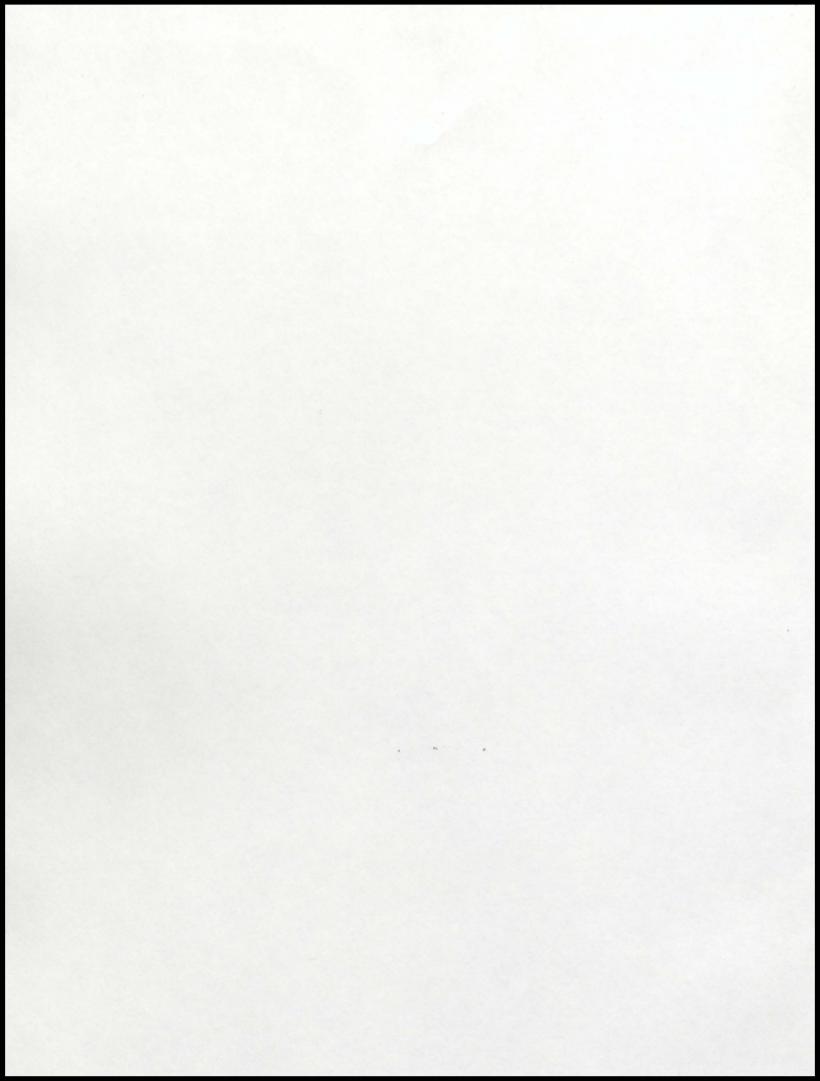
TWENTYTHIRTEEN



MANYASONE

STUDENT LIFE 6
PEOPLE 26
ACADEMICS | 12
CLUBS & ORGANIZATIONS | 25
SPORTS | 50

MANYAS ONE





High School

est. 1969

_xcellence is our radition

2012-2013

Population: 1511

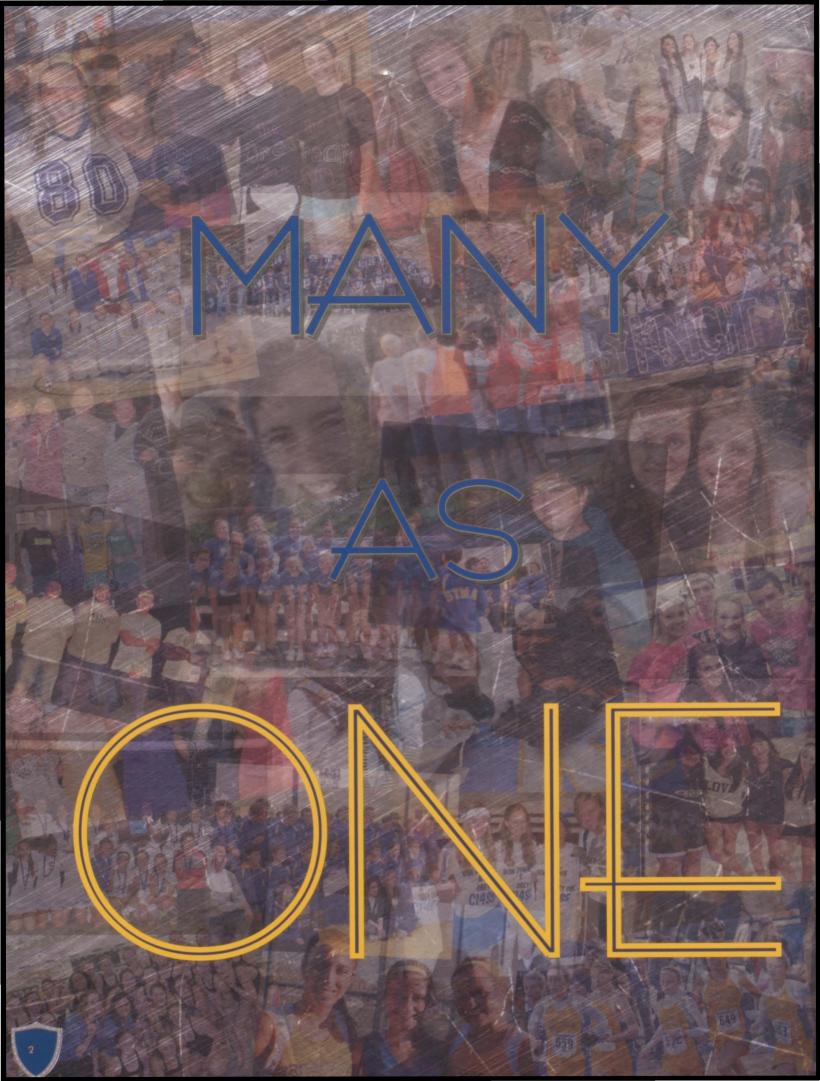
Students: 1380

Faculty: 138

Address: 5800 Jamison Avenue NE

St. Michael, MN

Phone: (763) 497-2192



watered our small farming community transform into a sought-out place to raise families, we found that our classrooms expanded and our hallways became more crowded. With so many thoughts, feelings, and ideas, many schools would find it a challenge stay unified. Here at STMA, however, we overcame this challenge naturally. This unity is seen in every aspect of school life: under the Friday night lights, in the classrooms, in the hallways, among our sports teams, our clubs, and our activities. Simply put, STMA is a place where people of all backgrounds, all levels of academia, and all interests can come together and enjoy a unified academic and communal experience. As you, the reader, go from cover to cover, this unity will make itself evident because at STMA Many Make One.



TMA signal caller take tame from fields to cou



CIUM INACI

News

estlers win 5 duals, improve to 20-

vimmers top off





LEADLINE



Manhattan on the horizon

String of shutouts earns NWC

girls a trip to Xcel Energy Center

STMA schools welcome n





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North Crow River SPO

STMA soccer teams struggle after swe Win 'The Clash'



Girls' tennis s STMA Triangu

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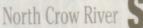






its tree

Crow River News



STMA Wrestlers Down Big Lake 55-12

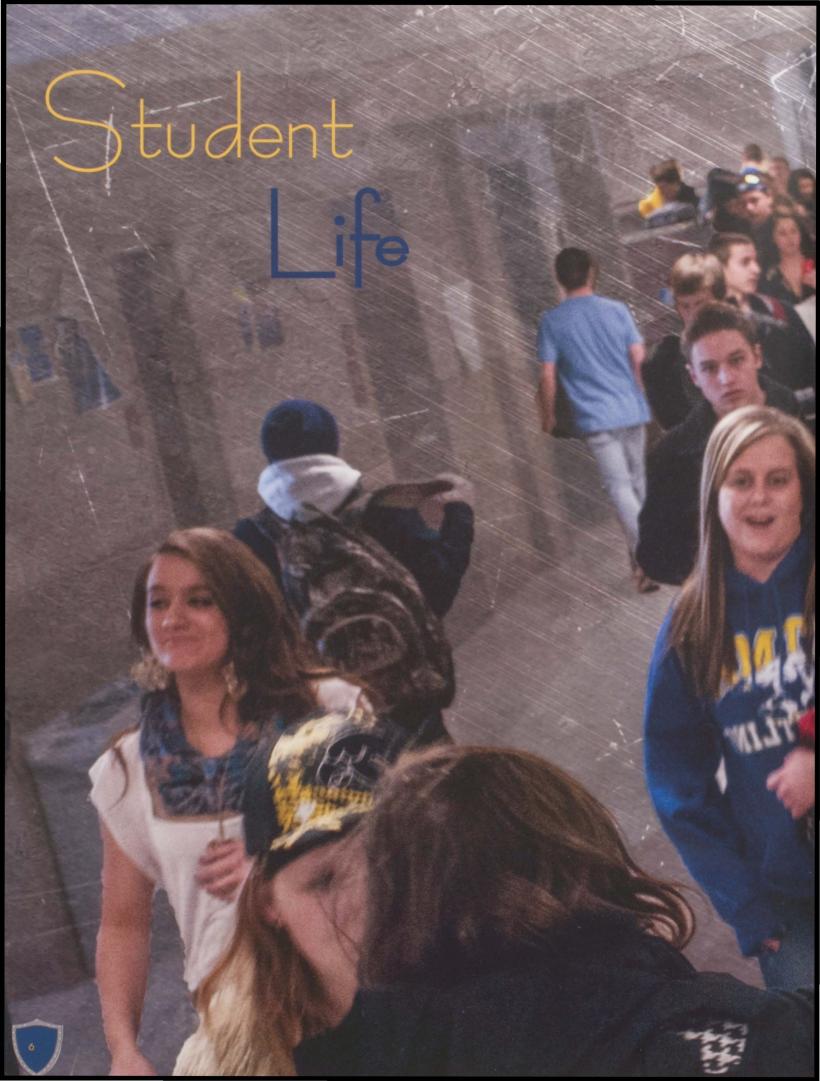
Swimming: Knights retain conf title with win over Monticello

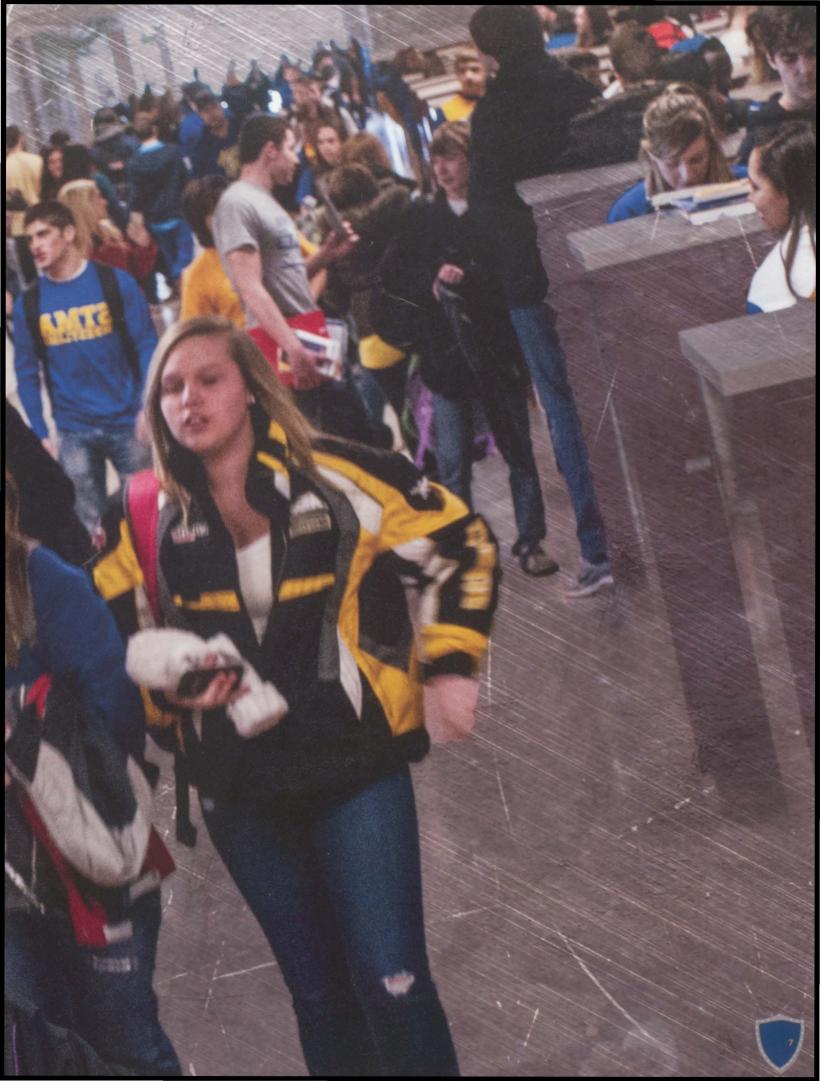




STMA boys soccer earns first win of season at he STMA collides with







Coming back

A quick look into the minds of STMA's students on their first day of the 2012-2013 school year.

ogether

nd so it began. You walked through those doors you've been through so many times before, various thoughts and emotions floating around in the back of your mind it was your last year of high school. One last year with all the people you've known since grade school, your last year of being a kid. The stream of unrecognizable. Coming back to this you greeted your old teachers, and you

Class of 2013

searching frantically for their first hour classes. That was it the first day of senior year. Everyone was excited for all the sporting events and activities. There's so many things that were to come in the year homecoming, winter week prom, and eventually graduation. Most of the seniors frantically filled out applications with the knowledge that college is right around the corner eminent in their minds. If the Class this year, this is it. These are the last you will be thrust out into the adult world.



3 Social Sophomores Class of 2015 4 Class of Big Ideas-Class of 2016

Close to The Top closs of 2014

pperclassmen! You were no longer on the bottom half of the food chain, things were looking up! That sweet feeling of superiority not quite the oldest but close enough. School was getting harder by the minute, and students had to start focusing on school work more often.

Some of your peers were starting to think about their futures. College was looming prevalently in everyone's mind, and some were even taking A.P. classes to help prepare: With only two years left. each classmate was trying to make every moment count.







1. Cendyland-Class of 2013

2 Welcome to the Jungle-Class of 2014

Below, the student council works to put together the sophomore hallways, sacrificing the last few precious days of their summer vacation to welcome the Class of 2015 back with style



Setting The Langer

inally, the day came, the day when you were not a freshman! You were still a little nervous because you weren't quite an upperclassman yet, but not on the bottom of the food chain either. You were just starting to get into the thick of your high school career, recognizing some faces in the hallway, but most were still unknown. High school for sophomores is still a work in progress. Some want to ge done as soon as possible, some want it to last forever. Either way the sophomores were still fresh to school but were growing up tast. The first day of school brought back good memories and brought hope for an even better start.

Class of 2015



Several students stand in the entryway doors catching up offer a long summer apart.

Left to Right:
Destiny Markley 10. Simon Bertsch 10.
Carlie Brostron: Sibley 10.

resh and Squeaky Clean Class of 2016

Drand new school, new people, new classes, everything is new:

"Am I gonna get beat up?"

"I heard we get tons of homework."

"Hopefully I pass all my classes..." "What if I get lost?"

"I bet the seniors are going to pick on us!"

Those were some thoughts of this year's freshmen class. With the school year starting and everyone trying to get back in the swing of things, they were beginning the best four years of their lives, with nervous but excited thoughts and emotions.







Above: Mrs. Butkowski enjoys time with her awesome homeroom kids. "I always get excited to work with new people and catch up with my co-workers I haven't seen in a while I also get excited to see all of my wonderful homeroom students" beautiful faces again." Mrs. Butkowski, English



Above: Mr. Rusin helps out student Samantha Milless. 10.

By the time mid August comes around I am excited to get back to working with students and helping them achieve their goals. Mr. Rusin, Business Education.

What We Like

Four grades, four hundred people in each. How could we possibly agree on anything? Students were given a poll in homeroom to complete and hand back for tallying. These polls asked about their favorite things in life and school. Through the results we can see just how alike we really are, which things are hot, and which are not.

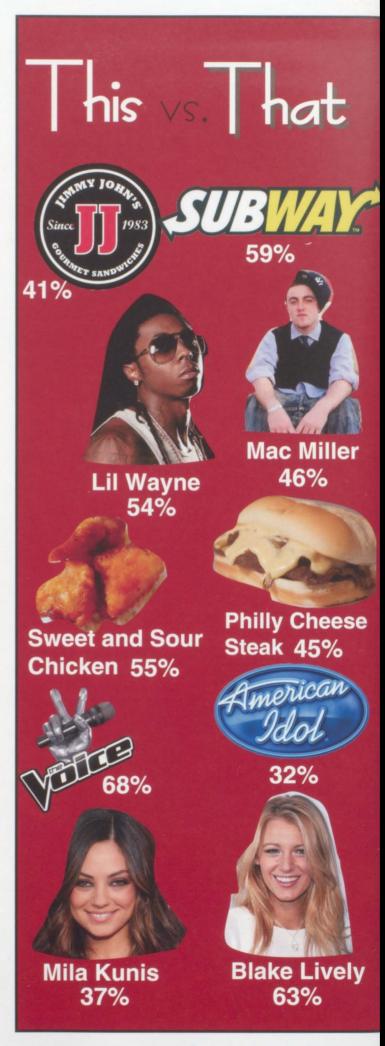


In or Out

While Facebook might have been "the thing" back in 2009, many students are not as crazy about it as they used to be. Between Facebook, Twitter, Instagram, Tumblr, and Snapchat, there are so many social networks to choose from. But whether you're tweeting recent updates and scores from the hockey game, or Instagraming pics of you and your friends before the big football game, social networks are still bigger than ever! Is it possible that Facebook is becoming as out as Myspace? Speaking of which, what is Myspace?









Jason Aldean 68%



Droid 66%



Ryan Renolds 67%



Adidas 46%



Ryan Gosling

33%

Luke Bryan

34%

Nike 54%

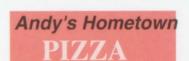
Mug Shots

We all have those embarrassing photos that we keep tucked away in a wallet or within the dense pages of a yearbook. What are these photos? The dreaded drivers license mug shot and the freshmen yearbook picture. So which one could possibly be worse when they are both so horrible?



Pizza, Pizza, Or More Pizza

If there is anything for sure, there were a lot of pizza places in our two towns! Between St.Michael and Albertville alone there are seven different pizza places to choose from. Which ones were your favorites? Come on, you can never have too much pizza!















That's Embarrassing

Embarrassing moments happened to all of us during our four years in high school. There really was no way to avoid it. The most common embarrassing moment is the old "falling down the stairs". Here are some other embarrassing mishaps our anonymous students came across this year:

"Walking into the girls bathroom."

"Falling on a treadmill and getting burns on my face."

"Texting in the hallway and running into a wall."

"Telling my whole English class that I had a phobia of elderly pee pee instead of elderly people."

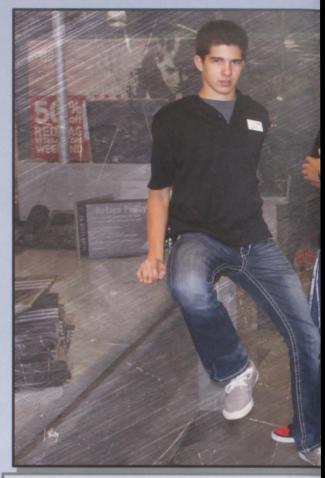
"Falling not down the stairs, but up the stairs!"

"Dropping your calculator during passing time and having to track it down through a stampede of people."

Our Community Working Together



Alex Berg 12, and Bailey Olsen 11, working in the concession stand trying to resist taking a bite out of the tempting candy that they hold in their hands.



Team Adidas is all business

Left to right: Tyson Erickson (12), Noel Espinoza (11), and Austin Sorer (12) strike a pose during their shift at Adidas. Another STMA worker Bryant Arriaga (11), says, "I like working with my fellow employees because, to me, it's not like a group of workers who know each other from school. We are like a family or team. There were many other STMA juniors and seniors working together at Adidas.

Is Work For You?

As you grew older and more independent, you found yourself in a bit of a financial pinch. You wanted to go out and see a movie with your friends or spend a Saturday at the Albertville Outlet Mall, but the dry, empty noise that came out of your wallet or purse when you opened it crushed these dreams. So you decided to go cruising for a job. You filed application after application, and finally you got a hit. A local store liked what you have to offer and had decided to give you a chance. You went in for an interview, and everything came off without a hitch. You started...the next Saturday, 8 A.M. sharp.

Wait, what?

Yes, you heard your new management right. I hope you weren't planning on getting any homework done that weekend-oh, you were? That's just too bad.



Staying on Target

Joe Peterson, senior, poses next to his trusty electric cart pusher in-between bringing in runs of shopping carts at the SuperTarget in Rogers. Target was a common workplace among high school students.



David Wokson is also an employee at Target.



rom a

Manager's Perspective

"High school students have a fresh motivation to do a good job in the workplace. They take pride in their work and have a sense of ownersh

adidas

about their positions. These students are very independent and enjoy success as individuals, as well as on a team. They provide a lot of energy in their work environment and Lenjoy just working with all of them.

Joe, manager of the Albertville Outlet Mall Adidas, poses in front of one of the many clothes racks that hardworking students of STMA keep stocked.



FEED MY STARVING CHILDREN

Above: Several STMA students posing in front of the Hut at Feed My Starving Children. The students who worked at this program hand packed meals for malnourished children around the world.

Working & Volunteering

Working at fast food restaurants was something a lot of students from STMA did. Besides the fact that they got paid for doing it, many of them remarked how fun of an experience working can be and how it really impacted their life. Outside of the food industry, many students were employed through the Albertville Premium Outlets.



David Thacker, senior, on the grill at his job at Culvers.



UKNGHTED As One

his year, STMA High School had several new additions to the student body. They came from all over the world, places such as Venezuela, Brazil, Germany, Spain, Ecuador, and Colombia. 1 wanted to become a foreign exchange student so I could learn more about the American culture", foreign exchange student Julia Lopez, from Spain, said. They decided to make the long journey here to expand their knowledge of the English language and get a taste of American culture. For many of them, it was a dream come true. was a dream for me to learn English, it's an experience I'll remember for life", said Prisca Engelmann, from Germany. They were very surprised by the various differences in their daily lives. From when they eat their meals, to the way we dress, it was a big adjustment for those newcomers. "I've always wanted to feel all four seasons and to adapt to new cultures", said Dayana Moscoso from Ecuador. The biggest adjustment in moving here was having to deal with spending a lot of time away from their family and friends, along with the time zone changes.

In comparing culinary differences, they noted that we have a lot more fast food restaurants than what they're used to back home, and our pasta and pizza is the best they have ever had. "I've grown as a person here, it's a way of me being multi-cultural", said Marcelo Cardoso from Brazil. The students were very happy about all the experiences they had while they were here, but by the end of the school year they were very excited to return home to their family and friends. "It has been such a gift to be a foreign exchange student here. I have met so many new people, learned English, and even studied medicine," said Laura Velasco from Columbia.





Laura Velasco from Columbia









Julia Lopez from Spain

Things They Miss

Leonardo is a fan of Churrasco back at home.
Brazilian Churrasco is prepared in an open pitbarbecue, and includes a variety of grilled
meat. Laura misses this famous Columbian dish called Ajiaco. Ajiaco is a type of soup that features various kinds of potatoes chicken, herbs, and corn

Drisca Engelmann from Germany

Leonardo Signist Feraz from Brazil





Andreina Abdelnour from Venezuela

JUMP, Shake

Right: Junior boys Matt Kisch, Brandon Rankila, Tyler Engen, Sammy Voss, and Josh LaDuke look spiffy on formal day. The boys that cleaned themselves up on formal day impressed the ladies both in their looks and sophistication.

Below: Seniors Nicole Mlsna and Maddy Bloomstrand coordinate sleepwear on Pajama day. These two managed to stand out in the sea of sweatshirts and footie pajamas.











Right: Senior class at the pep fest gets ready to show their seniority by doing the "Jump, Shake your Booty"





Mr. Hoffman dressed as a student with his OBEY shirt, while Kelly Larkin, 12, tried to take the role of Mr. Hoffman



Erik Johnson, 12, takes a shot while Mr. Dehnel tries his best to block him, but it just wasn't enough to stop Erik.



Junior ladies Kaela Domingo, Angie Stahlmann, Brittany Haas, Alayna Valerius, Danielle Dehmer, and Jill Edling show their class spirit. Each class made their own tee shirts for school spirit day, with slogans such as "Bow down and obey our C14SS," or "Respect the 13OSS."

Your Booty

Left: Mr. Greeno's senior calculus class with Ellie Kriese, Meghan Heitkamp, Kaisa Rova, Jenny Olejar, Breanna Hagerty, Katie Torgerson-Wickre, Lauren Skare, Dani Sibley, and Maddi Sjelin on Nerd Day.

Below: Senior Gavin Dick dressed up as Mr. Skogen for the Student-Teacher switch day.





Left: Senior Tony Bork jousting Jesse Johnson at the Iron Man volleyball match after coronation.



Far Left: Mrs. Stange's senior Spanish IV students line up for a group photo on Spirit Day.

Left: Austin Brouillette going for a lay up at the teacher-student basketball game during SNAP. Mr. Dewey and Mr. Dehnel tried to get a hand on the ball, but Mr. Brouillette was able to keep his focus.



Seniors Maddie Malone, Bridget Kruschke, Logan Franzen, Shaina Daleiden, Taylor Johnson, and Maddi Sjelin wear footie pajamas on Pajama Day. Logan has taken the school by storm in his famous bunny footie pajamas at every chance he can.



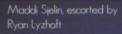
Senior Jeff Hackenmueller serves at the Iron Man volleyball game Monday night.



Senior ladies Jordyn Smith, Callie Novak, Bianca Zins, Kebeh Pewu, Lauren Hamillion, and Kaisa Rova pase for a picture in their formal dresses. Formal day was one of the most highly participated spirit day, particularly among the girls of the school.

Royalty Wearing the Crown

The 2012-2013 Homecoming week started off right with a rude awakening of the Homecoming candidates. The candidates were awakened at 5 o'clock in the morning to the sounds of horns, whistles, and the slamming of pots and pans. Each of the candidates had only five minutes to get ready and were then rushed off to school. By Monday September 24th all the votes had been tallied, and the candidates' families and classmates gathered to watch the crowning of the 2012 - 2013 Homecoming royalty. The crowning of the Homecoming Queen came first. All the girls lined up, holding hands, while the crown traveled down the line a few times, finally finding the head of Maddi Sjelin, the 2012-2013 Homecoming Queen. Everyone cheered and the girls congratulated Maddi. The boys were next. They all lined up, shoulder to shoulder, on the stage. The crown hovered above each of the boys' heads until being placed upon the head of the 2012-2013 Homecoming King, Thor Holstad. Both Maddi and Thor were honored to be the Homecoming Queen and King and to represent STMA and everything we are about.





Beth Hinkemeyer, escorted by



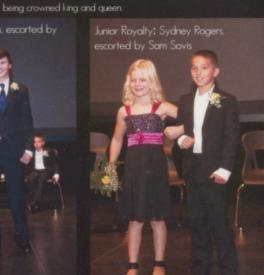
Nicole Westrum, escorted by Austin Brouillette



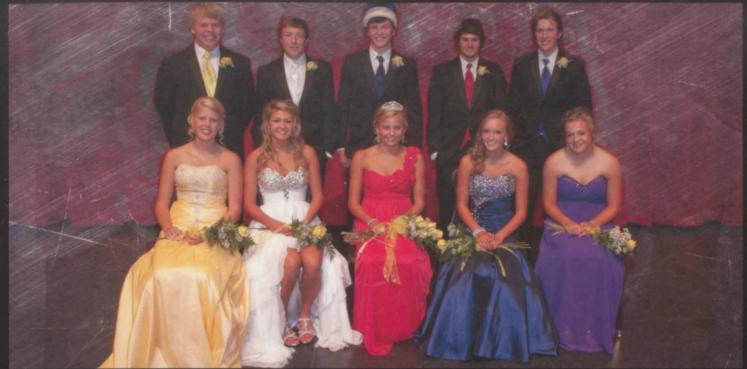


Andrea Ohnemus, escorted by









Above: The candidates flash a smile after the crowning.



The boys stoically wait for one to be crowned. The crown grazed each of their heads before making its home upon the head of Thor Holstad.



Above: The girls make the last few adjustments before walking out onto the stage. The girls could hardly wait for the coronation to begin, a dream held by many young girls.



The girls nervously wait for the crowning of the 2012-2013 homecoming queen.
Left to right: Maddi Sjelin, Beth Hinkemeyer, Nicole Westrum, Rylee Hanson, and
Andrea Ohnemus.



Above: The boys put on a big smile before heading to the stage. Left to right: Ryan Lyzoft, Aaron Michealson, Austin Brouillette, Jesse Johnson, and Thor Holstad.



Several students' snowmobiles lined up out on the fields.

What We're Up To







"So I was heading out to Maple Grove, and guess what?

Turns out ice is not my friend."



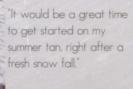
Tyler Dallum 12



"Bringing in the catch on lake Mille Lacs."



Taylor Patnode 12 Tyler Dallum 12



Scott Morgan 12



"Hey, one of the first things you have to do once snow is on the trails is ride to Millside for some burgers."

Bailey Solberg 12

Owen Gammell 12

Jeff Hackenmueller 12

Nate Fischbach 12

Slidinglong

Beginning in early January and lasting until late February, the students of STMA participating in Ski-Club get to go out to the ski slopes of Powder Ridge in Kimball. "It's just an easy way to go skiing and snowboarding with your friends," says Nick Washatka, 12.

Ski-Club lasts from 4:00-9:00 on Tuesday nights. Powder Ridge consists of terrain parks, slopes, and snow tubing slides. Students are also able to hang out in the ski lodge to warm up, grab a bite to eat, or just talk with friends.

"It's an activity you can get into even if you've never skied before. My friends told me to join and it was nothing less than amazing. I got to meet new people and try new things while hanging out with my friends. It's one of the best school activities you could get into."

The slopes of Powder Ridge









Nate McShane, 12, waits for the rest of his group to get ready. "I have been going to Ski Club for 5 years. My favorite part of snow boarding is the adrenaline rush that I get after hitting a big jump.



hat they Think



Dustin Rustad, 12, sports his chicken hat as he's about to head up the ski lift. "I've been in Ski Club for the last 4 years. My worst fall happened when I tried to do a super jump off of a hill and ended up doing a face plant. Turns out I can't fly."









Caleb Peterson, 10, winning the relay race by placing the apple he bobbed for



Mr. Mallinger cuts up his prized Yankees banner after "winning" the Teacher Torment Drive. Mr. Mallinger was competing against other teachers, such as Mr. Skogen who would have sung Justin Beiber.



Above: Austin Jeffries, 9, catching a ball in his bucket during the Pep Fest Relay Race. This part of the relay race included one person bouncing ping pong balls off the table into the bucket.



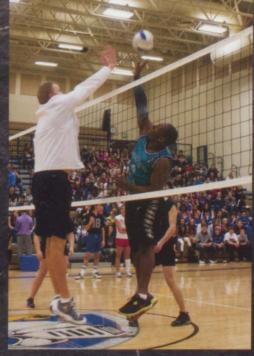
Ryan Lyzhoft, 12, cuts off Cole Krutzig's, 12, mullet after winning Mullet Drive. All proceeds went to the Robeck family.



Steven Haynes, 11, Tyler Versboncoeur, 12, and Nathan Cool, 11, performing in the drumline at the winter week pep fest.

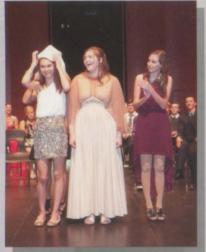


Above: Cierra Eystad, 12, and Sam Novak, 12, participating in a pep fest game in which they had to knock over the bottles with the ball.



Bennie Wilson, 12, jumping to block Mr. Harmoning's spike in the faculty/student volleyball game.

Winter Week Royalty



The freshmen crown Megan Carpentier as Court letter



Olivia Yue is crowned as the sophomore's Duchess



Chloe Wallace is crowned as Princess of the juniors.



Snow Week Royalty Candidates of 2013
Freshmen

Megan Carpentier, Heather Dehmer, McKenna Egbert, Tucker Bjorlin, Donald Leuer, and Tre'vyon Wilson



Bobbi Brendefur, Karson Sorby, Olivia Yue, Tyler Berg, Evan Gjesvold, and Andrew Hanson.

Juniors

RaeAnn Arns, Kayla Mager, Sydney Renzaglia, Chloe Wallace, Henry Berning, Preston Kuhn, Luke Pelant, and Jake Petersen

Seniors

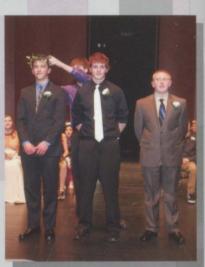
Mackenzie Bebo, Cierra Eystad, Taylor Poss, Natalie VanWyhe, Joseph Clayton, Owen Gammell, Thaddeus Miller, and Samuel Novak



All the Snow Week candidates gather together for a picture.



The freshmen crown Tre'vyon Wilson as Court Jester

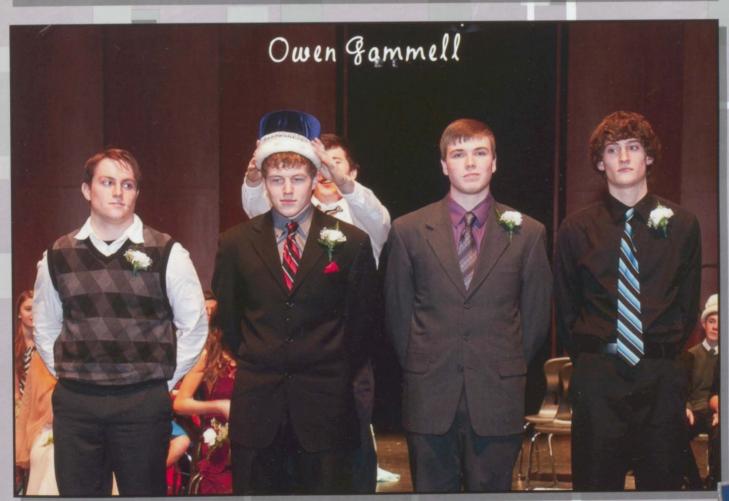


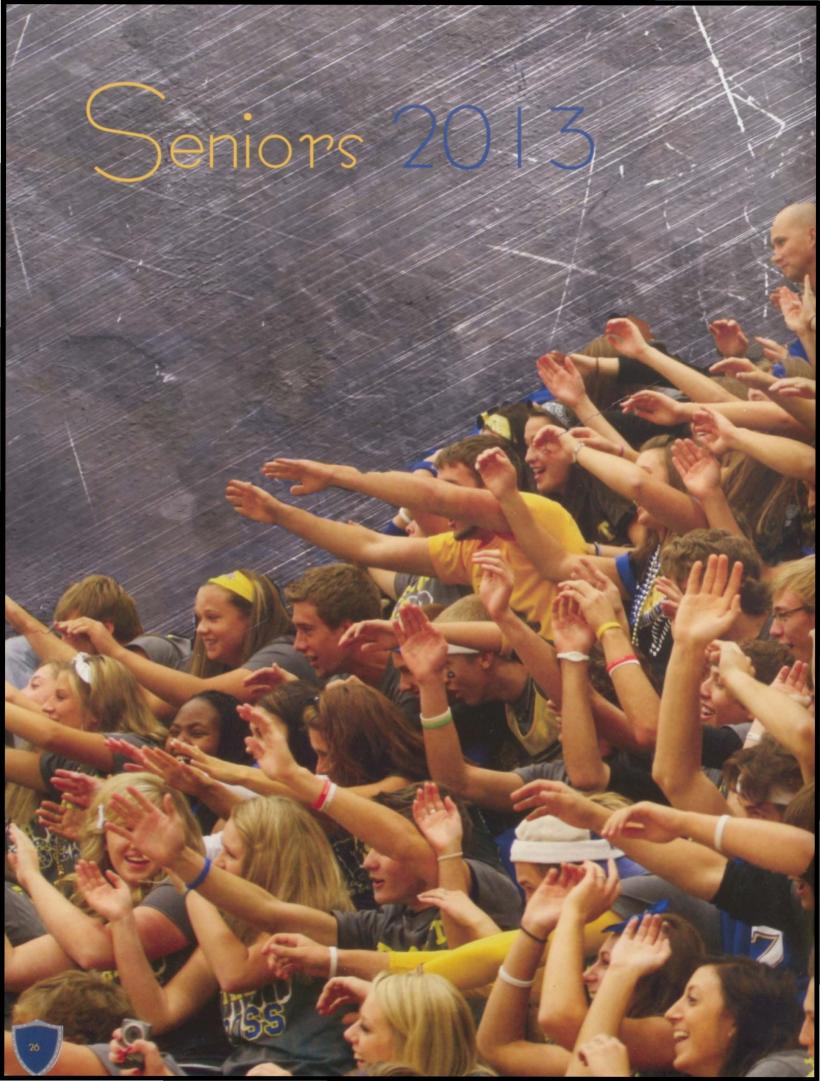
The sophomore Duke is Evan Gjesvold.



