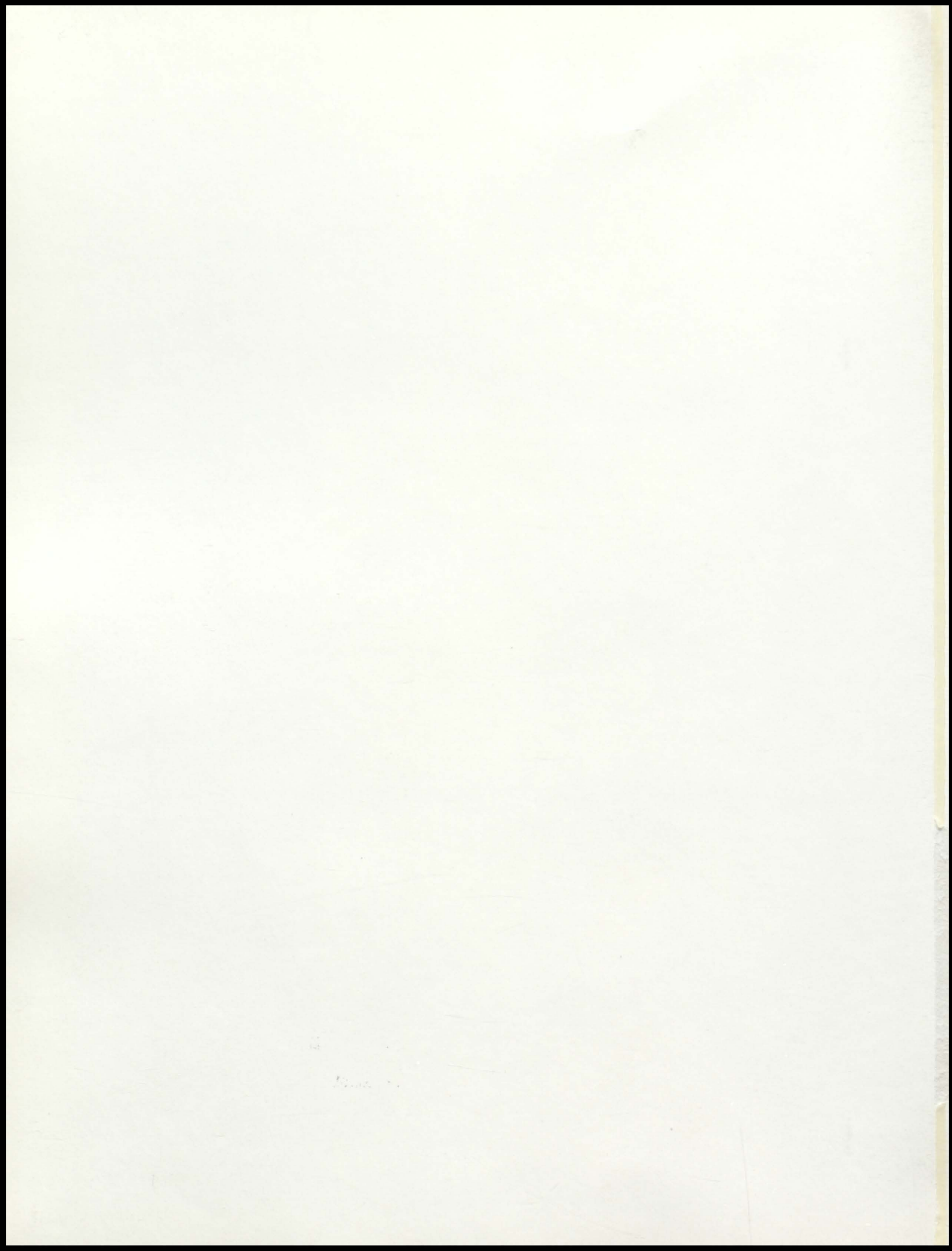


KNIGHTS CAMERA ACTION!

STMA
Presents
2006-2007







Knights, Camera, Action

St. Michael-Albertville
Senior High School

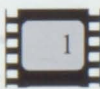
Student Body: 1,196
Staff: 141

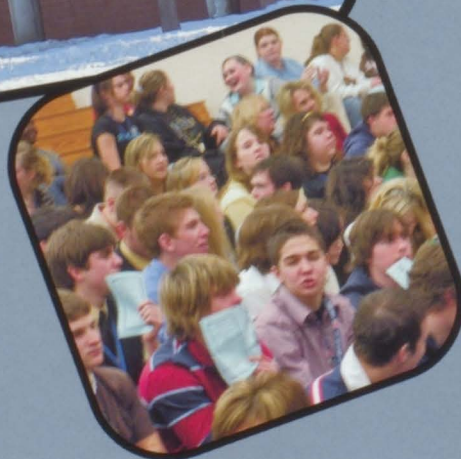
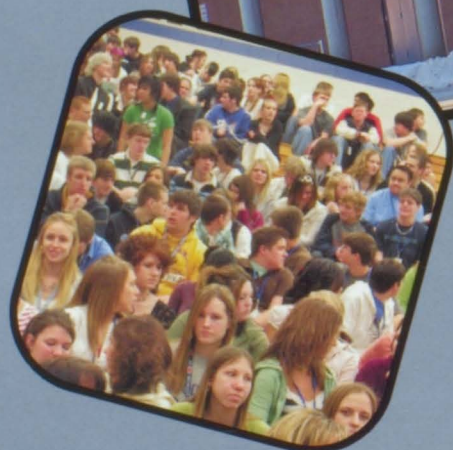
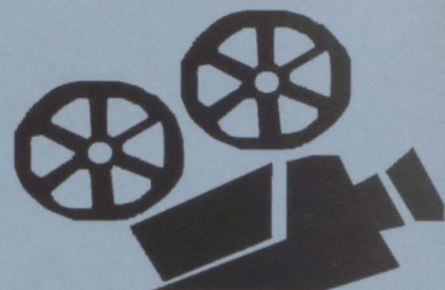
11343 50th Street NE
Albertville MN 55301
763-497-2192



Valor 2007 Edition 10

People 4
Student Life 66
Academics 84
Performing Arts 100
Sports 114
Clubs and Orgs 150





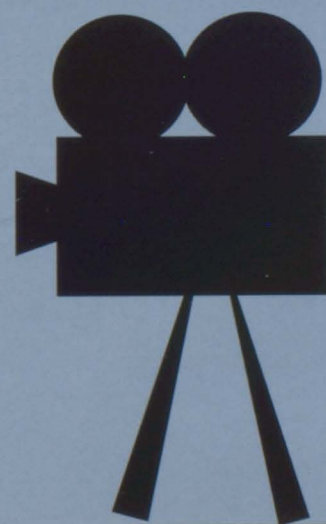


High School is like one big movie. Drama, drama, drama. Everywhere you look something is going on; but that's what keeps it all interesting. You have the jocks, nerds, cheerleaders, drama geeks, the shy ones, and everything inbetween. The best part is YOU get to choose what role you play. Whether you produce a comedy, romance, sci-fi, action, or drama, is completely up to you. In the end of our four years, it's all about the experiences we had and the friendships and memories we made that make this short film personal to us. We now rewind you through the '06- '07 take, shot on location, in pictures. Ready? Here we go...

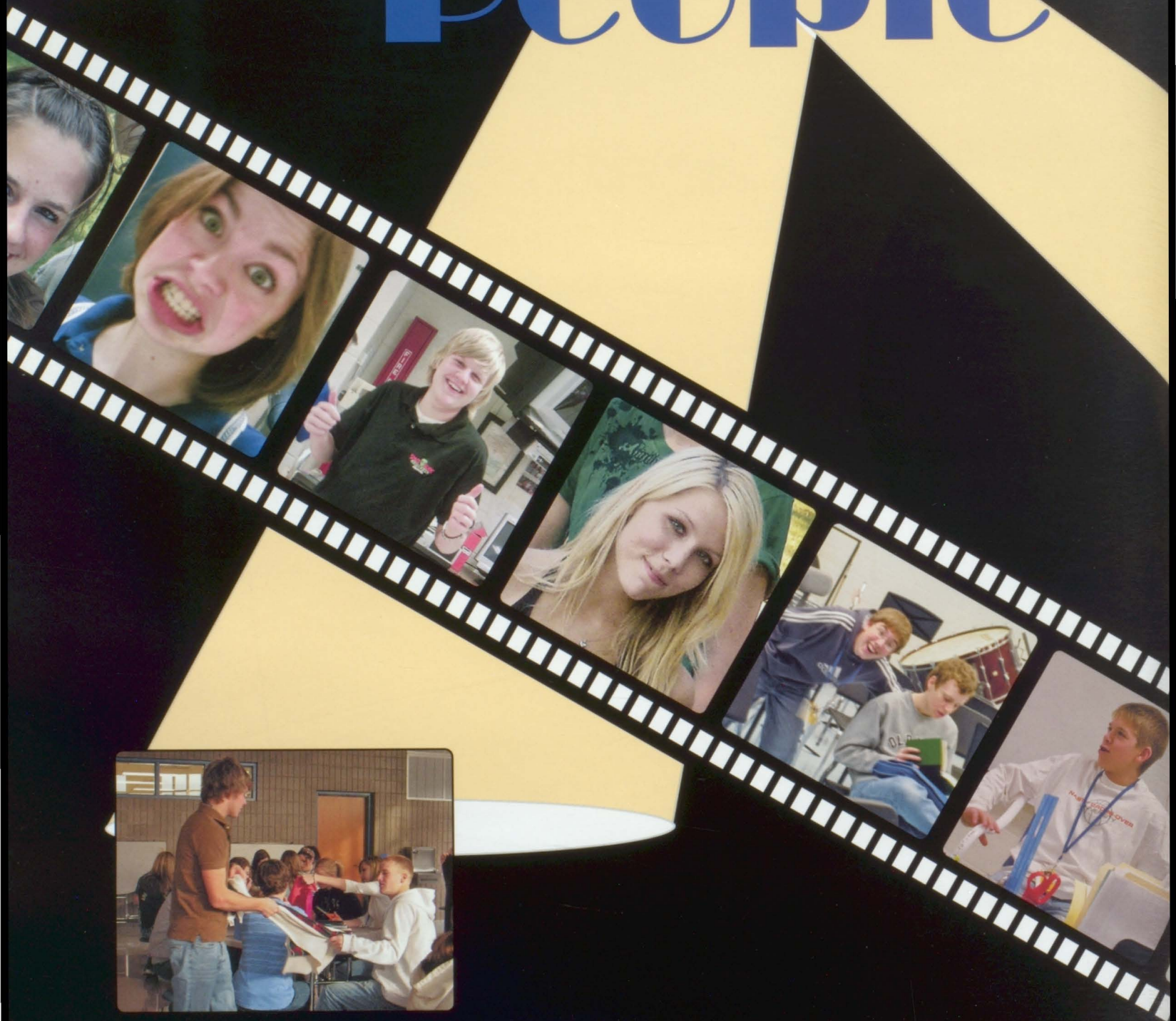
KNIGHTS ! CAMERA! ACTION!

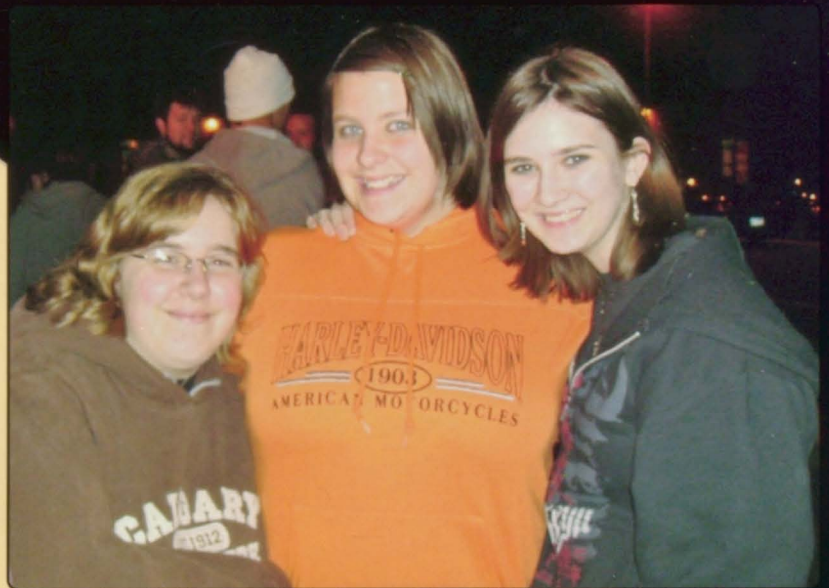
*Four Years of Fame
Live from STMA High School...*

*Directed By:
You!*



People







Ida Bendiksen Aanes

Life's too short. Laugh often. Love deeply. Forgive quickly. Kiss slowly. And never regret anything that once made you smile...



Adam Michael Aaserud

If you don't go after what you want, you'll never have it. If you don't ask, the answer is always no. If you don't step forward, you're always in the same place.



Amber Lee Aeshliman



Joshua James Adams



Danielle Rae Adamski



Andrea Paola Altamirano

If you survive this, you can survive everything!



Alison Rae Anderson

We all die. The goal isn't to live forever. The goal is to create something that will. -Chuck Palahniuk



Kate Margaret Anderson

Always keep your dreams big and your worries small.



Kyle Philip Anderson

To learn to succeed, you must first learn to fail. -Michael Jordan



Michael Scott Arlt



Wannisa Aurareevorakul

Do not let what you cannot do interfere with what you can do.



Brittney Kayla Barr

When one door of happiness closes, another opens, but often we look so long at the closed door that we do not see the one that has been opened for us. -Helen Keller



Kristin Karri Barthel

Keep your eyes on the stars, keep your feet on the ground. -Theodore Roosevelt



Christian David Bartholomew

All the crayons that exist in the box, exist in the box.

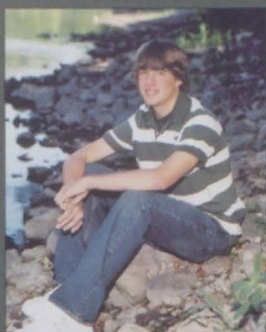


Krista Marie Bauman

Laugh as much as you breathe and love as long as you live.



Mitchell Lee Bebus
Wassup!



Kyle Andrew Bechtold
Sometimes it's not what you know, it's who you know.



Alex Lee Becker



Christine Elizabeth Becker
Don't cry because it's over now, laugh because it happened.



Jack Duane Berning
Chaos often breeds life, when order breeds habit.
-Henry B. Adams



Terese Marie Berning
To the world you may just be one person, but to one person you may be the world.



Kate Ann Bienias
Dance like no one is watching, love like you'll never be hurt, sing like no one is listening, and live like it's heaven on earth.



Brian Jonathan Bishop
Semper Fi



Keith Cyril Bistodeau
The entire sum of existence is the magic of being needed by just one person. -Vi Putnam



Chad Anthony Blais
The best memories are the ones you can't remember.



Erik Hans Blomberg
I'd rather burn out than fade away. -Kurt Cobain



Jessica Lynn Bongaarts
You don't know what you got till it's gone.



Sara Kathleen Borchardt
When life gives you sugar, make kool-aid.



Katharine Lynn Borschke
Do not conform any longer to the pattern of this world, but be transformed by the renewing of your mind.
-Romans 12:2



Anthony Carl Brouillette
A good name is more to be desired than riches.



**Aaron Anthony
Brown**

You don't need a diploma to get into heaven but I got mine just in case.



**Danielle Janice
Brown**



**Nycolle Kaye
Burkstrand**

To be yourself in a world that is constantly trying to make you something else is the greatest accomplishment.



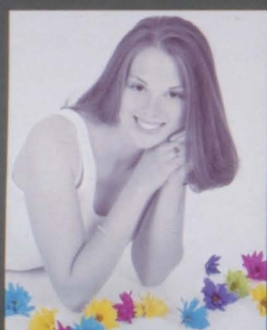
Brianna Rae Bydlon

The greatest pleasure in life is doing what people say you cannot do.
-Walter Bagehot



**Tanya Marie
Capouch**

A good friend will come bail you out of jail...but a true friend will be sitting next to you saying "we screwed up, but we had fun!"



**Lauren Ashley
Carlson**

God doesn't require that you succeed; he only requires that you try.
-Mother Theresa



**Alex Joseph
Cavanaugh**



**Crystal Lynn
Christensen**

Do what makes you happy. Be with who makes you smile. Laugh as much as you breath and love as long as you live.



**Luke Daniel
Claycomb**



Mallory Kay Clem

You think it's almost over but it's only on the rise. -Red Hot Chili Peppers



**Venessa Chimay
Coates**



**Anthony Joseph
Coffey**

What did the tree say to the sock? "God, you're big."



**Matthew Ryan
Coles**

When we started this band all we needed was a laugh, years gone by I'd say we've kicked some _____. -Motley Crue



**Logan Charles
Conwell**

If a man does not keep pace with his companions, perhaps it is because he hears a different drummer. Let him step to the music which he hears, however measured or far away.
-Henry David Thoreau



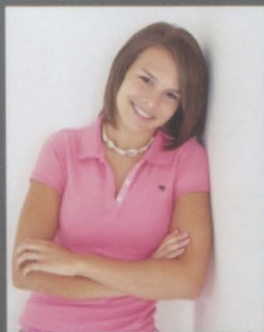
**Rachel Annastasia
Coulter**

I got a brand new pair of roller skates, you got a brand new key. I think that we should get together and try them on, let's see...



