so that when I go home it will benefit me in the future. I also wanted to experience more independence on my own," said Cristina Sarda ('15).



Cami Melnik Zegarra (right) ('15) spent her last morning in Bolivia having breakfast with one of her best friends, Carla, before coming to Minnesota.



Maria Waroy Mikkelsen on her 17th birthday at her home in Norway. She celebrated at a party with her friends where they even had a face painter to add to the festivities!





PAJAMA DAY. Sophomores Makenzie Turpin, Emma Frauendienst, Ms. Leuthner, Paige Joslyn, Sophia Madore, Rachel Lenz, and Kaitlin Bernhagen smile for a photo during English class on pajama day.



TOURIST TUESDAY. Juniors Taylor Kemper, Greta Stanton, Leah Johnson, and Sidney Schreiner sport their Hawaiian shirts and fanny packs on Tacky Tourist Day. "Look good, feel good," said Greta Stanton.



NINJA TURTLES. Juniors Claire Wallace, Emily Waldorf, Erin Waldorf, Danielle Bagne, Justine Piersiak, and Peyton Kessler show off their Teenage Mutant Ninja Turtle skills on Superhero day. "It was fun each dressing up in a different character!" exclaimed Justine Piersiak.



CHEER, CHEER FOR STMA. The Knights cheerleaders pump up the crowd singing the school song. "The crowd is the best part about cheering," said Gabby Walstrom (16).



TUG OF WAR. Seniors Nic Berning, Hannah Berhow, Lucy Arndt, and Wesley Maschke attempt to win the tug of war for the senior class. It was a close game but the sophomores won it this year. "It was a lot harder then I expected,. The rope really hurt my hands," said Berhow.

## WINTER WEEK

DRESS UP DAYS: MONDAY: PAJAMA DAY TUESDAY: TACKY TOURIST DAY WEDNESDAY: COLLEGE APPAREL DAY THURSDAY: SUPERHERO DAY FRIDAY: SPIRIT DAY



Tim Bykowsk

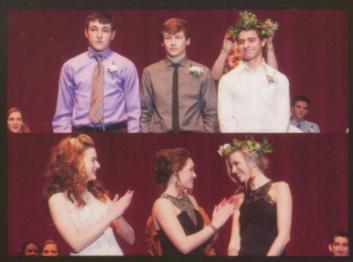


**RELAY RACES.** Tate Kindom ('15) tried to pull himself to the other side of the gym with only a plunger and a skateboard. In this game they could not use their legs or arms and had to pull themselves to their teammates. "This is what determination looks like," explained Kindom after playing this game.

GO SENIORS! Rose Gallagher ('15) concentrates on hitting a pingpong ball with a clipboard. The object of this game was to pass the ball to the other members of the team and score it into the recycling bin. The senior ladies ended up winning the game.

late Bratager ('16

## WINTER WEEK

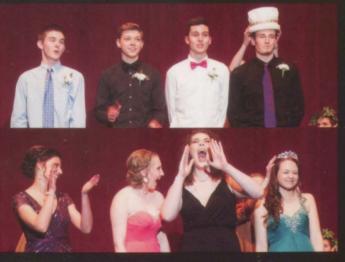


Trevor Beaudry and Meghan Breen were named the sophomores Duke and Duchess. "I feel honored to represent my class," stated Breen.



Juniors Will Berning and Mary Schmitz were titled Prince and Princess. "It was a big surprise to win," said Schmitz, "I was nervous but the whole experience was super fun."

## ROYALTY



Joe Hebeisen and Kayla Finnerty were crowned Senior King and Queen. Hebeisen explained "I was thankful for the nomination and honored to be selected by my class."

### SNOW WEEK BO CANDIDATES

#### SENIORS:

Jøe Hebeisen Tate Kindøm Caleb Hølt William Giller

#### JUNIORS:

VILLIAM BERNING Carter Smith Brian Kruschke Brand*o*n Cool

#### SOPHOMORES:

Trevor Beaudry Jack Kelly Travis Brown Kayla Finnerty Carly Larsen Maddie Jesser Røse Gallagher

Mary Schmitz Jenny Gibbs Emily Landry Kitri Zezza

Meghan Breen Abby Estep Sophia Madore



any students throughout STMA head to the lake with an ice auger and fishing pole in hand. Ice fishing isn't for everyone, especially if you do not prefer the great outdoors in the frozen tundra of Minnesota. However, if you do choose to brave the harsh winter weather, there are some things you should know. It is said that the early bird gets the worm, and this rings true for ice fishing. "A normal day of ice fishing starts at about 7 a.m. I have to get up early, but during this time I will have the most luck," explained Christian Eiynck (15). Most people find every part of ice fishing. to be relaxing and enjoyable, but sometimes the fish can have some fun too. Eiynck added, "When the fish takes my bait, that can be really annoying." Ice fishing outside during the winter months and catch some fish in one of Minnesota's 10,000 lakes. Eivnck explained, "My favorite part about it is eating the fish after a day of ice fishing. I love grilled fish with barbecue sauce!"

CATCH OF THE DAY. Ramon Frank ('15) holds up up his first catch of the day. This year was the first time he went Ice fishing. "I've only gone fishing in the summer. Going during the winter was a pretty cool experience," said Frank.



'S' IS FOR SKATING. Olivia Salonek (17), Mallory Schneider (15), Camila Melnik ('15), Daniela Fernandez-Luhrs ('15), Laura Klein ('15)), Erin Daly ('15), Hailey Haas (17), and Micheyla Geraets (17) close up for a picture to hold on a fun time of ice skating. During the long winter months many STMA students enjoyed going ice skating together with friends in their free time to get their heads off from school work and spend some time together. "I started ice skating last year. My brother has always been ice skating and I wanted to try it, 22too. So I bought my own skates," said Salonek



This year the winter was nothing like expected. The little snow we got didn't stay very long and for many students this meant to give up activities like snowmobiling. But not having a lot of snow also meant no icy roads and less issues with driving to school.



FASTER. Anne Boesen ('18) gliding down the hill during sections. This year Anne had ski practice almost every day during the winter to prepare for sections starting in January. "All my winter memories are of skiing just because I do it the whole winter. I've always done it, it's kind of just something that grew up with me," said Boesen.

#### **Be ready for the Slopes** What you need to go skiing

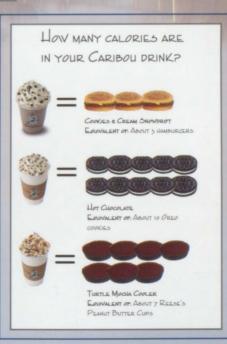




STICK TOGETHER. Anne Boesen ('18) and her sister Rachael holding their skis for the camera. Anne has been going skiing since she was six years-old. This year she joined the high school team."I've improved a lot during the last year. Being in the high school team and having more practice really helped," explained Boesen.



**DRINK IT UP.** Seniors Erin Daly, Daniela Fernandez-Luhrs, Lexi Heil, Abbie Herbst, Mallory Schneider, and Kristen Haller sit together in Caribou enjoying their drinks. Many students came to Caribou during the winter months to relax and spend some time with friends. "I go to Caribou because I get good coffee and it's a good place to do homework or just to hang out with friends," said Schneider.



















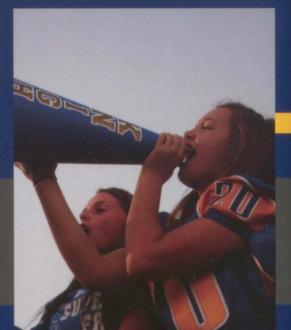
































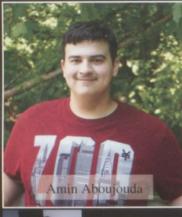


## SENIORS

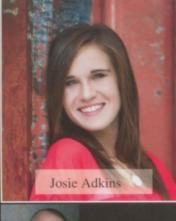
Not Pictured: Itzel Bando Garcia Nathan Degler Emily Evangelist Kevin Grove Emilia Moonkine Desiree Weaver

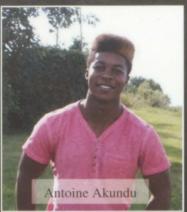
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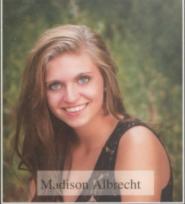
### Class of 2015



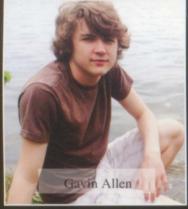






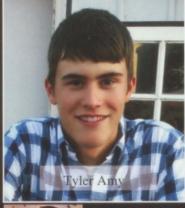






















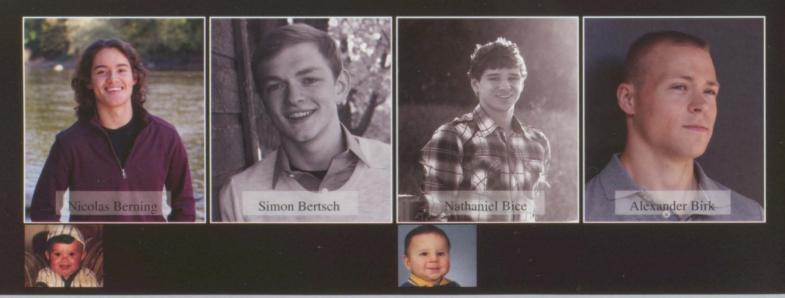






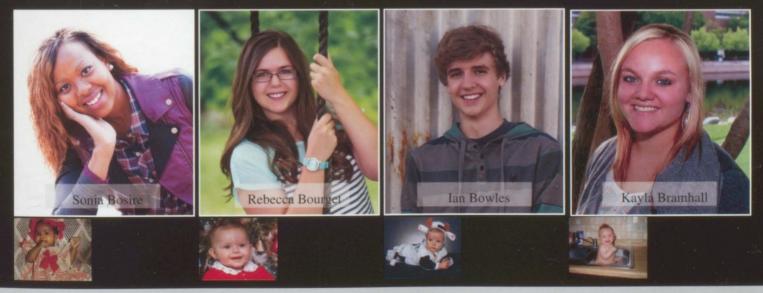




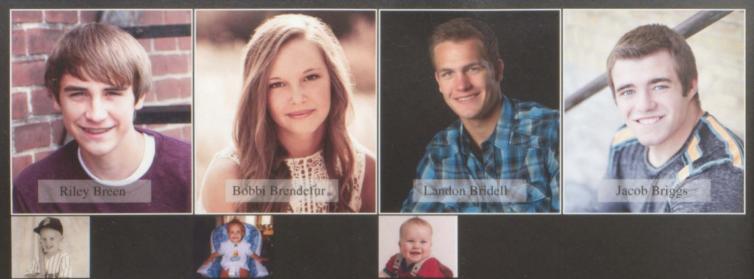








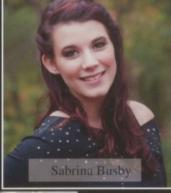
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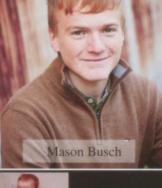




















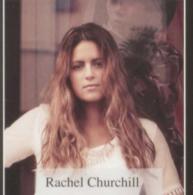






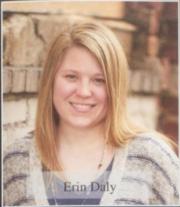








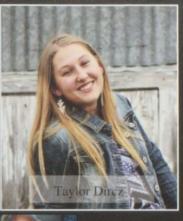












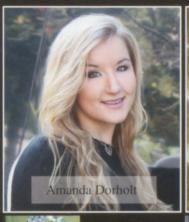


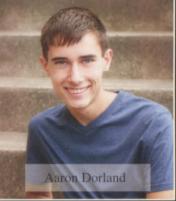


Megan Doboszenski

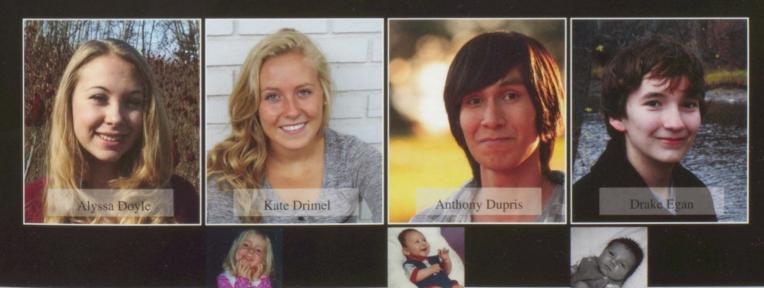


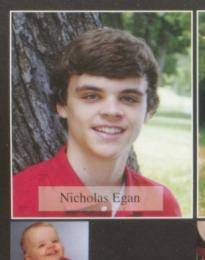










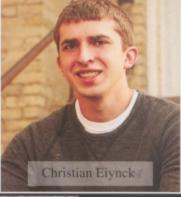




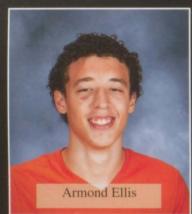


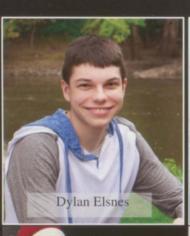
Luke Eicher

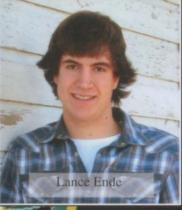


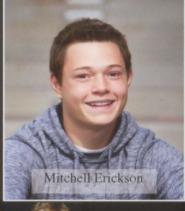




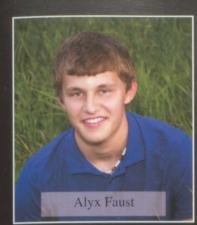






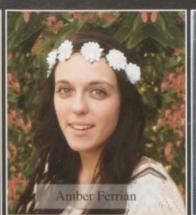






















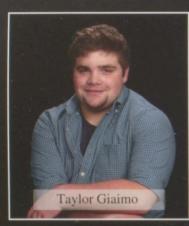














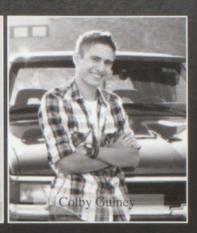








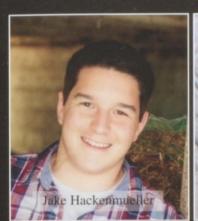






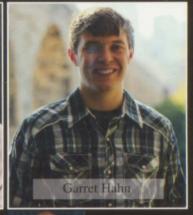
















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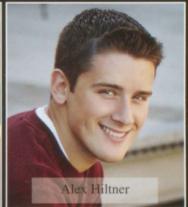








Heather Heyerman

















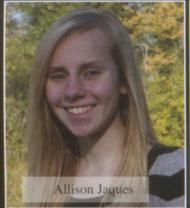












Daniel Johnson





Madelyn Jesser



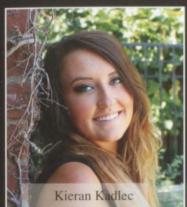








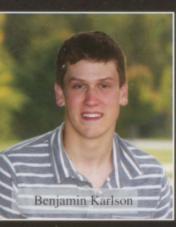


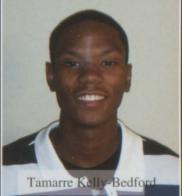


Abby Kiesner



Tate Kindom





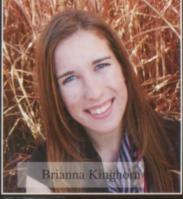








Rachel King

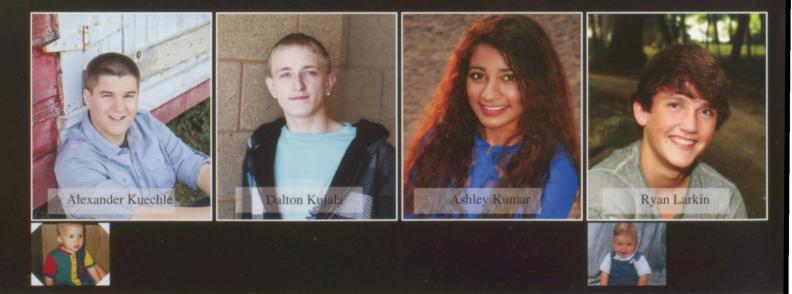










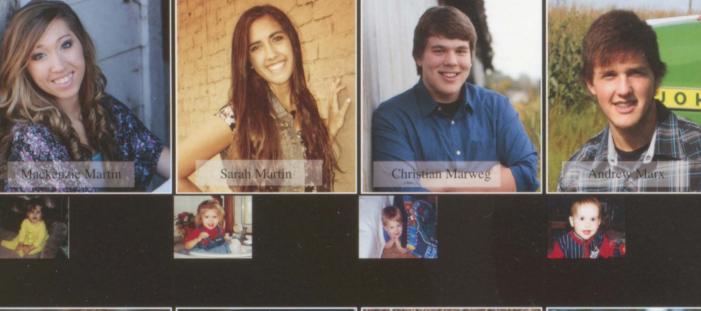












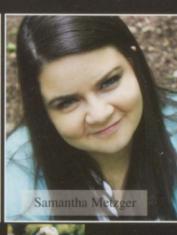


















## Kennedy Molitor Elias Moore Ryan Moore Jacob Monseth

















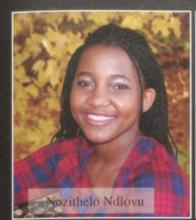














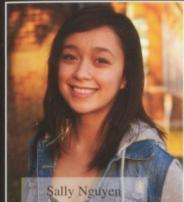




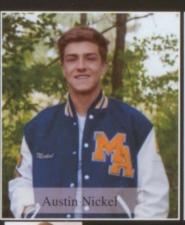






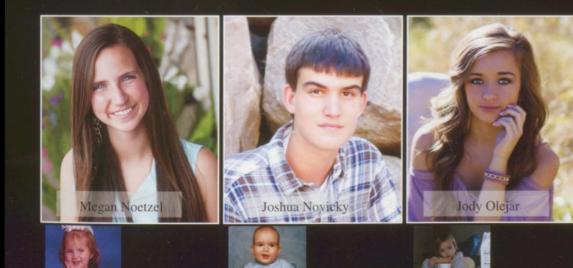












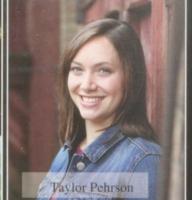






Trent Olson



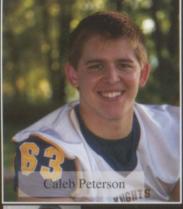










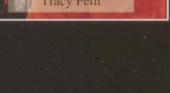










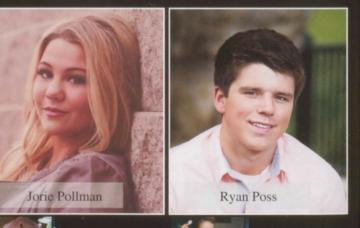


IN

Justin Pittelkow











THE

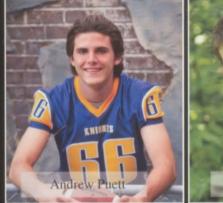
Nicholas Pitman











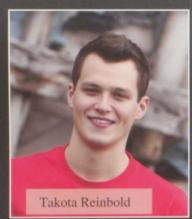






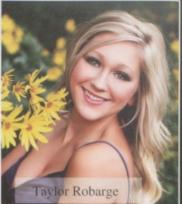










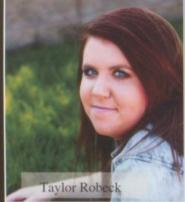














Jon Robinson



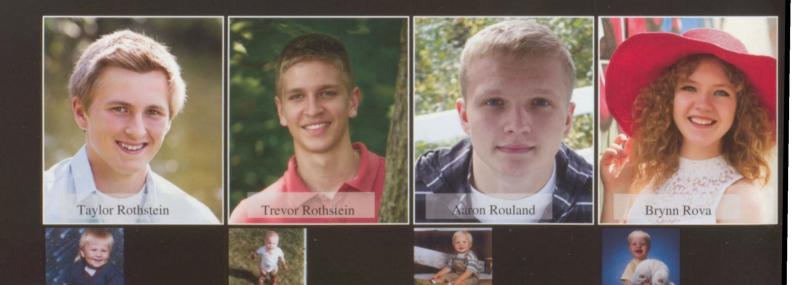




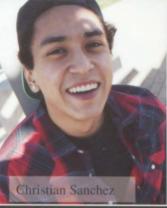












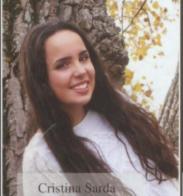






















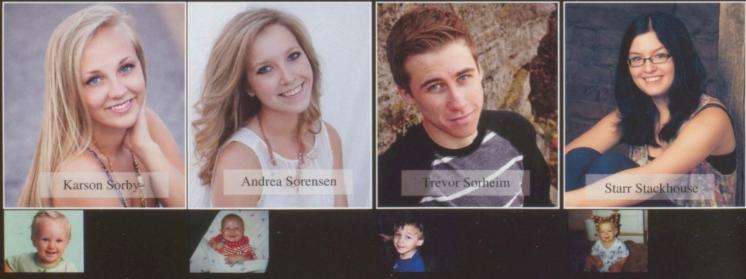




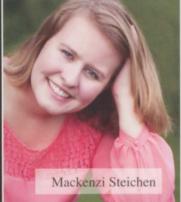


## Class of 2015

















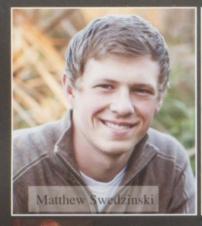








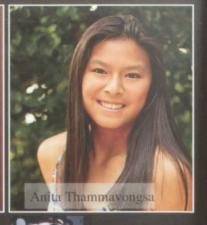
## Class of 2015



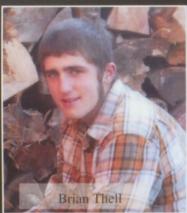




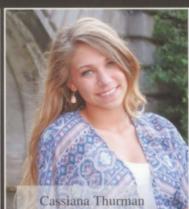


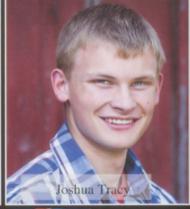












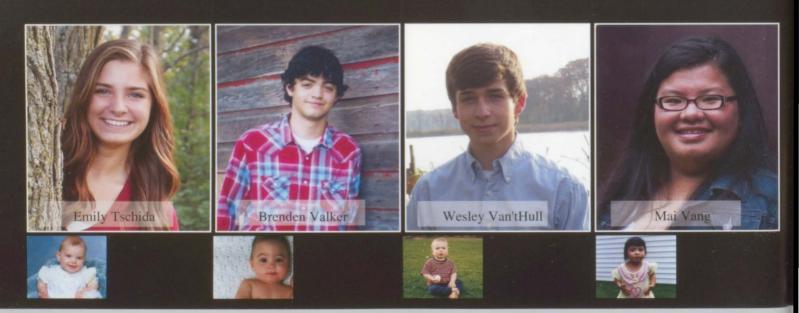






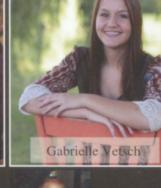




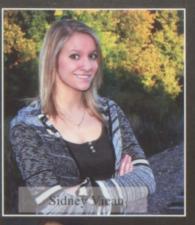












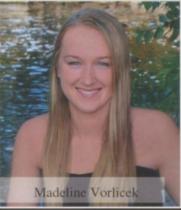


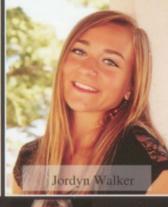






Taylor Vlasak







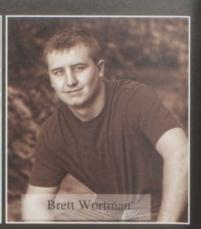








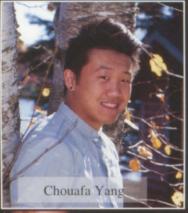






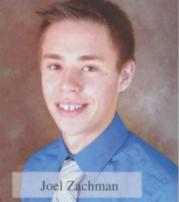






























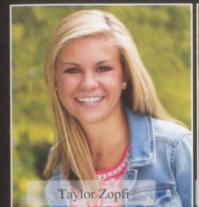


















# TALL OF FAME

## **Best Dressed**

## **Best Hair**



Taylor Robarge & Nicholas Batchelor



Nicolas Berning & Jorie Pollman



## Most Likely To Succeed

## Class Clown

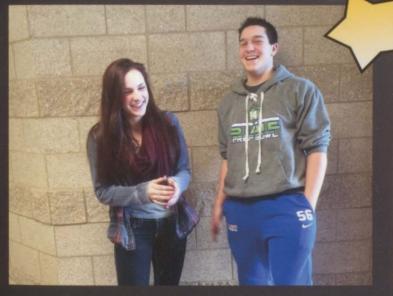


Jacob Monseth & Madelyn Jesser



Brady Swartzer & Carly Larson

## **Always Laughing**



Victoria Barr & Jake Hackenmueller

## **Most Talkative**

Ashley Stecker & Ryan Larkin





#### Most Likely To Get ID'd When They're 30



Julia Leigh & Mitchell Erickson

## Most Shoes



**Destiny Markley & Noah Evans** 

## Always Late



#### Jacob Briggs & Nicole Blake

#### Most Likely To Become a Professional Athlete



Jordan Joseph & Rachel King



### Bleeds Blue & Gold

#### Most Likely To End Up On Broadway



Blake Berning & Hannah Schutz

#### Most Changed Since Freshman Year



Joseph Hebeisen & Lily Walters



Tate Kindom & Christine Lenneman

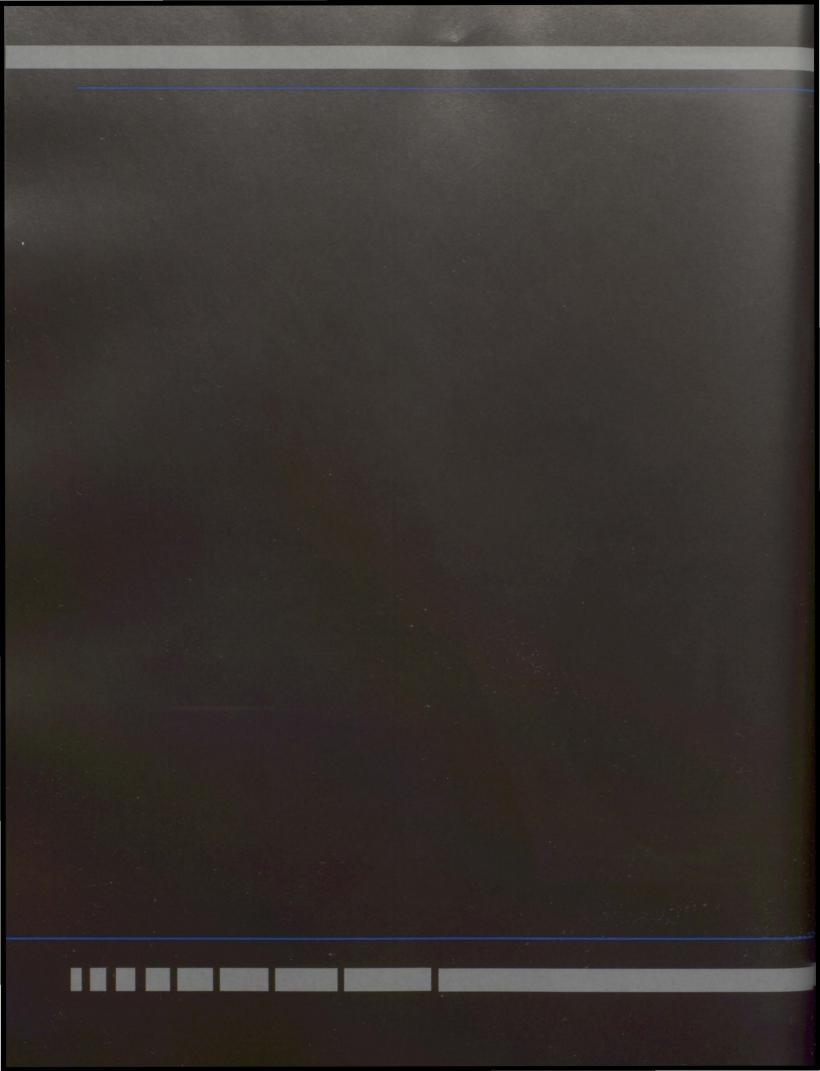
## **Most Unorganized**



Lucas Myhre & Alexandria Simpson







#### To the Class of 2015:

Congratulations! You have successfully completed your 700 days at STMA High School. Your class has achieved many accomplishments. Whether in the classroom, on stage or on the athletic fields, your class exhibited a desire to lead by example and guide our school community. The legacy of the Class of 2015 will be remembered for many years to come.

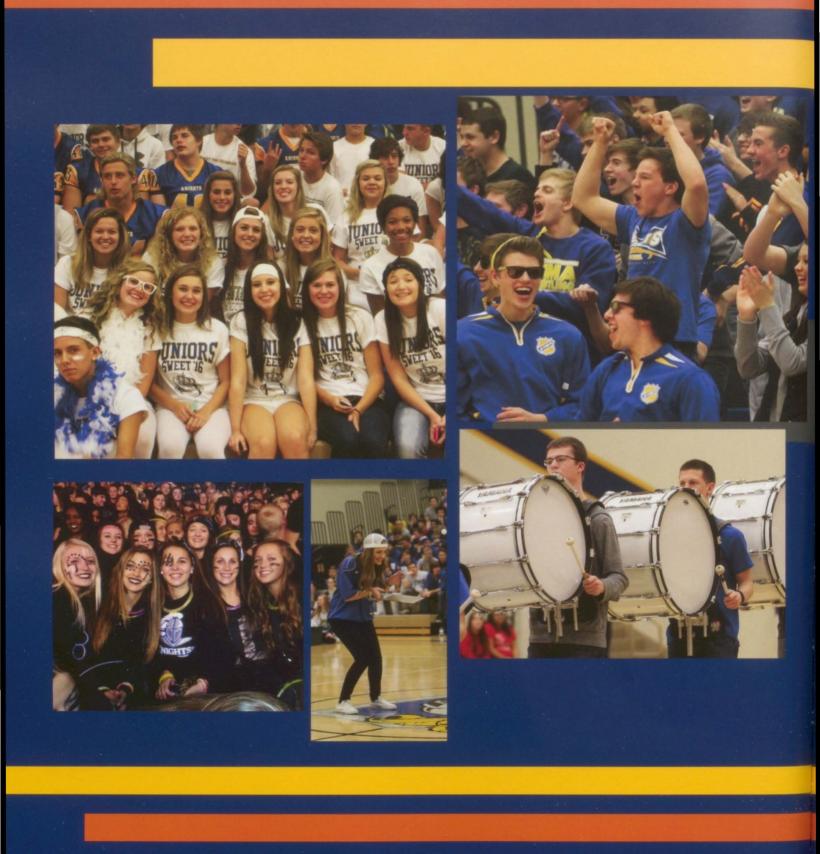
I am confident that the education that you have received at STMA High School will help prepare you for all your future endeavors. Hopefully, the wisdom that you acquired, along with the friendships you have built will enable you to reach your dreams. On behalf of the high school staff, I would like to thank you for your commitment in making STMA High School a better place for our future students.