Preston Kuhn is crowned as the junior's Princ









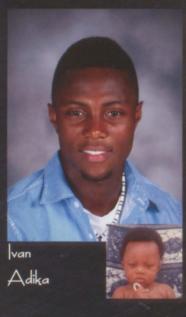




















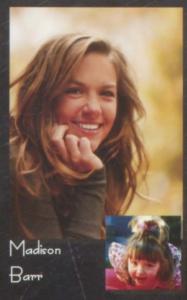
















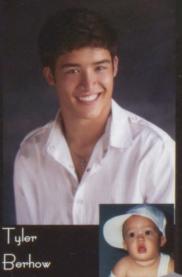








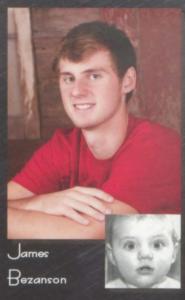






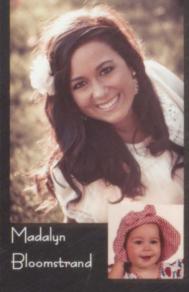


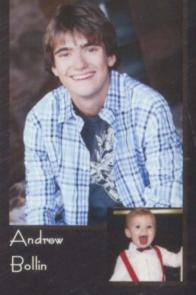


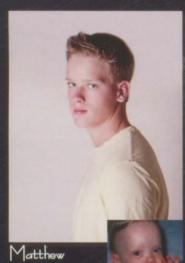




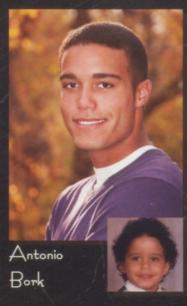




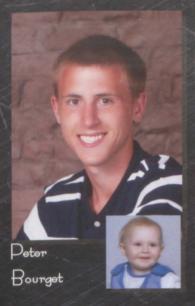




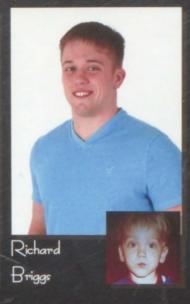




















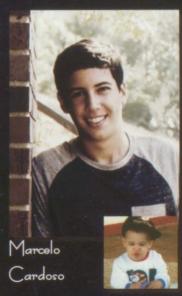




Bundy





















Alina Chanthamontry



Chatterton







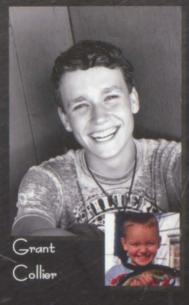














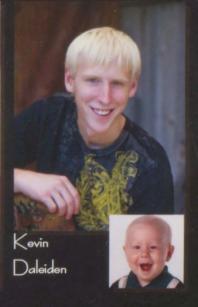
































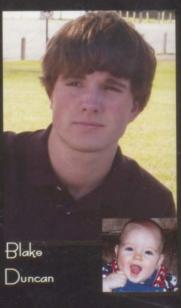














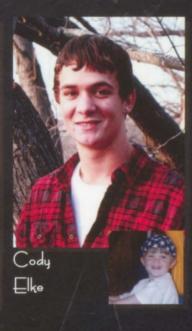
















Engelmann



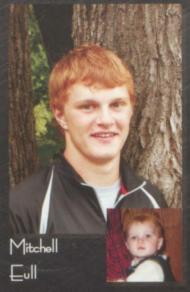






McKinley Erickson





















Flaata





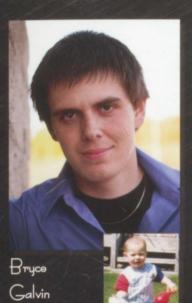
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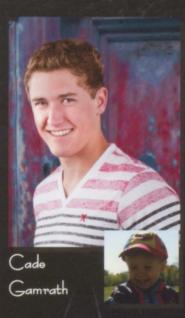








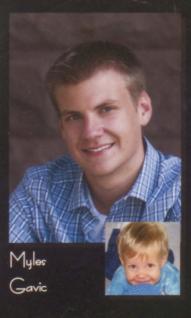




















Allen Giller



Gordon

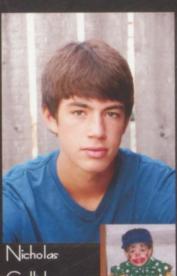




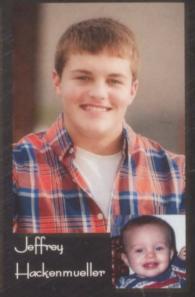
























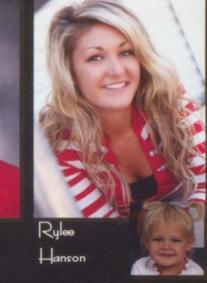
















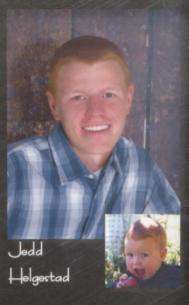


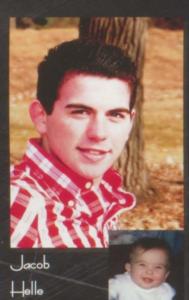




















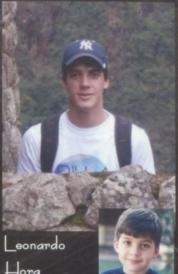








Thor Holstad



Austin Houle







rvine













Hall Of Fame



"Best Choice to Bring Home to Parents" Thor Holstad & Cierra Eystad



"Best Hair" Aaron Michaelson & Mallory Long



"Best Smile" Mitchel Herian & Amanda Paquette



Most Dramatic" Rafael Machado & Rena Stubblefield



"Most Talkative" Ricky Briggs & Kebeh Pewu



"Cutest Couple" Brian Ferry & Lauren Skare



"Most Opinionated" Mikey Kessler & Katlin Schmitz



"Biggest Super Fan" Jesse Johnson & Lauren Skare



"Always Late" David Anderson & Rylee Hanson



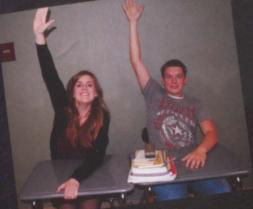
"Mast Changed" Owen Gammell & Lauren Logan



"Biggest Threat To Pedestrians" Austin Brouillette & Maddy Bloomstrand



"Most Likely To Succeed" Tyson Erickson & Meghan Heitkamp



"Hollywood Bound" Max Rooney & Annie Metzger

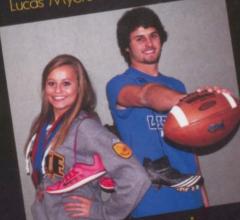
"Teachers Pet" Lucas Myers & Kim Morain



"Best Dressed" Zack Trout & Jessie Leonhard



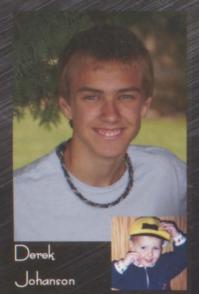
"Class Clown" Sam Novak and Tori Hamre

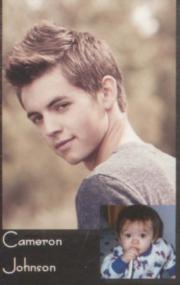


"Most Athletic" Ryan Lyzhoft & Maddi Sjelin



"Best Laugh" Jamey Kolles & Katie Illies





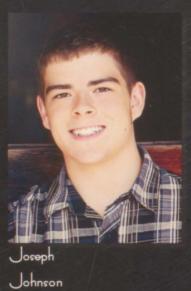
























Johnson



Nicole Kelly



Kelter



Kessler



King













Konsor



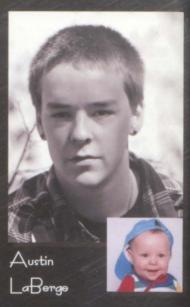








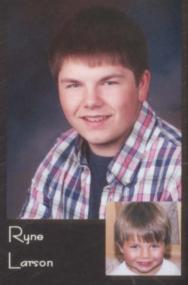
















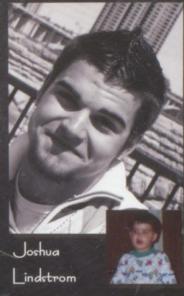




Larson







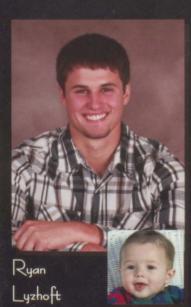




















Mike





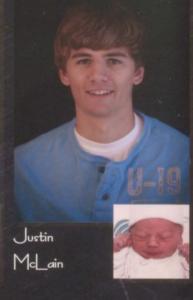


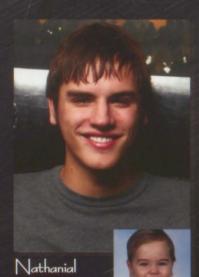














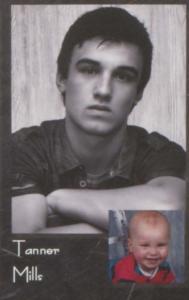




McShane







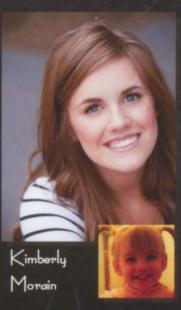




Molitor







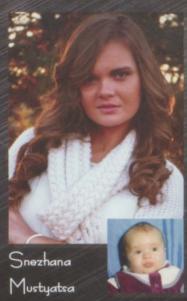














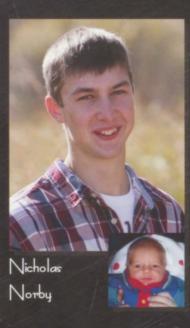






Nietfeld

















O'Connor

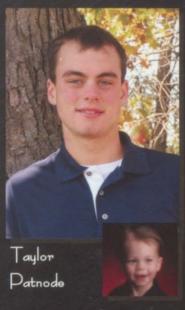
Paquette





























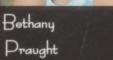




















Shannen Puett



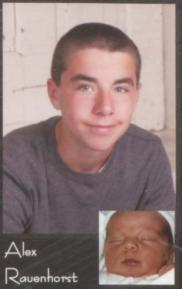
Pung



Quenemoen



























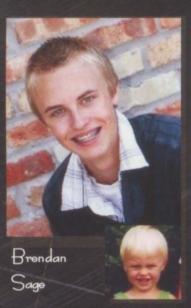








Saysana Saengphachan



















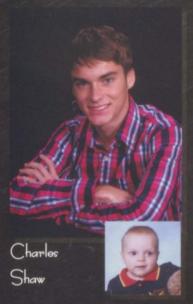


Schuller







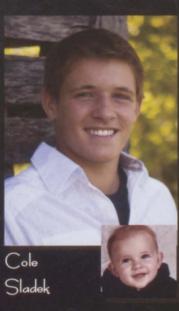






















Smith

Bailey Solberg



Sorem







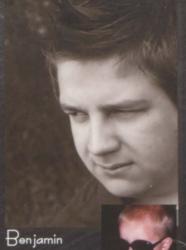












Sturos







Swenson





Tarr



Lucas

Tarr











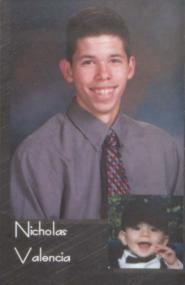






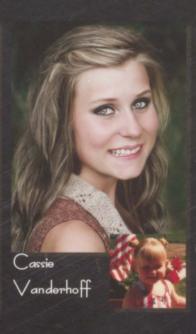






















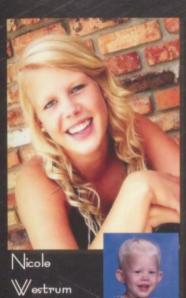






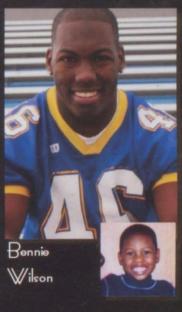






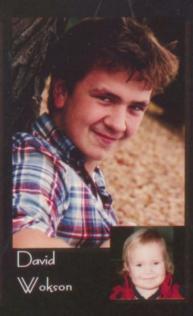
















Workman



Xiong

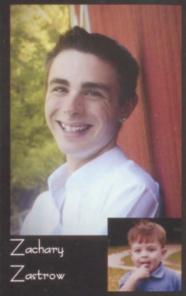














Matthew Zimmer

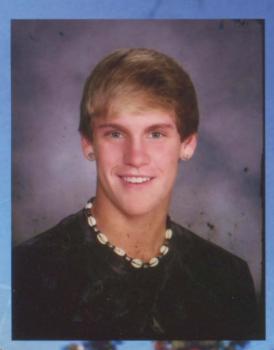


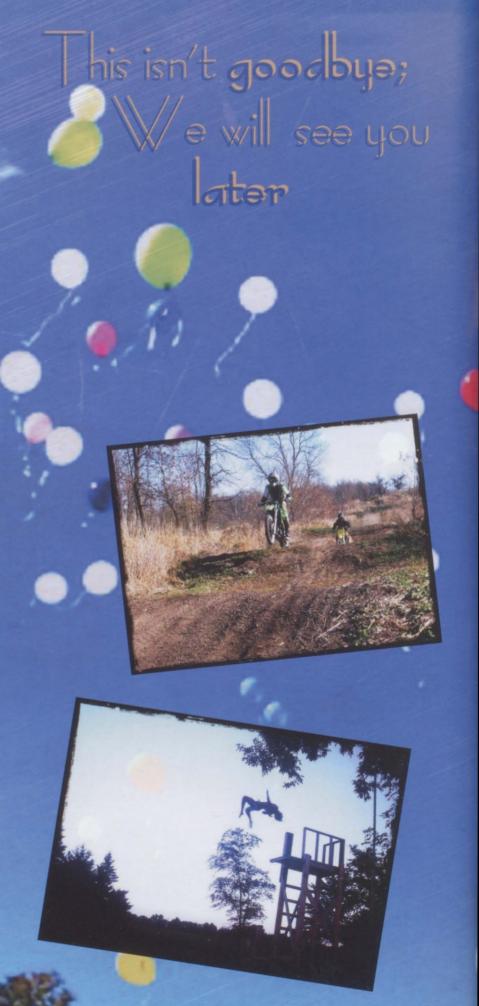


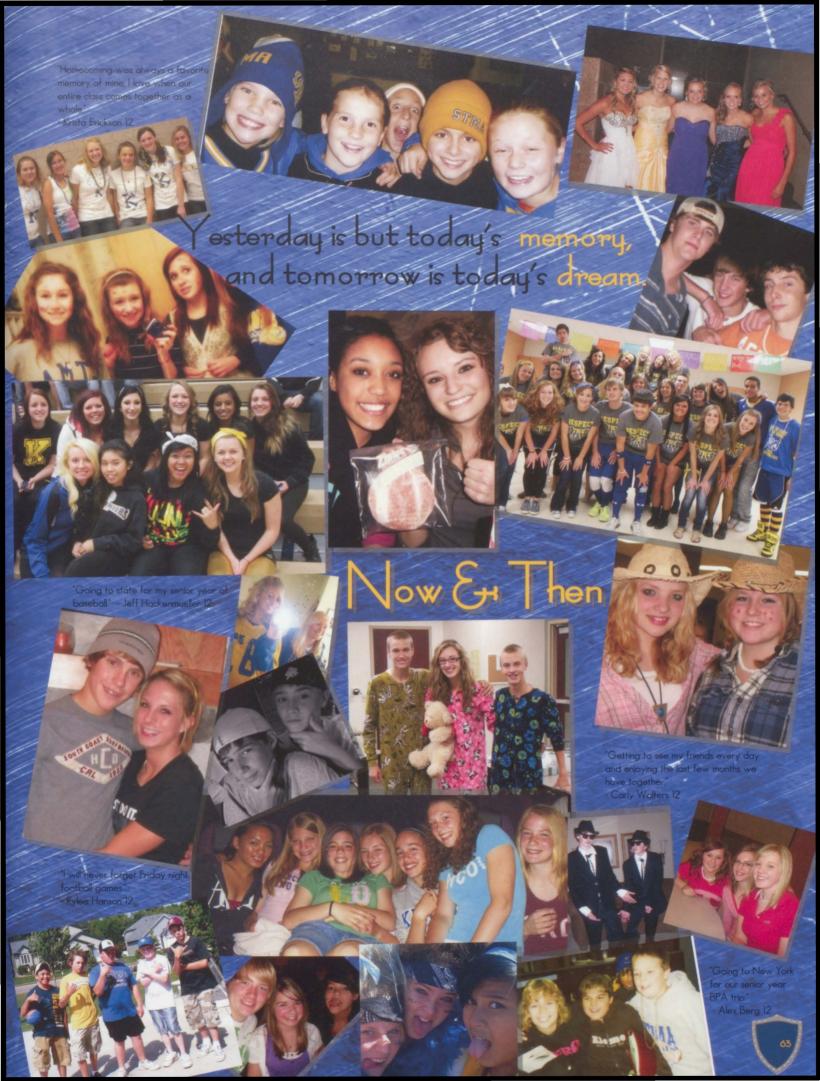
Not Pictured:
Perla Altimirano Chavez
Tayler Brownfield
Zachary Farruggia
Jacob Maas
Joseph O'Donnell

Autographs

On September 19, 2011, STMA experienced the loss of junior Dustin Harrington. This tragedy affected our community greatly. In particular, his class, the class of 2013 was emotionally hit, but it pulled them closer together. Dustin was a loving son, a caring brother, and a great friend. He was known for his beautiful smile and sense of humor, which will never be forgotten. His passion for extreme sports such as snowboarding, dirt-bike riding, lifting, and cliff diving shows the outgoing person he was. He touched the lives of many and will be forever in our hearts. His family and friends like to say, "this isn't goodbye, we will see you later." The class of 2013 would like to dedicate this page to Dustin Harrington.



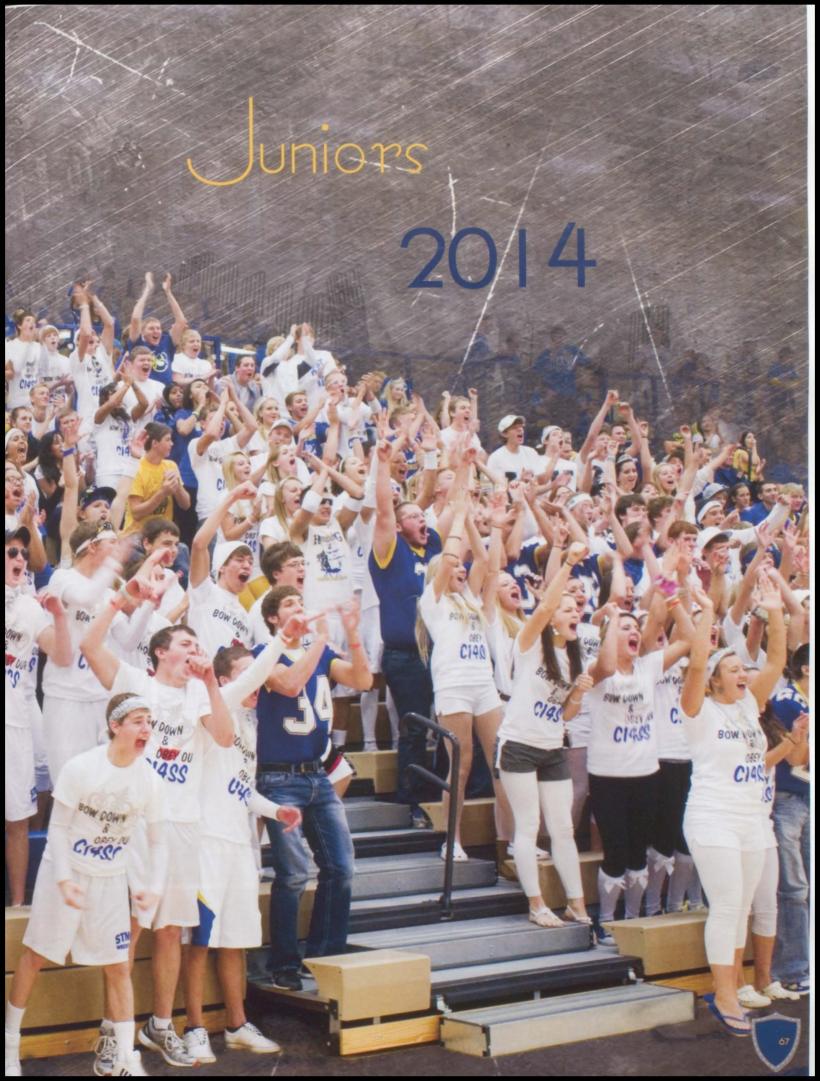












Emily Achterkirch Hamdi Adam Zachary Adams Garrett Adkins Nicholas Akkerman Evan Albrecht Robert Alexander Ilwad Ali Brett Anderson Kurt Anderson Nicholas Anderson Wyatt Anderson Nicole Arachtingi Mindy Arns RaeAnn Arns Bryant Arriaga Erin Autio Jenna Backes Kaija Backhaus Jayme Baldwin Yogindra Balgobin Candace Balombiny Alex Barthel Nicole Barthel Elizabeth Bartholomew Ashleigh Basham Kodi Baum Sean Becken Anton Becker AvriElle Becker James Beckers Jacob Bedsted Andrew Benson Anthony Bentley Steven Berg



Cole Dehmer Danielle Dehmer Kal Dehmer Samantha Dehmer Aubrey DelPercio Ella DeRoo Aaron Dick Kaela Domingo Hayley Dorumsgaard Anna Drobnick Jessica Duda Atalie Duncan Alexyia Dwinnell Jillian Edling Cody Edmondson Laura Eggert Cody Eliason Armonda Ellis Tyler Engen Rebecca Engleman Kevin Engracia Islas Andrew Erickson Noel Espinoza Carter Eull Travis Fasching Maureen Fehn Morgan Fehn Caleb Figueroa Andrew Florey Paige Florip David Follestad Madison Foster

David Follestad Madison Foster Cody Fox Dallas Freeman Alexander Geyer

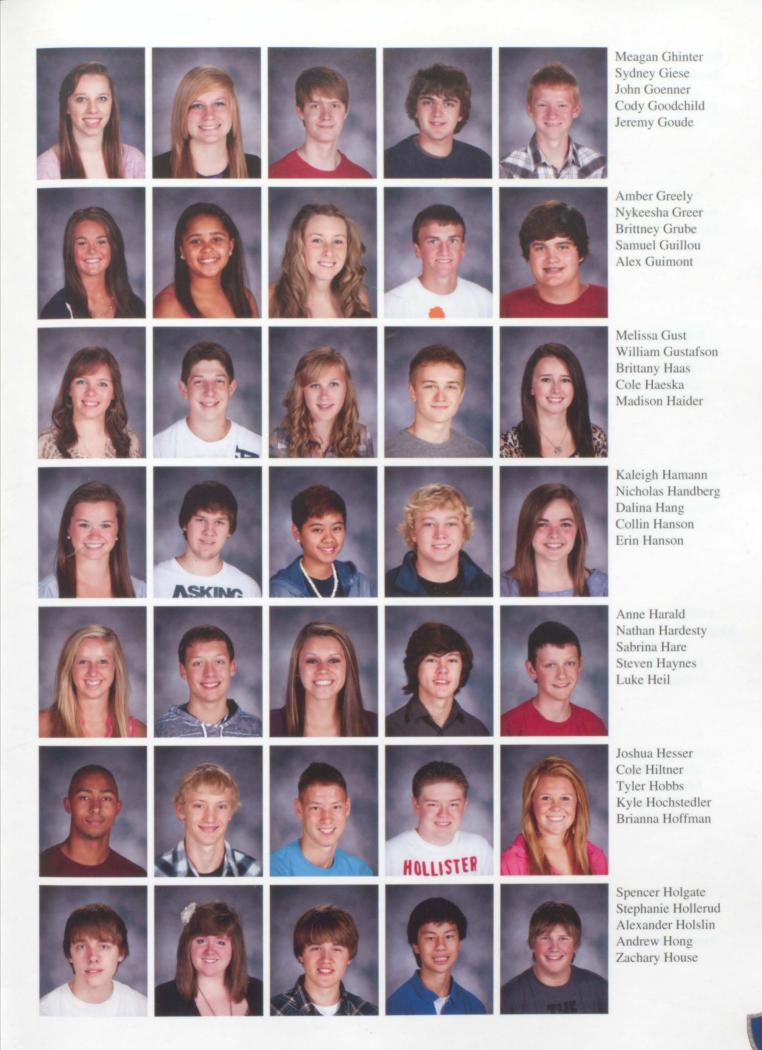




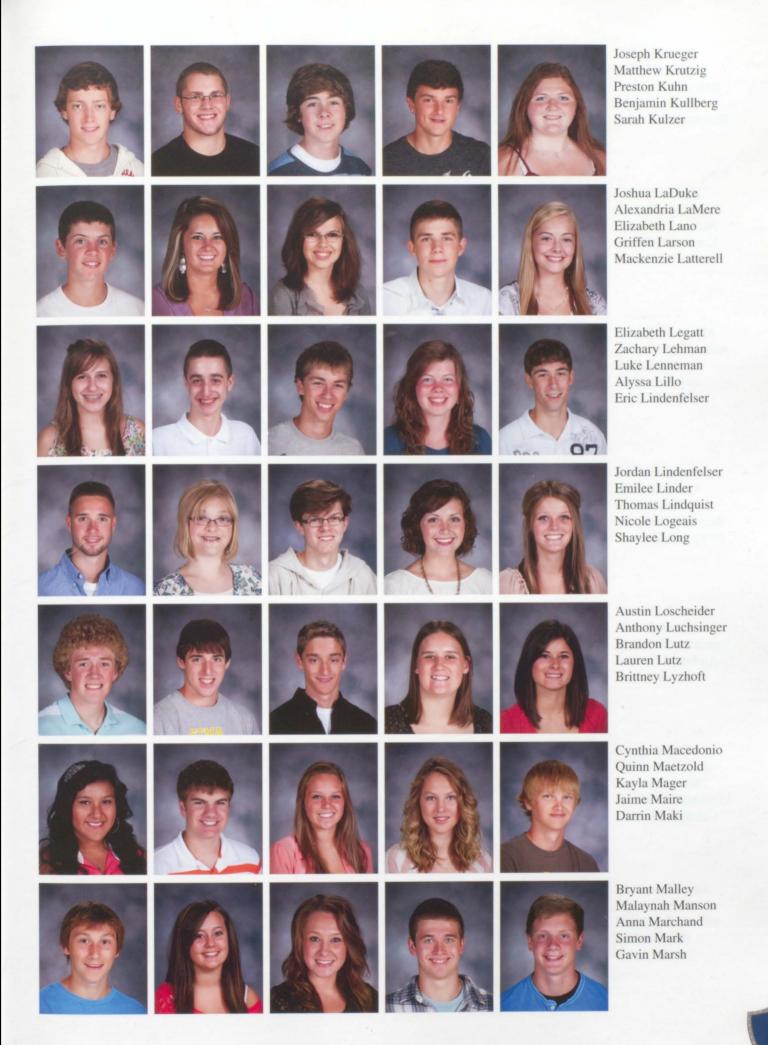






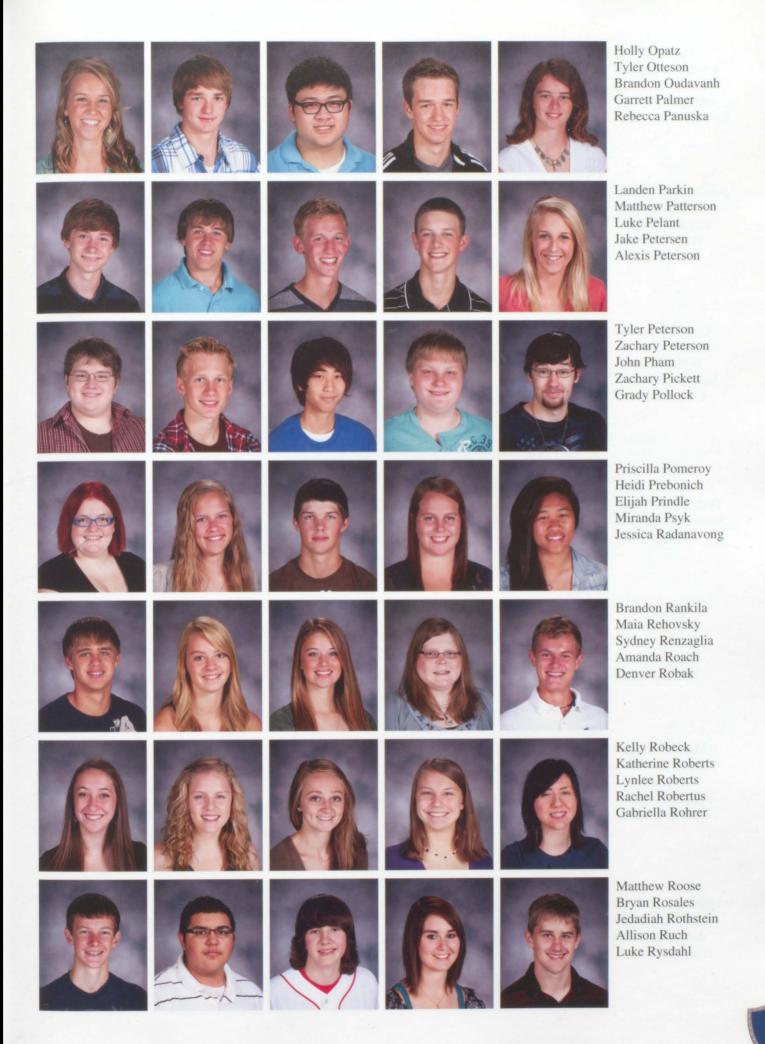


Samantha E. Huber Samantha J. Huber Mara Jackson Tyler Jeffries Alyssa Jenney Alexa Jerulle Jeremy Jocelyn Alexandra Johnson Peyton Johnson Trevor Johnson Keith Jorgensen Matthew Juntunen Talon Juusola Cory Kackman Taylor Kainz Chieze Kaip Christopher Kartes Aaron Kasel Joshua Kasper Sean Kelly Bailey Kemper Isabella Keosongseng Ryan Kerber Morgan Kessler Joseph Kilian Kyle Kilian Matthew Kisch Johanna Knight Callie Kobilka Allison Koetz Amanda Korpela Truman Kottke LeeAnne Kovacs Austin Kowalczyk Amanda Kriese



Brett Marshall Hannah Martin Dylan Marx Kaitlyn Marx Thomas Mavencamp Ana McDonald Kevin McDonald Nathan McDonald Katrina McDowell Andrea McGowan Mycah McKeown Alexander McLellan Kyle Mell Jessica Metz Lucas Meyer Jesse Miller Noah Mills Felicia Mix Alexander Monseth Kelsey Monsrud Sam Morain Anna Moritz Samantha Munkberg Alexander Nadeau Alyssa Nelson Abigail Nesbit Dorielle Noel Thomas Norman Momilani O'Sullivan Gabrielle Odegard Austin Odenbrett Nicholas Ogborn Bailey Olsen Garrett Olsen Alyssa Olson

74



Calvin Sackey Kayla Saltamachio Ashley Sammon Abigail Scherber Erin Schindler Brenna Schlauderaff









Adam Schmidt Elijah Schmidtke Calvin Schoen Colten Schoen











Courtney Schoen Hannah Schwarz Ryan Scriver Nicholas Severson Conner Sherrard











Austin Sherrill Joseph Sherry Dominic Shovelain Alexis Skomsoyvog **Bailey Smith**











Devon Smith Dylan Smith Madeline Smith Devyn Smoter Jeremy Snaza











Matthew Snyder **Taylor Sorenson** Connor Spetz Angela Stahlmann Chelsea Steffens











Blake Steinke Brandon Steinke Micah Stoppelman Ashley Strickler Devin Stuntebeck

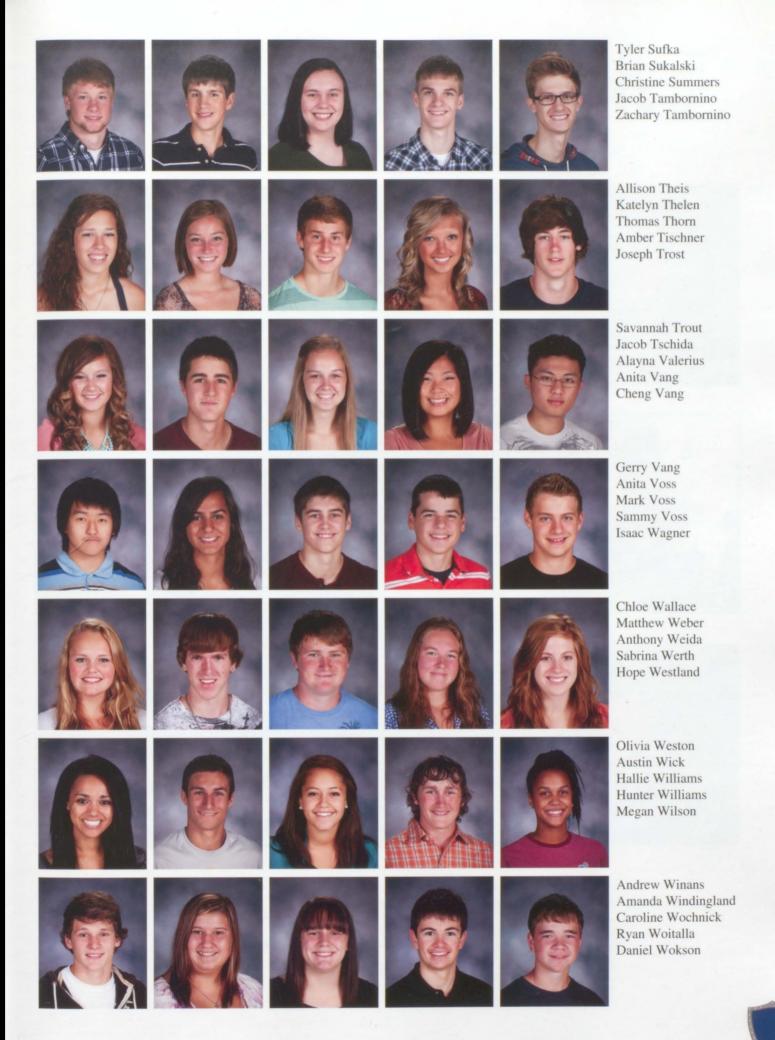












Samantha Wolcott Benjamin Wold Maxwell Woodis Mark Woolery Courtney Wooters











Brandon Yang Madeline Young Kyler Zachman Mercedes Zahler Tyler Zahler











Holly Zimmer



Not Pictured: Madeline Clark Lexis Garcia Craig Johnson Keith McLellan Alexander Nagengast

forever in our hearts

January 3rd, 1996 - July 1st 2012









Michaela Olson





Amin Aboujouda Josie Adkins Antoine Akundu Madison Albrecht Mohamed Ali Gavin Allen Brianna Allers Gracyn Altenhofen Shaye Althoff Tyler Amy Alissa Anderson Kaitlyn Anderson Randall Anderson Sara Anderson Lucy Arndt Morgan Arseneau Alyson Astleford Anyssa Astleford Hannah Bagne Madeline Balintona Rachel Ball Itzel Bando Garcia Ossiel Bando Garcia Samantha Barnett Victoria Barr Blake Barthel Bryttani Barthel Danielle Barthel Erick Barthel Nicholas Batchelor Brooke Baune Andrew Beaudry Tyler Bebensee Stephen Begin Austin Benson



Dylan Bundy Chase Bunnell Allison Burditt Sabrina Busby Mason Busch Jonathan Cahill Megan Caldwell Michael Campbell Andrew Carbert Tyler Carlson Anne Caron Cossette Carr Chase Cayo Haley Cederberg Ryan Celusta Danielle Chatterton Frankie Chervenak Tylor Chouanard Jake Coulson Brendan Culhane Samuel Czech Bradley Daleiden Erin Daly Jamie Dang Nathan Delger Taylor Dickey Taylor Dircz Megan Doboszenski Tre Dorenbush Amanda Dorholt Aaron Dorland Kate Drimel Anthony Dupris Dawnis Egan Nicholas Egan



Francesca Griffero Kevin Grove Sydney Grubb Leah Grunke Colby Guiney Jake Hackenmueller Melissa Hackenmueller Nathan Hage Garret Hahn Jaylen Hakes Brandon Haliburton Kristen Haller Jenna Halpin Acacia Halverson **Emily Hamann** Jaymie Hansen Morgan Hansen Timmy Hansen Andrew Hanson Freya Hanson Presko Hanson Hunter Harmon Omar Harrison Tyler Harwood Biftu Hassan Logan Hatch Tyler Hayes Shawna Heaton Joseph Hebeisen Alexis Heil Jared Heinen Adrianna Helle