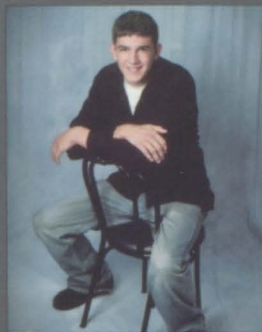
Katie Lea Daleiden

And in the end it's not the years in your life that count but the life in your years. -Abe Lincoln



Sara Marie De Lozier

To laugh often and love much, to appreciate beauty, to find the best in others and give one's self...this is to have succeeded. -Ralph Waldo Emerson



Jason Daniel Dearing

The only dependable thing about the future is uncertainty.



Rachel Lynn Dehmer

If you meet me and forget me, you have lost nothing. If you meet Jesus and forget him, you have lost everything.



Natalie Mae Dick

Life brings tears, smiles and memories. The tears dry, the smiles fade, but the memories last forever.



Vanessa Marie Dick



Megan Kathleen Dingley

You're never fully dressed without a smile.



Philip Marcus Dingmann

We do not have to visit a madhouse to find disordered minds; our planet is the mental institution of the universe.



Mackenzie Elizabeth Dooley

A friend is someone who gives you total freedom to be yourself. -Jim Morrison



Stephen Michael Ebner

_____ happens when you party _____.



Kylie Elizabeth Edgren



Kayleen Elizabeth Eggert

There is more treasure in books than in all the pirates loot on Treasure Island...and best of all, you can enjoy these riches every day of your life. -Walt Disney



Angela Lyn Ekern

This dog, is dog, a dog, good dog, way dog, to dog, keep dog, an dog, idiot dog, busy dog, for dog, 20 dog, seconds dog! ...Now read without the word dog.



Michael Paul Ende



Amanda Joy Engelhart

Worrying is like a rocking chair. Yeah, it's something to do, but it gets you nowhere.



**Regan Yvonne
Englund**

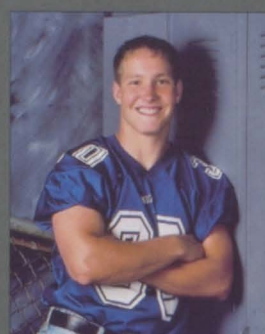


**Anthony Duane
Engstrom**



**John Thomas
Erdmann**

Is it because light travels faster than sound that some people appear to be bright until they speak?



Dean Thomas Eull
We didn't lose. We just ran out of time.



**Emily Catherine
Eull**

Success isn't a result of spontaneous combustion. You must set yourself on fire.



**Andrew Thomas
Evans**

Experience tells you what to do; confidence allows you to do it.



Colin Andrew Fecho

Kites rise highest against the wind - not with it.
-Sir Winston Churchill



Lindsey Jo Fehn

Nobody said it would be easy, they just promised it would be worth it.



**Marlon Michael
Fehn**



**Ashley Marie
Fernholz**

How are you ever going to know: What you never knew or how it feels to fly, if you never take the chance and try.



**Caitlin Frances
Ferry**

Don't be reckless with other people's hearts, don't put up with people who are reckless with yours.



**Katherine Leigh
Foster**

We're all pretty bizarre. Some of us are just better at hiding it, that's all.



Erin Kristine Fox

Who you choose to be around you lets you know who you are.



**Aaron William
Frank**

Life can only be understood backwards; but it must be lived forwards. - Soren Kierkegaard, Danish Philosopher



**Travis Kent
Freeman**

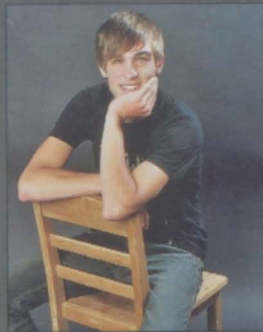


Miles Roman
Friendshuh



Misty Mae Gilman

The best and most beautiful things in the world can't be seen or touched, but felt in the heart.



Eric Henry Gimpl



Sarah Marie Gindele

Give the world the best you have, and it may never be enough. Give the world the best you have anyway. You see, in the final analysis, it is between you and God; it was never between you and them anyway.



Ashley Ann Girard

Life is full of misery, loneliness and suffering - and it's all over much too soon. -Woody Allen

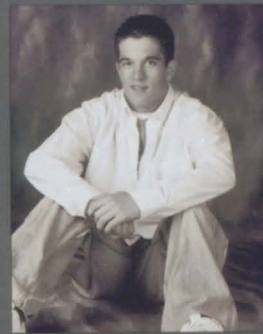


Kyle James Goeb
Let's go to the farm.



Keith Gordon Goodin

Nothing is really work unless you would rather be doing something else.



Timothy Joseph Goth

Sniff...Byaah!



Zachary Benson Graham

May the wind always be at your back and the sun upon your face. -George Jung



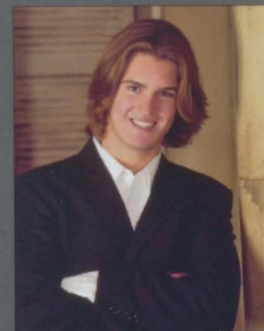
Angela Marie Grundman

Every new beginning is some other beginnings end.



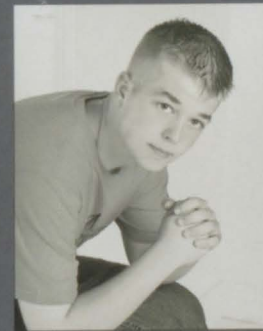
Joseph Anton Grygelko

It's not whether you win or lose, it's whether I win or lose.



Brent Timothy Guimont

I know that you believe you understand what you think I said, but I'm not sure if you realize that what you thought you heard is not what I meant.



Daniel Thomas Hackbarth



Brianna Marie Hanke



Anthony James Hare

Keep everything close because before you know, it is all gone.



**Jessica Kathryn
Harren**

If people were meant to pop out of bed in the morning, we'd all sleep in toasters.



**Kirsten Regina
Harrington**

To accomplish great things, we must not only act, but also dream; not only plan, but also believe. -Anatole France



**Thomas Donald
Haskvitz**

I know it seems hard sometimes, but uh...remember one thing. Through every dark night there's a bright day after that. So no matter how hard it gets, stick ya chest out, keep ya head up, and handle it.



Anthony Jay Hasler

Laziness is nothing more than the habit of resting before you get tired.



**Morgan Leslie
Hayek**



**Christian Alexander
Head**



Julie Renee Hedlund



Anna Marie Heuring

Jesus said to his disciples, if anyone would come after me, he must deny himself and take up his cross and follow me. For whoever wants to save his life will lose it, but whoever loses his life for me will find it. -Matthew 16:24-25



Daniel Thomas Hill

Most things you worry about never happen anyway. -Tom Petty



**Timothy Michael
Hilten**

Father, into your hands I command. -My Spirit



**Jennifer Marie
Holm**



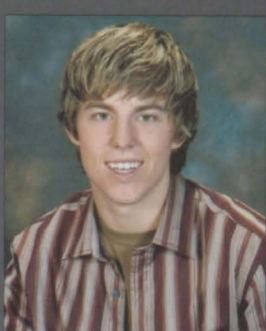
**Elizabeth Ann
Hughes**

Why try to fit in when you were born to stand out?



**Thomas Joshua
Huot**

There's gonna be some stuff you're gonna see that's gonna make it hard to smile in the future. But through all of the rain and the pain, you gotta keep your sense of humor. -Tupac Shakur



Jacob Del Isaacson

Beauty is truth and truth is beautiful!



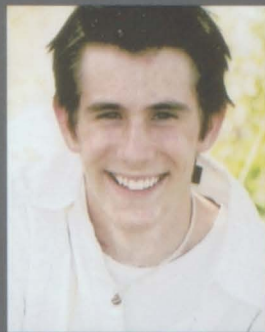
**Dustin Anthony
Jackson**



Melissa Marie Jean
It's your dream. Live it.



Colin Lawrence Johnson



Matthew William Johnson



Rebekka Marian Jossart
You can't deny laughter; when it comes, it plops down in your favorite chair and stays as long as it wants.



Cosima Kafka
Music produces a kind of pleasure which human nature cannot do without. -Confucius



Kayla Marie Kasel
Always remember: Whatever happens, happens for a reason.



Julie Ann Kasper
Sometimes we search too hard for answers that are right in front of us.



Michelle Marie Katchmark
You never see the hard days in a photo album but those are the ones that get you from one happy snapshot to the next.



Cory John Kessler
I think Bigfoot is blurry, that's the problem. It's not the photographer's fault Bigfoot is blurry, and that's extra scary to me 'cause there's a large out-of-focus monster roaming the country side. Run, he's fuzzy, get outta here. -Mitch Hedberg



Riley Martin Kessler
Winning isn't everything. It's the only thing.



Carol Sayloungh Khatthavong
Life's a voyage...not a destination...



Alex Joseph Kilian
What the ears hear and the eyes see the mind believes.



Thomas Valentine Kilian



Alex Michael Kirchberg
Impossible is just a word people use to feel better about themselves when they give up.



Ashley Kaydean Klatke
Never apologize for showing feeling. When you do so, you apologize for the truth. -Benjamin Disraeli



Rachel Ann Knutsen

Nothing's better than the wind behind you, sun in front of you, and your friends beside you.



**Tommy Richard
Kododo**

Appreciate what you have 'cause when it's gone, it's too late.



Nathan Allen Koep

The highest compliment that you can pay me is to say that I work hard everyday, that I never dog it.



Austin Joseph Kolles

We've got to find a way to win. I'm willing to start cheating.



**Breanna Marie
Kolles**

In the end we'll all realize none of this is going to matter.



Jodi Lynn Kolles

Don't try too hard or pretend to be someone you're not.



**Jake Richard
Kolling**

It's hard to be humble when you're as great as I am.



**Kimberly Michelle
Kolstad**

There is a life about to start when tomorrow comes. -Les Miserables



**Jeremy Jeffrey
Kopp**

It is not necessary to understand things in order to argue about them. -Pierre Beaumarchais



**Britney Marie
Kotilinek**

Love the heart that hurts you, but never hurt the heart that loves you.



**Bridget Jeanne
Kottke**

You gain strength, courage, and confidence by every experience in which you really stop to look fear in the face. You must do the thing you think you cannot do. -Eleanor Roosevelt



**Krystal Marie
Kreger**

How bad you think you have it, someone has it worse than you.



Kristin Ann Krone



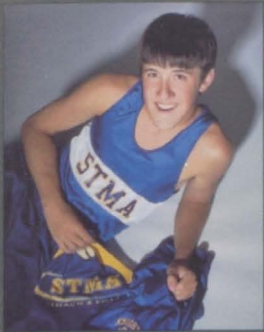
**James Michael
Krutzig**

Instruct a wise man and he will be wiser still; teach a righteous man and he will add to his learning. -Proverbs 9:9

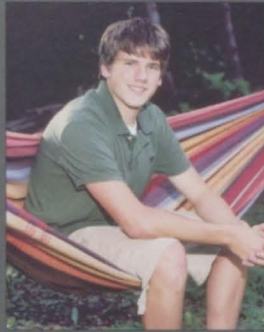


**Brandon Michael
Kuhn**

Noodles?



Jeremy Allen Kuhn
To give anything less than your best is to sacrifice the gift.



William Jefferey Laney
There are no great men. Just great challenges which ordinary men, out of necessity, are forced by circumstances to meet.
-Admiral William F. "Bull" Halsey



Jonathan Charles Larson
What's money? A man is a success if he gets up in the morning and goes to bed at night and in between does what he wants to do.
-Bob Dylan



Sarah Jane Larson
You wasted life. Why wouldn't you waste the afterlife.
-Modest Mouse



Cole John Laudenschmidt
Great moments are brought by great opportunity.
-Herb Brooks



Jonathan Harold Laudner
Birdie, birdie, in the sky, why'd you do that in my eye? Looks like sugar, tastes like sap. OMG! IT'S BIRDIE CRAP!



Matthew David Le Claire
It's not who we are underneath; it's what we do that defines us.



Ross Daniel Lefebvre
Take off the blinders. You have to see opportunity before you can seize it.



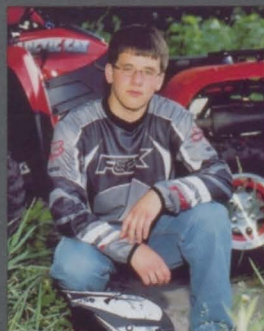
Eric Michael Lenneman
The ultimate measure of a man is not where he stands in moments of comfort and convenience, but where he stands in times of challenge and controversy.
-Martin Luther King, Jr.



Kelsie Rose Lewis
To dream of the person you would like to be is to waste the person you are.



Lucas John Lian
Once you start down the dark path, forever will it dominate your destiny, consume you it will.
-Yoda



Troy William Lindenfeller
The Lord gave us two ends...one to sit on and the other to think with. Success depends on which one we use the most.



Peter Francis Lindquist
If your life's a mess, remember you're blessed, and stand up and be strong.
-Soul Asylum



Kelsey Elizabeth Long
Life brings tears, smiles and memories. The tears dry, the smiles fade, but the memories last forever.



Andrea Elizabeth Madison
Do not be surprised, my brothers, if the world hates you.
1 John 3:13



Ryan John Madsen



William Arthur Mangan

Live every day like it is your last or I'll kick you.



Andrew Anthony Marsh

In the end you have to know if the juice is worth the squeeze. -Matthew Kidman (The Girl Next Door)



Alex Michael Maschoff

It is hard to fail, but it is worse never to have tried to succeed.



Joseph Frank Mazzuca

If at first you don't succeed, pay someone else to do it. -Mark Hoppus



Kalla Rose Mc Eachern

God gives us memories so that we may have roses in December.



Daniel James Merges

...If you can't find something to live for, you best find something to die for... -Tupac Shakur



Rebecca Lynn Michaelson

Life may not be the party we hoped for, but while we're here we should dance.



Brian Thomas Michaud

The difference between school and life? In school you're taught a lesson and given a test. In life, you are given a test that teaches you a lesson.



Kayla Patricia Miedema

Only as high as I reach can I grow, only as far as I seek can I go, only as deep as I look can I see, only as much as I dream can I be.



Stephanie Marie Miller

When everything is coming your way, you're in the wrong lane.



Kelsey Amber Mogren

Life is short. Don't regret anything you do.



Dustin Marc Morcomb

Follow the dream doesn't mean leave the love. Roam if you must, but come home when you've seen enough...



Elizabeth Paisley Nardini

Fantasy is a necessary ingredient in living. It's a way of looking at life through the wrong end of a telescope...and that enables you to laugh at all life's realities. -Dr. Seuss



Jenna Kay Nelson

Truly great friends are hard to find, difficult to leave, and impossible to forget.



**Geoff Allen
Neumann**

Live life on the edge,
otherwise you are taking
up too much space.



**Elizabeth Amelia
Newman**



**Scott Winston
Niedzielski**

Boogity, boogity,
boogity, let's go racin'
boys!
-Darrell Waltrip, 3-Time
NASCAR Champion



**Naomi Gladys
Nordin**

One night I had a dream
that I ate a 10 lb.
marshmallow and when I
woke up the next morning
my pillow was gone.



**Alexis Bree
O'Connor**



Jaclyn Lee Ohnemus

Dance like no one is
watching, sing like no
one is listening, love like
you've never been hurt,
and live like it's heaven
on earth. - Mark Twain



Justin Timothy Oie

I can do all things
through Christ who
strengthens me.
-Philippians 4:13



Emily Kay Olson

Those who hear not the
music, think the dancer
mad.



**Andrew James
Osborn**

Life moves pretty fast. If
you don't stop and look
around once in a while,
you could miss it.



Bruce Lee Oudavanh

What lies behind us and
what lies before us is tiny
matters compared to
what lies within us.
-Ralph Waldo Emerson



**Shane William
Pantila**

Seize the day and make
your life extraordinary.



**Matthew Steven
Panuska**

I'd love to stay and chat,
but there's an entire
cosmos waiting with,
hey, my name on it.
-Disney's Hercules



**Ann Elizabeth
Pearson**



**Michael Thomas
Peltier**

Don't let disability hold
you back. Working
harder can make you
smarter.



**Saengnakhone
Phaipanya**



**Cassandra Ann
Pierson**

I might be wrong, but I doubt it.

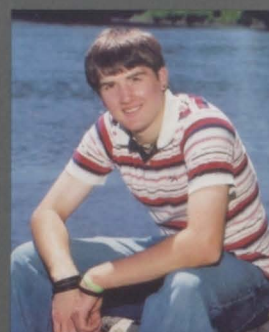


Raul Enrique Pineda



**Jessica Marie
Pinska**

Wise men say forgiveness is divine, but never pay full price for late pizza.



Lucas Lyle Pollock

Life will be so much easier if you just get up and go to work in the morning.



**Samantha Faye
Pope**

Be nice to animals and wear your seatbelt!



Laura Ashlie Potter



**Brittany Catherine
Praught**



**J. Alexandra Marie
Rammer-Bitton**

Everyone is unique in their own way.



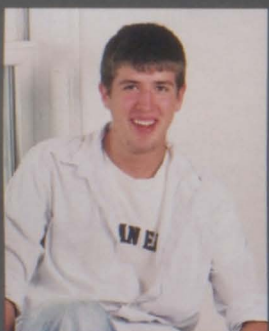
**Whitney Ann
Rathbun**

If I ever stop laughing, I'm dead.