Good luck and we look forward to hearing about your many accomplishments!

Mr. Driver

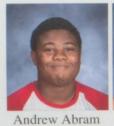






## JUNIORS

Not Pictured: Abigail Miller Alex Yunker







Abigail Adika









Asif Ally



Ryan Alstad



Anderson



Katelyn Anderson



Nolan Anderson



Marah Arndt





Raeann Athman







Nixon Avendano Andrew Babcock Jason Backlund



Danielle Bagne



Alex Baldwin











**Emily Bedman** 

Marshall Bjorlin



Tucker Bjorlin

Nathaniel

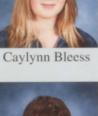
Bratager



Heather Bentley Brandon Berning













Daniel Bivans

Emily Boyce



Brandon

Brommer

Zachary Bracken

Kelsie Brott

Clarissa Bredemeier





Kaitlyn Budion Mackenzie Burke



Madisen Briggs



Madeleine Busch





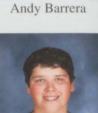
















William Berning















Jake Bredesen



Michael Bury



Christopher

Brewer











Noah Carpenter







Lindsey Cederberg



Chambers



Jackson Connelly



Brandon Cool

Rachel

Chouanard





Collin Dahlman Clare Culhane



Carpentier



Ryan Cisewski



Brian Colgrove



Caitlin Daly



Dexter Dehmer



Heather Dehmer Miranda Dehmer





April Dick



William Dierberger



Zachary Dallum

Brittainni Doble



Lauren Dobson



Mitchell Dold







Mckenzie Ebert Alexandra Eckert



Tristan Eddy



Mckenna Egbert



Kaitlen Ege



Joseph Eicher





Braden Eliason Meghan Emerson





Noah Ergen





Jeremiah Eull

Mckenna Eull Kiana Eystad



Karissa Fairburn

Levi Falde











Alaina Felt

Michael



Libby Fesenmaier



Jackson Fisher







Dylan Fox



Elizabeth Gebert



Jeffrey Geiger





Jake Gallagher



Seth Gardner

Jennifer Gibbs Chelsi Gfroerer





Gaypia

Megan Goede







Bryan Goehring-Reinhart



Kolton Goepfert



Brianna Goodchild



Nolan Grambusch

Christopher

Haglund



Connor Greenwood





Gudmonson

Jayson Giese





Sydney Hanlon





Hunter Hansen



Makayla

Angela Hanson



Riley Haehn











Kaleigh



Ashley Hawkins

70

**Rylie Hayes** 

Douglas Heairet



Alton Hegg



Paige Hemmer

Brandon Heiber





Ethan Her

















Evelyn





Kevin Hiltner



Jake Hinz







Parker Holm



Kayla Horn





Austin Jeffries





Nicholas Hyde





Mitchell Jaeger



Jovon James



Lynsey Jans





Lucas Jenkins



Johnathan Jensen



Lucas Jeske



Zachary Jocelyn





Mariam

Karkache

Travis Johnson





Adam Jurmu

Ryan Kennedy



Zachary Kainz









Andrew King



Cassandra



Abby Kirk

Coltan Koenig



Katie Koetz

Kennedy Keller



Taylor Kemper



Connor Klatke

Jacob Kolasa



Blake Kloster

Madelyn Konsor



John Klysen

Anika Korpi



Catherine







71

Allison Kostreba Briana Kotchen







### DOUBLETROUBLE

Tucker & Marshall Bjorlin

Isabella & Alexandra Eckert

> Hunter & Hailey Hansen

Sydney & Hayley Lenz

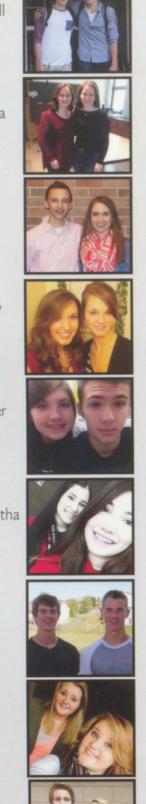
Madison & Carter Luedtke

Stephanie & Samantha Sklenar

Austin & Jacob Veire

Emily & Erin Waldorf

Jared & Jocelyn West









Mckayla Kowalczyk







Alexa Labarabera Landon Laman







Brent Lange

Sydney Latterell

Aaron Lawler







Lukas Layton

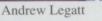
Bret Lee







Vanita Lee











Cameron Lehmann





Hayley Lenz



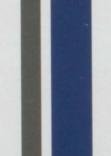
Sydney Lenz

Donald Leuer

Nathan Liebelt

Austin Lillo

72







Lindenfelser



Holly

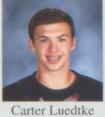
Lindenfelser



Abbey Long



Connor Loscheider





Madison Luedtke



Alexis Lund



Chad Malmon

Jack Mcdaniel



Jack Mcgowan

Ryan Marhula Matthew Marran



Carly Marron





Gianni Mercado Aragon



Jeremy Moran

William Merkl

William Mozis



Nicole Meyer

John Munkberg



Kylee Munson



Mitchell Mckee Carissa Mclellan



Alysa Mercado



Andrew Moen



Jackson Nadeau



Nicolas Nelson



Ryan Nelson



Anna Nietfeld



Zachary Nygaard



Caitlin Myers

Peter O'neill







Lauren Otteson





Taylor Olson



Ryan Olupo

Danielle Myers





Cassandra Oie

Nolan Olsen



Claire Olson























Whitney Perry



Abigail Peterson

Jacob Peterson



Kaitlin Peterson

Paige Pettit Savana



Ethan Piecora



Justine Piersiak



Madeleine Pipenhagen



Anastasia Pohl



Rachel Pomeroy



Ethan Prindle

Phengmany

Rochelle Puncochar



Nikhil Purohit



Jacob Radtke

Lindsey Rederer Jacob Reinking







Owen Roed





Katlyn Rohrer



Anna Roach

Evan Ronsen

Emily Ruhland



Mikayla Ronyak



Caroline Roberts Emily Robertson

Connor Rose



Jakob Ross

Isabella

Rodriguez



Sarah Ross



Joseph Salonek

Mckenna Rogers



Erich Rotenberger



Anthony Sauer





Nicole Runge















Stephanie Sayee Taylor Schlimme











Mary Schmitz



Zachary Schoen



Genola Segbee



Joshua Schmidt

Mackenzie Selle



Jacob Sherry



Kara Simonson



Eron Simpson



Eric Sjelin



Samantha Sklenar



Stephanie Sklenar



Cody Sellman

Alison Skon



Austin Smith



Carter Smith

Serina Spooner



Greta Stanton

Jacob Smith



Ryan Smith



Emily Solberg



Parker Sonenstahl



Alyssa Stecker Brandi Steinbach Tayllor Steinmetz Davon Stephens-



Jeremy Sorenson

Fitzsimmons







Brandon Sukhu Angela Summers Ryan Sustacek

Marshall Geena Stepp Stevenson







Marissa Stifter







Ronald Tanchin

Jack Terwey



Levi Sturos

Emma Thiemann









Kyli Thomas













Sydney Tracy





Syreena Trombley



**Emily Turnquist** 



Witt

Vanderheiden



Kaitlyn



Ka Vang



Austin Veire





Leah Verbrugge



Justin Vetsch



Jodi Vit



Matthew Volby



Jonathan Wahlberg

Blake Wedell



Emily Waldorf





Claire Wallace



Emily Waller



Nicholas Wendel



Gabrielle Walstrom

Wermager

Hunter Wilcox



Jacob Walters

Madalyn

Williams

Jared West



Johnathan Wegler



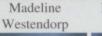




Taylor Weinand



Isaiah Weston





Tre'vyon Wilson



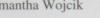
76

Michael



Adam Wnuk

Samantha Wojcik



Bayley Woolhouse



Wilson

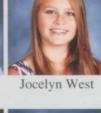


Gregory Wurm

Lena Wilson



David Yang

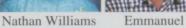






















Kelly Zajac



Brittany Zajicek





Ashley Zimmer



John Zimmer

Trevor Zins

## JUNIOR SPOTLIGHT:



Maddie Briggs, a junior varsity girls basketball player, has had a passion for basketball for as long as she can remember. When she was just a toddler, she was diagnosed with Turner syndrome. The disease has kept her from growing very tall and has also caused her some heart problems. In late January, Maddie had open heart surgery. A week before her surgery, she got the opportunity to play in her first varsity game which was against Big Lake. At the game, everyone wore neon colors and sweatbands to show their support for Maddie. She was put in the game in the second half and she ended up helping with the teams victory by scoring six points. The support meant so much to Maddie and her family. After the game, the team gave her a letter jacket. Maddie expressed her excitement by saying, "It was awesome. It was literally a dream I've had since I was a kid."

"I'M ALL ABOUT IT. BELIEVING IN YOURSELF, BELIEVING YOU CAN DO ANYTHING YOU WANT. AND NEVER BEING AFRAID TO FOLLOW YOUR DREAMS.

77











## SOPHOMORES





Catriona Ailts



Akkerman



Emmanuel Akundu



Mubarek Al-Mutawa



Gadeir Ali



Jacob Allar





Eric Amy



Anderson



Justin Anderson Marie Andrescik



Braedon Apelt



Kayla Arns





Michael Asbury Katherine Atcher



Jack Avery



Markus Aydt Jeremy Backman



Maison Baker



Brennen Baldwin Gabrielle Barclay





Carrie Bartel

Alejandro

Behling



Donald Barthel



Tanner Barthel



Ariana Beljulji





Jayna Berndt



Bethany Becker

Kaitlyn Bernhagen



80

Miranda Blake

Nicholas Berning

Brianna Bohler

Sarah Bedsted





**Taylor Bohme** 



Benjamin Beise

Wyatt Bice



Katie Bierstedt



Ethan Bell



Carl Blake



Sydney Bothwell



Destiny Boll











Enna Boos





















Samuel Bong









Kaci Brendefur



Austin Broman







Travis Brown

Mitchell Bourgerie



ZePhryn Brown Cheyenne Brunk

Eric Buck



Vang Bui





Connor Cahill

Caitlyn Caird



Jessica Camp



Ashley Cantwell



Bradley Carufel





Sydney Cary



Nicole Cavanaugh





Zachary Chervenak



Dominic Clemons



Asaba Chomilo



Heather

Christman



Josclyn

Christopherson



Lauren Cichoski



Ethan Cornell

Zachary Dehmer



Arianna



Hana Domingo



Oyinkepreye Donbraye

Abigail Devine





Emma Dorholt Zachary Dornfeld





Megan Dick

Emily Duley



Lucca Dimitroff





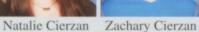


Elise Durre



#### Anna Dunn









Ryan Copeland Mason Cornelius









Seamus Devine

















Cory Eull



Ryan Everly



Isabella Ferrozzo



Jack Fiedler



Lindsay Finnerty Abby Fischbach



Eric Fitch



Meghan Florip



Carlynne Folkestad



Matthew Follestad

Makenzie

Fredrickson



Rachael Follestad







Mitchell Fournier



Madison Gallagher

Elijah Gieski



Emma

Gallagher

Mary Gillach



Carly Gamrath





Zachary Gaulrapp





Eva Gjesvold



Goenner





Kevin Gruwell Grace Haakenson

Jake Gilleland Samuel Gilsrud



Kaia Greely













Connor Greseth











82



Mackenzie Goodin











Maggie Foltz

Anthony Forpahl



Evan Foster





Jared Gagne

Sophi Gagnon

Easton Giese



Goodfellow









Haley Hahn



Jordyn Hakes







Zachary Hanson



Callie Hardesty





Isaiah Harken

Elizabeth Heil







**Tiffany Hawkins** 



Kyle Hayden



Wesley Haynes



Brandon Heaton



Haylee Heieie





Max Helgestad



Zachary Hendrickson



Joseph Herbst



Mitchell Hilden



Devin Hills



Michael Hilstrom





Haley Horning



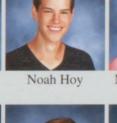
Erik Houle



Hodge



Jonah Hoy





Makenna Huber



Ian Holt

Emily Hughes



Susanna Holt







Beau Irvine



Caitlin Jansen

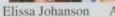


Max Jensen





Paige Jensen Tori Jensen



Addie Johnson

Autumn Johnson





Johnson

83







Raeannah Johnson

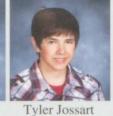






Julius Jones





Paige Joslyn







Alexandria Karm









Lauren Kelley Lauren Kelley



Jack Kelly



Elizabeth Kemmetmueller





Kollin Kiddoo



Julie Kilian



Christina Kinghorn

Rikkia





Morgan Klein



Emma Kline



Kyle Klocke

Sonie Kollie

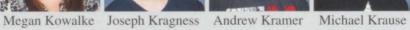


Delaney Kneefe



Kailey Knight





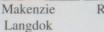






Megan Koepke





Rylee Larkin



Megan Kucera





Tyler Kueker

Timothy Lee





Jackson Leigh Trevor Lefebvre

























84





- Megan Larson







Cole Lenneman

Rachel Lenz







Ty Lesmann

Maxwell Lezer



Jacob Lillie



#### ONE

HOW MUCH TOTAL TIME A DAY DO YOU SPEND **USING YOUR PORTABLE DEVICE?** 

LESS THAN ONE HOUR 1-5 HOURS 5-10 HOURS 10-15 HOURS



SOPHOMORE

SURVEY

TWO WHAT APP DO YOU USE THE M OCTO







8%

55%

28%

8%

THREE WHAT DO YOU USE YOUR MOBILE DEVICE FOR?

SOCIAL MEDIA	36%
COMMUNICATION	54%
TAKING PICTURES	1%
GAMING, VIDEO, OTHER	9%



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6%

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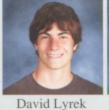














Tyler Mackie

Ekaterina Lindberg



Sophia Madore

Karley Mager

Tyler Malerich



Dahson Mann





Myles Marquette Addison Martin



Tiffany Maurer







Carley Maxwell Allison Mccarthy Karri Mcdowell Allison Mckellips Kyle Mckellips



John Metzger



Cole Meyer



Molly Meyer





Jeffrey Miller

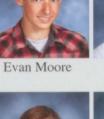


Lucas Miller



Rachel Miller







Jacob Moore







Tyler Mosby

Ryan Nelson

Sarah Mulder







Valerie



Tina Nguyen

86

Bryce Niles

Kasiah Naranjo Brandon Nelson

Thaddeus Noel





Isaiah Nolan







Brynn Olson





















Isabella Nyhus









Julie Opatz









Aliceanne Pegg



Nathan Pelant



Sabel Peterson



**Robert Petit** 



Noah Pitman





Lindsey Pittelkow

Jonathan Preusse



Makayla

Plocharski



Madeline



Noah Polfliet



Anna Poss



Abigail Rahne



Jacob Rankila

Tyler Postuma



Grayson Pratt

Carter Reese



Kathryn Reeves



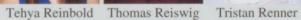
Austin Primm





Nicholas Putnam

Chloe Pohl



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Heidi Riddle



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Taylor Robers



Andrew Roberts



Chase Roe



Blake Roisen



Carl Romero



Allison Ross



Dane Ruberto



Kadan Russell









Kayla Rustad





Olivia Salonek



Taylor Sandhoefner



Nicole Schade



Jesse Schaffer





Nathan Schindler



Madeline Schmidt



Schmidt





Sarah Schoenke





Sarah Semo



Madeline Seurer



Kailee Sharpe



Sydni Shelton Brody Sjoberg



Justin Skomsoyvog





Brightyn Sletten



Jared Smelter



Anne Snyder

Sara Steffens



Garcia



Tanner Sorem







Olivia Sundeen Nicholas Sundell



Grace Steffens

Brody Sunsten





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Tyler Swenson



Samantha Thammavongsa







Jacob Tourville



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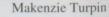
**Ronald Trost** 

Cassidy Trotter



Aleah Tucker







Brianna Sullivan



Jacob Thompson







Jackson Vanada



Vandusen

Justin Viirre







Marco Vasquez Gordon Veenhuis



**Richard Velez** Macedonio



Erick Wall



Joshua Walters



Nicholas Walters



Walters





Logan Vogt





Cora Werth



Sophia Weston



Noah Wick



Andrea Williams



Lillian Warnberg

Hailee Williams



Jonathan Williams



Nathan Willis



Camryn Wilson



Abigail Wolf



Alexander Wolseth

Joseph

Wimmergren



Brady

Brook Woodhams

Taylor Zack







Woodis



Kelly Zajac









Alina Yermakovich

Rachel Wright



Rachel Zajac Allison Zipp









Nicole Wojcik

Andrew Woldsnes













## FRESHMEN















Abigail Anderson Ariana Anderson Blake Anderson





Michaela



Nolan Babcock





Nicole Balcome



Ryan Balken



Shannon Ball



Carolyn Bania



Garret Barthel



James Barthel



Savannah Barthel



Marcus Bauer



Kody Beaulieu- Coty Beckstrom Sanders



Brady Berning



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Mathew Berning Nicholas Berning Samuel Berning Nicholas Bertek

Judson Bedell







Chelsea Beumer



Breanna Beuning



Elijah Bible



Heather Biehl



Jacob Bird



Allison Birk





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Danyan Blazek

Anne Boesen

Jessica Borer



Brandon Borowiak

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Dane Bowles

















Jacob Bennett



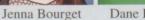






Abigail











Molly Brenny





Grace Bromley







Abbigale Brown Blake Browning Cameron Brunet



Madeline Brunner



Justin Capouch



Eve Buchanan

Ashley Carlson



Emma Carlson

Hailey Clover



Megan Carlson



Riley Carlson





Maxwell Buskey Sophia Caldwell



Dalton Carpentier Courtney Cayo



Rosanna Chanthamontry



Justin Cornell



Serenity Coy



**Bailey Craft** 



Taylor Connelly

Jacob Craft

Madison Craft







Lukas Dahlman

Gabriel Dalluge



Justin Damon



Delvin Dangan



Noah David



Katlyn Dehmer





Lindsay Dick



Makenna Dickey Katrina Dishneau





Whitney Dold





Rayanne Dooley



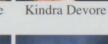
Alia Dorland





















Kyle Elkie







Zachary Emslander



Dustin Engen



Kevin Erickson



Henry Everson



Charles Falk





Matthew Feldick



John Felt



Parker Feuerborn



Jacob Filipek



Brenna Finley



Connor Fitzgerald



Erin Flammang



Brandon Fleegel

Kaydan Geiger



Marquez

Alexandra Geraets

Madison

Gondreau



Earlynn Follah







Alexys

Evelyn Gaunt



Nyah-Ziawon

Gaypia

Nicholas Gipson Konnor Goepfert



Lucas Greenwaldt



Greenwaldt

94

Jason Golden

Madeline Grubb

Isabel Gruby

Jacob Goodin



Shane Grunke

Miah Graczyk



Claire Gustafson



Samuel Hagen

Ian Graziano



Ashlee Halgrimson



Tyler Gfroerer









Peyton Grant









Colton Harrington







Michael Hauer



Katelyn Hawkinson



Cole Herman



Ethan Hill







Emily Hlavka





Logan Hendrickson



Cole Hennen



Kimberlee Hogan



Olivia Holgate

Hannah Hollerud Anthony Hopkins Hannah Houle



Alli Hinz





Hinton Hobza

Michael House



Hannah



Benjamin Huser



Ryan Hyde





Andrew Inthaly



Cole Jann





Courtney Jenniges



Aleigha Jennings



Hunter Johnson

Amber Jochim

Madeline

Johnson



Johnson







Racquel Johnson Kasey Jorgensen









Courtney

Johnson

Grace Joslyn



Garret Johnson



Madison



Ethan Juusola







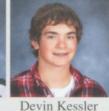








Jason Kasper





Andrew Kiecker



Zander Kimlinger



Kitzberger





Katelyn Knaus





Jack Koenen

Jeslyn Kolasa

Kyle Kurtz



Kolehmainen



Tanner Kremer



Evan Kriese



Marcus Krupke



Sydney Kuiper



Sebastian Kujala



Abigail Laduke



Corissa Lamere



Olivia Landry

Samantha Larson Cole Lehmann



Serena Lange



Ireland Rose

Madeline

Lemonds

Langer









Madison Lenarz Joseph Lenneman Josefyne Lentner





Kameran Loven

96

Kaitlyn Leonard Mason Leonhart

Lexi Lucas



Kloey Lekatz

Braeden Levandowski





Hope

Lindenfelser



Geneva Lyke



Bradley Madore



Devin Lewison



Deven Lundquist Tanner Luongvan Alexander Luther

















Max Marron









Cody Mattson



Sandya Maraj

John Mazurek





Patrick Mckee



Samantha



**Riley Mcmahon** 



Taylor Mcmillan



Travis Mcshane

Bennett

Michaelson



Megan Meilahn



Haylee Melina

Zoee Miller



Brooke Merila Jacob Metzger





Camryn Meyer



Zara Meyer



Shane Morris



Mounkine



Ellie Nelson

Madison

Mihajlov







Lexie Nelson



Nicholas Ness



Faith Monroe

Logan Nickel







Destiny

Anthony Nowak Hulda Nyabando

Cierra Nagovsky





Nyandoro



Teresa O'sullivan Nicholas Oakvik



Joseph Och













Kallahan Molitor

Wyatt Munson







Glafira Mustyatsa Jackson Myhre











Merena Olson

Spencer Olson



Clare Orham



Josiah Ornat



Madeline Oscarson





Preston Palmer



Keegan Papa



Noah Patterson



Natalie Pentz



**Evan** Peters



Alexander



**Connor Peterson** 



Elijah Peterson



Kaitlyn Peterson



Makenna

Peterson



Naomi Peterson



Samuel Peterson Joseph Petranek

Peterson





Julia Pieper



Kristen Pieper



Calissa Plocharski



Valjean Popowski



Kaylie Possone



Ashley



Sydney Richardson



Psyrille Romero Morgan Ronsen







Christian Reinking



98













Samuel Ronyak









Emma Pufahl

Peyton Resner

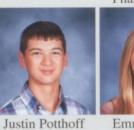


Megan

Rademacher

Taylor Richards

Jasmine Rojas





Emma Pribyl

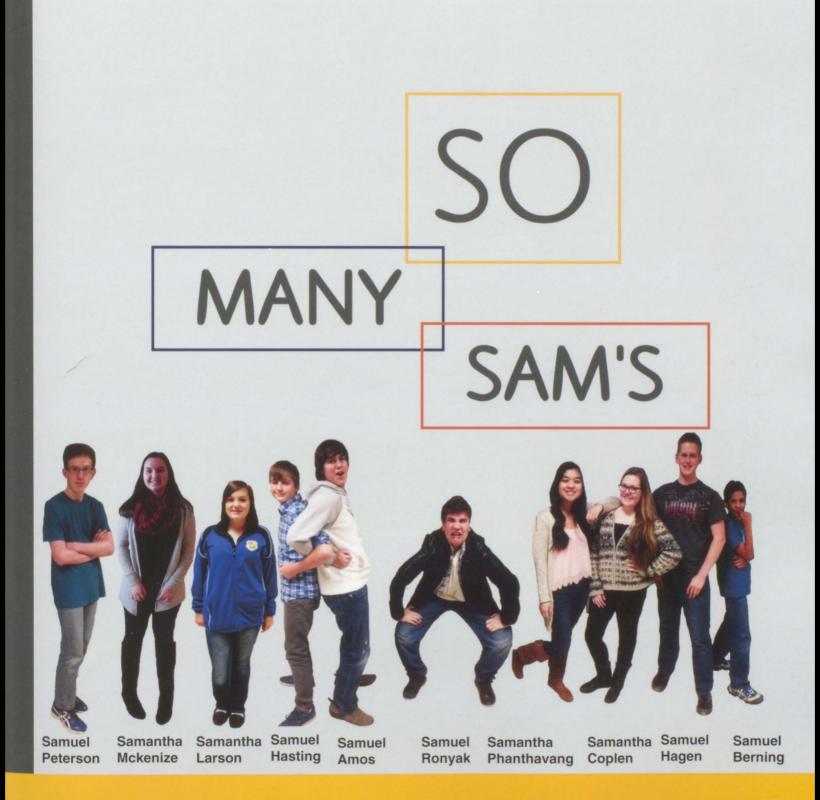


Brienna Reese















Tucker Sandin









Walter Saxe

Dylan Schaible







Clark Schmidt





Jacob Schmidt





Jordyn Schnell



Kyla Schnell



Jack Schoberg



Sidney Schoberg



Grant Schoen



Madison Schumm



Schuster

Nolan Schmitz



Ruthie Schutz



Morgan Sederberg



Ryan Selby-Pfahl



Keaton Selle



Nicholas Sellner







Jordan Smelter



Caden Sigerud

Carter Smiley



Alexis Silvernale



Ivan Simonovich



Blake Spetz





Austin Springer



100

Amber Steinbach Hunter Steinke

Jacob Steinke



Noah Sovis

Andrew Steinmetz



Ava Stende



Stephenson



**Kylie Stokes** 















Logan Suchy







Nathan Testa



Alexis Teters



Zachary

Trushenski

19 Tucker Vaughan





Ryan Tsoi

Vilatuth

Vimonkhon



Gabriel Thorp Xavier Thurman



Amanda Timp



Abigail Trenholm



Hannah

Vanhoorik



Kassandra

Hannah Vrkljan



Jena Vetsch

Katelyn Tschida





Chelsea Waindim







**Emily Tutland** Emily Upegui



Abigail Vanada



Kaylei Vonfelden

Jarod Walstrom



Brett Vonruden







Jenna Watson

















Benton Welle

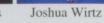


Alexi Wiessinger

Alex Wilde

Kevin Williams

Allen Winters



Taylor Wnuk



**Emily Wolcott** 

101



Trenton Vogt



















Molly Young

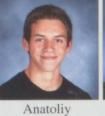
Madison Woodhams



Michael Youngberg



Ryley Zopfi



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Peyton Zahler

Caley Zajac

Brent Zastrow



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Dollars

March 23,2015

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### Kyla Scnell

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# MONEY MAKERS

The high school Business Education department teamed with Financial Security Bank of Albertville to teach the students the importance of budgeting and saving money. All 9th graders at STMA are required to take the class Computer and Financial Literacy. One day each trimester the bank sends two employees out to talk to the kids. After the bankers are done, each student writes an essay entitled "Who Wants To Be A Millionaire For A Day" about setting goals and the importance of saving and budgeting. One winner is picked from all of the classes each trimester and Financial Security Bank gives the student the interest earned on a million dollars for one day, around \$50.00, as a prize. This year's winners were Kyla Schnell and Cori LaMere.