Adrianna Helle Abigail Herbst Alyssa Heuanphommavong Heather Heyerman













Ryan Larkin Carly Larsen Emily Laudenbach Christopher Leathers Malissa LeClaire











Julia Leigh Christine Lenneman Benjamin Leuer Lance Lewison Andrew Lindenfelser











Angela Long Olivia Lutz Marven Macedonio Munoz Shaye Maetzold Hanos Mahari











Dustyne Malenke Gavin Maltby Vinita Maraj Destiny Markley Aspen Marquette











Mackenzie Martin Sarah Martin Christian Marweg Andrew Marx Wesley Maschke











Sophia Mazurek Craig McDowell Whitney McShane Jocelynn Mehrman Edwin Melgar











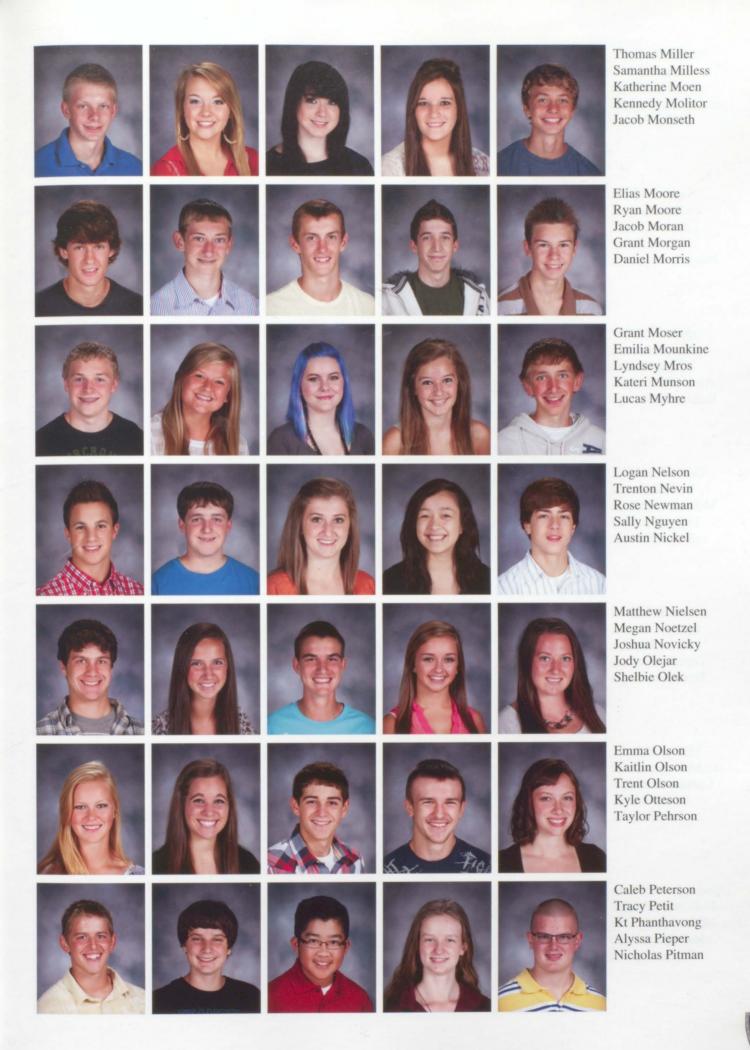












Justin Pittelkow Jorie Pollman Ryan Poss Lily Prashad Joffre Proano Travis Prokott Erin Prosper Andrew Puett Aaron Pung Justin Radanavong Krista Rambo Cody Reckard Calvin Reese Alexander Reeves Kathryn Rehovsky Takota Reinbold Beth Resch Monet Richardson Taylor Robarge Taylor Robeck Jon Robinson Sydney Rooker Olivia Rooney Taylor Rothstein Trevor Rothstein Brynn Rova Mallory Sackey Christian Sanchez Anna Sanford Julia Schade Austin Schei Mallory Schneider Michael Schoenke Madelyn Schopf Hannah Schutz



Emily Tschida Brenden Valker Emma Valker Wesley Van'tHull Mai Vang Cheyenne Vavrina Gabrielle Vetsch Genevieve Vickers Sidney Vieau Taylor Vlasak Madeline Vorlicek Jordyn Walker Megan Waller Lily Walters Desiree Weaver Wade Weber Alexa Wilkes Meghan Winans Abigail Wold Destinee Wolfson Samuel Wolseth Brett Wortman Averiel Wright Chouafa Yang Kara Young Londynn Young Olivia Yue Joel Zachman Mitchell Zachman Jacob Zastrow Emily Zehowski Isaac Zipp

Emily Zehowski Isaac Zipp Taylor Zopfi Samantha Zornig Alex Zubarev

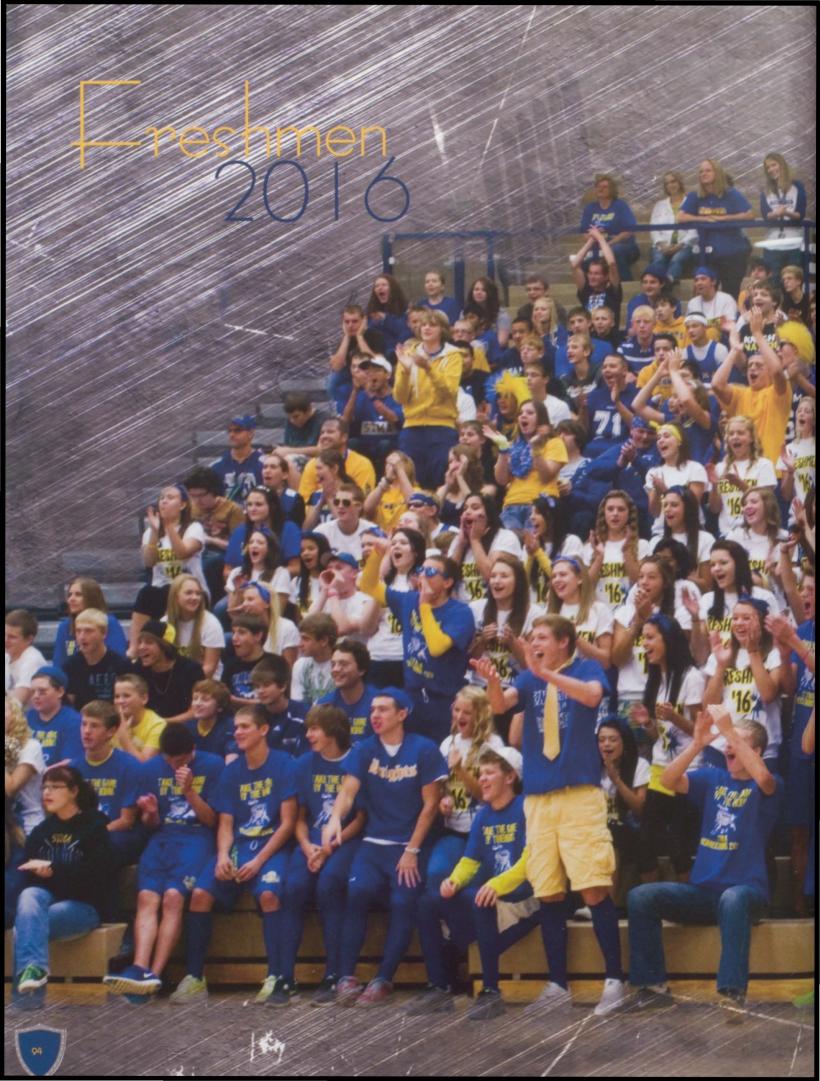






10th Grade Not Pictured:
Newel Hirst
David Linn
Edward Mercado
Jacob Rothman
Aaron Rouland
Bryan Santelices
Chelsea Thompson
Corey Workman

AUTOGRAPHS





Abigail Adika Garrett Ailts Ryan Albrecht Joshua Alfaro Asif Ally Ryan Alstad Shelby Aman Aeschilde Anderson Katelyn Anderson Nolan Anderson Trevor Anderson Marah Arndt Allen Arriaga RaeAnn Athman Nixon Avendano Andrew Babcock Kelsey Backes Danielle Bagne Alex Baldwin Emma Barbeln Andy Barrera Nicole Barthel Alexander Basham **Emily Bedman** Heather Bentley Hailey Bergeron Brandon Berning Paige Berning William Berning Brooke Bertek Preston Bestick Daniel Bivans Marshall Bjorlin Tucker Bjorlin Gracia Blazek Caylynn Bleess

Caylynn Bleess Julia Bogenholm Makayla Booker Zachary Bracken Nathaniel Bratager





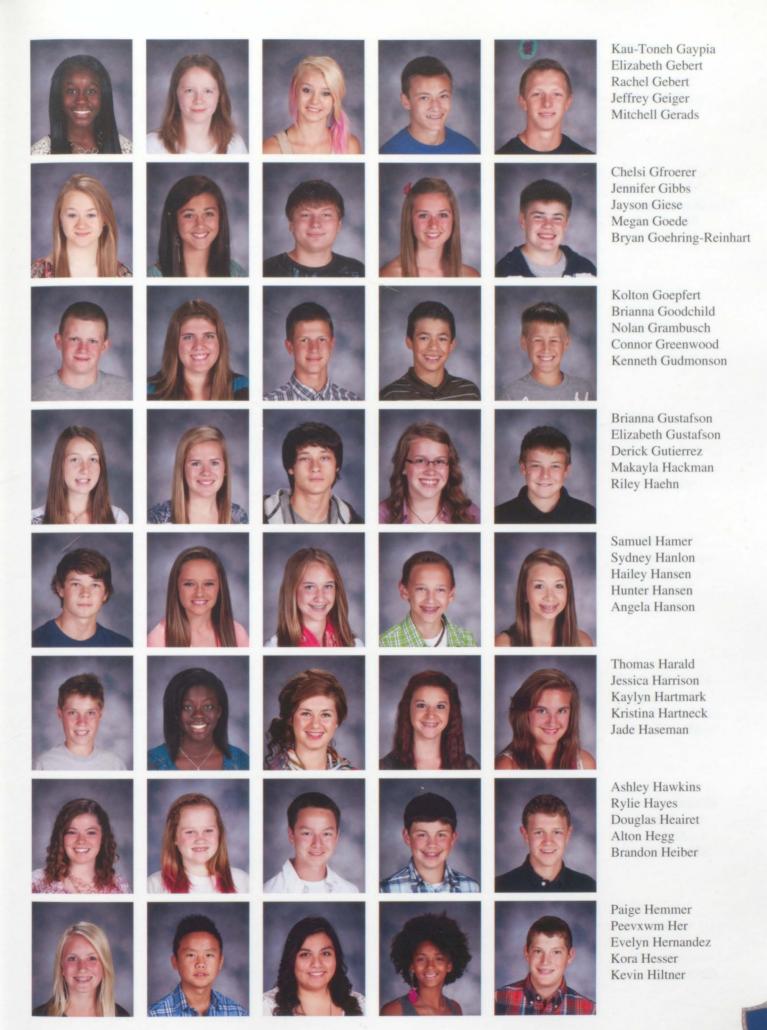








Bailey David Dexter Dehmer Heather Dehmer Miranda Dehmer April Dick William Dierberger Brittainni Doble Lauren Dobson Mitchell Dold Jolene Duda Richelle Dunbar McKenzie Ebert Alexandra Eckert Isabella Eckert Tristan Eddy McKenna Egbert Kaitlen Ege Joseph Eicher Braden Eliason Meghan Emerson Noah Ergen Andrew Erickson Jeremiah Eull McKenna Eull Kiana Eystad Karissa Fairburn Levi Falde Paige Falde Valentino Faulkner Alaina Felt Libby Fesenmaier Andrew Fischer Jackson Fisher Harold Fleegel Bryan Fournier Dylan Fox Michael Fredrickson Camron Fuerstenberg Jake Gallagher Ethan Gavic



Jake Hinz Elli Hofmeister Tyler Hollister Parker Holm Kayla Horn Tyler Hoselton Emma Howey Kaylee Isaacson Maxxe Jackson Mitchell Jaeger Jovon James Lynsey Jans Austin Jeffries Lucas Jenkins Johnathan Jensen Lucas Jeske Gavin Jocelyn Zachary Jocelyn Austin Johnson Leah Johnson Travis Johnson John Jones Adam Jurmu Zachary Kainz Hannah Kari Arijana Karic Mariam Karkache Kennedy Keller Taylor Kemper Ryan Kennedy Peyton Kessler Catherine Kiesling Adam King Andrew King Abby Kirk Jennifer Kisch Connor Klatke John Klysen Ryan Knott

Cassandra Kobilka



Matthew Marran Carly Marron Daniel Mayerchak Jack McDaniel Jack McGowan Mitchell McKee Carissa McLellan William Merkl Nicole Meyer Joseph Miller











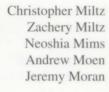






















Selena Mosqueda William Mozis John Munkberg Kylee Munson Caitlin Myers











Danielle Myers Jackson Nadeau Nicolas Nelson Ryan Nelson Anna Nietfeld











Zachary Nygaard Peter O'Neill Elijah O'Sullivan Kingsley Obilor Claudia Offerdahl











Cassandra Oie Nolan Olsen Cameron Olson Claire Olson **Taylor Olson**











Ryan Olupo Lauren Otteson Erin Patterson Kaelin Pegg William Penn

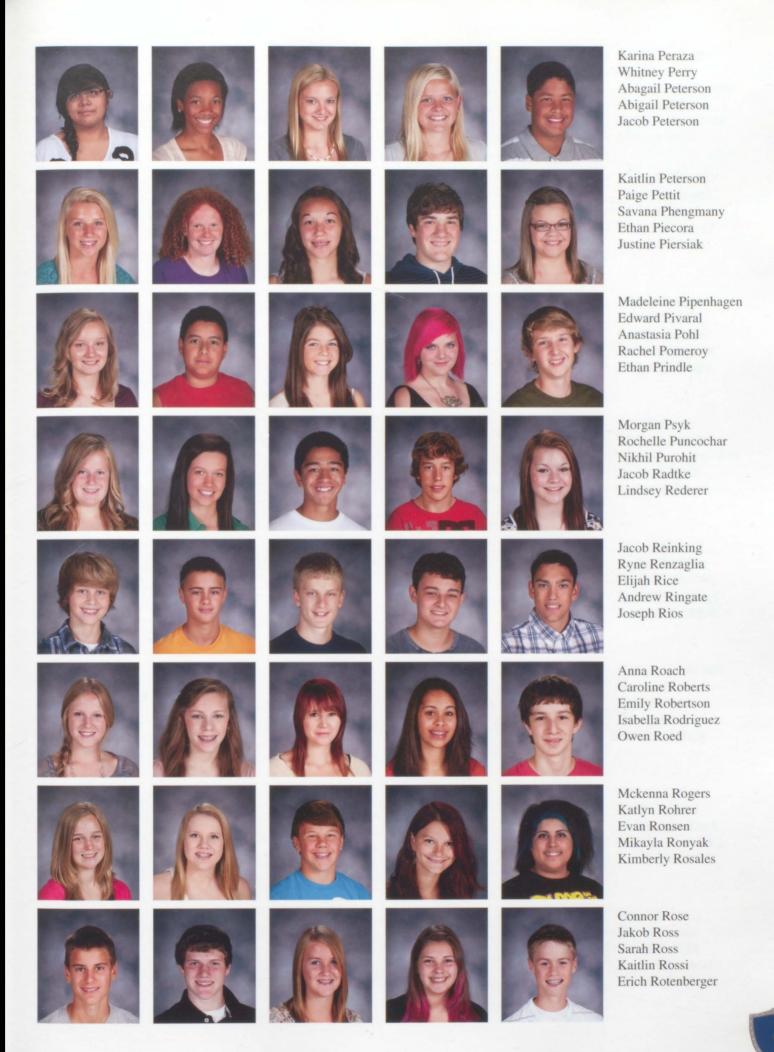












Emily Ruhland Nicole Runge Grace Rysdahl Juliann Salber Tess Salen Joseph Salonek Anthony Sauer Kathryn Sauer Taylor Schlimme Joshua Schmidt MaryJo Schmidt Mary Schmitz Zachary Schoen Morgan Schumm Genola Segbee Austin Seidel Mackenzie Selle Cody Sellman Anna Shaw Jacob Sherry Kara Simonson Eron Simpson Eric Sjelin Samantha Sklenar Stephanie Sklenar Alison Skon Austin Smith Carter Smith Connor Smith Jacob Smith Ryan Smith **Emily Solberg** Parker Sonenstahl Jeremy Sorenson Alexys Sovis Serina Spooner

Serina Spooner Greta Stanton Alyssa Stecker Brandi Steinbach Tayllor Steinmetz













Blake Wedell Johnathan Wegler Thomas Weigel Taylor Weinand Nicholas Wendel Braden Wermager Ariana Werth Jared West Jocelyn West Madeline Westendorp Isaiah Weston Michael Wettschreck Hunter Wilcox Madalyn Williams Nathan Williams **Emmanuel Wilson** Lena Wilson Tre'vyon Wilson Cherish Witherspoon Adam Wnuk Samantha Wojcik Bayley Woolhouse Gregory Wurm Laly Xiong David Yang Andrew Yohn

Andrew Yohn Derik Youngdahl Alex Yunker Matthew Yunker Chatrea Zachman

Kayla Zachman Kelly Zajac Brittany Zajicek Jaden Zeyer Kitri Zezza

Ashley Zimmer

John Zimmer

Trevor Zins

















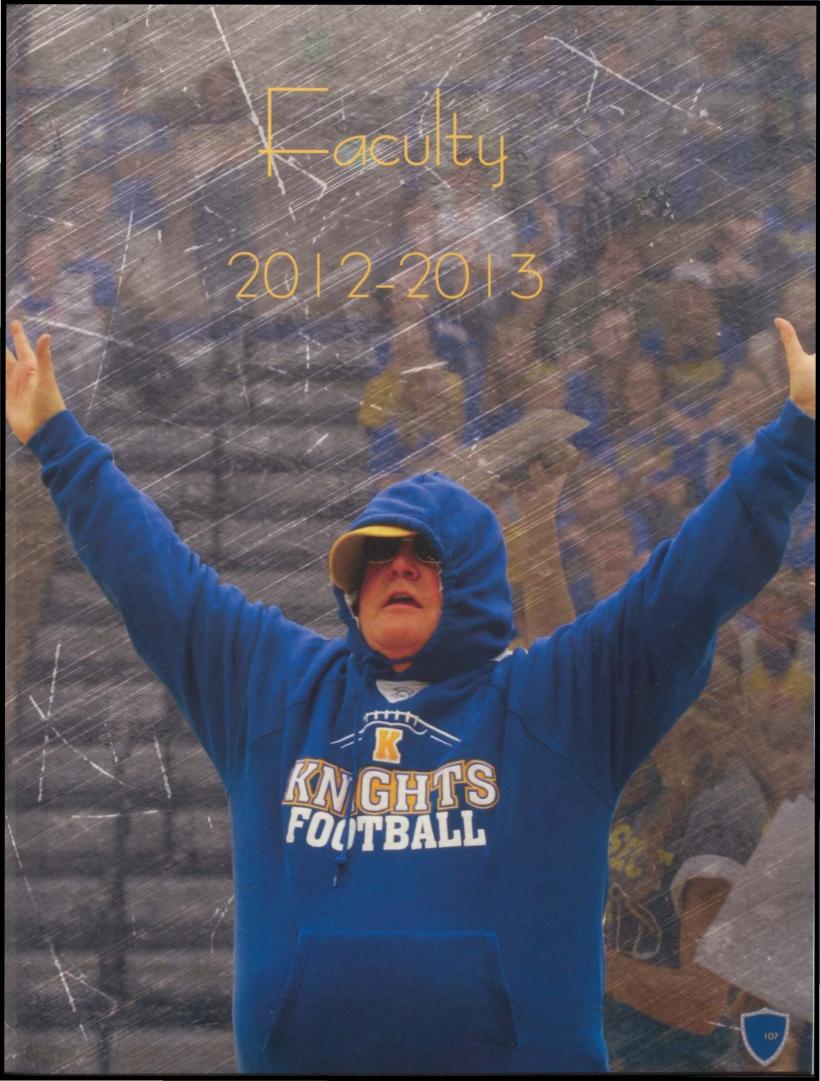












Daniel F Abrahamson Deanne M Anderson Jillian L Anderson Karl Anderson Charlie H Bakker Kristie L Baldridge









Heidi L Bast Brian Benson Kimberly L Benson Scott D Berning











Lisa Bjork Kelly M Bovee Roger E Bovee Chris Braun William A Breeden











Jodee L Butkowski Tim R Bykowski Kimberly A Campbell Renae M Carlson Katherine L Christensen











Keith D Cornell Debra L Craft Kevin A Crocker Lynn D Dahring Scott J Danielson











Julie J Davis Ryan P Dehnel Darek W Dewey Robert A Driver Mary C Eggert











Amy Emerson Jared A Essler Kinsey A Essler Ginger Fealy Jeanne G Fisher













Tony J Mallinger Joshua J Mann Brooks R Marquardt Ellen M Marschel Jason C Massmann Deputy Michael McGill Dan Miller Jessica L Miller Laura A Minke Katie W Mitchell Gracious A Msuya Kelly L Negaard Caroline P Ness-Deden Margaret Nigro Kathryn J Nowell Shari Olsen Joseph E Osowski Joseph L Peatrowsky Tiffany M Peterson Meghan M Pettis Rick Pool Mary Poss Kia L Prell Julie P Read Matthew H Rooker Kristopher B Rue Ben W Rusin David T Salzer Steven H Scherber Marcia J Schirber Stacey Schoenke Laura D Schuster

Shannon Schulzetenberg Mindi M Sechser













Sara J Shaw Kellie L Shumway Darrell L Skogen Adam V Sroka Janelle M Stange



Karen M Volkenant Beverly Wahlenberg Haixia Wang Bea M Wicker Craig Wignes

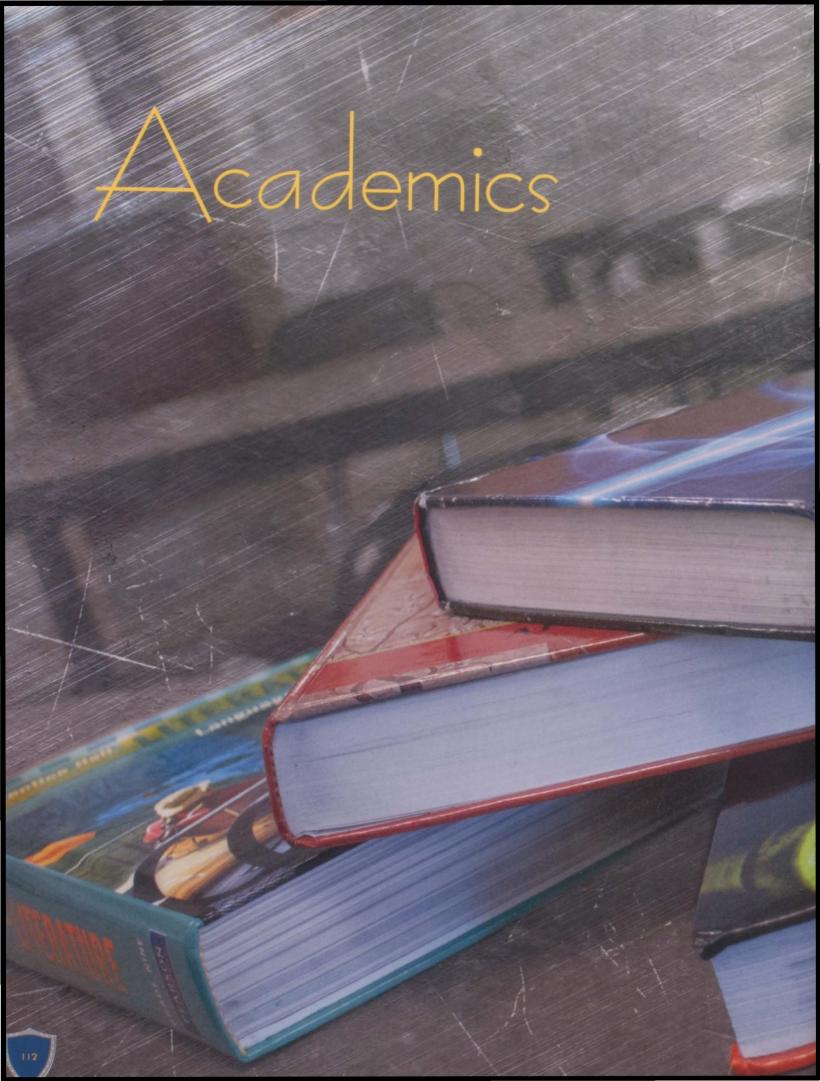


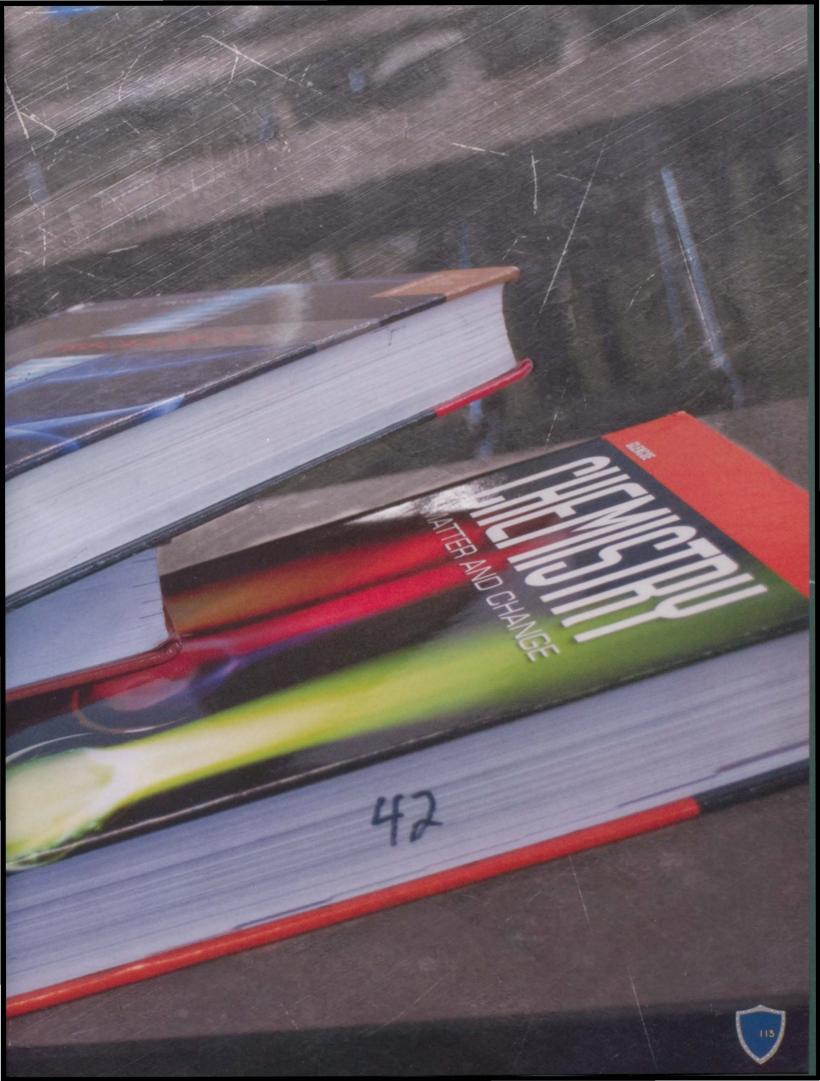
Paula R Wurst
Patti Yager
Adam Zachman
Shawna M Zachman
Anne M Zahler

Daniel A Zahler Robert H Zahler Terrence J Zerwas

Certified Staff Not Pictured: Letitia Lindenfelser Jox Metcalf Tate Nagengast Steve Rothweiler Julie Winkelman

Support Staff Not Pictured:
Francis Brant
Mike Frank
Chris Friggard
Greg Gullickson
Karen Polaschek
Caitlin Siems
Cindi Sovell
Jennifer Swope
Deb Thornburgh





"An artist cannot fail because it is a Success to be one in the first place."



Above. Sophomore Blake Berning creating a pot on the pottery wheel in Ceramics class. The most devoted ceramics students could be seen walking through the halls with similar clay stains.

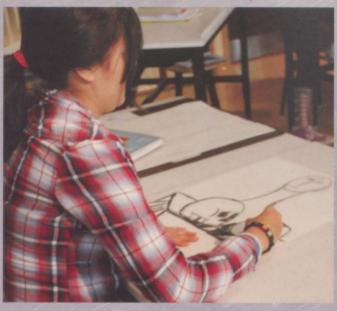
Creating Together and Pottery

ere at STMA High School, students are offered a variety of different art classes. These different arts range anywhere from drawing to ceramics to photography. Many students say that art is a way of expressing themselves, and showing their emotions and thoughts through something that they are very passionate about. The 2012-2013 year went very well for the art students of STMA. There was a total of 28 students that were awarded for their great accomplishments in the 2013 MSAA Awards. 13 of these students got honorable mentions. 8 Silver Keys, and 7 received Gold Keys.

These 28 students put in many hours in the art room and have showed their true devotion to the one hobby that they enjoy the most. Due to the number of students interested in this special talent, this is a group that will be interesting to watch grow over the next few years.



- Charles Horton Cooley



Above Aubrey DelPercio, 11, and below Samuel Streitman. 10, demonstrate their drawing ability through their assignments for class. The art department was able to challenge students to achieve their greatest creative potential throughout the year.



To the left is a painting that was done of a landscape by one of our STMA art students.

Pictured below are two pots that were made in ceramics by two STMA students.





News Time

"We don't always know where we're going, but somehow we get there." Mr. Metcalf

Broadcast journalism is best known for bringing KBNG news into the classrooms of STMA everyday. What a lot of people don't realize is they do so much more than just reporting the news. The students are also responsible for the video creations, working the sounds, video playing and computer generations. The broadcasting classes offer students a chance to get in touch with their creative side, giving students the chance to come out of their shells and display their personalities in their work. Along with the hard work and creativity comes a great deal of freedom.

The broadcast journalism teacher Jox Metcalf's favorite part of being involved with this class is that no day is the same. 'The students are always coming up with new ideas and never let me down,' explains Metcalf. There is an insane amount of stress because this is a 'classroom with glass walls.' This is because every student in the high school sees the work that the students put into giving out the news everyday. This class takes creativity and hard work, and the students always delivered throughout the year, between Landon Parkin's 'ain't nobody got time for that' or Eli Guillou's famous promos.



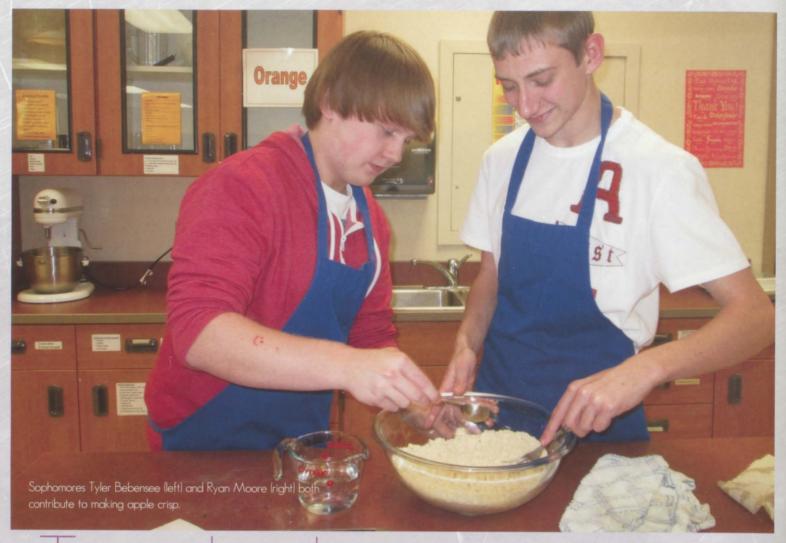


Far above: Annie Metzger, 12, examines a camera during her broadcast class. Annie was one of the many anchors during the 2012-2013 school year.

Above: Mitchell Zachman, 10, does the grunt work on the computer to get the news moving smoothly.

Below: Krista Erickson and Brendan Sage, 12, deliver the news on KBNG. This high-pressure job was handled beautifully by all the broadcast students this year.





eamwork teaches

ndependence
All students will use the things they

The FACs classes of STMA teach students how to live independently after high school. These classes show students how to deal with things on their own. The FACs classes also provide a great way for students to learn important life skills, such as cooking. It's not all serious, though: Senior Snezhana Mustyatsa clarified. 1 enjoyed Nutrition and Foods because it was a lot of fun." The FACs teachers are devoted to their jobs, both teaching important skills and creating a fun environment in which to do it. "My favorite part of being a teacher is preparing students for life after high school," Mrs. Read explained.

All students will use the things they have learned from the FACs classes after they leave high school, whether it's learning how to cook or tackling that broken button. Students came together as a group to learn independence this year in FACs

Fun FACs Facts for the Year:

-The FACs department offered 15 classes

-420 foods were made in Baking and Pastry

-270 recipes were prepared in Nutrition and Foods

-Approximately 100 foods were made in Intro to Culinary

-About 180 recipes were prepared in International Foods

-3,000 cups of flour were used just for trimesters 1 and 2!



Above: Senior Shane LaVone and Junior Nick Burslie worked together to get the dishes done. While it's generally not common to see high school boys doing dishes, it was a common sight in the FACs department this year.



_ost in

Where students come together to learn about another culture.

Translation

he language department here at STMA is a highly enjoyable place to be. Students looked forward to learning a new language, whether it's Spanish or Chinese. It is highly encouraged for students to take two years of foreign language as preparation for college. To the students though, that's not entirely bad. Language classes are largely different from the other classes, creating a fun and unique environment. Of course, like any class, there are days that you need to stay serious and focused. Knowledge was gained about different cultures and ideas through both the light-hearted games and songs and the more serious notes and homework. An important aspect of various cultural teachings is food, and the teachers at STMA don't disappoint. "Cooking days are by far the most enjoyable days in Spanish class," said Sophomore Aubree Jackson. The students liked the hands-on nature of cooking and tasting foreign foods. The staff helped to both enlighten the students about cultures and teach the language.



The students above enjoy themselves at the Minnesota Zoo in Spanish 3 as they present a project on an animal. Left to right: Katie Illies (12), Madi Foster (11), Katie Torgerson-Wickre (12), Olivia Weston (11), and Jennifer Vanderheiden (12).

"I like how hands-on Spanish is. I get so many more opportunities by knowing Spanish," said Junior Olivia Weston.

Chinese



Above Juniors Sam Huber, Alex Johnson, and Alyssa Olson enjoy cooking an assortment of Chinese foods.



This delicious Chinese dish is similar to a Mexican guesadilla.

Knights "R" Us

Taking Care Of Business



Nykeesha Greer,11, was in the entrepreneurship class that organized a fundraiser for the Robeck family. "It was a great experience to know that we were helping someone in the community. It taught us how to organize a big event" exclaimed Greer.

Business Classes



Web Page Design was first introduced into the high school in 2008. "I really enjoyed web page design because it allowed me to be creative and try out new technology I wasn't familiar with" said Tyler Peterson, 11.

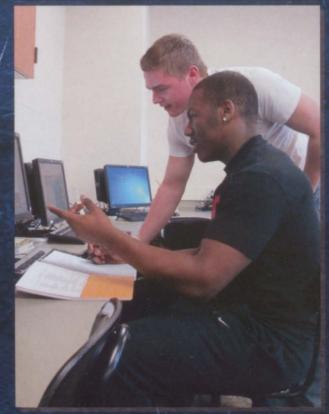
To the left and right seniors Alex Berg, Bennie Wilson, and Ben Haller work hard in businesses classes.

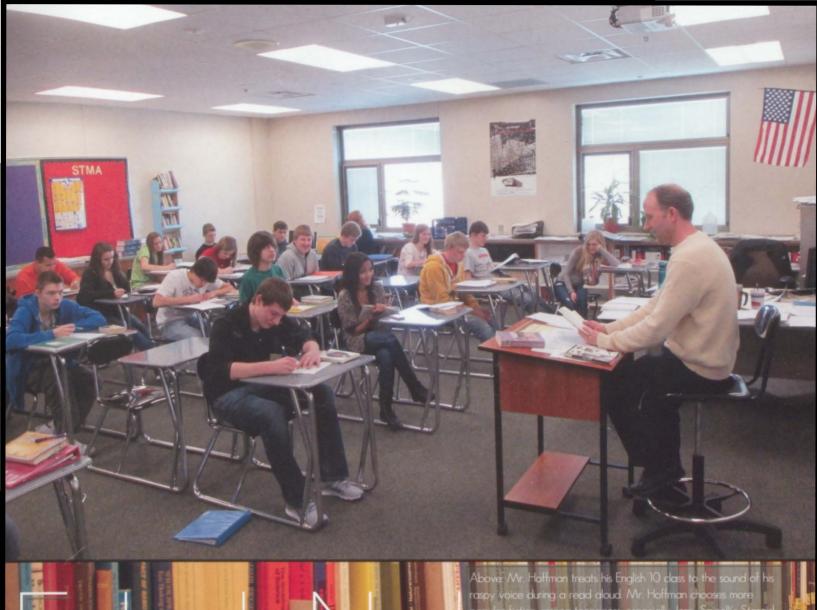
Here at St. Michael-Albertville, we have always had a wide variety of classes offered to students. Business has been an option for many students. Business classes provide students with a better feel and preparation for future careers.