Krissa Rose Reemts

High school is a lot like toilet paper. You only miss it when it's gone.



**Benjamin Matthew
Rego**

I'm goin' to Amsterdam!



**Carissa Lianne
Reilly**

Don't worry about what you can't do. If you must worry, worry about why you won't do what you should do.



**Laura Ashley
Reimann**

You have to be yourself. Be very honest about who and what you are. And if people still like you, that's fine. If they don't, that's their problem. -Sting



Megan Mae Rich

No Ammad, the sky isn't blue. There's just white light. White light has all the colors of the rainbow in it and when scattered through all the molecules in the sky, the short wave colors - blue, violet - they are the ones you see...it just looks blue. -White Teeth Zandi Smith



**Marissa Kaitlyn
Rines**

Nobody cares if you can't dance well. Just get up and dance. Great dancers are not great because of their technique, they are great because of their passion. -Martha Graham



**Christine Lea
Roberts**

You can only be young
once. But you can
always be immature.



**Laura Elizabeth
Robertus**

You can't fool all of the
people all of the time,
but that doesn't matter if
you can fool the right
people at the right time.



**Andrew Thomas
Roden**

I'm a mini-van man.
Soccer moms welcome.



**Kirstin Karlene
Roden**



**Robert William
Roden**

Life is a labyrinth, you
don't know where you're
going and there's one
way out.



**Christopher Patrick
Roehl**

It's not what you know.
It's who you know.



**Rachel Elizabeth
Rogers**

Dream into reality. If
you can imagine it, you
can achieve it. If you can
dream it, you can
become it.

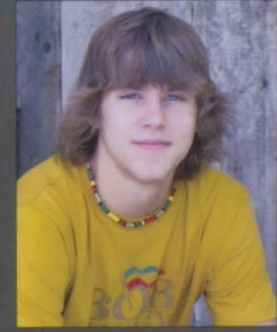


Jason Michael Roles

Stop searching forever,
happiness is right next to
you.



Kari Lynn Ross



**Daniel Lowell
Russell**

Get your priorities
crooked. -Mitch
Hedberg



Jessica Marie Ryan
Just party like rock stars!



Isaac Darwin Saville
If at first you don't
succeed, then skydiving
is not for you.



**Maeghan Marie
Scherber**



**Jeffrey Warren
Schmidt**



Nicol Rose Schmitz
I live to laugh and laugh
to live.



**Anna Christine
Schutt**

You can always re-take
a test, but you can't
re-live a party!



**Charlotte
Skarpeteig**



Tony Sorowka

Keep true to the dreams
of your youth. -Friedrich
von Schiller



Joshua Ted Steffens

Where's your I.D.?



Lynsey Rae Strand

You only live once...but
if you live it right, once is
enough.



**Robert Jang Ho
Swansen**

Life is short and if you're
looking for an extension, you
had best do well. 'Cause there's
good deeds and then there's
good intentions, and they're as
far apart as Heaven and Hell.
-Ben Harper



**Stephanie Marie
Swenson**

If it's in your heart, it
shows in your spirit.



**Emily Lorraine
Sypnieski**

Life can be a challenge,
but I got through it.
Well, at least the first
part (high school is
over)!



**Robin Nicole
Tellefson**

Forget love - I'd rather
fall in chocolate!



Holly Cilaim Thao

When the Lord really
starts blessing, you'll
find out who your real
friends are.



**Courtney Catherine
Thompson**

How...



**Jacob Donald
Tiedeken**



**Beau Daniel
Toutloff**

The best way to predict
the future is to create it.



Alicia Marie Traut

The future belongs to
those who believe in the
beauty of their dreams.
-Eleanor Roosevelt



Alyson Eileen Ulen



Jacklyn Marie Urai

The tragedy of life is not that it ends too soon, but that we wait so long to begin it.



Robyn Jeanne Van Drasek

True holiness does not mean a flight from the world; rather, it lies in the effort to incarnate the Gospel in everyday life, in the family, at school and at work, and in social and political involvement. -Pope John Paul II



Andrew Charles Van Dusen



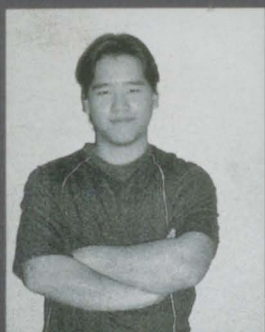
Sondra Gene Van Hall

Everyone should have the chance to meet that one special someone who could change their life forever. Someone who makes them truly smile, someone who makes their life feel worth while!



Amanda Leigh Vance

You really can change the world if you care enough. -Marian Wright Edelman



Kham Xaeng Vang

Give a man a fish and he won't be hungry for a day. Teach him how to fish and he'll never go hungry again.



Mai Sheng Vang

Everything in life is unseen. That's why we close our eyes when we kiss, cry and dream.



Jacob Gregory Voss

The only place success comes before work is in the dictionary. -Vince Lombardi



Kurtis Jeffrey Wacker



Melissa Jo Wacker



Andrew Michael Wagner

Open your eyes and look within. Are you satisfied with the life you're living? -Bob Marley



Andrew Michael Walker

Take it easy, but still take it.



Stephan Michael Warner

You are young and life is long and there is time to kill today. And then one day you find ten years have got behind you. No one told you when to run, you missed the starting gun.



Katherine Cheryl Washburn

When life gives you lemons, use the juice to squirt in your enemies eyes.



Megan Lee Watters

The past is a source of knowledge, and the future is a source of hope. Love of the past implies faith in the future. -Stephen Ambrose



Clint Ronald Weber
Good things go fast.



Shane Andrew Weber
Give me your broken, give me your beaten, I will build them up, I will lead them, to the threshold. -Hatebreed



Shane Raleigh Weber
When I die I wanna die like my grandpa...peaceful and sleeping. Not screaming like the passengers in his car.



Eric Matthew Welch



Camille Rose Welter
We ask ourselves, "Who am I to be brilliant, gorgeous, talented, and fabulous?" Actually, who are you not to be? You are a child of God. -Nelson Mandela



Lindsey Leigh Wendroth
...school's where you learn...NOT! School's where you make friends, get boyfriends and dress cute!



Darrick Celeste Williams
Feel the tremble heaven's raging. Hear the sound of our holy roar. He will not be stopped. His voice will be heard. This generation is the Lord's.



Tiffanie Marie Winkelman
Why stress life? No one's made it out alive.



Heidi Marie Winkler
We can do no great things, only small things with great love. - Mother Teresa



Jennifer Ann Woods



Brian Matthew Wurdeman
It's the possibility of dreams coming true that makes life worth living.



Nathaniel Michael Wyre
Some people are like slinkies...they are not really good for anything, but they still bring a smile to your face when you push them down a flight of stairs.



Melissa Sue Yanish
The meaning of life is finding your gift; the purpose of life is giving it away.



Brian Joseph Zachman
No sane man is unafraid in battle, but discipline produces in him a form of vicarious courage. -Gen. George S. Patton

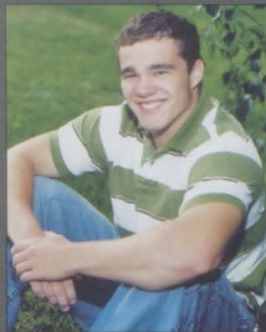


Jared Michael Zachman
The time you enjoy wasting is not wasted time.



**Katie Elizabeth
Zachman**

The future belongs to
those who believe in the
beauty of their dreams.
-Eleanor Roosevelt



**Lowell Vincent
Zachman**

I'm not dumb. I just
have a command of
thoroughly useless
information.



**Kyle Richard
Zachmann**



**Andrew Martin
Zahler**

...Indeed



**Steven Loren
Zander**

We must have strong
minds, ready to accept
facts as they are.



**Nina Patricia
Zeleny**

So scared of getting older I'm
only good at being young, so
I play the numbers game to
find a way to say that life has
just begun. -Stop This Train



**Amanda Marie
Zimmer**

When it hurts to look back,
and you're scared to look
ahead, you can look beside
you and your best friend
will be there.

Class Quote:
A kiss for luck and we're on
our way, we've only just begun.

SENIORS '07

Class Motto:
In this bright future, you can't
forget your past

R

E

M

E

M

B

E

R

When Ross L. got a "thumbs up" from Drew H./ When Shane A. W. was trying to make his move on Nicki B. and elbowed her in the eye/ Missy W. actually came to school/ Anthony C. Joe G. and Miles F. named themselves after Mr. Merfeld's panics/ Party at Scotty's house/ Danny H. was hiding shrimp/ Mitch B. got in trouble everyday for hitting on Mrs. Schulzetenberg/ Bobby B. showed up at half-time and the Mud Dogs won the Bourbon Bowl/ Mitch B. got pulled over in the middle of the street in Minneapolis/ Mitch B's 20-minute get togethers/ Jon L. and Weeba answered all the questions in health class wrong just to be funny/ "just do it"/ Mrs. Schulzetenberg's outrageous outfits/ Everyone had a notebook with their friends/ Andy R. ripped his pants in English/ Jake K. had a perm/ Heidi stories/ Aaron F. passed out in health class/ Mr. Wykle taught gym class/ We ran the mile when it was freezing out/ Our lockers were all screwed up Freshmen year/ We got mad when people wasted ice cubes at band camp/ Laura R. hit herself in the head in colorguard/ Amanda Z's flag flew up on to the school roof in colorguard/ Brent had spiky hair/ Everybody quit band because of Mr. Jordheim/ Band buddies/ Mr. Muller's lumps on his arm/ We got to watch musicals in Mr. Sass's music class/ We had to swim in middle school and we would only be in the pool for 15 minutes/ Mr. Bergstrom said he was the big dog/ The first time you drove to school and went over the speed bump/ Nina Z. and Kim K's mental health days/ Jake and Nina Z. had "locker offs" and Nina won 20-1/ Nina Z. didn't win at speech/ Eclipse ball/ Rob R. looked like a lime dreamsicle in his "goth" outfit/ We saved the Big Woods/ When Nina Z. had long hair/ Kim K. and her funky pens.

We were the first class to go to LLCC/ Locker buddies/ Pogs/ Sevie's/ Mr. Johnson's "boot"/ When everyone joined band in 5th grade/ "opah!"/ Our "girl" and "guy" videos/ When Rachel R. fell off the box during Seussical practice/ When Mr. Osterman's fly was down in 8th grade science/ Idaho, U da ho!/ Bonnerup Funeral Home in Albert Lea/ Middle School dances/ Sewing in 7th grade/ The millions of miles we marched at band camp/ Austin K. peed his pants in health/ Tom H. and Riley K. made fun of Mr. Johnson during winter week/ Spring break/ Krista B. and ridin' dirty/ What Krista B. said to Andrew M. at Dean E's house/ Rachel K. chucked deodorant at Adam A's head/ Krista B., Matt L., Mitch B., Danny H., and Misty G. crashed the wedding/ Billy L's car went into Krista B's pond/ Dean wasn't spazzing/ The playhouse was put on Krista B's house/ Mandarin oranges/ When Kate didn't have a boyfriend/ Will M. hid in the dryer/ Sweeba/ Tom H. and Rachel K. in the Integra/ The fishhouses/ Anthony B. and Jake K. were stranded on the river/ Bob's black dirt/ Will M. pushed Mitch E. into the door/ The nerd circles before school/ Poop bags on Bentin's door/ Spoonfest '06/ Weeba's "boxer party"/ Adam A's broken boot at Friendshuh's/ Jeff tripped over a 2 foot high rope while trying to jump over it/ Natalie fell during warm ups in Mr. Metcalf's individual and dual sports class/ We went G-ridin' in Blais' Explorer/ Tim hit the pregnant lady in the face with a football/ The cuddly kittens deceived us all/ When Caitlin F. and Becca R. got kicked out of the Skyway while the soccer team watched on the street below/ We cared what we looked like on the first day of school (and for several weeks after that)/ "Make it a great day or not, the choice is yours"/ Sara D. got yelled at by the bulimic speaker for laughing at Weeba's sneeze/ When Sara D. went out with Matt J./ Regan E. wasn't in love with herself/ Kate B. and Jeremy K. were going to get married in 5th grade during recess/ We had movie night at Paige's/ Parties at Abby's cabin/ All-nighters/ We almost got kicked out of IHOP - poisonberry /Ashley G. ran into a pole at the park/ Anna Banana Face/ Robert and Jeremy peed off a bridge onto 94 after Prom/ Marlon F. didn't know who won the civil war/ Cory and Robert snuck into the girl's dorms at LLCC/ Caitlin wanted a strobe light party and we think she still does/ Cory and Emily weren't dating/ When Brian W. and Alex M. were inseparable/ Jenna fell down the bleachers during volleyball in 10th grade/ Isaac's jokes at football games/ Kurt and Trav burnt Jenna's purse/ Kate B. was all up in Nicole S's hair/ Shane W. drank raw eggs/ Ali A. slipped and fell in the Senior hall during Freshmen year/ IBS/ The quarries/ Swimming at Matt L's/ The girls at Laguna Nights/ Shane W., Danny H., Misty G. and Rachel K. deep conditioning/ Billy brought the air soft gun to school/ When Adam wasn't the v-slayer/ When we played Saga in Mr. Osterman's room/ Mr. Smith/ Everyone was ghetto/ When we didn't see the townies every weekend/ Ali A. was a bookworm/ Amanda's cabin/ Eull style's cabin/ Dean wasn't working at Dehmer's Meats/ Ann P. fell down the "step"/ Camille slipped on a banana peel/ Kate B. and Nate K. weren't dating/ Kate B. wouldn't jump off the rocks at the quarries/ Weekends at Billy's/ Kurt W. and Jack B. quit track, pinned a resignation letter to their warm ups, then rejoined the next day/ Katie Z. wasn't laughing/ Labor Day weekend at Caitlin's/ We had a class color day/ Nicol S. and Caitlin F. boo-ed the football ref when they called a time out/ Brian M. played with his hair/ We ruined the BPA Seattle trip/ Mr. Oliphant threw his globe at us/ Nate K. said his grandma got him a necklace on the black market/ When Katie Z. got hit in the eye with an apple at her party and her eye swelled shut/ Katie Z. was tall/ "Yeah, Dean, yeah" /Megan W. and Camille W. kissed at a football game and Danny got really mad/ When Naomi N, Anna B, and Darrick W put a penny in an outlet and almost started the auditorium on fire/

