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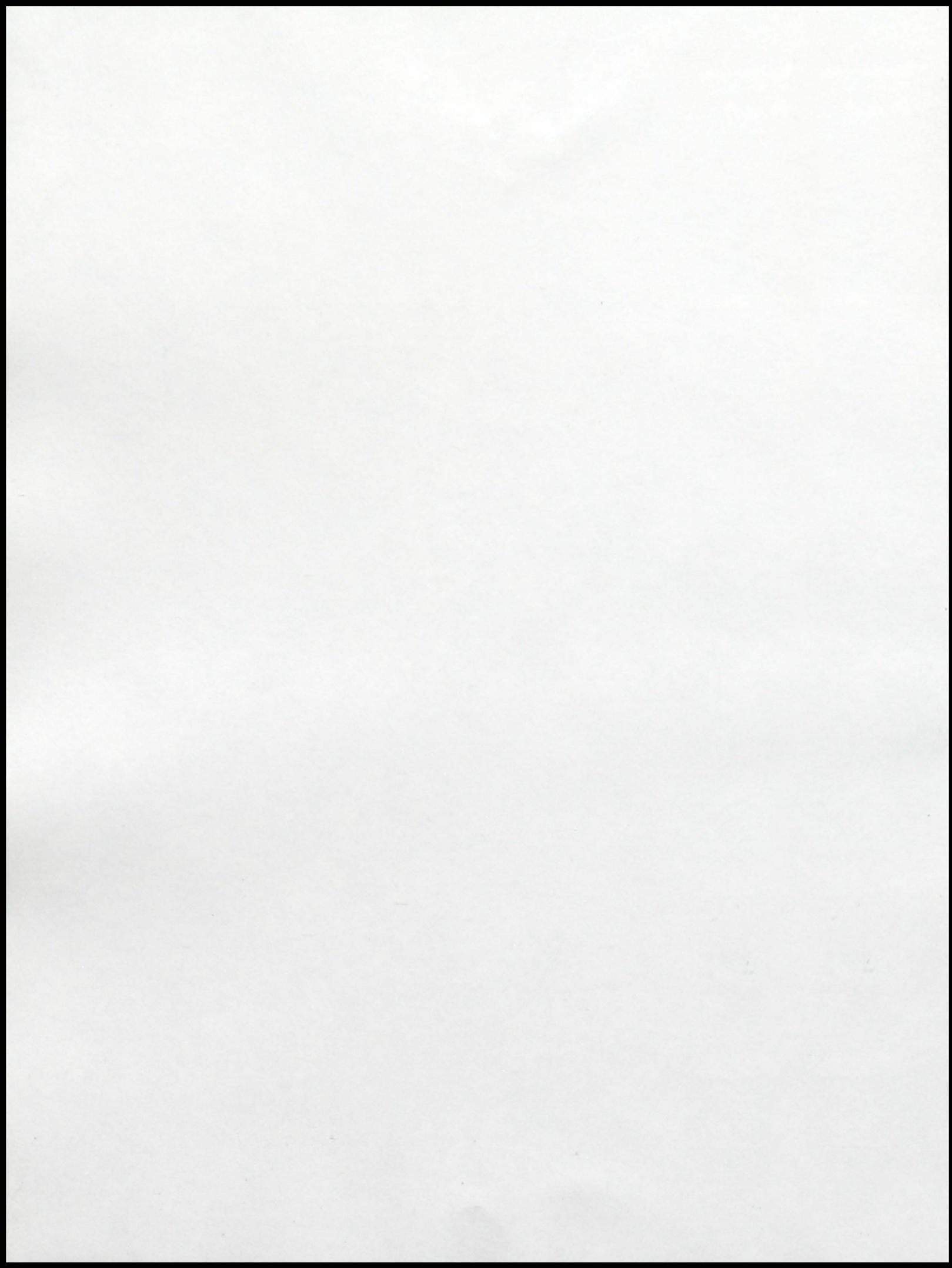
SUPPORTIVE HELPFUL PHENOMENAL DREAM
INSPIRATIONAL LOVING PHENOMENAL DREAM
UNIQUE SPIRITED COHESIVE TOGETHER MEMORIES
FRIENDLY PRIDE ENTERTAINING OPPORTUN
EXTRAORDINARY KNIGHTS EXCELLENCE OUTS
CREATIVE BONDING FRIENDSHIPS HONORABLE
SAFE ACCEPTING RESPECTFUL ACADEMICS
FUN SUCCESSFUL AMAZING BIG W
DIVERSITY EXCELLENT ENERGETIC FA

SOMETHING

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STUDENT LIFE 6 PEOPLE 28 ACADEMIC



ST. MICHAEL - ALBERTVILLE HIGH SCHOOL
5800 Jamison Avenue NE

"Excellence is our Tradition"

2013-2014

Population: 1760

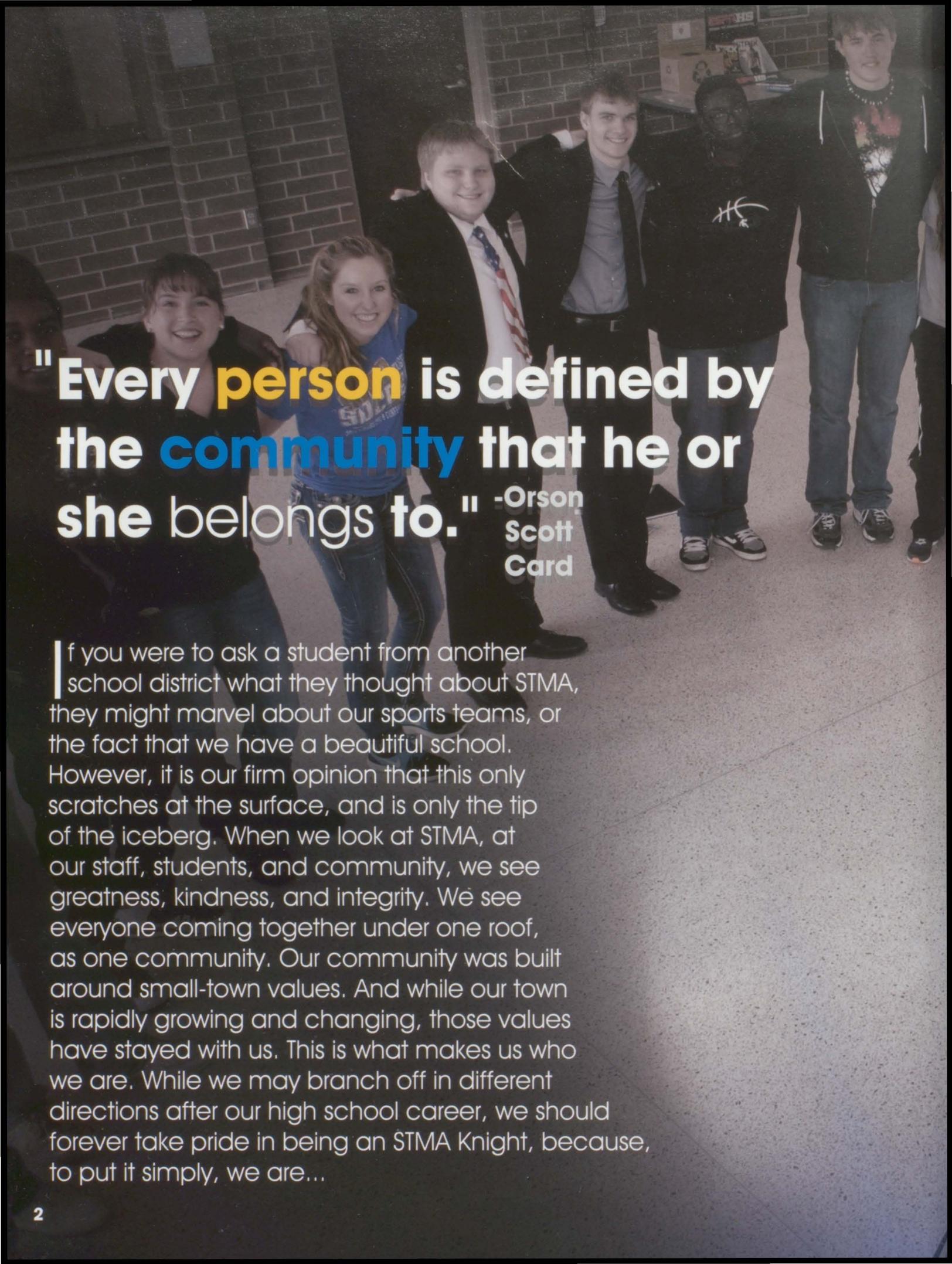
Students: 1620

Faculty: 140

Address: 5800 Jamison Avenue NE

St. Michael, MN

Phone: (763) 497-2192



**"Every person is defined by
the community that he or
she belongs to."**

**-Orson
Scott
Card**

If you were to ask a student from another school district what they thought about STMA, they might marvel about our sports teams, or the fact that we have a beautiful school. However, it is our firm opinion that this only scratches at the surface, and is only the tip of the iceberg. When we look at STMA, at our staff, students, and community, we see greatness, kindness, and integrity. We see everyone coming together under one roof, as one community. Our community was built around small-town values. And while our town is rapidly growing and changing, those values have stayed with us. This is what makes us who we are. While we may branch off in different directions after our high school career, we should forever take pride in being an STMA Knight, because, to put it simply, we are...



Something

MORE

STMA



Knights

...the boys a week ago to a second-place conference finish. This far is the good enough to qualify...

STMA track teams finish 2nd at sections; qualify 11 for state

BY ROB LAPLANTE
CROW RIVER NEWS SPORTS

BOYS TEAM SCORES
1. Champion Park 111.5;
2. STMA 95.3; Noring
Lake Park/St. Anthony
Village 91; 4. Mounds
View 87; 5. Blaine 82; 6.
Greeno, King victorious in 1st Twi-Knight 8K

STMA's 'Excellent' teachers

More than 475 people recently attended the Leaders in Educational Excellence Awards ceremony (LEEA) event in St. Cloud to honor 151 educators who were recognized with a plaque of certificate from the Governor of Minnesota. The honorees were nominated by their school district. Nominated from St. Michael-Aberville are including principal Lisa Moss, Special Education Teacher, STMA High School, Brandi Merfeld, third grade teacher, St. Michael Elementary School, Megan Huggins, kindergarten teacher, Albertville Primary, and Jody Kelly, eighth

Knights beat Magic in five sets, North Branch in three

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

Kate Drimml (33 digs), and Courtney Wooters (4.5 blocks). Knights sweep North Branch North Branch was the next destination for the Knights volleyball team. The match was, in Dehnell's words, "one of the most complete matches we've played in the past few years."

STMA approves making up time on Presidents Day

BY SARAH PETERSON
CROW RIVER NEWS SPORTS

St. Michael-Aberville School District approved a resolution to make up the time lost on Presidents Day. The resolution was passed by a vote of 10-0. The resolution states that the school will make up the time lost on Presidents Day by having students arrive at school 15 minutes earlier on the following day.

STMA wrestlers win conference title with win over CJ

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

St. Michael-Aberville wrestlers won the conference title with a win over Central Junior High School. The Knights defeated CJ 10-0 in the final match of the conference. The Knights' victory was a significant achievement for the team.

Knights girls get convincing win over Wayzata, 52-19

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

After a holiday tournament the previous weekend, the Knights girls basketball team faced just one team on a night week affected by the lingering holidays. STMA faced Wayzata on the road and came away with a convincing victory, 52-19.

STMA trap shooters win state second year in a row

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

The St. Michael-Aberville trap shooters claimed their first state title in a row at the Minnesota State High School Trapshooting Tournament held in Alexandria. The team also had strong individual results in the individual events.

Lady Knights clinch Mississippi 8 title

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

The Lady Knights basketball team rolled to another pair of wins in yet another week shortened by unpredictable winter weather. Rogers High School for a game with the Royals. The fans in the Rogers gym saw the Knights take a 23-7 lead behind some stellar defense and unselfish offense. The start was the exact result head coach Kent Hamer hoped for.

STMA wrestlers have 8 'All Conference,' 5 champions

In the first-ever Mississippi-8 individual conference tournament, the STMA wrestling team had 8 out of 14 wrestlers earn "All-Conference" status by placing in the "top 3" of the 10-team Mississippi-8 Conference Tourney. The Knights crowned 5 individual champions.

STMA girls soccer team picked up three straight victories last week to run its record to 7-1-1.

The girls traveled to St. Francis to take on the Saints on Tuesday. Emily Swanson opened the scoring with a goal, but the Saints were game. St. Francis tied the game at one, and

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STMA college test scores exceed state, nation

2013 class achieves highest STMA ACT scores

Exceeding both Minnesota and the national average, the 2013 class achieved the highest STMA ACT scores. The class scored 23.3 and continued the trend of scoring higher than the previous class.

Knights volleyball downs BA, Rogers in 3-set sweeps

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

St. Michael-Aberville volleyball team swept both Blaine and Rogers in three sets. The Knights' victory was a significant achievement for the team.

Personal records highlight state meet

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

St. Michael-Aberville athletes set several personal records at the state meet. The records were set in various events, including the 100m dash and the 200m dash.

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ots of new faces at STMA girls soccer runs win streak to five

BY JAKE SCHROEDER
CROW RIVER NEWS SPORTS

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River rivalry rematch goes to STMA

Knights trump Royals in section final

By Jake Schroder
CROW RIVER NEWS
SPORTS

The Royals out for the duration of the first half. Despite a fumble (two lost in the first half), STMA led 7-0 at halftime. The second half started with a bang for the Royals. Rogers needed all of 34 seconds to tie the game at Notre. Nader was suspended



ERZ state quarters are from left: Hannah Johnson, Taylor Olegard, Martin Hayes, Samantha Hendricks and Jessica Young. (Photo by Bruce Strain)

St. Michael's Days results

St. Michael's Days results... (Detailed list of sports events and scores including football, basketball, and volleyball.)



STMA girls' soccer team... (Caption describing the team photo.)

Sports of new faces at STMA High School

High School is welcoming 13 new teachers this year. They include art, Sara Hesterman in art, Teresa Shickler in Spanish, and science, Abby Larson in Spanish, Matt Aronow in math, Amy Walsh in civics, Sarah Kach in Spanish, Jamie Di... (Caption describing the new teachers.)



Photo by Aaron Brandy

Back to school, back to work at STMA

Personal records highlight... (Article about students returning to school and their achievements.)



Photo by Jake Schroder

Swimming: ERZ swimmers in two events at 'state'

ERZ swimmers... (Article about the ERZ swimming team's performance at the state meet.)



Photo by Jake Schroder

She's on fire! Johnson ties STMA record as Knights win big

Johnson ties STMA record... (Article about Hannah Johnson's performance in a game.)



Photo by Jake Schroder

Pan to 'fly' into STMA

Pan to 'fly' into STMA... (Article about a student named Pan.)



Photo by Jake Schroder

Knights tennis rebounds from rough stretch

Knights tennis rebounds... (Article about the tennis team's performance.)

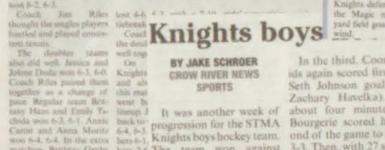


Photo by Jake Schroder

Knights grind out 14-7 win

Knights grind out 14-7 win... (Article about the Knights' victory in a game.)



Photo by Jake Schroder

Knight cross country runners win titles

Knight cross country runners win titles... (Article about the cross country team's success.)



Photo by Jake Schroder

Michael mounted a shoot way to top

Michael mounted a shoot way to top... (Article about a student named Michael.)



Photo by Jake Schroder

All for Elli - benefit set for 15-year-old STMA student

All for Elli - benefit set for 15-year-old STMA student... (Article about a benefit event for a student named Elli.)



Photo by Jake Schroder

Knights boys

Knights boys... (Article about the boys' team.)



Photo by Jake Schroder

IMA wrestlers win 2-1 as season rolls along

IMA wrestlers win 2-1 as season rolls along... (Article about the IMA wrestling team.)



Photo by Jake Schroder

Knights relays shine bright at state

Knights relays shine bright at state... (Article about the relay team's performance.)



Photo by Jake Schroder

Knights boys soccer loses 2 tough games

Knights boys soccer loses 2 tough games... (Article about the boys' soccer team's losses.)



Photo by Jake Schroder

Knights hockey survives final minutes in Princeton

Knights hockey survives final minutes in Princeton... (Article about the hockey team's game.)



Photo by Jake Schroder

Knights win big in Duluth, return home at 6-0

Knights win big in Duluth, return home at 6-0... (Article about the Knights' victory in Duluth.)



Photo by Jake Schroder

Rothstein rises: Knights com back to beat Blue Jackets

Rothstein rises: Knights com back to beat Blue Jackets... (Article about the Knights' victory over the Blue Jackets.)



Photo by Jake Schroder

Lady Knights soccer goes 2-1 as season rolls along

Lady Knights soccer goes 2-1 as season rolls along... (Article about the girls' soccer team.)



Photo by Jake Schroder

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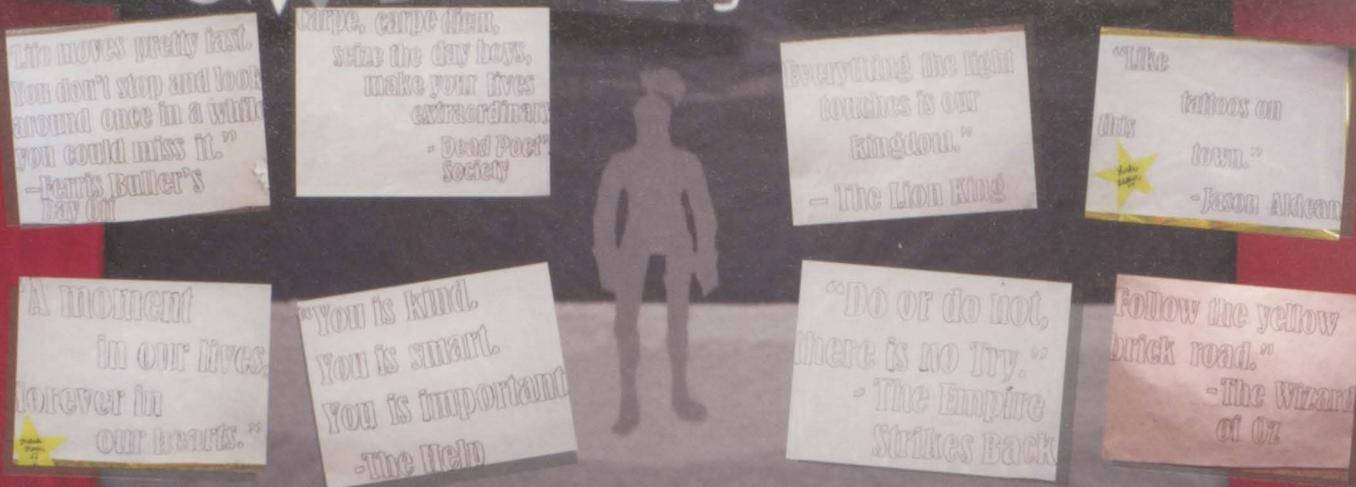
Photo by Jake Schroder



STUDENT LIFE

Students gathering in the cafeteria for a meal fit for a knight. This was a break in the day to relax a bit, and have a laugh with their friends.

SHOWTIME, SENIORS



It's Time To Shine

Some students come into senior year excited for what is to come, and some come in nervous for the upcoming years ahead. Either way, it's show time! "Being a senior is very different from all of the other years, and it is also more stressful," Jessica Radanavong tells us about coming back to school as a senior. Seniors plan to enjoy their last year with snow week, prom, and celebrating their graduation. So shine bright seniors, it's your time!

Junior year is about preparation for life, getting ready for college, and excelling in one's classes. With only one year left, now is the time to prepare to be the kings and queens of St. Michael-Albertville High School.



Almost Royalty



Just Keep Swimming

This year's *Finding Nemo* theme sums up sophomore year. They started high school off with a big splash, and it's their year to jump in and "just keep swimming!"

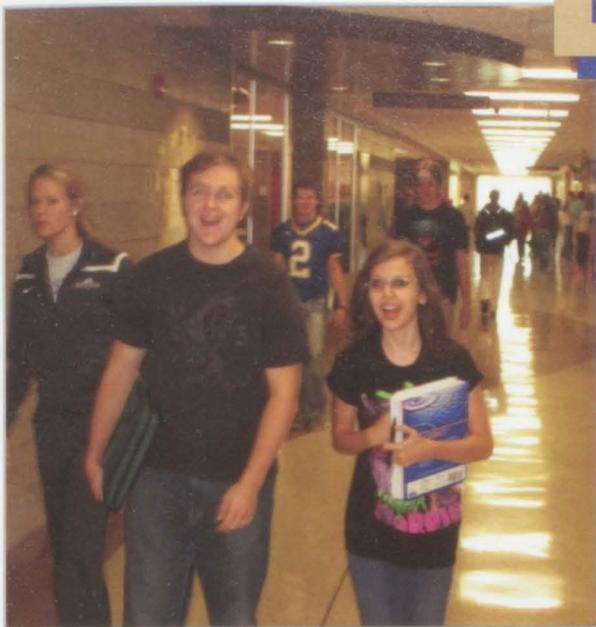


Ignite The Year

Get fired up freshmen! "The first day was very stressful, but I got the hang of it eventually," said freshman Nancy Bury. This is just the beginning of the journey and it's all what you make of it! So igniting the year, freshmen started high school with a bang!

The hallways of STMA finally filled with students again. Underneath we have Jesse Miller (12) and Elizabeth Lano (12) excited to be back in school!

Back For More



"Being back in school is like coming back to reality. Especially being a senior." - Kayla Saltamachio

Back For More STMA

The summer is over and coming back to school is always an adjustment, but the students of STMA always know how to show their enthusiasm in one way or another. Coming back for another year is always exciting, but it is even more so when you're a senior. Some of our senior ladies showed that enthusiasm by making shirts for the first day of school saying, "Our Last First Day." Kaleigh Hamann told us, "Honestly, it was just another excuse to do something together. Even though the teachers teased us about not going to college." Getting back into the classroom setting can be challenging, but the students and staff always help to make returning a fun and exciting process. Mrs. Schuster, one of the Spanish teachers at STMA, says that she likes to do activities in class which include having the

students talk to everyone in the class and to help them transition back into the school setting and get acquainted with other students. STMA strives for greatness and while we may have an outstanding reputation for our sports and excellent academic achievements, coming back to school for our students is more than just achievements and the classroom. It's another chance to show everyone that we're more than what we're known for; we're a student body and a community. Coming back to STMA means coming back to friends, advisers, and role-models helping us reach who we want to become. These people help us become something more.



Ryan Larkin (11) told us his favorite part of coming back to the new school year was "seeing all the bros again!" and that broadcast journalism is his favorite class.



Nancy Bury (9) described her first day of high school as confusing, but she enjoys the freedom that comes with high school. She also said that the upper-classmen were helpful when she got lost or needed help.



Posting out is an alternative to High School for juniors and Seniors. "I'm excited because I posted out this year, and I'm getting to experience so many new things already." Said Madison Haider (12). She also enjoyed meeting new people during PSEO.



Bryan Fournier (10) and Nolan Grambusch (10) said that they were excited to meet all of their new teachers and that they have better classes this year versus last year.



Mr. Benson, the Activities Director, tells us "I was surprised to see the total number of students in the school this year. It's well over 1600!"

Our Community



St. Michael-Albertville High School is all about striving for excellence and being the best. We show many talents here at STMA through sports and academics, but one thing that sets STMA ahead of all the other schools is that we require community service. In order to graduate at STMA student's must complete 16 hours of community service; 4 hours every year. St. Michael-Albertville is a community that's all about giving back. Our community helps everyone when their struggling or dealing with a medical cause, which is an amazing thing to think about. So many people from other schools and communities feel great about STMA giving back. There are so many opportunities for students to help out their community and give back to the town that built them. With plenty of options available, the opportunities to give back are endless. When we are older we will appreciate having done these great things for other people. Giving back to the community that we grew up in is a very important thing. When we're older we'll be able to look back and remember doing what seems like such small activities when in reality they are major activities to others. Community service is a great chance to make life long memories, whether its ringing the bell for the Salvation Army in the winter, concessions, helping the Hanover Food Shelf, or going to Feed My Starving Children and packing food. All these things that seem so small are are changing the lives for others in and around our community!

"To the world you may be one person, but to one person, you may be the world!"
~ Unknown



Senior Maddi Young hands junior Hannah Merges change at the concession stand. The concession stand was a popular option for students to get community service hours.



Sophomore Jake Kolasa and junior Krista Rambo pause for a picture while packing food at Feed My Starving Children.



Junior Trent Olson stacked books at the community library. "It feels good to give back to the community," said Olson.



Juniors Anna Sanford and Beth Resch volunteer ringing the bells for the Salvation Army in front of Cabela's.



Sophomores Jordyn Sufka and Leah Verbrugge contribute their time working concessions at the All For Elli fundraising event.

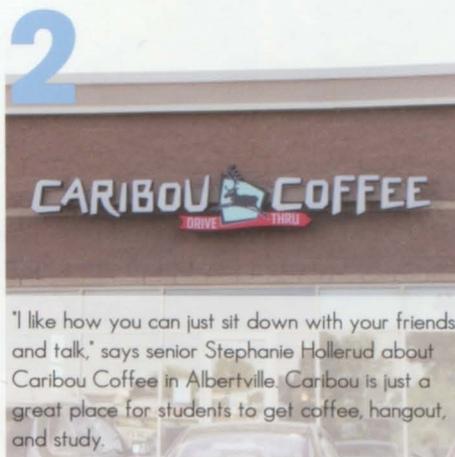
"WE DON'T NEED A REASON TO HELP PEOPLE!"
~ Unknown

"The best place to find a helping hand is at the end of your own arm."
~ Swedish Proverb

Giving back... providing a helping hand.

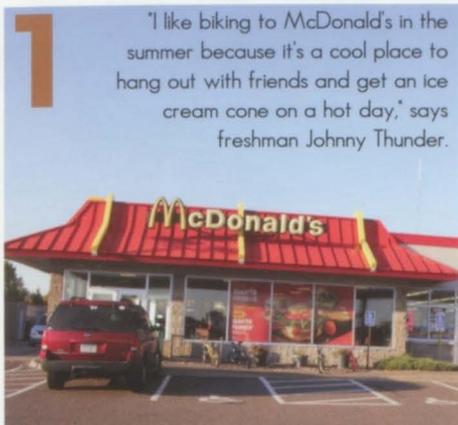
TOP PLACES 5 STUDENTS HANGOUT

"I love to hang out with my friends. It could be at any hangout spot, it would still be fun," says senior, Austin Sherrill.



"I like how you can just sit down with your friends and talk," says senior Stephanie Hollerud about Caribou Coffee in Albertville. Caribou is just a great place for students to get coffee, hangout, and study.

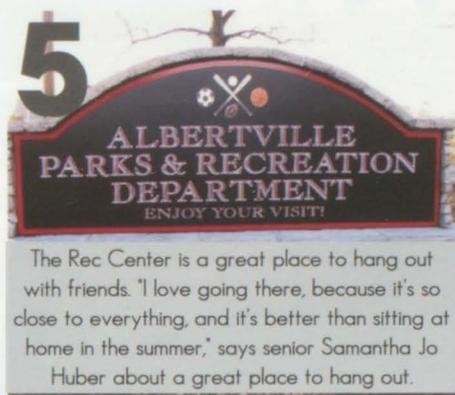
"The Outlet mall is a great place to go shop and walk around with friends," says junior Justin Radanavong. The outlet mall is a huge attraction from people of many areas. It's an easy way to get what you need without traveling long distances.



"I like biking to McDonald's in the summer because it's a cool place to hang out with friends and get an ice cream cone on a hot day," says freshman Johnny Thunder.



Culvers is a place to eat delicious food, hangout with friends and family, or relax from a long day of school and work.



The Rec Center is a great place to hang out with friends. "I love going there, because it's so close to everything, and it's better than sitting at home in the summer," says senior Samantha Jo Huber about a great place to hang out.

More Than Just A Job

Once someone turns sixteen they have the option to become employed at one of the many job opportunities that we have here in our town. A majority of our students have had their first jobs right here in this small community.

"We must learn how to accept the jobs we have and it will prepare us for the better or the worst."

- Anonymous



1. Clueless. In Wilsons Leather, junior Hannah Berhow is trying to figure out where to put the nice looking jacket.

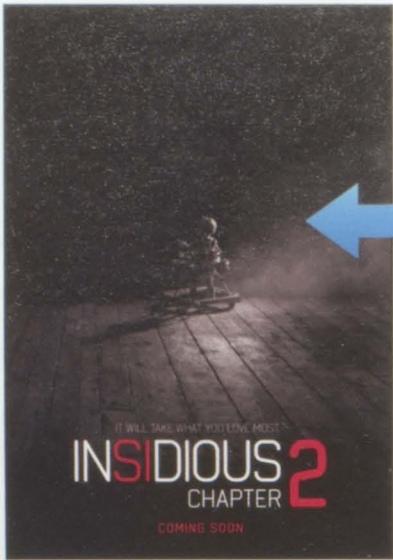


2. Helpful. In Banana Republic, when a customer is ready, senior Brittney Carpenter is ready to ring him up in an instant. "Banana Republic is a very chill job & I also like the environment there," says Brittney.



3. Indecisive. In Wilsons leather, working with his co-worker, junior Hannah Berhow, senior Brandon Oudavanh is indecisive on which jacket to recommend to a customer.

4. Cheerful. In Justice, junior Mackenzie Martin is folding clothes neatly for the customers. "What I like about working at Justice, is the people I work with and the environment. Working there is very fun and energetic," says Mackenzie.



INSIDIOUS
CHAPTER 2

52%



48%



Macklemore

34%



70%



30%

Whats TRENDING?

54%
PACSUN

One Direction 64%

iPhone 64%



Buckle
buckle.com

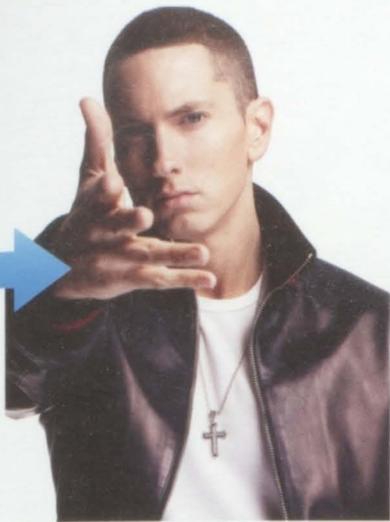
46%



Android 36%



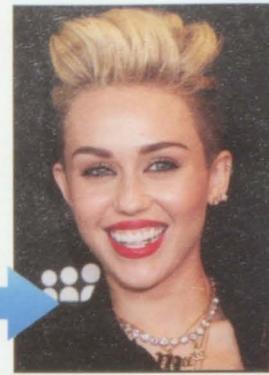
The Wanted 36%



Eminem
66%



Lady Gaga
54%



Miley Cyrus
46%

From celebrities like Miley Cyrus and Lady Gaga to apps like Snapchat and Vine, how would we ever know what the hottest, most popular trends amongst the students are? Surveys were handed out to homerooms to see students thoughts on what is trending. You could be surprised at some of the results!



82%



18%

Batman 66%



Superman 34%

Eli Young Band

42%

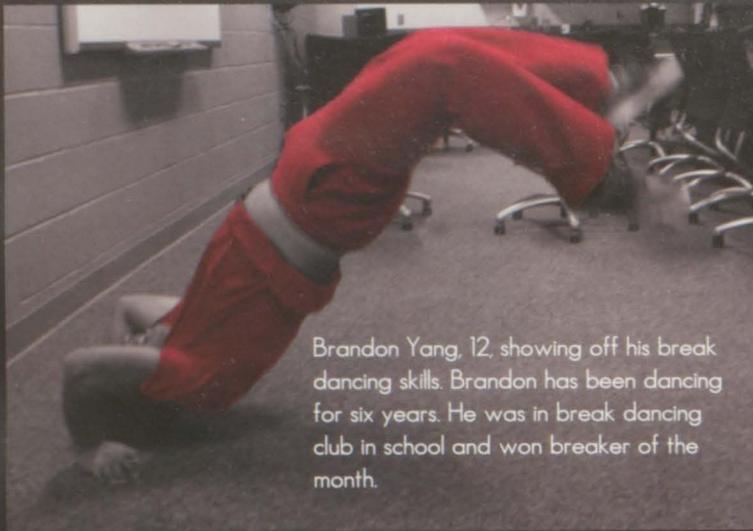


58%



Florida Georgia Line
58%



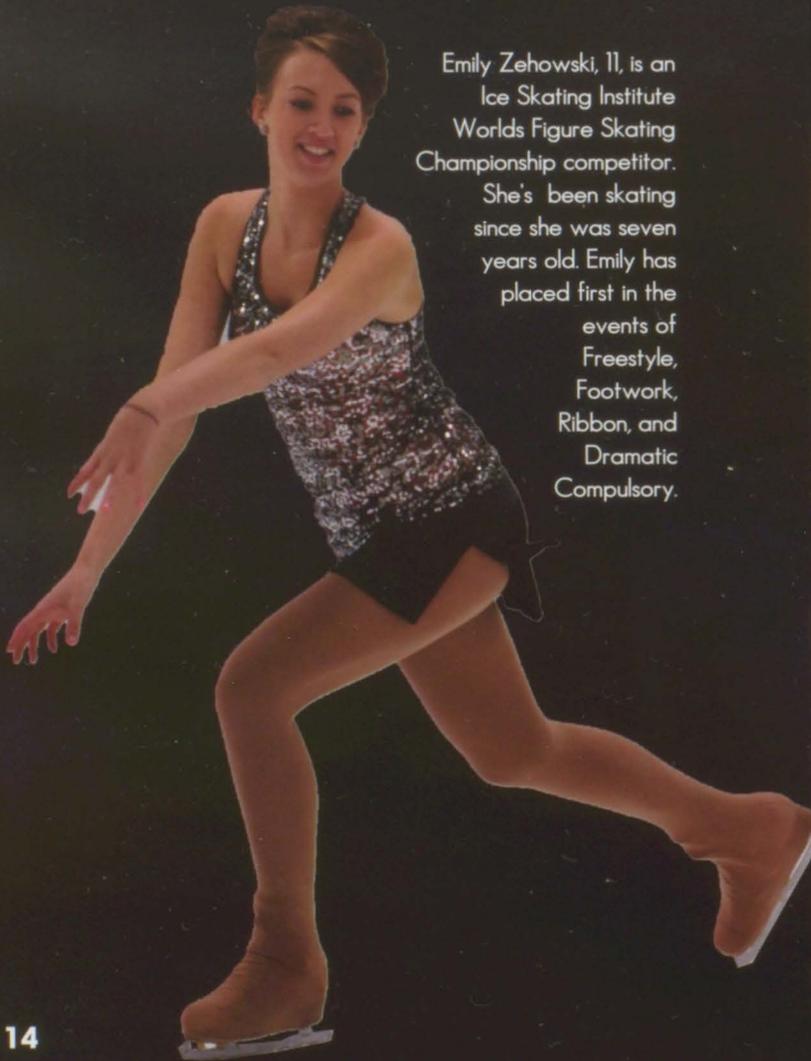


Brandon Yang, 12, showing off his break dancing skills. Brandon has been dancing for six years. He was in break dancing club in school and won breaker of the month.

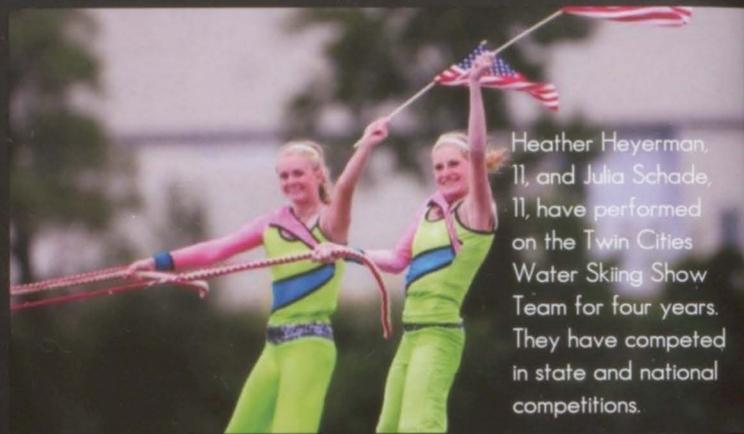


Kristina Swenson, 11, dedicates her time by fundraising for the "Miracles of Mitch Foundation". She hosted a fundraising concert and silent auction with her younger brother, Kyle, to help kids with cancer. Since 2005, Kristina has nearly raised \$50,000!

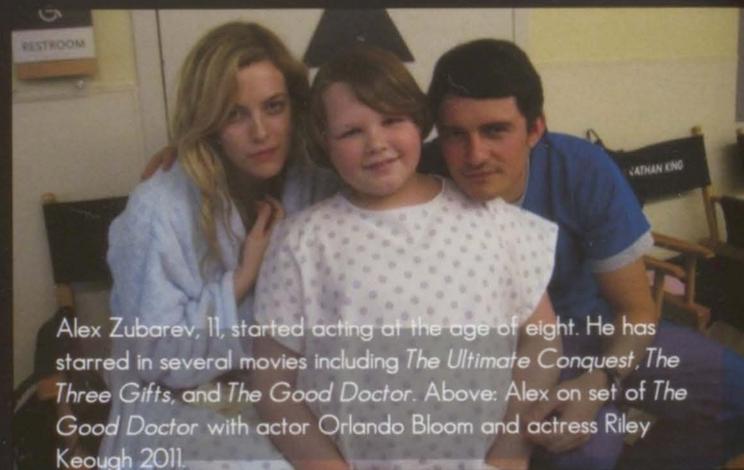
DOING MORE



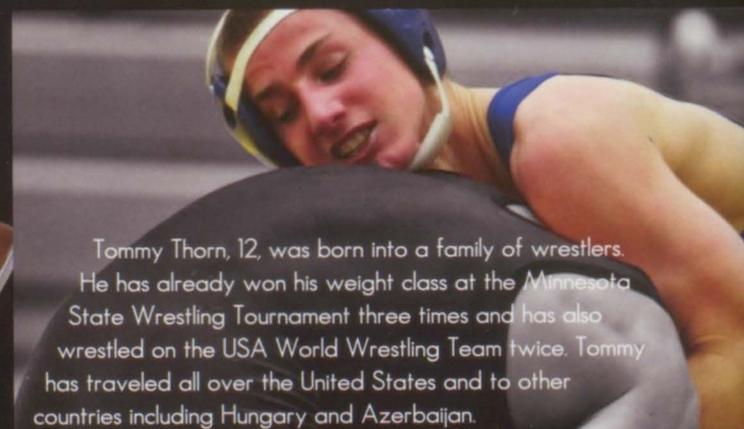
Emily Zehowski, 11, is an Ice Skating Institute Worlds Figure Skating Championship competitor. She's been skating since she was seven years old. Emily has placed first in the events of Freestyle, Footwork, Ribbon, and Dramatic Compulsory.



Heather Heyerman, 11, and Julia Schade, 11, have performed on the Twin Cities Water Skiing Show Team for four years. They have competed in state and national competitions.



Alex Zubarev, 11, started acting at the age of eight. He has starred in several movies including *The Ultimate Conquest*, *The Three Gifts*, and *The Good Doctor*. Above: Alex on set of *The Good Doctor* with actor Orlando Bloom and actress Riley Keough 2011.



Tommy Thorn, 12, was born into a family of wrestlers. He has already won his weight class at the Minnesota State Wrestling Tournament three times and has also wrestled on the USA World Wrestling Team twice. Tommy has traveled all over the United States and to other countries including Hungary and Azerbaijan.



Robert Petit, 9, is a Rubik's Cube master. He can solve the Rubik's cube in just under a minute and a half!



Newel Hirst, 11, became a Boy Scout at the age of eleven. He recently achieved the status Eagle Scout (the highest rank in Boy Scouts). Newel has also earned twenty-three merit badges.



Nathan Cool, 12, has been a percussionist for eight years. He plays for STMA as a member of the Wind Ensemble, Gold Jazz Band, Pit Orchestra, and Marching Knights. Nathan has been section leader in Wind Ensemble and Marching Band.

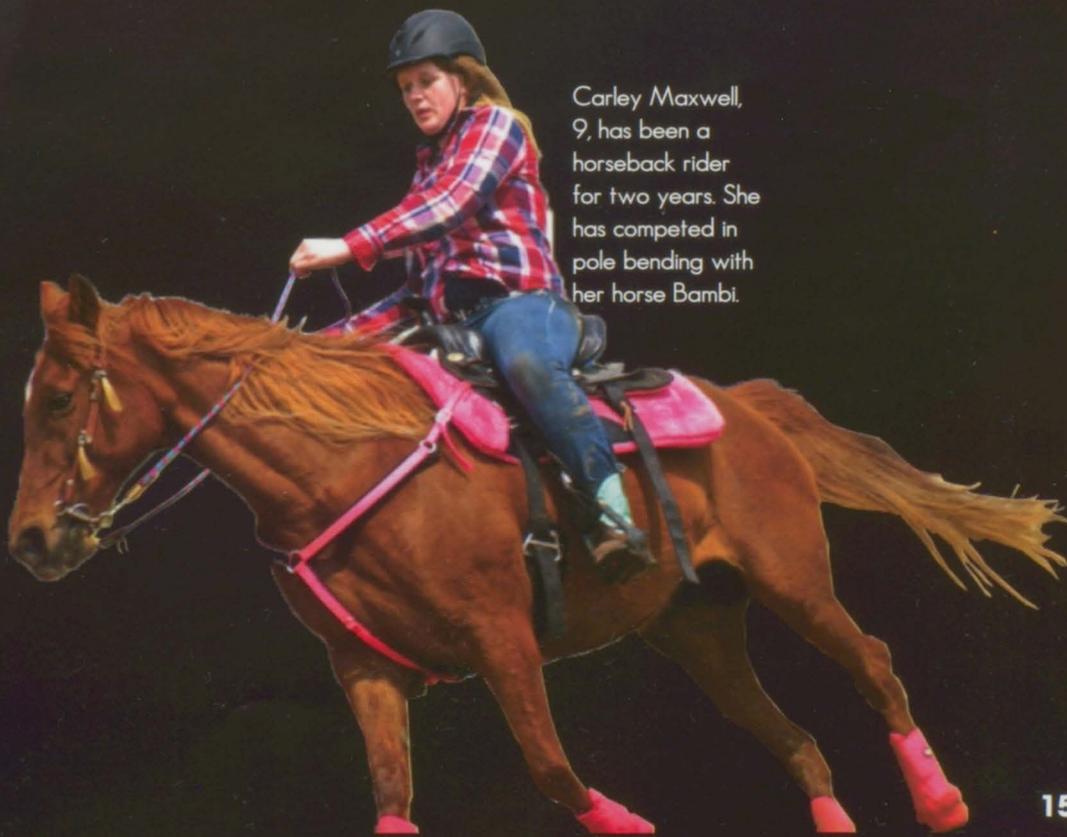


Sasona Nesser, 9, has been playing the harp since the age of three. She has played duets professionally with her sister, Zarah, who plays the violin. Sasona also plays in the Minnesota Youth Symphony.

Haley Foucault, 11, started dancing when she was two years old. She has trained across the country in cities like New York City, Los Angeles and Las Vegas. Haley was Dancer of the Year in 2012, and a top three dancer nationally.



Carley Maxwell, 9, has been a horseback rider for two years. She has competed in pole bending with her horse Bambi.



German exchange students Jan and Lisa say that they miss schnitzel-fried meat (usually pork or chicken).



Christina from Spain misses her mom's paella.