The department also works to prepare students for success both in college and in their careers. They teach content important to learning and living, whether students go on to be in business or not. Some business and technology related options at STMA include classes such as marketing, accounting, computer applications, finance, business law, management and international business.

In Entrepreneurship 1, students are taught how to design products and apparel to be sold in our school store. Students worked hard throughout the trimester to create and purchase items for the school store. Students were also required to contact professional businesses and companies to use their locations to sell the products they designed.

A business course that was required for all 9th graders was financial and computer literacy. This class focused on giving students skills to succeed financially and technologically. "I really liked the career section in this class, It helped me learn more about what I might want to go into" said Alexis Sovis, 9. Being prepared for the "real world" has always been a focus in business education.



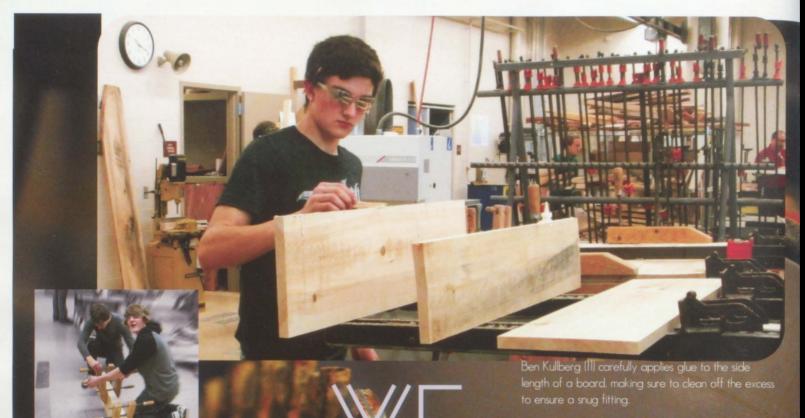


Students are challenged to think differently in their English classes compared to other classes. They must think critically about communication of all kinds, from writing to speaking.

Although English was a required class for students to take, the staff made it an enjoyable and diverse subject.

In addition to the general English courses offered at STMA, students could take a variety of elective courses with a more specific approach. The war buffs can read *All Quiet on the Western Front* in Literature of War, aspiring writers can hone their abilities in Creative Writing, and those interested in the transformative power of literature can take American Literature of Social Change

In the STMA English department, passersby would not only witness the typical reading of books and studying of grammar but also the students learning the lifelang skills of thinking critically, communicating effectively through writing and speaking, and comprehending abstract thought. From English 9 up to A.P. English, students were exposed to these goals through poetry and prose, fiction and non fiction, starting with Homer's Odyssey through The Raisin in the Sun, Into Thin Air. and Fahrenheit 451. All of these literary works challenged high school readers to entertain different points of view



Jake Dircz (12) and Max Stepanek (12) glue their wooden bench project together.

Woods Aviation Metal CAD

CREATE

Jacob Chervenak uses a table saw with precision.

Although many Industrial Tech classes have the stereotype of being an "easy A," in reality Industrial Technology is a subject that challenges students to channel their hands-on creativity while offering a chance to craft something that can last a lifetime. Students can design and create their own projects, offering an individuality unparalleled in other departments. "Woodshop was one of the most rewarding high school experiences I've ever had" says David Wokson, 12; "It taught me to appreciate the good things that happen and how to work around the bad. If you make a mistake you have to figure out how to get around it and make it work, and those are valuable lessons!" Classes that are offered in this unique department this year included Woods, Aviation, Metals, and CAD.

Bovee



Bailey Solberg making efficient use of a saw.



Mr. Bovee pauses for a picture during a busy class period.



Two students work to trim down logs for various projects.

ure mathematics is, in its way, the

poetry of logical ideas..."

Abert Linstoin

n Minnesota, about 74% of students enroll in mathematics of some kind throughout their schooling. Mathematics classes at STMA, however, are required in order to graduate. These required courses include Algebra 1.5, Algebra 2 and Geometry, typically taken over a student's freshmen and sophomore years. Students employ a little more individual choice their junior and senior years, choosing among taking Calculus, Probability and Statistics, or, in the case of seniors, not taking math at all.

According to sophomore Ashley Kumar, mathematics had a marked change between her middle school and high school classes, a feeling common among students making the transition. In high school math classes, the subject matter begins to stray from the basics into more applications of those concepts, making math students use more abstract thought.

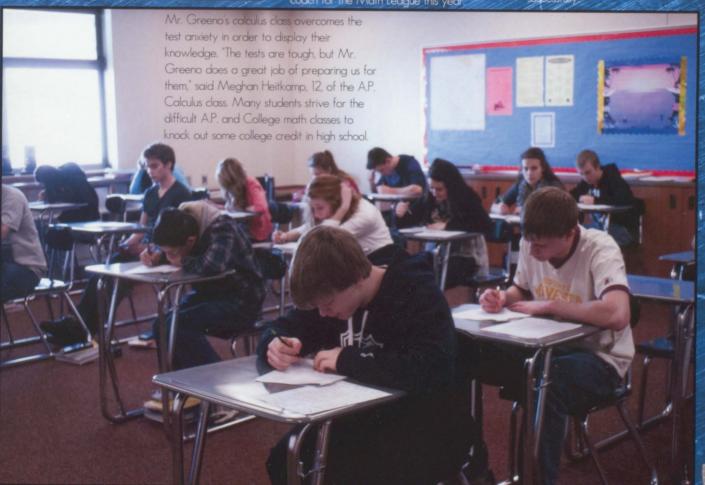
The staff worked hard throughout the school year to help students overcome this shift in process and subjects of mathematics.



Mr. Breeden, with his pencil behind his ear for safekeeping, teaches his calculus class. Mr. Breeden was the coach for the Math League this year.



Mrs. Benson works with her class to makes sure that each and every student does their part and comes out suggessfully.



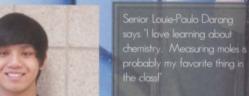


atts happening?

This year at STMA, students had a variety of science classes to choose from, from biology to physics to chemistry, even environmental science.
Students had many opportunities to discover different fields of science.
STMA's dedicated staff made sure to help students "discover" everything they could about science, feeding scientific creativity, rather than spoon-feeding the information.

Above (Left to Right): Freshmen Hunter Hansen and Marshall

Above (Left to Right): Freshmen Hunter Hansen and Marshall Stevenson check out the speed of motion in Mr. Kuhn's Physical Science class. Although playing with Slinkies may have been the highlight of the day, they did learn about the physical science properties.



Junior Eric Crocker in College Human Biology says "I like learning a lot about different diseases. We also watch a ton of cool videos!"

Sophomore Isaiah Leathers took Biology because he enjoys learning about genetics. His favorite part was when he got to work with plants in the lab: "Crossing different plant cells and seeing the results was awesome!"

Voyaging

Economics Geography

The Social Studies department is one of the most diverse in the school, covering every subject from world history to sociology to economics. Through their required classes, students enrolled in geography, United States history, economics, United States government, and world history. Outside of these subjects, students could enroll in classes like psychology, sociology, and Greeks and Romans.

While the general stereotype of social studies homework includes reading out of a textbook and filling out worksheets, the STMA social studies staff used their creativity to incorporate fun and interesting projects into the curriculum. In U.S. history, the sophomores completed a muckraker project this year, channeling the old muckrakers by writing an article essentially complaining about something in the school (not difficult for a lot of teenagers!). Mr. Skogen even held a toga fashion show for the Greeks and Romans class.

Globe

ne



Above: Junior Kayla Mager seeks out help from Mr. Rooker in economics.

Sociology Greeks & Romans



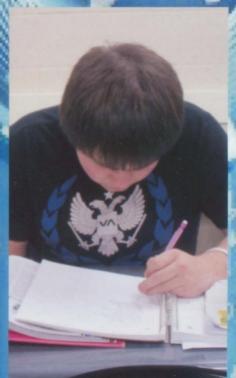
U.S. History



Above: Seniors Ricky Briggs, Makenzie Bebo, and Karissa Pazen manage to resist the allure of their peers and the clutches of "senior-itis" to work on catching up during some work time.

Right: Senior Ryne Larson, working hard in Greeks and Romans. "I like learning about the history of certain areas of the world. Greeks and Romans is a very fun class. Mr. Skogen is the best." Mr. Skogen was one of the most well-known teachers in the building this year, both for his long years in teaching and his famous operatic renditions of Happy Birthday.

Left: Juniors Colten Schoen and Heidi Prebonich, hard at work on their economics projects. The economics scrapbook required students to plan out a monthly budget, creating both a fun experience and some money sense to teenagers.



World History



Strength By Numbers...

No Pain - No Gain!"

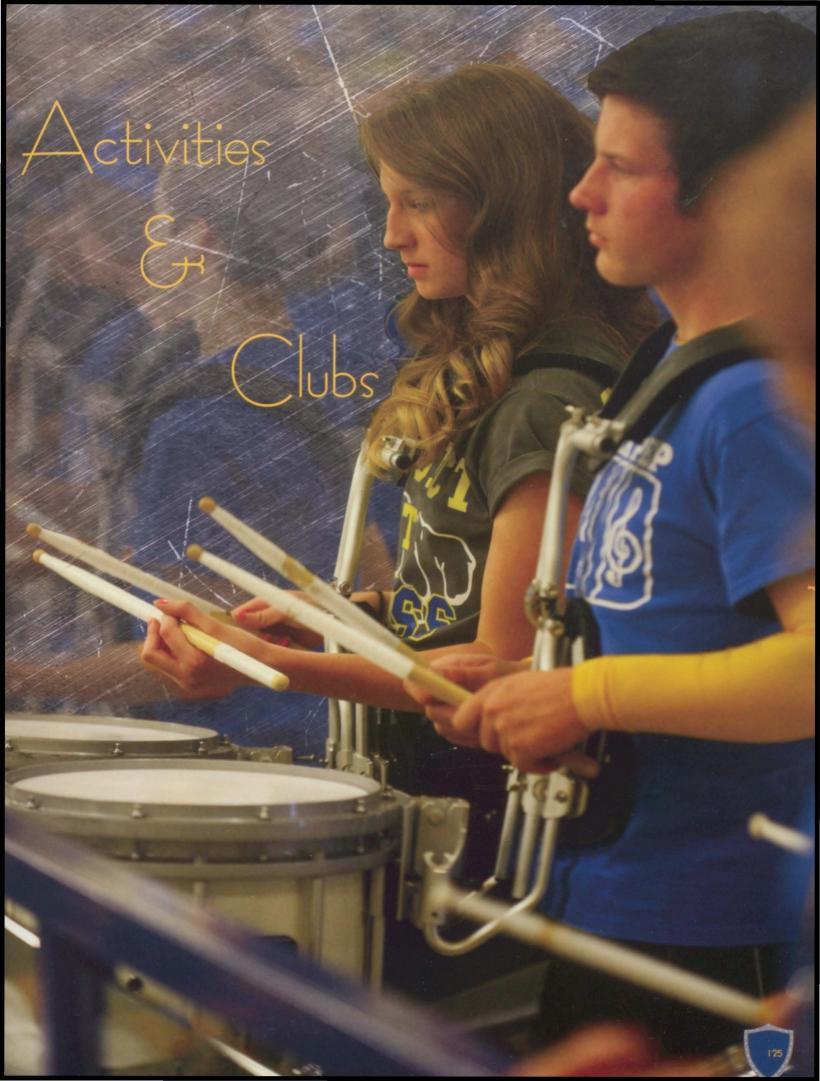
STMA'S Physical Education and Health department strive to make the student body as fit and healthy as possible. "It's the one class I can be up and moving all hour" says Vadim Fateev 12, of STMA. Time to get up and moving. From volleyball to tennis, from the mile to heart rate runs, students in physical education classes are able to participate in a bevy of activities. "I would have to say one of my favorite parts of physical education was having Mrs. Anderson as a teacher; she made gym seem less like work and more like fun," says Bailey Kemper 11. This year the choices of physical education classes included 9th and 10th grade physical education, team sports, power volleyball, nets and racquets, personal fitness, and advanced personal fitness.

Being active wasn't the only focus of classes down by the Gym. Students also learned about the importance of maintaining a healthy body in Health 9, I and II.

At right, Dexter Dehmer, 9, struggles and sweats to lift weights. The gym classes at STMA took advantage of our superior weight room throughout the year.



"Whether in the gym or in the weight room, students always get a nice work out."





"Together we play" is the driving force behind the band here at STMA; the band isn't just one man playing to the beat of his own drum. Rather, the band is created by all the individual efforts in concert. If one member is off, if one cog in the wheel isn't turning properly, the entire performance will suffer. This shows just how important each performer is. The band isn't just about a conglomeration of people, however. All of the members are there because they share a love

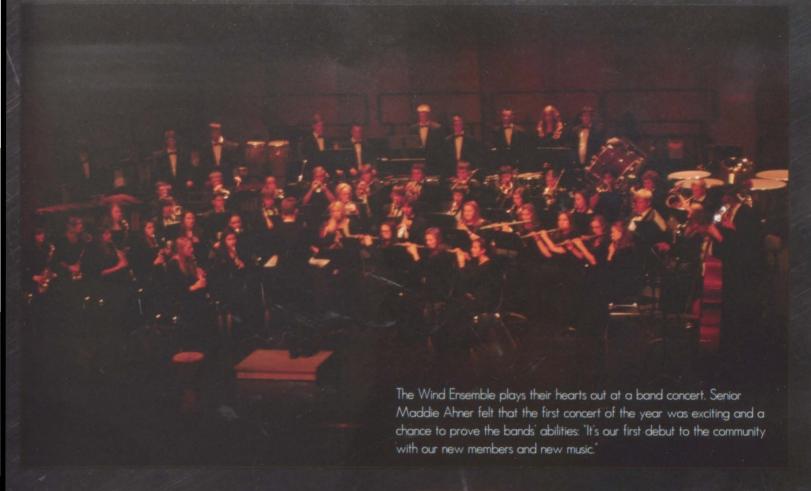
of music. Music is the binding thread that holds the entire band together. This group of people comes together and plays a piece in unison, and suddenly the beholder isn't seeing a mass of individuals separately playing instruments; instead, the viewer is seeing a unified band playing a beautiful piece of music that transcends any individual member of the ensemble.

October 29th was the night of one of the annual band concerts this year. All the bands performed their pieces beautifully and evocatively. Many pieces were included in concert band's presentation, such as The Dream Catcher by W. Francis McBeth. The Wind Ensemble also performed, playing various pieces, such as El Capitan by John Philip Sousa.

Rachel Robertus, 11, spreads some holiday cheer through her



Tess Salen, 9, Vinita Maraj, 10, Shawna Heaton, 10, and Jessica Harrison, 9, contribute the clarinets to rehearsal with the Concert Band.





"I play the Flute.

I like playing the flute because it is the softest and prettiest sounding instrument.

Also, because only the cool people play the flute."

Tayllor Steinmetz, 9



"I play the Trumpet.

I started playing the trumpet because my dad did. I've been playing since I was in 5th grade. I have a nickname "Ping". I got it in marching band in the 8th grade, when I would always wear a golf hat to practice and I've

Patrick Richard (Ping), 12



"I play Percussion.
I choose to play percussion because you get to hit stuff. I've been playing since I was 7. The reason I like band is because all my friends are in it and I love to play the drums."

Jeremy Sorenson, 9



"I play the Clarinet.
The reason I like playing is because it's

the best instrument and has a variety of ranges. It is also a great was to express varies!

elt.

had it since."

Stephanie Peterson, 12



Behind The Baton

Mr. Sroka has been directing band for about 12 years. The reason he decided to become a band director was because he loved band in high school, loved music, and ultimately decided that he wanted to share that with others. We asked Mr. Sroka what his favorite song was so far this year in band, and he chose Shenandoah Arr. Frank Ticheli.

Singing Our Hearts Out Climbing pitches with a possion

he choir started out their first concert with the massed choirs singing "Weh Owasso" within the audience. For this song, the choir was spread around the PAC with some up on the stage some up front with the audience, some on the stairs, and some behind the audience. Everyone was singing in perfect harmony, all the while having a great time. When they were done with the massed chair piece, they went into four groups. There was Cantablie, a 9th grade group, Mixed Chair, with multiple grade groups, Belle Voce, with the high vocals, and Concert choir, with both men and women. They sang four great songs that ended the night perfectly. Once the choir performance was done, they all got together in the cafeteria to have root beer floats for the excellent work they had done within the year.

The theme "singing our hearts out" describes the STMA choir program to the fullest. It means coming together with people of similar interests to create something beautiful and from the heart and through the voice. They all came together to sing in perfect harmony. They are a group that loves to sing their hearts out until there is nothing left in them to sing.

This is what they love to do whether its in a group or by themselves, and there is nothing out there that can take something they love away from them. On Monday, October 29, 2012, the choir got together in the performing arts center for the first choir/band performance. It was a really exciting moment as everyone crowded into the performance center to watch the musical masterpiece come together.

most important collections of Spanish

medieval music

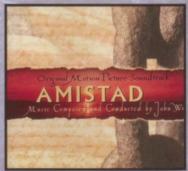




The STMA chairs perform the National Anthem for the homecoming game at Middle School West against the Bison of Buffalo. The chair members helped sing the Football players to a win.



Mr. Osowski conducts his 5th hour choir class through the song Hallelujah. Hallelujah was performed with great success at a concert on October 29th.



"Dry Your Tears Africa"

Preston Kuhn, 11, Stephen Haynes, 11, Tommy Lindquist, 11, Tyler Versboncoeur, 12, d Lucas Myer, 12, beat out a rhythm to support and add more sound to th choirs. Bringing in different musical elements created a special and unique sound for the audience.

A Day In The Life Of A Chorus

"The reason why I joined choir was that it was a different way for me to explain how I feel."

Shelby Larson, 12



"I joined choir because I love to sing and when I sing it makes me feel like I am in a different world." Kaite Thelen, 11



"I am in the Belle Voce vocal group and it is a group for people that sing in a high vocal range"

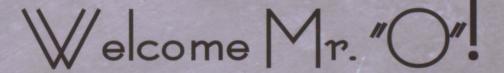


Bria Johnson, 10



"The reason why I joined choir was that I wanted to get an in-depth experience in music because it's something I love."

Averi Wright, 10



Mr. Osowski has been teaching choir for seven years. This was his first year teaching at STMA High School. He elaborated, "I wanted to be a choir teacher because I had a really fun choir director in high school that got me really excited about being in choir." He thought his first year was a success. The choirs got to sing the National Anthem at our homecoming game against Buffalo Friday, September 28th. They got to bond and have some fun first, eating 8 boxes of pizza before the game started. He thought the students did a great job. One thing Mr. Osowski was hoping to change for choirs in the years to come is for them to grow bigger and to take a tour down to Disney world.







Pictured above from right to left is Juniors Preston Kuhn, Thomas Lindquist, Seniors Andrea Ohnemus, Anne Metzger, and Junior Zachary Tambornino

"Can we talk... Man to man?"

his year's One Act production was called "Take Five" by Westley M. Pederson. The play features three actors and actresses that are trying to perform a play, but there's multiple problems. The stage isn't finished, one actor never arrives, props either don't work or are missing, the cues and lighting are all off, and the two stagehands, who were performed by juniors Thomas Lindquist and Cody Eliason, are in the way and at their worst. The group of actors and actresses consisted of two seniors, four juniors and one goal in mind: to put on a show that is thirty minutes long, a short show but full of laughs. They competed against other schools in multiple competitions.

The small group of students learned to work together to put on a great short performance. Annie Metzger, 12, who played Sharon Cane, a 1950s housewife, shared her thoughts: "My favorite part of this season was being a part of this small group and getting closer to people that I hadn't been close to before."

There was a lot of time and effort that was put into making this performance the best that the students could put on. Not only did the cast members put in a lot of work, but the backstage crew did just as much to make the performance a perfection. They fulfilled this role by having different responsibilities. A new member of the group was senior Nicole Kelly, who was in charge of painting the sets and costumes. Her favorite part about being involved in One Act was that they were "one big happy family!"

This year was a very successful year for these talented students. They had a great time being together and Mr. Mann, director of the production, was very happy with the way it all turned out. His favorite memory from this year was when they would do speed runs, the students would run the show as fast as possible without stopping and always staying in character. Mr. Mann explains: "I've directed other shows and wanted the challenge of developing very specific characters and working on getting to the next level of acting." The One Act team's hard work paid off and they made it to sections and placed third!

One Big Happy Family





To the left is junior Zachary Tambornino, playing Greg; On the top from left to right are =seniors Andrea Ohnemus and Anne Metzger who played Gladys and Sharon Cane; On the bottom from left to right are juniors Cody Eliason and Thomas Lindquist who played the stagehands Liz and Mike.

Cas

Mike Thomas Lindqu

Alex Cane Preston Kuhn

Sharon Cane Anne Metzger
Gladys Andrea Ohnemus

Crew

Student Director Lauren Skare Stage Manager Nicole Logeais

Lights Ryne Hanson

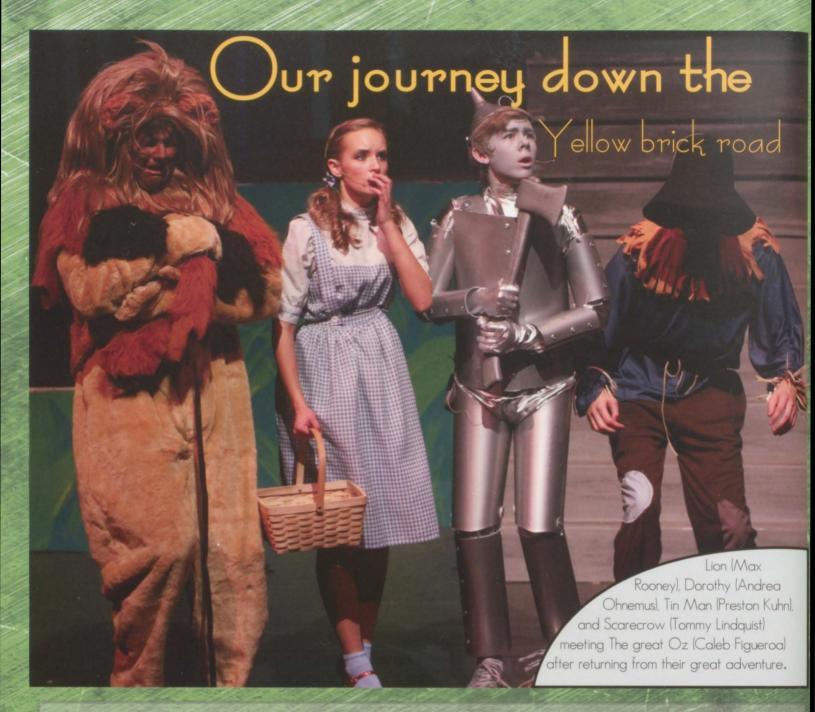
Sound/Makeup Emma Theimann Costumes/Makeup Nicole Kelly



Senior Spotlight



Senior Andrea Ohnemus has been involved in One Act since her sophomore year. She portrayed Gladys in this years production. "I joined One Act because I love how the team becomes a family, and how much of a blast we have together," Ohnemus explained. One of Andrea's favorite memories of this year was when junior Tommy Lindquist was "jamming" to the song "I'll Make a Man Out of You" from Disney's Mulan in the dressing room. She is very excited to join the theater at Marquette University after high school. To Andrea, the one word that described the overall season would be "Mann-time." Ohnemus had a great senior year with the cast and was was very glad she had the chance to be a part of it all.



n Wednesday, November 14th, STMA had it's first performance of the well-known musical 'The Wizard of Oz.' The first performance for STMA Elementary school children went well, without any major hitches. The kids were all wound up and happy to be able to watch the play. There was a performance every night thereafter until Saturday evening. The cast did an excellent job bringing the show to life; it made the viewer feel as though he or she were in the play following Dorothy around, experiencing all the scary but wonderful times Dorothy was having. The audience loved the musical; one could tell by the boisterous applause following the end of the show. A lot of the credit can be pointed at Mr. Mann and Mr. Sroka, who both did an excellent job with directing and conducting, respectively.

I decided to join the musical because I am not in any sport. It helps distract me from getting in trouble.

London Young 10

Many of the students here at STMA joined the musical for various purposes; being part of a cast or crew, trying to know who he or she really is as a person, or trying to discover one or two different hidden talents he or she might have. Some people think it's a great way to let his or her inner-self out. Being in a musical is a great way to let anyone go out on stage to just have some fun, as well as show others what his or her talents are. All STMA students and staff have acted at one point or another in his or her life; whether it's been on stage, in public, at home, or just in our school. Being in a musical helps the actors express who he or she is, and that's something worth cheering for.

The part | most wanted in the musical is what I am now which is a dance core. I wanted this because I love to dance and I have been dancing since I was a child and its a way for me to express my self through my body movements.

Cherish Witherspoon, 9





Oz Gatekeeper Lion Oz Scarecrow Uncle Henry Tin Man Glinda Dorothy Wicked Witch

Zach Tambornino Max Rooney Caleb Figueroa Tommy Lindquist Zach Adams Preston Kuhn Annie Metzger Andrea Ohnemus Christine Lenneman

Pit Orchestra

Louie Darang Mike Hilden Michelle Camp Andrew Bollin Stephanie Peterson Caroline Wochnick Brittney Ferrian Rachel Robertus Ellie Kriese Katie Brastad Adri Helle

Alyssa Nelson Patrick Richard Tiffany Johnson Geena Stepp Stephanie Chartier Zach Schopf Sam Brown Alex Guimont Nathan Cool Tyler VersbonCo Brandon Cool



The often invisible but critical pit orchestra warms up for the opening night performance. The pit orchestra was a vital part of putting on a fall musical, bringing the drama to every scene with live music

St. Michael-Albertville **High School Presents:**



FRANK BAUM HAROLD ARLEN E.Y. "YIP" HARBURG Directed by Ashley Budde Music Direction by Adam Sroka

November 15,16, & 17 at 7:00 PM Sunday, November 18 at 2:00 PM

Students(K-12) & Senior Citizens \$6.00

Adults \$8.00

TICKETS AVAILABLE ONLINE AT: STMA Performing Arts Center 5800 Jamison Ave. NE St. Michael MN 55376

Fliers for the musical were posted all throughout St. Michael and Albertville.

reating Award Winners: Louis-Paulo Darana 12-Art Portfolio Gold Key Kulia Slavia 12-Corporina Gold Key

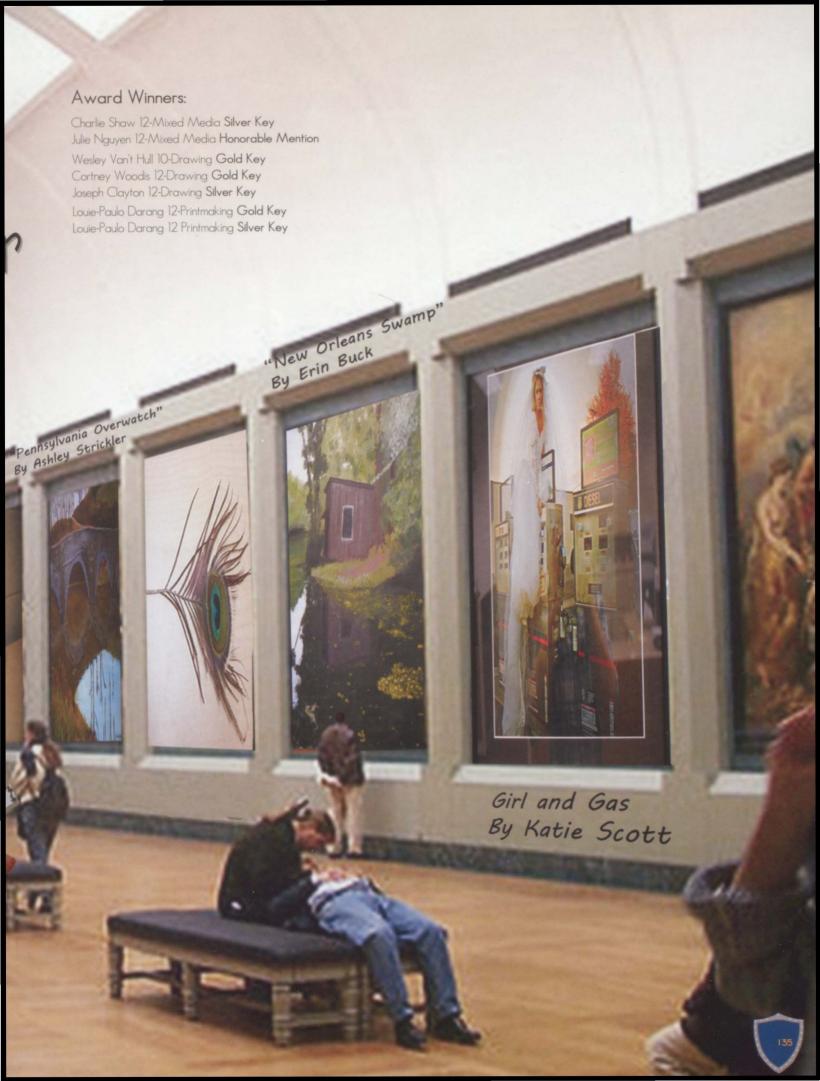
Louie-Paulo Darang 12-Art Portfolio Gold Key
Mathew Fecho 12-Art Portfolio Silver Key
Julie Nguyen 12-Art Portfolio Silver Key
Joshua Smith 12-Art Portfolio Silver Key
David Anderson 12- Art Portfolio Honorable Mention
Joseph Clayton 12-Art Portfolio Honorable Mention
Elijah Guillou 12-Art Portfolio Honorable Mention
Jessica Leonhardt 12-Art Portfolio Honorable Mention
Brandy Schirmers 12-Art Portfolio Honorable Mention
Katie Scott 12- Art Portfolio Honorable Mention

Kylie Slavin 12-Ceramics Gold Key
Benjamin Wold 11-Ceramics Silver Key
Cortney Woodis 12-Ceramics Gold Key
Elijah Guillou 12-Ceramics Honorable Mention
Elijah Guillou 12-Ceramics Honorable Mention
Brandy Schirmers 12-Ceramics Honorable Mention
Cortney Woodis 12-Fashion Gold Key
Katie Scott 12-Photography Gold Key
Katie Scott 12-Photography Honorable Mention



their medals and honored at Carnegie Hall in New York City in May of 2013. Congratulations to Katie, Cortney, and Wesley

for their accomplishments!



n December the BPA students had an opportunity to go to New York City for their annual Learning Experience. While in NYC, they attended seminars led by high ranking people within major companies. The seminars were at Nintendo, J.P. Morgan, Chase and Company, Wells Fargo Financial Advisors, and the NYSE Euronext. Students also experienced the 9/11 Memorial, Battery Park, Times Square, Today Show, the Broadway Show Newsies, ice skating at Bryant Park and looking over the edge of the Empire State Building. The students were exposed to many valuable lessons about networking, ethics in business, internship importance, and career advancement within their companies. STMA students experienced the chaos of getting on and off the subways, walking many miles at a fast pace and getting stranded in the JFK airport for several hours. Many members said they learned a lot in 3 days but also had a fun time while learning about what the business world is really like! Junior Sydney Renzaglia enjoys Times Square on the Learning Experience to New York City

his year's theme for Business Professionals of America (BPA) is "Uncovering Our Magic." The students competed at Anoka Ramsey Community College on February 6th for the region competition. STMA had 34 students competing and 27 advancing to state with 1100 students from various places in Minnesota. Maia Rehovsky, Jillian Edling, Brenna Schlauderaff, and Matt Borgen all qualified for National Competition in Orlando, Florida in May.



Seniors Matt Borgen, Katie Schmitz and Lauren Skare

celebrate after accepting their awards.

"Networking is the key to the door of success." -James Bezanson



Back Row Left to Right, James Bezanson, Zac Borgen, Dominic Christensen, Ryan Woitdilla, Jedd Helgestad, Quinn Maetzold, Aaron Michaelson, Keith Jorgenson, Matt Borgen and Jillian Edling. Front Row Left to Right: Kylie Slavin, Alex Berg, MiCale Jensen, Paige Burditt, Sydney Renzaglia, Maia Rehovsky, Michaela Brott, Brenna Schlauderaff, Courtney Hanson and Courtney Gordon.



Matt Borgen, Alex Berg, Zac Borgen, Kylie Slavin and Courtney Hanson representing the BPA board.



Left: Maia Rehovsky, Jillian Edling, and Brenna Schlauderaff displaying their second place award to move on to nationals in Orlando, Florida Advisor Mrs. Carlson and Heather
Fair accompany
them.



Left: Senior Katie Schmitz truly uncovered her magic while taking first in all three of her events at the Regional
Competition. This
has never happened to ar STMA student



Left: Seniors Alex Berg, Vice President, and Kylie Slavin, President showing off their Torch Awards.

Bound Interests

Below: Book club members pause in their literary discussions to snap a picture. Pictured from left to right is junior Candace Balombiny, freshman Kora Hesser, juniors Priscilla Pomeroy, Betsey Bartholomew, and Nathan Bunge-Zachman.



'La Vida

_oca



This year was the first year that STMA's Spanish Club was introduced. Led by Senora Schuster and Senora Negaard, Spanish Club consisted of students that take an interest in Spanish, that wish to explore more about Spanish-speaking cultures. They do many different activities, such as eating at different Spanish influenced restaurants and experimenting with different recipes. They also do fund raising for big trips that can be taken during the summer. Summer 2014, Spanish students will have the opportunity to go to Spain.



Anita Voss, Ryan Swanson and Brittney Carpenter celebrate Halloween by making the festive Spanish tradition of sugar skulls, or Craneos de Caramelos.

While in Costa Rica, the students were able to meet members of a tribe known as the Maleky Indians.

Costa Rica trip, in one of the

So much to explore So much to learn...

Junior Katie Thelen said,

"It's a good time! I love getting together with everyone and trying new things."

Junior Brittany Carpenter said,

"My favorite thing that we did in Spanish club was going to Guadalajara's. It was so much fun & the food was amazing!"

Calculating Champions

Students in the math league worked on a variety of math problems- algebra, geometry, trigonometry, etc.- in their practices to achieve success in their competitions.

Junior Jed Rothstein explained,
"My favorite part of being in the
math league is the team
competition. We all work together
and don't have to rely on individual
talent."

The winter activity allowed students to explore and advance in their passion for mathematics.

Anyone was able to join the team; you didn't have to be good at math to participate. Some students even joined to become better at the subject.

The math league taught students how to perform their math skills independently and as a team. Junior Jed Rothstein proved this and said, "It's just a great exercise in both individual capacity and team building."

"When a team outgrows individual performances and learns team confidence, excellence becomes reality."

Right: Ron Tanchin, 9, passes time on his calculator while he waits for the meet to start.

Below: Alexyia Dwinnell, 11, and Antonio Bivans, 11, caught on camera during some downtime at a meet.





Sydney Grubb, John Klysen, Sam Hehir, 12, Andrew Bollin, 12, and Andrew Mayerchek, 12, show off their first place plaque.



Zach Schopf, 12, shows off his trusty calculator calculator.

HIGHLIGHTS

Meet #1	2nd
Meet #2	2nd
Meet #3	1st
Meet #4	1st
Meet #5	1st

By winning 3 of 5 meets the team qualified for state for the 5th consecutive year.

The team finished 28th at the state tournament.

Above: Sophomore Josh Alfaro and Senior Jesica Morataya worked together to pack food for the starving children of our community.



Front (Left to Right): Senior Brenda Nyougo and Sophomore Itzel Bando Garcia Back (Left to Right): Sophomore Ossiel Bando Garcia, Freshman Xin Ling Chen, Sophomore Josh Alfaro, Freshman Jiahang Chen, and Junior Brandon Yang

These students went to Feed My Starving Children to help prevent hunger in their community.

Building

Junior Brandon Yang explained why he joined Students United: "I wanted to help unite the school,"





Senior Jesica Morataya accomplished her third year of being a part of Students United. "My favorite experience so far was when we made blue and gold bracelets for the school."

Sophomore Itzel Bando Garcia explained, "I joined because I saw it as a good opportunity to get involved in fun activities and unite the school."





Senior Brenda Nyougo joined this group because she liked how it involved a diverse group of people. Her favorite part was learning how to deal with

Students United

Students United was a group of volunteered students whose mission was to educate the school community in order to develop awareness, acceptance, and unity within the school and throughout the local community. Students United had three goals for the year. Goal #1: To teach respect and acceptance to build unity among all groups of people through focus activities, public service announcements, and educational materials. Goal #2: To plan awareness events. Goal #3: To provide role modeling opportunities and develop leadership skills within the student body. The group of students successfully accomplished these goals throughout the school year.