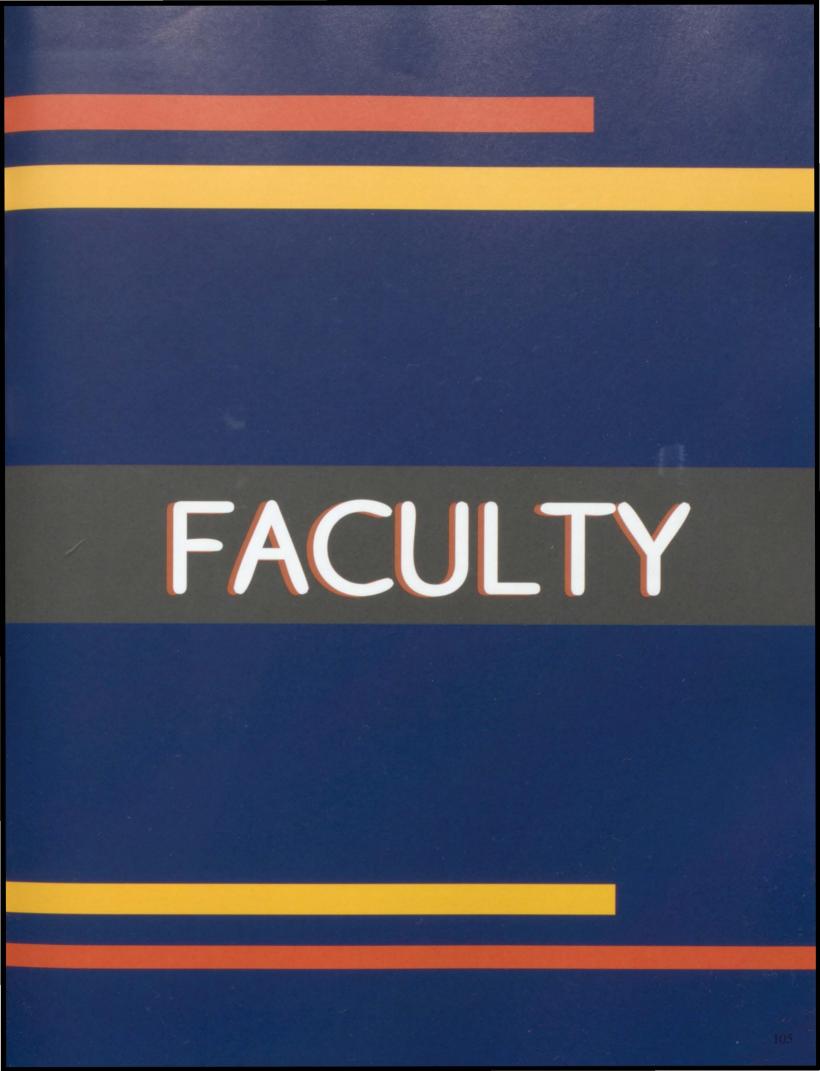
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	FINANCIAL SECURITY     B·A·N·K     March 23,205     Pay to the Order of Order Order of Order Order of Order Order of Order	
	For Essay Contest Rabert Barman 1000000001: 223"45671 0002	

### Cori LaMere













Shelby Ackerman

Matthew Amundson







Joshua Ausman



Daniel

Heidi Bast





Tara Belmore



Brian Benson



Kimberly Benson





Kelly Bovee



Roger Bovee



Debra Brager



Christine Braun



Jamie Bury



Jodee Butkowski



Kimberly Campbell





Katherine Christensen



Sara Churness

Ryan Dehnel



Keith Cornell

Sarah Dens



Darek Dewey

Debra Craft



Robert Driver





Kinsey Essler



Sandra Faulhaber



Jeanne Fisher





Kris Goodin





Jared Essler



Curtis Hahn



Kari Halker

Saathoff



Jacob Hamlet



Mitchell Harmoning



Sara Henrikson



Jolene Herfel Brianna Hershey





Scott Danielson







Tyler Hett



Susan Fox

Megan Gudmonson











Katie Hoppe



Ann Huser



Andrew Hutter





Derek Johnson



Laurel Johnson



Keith Kuhn



Stephanie Lahr



Kauffmann



Shane Kern

Abby Larson





Darlene Kolling

Melinda Kragness



Lori Leathers



Lenneman



Jennifer Lesniak



Kevin Lance

Molly Leuthner



Jane Lynch



Christie Larson

Lisa Maas



Sherri Larson

Tony Mallinger



Joshua Mann





Ellen Marschel













Katie W Mitchell

Shari Olsen



Terry Moran

Joseph Osowski



Gracious Msuya

Joseph

Peatrowsky











Lisa Perbix







**Rick Pool** 

Tate Nagengast Angela Narducci









Michael Mcgill







Julie Read









Laura Schuster



Kaitlin Sebens





Stephanie Shun



Caitlin Siems



Darrell Skogen





Adam Sroka



Janelle Stange



Dana Stanton



Teresa Steinbach

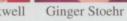


Nicholas Steve



Teresa Stockwell









Haixia Wang



Craig Wignes



Jamie Wiitala



Paula Wurst





Adam Zachman Shawna Zachman

Anne Zahler



Daniel Zahler

108





Terrence Zerwas



On a scale of

# Organized Are You?

"I feel like I am a **10** because I juggle many different tasks and keep everything together," said Mrs. Carlson

How





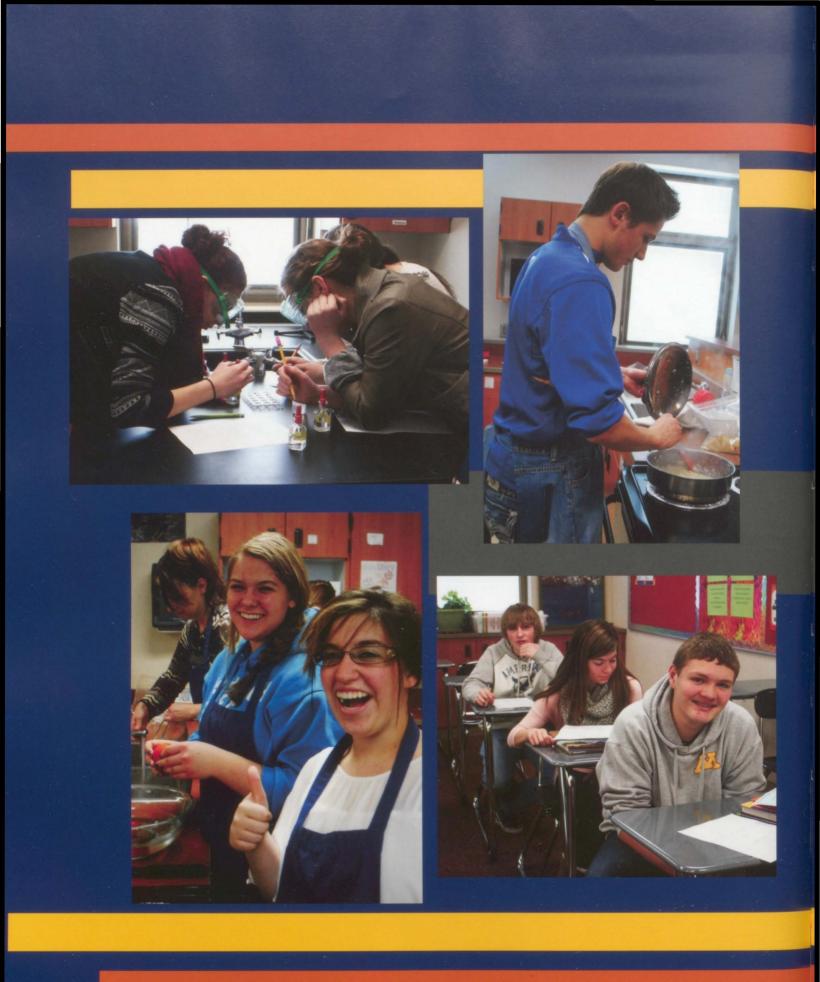
"I am an **8** because there are always things that I can do to improve," said Mr. Essler

"I am a **10** at organizing others, but a **3** at organizing myself," said Mrs. Fisher.





"Digitally organized, I am a **10**. Desk organized, I am a **4**," said Mr. Ausman.



## ACADEMICS

### FREEDOMOF EXPRESSION KNIGHTS BLUE N' GOLD

BNG broadcasts allowed students to express their creativity through the media arts. The students were given the freedom to experiment with new ideas while inspiring their peers to make the best possible broadcast. Each of them worked to portray both their own and the others' talents. This workshop environment created close bonds and a great team atmosphere. The students had a lot of jobs to fill: "Class members film everything themselves and collaborate together. Students edit footage in a Mac lab using Final Cut Pro software. We find songs for it [footage], we mix songs together, and we show it to Mr. Metcalf. We have a character generator, a video generator, a teleprompter controller, anchors, switcher, and floor managers," explained Emily Hamann ('15). Even though it was hard work, the atmosphere of the class was very easy going. Hamann summed it up saying, "KBNG is a place where you can be yourself, have fun, and do what you want to do." There was a certain freedom to the work they did. This class brought students together and allowed them to express their own ideas.



**THE STAGE.** Genevieve Vickers ('15) and Cheyenne Vavrina ('15) run through their script before going live to give the daily broadcast. For a flawless performance the equipment must be monitored to make the show run smoothly.



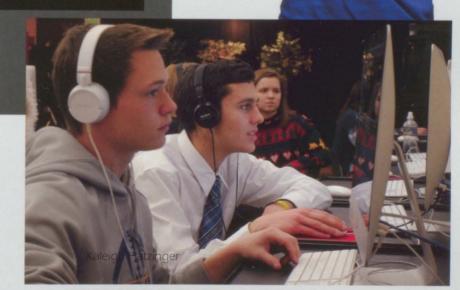


ACTION! Mitchell Erickson ('15) keeps a steady hand while gathering footage to be used used in a KBNG video. Broadcast students learned the best angles to shoot videos from to make a powerful and impacting shot.

PREPARATION PAYS. (Above) Mitchell Zachman ('15), Genevieve Vickers ('15), and Alexis Lund ('16) run through a quick practice before the live show. Students would prepare and run a live broadcast of the daily announcements along with student made videos everyday. Tamarre Kelly-Bedford ('15) said, "We do a lot of editing. It's hard work but it's the kind of work you don't mind doing."

48 414t

**RIGHT IN THE FUNNY BONE.** (Left) Some of the most memorable moments from the daily news were the short videos. The students of KBNG made many of these using their own creativity. These skits played on the broadcast, and brought laughter to students from all grades. The videos were also enjoyable to make, according to Tamarre Kelly-Bedford ('15) who told us, "I think my favorite part of this class is making the videos."



**IN THE STUDIO.** Mitchell Erickson (15) and Caleb Holt (15) picture edit videos. The students spend much of their time editing video clips to make the quality perfect.

FOR FUTURE REFERENCE

### Hard Work Pays Off

ach year hundreds of students choose a Family and Consumer Science (FACS) class. Some want to take this on as a career or some just want to learn a new skill. In the FACS pod you'll experience skills hands-on. That's why so many students love these classes! In here you'll learn techniques that'll be sure to stick with you for the rest of your lifetime. Whether it's baking a homemade cake, creating a blanket from scratch, or even caring for a child, the FACS classes are truly taught by the best. The students really have to work for their grade in these classes. Getting an 'A' isn't so easy when you burn your meal in the oven, but learning to fix mistakes is all a part of the class.

TEAMWORK. (Right) Students work together to prepare a meal and set the table for a dinner. Learning mannerisms is another part of Intro To Foods that most students don't know until they take the class.

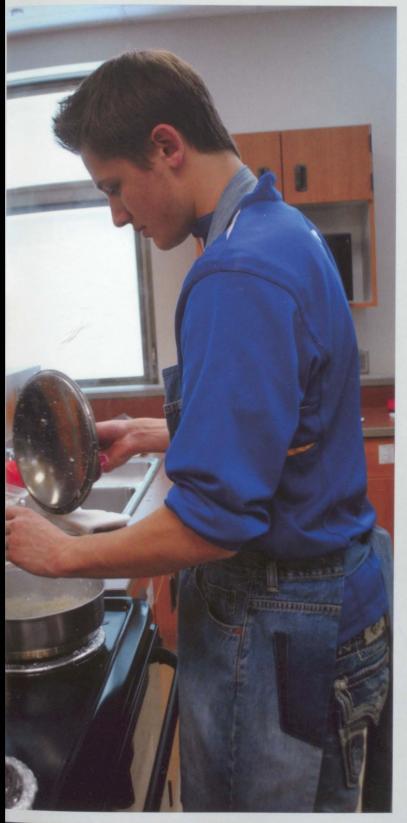






TASTY. (Right) Kaci Brendifur ('17) and Hannah Schutz ('15) practice making a delicious breakfast in their Intro To Foods class. "my favorite part of the class was eating our food at the end," said Kaci.

Stir. In the 'Intro to Foods" class, students learn to cook, clean, and set a table. "My favorite part of the class was eating the food we made after!" exclaimed Eric Buck ('17).









Work. Students test paper towel quality with water. They compare how durable the paper towels are to the price.

# EARTH ARTS JUSEH

 $\mathbf{A}$  rt the expression or application of human creative skill and imagination. Many of the students that were in the AP art classes are amazingly talented students. They expressed their feelings not by speaking, but by creating. Sculpting, ceramics, drawing, painting, photography, and digital art are many of the ways the students express themselves. AP art student Michael Bryant (15) mentioned, "It's my way of communicating how I feel to people, I'm not normally the type of person to stick out in a crowd. It's the best way for me to express my emotions. I want my photos to tell a story, a picture is worth a thousand words."



Gjesvold ('17)

an award. The unique shape, pattern, and colors catch everyone's

an award winning

piece.

Mrs. Halker, Mrs. Henrickson, Mrs. Settergren, and Mr. Ausman are teachers dedicated to their students and to their artwork. "We appreciate Mrs. Halker's dedication to all of her students. Her expertise is very helpful in making me become a better artist," said Rachel Ball ('15). Her favorite way to express herself is through digital photography. "I like to add more to my pictures, it shows more of the meaning, that's why I use Adobe Photoshop. One of my favorite photographers is Vivian Maier, she is my inspiration for most of my pictures." Each student that has joined the art field is individually unique yet uniquely equal.

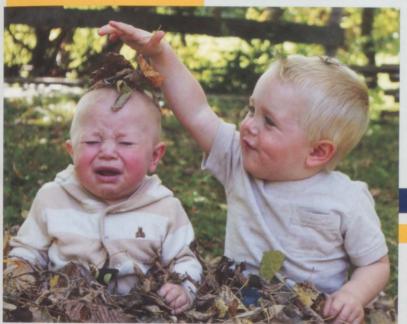
Focus. Lisa Kovacs ('15) photo 'Not Your Mascot" shows that it's okay to be different and stand out.



Walk. (above) a charcoal drawing by Amanda Dorholt beautifully executed. "Amanda is an amazing artist, i hope she goes far" says her sister Emma.



Burn Baby Burn. (left) "Burning Book" by Hannah Merges ('15) Hannah has created amazing sculptures over the years, but this sculpture in particular, is the school's favorite. Using a variety of materials she creates a masterpiece. Dune. (Left) a pottery piece made by Christian Marweg ('15) called Dune. Christian has been doing ceramics since his freshman year, continuousl y getting better and gaining skills



Fall. Marleigh Johnson ('17) takes pictures of her baby brother for her photography class, and later submits her photo to scholastic.



**CREATE.** KT Phanthavong ('15) uses his skills in Ceramics to create a pot. Skillfully using ceramic tools he gets the job done and finishes the pot.

**Panorama.** There are many different styles and ways to capture an image. One is by a Panorama. In this picture Cheyenne Brunk ('17) take several pictures and pieces them together to create a panorama



## Artist Spotlight







### MICHAEL BRYANT

Michael Bryant is an amazing artist from STMA High School. He has won many awards, but none as big as this. Michael has won a



\$60,000 scholarship for his amazing photography. " It was always my goal to win this award, I just never thought it would happen. It is definitely one of my most greatest accomplishments," stated Michael. His favorite thing to photograph is street photography. "I started photography back in Maple Grove in Senior High, after I came to STMA I started understanding more about photography and cameras, that's when I really got into it!" exclaimed Michael. All the photos pictures are examples of his photos. We are proud to call Michael an STMA student.



### Winning Photography

### TY LESMANN

Ty Lesmann has been taking pictures since he was a kid. "My uncle taught me how to use a camera, I've been taking pictures since then," said Lesmnann. Photography is an outlet for many people, for Ty, it's his way to express emotion. "Photography to me means capturing an emotion," added Lesmann. Ty won 3rd place in the Scholastic Visual Arts award. Although Ty is two years behind Michael, they are still in competition to win the best prize.



### Scholastic Winners



old Key winners were Kayla Arns, Michael Bryant, Amanda Dorholt, Eva Serena Gjesvold, Madelyn Jesser, Ty Lesmann, Kayla Arns, Alexis Lund, Molly Meyer, Rose Newman, and Anastasia Pohl. The Silver Key winners were, Kayla Arns, Rachel Ball, Alexander Bivans, Gracia Blazek, Michael Bryant, Mason Chartier, Samuel Czech, Amanda Dorholt, Sydney Gifford, Biftu Hassan, Anika Korpi, Lisa Kovacs, Ty Lesmann, Ekaterina Lindberg, Molly

Meyer, Rose Newman, Trent Olson, KT Phanthavong, Alyssa Pieper and Josie Swartzer. The Honorable Mentions were Kayla Arns, Bethany Becker, Christopher Brewer, Michael Bryant, Mackenzie Burke, Amanda Dorholt, Jackson Fisher, Sydney Gifford, Alyssa Heuanphommavong, Jed Irvine, Lily Johnson, Marleigh Johnson, Anika Korpi, Alexis Lund, Rose Newman Elijah O'Sullivan, Emma Olson, KT Phanthavong, Alexandria Simpson, Trevor Sorheim, Alexis Lund, Molly Meyer and Anastasia Pohl.



INTENSE. Sydney Gifford ('18) submits her drawings and paintings to Scholastic.

LOOK. Biftu Hassan ('15) wins a scholastic award for her photography, along with many other STMA students.





CREATE. Daniel Bivans (16 creates ceramic pieces in he art class.











# ACTIVITES





The saying choose your battles wisely can be associated with many subjects. But to STMA's debate and congress team it means exactly what it sounds like. Brianna Goodchild ('16), Alyson Aslteford('15), and Anastacia Pohl('16), were some of this year's team leaders. All three had a great season along with the rest of the team; however it isn't as easy as just picking a side of an argument and fighting for it. Goodchild says the most difficult part of a debate isn't even the actually debate itself but preparing for it, "You never know what the other team's case is so prepping for it takes time." Most of this takes place behind the scenes at practices. But even after preparing so much the team has to adapt to surprises, Astleford says, "To

respond to other team's questions you're always thinking on your feet." This is challenging to do on the spot, however, she managed to acquire this skill in just her first year on the team. Being on the debate team really opens your view and perspective of different topics, as a junior Pohl had her second year on the team, "It was different than last year because I had way more experience, and I knew what I was doing more." This year she has learned to really research her topics and this was something the whole team worked on. Because of this the team had a very good season with many members going to state and qualifying for the National Tournament.





**BIG WINNERS.** The Speech Team competed at St. Francis on Saturday, March 7th coming in 9th out of 11 schools. The competition highlights of the day included Allison Birk in Discussion, Emily Duley in Drama, Michael Wettschreck in Informative, and Reanna Marthaler in Prose all earning Honorable Mentions. Speakers who made it to the final round were Mallory Schneider, placing 7th in Prose; Megan Noetzel, placing 4th in Drama; Michael Wettschreck, placing 4th in Extemperanous Speaking; and Marissa Stifter, placing 1st in humor.

## STMA SPEECH





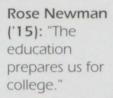
Dublic speaking is a critical skill you need in today's world. Joining the speech team has given many STMA students to opportunity to enhance and polish their public speaking skills. Students can compete in several categories in speech such as poetry, informative, and extemporaneous. A showcase explains categories of speech and what it is to audience. Sam Schmidt ('17) said "My favorite part of speech is waking up early every Saturday and meeting new people. Regardless if you win or lose, you still feel like a champion." Jenna Halpin (pictured left) added, "For the past 4 years, I felt that the speech team was like a loving family to me", Jenna says as she wraps up her final year of speech on the topic of karate. Another success the speech team had was having seen from Brianna Goodchild ('16) and Michael Wettschrek ('16). "My partner, Michael, and I won the Minneapolis tournament our first time this year! We won a coin toss nine time in a row, so we went Pro every time!" said Goodchild

### Why We Love WTC

Melissa Knott ('15):

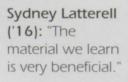
"Classroom sizes are small so we get a lot of 1 on 1 time."

Cassie Oie ('16): "We get so much handson time."



Shawna Heaton ('15): "The instructors are awesome."

Erin Waldorf ('16): "The classroom is so fun & energetic!"



**Destiny Markley** ('15): "Tuition becomes cheaper if we attend WTC.'





















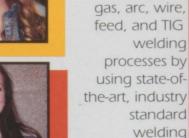












Welding

designed to meet industry proficiency

safety and skill

Students learn

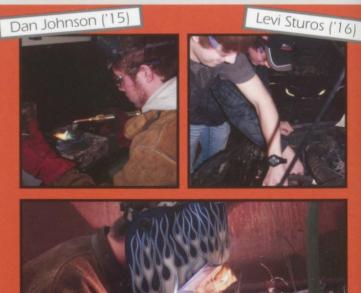
equipment.

level attainment.



### Welding Technology

Danielle Chatterton ('15



WTC photo







Danielle Chatterton ('15) is pictured to the left. She is a second year student at the Wright Technical Center. She told us: "Ever since I was a little girl, playing around with hair and makeup has been my passion. When I came into high school and heard about the Wright Tech Program, I was ecstatic. Being in Cosmetology for 2 years has definitely given me the opportunity to get a head start into my future."

Sydney Latterell ('16) is pictured to the left giving a full and complete manicure. She is enrolled in Cosmetology!

#### Photography by Kelsey Jorgensen ('15)



Alyssa Piper ('15) and Shawna Heaton ('15) both attend the Health & Science Technology program.

To the right is a glimpse of what happens in Graphic Design.





Rose Newman ('15), Cassie Oie ('16), and Leah Verbrugge ('16) attend Health & Science Technology program.



**Construction Technology** 



When students enroll in Construction Technology, they become a member of a construction crew that builds a complete house from initial layout through final trim work. Taking this program, you will learn all of the essential components needed to build in the construction





Arijana Karic ('16) and Abigail Sundeen are pictured to the top left in Health & Science Tech. Brandon Haliburton ('15) is pictured to the bottom left and top right. He attends Automotive Technology.

### NEW YORK LEARNING EXPERIENCE



**STOCK EXCHANGE.** The BPA kids took on the New York Stock Exchange as their first outing in "The Big City" on December 11th. Inside they listened to Kenny Polcari, the Director of the NYSE Floor Operations, give a presentation on what it's like to be apart of the largest stock exchange in the United States. "I was surprised to see how quiet and organized it was inside. I thought it would have been more chaotic and busy," explained Megan



RADIO CITY. After a full day of exploring the New York work force, the BPA students were off to Radio City to see an incredible Christmas performance put on by the Rockettes. "It was high energy and lots of smiles. It was a nice night in NYC," recalled Nolan Olsen ('16).



**BROADWAY.** The BPA students got to experience the thrill of the theater watching a spectacular show on Broadway. They got to see the play Aladdin, "It was one of my favorite parts of the trip, the play was absolutely phenomenal," commented Jody Olejar ('15).



#### ADVANCING TO STATE.

The team of Alexa Wilkes ('15), Meghan Winans ('15), Taylor Blank ('15), and Anne Caron ('15) held their plaques after placing 1st for Financia Analysts teams. "Through all of our hard work and early morning meetings it was great to know it all paid off. It was a great experience to be apart of," expressed Blank.



PA is a business club offered for students in grades eleven

and twelve. The advisors are Renee Carlson, Tony Mallinger, and Brianna Hershey. BPA is a national organization consisting of over 43,000 members, in 2,300 chapters, in 23 states. The BPA chapter continues to grow, consisting of 56 members this year. In the club, students are given the opportunity to learn about various business careers that they may be interested in for their future. They create projects in areas such as business management, office administration, and information technology. Every student competes in a team or individually at the Region competition in February in hopes of making it to State competition in March. If a team or individual places high enough, they will advance to Nationals which is hosted in Anaheim, California. Along with competitors, some BPA members have the opportunity to attend the learning experience. This year 30 BPA members flew to New York in early December. The students visited major corporations to learn about networking, internships, ethics, and corporate culture. The businesses visited were Morgan Stanley, Macys Headquarters, JP Morgan and the New York Stock Exchange.

# Business

### **D** ROFESSIONALS OF

AMERICA "IMAGINE BELIEVE BECOME"

CELEBRATING HIS FUTURE.

Ryan Larkin ('15) celebrating his victory at the region competition advancing him to the State Contest in both his individual event, Extemporaneous Speech, and his team event, Global Marketing. "BPA has given me many great memories as well as prepared me for my future as a business professional," mentioned Larkin about his experience in the club.





CALLED TO ORDER. The BPA chapter was led by six dedicated board members. The officers included: President Krista Slavin ('15), Vice President Rachel Ball (15), Secretary Kate Drimel ('15), Treasurer Ryan Larkin (15), Historian Blake Berning (15), and Media Specialist Mallory Schneider ('15). "This year was especially fun because the group of students really came together, and we not only got to be involved in the school but also in the community," said President Slavin.

### BEAT OF THE MUSIC

Being in band gives me the chance to do something I'm really good at and that I enjoy doing," said Kaitlyn Bernhagen ('17), "I've always loved music, it helps me relax and get rid of stress."

Many people joined band because of their love for the music or simply just because they wanted to meet new people and start a new hobby."One of my favorite things about being in band is that I have met new people and made many friends," explained Rachael Follestad ('17). Being able to build new friendships and grow as a band is a key principle.

This year the Wind Ensemble had the opportunity to go to Convention Center and perform for the Minnesota Music Educators Association. "It was a huge honor to be chosen to perform for such an amazing opportunity," Claire Olson ('16) stated.

Every part of the band is important. With all of the different pieces of the band, they have to come together to tell a story and figure out how to easily express that story to the listeners. "There is a lot of work that goes into making a piece song good but it almost never feels like actual work. There are always fun new skills to earn and old skills to apply. Everything takes a good amount of time, but hearing a piece come together is worth all of it," explained Claire Olson ('16).



**PLAY ON.** Jessica Camp ('17) and Samantha Thammavongsa ('17) perform the clarinets during the winter concert.



HARMONIZE. Kaitlyn Bernhagen ('17) performs the trumpet during the joint band concert with Princeton and St. Francis in early December. Kaitlyn has been playing the trumpet since fifth grade. "I chose the trumpet because it's the easies for me to play," Kaitlyn explains. "Being able to play music makes me happy." She plans on auditioning for state this year.





ABSOLUTE MUSIC. Connor Klatke ('16), Cory Eull ('17), and Matt Malone ('16) play the trumpets at the December concert. EXTRA MUSICAL. Mason Cornelius ('17), Ethan Krehbiel-Valoaga ('17), Kaitlyn Peterson ('18), Trevor Lefebvre ('17), Brandon Borowiak ('18) play the trumpets for their December joint concert.



KEEPING THE TEMPO. Claire Olson ('16) plays the baritone during the December concert. "My favorite thing about band is the overall experience. There's a lot of exposure to some great music and great opportunities come along with that. I love the idea of being able to create music."

MAKING MUSIC. Rachael Follestad ('17) plays the clarinet during the December band concert. Rachael has been playing the clarinet since 5th grade. "I chose the clarinet randomly, but I thought it was cool and I enjoy playing music," Rachael explains, "I like being able to learn new music and plan on being in band through high school and possibly through college."

## BYE BYE BIRDIE!

f I were to describe the musical in three words they would be intense, moving, and otherworldly," explains Tate Kindom ('15), the lead role in Bye Bye Birdie. The musical took place on November 13th-16th in the Performing Arts Center. "The cast worked very hard to bring you this musical." said the director, Joshua Mann. Bye Bye Birdie takes place in 1958. The adored Conrad Birdie, played by Matt Swedzinski ('15), has been drafted into the US army. His songwriter and agent Albert, played by Kindom, and his lover, Rosie, played by Kayla Finnerty ('15), plan a farewell performance to take place on the well known Ed Sullivan show to help sell Birdie's new song "One Last Kiss." To finish off his performance, Conrad will give 'one-last-kiss' to Kim McAfee, played by Claire Olson ('16). Getting the lead role might be stressful for some actors, but others like Tate Kindom didn't think it was as difficult as it may seem. "Getting the lead role felt no different than getting any other role. It was just awesome to get a role in general!"

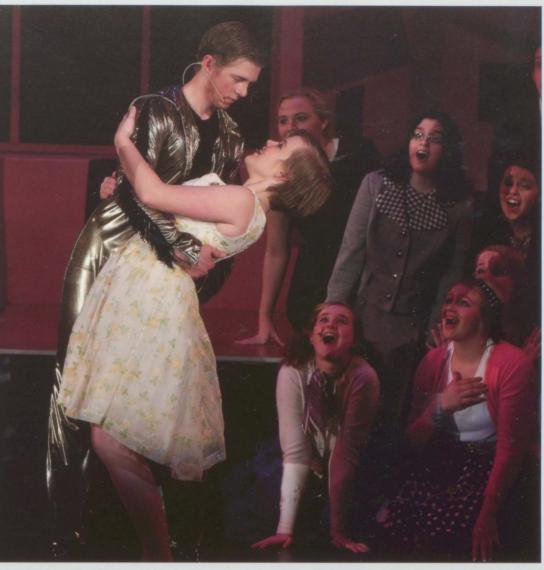




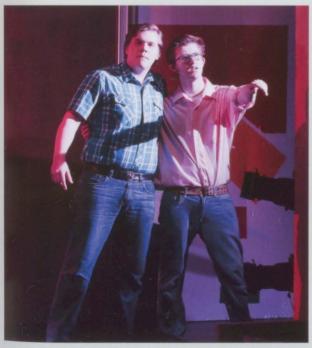
**WELCOME CONRAD.** The adoring teenage girls get ready to welcome Conrad Birdie. The girls serenaded their idol as he came into town.

**BAR TALK.** Rosie (Kayla Finnerty '15) sulks at the bar after getting into an argument with Albert (Tate Kindom '15). The men (Austin Jeffries '16, Jack Terwey '16, Jeremy Sorenson '16, and Braden Eliason '16) tried to cheer her up as they sang a drunken tune.

All photos by Tim Bykowski. Aurasma by Kari Terwey.



**ONE LAST KISS**. Conrad Birdie (Matt Swedzinski '15) and Kim McAfee (Claire Olson '16) share 'one-last-kiss' before being interrupted by Hugo Peabody (Tristan Eddy '16). Hugo punched Conrad out of jealousy in attempt to steal his girlfriend back.





The whole cast of Bye Bye Birdie.

**TELEPHONE HOUR.** Chris Marweg ('15) and Landon Laman ('16) stand out while singing "Telephone Hour". The teens spread the word quickly after hearing the big news about Hugo pinning Kim. Laman added, "I really enjoyed singing "When they got you hooked, then you're really cooked'."

## Sing Like Birds

### STAYING BUSY

his year has been jam packed with events but the hard work of the choirs has made it a successful one. A unique part of it was the Concordia Choir Festival in Moorhead, MN. "This year has really been one of our busiest and all our hard work has paid off," commented Jeremy Sorenson('16). Our choir was invited to sing with the Concordia choir on January 23rd. "We were one of two choirs selected and the other one was one of the best choirs in the country so this was a huge opportunity for us," said Emma Barbeln('16). Another big part of this year was the mid winter clinic. "This is similar to a sports team making it to state," explained Emily Turnguist('16). On February 13th, 4 choirs compete against each other. Choirs are singing a variety of literature including local composers. Mr. Osowski explained, "It was going to be a lighter year but with these two events it's becoming more of a stressful one."



Sing, Sing, Sing. Knights Choir is a choir for all boys. Their grades vary from 9th to 12th grade. There are 21 dedicated men pictured above. They work very hard at their goals of becoming better singers. Use the aurasma app to listen to their musical talents!

Nora Weigle ('18) singing her solo from the recent spring concert. She was in the cantabile choir and sang one of their songs beautifully.





Hairspray. It was so much fun!" **Success:** We all strive to reach our goals in any activity we do even when we sing. Emma Dorholt ('17) sings second soprano in Coro choir and enjoys trying to reach her goals in choir. She explained that, "My main goal for choir was to become a better singer, surround myself with

music, and to be invested with the

people around me."

Safe Haven: Choir is a place that the students can go and feel safe around others and where they can be themselves. To Emily Sorensen ('17) choir is a place that she can sing her heart out. She is in one of the top two choirs called Bella Voce. Emily Sorensen mentioned, "The reason I joined choir is because it is the one other place besides church I feel comfortable and I love singing. I sing all the time."

Long time: There are many students have been in activities for quite a while. Some choir students have been in choir for a while like Therese Chambers ('16). She said, "I have been in choir for 6 years now."