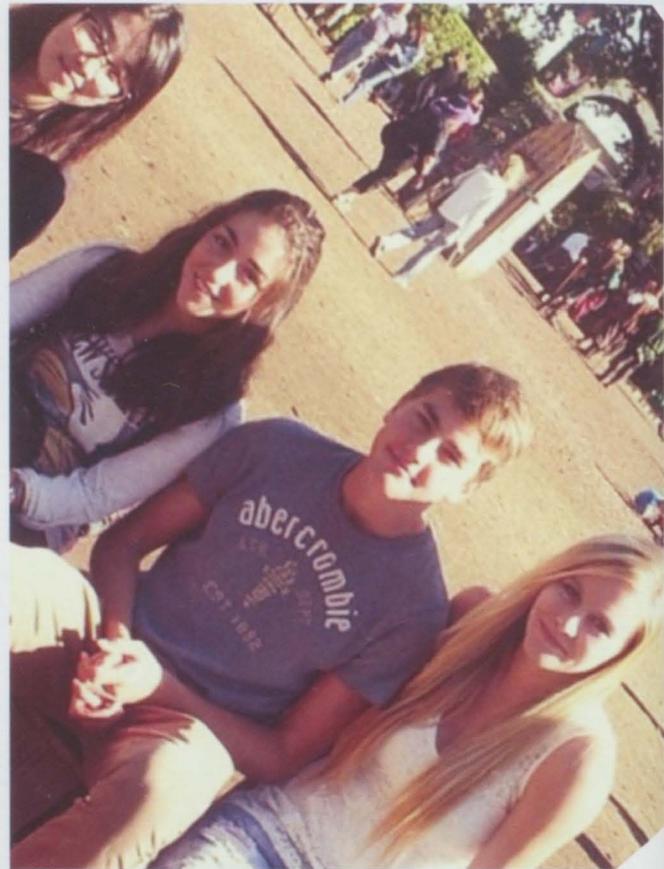
Some of the prior misconceptions that exchange students had were that people in America were out of shape and that there would be more bears.



Lisa Heller, Cristina Arenas, Su Yeon Kim, and Jan Kergassner experience their first Minnesota winter as they stand in front of the high school.

Where in the WORLD?

Here at STMA, we have the pleasure to host young teens from around the world. Starting in the fall we hosted four; two from Germany, Lisa Heller and Jan Kergassner; one from Spain, Christina Arenas; and one from South Korea, Su Yeon Kim. Not only is this an excellent opportunity for them to dive into our culture and customs, it is a great opportunity for us to positively represent the USA and leave a swell impression of STMA with them to bring back to their home countries.



(left to right) Su Yeon Kim, Cristina Arenas, Jan Kergassner, and Lisa Heller take a picture break at the Renaissance Festival.



Lisa Heller participated in the fall musical, Peter Pan.



Su Yeon Kim and an example of one of her art pieces.

The GREAT Exchange



Cristina Arenas: Cristina came to America because it had been her dream ever since she was 7 years old. Cristina also wanted to see how America really was compared to the movies. The hardest part for her is that sometimes it is hard to understand people or for people to understand her. Cristina's favorite part of America is how nice people are and that they are always talking to her. Cristina would like to say to STMA, "Thanks to the school for being here, this was my dream."

Spain:
Age: 16
Favorite Class: IED

Su Yeon Kim:

Su came to America to learn English. She misses her friends and family, along with the South Korean food called Bibimbab. Su Yeon's favorite food in America is pasta, and her favorite class is painting.



South Korea:
Age: 17
Favorite Class:
Painting



Jan Kergassner:

He came to America for the adventure, something new, and to advance his English. The hardest part of coming to America for Jan is leaving his friends behind. His favorite parts of the U.S. are the people and the food. His favorite food from here is spare ribs. Yum!

Germany
Age: 16
Favorite Class: US History



Lisa Heller: Lisa came to America to see how we live and to see what America is really like. Lisa misses her friends and family in Germany. Her favorite part of America is Duluth and Chicago, and her favorite food in America is deep-fried candy bars, especially Snickers.



Germany:
Age: 17
Favorite Class: Science
and Choir

School Spirit! Senior Royalty Taylor Kainz and Joe Kilian lead the school in the annual homecoming pep fest!

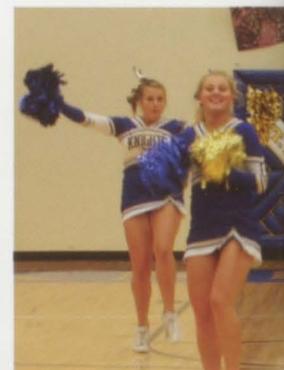
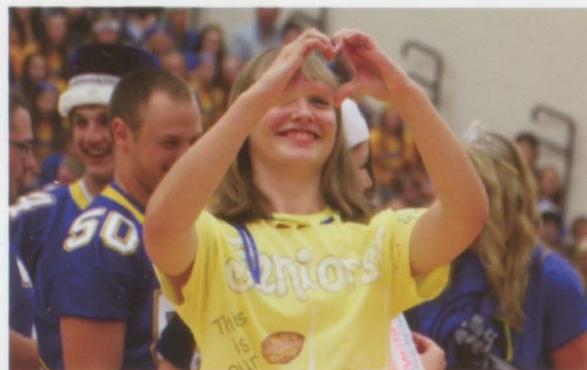


Cheer Cheer for STMA! The STMA Marching band provides us mobile entertainment by performing at the pep fest, getting us all pumped up!



(Above) Junior, Chase Cayo and Seniors Luke Pelant, Dominic Shovelain, Cory Kackman, Garrett Adkins and Sam Guillou step down from the audience. The chosen boys get ready to do whatever challenge they have in store for them!

Senior and homecoming Candidate Taylor Sorenson sends a heart to one of her friends in the audience. Much love was going around that day!



PJ vs Formal

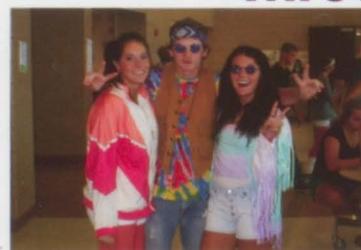


On Monday morning these girls got ready to chill out with their most comfy PJs



Seniors RaeAnn Arns, Bailey Olsen, Josie Burns and Courtney Schoen pull together their best attire for the formal approach.

Throwback

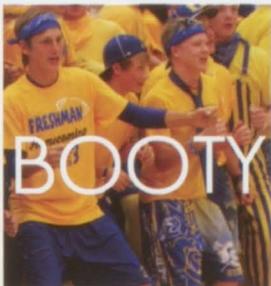
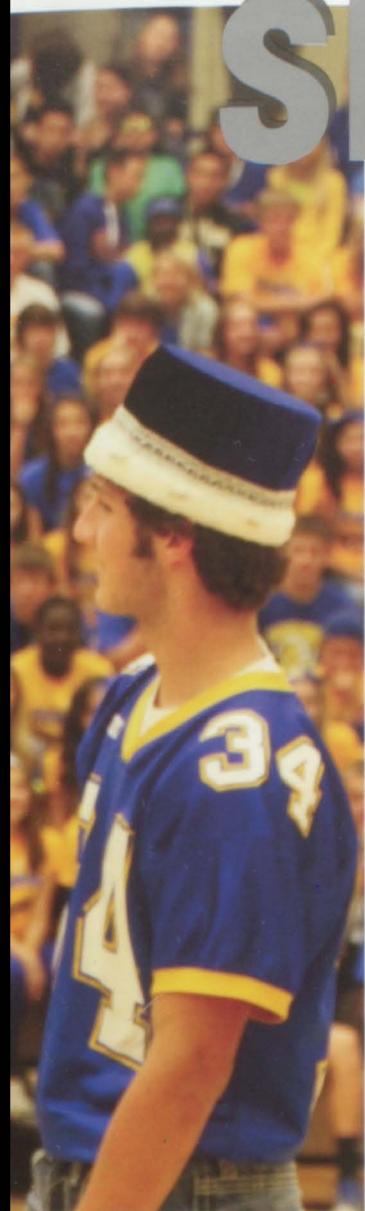


Seniors Nikki Barthel, Andrew Winans and Shaylee Long travel back to the '70s for throwback day.



Seniors Griffen Larson and Joe Kilian taking a ride back in time.

SHOW YOUR SPIRIT



Above, students in the center of the gym ready for the fun games that the school had in store for them!



The cheer leaders cheer on the knights at the pep fest, wishing them big luck on their big game!

Twin Day



Go Bananas! Seniors Josie Burns, Sydney Renzaglia, Rachel Bourget and Anne Marie Harald pairing up as a bunch of bananas!



Who's who? Sophomores Connor Smith, Zach Dallum, Brandon Berning, Connor Greenwood, Brandon Heiber, Marshall Bjorlin, Casey Crandall, and Tucker Bjorlin have many twins they can pick out today.

Thrift Shop



Seniors Evan Albrecht, Calvin Sackey, Connor Spetz, Kevin McDonald, Alex Geyer sport their steals on thrift day.

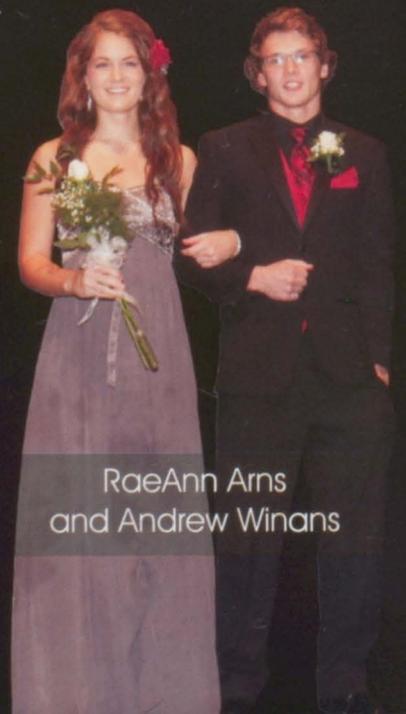


What, What, What, What. Seniors Cole Haeska and Tyler Jeffries try their hands at being Macklemore

Let me Live that Fantasy...



The 2013-2014 homecoming candidates started off their royal week by waking up at 5 o'clock to the noise of student council members. Candidates were only given five minutes to get ready after being awakened by banging pots and pans, and whistles. The candidates were rushed to school early Monday morning to make posters and greet students as they walked in. Throughout the day, the candidates wore aprons to show they were selected. Each homeroom was given ballots to vote for the new royalty. A week after being selected, all the votes from the ballots were tallied. On September 23, friends and family gathered in the Performing Arts Center to watch the crowning, which began first with the girls. The girls all lined up, holding hands, as the tiara floated over their heads. The crown was awarded to Taylor Kainz. Next in line were the boys, who stood shoulder to shoulder, waiting for the moment. Joe Kilian was crowned, and he turned to Andrew Winans to celebrate. Queen Taylor and King Joe represent STMA's 2013 homecoming royalty.



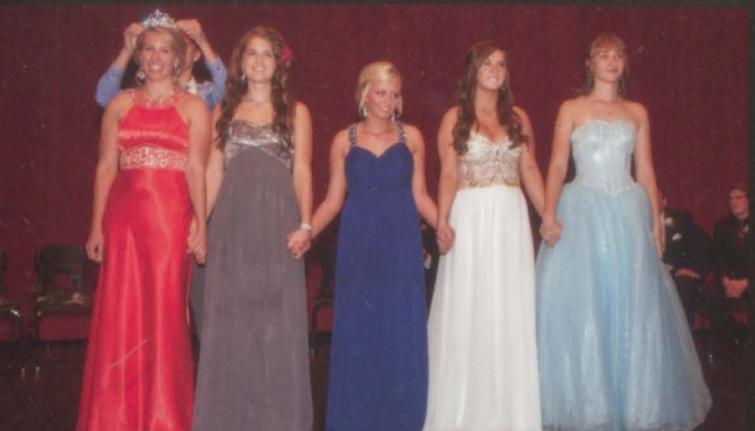
RaeAnn Arns
and Andrew Winans

2013-2014 Homecoming
King and Queen



Senior female candidates Taylor Sorenson, RaeAnn Arns, Rebecca Engleman, Kaija Backhaus, and Queen Taylor Kainz, along with the child royalty Emma Woitala pose for a group shot at coronation.

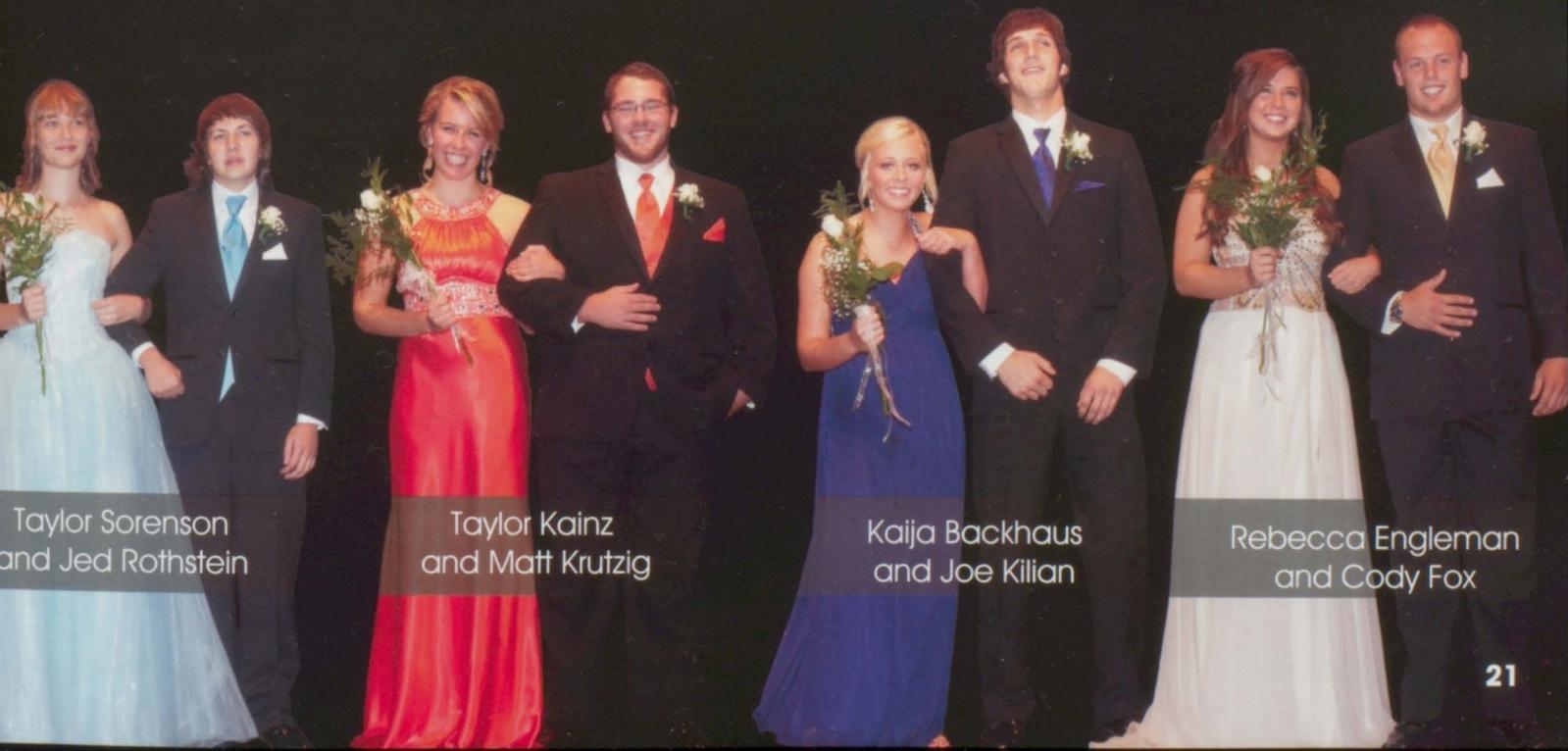
King Joe Kilian and Senior candidates Andrew Winans, Cody Fox, Jed Rothstein, and Matthew Krutzig along with the child royalty Drew Tauber.



And the Queen is...
Taylor Kainz!



And the King is...
Joe Kilian!



Taylor Sorenson and Jed Rothstein

Taylor Kainz and Matt Krutzig

Kaija Backhaus and Joe Kilian

Rebecca Engleman and Cody Fox

NOTHING BURNS

LIKE THE

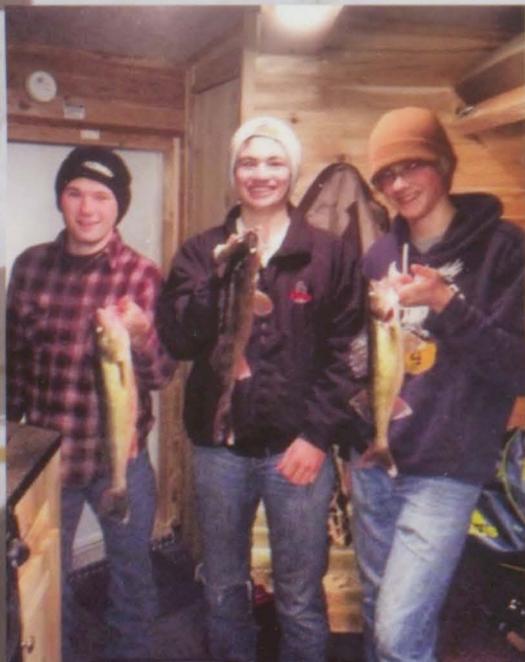
COULD

Historical Winter

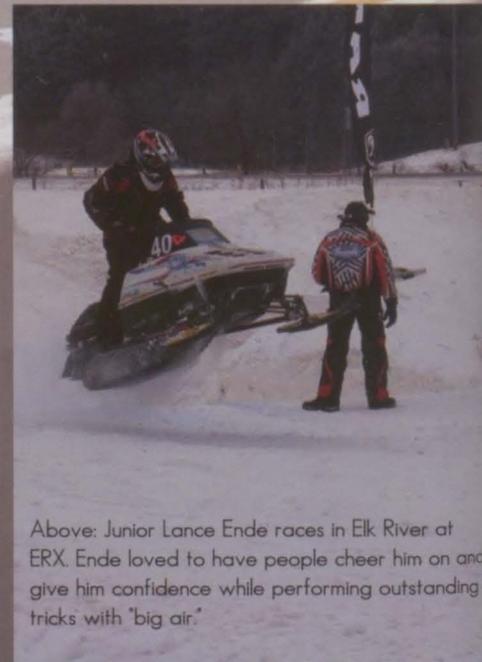
The winter of 2013-2014 was definitely the season that STMA will not forget anytime soon. From the awful driving conditions to the multiple school closings, many students were relieved and happy to see this harsh winter come to an end. With the records dating back to the 1970's, it was noted to be the 9th coldest winter with 37 days of significant snowfall! Even with the crazy weather, it will take more than a brutal Minnesotan blizzard to stop our students from going out and having fun.

Right: Junior Tyler Syrdal walking into the school on one cold January morning with a sun dog in the background. "It was beautiful but really cold!" Tyler said.

Below: Seniors Wyatt Anderson, Ryan Waitalla, and Luke Heil holding some nice walleyes on Red Lake. Ice fishing was a popular way to enjoy the Minnesota winter.



Above: Juniors Emily Tschida, Kali Simonson, and Mackenzie Martin play on the giant snow mounds in the school parking lot.



Above: Junior Lance Ende races in Elk River at ERX. Ende loved to have people cheer him on and give him confidence while performing outstanding tricks with "big air."

WINTER 2014

136 DAYS
BELOW
FREEZING

53 DAYS BELOW
0 DEGREES

including

17 DAYS IN A ROW BELOW
0 DEGREES

56 inches of SNOW

5 SNOW
DAYS

-63 COLDEST
RECORDED
TEMPERATURE
with wind chill



As the winter went on all of the big snow falls began to pile up in the school parking lot.

What some students had to say about the winter of 2014:

"It's funny that one of the best-selling Disney movies about an awful winter happened during one of our worst winters in years." Senior Anna Drobnick

"COLD! Lots of SNOW and it lasted too long!" Senior Allison Koetz

"I hated it. I just really don't like the cold," Junior John Gebell.

"I loved the days off of school but the walks from the parking lot were horrible," Senior Kaitlin Corcoran.



"Do You Wanna Build a Snowman?"

Above: As the bitter winter comes to an end, juniors Meghan Winans and Sarah Martin build their last snowman of the year.

Below: Winter ski club was every Tuesday night. STMA Skiers and snowboarders would leave the school by bus at 3:40 and head to a ski slope called Powder Ridge located in Kimball. Ski club was a great way to get out and enjoy the winter.



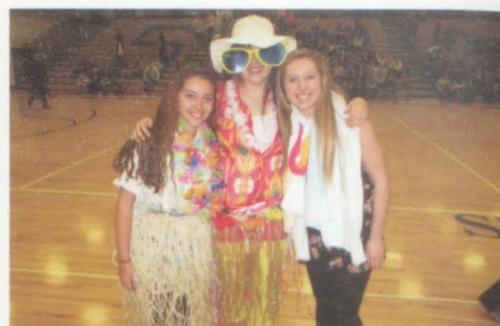
Above: Many students, like Juniors Anna Skare and Elizabeth Schwab, enjoyed getting together at the Rec. Center to ice skate.



Sophomores Evelyn Hernandez, Jenny Gibbs, Katie Anderson, Megan Carpentier, Emily Landry, Leah Johnson, Libby Fesenmaier, and Clare Culhane.



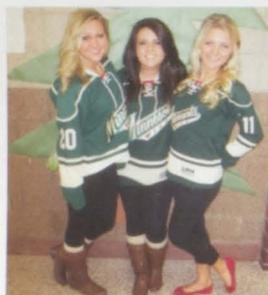
Seniors Meagan Ghinter, Amber Greely, Courtney Wooters, and Ashley Sammon, went all out on pink day. The lunchroom was a sea of pink with all the great participation!



Junior Megan Doboszinski and seniors DJ Noelle, and Anne Marie Harald with some groovy Hawaiian wear. A popular item for this dress up day were these stylish grass skirts being modeled by Megan and DJ here!



Freshmen Dominic Clemons rocking the pink for Pink Day.



Juniors Taylor Robarge, Hannah Fusco, and Daesha Merkl with some Minnesota pride.



Sophomores Ryan Kennedy and Greta Stanton looking good in the morning for Pajama Day!



Sophomores Tucker Bjorlin, Jenny Gibbs, Paige Hemmer, Cassie Kobilka, Johnny Zimmer, and Eric Sjelin, on one of the four corners of the Tug-of-War challenge.



Captains of the Special Olympic Stallions Basketball team Austin Primm, Brandon Heaton and Lauren Lutz with Ms. Maas gather at the pep fest to tell the school about their basketball season. Their announcement was met with a loud ovation.



Alex Geyer going up hard for a lay up against Mr. Marquardt! The game was back and forth; both teams playing their hardest. The teachers had the height advantage but the students had agility and speed.

WINTER



Calvin Shoen, Nick Burslie, and Cody Fox on the sideline keeping track of the Students versus Teachers game. The seniors had a rough start to the game trailing by half. Coach Shoen wasn't for it, and did a great job at keeping his team motivated!



Winter Week Queen, senior Callie Kobilka, putting in her best effort to get the egg rolling! Seniors started off strong but the juniors came out with the victory for the egg rolling event.

Nick Burslie, Chris Kartes, Tyler Otteson, Alex Geyer, Cody Fox, Tyler Jeffries, and Andrew Winans putting on their game faces for the rivalry game between them and the teachers. After one round of overtime the senior boys came on top with the victory winning by just one point!

WEEK



The senior class joining in on the "Jump Shake Your Booty" cheer.

Seniors Josie Burns, Anne Marie Harald, Heidi Prebonich, Ryan Scriver, Henry Berning, and Matt Krutzig putting as much strength together as possible in the Tug-of-War



2014 Snow Week Royalty Candidates

Sophomores

Girls: Evelyn Hernandez, Elli Hofmeister, Taylor Kemper, Alayna Carlson

Boys: Andrew Legatt, Marshall Bjorlin, Camron Fuerstenberg, Jake Gallagher

Juniors

Girls: Shaye Maetzold, Kate Drimel, Melissa Hackenmueller, Emily Laudenbach

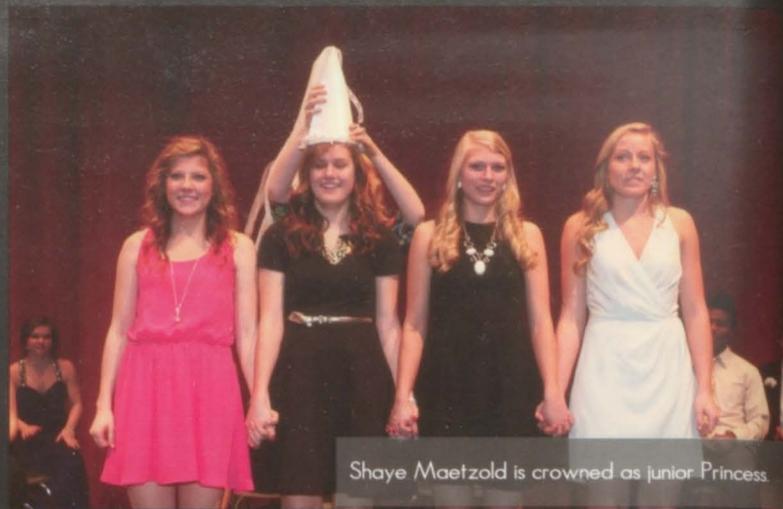
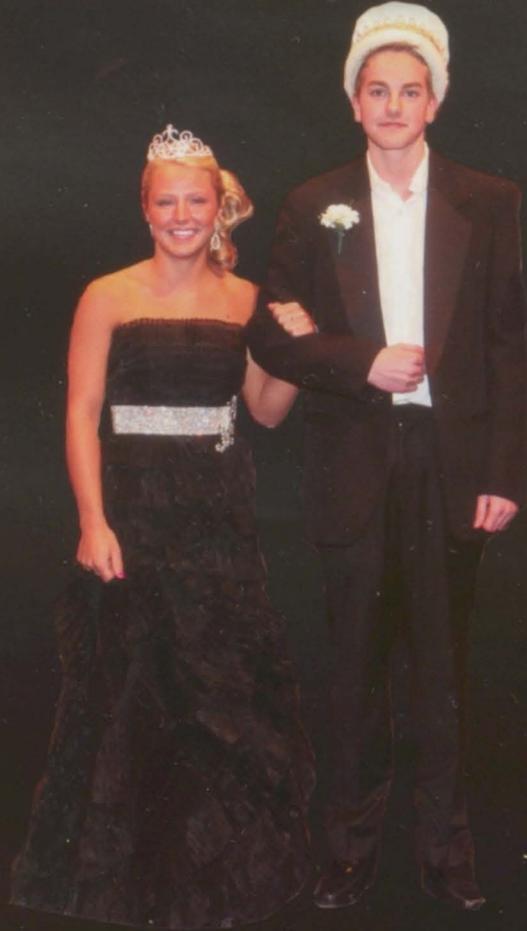
Boys: Jake Hackenmueller, Antoine Akundu, Tyler Hayes, Andrew Hinkemeyer

Seniors

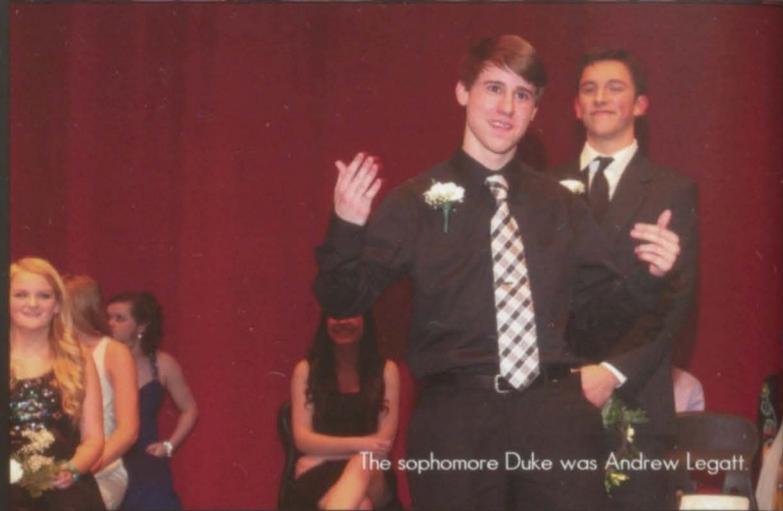
Girls: Callie Kobilka, Nicole Logeais, Kaleigh Hamann, Meagan Ghinter,

Boys: Truman Kottke, Quinn Maetzold, Jan Kergassner, Zachary Adams

Winter Royalty



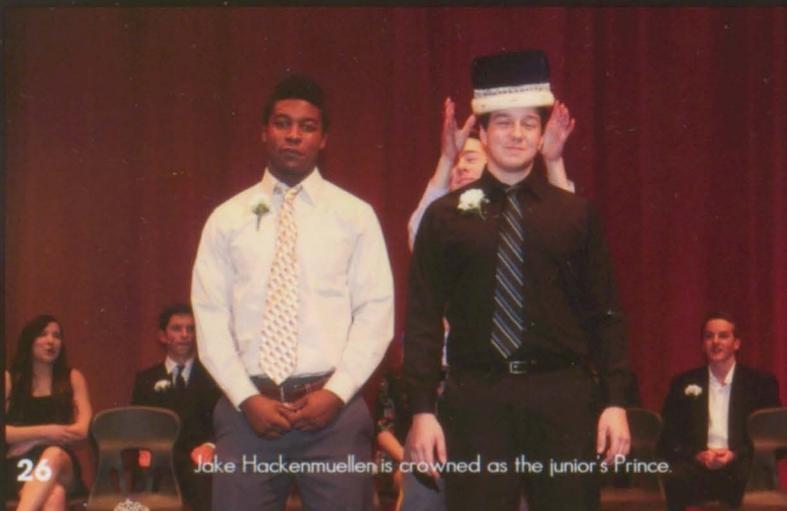
Shaye Maetzold is crowned as junior Princess.



The sophomore Duke was Andrew Legatt.



Elli Hofmeister is crowned as the sophomore's Duchess.



Jake Hackenmueller is crowned as the junior's Prince.



Snow Week Royalty Winners 2014

Jan Kergassner!



Callie Kobilka!





SENIORS

The STMA Class of 2014 has long awaited this year. Many of these students have been here all of their lives and have grown up together. The past eighteen years have shown us who we are, and where we are going. It's our time to show the community what we're made of; it's our time to show the community that we're something more.





Emily D
Achterkirch



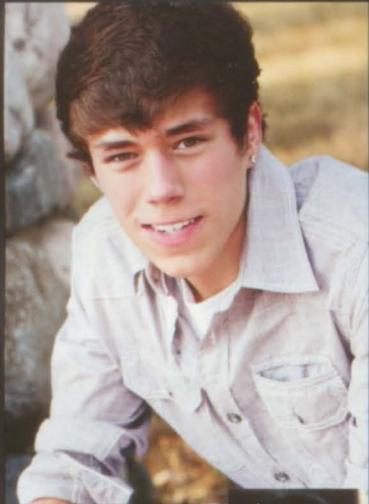
Hamdi S
Adam



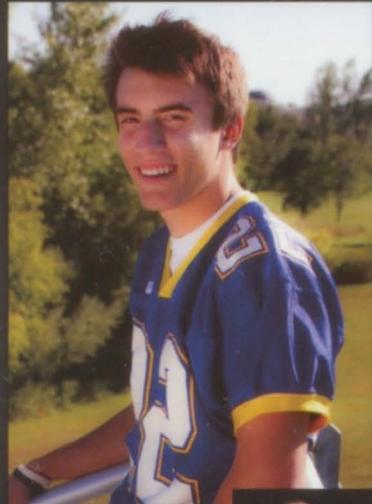
Zachary P
Adams



Garrett C
Adkins



Nicholas A
Akkerman



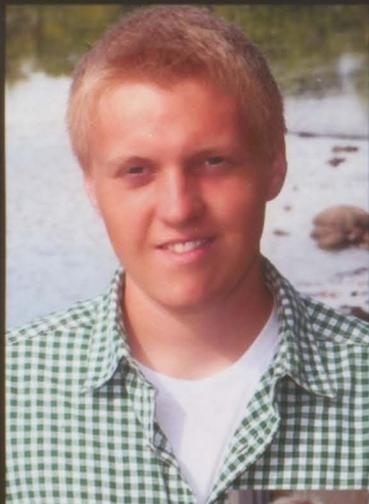
Evan R
Albrecht



Robert J
Alexander



Ilwad A
Ali



30 Brett R
Anderson



Kurt A
Anderson



Nicholas B
Anderson



Wyatt D
Anderson





Nicole M
Arachtingi



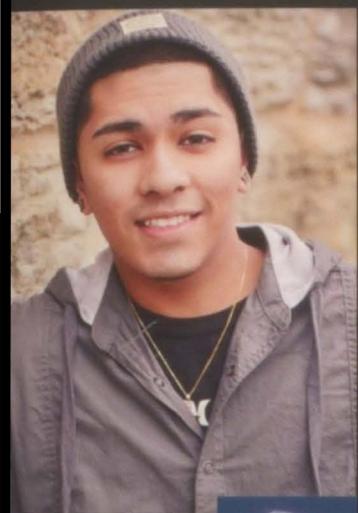
Cristina
Arenas
Izquierdo



Mindy M
Arns



RaeAnn L
Arns



Bryant
Arriaga



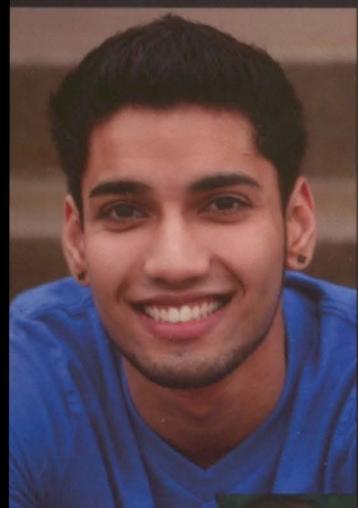
Erin M
Autio



Kaija E
Backhaus



Jayme M
Baldwin



Yogindra S
Balgobin



Candace L
Balombiny



Alex J
Barthel



Nicole D
Barthel





Elizabeth B
Bartholomew



Ashleigh D
Basham



Kodi N
Baum



Anton D
Becker



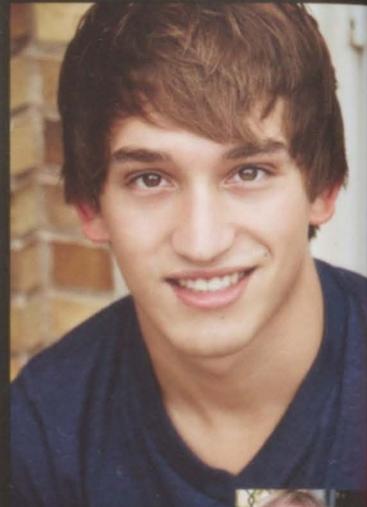
AvriElle S
Becker



James R
Beckers



Jacob A
Bedsted



Andrew J
Benson



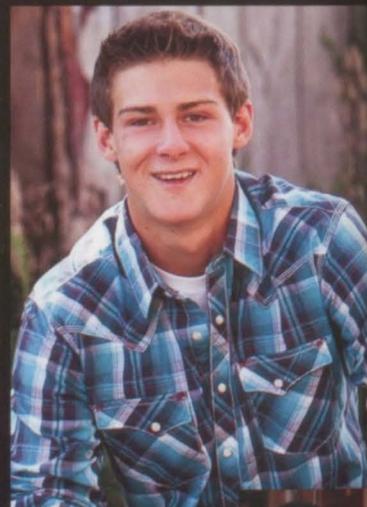
Anthony J
Bentley



Steven D
Berg



Dylan J
Berning



Henry J
Berning





Kaitlyn J
Billings



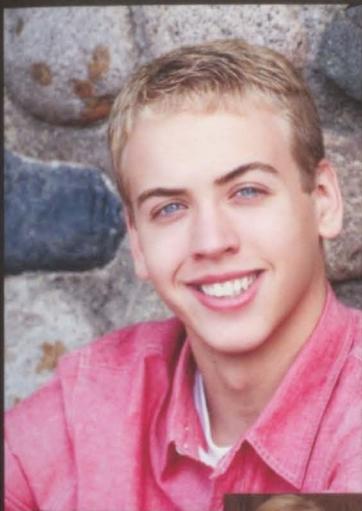
Dustin J
Blake



Brianna L
Bless



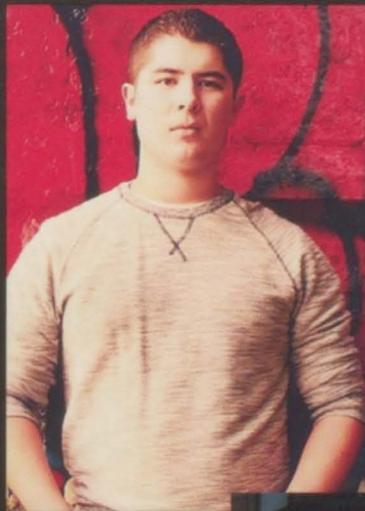
Paige M
Bloms



Alec M
Bolme



Rachel V
Bourget



William A
Bradford



Katherine D
Brastad



Michaela C
Brott



Matthew H
Brown



Michael A
Budesky



Nathan J
Bunge-
Zachman





Josephine M Burns



Nicholas G Burslie



Jason B Butkowski



Michelle L Camp



Brittney M Carpenter



Matthew C Chang



Alec M Charboneau



Stephanie R Chartier



Wai Y Chow



Dominic C Christensen



Connor J Cisewski



Madeline J Clark



Jason A
Colgrove



Nathan J
Cool



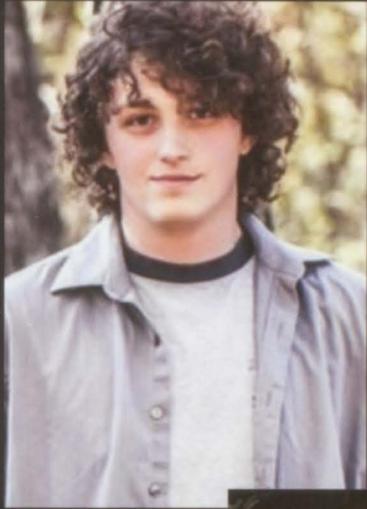
Korissa D
Cooper



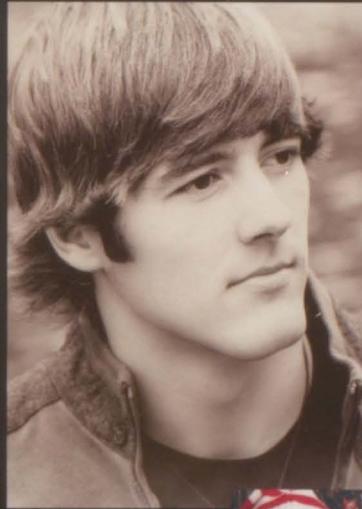
Matthew J
Coqyt



Kaitlin J
Corcoran



Eric L
Crocker



Mitchell C
Cusick



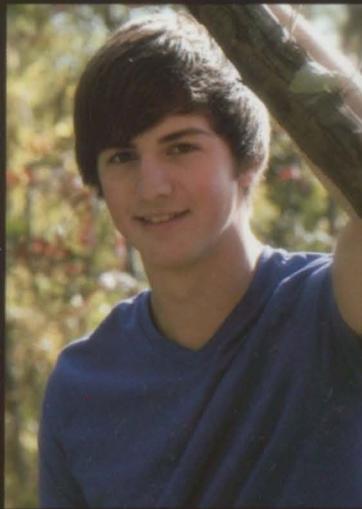
Emily G
Davey



Cole A
Dehmer



Danielle M
Dehmer



Kal M
Dehmer



Samantha R
Dehmer





Aubrey A
DelPercio



Ella M
DeRoo



Aaron D
Dick



Kaela M
Domingo



Hayley B
Dorumsgaard



Anna N
Drobnick



Jessica L
Duda



Atalie N
Duncan



Alexyia J
Dwinnell



Jillian M
Edling



Cody J
Edmondson



Laura C
Eggert





Brianna H
Eid



Cody L
Eliason



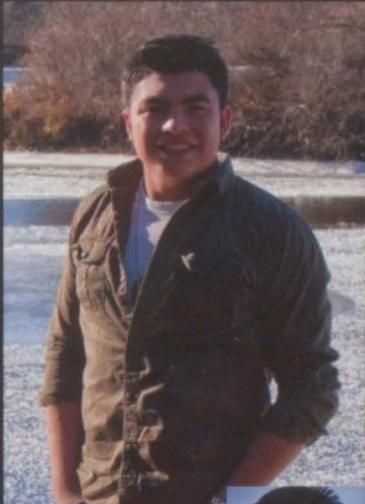
Tyler C
Engen



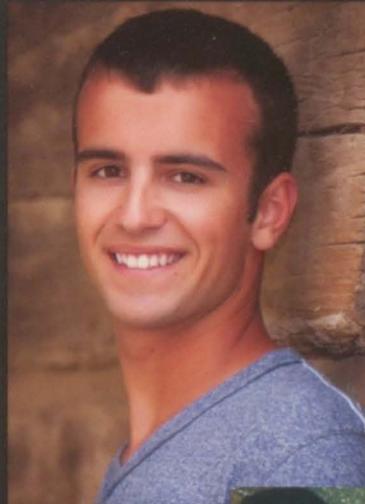
Rebecca M
Engleman



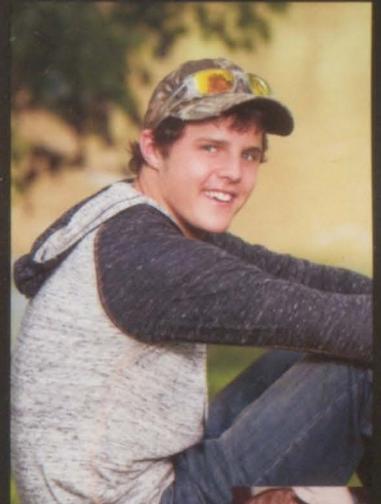
Andrew J
Erickson



Noel
Espinoza



Carter P
Eull



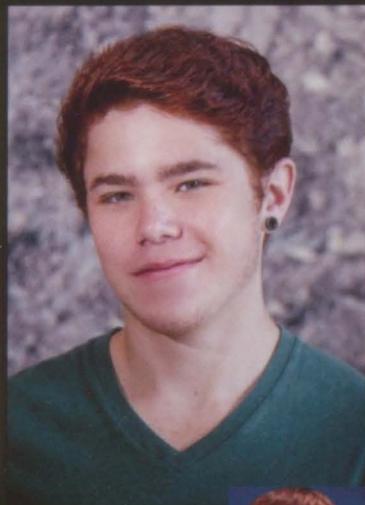
Travis R
Fasching



Maureen A
Fehn



Morgan M
Fehn



Caleb E
Figueroa

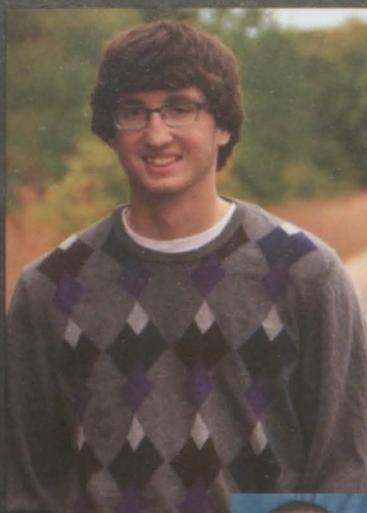


Andrew R
Florey





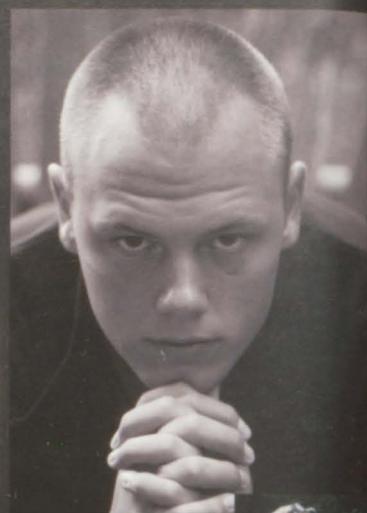
Paige E
Florip



David H
Follestad



Madison M
Foster



Cody L
Fox



Dallas G
Freeman



Alexander M
Geyer



Meagan L
Ghinter



Sydney M
Giese



John G
Goenner



Cody M W
Goodchild



Jeremy T
Goude



Amber K
Greely





Nykeesha S Greer



Brittney M Grube



Samuel T Guillou



Alex M Guimont



Melissa L Gust



William J Gustafson



Brittany A Haas



Cole J Haeska



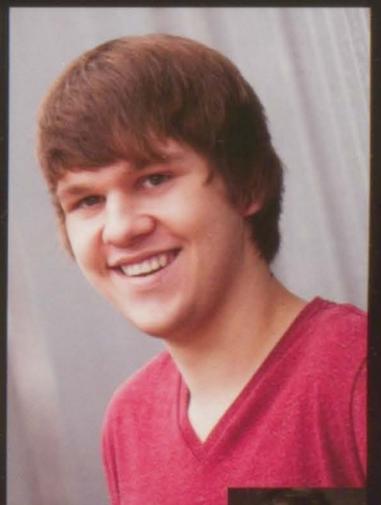
Benjamin R Haglund



Madison R Haider



Kaleigh M Hamann



Nicholas M Handberg





Dalina Hang



Collin B Hanson



Erin N Hanson



Anne Marie Harald



Nathan W Hardesty



Sabrina M Hare



Steven C Haynes



Luke A Heil



Lisa M Heller



Joshua R Hesser



Cole D Hiltner



Tyler J Hobbs





Kyle C
Hochstedler



BriAnna J
Hoffman



Spencer R
Holgate



Stephanie M
Hollerud



Alexander L
Holslin



Andrew D
Hong



Zachary J
House



Samantha E
Huber



Samantha J
Huber



Mara J
Jackson



Tyler W
Jeffries



Alexa R
Jerulle





Jeremy W
Jocelyn



Alexandra M
Johnson



Peyton R
Johnson



Trevor D
Johnson



Keith J
Jorgensen



Matthew T
Juntunen



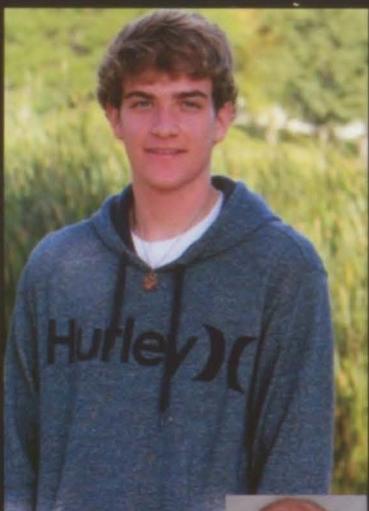
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Juusola