The Din

Speech has been described as the one instance outside a state mental hospital where it is not only acceptable, but expected, for one to talk to a wall. From this domain of the eloquent high school student echoes a forth myriad voices, performing a hundred different vocal pieces in as many different styles in a glorious cacophony. The categories range from sentimental dramatic interpretation to the austere and cerebral extemporaneous speaking. St. Michael-Albertville's team cooperates with Buffalo-Hanover-Montrose to form a speech super-group of legendary proportions. Within the National Forensic League, the largest academic organization in the country and the haven of all things speech and debate, STMA ranks as the leading chapter of Minnesota's Northern Lights District. As success continues to surround STMA, our team continues its unstoppable advance into history, creating a thriving legacy that will resonate throughout our achievements, those past and yet to

Distinction

HIGHLIGHTS

Cody Goodchild qualified for Nationals in United States Extemporaneous Speaking Jed Rothstein qualified for Nationals in International Extemporaneous Speaking STMA became the Northern Lights NFL District's Leading Chapter The team takes home 35 awards at its home tournament Coach Ron Miller earns the prestigious diamond award



Mallory Schneider and Megan Noetzel posing for a picture at at speech conference



Junior Rachel Robertus, Sophomores Alyson Astleford and Megan Caldwell



Zac Tambornino, 11, accepting his award during the 2013 St. Michael-Albertville Speech meet. The meet was a success, with 35 members of the team receiving awards.

come.

Justice Prevails

"If we do not maintain justice, justice will not maintain us" - Alex Reeves, 10

STMA's Mock Trial team completed its most successful season yet in 2012-2013. STMA Mock Trial, where students immerse themselves within the legal world by way of a pre-written court case, drew the attention of judges throughout the state of Minnesota. This year, our school fielded a varsity and junior varsity team, both of which matched up well with teams from far and wide while arguing the case of The State of Independence v. Dustin Beaver. In this case, a recently graduated high school student is charged with the homicide of a classmate after a prom night of drinking and boating. Though our teams did not get to choose whether they wanted to prosecute or defend Mr. Beaver, and often had to switch several times in one day, they preformed both tasks exceptionally well, making the 2012-2013 one of enormous success. The year finished off with the varsity team finishing 2nd in the Mississippi 8 Conference on a tiebreaker, 2nd in Minnesota Mock Trial

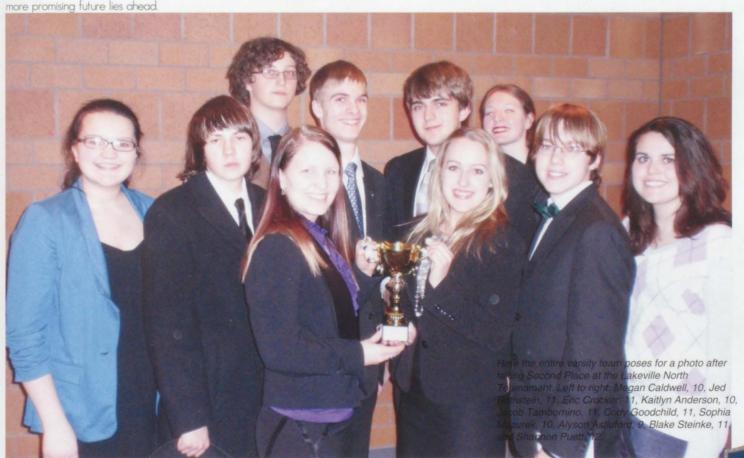
regionals, runner-up at the highly competitive Lakeville North Tournament, and third at the Apollo Tournament. The junior varsity team performed amazingly well competing against, and oftentimes beating, some of the most highly regarded varsity teams in the state, taking third in Minnesota Mock Trial regionals. Both teams saw an unprecedented rate of individuals scoring perfect tens in a multitude of trials. As the team continues to build momentum, an even more promising future lies ahead.

HIGHLIGHTS

Apollo Invitational - 3rd Lakeville North - Runner up Mississippi Conference - 2nd Polka Dance Teambuilding Varsity Second in Regionals Junior Varsity Third in Regionals



Katie Rossi, 9, and Andrew Erickson, 11, at Lakeville North



Working Together

The 2012-2013 Student Council had 35 members: eight freshman, ten sophomores, nine juniors, and eight seniors. "It is a fun, dedicated group of kids who look out for the whole student body," expresses Mr. Rocker the adviser of The Student Council. The members of the Student Council began their work before school started in the fall. They got busy by doing things such as creating the themed posters in each hallway for each grade. They also plan Homecoming Coronation. waking and meeting the candidates, and Iron Man Volleyball and other fun activities. They do a lot of things for the student body such as Thank goodness for friends, Winter Week Pep fest, Coronation, and other things that bring our school together. They also help set up different fund raisers and ways for the students to give back to their community, such as STMA Giving Back. Students joined this group to promote school loyalty and pride, provide leadership, to serve the student body the school, and community, and to plan to school events. Kaisa Rova 12, shared why she had joined student council. "I wanted to be more involved with our school by helping plan organized school activities." One of the favorite memories that the students had was creating the themed posters for the students. The goal of the student council is to promote school unity and bring the community together to make the school a more fun place to be, and they have done an amazing job at making this wish a reality. All 35 members put in so much work in coming up with creative ideas and making this school feel like one.



Student council members work on team building activities as they prepare for the 2012-2013 school year.





Lett to Right. Tommy Lindquist II, Sean Kelly II. Nicole Logeais II, Cody Goodchild II. and Chloe Wallace II, working on the junior grade poster in the hallway.

"Put The Student Body First." - Mr. Rooker

"It means being a part of a school that I love, and affecting the atmosphere of the school and the things that go on in it. It is also knowing that your ideas are bigger than just you; they affect the entire school. I love working with a group of students and staff who want to make the school a better environment, and also connecting the school with the community."

-Megan Cichos, President of the Student Council

"Being a part of Student Council is something I enjoy because it is fun being on the back end of things; you help make the ideas, and then you have fun with something you created, and other people enjoy what you created. It is really rewarding because you put in all this work, get good results, and then you are appreciated. It's also the fact that we get a lot of work done, but we have fun with it at the same time."

-Andrea Ohnemus, Vice President of the Student Council

Left to Right Lauren Skare 12, Nicole Westrum 12, and Megan Cichos 12, workling on the Senior poster in the hallway.







From left to right, seniors Courtney Gordon, Ellie Kriese, Meghan Heitkamp, and Leila Aboujouda make up the 2012-2013 NHS officers.

In our generation it is really hard to see that kids care about any thing else besides friends, phones, and all the other normal high school stuff. When you go into the National Honor Society, everyone is more than willing to help out and they actually care about the community and the people that really need help, the people that are struggling.

-Courtney Gordon, Vice President of the National Honor Society The National Honor Society, advised by Mr. Zahler, does much more than just recognize students that succeed academically. Students inducted into the NHS must exhibit the four pillars: character, leadership, scholarship, and service. At school, the Knights Chapter of the NHS was largely known for the service aspect. Throughout the 2012-2013 school year, the NHS put on both school dances, the Homecoming pep fest, the Toy Drive Smackdown against Buffalo, a clothing drive, a dinner for STMA's senior citizens, carnations sales for Children's Lighthouse, Penny Wars for St. Jude's, the Red Cross Blood Drive, and others. Although NHS kept its members busy this year, Leila Aboujouda, the NHS President, finds it all worth it: "Each project is a bonding experience that does the same amount of good for each member as it does for the cause





Myers, 12, wait for latecomers at the ticket table of the homecoming dance.

Left (Front Row Left to Right) Meghan Heitkamp, 12 Leila Aboujouda, 12. Becker, 12, Max Rooney, 12, and Madalyn Ahner, 12, all dressed up for Trick or Canning on Halloween in their castle themed truck

As a group, we always get really into the costume contest that we do before trick or canning. We pick a theme and we always get our vehicle to match our theme. This year we did a medieval theme, and if was an experience to make our way to the high school in a float the shape of a castle

Leila Aboujouda President of the National Honor Society

This year, the STMA bowling team aimed for laughs, good times, hard work, and victory. Between puff ball fights, trying to stay on the train, and avoiding push-ups, they managed to take third in the state conference and send one player to the all conference. The team scored 290 points in a single game, which was the highest score in Wright County this season. In order to

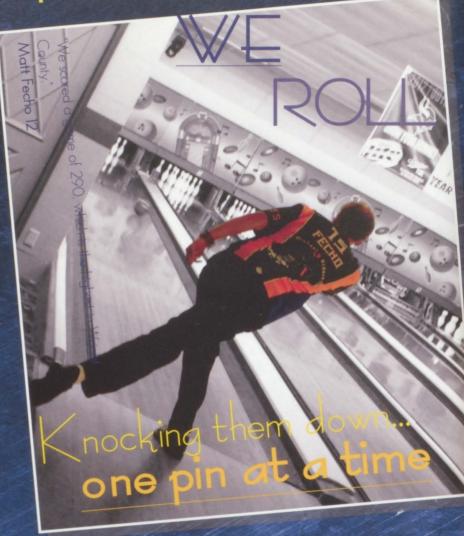
in Wright County this season. In order to accomplish this, coach **Dave Green** decided to add to the team's practice routine with new drills and worked the team to improve

their stance and balance. He also "encouraged" the team to

do push-ups for mistakes. Missing a spare or throwing a gutter ball would result in ten push-ups, and the punishment got only more severe from there. All of this was done, however, to bring the STMA bowling team to new heights in their scores and success.

Junior Amanda Roach utilizes proper form in throwing the bowling ball. She commented on Coach Green's methods with the bowling team, saying she was "hoping to be conference champs this year."

Thats how



Coach Dave Green promoted teamwork and strong bonds between teammates this year. The team often congratulated each other for doing well, and occasionally poked fun at each other for goofing up in the lanes. Even though the team didn't place first in in the conference, the experience of being on the bowling team with its memorable moments and opportunities to learn and grow more than made up for such a disappointment.

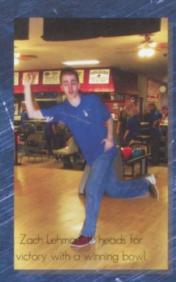




Marshall Stevenson 9 contributes as many 14 can to the team fless and of become for the team, 1 can for the team fless and all the state.

Bowling is a sport for people who have talent to







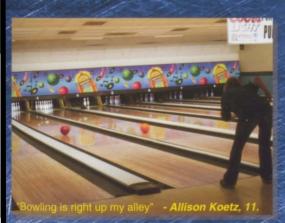
her ball heads for the pins



she goes for a perfect strike.

2013

Rolling Knights

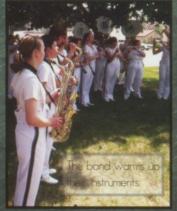


he Rolling Knights started their 12th season with a veteran line-up featuring Senior Alyssia Prebonich, Juniors Zach Lehman, Ana McDonald, Emilee Linder, and Allison, Alley Cats Koetz.

A strong finish at the 2012 Tournament propelled the Ralling Knights into another such Captain Alyssia Prebonich, 12, finished 11th in Singles and 14th in Doubles at the 2012 Jaurnament. Junior Zach Lehman finished 8th place and earned the medel in Singles while placing 12th in Doubles
Junior Emilée Linder medaled with a 6th place finish in Singles and placed 19th is doubles, Allison
Koetz, 11. placed 15th in Singles and 19th in Doubles with Einder

The Varsity team is supported by 8th Graders Lauren Ciehoski and Bran is composed of several brand new 5th & 6th graders. These freet well this year and will succeed greatly when they make it









Above the band combines the instrumentation and the choreography to create a full show.





Above, Mr., Machanne directed the band this year.

as one

e all march as one; no marching band member is ever alone. Marching together creates a bond that means that a member will always have someone to lean on. Despite the hot woolen uniforms and funny feathered hats, the members of the marching band really do enjoy showing their school spirit in parades around the state. The students in marching band spend

most weekends and even some weeknights of their summer performing their complex routines in the street, juggling their instruments, playing their parts, remembering their steps, all the while staying in step and straightfaced. According to sophomore Sabrina Busby, "the best part



overall was our routines." The marching band needed a challenging routine in addition to talent to compete well against the other bands in the area in each parade. This year, the band channeled a Spanish opera, playing a piece called Carmen. The band succeeded on many accounts for its season. "That feeling of victory, the feeling of getting a good placement in the competitions was great," said Sabrina Busby. "I hope we can have another great season of marching band, so that my summer will be as fun."

Work Hard Play Hard

for the LOVE of the

GAME

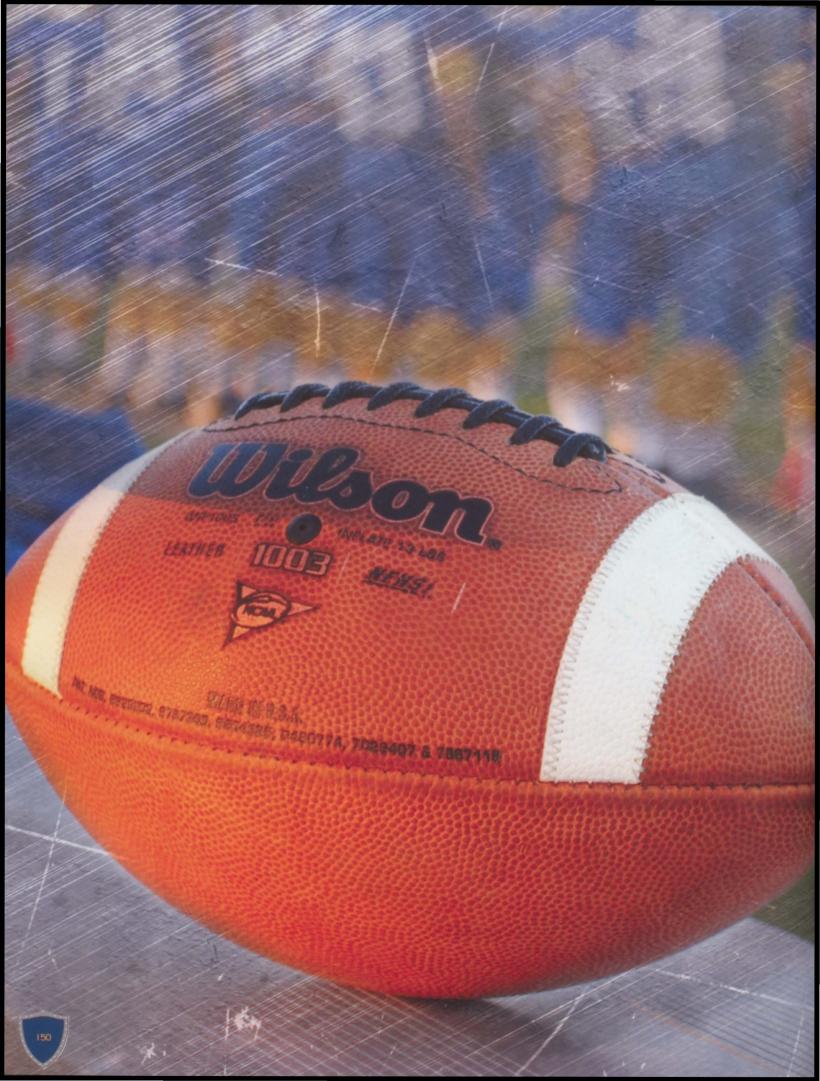
his year was the first year of STMA intramural sports. Students interested in intramurals initially had the choice among multiple options, including volleyball and ultimate frisbee. Volleyball had the most popular response, making it the only intramural put into action for the year. The coed volleyball teams consisted of 8 players (4 guys and 4 girls were needed on each team). There were enough players for 6 teams that played each other on Monday nights from February through March. Intramurals gave students the opportunity to play sports without the intensive and time-consuming schedule of JV and Varsity sports. This doesn't mean that there was no competition, however. The intramural volleyball season concluded with a tournament and championship game.

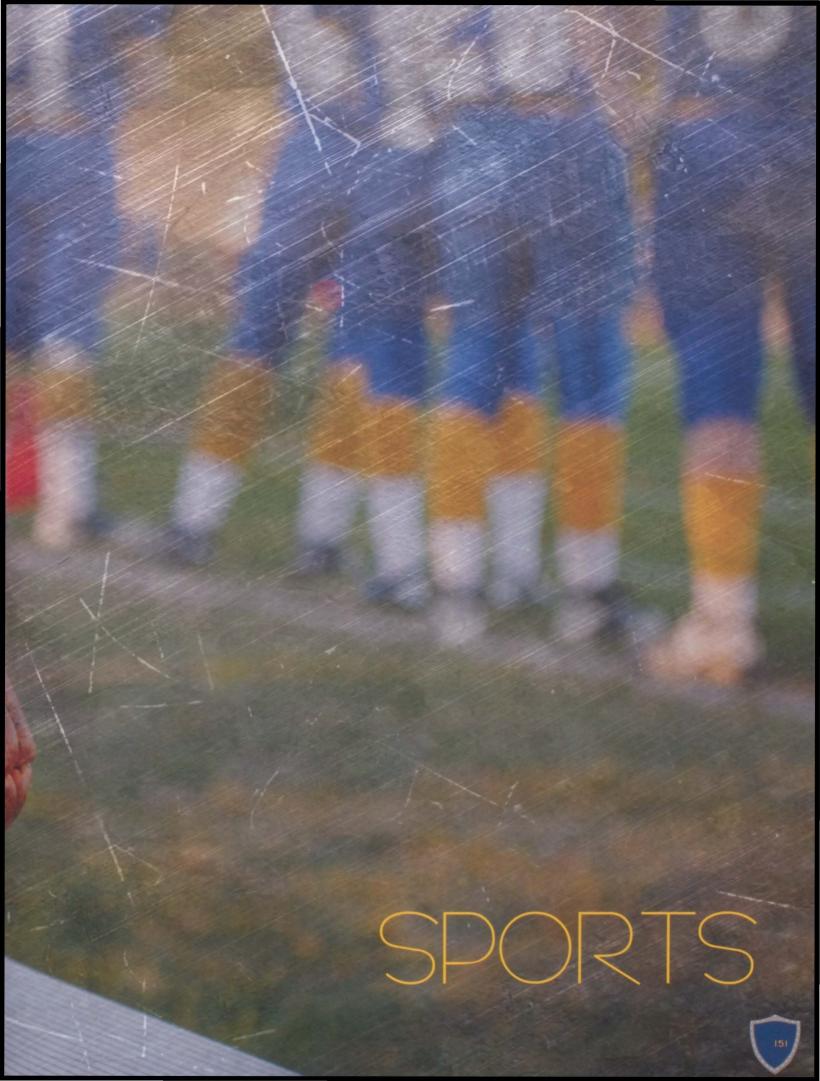
2013 Teams

The Gold Diggers
Yin and Yang
Mighty Morphing Flower Arrangers
Team Flawless
Cobraz
Super-Duper-Candy- Mountaineers

Above Left: left to right:
Senior Kylie Slavin, junior Hally Opatz, and
seniors Gina Beaudry and MiCale Jensen celebrate
after winning the volley.
Left: Junior Cody Fox and seniors Tyler Berhow and Jamey Kolles
attempt to look tough before their match.







Together We RUN

"Our sport is your sport's punishment"

his year the girls cross country team had a very successful season, even with the obstacles they had to face. The team had lost some successful runners from the year before and was unsure of how to approach the season. As the season rolled around, however, the girls could tell it was going to be a good year for them. This year Maddi Sjelin and Rachel King led the way for the Knights. The Knights had a very competitive group of girls and even brought up 8th grader, Lizzy Heil, who ended up being a top finisher for the Knights. Everyone did well and gave it their all throughout the season, making memories that they will carry with them forever. The girls were very competitive and successful this year, reaching many of their goals. The girls team placed second in conference and, individually, Rachel King won the Mississippi 8 conference champion title. Along with these great achievements, the girls took first at two meets, one being their home meet. The girls placed 5th at the section meet and had 3 individuals qualify for state.

Rachel King, 10, led the way at the section meet, placing 2nd. Following close behind her was Maddi Sjelin, 12, placing 4th, and Lizzy Heil, 8, placing 5th. All three of these girls represented STMA well at the state meet. "State was more challenging this year, and the girls were faster," stated Maddi Sjelin. Maddi ran a 15:23, beating her time from last year, Rachel King placed 14th and Lizzy Heil placed 23rd. Both of those girls qualified for the All-State team. This was the first time in Knights history that any girls qualified for the All-State team. The Knights were very happy with the way the season ended and have memories that they will hold onto whenever and wherever they run.

Senior Tori Hamre paces herself for a good race

FAST & FURIOUS



Senior Beth Hinkemeyer runs at a home invitational meet. The Knights placed first out of seven teams at their home meet. The Knights also placed 1st at the Earlybird Invt. at Milaca. Along with placing 1st at those two meets, the Knights finished 2nd at the conference meet, behind Monticello. Coach Greeno was very happy with how the season went and was also happy with all of the effort the girls gave throughout the season. "This was a fun group to work with," exclaimed Coach Greeno. All the girls had a lot of fun making memories at their pasta feeds, their meet in Duluth, and their trip to South Dakota.



Sophomore Rachel King leads the way for the Knights. Rachel had a great season, placing above 5th in six of her meets. Rachel finished 1st in the Mississippi 8 conference meet and placed 2nd at the section meet. Rachel ended her season placing 14th at the state meet and qualified for the all-state team.



Run Maddi run_

Left: Senior Maddi Sielin leads the way for the Knights. Maddi Sielin had a great season for her senior year. Maddi was a great all-around leader and helped every girl on the cross country team. She accomplished many of her goals, such as beating her own personal records from last year and making if to the state meet. Maddi placed 4th at the conference meet and then placed 81st at the state meet for the Knights.

Finishing strong.

Below: senior Cassidy Kottke runs her way through the finish line.



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SCOREBOARD

Meets Placed

Early Bird Invt.	lst
Monticello Invt.	5th
Rum River Invt.	6th
Eagle Invt.	8th
Stma Invt.	lst
Swain Invt.	3rd
Mississippi 8	2nd
Conference	
Section 5AA	1th

Senior Bridget Kruschke helps the junior varsity team take down Monticello, Anoka, and Cooper. The girls Placed 1st and 3rd at their home meets. The girls also placed 1st at the Earlybird Invt. in Milaca. The Junior Varsity team did very well, placing above 5th in six of their 9 meets. Top finishers for the Knights junior varsity consisted of seniors Cortney Woodis, Cassidy Kottke, Taylor Johnson, Nicole Westrum, and Rylee Hanson, as well as sophomore Moddie Jesser. The senior girls were a big part of the Junior Varsity team and were good role models for the younger girls. The girls shared many memories throughout the season, and the small things will never be forgotten.



"Our sport is your sport's punishment."

As Juma Ikangaa said, "the will to win means nothing without the will to prepare." This quote demonstrates the mindset of the Boys Cross Country Team. Hard work and dedication have been the main focus this season, as illustrated by Coach Greeno: "This team earned the right to win because of the time and effort put in by the runners over the summer and even years past." This year's Cross Country team was literally record-setting. Senior captain Brendan Sage broke the 5k record and placed 8th in state, one of only 3 runners in STMA history to make the top ten. Captains Derek Johanson and Brendan Sage motivated and led this year's team to greatness, encouraging a strong team mentality and providing the will to win. "We're basically like one big family" commented sophomore Jake Monseth. Our school's "big family" started out undefeated, winning four straight meets in a row, and picking up one last win at the final home meet of the season. The Knights finished their season on a strong note, winning 5 out of the 8 meets they ran.



The junior varsity team gets pumped up for the meet by Coach Greeno. The sea of blue gave the boys one more reminder of the common denominator between them all: the love of running and the dedication to the team.

Together WE Create History









Above: Coach Greeno encourages the team after taking first place in the Anoka invitational.

Top middle: Sophomore Chase Cayo pushes through the exhaustion to get the best time he can. Below, left: Seniors Mitch Coulson and Cameron Johnson flash the famous duck face and peace sign. Below is junior Dominic Shovelain running his hardest.

Above: Brendan Sage 12, taking 2nd at the Anoka Rum River invitational. This season, Brendan ran in the State Class "AA" invitational and placed 8th out of 176 runners. Placing 8th, Sage qualified for the "All State." Brendan was one of three boys runners in STMA history to make the podium at state, meaning the top ten. While at state, Sage broke his own 5k record with a new time of 15:36, setting the new school record once again. Brendan is 2-time All State qualifier, section champ, conference champ, and 3-time state entrant and all conference.

"No greater feeling than crossing that Finish Line"

Score Board

Cross Country

Earlybird Invt. 1st
Monticello Invt. 1st
Rum River Invt. 1st
Eagle Invt. 4th
STMA Invt. 1st
Swain Invt. 4th
Mississippi-6 2nd
Conference STMA
Section 5AA Anoka
State Class "AA"
Brendan Sage-8th
earned "All State"

Head coach: Mr. Greeno Assistant coaches; Mr. Crocker, Ms. Strait



Jun Sweat

JE TE







(3) Mikey Kressler, 12, goes up for a block against rival Buffalo Bison, (4) Bennie Wilson, 12, fights his way into the end zone for a touchdown.

Erik Johnson 12 hustles the ball

> Above III Quarterback Cole Krutzig 12 goes for a pass on his home turt 121 Juniors Chris Kartes and Dallas Freemon selebrate after a game

winning touch do

Along

he 2012 football season was a season to remember. The Knights started the season a little rocky with a loss to Cambridge sant; but batiled back and created a three-game win streak. Although the rest of the regular season was up and dawn with many players injured, the boys of fall did not go out without a fight. Seeing our teammates hurt and out for the season really reminded us to never take a play, for granted," said Senior Jeff Hackenmueller. The underestimated Knights plowed their way through the section and found themselves stepping on their home furl in the section finals for the first time in three years. "One unique strength that we had this year was our multitude of big strong players, said Head Coach Essler. Although the section final would be the last game for the Knights, the team held their heads high and were proud of how far they had come. Jesse Johnson 12, shared his thoughts on the season: "We had a great year and worked hard to get as far as we did. We deserved it, but it just wasn't in the cards that night. I wouldn't change a thing about this season. Our team became a family and nothing could replace that."

HOME		VISITOR
0	Cambridge-Isanti	8
43	Duluth East	6
43	Big Lake	13
28	Rogers	14
13	Buffalo	15
31 =	Brainerd	20
42	Fergus Falls	0
10	Monticello	24
34	Buffalo	23
10	Monticello	0
10	Elk River	24



Cole Krufzig 12 ralies up his offense. When asked about his senior season. Cole simply stated. "It's our last charice. We have to make it worth it."



The Knights defense steps up to the line to take on the Elk River Elk's affense. The team's defense was an unstappable force this season.



The Crowd is hushed as the Knights line up for a Friday home game against the Big Lake Hornets. With fresh bodies and early season excitement, the Knights came out on top with a 43-13 win.

BLOCK Party

The ladies on the volleyball team started off strong with a win against Rogers the first week of school. It was a quick game won in three sets. That weekend the team went to Marshall and had a fun match against Tracey-Milroy, as well as putting up a good fight against Wayzata.

"The Marshall tournament was one of my favorite parts of the season. It was really fun to spend time with the team away from home," said junior outside Meagan Ghinter.

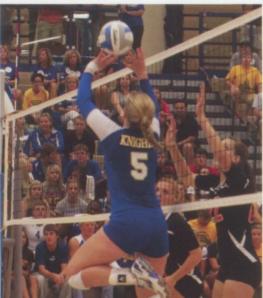
At the Midwest Fall Classic, the home tournament, the Knights played Nevis in the second round on Friday night. This game had lots of energy and a high level of play that was fun to watch. "Our home tournament was one of our season highlights, it was fun to see us play well and beat some highly ranked teams." said Coach Dehnel

Not long after that, the team had exciting matches in the Eastview tournament against Prior Lake and Stewartville. "Stewie" has a set of twins that are going to play for the Gophers next year, so the ladies were excited that they could come together and play as a team to pull out a win. Games like this portrayed how the girls wanted their season to go. They believed that "hard work beats talent, when talent doesn't work bard"

The last week of the regular season, the team got another chance to play Buffalo for a share of the conference title after previously losing to them in a hard fought match. They beat them on their home turf after making some adjustments and playing well together.

As sections rolled around, the girls got a bye the first round, and beat Centennial after that to play Osseo in the semi-finals. The season ended a little bit sooner than hoped, but overall it was still a great season with many highlights and memories made.

Talent & Hard Work



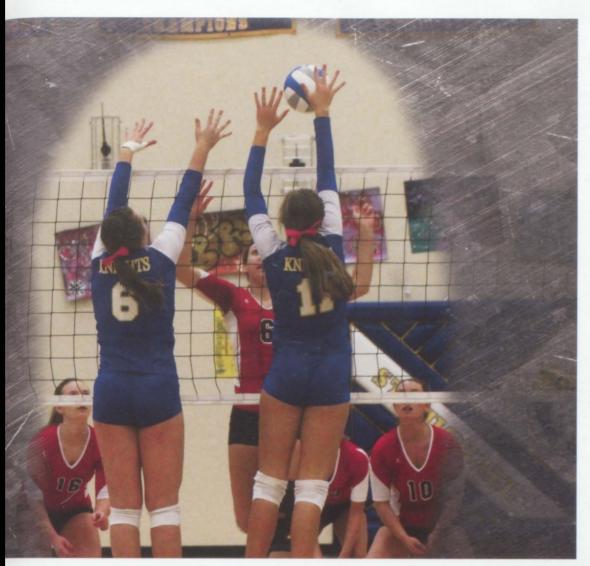
Above: Senior Paige O'Connor jump serves during the game in Andover. She had 18 aces this season.

Above: Junior Meagan Ghinter and Senior Jenny Olejar are putting up a strong black on the middle attack against Bethlehem Academy. It was Dig Pink night for breast cancer, so all of the girls wore pink ribbons to support the cause. Jenny had 58 blacks on the season, 36 of them being solo blacks. Meagan had 167 kills.

Above: Sophomore setter Malissa LeClaire perfected her jump setting during this home match against Monticello. She had a total of 695 assists this season and was nominated to be a "Player of the Tournament" at the Midwest Fall Classic. "My favorite part of the season was our home tournament because we all played well together, and I could tell our practices were paying off," said Malissa.



Above: Senior Candice Yager threw herself to the floor to pick up a tip in the Andover match. She had a total of 446 digs and 476 serve receive balls this season.



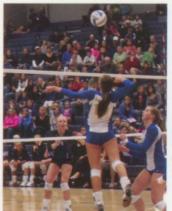
Scoreboard

Scoreogara		
Opponent	Results	
Rogers	W 3-0	
Tracy-Milroy-Balaton	W 2-1	
Wayzata	L 0-2	
Fergus Falls	L 0-2	
Le Sueur-Henderson	L 0-2	
Owatonna	L 0-2	
Monticello	W 3-2	
Big Lake	W 3-0	
Andover	W 3-1	
Cambridge-Isanti	W 3-0	
Buffalo	L 1-3	
Delano	L 0-3	
Monticello	W 3-0	
Bethlehem Academy	L O-3	
Rogers	W 3-1	
St. Cloud Tech	W 2-0	
Nevis	W 2-0	
Minnetonka	L 1-2	
Rogers	W 2-0	
Anoka	W 2-1	
Big Lake	W 3-0	
Cambridge-Isanti	W 3-0	
Prior Lake	W 2-0	
Chaska	L 0-2	
Stewartville	W 2-1	
Blaine	L 0-2	
Eden Prairie	L 0-2	
Buffalo	W 3-1	
Blaine	L O-3	
Centennial	W 3-0	
Osseo	L 2-3	
Record	18-13	



Above: Team huddles up for a talk from Coach during a time out. The girls get their praise and criticism from Coach, encouraging them to do better and better. As Coach Dehnel said, "Ball control and serving are two of our strengths, along with our middle availability."





Above:The team celebrates after a well played rally.

Left: Senior Becky Hackenmueller attacking a ball in the Buffalo match. She had 271 kills this season



Varsity Record

,	
East Ridge	Draw(2-2)
Irondale	Loss (0-3)
Orono	Win (3-0)
Rogers	Win (3-1)
Buffalo	Loss (2-1)
Elk River	Loss (2-1)
Cambridge	Win (2-1)
Grand Rapids	Win (3-0)
Monticello	Win (4-0)
Rogers	Win (3-2)
Burnsville	Win (4-2)
Buffalo	Draw (0-0)
Cambridge	Win (4-2)
St. Cloud Tech	Draw (3-3)
Big Lake	Win (9-0)
Monticello	Win (3-2)
Anoka	Loss (0-1)

Coaches: Head Coach Dewey, Assistant Coach
Mallinger

Overall: 10-4-3 Conference: 7-1-1

It's not just a game anymore..... it's a lifestyle.

Here's to kick-offs, goals, assists, shootouts, coaches, passion in our numbers, countless hours of practice, loud chanting, failing at doing a bicycle kick, a new goalie, and earning the right to be called conference champs.

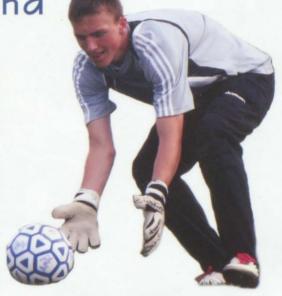
The 2012-2013 Knights boys soccer team ended up finishing with an overall record of 10 wins, 4 draws, and 3 losses. The Knights made their way up to the conference final championships, winning the game against Monticello, finishing in the Mississippi 8 conference with a record of 7 wins, 1 draw, and 1 loss. They earned the right to be crowned conference champs, for the second year in a row. The seniors thought of this team as fresh and fast with many young and new additions. To most of these young and talented players, soccer isn't a game to them, it's part of their lifestyles. They made many memories together. As the seniors head out of the high school, we wish them good luck in their futures, but also good luck to the next group of players of the JV and Varsity team next year!

ALL Champions In the End









1. Justin McLain, 12, going for a mid-air kick. 2. Ivan Adika, 12, knows how to make his way around anybody with good ball control. 3. David Anderson, 12, exhibiting excellent ball control. 4. Sammy Guillou, 11, stopping the ball from getting into the goal.

Effort is the key to success, even in soccer."
Noel Espinoza, 11

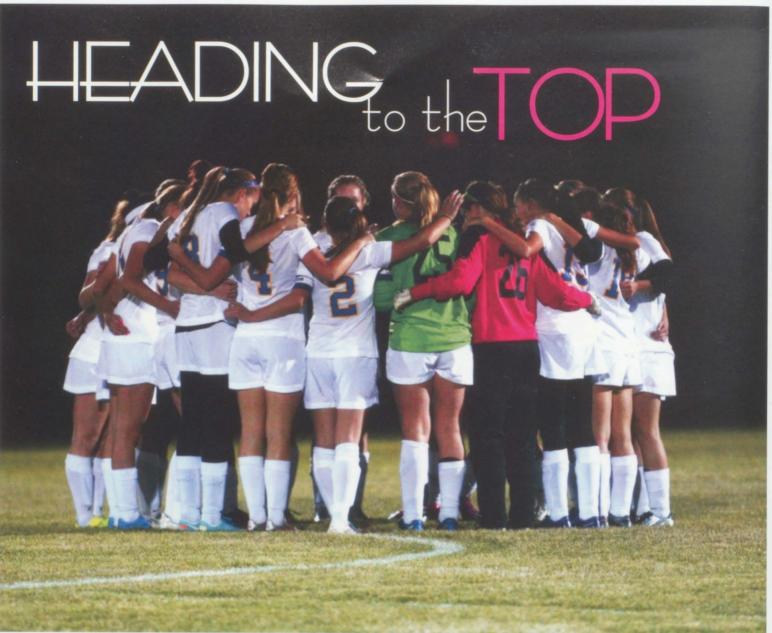
Co

"Explode to the ball!"-Sammy Guillou, 11

"He's got that bend!"-Keith Jorgensen

"I've been playing soccer since I was young, and ever since then it's kind of been a big part of my life. "- Winn Nyanseor, 12

CHAMPS



Girls Soccer

STMA East Ridge Irondale St. Cloud Tech. Rogers Buffalo Elk River Cambridge Moorhead Monticello Rogers Anoka Buffalo Cambridge Big Lake Monticello St. Cloud Tech. Moorhead Anoka Wayzata

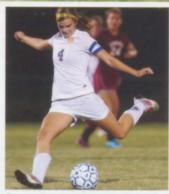
15-3-2



Senior Maddie Barr looks to clear it out to the forwards at a home game against Buffalo, making it an easy win.



Senior Taylor Poss takes the ball down the line in the team's first game at the St. Cloud field. Spoiler alert-- she scored.



Senior Jessica Johnson makes an attempt for a shot from center line in the Section final game against the Anoka Tornado. The difficulty of this game made it all the more rewarding with its positive finish.

Hoo - RAH!

(verb) "used as an exclamation of joy, exultation, appreciation, and encouragement to the ones you are most close with."

-rom the (-reen to the (-o

/ith a soccer team consisting of 22 players, every one of them put V her heart and soul into every game this season. The dedication and loyalty to the team displayed from each player put the STMA girls' soccer team in the most promising position the team has seen in quite a while. They set goals higher than ever before, and, one by one, started checking them off.

"Every game is played for each other, it is never an option to give up on one another," said senior Maddie Barr. "Everyone is really close to each other, on and off the field." When Brandy Schirmers, 12, was asked how the team became so successful, she said, " It was amazing to see the

whole team come together. Every girl is different, but we all found a way to play off each-other's strengths." Throughout the season, Coach Johnson, Coach Messick, and the captains reminded the players that playing as a team was the key to their success. They fought for the state title, finding that the idea of under-doas winning it all is much easier said than done. "We were overlooking the whole tournament and weren't focused on one game at a time," said Jessica Johnson 12. After having such a successful season, the girls walked off the field of their last game with a difficult loss. "The girls were most upset about knowing that most of them would never play with each other again; their friendships were so tight." Although the season may have not ended as the girls wished, they still made it further than they had in quite a while.