Mitch B. got passed up by a girl at track/ Brittney B. slipped on her way to lunch/ Mitch B. wasn't abusing women/ Getting second in the Gopher's passing camp/ Joe's van/ Nate stock blocking Riley/ Bill beat Nate in Pushing Attack 32 times in a row/ Nate wrestled Marsh/ Brown tripped over a rock naked/ Parish school lunches/ The playground/ Robyn V. went headfirst down a slide and cracked her tooth/ We made pointless videos/ iPods weren't invented and no one had cell phones/ The Sara's went to the Aaron Carter concert/ Good Charlotte was hard-core/ We danced to Aaron Carter and face painted "AC" on our foreheads/ Mr. Goman said the "f" word in class/ We went to prom...and got lost on the way/ Biggy smalls/ We used to trade gel pens/ All the jocks permed their hair/ We partied in a shed/ Alex got de-pantsed/ Stand up comedy at Sami's/ Boat-float river/ Ashley G. saw a dingleberry/ We were never bored/ We used to go to all-nighters at the roller rink/ Tiff was afraid of Santa Claus/ Greeks & Romans when the news "Woman throws baby at boyfriend" was discussed/ Bertie Bott's jellybeans at Jaclyns/ Jellydoughnut/ Robert S's Halloween parties/ When Camille wasn't singing/ Camille almost started the school on fire/ Food fight in the 7th grade/ Cole beat Tim in a boxing match/ Mitch compared truck drivers to the Little Rascals/ The original six was formed/ When Danny H. performed the arches of hell/ 6-person shower/ Jon L. got revenge on Will's food/ We planned "remember when's" in 4th grade/ Mitch B. asked Ms. Widen to grind/ Weeba was Shane Weber/ Weeba's high school goal/ The present Hasko left in Miles F's yard/ We went to the circus so much we started playing like clowns/ When this was a small town/ Billy got tied up at Will's house/ Nate didn't have a 6'7" arm span/ Blais rolled down the black dirt hill/ Emily D. made Amanda Z. scream at Student Congress/ Misty G. thought that $1 \times 1 = 2$ in geometry/ Angie E. wouldn't stop opening her chapstick while we were trying to sleep/ Shane A.W. set the rubber cement on fire in photo/ This one time at band camp...telephone under the tree /Good morning! It is ... 4 a.m.!/ The marching band bus broke down at Lake Louise/ We had to look up the word "orgy" in AP English/ Okay, who do you want poisoned?/ Jason D's Halloween mask scared Ms. Schmid/ I love college!/ Courtney T., Andrew Z. and Dan H. almost died in the Celica/ Our fort in the woods/ Sliding into icy streets/ Paisley N. said she was messy/ Kirsten H. didn't get into a car accident/ Weeba peed on Ebert's coffee table/ We went through the time portal/ Megan S's house got egged/ Billy got 10 days off/ Adam and Molly happened/ Mitch was nice to girls/ The Volvo got air/ Weeba peed on Mitch's backseat/ Danny, Billy, Marsh and Miles walked through an irrigation ditch/ Ann had her hot tub parties/ Weeba wasn't full of one-liners/ Rachel Rogers cut her finger in shop class cutting a heart for Tommy K. so he could give it to his girlfriend/ Taking the Knight's van to volleyball sections/ Jake K. and Rachel K. weren't fighting/ Wiffle ball at Danny H's house/ Matt L. was clipping his arm hair in econ class/ We caused a traffic accident during a science field trip/ Lauren C. slammed Angie E's hand in her locker and then started crying/ Jeremy K. puked on Bruce O. before the ACT's/ Rebecca M's hubcap broke off and we had to search a cornfield for it/ "A week of Knights plus one"/ Aaron B. rapped in "Joyful, Joyful"/ Mr. Minkler directed Concert Choir/ We heard Jaclyn O. say "y'all" for the first time/ Concert Choir sang "Happy Birthday" to Jaclyn O. with a Texas accent/ When Lauren got locked in a closet in Middle School by Ike and Ike sanded her notebook/ Ike ate a lamb's heart in science class for money and he never got paid/ Anthony C. sneezed all over Shane P's face in economics/ Andy R. broke a desk in Mr. Skogen's room/ Amanda E. ripped her pants/ When everyone was obsessed with Sponge Bob/ Sara B. Sarah L. Sarah G. and Robyn V. sang Karaoke to the Spice Girls songs/ Robin T. ripped her jeans in Mr. Abe's class/ Mr. Abe didn't get "high"/ Alex R. actually thought sunflower seeds were manufactured/ Sarah G. danced with the hot Canadian in the Dominican Republic/ Middle School dances were actually fun/ We were the first grade to go all three years at the Middle School/ Off-roading with Marsh/ Mr. Dewey was convinced that Ali A. was a perfect angel/ Ali didn't cry when she laughed/ When Riley didn't mumble/ When Lowell wasn't talking about or flexing his muscles/ Weeba's bellybutton/ Adam's dance party/ When Lowell's pen exploded in his mouth/ Vanessa D's pool parties/ When Adam A. tested icy hot/ Jerry and Linda at Mander's cabin/ The inflatable castle at Anthony C's 2006 prom party/ All the guys had Allen Iverson shoes in Middle School/ We played scruffy/ Anthony C. actually went to school/ We won the Muddy Crow/ The "goths" didn't hate the "preps"/ Varsity soccer girls won their first section game/ Rachel K. and Ross L. dated/ Mr. Berning wasn't showing movies in his class/ Shane R. W. wasn't rapping/ Krista B. didn't take two hours to get ready/ Natalie D. hit her head on some dishes at the girl's homecoming sleepover/ 2 a days/ We had to take off our hats as soon as we entered the building/ Misty G. was driving safely/ We all got accepted into college/ We would go to Taco Bell at 2:00 a.m./ Some seniors went to Trail of Terror/ Wild Bill paid us a visit/ When Brittney B. slid around a corner on her butt/ Bill L. told Mr. Merfeld that he and Danny H. were gay/ Joe ate a huge bug at a football game/ We found the spider-filled hot-tub in the river /We played four-square at recess/ We tubed down the Crow River and it took 3.5 hours/ Billy Beta!

W

H

E

N



W

A

L

K

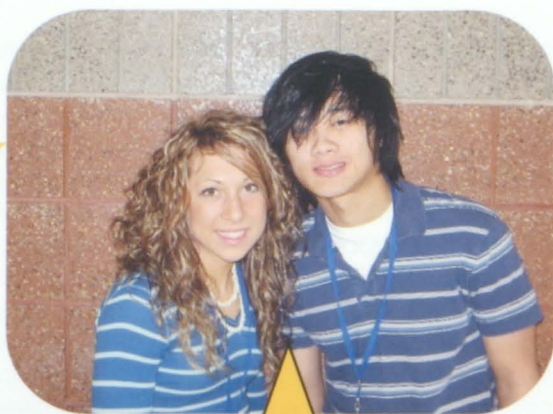
OF

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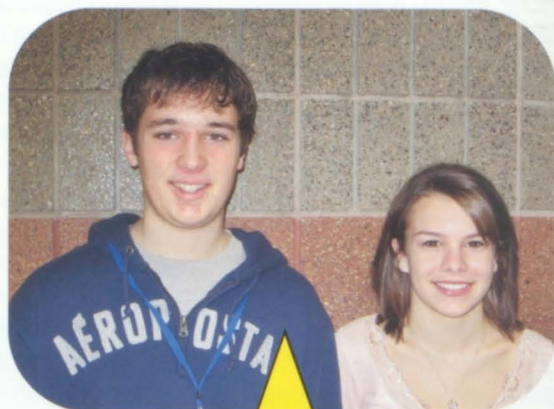
E



Alicia Trout

Best
Hair

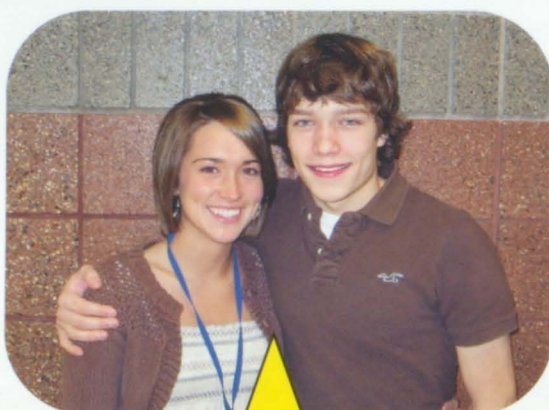
Michael
Lee



Brian
Wurdemen

Best
Eyes

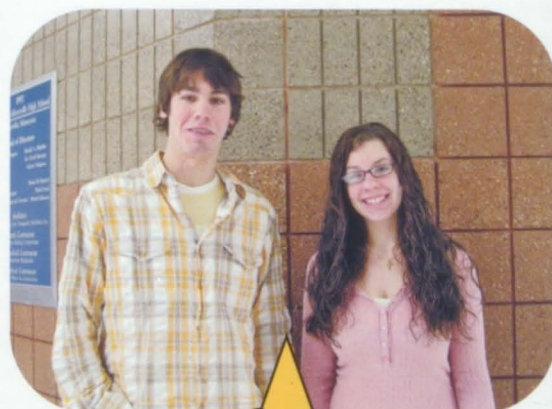
Sara
DeLozier



Kate
Benias

Best
Smile

Danny Hill



Shane R.
Weber

Conta
gious
Laugh

Camille
Welter



Jon Larson

Most
Likely to
Brighten
Your
Day

Katie
Borsche



Nathan
Koep

Best
Perso
nality

Katie
Dalieden





Tom Huot

Most
Changed

Kirsten
Herrington



Laura
Reimann

Kid at
Heart

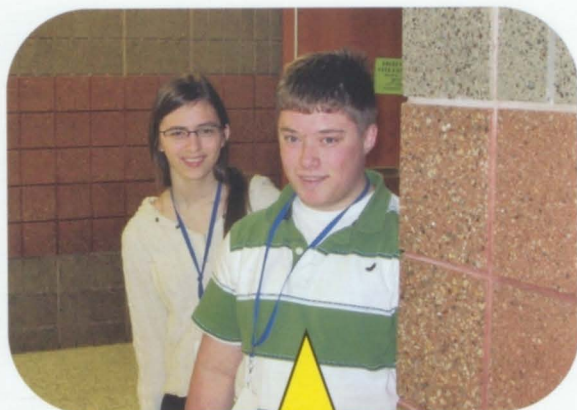
Billy Laney



Austin
Kolles

Most
School
Spirit

Whitney
Rathbun



Kayleen
Eggert

Most
Shy

Keith
Goodin



Caitlin
Ferry

Biggest
Flirt

Anthony
Brouillette



Jake
Kolling

Most
Dramatic

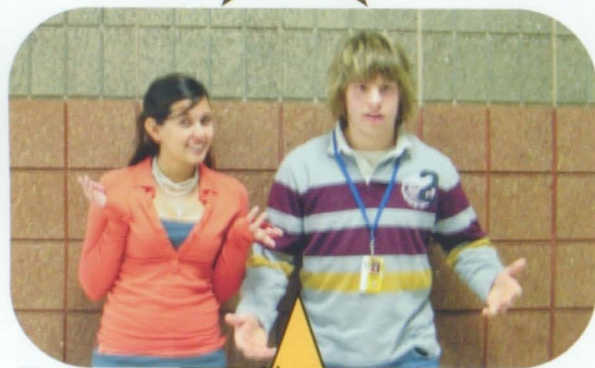
Amanda
Vance



Matthew
LeClaire

Most
Likely to
Succeed

Ali
Anderson



Emily Eull

Always
Confused

Andrew
Marsh



Bekki
Jossart

Never
On
Time

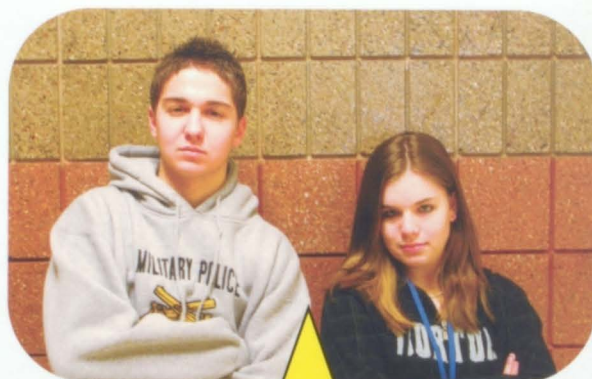
Jake
Isacson



Jeremy
Kopp

Most
Stubborn

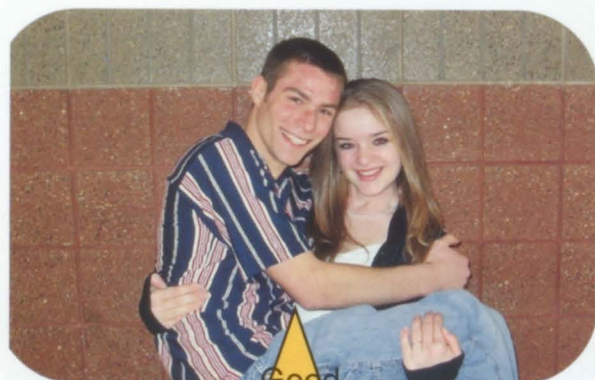
Paisley
Nardini



Mitch
Bebus

Class
Clown

Sarah
Larson



Brian
Zachman

Good
Enough
to Bring
Home to
Mom

Katie
Zachman



Philip
Dingman

Most
Artistic

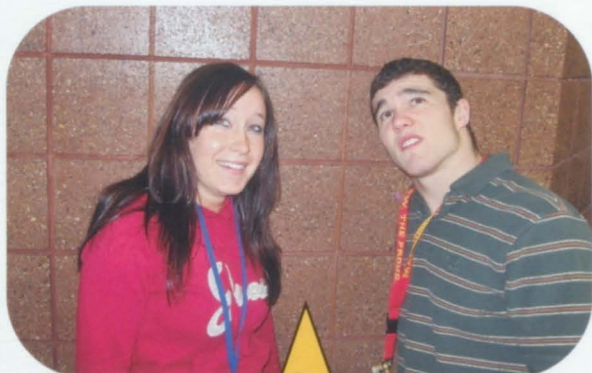
Terese
Berning



Zach
Graham

Most
Likely
to Walk
into a
Wall

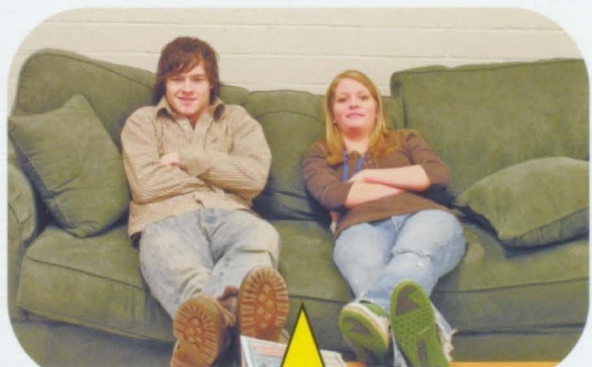
Krista
Bauman



Misty
Gilman

Most
Gullible

Lowell
Zachman



Anthony
Coffee

Most
Likely to
Live in
Parents
Basement

Mallory
Clem



Racchel
Knutsen

Most
Athletic

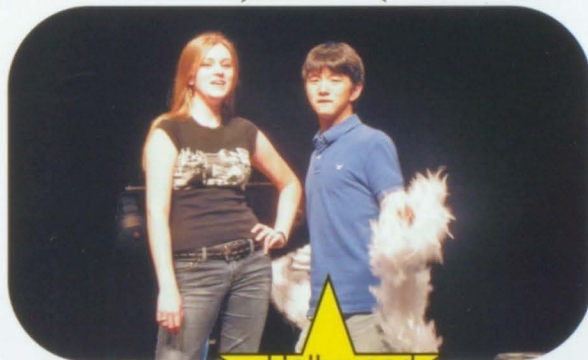
Riley
Kessler



Amanda
Englehart

Most
Outgoing

Miles
Friendshuh



Jaclyn
Ohnemus

Hollywood
Bound

Robert
Swansen



Laura
Schrieber

Most
Musical

Isaac
Saville

C
L
A
S
S
F
A
V
O
R
I
T
E
S

SKITTLE FLAVOR:
RED (STRAWBERRY)

RADIO STATION:
K102

TV SHOW:

GREY'S ANATOMY

CLOTHING STORE:
HOLLISTER

FAST FOOD:
SUBWAY

TRAVEL SPOT:
UP NORTH/CABIN

SODA:
MOUNTAIN DEW

PICK-UP LINE:

HOW MUCH DOES A POLAR BEAR WEIGH? WELL,
ENOUGH TO BREAK THE ICE...

ACTOR:
JOHNNY DEPP

ACTRESS:
JENNIFER ANISTEN

WEBSITE:
MYSPACE

SONG:
SEXY BACK

MOVIE:
PIRATES OF THE
CARIBBEAN 2

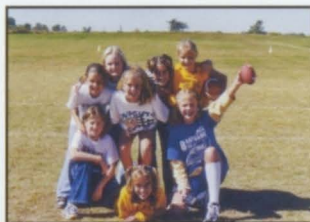
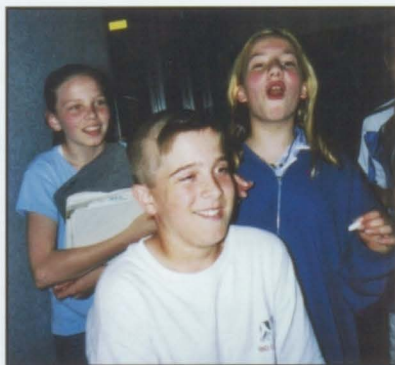
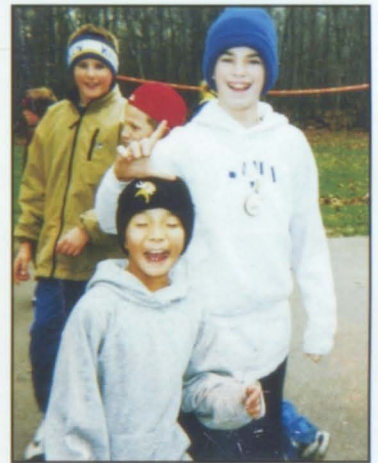
BAND:
RASCAL FLATTS

HANGOUT:
BILLY LANEY'S
HOUSE

RESTAURANT:
APPLEBEE'S

SNACK FOOD:
FRUITSNACKS

THROUGH



THE YEARS

STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLAS

SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLA



ASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA

OR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF '07... STMA SENIOR CLASS OF