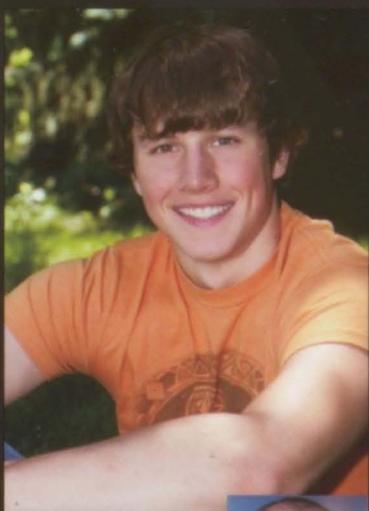
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Taylor M
Kainz



Chieze C
Kaip



Christopher M
Kartes



Aaron P
Kasel





Joshua S
Kasper



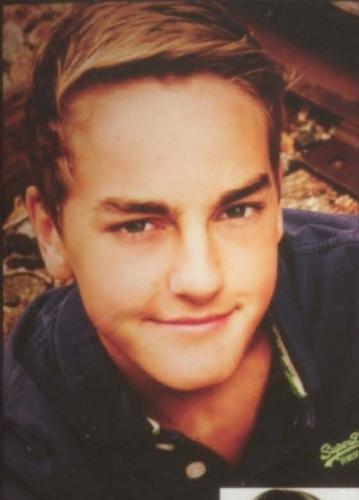
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Kelly



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Kemper



Ryan A
Kerber



Jan
Kergassner



Morgan R
Kessler



Joseph G
Kilian



Kyle J
Kilian



Su Yeon
Kim



Matthew K
Kisch



Johanna R
Knight



Callie M
Kobilka





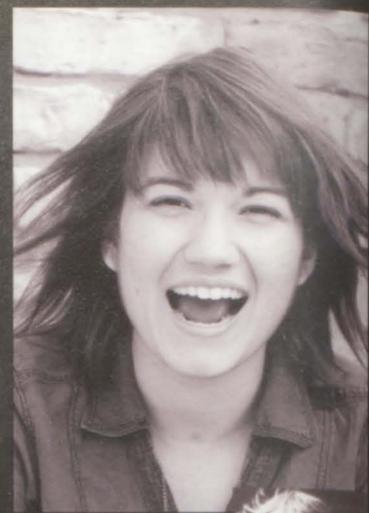
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Koetz



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Korpela



Truman J B
Kottke



LeeAnne E
Kovacs



Austin M
Kowalczyk



Amanda P
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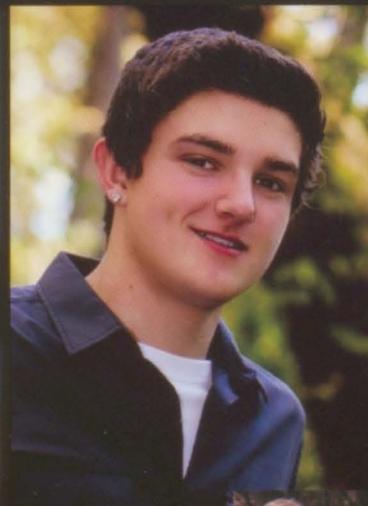
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Krueger



Matthew D
Krutzig



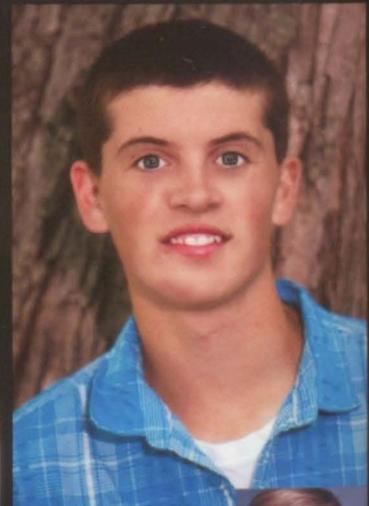
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Kuhn



Benjamin W
Kullberg



Sarah J
Kulzer



Joshua K
LaDuke

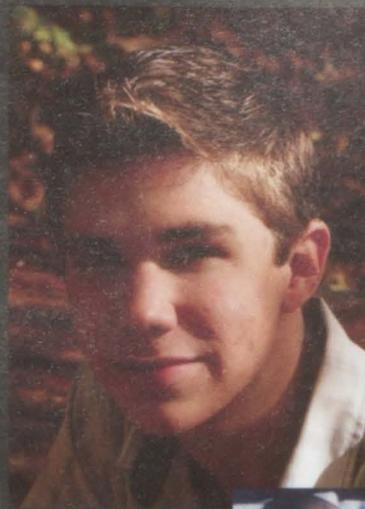




Alexandria K
LaMere



Elizabeth D
Lano



Griffen H
Larson



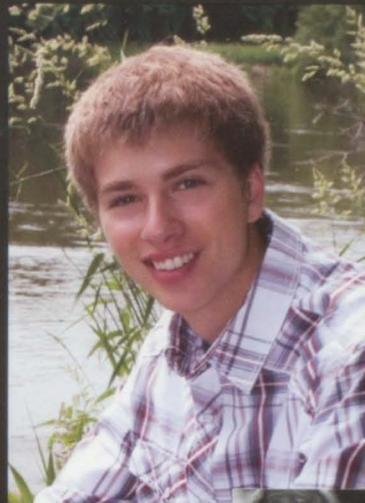
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Latterell



Elizabeth I
Legatt



Zachary A
Lehman



Luke J
Lenneman



Alyssa H
Lillo



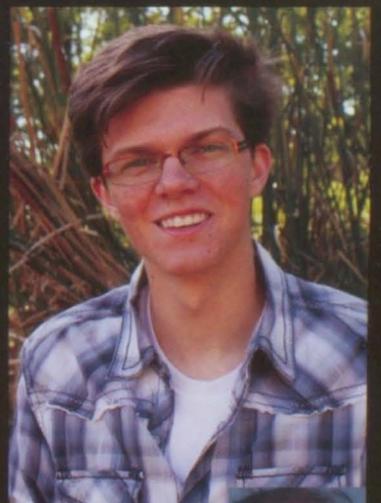
Eric M
Lindenfelser



Jordan R
Lindenfelser



Emilee G
Linder



Thomas T
Lindquist

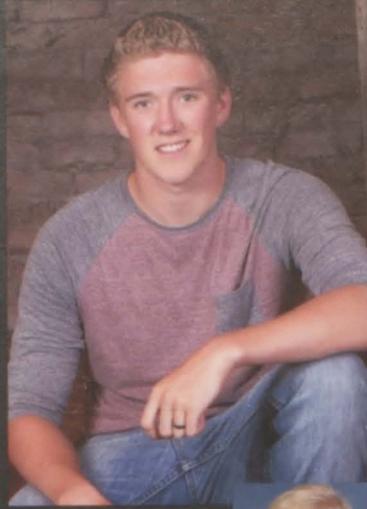




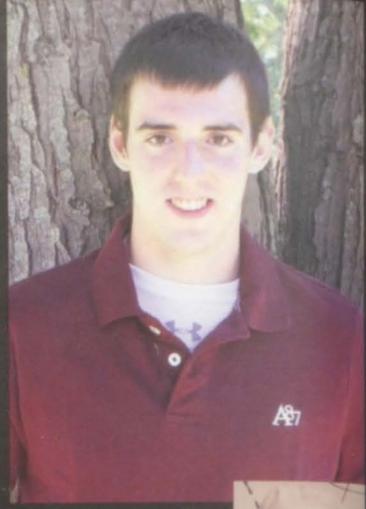
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Logeais



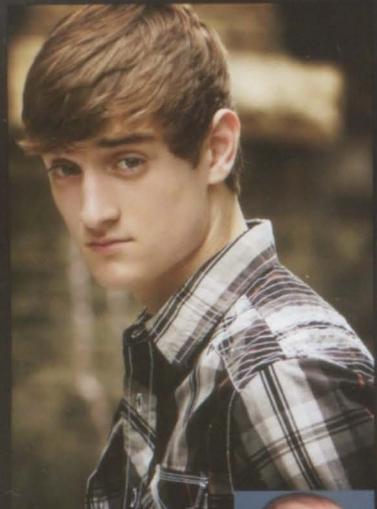
Shaylee J
Long



Austin J
Loscheider



Anthony R
Luchsinger



Brandon W
Lutz



Lauren N
Lutz



Brittney L
Lyzhoff



Cynthia L
Macedonio
Munoz



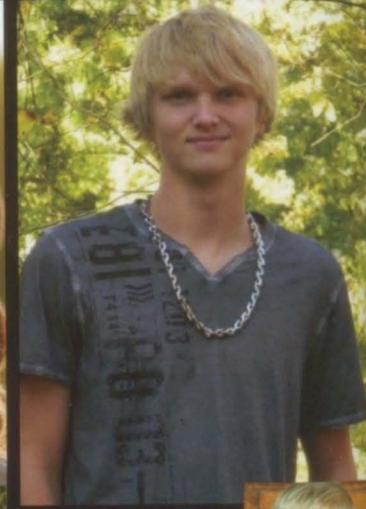
Quinn A
Maetzold



Kayla L
Mager



Jaime E
Maire



Darrin T
Maki





Bryant L
Malley



Malaynah A
Manson



Anna M
Marchand



Simon C
Mark



Gavin R
Marsh



Brett W
Marshall



Hannah M
Martin



Dylan M
Marx



Kaitlyn R
Marx



Thomas D
Mavencamp



Ana M
McDonald



Kevin P
McDonald





Nathan C
McDonald



Katrina A
McDowell



Andrea C
McGowan



Tyler J
McKeever



Mycah M
McKeown



Alexander J
McLellan



Kyle A
Mell



Jessica R
Metz



Lucas R
Meyer



Jesse A
Miller



Noah G
Mills



Felicia M
Mix





Alexander W
Monseth



Kelsey J
Monsrud



Sam A
Morain



Anna M
Moritz



Samantha A
Munkberg



Alexander J
Nadeau



Alexander J
Nagengast



Alyssa N
Nelson



Abigail K
Nesbit



Dorielle J
Noel



Thomas J
Norman



Momilani T
O'Sullivan





Gabrielle N
Odegard



Austin J
Odenbrett



Nicholas G
Ogborn



Bailey A
Olsen



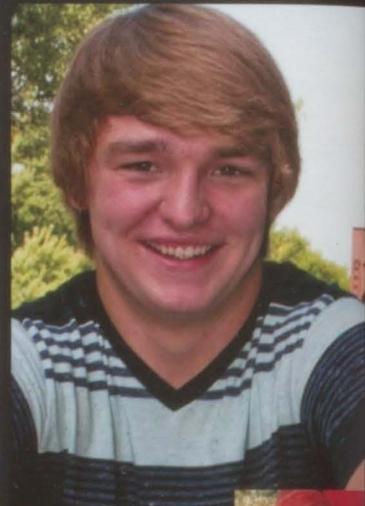
Garrett R
Olsen



Alyssa L
Olson



Holly G
Opatz



Tyler M
Otteson



Brandon O
Oudavanh



Garrett E
Palmer



Rebecca A
Panuska



Landen A
Parkin





Matthew T
Patterson



Luke R
Pelant



Jake W
Petersen



Alexis P
Peterson



Tyler J
Peterson



Zachary T
Peterson



John T
Pham



Zachary S
Pickett



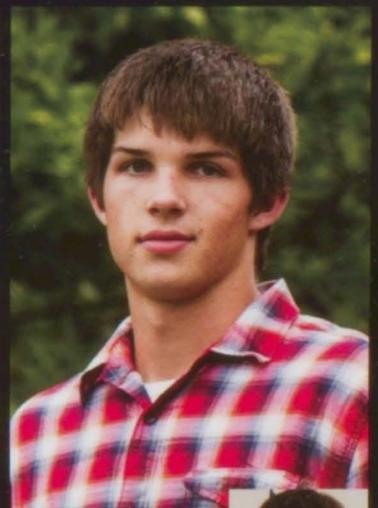
Grady R
Pollock



Priscilla A
Pomeroy



Heidi J
Prebonich



Elijah D
Prindle





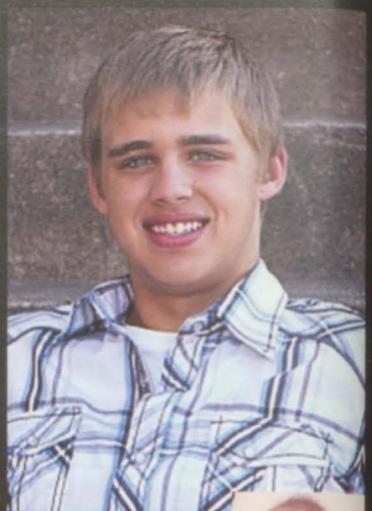
Miranda M
Psyk



Jessica
Radanavong



Mario A
Ramos



Brandon D
Rankila



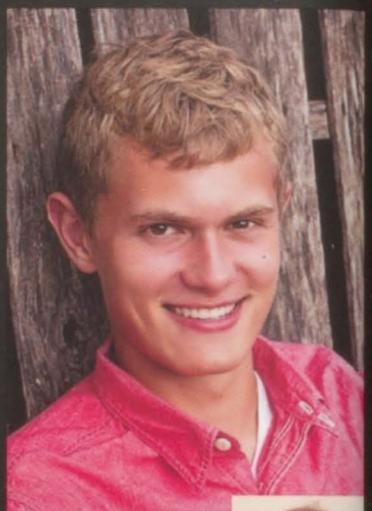
Maia E
Rehovsky



Sydney J
Renzaglia



Amanda J
Roach



Denver V
Robak



Kelly R
Robeck



Katherine L
Roberts



Lynlee R
Roberts



Rachel A
Robertus





Gabriella M
Rohrer



Matthew D
Roose



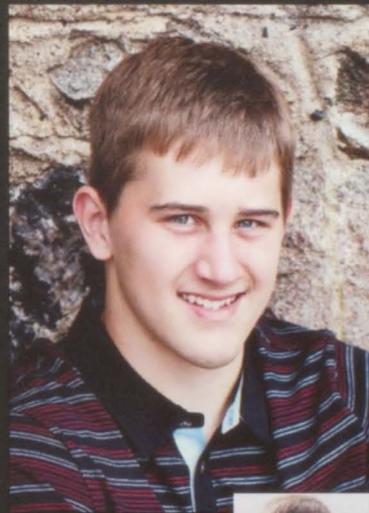
Bryan R
Rosales



Jedadiah J
Rothstein



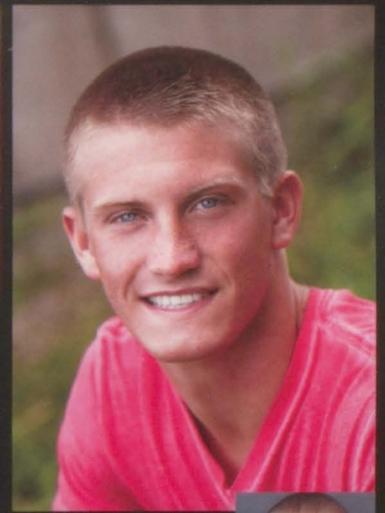
Allison M
Ruch



Luke K
Rysdahl



Calvin S
Sackey



Reid B
Sagehorn



Kayla R
Saltamachio



Ashley N
Sammon



Abigail J
Scherber



Erin I
Schindler





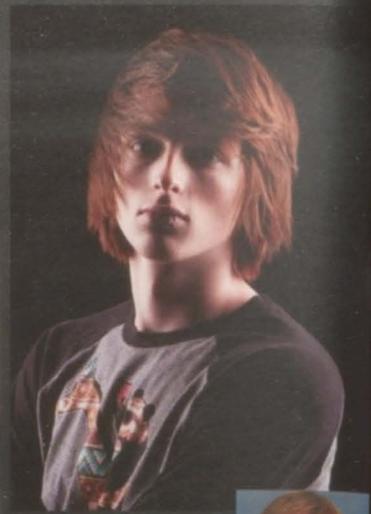
Brenna A
Schlauderaff



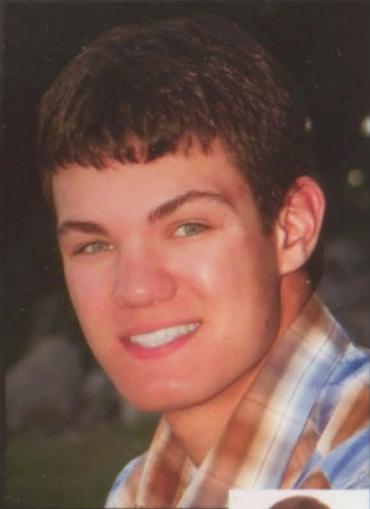
Stefanie
Schmid



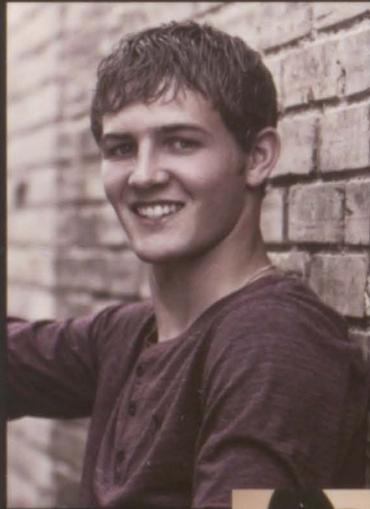
Adam J
Schmidt



Elijah S
Schmidtke



Calvin G
Schoen



Colten J
Schoen



Courtney E
Schoen



Hannah M
Schwarz



Ryan L
Sriver



Nicholas J
Severson



Conner D
Sherrard



Austin R
Sherrill





Joseph R
Sherry



Dominic J
Shovelain



Alexis M
Skomsoyvog



Bailey N
Smith



Devon A
Smith



Dylan D
Smith



Madeline M
Smith



Devyn L
Smoter



Jeremy A
Snaza



Matthew M
Snyder



Taylor R
Sorenson



Connor J
Spetz





Angela T
Stahlmann



Chelsea M
Steffens



Blake R
Steinke



Brandon S
Steinke



Ashley L
Strickler



Devin S
Stuntebeck



Tyler J
Sufka



Brian J
Sukalski



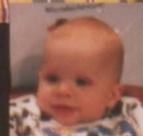
Christine R
Summers



Brandon M
Sundell



Jacob B
Tambornino



Zachary R
Tambornino





Allison M
Theis



Katelyn M
Thelen



Thomas J
Thorn



Amber R
Tischner



Joseph P
Trost



Savannah E
Trout



Jacob J
Tschida



Alayna A
Valerius



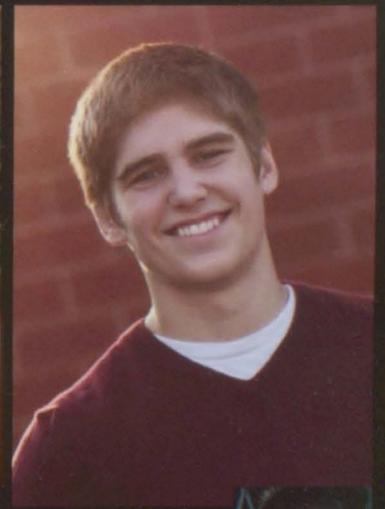
Anita S
Vang



Cheng L
Vang



Anita A
Voss



Mark J
Voss





Sammy J
Voss



Isaac J
Wagner



Chloe R T
Wallace



Anthony E
Weida



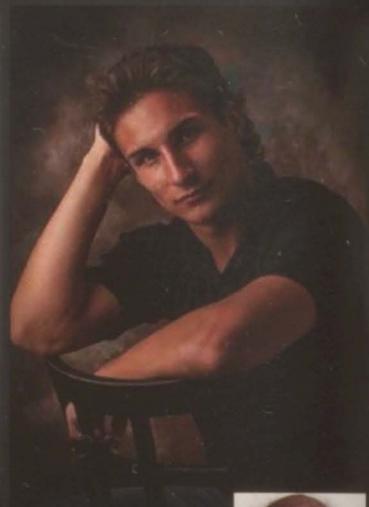
Sabrina M
Werth



Hope J
Westland



Olivia K
Weston



Austin M
Wick



Hallie L
Williams



Hunter L
Williams



Megan R
Wilson

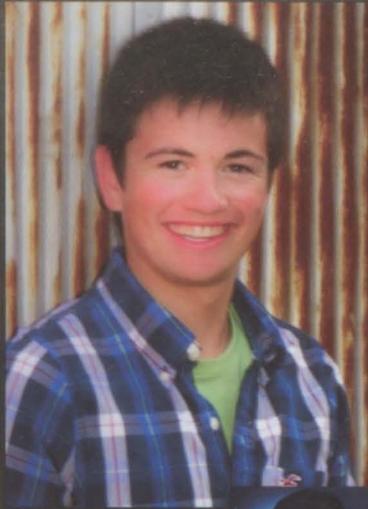


Andrew C
Winans

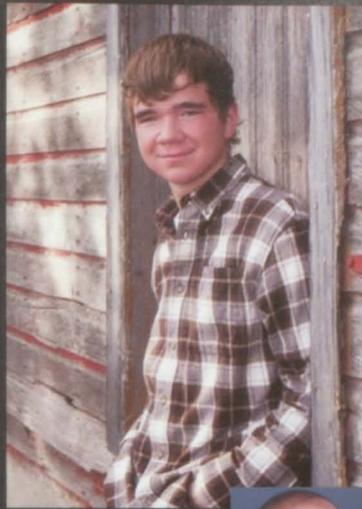




Caroline M
Wochnick



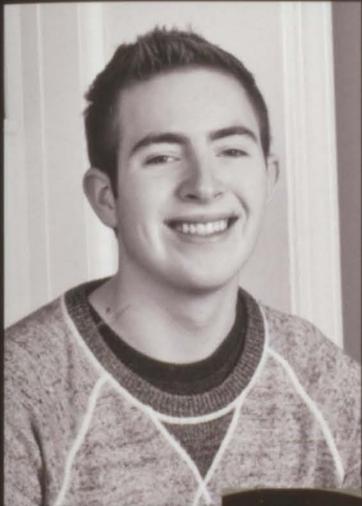
Ryan J
Weitalla



Daniel E
Wokson



Samantha R
Wolcott



Benjamin O
Wold



Maxwell R
Woodis



Mark R
Woolery



Courtney J
Wooters



Brandon T
Yang



Madeline H
Young



Kyler J
Zachman



Mercedes R
Zahler





Tyler J
Zahler



Holly M
Zimmer



Seniors Not Pictured:
Sean J Becken
Antonio J Bivans
Kevin H Engracia-Islas
Keith D McLellan

To the Class of 2014:

Congratulations on successfully completing your high school years. While here, your class, the class of 2014, demonstrated commitment to your personalized education as well as exhibited leadership and guidance to our school community. It is amazing how quickly 700 days pass. Your impact to our school has definitely made our school a better place.

Hopefully, your education at STMA High School has prepared you for all your future endeavors. As you move past high school, continue to put yourself in a position to capture your dreams. Only you can determine your life trajectory.

Good luck and we look forward to hearing about your many accomplishments!

Mr. Driver



Cutest Couple
Hallie Williams & Max Woodis



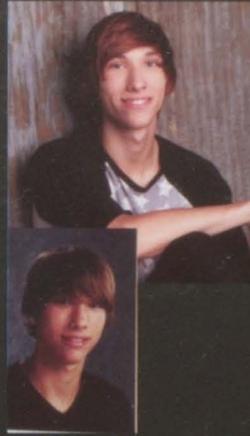
Best Hair
Callie Kobilka & Austin Wick



Teacher's Pet
Brett Marshall & Taylor Kainz



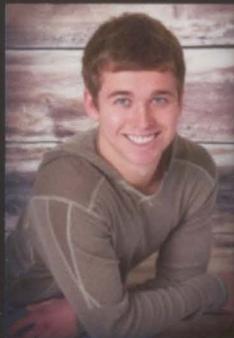
Greatest Danger to Pedestrians
Landin Parkin & Becca Engleman



Most Changed
Nicole Logeais & Kyler Zachman



Hollywood Bound
Cody Eliason & Tommy Lindquist



Best Eyes
Kayla Mager & Simon Mark



Always Late
Trey Kruger & Malaynah Manson



Most Likely To Be Olympians
Tommy Thorn & Kasey Roberts



Biggest Super Fans
Josie Burns & Tyler Jeffries



Class Comedians
D.J. Noel & Matt Krutzig

Senior Survey



ST. MICHAEL - ALBERTVILLE HIGH SCHOOL

5800 Jamison Avenue NE

B

SENIORS 2014



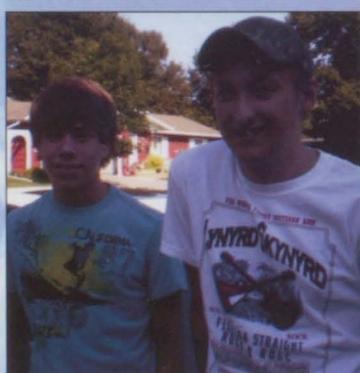
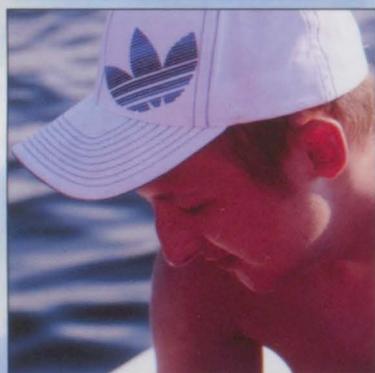
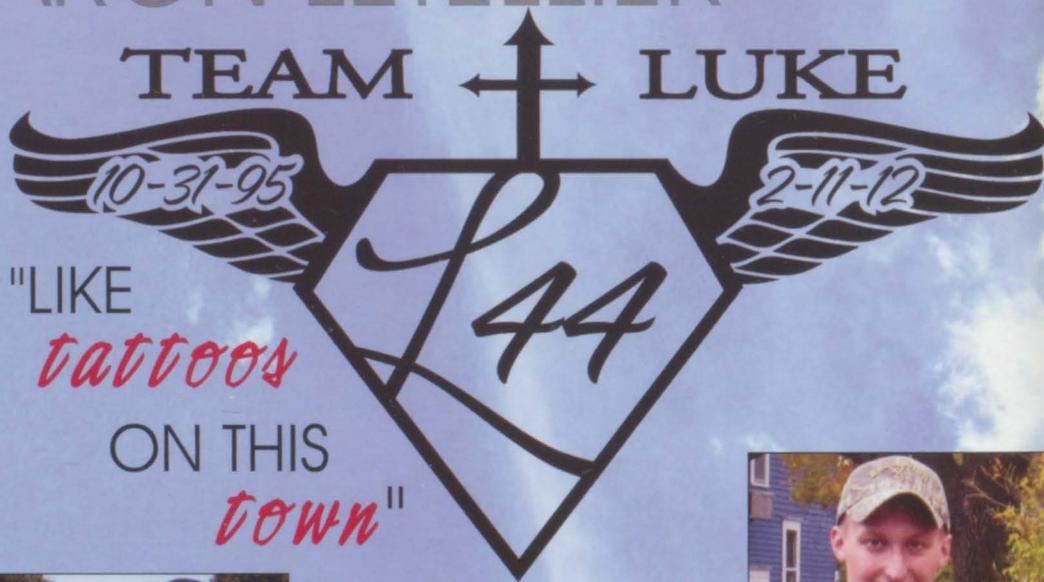
"He sure left his mark on us."

Lucas Aaron Letellier was born on October 31st, 1995 and on February 11th, 2012 he was called home to Jesus. In Luke's free time he enjoyed hunting, fishing, snowmobiling, and playing hockey. Luke had the best personality that anyone could ask for, he was a loving, kind, gentle spirit with friends and family meaning everything to him. Luke always had a smile on his face even with battling the struggles of cancer, he never gave up and neither did his support of friends and family. Luke will forever be in our hearts and never forgotten by anyone. "Team Luke #44" will live on forever in hearts.

-Written by a friend of Lucas.



LUCAS AARON LETELLIER





MICHAELA MARIE OLSON

January 3, 1996 - July 1, 2012

Michaela Olson was just an average sixteen-year-old. She hadn't quite gotten her license to drive yet; she lived to make everyone she came in contact with happy. She was on her way towards graduation, college, marriage, starting a family but was never granted those opportunities. This young girl had her whole life ahead of her, but that life was cut too short. Michaela was never caught without a smile on her face and that smile created a giant ripple effect for everyone in the hallway. Her faith radiated, making each person who knew her want to be a better person. Her bright, bubbly personality was enough to make anyone want to be her friend.

This is who Michaela Olson was. She wasn't just a name with a face. She was not just a person whose name is on bracelets on just a few wrists around the school. She is the smile in the choir's eyes, the power to the kick for a game-winning goal for the soccer team. She is the light in the lives of her friends and family. She is the life that has been taken from us. Michaela Marie Olson is more than just another face in the halls of school. She was a friend. A daughter. She was the role model to her younger siblings, Kasey and JD, who love her so much. Michaela is an angel by the sides to the ones who loved her in her short time here; to the ones who love her to this day, the ones who will never stop loving her. We love you Michaela, and we will see you again someday.

Written by friends of Michaela

"I'll be the angel by your side"



Taju, I remember...

...your great big smile and greeting students with, "Hey, how ya doing?" when you were in the hall at passing time.

...you with your friends in the EL room who made you laugh and provided support in difficult times.

...how much you respected the teachers at STMA for their work in helping you learn.

...when you would struggle to understand a concept in class that you were studying -- one that was new or unfamiliar to you-- and suddenly you would look up, smile, and say, "Oh yeah, I get it!"

...the stories you told me of learning to survive in the refugee camp when older boys would bully you; the meager resources in the refugee schools, and how differently teachers treated students there.

...those profound conversations we would sometimes have after school- when you would share your insight into human nature you had learned after being forced to relocate, learning a new culture, and then finally coming to the United States. I became the student and you the teacher.

...how you talked about your mom in Ethiopia, and how you longed to go visit her! She was so excited for you to come; you even convinced her to put in indoor plumbing!

...how your beliefs and values strengthened to guide your life, allowing you to stand up for what you knew was right.

...to celebrate your short life, knowing you have touched the lives of many- and I am honored that I knew you so well.

- Mrs. Shaw

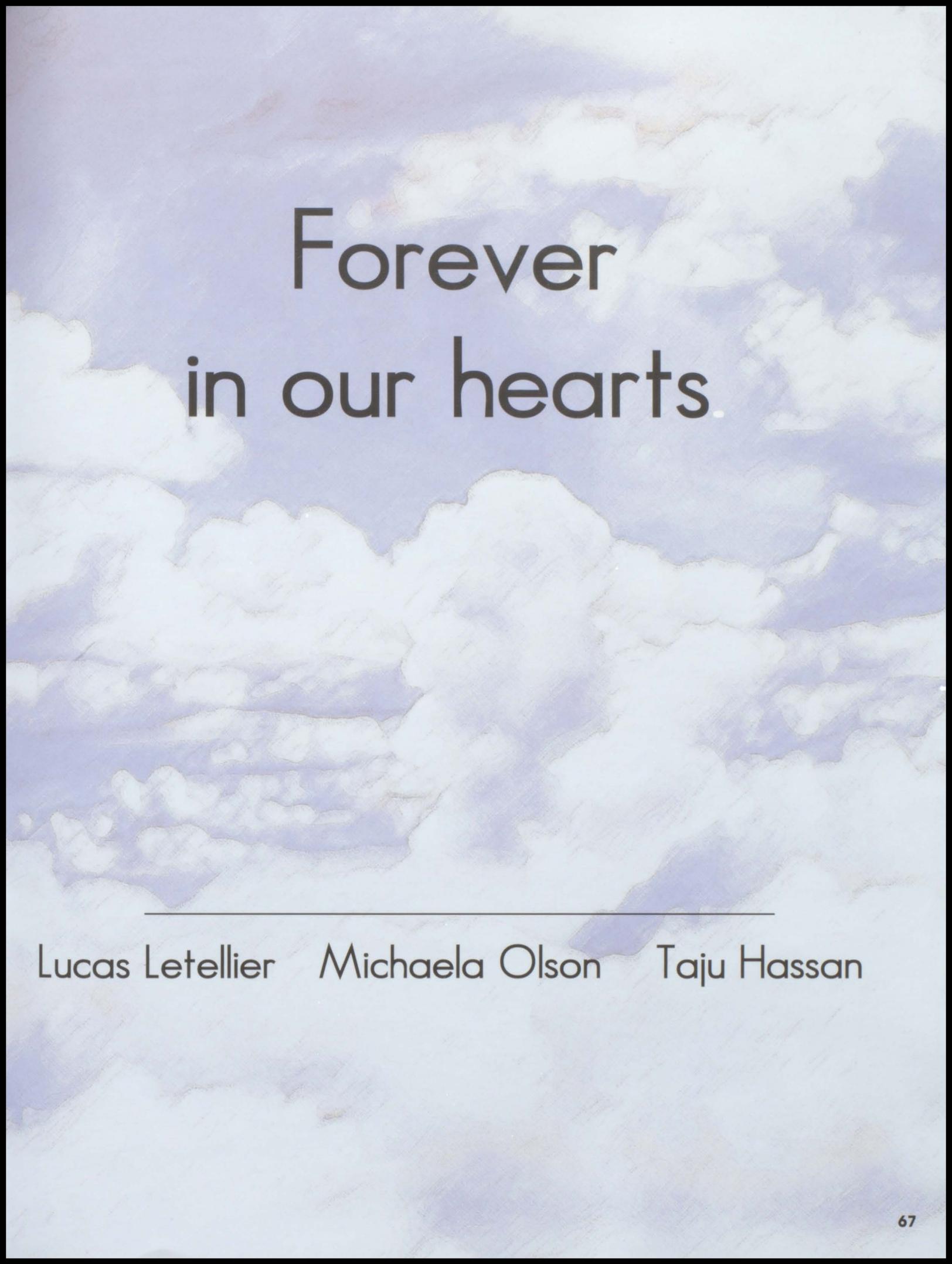
We will never forget you.

Taju Hassan

1995-2013

Taju's family requested that he not be pictured due to religious purposes.

Taju has instead been acknowledged with a writing from Mrs. Shaw.



Forever
in our hearts.

Lucas Letellier Michaela Olson Taju Hassan





JUNIORS

The Class of 2015 is on their way. They have made it through their first half of high school and have one year to go. Don't blink, because this time will be over before we know it, and we will be off to bigger and better things. As a class, we will go far, and never will we forget the wonderful memories we have made with each other.

Amin M Aboujouda
 Josie C Adkins
 Antoine N Akundu
 Regina O Alaka
 Madison E Albrecht
 Mohamed A Ali



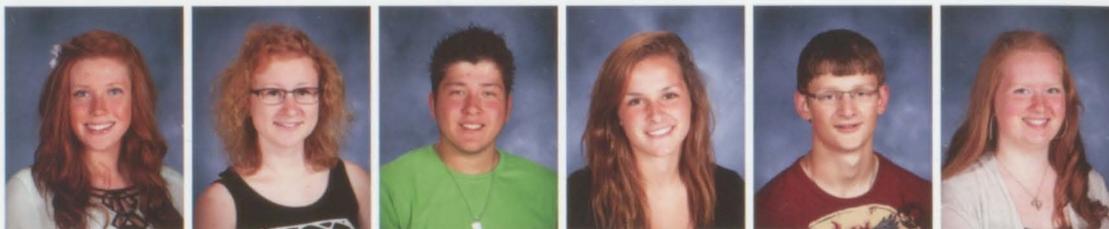
Gavin A Allen
 Brianna M Allers
 Gracyn E Altenhofen
 Shaye B Althoff
 Alissa A Anderson
 Kaitlyn M Anderson



Randall T Anderson
 Sara J Anderson
 Lucy G Arndt
 Morgan E Arseneau
 Alyson E Astleford
 Anyssa J Astleford



Hannah E Bagne
 Rachel A Ball
 Ossiel A Bando Garcia
 Victoria R Barr
 Blake H Barthel
 Bryttani K Barthel



Danielle E Barthel
 Erick W Barthel
 Nicholas D Batchelor
 Brooke A Baune
 Andrew J Beaudry
 Tyler J Bebensee



Stephen W Begin
 Austin J Benson
 Tyler J Berg
 Hannah D Berhow
 Conner P Bermel
 Blake H Berning



Elizabeth J Berning
 Melissa A Berning
 Nicolas J Berning
 Simon F Bertsch
 Nathaniel O Bice
 Alexander D Birk



Emily S Bistodeau
 Alexander J Bivans
 Nicole T Blake
 Taylor L Blank
 Brett C Bless
 Hope L Bloms





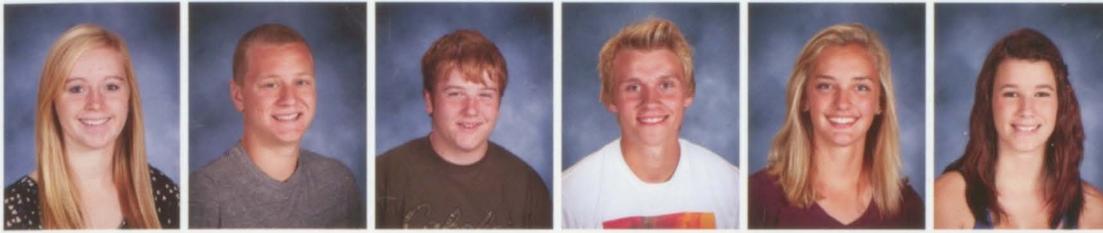
Jake T Bloomstrand
 Larissa M Bohler
 Ryan M Borowiak
 Sonia N Bosire
 Rebecca M Bourget
 Ian C Bowles



Kayla M Bramhall
 Riley F Breen
 Bobbi S Brendefur
 Landon R Bridell
 Jacob T Briggs
 Carlie R Brostrom-Sibley



Jada L Brown
 Nickolas A Brown
 Samuel G Brown
 Tyler L Brown
 Michael J Bryant
 Erin E Buck



Karli J Buckmeier
 John C Budde
 Dylan M Bundy
 Chase J Bunnell
 Allison M Burditt
 Sabrina N Busby



Mason A Busch
 Jonathan R Cahill
 Megan K Caldwell
 Michael L Campbell
 Andrew Q Carbert
 Tyler R Carlson



Anne M Caron
 Cossette V Carr
 Chase T Cayo
 Haley C Cederberg
 Ryan M Celusta
 Danielle R Chatterton



Frankie A Chervenak
 Tylor J Chouanard
 Jake P Coulson
 Samuel L Czech
 Bradley T Daleiden
 Erin E Daly



Jamie Dang
 Taylor A Dickey
 Taylor J Dircz
 Megan K Doboszanski
 Tre L Dorenbush
 Amanda V Dorholt

Aaron T Dorland
 Kate L Drimel
 Anthony M Dupris
 Dawnis L Egan
 Nicholas W Egan
 Jorgan C Eicher



Luke J Eicher
 Christian J Eiyneck
 Armond J Ellis
 Dylan D Elsnes
 Lance M Ende
 Mitchell A Erickson



Zachary L Erickson
 Roy L Etienne
 Tessa M Eull
 Jared T Euteneuer
 Noah A Evans
 Alyx A Faust



Amber K Ferrian
 Robyn L Ferrian
 Paige E Fesenmaier
 Taylor A Fette
 Jordan N Filipek
 Kayla M Finnerty



Haley M Foucault
 Derek A Frazier
 Hannah K Fusco
 Rose K Gallagher
 Wade P Gammell
 John T Gebell



Taylor A Giaimo
 William R Giller
 Evan J Gjesvold
 Breanna M Goenner
 Cassidy R Goodfellow
 Andrew L Grambusch



Noah M Graziano
 Jackson J Greenwaldt
 Francesca K Griffero
 Kevin D Grove
 Sydney H Grubb
 Leah M Grunke



Colby T Guiney
 Jake R Hackenmueller
 Melissa A Hackenmueller
 Garret P Hahn
 Jaylen J Hakes
 Brandon J Haliburton





Kristen I Haller
 Jenna L Halpin
 Acacia L Halverson
 Emily C Hamann
 Jaymie D Hansen
 Morgan R Hansen



Andrew C Hanson
 Freya M Hanson
 Presko A Hanson
 Hunter C Harmon
 Omar R Harrison
 Tyler B Harwood



Biftu H Hassan
 Logan S Hatch
 Tyler G Hayes
 Shawna M Heaton
 Joseph M Hebeisen
 Alexis K Heil



Jared M Heinen
 Adrianna M Helle
 Katie A Helm
 Abigail E Herbst
 Alyssa M Heuanphommavong
 Heather R Heyerman



Alex J Hiltner
 Andrew J Hinkemeyer
 Sarah M Hinrichs
 Newel P Hirst
 Eve M Hlavka
 Cameron R Holm



Caleb J Holt
 Jed S Irvine
 Aubree A Jackson
 Allison K Jaques
 Jesse L Jenkins
 Madelyn E Jesser



Bria N Johnson
 Daniel R Johnson
 Jacob R Johnson
 Tiffany A Johnson
 Cody E Jones
 Ryan B Jones



Kelsey J Jorgensen
 Jordan M Joseph
 Kieran M Kadlec
 Ismael Y Karkache
 Benjamin T Karlson
 Tamarre C Kelly-Bedford

Abby J Kiesner
Tate M Kindom
Rachel L King
Brianna L Kinghorn
Shania M Kinghorn
Caelyn L Kirscher



Alison S Kmett
Conner P Knight
Melissa A Knott
Brendan J Kolehmainen
Lisa M Kovacs
Alexander R Kuechle



Ashley A Kumar
Jenna E LaCoursiere
Joseph M LaFond
Ryan M Larkin
Carly R Larsen
Emily K Laudenschach



Christopher I Leathers
Malissa J LeClaire
Julia K Leigh
Christine C Lenneman
Benjamin P Leuer
Lance L Lewison



Andrew J Lindenfelser
David J Linn
Olivia A Lutz
Marven Macedonio Munoz
Shaye K Maetzold
Hanot T Mahari



Dustyne L Malenke
Gavin P Maltby
Vinita Maraj
Destiny J Markley
Aspen K Marquette
Mackenzie M Martin