Left: Sentimental feelinas are prevalent as the 6 senior ladies stand together, ready to kick it in their last soccer game of their senior year.



Left: "Number Ones" are held up as the girls take away the section final in a head-buttina battle against Anoka.



Brandy Schirmers, 12, launches the ball in the



The varsity game against Anoka was a night the girls would never forget. The night was crawling with fans young and old ready to watch their STMA girls steal away the title of Section Champs. With a 0-0 tie leading them into the final minutes of the last half, the airls knew they were going to have to kick it up a notch. Shoot-outs were next on the clock, and, as they stepped forward one by one, the all season, and it finally paid off. STMA girls started making history. Certain shots

were made by the individual girls who were chosen to take the kicks, but in the end goalie MiCale Jensen, 12, saved the last shots from Anoka, making her one of the most loved girls of the night by her enthusiastic team. Coach Johnson states, "Going into the shoot out, I felt like I was going to throw up. We've practiced penalty kicks













You Just

Got Served

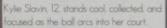
Serve it, Smash it, Win it, Luv it.

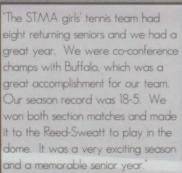
Friendship and togetherness were the main themes of this year's tennis team, contributing to the girls' stellar season. Cierra Eystad 12, said that her favorite things about playing the sport this year were winning matches, having fun, and being with her friends. When asked to describe the team, Coach Jim Riles didn't take long to praise his players: "Never giving up, hard workers, positive thinkers, and willing to do what was best for the team." This environment led to freshman varsity player Kiana Eystad to reach a final season record of 23-0 in singles, the first to do so in the past 23 years. The team was crowned co-conference champions with Buffalo this year, and rounded out their season with a final score of 18 wins and 5 losses.

FAST & FURIOUS

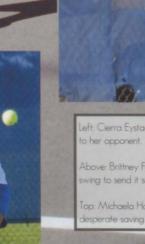








- Senior, Cierra Eystad





Left: Cierra Eystad, 12, braces herself and gets ready to send the ball book over the net to her opponent.

Above: Britiney Ferrian, 12, goes on the offensive as she eyes up the ball and lines up a swing to send it soaring back into her opponent's court.

Top: Michaela Haraldson, 12, summons a burst of energy and charges the ball in a desperate saving move.



Left: Breanna Hagerty 12, arches forward to intercept the ball before it bounces out of her reach in a heated match against Rogers. Breanna redeemed herself for an earlier loss by beating a Royals player in two sets, winning 6-4 and 6-2, respectively. The Knights' comeback-style victory in this match brought them one step closer to becoming Co-conference Champions.

C of game



Left to Right: Erika Duley, 12, Brittney Ferrian, 12, Emily Tschida, 10, Anna Moritz, 11, Michaela Haraldson, 12, Kristina Budde, 12, Halley Fritze, 12, and Kylie Slavin, 12, line up to shake the hands of their opponents.

Score Board

VARSITY TENNIS

Won	Park Center	6-1
Lost	Annandale	3-4
Won	Saint Cloud Apollo	7-0
Won	Spring Lake Park	5-2
Won	Blaine	5-2
Won	Anoka	7-0
Won	Totino-Grace	4-3
Won	Buffalo	5-2
Won	Mound Westonka	6-1
Won	Rocori	6-1
Won	Cambridge-Isanti	5-2
Won	Rogers	6-1
Lost	Monticello	3-4
Lost	Champlin Park	3-4
Won	Cambridge-Isanti	4-3
Won	Rogers	7-0
Won	Monticello	4-3
Won	Big Lake	7-0
Lost	Buffalo	3-4
Won	Big Lake	6-1
Won	Park Center	5-2
Won	Blaine	6-1
Lost	Mounds View	1-6

Coaches: Jim Riles, Brian Mashuga, and Ryan Antony Season: 18-5

Co-Conference Champs





"Success doesn't happen without Failure."

1 10 2012-2013 Girl's Swim and Dive team had a successful season; to say the least. Along with being conference champs, the girls were undefeated for the first time in STMA history. As well as being excited about their success, the team was also enthused with their victory over Buffalo, Junior Josie Burns said," It came down to the last relay, but the Knights pulled through and beat Buffalo." Beating Buffalo was one of their their biggest accomplishments of the season. After the Buffalo meet, the girls still had sections to look forward to. Krista Erickson 12, said, "It's nerve-racking trying to make it to state my senior year, especially since I've made it since freshman year'. The girls placed second at the 8AA section finals. Katie Schmitz, 12, Carly Roberts, 9, Taylor Pehrson, 10. Lexi Heil, Kasev Roberts, 11. and Jessie Metz, 11, all qualified for the class AA state meet. These girls worked very hard to place 15th in state as a team Jessie Metz said. "My favorite memory was when we went on the Walmart scavenger hunt." Captain Katie Schmitz, Captain Ellen Swedzinski and Captain Krista Erickson decided it would be fun to make a list of things in Walmart. They had to go around Walmart and find the product that was on the list and take a picture with it. Krista Erickson 12, said, "I feel like the team worked really well together and we all had fun at the same time." The girls made many memories this season. Some of their favorite ways to spend time together were having team dinners and going to the frozen yogurt shop, Cherry Berry. One thing the girls do before every home meet is dance to

the Gangnam Style and Wap. This was a great way for the girls to have fun before a dual meet and come together as a team. Some funny moments of the season were when Coach Tammy fell into the pool, the swimmers and divers flopping, dancing, and getting kicked out of Walmart. Overall, the swim and dive team had a very successful season, being undefeated for the first time in STMA history, and are looking forward to the years ahead of them.

SCOREBOARD

Opponent Place

pponent	1 lac
Winona	Win
Melrose	Win
Cambridge-Isanti	Win
Dassel-Cokato	Win
Big Lake	Win
Monticello	Win
Buffalo	Win
Waconia	Win
Section 8AA	2nd
State AA	15th

emories Well Never









Top left, congrats to junior Jessie Metz for placing 9th in the one meter diving at state. Middle top, senior Krista Erickson doing a forward double pike at sections. Middle bottom, congrats to junior Kasey Roberts for getting 1st place in the 200 IM and 2nd in the 100 breast at state. Above is sophomore Taylor Pehrson on the starting block

Running Brady's Bluff



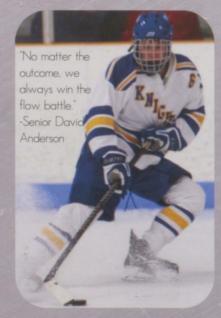
Sophomore, Robyn Ferrian said, "My favorite memory was when the team went on an over night training trip to Winona." This is one thing the girls will never forget. This trip was a great way for the girls to get to know one another and work together as a team. They went on two hikes, Brady's Bluff" in Perrot State Park and "Garvin Heights. Instead of walking on the hikes and enjoying the view, the team had to run up both of the hikes. It was a challenge for the girls but in the end, the view was great. They had 2-3 practices a day plus going on the hikes and competing against Winona. This is a memory that the girls will never forget. "I'm so glad we decided to go on a trip this season," said Jessie

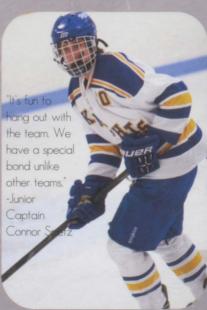
Metz, II.





Even with a tough schedule, we do our best to overcome the peaks and valleys of our season." -Senior Nate Fischbach







David Anderson 22 Points



Jon Gibbs 22 points

Below: The team on the blue line in their brand new uniforms for this

Above: The 2012-2013 point leaders, left to right.



Zac Borgen 21 Points



Connor Spetz 19 Points



Brett Marshall 16 Points



Mike Ryan 15 Points

The Peaks

and Valleys



his year's 2012-2013 Varsity Hockey team had many peaks and valleys to their season. We will only focus on the peaks. The Knights started the season off strong while going 3-1 in their first four games of the season. The team was well known on and off the ice for their unique hair styles. The basketball team quickly joined in on the mullet bandwagon soon after. The boys' team always won the flow battle against the other team. They beat Cambridge-Isanti 3-1 in the first round of the playoffs. Then the Knights traveled to Duluth to play the number 1 seeded Duluth East Greyhounds.

The Greyhounds, unfortunately, put an end to a great season.

Seniors Jon Gibbs and David Anderson
22 points each by the end of the
Knights ended their season with a
of 8-16-2. According to Junior
Spetz, "the seniors will be
next season. It will be hard to

ScoreBoard

BOYS VARSITY HOCKEY

L	Forest Lake	7-2
W	Robbinsdale Cooper	6-1
W	Robbinsdale Armstrong	5-3
W	Cambridge-Isanti	4-3
T	Sartell-St. Stephen	4-4
L	Mound-Westonka	5-4
LLLLL	Tartan	5-3
L	Delano	6-2
L	Chanhassen	4-1
L	Fargo North Dakota	5-1
L	Irondale	6-3
W	St. Cloud Tech	3-2
W	Waconia	6-0
L	St. Francis	6-2
L	East Ridge	5-2
W	Cambridge-Isanti	7-4
L	Buffalo	5-4
W	Buffalo	5-3
L	Monticello	4-1
L	Rogers	5-1
T	Coon Rapids	3-3
L	Prior Lake	6-1
L	Duluth East	6-1
W	Monticello	3-2
X _ L X _ X _ L T _ L X _ X	Rogers	5-3
	Cambridge Isanti (Section)	4-2
L	Duluth East (Section)	15-0

Head Coach: Jerr Johnson Assistant Coaches: Dan Miller, Jon Foucault, Tiger Mercotte, Joe Goth (JV), Brendan LaVallee (JV)

Season: 8-16-2



Above: Senior Goaltender Matt Borgen makes a nice save early in the season.

replace them.

169

One Team, ONE DREAM

This year the North Wright County River Hawks had a terrific season. The girls had a difficult schedule but managed to win all but four games throughout regular season. They started their season off right beating Sartell-Sauk Rapids in their first game 7-0. The Hawks managed to win conference, winning all but one game in conference play. The girls even stepped up their game further from there, and they went undefeated throughout sections. This seeded them first for the championship. "There were obstacles we faced throughout the season, but we managed to come tagether as a team and fight through them," stated senior captain Maddi Sjelin. The Hawks played Brainerd-Little Falls, beating them 8-0. They also defeated Bemidji 3-0 and Moorhead 4-0, taking the section championship. "There isn't a feeling like it," exclaimed senior captain Dani Sibley after winning the section final game.

Winning their section lead he girls to the X-cel Energy Center. They were the number 5 seed at the state tournament and played number 4 seed, Lakeville North, in the first round. Scoting first for the Hawks was senior captain Dani Sibley. Rachel King, Kaleigh Flamann and Maddi Sjelin also scored for the Hawks. Lakeville North, however, was able to overtake the girls in overtime. The girls went on to beat Irondale 3-0. This led to the Hawks playing for 5th place against Eagan. The girls fell behind Eagan early in the game and unfortunately couldn't catch up. The Hawks battled through the whole game, but fell short, losing 5-2. The girls ended their remarkable season at the state tournament placing 6th with an overall record of 24-6-1, the best record in River Hawks History.

"Coming together is a beginning. Keeping together is prgress. Working together is success." - Henry Ford





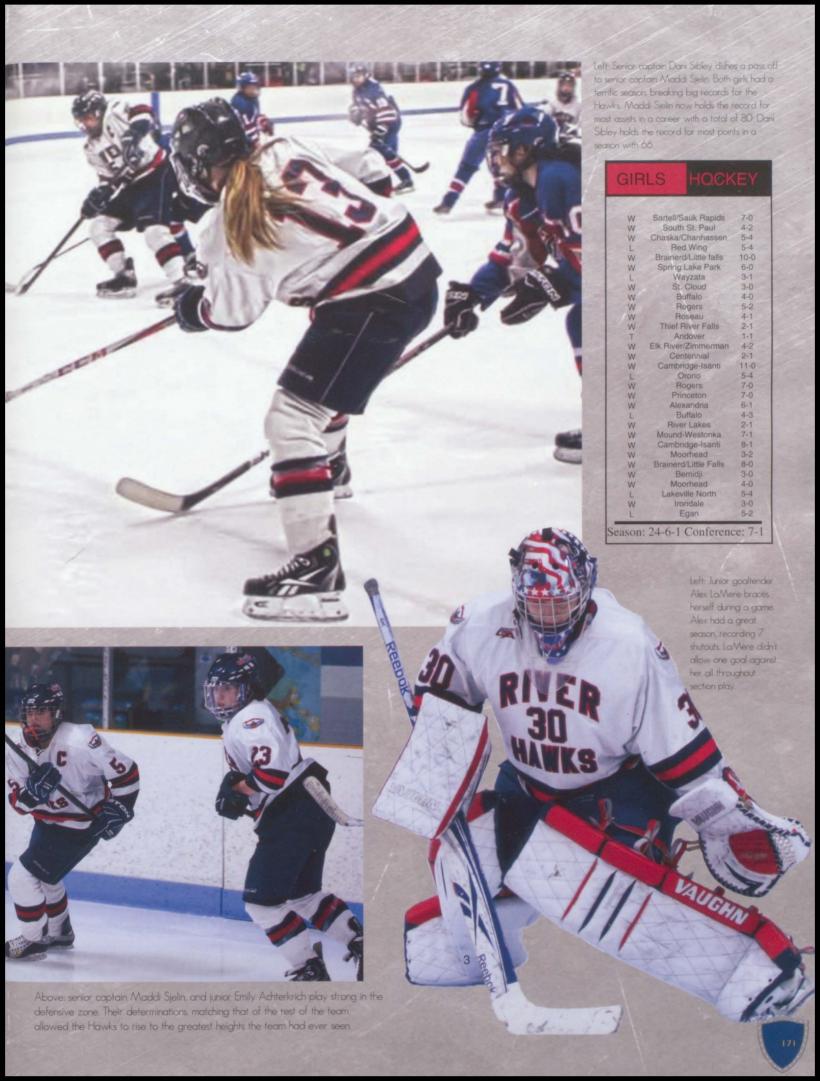
Left: Junior Kaleigh Hamann drives the puck into the offensive zone.

NOPLACE WED RATHER BE

Above: Senior captains Maddl Sjellr Dani Sibley, and Rachel Heiber battle for a puck in front of the Spuds net.

Right: The girls celebrate a goal scored by senior Dani Sibley, assisted by junior Mackenzie Johnson, and Senior Rachel Heiber, against section competition, the Moorhead Spuds.







KEYVICTORIES

OPPONENT

Christmas Tournament 0-0 1st Place

Clash Tournament 1st Place

Simely 41-21

Foley 44-12

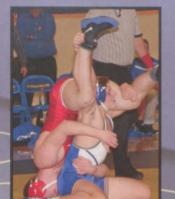
Cambridge-Isanti 40-10

Prior Lake 48-14

State Co-Champions

GET 1% BETTER

Beginning a new wrestling season with some new faces, the wrestling team took on new challenges. The team had three set goals for this year's season: winning the Christmas Tournament, winning the Clash Tournament and earning a state championship. All three of those goals were accomplished this year. Prior to this season the highest the team ever finished at the Clash was 6th place. This year the team brought home the championship. "We're extremely happy we accomplished all three goals," said Michael Kessler, 12. Another highlight of this season was that 12 individuals qualified for the state tournament and 9 placed. "State individuals are the most grueling, exhausting, and stressful event in wrestling. Everyone is good; you could lose to anyone." Kessler said of state individual tournaments. The wrestlers finished up their season at state as a Co-Champion with Apple Valley. Overall, this season was both historical and extremely successful.



Above Cole Sladek (12) successfully attempts to reverse an opponent's hold on him. Sladek wrestled 138, and worked hard throughout the season to earn his way to a 2nd place finish at table.

Above: Tanner Mills (12) lifts his apparent off his feet. Mills will be gaing to Minnesota

State-Mankato for wrestling after high



Mres. Contra

placing 1st in the 2013 Clash.

Mike Thorn

Brandon Dick

Chas Betts

103 Andy Hockenmueller 5Th

112" Dan Greeno

152" Mickey Kirk

215" Kyle Schumm

ist

lew Record Breaker:



Above: the Knights show off their winnings after powering through the 2013 Clash and emerging victorious.

Once in a CAREER

"He was the last wrestler and we were down by six," said STMA head coach Dan Lefebvre.

"Lincoln needed a pin to win that match with Carl Sandburg, He went out there and pinned his guy.

It was unbelievable. Things like that happen once in a career." Lincoln Mallinger, 12, had this once-in-a-career experience at the Clash tournament.



FINISH

106- Mitchell McKee

126- Tanner Mills

132- Mark Voss

138-Cole Sladek

144- Lincoln Mallinger 170- Jordan Joseph

182- Ricky Briggs

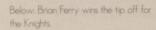
285- Michael Kessler

113- Aaron Dick

195- Jake Briggs 220- Mitchell Eull 3rd Place 1st Place 5th Place 2nd Place 2nd Place 2nd Place 1st Place 4th Place

4th Place





Gain, but nothing to

"Everything to

0se "



According to Senior Cole Krutzig, the boys team worked together as one and proved that they are capable of doing far better than ever imagined. The team worked hard and they all put their minds into the game to achieve their goals.



Junior Trevor Rothstein thought that the team this season achieved most of their set goals. He also added that there have been many surprises, but working harder than the other team can easily result in success for the Knights.



Senior Erik Johnson thought the team successfully came together as one. One of the biggest accomplishments was beating Buffalo. This was attained by working hard together. This togetherness led to a great season, all the way up to becoming conference champions.

he Knights boys basketball team: a team where every single member comes together as one to play basketball. Everything about the team and each and every player is unique and precious. They each have strengths and weaknesses, but the team leaves all that behind and unites as one to prove what they are capable of doing. The team works hard and practices with all of their heart and soul to give a better performance than they did the last time they played. It's about getting better and stronger. Even when there is not scheduled practice, they still make time to practice on their own to become better. Being a key player in the game is probably the most difficult thing to do, but Cole Krutzig stepped up and was the player also known as the "Teams" Key". Cole did his very best to help meet goals, both his personal ones and the

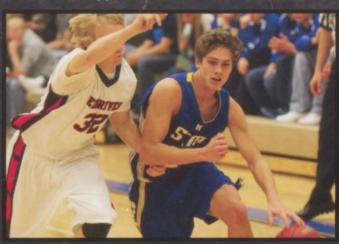
STMA Boys Basketball comes together as one, but each of them must also train hard individually to achieve their goals together. The team captains work train hard individually to achieve their goals tagether. The team captains work hard to play a clean and fair game. Every player respects each other and does what they are there to do: make themselves and their school proud. Before each game, the players get together and promise each other and themselves that the game they are about to play is not just for themselves, but for the whole team, school, and community. Each and every player is important and their goals and achievements matter as a whole.

According to Connor Cisewski who plays JV and Varsity, "basketball can be challenging and very fun at the same time, when everyone gets together

and plays an amazing game, we come out victorious at the end.



St. Cloud Tech W (60-56) Sartell L (54-49) Brainerd L (69-60) Becker W (74-33) Bemidii W (71-46) Buffalo L (56-43) Cambridge W (48-41) East Ridge L (65-55) Duluth Denfeld W (62-54) Big Lake W (59-58) Cambridge W (55-50)





Above: Junior Dallas Freeman defending the ball from an apposing player from shots to boost our scores

Far Left: Senior Justin Mclain showed his in making his team a better team

Moments we

cherish



For the basketball boys, it was forgetting the camera bag in



ALLIN

GIRLS BASKETBALL 2012-2013

*The 2012-2013 girls basketball team was very successful because of returning varsity players with experience. Coach Hamre states, "Our strength this year is our depth; we have a lot of talented girls that will give us the ability to play a very up-tempo game on both ends of the court. Our work ethic and dedication are going to take us a long way in meeting our goals and destination". The Knight's broke their conference play, 7-0 win streak with an unfortunate, 1-point loss against the Monticello Magic. Although they lost the traveling trophy, their following two victories over Big Lake and Cambridge made them conference champions, advancing them to sections.. The team was ecstatic with their 68-59 win over the Elk River Elks; it was a tough battle but the fans and team itself brought energy to the St. Johns gym. Making it to state, the Knights first game was against the number one ranked team in the state, Hopkins. It was a close gaming to start but but Hopkins pulled ahead with a 77-58 win, ending the Lady Knights 2013 season. They left all they had on the court every game and ended with an overall successful

Right: Senior
Natalie Van Wyt
goes up strong fo a lay-up against section opponent, Brainerd.

Right: Senior Nicole
Westrum at the freethrow line during the
game against Eden
Praire. Nicole is a hard
worker with a positive
attitude outside of, and
during the game.



on a fast-break down the floor going for a lay up against the Moorhead Spuds Jordan had seen the varsity floor since her sophomore year. Her dedication to the game made her a good player on both ends of the court.



Left: Senior Natalie Van Wyhe taking an outside shot against rival, Buffalo. She played since her freshmen year and continually worked her way up to the leading scorer of her senior year.





Left: Senior Makenzie Bebo takes an outside shot against Wayzata. She is very helpful on the offensive side with a consistent shot, along with aggressive defense.

Right: Junior Erin Autio defends against
Mahtomedi. This was Erin's second
year playing on varsity for the Knights.
She helped the team out with her
excellent 3-point shot.



SCOREBOARD

GUES	T HON	HOME		
37	Rogers	54		
27	Buffalo	69		
51	Monticello	64		
16	Big Lake	51		
38	Cambridge	50		
51	Rogers	52		
40	Buffalo	76		
49	Monticello	48		
23	Big Lake	76		
55	Cambridge	69		
SECTIONS				
31	Brainerd	65		
44	St. Cloud Tech	65		
59	Elk River	68		
	STATE			
77	Hopkins	58		

Right: Coach Hamre intensely following the play on the court.

We're not taking our mark.
We're leaving our mark.



A Secison To Remember

The 2012-2013 boys swim and dive team became conference champs once again for the second year in a row. "This is the biggest our team has ever been with so many new and young members," says Captain Eli Guillou. My favorite part of this season was when we wan conference again and when I placed first in diving at Monticello," said sophomore Hanos Mahari. Each day the boys look forward to practice mainly because they improve each time. Most of them grew up with the sport and have so much compossion towards it." I swim because it keeps me in shape and I have a lot of fun being in it," said Eli Guillou. One thing they love to do is play water polo. It's a great work out and it's a fun way to bond as a team. Towards the end of the season, the team had a big meet against Wayzata. There were many doubts about this meet with people thinking they were going to lose. But in the end, the boys beat Wayzata, ranking them 10th as a team in state. Congrats to Noah (Valluge for placing 2nd historic season!)

placed 14th in the 100 fly. The relay teams were also successful by placing 15th in the 200 medley, 5th in the 200 free, and 7th in the 400 free. Overall they placed 9th in state as a team. The Knights set a school record in most places at state in their 5 years of being a school sport. Congratulations to the boys swim and dive team on the

9th in the 100 breast and Grant Moser

Scoreboard

pponeni	riac
Orono	Win
Elk River	Win
Buffalo	Win
Princeton	Win
Cambridge	Win
Monticello	Win
Fargo North	Win
Wayzata	Win
Section 8 AA	Ond

State AA











This season, the boys swim and dive team decided to take a training trip to Fargo for a scrimmage against Fargo South. The boys practiced as soon as they arrived. Other activities they did were ultimate frisbee, went to a restaurant called Golden Corral, and team bonding "The trip was fun and the team bonding was the best part!" said sophomore Hanas Mahari. The boys had a blast competing. STMA won the meet against Fargo South and made many memories on this trip. They also won't forget how this one trip brought their teammates together as one.

Stick Together



"If you can't handle the rips... Go play ball."



Sophomore
Jada Brown,
left works to
perfect an ariel
on the low
beam during
practice



Fo the left, freshman Rachael Chouanard makes use of her flexibility, performing a backwards rol on the beam.



To the left senior Jenna Lee makes the leap from the law bar to the high bar, maintaining his balance on a small round bar.

he 2012-2013 girls gymnastics season started off slowly due to a large influx of new talent, but the returning gymnasts contributed their experience and knowledge to making this new team the best that it could be. Throughout the season, the girls worked hard to strengthen each of their individual talents as well as their ability as a team. The girls' dedication and love for the sport paid off when they had their big meet against their rival, Buffalo. The beginning of the meet didn't look promising, but the team ended by pulling through on the last event, taking home a win. This first win of the season gave the girls confidence and a feeling of accomplishment that fed their ambitions for the rest of the season.

Between the fumbling and jumping, the girls managed to form bonds between teammates more than friendships, closer to that of family. They supported each other at every practice, and every meet. The girls showed their love and support for senior Jenna Lee at her last section meet of her high school gymnastics career. Although Jenna didn't quite place high enough to make it to state, she still managed to place 8th on floor scoring a 9.0, which was her highest score of the season. "I was so proud of myself and how well I did, I wouldn't have asked for a better way to end my gymnastics career", said Jenna. The team also scored their season high at their section meet in St. Cloud, scoring a 128.35. One of the many goals shared by the gymnasts this year was to score 120 points at a meet, making this St. Cloud meet a huge success. Overall this was a very successful season for the STMA gymnasts.

To the right, junior Madison Haider does her splits, stretching and getting ready for a big day at practice. The gymnasts worked hard at each practice to push themselves to new heights.

To the left, sophomore Melissa Berning perfects her back walkover for the upcoming meet.



HIMISIES

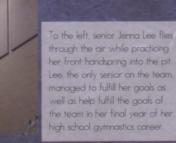


Coach Katelyn Zahler, Melissa Berning, Anna Keefer, Kathryn Rehovsky, Raquel Johnson, Maria Martinez, Rachel Chounard, Kaitlyn Dehmer, Jada Brown, Coach Jim Gallagher, Coach Ashley Kurth, Yana Vizenor, Jenna Lee, Olivia Sundeen, and Madison Haider pose after their first home meet.

"Some **dream** of success,

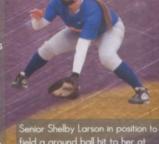
while we wake up and work hard at it"

Team quote



Jothing Soft About It

Senior Bianca Zins gets ready to drive the ball to deep left center field his year the softball team, due to the uncooperative weather, had a long indoor practice season before their games began. The team worked very hard those several weeks to prepare for their games, many of which would be doubleheaders one after another. Senior Bianca Zins stated that the team's goal this year was to "win the conference title!" This was one of the teams' goals, the one the players felt was the most important. One of the team's biggest rivals this year was Buffalo. Last year, the girls were very excited to finally beat Buffalo at their home field, and the goal for the 2013 season was to repeat this triumph. This group of senior girls on the team have been together basically since the start of their softball careers and have been very successful throughout the years. Senior Alex Berg said that "This year should be no different." The team was looking forward to a great season with high expectations.



Senior Shelby Larson in position to field a ground ball hit to her at second base in the doubleheader win over Cambridge. The very basics, like fielding every ground ball, is what brought Shelby and the whole team to victory time and time gagin.

Senior Alex Berg throws out the first pitch of the season against Buffalo. The team ended up recording their first loss at this game, but it did nothing to discourage the girls from trying their hardest to overcome any challenges. The girls come together for a huddle before their first conference win over the Rogers Royals in walk off fashion.



The team poses for a picture after winning their first game of the season against Rogers





baseball season. This year was no different. With the crazy spring weather, the team had to reschedule the first 3 weeks' full of games due to snow. The team had to practice indoors during outdoors in a gym." The varsity squad this year was very tough. Two of the team's top pitchers were seniors this year. Senior captains Jacob Dzubay and Tyler Dallum were on the mound for most of the games for the Knights. The Knights were able to play their first regular season game at Mall of America Field (Metrodome) against Moorhead on April 22nd. The teams' main goal was to defend their title as conference champions. Along with the three captains, seniors Owen Gammell, Luke Nietfeld, Bailey Solberg, Cody Wiskur, and Aaron Michaelson all contributed to

The RUN To STATE

runner out at 1st



Senior Owen Gammell avoids the tag at third base against Cambridge-Isanti



Senior Captain Jacob Dzubay throws heaters in the Metrodome. Dzubay



Sophmore Jordan Joseph ecures a double play at Dick Putz Field against St. Cloud Tech.





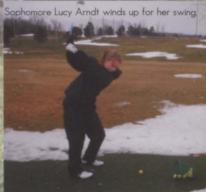


Sophomore Kate Drimel perfects her followthrough. The STMA golf teams were forced to play through the cold and to practice on the driving range.









FOR The Love

the 2013 girls golf team was set for a very successful season. Even though the snow threatened to never leave, the girls still looked forward to the season. Just like every year, many of the girls set goals for themselves and the team as a whole. "My goal for this year is to just hit consistent numbers and play my lowest round," said senior Megan Cichos. The season wasn't only about swinging their clubs to the lowest numbers possible. The girls also enjoyed the memories they had made together. One ritual they had was to huddle together right before every meet to encourage each other and remind one another why they are there. Senior Madeline Malone is all about making memories through team bonding. I know we're all really excited for our overnight tournament in May. We have a meet in Minnewaska on a Friday and then we stay in a hotel and have a meet in Alexandria that Saturday," said Malone. This was a time that the girls could really come together as a team and make memories for the years to come. "We don't have a team motto, but we sure know how to have fun, and we know how to make the season enjoyable," said Cichos. Overall, the girls golf team was excited for the 2013 season and couldn't wait to see what the results were in the end.

the Spoi

Meet
Becker
Monticello
Buffalo
Elk River Invitational
Bunker Hills
Apollo Invitational
Rogers
Hastings Invitational
Cambridge-Isanti
Cambridge Invitational
St. Cloud Invitational
STMA
Dassel-Cokato Invitational

Date
April 16th
April 22nd
April 23rd
April 24th
April 25th
April 30th
May 6th
May 8th
May 13th
May 16th
May 16th
May 21st
May 22nd
May 23rd

Ryan Woitalla (III) carefully chips his ball toward the hole. The STMA boys galf team had never had so much potential than they did in the spring of 2013. This year, the boys galf had everything it needed to win conference and go to state. They had the talent and the swing to get there, but galf is a mental game as much as it is physical. It's not just swinging a club, but planning your every move on the course. Galf is also unique in that it is a highly

potential than they did in the spring of 2013. This year, the boys golf had everything it needed to win conference and go to state. They had the talent and the swing to get there, but golf is a mental game as much as it is physical. It's not just swinging a club, but planning your every move on the course. Golf is also unique in that it is a highly individualized sport, meaning that the responsibility of the team goal weighs on each boy's shoulders. This year, one of the goals was to beat Rogers, the boys' tough conference rivals. Another goal was to remain number one. The seniors were ready to show their abilities in the prime of their high school golf careers. In addition, the seniors were excited at the beginning of the season to be able to impart any knowledge and wisdom they had gained over their years on the STMA golf team to the newcomers to cultivate a better team for the future. Between the new and old talent, the boys golf team had the potential to go all the way to state.



Left: Senior Zac Borgen watches the ball fly after he drives it down the driving range.

The second secon	
Meet	Date
Bunker Hills	April 25th
Mississippi 8	April 30th
Mississippi 8	May 2nd
Hasting	May 6th
Mississippi 8	May 7th
Cambridge-isanti	May 13th
Apollo	May 15th
St. Cloud Country Club	May 16th
Mississippi 8	May 21th
Dassel-Cokato	May 22nd
Mississippi 8	May 23rd

Right. Sophomore Daniel Johnson works on his putting on one of the few showless days that allowed for practice on the course





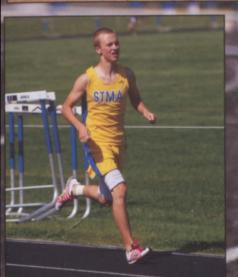
Sophomore Anita Thammavongsa prepares to vault herself into the air.

Senior Nicole Misna sticks the landing when practicing her long jump. Misna had been on varsity for 5 years. She was on her way to North Dakota State University for nursing. could go the distance to outstrip every competitor and to fulfill all of their goals. "One of the goals for the girls team is to be conference champs" said Cortney Woodis. She also said there were many other expectations for the team, such as to send at least three girls to state. "Our mission is to go out with a BANG, and to have no regrets", added Senior Nicole MIsna. Senior Madison Sjelin stated that she would miss the fun atmosphere made by the coaches and teammates most after graduation this year. The girls track team had the unique quality that each member genuinely cared for the rest, creating a tight-knit bond. Woodis stated that she loves the people that are on her team. The track team was more than just a group of people who love to run; they have become united as one striving for their common goals.



Senior Treasure Martin clears the 5'2' jump. She has been on varsity for 5 years. After her high school career she is joining the Air Force.







here are many people that went out for the track team this year, but only a select few made it. STMA's track team had strong competitors but was ready for whatever was thrown their way. STMA's track team was agaressive determined and willing to succeed. The team's admirable attributes allowed them to create lofty goals with the intention of succeeding. Senior James Bezanson said. "Our mission is take at least one person per event to state.

The Knights track boys spend much of their spring together, between practices, meets, and just being classmates in school. This has created a climate of support that helped each boy to challenge himself and rise to his best. They cheer each other on through the challenges the season threw at them. James also stated, "I expect us as a team to stay together, to just be a team."

In addition to the individual drive and the team support, the Knights had the honor of the school to withstand. Senior Tony Bork, knew of this important part of leading a school sport, saying, "I want to make my school proud."

eft. Senior Bennie Wilson puts all his strength behind his throw at a home neet. A participant in track for 3 years his personal record is 475°, which is inches off the school record. Bennie is heading off to North Dakota State ersity to play football.

Far left: Senior Captain Brendan Sage runs the 800 meter dash at a home meet. Adding more broken records to his track career, he got 15.43 in the Mississippi 8 Coalerence and 10.02 in the 3200 indoor meter. Sage is heading to South Dakota State University to continue on with cross country

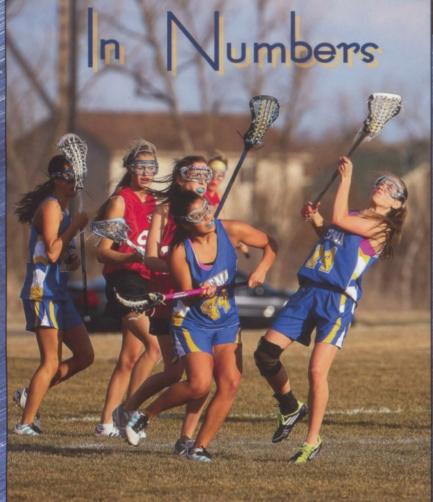


Junior Keith Jorgensen runs past in a home track meet. Keith participated in the 200 meter dash this year.

Senior Brian Ferry hurdles with apparent ease, outstripping his opponents. Brian was a part of the indoor 4X4 race, breaking the school record. Next year he will be attending North Dakota State University for engineering, as well as to run track.



SUCCESS











Above left: The varsity goalie, Sabrina Werth (111), guards her home goal from the St. Cloud apparents. Although the defense and goalie together weren't enough to keep the other team from scoring, they played their hardest, knowing they could do better next time.

Above right: Junior Becky Panuska waits for a pass, ready to make a run for the apal.

he 2013 Girls Lacrosse season was a big year for the new and returning players. It was the first year of being a school-sanctioned sport, meaning that the girls lacrosse team grew with new members and had greater opportunities to play different teams "This is our fourth year having a team, and we already have big goals," said senior Katie Torgerson. One of the biggest goals for the lacrosse girls was to make it to state and to hopefully even place. The girls lacrosse team had made it to state in the past few years but have never been able to come out on top. Getting that coveted top spot was the ultimate goal for the team. The girls lacrosse team went into the season strong, despite the setbacks caused by the late snow. They had a strong set of returning players, as well as some new talent. Throughout the beginning of the season, they geared up to face their rivals of Buffalo, in addition to the many new teams to face due to their new school-sport status. The 2013 season was shaping up to be a great learning experience for the girls. They were to witness things that they have never seen before, and play teams that they would have never expected to play. "I have confidence in the girls this year that we will not fall short," said senior captain Makenzie Bebo

Far left: Junior Anne Marie Harald works competitively against her opponents from Monticello. Left: Coach Anderson looks on as the girls complete a play.

girls complete a play.
Above left: Senior Captain Anna
Churchill and Junior Heidi Prebonich
work together to keep the ball away
from their apponents.

Schedule

4/18 4/23 4/26 4/29	Elk River Delano St. Cloud Mound
5/2	Buffalo
5/4	Grand Rapids
5/7	St. Cloud
5/14	Mound
5/16	Buffalo
5/21	Delano

Play Together





Above is freshman Brandon Heiber (6) and senior Charlie Dingmann (27) as they celebrate a goal against PVS Canada



he 2013 boys lacrosse team had many goals for the upcoming season. "We plan to win as many games as we can, and hopefully make it to state," said senior Michael Ryan. The team expected to have their ups and downs, but they also hoped to come out on top. The team went up against some good club teams this year, the biggest challenge being facing Monticello. All of the players, from the rookies to the veterans, were determined to make this season a success: "Even though this is my first year playing. I'm hoping I can contribute to the team and help them win," said senior Zachary Trout.