Left to right: Anna Skare ('15), Kayla Finnerty ('15), Willie Giller ('15), Andrea Sorenson ('15), Emily Laudenbach ('15).









Mass choir sing their best at the holiday choir concert. They sang in the alley ways of the PAC singing praises of Christmas.

# ONE CAST ONE ACT

This year the One Act took a different spin on things with an act called Selfie. The popular social media front-faced photos gives photographers a chance to express themselves in a way of their own and to present their feelings to friends. Caitlin Myers ('16) says the most important thing about the show is, "How realistic it is. It's about teenagers experiencing hardships during their senior year".



The "Selfie" cast surrounds cancer patient and friend Laura played by senior Christine Lenneman.

The One Act is not just about telling a story. It's a competition where the cast and crew wants to perform their character flawlessly. Claire Olson ('16) said, "It can be difficult to get into character, everyone has unique qualities to apply to his or her performance." During the show the judges are then

critiquing every aspect of the production. Stage manager Anna Skare ('15) adds, "the most difficult thing for us in our show is to convey our message well to the judges.

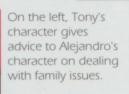


Tim Bykowski

Caitlin's character has a moment where she realizes what is truly important in her life. Pictured right.



Tim Bykowski





Brynn and Christine take center stage as their character deals with the struggles of being a teenage girl in high school. Pictured right.



Tim Bykowski



Towards the end of the show Emma, Kari, and Megan, pictured left, share a moment as their characters finally realize how to live happily with themselves. Pictured left.

Hannah Berhow

Alejandro Behling ('17) as "Zack" On the challenges on One Act "You have to be really loudno mics"

Comments from the

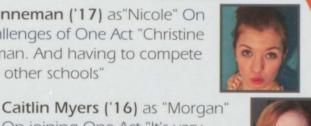
Christine Lenneman ('15) as "Laura" On being a part of One Act "It's an amazing experience that helps you learn to work well with others"



Kari Lenneman ('17) as"Nicole" On the challenges of One Act "Christine Lenneman. And having to compete against other schools"

acting give it a shot"

On joining One Act "It's very



selective, but really fun! If you like

Megan Noetzel ('15) as "Sam" On unique aspects of One Act "You learn so much about theater and you really work together as a team'

Anthony Nowak ('18) as "Tyler" On portraying his character "It's difficult to find movement to go along with my character's intense personality"

Brynn Rova ('15) as "Kaitlin" On the meaning of the script "it's not one but eight extremely deep lessons"

Emma Thiemann ('16) as "Jessie" On working with the cast "You're independent but still dependent on the other actors"

Head shots by Rachel Ball





### Meet the Crew

Anna Skare ('15)-Stage Manager

Ethan Bell ('17)-Lead Tech.

Starr Stackhouse ('15)-Light Board Operator

Tristan Eddy ('16)-Light Board Operator

Kirsten Hirst ('17)-Back Tech.

Landon Laman (16')-Back Tech.

Caelyn Kirscher ('15)-Back Tech.

Katlyn Rohrer ('16)-Back Tech.

Christian Marweg ('15)-Back Tech.

Alison Skon ('16)-Back Tech.

Claire Olson ('16)-Back Tech.

Lillian Warnberg ('17) -Back Tech.



Brianna Goodchild Varsity Attorney "I really worked this entire season to be one of the top so it was really nice to have some validation that that work payed off."



Anyssa Astleford Varsity Witness "Winning this award was very surprising!"



Sophia Mazurek Varsity Witness "It means a lot to me to win. I've worked hard for four years."



**COURT HOUSE.** The mock trial JV and Varsity teams at the County Courthouse in Kanabec for the first round of regions. "It was a great experience going to the court house and being judged by real attorneys," Aeschilde Anderson ('16).



**WE MEAN BUSINESS.** Varsity team at the state tournament in Minneapolis at the Hennepin County Courthouse. "I thought our team did really well," stated Aaron Dorland ('15).

### Order Order Order of the JV mock trial team had many new members this season. The new members were led by captains Alexander Reeves ('15) and Kaitlyn Anderson ('15), who said, "Being captain really opened my eyes as

members were led by captains Alexander Reeves ('15) and Kaitlyn Anderson ('15), who said, "Being captain really opened my eyes as becoming a leader." One accomplishment the varsity team had was their win over the rival team, Buffalo. Many of the team's members will be leaving after this year, but there will still be plenty of talent. Brianna Goodchild ('16) will be returning next season. When asked why she enjoys Mock Trial, Brianna said, "I'm in a lot of activities. I've reached double digits at several points but Mock Trial has by far been the most beneficial to me, for confidence, having fun and making friendships. I mean it really is an all in one kind of activity." She will be captain of the varsity team next season. The team made it all the way to the State Finals and ended the season in ninth place out of one hundred seventeen teams. At the state tournament, Brianna Goodchild ('16) was awarded an All-state Attorney and Anyssa Astleford ('15) and Sophia Mazurek ('15) were recipients of all-state witness awards.



FINAL VERDICT. Discussing their case, Jacob Walters ('16) and Alyson Astleford ('15) prepare for trial at the Anoka County Regionals. "When we won I felt really accomplished, as anyone would. It was a great feeling to beat a really solid opponent," remarked Jacob Walters ('16) after their victory over Cambridge.



KILLER CASES. The mock trial teams were pictured after a varsity victory over Cambridge at Anoka County Regionals. Carlynne Folkestad ('17) said, "You get knowledge on how to be a lawyer, but it's just like any other sport, when you prepare yourself the confidence comes naturally."

#### BELOW.

Freshmen. Willie Gaypia, Ian Graziano, Benton Welle, Abby Anderson, Alison Birk Sophomores. Carlynne Folkestad, Taylor Sandhoefner Juniors. Anastasia Pohl, Steven Carlson, Jacob Walters, Aeschilde Anderson, Brianna Goodchild, Michael Wettschreck Seniors. Alexander Reeves, Kaitlyn Anderson, Sophia Mazurek, Anyssa Astleford, Alyson Astleford, Larissa Bowler, Aaron Dorland



### National Honor Society

N ational Honor Society completed many events that have helped shape our community into a better place. They have hosted the American Red Cross Blood Drive, Penny Wars for St. Jude's, dinner and bingo for senior citizens, toy drives, and many more. The events they put together help the community and others struggle. It is looked upon as a group of people working very hard to help people in need.



Bryttani Barthel, Rebecca Bourget, Allison Burditt, Frankie Chervenak, Erin Daly, Kate Drimel, Luke Eicher, Robyn Ferrian, Kayla Finnerty, Rose Gallagher, Sydney Grubb, Kristen Haller, Lexi Heil, Abigail Herbst, Madelyn Jesser, Rachel King, Brianna Kinghorn, Christine Lenneman, Sophie Mazurek, Sammi Metzger, Christine Miller, Jake Monseth, Ryan Moore, Megan Noetzl, Emma Olson, Taylor Pehrson, Brynn Rova, Hannah Schutz, Kristina Swenson, Josh Tracy, Averiel Wright, Olivia Yue, William Berning, Zachary Bracken, Kaitlyn Budion, Noah Carpenter, Mitchell Dold, Jolene Duda, Jeremiah Eull, Brianna Goodchild, Makayla Hackman, Kayla Horn, Tyler Hoselton, Zach Kainz, Mitchell McKee, Joseph Miller, Zachary Nygaard, Peter O'Neill, Abigail Peterson, Elija Rice, Mckenna Rogers, Kaitlin Rossi, Emily Ruhland, MaryJo Schmidt, Mary Schmitz, Brendan Thorp, Emily Waller, Michael Wettschrek

#### PERFECTING PRESIDENCY.

Maddie Jesser ('15) is posing for her second year as the president of National Honor Society. "I love how the group comes together to make the community better, and just watching people grow as leaders and stronger individuals is amazing," stated Jesser.



**HEALTHY HIGHWAYS.** Becca Bourget ('15), Frankie Chervenak ('15), Robyn Ferrian ('15), Taylor Pehrson ('15), and Lexi Heil ('15) are taking a short break from cleaning up. "Most people think that cleaning up highways would be boring and gross, but it was actually really fun! We play a game that divides people into groups and sections to have a race to see who can find the weirdest thing. I've found a dead bird, pants, and a foot-long nail, which is pretty weird," Bourget commented.

## Going Above & Beyond

Student council has done a lot for our school and has put a lot of effort into making sure that the whole student body had a fantastic year. "It's a lot of fun organizing activities, and doing things for the school to make it a fun place for everyone," said Jackson Larson ('17). They have created the powder puff football game, ran the food drive in the fall, coordinated winter week, as well as the homecoming and winter week coronation. "It's a great extra curricular activity that helps people, the school, and community," noted Ryan Sustacek ('16) They work very hard to better the school and plan events the student body will enjoy attending.



Why did you want to join student council?

"I wanted improve my leadership skills and meet new people."

#### Jackson Larson ('17)



### What do you enjoy most about student council?

"We have fun while still getting things done. It's pretty awesome."

### Ryan Sustacek ('16)

What have been your roles in student council?

"I started in 8th grade, then my sophomore year I was treasurer, and then for my junior and senior year I was president."

GIVING BACK. Student council members taking time out of their morning to collect food to send to Second Harvest Heartland.

### STUDENT COUNCIL MEMBERS

Cameron Brunet, Erin Buck, Ryan Copeland, Emily Duley, McKenna Egbert, Cory Eull, Kiana Eystad, Carlynne Folkestad, Rose Gallagher, Willie Giller, Brianna Goodchild, Aubrey Hamilton, Presko Hanson, Kristen Hirst, Marcus Krupke, Jackson Larson, Emily Laudenbach, Lauren Loeffler, Jack Mazurek, Abby Mulic, Tony Nowak, Taylor Olson, Mckenna Rogers, Haley Rogers, Tess Salen, Hannah Schutz, Anna Skare, Ryan Sustacek, Kristina Swenson, Makenzie Turpin, Gabby Vetsch, Maddie Westendorp



Rose Gallagher ('15)

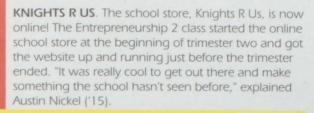
Entreprenetiship

ntrepreneurship is a class for students who want to learn the basic principles of starting and operating a small business. Students have the opportunity to learn business management, marketing, and accounting skills conveniently in one class. Students apply these skills to an actual business (The School Store) operated by the class. In addition, students are responsible for making decisions about markets, products, site selection, financing, staffing, and legal decisions. Could you imagine having the opportunity to run a store with your peers? Well that's exactly what the students in entrepreneurship classes get to do! "It was fun and competitive with other groups. I really liked the competition!" exclaimed Ashley Kumar ('15). Now imagine that same vision but everything is online! "It was difficult to navigate the website at first because I didn't know how it worked, but it got easier over time," said Kumar. Entrepreneurship provides many opportunities and insight about what the real business world is like. "I learned that one decision can affect the whole process of creating a product and the importance of sticking to a budget," explained Kumar.



STMA

JARED HEINEN ('15) IS WEARING A KNIGHTS CREW NECK SWEATSHIRT HE MADE WITH HIS TEAM FOR HIS ENTREPRENEURSHIP 1 CLASS FIRST TRIMESTER. "I DESIGNED THIS CREW NECK SWEATSHIRT BECAUSE I'VE ALWAYS WANTED AN STMA CREW NECK AND IT WAS NICE TO MAKE IT HOW I WANTED." EXPLAINED JARED. ASPEN MARQUETTE ('15) IS WEARING A KNIGHTS FLEECE ZIP-UP SWEATSHIRT SHE MADE WITH HER TEAM FOR HER ENTREPRENEURSHIP I CLASS SECOND TRIMESTER "MINE AND MY GROUPS IDEA WAS TO MAKE A PRODUCT THAT EVERYONE CAN WEAR AND BE COMFORTABLE IN." ADDED ASPEN.





DESTINEE WOLFSON ('15) IS WEARING KNIGHTS ATHLETIC SHORTS SHE MADE WITH HER TEAM FOR HER ENTREPRENEURSHIP 1 CLASS FIRST TRIMESTER. "I THOUGHT IT WAS SUPER FUN TO COME UP WITH THE SHORTS IDEA

DECAUSE OUR SCHOOL DOESN'T HAVE MANY PRODUCTS JUST FOR GIRLS." LANDON BRIDELL ('15) IS WEARING A KNIGHTS PERFORMANCE TEE HE MADE WITH HIS TEAM FOR HIS ENTREPRENEURSHIP 1 CLASS SECOND TRIMESTER. "I DECIDED THAT OUR SCHOOL STORE NEEDED A T-SHIRT THAT WAS ATHLETIC AND PEOPLE COULD WEAR WHEN THEY'RE WORKING OUT." EXPLAINED LANDON. STMA 2014-15 Yearbook Staff

creativity and teamwork to bring a community together. Gabrielle

Walstrom ('16) summed up what the class was truly about when she said, "The class itself is a group of kids working together to form something that will last a lifetime." Many students have looked back at their yearbooks and remembered all of their favorite moments from high school. The book contained all of the memories of the students and brought them back to their days as a student. Whenever a student misses a friend or a teacher, the yearbook will always be there to help the bring back those memories. A yearbook made it possible to show your kids how fun school was for you and how it has changed you as a person. This yearbook holds those invaluable memories of the 2014-2015 school year. Cameron Holm ('15) stated, "I believe that yearbook is very important because it is a way to leave an image and message that will last a lifetime."







HAPPY DAYS: Yearbook had an fun, light-hearted atmosphere. Many of the students in the class said that yearbook was one of their favorite classes that they have taken. Nathaniel Strand (16) said, "Yearbook was an extremely fun class. It also allowed me to have a lot of artistic design and freedom." The class gave students the freedom to let out their creativity and form memories to last a lifetime.



Back Row: Alex Merges, Aeschilde Anderson, Cameron Holm, Breanna Goenner, Cody Sellman, Maddie Schopf, Jennifer Gibbs, Nathaniel Strand
Middle Row: Cheyenne Brunk, Kaleigh Hatzinger, Nina Zimmermann, Kali Simonson, Alison Kmett, Destinee Wolfson, Mrs. Sebens
Front Row: Mackenzie Martin, Melissa Knott, Kennedy Keller, Brooke Baune, Julia Schade, Adreanna Stedman, Anne Snyder
Not Pictured: Hannah Berhow, Blake Berning, Nicole Blake, Rebecca Bourget, Kelsie Brott, Megan Carpentier, Haley Cederberg, Serenity Coy, Zachary Erickson, Tessa Eull, Bryan Fournier, Megan Goede, Emily Hamann, Sydney Hanlon, Angela Hanson, Leah Johnson, Ryan Jones, Kelsey Jorgenson, Olivia Lutz, Aspen Marquette, Samantha Metzger, Austin Nickel, Jody Olejar, Kaitlin Olson, Kaitlin Peterson, Taylor Robeck, Mallory Sackey, Christian Sanchez, Anna Sanford, Kara Simonson, Samantha Sklenar, Stephanie Sklenar, Laura Sukalski, Gabrielle Walstrom, Lily Walters, Taylor Weinand, Taylor Zopfi



Cameron Holm Technical Editor "This class is a creative outlet for me. Some people can't draw very well or express themselves in other ways, but yearbook allows them to be creative."



Gabrielle Walstrom Editor-in-Chief "[The yearbook] is important because you're going to forget things that happened in high school and yearbook can bring back those memories."



Cheyenne Brunk Assistant Technical Editor "The yearbook is something that ties everyone together. It crosses the gap between grades."

Anne Snyder Photography Editor "I think its important to document the memories and things that happened in high school."



MARCH PROUD. Marching at the Albertville Friendly City Days, Hayle Lens ('16), marches on through the show. "My favorite parade last year was the Lake city parade, because it was so pretty, and I loved the bus ride," said Lens.



**SMILE!** Performing her routine in Foley, Alaina Felt ('16), keeps the smile on her face "To me color guard is a fun activity. It's just really special, I feel accomplished when I finish a good performance and I love to do well at it," said Felt. Alaina wishes to be apart of the MN Brass. "It's my goal!", Felt added.



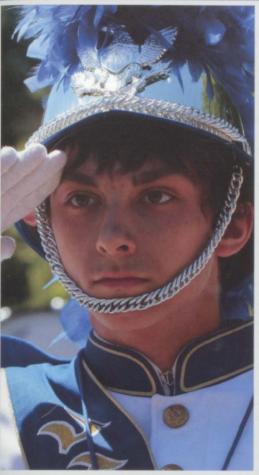
**PLAY ON.** Playing clarinet at the Rockin' Rogers parade, Dakota Roeun ('18), keeps her head held high knowing everyone has got her back. With so many people who know when to lend a hand, you never have to worry about falling behind. "Marching band is like a family to me!" said Roeun.

Nolan Grambusch ('16), Kevin Friede ('17), Ryan Nelson ('16

Season Parade Schedule: June 14 Albertville Parade June 17 Foley Parade June 20 Rogers and Buffalo Parade June 25 Brooklyn Park Parade June 28 Lake City Parade June 29 Roseville Parade

July 2-8 Colorado/South Dakota Trip

### UNITED IN HARMONY It begins with one step... On your left foot.



**SALUTE.** The head Drum Major Sam Brown ('15) saluting to the other bands at the Albertville Friendly City Days parade last summer. "I joined marching band because my friends told me how fun it was, and I saw it as an opportunity to become better at my instrument, and to meet new people," said Brown

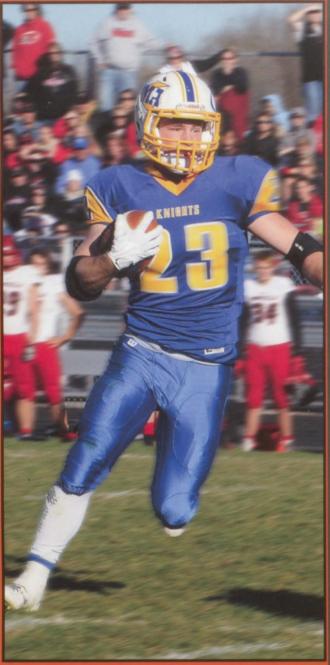
C tarting their practices in May, the STMA Marching Knights dive head first into their season. The marching band is a parade marching band, which means that they march a "show" in parades around Minnesota and compete against other marching bands. The show consists of about four minutes of music and a number of marching formations to create a crowd pleasing performance. "It is not just something people do because they're bored, it involves more dedication than people think," remarked assistant drum major Geena Stepp ('16). Last year's theme was The Realm with music from the motion picture "First Knight" and the original composition "Night Watch". Competing in eight different parades, they march for the win. "My favorite parade last year was Rogers because after getting first. everyone felt so accomplished," expressed Marissa Stifter ('16). This year's show is called Downbeat. "I am excited for the new show because the band is getting big, and now we will be able to do more advanced formations," said head drum major Sam Brown (15). Along with a new show, the marching band has also received new uniforms. "Our current uniforms are 20 years old, so the style is pretty dated," said Mr. Machamer, the marching band director. Machamer added, "The new uniforms are designed to showcase our band in the best way possible. I personally can't wait to see them in action, and I know the students are excited about them too." "I think the new uniforms will be really awesome, especially when we get the whole thing!", trumpet player Tiffany Johnson ('15) said. Goals are important for every season but it is not the only thing they work for. "I am only interested in improving each parade, and I know the students feel the same way. The awards and trophies are nice, and we are of course happy when they come our way, but we preach self improvement above all else and it shows," stated Machamer. In summer 2015, the band is lucky enough to get to march in Denver, Colorado for the Fourth of July. On that trip, they will go white water rafting, see the Garden of the Gods, tour the Olympic Center, and many more. On their way back, they will also visit Rapid City, South Dakota to see Mount Rushmore. "I am really excited, it will be really fun to do all that we have planned with all the people I've gotten to know the last four years! It will be a great way to end the season," exclaimed Brown.



**5,6,7,8**. The color guard files out from behind the band at the Foley Fun Days parade.

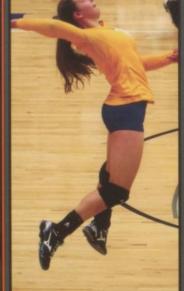


MARCHING IN RHYTHM! The Marching Knights moving in formation to the music in the Foley Fun Days Parade. The Knights scored a 64.8 in Class AA.









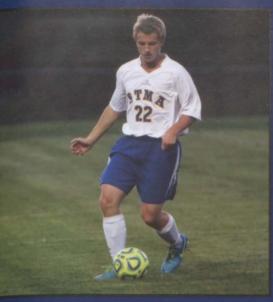


















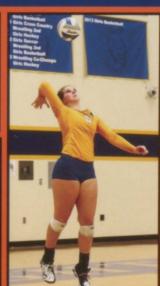
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## BRING IT ON! ALL OR NOTHING!

C heerleading is more than just shaking pompoms and kicking on the sidelines during a Friday night football game. Being on the team requires dedication and hard work at practice to perform a flawless routine at sporting events and competition. The squad pumped up the crowd and the players at two of the boys and girls' soccer games, two volleyball games, and every football game. Off the field, the Knights Cheerleaders competed at Cheer Off and All-State. "We spend weeks preparing for this one day. We pick a handful of cheers to bring with us. The captains, Claire Wallace and myself, are given a game situation. We then select a cheer to perform

for the judges. It must be flawless. We also do a halftime cheer which is longer than most, as well as our school song," explained captain Mackenzie Selle ('16). The squad placed second at the state competition beating out Eden Prairie High School. The ladies brought home individual titles as well including: Elizabeth Kemmetmueller ('17) and Claire Wallace ('16) making the All State Sideline Team. Mackenzie Selle ('16) made the All State Sideline Team as well as the Competitive Team.





HIT, HIT, PULL! The cheerleaders perform the school song at the football game against Monticello. "The team killed it and made me even prouder to be a Knights Football fanatic," Tina Nguyen ('17) explained.



LET'S CO KNIGHTS! The Knights Cheerleaders hold their motions during starting lineup at Chisago Lakes. "The team put up a tough fight," Elizabeth Kemmetmueller ('17) said.



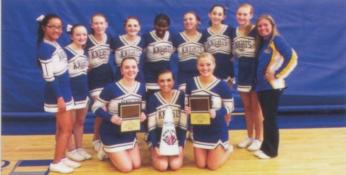


SKY HIGH. The sky is the limit for Madison and Madeline. Using enormous amounts strength and balance the cheerleaders attempt gravity defying stunts.



CHEER IN LINE. Cheerleaders stand in line formation to pump up the football players on the field.





GIVE IT ALL YOU'VE GOT! The Knights cheerleaders at Cheer Off. "It was a great experience to have with the team," Gabrielle Walstrom ('16) said.

GOT SPIRIT? Jaylen Hakes ('15) poses with Claire Wallace ('16), Tina Nguyen ('17), Abigail Mulic ('18), Hulda Nyabando ('18),and Madison Woodhams ('18) after winning "Fan of the Game" for showing his enthusiasm while cheering for the Knights Varsity volleyball.



WILD. Andrew Hinkemeyer('15), Ryan Larkin ('15) and Nolan Olsen('16). The gang stuck together for the race. "We like to imagine ourselves as a pack of wolves on a hunt in Mid December," emphasized Olsen.

Kaleigh Hatzinger



**SPEED.** Austin Jeffries ('16) starts of the race at a steady pace. Later on, sprints pasts fellow racers. " Keeping up with the other runners keeps my pace a constant," proclaimed Jeffries.

STMA Cross Country



**NEED FOR SPEED.** Jackson Connelly ('16) fights to push past his fellow runners. Connelly showed at great time at the Conference meet. " My favorite thing about cross country is meeting new people," Jackson answered.

> DIG DEEP. Caleb Holt ('15) pushes every one of his muscles to the limit to finish of the race. Holt's time at the Conference meet helped the varsity team win the meet. " The most important part of a race is to finish it the way you start it, Strong," voiced Holt.

START RUNNING. The boys varsity cross country takes off at the start line at the Conference meet. All the boy gave 110%, in turn winning the Conference meet. "Winning meets makes me proud of my team and work we have done," expressed Lukas Layton ('16).



STMA Cross Country



# STEP BY STEP

Recorded breaking times and teamwork helped the Knights have one of their best years.



ross Country, Is it a individual sport or team \_ sport? Maybe a bit of both. Runners strive to win in their race, but in turn as they finish they help the team better their score. This year the boys finished 4th at the AA state tournament. "I felt that this year we showed everyone what our team can do," stated Jackson Connelly. At the state meet, Captain, Chase Cayo ('15) set a new school record for the 5K with a time of 15:31.2. Chase Cayo is one of the star runners on the varsity team and helped give our boys cross country team it's great name in Boys Cross Country world. Chase is also the captain of the varsity team. He started running in middle school to get in shape for basketball. Chase's freshmen year he joined the Cross Country team and finished in the top 20 at sections. Finishing in the top 20, led Chase to believe that is was the sport for him. " It's just great getting out on the course and competing. No matter the outcome its a learning process and there is always room to improve," Cayo added. While running races, Chase reminded himself that its just another race and what he is capable of. Chase planed to run cross country at college and he has verbally committed to South Dakota State University.



ZOOM. Jacob

Monseth ('15)

sprints past the

competition. In

the Apple Valley

STMA later gets

runner up and

dominates the

other

finish line." renounced Monseth.

PUSH THROUGH. Trevor Beaudry ('17). Beaudry forces himself to pull through. He speeds up as he gets closer to the finish line. "All my focus was to get to the finish line," Beaudry mentioned.



GO. The Boys Varsity Cross Country team bolts out of the start line at the Apple Valley Invitational. The Boy's Team came away with an overall impressive showing, many boys had top times.

STMA Cross Country



**PACE YOURSELF:** Isabella Nyhus ('15) keeps a consistent speed throughout the race. Nyhus time helped the girls' cross country team win the STMA invitational. "It feels great when we win, it makes us try harder to win again," said Nyhus.

SWIFTLY MOVING: Whitney Perry ('16) digs in deep to finish the race strong. Perry finished with respectable time at the Conference meet. " I wanted to finish the race with a decent time," admitted Perry.

## REWRITING LISTORY



**COMPETE:** Annalise Davis ('19) struggles to pass her competitor. Even though Davis is only an 8th grader she keeps up with the older runners. "It makes me feel proud that I run with the varsity team," implored Davis.



STMA Cross Country



STAMINA: McKenna Rogers ('16) quickly moves past her fellow runners. Her speedy time helped the girls' varsity time win the meet. "It feels great when everyone does well to help the team and even better when we can win the meet," Rogers contested.



DASH: Taylor Zopfi ('15), pushes through at the Apple Valley Invitational earlier this year. "Finding the strength to keep running is the hardest part," exclaimed Zopfi. Finding out later that STMA girls took 4th place.

# JUST KEEP RUNNING

As Ben Logsdon stated, "There is no time to think about how much I hurt; there is only time to run." This quote explains the Girls' Cross Country mindset during their races. This season was one of their best, winning both sections and the conference meet. The team hasn't been to State as a whole team since 2011. The girls finished in 6th place at the AA State tournament. "I felt that this year was one of the best years we have ever had. Everyone



really gave it their all," recalled Sidney Schreiner ('16). Captain, Rachel King ('15), was a top placing runner. Before races King liked to make sure she stretched and talked to the coaches for tips and encouragement. Rachel first got started with Cross Country because she had played soccer and track and field. She thought she would excel at running because they required similar skills that she already had. King ended up talking to Coach Gregg Greeno her freshmen year about joining and has been running ever since. King noted, "The bagels Mr. Greeno would get us from Panera and how the teams are co-ed" are what she will miss most.

TEAM WORK: The JV team huddles together at the Conference meet. They chant cheers to get pumped for the race ahead. "There is no I in team," explained JV runner Greta Stanton ('16)



**BOLTING FORWARD:** Elizabeth Heil ('17) concentrates on her breathing and pace. Heil later on in the race takes one of the lowest times. "After every race I feel proud of what I have achieved," Heil stated.



WHOOSH: Emily Ruhland ('16) continues to persevere. Ruhland passes fellow runners in the Apple Valley Invitational. "My goal is to pass the person in front of me," added Ruhland.

Quarterback, Jackson Greenwaldt (115), drops back to pass.



**1**, **2**, **3**, **KNIGHTS!** The knights gather around senior captain, Tyler Berg ('15), in the middle of the field before their state quarterfinal match up against Bemijdi. Berg commented on the huddles, "I think its awesome having the buys around me, looking up to me as a leader and someone who will give them positive energy and confidence before we take the field together."

### Season Standings

STMA		VISTO
W-42	Buffalo	0
W-35	@Saint Francis	27
W-31	@Monticello	0
W-49	Big Lake	9
L-21	@Chisago Lakes	24
W-64	Duluth East	0
W-49	@Cambridge	7
W-22	Rogers	21
	SECTIONS	
W-27	Monticello	7
W-38	Elk River	12
	STATE	
W-29	Bemidgi	14
L-21	Mankato West	26

**READY, BREAK!** Quarterback, Jackson Greenwaldt ('15), gathers his offense to call a play in the third quarter against the Hornets of Big Lake on homecoming night. The Knights went on to win the game with a score of 49-9. Following the victory, Greenwaldt said, "We are a very explosive offense that can score at anytime, which makes it so fun to play because you never know when that big play will happen." **FOUCHDOWN!** Senior running back, Tyler Hayes (15), extends his arm to give him teammates a high ive after entering the end zone to further their lead against Duluth East. Following the game, Hayes said, When reaching the end zone, everything just slows down and then all at once the energy from the fans and my teammates rushes into my body and I'm nstantly filled with satisfaction."