Sarah T Martin
Christian D Marweg
Andrew C Marx
Wesley B Maschke
Sophia R Mazurek
Craig J McDowell



Whitney A McShane
Jocelynn A Mehrman
Edwin E Melgar
Edward R Mercado
Alex A Merges
Hannah J Merges





Daesha R Merkl
 Samantha J Metzger
 Christine E Miller
 Thomas R Miller
 Samantha A Milless
 Katherine D Moen



Kennedy S Molitor
 Jacob D Monseth
 Elias J Moore
 Ryan F Moore
 Jacob D Moran
 Grant E Morgan



Daniel S Morris
 Lyndsey R Mros
 Camille E Mudd
 Kateri N Munson
 Lucas G Myhre
 Logan J Nelson



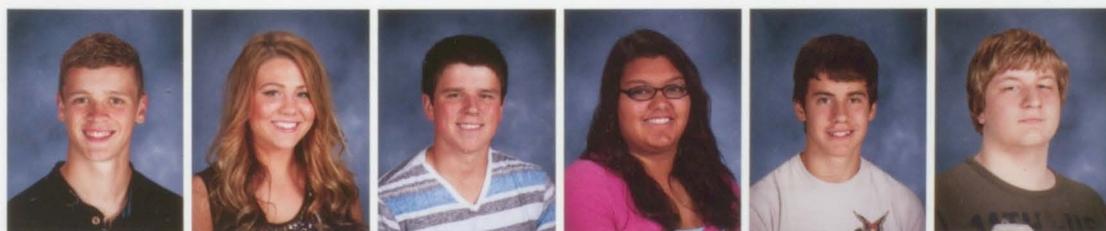
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 Sally V Nguyen
 Austin D Nickel
 Matthew W Nielsen
 Megan R Noetzel



Joshua D Novicky
 Jody L Olejar
 Shelbie J Olek
 Emma C Olson
 Kaitlin E Olson
 Trent S Olson



Taylor A Pehrson
 Caleb M Peterson
 Tracy J Petit
 KT A Phanthavong
 Alyssa D Pieper
 Nicholas D Pitman



Justin J Pittelkow
 Jorie R Pollman
 Ryan P Poss
 Lily D Prashad
 Joffre A Proano
 Travis R Prokott



Erin N Prosper
 Andrew C Puett
 Aaron M Pung
 Justin Radanavong
 Krista B Rambo
 Cody D Reckard

Calvin R Reese
 Alexander T Reeves
 Kathryn E Rehovsky
 Takota J Reinbold
 Beth E Resch
 Monet D Richardson



Taylor J Robarge
 Taylor R Robeck
 Jon C Robinson
 Sydney L Rooker
 Olivia S Rooney
 Jacob Rothman



Taylor A Rothstein
 Trevor J Rothstein
 Aaron J Rouland
 Brynn K Rova
 Mallory M Sackey
 Christian D Sanchez



Anna E Sanford
 Bryan L Santelices
 Julia K Schade
 Austin D Schei
 Mallory A Schneider
 Michael L Schoenke



Madelyn J Schopf
 Hannah S Schutz
 Elizabeth M Schwab
 Kali K Simonson
 Kyle D Simonson
 Alexandria T Simpson



Anna E Skare
 Krista A Slavin
 Nathan R Smelter
 Madison P Smiley
 Karson R Sorby
 Andrea J Sorensen



Trevor J Sorheim
 Starr M Stackhouse
 Emily J Stange
 Ashley J Stecker
 Allie R Steffens
 Jack R Steffl



Mackenzi L Steichen
 Lake A Stidham
 Samuel D Streitman
 Laura K Sukalski
 Abigail R Sundeen
 Ashley M Swanson





Emily L Swanson
 Jay T Swanson
 Brady J Swartzter
 Matthew R Swedzinski
 Kristina L Swenson
 Tyler R Syrdal



Brett M Tarr
 Anita P Thammavongsa
 Brian W Thell
 Kacia L Thurber Palosaari
 Cassiana L Thurman
 Joshua M Tracy



Emily F Tschida
 Brenden D Valker
 Emma K Valker
 Wesley G Van'tHull
 Mai S Vang
 Cheyenne L Vavrina



Gabrielle R Vetsch
 Genevieve R Vickers
 Sidney K Vieau
 Taylor F Vlasak
 Madeline L Vorliceck
 Jordyn N Walker



Megan M Waller
 Lily C Walters
 Desiree I Weaver
 Wade J Weber
 Alexa L Wilkes
 Miranda B Wilson



Meghan E Winans
 Abigail S Wold
 Destinee M Wolfson
 Samuel A Wolseth
 Brett R Wortman
 Averiel M Wright



Chouafa K Yang
 Kara E Young
 Londynn D Young
 Olivia H Yue
 Joel A Zachman
 Mitchell K Zachman



Emily K Zehowski
 Isaac J Zipp
 Taylor R Zopfi
 Samantha M Zornig
 Alex V Zubarev
 Not Pictured:
 Tyler K Amy
 Brendan M Culhane
 Nathan J Delger
 Alyssa S Doyle
 Samuel M Flugum
 Grant T Moser
 Emilia L Mounkine
 Kyle D Otteson
 Samuel D Streitman



SOPHOMORES
Help for today
HOPE
For tomorrow
all for ell

KNIGHTS



SOPHOMORE

The class of 2016 has a bond like no other, showing support for a beautiful classmate, Elli Hofmeister, in her battle through Juvenile Huntington's Disease. Our support for each other is eternal, and we have each other's backs no matter what. **79**

Andrew M Abram
 Abigail E Adika
 Garrett W Ailts
 Ryan D Albrecht
 Joshua M Alfaro
 Asif Ally



Ryan W Alstad
 Shelby N Aman
 Aeschilde A Anderson
 Katelyn L Anderson
 Nolan R Anderson
 Trevor M Anderson



Marah A Arndt
 Allen Arriaga
 RaeAnn L Athman
 Nixon Avendano
 Andrew C Babcock
 Kelsey A Backes



Danielle D Bagne
 Alex J Baldwin
 Emma J Barbeln
 Andy Barrera
 Alexander M Basham
 Dillynger C Beck



Emily A Bedman
 Heather L Bentley
 Brandon R Berning
 Paige R Berning
 William P Berning
 Brooke L Bertek



Preston M Bestick
 Daniel J Bivans
 Marshall D Bjorlin
 Tucker D Bjorlin
 Gracia L Blazek
 Caylynn M Bless



Julia L Bogenholm
 Makayla E Booker
 Emily A Boyce
 Zachary K Bracken
 Nathaniel S Bratager
 Clarissa A Bredemeier



Jake M Bredesen
 Christopher S Brewer
 Madisen N Briggs
 Brandon T Brommer
 Kelsie M Brott
 Riley J Brown





Kaitlyn M Budion
 Mackenzie J Burke
 Michael J Bury
 Madeleine E Busch
 Colton J Campbell
 Alayna M Carlson



Steven C Carlson
 Noah T Carpenter
 Megan E Carpentier
 Jonathan D Cary
 Lindsey C Cederberg
 Therese L Chambers



Brooke M Charboneau
 Rachel Chouanard
 Autumn M Christensen
 Nicole L Christenson
 Ryan J Cisewski
 Brian A Colgrove



Jackson A Connelly
 Brandon M Cool
 Cody Cornellier
 Casey J Crandall
 Clare E Culhane
 Brandon R Cusick



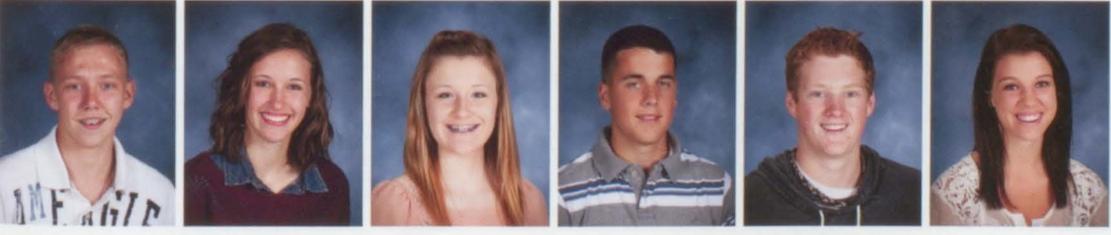
Collin J Dahlman
 Zachary A Dallum
 Caitlin M Daly
 Bailey W David
 Dexter R Dehmer
 Heather M Dehmer



Miranda N Dehmer
 Alexandra Delahousaye
 April K Dick
 William J Dierberger
 Brittaini A Doble
 Lauren A Dobson



Mitchell J Dold
 Jolene M Duda
 Richelle M Dunbar
 McKenzie M Ebert
 Alexandra M Eckert
 Isabella M Eckert



Tristan D Eddy
 McKenna L Egbert
 Kaitlen M Ege
 Joseph V Eicher
 Braden C Eliason
 Meghan M Emerson

Noah R Ergen
 Andrew M Erickson
 Jeremiah T Eull
 McKenna J Eull
 Kiana J Eystad
 Karissa M Fairburn



Levi T Falde
 Paige L Falde
 Valentino M Faulkner
 Alaina K Felt
 Libby M Fesenmaier
 Jackson S Fisher



Harold J Fleegele
 Bryan T Fournier
 Dylan S Fox
 Michael E Fredrickson
 Camron D Fuerstenberg
 Jake R Gallagher



Seth A Gardner
 Ethan A Gavic
 Kau-Toneh C Gaypia
 Elizabeth M Gebert
 Jeffrey R Geiger
 Mitchell J Gerads



Chelsi R Gfroerer
 Jennifer R Gibbs
 Jayson M Giese
 Megan E Goede
 Bryan R Goehring-Reinhart
 Kolton W Goepfert



Brianna H Goodchild
 Nolan J Grambusch
 Connor R Greenwood
 Kenneth P Gudmonson
 Brianna D Gustafson
 Elizabeth C Gustafson



Makayla E Hackman
 Riley A Haehn
 Samuel L Hamer
 Sydney C Hanlon
 Hailey R Hansen
 Hunter R Hansen



Angela M Hanson
 Thomas J Harald
 Jessica B Harrison
 Kaylyn M Hartmark
 Kristina L Hartneck
 Jade A Haseman





Kaleigh R Hatzinger
 Ashley A Hawkins
 Rylie L Hayes
 Douglas R Heairet
 Alton J Hegg
 Brandon W Heiber



Paige E Hemmer
 Ethan P Her
 Evelyn Hernandez
 Kora L Hesser
 Kevin J Hiltner
 Jake W Hinz



Elli J Hofmeister
 Tyler C Hollister
 Parker S Holm
 Kayla E Horn
 Tyler C Hoselton
 Emma R Howey



Kaylee J Isaacson
 Maxxe S Jackson
 Mitchell S Jaeger
 Jovon A James
 Lynsey M Jans
 Austin F Jeffries



Lucas J Jenkins
 Johnathan T Jensen
 Lucas A Jeske
 Gavin J Jocelyn
 Zachary A Jocelyn
 Austin J Johnson



Leah M Johnson
 Travis C Johnson
 John C Jones
 Adam B Jurmu
 Zachary S Kainz
 Hannah L Kari



Arijana Karic
 Mariam A Karkache
 Kennedy L Keller
 Taylor E Kemper
 Ryan D Kennedy
 Peyton R Kessler



Catherine M Kiesling
 Andrew T King
 Abby N Kirk
 Jennifer M Kisch
 Connor R Klatke
 Blake W Kloster

John T Klysen
 Ryan D Knott
 Cassandra K Kobilka
 Coltan H Koenig
 Katie N Koetz
 Jacob L Kolasa



Madelyn G Konsor
 Anika B Korpi
 Allison N Kostreba
 Briana R Kotchen
 Mckayla S Kowalczyk
 Samuel C Krcma



Brian E Kruschke
 Landon P Laman
 Emily N Landry
 Brent A Lange
 Sydney M Latterell
 Aaron G Lawler



Lukas C Layton
 Bret D Lee
 Tyler M Lee
 Vanita D Lee
 Andrew T Legatt
 Noelle E Lehman



Cameron J Lehmann
 Hayley R Lenz
 Sydney M Lenz
 Donald J Leuer
 Nathan G Liebelt
 Austin T Lillo



Kylynn L Lind
 Dylan T Lindenfelser
 Holly J Lindenfelser
 Abbey J Long
 Connor T Loscheider
 Sarah E Luchsinger



Carter A Luedtke
 Madison N Luedtke
 Alexis A Lund
 Kalley A Malley
 Chad M Malmon
 Matthew M Malone



Ryan M Marhula
 Matthew W Marran
 Carly R Marron
 Daniel C Mayerchak
 Connor A McCann
 Jack D McDaniel





Jack I McGowan
 Mitchell S McKee
 Carissa P McLellan
 Alysa M Mercado
 William E Merkl
 Nicole M Meyer



Abigail L Miller
 Joseph E Miller
 Christopher D Miltz
 Zachery D Miltz
 Andrew E Moen
 Jeremy G Moran



William M Mozis
 John E Munkberg
 Kylee B Munson
 Caitlin D Myers
 Danielle R Myers
 Jackson T Nadeau



Nicolas J Nelson
 Ryan M Nelson
 Anna M Nietfeld
 Zachary D Nygaard
 Peter J O'Neill
 Elijah T O'Sullivan



Kingsley I Obilor
 Cassandra L Oie
 Nolan D Olsen
 Cameron B Olson
 Claire E Olson
 Taylor S Olson



Ryan O Olupo
 Lauren Otteson
 Alexis J Patnode
 Erin K Patterson
 David R Pauba
 Kaelin J Pegg



William C Penn
 Karina E Peraza
 Whitney L Perry
 Abigail E Peterson
 Abigail F Peterson
 Jacob A Peterson



Kaitlin J Peterson
 Paige J Pettit
 Savana K Phengmany
 Ethan J Piecora
 Justine E Piersiak
 Madeleine A Pipenhagen

Anastasia M Pohl
 Rachel E Pomeroy
 Ethan D Prindle
 Morgan M Psyk
 Rochelle M Puncochar
 Nikhil Z Purohit



Jacob F Radtke
 Lindsey N Rederer
 Jacob J Reinking
 Ryne J Renzaglia
 Elijah S Rice
 Andrew I Ringate



Joseph A Rios
 Anna M Roach
 Caroline P Roberts
 Emily E Robertson
 Isabella J Rodriguez
 Owen C Roed



Mckenna E Rogers
 Katlyn A Rohrer
 Evan K Ronsen
 Mikayla C Ronyak
 Kimberly D Rosales
 Connor W Rose



Jakob R Ross
 Sarah N Ross
 Kaitlin E Rossi
 Erich M Rotenberger
 Emily E Ruhland
 Nicole A Runge



Grace A Rysdahl
 Juliann J Salber
 Tess A Salen
 Joseph M Salonek
 Anthony J Sauer
 Kathryn R Sauer



Taylor J Schlimme
 Zachery T Schloesser
 Joshua M Schmidt
 MaryJo A Schmidt
 Mary T Schmitz
 Zachary P Schoen



Sidney M Schreiner
 Morgan J Schumm
 Genola S Segbee
 Austin J Seidel
 Mackenzie F Selle
 Cody L Sellman





Jacob D Sherry
Kara L Simonson
Eron S Simpson
Eric S Sjelin
Samantha M Sklenar
Stephanie A Sklenar



Alison R Skon
Austin J Smith
Carter D Smith
Connor J Smith
Jacob M Smith
Ryan M Smith



Emily M Solberg
Parker L Sonenstahl
Briar C Sorenson
Jeremy A Sorenson
Alexys S Sovis
Serina L Spooner



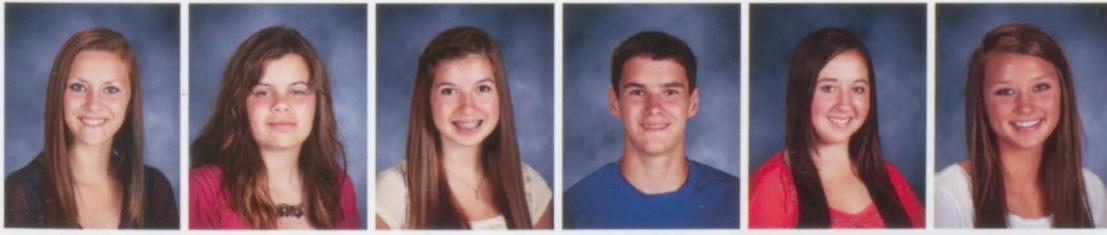
Greta K Stanton
Alyssa M Stecker
Brandi J Steinbach
Tayllor A Steinmetz
Elizabeth A Stephenson
Geena L Stepp



Marshall J Stevenson
Marissa L Stifter
Nathaniel E Strand
Cassandra A Strege
Levi J Sturos
Jordyn K Sufka



Brandon R Sukhu
Angela M Summers
Ryan S Sustacek
Ronald J Tanchin
Jack R Terwey
Emma S Thiemann



Kyli R Thomas
Mallory A Thomas
Afton M Thompson-Witt
Brendan J Thorp
Ashley L Tilbury
Sydney R Tracy



Taylor L Tranberg
Syreena T Trombley
Emily T Turnquist
Steven R Vanderheiden
Kaitlyn A Vanderhoff
Ka B Vang

Austin M Veire
 Jacob L Veire
 Leah C Verbrugge
 Justin D Vetsch
 Matthew A Volby
 Jonathan D Wahlberg



Emily L Waldorf
 Erin R Waldorf
 Claire R Wallace
 Emily E Waller
 Jacob P Walters
 Tyler A Walz



Blake B Wedell
 Johnathan W Wegler
 Thomas R Weigel
 Taylor S Weinand
 Nicholas J Wendel
 Braden J Wermager



Ariana A Werth
 Jared A West
 Jocelyn A West
 Madeline R Westendorp
 Isaiah K Weston
 Michael L Wettschreck



Hunter G Wilcox
 Madalyn S Williams
 Nathan V Williams
 Emmanuel S Wilson
 Lena J Wilson
 Tre'vyon M Wilson



Cherish S Witherspoon
 Adam R Wnuk
 Samantha E Wojcik
 Bayley A Woolhouse
 Gregory P Wurm
 Laly Xiong



David M Yang
 Andrew L Yohn
 Derik K Youngdahl
 Alex J Yunker
 Matthew S Yunker
 Chatrea R Zachman



Kelly N Zajac
 Brittany N Zajicek
 Kitri J Zezza
 Ashley L Zimmer
 John J Zimmer
 Trevor P Zins



Not Pictured:

Gianni Mercado Aragon

Autographs





FRESHMEN

The class of 2017 has started out high school strong. This was the first year that they had to really think about what they are going to do with the rest of their lives. They have three years left, and they're on their own. Memories they will make here; times they will share will be with them for the rest of their lives. This is our time, freshmen. This is all for us.

Alana M Achterkirch
 Catriona M Ailts
 Makayla M Akkerman
 Emmanuel B Akundu
 Mubarek Al-Mutawa
 Hannah M Alexander



Gadeir S Ali
 Jenna R Allen
 Eric A Amy
 Amanda R Anderson
 Justin P Anderson
 Marie J Andrescik



Braedon J Apelt
 Kayla J Arns
 Michael J Asbury
 Katherine M Atcher
 Jack R Avery
 Markus A Aydt



Jeremy M Backman
 Maison E Baker
 Brennen M Baldwin
 Gabrielle E Barclay
 Carrie E Bartel
 Donald G Barthel



Vince M Barthel
 Trevor J Beaudry
 Bethany R Becker
 Sarah L Bedsted
 Alejandro T Behling
 Benjamin A Beise



Ariana Beljulji
 Ethan R Bell
 Kaitlyn N Bernhagen
 Nicholas C Berning
 Brooke A Beyer
 Wyatt R Bice



Katie L Bierstedt
 Cole D Billings
 Carl D Blake
 Miranda J Blake
 Brianna L Bohler
 Taylor A Bohme



Destiny J Boll
 Samuel L Bong
 Sydney A Bothwell
 Mitchell D Bourgerie
 Meghan A Breen
 Kaci R Brendefur





Austin J Broman
Dylan L Brown
Jacob J Brown
Travis J Brown
ZePhryn Q Brown
Cheyenne R Brunk



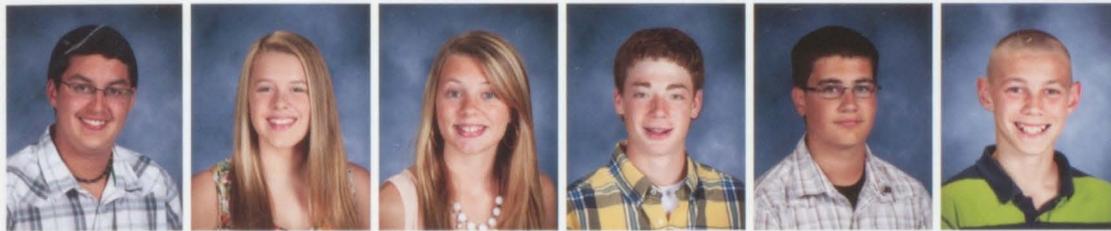
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Nancy A Bury
Connor D Cahill
Caitlyn M Caird
Jessica A Camp
Ashley M Cantwell



Brett T Carls
Bradley J Carufel
Sydney M Cary
Nicole A Cavanaugh
Mason J Chartier
Zachary A Chervenak



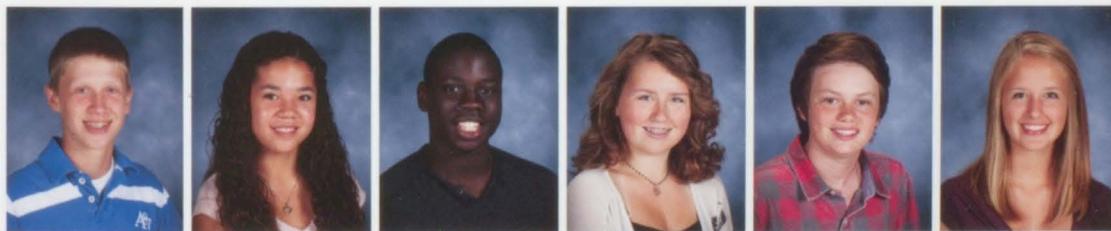
Asaba A Chomilo
Heather L Christman
Josclyn M Christopherson
Lauren K Cichoski
Natalie M Cierzan
Zachary D Cierzan



Dominic J Clemons
Madison A Colemer
Ashley R Conrad
Ryan W Copeland
Mason D Cornelius
Ethan J Cornell



Zachary L Dehmer
Arianna E Delmonico
Abigail M Devine
Brendan W Devine
Seamus E Devine
Megan J Dick



Nicholas A Dinkel
Hana N Domingo
Oyinkepreye P Donbraye
Emma E Dorholt
Zachary D Dornfeld
Emily A Duley



Elise C Durre
Michael J Eggert
Megan J Ellison
Kyle C Engman
Allison M Erickson
Jordan R Ertl

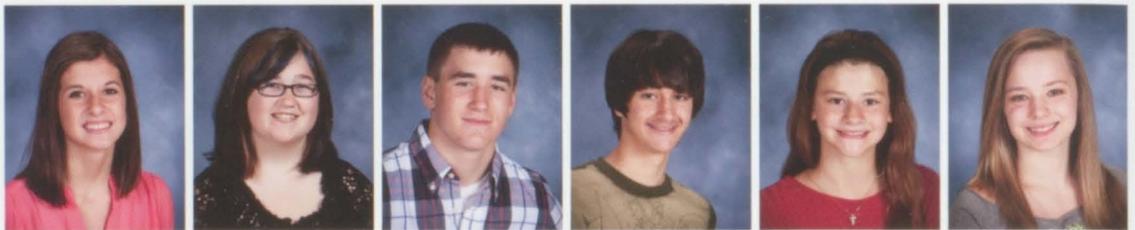
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 Cory L Eull
 Ryan J Everly
 Maria E Fernandez
 Isabella N Ferrozzi
 Jack T Fiedler



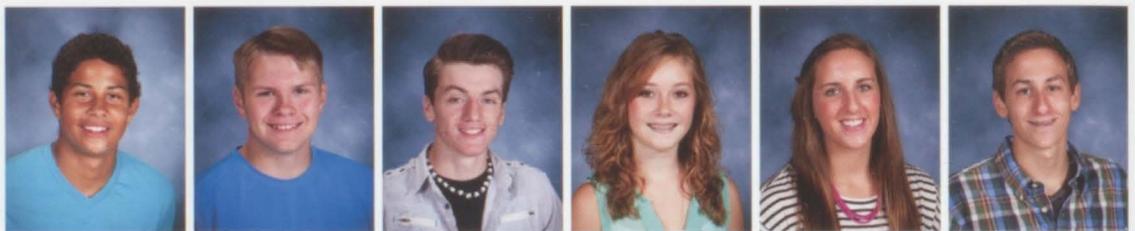
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 Abby L Fischbach
 Eric Y Fitch
 Meghan V Florip
 Carlynn R Folkestad
 Matthew J Follstad



Rachael M Follstad
 Maggie J Foltz
 Evan M Foster
 Mitchell W Fournier
 Emma L Frauendienst
 Makenzie M Fredrickson



Chance A Freeman
 Kevin B Friede
 Jared R Gagne
 Sophi A Gagnon
 Madison B Gallagher
 William D Gallagher



Carly J Gamrath
 Zachary L Gaulrapp
 Macie L Gavic
 Micheyla A Geraets
 Easton R Giese
 Elijah Q Gieski



Mary R Gillach
 Jake M Gilleland
 Samuel A Gilsrud
 Eva S Gjesvold
 Samantha R Goenner
 Bridget M Goodfellow



Gina G Goutermont
 Morgan R Gray
 Kaia L Greely
 Connor D Greseth
 Kevin L Gruwell
 Levi L Gruwell



Emilie S Guillou
 Grace A Haakenson
 Hailey A Haas
 Brennan E Hafermann
 Haley A Hahn
 Jordyn N Hakes





Roy D Halverson
Maren A Hamann
Zachary R Hanson
Callie G Hardesty
Isaiah M Harken
Noah R Hastings



McKenna E Hatch
Tiffany A Hawkins
Kyle J Hayden
Wesley B Haynes
Brandon R Heaton
Haylee O Heieie



Elizabeth S Heil
Max J Helgestad
Zachary M Hendrickson
Joseph A Herbst
Mitchell J Hilden
Devin J Hills



Michael J Hilstrom
Kirsten L Hirst
Tanner J Hobbs
Courtney L Hochstedler
Mackenzie N Hodge
Lake S Hofmeister



Payton J Hollister
Ian D Holt
Susanna L Holt
Haley M Horning
Erik M Houle
Jonah H Hoy



Noah T Hoy
Makenna V Huber
Emily L Hughes
Allison E Hunsley
Georgia J Husting
Beau V Irvine



Caitlin M Jansen
Rachel A Jenkins
Max N Jensen
Paige L Jensen
Tori N Jensen
Elissa A Johanson



Addie M Johnson
Autumn M Johnson
Kali R Johnson
Mackenzie J Johnson
Marleigh M Johnson
RaeAnnah J Johnson

Taylor J Johnson
 Julius Jones
 Paige J Joslyn
 Tyler C Jossart
 Monica A Jurmu
 Jackie S Kasper



Anna J Keefer
 Abbey M Keister
 Lauren C Kelley
 Jack J Kelly
 Elizabeth A Kemmetmueller
 Taylor J Kessler



Kollin L Kiddoo
 Julie E Kilian
 Christina A Kinghorn
 Alexis A Klein
 Morgan K Klein
 Emma E Kline



Kyle J Klocke
 Delaney K Kneefe
 Kailey A Knight
 Rikkia G Knoblauch
 Ethan J Knutson
 Jenna L Kocon



Megan J Koepke
 Sonie H Kollie
 Mikayla A Kolodji
 Megan M Kowalke
 Joseph M Kragness
 Andrew J Kramer



Michael D Krause
 Ethan I Krehbiel-Valoaga
 Hailey N Krueger
 Molly M Kruschke
 Megan M Kucera
 Tyler A Kueker



Isabella K Kullberg
 Jordan L LaBerge
 Jack D LaCoursiere
 Makenzie A Langdok
 Rylee J Larkin
 Jackson T Larson



Megan K Larson
 Timothy F Lee
 Trevor I Lefebvre
 Jackson P Leigh
 Cole D Lenneman
 Kari A Lenneman





Rachel E Lenz
 Ty M Lesmann
 Alyssa F Lewis
 Maxwell A Lezer
 Jimmy H Li
 Jacob R Lillie



Andrew A Lillo
 Ekaterina F Lindberg
 Jared L Loberg
 Nathan C Loch
 Olivia K Lock
 David P Lyrek



Tyler N Mackie
 Sophia A Madore
 Karley J Mager
 Tyler P Malerich
 Alaina K Manaski
 Dahson R Mann



Myles G Marquette
 Addison C Martin
 Tiffany C Maurer
 Carley A Maxwell
 Allison D McCarthy
 Karri R McDowell



Joseph J McGrath
 Allison E McKellips
 Kyle J McKellips
 John P Metzger
 Cole J Meyer
 Molly L Meyer



Skyler Q Mihajlov
 Jeffrey F Miller
 Lucas A Miller
 Rachel M Miller
 Evan R Moore
 Jacob N Moore



Nathan J Morgan
 Christopher L Morris
 Tyler J Mosby
 Sarah A Mulder
 Jacob A Munson
 Natalya G Mustyatsa



Valerie A Nagengast
 Kasiah M Naranjo
 Brandon T Nelson
 Ryan R Nelson
 Ethan D Nesbit
 Sasona D Nesser

Nicole E Neutgens
 Caleb J Newman
 Tina P Nguyen
 Bryce A Niles
 Thaddeus G Noel
 Isaiah G Nolan



Isabella M Nyhus
 Jessica J Olejar
 Brynn D Olson
 Craig A Olson
 Zachary T Olson
 Julie H Opatz



Alexis N Ostman
 Trevor M Parkes
 Halle J Parkin
 Aliceanne J Pegg
 Nathan J Pelant
 Thomas M Pelant



McKayla L Petersen
 Daniel E Peterson
 Hannah G Peterson
 Kylie M Peterson
 Madeline G Peterson
 Sabel O Peterson



Robert D Petit
 Noah D Pitman
 Lindsey K Pittelkow
 Makayla S Plocharski
 Chloe N Pohl
 Noah J Polfliet



Anna C Poss
 Tyler J Postuma
 Grayson C Pratt
 Jonathan T Preusse
 Austin R Primm
 Nicholas J Putnam



Jessica R Quenemoen
 Abigail J Rahne
 Jacob L Rankila
 Carter R Reese
 Kathryn L Reeves
 Tehya S Reinbold



Thomas J Reiswig
 Tristan G Renner
 Zachary P Resech
 Tucker W Richard
 Heidi E Riddle
 Dion M Rindahl





Taylor D Robers
 Andrew E Roberts
 Chase A Roe
 Blake D Roisen
 Carl I Romero
 Gabrielle M Rooney



Allison E Ross
 Noah F Rothman
 Dane A Ruberto
 Kayla M Rustad
 Nfiaobari Saloka
 Olivia M Salonek



Taylor L Sandhoefner
 Nicole J Schade
 Megan A Scherr
 Nathan T Schindler
 Madeline M Schmidt
 Samantha L Schmidt



Cody R Schoen
 Miranda L Schoen
 Sarah M Schoenke
 Ashton J Seidel
 Katlyn A Seiffert
 Sarah E Semo



Madeline M Seurer
 Kailee J Sharpe
 Sydni D Shelton
 Brody G Sjoberg
 Justin E Skomsoyvog
 Molly A Slaughter



Brightyn M Sletten
 Jared D Smelter
 Anne R Snyder
 Lesley Soledad Garcia
 Tanner D Songstad
 Tanner A Sorem



Emily G Sorensen
 Grace M Steffens
 Sara J Steffens
 Tuff W Stoppelman
 Dillon R Stuntebeck
 Brianna R Sullivan



Olivia J Sundeen
 Nicholas J Sundell
 Brody M Sunsten
 Brandon T Swanson
 Josie E Swartzler
 Tyler J Swenson

Samantha C Thammavongsa
 Jacob M Thompson
 Johnathon G Thunder
 Jacob A Tourville
 Taylor M Triebwasser
 Austin T Tronson



Rachel M Trost
 Ronald K Trost
 Aleah N Tucker
 Makenzie M Turpin
 Joshua J Tutland
 Alyssa L Ulrick



Jackson C Vanada
 Melanie R VanDusen
 Charles Vang
 Marco A Vasquez
 Richard Velez Macedonio
 Ian S Verbrugge



Lauren R Verhulst
 Justin M Viirre
 Yana G Vizenor
 Jordan E Vlasak
 Logan C Vogt
 Erick M Wall



Joshua W Walters
 Nicholas R Walters
 Samantha E Walters
 Lillian O Warnberg
 Blake R Weber
 Thomas B Weida



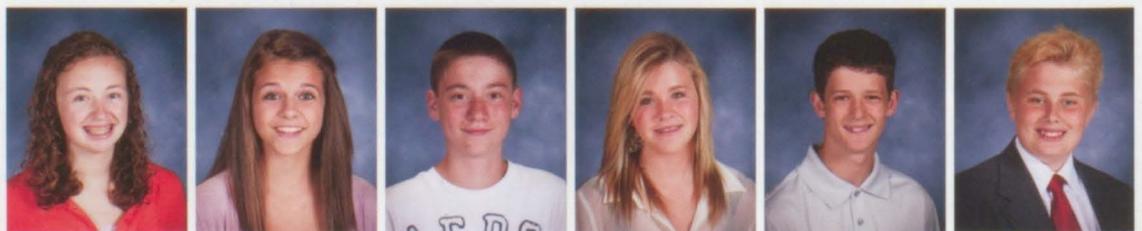
Cora B Werth
 Sophia K Weston
 Cody T Westphal
 Noah W Wick
 Andrea L Williams
 Hailee M Williams



Jonathan T Williams
 Nathan R Willis
 Camryn S Wilson
 Joseph W Wimmergren
 Brady J Windingland
 Derek D Wittnebel



Brianna J Woitalla
 Nicole C Wojcik
 Andrew B Woldsnes
 Abigail M Wolf
 Alexander J Wolseth
 Brook M Woodhams





Benjamin R Woodis
Carson W Wooters
Rachel L Wright
Kaitlyn M Zachman
Kaitlyn R Zachman
Taylor E Zack

Rachel J Zajac
Allison R Zipp
Not Pictured:
Lucca D Dimitroff
Gordon P Veenhuis
Alina V Yermakovich

Autographs



FACULTY

For the faculty here at STMA, it's not just work. The children of the community become a part of their family. The faculty does everything in their power to ensure that the students succeed. These people have impacted so many lives, and they mean so much to the community. These are the people we are going to remember for years to come; these are the people who have gotten us where we need to go. They don't miss one activity, and they are our biggest supporters. This community is nothing without them, but with them, we are more than just another kid.



Daniel Abrahamson
 Matthew Amundson
 Deanne Andersen
 Jillian Anderson
 Joshua Ausman
 Paul Barthel



Heidi Bast
 Brian Benson
 Kimberly Benson
 Scott Berning
 Lisa Bjork
 Kelly Bovee



Roger Bovee
 Christine Braun
 Jamie Bury
 Jodee Butkowski
 Carrie Camp
 Kimberly Campbell



Renae Carlson
 Katherine Christensen
 Keith Cornell
 Debra Craft
 Kevin Crocker
 Lynn Dahring



Scott Danielson
 Julie Davis
 Ryan Dehnel
 Darek Dewey
 Amy Dorenbush
 Robert Driver



Mary Eggert
 Amy Emerson
 Jared Essler
 Kinsey Essler
 Jeanne Fisher
 Jen Fox



Susan Fox
 Joan Gindele
 Kris Goodin
 Gregg Greeno
 Megan Gudmonson
 Curtis Hahn



Kari Halker-Saathoff
 Jacob Hamlet
 Mitchell Harmoning
 Colleen Harrington
 Sara Henrikson
 Jolene Herfel





Kathryn Herring
Jeremy Hoffman
Katie Hoppe
Ann Huser
Joann Jeffries
Kristen Jenkins



Derek Johnson
Laurel Johnson
Margo Kauffmann
Shane Kern
Sarah Koch
Darlene Kolling



Melinda Kragness
Linda Kremers
Keith Kuhn
Stephanie Lahr
Abby Larson
Christie Larson



Sherri Larson
Lori Leathers
Jennifer Lesniak
Molly L. Leuthner
Karly Lungstrom
Jane Lynch



Lisa Maas
Tony Mallingier
Joshua Mann
Brooks Marquardt
Ellen Marschel
Jason Massmann



Carmen McCallum
Michael McGill
Joshua Metcalf
Jessica Miller
Katie Mitchell
Terry Moran



Gracious Msuya
Tate Nagengast
Caroline Ness Deden
Kathryn Nowell
Aimee Oconnor
Shari Olsen



Joseph Osowski
Karen Osterbauer
Joseph Peatrowsky
Lisa Perbix
Tiffany Peterson
Meghan Pettis

Jennifer Peyrel
 Karen Polaschek
 Rick Pool
 Mary Poss
 Kia Prell
 Julie Read



Matthew Rooker
 Kristopher Rue
 Ben Rusin
 David Salzer
 Steven Scherber
 Stacey Schoenke



Shannon Schulzetenberg
 Chris Schumm
 Laura Schumm
 Kaitlin Sebens
 Mindi Sechser
 Erin Settergren



Kellie Shumway
 Caitlin Siems
 Darrell Skogen
 Karen Sorensen
 Cynthia Sovell
 Adam Sroka



Janelle Stange
 Teresa Steinbach
 Nicholas Steve
 Teresa Stockwell
 Ginger Stoehr-Fealy
 Angela Swanson



Jennifer Swope
 Jana Thorson
 Anne Walsh
 Haixia Wang
 Bea Wicker
 Craig Wignes



Jamie Wiitala
 Paula Wurst
 Patti Yager
 Adam Zachman
 Shawna Zachman
 Anne Zahler



Daniel Zahler
 Robert Zahler
 Terrence Zerwas



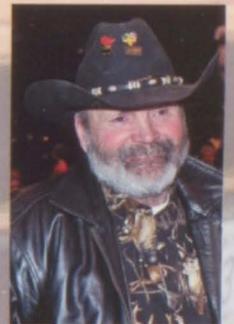
Forever in Our Hearts

"Cowboy" Larry Bermel



Our Beloved Bus Driver

This year STMA lost its beloved bus driver, "Cowboy" Larry Bermel. Larry was a huge supporter and very enthusiastic about STMA sports and activities. Larry drove for nearly all of our events at some point in his career and he was always in the stands cheering us on. Students have many memories with Larry as their bus driver. The wrestlers remember the amazing advice he would give to them before every tournament, "Show them the ceiling, don't show them mercy." When the girl's basketball team would arrive to their destination they would hear "Go get em" or "No mercy, ladies." Larry, is greatly missed and it is hard to get on the bus and not see him behind the wheel. Below are some quotes students shared in memory of our favorite bus driver.



"He would always get a box of popcorn and a Pepsi, and watch us wrestle whenever he could."

Larry would tell the wrestlers, "Don't show them mercy."

"He was a speedy bus driver, the sweetest, most kind hearted guy."

ACCADEMIC

At STMA, "excellence is our tradition." To achieve the excellence that many students thrive for, each individual student has options for academic classes they can take. There are certain classes that each student must take, and those are: 8 English classes, 8 Social, 6 Math, 2 Fine Arts, 2 Health, 2 Physical Education, and 21 extra electives. These classes prepare students for the future and build relationships that they will carry with them throughout their lifetime.



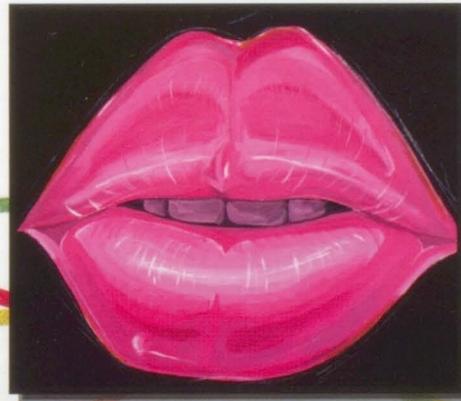
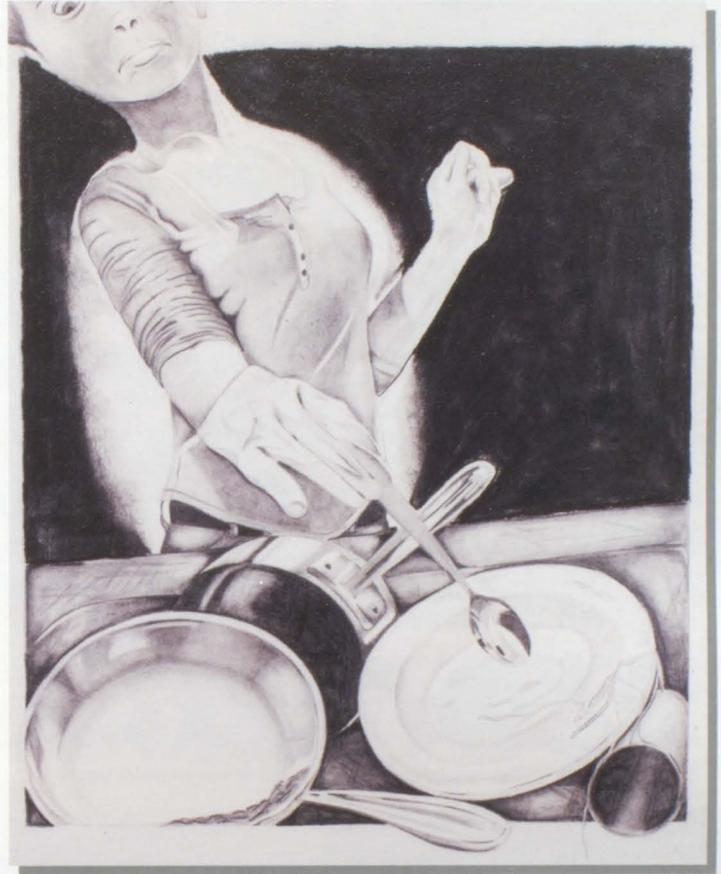
Personal Voice

Through the eyes of STMA's creative student minds...

Freedom and having the ability to express oneself has always been apart of the STMA tradition. Art classes can be very different than the other classes in the high school. Students have the ability to express a personal voice and use a creative imagination to make all the art work that is shown across the school's halls.

STMA offers plenty of art styles to fit each individual student so that they can excel at their best. Ceramics, sculpting, drawing, painting, and photography are some of the classes students can take. Senior Megan Wilson, who was in AP studio art, said she "Loves the freedom and versatility the teachers give her to experiment with different mediums and test her art abilities to her full capacity." Pushing past the limits and using creative thinking to think outside of the box is where people learn to develop a personal voice. STMA art classes set up every student for success and most importantly, a good time!

This piece is called "Dishes" by Amber Greely. "My inspiration for this was the extreme hate I have towards doing the dishes," she said. This piece was a Silver Key winner in the Scholastic Art Awards, along with an Honorable mention.



Left: A painting created by Senior Megan Wilson called "Lips." Megan also was awarded a Silver Key award in the Scholastic Art Awards. She stated, "Art is a great outlet for me and I hope to be able to make great use of my talent."



Top Left: "Fish in a Bowl" was created by Erin Buck. Representing exactly what the title says in many beautiful unique blends of colors.

Bottom Left: Freshmen Paige Jensen and Tiffany Hawkins are working away at their new art assignments. They say that, "Art is a great class to just relax and express our creativity."