The boys this year will be losing several seniors who will be missed greatly. Seniors Michael Ryan, Zachary Trout, Alex Rauenhorst, Ryne Larson, Charlie Dingmann, and Jake Dircz have all made a big impact and have been great role models for the younger players: "I will miss the seniors because they are good leaders and good friends," said sophomore Ryan Larkin.

"Practice Makes Perfect"

- Senior Michael Ryan



To the upper left, freshman Brandon Heiber hustles to the net to attempt to score a goal.

To the left, freshman John Jones swerves past his apponent in an effort to catch a pass. The boys enjoyed a game outside after having to practice inside for almost half a season due to bad weather and snow.

Schedule

A STATE OF THE PARTY OF THE PAR	Name and Address of the Owner, where the Owner, which is the Owner, where the Owner, which is the Owner, where the Owner, which is t
Opponent	Game Da
Duluth	April 13
Proctor	April 13
Fargo	April 20
Grand Cities	April 20
Becker	April 26
Waconia	April 29
Wayzata	May 6
St. Cloud North	May 10
Providence Academy	May 15
Brainerd	May 18
Mankato	May 18
Montiquois	May 20

Locus on the target



With snow stopping most practices and their first game, most would assume the mood for the trapshooting season would be somber, but this was not the case for the team. The team looked past the swirling snow into their futures in the spring in order to succeed in each meet. After an outstanding season last year getting first in state, they were set to complete another great season.

"We aim for nothing but number one this season," said senior Tyler Ellison. This season was definitely tougher to approach this year, as the amount of competing teams doubled from last year. Because the STMA trapshooters came out as champions during the 2012 season, every competing team set its focus on beating STMA. This made every competitor a potential rival, forcing the STMA trapshooting team to work harder than ever to succeed.

every competitor a potential rival, forcing the STMA trapshooting team to work harder than ever to succeed.

Our team goal is for more people to practice during their own time this year, senior. Naython Runge said. "We have to step it up with more teams this year to stay number one." This could be already be seen at the beginning of the spring season with a couple of team members braving the snow to have their skills. The seniors who helped found the team the year before will leave with fond memories. "I remembered everyone hanging out, grilling food, and having a good time during practice." Naython said fondly.

The entirety of this year's trap team poses for a photo downrange before a match



"Eyes downrange!



Tyler Ellison (12) and David Wokson (12) look on as trap shooters get ready to make their first shots of the first match of the season.



Tyler Ellison (12) and Mason Aaserud (12) talk between themselves to prepare for the upcoming shoot.



HAM WORKCOMIC

*Enemies on the field, but the minute the game ends we're all friends.



The team comes together at a practice early in the season. The rugby team was forced to start out practicing in the school parking lot until the mountains of snow finally melted into spring



The entire team itself is sort of a brotherhood. We have people from all grades, and each player is respected equally amongst the others. That goes for not only within the school, but around the entire state. You meet a stranger and find out they also play rugby, you're immediately friends and have something to talk about. It's like a social call sign."

-Vincent Bertsch, 12

Right: Team members help each other out during a practice both to cultivate new talent and to hone established skills.



Left: The rugby team prepares for a game in Edina. They fought hard for a win, but came up short, losing by only 2 points. This didn't discourage the boys however: "We're looking forward to leaving a good legacy for the rugby team in years to come," commented senior Charles Shaw.





ue to a long winter with almost everlasting snow, the rugby season was pushed back and a game was rescheduled. That didn't stop the team from practicing, however. They started the season off with parking lot practices after school and eventually made their way out to the fields. *The team started off with about 18 guys, and gradually grew to 30 guys. I have complete faith in all these guys to do well this year. It was a true privilege to become closer to each and every single person on the team as the season progresses," said Logan Franzen (12). The team grew together and became one throughout the season. Rugby is a sport that needs the most team work and effort from each player possible. As the years go on for the rugby team, they will continue to see more faces join the team to replace those that must graduate and move





Jimmy Li (8) focuses his all his attention on hitting the ball back to his opponent. The very young team this year helped to secure certain and special talent for the years to come.



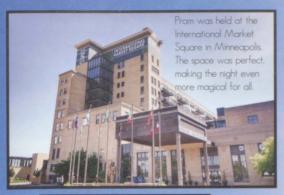
wasn't going to stop their determination to compete for and hopefully win the Conference Championship, according to Coach Riles. The team consisted of 41 other Holstad, he stated, "my goal for the season is to make it to state and either place or win

on't get mad. Keep your head up." -Thor Holstad, 12



April .		av i	An	dov	

Home vs. Buffalo Home vs. Rogers Away vs. Monticello Home STMA Invite





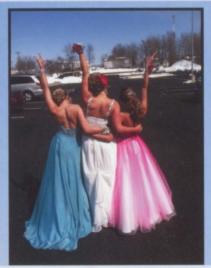
Senior ladies lleft to right) Jacqueline Goutermont, Frances Noel, Nicole Kelly, Jenna Hennen, Michelle Jackson, Megan Jackson, and Krista Pickett pose like the "Charlie's Angels" on the Stone Arch Bridge.



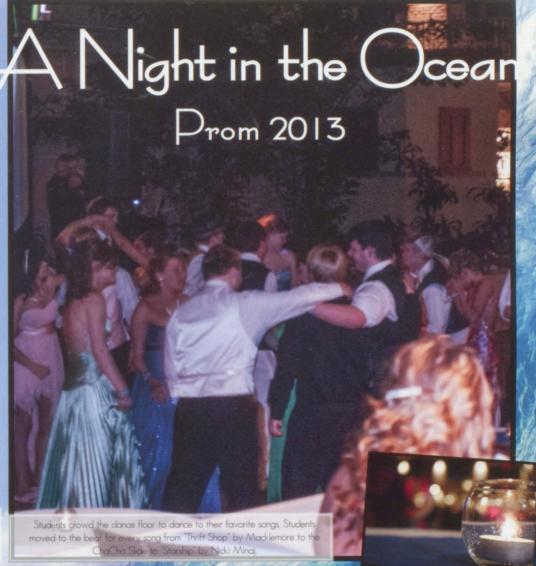
The gymnasium received a major makeover, becoming a beautiful and mysterious underwater scene for the start of "The Night in the Ocean." Mrs. Butkowski, Ms. Swanson. and the prom committee worked hard to make this night the best it could be for all.



Seniors Bennie Wilson and Brittany Kanduth surprise the crowd at Grand March by flashing his Superman tee shirt underneath his suit and tie.



Lauren Skare (12), Taylor Kainz (11), and Andrea Ohnemus (12) show their enthusiasm for prom night 2013. Groups of shivering girls braved the snow and cold to snap a few pictures outside, despite a winter that wouldn't end.





Joe Clayton (12) and Paige O' Connor (12) show off their dance moves on the International Market Square dance floor. Couples and groups alike charged the dance floor to strut their stuff.



Nathan McShane (12) and Rachel Larson (12) take a break from the dance to snap a picture. The color schemes among the couples varied greatly, between fun neon dresses with white suits to the classy dark ensembles.



Teams & Activities

Pictures & Rosters



Girls B-Squad: Heather Bentley, Tessa Salen, Caitlin Daly, Paige Hemmer, April Dick, Allison Kostreba, Savana Phengmany, Brittany Zajicek, Cassandra Kobilka, Alison Skon, Paige Pettit, Tessa Eull, Karli Buckmeier, Grace Rysdahl, Anastasia Pohl, Anna Skare, Taylor Kemper, Taylor Tranberg, Kelsey Backes, Libby Fesenmaier, Coach Canton



Boys Varsity Soccer: Samuel Guillou, Christopher Leathers, Sammy Voss, Kevin Daleiden, Cory Kackman, David Anderson, Ivan Adika, Keith Jorgensen, Garrett Adkins, Siakpah Nyanseor, Austin Houle, Justin McLain, Dominic Christensen, Peter Bourget, Andrew Hong, Noel Espinoza, Bryant Malley, Joseph Peterson, Wesley Maschke, Coach Dewey



Girls Varsity Tennis: Kylie Slavin, Cierra Eystad, Kiana Eystad, Halley Fritze, Kristina Budde, Shelbie Olek, Jessica Duda, Brittany Haas, Erika Duley, Breanna Hagerty, Brittany Ferrian, Michaela Haraldson, Coach Riles, Coach Mashuga



Junior Varsity Volleyball: RaeAnn Arns, Madison Albrecht, Taylor Blank, Brianna Bleess, Kate Drime Jillian Edling, Breanna Goenner, Melissa Hackenmueller, Abigail Scherber, Angela Stahlmann, Laura Sukalski, Taylor Zopfi, Coach Anderson



Girls Varsity Soccer: Madison Barr, Rachel Bourget, Jessica Johnson, Frances Noel, Emilie Herbst, Jordyn Walker, Taylor Poss, Madeline Young, Brandy Schirmers, Emily Swanson, BriAnna Hoffman, Hannah Schutz, Dorielle Noel, Kayla Mager, Micale Jensen, Rebecca Panuska, Makenzie Langdok, Tari Jensen, Coach Messick, Coach Johnson



Girls Junior Varsity Soccer: Ella Deroo, Gabrielle Vetsch, Leah Johnson, Anna Shaw, Aubree Jackson, Jennifer Gibbs, Hannah Berhow, Emily Läudenbach, Anne Marie Harald, Victoria Barr, Sydney Rocker, Kalley Malley, Ashley Swanson, Ashley Strickler, Hannah Schwarz, Sydney Tracy, Katelyn Thelen, Coach Leland



Boys Junior Varsity Soccer: Isaac Zipp, Riley Haehn, Taju Hassan, Dominic Christensen, Matthew Roose, Joel Zachman. Aaron Dorland, Andrew Hong, Joseph Eicher, Joshua LaDuke, Hanos Mahari, Bret Lee, Jacob Peterson, Jake Hackenmueller, Connor Loscheider, Jeffrey Geiger, Brett Bleess, Kenneth Gudmonson, Jacob Radtke, Connor Rose, Zachary Bracken, Wade Gammell, Randy Harrison, Andrew Fischer, Coach Mallinger



Girls Junior Varsity Tennis: Emily Achterkirch, Alissa Anderson, RaeAnn Athman, Hannah Bagne, Rebecca Bourget, Madeleine Busch, Anne Caron, Miranda Dehmer, Jolene Duda, Hannah Fusco, Melissa Gust, Sydney Hanlan, Alyssa Heuanphommavong, Sarah Hinrichs, Mackenzie Latterell, Alyssa Lillo, Madison Luedtke, Destiny Markley, Nicole Meyer, Anna Moritz, Heidi Prebonich, Maia Rehovsky, Sydney Renzaglia, Anna Roach, Madelyn Schapf, Morgan Schumm, Emily Solberg, Taylor Sorenson, Andrea Sorensen, Elizabeth Stephenson, Geena Stepp, Emily Tschida, Meghan Winans, Ashley Zimmer, Coach Mashuga



Girls Swim and Dive: Ellen Swedzinski, Krista Erickson, Sandra Garcia Portillo, Josephine Burns, Madison Foster, Lauren Lutz, Jessica Metz, Katherine Roberts, Mackenzi Steichen, Alexis Heil, Taylor Pehrson, Kristina Swenson, Madison Smiley, Alexandria Simpson, Robyn Ferrian, Jenna Halpin, Jordan Filipek, Emily Waller, Elizabeth Gustafson, Madelyn Konsor, Caroline Roberts, Kaite DuPaul, Katlin Schmitz, Olivia Lock, Sydni Shelton, Sarah Mulder, Emilie Guillou, Maddie Gallagher, Maddie Westendorp, Julia Pieper, Kristen Pieper, Rebecca Engleman, Coach Guillou, Coach Abrahamson, Coach Swenson, Coach Christersen



9th Grade B-Squad Volleyball: Afton Thompson Witt, Jordyn Sufka, Macie Burns, Emma Howey, Brianna Gustafson, Ruby Chavez, Madalyn Williams, Gracia Blazek, Claudia Hathaway, Coach Anderson



Gymnastics: Melissa Berning, Jada Brown, Rachel Chouanard, Krista Erickson, Madison Haider Jenna Lee, Julia Leigh, Kathryn Rehovsky, Katlyn Dehmer, Maria Flores-Marquez, Racquel Johnson, Anna Keefer, Sydni Shelton, Olivia Sundeen, Yana Vizenor, Coach Zahler, Coach Ramler, Coach Gallagher, Coach Kurth



Varsity Volleyball: Paige O' Connor, Courtney Wooters, Candice Yager, RaeAnn Arns, Malissa LeClaire, Meagan Ghinter, Freya Hanson, Nicole Mlsna, Kaitlin Olson, Rebecca Hackenmueller, Jennifer Olejar, Kate Drimel, Taylor Zopfi, Breanna Goenner, Brianna Bleess, Hannah Merges, Coach Anderson, Coach Dehnel, Coach Lisakka



9th Grade A-Squad Volleyball: Isabella Rodriguez, Rochelle Puncochar, Clare Culhane, Kara Simonson, Alyssa Stedker, Grace Steffens, Alexis Patnode, Claudia Offerdahl, Megan Emerson, Jessica Olejar, Catriona Ailts, Marah Arndt Coach Welch



B-Squad Volleyball: Emma Barbeln, McKenna Eull, Autumn Christensen, Anna Nietfeld, Shania Kinghorn, Lucy Arndt, Bayley Woolhouse, Kali Simonson, Jody Olejar, Melissa Knott, Coach Zachman, Coach Peterson



Boys Cross Country: Gavin Allen, Nolan Anderson, Nicholas Batchelor, Matthew Bernstein, James Bezanson, Alexander Birk, Mason Busch, Michael Campbell, Chase Cayo, Mitchell Chatterton, Brian Colgrove, Jason Colgrove, Jackson Connelly, Jake Coulson, Mitch Coulson, William Dierberger, Tre Dorenbush, Christian Eiynck, Dylan Elsnes, Logan Franzen, Jake Gallagher, Evan Gjesvold, Jeremy Goude, Nolan Grambusch. Nicholas Gullickson, Joshua Hesser, Kyle Highberg, Andrew Hinkemeyer, Leonardo Hora, Austin Jeffries, Tyler Jeffries, Derek Johanson, Truman Kottke, Lukas Layton, Cameron Lehmann, Lance Lewison, Thaddeus Miller, Jacob Monseth, Ryan Moore, Jackson Nadeau, Ryan Nelson, Luke Pelant, Justin Pittelkow, Nikhil Purohit, Alex Rauenhorst, Joseph Rios, Luke Rysdahl, Brendan Sage, Joseph Salonek, Charles Shaw, Dominic Shovelain, Ronald Tanchin, Marcelo Cardoso, Nicholas Washatka, Alex Nagengast, Coach Greeno, Coach Crocker,



Girls Cross Country: Paige Berning, Bobbi Brendefur, Jada Brown, Erin Daly, Tori Hamre, Jaymie Hansen, Rylee Hanson, Abigail Herbst, Elizabeth Hinkemeyer, Elli Hofmeister, Kayla Horn, Madelyn Jesser, Taylor Johnson, Rachel King, Cassidy Kottke, Bridget Kruschke, Madeline Malone, Christine Miller, Dayana Moscoso, Emilia Mounkine, Krista Rambo, Mckenna Rogers, Emily Ruhland, Madison Sjelin, Krista Slavin, Karson Sorby, Ashley Stecker, Allie Steffens, Cheyenne Vavrina, Nicole Westrum, Cortney Woodis, Coach Greeno, Coach Crocker, Coach Strait



Varsity Football: Brennan Skon, Michael Kessler, Brendon Poland, Bennie Wilson, Ryan Lyzhoft, Brian Ferry, Cole Krutzig, Tyler Berhow, Owen Gammell, Jamey Kolles, Riley Sletten, Benjamin Haller, Gavin Dick, Michael Hilden, Tyler Dallum, Sean Scharlau, Thor Holstad, Aaron Michaelson, Austin Brouillette, Luke Nietfeld, Matthew Ruhland, Jesse Johnson, Jeffrey Hackenmueller, Erik Johnson, Austin Wick, David Follestad, Ryan Scriver, Devon Smith, Evan Albrecht, Nicholas Ogborn, Allen Giller, Antonio Bork, Benjamin Gapinski, Christopher Kartes, Calvin Schoen, Andrew Winans, Nicholas Burslie, Tyler Zahler, Anthony Luchsinger Dallas Freeman, Cody Fox, Matthew Krutzig, Matthew Brown, Calvin Sackey, Joseph Sherry, Joseph Kilian, Henry Berning, Austin Kowalczyk, Benjamin Kullberg, Andrew Hanson, Austin Nickel, Jackson Greenwaldt, Antoine Akundu, Noah Evans, Landon Bridell, Alex Hiltner, Mitchell Erickson, Wade Weber, Elias Moore, Luke Eicher, Tyler Brown, Matthew Swedzinski, Jacob Moran, Jon Robinson, Matthew Nielsen, Jaylen Hakes, Justin Radanavong, Caleb Peterson, Randall Anderson, Andrew Puett, Craig Mcdowell, Erick Barthel, Jonathan Cahill, Lucas Myhre, Trevor Rothstein, Erik Johnson, Justin McLain, Tyler Berg, Tyler Berhow, Garret Hahn, Nick Berning, Jorgan Eicher, Jeff Hackenmueller, Matt Juntunen, Logan Hatch, Brendan Kolehmainen, Joshua Tracy, Jackson Tracy, Ethan Rice, Ethan Cornell, Head Coach Essler, Coach Duncanson, Coach Jensen, Coach Cornell, Coach Adolphson, Coach Carlson, Coach Salzer, Coach Kittelson, Coach Gavinski, Coach Clausen



Girls Varsity and Junior Varsity Hockey: Elizabeth Hinkemeyer, Cortney Woodis, Taylor Johnson, Madison Sjelin, Greta Stanton, Sydney Renzaglia, Kaleigh Hamann, Madeline Young, Anne Harald, Rachel King, Dani Sibley, Heidi Prebonich, Christine Miller, Aubree Jackson, Kayla Finnerty, Carly Walters, Emily Achterkirch, Emily Laudenbach, Madelyn Schopf, Samantha Milless, Alexandria Lamere, Amanda Dorholt, Julia Bogenholm, Dayna Duncan, Mackenzie Johnson, Cody Vander Hayden, Jade Ye, Brie Ye, Rachel Heiber, Marina Chapman, Mikayla Habel, Beth Rossman, Coach Johnson, Coach Moen, Coach Solgon, Coach Finnerty



Boys Varsity Hockey: Trent Olson, Chase Bunnell, Daniel Lund, Aaron Michaelson, Tanner Starr, David Anderson, Tony Bork, Nate Fischbach, Brett Marshall, Mike Ryan, Zac Borgen, Cade Gamrath, Mitchel Schneider, Matt Coquyt, Cory Kachman, Max Woodls, Jon Gibbs, Tyler Hayes, Connor Spetz, Matt Kisch, Hunter Williams, Matt Borgen, Coach Johnson, Coach Miller, Coach Foucault, Coach Marcotte



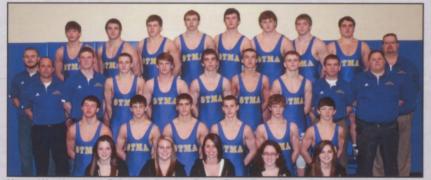
Boys Junior Varsity Hockey: Craig McDowell, Blake Berning, Takota Reinbold, Drew Hinkemeyer, Quinn Maetzold, Dominic Christensen, Jared Heinen, Logan Nelson, Andrew Benson, Zach Erickson, Nick Batchelor, Michael Campbell, Kevin McDonald, Darrin Maki, Coach LaVallee, Coach Goth



Girls Varsity Basketball: Krista Slavin, Bobbi Brendefur, Karissa Pazen, Jordyn Walker, Nykeesha Greer, Jordan Hansen, Natalie VanWyhe, Makenzie Bebo, Hallie Williams, Jaymie Hansen, Erin Autio, Sydney Tracy, Nicole Westrum, Breanna Grube, Josephine Burns, Carlie Brostrom Sibley, Tori Hamne, Rylee Hanson, Lizzy Heil, Rae Johnson, Jeremy Snaza, Coach Hamne, Coach Lahr, Coach Cleveland



Boys Varsity and Junior Varsity Basketball: Andrew Winans, Jackson Greenwaldt, Noah Evans, Cole Krutzig, Alexander Monseth, Samuel Guillou, Joshua Tracy, Dallas Freeman, Luke Pelant, Justin McLain, Tyler Otteson, Mitch Coulson, Trevor Rothstein, Austin Brouillette, Brian Sukalski, Erik Johnson, Craig Johnson, Connor Cisewski, Brian Ferry, Alexander Nagengast, Lauren Landry, Taylor Poss, Coach Anfenson, Coach Hahn



Varsity Wrestling: Aaron Dick, Mitchell Mckee, Thomas Thorn, Colten Schoen, Tanner Mills, Mark Voss, Cole Sladek, Lincoln Mallinger, Thor Holstad, Mitchel Herian, Ryan Röstamo, Jordan Joseph, Owen Gammell, Richard Briggs, Jacob Briggs, Mitchell Eull, Michael Kessler, Alyssa Olson, Miranda Psyk, Amanda Smith, Maria Edelmann, Erin Hanson, Amanda Korpela, Coach Lefebvre, Coach Jensen, Coach Mallinger, Coach Clausen, Coach Grygelko, Coach Vankrevelen, Coach Thorn, Coach Vike





Girls Junior Varsity Basketball: Ashley Swanson, Emily Swanson, Krista Slavin, Donielle Barthel, Allie Steffens, Jordyn Walker, Jaymie Hansen, Abigail Wold, Carlie Brostrom Sibley, Sarah Martin, Rebecca Bourget, Lauren Lutz, Julia Lopez Petrus, Elizabeth Heil, RaeAnnah Johnson, Coach Bebo



9th Grade Girls Basketball: Emily Ruhland, Macie Burns, Megan Carpentier, McKenna Rogers, Lindsey Rederer, Kitri Zezza, Katelyn Anderson, Hayley Lenz, Alexys Sovis, Kelsie Brott, Cherish Witherspoon, Madisen Briggs, Megan Barnett, Makenzie Langdak, Brianna Woitalla. Coach Wiese



Boys 10th Grade Basketball: John Budde, Garret Hahn, Riley Breen, Jake Coulson, Mitchell Erickson, Jordan Esposito, Caleb Holt, Jaylen Hakes, Jacob Moran, Jake Bloomstrand, Landon Bridell, Andrew Marx, Jay Swanson



Boys 9th Grade Basketball: William Berning, Jacob Veire, Tyler Hoselton, Levi Falde Jeremy Moran, Joseph Miller, Alex Baldwin, Jacob Sherry, Zachary Dallum, Carter Smith, Zachary Kainz, Colton Campbell, Erich Rotenberger, Elijah Rice, Jack Terwey, Mitchell Dold, Brent Lange, Isaiah Weston, Johnathan Jensen, Braden Eliason, Austin Jeffries. Christopher Miltz, William Dierberger, Coach Fore, Coach Steve

Junior Varsity Wrestling: Zachary Nygoard, Zachary Schoen, Jeffrey Geiger, Joel Zachman, Wade Weber, Donald Leuer, Talon Juusola, Andrew Beaudry, Mitchell Zachman, Evan Ronsen, Alexander Birk, Andrew Puett, Randall Anderson, Zach Dehmer, Nickolas Brown, Jacob Smith, Lucas Jeske, Joseph Salonek, Samuel Wolseth, Ethan Piecora, Brett Bleess, Jason Peterson, Trevyon Wilson, Jovon James, Davon Stephens Fitzsimmons, Andrew Fisher, Austin Schei, Kengi Yang, Garrett Ailts, Coltan Koenig, Jakob Ross, Justin Vetsch, Ryan Kennedy, Brendan Thorp, Andrew Lindenfelser, Erick Barthel, Paige Falde, Morgan Schumm, Morgan Psyk, Cassandra Oie, Tessa Eull, Tess Salen Coach Jensen, Coach Mallinger, Coach Clausen, Coach Vankrevelen



9th Grade Wrestling: Mitchell Mckee, Zachary Nygaard, Zachary Schoen, Jeffrey Geiger, Evan Ronsen, Jacob Smith, Lucas Jeske, Joseph Salonek, Ethan Piecora, Trevyon Wilson, Jovan James, Davon Stephens Fitzsimmons, Andrew Fischer, Garrett Ailts, Coltan Koenig, Jakob Ross, Justin Vetsch, Ryan Kennedy, Brendan Thorp



Girls Varsity Lacrosse: Rachel Bourget, Kayla Mager, Katie DuPaul, Heidi Prebonich, Kaitlin Torgerson Wickre, Anna Churchill, Alexyia Dwinnell, Sydney Carlisle, Anita Voss, Makenzie Bebo, Shaye Maetzold, Rebecca Panuska, Carly Walters, Anne Harald, Halle Gudmonson, Karissa Pazen, Sabrina Werth, Amanda Dorholt, Nicole Barthel, Allie Steffens, Meahan Emerson, Coach Anderson, Coach Pratt, Coach Manaham



Varsity Baseball: Carter Eull, Andrew Winans, Henry Berning, Luke Nietfeld, Luke Pelant, Jordan Joseph, Samuel Guillou, Jacob Dzubay, Owen Gammell, Tyler Dallum, Aaron Michaelson, Jeffrey Hackenmueller, Brandon Rankila, Tyler Berg, Connor Cisewski, Cody Wiskur, Bailey Solberg, Leah Andrews, Kimberly Morain, Coach Schumm, Coach Marquardt, Coach Sollum





Varsity Softball: Chatrea Zachman, Kaisa Rova, Courtney Schoen, Ashley Stecker, Erin Schindler, Bianca Zins, Shelby Larson, Courtney Hanson, Alexandra Berg, Paige Burditt, Breanna Hagerty, Samantha Heskin, Coach Barthel, Coach Shumway



Girls Junior Varsity Lacrosse: Ilwad Ali, Jayme Baldwin, Victoria Barr, Anna Drobnick, Mckenna Egbert, Emilia Mounkine, Maia Rehovsky, Taylor Robarge, Andrea Sorensen, Cassandra Strege, Ashley Swanson, Emily Swanson, Gabrielle Vetsch, Lily Walters, Hannah Bagne, Julia Bogenholm, Kristen Haller, Evelyn Hernandez, Hayley Lenz, Jessica Metz, Nicole Meyer, Kennedy Molitor, Anna Nietfeld, Emily, Ruhland, Mallory Sackey, Anna Shaw, Coach Anderson, Coach Pratt



Junior Varsity Baseball: Tyler Hayes, Alex Merges, Simon Mark, Andrew Hinkemeyer, Mitchell Erickson, Andrew Carbert, Nathaniel Bice, Austin Nickel, Tyler Engen, Sam Morain, Benjamin Kullberg, Jaylen Hakes, Matthew Kisch, Jordan Esposito, Jared Heinen, Jake Bloomstrand, Andrew Hanson, Coach Kliber

9th Grade Baseball:

White Team: Tyler Hoselton. Carter Smith, Ryan Cisewski, Dylan Fox, Jacob Veire, Tyler Hollister, Austin Veire, Brandon Berning, Braden Eliason, William Berning, Tucker Bjorlin, Marshall Bjorlin, Casey Crandall, Hunter Wilcox, John Zimmer Blue Team: Joe Miller, Jacob Walters, Jeremy Sorenson, Ryan Knott. Erich Rotenberger, Andrew Legatt, Connor Greenwood, Valentino Faulkner, Alex Baldwin, Ryan Kennedy, Ryan Albrecht, Trevor Zins, Zachary Kainz, Joshua Schmidt, Nolan Grambusch, Alton Hegg, Carter Luedtke



Girls Track and Field: RaeAnn Arns, Erin Autio, Jada Brown, Josephine Burns, Halley Fritze, Sandra Garcia Portillo, Kau Toneh Gaypia, Nykeesha Greer, Sydney Grubb, Melissa Hackenmueller, Jessica Harrison, Lizzy Heil, Abigail Herbst, Elizabeth Hinkemeyer, Madelyn Jesser, Leah Johnson, Taylor Johnson, Anna Keefer, Rachel King, Elizabeth Kriese Treasurlyn Martin, Nicole Mlsna, Dorielle Noel, Holly Opatz, Whitney Perry, Younca Pewu, Taylor Poss, Anna Praught, Sydney Renzaglia, Mckenna Rogers. Abigail Scherber, Mary Schmitz, Alexandria Simpson, Madison Sjelin, Anita Thammavongsa, Sydney Tracy, Jennifer Vanderheiden, Madeline Westendorp, Lena Wilson, Cherish Witherspoon, Cortney Woodls, Lauren Hamilton, Cally Samson, Coach Salzer, Coach Klein, Coach Hahn, Coach Keefer, Coach Massmann, Coach Bakker, Coach Duncanson, Coach Johnson



Junior Varsity Softball: Erin Daly, Allison Burditt, Freya Hanson, Abby Kiesner, Abbey Long, Brianna Kinghorn, Taylor Zopfi, Taylor Blank, Krista Slavin, Kali Simonson, Shania Kinghorn, Coach Johnson



Boys Varsity Tennis: Robert Alexander, Austin Brouillette, John Budde, William Dierberger. Aaron Dorland, Joseph Hebeisen. Thor Holstad, Zachary House, Cody Jones, Denver Robak Taylor Rothstein, Zachary Schopf, Jimmy Li, Coach Riles, Coach Cornell



C-Squad Softball: Briana Kotchen, Kyli Thomas, Emily Waller, Brandi Steinbach, Bryttani Barthel, Clarissa Bredemeier, Morgan Psyk, Kylynn Lind, Holly Lindenfelser, Brianna Goodchild, Kaitlyn Anderson, Peyton Kessler, Coach Dewey



Boys Junior Varsity Tennis: Tyler Carlson, Michael Hilden, Griffen Larson, Austin Lillo, Andrew Mayerchak, Daniel Mayerchak, Trenton Nevin, Peter O Neill, Jacob Peterson, Ryan Scriver, Dylan Smith, Nicholas Wendel, Braedon Apelt, David Watts, Alexander Nagengast, Coach Cornell



Girls Varsity Golf: Prisca Engelmann, Kylle Slavin, Megan Cichos, Madeline Malone, Lucy Arndt, Kate Drimel, Karli Buckmeier, Coach Harmoning



Girls Junior Varsity Golf: Alissa Anderson, Christine Miller, Alyson Astleford, Marah Arndt, Taylor Sorenson, Alyssa Lillo, Madisen Briggs, Grace Haakenson, Macie Gavic, Coach Harmoning



Boys Swim and Dive: Drew Roberts, Caleb Moss. Cole Meyer, Max Lezer, Trevor Lefebvre, Will Gallagher, Ryan Everly, Zac Trushenski, Hinton Hobza, Cole Herman, Gabe Dalluge, Blake Browning, Nolan Anderson, Brandon Cusiak, Nathan Liebelt, Ryan Marhula, Zachery Miltz, Ryne Renzaglia, Ryan Sustacek, Braden Wermager, Brendan Culhane, Christian Eiynck, John Gebell, Colby Guiney, Ismael Karkache, Hanos Mahari, Elias Moore, Grant Moser, Michael Schoenke, Matthew Swedzinski, Alec Bolme, Mitchell Cusiak, Cole Haeska, Joseph Krueger, Matthew Snyder, Noah Dalluge, Elijah Guillou, Leonardo Hora, Maxwell Rooney, Cameron Johnson, Sam Konsor, Brandon Richardson, Tori Wenner, Coach Guillou, Coach Abraham, Coach Larson



Boys Track and Field: Nolan Anderson, Jonathan Cary, Brian Colgrove, Jackson Connelly, Joseph Eicher, Elijah Rice, Lucas Jeske, Lukas Layton, Jeremy Moran, Ryan Nelson, Elijah Rice, Joseph Rios, Connor Rose, Eric Sjelin, Ronald Tanchin, Steven Vanderheiden, Isaiah Weston, Emmanuel Wilson, Trevyon Wilson, Antoine Akundu, Chase Cayo, Samuel Czech, Tre Dorenbush, Luke Eicher, Christian Eiynck, Evan Gjesvold, Logan Hatch, Hanos Mahari, Jacob Monseth, Elias Moore, Ryan Moore, Jacob Moran, Caleb Peterson, Justin Pittelkow, Andrew Puett, Michael Schoenke, Joshua Tracy, Joel Zachman, Jason Colgrove, David Follestad, Dallas Freeman, Jeremy Goude, Joshua Hesser, Keith Jorgensen, Matthew Krutzig, Luke Rysdahl, Calvin Sackey, Dominic Shovelain, Brian Sukalski, Tyler Zahler, Christopher Kartes, Truman Kottke, Tyler Berhow, James Bezanson, Mitch Caulson, Brian Ferry, Andrew Follestad, Derek Johanson, Erik Johnson, Craig Johnson, Cole Krutzig, Siakpah Nyanseor, Jason Peterson, Joseph Peterson, Brendan Sage, Sean Scharlau, Brennan Skon, Bennie Wilson, Ivan Adika, David Anderson, Tony Bork, Armond Ellis, Cody Fox, Leo Hora, Ryan Cahill, Jacob Smith, Nick Washatka, Coach Salzer, Coach Klein, Coach Hahn, Coach Keefer, Coach Massmann, Coach Bakker, Coach Johnson



Boys Lacrosse: Tyler Amy, Nicholas Batchelor, Andrew Benson, Chase Bunnell, Jorgan Eicher, Lance Ende, Kenneth Gudmonson, Chieze Kaip, Ryan Larkin, Quinn Maetzold, Logan Nelson, Garrett Olsen, Nolan Olsen, Trent Olson, Garrett Palmer, Ryan Poss, Alex Rauenhorst, Takota Reinbold, Michael Ryan, Eron Simpson, Jack Terwey, Coach Gudmonson, Coach Simpson



Boys Golf: Camron Fuerstenberg, Sammy Voss, Ryan Woitalla, Brett Marshall, Ryan Swenson, Jedd Helgestad, Matthew Borgen, Zachary Borgen, Kevin Mcdonald, Christopher Miltz, Daniel Johnson, Gavin Jocelyn, Joshua Laduke, Bret Lee, Kt Phanthavong, Max Helgestad, Carson Wooters, Taylor Zach, Riley Haehn, Sam Hamer, Alex Hiltner, Cameron Lehman, Billy Merkl, John Munkberg, Kyle Simonson, Coach Fore, Coach Johnson



Mock Trial: Kaitlyn Anderson, Alyson Astleford, Emily Bedman, Hailey Bergeron, Megan Caldwell, Steven Carlson, Eric Crocker, Aaron Dorland, Andrew J. Erickson, Micki Gergen, Brianna Goodchild, Cody Goodchild, Sophia Mazurek, Anastasia Pohl, Rachel Pomeroy, Shannen Puett, Alex Reeves, Katlyn Rohrer, Kaitlin Rossi, Jed Rothstein, Mary Jo Schmidt, Blake Steinke, Jacob Tambornino, Michael Wettschreck, Advisor Fisher, Advisor Budde

Marching Band: Jenna Allen, Taylor Allen, Paige Bloms, Andrew Bollin, Katie Brastad. Taylor Brownfield, Kaitlyn Budion, Sabrina Busby, Maddie Busch, Michelle Camp, Stephanie Chartier, Jacob Chervenak, Victoria Clark, Brandon Cool, Nathan Cool, Joe Eicher, Luke Eicher, Amber Ferrian, Brittney Ferrian, Gregory Gramsbusch, Nolan Gramsbusch, Steven Haynes, Shawna Heaton, Sam Hehir, Isaac Heieie, Adri Helle, Kora Hesser, Lynsey Jans, Allison Jaques, Tiffany Johnson, Britney Kath, Kayla Keifer, Kyle Keister, Danielle Kelter, Preston Kuhn, Sarah Kulzer, Noelle Lehman, Hannah Martin, Mycah McKoewn, Lucas Meyer, Alyssa Nelson, Ryan Nelson, Mike Papas, Abby Peterson, Joe Peterson, Stephanie Peterson, Heidl Prebonich, Patrick Richard, Rachel Robertus, Connor Rose, Zach Schopf, McKenzi Shelton, Cassie Sorheim, Chelsea Steffens, Austin Stepp, Geena Stepp, Marissa Stifter, Zac Tambornino, Nick Valencia, Tyler Versboncoeur, Chloe Wallace, Sydney Weiderhold, Caroline Wachnic.