'07.. STMA SENIOR CLASS OF '07.. STMA SENIOR CLASS OF '07.. STMA SENIOR

Class of '07

Juniors



Brandon Abel



Dakota Adamson



Samantha Ahern



Wamunyima Akakulu



Emily Anderson



Kody Anderson



Thomas Antonelli



John Arns



Kristina Asbury



Habibatou Balde



Kaitlyn Baldrige



Jakob Baltich



Blaine Barthel



Joshua Barthel



Amanda Bauer



Kala Baune



Kyle Beaulieu-Sanders



Kayla Becker



Sarah Becker



Travis Begin

Class of 2008



Elizabeth Berkner



Laura Billiar



Caitlyn Bistodeau



Andrew Bohn



Joseph Boone



Portia Bradway



Ashley Bratager



Sean Brousseau



Brittany Brown



Megan Brown



Breanna Brozyna



Jason Buck



Devin Butler



Jeremy Capouch



Dane Carlson



Jared Carlson



Cody Caron



James Chanthamonty



Jessica Chapple



Samuel Clark



Brady Corcoran



Jeremiah Coté



Tyler Cox



Heather Crocker



Bridget Daleiden



Danica Daleiden



Rachel Daleiden



Kayla Dehmer



Eric Derus



Cassandra Dick



Tonya Dick



John Dickey



Justin Dollar



Elizabeth Donaghue



Teresa Dubel



Jessica Duerr



Stephanie
Duley



Laura Dwyer



Nathan Dziuk



Matthew Ebert



Michael
Ecklund



Natalie
Einerson



Philip Ekern



Angel Erickson



Christian
Erickson



Amber
Euteneuer



John Euteneuer



Neil Evavold



Alex Fehn



Michelle Fehn



Chelsey Ferbuyt



Zachary
Fernholz



Leah Fiecke



Nicholas Fink



Daniel Fisher



Michael Fleege



Tyler Forness



Matthew Frank



Kimberly
Franklin



Alyssa
Gallagher



Jennifer
Gallagher



Ross Gammell



Courtney
Gamrath



Francisco
Garcia



Jamie Garnto



Kristina Garrett



Angela Gavere



Danielle
Gellerman



Alex Gillach



Jonathan
Glasser



Thomas
Gleason



Shane
Goblirsch



Lindsey Gohde



Alisha Gossett



Kirstie
Gottfried-



Brittany Green



Dannielle Green



Samual Grote



Alexandra
Guardado



Annie Haefner



David Hagen



Derek Hagerty



Jonathan
Hakanson



Ashley
Harrington



Margo Haynes



Stacy Hegland



Ian Heieie



Zachary
Heiskary



Amanda
Herrman



Daniel Heskin



Megan
Hinchiff



Laura Hofford



Lukas Holm



Anthony
Holsather



Maren Holstad



Amandla
Hunter



Allyson Huot



Haris Isic



Brittany
Jackson



Daniel Jirak



Nicholas
Johannes



Anna Johanson



Alexander
Johnson



Briita Johnson



Kaylee Johnson



Sara Johnston



Lynne Kaluwe



Andrew Kari



Derek Kasper



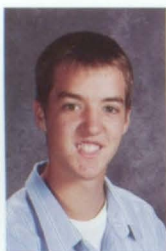
Damara Kautz



Lauren Kessler



Mackenzie
Kessler



Todd Kessler



Grant
Kinnamon



Daniel
Kledzinski



Derek Knuti



Dexter Kolles



Kaitlin Kolstad



Wesley Kotila



Sarah Kraft



Abby Krueger



Tasia Kurry



Daniel Kurth



Bridget La
Vallee



Brian Lampert



Jenny Lee



William Lee



Rebecca Legatt



Amanda
Lenneman



Theodore
Lenneman



Kyle Loaney



Brady Logan



Nathan
Luhmann



Kathryn
Mabusth



Cameron Malek



Tyler Mantry



Jonathan
Marcks



Nicole
Marquette



Alyssa
Martinson



Jeffrey Mc
Carthy



Ryan Mc Coy



Nicole Mc Donald



Amanda Mc Lain



Caitlin Mc Nelly



Christopher Mc Nulty



Jennifer Miller



Joshua Miller



Kayla Miller



Michelle Mills



Tyler Montry



Rachael Muehring



Deal Naphosaysavat



Reid Nelles



Lucas Nelson



Andrew Nordby



Zachary Nordstrom



Felicia Norton



Kyle Novotny



Nicholas Nygaard



Anthony Nygren



Stephanie Ohnemus



Jonathan Oltman



Amber Ooley



Megan Osborn



Amy Packa



Kristen Panning



Courtney Parker



Sandy Pathoumthong



Christopher Paulsen



Kyle Paulson



Jessica Peterson



Natasha Peterson



Tyler Peterson-Liu



Michael Phommasak



Virakone Phomtalikhith



Napaporn
Phothirath



Jacob Pinska



Brian Pounds



David Prather



Gregory
Quenemoen



Katherine Raab



Thomas Raker



Lizeth Ramirez



Danielle Reese



Courtney
Reinking



Kyle Robeck



Marina Roberts



Krista Roden



Erik Rostamo



Theodore
Rothstein



Isra Salem



Keith
Samuelson



Tiffany Saysithi



Vilaphone
Saysithi



Bryant Scannell



Drew Schirmers



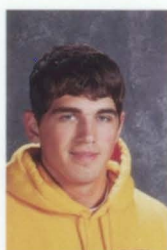
Kaeli Schmidt



Brant Schreder



Cory Schultz



Kyle Schumm



Travis See



Lisa Servaty



Nicole Sheets



Zachary Shorter



Jane Simon



Jesse Slimmer



Ryan Slyter



Timothy Snaza



Abigail Solem



Cindy
Soukhanouvong



Nick Steffen



Gayle Steffens



Luke Steffens



Nicole Steffens



Samantha Stepp



Justin Stewart



Brittany Stumpf



Kara Sturos



Thavani
Tamaldeo



Joseph Taylor



Adam Tessmer



Brianna Tharp-
Holcombe



Samantha
Thomas



Alexis
Thompson



Justin
Thompson



Amanda Tolin



Joseph
Tomlinson



Hali Toutloff



Marissa
Treptau



Jessica
Turnquist



Patrick
Valentine



Jayna Valerius



Hue Vang



Bethany Vetsch



Brian Vo



Jonathan
Vongsouvanh



Jacob
Vorderbruggen



Daniel Wacker



Theodore
Wallace



Jesse Wallender



Michael
Wallender



Breane Watters



Dustin Watters



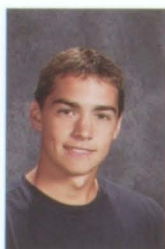
Kelsey Weitzel



Ashley Welsh



Shelby Wenz



Alexander
Westland



Krysta Willis



Zachary Willis



Nicholas
Winkelman



Kevin Witt-
Edstrom



Aaron Woytke



Andrew Wruck



Brittney Yunker



Josette
Zachman



Lauren Zahler

JUNIORS

39% say your favorite color is blue

18% agree that snowboarding is the best sport

14% chose SNAP as your favorite class

21% of you think subs are the best school lunch

21% say Superman is the best Superhero

32% of you go to bed at 12:00 or later

68% said comedies are the best movies to watch

71% prefer Target over Walmart

29% would rather watch Lord of the Rings, than Stars Wars

A WORD TO DESCRIBE JUNIOR YEAR

DRAMA

INTENSE

SPEECHLESS

WOW

SWEET

YOUR FANTASY HOMECOMING KING AND QUEEN:

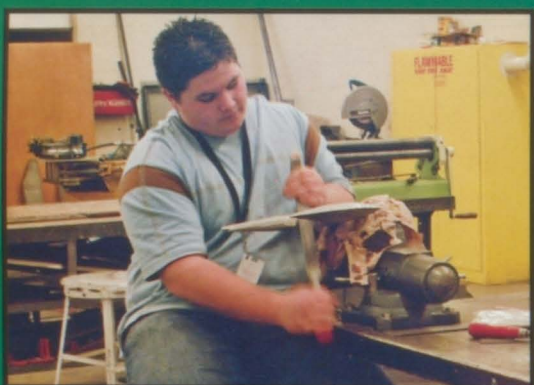


KING
ALADDIN



QUEEN
CINDERELLA

Sophomores



Kaleb Aalderks



Hilary Aarons



Caitlin Abrams



Spencer Adam



Katlin Adamski



Abigail Ahner



Beatriz
Altamirano



Katherine
Alvarado



Sean Amy



Brian Anderson



Jessica
Anderson



Kathrine
Anderson



Kyle Anderson



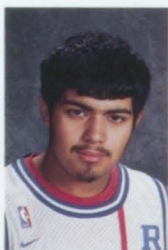
Joshua
Anfinson



Karly Anonsen



David Arlt



Ernesto Arriaga



Jordan
Backhaus



Allison Bandy



Ivan Barrera

Class of 2009



Dillon Barron



Courtney
Barthel



Joseph Barthel



Kasandra
Barthel



Cole Bauer



Samuel Baugh



Megan Beaudry



Kayla Bechtold



Madisson
Beecher



Irene Bell



Brittany Bentley



Tyler
Bergstrand



Gage Bergstrom



Troy Bergstrom



Brittany
Berning



Lindsay
Berning



Maria Berning



Bailey Bertsch



Derrick Besser



Sarah Bivans



Aaron Boese



Melanie Bolson



Gina Bongaarts



David
Borchardt



Andrew Boyd



Jessica
Braithwaite



Sebastian
Briggs



Wendy Brown



Amy Bruner



Kirsten
Brunette



Keyaira
Buckley



Madison
Bullock IV



Anna Burchett



Alycia Bydlon



Joseph
Chatterton



Courtney
Childs



David
Christenson



Angela Chuba



Brennen Cieslak



Alex Clover



Brandi Cole



Julia Collier



Wesley Connel



Taryn Courier



Katelyn Craft



Gage Cramer



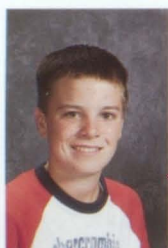
Rebecca Crowe



C.J. Cusey



Henry Dalbec



Travis Dalbec



Ashley Dale



Claire Daleiden



William
Daleiden



Dane Dehmer



Jason Dehmer



Jill Des Camp



Adam Deters



Samantha Dick



Kirby
Dingmann



Ian Dizick



Cameron
Dobson



Patricia Doe



Blake Doerfle



Matthew
Dooley



Jannel Duda



Shawnell
Dunbar



Taylor Dutton



Aaron Dwinnell



Perry Eggert



Michael Eid



Brian Ende



Cory Erickson



Erin Erickson



Cole Eull



Scott Eull



Kelly Evavold



Maria Fehn



Christine Ferry



Breann
Fitzgerald



Craig Flaherty



Michael Flavin



Becky Fox



Tyler Franzen



Ross Fricke



Grant
Friendshuh



Kelly Galvin



Meghann
Gardner



Vanessa
Gindele



Ryan Gleason



Courtney Goeb



Samantha
Goude



Logan Graham



Jenna
Gullickson



Stephanie
Guzman



Daniel
Hackenmueller



Emily
Hackenmueller



Jarek
Hackenmueller



Nicole
Hackenmueller



Matthew Hagen



Ryan Hagerty



Allison Hall



Christian
Halper



Katelyn
Handberg



Amanda
Hansen



Stacey Hare



Jonelle Harren



Stephen Hastings



Erika Heieie



Connie Helgeson



Sarah Helgeson



Matthew Henrickson



Caleb Hensel



Andrew Hester



Troy Heuring



Nick Hill



Anthony Hilten



Daniel Hlad



Aric Hoeschen



Zachary Hollermann



Jacob Horn



Kaitlyn Hukriede



Amelia Johnson



Katherine Johnson



Melanie Johnson



Stacie Johnson



Eric Johnston



Kevin Jonell



Danielle Jones



Thomas Jossart



Aaron Kaiaher



Aaron Kalahar



Ahmed Kamara



Ashley Kari



Nicholas Kaufman



Sam Keller



Kyle Kelly



Thomas Kessler



Katie Kilian



Samantha Kirchberg



Sara Kleist



Stephanie Kleist



Meghan Kleven



Kyle Knock



Allison Knutsen



Max Kolles



Briana Kottke



Dustin Kottke



Kayla Kunesh



Becky Kuusi



Christina La
Posa



Crystal Lee



Amelia Leuer



Cainon Lewis



Carl Lian



Eric
Lindenfelser



Kaitlin Linder



James Lindquist



Amanda Long



Daniel Long



Trever Lucken



Paige Lundeen



Arielle Majors



Taryn Malerich



Adam Malpass



Harrison
Markham



Amy Marron



Shelby
Martinson



Jacob Maschoff



Samantha
Maske



Jonathan
Mathis



Lauren Mauer



Angela
Mazzuca



Melissa Mc
Cann



Cameron Mc
Cullough



Meghan Mc
Donald



Kelsey Mc
Kellips



Megan Merkl



Zachary Metz



Karisa Michaud



Cameron Miller



Patrick Miller



Trevin Miller



Razia Mobin



Emily Moritz



Amanda Mozis



Kristen Mozis



Erin Mulcahey



Kevin Nelson



Daniel Nerdahl



Lauren
Neumann



Abby Newman



Andrew
Nguyen



Joshua
Nordstrom



Lindsay
O'Connor



Marie O'Neil



Clare O'Neill



Anna Packa



Christopher
Palermo



Cody Palmer



Kaila Pazen



William
Pearson



Alexa Peloquin



Benjamin
Peltier



Alexis Peterson



Ashley Pierson



Preston
Prebonich



Meghan Quinn



Steven Quist



Tayler
Rasmussen



Nels Rasmussen



Allesia Rausch



Samantha Reid



Brock
Reinschmidt



Kristana
Reischel



Joshua Resch



Megan
Richardson



Abby Robeck



Demila Rochow



Kayla Roden



Shelby Rogers



Trevor Rogers



Kristina Rohrer



Maria Rosales



Chad Rose



Leah Royseth



Bethany
Rynders



Basheer Salem



Carl Salonek



Rebeca
Sampson



Nicholas
Santrizos



Jerome Sargent



Adriana
Saucedo



Jared
Schaapveld



Jordan Scherber



Joshua Scherr



Colin Schmidt



Logan Schmidt



Jamie Schoen



Alanna
Schoenborn



Hali Scott



Hayley Setzer



Meggan
Shustarich



Jaclyn
Silbernagel



Sarah Simonsen



Joseph Smith



Alejandro
Soledad



Sara
Stackhouse



Victor Stark



Dustin Steffens



Tiffany Steinke



Travis Stott



Kaitlyn Sturos



Brandon
Swanson



Cassandra
Swenson



Elaine Terry



Judy Thao



Nicole Theisen



Dustin Thelen



David Thorn



Kaylee Thurber



Amanda
Thurmes



Andrea
Thurmes



Andrew Tilbury



Anthony
Trudeau



Nathan Ulen



Victoria Upegui



Anna Valerius



Sarah Valley



John Van
Drasek



Kim Van Dusen



Kathryn Vance



Kou Vang



Peng Vang



Steven Vanvleet



Brandon
Varness



Melanie
Vazquez



Stephanie
Vazquez



Samantha
Veenhuis



Ashley
Vongsouvanh



Matthew
Walberg



Anthony
Wallace



Chelsea Watters



John Weber



Rachel
Weidenbacher



Austin
Westland



Brittani Wiese



Robin
Winkelman



Rebecca
Woodis



Samantha
Workman



Miranda
Wukawitz



Bradley Wulf



Brandon Wulf



Catherine
Yager



Amy Zachman



Ashley
Zachman



Derrick
Zachman



Jared Zachman



Jesse Zachman



Kara Zachman



Nicholas
Zachman



Vanessa
Zachman



Evan
Zachmann



Mark
Zachmann



Victoria Zaiger



Kathleen
Zehowski



Mark Zinken



Travis Zopfi

SOPHOMORES

SOPHOMORES

609

A WORD TO DESCRIBE SOPHOMORE YEAR

CRAZY

ADVENTURE

EASY

SURPRISING

GOOFY

24% say your favorite color is green

24% agree that soccer is the best sport

18% chose either photo or gym as your favorite class

35% said horrors are the best movies to watch

24% of you think subs are the best school lunch

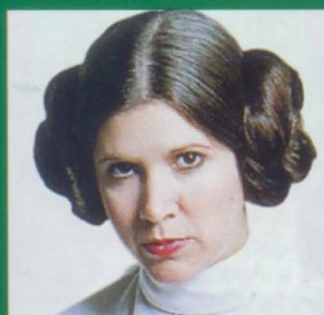
47% of you are in bed before 10:00

24% say Spiderman is the best Superhero

82% prefer Target over Walmart

41% would rather watch Lord of the Rings, than Stars Wars

YOUR FANTASY HOMECOMING KING AND QUEEN:



**QUEEN
PRINCESS LEIA**



**KING
NAPOLEON DYNAMITE**

Freshmen Class of 2010



Savannah
Alderks



Kallie Adams



Cameron
Agnew



Valeria
Altamirano



Kwaku Amoah



Ashley Amos



Amanda
Anderson



Drew Anderson



Kjersten
Anderson



Trenton Apple



Jakob Augustin



Jacob Autio



Jennifer
Balcome



Brandon Barr



Alyssa Barthel



Nicole Barthel



Renee
Bartholomew



Sarah Bauer



Brett Bauman



Jonathan
Bebeau





Matthew Beck



Anna Becker



Cory Becker



Raymond Bell



Alexis Bentley



Amy Berg



Derick Berhow



Lance Bernaix



Lauren Bertek



Sarah Blomberg



Nicole Bloms



Alivia Boddie



Samuel Boisner



Tanner
Bonnema



Osei Bonsu



Jack Boone



Angela Bovee



Jamie Brant



Derek Bray



Matthew
Brewer



Kyle Bridell



Jacob Brown



Lakesha Brown



Kayla Buckley



Sarah Budde



Devin Burri



Katie
Butkowski



Taryn Butler



Alanna
Caballero



Jordan Campa



Dillon Cantin



Bryton Carlson



Bailey
Cartwright



Kaitlyn Castle



Brandon
Chretien



Taylor
Christensen



Janell Chrobak



Andrew Clark



Jasmine Clark



Jason Cole



Jamie Coles



Daniel Coquyt



Nicaela Cote



Megan Cox



Jena Curry



Curtis Daleiden



Emily Daleiden



Kaycee Davis



John De Lozier



Jessica Decker



Arielle Deckert



Jared Dehmer



Tori Deloy



Kevin Diers



Alicia Dold



Kelsey Dolge



Hogan
Domagala



Sarah Donlon



Cody
Dorumsgaard



Tanner Doty



Jacob Drimel



Joshua Duffy



Teresa Edelman



Marty Edgett



Nicholas
Edmondson



Michael
Erdmann



Evan Eull



Victoria Eull



Alyssa Evenstad



Kindra
Fairburn



Thomas
Fasching



Samantha
Ferbuyt



Brittney
Ferguson



Tate Fernholz



Paula
Fischbach



Alexander
Fischer



Jazmine Fisher



Chanell Fitch



Dalton Forness



Kara Foster



David Fox



Alan Frank



Mark Frank



Logan Freeman



Dustin Fuchs



James
Gallagher



Jose Garcia



Alayna Gifford



Zachary
Gisvold



Rebecca Glasser



Morgan
Glowac



Aleksandr
Godnyuk



Yevgeniy
Godnyuk



Sarah Gohde



Crystal
Gonzalez



Alexis Graf



Halee Gravich



Dustin Green



Stephanie
Halper



Joshua
Halverson



Alyssa Hanks



Casey Harper



Derek Harren



Nicholas
Harrington



Ashley
Harwood



Renee
Hattenberger



Lauren Head



Taylor Hedlund



Lucas Hegland



Derek Hein



Kong Her



Brent Holland



Bryan Holland



Janelle
Holloway



Erin Holslin



Benjamin Horn



Alexis Houle



Stephanie
Huber



Miranda Hull



Cassandra
Jankord



Zachary Jesser



Gary Johnson



Jordan Johnson



Danielle
Johnston



Jesse Julson



Adam Kastner



Kalib Kautz



Abigail Kelly



Michael Kelly



Alexandria
Kelter



Karina Kerber



William Kersch



Ryan Kessler



Samuel Kessler



Katherine
Khatthavong



Jack Kiesner



Austin Klatke



Samuel
Klinkhammer



Jacob Kododo



Holly Kotila



Rebecca
Kramer



Tanner Krutzig



Carah
Kucharski



Morgan Kulzer



Tanner Lallak



Katelyn
Laudenbach



Nicholas
Lavrenz



Ryan Le Claire



Jacob Ledo



Diamonique
Lee



Marshall Lee



Michael Lee



Michelle Lee



Steven Lee



Nathan
Lenneman



Sarah
Lenneman



Tyler
Lenneman



Allison Levey



Shane
Lewandoski



Ashley Lewis



Nicholas Liebelt



Keith
Lindenfelser



Shana
Lindenfelser



Sheila
Lindenfelser



Matthew Logan



Patrick
Mabusth



Tyler
Malkowiak



Patrick Malone



Kathryn
Mangan



Taylor Marsh



Alec Marshall



William
Marshall



Jack Mason



Alina
Matveyeva



John Mc Cabe



Kelly Mc Coy



Grant Mc Eachern



Nadia Mc Eachern



Julian Mc Garvey



Regan Mc Gowan



Kelly Mc Kay



Kelsey Metz



Daniel Michaelson



Jay Mills



Jack Mooney



Martin Mueller



Jakob Munson



Brian Neary



Gabrielle Nelson



Christine Ness



Tyler Newborg



Arianna Nielsen



Jocelyn Nordin



Katherine Novicky



Brenatha Nyenatee



Emily Nygaard



Kevin O'Donnell



Anna Odegard



Christopher Odegard



Jesse Oliver



Mitchel Olson



Samara Oman



Nicholas Ooley



Brian Oudavanh



Jennifer Panuska



Michael Panuska



Sam Papa-Richardson



Samuel Papas



John Patnode



Brian Pauling



Justin Pearson



Branden
Philavanh



Janessa Piersiak



Tiffany Pittman



Cassandra
Poland



Rachel Potter



Danielle Pount



Justin Quade



Elizabeth Quinn



Meghan Quinn



Jose Ramirez



Jessica Ratke



Raphael
Raygoza



Maggie Reilly



Shawn
Reimann



Cameron
Renstrom



Danielle
Renstrom



Randi Riewer



Blake Riggs



Trevor Riles



Gelson Rivera



Elizabeth
Robeck



Luke Robeck



Nathan Robeck



Kevin Roberts



Michelle
Robertus



Brigetta Roden



Alyssa
Rodriguez



Magdalean
Rodriguez



Raquel
Roschen-



Carly Rothstein



Hannah Salen



Kyle Salonek



Ashley Saysithi



Joshua
Schaeftbauer



Ryan Scharlau



Cody Scherber



Blake Schirmers



Jesse Schmidt



Jordan Schmidt



Kraig Schumm



Heide See



Rachel Selvig



Emily Senta



Cecelia Shettel



Sina Shorter



Emily Slagle



Jon Slimmer



Brandon Smith



Eric Smith



Jonathan Smith



Joshua Smith



Khanekeo
Soukhanouvon



Kelsey Squires



Andrea Stauff



Tylor Steffens



Joe Stepanek



Mickeal Stewart



Michael Stine



Sarah Streitman



Kacie Sutton



Melissa Taylor



Kristie Tessmer



Amber
Thompson



Andrew
Thompson



Coley
Thompson



Shane
Thompson



Ashley
Thurman



Paige Timm



Anthony
Trebesch



Jacob Turnquist



Natalie Valerius



Teri Van Dale



Joseph Vanscoy



Mitchell
Veronikas



Dalton Vetsch



Tayler Vetsch



Michael
Volkmeier



Ashley Vorlicek



Zachary Voss



Samantha
Warren



Logan Watters



Steven
Wendroth



Ellie Wheeler



Amy Wilson



Kayla Winters



Tiffany Wiskur



Candice Woods



Amanda
Wurdeman



Lauren Ybarra



Jon Youmans



Whitney
Zachman



Brandon
Zimmer

FRESHMAN

610

27% say your favorite color is pink

27% agree that basketball is the best sport

18% chose lunch as your favorite class

27% of you think tacos are the best school lunch

27% say Spiderman is the best Superhero

45% of you are in bed before 10:00

A WORD TO DESCRIBE FRESHMAN YEAR

UH-OH!

EASY

UNEVENTFUL

FUN

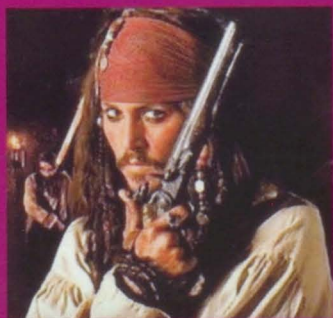
INTERESTING

36% said actions are the best movies to watch

50% prefer Walmart over Target

55% would rather watch Lord of the Rings, than Stars Wars

YOUR FANTASY HOMECOMING KING AND QUEEN:

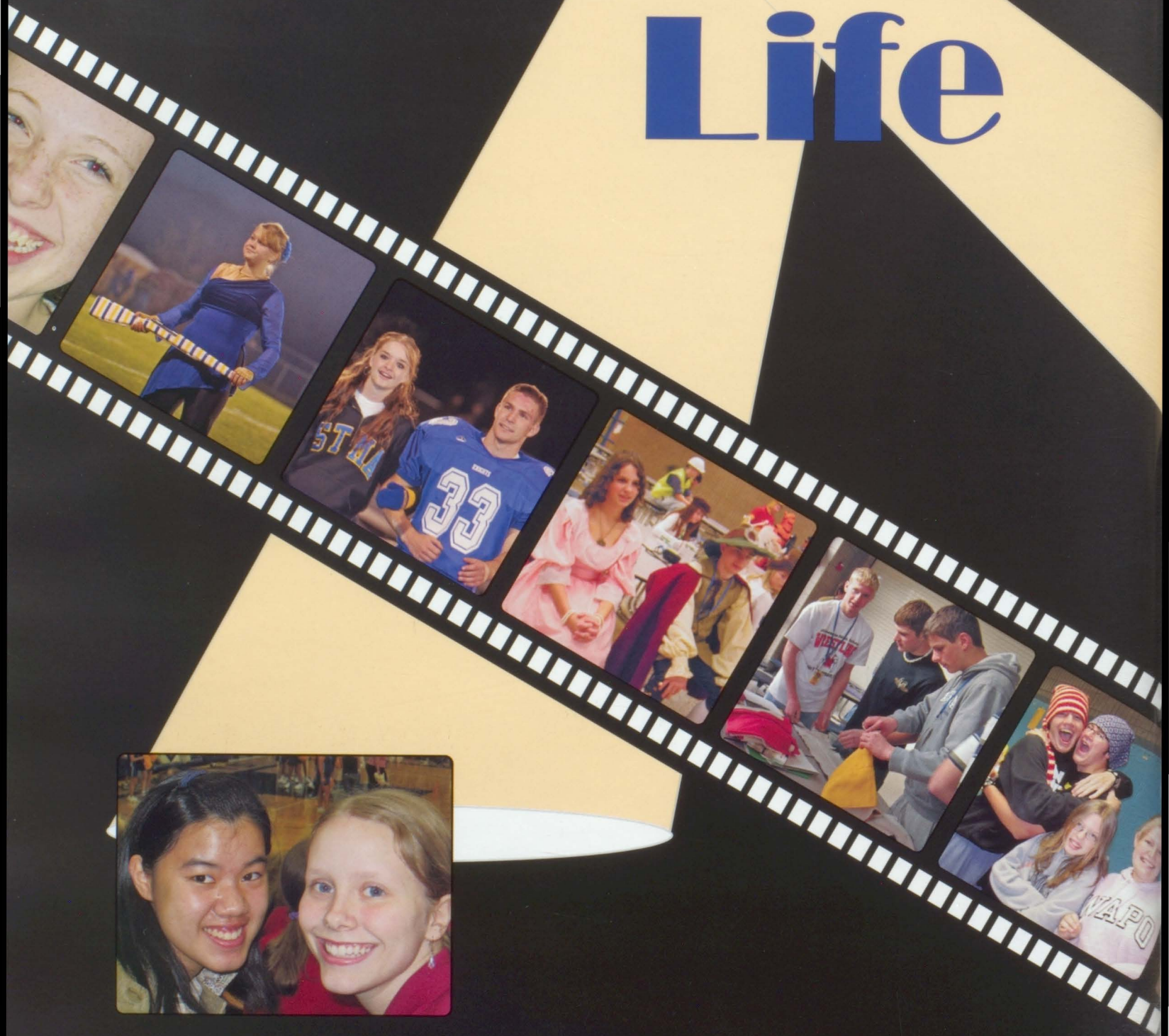


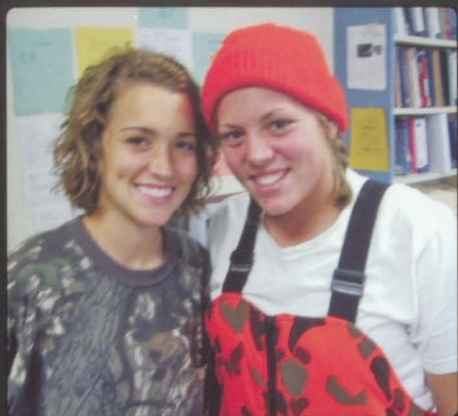
**KING
JACK SPARROW**



**QUEEN
TINKERBELL**

Student Life





i KNOW WHAT YOU DiD LAST SUMMER...



Above: Anna Schutt, Paige Lundeen, Ashley Girard, Alexx Rammer, Annie Haefner and Abby Robeck hang out on the geo-dome at the Albertville Lions Park. Over the summer, the girls went to the park for fun.



Above: Megan Beaudry and Emily Nygaard run the 5K race for St. Michael Days.

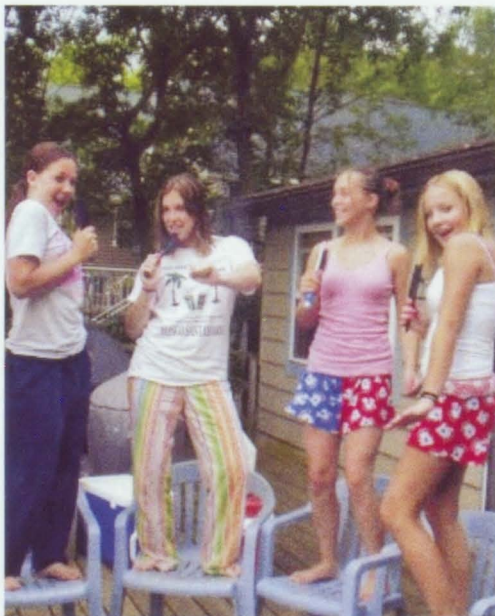


Above: Spanish II and III students enjoy a trip to Costa Rica. Some of the activities they participated in included a canopy tour, seeing the ocean and touring a volcano.

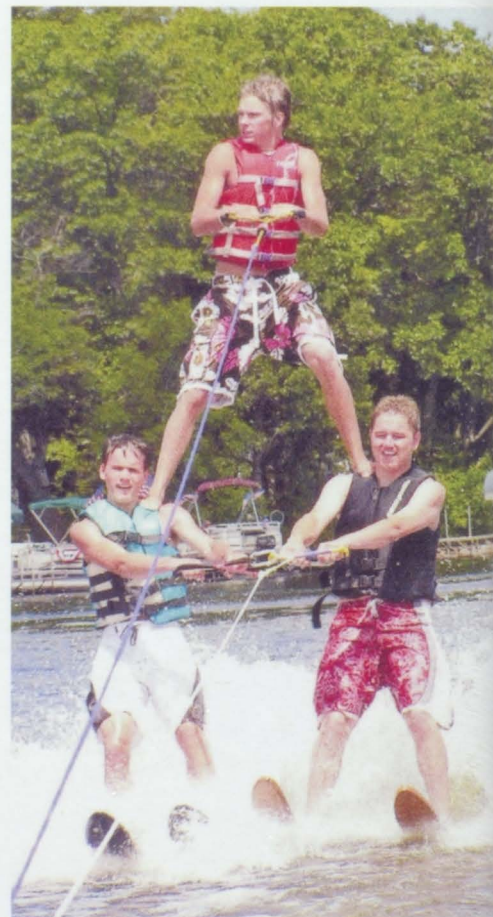


Above: Sarah Gindele and Robyn Van Drasek work on their tans at the beach.

This summer, a select group of French students got to travel to France for a week. While there they toured Paris, Versailles, several castles, a winery and Normandy. Pictured here are students Cain Lewis, Megan Brown, Rebecca Michaelson, Razia Mobin and Laura Robertus.



Above: Summer dance...karaoke....pajama party. Doesn't matter which, it looks like these girls are having some fun.



Right: Reid Nelles shows us just how cool he is. This summer he and Evan Zachman spent a lot of time at the lake perfecting their water skiing stunts.

March of The Knights

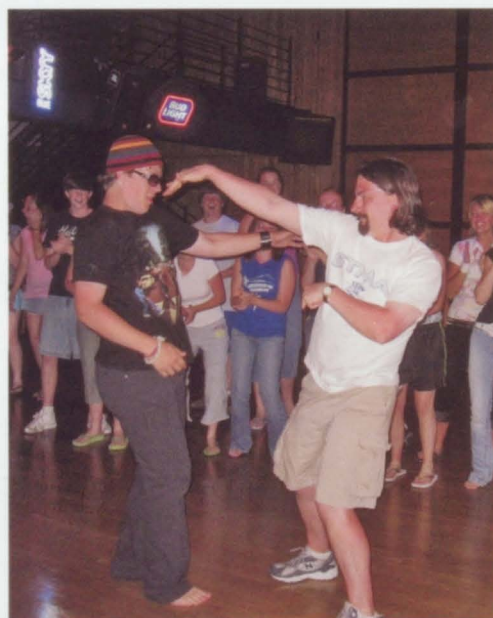
The marching band's brass section shows great concentration during a summer parade. Their slogan this year was "Blow it Out Your Brass". The marching band performed the Spanish song "Estancia" and they marched in a total of eight parades this summer.



Alex Johnson, Steve Minkler and Mr. Bergstrom are penalized with push-ups for being late for an afternoon marching band meeting.



Above: Colorguard members pose at the final parade in Delano on the fourth of July. This was the first year that STMA had males participate in colorguard.



Above: One time at band camp...Zac Shorter and Mr. Bergstrom performed in a dance-off. The results were too close to call, and voters couldn't decide - it was a tie!

Left: Assistant captain, Katy Kolstad, marches at attention during the cadence. This was Katy's third year in color guard.



Above: The honor guard and drum line start the awards ceremony at the Albertville Parade. There were a total of five bands there.



Above: Our amazing drum major, Nikki Zeleny, leads the marching band down Main Street.

FIRST DAY OF

Right: Laura, Lauren, Rebecca, Jessica and Krissa meet in the senior hallway before heading to SNAP. This summer they enjoyed hanging out at Lauren's house.

Below: Good friends relax at the lunch table on the first day of school. As always, friends were excited to find out that they had lunch together first quarter.



Above: The cheerleaders do a dance to liven up the crowd. Student Council put together several activities in which the grades competed head-to-head at the annual first day of school pep fest.

Right: Dalton Forness and Patrick Malone enjoy lunch on the first day. Dalton says he brings a bag lunch to school every day.

Far Right: "All is well, all is well. The first day of school is always a party." Most students would agree that the best part of the first day is coming back and seeing all their friends.