Mallory Sackey

KNIGHTS



# YARD BY YARD

s the team assembled at their first summer practice, the Knights set their sights on two goals: beating the Royals of Rogers and making it to State. The team awaited their hopeful playoff success, but still needed to focus on huge conference match ups such as Rogers, Monticello, and St. Francis. The boys knew that the Royals were going to step onto the Knights home field with hunger and vengeance after beating them in the section championship last year. On October 15th, Rogers (6-0) and St. Michael (5-1), went head to head in the Conference Championship game. With an early touchdown by Jordan Joseph ('15), the Knights had the lead and momentum in their favor. The Royals fought back with three unanswered touchdowns to take a demanding lead of 21-7. With under 10 minutes to play, Knights' running backs Luke Eicher ('15) and Tyler Hayes ('15) scored two crucial touchdowns. Instead of tying the game up at 21 with a field goal, Coach Essler decided to go for the lead, by trying a 2 point conversion. Flashing back to the previous years Conference Championship game in Rogers, Coach Essler and his team took the same exact chance but came up short, which eventually resulted in a loss for the Knights. The Knights called a timeout to regroup the team and call out the play that would make or break the knights success in the Conference Championship game. The offense took the field and the STMA crowd was silent. Quarterback, Jackson



Greenwaldt ('15), collected the snap, dropped back looking for running back, Jordan Joseph ('15) on the right side, who was covered by a Rogers defender. Greenwaldt looked left and immediately tossed the ball over the line of scrimmage to Senior Captain, Tyler Berg ('15) who caught the ball with ease, putting the Knights on top of the Royals 22-21 with around a minute left in the game. As time counted down, the Royals managed to get into field goal position that would win them the game. Another suspenseful moment ended in the Knight's favor with a missed field goal by Rogers. The STMA student section stormed the field to collect the Conference Championship Plaque alongside the football team.



EAT EM' UP! The roaring fan section raises their voices in continual chants to try and distract Rogers dynamic offense during the Conference Championship game. Superfan Zach Erickson ('15) stated, "It's always a blast losing your voice with your friends to give the football team an extra boost of energy every friday night."



GO LONG! Jacob Moran ('15) catches the ball after leaping over the receiver, #24 Matt Montplaisir of Buffalo. Quarterback, Taylor Spiers('15) of Buffalo, throws a bomb to Montplaisir while Moran vaults toward the ball and intercepts it at the 30 yard line. "Getting a pick is such a rush; hearing the echos of the crowd going wild and the sound of your team along the sidelines screaming your name is mesmerizing.That one single moment is probably my favorite thing about football," said Moran.

# STEPPING UP TO THE GAME

### WORKING HARD, PLAYING HARDER

F or the Varsity boys' soccer team to push their way through the season, they all knew they had to work as a team. The boys had a tough season with some back-to-back wins and couple ties as well. Asaba Chomilo's ('17) favorite memory of the season was: "Definitely the conditioning and playing with seniors on their last year, as well as having a great team." Chomilo plans to play keeper of any team that wants him, but he really wants to attend the University of Minnesota. The soccer team had a great time playing together as a team. "Never give up" is one of Hanos Mahari's ('15) favorite quotes that keeps him pumped up before and during the games. Mahari plans on just playing soccer for fun after high school. Joel Zachman's favorite memory of the season was, "Getting to know all the new players." Through the whole season everyone got along and most importantly had fun.

#### KICKIN

IT. "I had an amazing season even though it was a rough season, and there was some games that weren't the best," Cole Meyer ('17) explained.



**HUDDLE.** The Boys Varsity soccer team huddles together after a loss to Monticello. Despite the loss, they came to together as a team and pointed out the positives.



**NO SWEAT.** Joel Zachman ('15) focuses on maintaining possession of the ball away from a Rogers defender. "Because of all the people on my team, as well as an amazing coach made this season the best season," Zachman had stated.

## ME OF THE KNICHTO

HUDDLE. The Varsity team gets together to discuss strategy and pump up each other before a game. The group relied on trust and the confidence in each other to make it through the season. "We all knew that the seniors were leaving, but during game time we were reminded that we were still together as one, and never would leave anyone out," Joel Zachman ('18) explained.



HEADER. Cole Meyer ('17) goes head to head against Rogers, hoping to keep the ball inbounds to score. Meyer was all pumped up during this, and every game because, "Even though I know winning isn't the goal of the game, it's about having fun. I still wanted to make sure I still tried," Meyer stated.

TOP SCORERS





22 10

15



SMOOTH MOVES. Brad Madore ('18) hoping all of the hard work pays off for the Junior Varsity team, on an October Tuesday night, runs to get to the ball from Rogers. "I knew I had to dig deep in every game, because Coach always told us to dig deep," Madore said.



Hanos Mahari ('15), Tucker Vaughan ('18) and Tanner Sorem ('17) take the spots for the top scorers of the season.

# RAISING THE E

### **RISE ABOVE**



Schutz ('16) heads the

game against Lakeville

ball away from the Panthers during the

North in the state game keeping their

defense line strong.

Raising the bar is a huge part of the Varsity girls soccer team. Hannah Schutz ('16) attended a college soccer camp over the summer and picked



up a few strategies and strengths to bring forward to the team. The girls participated in an activity that shows when everyone "raises the bar" with a positive attitude it only brings good things to the team. "Nothing could bring our team down when the only thing we were doing was pushing each other up," encouraged captain Emily Laudenbach ('15).







Bykowski

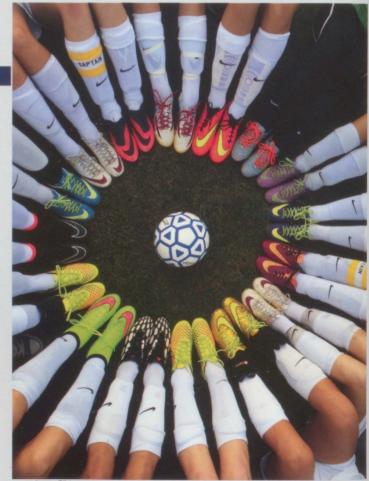
SPREAD OUT. Anita Thammavongsa ('16) throws the ball out to her team after an incredible save against Lakeville North."It's sad to see that the season is over but it was an honor to make it this far to the state tournament," added Leah Johnson.

### TOP THREE

Jordyn Walker ('15), Leah Johnson ('16), and Makenzie Langdok ('17), take the top three spots as the team's leading scorers.



n Bykowski



Jenny Gibbs

### SEASON STANDINGS

TEAM	SCORE
Elk River	W 3-2
Park Center	W 4-3
St. Cloud Tech	W 7-0
Orono	W 3-1
St. Francis	W 3-2
Monticello	W 4-0
East Ridge	L 0-1
Cambridge-Isanti	W 3-0
Buffalo	W 2-0
Chisago Lakes	W 3-0
Minnetonka	L 0-6
North Branch	W 6-0
Princeton	
Rogers	L 0-1
Big Lake	W 4-0
Moorhead	W 5-1
SECTION	
Bemidji	W 6-1
Rogers	W 3-0
Elk River	W 2-1
STATE	
Lakeville North	L 1-3
STATE DATE AT AN AND SHOULD	



Tim Bykowski

ON OUR OWN



he Varsity team sets a traditional goal every year to become conference champions, sectional champions, and to make it to the state tournament. The girls pride themselves as the team to always give there 110% effort. They achieved all three goals of theirs and had an amazing season. Playing against their biggest rivals in the section finals really helped the girls strive for that win so they could start their journey to the state tournament. Without their record of 16 and 4, they wouldn't of made it as far as they did. These girls have set high standards for the upcoming varsity teams. They have reached a whole new level of standing due to the quality of their work ethic and determination. It's safe to say these girls have left their mark by only being the third team to make it to state





# WHO NEEDS AIR? JUST KEEP SWIMMING!

The Girls' Swim and Dive team has built a powerhouse in the Mississippi 8 conference. The Lady Knights are made up of forty-five very talented girls. Senior captains Lexi Heil, Taylor Pehrson, and Kristina Swenson lead their team to the top. The season began with meets against Prior Lake, Buffalo, and Big Lake successfully defeating all three teams. The girls took on the Monticello Magic on September 18th at their first home meet of the season. Head coach, Greg Swenson, helped lead these outstanding girls to 4-0 start to their season. At their next meet, it was #GameKnight of the week where they competed against Cambridge-Isanti to "Drown Out Cancer". The Lady Knights went and defeated Elk River-Rogers-Zimmerman on September 30th, and Centennial



**HOME OF THE KNIGHTS.** The girls line up behind the captains: Kristina Swenson ('15), Lexi Heil ('15), and Taylor Pehrson ('15), for the Star Spangled Banner in their deck coats, a tradition for home meets.



**POWER THROUGH**. Haylee Williams ('17) finishes strong in her last length in the 200 Butterfly.

on October 7th. On October 9th, the ladies defeated Princeton before heading to True Team 8AA section where they placed second. The last meet of the regula season was on October 14th, when the team stole the win from Chisago Lakes.

On November 7th and 8th, the girls were at Elk Rive for their section meets at which they placed first. Thi win led the ladies to state which took place or November 13th and 14th at the University o Minnesota. The team placed fourteenth out of thirty four teams. Throughout the season and after each win the team continued to push themselves to work harder cut times, and perfect their dives. "We work hard all the time, but in between the seriousness, we do goof of because if you're not having fun, the sport isn't worth doing," explained Therese Chambers ('16).

TEAM	SCORE	WIN/LOSS
Prior Lake	94-92	win
Buffalo	104-80	win
Big Lake	102.5-81.5	win
Monticello	101-83	win
Cambridge-Isant	i 103-72	win
Elk River	106-80	win
Centennial	79.5-104.5	loss
Princeton	97-81	win
Chisago Lakes	106-78	win



"DROP IT LIKE IT'S HOT!" The girls prepare for a swim meet by starting out with their team chant. "It gets all of us pumped to win our races," said Bridget Goodfellow ('17).



EYES ON THE PRIZE. Hailee Williams (17) swims the butterfly in a relay against Cambridge-Isanti. After getting second in the relay, Williams said, "Relays are a great fast paced race with your teammates, you feel like you have to work together to win, so it's not such an individual sport."

Anne Snyder



GO THE DISTANCE. Lily Roberts ('18) powers through the 500 freestyle. Roberts finished her race strong as she passed two of her opponents on her last few lengths.



**STICK IT**. A back dive earning Nicole Kyono ('18) straight 4's across the board.



**CONCENTRATE**. Therese Chambers ('16) prepares to dive. "I get the pure rush of feeling like I'm flying," she explains, "the silence is a little ntimidating at first, but after years of diving it becomes just a part of the routine."



#### CHEERLEADERS.

Teammates cheer on Sarah Mulder ('17) as she swims the 400 individual medley. "Encouraging each other is a big part of swimming, because it's such an individual sport." said Sarah.

# WIN TOGETHER, LOSE TOGETHER.

### TEAM ASPIRATIONS

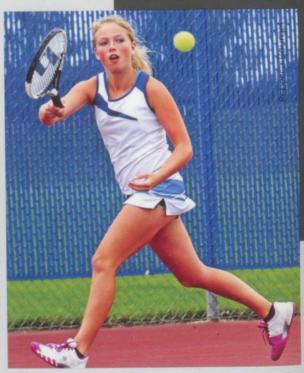
The Girls' Varsity Tennis team had high aspirations for the season. "We have hopes of making it further than previous years in the sectional tournament as both a team and as individuals," expressed Alissa Anderson ('15). A season highlight was when the varsity team defeated the Rogers Royals, "Rogers is one of the toughest teams, so beating them was really fun," said Madelyn Schopf ('15). The season was led by five seniors: Alissa Anderson, Anne Caron, Madelyn Schopf, Emily Tschida, and Meghan Winans. As the season came to an end losing in sections, so did the vears of coaching for Coach Riles. Coach Riles has been coaching for twenty years. Many memories were made with the girls. "Mr. Riles always knew how to make everyone laugh but he would also pushed us to do our best," said Emily Tschida ('15).

DYNAMIC DUO. Emily Tschida ('15) and Madelyn Schopf ('15)celebrate winning a point against Rogers. "Playing at one doubles with my best friend has been the highlight of my senior tennis season," Schopf said.



OUICK FEET. Left, Jolene Duda ('16) reacts quickly to return the ball. Playing as number two singles, Duda stepped up to the challenge and dominated the season.

> SWEET RETURN. Alissa Anderson ('15) makes a return during her match playing number two doubles against the Rogers Royals. Anderson's favorite tennis memory was when Coach Riles screamed, "I'm not playing!" and hit the ball to the moon when it was accidentally hit to him at practice."







serves. Winans plays number three doubles.



STRETCH. To the right, Emily Solberg '16) stretches to return the ball during a match against Rogers. Solberg plays number three doubles.

SMASH. Below Cory Eull ('17) fires a winning serve against her opponent. "We become a family by supporting each other no matter the outcome of each match," said Eull.

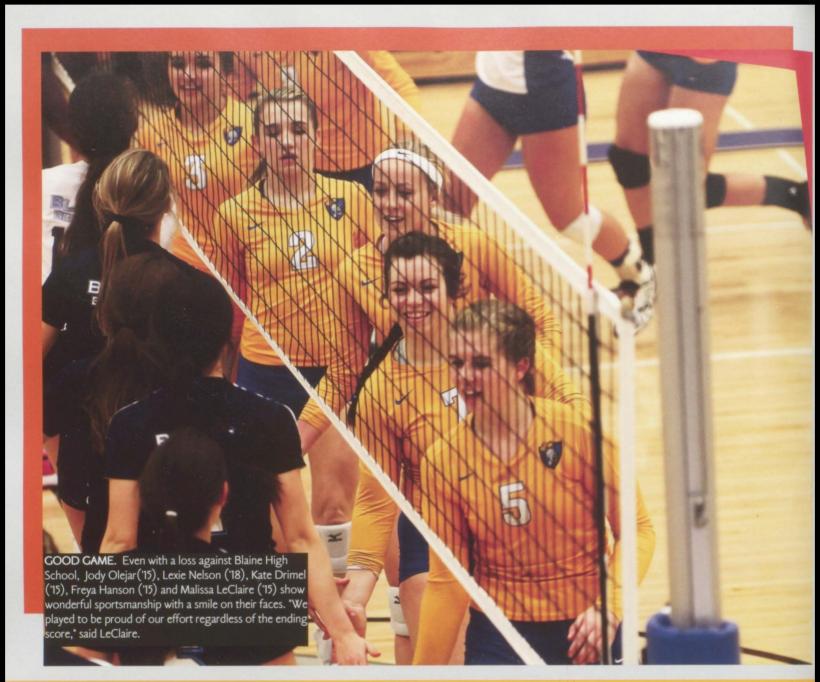


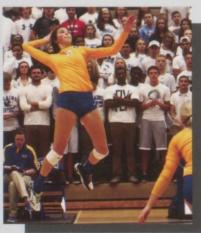


CLOSE CALL. Anne Caron ('15) makes a fore hand return during her match. She was playing number two doubles against the Rogers Royals. Caron's favorite part about playing tennis is winning, "Winning is great, because all the hard work during practice if finally paid off," Caron said.



OPPONENT	RESU	ILTS
Park Center	6-1	W
Annandale	5-2	W
St. Cloud Apollo-	6-1	W
Cathedral	-	
Mounds View	1-6	L
Glencoe-Silver	4-3	W
Lake	-	-
Minneapolis	5-2	W
Washburn		
Spring Lake Park	4-3	W
Blaine	3-4	L
Rogers	3-4	L
Cambridge- Isanti	3-4	L W
Chisago Lakes	5-2	
Mound Westonka	3-4	L W
Rocori	5-2	W
Becker	3-4	L W
Monticello	5-2	
North Branch	7-0	W
Buffalo	3-4	L
Princeton	0-7	L
Rogers	0-7	L
Champlin Park	0-7	L W
St. Francis	7-0	W
Big Lake	7-0	W
SECTIONS	Constanting	
Maple Grove	4-3	W
Coon Rapdis	1-6	L







SPIKE IT. Leaping into the air, Laura Sukalski ('15) gets ready to spike the ball back over the net in the home game against Blaine. "There was so much on the line for the game, every hit was filled with adrenaline," said Sukalski.

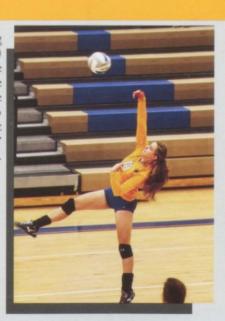
STMA	Volleyball	Орр
1	Minnetonka	3
3	Chisago Lakes	0
3	Waconia	0
0	Delano	3
1	Cambridge-Isanti	3
3	Monticello	0
3	North Branch	
1	Wayzata	3
3	Princeton	0
3	Mounds View	0
3	Bethlehem Academy	2
3	Rogers	0
3	St. Francis	
3	Big Lake	0
3	Buffalo	
1	Blaine	4

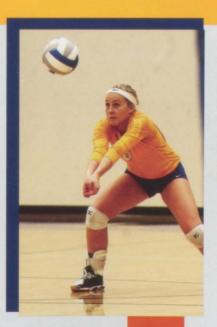
# Coming Together Playing As One.

The volleyball players brought a new energy to the team this year. With the team being mostly seniors, they had to teach the underclassmen about becoming stronger players. "Consistent hard work and positivity will help you succeed and enjoy yourself, " said Freya Hanson (15). The girls really raised the expectations for future teams by pushing themselves as far as they could go at practice, staying in shape, and being devoted to the team. They put everything they had into each and every game, and it all paid off. "All of us were very close. We spent a lot of time together, supported each other, and we worked very well together, and I think that really showed on the court," beamed Laura Sukalski (15). The Knights won 10 out of their 16 games. "Everyone bought into our new policy of constant energy which helped us win tough matches and we all played for each other, not ourselves," added Kate Drimel ('15).

FOCUS. Focusing on getting better with her team for the next game, Jody Olejar ('15) works hard at practice. "I enjoyed the competitive season and will cherish the memories on and off the court," told Jody.

CET IT OVER. Playing hard, Anna Nietfeld ('16) hits the ball back over the net, she did her best at the home game against the Bengals. "It's important to always play your hardest and do your best," commented Nietfeld.





GOT IT. Kate Drimel ('15) passes the ball back over the net at a home game against Blaine. The Knights lost the match. "Trust is one of the most important things to have in order to be successful," mentioned Drimel.

# ROAD TO VICTORY

JUMP. SLOOT. SCORE.

n the spur of the moment, Jackson Greenwaldt ('15) made the decision to take a chance and shoot with seconds left on the clock. In an instant, the crowd goes silent as the ball flies through the air and into the basket; the crowd cheers in joy and awe. The team was led by captains Jackson Greenwaldt ('15) and Jaylen Hakes ('15)."It was great working with the other players. Jackson and I had a lot of fun leading the team, but the coach still plays a huge role in our performance," explained Hakes ('15). In years past, the coaches would lead the the players and the players didn't have much say in how things run but this year it's different. The head coach made it more about the players and gave them the option to lead the team more than before. "We've changed our program a lot this year. It's a lot more student lead as our kids get more involved and we talk a lot to them and hopefully have their input, but in the end it's all up to the players," is how head coach, Tim Anfenson, would explain this year's season. Every year, more players come in and don't really know each other and the bonding activities helped build a stronger team. The strongness of the relationships between the players showed through their title of Conference Champs."I really liked how close we got as a team. We had some great bonding activities like Whirlyball and it will be hard not being on the same team again," said Greenwaldt ("15) when asked about his last season playing for STMA. Having the team get together outside of practice and games was a big part of being champs. The team would go out for ice cream and food after games. "After every game, the team would go to get food and it's fun seeing the panic on the workers faces as they see a whole basketball team come in at the same time," exclaimed Rothstein ('15). The team is more student lead and the players are very close this year. "The strong bonds that were formed definitely showed in our performance."



FAKE RIGHT, BREAK LEFT. Landon Bridell ('15) concentrates on passing the ball to his teammates by keeping his head in the game. "My favorite part of the game is the handshake in the beginning and the National Anthem; it gets me pumped," exclaimed Bridell. The boys ended up winning this game against Bemidji.

All photos by Tim Bykowski

**FINISHING STRONG.** The Varsity team celebrating after a dramatic win sending the team into the State Finals.

### Senior Spotlight





Jackson Greenwaldt 454 points 127 rebounds 108 assists 46 steals

Jaylen Hakes 218 points 168 rebounds 45 assists 36 steels



Cale 135 56 rebo 40 a

Trevor Rothstein 372 points 157 rebounds 82 assists 32 steels

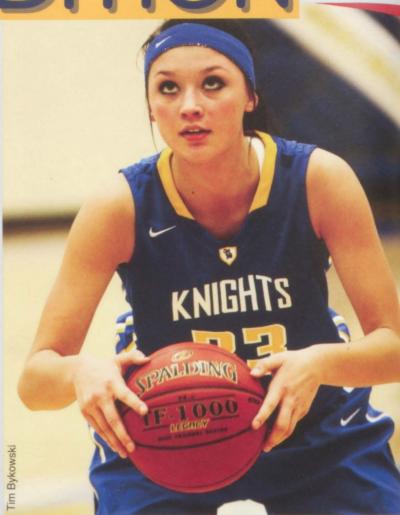


DEFENSE. Jaylen Hakes ('15) blocks the opponents from getting the ball. "Being around a positive atmosphere and being a part of a great time!" explained Hakes. The boys won this close game against Rogers.

<b>J</b> 1/11	5
Waconia	75-62 W
Edina*	73-61 L
Moorhead	70-59 W
Forest Lake*	75-70 W
Brainerd	73-63 W
Monticello*	55-37 W
Big Lake	65-33 W
Wayzata	61-52 L
St. Cloud Tech	56-51 W
Orono	52-48 L
Spring Lake Park*	63-51 W
Rogers	68-45 W
Buffalo	61-43 W
Big Lake*	54-37 W
Monticello	66-40 W
Sartell-St. Stephen*	64-50 W
Cambridge-Isanti	65-57 W
Chisago Lakes Area	59-56 W
Princeton*	82-50 W
Elk River	53-39 W
St. Francis	42-40 W
North Branch	81-54 W
Buffalo*	58-56 W
Duluth East*	56-36 W
Rogers* * Away Games	52-44 W

A WINNING TRADITION espite the many changes

surrounding Girls Varsity Basketball, the winning tradition at STMA has prevailed. The major changes this season include new uniforms and new players. Assistant Coach Lahr has recognized some of the changes: "This is the most talented team we have ever had. We have more talent than in previous years, but I feel that their passion for basketball plays the biggest part." Along with the team's passion for basketball, they have something else that that sets them apart. Carlie Brostrom ('15) explained what makes the STMA tradition a winning one: "Our tradition here is effort, attitude, and heart. These qualities all contribute to our individual game, our team game, and it makes us the Knights." Along with the game, the Lady Knights have passion for the team. The tight-knit relationships that are so obvious on the court, are mirrored outside the gym as well. Captain Bobbi Brendefur ('15), commented on the team: "I take a lot of pride in this team. We have all worked so hard this season, and I believe it shows. We have a team-oriented mindset and it has worked in our favor." Throughout all of the positive changes made this season, STMA has continued our winning tradition, while turning talented athletes into Knights.





**CELEBRATE**. The Knights beat out Duluth East while away on December 13, resulting in Coach Kent Hamre's 200th career win. Jaymie Hansen ('15) expressed her gratitude: "We are so lucky to have such a great coaching staff. We wouldn't be so successful without the coaches we have had the opportunity to work with."

#### THE FRESHEST KNIGHTS



### KNIGHTS

FOCUS. Sydney Tracy ('16), shown left, squares up to the hoop at home on December 4, while playing the St. Cloud Tech Tigers. The Knights went on to beat the Tigers, attributing the win to what Tracy claimed was, "The team's friendships on and off the court."

GUN IT. RaeAnnah Johnson ('17), shown right, runs the ball over half court, looking for a pass. Johnson's pass was completed and resulted in a three-pointer for the Knights in a home game against Wayzata on December 16. "This team plays with so much heart, and I know that with every pass, we have set ourselves up to score the points and win the games," said Johnson.

Tin Bykowski

**THINK FAST**. Elizabeth Heil ('17) shown below, looks left for an open teammate while playing Moorhead at home on December 11. The Knights beat out the Spuds, clearing out the bench. Twelve of the fourteen players made their way onto the scoreboard. Heil commented on the team's talent, "It is a lot of fun to play with this team, but it is also very motivating to play with such quality teammates."

St. CLoud Tech	71-32
Lakeville North	53-48
Hopkins	72-82
Moorhead	89-35
Duluth East	63-47
Wayzata	74-45
Lincoln Senior	65-45
Edina	70-71
Rogers	72-40
Buffalo	57-30
Big Lake	79-37
Monticello	59-25
Minnetonka	53-51
Bemidji	90-30
Chisago Lakes	77-47
Princeton	68-34
St. Francis	74-41
North Branch	77-45
Buffalo	76-54
Elk River	69-55
Eden Prairie	64-66
Rogers	72-69
Monticello	72-29
Big Lake	74-48



#### JUMP. SHOOT. SCORE.



# ALL-AROUND-GYMNASTICS

"This season is the best we've had in the years since I've been on the team. We have a lot of heart and talent in this group of gymnasts, which makes the season very fun," Jada Brown said. The gymnastics team this year was lead by Jada Brown ('15), Julia Leigh ('15), and Rachel Chounard ('16). These three girls were captains of the team, leading the younger girls with experience and by example. "Both varsity and junior varsity teams have been getting amazing scores because of their hard work and dedication," Captain Chouanard added. The girls became very close during the season. They supported each other at every practice and meet. "Practice is a lot of fun, we get stuff done but still have time to mess around," Julia Leigh added. The girls set certain goals they wanted to achieve during the season and pushed each other to achieve them. A proud moment for the team this year was taking 3rd at the Annandale Invite. "It was a very important meet for us," said Julia Leigh. The junior varsity team placed 3rd in the JV conference. The varsity girls finished the season with a conference record of 2-6.

#### READY. SET. FLOOR IT!

At a home meet Whitney Perry ('16) does her floor routine. "It's exciting to compete at home, there's a lot or nerves and addrenline," Whitney comments. Perry finishes her routine, and cheers on the rest of her teammates.

### MEET THE GYMNASTS!

#### JADA BROWN ('15)

"I'm a captain of the gymnastics team. I've been apart of the team since I was in 7th grade. I've been doing gymnastics since I can remember. I've enjoyed it more by being part of a team. My favorite event always changes but, it's usually beam or vault. My best event is beam."



#### JULIA LEIGH ('15)

"I'm one of the Gymnastics captains. One of the tasks of being a captain is to lead the team. I've been involved with gymnastics for four years. My favorite and best event is floor. To mentally prepare for an event I can't think about it, I just have to relax. I'm most looking forward to sections this year."





NOW INTRODUCING. The gymnastics team lining up before a home meet at the STMA Middle School East gym.

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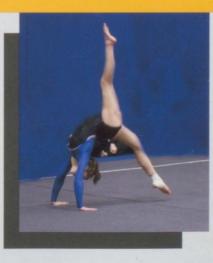
#### ALL ABOUT THE SHOW! Keenan Young ('18) performs her floor routine in



BEAM IT UP! Sophi Gagnon ('17) while doing her balance beam routine during an away meet. "I visualize my routine in my head and walk through it to mentally prepare, " Sophi comments.

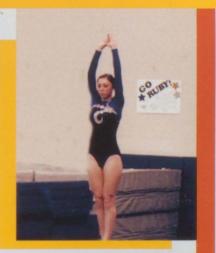
#### RACHEL CHOUNARD('16)

"I'm one of the Gymnastics captains. I've loved gymnastics ever since I can remember and I did it when I was really young. My favorite event is usually vault or beam. Vault is normally my best event."



#### ANNA KEEFER ('17)

"I joined the gymnastics team in 7th grade. My favorite and best event is vault, because I tend to stay the most consistent. I'm hoping to make it to State this year."





X /e had the most successful hockey season in STMA's history," commented Captain Tyler Hayes ('15). The Knights faced some fierce competition this season. "Some of our best games were against our rivals, Buffalo and Rogers," added Tyler. In the last regular season game, the Knights matched up against the Buffalo Bison. With a big rivalry between the two teams, there was a lot of excitement before the game. "We were able to pack the rink towards the end of the season with a ton of super-fans," appreciated Hayes. All the boys played their hardest and the Knights came out on top with a 6-0 victory. "We were able to sweep the season's games against them," Tyler added. Sealing the shutout for the Knights was sophomore goalie Kyle Hayden ('17) He ended the season with a save percentage of .921. The Knights played their way to be conference champs, something that hasn't happened in fifteen years for the program. It was the first time ever in Mississippi 8 conference history for the Knights. The team got the fourth seed in section 7AA for section play. Their season ended at home ice with a 4-9 fall to the Cloquet-Esko-Carlton Lumberjacks in the section 7AA quarterfinal game.



LOGAN NELSON

Center

BOYS' HOCKEY

ZACH ERICKSON Right Wing

**NOT ON MY ICE.** Nick Putnam ('16) takes a shot on Rogers High School. Scoring a goal for the team.



IT'S GAME TIME. Emily Laudenbach ('15), Maddy Schopf ('15), and captain Marina Chapman (Annandale HS) line up at the start of the game against Princeton. In the end, the Hawks beat the Princeton Tigers 5-2.



SHE SHOOTS AND SHE SCORES. The girls gather around senior Maddy Schopf (15) right after she scored her first varsity goal assisted by sophomore Hailee Williams(17). Maddy scored the last goal of the night giving the Hawks a 6-1 lead over the St. Paul Blades. Schopf commented, "It was the most exciting moment of my hockey career. I'm glad 1 got to share it with my line mates a.k.a. The Bermuda Triangle.

> ET'S PLAY HAWKEY. The RiverHawks gather around t to say a quick cheer fore their game. The Hawks beat their opponent, The Fighting Saints of St. Francis, 3-0 on Friday, December 5.



THE PUCK STOPS HERE. Julia Bogenholm ('16) saves one of the many shots that were shot to her during the January 3rd game against Moorhead. Julia saved 23 out of the 25 shots on goal. The RiverHawks tied Moorhead 2-2. Bogenholm said, "The best part about being goalie is when I make really cool saves that I didn't know I could make."