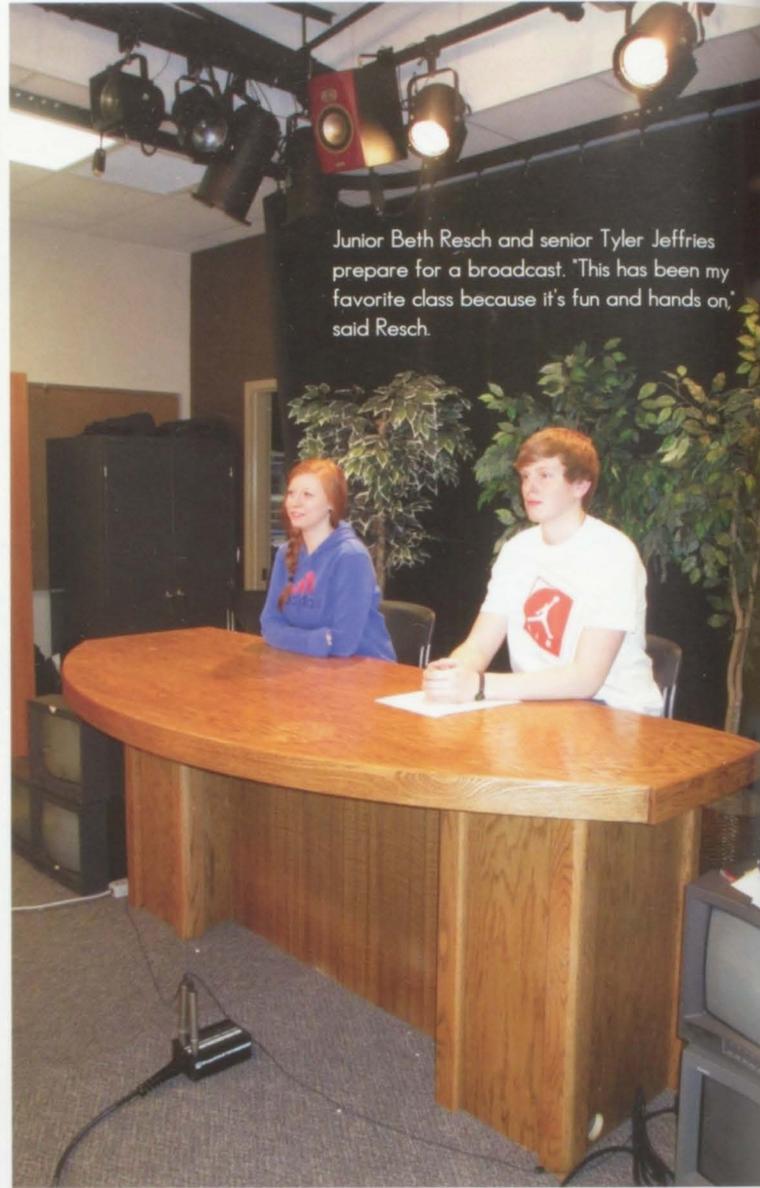
Bottom Right: "Chores" created by junior Tia Simpson, was created due to the extreme hatred toward the chores her family makes her do at home.

Behind the Scenes

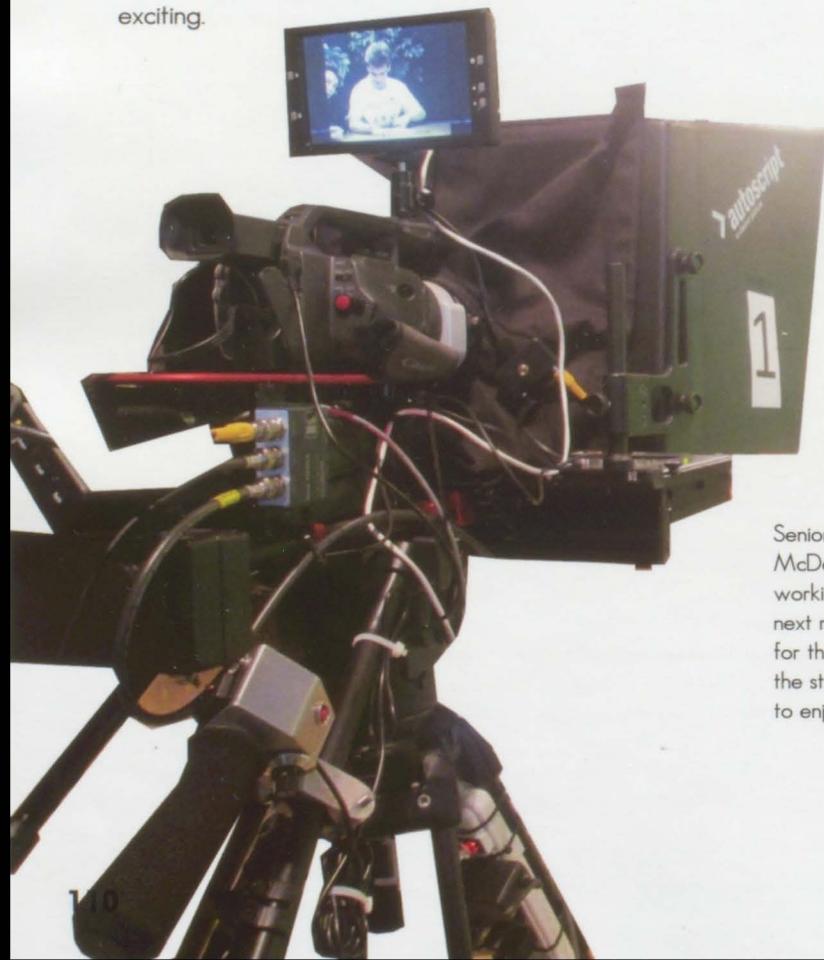
"We are the Whoosh Pack!"

There are many creative classes different schools have, but there is one class that STMA has that many others don't. Broadcast Journalism is a string of classes that teach savvy students to improve their video producing skills. The broadcast department consists of Video Design, Introduction to Television Production, Television Production I, Television Production II, and Multimedia Production. These classes allow students to create fun and cool videos to be aired on the school news channel: KBNG.

The TV production classes allow students to try out this field of work in an environment similar to that of a college. In these classes, students learn the mechanics of video making, learn how to anchor, and how to work on making the news run behind the scenes. There is a lot of work involved in this class, but it engages the students to learn something new and exciting.



Junior Beth Resch and senior Tyler Jeffries prepare for a broadcast. "This has been my favorite class because it's fun and hands on," said Resch.



Senior, Kevin McDonald, working on his next masterpiece for the rest of the student body to enjoy.



Knights "R" Us

Sophomore Blake Kloster and junior Sam Milless in Knights R Us, the school store. The Entrepreneurship students operate the business while students, like Blake, buy products they like. Entrepreneurship 1 is a wonderful class for any students interested in seeing how an actual business operates.



We Mean Business

The business department at STMA offers a wide variety of classes related to the business world. From accounting to learning how to sell products, students learn valuable skills that they will use throughout their lives.

In Entrepreneurship, students learn to successfully design and sell the products that they make and sell them to the student body. All of the products are displayed in the school store. It's a lot of work, but it's a good challenge and it builds teamwork. Other business classes at STMA include Marketing, Personal Business Finance, Management, International Business and Accounting.

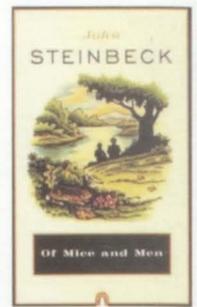
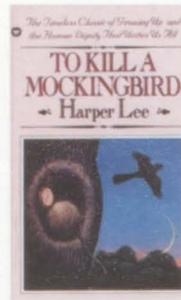
Another focus of the business department are computer related courses such as Computer Applications. In this class, students learn about all the programs that Microsoft offers and learn how to use them properly. Video Game Design was one of the new classes that the business department offered this year. It is very popular among the students who have a niche for computers. Students learn how to put together classic games, such as Pac-man and Breakout, and then from there, students learn how to create their own original games.

The teachers of the business department, Mrs. Carlson, Mrs. Fisher, Mr. Mallingier and Mr. Rusin prepare students for their future by offering "real world" classes that help prepare students for both college and careers.



Above: Junior game designer Cameron Holm demonstrating his award winning game, *One Button Hero*. "Video Game Design and Web Page Design are probably my two favorite classes. They provide a creative outlet that isn't too far away from fine art classes. I hope to see more of these types of classes in the future," said Holm.

Learning Our Language



English classes are a fun and interactive addition to the daily life of students at STMA and they prepare students in many important ways. At STMA, students are required to have at least 8 English credits in order to graduate. These classes prepare students in speaking and writing proper English, and help with everyday life. In addition to the required English classes, the students are offered elective courses that are more specific to one subject.

Some of the courses offered this year by the English department included Creative Writing, Public Speaking, British Literature, American Literature of Social Change, Media Literacy, and Literature of War. Creative Writing for juniors and seniors focus on learning to write effectively for enjoyment. "I personally loved Creative Writing, it taught me to use my creative mind and think outside of the box," said senior Bailey Olsen.

Public Speaking is another elective; it prepares students to speak in front of crowds. "Public Speaking was a good experience, it helped me prepare for job interviews so I would sound more professional," said senior Michaela Brott. Students focus on grammar, comprehensive reading, and learning valuable writing skills in all English courses. They also help students accomplish their post secondary goals through ACT preparation.

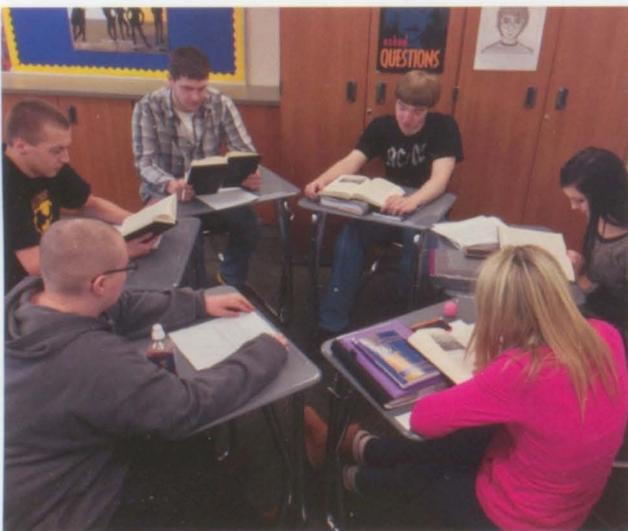
The more English classes students take the more prepared they will be for speaking and writing in the "real world."

Some of the more popular books students have read in English this year included: *To Kill a Mockingbird*, *Lord of the Flies*, and *A Raisin in the Sun*.

"My favorite book that I have read in English would be *To Kill a Mockingbird*, because it was very interesting and easy to read," said junior Megan Doboszinski.

"I really like English," says senior Anna Drobnick, "this year, I have taken British Literature, Media Literacy, Creative Writing and American Literature of Social Change. I really have enjoyed those classes. They are super entertaining! These classes are definitely helping me become a better writer."

English is a skill that each and every person in this school needs. The teachers at STMA make sure that these classes are fun and interactive for student benefit. These classes are essential to the development of these students and even though the papers aren't the most fun things to do, they are very important to our future.



Clockwise from the bottom right: Juniors Gavin Maltby, Aspen Marquette, Haley Foucault, Nathan Delger, Matt Nielsen, and Calvin Reese are reading *Unbroken* as part of their English 11A Literature circle. *Unbroken* is a story of survival, resilience, and redemption, which teaches many themes that students were able to relate to.



Sophomores Evelyn Hernandez and Johnny Zimmer working on their short stories for English 10. In every required English class the students write papers of different complexity. Some papers involve research, while some come completely from the writer's imagination.

TOGETHER WE CAN DO ANYTHING

Family and Consumer Science classes at STMA prepare students for living on their own. These classes teach the students how to cook from scratch; learning these skills helps students prepare for living on their own.

"I love FACS classes because we make really good food and meals," said senior Malaynah Manson.

The Family and Consumer Science classes are not limited to just Foods classes. There are other electives such as Living Skills, Child Development, Fashion, etc. These classes are not required but highly encouraged because they prepare students for future obstacles including how to care for children, meal preparation, and how to live on their own. In most of the FACS electives, the students are divided into groups. For this reason, teamwork is key to success in FACS classes.



Junior Julia Schade cooking in International Foods class. The students got recipes to cook in groups, then get to enjoy the taste with various teachers in the building in International Foods. It's a great way to learn dishes from different cultures as well!

Below: Juniors Emily Tschida and Alissa Anderson take care of their simulation babies for Child Development. "It was a lot of work taking care of this baby. It also took a lot of commitment, but it has prepared me for the future," said Emily.



Working through
teamwork



WORDS FROM THE *World*



Anastasia Pohl (10), carefully flipping dumplings



A delicious combination of authentic Chinese dishes.

Something more than just a typical classroom experience.

Foreign Language Classes are.....

"... helpful! I took Spanish and it made me look at the world differently." -Senior Andrea McGowan

"... really fun because you get to learn about different cultures and countries in general." Sophomore Tom Weigel

"... Interesting because I got to learn the Spain version of Spanish." -Senior Kevin Engracia-Islas

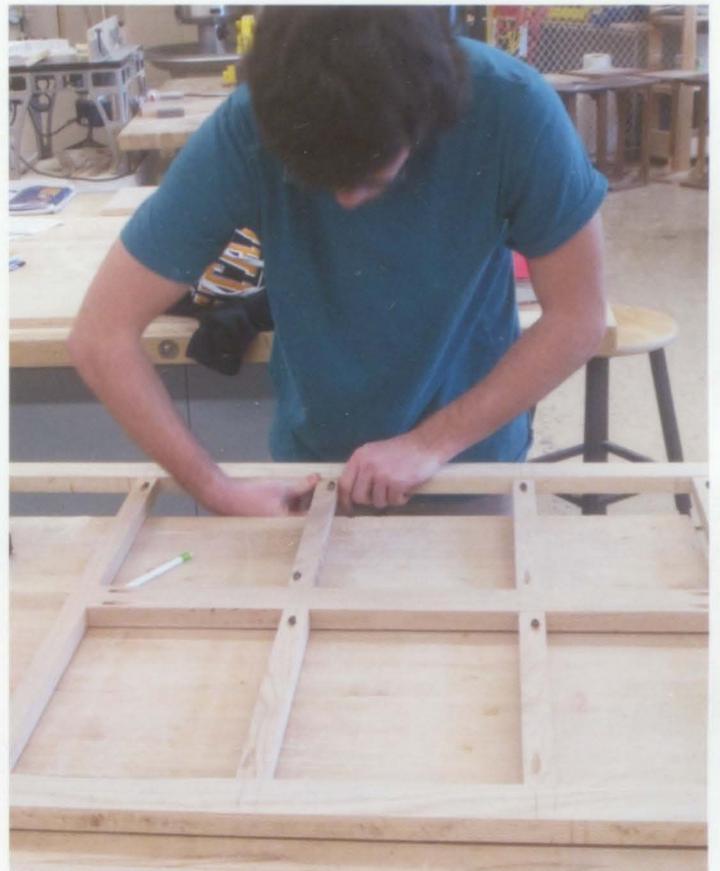
At STMA, our students have the option of taking Spanish and Chinese electives. Student's are not required to take a foreign language elective, but some colleges require at least two years. Spanish is offered with options from Spanish 1 through College Spanish. Chinese is offered in classes 1 to 3. In these classes, students learn about the culture in which the language is spoken and how to cook authentic meals from those cultures. Both the Spanish and the Chinese classes have an active and hands-on learning environment that utilizes group activities, Smart Board games, flashcards, and presentations. One of the highlights of Spanish class is their field trip to the Minnesota Zoo. In Chinese the week of the Chinese New Year is celebrated by students taking part in authentic Chinese activities such as dancing, and calligraphy.

WE BUILD PROJECTS THAT BUILD CHARACTER

The Industrial Technology department is not a place people just walk past. The IT department is virtually unseen in respect to the everyday classes that people see on a daily basis. This pod is past the cafeteria, and a handful of student's haven't even been back there yet in their high school careers. The I.T. department has many different classes to choose from. The classes offered in this department are very different, depending on what each individual prefers. Some of their offerings include CAD classes, Advanced Woodworking, Metalworking, as well as architecture and aviation.

"I can be as creative as I want to, and the final product is a project that I devoted a lot of time to, and it's something that I'll be able to keep for the rest of my life," says Austin Wick about the freedom that he has in Advanced Woods.

The wood shop classes that are offered range from very basic Principle of Technology to Cabinet and Furniture Making. Advanced Woods is the most advanced of the Woods classes. In this department, students express their creativity in a different way than anybody else in the school. Students have absolute creativity and can build anything they'd like. Projects that have been done in the past include bed frames, gun cabinets, dressers, fishing lures, night stands, tables, and futons. However, there are also many more projects that students have the chance to make. If you can dream it, you can make it in this class.



Senior, David Follestad carefully creating the masterpiece that is his project. The IT department ranges in complexity from CAD classes to Advanced Woods.



Senior, Kyle Killian in Advanced Woods. He is hand-turning musky lures for his next project, a very complex process.



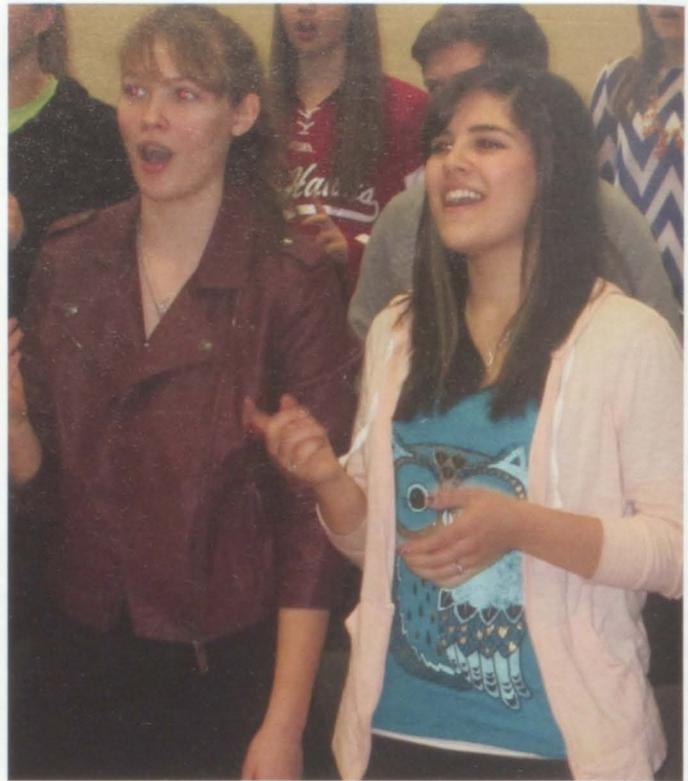
Senior, Adam Schmidt putting the finishing touches on a part for his futon. A beautiful work in progress.



Seniors, Sydney Giese and Brittany Haas working together to saw wood on the table saw.



Sophomores: Ryan Alstad and Hayley Lenz warming up with a variety of different short songs and scales before they start working on the pieces for their concert.



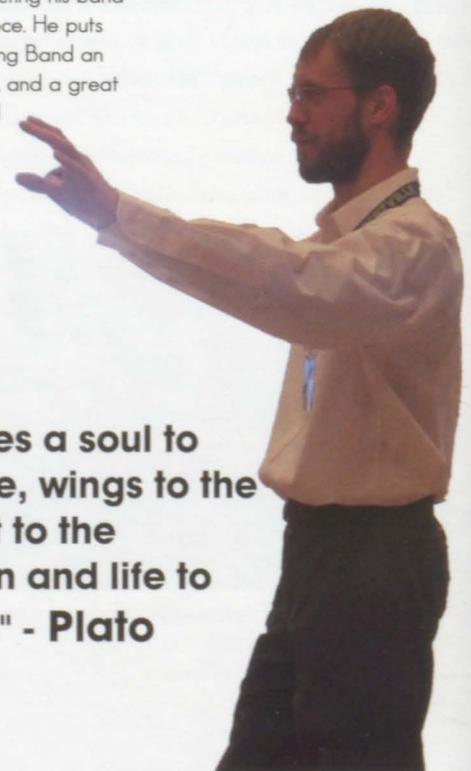
Seniors: Taylor Sorenson, and Aubrey DelPercio, sing fun warm ups before they start practicing their pieces for their next concert.

MUSIC LIFE

For centuries music has been a way for people to express themselves in different ways. At STMA, our music department has provided students the opportunity to take fun and enjoyable classes where they can express themselves and be who they want to be. Students have the opportunity to take one, or both, band and choir. Within the music department there are different types of select choirs and bands. There are two bands that students can join: Concert band and Wind Ensemble, and four choirs: Bella Voice Choir, Cantabile Choir, Mixed Choir and Concert Choir. Based on an audition, the instructor will place you in the area they think you will thrive. Outside of school, the possibilities continue. Gold Jazz Ensemble, Blue Jazz Ensemble, Chambers Choir, Men's Choir and Sirens Choir are all extracurricular activities set up for students to continue with what they love even outside the clock.

In both of these music classes, students learn more about different cultures and languages through the music they sing and play. They prepare different types of genres and a variety of music to perform at their concerts and other performances. These concerts are available to the rest of the student body, long with the public. Music is a great way for students to get involved with the school, while doing something they love.

Mr. Sroka directing his band in their next piece. He puts his all into making Band an enjoyable class, and a great one to listen to!



"Music gives a soul to the universe, wings to the mind, flight to the imagination and life to everything." - Plato

IT ADDS UP!

Mathematics

Even though some students talk about how they are never going to use math, most students realize sooner or later how truly important and common math is in your everyday life.

"You have to use math everyday, whether you're going to the grocery store, using it for your job, and little everyday tasks like packing a suitcase," mentioned sophomore Alayna Carlson.

Our math department has done a wonderful job making math classes a valuable and fun learning experience for everyone. Teachers have done this by being personable with students and by using "learning targets" to help students understand what they are learning. Furthermore, our math department offers a variety of different math classes that will help students with their future career paths.

"One of the biggest things math does is help with problem solving," said Mr. Cornell.

Mathematics is a basic skill that helps with multiple tasks, occupations or duties and is often helpful in assisting students to meet their goals.

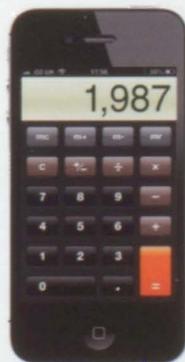
Math teachers are very helpful with their students. Sophomores Ryan Kennedy, Austin Lillo, McKenzie Ebert, and freshmen Rachel Lenz get help from their teacher, Mrs. Marschel.



Marshall Stevenson focusing and figuring out his next math problems.



Mr. Greeno teaching geometry while his class takes notes.



**"There's no reason to stereotype yourself. Doing math is like going to the gym - it's a workout for your brain and it makes you smarter."
- Dancia Mckellar**

THE PEOPLE AND PLACES AROUND US

Social classes aren't all about completing worksheets and working from a textbook. They're much more than that; they get students involved in learning. We are lucky to have such wonderful teachers who can do that for us. Making a comeback to the Greeks and Romans classes was the fashionable "toga show" hosted by Mr. Skogen. His students couldn't pass up the opportunity to strut their stuff on the runway. This year the toga color to have was a stunning white.

In Early American History Mr. Mann's students created Revolutionary War children's books; a seemingly odd combination. The book itself was in the shape of the American flag, and included historic moments from the war. The students had to write and illustrate the books themselves.

Early American History and Greeks and Romans aren't the only social classes here. There's also Human Geography, U.S. History, American Government, World History, Economics, Sociology, and Psychology.

Below: Mr. Rooker explains a concept to his AP Economics Class. Mr. Rooker said he "enjoys guiding students through the challenges of economics and preparing them for the AP exam. It's all graphs!"



Left are juniors Francesca Griffero, Cassidy Goodfellow, and Breanna Goenner sporting their togas for Greeks and Romans.



Right: Matt Krutzig, Tyler Zahler, and Cody Fox working hard on a geography assignment.

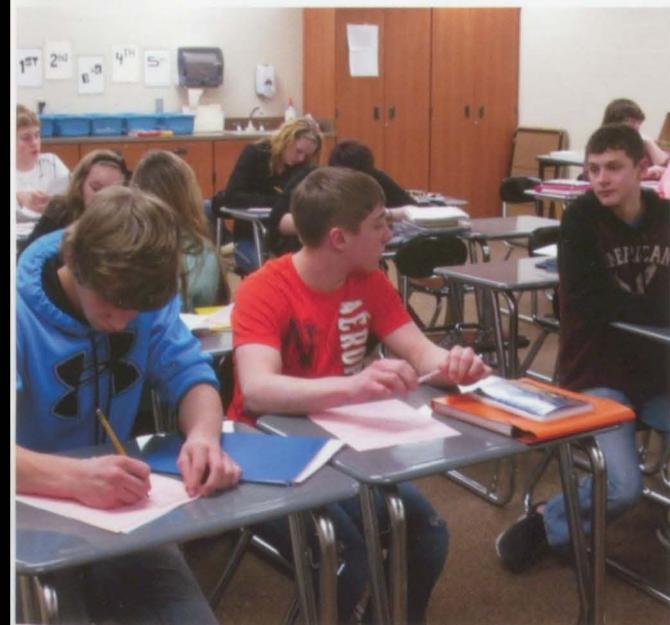
HEALTHY HABITS FOR A HEALTHY LIFE

At STMA we place a huge emphasis on healthy choices and sports. This value is carried on into the PE and health rooms. STMA has two required health classes, Health 1 and Health 2 and two required PE classes. After the required classes are completed students have the option to choose from different PE electives. Options include body shaping and toning, nets and rackets, and power volleyball. When interviewed, students had nothing but positive things to say about the PE/Health department. "Mrs. Anderson builds winners," said Cole Hiltner (12). The PE/Health department always strive to help students realize their capabilities.

When Mrs. Lahr was asked what her favorite thing about teaching, she replied, "I love it when students take on something that they perceive as a challenge and then end up finding out that they are actually good at it and even love it. Running has been a common example. Many students find their passion for running in a PE class."



Above: Mrs. Lahr teaching her PE 9 class the proper technique for the bench press.



Above: Freshmen Lucas Miller, Vince Barthel and Jon Williams studying for their health test in Mr. Marquardt's Health 1 class.



Above: Jake Hackenmueller, Jorgan Eicher, Josh LaDuke, Andrew Carbert and Jacob Briggs prepare for a round of eclipse ball in Nets and Raquets.

ACTIVITIES

One thing students at STMA love to do is get involved. Each person has individual interests, and we have a variety of different activities students can get involved in. From high impact sports to debating real life issues, each activity is unique in its own way, just as our students are. It is encouraged for students to find an activity to pursue, and that's just what these students do. They go above and beyond the academics, and they are a part of more than themselves, they are a part of a team.



YOU DO THE MATH

Math for most students is just a class, but for others it's a passion. Math league is one of the many fantastic extracurricular activities that we have at STMA. This year's Math League consisted of 14 individuals, along with a new coach, Mrs. Sechser.

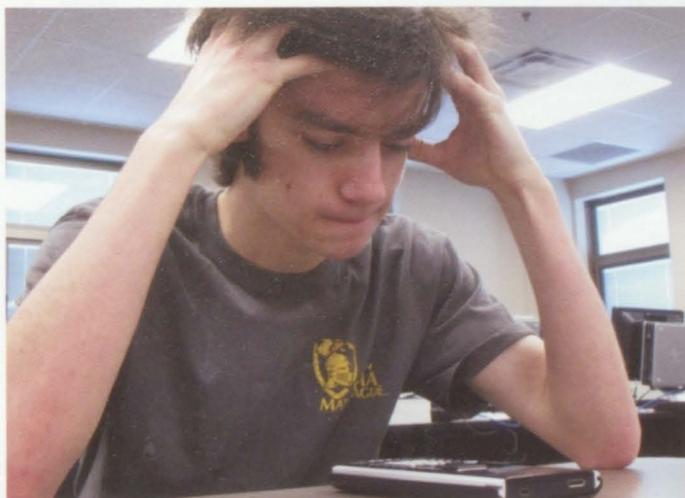
They practiced 2-3 times a week by learning new concepts and practicing the previous year's tests. They then picked their top 8 competitors to compete against the other schools in the Rum River Division.

Their main goal this year was to return to state, where the math league placed 8th two years ago. They accomplished this goal by placing 2nd, overall at state and the team also competed as individuals in St. Cloud.

Nicholas Wendel tied for first place in their division this year and was invited to compete at the 30th State Math League Tournament against the best students in the state.

"There are a lot of newcomers who have potential to do well in the future," said senior Jed Rothestein. Jed has been in math league for the past four years and has won many awards.

Overall, the team had a phenomenal season. They are very proud of their accomplishments and hope to push themselves even more next year to a 1st place win.



Above: Sophomore Ron Tanchin working at solving a complicated equation with his calculator.



Above: Sophomore and State Tournament participant Nicholas Wendel smiling at his solution.



Left: Pictured Natalie Cierzan, Ron Tanchin, Lucas Jenkins, Anita Thammavongsa, Zach Cierzan, Mackenzie Burke, Ishmael Kov, Quinn Maetzold, Sophie Mazurek, Nicholas Wendel, Brianna Goodchild, and Mrs. Sechser

A Team Above All



Sophomore Noah Ergen as he plays the xylophone, "I joined band because you get to meet a lot of friends and socialize with them."



Freshman Dylan Brown playing the drums for a concert. "I chose this instrument because it gives you a different variety of ways to play music," says Dylan, "The reason why I joined band was because of the people surrounding me and the fun atmosphere of playing in concerts."



Senior Alex Guimont tunes along the upright bass at one of STMA's conventional concerts. "I chose upright bass because I wanted to play in a band when I was younger and I liked electric band," says Alex Guimont, "I joined band because I wanted to learn more about music."



Senior Mycah McKeown; one of many wonderful clarinet players in the band. She started playing this instrument because it was laying around the house and just came natural to her. "I joined band because it is fun and most of my family has been in band," she tells us.

The instrumental music group is a band of students who come together to make music sound great. Without a team effort, the music would be off beat and out of tune, which means everyone has to be on point and ready at all times. Some students joined band to make friends while others joined because they have a passion for playing an instrument.

Mr. Sroka mentioned that a goal for this year "was to see the students continue to improve," and that they did.

Like always, these students put on their best performances in front of a large crowds that came to watch and enjoy the beautiful instrumental sounds. Instrumental music isn't just about playing at concerts, it's also about having fun and making memories with the people around you.

"Band brings you closer to people you never thought you would even talk to," said freshman Sydney Bothwell.

In the process, they learn the basic fundamentals of playing their instrumentals. They also learn about themselves.

"I teach them different ways of expressing themselves through music," says Mr. Sroka.

Dates of Performances

Oct 28, 5:30 PM, Band/Choir (HS-PAC).

Nov 26, 8:30 AM, Jazz Band(North Branch HS).

Dec 9, 7:00 PM, HS Band Concert (HS-PAC).

Jan 20, 7:00 PM, Varsity Performance .

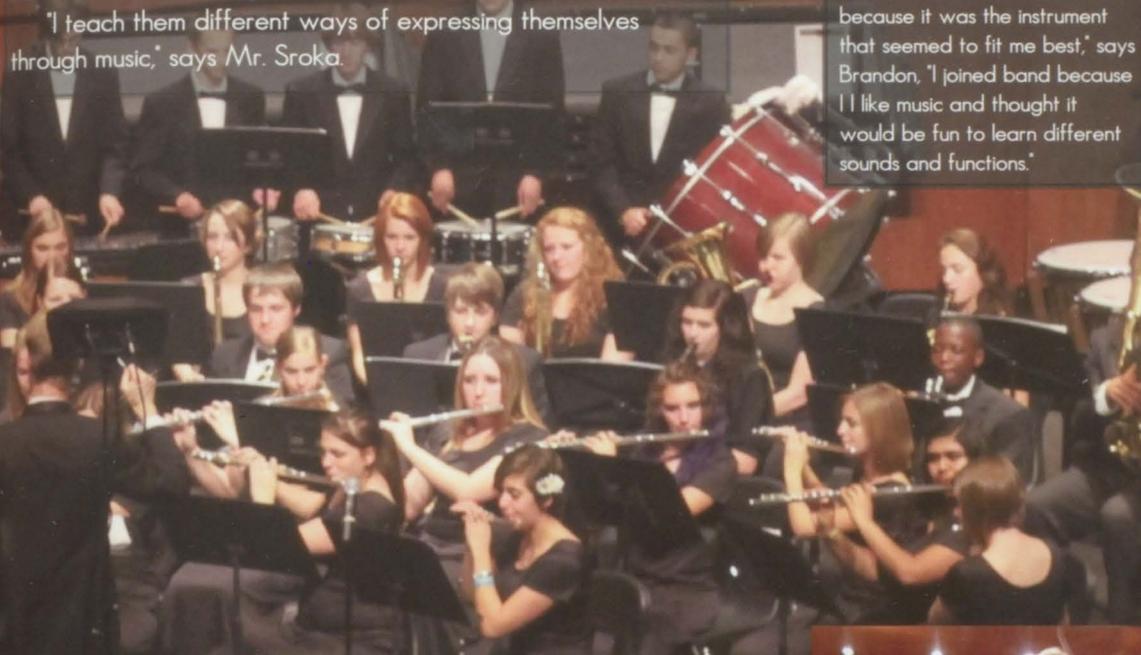
Jan 30, 7:00 PM, Musical Festival Band(HS-PAC).

April 8, 7:00 PM Band: Varsity vs Totino-Grace Region Solo Ensemble.

May 5, 7:00, PM Jazz Show.

May 12, 7:00, PM HS Band Concert (HS-PAC).

Freshman Brandon Nelson playing the tuba at a holiday event for teachers. "I play the tuba because it was the instrument that seemed to fit me best," says Brandon, "I joined band because I like music and thought it would be fun to learn different sounds and functions."



Freshmen Rachel Lenz and Makayla Plochanski, playing their hearts out. "The flute was easy for me and I liked the way it sounded," Rachael says, "The flute just fits my personality," she added. She joined band because she wanted to be an arts academic. Makayla joined band because she liked music and thought that it was fun to hang out with friends.



Mr. Sroka constructs his students to play a music piece. "I always wanted to play music when I was younger and it was something that just stuck with me," said Mr. Sroka.

MEMORIES



Senior, Nathan Coof's favorite drum line quote is, "We are the drum line, can we get a whoo-raw."



Senior, Lucas Meyer's favorite part of drum line is, "It's all about working together, being the best we can as a group."



Senior, Alyssa Nelson's favorite part of their summer trip was Arlington National Cemetery. She liked hearing the taps.



Taylor Vlasak playing the flute at a parade. Students in Marching Band must keep in formation at all times, stepping in sync with each other.

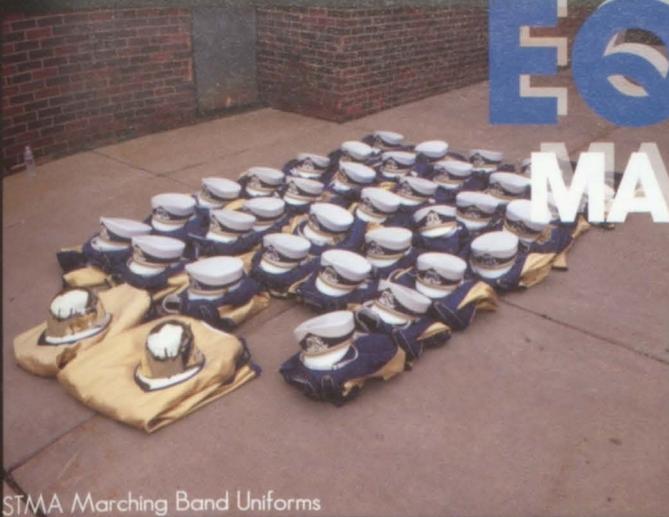
Right: Rachel Robertus 12, and Andrew Bollin, a 2013 graduate. "I'm excited it was the end of the show, we sounded great!"



Rightt: Alyssa Nelson (12), Sarah Kulzer (12), Joe Peterson, a 2013 Graduate, and Patrick Richard, a 2013 graduate, pictured at Arlington National Cemetery in Virginia. "I'm proud and honored to be participating in this event," says Alyssa.



EQUILIBRIUM MARCHING KNIGHTS



STMA Marching Band Uniforms



Drum Majors Alyssa Nelson (12) and Patrick Richard, a 2013 graduate. "I'm excited about doing more, and I am proud to be an STMA marcher," says Alyssa.

MARCHING STRONG

The STMA Marching Knights means more than just marching it means you are a part of something bigger-a team. Piccolo Player Michelle Camp enjoys "Spending time with friends and playing music." This summer, the STMA Marching Knights had the opportunity to go to Washington D.C. and march in the Fairfax, Virginia Parade on the Fourth of July. The Marchers had many memories from the trip. They went to Arlington National Cemetery, Ocean City Maryland, and different museums. Drum Major Alyssa Nelson says "Marching Band is like one big family, and it's tons of fun." Color Guard member Abby Peterson says "being together helps people get through hard days." The Marching Knights had a successful season participating in 11 parades throughout the summer including Albertville and St. Michael. They also have won many awards. Mr. Machamer, who has been the director of the band for three years, made some comments on how the season went, "The season was a huge success. They performed music from the movie Avatar. The STMA Marching Knights had an outstanding leadership team. The team will continue to grow bigger next year." Next year, the music will be a little more tougher and the drills a little more challenging. More will be expected of the students next year. The STMA Marching Knights are looking forward to their next season that starts in May.



Caroline Wochnick (12), Mycah McKeown (12), Chelsea Steffens (12), and Joe Peterson 2013 graduate. These students are practicing for a competition that is approaching quickly.

ACCELERATE YOUR FUTURE

This year's theme for Business Professionals of America (BPA) was "Accelerate Your Future." Students had the opportunity to accelerate their future by participating in a learning experience in Seattle, Washington, in October. The students visited four major businesses while in Seattle. They were Boeing, Microsoft, Starbucks, Seattle Fish Market, and Amazon. Each business presented a seminar and tour to help students in career planning. On February 5th & 6th, students competed in the Region 4 competition at Anoka Ramsey Community College.

Mrs. Carlson and Mr. Mallinger, business teachers at St. Michael/ Albertville High School, coached the 2013-2014 season. BPA is a nation-wide event that has over 51,000 participants in over 23 states.

The president of BPA was Brenna Schlauderaff. Brenna has participated in BPA for two years now, and enjoys being a part of the program. Brenna competed on the Presentation

Management Team, and Administrative Support Research Project at regions. The vice president of BPA is Maia Rehovsky, who competed for the Presentation Management Team, and Administrative Support Research Project at regions.



Above: Maia Rehovsky, Sydney Renzaglia, Brenna Schlauderaff and Ilwad Ali display their awards in the Presentation Management Category.

REGIONAL Participants

Administrative Support
Olivia Rooney, Abby Wold, Andrew Carbert, & Julia Schade

Banking and Finance
Sydney Renzaglia, Kevin McDonald

Broadcast News Production
Dominic Christenson, Ryan Weitalla, Quinn Maetzold, & Brett Marshall

Digital Media Production
Rachel Ball

Economic Research Project
Annie Caron, Lexi Wilkes, Meghan Winans, & Taylor Blank

Fundamental Accounting
Megan Caldwell

Fundamental Desktop Publishing
Abby Wold, Julia Schade, Andrew Carbert, & Nick Egan

Fundamental Word Processing
Rachel Ball

Global Marketing
Kevin McDonald, Blake Berning, & Ryan Larkin

Interview Skills
Jody Olejar

Presentation Management Team A
Brenna Schlauderaff, Jody Olejar, Sydney Renzaglia, Ilwad Ali, & Maia Rehovsky

Presentation Management Team B
Kate Drimel and Krista Slavin

Small Business Management
Ashley Stecker and Hannah Berhow

STATE Participants

Thirty one students from St. Michael-Albertville High School moved on to compete at the state competition March 6-7. Roughly 1,100 students competed at state this year. Of these selective people, only a few would move on to compete at Nationals in Indianapolis. In Indianapolis over 7,000 students competed from all over the country. The people below are our very own students that advanced to National Competition.

Administrative Support
Brenna Schlauderaff

Administrative Support
Desktop Publishing
Abby Wold

Global Marketing
Blake Berning, Ryan Larkin and Kevin McDonald

Presentation Management
Brenna Schlauderaff, Maia Rehovsky, Ilwad Ali, & Sydney Renzaglia

Presentation Management
Kate Drimel and Krista Slavin

Economic Research Individual
Quinn Maetzold

Human Resource Management
Dominic Christensen



BPA 2014



BPA students at the Fish Market in Seattle



In October, the BPA students had the opportunity to travel to Seattle, Washington. While in Seattle the students visited many businesses and interesting sites.

Students also had the opportunity to participate in the Regions tournament in February. Regions took place at the Anoka Ramsey Community College. The picture to the left shows juniors Olivia Rooney, Julia Schade and Abby Wold holding up their plaques.



Above juniors Lexi Wilkes, Anne Caron, Meghan Winans and Taylor Blank holding their first place plaques for winning the economic research team project.

"At Fall Congress, Brianna dropped her money outside and had to chase it across the street for ten minutes! We were laughing for ever!"
-Anastasia Pohl (10)



"The reason why I joined was because going through the processes of creating the team with Cody was really fun."
-Jed Rothstein (12)



"I joined because I knew people who were already in Debate and Student Congress and they recommended it to me."
-Brianna Goodchild (10)



Sophomore Sarah Luchsinger having a ball, posing for the camera at Congress with her team.



Senior Cody Goodchild receiving the Superior Speaker Award at DillWorth Glydon Felton high school.

MOTION TO AMEND

INAUGURAL SEASON

This season of the STMA Debate and Student Congress team was quite an accomplishment for the students participating. This year was the first year that STMA had a sanctioned team. Seniors Cody Goodchild and Jed Rothstein had previously participated in this competition, but wanted something more. These seniors had decided that they wanted a team, and that is exactly what they formed.

"This season has gone really well, we've had a lot of really good congress finishes."

"This past summer I was 22nd at nationals out of thousands of people, and Jed was a semifinalist." Cody Goodchild says about their experience coming in. "We wanted a team." Cody and Jed currently hold first and second place in the state in terms of NFL

points, and Cody holds 13th in the country. Each student participating in these competitive activities claims to love it, and they learn valuable skills that they will need for the future, even if they aren't planning on going into government like Jed. "This season has gone really well, we've had a lot of really good congress finishes." Cody speaks about his teammates' achievements. Cody, Jed and Brianna Goodchild were able to qualify for the NFL National Tournament in Overland Park, Kansas. This will be the fourth consecutive time at Nationals for both Cody and Jed. The team started off with a great year and is looking forward to many more.



Meghan Florip (9), Cody Goodchild (12), Brianna Goodchild (10), and Katie Rossi (10) relaxing during some downtime during a Student Congress meet. These students are having snacks and preparing for their next round of speaking.



Left: Coach Dorumsgaard, Sarah Luchsinger (10), Cody Goodchild (12), Meghan Florip (9), and Paige Florip (12) getting ready for a fun day of debating. Far left: Brianna Goodchild (10), and Katie Rossi (10) having down time in between rounds.

The Way to Neverland...