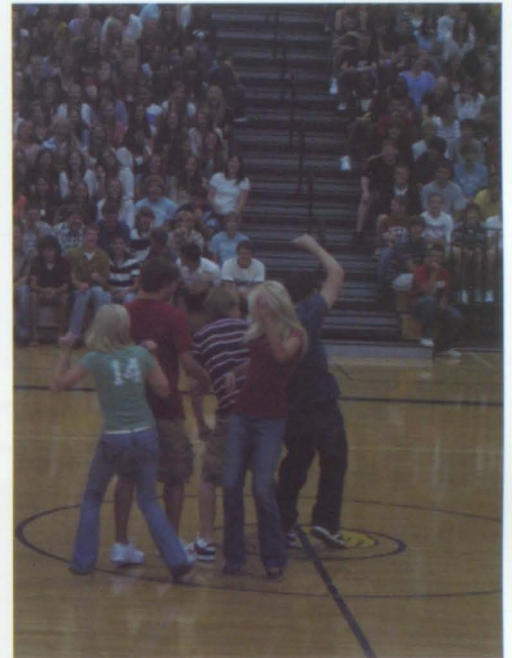


SCHOOL 2006



Left: Students wait patiently in the lunch line on the first day. The cafeteria "spiced" things up a bit this year by expanding the options students have to eat each day, including up to three different choices for a main dish.

Below: The sophomores rock the house (or rather the gymnasium) with their dance skills. Sebastian Briggs wowed everyone when he stepped it up and helped his grade take second place.



Above: Seniors show off their dance moves at the first day pep rally. They danced to the song "Tanto Jump On."



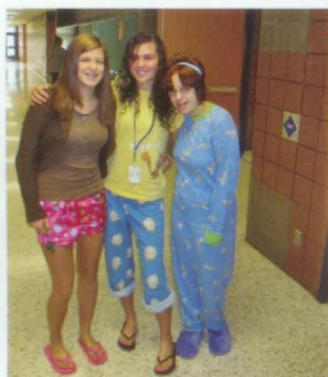
Far Left: Alyssa Gallagher stops at her locker to put her things away. As a junior, Alyssa was excited to come back and see all of her friends and participate in some fun electives.

Left: Michael, Cameron, and Marshall wait in line for lunch. All three thought it was cool that they could see their friends every day now that school had started.

HOME COMING

Right: This group came to school decked out in their blue and gold shirts. Some of them decided to decorate their shirts with a can of Raid demonstrating that the Knights were going to "kill the Hornets."

Below: Kate Mabusth performs as part of Colorguard during the half-time performance.



Above: Don't these girls look comfy? As is tradition, Monday was once again PJ day during Homecoming week.



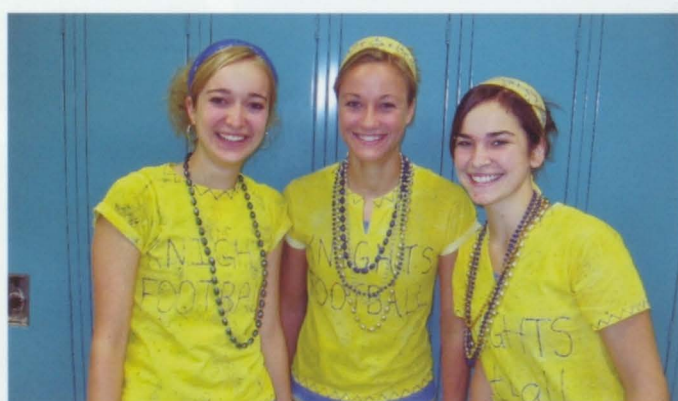
Above: What? I don't see anything. This year NHS designated one of our homecoming dress up days as camo wear.



Above: A group of Freshmen boys stop goofing for a moment to take a photo. They showed a lot of school spirit by displaying their blue and gold colors.

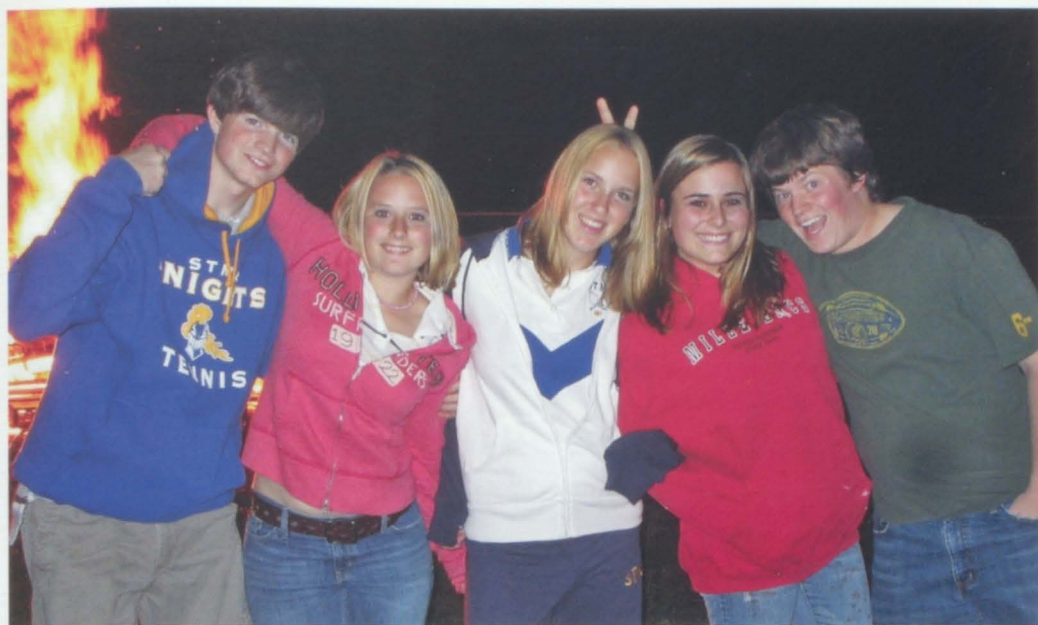


Above: The fast food crew: Christie and Marina Roberts and Shelby Wenz. Marina doesn't actually work at Subway, she just borrowed the outfit from Shelby. She actually works at Culvers.



Above: Sophomores Alanna Schoenborn, Jaclyn Silbernagel and Chelsea Watters show off their school spirit. They all got together to decorate their shirts at Jaclyn's house.

WEEK

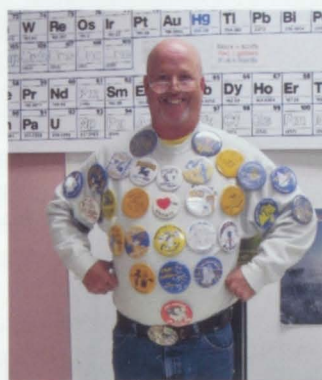


Left: These students enjoy themselves at the pre-game bonfire. Every year after the volleyball game, students gather behind the parking lot for music, dancing, smores, warmth and tons of fun!

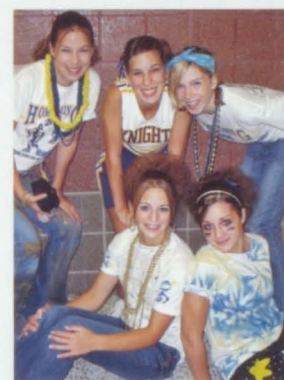
Below: Alyssa Gallagher performs with the rest of the Colorguard during halftime at the homecoming football game.



Above: Fans show their support for the senior players out on the field. This year there was a faithful group of fans who made an appearance at every game.



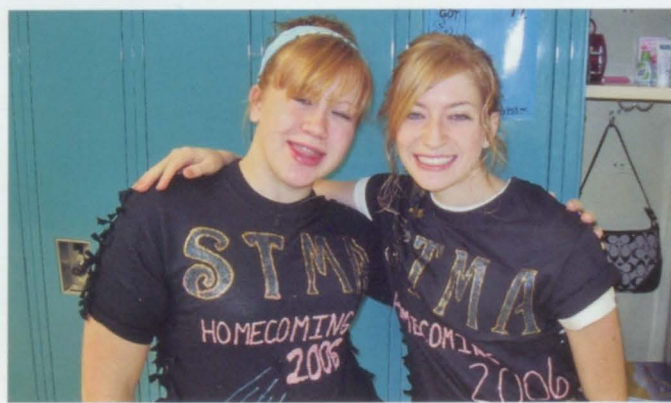
Above: Mr. Abrahamson shows off his homecoming pin collection. He has one pin for every homecoming from the past 20 years!



Above: Five fabulous looking girls on homecoming morning. Later that day was the pepfest which was attended by most of the student body.

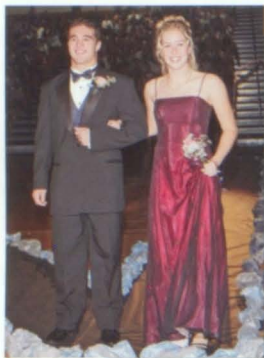


Above: Seniors Kelsie, Robyn, Sarah and Laura arrive to the game early to make sure they get good seats. After the game they all went to the second annual Homecoming Dance and danced the night away.



Above: Kaylee Johnson and Ashley Harrington made matching shirts to wear for Friday. Neither could wait for that night when they could go to the game and do some dancing.

Homecoming Royalty 2006



Whitney Ann
Rathbun
escorted by
Lowell Vincent
Zachman



Above: The Queen hopefuls give a smile before heading in to find out who won. All the girls had fun getting prettied-up that morning for the crowning.



Above: Sara and Robert take their first walk together as King and Queen.

Naomi
Gladice
Nordin
escorted by
Robert Jang-
Ho Swansen



Above: Sharp looking King candidates show off their style before the ceremony. The day before some were slightly nervous and even told other students not to vote for them.

Right: A jazz ensemble led by Mr. Bergstrom provided music before the ceremony. Some of the songs they did were "Charlie Jams Again" and "Tadpole Blues."



Sara Marie
Delozier
escorted by
Riley Martin
Kessler



Rebekka
Marian
Jossart
escorted by
Nathan Allen
Koep



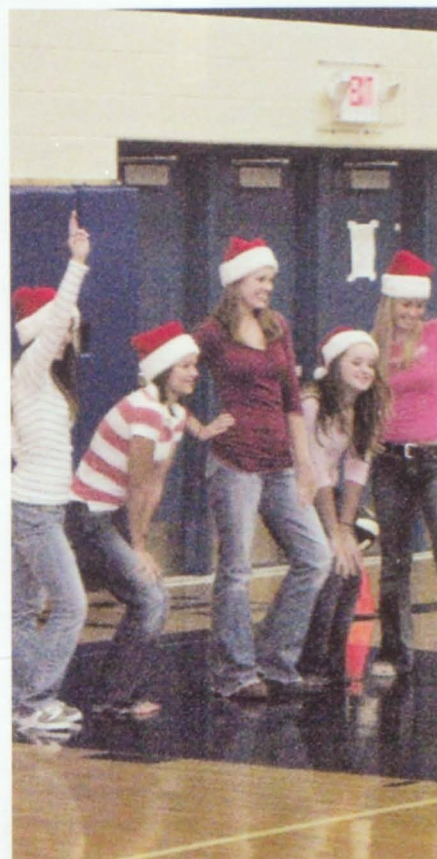
Katie
Elizabeth
Zachman
escorted by
Brian Joseph
Zachman



Above: After the ceremony all of the candidates got together for one last group photo. Everyone thought the ceremony went well and were happy to have shared the experience with their family and friends.



Left: The nominees are still in a slight daze. Student council members gave them a bright and early wake-up call at 5:30 a.m. to let them know that they were the official 2006 Homecoming candidates.



Right: The girls perform their own little rendition of "Jingle Bell Rock" to add some humor to their skit. They got the idea from the movie "Mean Girls."



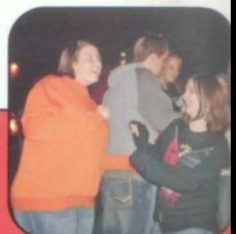
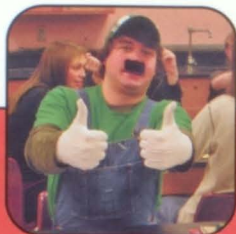
Right: "Lifeguard" Robert carefully watches Brian as he attempts to swim in the pool. The boys performed "Lifeguard on Duty", a skit that they found on-line. Bottom line is, it was some pretty funny stuff!

Right: Queen Sara DeLozier and King Robert Swansen walk onto the football field at the Homecoming game against the Big Lake Hornets.



Right: The girls attend a "slumber party." They had fun laughing at their escorts, saying they had long arms, were show-offs, or mumbled too much.

Right: Junior Royalty Josie Bovee is escorted by Nathan Nygaard down the walkway. They had a lot of fun, but were a bit nervous to walk out in front of all the "big kids."



Above: Lisa Servaty and Gayle Steffens team up as Presidential secret service personnel for Halloween.

FALL DAYS



Above: Sophomore cross country runners Leah Royseth and Hali Scott warm up by the fire. They both enjoyed the music from the DJ and a cup of free hot chocolate.



Above: Senior Amanda Zimmer strikes a "witchy" pose for the camera. This year STMA hosted its first annual costume contest in which students competed in different categories such as scariest and most original.

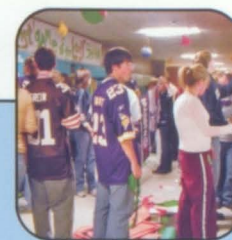
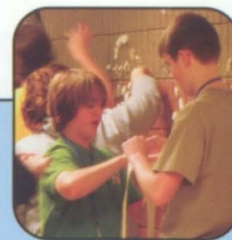


Above: A group of friends show how to really get into the Halloween spirit. Each one of them sported a very unique costume that suited their personalities...or maybe they were just having some fun!



Right: Grant McEachern is our "Knight in Shining Armor". On second thought, it's probably better if he left that to Prince Charming.





WINTER WEEK



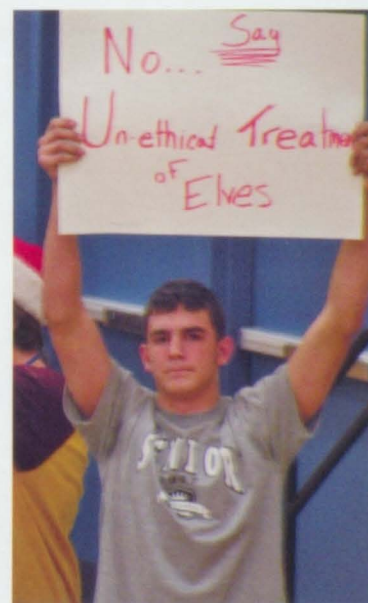
Above: The Freshmen theme for Deck the Halls was "Nightmare Before Christmas." They fell a little short this year, losing to the Junior's Rock n' Roll Holidays featuring "The Naughty List."



Above: Reid Nelles works with friends to make scarves for the Mitten Tree. The Mitten Tree is an annual event for STMA students and the winter wear collected is donated to those in need.



Above: Jeremy Kuhn, Cory Kessler, Robert Swansen and Isaac Saville are all "Momma's Boys".



Above: Seniors Darrick, Ashley, Kate and Robyn are auctioned off at STMA's annual Elf Auction. This year the auction raised over \$3,000 for the American Cancer Society.

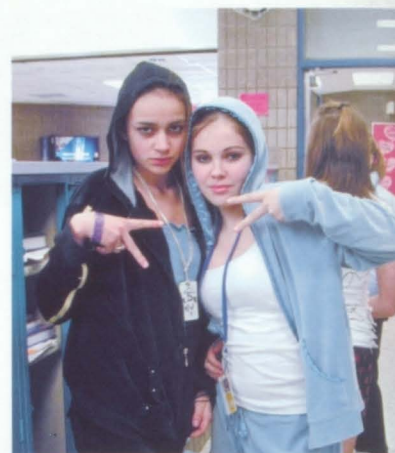
Left: Jason Dearing is excited to be an elf his Senior year.

Below: Gymnastic co-captains Katie Kilian and Alicia Traut give a re-cap of their season. They were joined by all of the winter sports and club captains.



Above: The dance team performs their routine at the Winter Pep Fest held on Friday.

Below: Freshmen Jazmine Fisher and Janelle Holloway give us some "gangsta" poses on ensemble day.



Below: Jeremy Kuhn and his senior friends dressed as Jesus and the 12 Disciples for Ensemble Day.



SNOW DAYS

Snow Week Royalty

Queen:
Brittany Barr

Princess:
Anna Johanson

Duchess:
Allesia Rausch

Jester:
Heide See

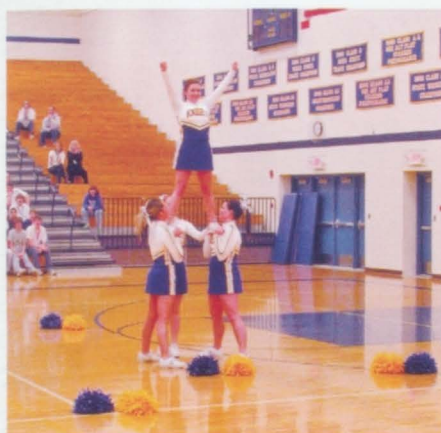


King:
Isaac Saville

Prince:
Lucas Nelson

Duke:
Evan Zachmann

Jester:
Jack Boone



Above: Snow Week candidates line up for the relay race. Earlier in the week all the contestants had to perform an original skit for the student body.

Left: The cheerleaders pep up the crowd. This year the winter cheerleaders, led by a new coach, learned to perform stunts.



Above: The Disney Princesses flash a smile Thursday morning before SNAP.