Rugby: Zachary Adams, Andy Barrera, Matthew Bernstein, Vincent Bertsch, Mitchell Chatterton, Joseph Clayton, Cody Disselbrett, Logan Franzen, Bryan Goehring-Reinhart, Kolton Goepfert, Douglas Heairet, Newel Hirst, Adam Jurmu, Jamey Kolles, Tyler Lee, Mathew Malone, Elijah O'Sullivan, Ryan Olupo, Jon Pearson, Jackson Piechowski, Nikhil Purohit, Andrew Ringate, Matt Ruhland, Ian Scherber, Charlie Shaw, Davon Stephens-Fitzsimmons, Brady Swartzer, John Valerius, Michael Williams Jr, Bruce Yang, Matthew Zipp, Coach Dorholt, Coach Cagel



9th Grade Football: Edward Chomilo, Joseph Miller, Jacob Veire, Tucker Bjorlin, Colton Campbell, Garrett Ailts, Andrew Erickson, Tyler Hoselton, Matthew Marran, Austin Veire, Jeremy Moran, Lucas Jeske, Isaiah Weston, William Berning, Dexter Dehmer, Elijah O Sullivan, Justin Vetsch, Cody Cornellier, Camron Fuerstenberg, Nolan Olsen, Dylan Fox, Harold Fleegel, Eric Sjelin, Valentino Faulkner, Jacob Walters, Zachary Schoen, Eron Simpson, Riley Brown, John Klysen, Michael Bury, Trevyon Wilson, Coltan Koenig, Ethan Gavic, Carter Smith, John Zimmer, Brandon Heiber, Matthew Malone, Trevor Anderson, Alton Hegg, Kolton Goepfert, Chad Malmon, Ryan Kennedy, Matthew Volby, Jacob Smith, Dylan Lindenfelser, Douglas Heairet, Taylor Olson, Matthew Yunker, Lucas Jenkins, Austin Lillo, Mitchell Dold, Aaron Lawler, Jake Bredesen, Jovon James, Brian Kruschke, Jakob Ross, Marshall Bjorlin, Connor Smith, Jake Hinz, Jack Terwey, Elijah Rice, Zachary Kainz, Carter Luedtke, Nathaniel Strand, Bryan Goehring Reinhart, Evan Ronsen, Jonathan Cary, Andrew Moen, Davon Stephens FitzSimmons, Coach Hahn, Coach Fisher, Coach Rue, Coach Anderson





One Act: Cody Eliason, Caleb Figueroa, Ryne Hanson, Nicole Kelly, Preston Kuhn, Tommy Lindquist, Nicole Logeais, Annie Metzger, Andrea Ohnemus, Lauren Skare, Zachary Tambornino, Emma Thiemann, Director Mann



Speech: Alyson Astleford, Candace Balombiny, Elizabeth Bartholomew, Ethan Bell, Alex Birk, Kaitlyn Budion, Emily Duley, Erika Duley, Andrew J. Erickson, Brianna Goodchild, Cody Goodchild, Jenna Halpin, Sarah Hinrichs, Ryan Kerber, Anika Korpi, Sarah Kulzer, Kelly Larkin, Jackson Larson, Christine Lenneman, Nicole Logeais, Megan Noetzel, Zachary Pickett, Anastasia Pohl, Priscilla Pomeroy, Alex Reeves, Rachel Robertus, Isaac Roesler, Jed Rothstein, Brynn Rova, Mary Jo. Schmidt, Mallory Schneider, Jacob Tambornino, Zachary Tambornino, Megan Waller, Geena Stepp, Marissa Stifter, Coach Worcester, Coach Leuthner, Coach Klug



Business Professionals of America: Ilwad Ali, Alexandra Berg, James Bezanson, Madalyn Bloomstrand, Matthew Borgen, Zachory Borgen, Michaela Brott, Paige Burditt, Dominic Christensen, Megan Cichos, Jillian Edling, Tyson Erickson, Brian Ferry, Courtney Gordon, Cole Haeska, Courtney L. Hanson, Jedd Helgestad, Catherine Illies, MiCale Jensen, Keith Jorgensen, Amanda Kriese, Lauren Landry, Brittney Lyzhoft, Rafael Machado, Quinn Maetzold, Aaron Michaelson, Andrea Ohnemus, Holly Opatz, Maia Rehovsky, Sydney Renzaglia, Brenna Schlauderaff, Katlin R. Schmitz, Katlin Scott, Lauren Skare, Kylie Slavin, Rushini Tamaldeo, Anita Voss, Sammy Voss, Ryan Woitalla, Advisor Carlson, Advisor Farr



Black Hills: Andrew Babcock, Alexander Basham, Alex Guimont, Preston Kuhn, Anna Marchand, Ryan Smith, Nicholas Washatka, Advisor Kuhn



Super Mileage: Isaac Zipp, Daniel Johnson, Joshua Novicky, Lance Ende, Cheng Vang, Coach Danielson

National Honor Society: Leila Aboujouda, Emily Achterkirch, Garrett Adkins, Leah Andrews, Miranda Becker, Matthew Bernstein, Michael Budesky, Paige Burditt, Megan Cichos, Nathan Cool, Tyler Dallum, Tyson Erickson, Cierra Eystad, Brian Ferry, Cody Goodchild, Courtney Gordon, Breanna Hagerty, Kaleigh Hamann, Lauren Hamilton, Courtney Hanson, Anne Marie Harald, Meghan Heitkamp, Emille Herbst, Michael Hilden, Bri Anna Hoffman, MiCale Jensen, Taylor Kainz, Molly Keister, Elizabeth Kriese, Cole Krutzig, Preston Kuhn, Lincoln Mallinger, Madeline Malone, Alexandria Monseth, Taylor Poss, Lucas Myers, Dorielle Noel, Frances Noel, Andrea Ohnemus, Jennifer Olejar, Maxwell Rooney, Jedadich Rothstein, Kaisa Rova, Matthew Ruhland, Brendan Sage, Dominic Shovelain, Lauren Skare, Angela Stahlmann, Ellen Swedzinski, Tori Wenner, Advisor Zahler

Trapshooting: Mason Aaserud, Ryan Alstad, Brett Anderson, Wyatt Anderson, Jacob Bedsted, Paige Berning, Gracia Blazek, Brad Daleiden, Andrew Dehmer, Kal Dehmer, Miranda Dehmer, Devin Domingo, Tyler Ellison, Lance Ende, Alyx Faust, Alaina Felt, Wade Gammell, Mitchell Gerads, Cole Haeska, Collin Hanson, Mark Holm, Michael Jensen, Matthew Juntunen, Benjamin Karlson, Conner Knight, Brendan Kolehmainen, Erik Larson, Andrew Lindenfelser, Dylan Lindenfelser, Jordan Lindenfelser, Thomas Mavencamp, Thomas Miller, Noah Mills, Grant Morgan, Alexander Nadeau, Matthew Nielsen, Nicholas Norby, Joshua Novicky, Emma Olson, Calvin Reese, Maxwell Rooney, Naython Runge, Colton Schoen, Zachary Schoen, Austin Seidel, Emily Solberg, Allie Steffens, Jack Steffl, Matthew Swedzinski, Adam Wnuk, Brett Wortman, Isaac Zipp, Coach Berning, Coach Dehmer



Student Counsel: Madalyn Bloomstrand, Erin Buck, Kaitlyn Budion, Danielle Chatterton, Megan Cichos, Gavin Dick, Amanda Dorholt, McKenna Egbert, Rose Gallagher, William Giller, Brianna Goodchild, Cody Goodchild, Leah Grunke, Presko Hanson, Tyler Jeffries, MiCale Jensen, Sean Kelly, Preston Kuhn, Vanita Lee, Thomas Lindquist, Nicole Logeais, Anna Marchand, Andrea Ohnemus, Taylor Olson, Sydney Renzaglia, McKenna Rogers, Kaisa Rova, Tess Salen, Hannah Schutz, Anna Skare, Lauren Skare, Gabrielle Vetsch, Chloe Wallace, Madeline Westendorp, Nicole Westrum, Advisor Rooker



Bowling: Cole Dehmer, Hayley Dorumsgaard, Cody Edmondson, Matthew Fecho, Andrew Follestad, Jack McDaniel, John Munkberg, Matthew Patterson, Jake Petersen, Alyssa Pieper, Amanda Roach, Marshall Stevenson, Coach Green



Spanish Club: Andreina Abdelnour, Josie Adkins, Ilwad Ali, Brittney Carpenter, Prisca Engelmann, Sandra Gorcia, Sydney Giese, Michael Hilden, Julia Lopez, Anna Marchand, Kaitlyn Marx, Laura Velasco, Anita Voss, Benjamin Wold, Mercedes Zahler, Advisor Schuster







Cantabile Choir: Aeschilde Anderson, RaeAnn Athman, Emma Barbeln, Caylynn Bleess, Lindsey Cederberg, Rachel Chouanard, Caitlin Daly, Brittainni Doble, Lauren Dobson, Richelle Dunbar, Kaitlen Ege, McKenna Eull, Alaina Felt, Elizabeth Gustafson, Kaylyn Hartmark, Morgan Schumm, Cassandra Kobilka, Allison Kastreba, Noelle Lehman, Abbey Long, Carissa McLellan, Caitlin Myers, Alexis Patnode, Erin Peterson, Anastasia Pohl, Rachel Pomeroy, Rochelle Puncochar, Lindsey Rederer, Kaitlyn Rohrer, Mikayla Ronyak, Sarah Ross, Alison Skon, Jordyn Sufka, Angela Summers, Emma Thiemann, Mallory Thomas, Afton Thomas-Witt, Taylor Tranberg, Emily Turnquist



Chambers: Austin Benson, Cody Eliason, Caleb Figueroa, Halley Fritze, Courtney Gordon, Ryne Hanson, Steven Haynes, Samantha Huber, Catherine Illies, MiCale Jensen, Taylor Kainz, Nicole Kelly, Sean Kelly, Preston Kuhn, Thomas Lindquist, Anne Metzger, Andrea Ohnemus, Joseph Peterson, Maxwell Roaney, Kaisa Rova, Lauren Skare, Jeremy Sorenson, Zachary Tambornino, Jack Terwey, Jennifer Vanderheiden



Belle Vice: Nicole Arachtingi, Madeline Balintona, Elizabeth Bartholomew, Maiya Bartylla, Ashleigh Basham, Jada Brown, Sydney Carlisle, Danielle Chatterton, Aubrey DelPercio, Kayla Finnerty, Erin Hanson, Presko Hanson, Bria Johnson, Caelyn Kirscher, Shellby Larson, Emily Laudenbach, Krista Rambo, Gabriella Rohrer, Sydney, Rooker, Brynn Rova, Anna Skare, Andrea Sorensen, Taylor Sorensen, Chelsea Steffens, Christine Summers, Allison Theis, Katelyn Thelen, Laura Velasco, Hope Westland



The Rolling Knights: Lauren Cichoski, Justin Evilsizer, Brandon Heaton, Allison Koetz, Zachary Lehman, Emilee Linder, Ana McDonald, Devon Passer, Alyssia Prebonich, Coach Maas, Ellen Swedzinski

Musical: Andreina Abdelnour, Zachary Adams, RaeAnn Athman, Ashleigh Basham, Kaitlyn Budion, Sydney Carlisle, Noah Carpenter, Danielle Chatterton, Aubrey DelPercio, Kaitlen Ege, Cody Eliason, Alaina Felt, Caleb Figueroa, Sydney Grubb, Presko Hanson, Steven Haynes, Kora Hesser, Taylor Kainz, Nicole Kelly, Allison Kostreba, Preston Kuhn, Elizabeth Legatt, Christine Lenneman, Thomas Lindquist, Nicole Logeais, Abbey Long, Annie Metzger, Caitlin Myers, Hayley Myers, Megan Noetzel, Andrea Ohnemus, Claire Olson, Priscilla Pomeroy, Gabriella Rohrer, Katlyn Rohrer, Maxwell Rooney, Brynn Rova, Lauren Skare, Taylor Sorenson, Marissa Stifter, Christine Summers, Zachary Tambornino, Emma Thiemann, Jennifer Vanderheiden, Laura Bermeo Velasco, Chloe Wallace, Megan Walle Ariana Werth, Cherish Witherspoon, Averiel Wright, Londynn Wright. Musical Pit: Andrew Bollin, Katherine Brastad, Samuel Brown, Michelle Camp, Stephanie Chartier, Brandon Cool, Nathan Cool Louie Darang, Brittney Ferrian. Alex Guimont, Adrianna Helle, Michael Hilden, Tiffany Johnson, Elizabeth Kriese, Alyssa Nelson, Stephanie Peterson, Patrick Richard, Zachary Schopf, Geena Stepp, Tyler Versboncoeur, Caroline Wochnick



Math League: Stefan Bounnakhom, Steven Carlson, Noah Carpenter, Matthew Chang, Alexyia Dwinnell, Brittney Ferrian, John Goenner, Brianna Goodchild, Cody Goodchild, Sydhey Grubb, Ryne Hanson, Samuel Hehir, Luke Heil, Lucas Jenkins, Ismael Karkache, James Libbey, Quinn Maetzold, Andrew Mayerchak, Daniel Mayerchak, Sophia Mazurek, Nathan McDanald, Devan Odenbrett, Mamilani O'Sullivan, Zachary Peterson, Denver Robak, Jedadiah Rothstein, Zachary Schopf, Ronald Tanchin, Anita Thammavongsa, Nicholas Wendel, Sabrina Werth, Coach Breeden

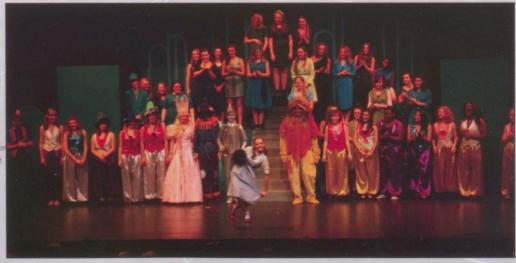


Book Club: Elizabeth Bartholomew, Nathan Bunge, Kora Hesser Daniel Morris, Prisailla Pomeroy, Amanda Roach, Advisor Craft





Jazz Band: Garrett Ailts, Ryan Alstad, Andrew Bollin, Katie Brastad, Jada Brown, Samuel Brown, Kaitlyn Budion, Sabrina Busby, Michelle Camp. Stephanie Chartier, Jacob Chervenak, Brandon Cool, Nathan Cool, Noah Dalluge, Andrew Follestad, Alex Guimont, Steven Haynes, Michael Hilden, Kayla Horn, Tiffany Johnson, Hayley Lenz, Thomas Lindquist, Matthew Malone, Lucas Meyer, Grant Moser, Alyssa Nelson, Abigail Peterson, Stephanie Peterson, Heidi Prebonich, Morgan Psyk, Patrick Richard, Rachel Robertus, Taylor Schlimme, Eli Schmidtke, Tayllor Steinmetz, Geena Stepp, Marissa Stifter, Brian Sukalski, Ryan Sustacek, Matthew Swedzinski, Zachary Tambornino, Tyler Versboncoeur, Geena Vickers, Tyler Walz, Caroline Wochnick





Concert Band: Madalyn Ahner, Garrett Allts, Ryan Alstad, Gracia Blazek, Madisen Briggs, Kaitlyn Budion, Mackenzie Burke, Madeleine Busch, Stephanie Chartier, Brandon Cool, Nothan Delger, Joseph Eicher, Noch Ergen, Andrew Follestad, Elizabeth Gebert, Taylor Giaimo, Nolan Grambusch, Alex Guimont, Jenna Halpin, Hunter Hansen, Jessica Harrison, Steven Haynes, Emilie Herbst, Newel Hirst, Kayla Horn, Allison Jaques, MiCale Jensen, Tiffany Johnson, Danielle Kelter, Connor Klatke, Katie Koetz, Preston Kuhn, Hayley Lenz, Sydney Lenz, Holly Lindenfelser, Thomas Lindquist, Connor Loscheider, Matthew Malone, Vinita Maraj, Jack McGowan, Lucas Meyer, Ryan Nelson, Trenton Nevin, Rose Newman, Anna Nietfeld, Nicholas Norby, Peter O'Neill, Karina Peraza, Abagail Peterson, Tracy Petit, Paige Pettit, Edward Pivaral, Morgan Psyk, Jon Robinson, Connor Rose, Emily Ruhland, Tess Salen, Taylor Schlimme, Anna Shaw, Geena Stepp, Marissa Stifter, Brandon Sukhu, Ryan Sustacek, Matthew Swedzinski, Zachary Tambornino, Tyler Versboncoeur, Jonathan Wahlberg, Jacob Walters, Tyler Walz, Nicholas Wendel, Emmanuel Wilson, Isaac Zipp



Wind Ensemble: Miranda Becker, Andrew Bollin, Katherine Brastad, Samuel Brown, Michelle Camp, Jacob Chervenak, Jamie Chrobak, Victoria Clark, Nathan Cool, Noah Dailuge, Luke Eicher, Brittney Ferrian, Samuel Heir, Adrianna Helle, Joshua Hesser, Michael Hilden, Brianna Kinghorn, Shania Kinghorn, Elizabeth Kriese, Hannah Martin, Mycah McKeown, Kelsey Monsrud, Grant Moser, Alyssa Nelson, Callie Novak, Stephanie Peterson, Alyssa Pieper, Heidi Prebonich, Patrick Richard, Rachel Robertus, Zachary Schopf, Ryan Scriver, Blake Steinke, Brian Sukalski, Ellen Swedzinski, Amanda Teachout, Nicholas Valencia, Genevieve Vickers, Taylor Vlasak, Nicholas Washatka, Caroline Wachnick, Holly Zimmer



Concert Choir: Zachary Adams, Madalyn Ahner, Austin Benson, Elizabeth Berning, Brianna Bleess, Megan Cichos, Cody Eliason, Caleb Figueroa, Andrew Follestad, Halley Fritze, Courtney Gordon, Alex Guimont, Freya Hanson, Ryne Hanson, Samantha Huber, Steven Haynes, Emilie Herbst, Catherine Illies, MiCale Jensen, Tiffany, Johnson, Taylor Kainz, Nicole Kelly, Sean Kelly, Danielle Kelter, Preston Kuhn, Christopher Leathers, Elizabeth Legatt, Thomas Lindquist, Nicole Logeais, Mallory Long, Andrea McGowan, Anne Metzger, Lucas Meyer, Haley Myers, Nicholas Norby, Andrea Ohnemus, Joseph Peterson, Michael Ritari, Kelly Robeck, Maxwell Rooney, Kaisa Rova, Hannah Schwarz, Lauren Skare, Matthew Swedzinski, Zachary Tambornino, Jennifer Vanderheiden, Tyler Versboncoeur, Chloe Wallace, Cody Wiskur, Averiel Wright



Sirens: Kaitlyn Anderson, RaeAnn Athman, Emma Barbeln, Bryttani Barthel, Elizabeth Berning, Hope Bloms, Paige Bloms, Jada Brown, Sabrina Busby, Cossette Carr, Haley Cederberg, Lindsey Cederberg, Therese Chambers, Danielle Chatterton, Megan Cichos, Aubrey Dell'Percio, Brittainni Doble, Dawnis Egan, McKenna Eull, Amber Ferrian, Taylor Fette, Leah Grunke, Erin Hanson, Freya Hanson, Presko Hanson, Kaylyn Hartmark, Kora Hesser, Sarah Hinrichs, Bria Johnson, Allison Kostreba, Liz Legatt, Noelle Lehman, Abbey Long, Andrea McGowan, Kennedy Molitor, Caitlin Myers, Claire Olson, Erin Patterson, Priscilla Pomeroy, Erin Prosper, Rochelle Puncochar, Lindsey Rederer, Taylor Robeck, Gabrielle Rohrer, Katlyn Rohrer, Mikayla Ronyak, Sarah Ross, Brynn Rova, Morgan Schumm, Elizabeth Schwab, Alison Skon, Taylor Sorenson, Starr Stadkhouse, Chelsea Steffens, Tayllor Steinmetz, Jordyn Sufka, Angie Summers, Christine Summers, Kate Thelen, Emma Thiemann, Afton Thompson-Witt, Emily Turnquist, Chloe Wallace, Claire Wallace, Megan Waller, Averiel Wright

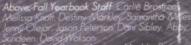


Mixed Chair: Madilyn Adams, Sara Anderson, Kaitlyn Anderson, Bryttani Barthel, James Beckers, Anthony Bentley, Steven Berg, Hope Bloms, Paige Bloms, Ian Bowles, Nathaniel Bratager, Sabrina Busby, Noah Carpenter, Cossette Carr, Haley Cederberg, Therese Chambers, Frankie Chervenak, Sonny Constable, Mitchell Cusick, Tristan Eddy, Dawnis Egan, Braden Eliason, Amber Ferrian, Tessa Eull, Taylor Fette, William Giller, Cassidy Goodfellow, Sydney Grubb, Leah Grunke, Jade Haseman, Shawna Heaton, Kora Hesser, Sarah Hinrichs, Lynsey Jans, Austin Jeffries, Lucas Jeske, Melissa Knott, Andrew Legatt, Christine Lenneman, Lance Lewison, Jaime Maire, Kaitlyn Marx, Ana McDonald, Mitchell McKee, Edward Mercado, Christine Miller, Katherine Moen, Kennedy Molitor, Elias Moore, John Munkberg, Claire Olson, Priscilla Pomeroy, Lily Prashad, Ethan Prindle, Erin Prosper, Kathryn Rehovsky, Taylor Robeck, McKenna Rogers, Allison Ruch, Nicole Runge, Grace Rysdahl, Elizabeth Schwab, Jeremy Sorenson, Starr Stadkhause, Brandi Steinbach, Tayllor Steinmetz, Devin Stuntebeck, Jack Terwkey, Steven Vanherheiden, Claire Wallace, Megan Waller, Desiree Weaver, Johnathan Wegler, Tamara Workman, Kara Young, Brittany Zajicek, Jacob Zastrow, Zachary Zastrow



ogether we are

Valor: Strength of mind: spirit that enables a perso to encounter danger with firmness; personal bravery



Backes, Alex Berg, Alina Chanihamontry, Saman Dehmer, Becca Engleman, Krista Erickson, Vadim Tateev, Myles Gavic, Jeff Hackenmueller, Allian Tanson, Rylee Hanson, Amber Klein, Michelle Kumar, Ryne, Larson, Aspen Marquette, Tad Mille Abby, Sundeen, Jory, Sundell, Olivia Weston, Davi Wokson, Marissa Zahler Vot Pictured - Mallory Long Middle Right; Winter Yearbook Staff: Jenna

that's a loud







(12) Yo! I was the "Chief Editor" for all three trimesters this year! I took the class on a whim first trimester and became addicted to the freedom of creativity it offered me, on top of the awesome people I got to work with, so...here I am! Overall, it was a fantastic experience!



(12) I was the composition editor for the third trimester class. I had never thought about joining yearbook until Ms. Larson, knowing I love to write, suggested I edit it. It was a great experience to be able to be a part of the process in



(12) I was the assistant design editor for the 3rd trimester. I joined the class after being asked by both Mr. Rusin and David Wokson to help out. It has been fun to help out with yearbook to make it look better. Thaddeus Miller was assistant editor during 2nd trimester.



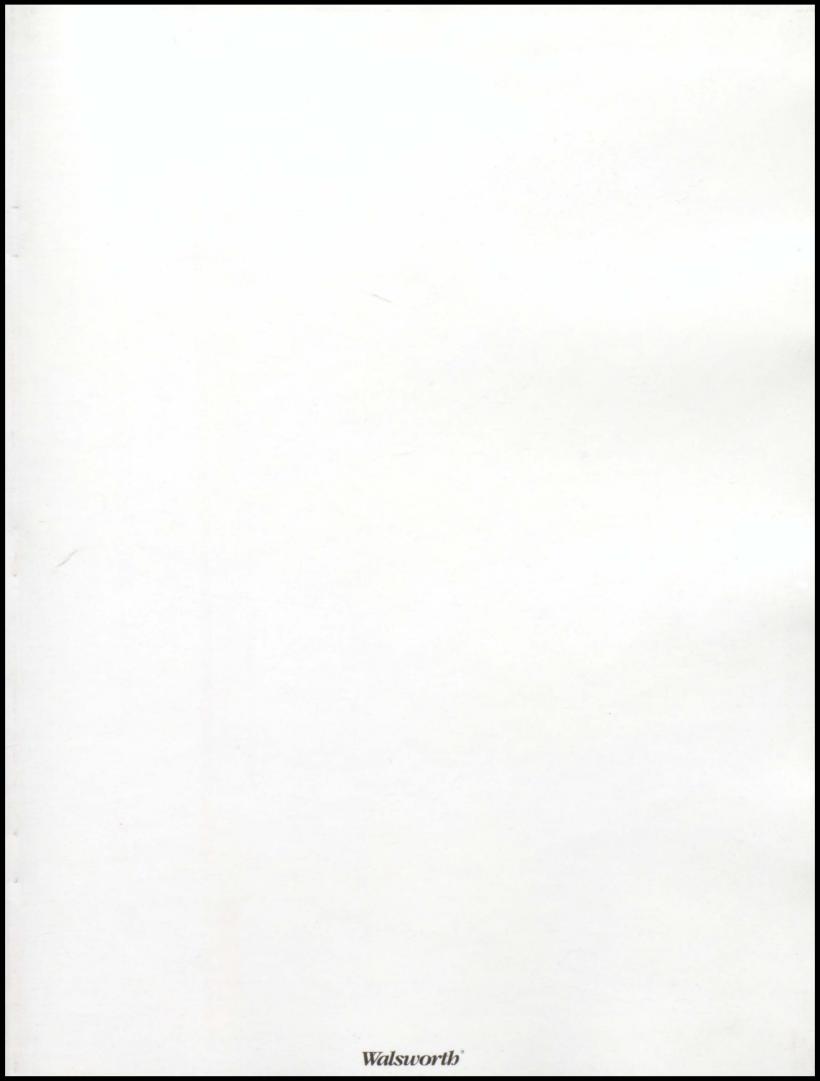
Rugby and the Yearbook page. I had a lot of fun working on the yearbook. I like the freedom yearbook gives me to use my creativity and skills towards something that students will look back on years from in a different way to make the spreads have their own looks. I really enjoyed great experience!

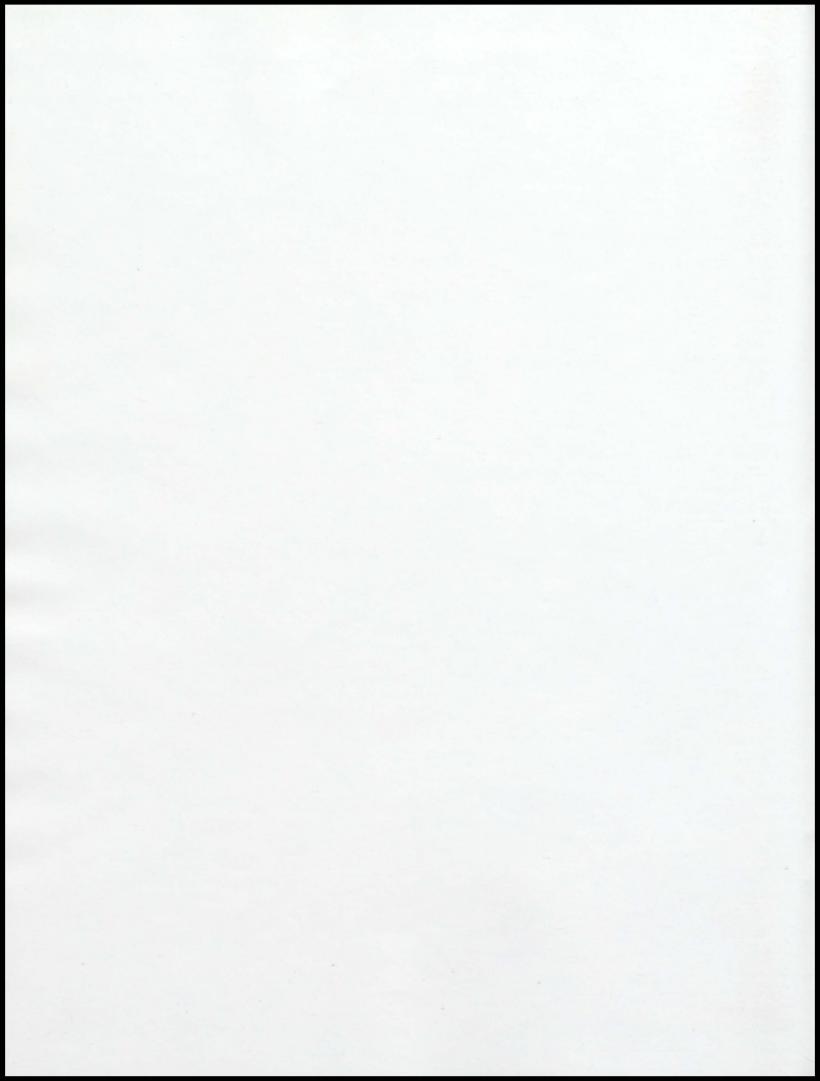


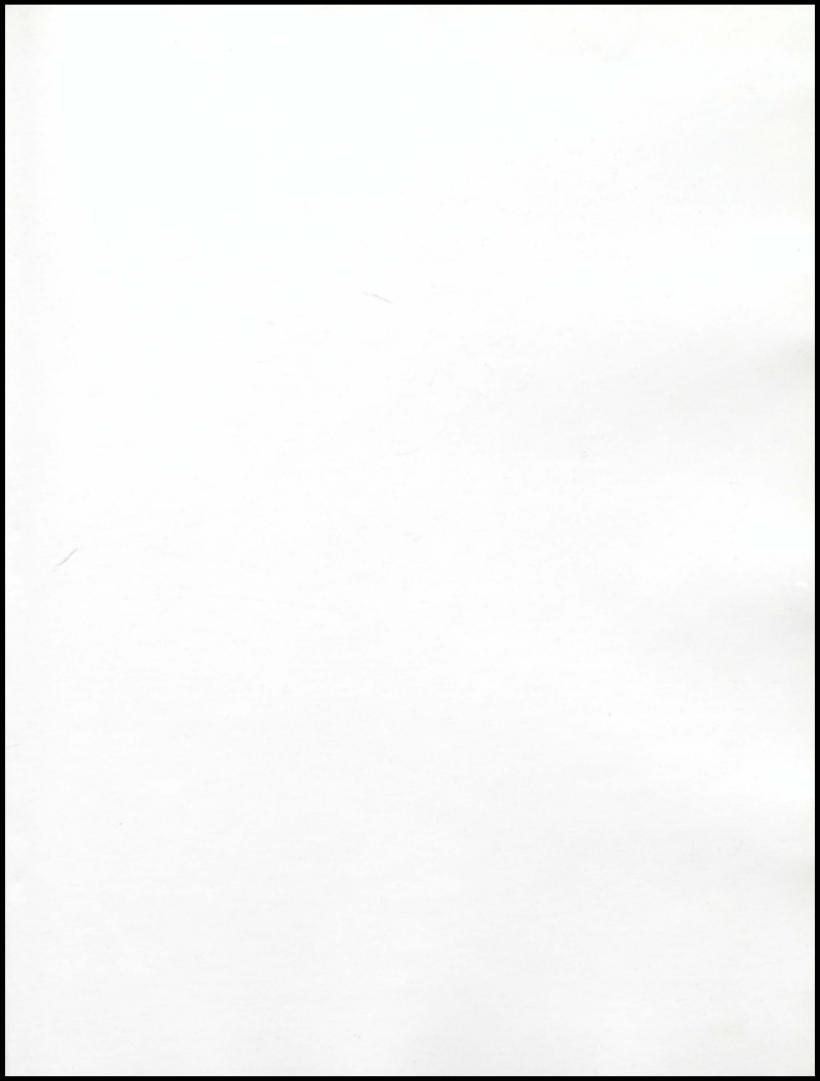
Mr. Bykowski is an art teacher at STMA who specializes in photography and is also a professional photographer. He has contributed many high quality photographs to our school as a whole as well as this yearbook. The yearbook crew greatly appreciates his help. This yearbook wouldn't be the same without his contribution.

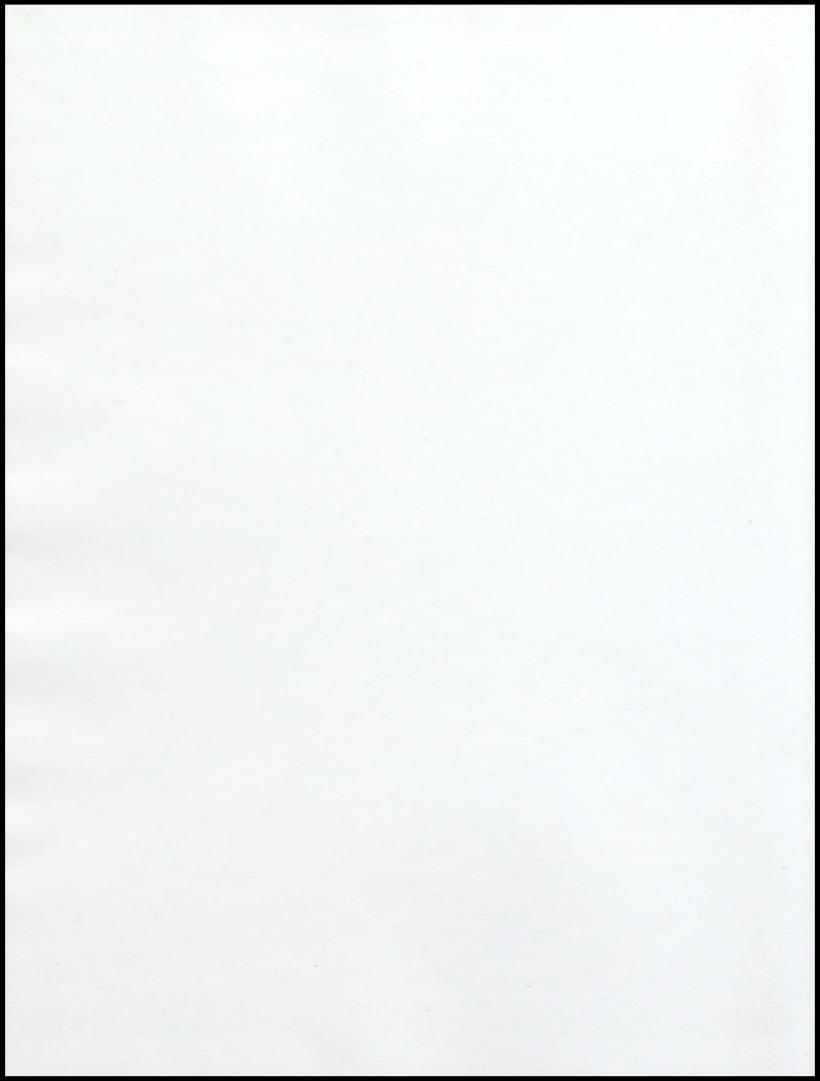


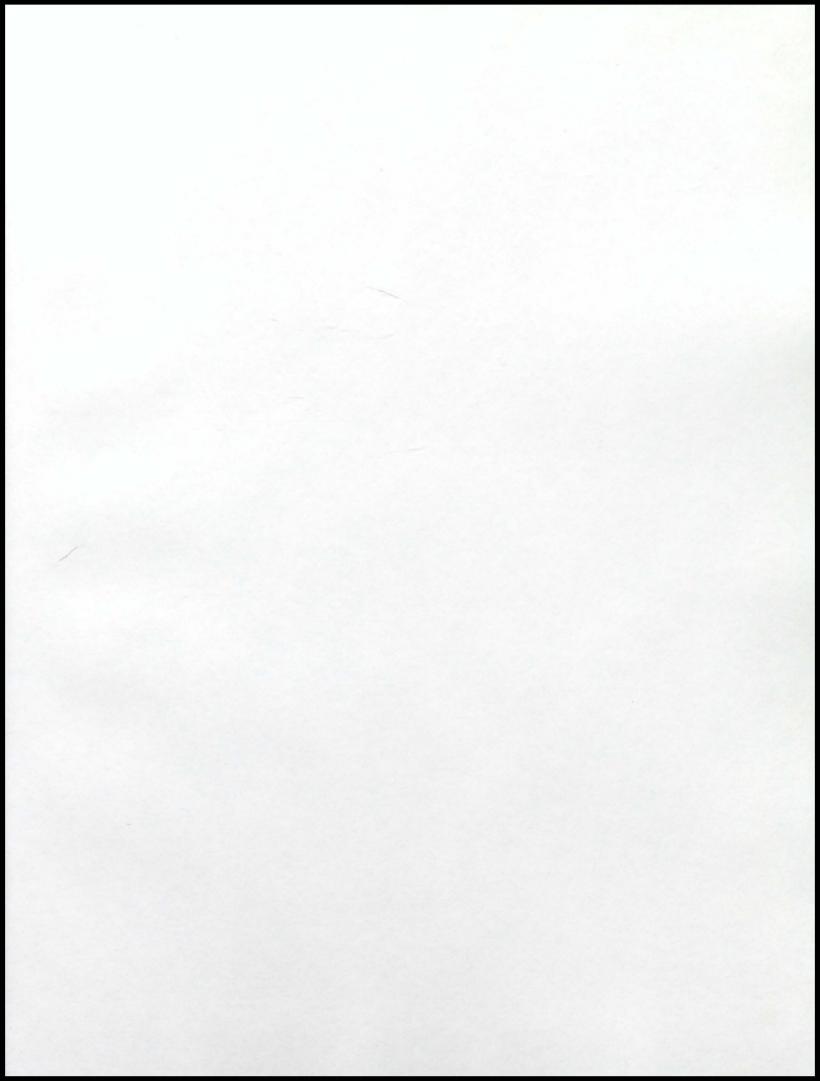
A special thanks also goes out to Bill Haldin who also provided pictures for sports including wrestling, girls and boys tennis and cross country.













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