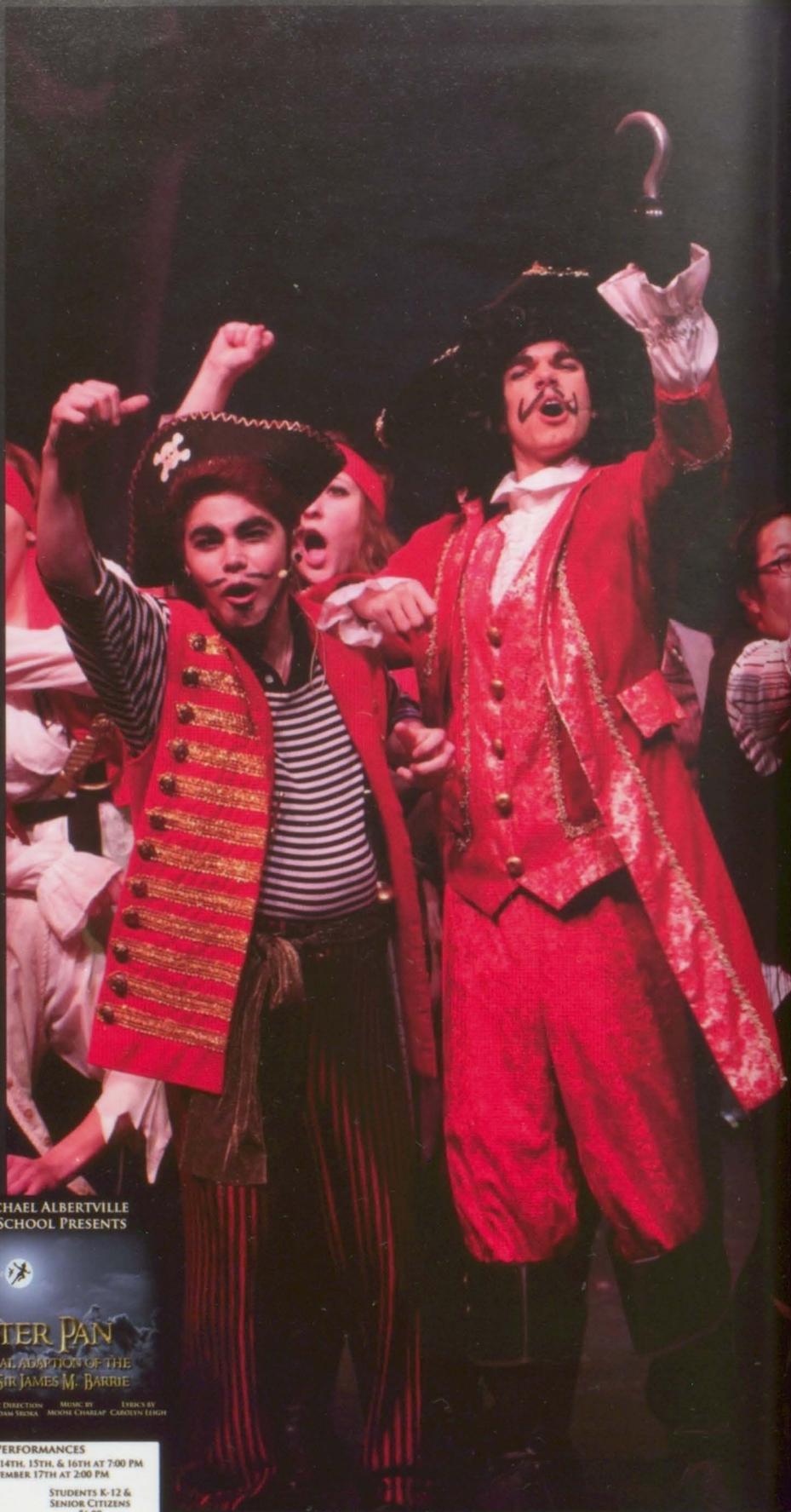
Anne Marie Harald (12) is a ferocious alligator in the fall musical.



A great big family' is how Elizabeth Legatt (12) described the cast of the musical. The musical was put on November 14th through the 16th this year.

Kelly Robeck (12) joined the musical because she wanted to get involved and she loves being with the other people in the musical. To Robeck being in the musical means, "To be a part of something as a whole."

Another lead participant in this year's musical, Nicole Logeais (12) exclaimed that it was "An honor to have been given this opportunity," referring to her lead role as Peter Pan. Logeais' favorite part of being in the musical was, "Performing and feeling the energy of the crowd on opening night." For the seniors it is their last time performing in a high school musical, but it will never be there last time singing. The cast had lots of fun and each time they performed it was an experience they would never forget.



Home finally! Seniors, Chloe' Wallace, Zac Tambornino, Preston Kuhn, and Cody Eliason play Liza, John, Michael and Wendy. finally come home from Neverland. They will miss Neverland, but they brought home memories that will last a lifetime.



Jazz Square the fun out! Senior, Taylor Kainz, playing Tiger Lily leads the Indians during their dance scene.

ST. MICHAEL ALBERTVILLE
HIGH SCHOOL PRESENTS



PERFORMANCES
NOVEMBER 14TH, 15TH, & 16TH AT 7:00 PM
NOVEMBER 17TH AT 2:00 PM

ADULTS	STUDENTS K-12 & SENIOR CITIZENS
\$8.00	\$6.00

TICKETS AVAILABLE ONLINE AT
[HTTP://HS.STMA.K12.MN.US/ACTIVITIES/](http://HS.STMA.K12.MN.US/ACTIVITIES/)

STMA HIGH SCHOOL
PERFORMING ARTS CENTER

5800 JAMISON AVE NE
ST. MICHAEL MN 55376



"Yo Ho, Yo Ho!" Seniors, Caleb Figueroa and Tommy Lindquist sing their hearts out during the pirate scene. This will be a night to never forget.

Beyond Neverland



"All you need is faith, trust, and a little pixie dust! Tinkerbell was well portrayed by junior Brynn Rova. "Your talent makes you who you are, and you should be proud of it."

Cast

Peter Pan... Nicole Logeais*
Mr Darling and Captian Hook...Thomas Lindquist*
Wendy... Cody Eliason*
Michael... Preston Kuhn*
John... Zac Tambornino*
Tiger Lilly... Taylor Kainz*
Liza... Chloe Wallace*
Tinker Bell... Brynn Rova
Mrs. Darling... Chrissy Summers*
Smee... Caleb Figueroa*
Seniors *



The Ostrich was played by sophomore Alison Skon. She's on her way to Neverland!

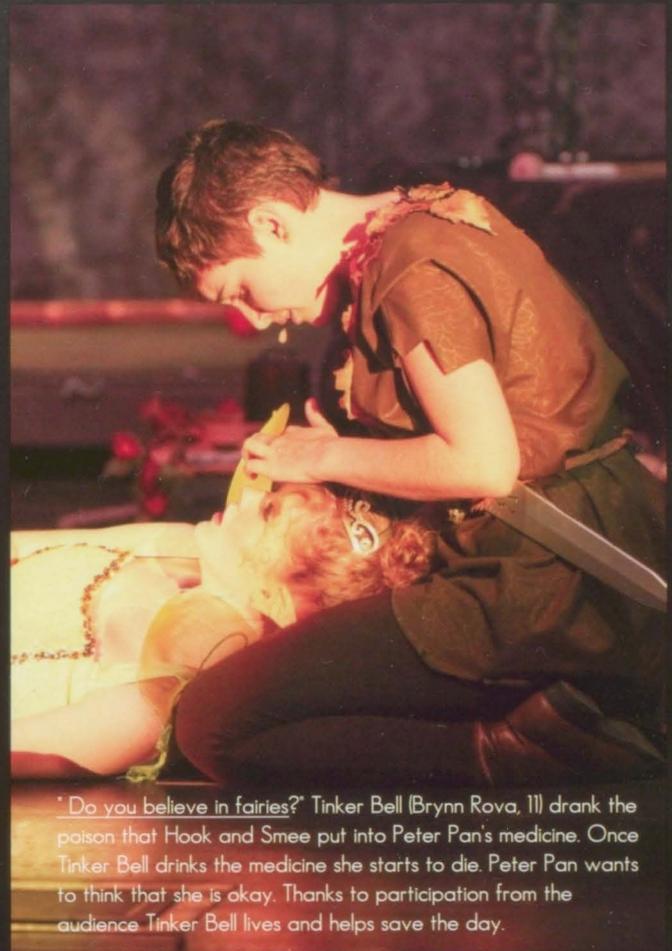
Pit Orchestra

Michelle Camp
Caroline Wochnick
Shania Kinghorn
Ally Jaques
Adrianna Helle
Tiffany Johnson
Geena Stepp
Ryan Sustacek
Stephanie Chartier
Hayley Lenz
Ryan Alstad
Marissa Stifter
Nathan Cool
Brandon Cool
Joe Eicher
Katie Brastad
Rachel Robertus
Brianna Kinghorn
Sydney Lenz
Tess Salen
Alyssa Nelson
Isabella Eckert
Alexandra Eckert

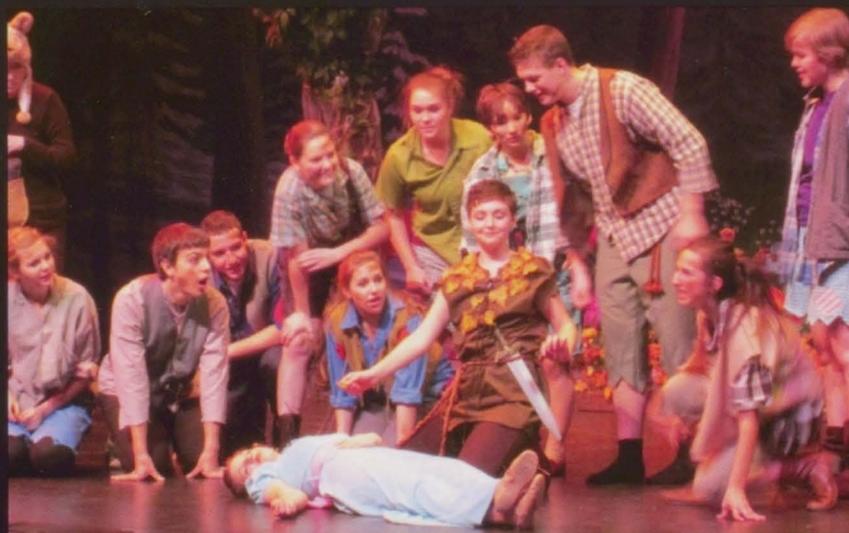
Behind The Scenes



Looking the part can be just as challenging as acting the part! The cast puts in long hours rehearsing and making sure every hair is in place for the show.



"Do you believe in fairies?" Tinker Bell (Brynn Rova, 11) drank the poison that Hook and Smee put into Peter Pan's medicine. Once Tinker Bell drinks the medicine she starts to die. Peter Pan wants to think that she is okay. Thanks to participation from the audience Tinker Bell lives and helps save the day.



Never grow up: The lost boys just shot a white bird that turned out to be a lady, Wendy (Cody Eliason, 12). Peter Pan (Nicole Logeais, 12) is very happy that the arrow hit the "kiss" that he gave her. Peter is showing off his kiss to the lost boys.

Speaking Rhythm

This year, the expectations for the STMA Choirs were high because of the sheer number of students in the program.

"It's outstanding how many people joined the choir program this year," choir director Mr. Osowski said.

Choir is a great place to de-stress, and enjoy singing. With the high numbers that signed up, adding another teacher, Ms. Walsh was the best bet for a successful, and a less stressful year. Ms. Walsh worked with the Belle Voce women's choir and will continue to work with this group next year as well. Along with expanding the choir program, getting better everyday is the main focus Mr. Osowski and Ms. Walsh have emphasized this year.

"Let's not settle, let's get better," Mr. Osowski said.

Having many opportunities to showcase the choirs talent was huge this year. Working with a professional choir from the cities called Cantus and also touring in San Diego this March definitely made the year one of the best.

Concerts and Trips

Tue 9/17 Cantus Performance #1

Mon 12/16 Holiday Concert

Mon 1/27 Combined MS/HS Choir Concert

Sat 2/22 Cantus Choir Festival

Fri 3/7-11 STMA Band & Choir Tour
San Diego, CA WE, CC & BV

Mon 3/17 Mid-Winter Choir Concert

Fri 4/4 Large Group Festival

Mon 5/19 Choral Pops Concert



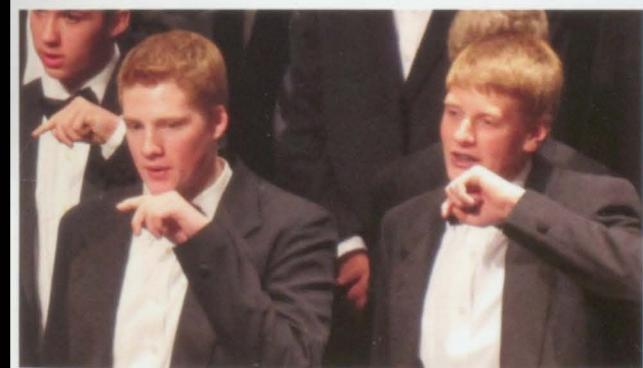
Seniors: Alyssa Nelson, Aubrey DelPercio, Chelsea Steffens, Nikki Arachtingi, Katie Thelen, Abby Nesbit, Chrissy Summers and Gabby Rohrer ready to perform on the USS Midway in California.



Sophomore Erin Patterson singing her solo in the song *Rise Up My Love, My Fair One*.



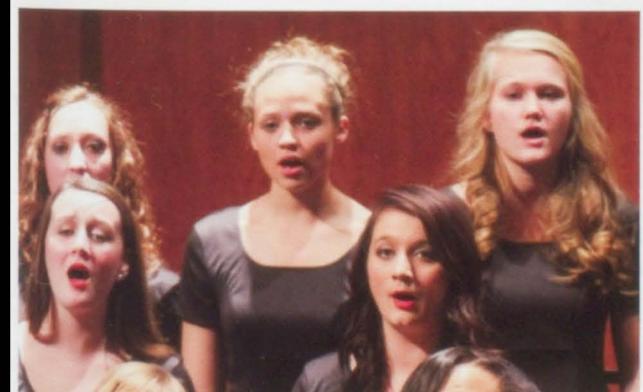
Above: Concert choir singing "Bogoroditse" at a performance with San Diego State University.



Left top: Sophomores Braden Eliason and Austin Jeffries singing a very rhythmic song called Nyon Nyon.



Left bottom: Seniors Ashleigh Basham, Brianna Bleess, Kelly Robeck and juniors Kayla Finnerty and Tiffany Johnson singing in the alto section of Concert Choir for a piece called *In Need of Music*.



Left: The Belle Voce clapping and singing a song called Yo Le Canto from the first fall concert.

Cast

Anne Elliot	Nicole Logeais
Elizabeth Elliot	Emma Thiemann
Sir Walter Elliot	Caleb Figueroa
Lady Russell	Christine Lenneman
Captain Wentworth	Thomas Lindquist
Mary Musgrove	Cody Eliason
Charles Musgrove	Quinn Maetzold
Louisa Musgrove	Brynn Rova
Henrietta Musgrove	Megan Noetzel
William Elliot	Zac Tambornino
Mrs. Clay	Brianna Eid
Admiral Croft	Zachary Adams
Mrs. Croft	Averiel Wright
Mrs. Smith	Taylor Kainz
Captain Harville	Sean Kelly

Crew

Stage Manager:	Anna Skare
Lighting:	Alaina Felt
Sound:	Tristan Eddy
Student Director:	Kari Lenneman
Prop/Set/Costume Manager:	Preston Kuhn



Senior Zachary Adams and junior Averiel Wright as Sr. Walter Elliot and Mrs. Croft, welcomes guests into their home.

Seniors Quinn Maetzold, Cody Eliason, and Nicole Logeais.

Nicole Logeais, who plays one of the lead roles, says that "It was a really good season. We loved doing it. Costumes were great, Mr. Mann was great, and it was fun to work with the underclassman!"



Seniors Nicole Logeais and Tommy Lindquist perform a scene where Captain Wentworth proposes to Anne Elliot.



Seniors: Zac Tambornino and Caleb Figueroa as Sr. Walter Elliot and William Elliot, have tea.



PERSUASION

A PART OF THE ACT

This year's One Act season got off to a competitive start as many auditioned for a limited number of roles. After countless auditions, the cast was formed.

"We don't want people to cry, we want them to feel the story," Mr. Mann said.

This year, One Act decided to take a different route into doing a more serious piece called "Persuasion", by Ashley J. Barnard. This piece was about love rather than their usual comedy route.

"We all agree; One Act is a family," said Emma Thiemann.

The cast of Persuasion is a close knit crew that became a family ever since the first audition. They came together to create a spectacular piece and performed in competitions against other One Act groups from schools across Minnesota.

There was a lot of time and effort put into making the performance the best it could be. The cast was faced with a problem; festival was a week sooner than planned. They could have been upset about it, but instead they looked at it as a chance to have an extra week before competition.



Seniors Nicole Logeais, Brianna Eid, Sean Kelly and Quinn Maetzold and junior Megan Noetzel act out a ball scene where love interests, Anne Elliot and Captain Wentworth, first meet.



Juniors Megan Noetzel and Brynn Rova and seniors Nicole Logeais and Thomas Lindquist act out a scene where they tend to character Louisa Musgrove's fallen head injury.



Senior Brianna Eid and sophomore Emma Thiemann act out a gossip scene between the character best friends, Mrs. Clay and Elizabeth Elliot.



Junior Alyson Astleford, a varsity attorney, preparing for an up-coming tournament.



Junior Megan Caldwell and senior Cody Goodchild posing with their all-state awards.



Senior Eric Crocker is shown above portraying Slip Mahoney during a cross examination.

ACT OF GOD? OR ACT OF GREED?



Senior attorney Jed Rothstein giving a powerful opening during a scrimmage.

"The lake it is said, never gives up her dead, when the skies are gloomy." As Gordon Lightfoot hauntingly reminds us in his 1975 ballad, Lake Superior is a powerful force of nature that places no value on human life. This was the main focus of the 2013-2014 Mock Trial case. This was the most successful season STMA mock trial has ever had. Both teams, the varsity and junior varsity, started and ended the season strongly.

At the beginning of the year senior and head captain Cody Goodchild was quoted saying, "I'm looking forward to our conference and regional rounds to try to get to state. We haven't been to state yet, but I think this is the strongest team I've seen and I think Mrs. Fisher would agree."

The season continued on with countless scrimmages and practices, but the efforts of both teams paid off. This was shown when the junior varsity finished third in regions, and the varsity headed to the state tournament.

At the conclusion of the season promising sophomore Brianna Goodchild was quoted as saying, "This group was something special. We really were the dream team; we set goals in the beginning of the season and then accomplished them. Every member of the Mock Trial team was completely dedicated."

This dedication led to the varsity team taking fifth at state, and Cody Goodchild and Megan Caldwell won all-state awards.



Above: Sophomore JV witness Katie Rossi portraying Giffy O'Brien, CEO of Sleeping Giant Shipping.



Above: Sophomore JV attorney Anastasia Pohl argues with the plaintiff in a heated trial.

The varsity Mock Trial team at the Federal courthouse in Duluth, the site of this years state tournament.



Team Quotes

"The lake it is said, never gives up her dead, when the skies of November turn gloomy."

"You never mentioned safety once, did you?"

"The Fitz was ten miles ahead of us, ten miles further into the storm."

"I wish I would have told him I loved him instead."

"Taconite, it's where the moneys at."



Above: Junior JV witness Aaron Darland testifies as expert engineer Tracy Petersen in defense of Sleeping Giant Shipping.

THE BEST SEASON IN STMA HISTORY

The Case:

This year the Mock Trial team had a civil case. It involved the wreck of the Edmund Fitzgerald. The plaintiff, Gale Storm, was suing the company that owned the Fitzgerald, Sleeping Giant Shipping Inc., on a count of negligence because his son was on the ship when it sank. The plaintiff had to prove by a preponderance of the evidence, more likely then not, that Sleeping Giant was liable for the death of Gale Storm's son. The defense proposed the affirmative defense of an Act of God. Was it an Act of God? Or an Act of Greed?

The Accomplishments:

- Varsity goes undefeated in Regional Rounds.
- Varsity goes to the state tournament for the first time in school - history.
- JV takes third in Regions.
- Varsity wins conference tournament.
- JV wins third at conference conference tournament.
- Varsity takes fifth place at the state tournament.

INTRO of an Award Winner

I have always loved watching Disney movies, and *The Lion King* is one of my favorites. And you'd better believe me when I tell you that I have fallen for every single marketing ploy that Disney has set for me. If I had a job, all my money would probably be spent on stuffed animals, DVD's, Broadway Tickets, T-shirts, snowglobes, mugs, soundtracks and Club Penguin memberships. The people at Disney are geniuses at making money, and they'd do anything to make more, but for what? Will we all become mindless side characters in the story of Disney's rise to power and eventual takeover of the universe? Probably.

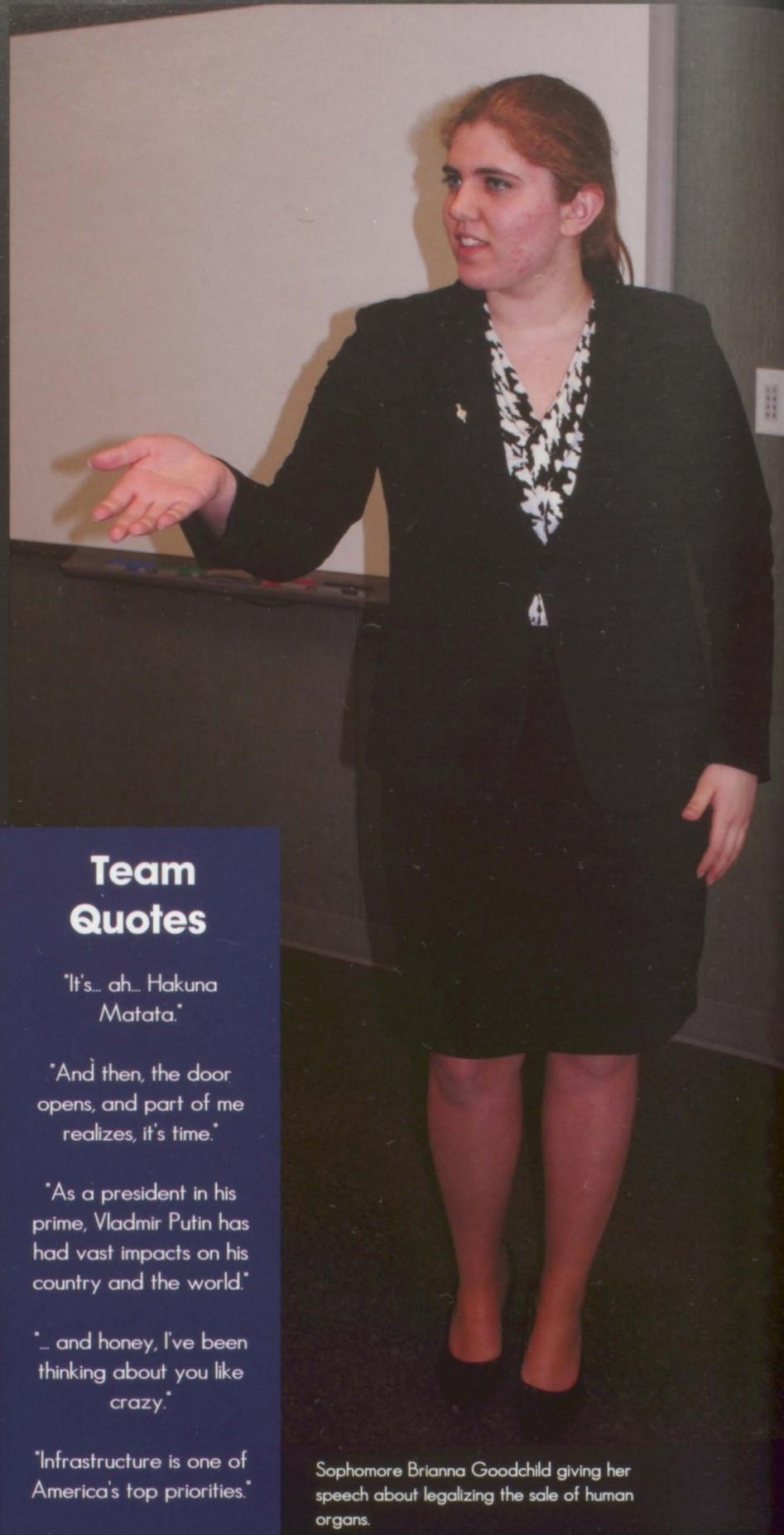
-Excerpt of Marissa Stifter's 1st place speech at the STMA tournament in the humor category.



Semi-finalists Jed Rothstein, senior, Cody Goodchild, senior, Zach Pickett, senior, Alyson Astleford, junior, and Marissa Stifter, sophomore pose for a picture after a national qualifying tournament.



Rachel Robertus, senior, and Marissa Stifter, sophomore, practice for a tournament.



Team Quotes

"It's... ah... Hakuna Matata."

"And then, the door opens, and part of me realizes, it's time."

"As a president in his prime, Vladimir Putin has had vast impacts on his country and the world."

"... and honey, I've been thinking about you like crazy."

"Infrastructure is one of America's top priorities."

Sophomore Brianna Goodchild giving her speech about legalizing the sale of human organs.

BETTER THAN WORDS

"Our Saturday is Your Worst Nightmare"

What is speech? "Speech is like it's name implies: it's speaking," sophomore Michael Wettschreck said.

There are 13 different categories to compete in like poetry, or discussion. Students are also able to compete in more than one category, if they wish.

When students prepare for competition, it could include them writing and performing an original script, performing a selected work of literature, participating in a group discussion, or speaking freely about current events. As a team, members practice writing introductions and thinking on their feet.

During tournaments, members could find themselves speaking in front of judges or to a classroom of people.

"It's a lot easier talking in front of a judge than it is a classroom," Candace Balombiny, senior noted. Students are then judged on their public speaking skills.

For 2014, the team goals were to "get people to state, to build leadership in our seniors, and always keep improving," Molly Leuthner, head coach, said.

The team accomplished these goals and more. Students were successful both as individuals and as a team. Five students moved on to the semi-finals, and three students made it to the National Tournament.

The 2014 season was a memorable one. Memories include making new friends, performing sound effects, and learning "skills you didn't know you had," senior Betsy Bartholomew, said. Other memories include waking up really early for tournaments, "character pops, and riding in freezing buses," senior Priscilla Pomeroy added.

Highlights

Jacob Tambornino, 2nd,
in poetry at St.Francis.

Alyson Astleford, 3rd,
in discussion at St.Francis.

Marissa Stifter, 1st,
in humor at STMA.

Annie Moore, 1st,
in oratory at Zimmerman

Rachel Robertus, 2nd at
conference tourney in Prose.

Jed Rothstein 1st at NFL
qualifier in extemporaneous.

Cody Goodchild 1st at NFL
qualifier in Internation
Extemporaneous.



Seniors Betsy Bartholomew and Rachel Robertus visit after a long tournament.



Left: Cody Goodchild, Rachel Robertus, Kaitlyn Budion and Marissa Stifter accepting their awards in the impromptu category at the STMA tournament.

MANY MINDS ONE PURPOSE

Student Council is a group of students who act as the school's student government. Members are also responsible for being the liaison between the student body and the administration. Student Council organized many activities and fund raisers this year to continue making STMA a great place to be. Members began their work before the school year started by making the themed hallway posters to welcome students. They also facilitated many other activities throughout the school year, including Homecoming Coronation, a food drive held before winter break, and Snow Week. Many memories were also created this year. Those memories include the annual Student Council gingerbread making party, coming up

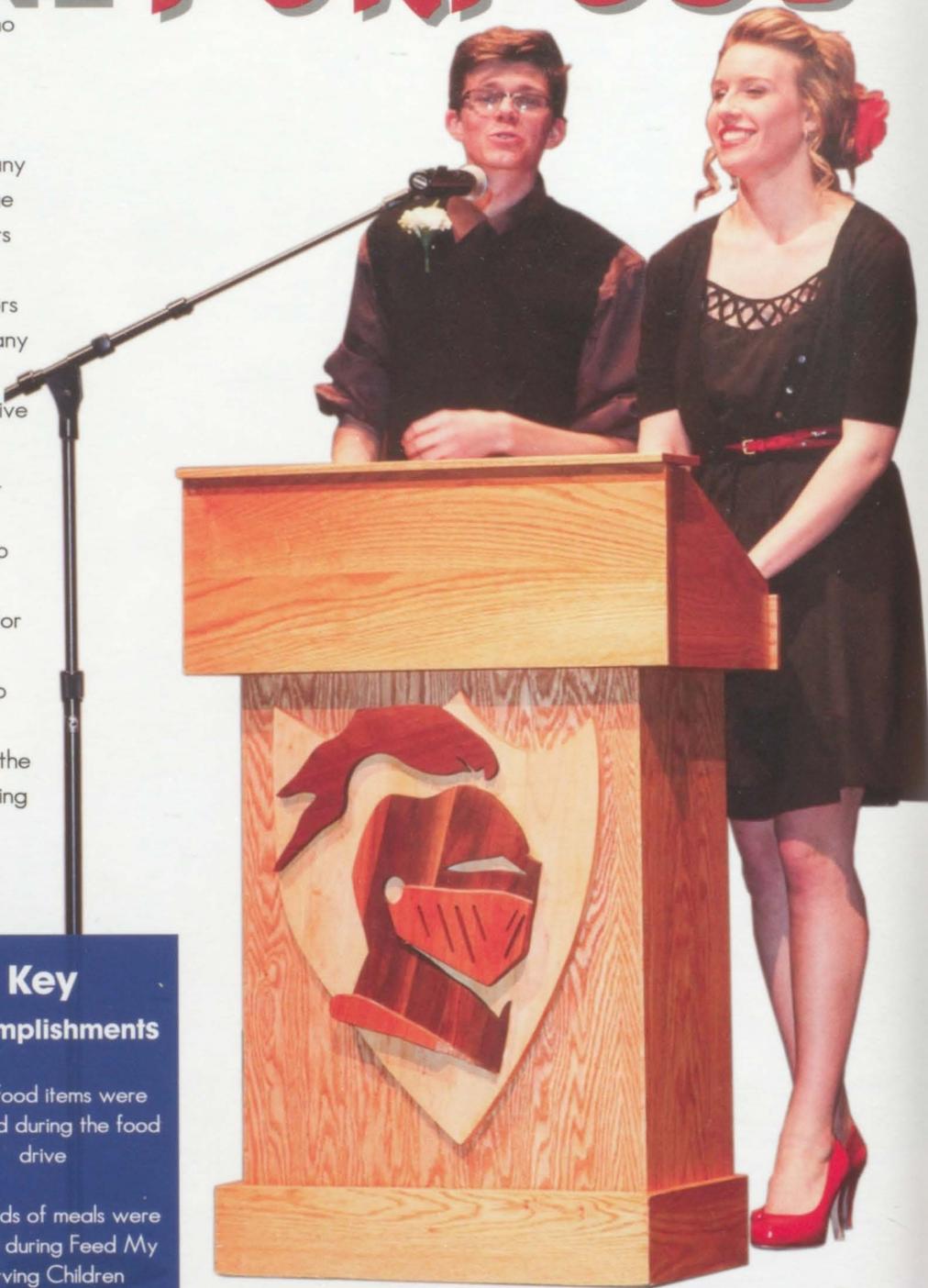
with fun activities for the Snow Week pep fest, and crowning the Homecoming King and Queen.



Senior Tyler Jeffries speaks during the Winter Week Pep Fest. Student council was in charge of organizing this event



Sophomore McKenna Rogers poses next to the fish she helped create for the sophomore's coming back to school poster. "Student council is an awesome leadership experience where you can have fun while working as a team helping to create school memories."



Seniors Tommy Lindquist and Taylor Kainz announce the Snow Week royalty. The student council presented many of the awards and activities that we had at the school.

Key

Accomplishments

700 food items were collected during the food drive

Thousands of meals were packed during Feed My Starving Children

Creation of class theme posters that helped set the mood for the school year

Planning a successful and festive Snow Week

Below: Mr. Skogan, Mrs. Jeffries, Mrs. Essler, and Mr. and Mrs. Bovee writing down their white board answers for a Teacher Challenge at the pep fest on Friday of winter week. They each sat back to back and each partner was asked a question; the person who was asked had to guess the answer about the person behind them, and if they got it right, they got a prize. Everyone had a good laugh about this; Mr. and Mrs. Bovee won the challenge! In the background Anna Skare, Tommy Lindquist, Taylor Kainz and Sydney Renzaglia along with the whole student council helped organize events such as this.



Left: Juniors William Giller and Rose Gallagher collect food donations for the food shelf during the "one day blitz."

Far Upper Left: Tommy Lindquist, Sean Kelly, Taylor Kainz, Chloe Wallace and Rachel Bourget working on their ginger bread creation during the holiday party.



Far Lower Left: Student council brought back Powder Puff game this year which involved junior and senior girls playing flag football.

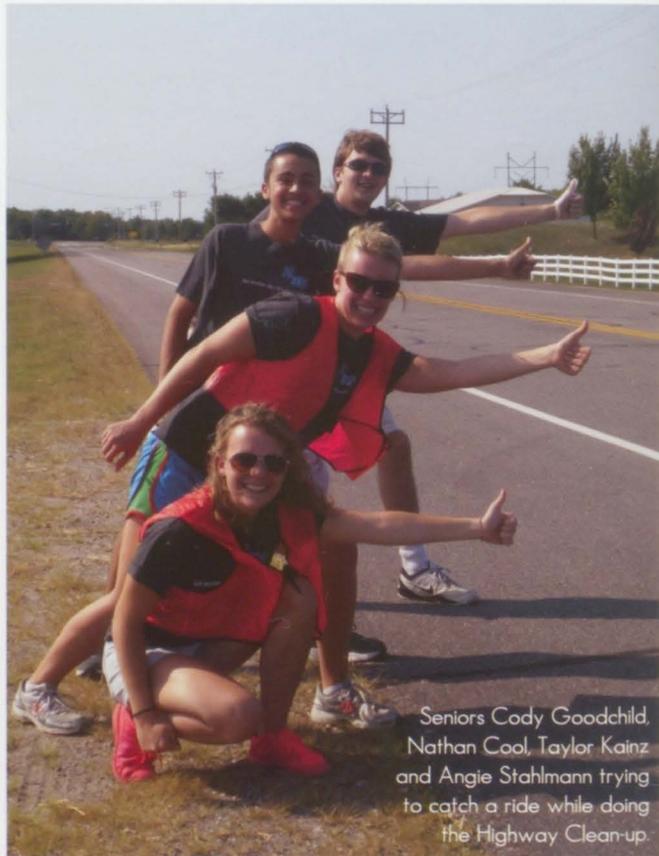
Juniors Megan Dobosznski, Meghan Winans and Lexi Wilkes go trick or canning. This was one of the many events NHS did to help out our community.



Senior Quinn Maetzold making the calls for bingo for the seniors in our community, which also included a turkey dinner.



Seniors RaeAnn Arns, Holly Opatz, and BriAnna Hoffman riding in the back of Mr. Zahler's pickup after doing the Highway Clean-up.



Seniors Cody Goodchild, Nathan Cool, Taylor Kainz and Angie Stahlmann trying to catch a ride while doing the Highway Clean-up.

TO GIVE FREELY

"ENDEAVOR INTELLIGENTLY AND COURAGEOUSLY TO BE A LEADER"

"Noblesse Oblige" -

The obligation of honorable, generous, and responsible behavior associated with high rank.

In the spring of 2013, a multitude of students who met the 3.67 GPA requirement were invited to apply for a spot in the National Honor Society. Of those invited, many applied to join the organization. Those that were accepted contributed to a successful year.

"Members must have untarnished character, high scholastic standing, be leaders, and give freely in service to others, as it states in the pledge," said senior, RaeAnn Arns.

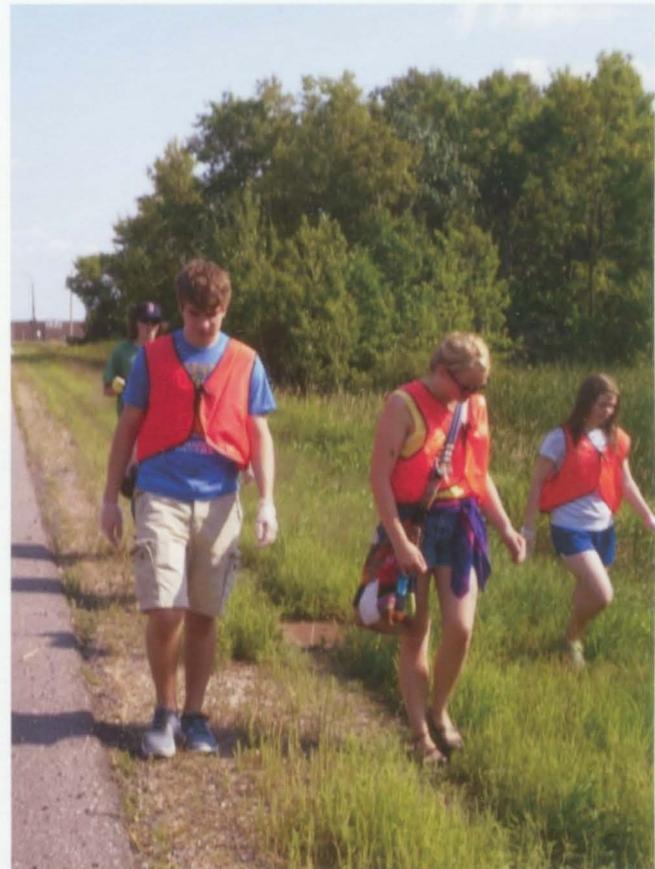
One of the focuses of the National Honor Society is to participate in service activities to better the school and the community.

"Few of our activities are done for the direct benefit of members," said NHS adviser Bob Zahler.

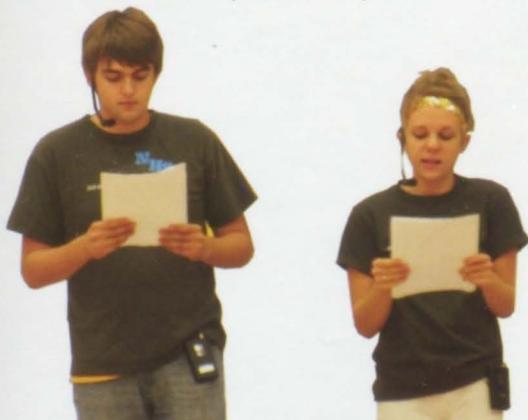
This year, activities included a toy drive, Dinner and Bingo at the St. Michael Senior Center, and the Red Cross Blood Drive, among many others.

"Members need to keep grades high and always be ready to be part of an activity. We value participation greatly," said Vice-President senior Cody Goodchild.

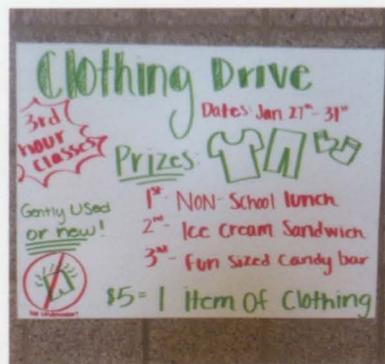
The 2013-2014 year consisted of many great memories and accomplishments. Memories include playing water balloon volleyball after cleaning up a road, dressing up to collect food donations for the food shelf during Trick or Canning, and competing to be the first to second a motion. Accomplishments included collecting over 1,000 toys for the toy drive and putting on fun Homecoming activities. Along the way, new friends were made and new experiences were had. Overall, it was a productive year for NHS.



Rebecca Bourget picked up trash along a two and a half mile stretch of road for the first service project of the 2013-2014 year.



Seniors Cody Goodchild and Angie Stahlmann emcee during the Homecoming Pep Fest.



One of the activities this year was a clothing drive to collect clothes for the less fortunate. A total of 3,898 clothing items were donated this year.



On January 25, 2014, the NHS held a turkey dinner for the seniors in the community, followed by several rounds of Bingo. Pictured is senior Dominic Shovelain serving with a smile.

Club De Español

Spanish Club

At STMA, one of our motto's is "Strive For Greatness" and that's exactly what we do in and out of the classroom. Spanish Club is an extracurricular activity where students get together with other students that have the same interests as them and learn more about the Spanish culture. Aside from learning about the culture, the students cook, create projects, and study the festive side of the Spanish culture. After catching up with senior Kaitlin Marx, she told us that she joined because she liked Spanish class, but it ended up being her favorite part of school and it even made her decide to go on the Spanish trip to Spain this summer.

"I think the students really enjoy the club because they are able to get the cultural experience within the club, as well as do something they like," mentioned adviser, Mrs. Schuster.

The students have made a tradition of creating sugar skulls for Dia De Los Muertos (Day of the Dead), and this year they also made a trip to the Guadalajara restaurant where they placed all of their orders in Spanish. Other activities included watching movies with the Spanish subtitles on and preparing authentic meals with foreign exchange students. Spanish club is a very inclusive activity; students don't even need to be in a Spanish class to participate in the activities. Spanish club was one of the examples of STMA's expectation to make after school activities fun and interactive.



Above: Members of this years Spanish Club. Seniors Ben Wold, and Abby Nesbit, sophomore Kora Hesser, junior Josie Adkins, sophomores Makayla Hackman, Abby Peterson, and Anastasia Pohl, and two of this years foreign exchange students Christina Arenas and Su Kim.



Above: Sugar skulls that the members of the Spanish club made this year for Dia De Los Muertos, also known as the day of the dead which is a holiday celebrated to honor the dead.



Spain Trip 2014

Summer 2014

16 Students

2 Teachers

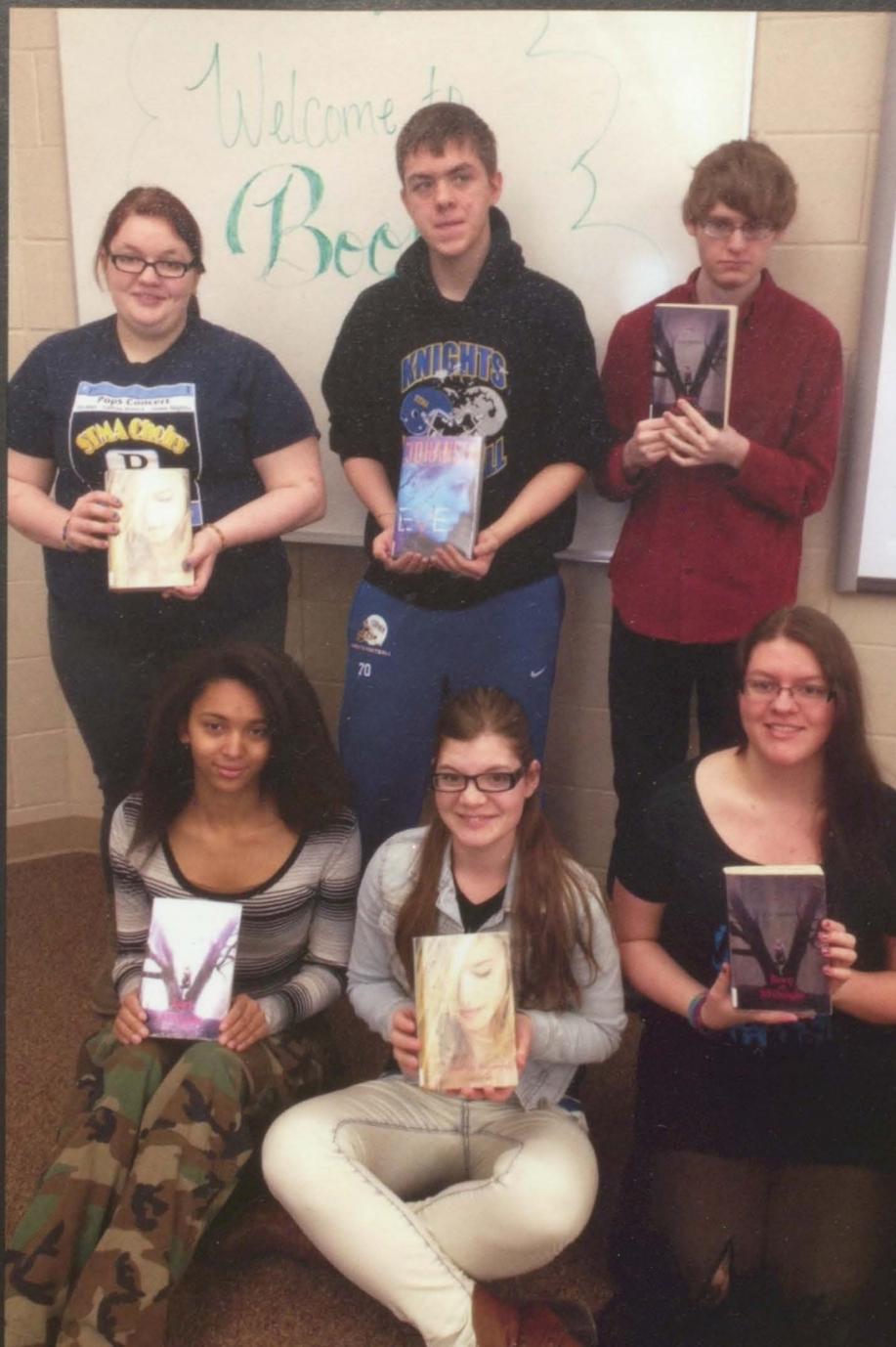
June 18th - July 2nd

Seniors Benjamin Wold, Ilwad Ali, Anita Voss, and Sydney Giese posing for a picture in one of their favorite extracurricular activities. Spanish club is a great way to meet new friends and just hang out with people in a fun environment.