## "I SAY RIVER, YOU SAY

fter losing six seniors last year, the Hawks chose to come together and show their opponents a new meaning of what it means to be "underdoos." This year the Hawks decided to look past what others thought of them and decided to channel their energy into their strengths and pull ahead of their competition and that's ust what they did. They went out and showed everyone that losing some talent last year wouldn't effect how they played this year. "People projected that we would have really bad season this year because we lost so much talent " said senior Maddy Schopf. But for the Hawks last vea this wasn't very true. The Hawks ended their season with a 12-8-5 record which isn't quite what the they were aiming for but it did the job: "We actually did a lot bette than a lot of people thought we would," exclaimed Maddy

Halfway through the season the Hawks were 5-5-2. definitely not what they were expecting. The Hawks knew they had to step it up and so they did. "To get better we inded to have positive attitudes. Even though people think were going to lose, a positive attitude helps," added captain Rachel King. With the girls and their new and improved attitudes they all had one goal in common... to make it to state and to finish the season with a winning record: "The big goal is obviously to make it back to state. It's a hard goal because we lost a lot of seniors, but either go to state or to finish the season with a winning record," commented King. For the Hawks that is just what they did. They ended the season with four consecutive wins in a row and finished their season second in conference.

er Hauke

Rachel King #12 39 points: 26 goals 13 assists



Lindsay Finnerty #5 34 points: 12 goals 22 assists



Marina Chapman #26 (Annandale HS) 21 points: 6 goals 15 assists



Molly Young #11 15 points: 5 goals 10 assists



Brooke Johnson #15 10 points: 6 goals 4 assists

MEET THE HAWK'S POINT LEADERS

# **Boys' Swim and Dive**

#### take your mark. GO!

Thirteen new names will be displayed on the wall above the STMA Middle School East pool. Incredibly, thirteen records were broken making it a historic year for boys swim and dive. Among the broken records is one individual medley time that had not been touched since the 1970's "During the 200 Individual Medley, I kept thinking about the other time I swam it, when I came really close to breaking it. Afterwards, when I saw the clock, I felt really happy that I managed to push past the pain and finish strong," Max Lezer ('17) comments.

The team had a change in the coaching staff this season. The new head coach, Kelli Nadeau, treated the boys by taking them to University of North Dakota's swimming pool to make some memories and practice for the upcoming season. "We have a great swim team. Believe it or not swimming can be really exciting!" explained head coach Kelli Nadeau.

Another multiple record breaker was diver, Hanos Mahar ('15), breaking a number of school and pool diving records. "My biggest goal this season was to break one of my own records and to make it last for a while. Plus, I wanted to go to state," Mahari added.

Individually, Grant Moser ('15) broke five pool records throughout Minnesota this year. Moser along with teammates William Gallagher ('17), Max Lezer ('17), Braden Wermager ('16) and Ryan Everly ('17) broke records in relay events.

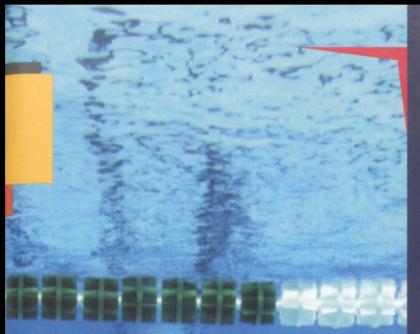
The State competition was held the University of Minnesota on March 6th. Top placers included Grant Moser who placed 7th in the 200 yard freestyle and 6th in the 100 yard butterfly. Max Lezer placed 5th in the 200 yard IM and in 500 yard freestyle. The relay team of Gallagher, Lezer, Schoenke, and Moser took 13th place in the 200 yard freestyle relay. The team of Gallagher, Lezer, Everly, and Moser took 8th place in the 400 yard freestyle relay The team finished 9th overall.





WINNING TEAM. The swim and dive team holds up a plaque after their meet against Wayzata. "Veni vidi vici. I came, I saw, I conjured," Michael Schoenke ('15) said on their win over Wayzata.

TAKE YOUR MARK. Remaining completely still, Ryan Sustacek ('16) waits to hear the starting gun for his backstroke swim. "I feel the intensity, the desire to win, and beat the kid next to me," Sustacek adds. THE DEEP BLUE. After a successful dive, Hanos Mahari ('15) pushes off the bottom at the University of North Dakota swimming pool. "I feel relieved after a perfect dive. It's a weird feeling, hard to explain," Hanos comments





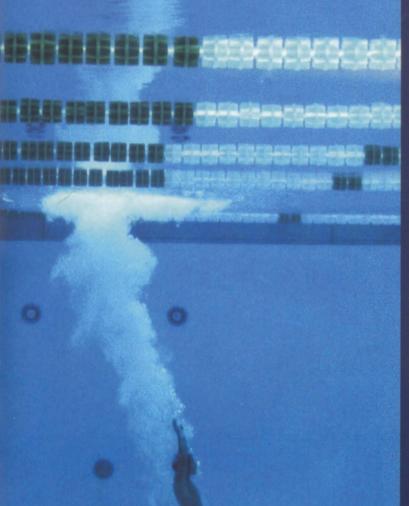
**POSITIVE THINKING**. Max Lezer ('17) swims with the thought in mind that "The men who try and fail are infinity better than those who do nothing, and fail."



**SO CLOSE.** After sealing a close victory of 96 to 90 at a meet against Monticello, Hanos Mahari ('15) and the team congratulate the Magic on the good meet. "Every person counted. Everyone stepped up," Hanos explains.



**DIVE IN.** Swimmers dive in after hearing the gun during a home meet at Middle School East.

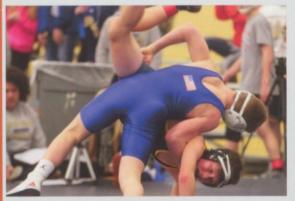


## MUSCLE MEN No Weak Link

This year the theme for STMA wrestling is "No Weak Link". Walking past the doors, students would see the wrestlers practicing and giving their all everyday for five months. Each wrestler had the same goal in mind, to make it to State. Everyone pushed each other to make team goals and individual goals. "No Weak Link" meant different things to each wrestler, but overall, it meant everyone would need to support each other through the season. Lucas Jeske ('16) explained, "No Weak Link" means we are a family and if one of us isn't performing at their best, we do what we can to get them to where they want to be. We are one." It was Jake Allar's first year wrestling at STMA and he became part of the wrestling family very fast. Jake Allar ('17) added, "There's no person we can't depend on, on our team. We all put in the time and effort to make our team as strong as it is." Evan Ronsen has been part of the wrestling family since middle school. He knows that being a contributing teammate and pushing each other is very key to a successful season. "Each link in a chain has a part in keeping it all together. That is the same on the wrestling team. Each individual has a key role in keeping the team together," explained Evan Ronsen ('16). Their chain remained strong and bonded with an extremely successful season ending at a second place finish at the State Wrestling Competition on February 26th at the Xcel Energy Center.

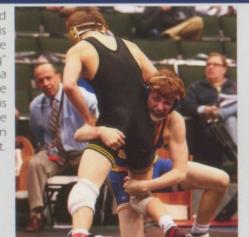
VICTORY. The referee raises Jordan Joseph's ('15) hand after beating his opponent and taking the state championship title at the Xcel Energy Center. Jordan wrestles in the 182lb class. Jordan comments, "I was excited, and very blessed. All the hard work paid off."

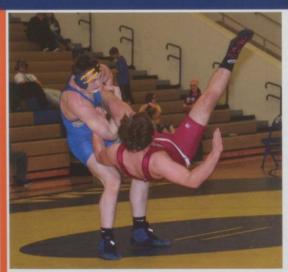
Bill Halldi



**CLASH**. At the clash Patrick Mckee returns his Totino-Grace opponent in a claw lift. Patrick's pin helped the knights win the dual 51-23. Patrick Mckee('18) exclaims, "The team has the ability to win state and I believe we will."

STATE. Zach Nygaard ('16) blasts through his opponent with a move called a "double leg" with the face of a warrior at the state tournament. This is Zach's first trip to the state tournament for an individual event.





**PICKING UP**. Ryan Jones flips his opponent with a move called "a single" on his New Prague opponent. Ryan is a senior on the team at the195lb weight class. Jones ended up beating his opponent 12-0.

**STATE CHAMP**. Mitchell Mckee ('16) just seconds after taking down his opponent at the state tournament. Mitch wrestles in the 126 weight class. Mckee won his second state title this year ending with 37 pins. One less than the school record. Mckee said, "My biggest inspiration to wrestle came from my father, Steve."

23



## "Friday Night Lights"

football team unites everyone in the town and turns them from a community into a family. Every game night, members of the community come together to watch, support, and cheer on the Varsity football team. It is because of the dedicated fans in the community that came together to build a great atmosphere that we are able to experience, St. Michael-Albertville's "Friday Night Lights", behind Middle School West.

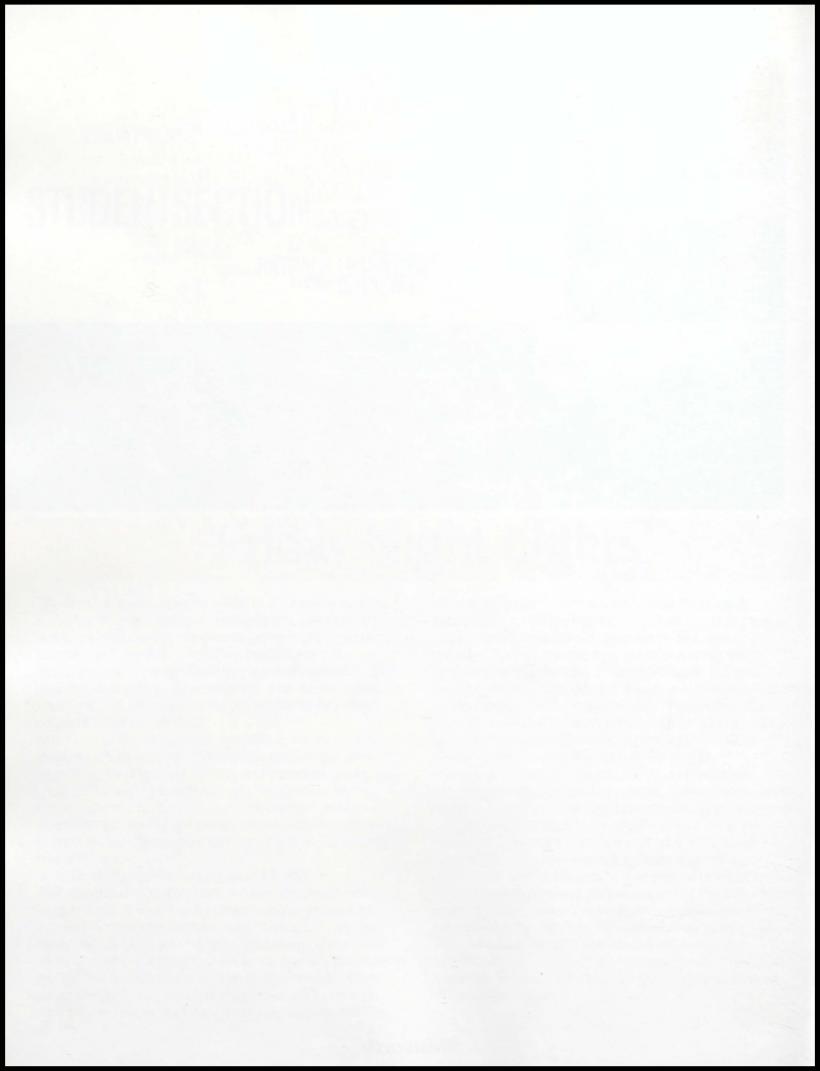
The heart of the atmosphere was due to the incredible student section this year. "The seniors did a really great job organizing themes and cheering and the other grades did a great job following their lead," said Nicole Blake ('15). Creative themes and cheers, extreme passion, and knockyour-socks off volume are things clearly evident in this year's student section. They could be heard from anywhere in the stadium.

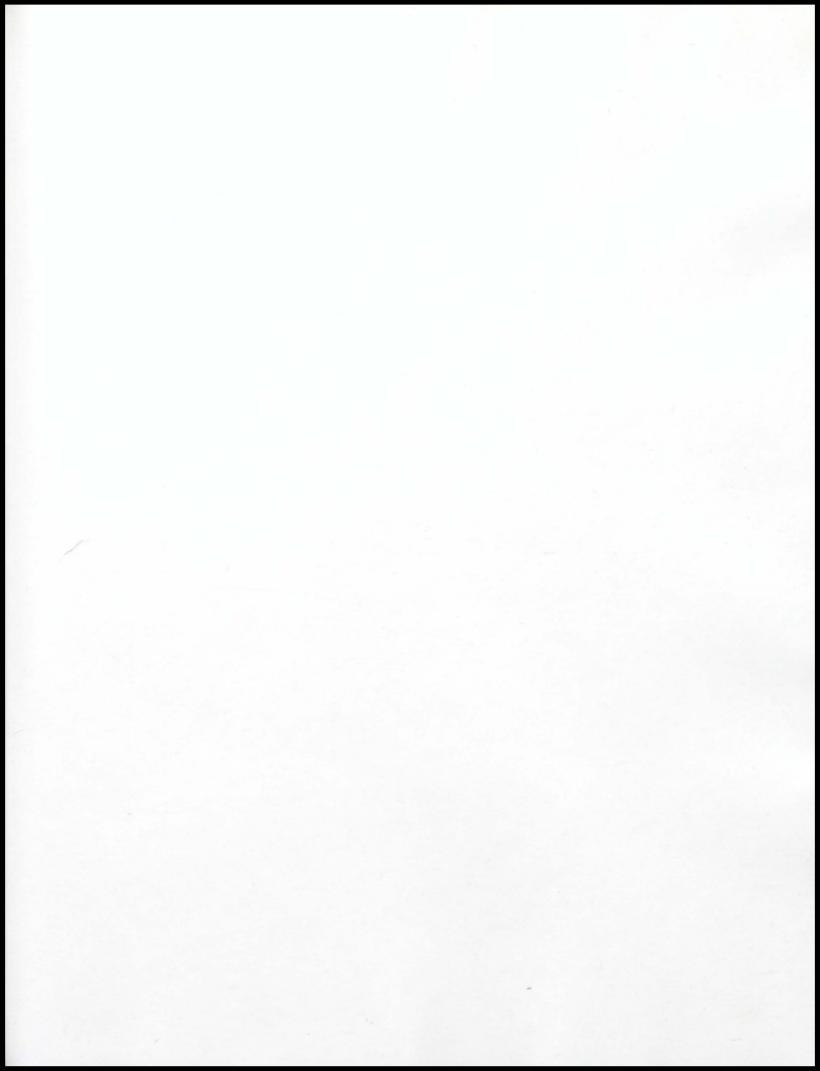
In front of the student section were 12 sideline cheerleaders who start cheers and get the crowd even louder. Some of their catchy cheers would get stuck in everyone's head like: alligator; get down, get funky, get loose; we say blue, you say gold; and many others. After every score the cheerleaders would do as many push-ups as the football team had points. The student section would count the push-ups, which many games got to be a lot!

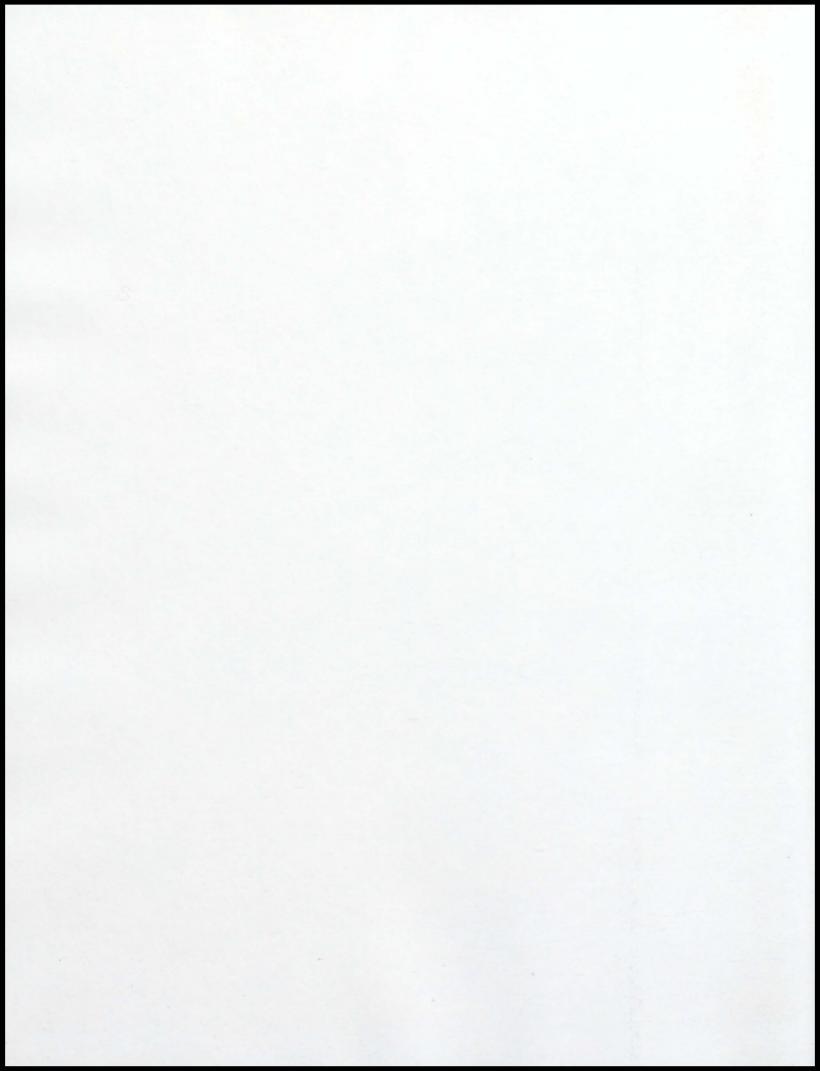
The players receiving all the cheers and support deserved

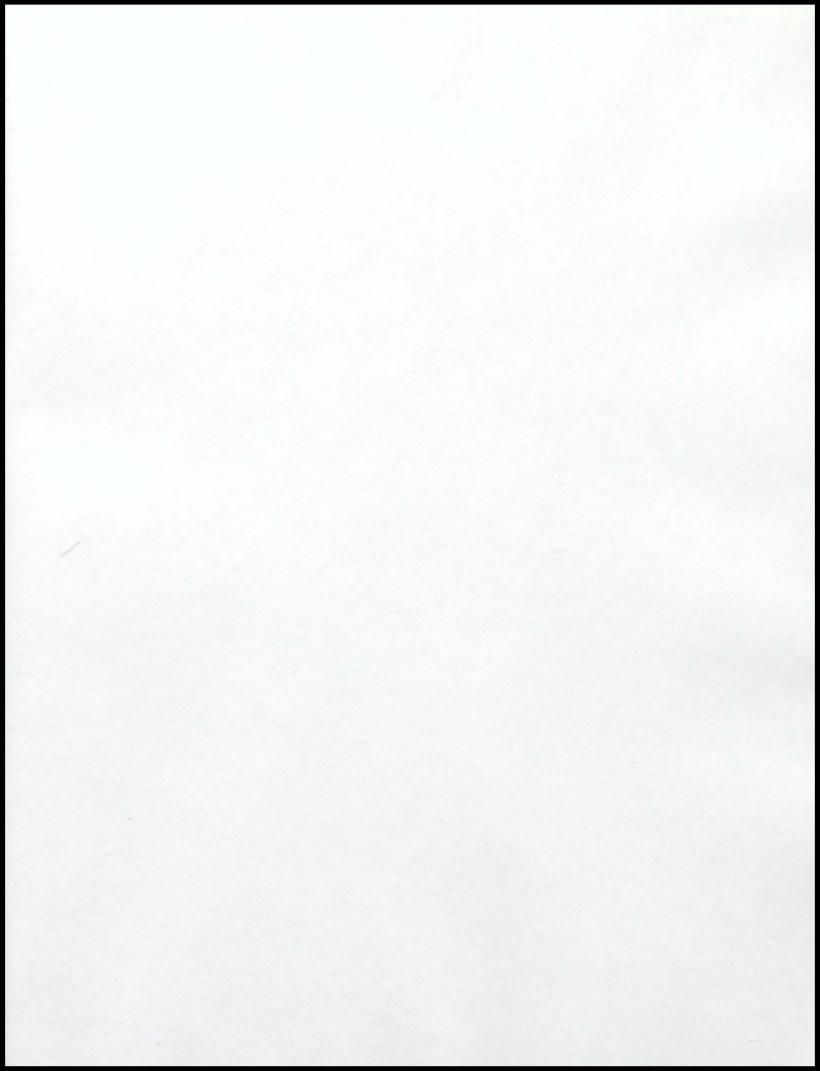
all of it. They put in hard work Monday-Thursday in preparation for Friday night games. Including long two-adays before school started. Their successful season reflected how much time they spent practicing, lifting, and watching game film. "It was hard work, but well worth it. All the sweat and hard work was rewarded with getting to play for the entire town on Fridays and making it as far as we did. Couldn't have asked for a better senior year thanks to my teammates, school, and community," said linebacker and tight end Tyler Berg ('15). The students took up around one third of the stands. The rest of bleachers consisted of parents, siblings, community members, college scouts, and people who just enjoyed to watch a good football team. Middle school students scattered around the entrance and on the hill, some watching the game some just socializing with friends. This fall, St. Michael-Albertville was a great place to live for the community because of how successful the team and student section were. The tradition continues year after year some things stay the same other times years create new traditions. All ages and all sizes anyone in the community can find the joy of football games. The talk of the town is the talk for a reason. Memories are made on "Friday Night Lights".

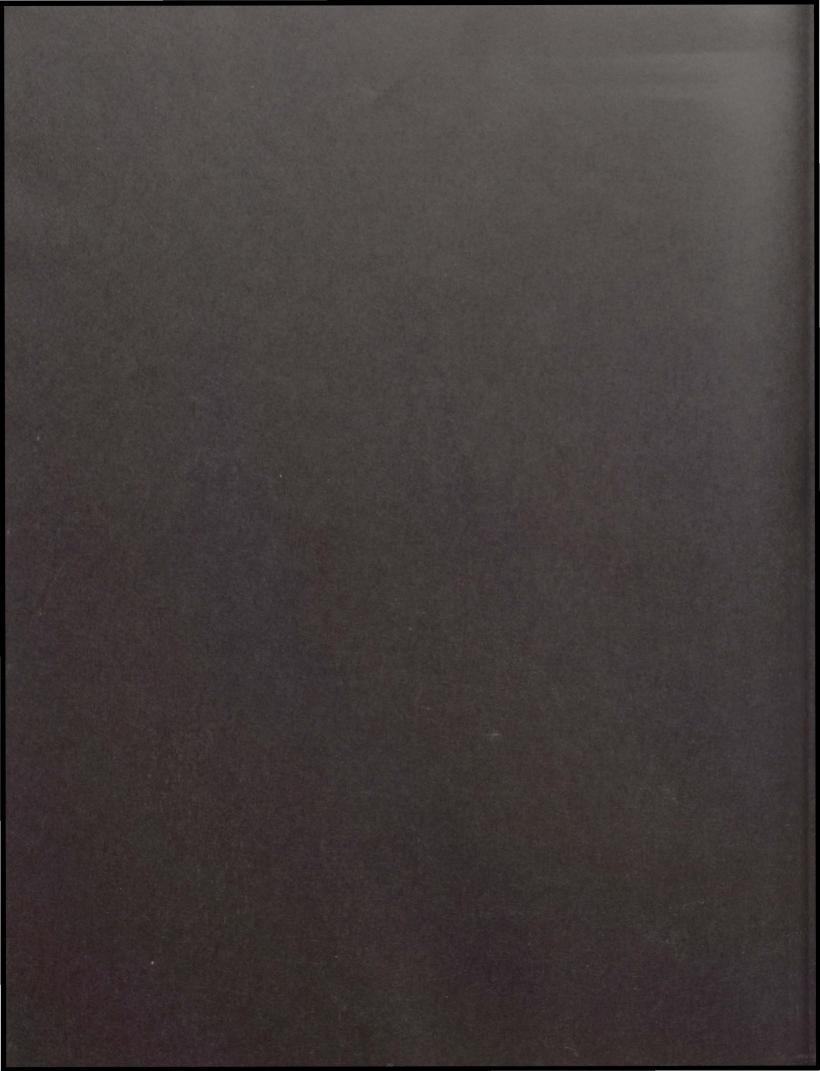












### What is it like to be a member of the ...



#### Student Section

"Nothing like going to watch the boys, leading chants and having a good time with your friends. I love the positive atmosphere STMA has and it's just an overall great experience," told Jake Bloomstrand ('15). "Love how everyone comes together to lead the team to victory. It's always a good time and usually the highlight of my week," claims Mitchell Erickson ('15). "Unreal, I love the student section. You have to chirp though! Can't believe it's over," recalls Alex Merges ('15).



#### Cheer Squad

"There's a lot of pressure ... as a cheerleader you have to pay attention at all times to the game and the student section and see what's happening. You can't get distracted by anything. It's a lot of fun being so close to the field, because we see all the action of the game up close and it's fun to help pump up the crowd," says cheerleader Gabrielle Walstrom ('16).



#### Football Team

"Being out on the field and seeing the whole town come to the games was one of my favorite high school memories. The excitement around Friday nights every week was awesome. I felt like the whole school came to support us and I think the support really helped us get to state," thanked All-State quarterback Jackson Greenwaldt ('15).

## THE STANDS- Where Memories are Made



LAST FINAL HURRAH! One of the most memorable games this season for the student section had to have been the Section Championship game at home vs Elk River. "As seniors we knew it was our last ever home game, so we wanted to make it a great one," said Hannah Berhow ('15). Seniors tailgated on the unique Halloween game day. They ate pizza, played lawn games, listened to music and just hung out to get pumped for the game. The theme was a mix almost everyone wore blaze orange and camouflage with some people wearing costumes and some people painting their face like zombies. The night was capped off with a 38-12 victory for the knights, with the fans storming the field to celebrate with the players on advancing to state and having such a successful year.



**GONE FISHING!** The student section "went fishing" on September 26th at the Knights' football away game against Chisago Lakes. Ryan Larkin ('15) began the casting while the entire student section joined him on reeling in Blake Berning ('15), who was swimming in the Chisago Lakes' bleachers when he got hooked and flopped like a fish, all the way around to the visitor's bleachers where Nolan Olsen ('16) and Wesley Maschke ('15) netted him carrying him to the student section where he crowd surfed and allowed fans to pose with their "big catch" of the night. "A student section classic routine executed perfectly." said fisherman Ryan Larkin.



#### ALL ABOARD THE J-ROD EXPRESS!

This year the student section continued the tradition of the roller coaster at half time. The seniors took it upon themselves to try and perfect it. The name changed from the Schoen Train to the J-Rod Express. They performed the roller coaster at every game and made sure that everyone in the student section participated. They came up with the brilliant idea of fans using the flashlights on their phones during the ride to create an incredible sight lighting up the night and being seen by everyone in the stadium. "It was a simple idea that became a miraculous sight," said the conductor of the J-Rod Express, Jared Heinen ("15).



**UP AND OVER NO PROBLEM.** Mitchell Krates ('18) clears over a hurdle in the M8 meet at Buffalo. Mitchell Krates lettered as an 8th grader. "I works as hard as I can when I'm capable and lift when i get the chance to because I want to get faster for my other sports and I like to get a PR (personal record) in every meet," said Krates.

HIGH JUMP. Isaiah Weston('16) jumps over the high jump bar at the M8 tri meet at Buffalo high school.







STMA

**CHASING CAYO.** Chase Cayo ('15) reaches out for the baton to take the lead in a relay race. Cayo won the race by a landslide at the outdoor home meet with Cambridge, Chisago Lakes, and North Branch.

## GOT SPIKES? All IT TAKES IS ALL YOU GOT

**RECORD BREAKER.** (left) Luke Eicher pole vaulting 13 feet and 1 inch and breaking the indoor pole vaulting school record. "I felt awesome and was very excited to keep on working and go for the the outdoor record", said Eicher.



o make it to State, the boys' Track and Field team must rely on their teammates hard work and given talent. Many of the teammates think that the boys have a great shot at winning the conference and then by individuals hopefully doing well and winning sections other teammates think they will be able to send quite a few athletes to state. Many of the Track and Field boys work their hearts out to be successful and to reach their goals. "I compete in other sports and activities to stay healthy and grow stronger. I was very dedicated in the weight lifting program both in the summer and winter," said Luke Eicher ('15). Another hard working athlete is Andrew Puett ('15). Puett said, "I like to get more throws than anyone else during practice." These are two out of a ton of other hard workers that work towards their goals. Its athletes like these that help make the opportunity to go to State possible.

**THE LEAP.** Josiah Ferguson ('16) jumping into the sand pit during his go at the long jump competition At the outdoor home meet with Cambridge, Chisago Lakes, and North Branch. Josiah is not superstitious, he believes that "everything happens according to God's will," said Ferguson. He would also tell you that one of his biggest accomplishments in track is going to state as a freshman and sophomore.

THE CANNON. (left) Andrew Puett ('15) launches the shot put in the air at the outdoor home meet with Cambridge, Chisago Lakes, and North Branch. Andrew won this event by throwing the shot put the farthest.



THE HAND OFF. Eric Sjelin ('16) runs his fastest to teammate Jacob Moran ('15) to hand him the baton in a relay race. The home meet was against Cambridge, Chisago Lakes and North Branch. The way Jacob and Eric keep themselves motivated is by "trying to be like Clay Matthews," said Moran. Sjelin added, "I race guys during practice to see where I am for speed." said Sjelin.

# GO THE DISTANCE

rack and Field is a sport that many people join. This year there were more girls than ever to join. Jada Brown (15) said, "This is great because it gives our team more depth regarding the amount people in each event that can score points." Although the over half the team is underclassmen, they are very talented. In future years, the team should only get stronger, as the team grows together. "I think we will win conference and probably do well in sections and we should have a good amount of girls going to State," said Folstad ('17). Since the team is so strong this year, they set a goal to place as one of the top teams in the section and hopefully make it to state. One of the challenges was competing in the elite meets and sections. Cherish Witherspoon ('16) added, "When you are in first place it proves that all your hard work, sweat, and tears finally paid off."

**STRENGTH**. Kristen Haller ('15) throws discus at the first outdoor meet. This is Haller's last year in track to compete. "My favorite part of throwing is not running," said Haller.





TMA

**SUCCESS**. Leah Johnson ('16) is runs 300 hurdles. She is one of the fastest at this event. She is a very talented athlete and works very hard to be where she is at.



**COMPETING**. Jada Brown ('15) is neck and neck against a Buffalo runner. She has been in track since her freshmen year and has been working very hard for this moment. "Once I joined as a freshmen I knew I would continue because it's a lot of fun to grow and improve," said Brown.