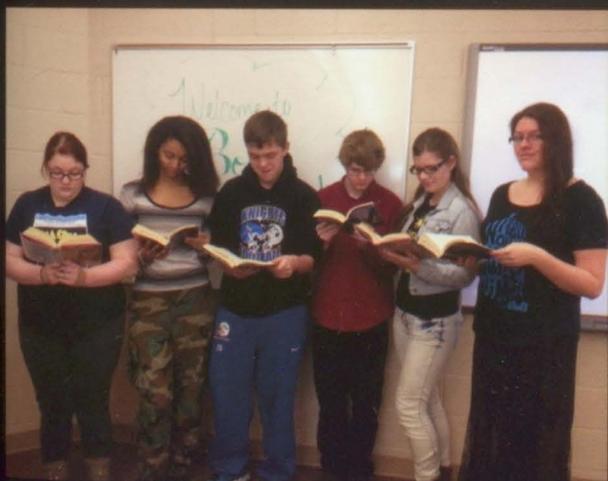
READ MORE

Book club is all about personality; it's about being able to leave your "real life" and escape to where ever you want in a book. There are eight people in book club, all with their own idea of a good book. Book club gives them the opportunity to come together as a group and escape into books. This year the book club read *Poison Princess* by Kresley Cole, *Split* by Swati Avasthi, and *Legend* by Marie Lu, as well as various other books that could bring anyone outside of small town Minnesota to a "whole different universe, simply by starting with one word," said senior Betsy Bartholomew, President of the book club.

What people don't realize about books is that it doesn't matter where you are in real life, if you can open a book you can transport to the farthest place, at the ends of the earth. You can go from a little corner in your room to an action-packed adventure with your favorite characters. Book club is simply a place to go to do what you love, escape from reality, and dig into a good book with people who share the same passions. STMA is always a place where students can express themselves, and that is made obvious by all of the excellent extracurricular activities that allow students to be themselves at STMA.



The book club together posing with their favorite books. From left to right, top to bottom: Priscilla Pomeroy, Michael Fredrickson, Nathan Bunge-Zachman, Kora Hesser, Betsy Bartholomew, and Candice Balombiny.



Seniors Betsy Bartholomew, Priscilla Pomeroy, Nathan Bunge-Zachman, and Candice Balombiny, and sophomores Kora Hesser, and Michael Fredrickson reading their favorite books during a book club meeting.



Book club members Betsy Bartholomew, Priscilla Pomeroy, and Candice Balombiny read their book of the month together.



Priscilla Pomeroy, Betsy Bartholomew, and Candice Balombiny chatting about the details of their book.



SPORTS

Sports are a huge part of the STMA community. Sportsmanship is also a huge part of this community, and working together as a team is highly valued. Many teams have been quite successful this year because our community works so well together. With each other on our sides, nothing is impossible. When we win, we celebrate. When we lose, we know that we tried our best. Our community forms as a family through our sports.



'Alligator, Alligator, Eat 'em Up, Eat 'em Up!'

Freshmen, Tina Nguyen and Lizzy Kemmetmueller lead a rousing round of Alligator Eat 'em Up at the Dig Pink Volleyball game.



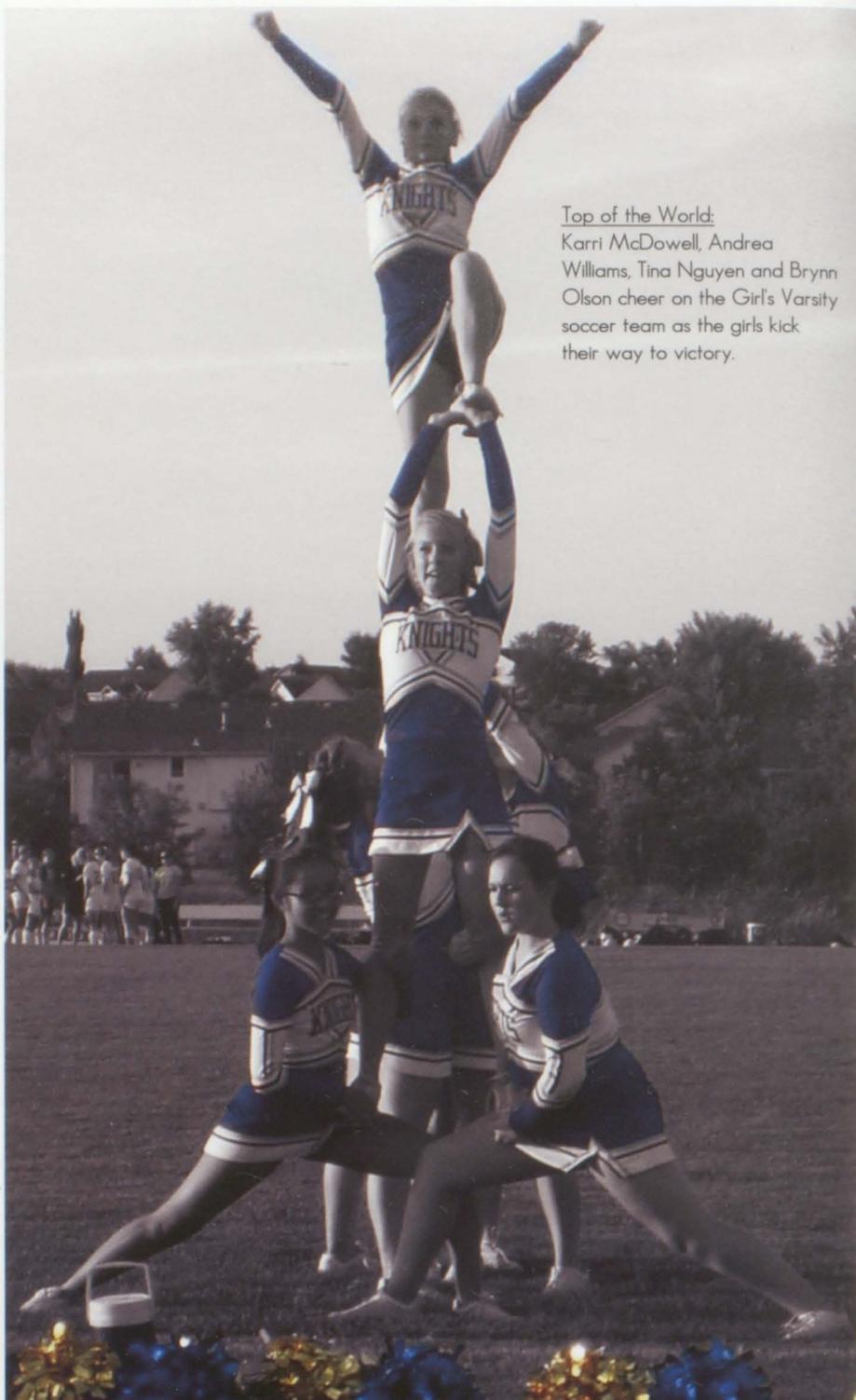
Tackle Cancer: Head Cheerleader Mackenzie Selle (12) pumps up the crowd with her pink poms and bow during the STMA Tackle Cancer night versus Monticello.



Shout! Sophomores Claire Wallace, and Mackenzie Selle along with freshmen Karri McDowell, Lizzy Kemmetmueller, Tina Nguyen, Brynn Olson and Andrea Williams pumping up the crowd for a game. "I like that the crowd yells back during some of the crowd-interaction cheers," says Mackenzie Selle (10).



It's all Relative: Claire Wallace (10), Head Cheerleader, says the team is "Like family" and is excited for the sideline cheerleaders to be back in action this year.



Top of the World: Karri McDowell, Andrea Williams, Tina Nguyen and Brynn Olson cheer on the Girl's Varsity soccer team as the girls kick their way to victory.

August

29th- Football Game @ Buffalo

September

- 3rd- Girls Soccer vs. Buffalo
- 6th- Football vs. St. Francis
- 10th- Boys Soccer vs. St. Francis
- 13th- Football vs. Monticello
- 17th- Volleyball vs. Monticello
- 20th- Football @ Big Lake
- 24th- Boys Soccer vs. North Branch
- 27th- Football vs. Chisago Lakes
- 28th- Fire up 5k

October

- 1st- Girls Soccer vs. Rogers
- 4th- Football Game @ Duluth East
- 8th- Volleyball vs. St. Francis
- 11th- Football Game vs. Cambridge
- 12th- Girls and Boys Soccer Section
- 15th- Girls Soccer Section Finals
- 16th- Football Game @ Rogers
- 26th- Football Sections
- 30th- Volleyball Section Semis

November

- 1st- Football Sections @ Rogers
- 7th- Football Quarter Finals @ SCSU
- 15th- Football Semi Finals @ Metrodome

Above the Rest

The Knights cheerleaders returned to the sidelines this year with much enthusiasm and skill to cheer on the varsity football, boys and girls soccer, and volleyball teams.

"I love interacting with the crowd, and getting to promote school spirit," says head cheerleader Claire Wallace (10), "I think the hardest part is being in sync with each other and remembering all of our cheers."

Sophomores, Mackenzie Selle, Claire Wallace, and freshmen Karri McDowell, Tina Nguyen, Brynn Olson, and Lizzy Kemmetmueller, make up this young squad. They are full of school spirit as they lead the fans in cheers, and cheer loud and proud for the STMA Knights to lead them to victory.

"Cheering is fun but dangerous," says freshman Karri McDowell. "As a flyer, my hardest stunt is a heel-stretch full-down. It's where I am up in their hands with my leg out to the side, and I snap my leg down and twist in the air."

"More
than just a
Smile."

These cheerleaders practice almost every day, and put in over 20 hours a week of tumbling and cheer-memorizing their 75+ cheers, dedicating themselves to pumping up our school spirit at various sporting and community events.

Head cheerleader and sophomore Mackenzie Selle says that if she could sum up cheer leading in a couple words, she would say, "Eventful. Very eventful."

Some of the events the girls participate in are cheering at the Fire Up 5k for Tim Larson, cheering loud and proud at the Kick/Tackle cancer nights, teaching little cheerers some of their tricks, and the two head cheerleaders went to the Great Minnesota Cheer Off on Oct 12th.

Selle says of cheer leading, "All of the physically demanding things, like throwing people, and the mentally demanding things, such as staying positive when the team is losing, makes cheer leading so much more than just a smile."

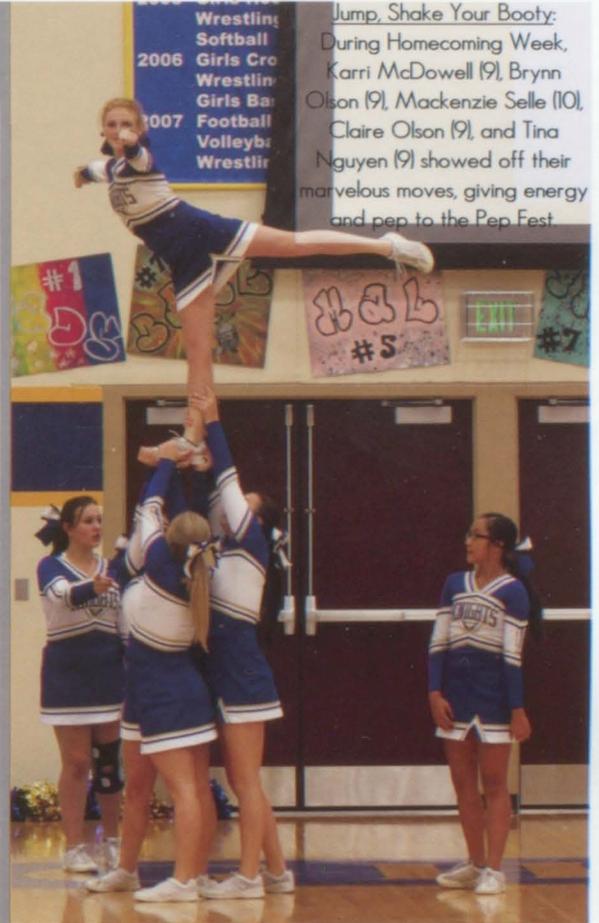
Interesting Info

50% of their cheering is for the Football Team

30% of their cheer power goes to Soccer games

15% of their sports cheering is for Volleyball

5% cheering goes to their extra events



Mighty Knights: Karri McDowell (9), Lizzy Kemmetmueller (9), Tina Nguyen (9) Mackenzie Selle (10) Claire Wallace (10), Brynn Olson (9), and Andrea Williams (9) cheer loud at all the boy's football games, interacting with the fans through their various cheers.



Jump, Shake Your Booty: During Homecoming Week, Karri McDowell (9), Brynn Olson (9), Mackenzie Selle (10), Claire Olson (9), and Tina Nguyen (9) showed off their marvelous moves, giving energy and pep to the Pep Fest.

"LEADERSHIP
AND CHEMISTRY
that's what makes it fun to coach"
Gregg Greeno - Head Coach

Below: Ryan Moore (11), Joe Herbst (9), and Brian Colgrove (10) running strong in the STMA invitational.



Above: Ron Tanchin (10) and Tre' Dorenbush (11) running in the STMA invitational.

Middle: Chase Cayo (11) finishing in the Mississippi-8 Conference Meet. He placed first by a large lead and made it to state where he then placed 6th with a time of 15:45.

The team headed by Jason Colgrove (12), and Alex Wolseth (9), running strong in the STMA invitational, of which they placed first of eight teams.

MORE THAN JUST A TEAM

Jake Monseth (11), Lukas Layton (10), and Dominic Shovelain (12) gaining a lead on the competition at the Mississippi-8 Conference Meet.



This year's cross country season started off strong with high goals and motivation, and the runners stayed determined to meet their goals.

"The team is really good, they are working hard in practice," coach Greeno commented on the hard work of his runners.

Apart from the varsity team finding themselves in the wrong race (the A division instead of the AA division) at the Swain Invite, the team has been rocking the year with sub record setting times. Chase Cayo placed the 2nd shortest time in the school history with a time of 15:46. The team also won the conference, placing first of ten teams. This year's team was "Fantastic," says Jake Monseth, "there were incredible performances."

Despite the team doing great this year, they have even higher hopes for the next season. Members have said that even though this year was amazing, next year will be even better

THIS "FANTASTIC
YEAR'S TEAM
WAS INCREDIBLE
PERFORMANCES"

- Jake Monseth (Junior)

because they have a lot of great runners returning and the new upcoming runners are already motivated to do their best.



Above: Keith Jorgenson (12) gaining on his competition in the Mississippi-8 Conference Meet.



Above: Andrew Hinkemeyer (11) and Evan Gjesvold (11) sprinting past the opposition in the STMA Invitational.

Left: (left to right) Josh Hesser (12) and Luke Heil (12) making their way to the finish line in the STMA Invitational.

SCOREBOARD

LOCATION	PLACE
Monticello Invt.	2nd
Rum River Invt.	6th
St. Francis Invt.	4th
Eagle Invt.	4th
Buffalo Invt	7th
STMA Invt.	1st
Swain Invt.	3rd
Mississippi-8 Conference	1st
Section 5AA Anoka	4th

THAN JUST RUNNING

GIRLS CROSS COUNTRY

The Girls Cross Country team pulled through with another great season, and a strong finish at the Section 5AA meet placing 5th overall. Leading the team to victory was junior Rachel King (14:18), freshmen Lizzy Heil (14:26) and Belle Nyhus (16:01), sophomores McKenna Rogers (16:15) and Abbie Herbst (16:26), senior Erin Schindler (17:11), and junior Jaymie Hansen (17:26).

Not only are Rachel and Lizzy competitive teammates, but they are also best friends. "We run together in the summer," said Rachel. Rachel and Lizzy placed first and second respectively at the Section 5AA Meet. Rachel is seeking to, yet again improve her time. "I'm going to train harder," she said, "I'm going to talk to the Gopher's Track Coach for training tips."

It is common for many athletes to have superstitions before a game or meet. "I have to listen to my favorite Michael Jackson song on the way to school, and if there's a meet after school, I only eat from the ala carte at lunch," explained Rachel.

Going to a Cross Country meet is more than just watching runners. These athletes push themselves from start to finish, going all out to the final stretch. There's a lot of training and hard work that goes into it. Many of the runners are not only involved in Cross Country, they are involved in other sports as well. In addition to Rachel participating in Cross Country for two years, she's also a miler in track and a hockey player. These activities have helped her to maintain fitness and endurance year round.

*"There's really no exact science when I run,
I just kind of think about being done."
-Rachel King*

SCORE BOARD

VARSITY

Meet	Place
Monticello Invitational	3rd
St. Francis Invitational	5th
Rum River Invitational	10th
Eagle Invitational	6th
STMA Invitational	3rd
Swain Invitational	4th
Mississippi 8 Championship	2nd

JUNIOR VARSITY

Meet	Place
Monticello Invitational	4th
St. Francis Invitational	5th
Rum River Invitational	12th
Eagle Invitational	12th
Buffalo Bison Invitational	6th
STMA Invitational	3rd
Swain Invitational	6th
Mississippi 8 Championship	2nd





Far Left: Junior Rachel King pushes herself to the limit in an all out sprint to race to the finish line and be the first to cross.

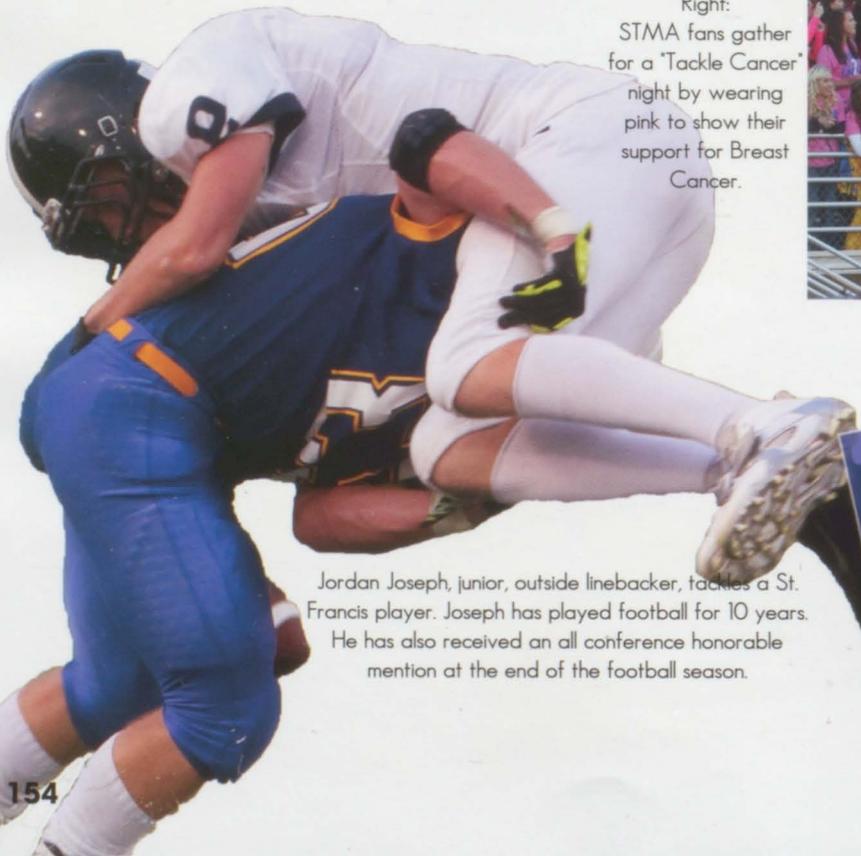
Middle: Sophomore Mary Schmidt takes off in hopes to get ahead of the pack.

Left: Freshman Belle Nyhus pushes herself harder to keep her place and get a better lead.

The football team huddles around the Class AAAAA- Section 6 trophy. The students stormed the field and shared their excitement with the boys as they got their redemption against our rivals, the Rogers Royals. This was a very exciting and memorable night.



Right: STMA fans gather for a "Tackle Cancer" night by wearing pink to show their support for Breast Cancer.



Jordan Joseph, junior, outside linebacker, tackles a St. Francis player. Joseph has played football for 10 years. He has also received an all conference honorable mention at the end of the football season.

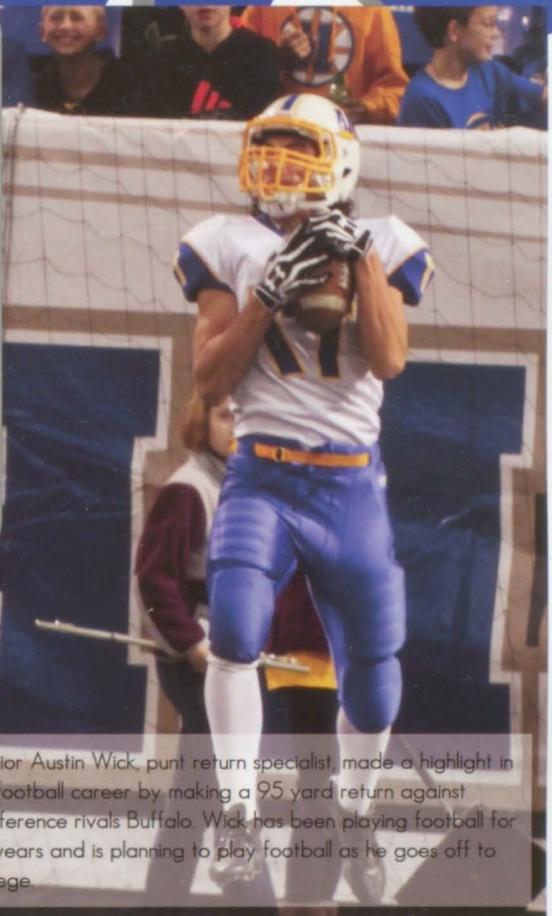
	HOME	VISITOR
Buffalo	21	3
St. Francis	28	12
Monticello	14	7
Big Lake	28	0
Chisago Lakes	37	26
Duluth East	40	6
Cambridge-Isanti	31	6
Rogers	37	38
Buffalo	42	14
Rogers	21	7
Sartell-St. Stephen	52	28
Owatonna	7	27

road to the dome

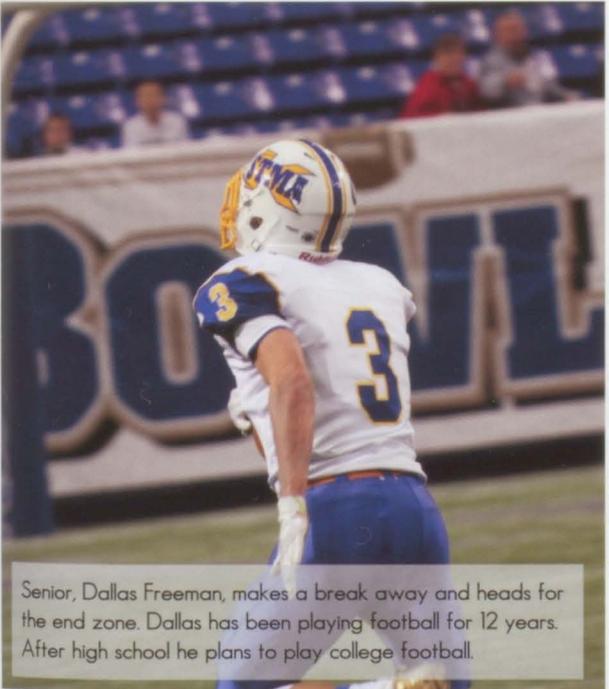
As some of us take our last steps on the field, our last walks across the bleachers, kick our last field goal, or do your last "jump, shake your booty" in the stands, you must think, "Is this really it?" The 2013 football team fought as a family this season plowing through the games without taking a glance back. "Seeing the hard work in my team, seeing them succeed, is my biggest thrill in the game," says Coach Essler. Our Knights took a hard loss to the Rogers Royals in overtime. The most intense game of the season, fired the boys up preparing them to bring home a win in sections. "Teaching them values through a sport, and the value of being more than just one person, is very rewarding," says Coach Essler, the boys refuse to do anything but succeed. We really push each other, and it is very effective." Our Knights only took one loss this season, and everyday, our armor shines a little brighter than most. This season, the team earned a trip to play at "The Dome," which was the first time since 2008. Despite a devastating loss to Owatonna, the Knights played their heart and souls out into something more than a game; they all contributed team work and passion. The game of football is more than just suiting up in a blue and gold uniform, it's their Knight pride.

more than a memory...

- Made it to the Dome for the first time since 2008.
- Record was 10-2 this season.
- Outstanding support system. More than 1400 high school students attended "The Dome" to see the boys play, along with many other families in the community.



Senior Austin Wick, punt return specialist, made a highlight in his football career by making a 95 yard return against conference rivals Buffalo. Wick has been playing football for 10 years and is planning to play football as he goes off to college.



Senior, Dallas Freeman, makes a break away and heads for the end zone. Dallas has been playing football for 12 years. After high school he plans to play college football.



Senior, Andrew Winans, diving to stop Owatonna from making a run. Winans has played football for 9 years. One memory he has from the season was his first varsity interception. After high school Winans plans to go to college for engineering.

I'D RATHER BE playing soccer

The 2013 boys Varsity soccer team finished with three wins, four draws, and nine losses. After a tough start to the season, the Knights soccer team pulled together as a whole and finished the season strong with a tough match against state bound Elk River, losing 2-0.

When asking a few team members what their most memorable moments of the season were, they replied with various responses.

"Scoring my first varsity goal against North Branch, (laughs) yeah it was a beauty," said Sam Guillou, senior goalie. "Brett Anderson scoring the first goal," says coach Mallinger.

The players are not the only ones that have an important role on the team. The impact a coach has off the field, being a positive role model for the players is crucial. "Coach Dewey's pre-game speeches always got

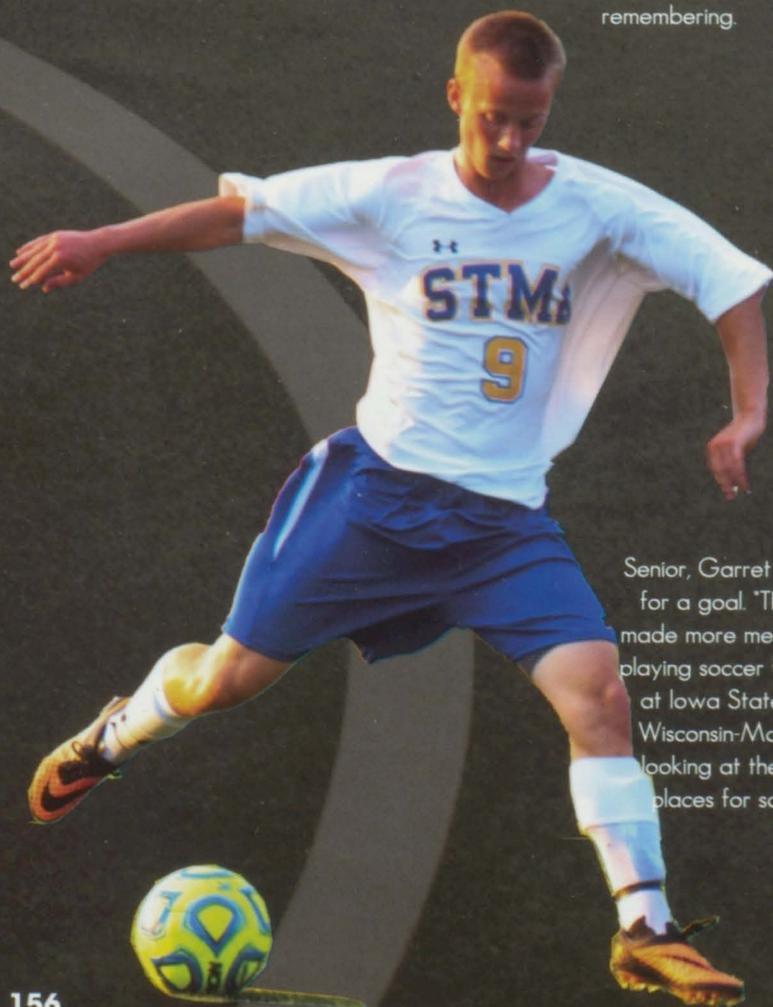
me focused and inspired me to perform at my best," said captain goalie Sam Guillou. Coach Dewey and Coach Mallinger were definitely great role models for these kids. When asked what the best thing about coaching is, coach

"Never give up on something you can't go a day without thinking about."

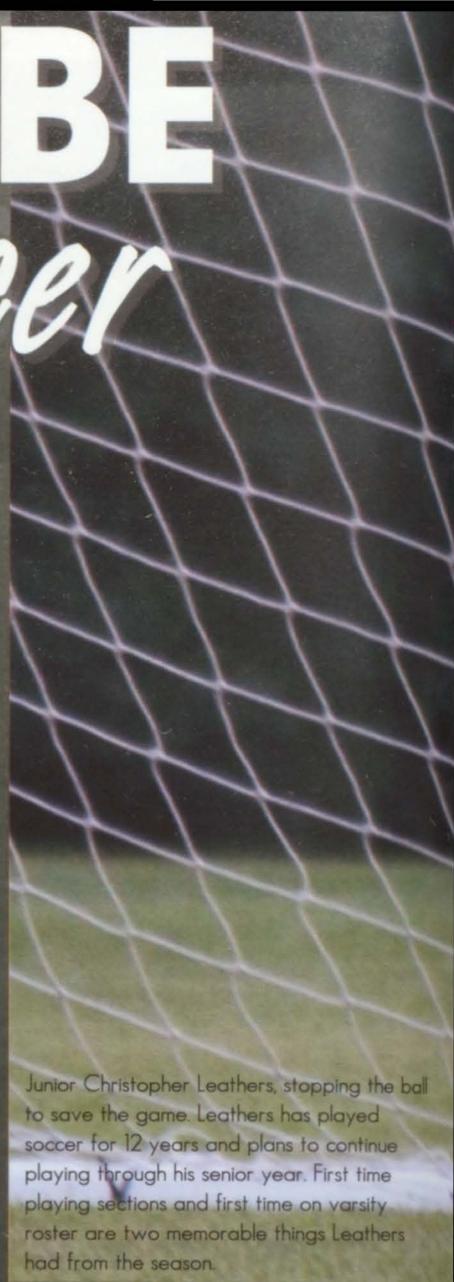
-Bryant Malley, 20.

Mallinger replied "I love to help athletes achieve their goals. Even if a bad game passes, the boys stick together and hold their heads high."

Each and every man out there has one thing in common: the field is their second home. *"The vision of a champion is someone who is bent over, drenched in sweat, at the point of exhaustion, when no one else is watching"* -Mia Hamm. Despite a challenging season, the boys had a great year. Friendships were made and camaraderie was strengthened throughout the season, making it a season worth remembering.



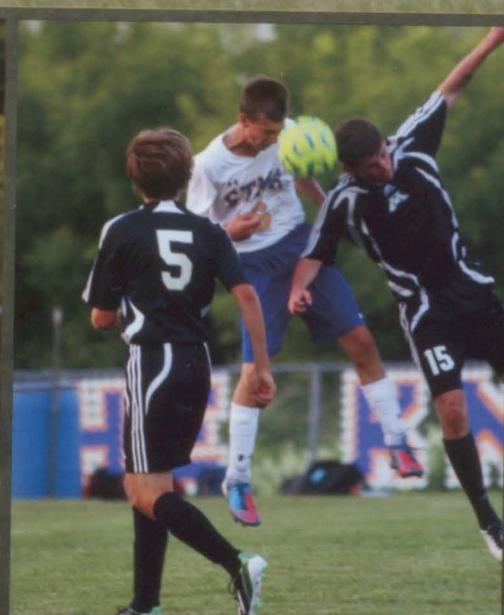
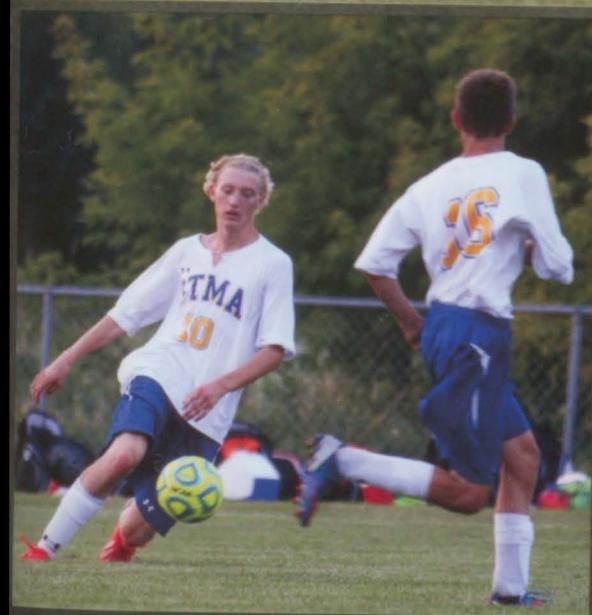
Senior, Garret Adkins blocks and goes for a goal. "This season was fun, we made more memories," Adkins has been playing soccer for 13 years. He's looking at Iowa State and the University of Wisconsin-Madison. Adkins says he's looking at the Sports Clubs at both places for soccer and/or lacrosse.



Junior Christopher Leathers, stopping the ball to save the game. Leathers has played soccer for 12 years and plans to continue playing through his senior year. First time playing sections and first time on varsity roster are two memorable things Leathers had from the season.



Senior, Sammy Voss, defends the ball from an opposing player. Voss has been playing for 10 years and is considering soccer after High School, but doesn't have a solid plan just yet.



Senior Cole Hiltner making his way down the field along side of his teammate. "The season was alright, we're rebuilding. It was fun to play again, there were a lot of close games," says Cole as he describes the season. After high school Cole plans to head off to University of North Dakota.

Freshman Tanner Sorem jumps up to attack the ball, barley missing a collision with his opponent. "Scoring my first goal of the season with this being my first year of high school," says Tanner as he describes his favorite memory of the season. He plans to play throughout high school and to continue into college.

SCOREBOARD

PLACE	SCORE
Osseo	Loss (1-8)
Moorehead	Loss (1-5)
Charhassan	Loss (1-4)
Monticello	Draw (2-2)
Elk River	Loss (0-1)
St. Francis	Win (2-1)
Cambridge	Loss (2-5)
Grand Rapids	Loss (1-2)
Buffalo	Draw (1-1)
Chisago Lakes	Loss (0-1)
Burnsville	Loss (2-1)
NorthBranch	Win (7-2)
Princeton	Win (2-1)
Orono	Draw (0-0)
St. Cloud Tech	Draw (2-2)
Rogers	Loss (1-2)

OVERALL: 3-4-7 157

"YO CREO!" - I BELIEVE.



Above: She shoots, she scores! Junior Jordyn Prince is surrounded by teammates after she scores late in the section semi-final vs Moorhead.

Top Right: Catch her if you can, Junior Jordyn Prince takes a shot vs Moorhead.

Right: Senior DJ Noel looks to fake out her opponent in an early season game. DJ is one of three senior captains, and is a great leader on and off the field.



Right: Sprinting down the field, Leah Johnson (10), looks to score another one of her many. She was one of the team's leading scorers as a sophomore.



SCOREBOARD

GAME SCORE

Moorhead	4-0
St. Cloud Tech	5-0
Park	0-3
Buffalo	2-2
Monticello	7-0
Elk River	3-2
St Francis	3-2
Cambridge-Isanti	2-0
Brainerd Warriors	0-0
Buffalo	1-1
Chisago Lakes	2-2
Princeton	3-1
Orono	1-3
Rogers	1-0
Section 8AA Playoffs	
St. Cloud Tech	6-0
Moorhead	2-0
Elk River	0-1

SETTING THE
PACE

This 2013 STMA girls soccer season was one for the record books. With accomplishments on and off the field our lady knights made a great example of what we stand for as a school and community. The team's quote of the year, was "Yo Creo," which in Spanish means "I Believe". The ladies had some big shoes to fill as they made it to the State Tournament last season and many of their starters graduated. But the girls and coaches believed in their team. They truly did make a name for themselves and proved to everyone that the tradition of greatness would continue once again.

According to senior mid-fielder Anne Marie Harald, the reason that their team is so special compared to others is because "We like to have a lot of fun, but when it comes to game time all of the girls are serious and we put on our game face. When the game is over, we are right back to having a blast together." However their preparation for games paid off. Senior Rachel Bourget explained the relationship of the seniors, "We are all extremely close. Most of us have been playing together since day one. When you think about it, we've had each other's backs since we were five years old, that's pretty special." The senior ladies led this team in every aspect of the word. They led by example in the classroom, on the field and outside of school.

**"I will forever cherish those nights playing under the lights with my team and becoming a family."
-Senior Captain Brianna Hoffman**

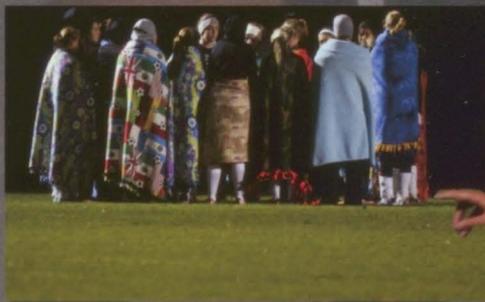
The girls had many adventures throughout the season including an overnight trip to Brainerd. It was a business trip and they did their job on the field; as a reward the team had a blast in the water park at the hotel up there. As senior captain Brianna Hoffman put it, "Traveling up to Brainerd with the team was definitely one of my favorite bonding experiences. All of us had a good time on the bus ride up, during the game and especially after." The lady knights sure paved the way in the Mississippi 10

Conference this year and Section 8. The girls impressed everyone with a Co-Conference Championship shared with Buffalo. They also had some big victories

in section playoffs at home. The ladies hard work during the regular season led them to a #1 seed heading into playoffs. The girls made it all the way to the section final. On that freezing Tuesday night Elk River came to town. It was a back and fourth game the whole time. Both teams goalies played spectacular, understandably ending 0-0 after regulation. Overtime and the shootout were a thriller. Unfortunately, our lady knights fell short and ended their season with a 2nd place finish in sections. The seniors all said that more than any of the wins or losses, they will miss the girls, the coaches and those games with their best friends under the lights. One thing is for sure, the 2013 STMA Girls Soccer team set the pace both on, and off the field and for that, they will be forever remembered.



Above: Kick Cancer Night! The team wore pink to support cancer awareness. This was a very special night as a fellow classmate, Luke Letellier, lost his life to cancer two years ago.



Above: On a perfect fall night Seniors Rachel Bourget (left) and Captain Maddi Young (right) lead their team to victory against Chisago Lakes.

Above: Senior Anne Marie Harald looking to pass the ball across the field. Harald is a three-sport athlete and a very involved student here at STMA.

Above Left: The girls all huddle in their blankets listening to coaches on a frigid October night during the section semi-finals vs Moorhead.

2013 Goal Sheet

- Mississippi 8 Conference Champions
- Undefeated in Conference Duals
- 8AA True Team Champions
- JV Conference Champions
- 8AA Section Champions
- Qualify All Relays for State
- Relays Finish Top 8 at State
- Most Successful Team in STMA Swim/ Dive History

THE TEAM

"UNITED"
Lucy Arndt (Junior)



"ONE"
Julia Pieper
(8th Grade)

"STRONG"
Jenna Kocon
(Freshman)



Above: The girls swim and dive team celebrate becoming the 2013 Mississippi 8 Conference Champions.

Upper Left: Kasey Roberts (senior) competes at the MSHSL State Meet. Roberts finished 3rd in both of her individual events (200 Individual Medley, 100 Breast Stroke) and also swam on both top 8 relays at state. Next year, she plans on continuing her swimming career at Iowa State.

Lower Left: Jessie Metz (senior) performs a dive during a home meet. Metz also competed at the MSHSL State Meet. She finished her high school career breaking multiple records performing as the top diver at STMA.

Senior Kasey Roberts competing against Centennial.



OUR STRENGTH IS OUR TEAM

ONE Team, ONE Family

The swim and dive team here at STMA is built up of 43 swimmers, 7 divers, one manager, and four coaches. From the outside looking in, they are a big team in Minnesota. Together, they have built up a power house team in the Mississippi 8 Conference, becoming three time conference champions, 2013 True Team Section Champions, and 2013 Section Champions. Becoming champions is a long road, where a team becomes a family. One team, one family. Needless to say, "They're Something More."

The Lady Knights started off the season with a kid's triathlon called the "Miracle's of Mitch Triathlon." Mitch was a very young boy that developed cancer and decided to give all of his money to kids with cancer. Every participant is given an All-Star to race for. The team enjoyed their experience in helping race for kids who couldn't.

Next up in the season was the annual Winona Training Trip. The trip included tough hikes up bluffs and challenging morning and evening practices. Eighth grader Julia Pieper said, "The training trip is the best part of the season and is my favorite memory of the season."

School started one week after the team arrived home and they began with their first conference dual meet with a bang, defeating the Buffalo Bison. As the season progressed, the girl swimmers and divers showed strong qualities in the pool. Many that returned showed improvement from the 2012 season and the new girls showed great potential for the season and upcoming years. As they rounded off the season, they ended as three time conference champions with multiple dual meet wins while defeating their rival Maple Grove to become True Team and Section Champions. Junior, Taylor Pehrson, said, "We are a very close team. We know when to work hard but be laid back at the same time. We also really do a good job uniting the JV and Varsity which makes us different from every other team." The main idea the swim and dive team will forever be MORE than just a team, but a family.



Favorite Memories of the Season

- 1) "Winning Conference, True Team, & Sections."
-Taylor Pehrson (Junior)
- 2) "Getting to know all of the new athletes on the team."
-Sarah Mulder (Freshman)
- 3) "Beating Maple Grove twice."
-Kristina Swenson (Junior)
- 4) "Racing against Centennial."
-Carly Roberts (Sophomore)
- 5) "Training trip and relays."
-Lexi Heil (Junior)



To the Right: The Relay team of Carly Roberts, Maddie Gallagher, Lexi Heil, and Kasey Roberts. This fearsome four was the highest scoring relay in history of the STMA girls swim/dive team at the MSHSL State Meet this past November. They placed 5th, set a new school record, and qualified as an All-American Consideration relay.

SCHEDULE

Date Opponent

8/19	Annandale, Park Center, St.Cloud Apollo
8/23	Spring Lake Park
8/28	Totino-Grace
9/3	Cambridge-Isanti
9/5	Chisago Lakes
9/10	Monticello
9/12	North Branch
9/16	Chanplin Park
9/17	Princeton
9/19	Rogers
9/23	Anoka
9/24	Saint Francis
9/26	Big Lake
10/1	Buffalo

She hits, she scores! The Junior Varsity tennis team had a great season with a record of 16-3. Miranda Dehmer (10) puts everything in to her swing and had a great season on the Junior Varsity team.



Giving her all! Jolene Duda (10), tries her hardest at every match. She works very hard at practices, two hours a day, five days a week. In this picture, she fights to get the win for her team.



With their overall record of 14 wins and 6 losses, proud captains Jessica Duda (12) and Brittany Haas (12) led their team to a great season. They worked hard and they had a lot of fun. Jessica Duda said, "I had a lot of fun this season and I want to say that our team is a family and everybody is amazing!"

Blue and Gold! Proud to be a Knight, Melissa Gust (12) sports her blue and gold tennis shoes. She hits the ball back to the other side of the court to score for the Knights.

NOT JUST TENNIS



There was much more to this year's girls tennis team than tennis. On the court, they're supporting each other and they're a family. Off the court, they build friendships by participating in other volunteer activities. Captain, Jessica Duda, described her team as,

"We are a family, and everybody is amazing!" - Jessica Duda

"supportive, fun, amazing, and a family." The girls on the tennis team all support each other. Most of their close friends are on the team with them. When they are on the courts, they are amazing and they all work together to help their team be the best it can be. Off the courts, they are like a family.

One of the things they do is have team dinners after some of their practices.

"One of my favorite memories from tennis was the team dinners," Jolene Duda,

Sophomore on Varsity, said.

"One of my favorite memories from this season, aside from the team dinners, was

making t-shirts with the team," Jolene Duda explained. On game day, everybody on the team would wear their t-shirt that they made together. It's more than just a tennis team, it is a family.

3-2-1, Here it comes! One serve could mean the difference between winning the match or losing the match. Kiana Eystad (10) serves to her opponent from Princeton.

Reach for it. As she reaches for the ball, she reaches to get the point that would lead her to a victory. Senior, Jessica Duda, (above right), has put a lot of time and effort into tennis since the 6th grade.



A battle with the sun. As the sun beats down on Morgan Schumm, (10), she beats down on the ball. She had a great season and helped her team win their matches.