**TEAMWORK**. Cherish Witherspoon ('16) and Isabella Ferrozzo ('17) are running a relay and are in 1st place. This team placed first in this event. "I love to run its probably one of the best feelings in the world after you reach the goal you've been striving for," explained Ferrozzo.





**THE JUMP**. Paige Joslyn ('17) runs the 100 hurdles, she is the best the team has this year. As long as she keeps working she will be very strong by her senior year.



## LAX TO THE MAX

our years ago, a group of young men came together with a shared athletic passion to play the aggressive and demanding sport of lacrosse. The team has developed by adding more members, and with gained support from the district the team members are excited to announce that they are officially a member of the ASTHMA varsity athletic program. Not only have the team dynamics changed but the team is equipped with new supplies, sporting new uniforms, and raising the bar for their competition. Jack Terwey, a junior player and also a captain on varsity, shares his opinion about becoming a varsity sport. "I think we will be taken more seriously by the school and as a whole". Nolan Olsen, also a junior captain, says, "This year I think will be more physical and competitive because of our new competition". Although it's very exciting that boys lacrosse is now a school sport, it has always been a fun

### BOYS LACROSSE

and rewarding experience for the boys. Ryan Copeland, a sophomore varsity player, says his favorite part about lacrosse is. "The bus rides, they're always fun with quality team bonding". Captains also have a big role in leading their teammates to success. "I plan to be a good influence to my teammates and lead by example", said Olsen on his plan as a captain.

## LIVE-LOVE-LAX

C ophomore Molly Slaughter is starting in her second season on the varsity girls lacrosse team. She might make playing center look easy but the road to the starting line is anything but that. She started playing five years ago and after discovering her natural talent, Slaughter continued to push herself to become a stronger player by training at several clinics around the state. She has traveled to Augsburg College and the University of Minnesota Twin Cities. Slaughter has also competed in Chicago with the Minnesota Elite team where she played teams from all around the country. "I do camps off season because they help me improve as a player. It helps me pick out all of the things I need to work on. It's also fun getting coached by college coaches as a highschool student," said Slaughter about her busy off season. She is also thought of very highly of by her coaches and teammates. Coach Anderson said, "Molly is very athletic and determined to do her best and pushes her



**PUSH IT.** Molly Slaughter as she sprints down the field to make a play towards the net. Slaughter said, "Lacrosse is a really fun sport, it's fun to see all the players grow throughout the season."

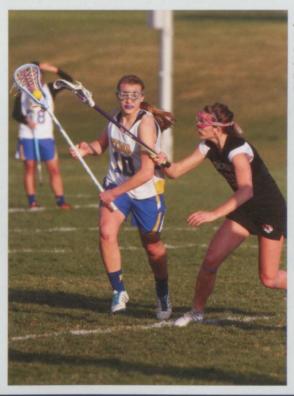
## GIRLS LACROSSE

teammates as well." Slaughter's hard work is visible in her several accomplishments. She believes her biggest accomplishments thus far include: "Winning state on my 8th grade team, making varsity as a freshman, and my teams section performance last season. My goal for my team this season is to make conference champs."



STRATEGY.

Sidney Schreiner ('16), cradles the ball as she looks for an opening to score or pass to an open teammate. Schreiner commented, "I play every game like its my last and never give up."



ATTACK. Emily Ruhland ('16) defending the ball as she tries to make a play to score.



### Curveball

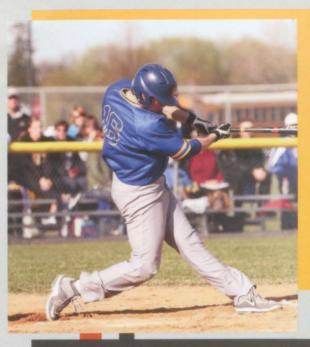
### KnuckleBall

### Splitter

### Changeup

### Two-seem Fastbalı

(Right): Tyler Hoselton ('16) up to bat against the Monticello Magic "Coach gave me the bunt sign, so I tried to get a bunt for a hit but it was a bad pitch so I pulled back," said Hoselton.



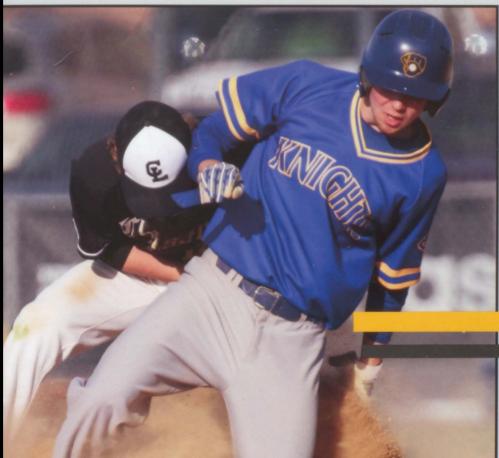




## BAND BROTHERS

## PITCH PERFECT

In baseball each individual has their own personal goals for the season and also team goals. These goals are set high for each individual so that overall, the baseball team will be better each year. Setting a high goal can be very stressful when trying to accomplish it, it takes a lot of perseverance and hard work. Jaylen Hakes ('15) said, "My individual goal for the season is to bat above .400." Second year player, Jack Kelly ('17) who is the varsity catcher for the Knights added that his goal is, "12 or less past balls and 5 or less strikeouts." A starting pitcher for the varisty team, Ryan Cisewski said, "To bat .325 or above and to win 75% or more of the games I start pitching in." Each goal takes hard work and focus too accomplish, but will better the team in the end. One of the teams overall goals this season is to make it out of sections and make it to the State tournament..





(Above): The Knights played Chisago Lakes on April 23rd resulting in a win for the Knights. Jaylen Hakes ('15), Knights 3rd basemen and also a pitcher commented, "I thought the game went great, we won 8-3 and thats what's most important." Hakes went 1-4 with a double and 1 RBI.

Jake Bloomstrand ('15) sliding into 3rd base safe on April 23rd against the Wildcats of Chisago Lakes helping the Knights get the 'W'.

#### YELL LOUD AND PROUD!

As the girls took their turns up to bat, not one sat down on the bench during their break off the field. Each and every girl on the team was on their feet, making noise, and cheering on their teammates. (Home vs. Monticello)

Pictured from left to right: Ashley Stecker ('15), Krista Slavin ('15), Paige Falde ('16), Taylor Blank ('15), Brianna Kinghorn ('15), and Riley Carlson ('18).



## SENIOR SPOTLIGHT

#### ALLI BURDITT



#### Position: 2nd base & short stop

<u>Memorable Moment</u>: Right away Alli said, "Hitting a homerun off of the Rogers pitcher (Kaite Kemmetmuller) during the first game this year."

<u>Q&A:</u> (Q) If you could change one rule about softball, what would it be? (A) "I would change the infield fly rule," she noted.

KRISTA SLAVIN

Favorite Bat: Xeno

#### Position: 1st base & pitcher

<u>Q&A:</u> (Q) If you could change one rule about softball, what would it be? (A) "That we could only play in warm weather," Krista said.

<u>Favorite Bat:</u> Easton V12- "my purple V12 lucky bat that I've had since 7th grade," Krista added.

<u>Softball Superstition:</u> "I always draw the letter "K" in the sand inside the pitching mound before I pitch," Krista said.

#### ASHLEY STECKER



#### Position: 3rd base

<u>Pre-game/ Walk up song:</u> "Wiggle" by Jason Deroulo ft. Snoop Dogg

<u>Q&A:</u> (Q) How do you pump yourself up for a game? (A) "Our team does a "potion mix" before we play!" Ashley said.

<u>Memorable Moment:</u> "A memorable moment I won't forget would be always eating sour candies or gummies on the bench every game, we've done it ever since we were little," she added.



LOOK PRETTY PLAY DIRTY! Brooke Burditt ('18) sliding in to home plate, scoring a run against Monticello.

ALISON KMET



PITCH PERFECT. Riley Carlson ('18) pitching ir the game against Chisago Lakes.

# I FAVE IT AL THE FIELD

#### EVERY MEMORY HAS A STORY OF ITS' OWN

Shania Kinghorn (15) has played softball for 12 years and plays with passion. Along the way to where she is now, she has made many friends and has made many memories.

"The most memorable moment that I won't forget is when our team got Dairy Queen if we made double plays during our games freshman and sophomore year," Kinghorn said.

ALISON KMETT

### PRACTICE LIKE A CHAMPION ..

X /ith last year's season ending at sections with a loss against the Centennial Cougars closing at 6-5, the girl's varsity team is ready to get back on the field and show what's in store for this year's season. "My expectations are that the girl's come prepared to give everything they have, every day. This means full intensity at practice and in the games," said coach Shumway. Playing at their full potential, improving every single day, and knowing what needs to be worked on- the girls and the coaches have set the goals for the season, "The goals are to win conference and to be competitive in sections. For the returning players, their main goal is to get a win in the first round of sections," Shumway added. and according to coach Shumway, "the girls are bringing everything they have day in and day out, and they are always looking to improve." The girls have been working hard all season, getting out of their comfort zones, and covering new grounds on the field. With no regrets, they have been giving everything they've got in their games and into their late and early morning practices. This season has been all about working hard, getting gloves dirty, and leaving it all on the field.



#### TIME TO STIR THE POT ...

There is nothing but good vibes before every game, and the girls always start it off with a little "potion" to pump themselves up. "We all say positive things to put. inside- put in runs, communication, and good fielding," Shania Kinghorn ('15) explained

#### VARSITY SCHEDULE

April 7 Rogers April 9 Buffalo April 14 Big Lake April 16 Monticello April 18 Spring Lake Park April 21 Cambridge-Isanti April 23 Chisago Lakes April 24 Princeton April 28 St. Francis

April 30 North Branch May 1 Big Lake May 2 Becker Tournament May 4 Wayzata May 5 Buffalo May 12 Rogers May 14 Monticello May 15 Elk River May 18 Start of Sections

# THE CLUB CAN'T

 $\Delta$  n athlete can only advance so far in competition on natural talent. Athletes require the foundational skills and guidance from the coach who equally shares the passion for the sport. With new coach, Michael Fore, leading the boys' team there was no doubt that the season would be great. "We are going to be the first golf team state bound, we are one team with one dream," said Abe Schwieters ('15) excitedly. The team put a lot of confidence into Fore to help them get through their season. Bret Lee ('16) said, "He is the best coach that I have ever had, and he really connects with the team in a way that most coaches don't." The team took Fore's lead and began supporting one another to advance their goals. Taylor Zack ('17) said, "The new coach is like our brother, we are a very close team this year." The team started of the season with a great success, the boys took 1st place with 306 points in the Monticello Tournament. With all the success at the beginning of the season, there is no doubt that with this coach the team will accomplish many great things.





**PLACEMENT.** Cameron Ferstenburg ('16) follows the shot across the green at the Monticello Tournament.



**AIM.** Taylor Zack ('17) swings for the hole at the Monticello Tournament. "I want to be one of the greats," stated Taylor with drive in his voice.



LOOKING FOR A WIN. Abe Schwieters ('15) on the hunt for victory at the Monticello Tournament. "I love the drive," emphasized Abe Schwieters.



**WORKING HARD**. Not only is it important to get a lot of practice during the regular season, but the off-season as well. Emma Barbeln ('16) gets a lot of training done during that time of the year."I go to driving ranges once in awhile in the summer with my dad," Barbeln said.



**FOR THE WIN**. The team took first place at the home invite at Cedar Creek. "We were ecstatic! Winning gave us more confidence and it helped us push ourselves to our full potential throughout the rest of the season," said Ashley Conrad ('17). The girls team also thought it was time for a change and went with the pink uniforms this year.



FAMILY TIES. Team captain Kate Drimel ('15) has been experienced with golf since her early years. "I've been playing golf ever since I can remember, my dad is a head golf professional so I have grown up with the game and fallen in love with it," Drimel said.



**PREPARING** Team captain Karli Buckmeier ('15), explained how practice makes perfect. "Staying focused on one or two things every practice helped us know what we needed to work on," Buckmeier said.

olf is more of a personal sport, it's about your own strategies and skills while playing the game. However, it is important to have the team for extra support. "Golf is an individual sport, so teammates are nice to have help encourage and uplift your spirit while playing," said Kate Drimel ('15). Encouragement is always the key when working as a team. "When it comes to golf, if you and your team support one another, we as a team can see better results and become a more united team," said Alyson Astleford ('15). The girls have always had it put together. They stayed focused to get the score, but had fun while playing."Through our encouragement on the course, dependence on each other's scores to do well as a team makes it easier to work together," Christine Miller said (15). The girls have such a close-knit team, it made it easy for them to hold each other up throughout the season. 193

## HANDLEUS



## Have a Ball

### KNIGHTS BOWLING

This season for the STMA Bowling Team was a year of family bonding. A new student, Connor McCann ('16), transferred from Sartell High School. When asked why he joined the team, Connor explained, "I had been bowling for 10 previous years, so when I moved here in 2013, I joined the [sport] I was best at." Connor was joined by his sister, Madison McCann ('20). They were not the only siblings on the team. Jack McDaniel ('16) was joined for the first time by his younger brother, Zach McDaniel ('19). The older members did all they could to mentor the less experienced players. They had help, especially from varsity captain, Marshall Stevenson (16). After the season ended, Marshall reported, "The younger kids listened to me. Probably because I was the captain. It was really fun helping them get along with their game and improving the team." The young players also added to the team with fresh attitudes and team spirit. This was especially true for newcomer Madison McCann. Her brother, Connor commented, "[She] always brought pep to the team. She helped keep us in a good mood even after a bad night." This year really brought everyone together, including students new to the area and students of all ages.





IN THE ZONE. Bowling sometimes turned into a very serious sport. The players had to stay focused to avoid having a bad ball and falling behind. During the conference tournament Jack Munkberg ('16) managed to avoid all distractions. He talked about how he stayed focused when he said, "I was the main anchor for varsity. I had to clear my mind for everything because I knew I was one of the most important people in the rotation."

ON A ROLL. At the conference tournament on October 29th Connor McCann ('16) rolled a strike. Rolling a good ball is one of the greatest feelings according to Connor, who said, "A good strike ball feels perfect from the flawless release to the glide of the ball rolling just to where you want it."



Top Row: Dave Green, Devin Kessler, Ian Verbrugge, Connor McCann, Jack McDaniel, Zander Kiplinger, and Gary Dormsgaurd Bottom Row: Zach McDaniel, Derek Witenbell, Madison McCann, Carter Athman, Dillan Witenbell, and Jack Munkberg



**TEAM SPIRIT.** Brandon Heaton, Lauren Cichoski, Grace Bromley, and Ellie Hofmeister strike a pose.



STRIKE. Freshmen Grace Bromley started bowling this year for the STMA Rolling Knights. Grace likes to bowl because she gets to bowl with her friends, but her favorite thing about bowling is her purple bowling ball.

# Rolling Knights

ot a lot of people know about a spectacular bowling team we have at STMA. The Rolling Knights is a group of students that are on the adapted bowling team. They bowl every Friday morning to practice for the tournaments that they have and also for State. Lauren Cichoski ('17) stated "I love bowling, but I also love riding in the van." They have a couple of big tournaments that they participate in. The first tournament is the Monticello Invite Tournament on April 24th. They also host a big tournament on May 8th called the STMA Invitational. After those they only have a week until the State competition. Brandon Heaton ('17) stated "I look forward to State and being able to bowl a double."



**SAY CHEESE.** The team gathers together to practice for the Monticello Invite tournament. The team is made up of kids from the high school and the middle school.

## \_OAD.AIM.SHOOT.

### Smashing Clays

rapshooting is one of the three major sports of competitive clay target shooting sports with a shotgun and it is the fastest arowing sport in Minnesota. "It is different than other sports, it challenges you to focus," said Abby Sundeen (15). The STMA trapshooting is an independent league that consists of about 58 shooters. Starting their practices in April, this year and to make a the team heads to the shooting range. "Last year my goal for the season was to get Alexandria, MN and 100%, which is 25/25, and I reached it on my last shoot of the season!" exclaimed Ryan Alstad ('16). This season the trapshooting team had a number of goals. The most important one is repeated every practice by coach Scott Berning, "The number one goal for every season is to have fun and be safe," said Berning,

"it is important to the teams success," he continued. Trapshooting has become a more popular sport and that is one thing Berning is excited for this season. "I have seen a lot of new faces, new faces with a lot of talent. I am excited to watch them improve through this next season," Berning replied. The team is excited to compete for conference champs again strong show at class Championship in hopeful to earn a spot in state for the spring 2015 season.



PULL! Not trying to think about the cold, Ryan Alstad ('16) focuses on his form on his first shoot. "Trapshooting is a good sport to learn more about guns with your friends." states Alstad. He plans on challenging himself this year with his goal of getting a 50/50 shoot.



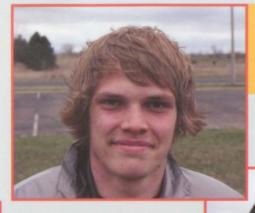
BIG SHOTS. To the right, shooting at the first practice of the season, Emma Olson ('15) takes her turn. "One thing I am looking forward to this season is to see everyone get better," says Olson. Her goal is to go to state again this year and win.

NOTHING BUT DUST. When Morgan Psyk ('16) is asked about what she does before she shoots, she replies, "Just breath!" One thing she thinks people need to know about trapshooting is that its not just a quy sport.



All pictures provided by Breanna Goenner

"Being a part of the rugby team is a lot of fun, but also pretty hard," Carl Romero ('17) said. "The hard part of the game is the intensity it brings. To tone down our anxiety and pump us up for the game, we jam out to beats in the locker room. We also drink "C4" which is a prework out drink we take. But the most important thing we do is gather in a group huddle (scrum) before the game and talk about the team strategies and ways to win us the game."



Captain Adam Jurmu from STMA ('16)



Assistant Captain Michael Williams from Buffalo High School ('16)

LINE-UP. A play used to restart play in rugby after the ball has gone over the sideline, in which forwards of both teams line up in two lines parallel to the goal line and at least one meter apart, and a player from the other team throws the ball back between the lines.



## #EatSleepRugby

Ithough rugby doesn't compare to your ordinary high school sports such as football, soccer, hockey, etc. the boys love to get out on the field and do what rugby players do best - play hard. High school boys of all ages are more than welcome to join this "get down and get dirty" sport with open arms. Rugby is a club sport that is a combination of STMA students and their usual rival - Buffalo Bison students. With this team, the boys are the total opposite of rivals, they are "brothers." Adam Jurmu (16) is the captain of the STMA Rugby team and is very passionate about his team. Jurmu said, "Rugby is a fun sport and very different from the rest. Something that separates us from other sports is that at the end of each game, we actually sit down and eat dinner with our opponents and talk about the great plays made." As you can see, rugby may look like a really tough sport, but deep down the boys are very passionate about what they do and are very welcoming.

"It's been a pretty decent year, we have a lot of recruits and need to train them so we as a team will proceed to be the very best we can," said Jurmu. Although Adam and the rest of the boys love getting out on the field, the one thing they can't wait for is the end of the year tournament. "All of the teams get together in the state and play each other all day. It's pretty exciting." said Jurmu.





**KNIGHTS ON THREE.** "My favorite thing about doubles is that if you start playing bad your partner will pick you up," Joe Hebeisen ('15) commented. This season, Joe played number one doubles with his partner, Grant Moser ('15).

YOU GOT SERVED.

Aaron Dorland ('15) sent the ball back over the net to his opponents. "I love playing doubles and having a partner to reply on or back you up if you make a mistake," Dorland added.







## MEET THE TOP PLAYERS

Number One Singles Sophomore, Jimmy Li Number of letters: 3 Career number of wins: 30



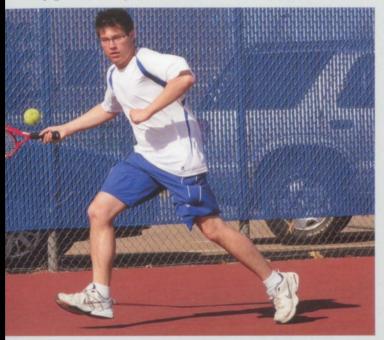
Number Two Singles Senior, John Budde Number of letters: 4 Career number of wins: 40



## BOYS TENNIS KINGS OF THE COURT

**VOLLEY.** Senior, John Budde ('15) volleyed the ball back over the net. John has been playing on the tennis team since 8th grade and has four varsity letters.

**RALLY.** Ty Carlson ('15) hit the ball back to his opponent to keep the rally going. Ty played at number three doubles for the Knights. "My favorite part about tennis is winning and hitting a really good shot in your favor," Carlson added.



ighteen years ago, Coach Jim Riles started the STMA boys' tennis team. Every year the team grew stronger and got more talented. Coach Riles has 164 career wins as the boys' coach. He has made the decision to retire, at the end of the 2015 school year, from coaching and teaching after 37 years. "My goal is to win conference and I think with seven returning letter winners we have a strong chance to meet this goal," Coach Riles commented. The team this year was lead by thirteen seniors. "The team is really close-knit, we all get along really well," Joe Hebeisen ('15) said. The boys lost the first match of the season against Becker, the final score was 2-5. "I'm looking forward to playing Becker again, they always beat us really close," number one doubles player Joe Hebeisen confirmed. "We were missing our number two doubles player, Cody Jones ('15), and it was hard to adjust." The boys had a busy season with two or more matches every week. As it is every year, the boys had the team goal in mind to win conference and go to state. "The best thing about tennis is that you can't blame others like in team sports, it's mainly on your performance not anyone else," Hebeisen added. The boys worked hard in practice everyday with the goal of conference champs in mind.

Number One Doubles Senior, Joe Hebeisen Number of Letters: 2 Career number of wins: 26



Number One Doubles Senior, Grant Moser Number of letters: 3 Career number of wins: 29



### INTERNATIONAL MARKET SQUARE





nden Valker



HERE WE CO. Upperclassmen ladies pose for the picture showing off their garters. "All the girls garters were unique and a keepsake from the memory of prom 2015," said Destinee Wolfson ('15).

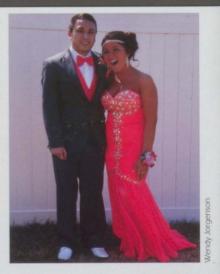




LIGHTS, CAMERA, ACTION! Upperclassmen taking their last picture after an exhausting couple hours of photos. "We took a lot of pictures, probably to many, but they'll be fun to look back on in the future," said Brooke Baune ('15).

### PROM 2015

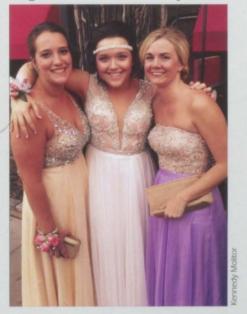
BRING ON THE GOOD TIMES. Kelsey Jorgenson ('15) and Christian Sanchez ('15) pose for a cute and silly prom picture before they head off to the high school to make an appearance at Grand March.





# AGOLDENGETAWAY

The upperclassmen wasted no time getting ready for Prom with many trips to boutiques searching for the perfect dress. "I went to four different dress shops and looked online until I found my dress," said Kenzie Martin ('15) As for the boys, their focus was on who would be their perfect date. The morning of the big day, most of the girls were up by 7 am getting prepared up to meet up with their dates who were able to sleep in much later. After group pictures, couples arrived anxiously at grand march waiting for their turn to have all eyes on them. Following grand march the party began as people traveled towards the cities to fancy restaurants waiting for Prom to begin. "The restaurant my bus went to had really delish food with lots of options," added Maddy Schopf ('15) Held at the International Market Square in Minneapolis party buses and limos pulled up to drop off excited upperclassmen and their dates. As students were arriving, they headed towards the photo booth to strike a pose with their friends. Then the students made their way to the fog covered dance floor to dance the night away. As others devoured the chocolate fountain, smoothies and bacon wrapped shrimp. "My favorite part was strawberries dipped in the chocolate fountain," commented Kelsey Jorgensen ('15). This will be a night to never forget for many of STMA's upperclassmen.



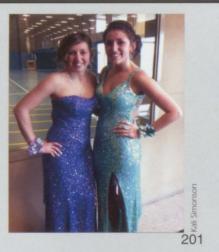


#### DOWNTOWN ADVENTURES.

These beautiful ladies decided to go exploring the city life, before making their grand entrance at the Golden Getaway.



READY TO SHINE. Senior Brooke Baune ('15) and Maddy Schopf ('15) anxiously waiting for Grand March to start. "My favorite part of Grand March was seeing all the girls in their pretty dresses," said Schopf.



## **STMA CLUBS**



FCA. Fellowship of Christian Athletes is a national organization focusing on serving student athletes by equipping, powering, and encouraging them to make a difference through living out their Christian faith.

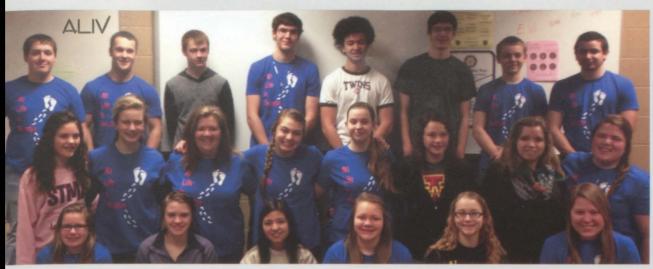


CHINESE CLUB. A new addition this year, the purpose of the club is to learn, share, and celebrate the Chinese culture. One of the biggest events we held was the China Night. Almost 100 people joined us to celebrate the Chinese New Year.



#### GAY STRAIGHT

ALLIANCE (GSA). is a student-led group that strives to establish a safe place for all students. We want to provide information and support in a fun environment. Membership is not required; anyone is welcome to come to the meetings. Students can expect confidentiality and respect in this space. It is meant to encourage individuals in the LGBTQ+ community as well as family and friends who wish to know and learn more.



SPANISH CLUB

ALIV. All Life Is Valuable meets to support one another to encourage the value of every life. Members include: Olivia Salonek, Abbie Herbst, Dany Fernandez, Meg Kowalke, Allison Zipp, Erin Daly, Maddie LeMonds, Sophia Madore, Sarah Hinrichs, Emily Ruhland, Anna Nietfeld, Lexi Heil, Bethany Becker, Mallory Schneider, Trenton Nevin, Luke Eicher, Joey Herbst, Brendan Thorpe, Justin Vetsch, Gabe Thorpe, Isaac Zipp, Joe Salonek, Joe Eicher, Ryan Sustachek.

SPANISH CLUB. ¡Somos el club de españoll We practice Spanish while becoming culturally enriched. Members: Maddie Gallagher, Nathan Pelant, Ariana Beljulji, Rachel Zajac, Emily Hughes, Sydney Cary, Sarah Bedsted, Nina Zimmerman, Taylor Robers, Rosanna Chanthamontry, Megan Carlson, Alina Yermakovich, Josie Adkins, Alex Vimonkhon, Sydney Kuiper, Maren Hamann, Serena Gjesvold, Jack Mazurek, Daniela Fernandez.





THEATER CLUB. Theater club is a club focused on learning what it takes to put on a show. Theater club was open to all talent levels, and was a great way to learn the ins and outs of theater. We choose many short "one-act" plays to perform in small groups. We had many quest speakers come out and work with students on theater from, clowning, stage makeup, combat fighting, acting, light, and singing. Members include: Michaela Andrusko, Shannon Ball, Sarah Bedsted, Alejandro Behling, Ethan Bell, Jayna Berndt, Chelsea Beumer, MIrnada Blake, Dylan Brown, Madeline Brunner, Eve Buchanan, Chanthamontry Rosanna, Christopherson Joscyln, Samantha Coplen, Bailey Craft, Caitlin Daly, Rayanne Dooley, Tristan Eddy, Kaitlen Ege, McKenna Eull, Kayla Finnerty, Jared Gagne, Sydney Gifford, Mary Gillach, Samantha Goenner, Bridget Goodfellow, Isable Gruby, Kaylee Haller, Jenna Halpin, Hannah Hollerud, Susanna Holt, Haley Johnson, Gracie Kaip, Caelyn Kirscher, Allison Kostreba, Landon Laman, Andrew Legatt, Kloey Lekatz, Christine Lenneman, Kari Lenneman, Carter Luedtke, Reanna Marschel, Reanna Marthaler, Allison McKellips, Carissa McLellan, Faith Monroe, Jack Munkberg, Caitlin Myers, Sasona Nesser, Megan Noetzel, Tony J Nowak, Teresa O'Sullivan, Claire Olson, Coral Palmer, Erin Patterson, AliceAnne Pegg, Andrew Ringate, Katlyn Rohrer, Psyrille Romero, Brynn Rova, Nicole Runge, Taylor Sandhoefner, Samantha Schmidt, Kyla Schnell, Alison Skon, Starr Stackhouse, Kylie Stokes, Cassandra Strege, Emma Thiemann, Taylor Tranberg, Abigail Trenholm, Aleah Tucker, Jena Vetsch, Hannah Vrklijan, Lillina Warnberg, Hideko Yang.

**ART CLUB.** Art club provides an opportunity for students to explore working with various media outside of the classroom and can make their own independent art choices.



Boys Cross Country: Coty Beckstrom, Danyan Blazek, Max Buskey, Cole Hennen, Hinton Hobza, Ryan Hyde, Tanner Kremer, Riley Marsolek, Noah Patterson, Evan Peters, Jarod Walstrom, Michael Youngberg, Jeremy Backman, Trevor Beaudry, Dylan Brown, Wyatt Bice, Nick Dinkel, Joey Herbst, Ethan Knutson, Jackson Larson, Caleb Newman, Thomas Pelant, Dance Ruberto, Nate Schindler, Brody Sunsten, Jake Thompson, Joe Wimmersgren, Alex Wolseth, Ryan Albrecht, Nolan Anderson, Mike Bury, Brian Colgrove, Jackson Connelly, Will Dierberger, Nolan Grambusch, Austin Jeffries, Lucas Jeske, Lukas Layton, Daniel Mayerchak, Jack Nadeau, Ryan Nelson, Zach Nygaard, Joe Rios, Joe Salonek, Ron Tanchim, Alec Birk, Mason Busch, Chase Cayo, Jake Coulson, Sam Czech, Tre Dorenbush, Christian Eiynck, Drew Hinkemeyer, Caleb Holt, Jake Monseth, Ryan Moore, Mike Schoenke



**Gymnastics:** Jada Brown, Julia Leigh, Kathryn Rehovsky, Theresa Chambers, Rachel Chouanard, Whitney Perry, Sophi Gagnon, Hailey Hahn, Anna Kefer, Olivia Sundeen, Yana Vizenor, Alliie Zipp, Brianna Christenson, Katlyn Tschida, Keenan Young, Claire Adkins, Elizabeth Libbey, Tailyn Klepsa-Orrey, Ellie Thiner, Elena Foty, Sydney Ophoven, Tessa Palmer



Girls Cross Country: Annalise Davis, Mia Salas, Abigail Anderson, Annie Brenny, Molly Brenny, Allison Birk, Kaydan Geiger, Brooke Johnson, Maddie LeMonds, Clare Orham, Catie Parker, Ava Simat, Bethany Becker, Emily Duley, Jordan Ertl, Abby Fischbach, Lizzy Heil, Allison Hunsley, Megan Kucera, Sisi Nesser, Belle Nyhus, Molly Slaughter, Olivia Salonek, Camryn Wilson, Katie Zachman, McKensie Ebert, Toneh Gaypia, Kayla Horn, Jenny Kisch, Cassandra Kobilka, Allison Kostreba, Hayley Lenz, Whitney Perry, Maria Praught, McKenna Rogers, Emily Ruhland, Mary Schmitz, Sidney Schreiner, Greta Stanton, Tori Barr, Sonia Bosire, Jada Brown, Erin Buck, Erin Daly, Daniela Fernandez, Jaymie Hansen, Abbie Herbst, Aubree Jackson, Maddie Jesser, Rachel King, Aspen Marquette, Christine Miller, Tia Simpson, Krista Slavin, Karson Sorby, Ashley Stecker, Cheyenne Vavrina, Gabby Vetsch, Taylor Zopfi



**Cheerleading:** Elizabeth Kemmetmueller, Karri McDowell, Madeline McLellan, Abigail Mulic, Tina Nguyen, Hulda Nyabando, Mackenzie Selle, Kassandra Vosberg, Claire Wallace, Madison Woodhams



**Girls' Varsity Tennis**: Alissa Anderson, Annie Caron, Jolene Duda, Cory Eull, Kiana Eystad, Rachel Jenkins, Maddy Schopf, Emily Solberg, Emily Tschida, Meghan Winans, Brianna Woitalla, Serena Gjesvold, Alli Hinz. 204



**Girls' JV Tennis**: Amanda Anderson, Sarah Bedstead, Sophia Bounnakhom, Jenna Bourget, Miranda Dehmer , Sydney Gifford, Hailey Haas, Sydney Hanlon, Alyssa Heusannphommavong,Olivia Holgate, Abbey Keister, Laura Klein, Madison Luedtke, Nicole meyer, Faith Monroe, Kaitlyn Peterson, Anna Roach, Morgan Schumm, Ruthie Schutz, Elizabeth Stephenson, Abigail Trenholm, Nina Zimmerman.



**Boys' Varsity Soccer:** Tucker Vanughan, Riley Haehn, Zach Bracken, Cole Meyer, Connor Rose, Wade Gammell, Hanos Mahari, Jake Lillie, Tanner Songstad, Connor Loscheider, Bret Lee, Kollin Kiddoo Joel Zachman, Max Marron, Mick Schwarz, Justin Pittelkow, Noah Hoy, Jonah Hoy, Wesley Maschke, Asaba Chomilo, Joe Eicher.



**Boys' JV Soccer:**Brad Madore, Brandon Borowiak, Nicholas Ness, Bretton Badenoch, Nick Schwarz, Arben Beljuli, Noah Hoy, Wade Gammell, Justin Pittlekow, Brennen Bladwin, Benton Welle, Gabe Thorp, Anatoliy Yukhimchuk, Shane Grunke.



**Girls' Varsity Soccer: First Row** (left to right) Anna Poss, Emily Laudenbach, Makenzie Langdok, Leah Johnson, Emily Swanson, Coach Johnson. **Second Row** (left to right) Hannah Schutz, Maddie Schmidt, Jordyn Walker, Sydney Tracy, Jenny Gibbs, Tori Jensen. **Third Row** (left to right) Ashley Swanson, Lindsay Finnerty, Carly Gamrath, Izzy Ferrozzo, Karly Mager. **Fourth Row** (left to right) Savana Phengmany, Anita Thammavongsa



**Girls' JV Soccer: First Row** (left to right) Julie Opatz, Libby Fesenmaier, Molly Young, Coach Canton, Ellie Hassinger, Grace Rysdahl, Maria Fernandez. **Second Row** (left to right) Addie Johnson, Jenny Gibbs, Savana Phengmany,

Jeslyn Kolasa, Tess Salen. **Third Row** (left to right) Abbey Estep, Maddie Oscarson, April Dick, Rachel Miller. Fourth Row (left to right) Delaney Kneefe, Allison Erickson



**Girls' JV2 Soccer:** First Row (left to right) Coach Henrikson, Anastasia Pohl, Ellie Nelson, Claire Adkins, Aubrey Hamilton, Beth Schirmers, Jucel Zerna, Katlyn Seiffert. Second Row (left to right) Bella Kitzberger, Claire

Gustafson, Sophia Weston, Sophia Madore, Courtney Jenninges, Taylor Kessler. Third Row (left to right) Camryn Crandall, Cammi Ailts, Kailey Knight, Maddie Lenarz, Hailey Hollister



Debate/Speech Team: Payton Anderson, Samuel Amos, Alyson Astelford, Anyssa Astelford, Shannon Ball, Alejandro Behling, Paige Berning, Brooke Beyer, Allison Birk, Gracia Blazek, Jacquelyn Budion, Kaitlyn Budion, Samantha Coplen, Emma Dorholt, Emily Duley, Jermiah Eull, John Felt, Meghan Florip, Carlynne Folkestad, Brianna Goodchild, Jenna Halpin, Abbey Keister, Kaitlyn Lappin, Sophia Madore, Reanne Marthaler, John Mazurek, Sarah Mulder, Meghan Noetzel, Anastasia Pohl, Jessica Quenmoen, Lillian Roberts, Katlyn Rohrer, Kaitlin Rossi, Samantha Schmidt, Mallory Schneider, Thomas Stevenson, Marissa Stifter, Cassandra Strege, Anita Thammavongsa, Jacob Thompson, Vilatuth Vimonkhon, Chelsea Waindim, Lillian Warnberg, Isaiah Weber, Michael Wettschreck



**Boys' Varsity & Junior Varsity Basketball:** Landon Bridell, Isaiah Weston, Trevor Rothstein, Jaylen Hakes, Josh Tracy, Elijah Rice, Tamarre Kelly-Bedford, Will Berning, Erich Rotenberger, Levi Falde, Tyler Hoselton, Joe Miller, Zach Kainz, Jeremy Moran, Jacob Veire, Caleb Holt, Jackson Greenwaldt, Jake Bloomstrand, Colton Campbell, Josiah Ferguson.



**Boys' 10th Grade Basketball:** Travis Brown, Jacob Brown, Ethan Knutson, Thomas Pelant, Michael Asbury, Zach Olson, Thad Noel, Asaba Chomilo, Roy Halverson, Isaiah Harken, Tanner Songstad, Lucas Miller. **Not Pictured:** Ethan Knutson



**Boys' 9th Grade Basketball:** Paxton Thompson, Noah Sovis, Parker Feuerborn, Cody Mattson, Nick Hamer, Xavier Thurman, Marcus Greenwaldt, Jacob Steinke, Alex Wilde, Lance Kloster, Mitchell Elsnes, Ben Sawyer, Andrew Kicker, Marcus Krupke, Keegan Papa, Mitchell Kartes, Nathan Testa, Ryley Zopfi



Girls' Basketball: Varsity: Bobbi Brendefur, Rae Johnson, Lizzy Heil, McKenna Rogers, Kitri Zezza, Riley Carlson, Whitney Dold, Lindsey Rederer, Katie Anderson, Maddie Briggs, Megan Carpentier, Jaymie Hansen, Jordyn Walker, Sydney Tracy, Addie Jonson, Lena Wilson, Carlie Brostrom JV: Serena Lange, Alexys Sovis, Jayden Hanson, Izzy Ferrozzo, Tia Zachman, Megan Baldwin, Miranda Kainz, Cassidy Trotter, Brooke Burditt, Cherish Witherspoon, Payton Birr, Lexi Wiessinger 9th Grade: Maddie Johnson, Peyton Grant, Jucel Zerna, Savannah Barthel, Clare Orham, Hannah Hochstedler, Aubrey Hamilton, Olivia Landry, Camryn Meyer, Haley Rogers, Annie Brenny, Holly Brenny



**Boys' Varsity Hockey:** Casey Crandall, Ryan Copeland, Tucker Bjorlin, Marshall Bjorlin, Hunter Wilcox, Zach Erickson, Logan Nelson, Trevor Zins, Tyler Hayes, Brandon Heiber, Jack Kelly, Brandon Berning, Cam Fuerstenberg, Cody Reckard, Kyle Hayden, Bret Lee, Mitchell Bourgerie, Nick Putnam, Connor Greenwood, Carson Wooters, Eric Sjelin 206



**Boys' JV Hockey:** Gavin Jocelyn, Tom Weida, Brody Sjoberg, Max Helgestad, Ben Woodis, Zach Hanson, TJ Swenson, Connor Cahill, Andrew Babcock, Eric Sjelin, Jake Tourville, Jackson Leigh



Boys 10th Grade, JV, & Varsity Football: Emmanuel Akundu, Carson Wooters, Griffen Marquette, Isaiah Harken, Zach Gualrapp, Michael Asbury, Justin Anderson, Jared Gagne, Shay Divine, Ethan Cornell, Kyle Hayden, Chance Freeman, Eric Fitch, Sam Bong, Mitch Bourgerie, Carl Romero, Praise Donbraye, Ethan Nesbit, Matt Follestad, Thad Noel, Andrew Kramer, Jack Fiedler, Zach Hanson, Michael Eggert, Isaiah Nolan, Sam Gilsrud, Easton Giese, Tyler Postuma, Nick Sundell, Jared Smelter, Carter Reese, Mitch Hilden, Zac Chervenak, Erick Houle, Dominic Clemons, Travis Brown, Lucas Miller, Max Helgestad, Tristan Renner, Mason Chartler, Devin Hills, Ryan Nelson, Jakson Lindboe, Antoine Akundu, Trevor Rothstein, Austin Nickel, Zach Kainz, Jackson Greenwaldt, Andrew Erickson, Jacob Veire, Garret Hahn, Joe Miller, Austin Veire, Jeremy Moran, Carter Smith, Adam Jurmu, Will Berning, Elijah O"Sullivan, Jake Sherry, Mithcell Kartes, Tyler Hayes, Jordan Joseph, Nic Berning, Landon Bridell, Alex Hiltner, Andrew Legatt, Coltan Koenig, Eric Sjelin, Dylan Fox, John Zimmer, Luke Eicher, Bryan Goehring-Reinhart, Jeff Gelger, Tre'vyon Wilson, Jake Hinz, Garret Ailts, Tyler Berg, Jacob Moran, Jack Fiedler, Eddy Mercado, Kolton Goepfert, Jake Briggs, Jake Ross, Jake Hackenmueller, Ryan Kennedy, Craig McDowell, Andrew Hanson, Evan Ronsen, Caleb Peterson, Randy Anderson, Nixon Avendano, Andrew Puett, Chad Malmon, Erick Barthel, Matt Volby, Mitchell Dold, Seth Gardner, Jovon James, Brian Kruschke, Dylan Lindenfelser, Taylor Olson, Dexter Dehmer, Isaiah Weston, Colton Campbell, Carter Luedtke, Ethan Gavic, Nick Hyde, Elijah Rice, Josh Tracy.



**Boys' Varsity & JV Tennis:** Cody Jones, Joseph Hebeisen, Taylor Rothstein, John Budde, Grant Moser, Aaron Dorland, Trenton Nevin, Tyler Carlson, Wade Gammell, Tate Kindom, Christian Marweg, Caleb Peterson, Brady Swartzer, William Dierberger, Jake Hinz, Nicholas Wendel, Braedon Apelt, Jack Avery, Ethan Cornell, Elijah Gieski, Joseph Kragness, Jimmy Li, Johnathon Thunder, Michael House, Garret Johnson, Devin Kessler, Zander Kimlinger, Taylor Richards, Cole Samson, Nicholas Schwarz, Jonah Sinclair, Thomas Stephenson, David Watts.



**Girls' JV and Varsity Hockey:** Payton Allen, Hailee Williams, Betsy Schacht, Paige Falde, Allie McCarthy, Rachel Lenz, Amber Heiber, Paige Jensen, Lindsay Finnerty, Molly Young, Brooke Johnson, Alana Achterkirch, Maddie Friede, Cammie Wilson, Mckayla Peterson, Andrea Schaub, Lexy Fuerstenberg, Julia Bogenholm, Greta Stanton, Emily Laudenbach, Maddy Schopf, Marina Chapman, Rachel King, Kayla Finnerty, Jade Ye, Christine Miller, Jenny Kisch, Sidney Schreiner



**Marching Knights** 



**Girls' Varsity Lacrosse:** Taylor Robarge, Izzy Kullberg, Sabel Peterson, Aubree Jackson, Emily Ruhland, Tori Barr, Gabby Walstrom, Paige Jensen, Emily Swanson, Haley Lenz, Sidney Schreiner, Ashley Swanson, Anna Nietfeld, Anita Thammavongsa, Molly Slaughter, Tehya Reinbold, Brianna Sullivan, Rachel Lenz, Tia Simpson, Jenny Kisch, Hailee Williams, Maddy Busch



**Girls' B-Squad Lacrosse:** Abby Devine, Jessica Borer, Nicole Cavanaugh, Taylor Schlimme, Josie Swartzer, Erin Flammang, Kaitlyn Leonard, Amber Heiber, Abby Anderson, Allison Birk, Maddie Schmidt, Cora Werth, Camryn Meyer



**Boys' Swimming & Diving:** Brendan Culhane, Chrisitan Eiynck, John Gebell, Colby Guiney, Hanos Mahari, Grant Moser, Michael Schoenke, Ryan Marhula, Ryan Sustacek, Braden Wermager, Ryan Everly, William Gallagher, Trevor Lefebvre, Maxwell Lezer, Cole Meyer, Nathan Morgan, Andrew Roberts, Blake Berning, Cole Herman, Hinton Hobza, Kameran Loven, Zachary Trushenski, Michael Benusa, Adam Konsor, Levi Lefebvre, Nathan Meyer, Cole Nylen, Nicholas Eicher, Jacob Bluhm, Zachary Bluhm 208



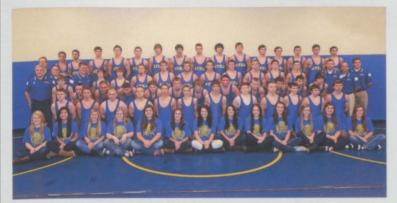
**Girls' JV Lacrosse:** Tia Zachman, Greta Stanton, Tia Simpson, Camryn Wilson, Brianna Sullivan, Tehya Reinbold, Evelyn Hernandez, Brooke Johnson, Gabby Walstrom, Izzy Kullberg, Daesha Merkl, Anne Boesen, Hana Domingo, Katelyn Knaus, Molly Kruschke



**Boys' Varsity Lacrosse**: Antoine Akunda, Emannuel Akunda, Tre'vyon Wilson, Takota Reinbold, Derek Frazier, Ryley Zopfi, Joffre Proano, Cole Lehmann, Thomas Reiswig, Max Buskey, Zachary Hanson, Brody Sjoberg, Ryan Tsoi, Ryan Copeland, Chase Bunnell, Kenny Gudmonson, Trent Olson, Jake Benson, Spencer Olsen, Beau Reckard, Tyler Swenson, Ryan Larkin, Nolan Olsen, Tre' Dorenbush, Alex Luther, Eric Fitch, Sam Bong, Caden Sigerud, Colton Koenig, Jack Koenen, Zach Sjelin, Eron Simpson, Jackson Vanada, Konnor Goepfert, Allen Winters, Ryan Selbyphal, Ryan Poss, Nathan Conrad, Jake Stutelberg, Jack Terway, Pierce Bedell, Jovon James, Andrew Erickson, Andrew Jaques, Brain Kruschke, Charlie Falk, Jared Sufka, John Jones, Ryan Selby-pfahl, Taylor Olsen, Tommy Harald .



Girls' Track and Field: (left to right) TOP ROW: Julia Pieper, Becca Bourget, Robyn Ferrian, Emily Landry, Grace Joslyn, Cherish Witherspoon, Whitney Perry, Lena Wilson, Meghan Kucera, Catriona Ailts, Jenny Gibbs, Sophia Weston, Cristina Sarda, Rachel King, Sophia Madore. SECOND ROW: Kristen Pieper, Maddie Grubb, Maddie Jurkovski, Belle Nyhus, Jada Brown, Anna Keefer, Londynn Young, Jessica Harrison, Laura Klein, Leah Johnson, McKenna Rogers, Katelyn Tschida, Rachael Follested, Alana Archterkirch. THIRD ROW:Cierra Nagovsky,McKenna Peterson, Coach Massman, Coach Johnson, Coach Duncanson, Coach Hahn, Coach Churness, Coach Keefer, Anna Poss, Jordan Ertl. FOURTH ROW: Emma Frauendienst, Grace Steffens, Allison Hunsley, Abby Vanada, Kristen Haller, Toneh Gaypia, Kristina Swenson, Sydney Grubb, Maddie Westendorp, Nina Zimmerman, Carly Roberts, Izzy Ferrozzo, Paige Joclyn, Aubrey Hamilton, Kali Johnson. FIFTH ROW: Jucel Zerna,Jenna Bourget, Daniela Fernandez, Kaydan Gieger, Julia Leigh, Libby Fesenmaier, Emily Waller, Lizzy Heil, Lindsay Finnerty, Cammi Ailts, Makenzie Turpin, Haley Rogers, Sophi Gagnon.



Wrestling: Randy Anderson Alec Birk, Jake Briggs, Ryan Jones, Jordan Joseph, Brendan Kolehmainen, Caleb Peterson, Wade Weber, Mitchell Zachman, Garrett Ailts, Seth Gardner, Jeff Geiger, Lucas Jeske, Ryan Kennedy, Donnie Leuer, Mitchell McKee, Zach Nygaard, Evan Ronsen, Jake Allar, Mubarek Al-Mutawa, Wyatt Bice, Ethan Cornell, Zach Dehmer, Evan Foster, Max Jensen, Jared Loberg, Cody Schoen, Gabe Anderson, Bretton Badenoch, Justin Cornell, Noah David, Kyle Elkie, Connor Fitzgerald, Jason Golden, Ben Huser, Cole Jann, Jake Ross, Joe Salonek, Zac Schoen, Brendan Throp, Brady Kolehmainen, Eathan Juusola, Patrick Mckee, Alex Peterson, Justin Potthoff, Christian Reinking, Clark Schmidt, Nolan Schmitz, Grant Schoen



Mens' Track and Field (Left to Right)Top Row: Parker Fearborn, Will Gallagher, Mike Bury, Edward Mercado, Andrew Puett, Jacob Moran, Josh Tracy, Isaiah Weston, Christian Eiynch, Danyan Blazek, Elijah Rice, Nick Berning. 4th Row: Thomas Pelant, Ethan Nesbit, Tanner Kremer, Brian Colgrove, Jake Coulson, Mitchell Kartes, Josiah Ferguson, John Zimmer, Joe Eicher, Griffan Marquette, Nolan Anderson, Andrew Kremer. 3rd Row: Jarod Walstrom, Mitch Hilden, Benton Welle, Coach Johnson, Coach Churness, Coach Massman, Coach Hahn, Coach Essler, Coach Dunknson, Coach Keefer, Brennen Baldwin, Nolan Grambusen. 2nd Row: Nicholas Ness, Joe Rios, Alex Wolseth, Jackson Connelly, Ryan Moore, Chase Cayo, Mitch Bourgerie, Hanos Mahori, Eric Sjelin, Sam Czech, Jared Smelter, Jacob Lillie. Bottom Row: Alex Vimonkhon, Benton Welle, Jackson Leigh, Zachary Gaulrapp, Connor Cahill, James Spooner, Luke Eicher, Shane Grunke, Zachary Dehmer, Will Gaypia, Payton Zahler.



Varsity Baseball: Left to right- Top Row: Coach Schumm, Tyler Berg, Hunter Wilcox, Jaylen Hakes, Trevor Rothstein, Jake Bloomstrand, Coach Cook. Middle Row: Levi Falde, Dylan Fox, Tyler Hollister, Jordan Joseph, Andy Hanson, Jack Kelly, Coach Solum. Third Row: Travis Brown, Mitchell Erickson Ryan Cisewski, Kyle Hayden, Tyler Hoselton. Bottom Row: Megan Dobozinski, Hannah Schutz, Morgan Schumm.



**JV Baseball:** Left to right- Top Row: Coach Kliber, Josh Schmidt, Jack Fielder, Isaiah Harken. Middle Row: Jeremy Sorenson, Mitch Jaeger, Jacob Veire, Thad Noel, Paxton Thompson. Bottom Row: Ethan Krebiel-Valoaga, Will Berning, Valentino Faulkner, Brandon Berning.



**Baseball (10th grade)**: Left to right-Top row: Coach Hackenmueller, Logan Voght, Mason Chartier, Ty Lesmann, Jackson Larson. Middle Row: Alex Bohlman, Brandon DiOrio, Grayson Pratt, Jonathan Williams, Nick Dinkel. Bottom Row: Nate Loch, Nate Schindler, Zach Olson, Matt Feldick, Tyler Malerich.



**Baseball (9th grade)**: Left to right-Top Row: Coach Fisher, Michael Youngberg, Elijah Peterson, Trenton Vogt, Braeden Levandowski, Brett Von Ruden. Middle Row- Ben Huser, Dustin Engen, Cole Jann, Alex Peterson, Gabe Anderson, Nolan Schmitz, Jordan Smelter, Nick Oakvik, Justin Cornell, Joseph Och.

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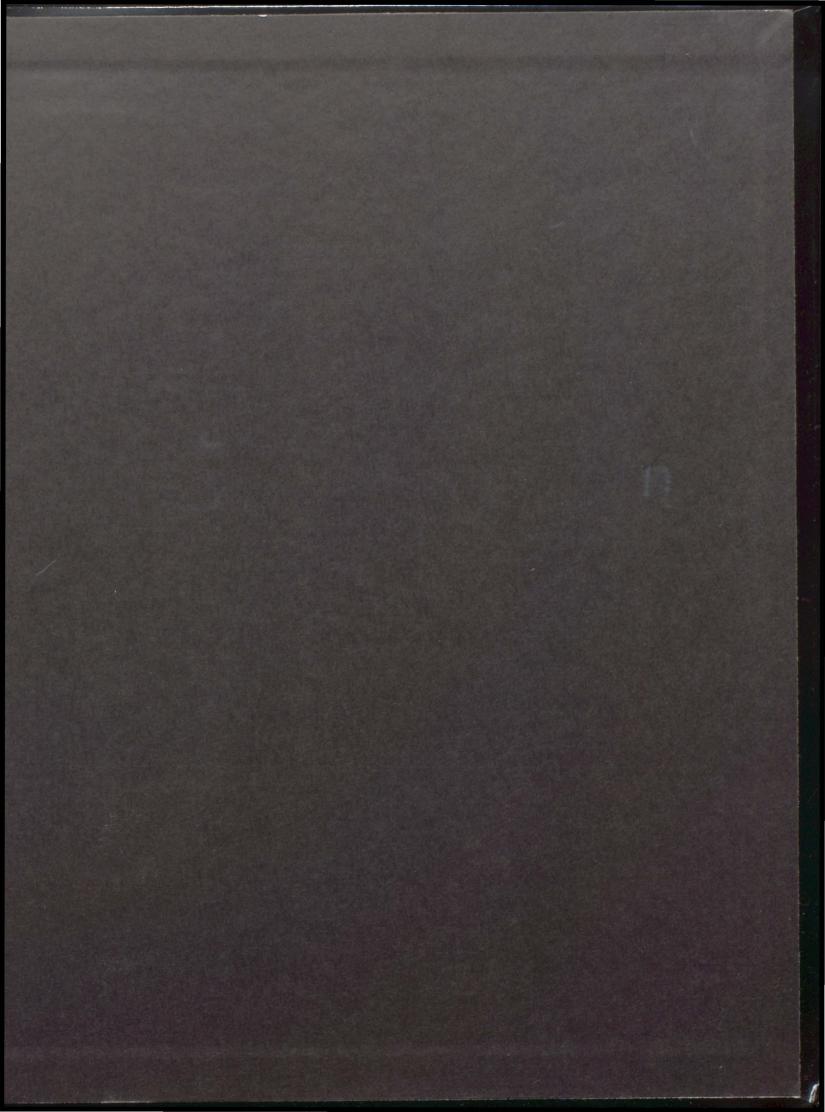
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## Amin Malcomb

Alter Akanda Malisa Etaskhi Alberti Isini Meganda Alter Saaga Etaskhi Allerbufes Inderson Meganda Menedi Tapa Mina Ana Indenson Isalipa Akahdi Indenson Randal Tapa Indenson Isaa Sugara Isalasan Isay Sere Andl Mangun Etaskhi Asaran Mipsa Etaski Aldifad Angun Etaskhi Adafan Rakh Ananda Ball Isal Seri Saayan Gan Sahda Rakh Balka Isak Indelan Balas Balaz Itaski Milam Balka Isay Ina Dariele Taskhi Balka Siak Malada Balasa Isan Baune Analad Balka Isaya Jan Jakida Balka Inana Saan Analas Bala Isala Maranga Malada Balasa Isan Baune Analas Isang Kan Jakida Balka Anan Baune Saana Isana Jaka Jakida Balka Isan Baune Bana Isana Janika Isan Jan Mala Balasa Isana Balasa Bala Anala Isan Isan Mala Balasa Balasa Kany Baning Hitakh Isan Baning Baning Timan Fasana Balak

Blake Taylo Le Black Lanise Main Dicha Ayan A Boules Filey Filepahich Anno Filey Islah Lannon Oldo Hough & Buyarl Ein Elizabeth Ban Main Main Budit Islaina Made Mathew Califord Michael Lannon Mathem Califord Michael Lannon Mathem Bandan Michael Calhane Davidle Rene Challedin Frankie Olan Banidle Mener Challedin Frankie Olan Bunidle Mener Challedin Frankie Olan Bunidle Mener Bathelin Frankie Mannels Webnis Daholi Mann Dannis Lonaine Egan Shichas Eignech Annoad Smile Island Statise Faad David Franker Statise Faad David Franker Statise Faad David Franker Samma Caglon Ann File Franker Samma Chan Fan David Sammal Scha Thomas Sold

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> Bungan Cipit Statum Anadaka Siadan Sahd Bundan Cama Shidha Shama Bundan Cama Koldhaninen Lin Shug Subiha Shama Gooph Aladin Say Candenbeth Guishpa Chinis Camba Alaina Lan Shalan Sang Dalay Sada Ambig Asan Juan Anang Sada Sada Ang Saba Sang Camanha Sang Ang Sada Andre Sang Dalay Sada Ambig Alay Sang Makarise Ani Alaina Sand These Adhas Andri Tamanha Sang Ang Sada Andri Samanha Sang Alay Andri Andri Samanha Sang Alay Andri Andrik Masa Say Alay Sada Inday Row Alas Katai Alain Andri Samanha Sang Alay Andri Andrik Masa Say Alay Sada Inday Row Alas Katai Shad Taning Lana Say Alaya Chilad Olion Tadan Sama Chain Sada Ang Pakasa Cala Sama Sada Ang Pakasa Cala Sama Sada Ang Pakasa Sada Sana Sada Sabasa Ana Sana Tana Sala Saba Sabasa Ang Juan Saya Sada Sabasa Sada Sana Sada Sabasa Ang Juan Saya Salay Salay Kana Sada Sana Saha Salay Kana Sada Sana Sala Sala Sala Sala Kana Sada Sana Sada Salay Salaya Salay Salay Salay Salaya Salaya Sana Salay Salay Salaya Salaya Sana Salay Salaya Sana Saka Sala Salay Salaya Sana Saka Sala Salaya Sana Salaya Sana Sala Salaya Sana Salaya Sana Sala Salaya Sana Salaya Sana Salay Salaya Sanay Juan Salaya Salay Salaya Salaya Salaya Salaya Salaya Salaya Salaya Juan Salaya Juan Salaya Salay Salaya Salaya Salaya Salaya Ju

### Milisa Len Deninz Acelas Ibin Deutjas Bah Emily Iraen Balalaea Acele Chense Chridian Rices Lope Li Var Benns Acht Theisen Alsonschann warach Fanis Christeles Dusie Roberts Michel Banael Are Thiid

Tyla Drizeg Calle Rove Loskan Boson Tyla Ler Doven Michail Badde Chase Chanes Bancell Southan Syna Chall Megin Tyla Ryne Calleen Anne Mai Calabar Syna Chall Megin Tyla Ryne Calaen Anne Mai Calabar Syna Chall Megin Tyla Dina Calabar Main Sake Dina Challony Michail Dupi Lake Lanes Ecka Challony Michail Dupi Lake Lanes Ecka Challon Son Sake Orian Schoon Landray Le Conglish Alaka Rigon Kaley Dai Mithde Alaes Schoo Dawlay Chal Sake Dina Challon Share La Conglish Alaka Rigon Kaley Dai Kale Dina Challon Share Challon Sake San Schoo Dawlay Chal Rano Roba Challon Challon Anna Mithde Ganes School Banana Mai Rano Roba Challon Share Challo Sanay Chale Romal Kadama Chal Sanay Challon Saina Lakas Chan Sainay Chal Robas Main Syn Reado Anay Kanan Itala Challo Shaph Malak Kobisen Share Challo Share Challo Share Challo Share Salliso Share Kaley Comgenen Salliso Changa Kanga Sase Le Share Challo Share Tang Share Shale Chang Kaley Comgenen Salliso Chanan Kaley Challon Share Shale Chana Yanga Kasar Tales

Hlein Kliese Einsanne Konell Connes Schick Insight Metina Stan K Michelle Kones Mecandes Paked Kneehle Dallon Wapne Kaipla LaFend Rugen Michael Lashin Cooly Richelle Lasson Emily Sane LeBaix Inlia Kathleen Leich Christian Lien Oloria Ann Lulz

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i Onega Sweet Swee