Doubles! Maddy Schopf, (11), and Emily Tschida, (11) give a wicked serve to their opponent.

DIGGING DEEPER, HITTING HARDER

The 2013 Volleyball season has a combination of members on the team. Everyone is different in their own way.

"The team really clicks and its really easy to get along with everyone. It's kind of like a family," said Senior Captain Meagan Ghinter.

Every practice the team takes time to visualize and get mentally trained at a high level and also talk about their goals and evaluate specific areas of previous matches.

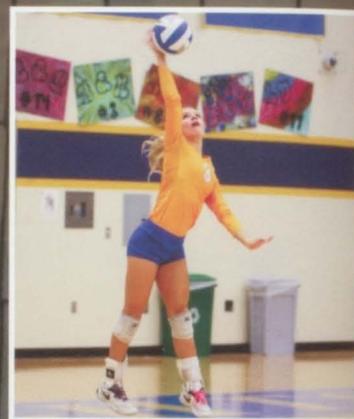
"This year's team is one that has great balance. We have multiple players who can contribute on any given day. We've had a lot of players contribute to key wins throughout the season on offense and on defense. They also have worked very hard to be accepting of each other. In a team game, that is such a vital part and this year's group has been great at it," said Head Coach Ryan Dehnel

Through the season the team made some funny and

memorable moments, the team took a trip to Marshall and over half of the team ended up getting food poisoning. The girls were constantly getting subbed in and out of matches to run to the restroom.

Throughout our conference the girls won 11 out of 16 games, sending them off to sections. To start off sections they defeated Irondale 3-0, sending the team off to the Quarterfinals defeating Mounds View 3-2, leading to the Semifinals where they lost to Osseo 0-3.

Even though the team didn't make it to state it was a very memorable season with a lot of key wins and victories. This season will be in the memories of girls for years to come.

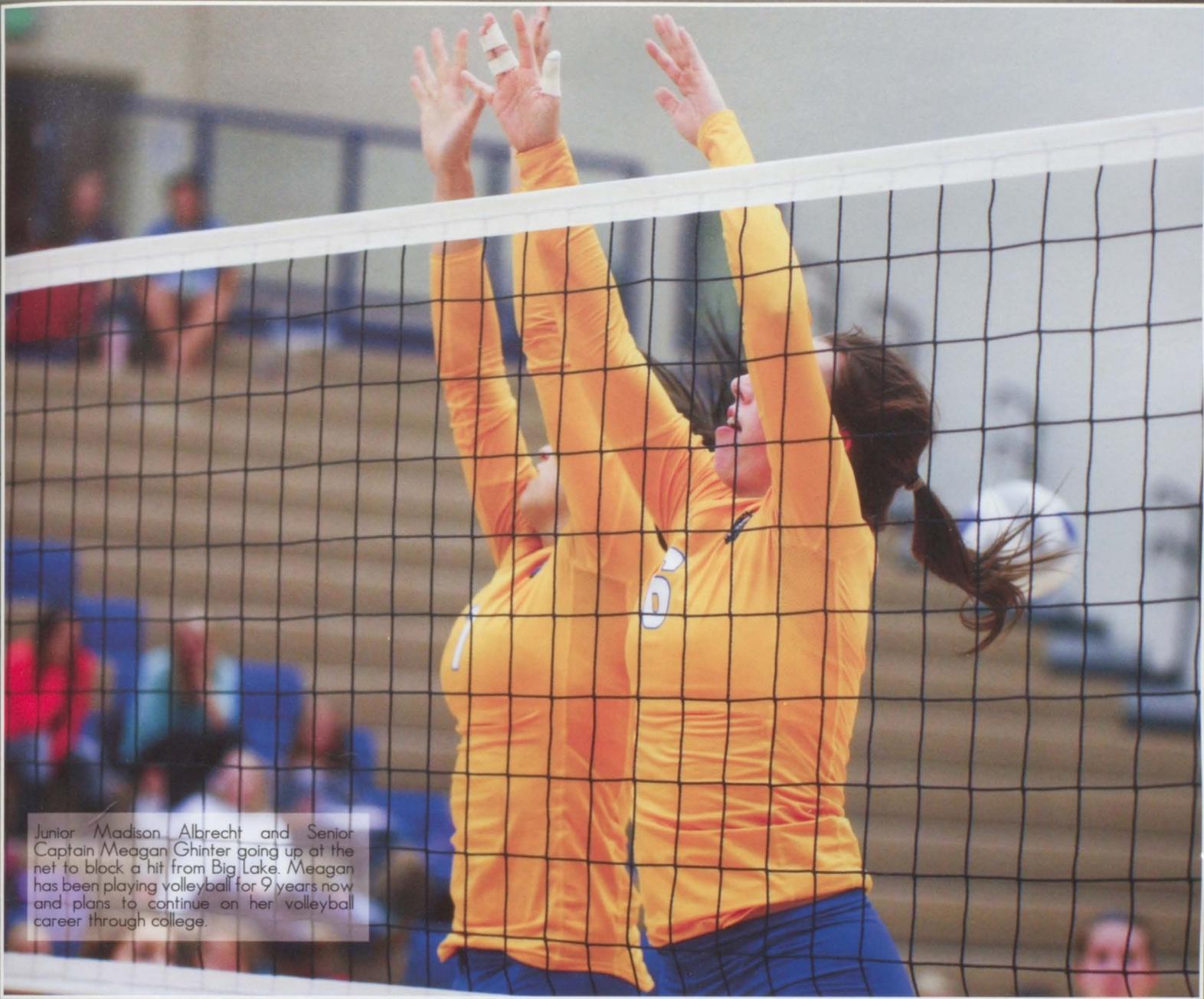


Right: Junior Hannah Merges serving the ball at a home game vs Big Lake ending the game with a 3-1 win. Hannah has played volleyball for 5 years. She is planning to continue playing through her senior year. Hannah finished off the season with 134 digs.

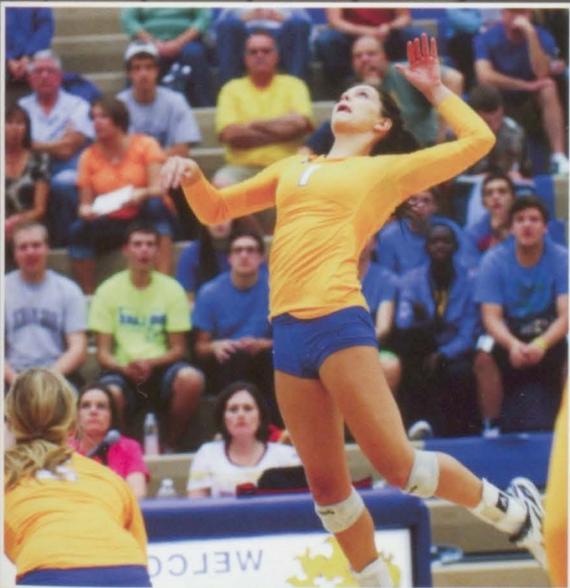


Left: Junior, Kate Drimel, preparing the team for the next play at a home game vs Big Lake. Kate finished off her season with 412 digs and 36 aces. She plans to continue playing through her senior year.

Above: Seniors, Courtney Wooters, Abigail Scherber, Meagan Ghinter, Brianna Bless and RaeAnn Arns showing their support for fighting against breast cancer.



Junior Madison Albrecht and Senior Captain Meagan Ghinter going up at the net to block a hit from Big Lake. Meagan has been playing volleyball for 9 years now and plans to continue on her volleyball career through college.

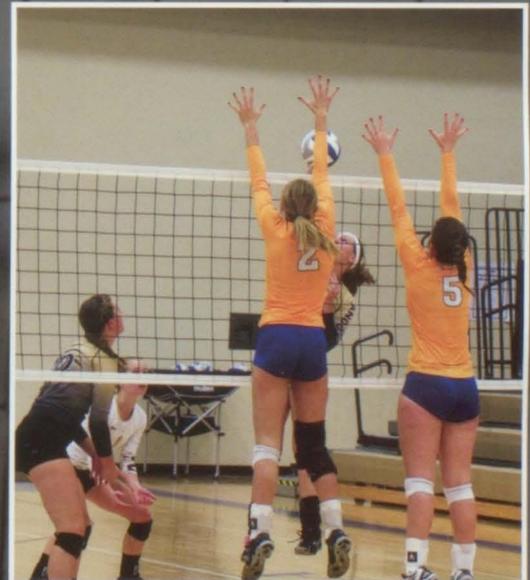


Junior, Madison Albrecht, going up for a hit trying to work her way around the block Andover put up. Madison has been playing volleyball for 7 years and is planning on playing her senior year. Madison finished off the season with 148 kills.

STMA volleyball OPP

0	Minnetonka	3
3	Chisago Lakes	0
3	Cambridge-Isanti	1
3	Andover	0
3	Monticello	2
3	North Branch	0
0	Delano	3
3	Princeton	0
6	Hopkins Tournament	0
1	Hopkins	2
3	Bethel Academy	0
3	Rogers	0
3	Saint Francis	0
3	Big Lake	1
0	Buffalo	3
1	Blaine	3

Final: 38-18



Senior Courtney Wooters, and Junior Malissa LeClaire going up for a block against Andover leading to a 3-0 win. Finishing off the season Courtney had 10 solo blocks and 57 assisted blocks. As well as 186 kills. **165**
Photo credit to Leah Welch.

Season Record

Eagan: L 53-69
 Hopkins: L 36-77
 North Branch: W 66-55
 Edina: L 61-72
 Moorhead: W 80-79
 Monticello: W 67-53
 Big Lake: L 49-71
 Spring Lake Park: L 69-81
 Orono: L 48-58
 St. Cloud Tech: L 39-52
 Brainerd: W 62-46
 Buffalo: L 68-76
 Becker: W 80-55
 Big Lake: L 78-89
 Monticello: W 60-58
 Cambridge-Isanti: W 55-54
 Chisago Lakes: W 60-58
 Elk River: L 57-64
 Rogers: W 71-63
 Princeton: W 73-64
 St. Francis: W 64-58
 Superior: L 64-80
 Buffalo: L 49-59
 Sartell & St. Stephen: L 41-49
 Duluth East: W 60-54
 Rogers: W 70-63
 Moorhead: W 75-60
 St. Cloud Tech: L 52-64

Right: Junior Captain Jackson Greenwaldt going off the drive to the basket. He set a personal goal for himself to get all-conference again and is really pushing for it. "You miss every shot you don't take," is a motto that he plays by.



Below: Senior Captain Dallas Freeman attempts a three pointer against Buffalo. Dallas explained, "the one thing I'll miss most about the basketball season is being around all my guy friends."



Left: Tyler Otteson, Brian Sukalski and Josh Tracy listened to Coach Anfenson during a 30 second time out.

WE ENDURE WE CONQUER WE DON'T QUIT

The STMA boys' basketball team had a great deal of talent this season. Dallas Freeman returned as the only senior who was a starter last season, but he was joined by fellow returning junior starter Jackson Greenwaldt. Seniors Luke Pelant, Sam Guillou, Tyler Otteson, Brian Sukalski, and Connor Cisewski all played important roles last year on JV and had important leadership and supporting roles this season. A talented group of juniors including Jaylen Hakes, Jacob Moran, and Landon Bridell also got playing time on both varsity and JV teams.

On January 10, the boys basketball team hosted a double header with the girls basketball team against rival Buffalo. At the event raffle tickets for many cool prizes were sold and all proceeds went to support Elli Hofmeister, a sophomore at STMA, who has Juvenile Huntington's disease.

"The season has been full of ups and downs so far but we turned it into a positive run recently," said coach Anfenson.

One of the highlights for the season was the win over Moorhead in overtime. "It was a great team effort and the boys worked well together," said Coach Anfenson. "We just have to play hard and have fun; we will go far," said the coach.

"This team was hard-working, athletic, and committed," said junior Trevor Rothstein.

The Knights ended the season with a 14-13 record.



"I enjoyed beating St. Francis," said junior Josh Tracy. Next year Josh's goal is to take his teams to state.



"When times are tough, you have to remember to stick with your teammates and most importantly, remember to have fun," said senior Connor Cisewski.



Senior Connor Cisewski & junior Jaylen Hakes hustle down the court for a fast break.



SECTION 8AAAA CHAMPS!

Above: Girl's Varsity Basketball team celebrating a 9 point victory over Elk River at St. Johns University, giving them the opportunity to go to the State tournament. This was the third consecutive year the Knights made it to State.

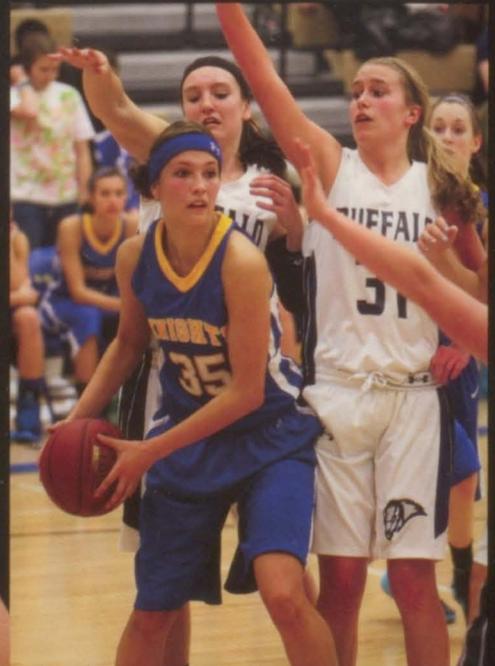
Right: The Varsity basketball team watching the players on the court nervously. "Basketball is like a job, but we lace up our shoes and get down to business," said senior Nykeesha Greer. The mentality and togetherness that these girls have is hard to duplicate.



Right: Senior Josie Burns shooting a jumper at their game at Buffalo. This game was a big win for the Knights, resulting in over a 20 point win.



Right: Sophomore Sydney Tracy breaks away from the competition for a lay up. When asked about the team and season, Tracy said, "I think our hustle and our heart set us apart from all the other teams."



Above: Senior Erin Autio at the team's home game against Buffalo. This game was the All for Elli fund raiser that the girls and boys basketball teams hosted to raise money for fellow classmate Elli Hoffmeister who was diagnosed with Juvenile Huntington's disease.

HOW 'BOUT THEM KNIGHT GIRLS?

Despite a week delay to the 2013-2014 girl's basketball, the Lady Knights started their season off strong with convincing wins over Brainerd, Bemidji, and Moorhead. The Knights went into the holiday break with a record 3-2. The team hosted a the Holiday tournament during break earning over Elk River and Maple Grove.

The Knights started the new year off with a win over Wayzata and would start their conference season with a goal of being undefeated. Besides some slow halves and nail biting games, the girls would come off with a win in each conference game.

Their best game came when the Knights went to face the Monticello Magic for a second time; Monticello has always kept the Knights on their toes in the Mississippi 8 Conference.

"The team has a strong defense and offense and they work well as a team," said Coach Lahr. As conference play came to a close, the team was 20-4 and selected as the number one seed in

Section 8AAAA. The Knights would cruise into the section semifinals as they beat Bemidji by 58 points. The Knights would then face the #5 seed and conference rivalry Rogers. After a neck and neck first half the Knights would slowly but surely pull away to put another win in the left column. Next to take on the Knights were the Elk River Elks who happened to be on a 9 game winning streak. This would be déjà vu to returning players from the 2012-2013 season. After a close game, the Knights pulled away

with a win making them back to back Section 8AAAA Champs.

With spring in sight and a couple of upset games, the Knights were itching to make history once again at the

Girl's State Basketball Tournament and be Class AAAA State Champions. Their season came to a close in the Class AAAA quarter finals vs. the #3 seed Bloomington Kennedy at the Target Center. Them Knight Girls ended their season 23-5.

"Every time we step on the floor, we play every game like it's our last."

-Nykeesha Greer



Above: Junior Bobbi Brendefur penetrates the lane for an easy bucket. Bobbi tied the school record for made 3 pointers in a game (7) versus Princeton. She was 7 for 8 from the 3 point line.

SCOREBOARD

Brainerd: W 75-21
 Fergus Falls: L 51-72
 Bemidji: W 60-24
 Moorhead: W 79-31
 Minnetonka: L 55-63
 Elk River: W 54-44
 Maple Grove: W 52-36
 Wayzata: W 52-19
 Buffalo: W 70-48
 Big Lake: W 77-21
 Monticello: W 60-45
 Hopkins: L 44-56
 Rogers: W 68-54
 Cambridge-Isanti: W 36-34
 Chisago Lakes Area: W 76-49
 Princeton: W 76-27
 St. Cloud Tech: L 48-59
 St. Francis: W 66-24
 North Branch: W 69-52
 Buffalo: W 69-35
 Duluth East: W 54-36
 Rogers: W 62-46
 Big Lake: W 70-23
 Monticello: W 59-35
 Bemidji: W 85-27
 Rogers: W 54-32
 Elk River: W 75-66
 Bloomington Kennedy: L 57-71



Above: Freshman RaeAnnah Johnson, focused, as she gets ready to shoot a free throw. RaeAnnah has been one of many key players for the Knights this year. She saved the Knights from going into overtime and/or having a loss at Cambridge-Isanti with a game winning lay-up with only 11 seconds left in the game.

SURPASSING THE LIMITS

The 2013-2014 girls gymnasts were off to a great start with a large addition of new girls. About 15 new girls with ambition and excitement for a great season joined, making the overall total 25 gymnasts. This new talent made for an interesting season.

Between the tumbling and jumping, the girls managed to form bonds between one another. At every practice and meet they supported each other. They motivated themselves by setting certain goals, helping one another out at practice, and cheering each other on at the meets.

The team was lead by seniors Jessie Metz and Madison Haider who were also both of the team captains. Jessie Metz had not been in gymnastics since middle school due to an injury. She was able to come back for her senior year and did a phenomenal job! Madison and Jessie became very close this year due to the fact that they were the only two seniors on the team. Madison said, "After I did my dismount on beam and saluted for the last time it hit me hard." This was at her final high school gymnastics meet.

Senior Jessie Metz competing on the balance beam. She says that, "In order to succeed, we must focus on what we deserve, and not what we fear."



Junior Jada Brown doing a handstand with perfect form, warming up for practice. Jada says, "I look forward to practice every day because of the positive energy my team gives off and how they encourage and support each other with everything we do."



Sophomore Rachel Chouanard striking a pose. She says, "I love gymnastics because it's a fun sport and you can do a lot of different things and there are so many things to learn in the sport. Plus, I love all my team girls, who make the experience even more amazing."



The gymnastics team warming up their splits for the picture. They know that they compete as individuals, but they are a team.



Senior Madison Haider preparing to tumble. One of the skills she has learned from gymnastics is, "You never fail until you stop trying."

TEAM RESULTS

St Francis	155-129.5 (L)
Buffalo	123.8-129.3 (L)
Big Lake	127.475-138.8 (L)
Chisago Lakes	124.225-119.65 (W)
Cambridge Isanti	129.625-142.325 (W)
Monticello	129.925-132.975 (L)
Princeton	131.95-118 (W)
Becker	123.3 (4th place)



In loving memory of Lucas Agren Letellier who would have been a senior this year. Lucas was a dedicated hockey player who passed away two years ago. This season was played in honor of him; his spirit lives on with his hockey team, having his jersey, number 44, hung up in the St. Michael Arena. We love you, Luke. This is for you.



A Moment of Silence



"Victory is achieved through sacrifice"-Kevin McDonald

"No one person defines us. We win as a team and we lose as a team"-Connor Spetz

"It's more than a team, it's a family"-Andrew Benson



"The bus ride home from Cloquet was my favorite memory. We stopped at Arby's for like an hour and the bus didn't have heat, it was awesome," freshmen Kyle Hayden said. Kyle and junior Trent Olson split time at goalie all season. "I'd have to say my favorite memory was getting a shut out at home against North Branch," Trent said.

Senior Brett Marshall and freshmen Mitch Bourgerie celebrate a goal against Tartan. "Scoring a goal is an amazing feeling, but scoring a goal in front of your home crowd? Now that is something special," Brett Marshall said.

Dangle Fest



Dangle, Snipe, and Celly!

The St. Michael-Albertville boys varsity hockey team had one of the youngest rosters in the state, but that didn't mean defeat. The roster included three freshman and seven sophomores. They were a strong team always "in it to win it."

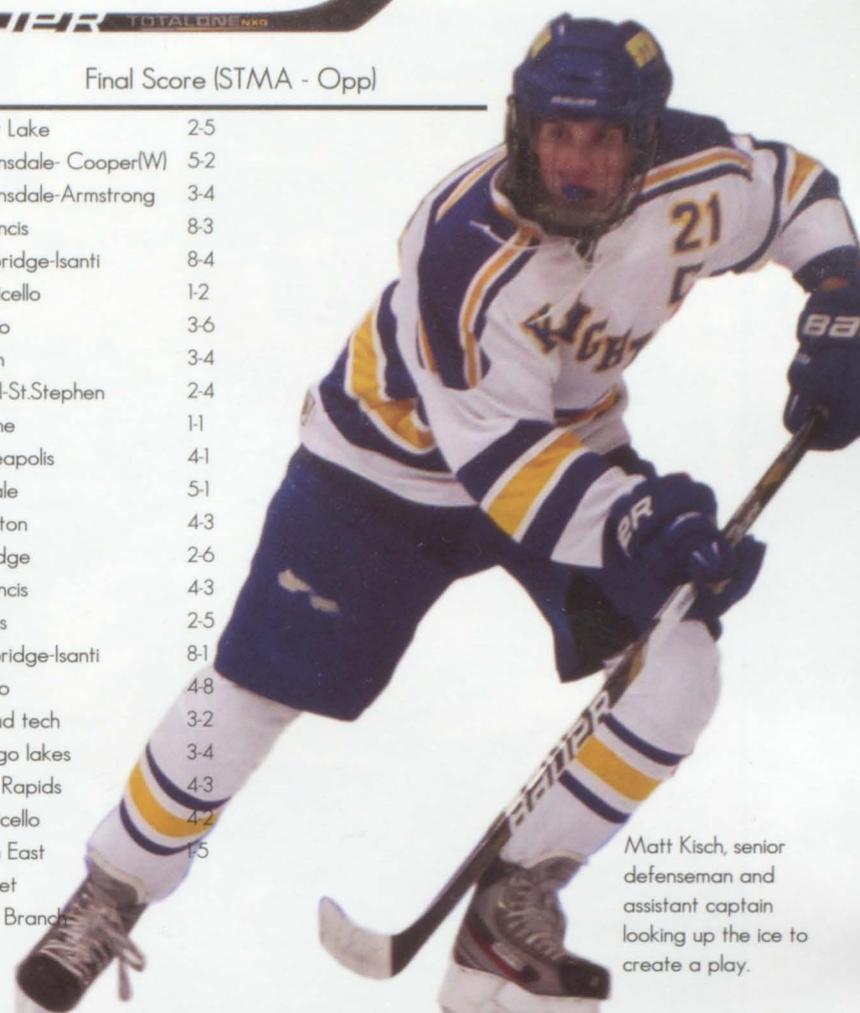
The hard working team was driven by its three senior captains: Connor Spetz, Matt Kisch and Brett Marshall. Each player's leadership and experience on the varsity level made them the prime candidates to lead the knights to victory.

"This year is looking very promising," said senior captain Connor Spetz, "we have a lot of new players on the team that have had lots of success in the past."

The last game of the regular season the Knights pulled out a 15-1 victory over North Branch. "It was a great way to end the season and my high school hockey career," said senior Max Woodis. It was the senior's last year on the team, and it definitely was a great one.

Final Score (STMA - Opp)

Opponent	Final Score (STMA - Opp)
Forest Lake	2-5
Robbinsdale- Cooper(W)	5-2
Robbinsdale-Armstrong	3-4
St.Francis	8-3
Cambridge-Isanti	8-4
Monticello	1-2
Buffalo	3-6
Tartan	3-4
Sartell-St.Stephen	2-4
Luverne	1-1
Minneapolis	4-1
Irondale	5-1
Princeton	4-3
Eastridge	2-6
St.Francis	4-3
Rogers	2-5
Cambridge-Isanti	8-1
Buffalo	4-8
St.cloud tech	3-2
Chisago lakes	3-4
Coon Rapids	4-3
Monticello	4-2
Duluth East	1-5
Cloquet	
North Branch	



Matt Kisch, senior defenseman and assistant captain looking up the ice to create a play.



SENIORS



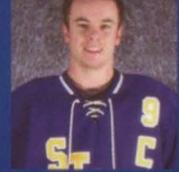
Andrew Benson



Cory Kackman



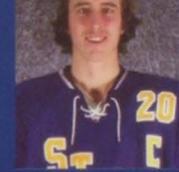
Matt Kisch



Brett Marshall



Kevin McDonald



Connor Spetz



Max Woodis



The Knights celebrated a goal against Andover.

decision made.

"One of my friends encouraged me to try it out and I just loved it." -Senior Heidi Prebonich

"Because my dad played hockey... I used to go and watch him play hockey." -Senior Sydney Renzaglia



Senior and captain Emily Achterkirch lines up a slap shot. Achterkirch said "I will miss the girls on my team, the coaches, spaghetti dinners before games and the crazy pre-game rituals. She is committed to play Division I hockey with the Princeton Tigers in New Jersey.



Senior and captain Kaleigh Hamann gets ready to center the puck to her team mates against rival Buffalo. Hamann said she will "definitely miss the relationships with teammates and coaches, long bus rides...trivia questions and just livin the dream."

Results

NWC Opponent

Cambridge-Isanti (W)	6	0
Achiever Academy (L)	2	4
Brainerd (W)	11	0
Buffalo (L)	2	4
St. Francis (Tie)	0	0
Chisago Lakes (W)	5	3
Roseau (W)	4	1
Thief River Falls (L)	0	1
Rogers (W)	3	1
Benilde-St.-Margaret's (L)	0	6
White Bear Lake (L)	1	3
Centennial (L)	2	6
St. Cloud (L)	1	5
Moorhead (W)	3	0
Alexandria (L)	2	4
Bemidji (W)	3	0
Princeton (W)	3	0
Cambridge-Isanti (W)	5	0
Buffalo (L)	2	3
Sartell/Sauk Rapids (Tie)	2	2
St. Francis (W)	3	1
Chisago Lakes (W)	2	1
River Lakes (W)	3	2
Rogers (Tie)	0	0
Moorhead (W)	3	2
St. Cloud (L)	2	3
Overall 13-10-3		

Junior Rachel King takes a shot during the sectional playoff game against the St. Cloud Icebreakers. She finished the season scoring 10 goals and earning 13 assists, second and first on the team respectively.



Juniors Rachel King and Jade Ye talk to each other during their pre-game warm-ups, waiting to shoot the puck.



Senior goalie Alex LaMere saves a shot on goal against rival Buffalo. She ended the season saving just under 94% of the shots on goal. They went 13-9-3 for the year finishing in second place in the Mississippi 8 Conference.

The Riverhawks came into the season with high expectations. The strong leadership of seniors Maddi Young, Felicia Mix, Mackenzie Johnson, Sydney Renzaglia, Kaleigh Hamann, Anne Marie Harald, Heidi Prebonich, Emily Achterkirch and Alex LaMere made for a cohesive team.

"It just is a real sense of family and a way to hang out with friends," said senior Heidi Prebonich. So much so that the team came up with the theme "Ohana," which means "family" in Hawaiian.

The Riverhawks were coached by Jason Johnson. "Our coach yells at us and peps us up," senior Sydney Renzaglia said. Determination is key in a game of hockey and the

Riverhawks showed this determination throughout the season pulling out victories in several close games.

The season was also filled with many great memories. One of the highlights for senior Sydney Renzaglia this season was when Roseau came down to the Albertville Ice Arena to play the Hawks. "Beating Roseau and eating pizza with them after. They were really nice about it," Sydney Renzaglia laughed.

In their first playoff game the Riverhawks ended regulation against the St. Cloud Icebreakers with a 2-2 tie. The game then proceeded to go into four overtimes with the Riverhawks losing to end their season.

GATHERING AS ONE

"Hockey's a funny game. You have to prove yourself every shift, every game. It's not up to anybody else. You have to take pride in yourself."

- Paul Coffey

The team gathers before their game against the St. Cloud Icebreakers in the Section 8 game.



DIVING



DEEPER

"INDIVIDUALLY WE ARE A DROP,
TOGETHER WE ARE AN
OCEAN!"



Junior Grant Moser dives in the water to swim his way to victory.

"Individually we are a drop, together we are an ocean," was the motto the boys swim and dive team lived by this season. "This year's team was filled with a great group of guys, who were very hardworking and goal oriented," said coach Guillou, "my favorite part of this season was working with the boys and having the chance to be a role model." The 2013-14 team had 3 goals: become conference champs, become section champs, and win True Team for the first time. 2013-14 was also Coach Guillou's last season coaching, so they made this one count.

Even through the winter of 2013-14, when Minnesota experienced record breaking cold temperatures, nothing stopped the Boys Swim and Dive team from dominating the pools indoors. The team finished with a phenomenal final record of 5-0.

This year was the team's 3rd consecutive year of winning the Mississippi 8 conference. Their final record showed just how well the team did this year. After losing many talented seniors last year, many younger swimmers stepped up to the challenge of filling those voids. There were five seniors on the team: Alec Bolme, Jeremy Goude, Cole Haeska, Jan Kergassner, and Matt Snyder. A few of the Boys Team's records were broken in 2014. Junior Hanos Mahari broke the record for 6 dives with a score of 246.65 and 11 dives with a score of

346.85. Freshman Max Lezer broke the record for the 500 Freestyle with a time of 4:49.70 and junior Grant Moser broke the record for the 100 Backstroke with a finishing time of 56.83. Moser also broke his own previous record for the 100 Butterfly with a final time of 52.72. There were multiple changes during the 2013-14 season to the Boys Pool records as well. Junior Grant Moser broke the pool record of the 200 Freestyle with a time of 1:48.85; freshman Max Lezer broke the record for the 500 Freestyle with a time of 4:49.70, Lezer also set the record for the 200 Individual Medley with a time of 2:01.24. What a successful year for the 2013-14 Boys Swim and Dive team! A great end with a great coach! This was the 3rd consecutive year the Boys Swim and Dive team were conference champs! The team finished 3rd at sections and sent several swimmers and one diver to the state meet this year!



Senior Co-Captain, Alec Bolme swims the fly. He says that, "Swimming has shown me that if you work your hardest and put your best into everything you do, you can accomplish great things."



Conference
Champs!
Undefeated!



Junior Hanos Mahari performing a "back somersault 1.5 twist" at the STMA invite where he placed 2nd. This was one of Mahari's higher scoring dives this season. He was also a participant in the state diving meet this year.

The 2013-2014 Boys Swim and Dive team is lined up for the National Anthem. This was their first home meet against the Orono Spartans. They won 96 to 79.



Meet Results

Varsity 2013-2014

Opponent	Results
-Orono Dual	W: 96-79
-Hutchinson Invite	2nd / 9
-Mississippi 8 Relays	Not Scored
-Maple Grove Karol Carlson Invite	4th / 5
-Elk River Dual	W: 101-80
-Princeton Dual	W: 98-71
-Maroon & Gold Invite	11th / 12 (Gold Division)
-Buffalo Dual	W: 94-87
-Maple Grove & Breck-Blake Tri Meet	2nd / 3
-Monticello Dual	W: 113-71
-True Team Sections	3rd / 8
-Cambridge-Isanti Dual	W: 105-76
- Fargo North Dual	W: 98-83
-Wayzata Dual	L: 80-98
-Chisago Lakes Dual	W: 103-78
-Section 8AA Meet	3rd / 8



Senior Co-Captain Cole Haeska takes his mark before starting a race.

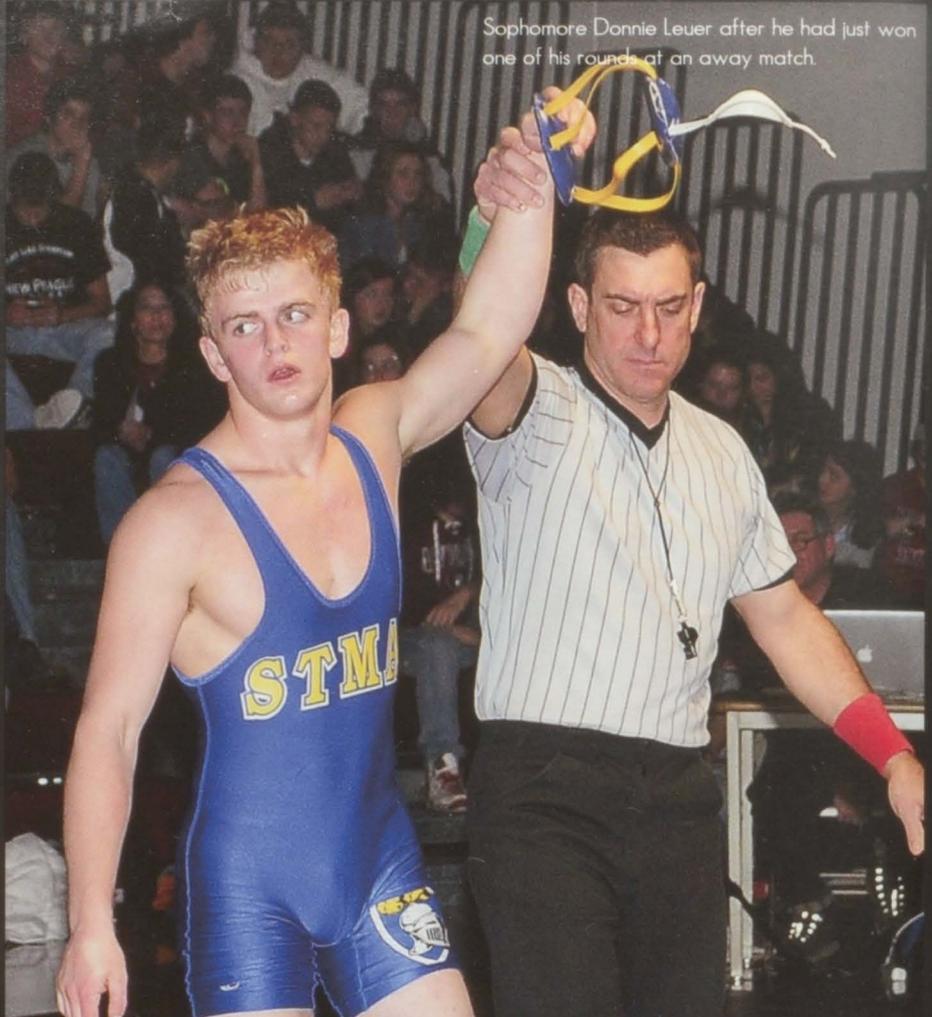
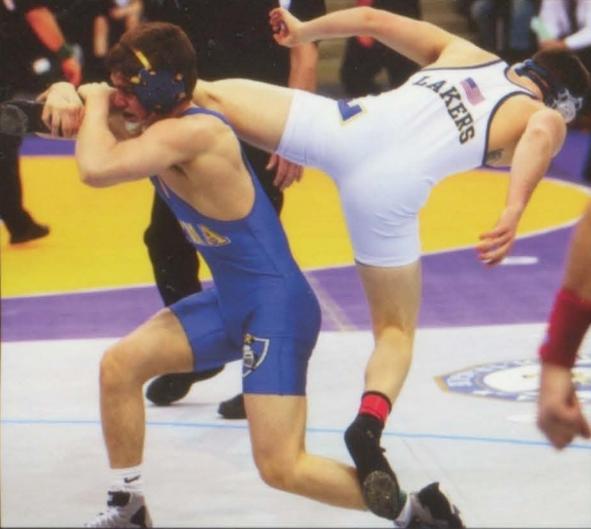


Sophomore Zach Miltz swims hard during the dual against Buffalo. Zach has been in swimming for four years, "The season has been very successful, even with the resignation of our coach." He stated.



Above: The wrestling team along with managers pose for a picture at the state tournament. State was at the Excel center making it a memorable experience.

Below: Senior Mark Voss taking down his opponent from Prior Lake.



Sophomore Donnie Leuer after he had just won one of his rounds at an away match.

team us them

Eden Prairie Invitational	1st	
Little Falls	43	24
St. Francis	44	18
Rogers	42	20
Hastings	34	22
St. Cloud Tech	69	6
Foley	42	17
Big Lake	70	3
Prior Lake	36	22
Norwood Tournament	2nd	
Vacaville, CA	29	30
Timberland, MO	33	30
Chicago Marist, IL	17	44
Hononegah, IL	31	22
Alburnett, IA	43	10
Christmas Tournament	4th	
Buffalo	59	9
Simley	31	30
Farmington	32	24
Prior Lake	30	36
New Prague	49	15



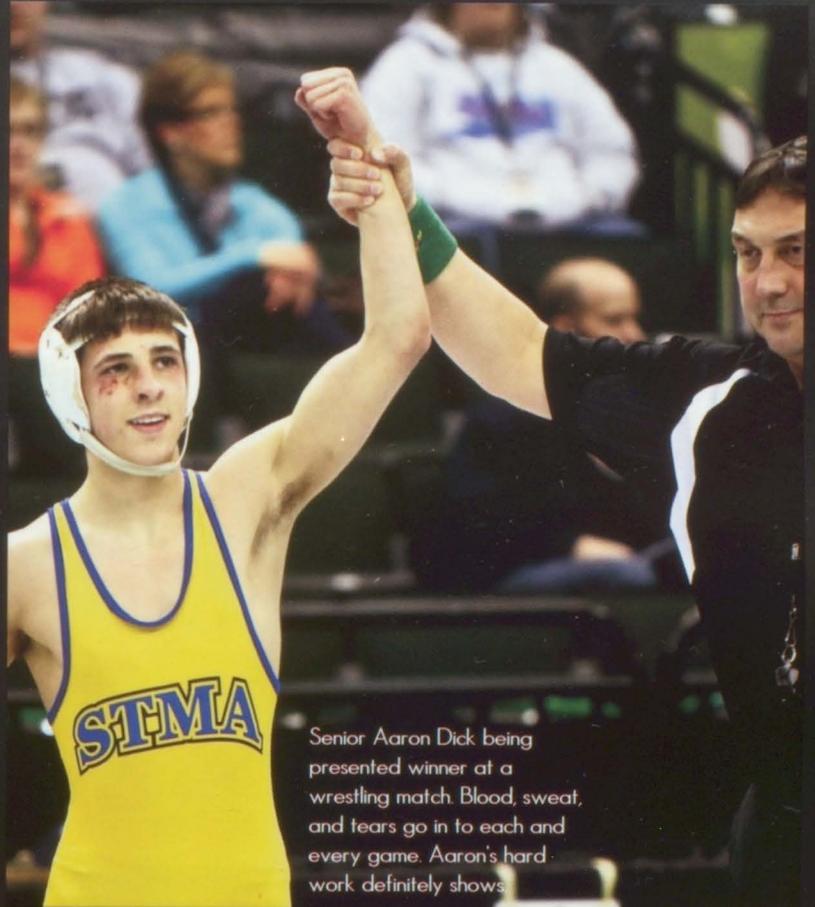
Senior Tommy Thorn pulling back at opponent from Eastview. Finishing the match with a 12-0 win.

ROCK *Solid*

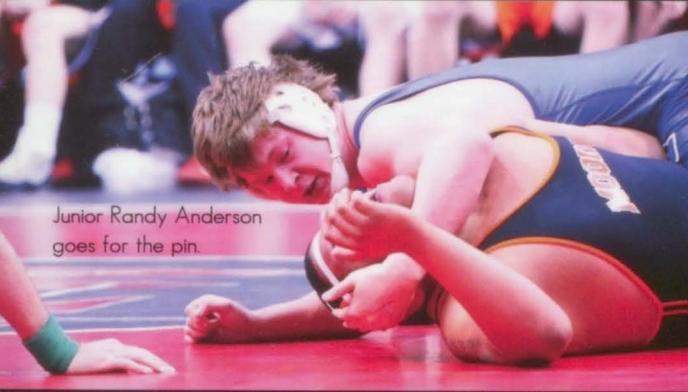
Individual State

Weight	Qualifiers
106	Aaron Dick 5th
120	Mitchell McKee 1st
126	Tommy Thorn 1st
138	Mark Voss 1st
170	Evan Foster Qualified
195	Jake Briggs 4th

STMA's wrestling team has never failed to impress or make our community proud. For the last fifteen years, the wrestling team has continuously been able to meet at the State Tournament in the Xcel Energy Center. They consistently bring on an uproar of loyal fans and parents to the tournament, making the place shine with STMA pride. Wrestling is also one of the many activities that strives to make sure every wrestler has a chance to display their many skills and talents. STMA wrestling has a great coaching staff that keeps the wrestlers focused on winning state as a team and as individuals. This year, the team placed 3rd overall and six individuals were also able to compete again at the state level. But no matter what place they earn, the STMA wrestling team will always bring pride and honor to our community.



Senior Aaron Dick being presented winner at a wrestling match. Blood, sweat, and tears go in to each and every game. Aaron's hard work definitely shows.



Junior Randy Anderson goes for the pin.

"I wanted him as close to me as possible."



Sophomore, Mitchell McKee, who placed third at State last season, felt he had let a State title get away from him last year, after losing in the semi-finals, and did not want this one to get away. After a fairly close semi-final match where he beat undefeated Alex Lloyd of Shakopee by a score of 6-2, he took care of business in quick and dominant fashion, in the finals, pinning Malik Stewart of Blaine in the 1st period. Mitch had requested that his dad, Steve, be close to the mat for his final match and the High School League obliged, providing Steve McKee, who is in a battle for his life with cancer, a seat in the front row near mat number 2, normally off limits to spectators. "I wanted him to be close to me for my finals match. He has been with me every step of the way in my wrestling career", said Mitch. There may not have been a dry eye in the "X" when immediately after his win, Mitch bee-lined for his father and gave him a lengthy embrace as the entire crowd rose to their feet. To add to the sentiment, Mitch's opponent that he had just pinned for the State title followed Mitch over to Steve McKee and also gave him a hug, a true show of sportsmanship by Malik Stewart.

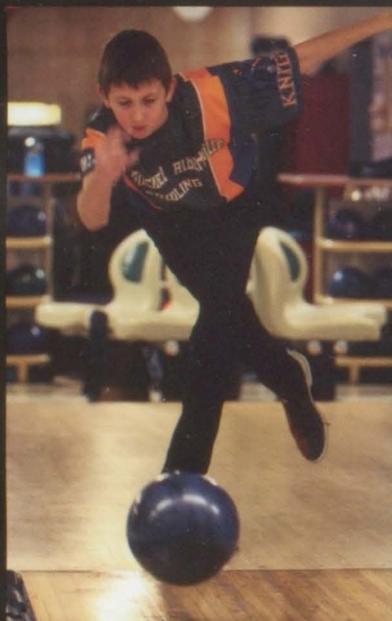


NOT JUST A SPORT

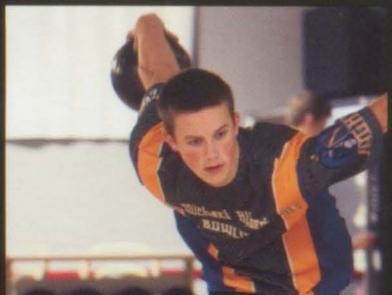
The St. Michael-Albertville bowling team is a part of the Minnesota State High School Bowling League and is recognized as a school club. It is a friendly co-ed sport for students of all ages and skill levels.

For the 2013 season, the STMA bowling team had a total of 18 players. The team consisted of six seniors, one junior, four sophomores, two eighth-graders, and three seventh-graders. This is the largest group of players the team has ever had.

Players enjoyed routing each other on and shouting "go for one," "pick it up," and "you got this!" When bowlers weren't up at the lane, they were laughing and joking around with each other.



Left: Seventh grader, Zach McDaniel, releases his ball in hopes of a strike.



Senior, Jake Peterson, approaches the lane to roll his ball.



Season Results

Highlights include a game with a score of 254

Two players, Matt Patterson and Jake Peterson, attended the all-conference

An outstanding turn out this year, it was enough for three teams

Above: The team gathers for a quick pep talk before the start of a meet. Among the team members are Cody Edmondson, 12; Devin Kessler, 8; Amanda Roach, 12; Jake Petersen, 12; Jack Munkberg, 10; and Connor McCann, 10.