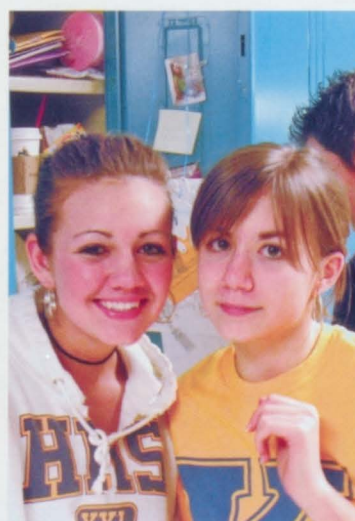
Left: Samantha Thomas sets up decorations for the annual Blizzard Bash. The Bash is a fun-filled night which includes a movie, games and a dance to wrap up the week's activities.



Above: Seniors get ready to face off in volleyball. All week the NHS was hard at work coordinating the different activities around school including the pep fest and its performances. Season updates and games concluded winter week.



Above: Allison Levey shows off her outfit for Striped/Polka-Dot Tuesday.



Left: Kate Mabusth and Krysta Willis make a pit-stop at their locker on Spirit Day. Krysta wears this year's Knights shirt with the sweet saying on the back: "There are three certainties in life... death, taxes and getting beat by

Foreign Exchange



Raul Pineda
Ecuador



Ida Aanes
Norway



Cosima Kafka
Germany



Charlotte Skarpeteig
Sweden



Wannisa (Fai)
Aurareevorakul
Thailand

Each year the STMA Senior class gains a few extra members. These students come from around the world through the foreign exchange program. During this year abroad they are able to learn about the American culture as they experience it, as well as share with us a bit of their own.

"My favorite class is Broadcast Journalism, because video editing is just fun." Cosima



Tony Sorowka
Germany

"I love the freedom and math, because it's easier than in Thailand." Fai

Are There Ways STMA is Different Than Your Old School?

Only one level

I.D. tags

Lunches

SNAP

No break in between classes

Most students drive

Fun electives

Many lockers

Many extracirricular activites

Many more students and teachers

Basically Everything is Different!

Activities Involved In:

Musical

Choir

Cross Country

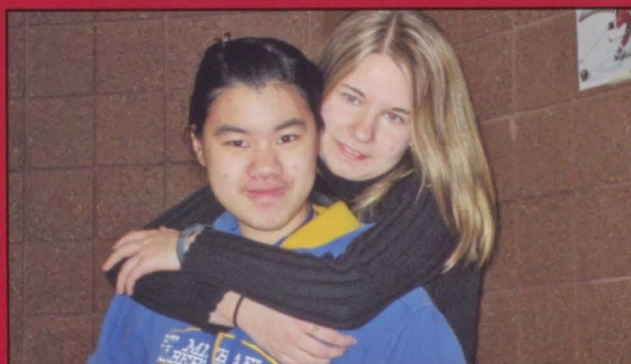
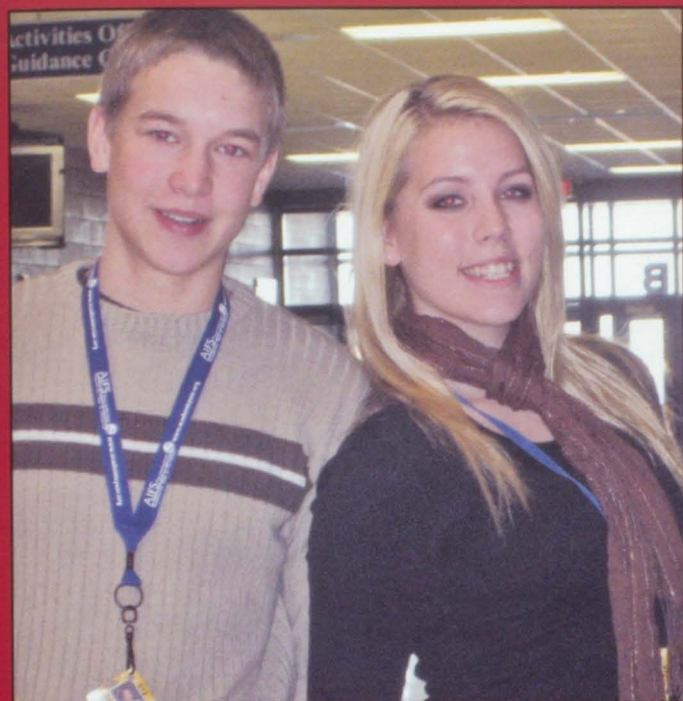
Math League

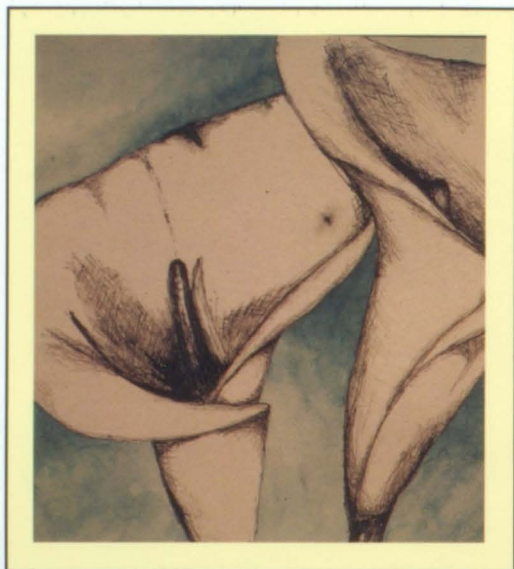
Speech

Rugby

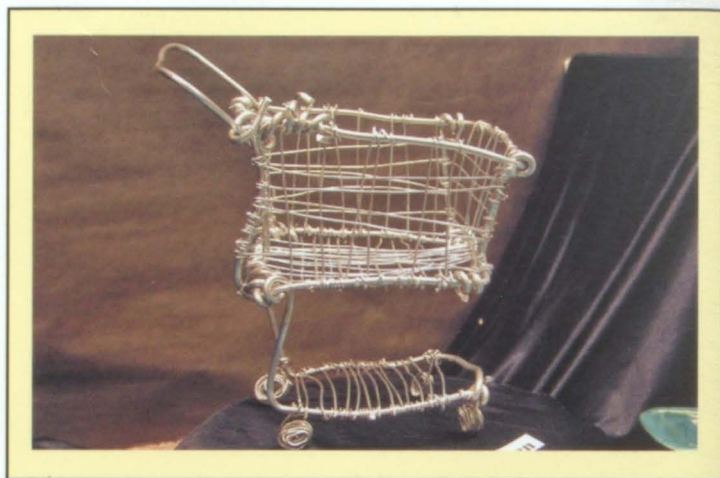
Student Congress

"I think I just like the American way of life -- oh yeah and smoothies." Tony





Vanessa Gindele



Andy Roden



Colin Johnson

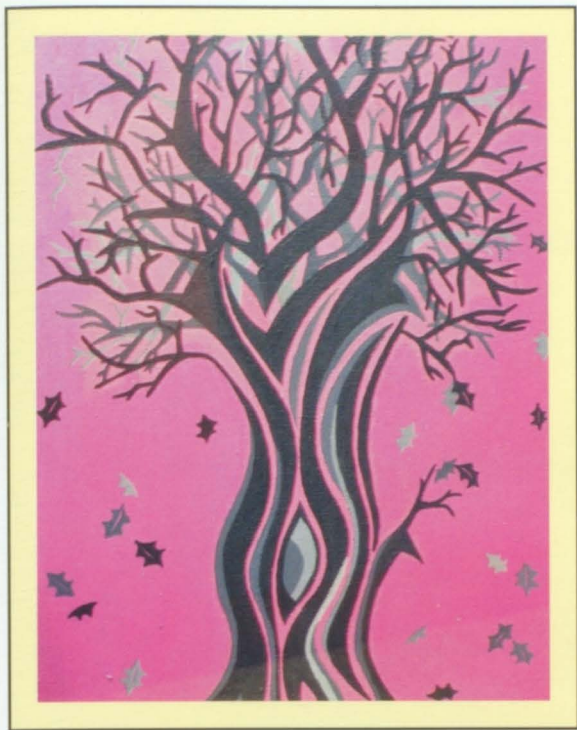


Terese Berning

It's the Trees That Listen

I want to be remembered as being me.
I don't want others to say I was like this,
He was like that, he never did this,
He was always like that,
he was always late,
He was never fair,
He never took me,
He was, he was,
Just
Another
Memory...

Kham Vang



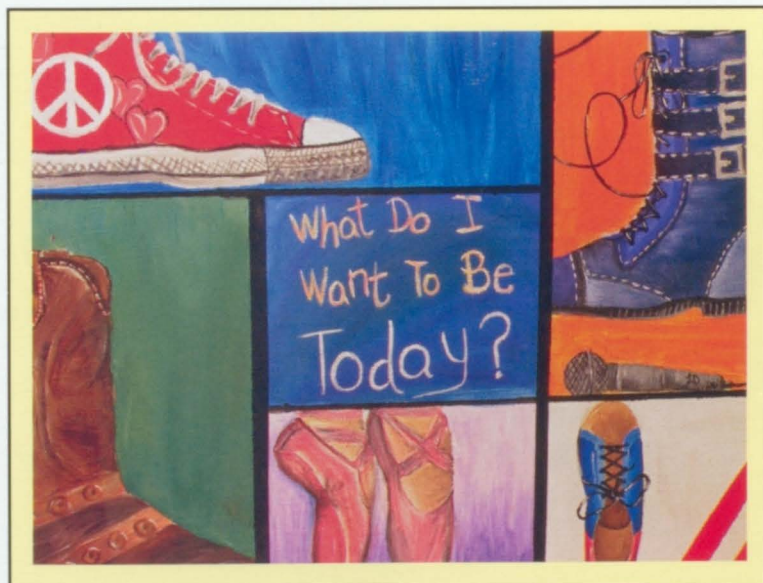
Brittany Praught

Sonnet for America

During the pledge I don't understand why:
Do they think they are rebellious not to stand?
The flag stands for freedom; a lot have died.
Some came from foreign places to this land.

So I am here letting all of you know:
This land gave you the freedom you deserve,
and if you don't like it you should all go.
Good men, proud men, brave men have gone and served.
Many days we are proud for what's given.
It's a hurt that's deep inside my heart.
Be proud to be in this land and livin';
The pledge of our nation is just one part.
So if you live in the red white and blue,
Just stand, because it's not that hard to do.

Lowell Zachman



Liz Donaghue

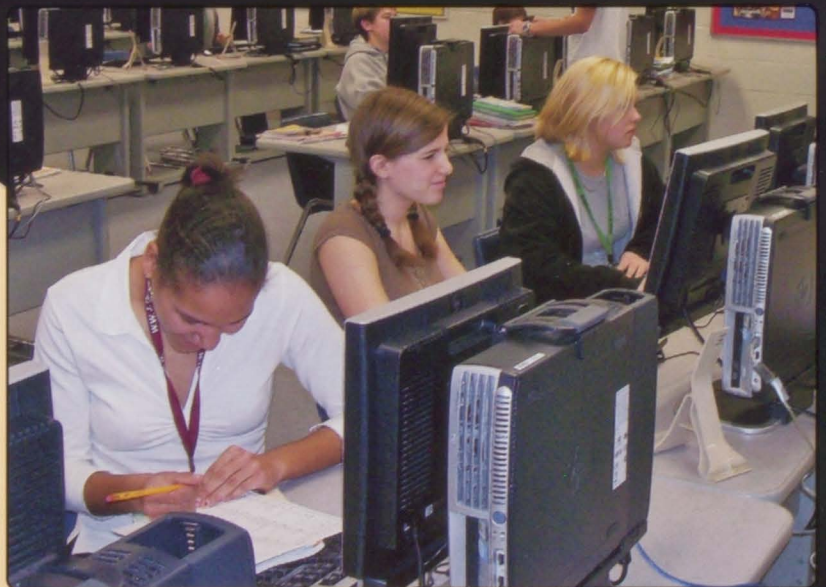
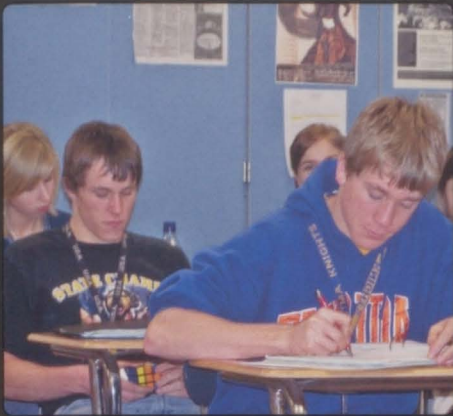


Nate Wyre

POETRY

Academics







Lower Left: Ashley Bratager and Amber Euteneuer with pencil drawings they made in Drawing and Painting I

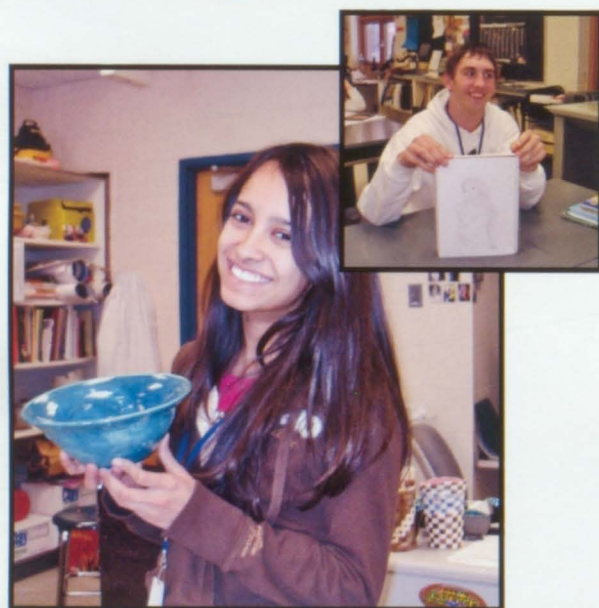


Upper Right: Seniors Kayla Kasel and Jessica Pinska show off their ceramic clown.

Lower Left: Students work on the mural project. This year the art class took inspirational quotes from the Public Speaking class and turned them into paintings for the school hallways.

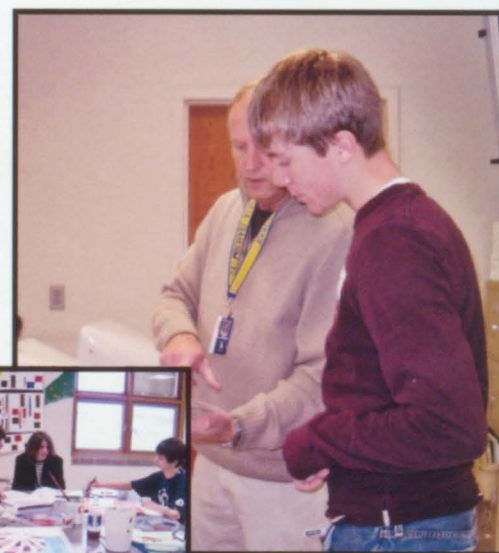


ART



Upper Right: Senior Mike Artl shows us a drawing he made in Drawing and Painting.

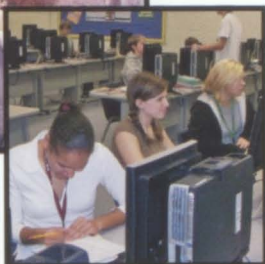
Lower Left: Alexandra Guardado displays one of the bowls that she made in ceramics. This year Mr. Thorpe and Mrs. Halker taught the Ceramics I, II and III classes.



Upper Right: Mr. Bykowski gives Taylor D. some pointers for his photo.

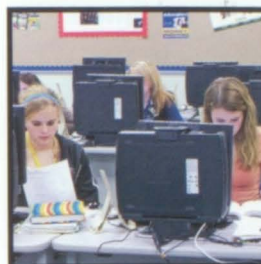


Lower Left: A group of juniors and seniors work on a project in Drawing and Painting I.



Upper Left: The Entrepreneurship class enjoy a field trip to the Melting Pot. The trip was to show students how a real business operates (or maybe it was just to get some good food!)

Lower Right: Students work on an assignment. STMA offers a wide variety of business classes including: Keyboarding, Accounting and Business Presentations.

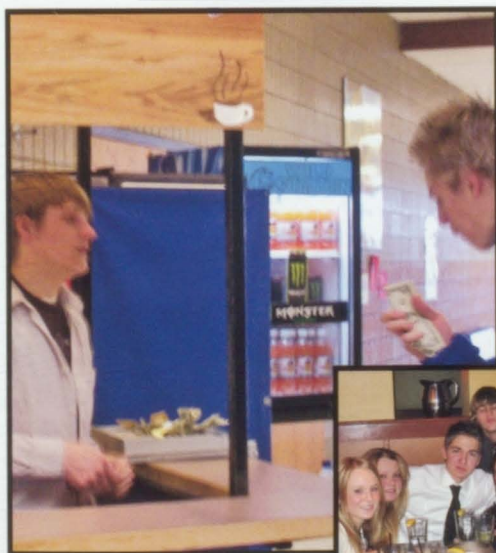


Upper Left: Sophomores use the computers to work on an assignment for Mrs. Carlson.

Lower Right: Laura Potter and Julie Hedlund work on an assignment for Personal Business and Finance class.



BUSINESS



Upper Left: Brian Michaud hard at work at the Java Joint. This year the Java Joint expanded their menu and sold a wide variety of smoothies and breakfast foods.

Lower Right: Students enjoy their food on a field trip. Mr. Rusin taught the Entrepreneurship class this year.



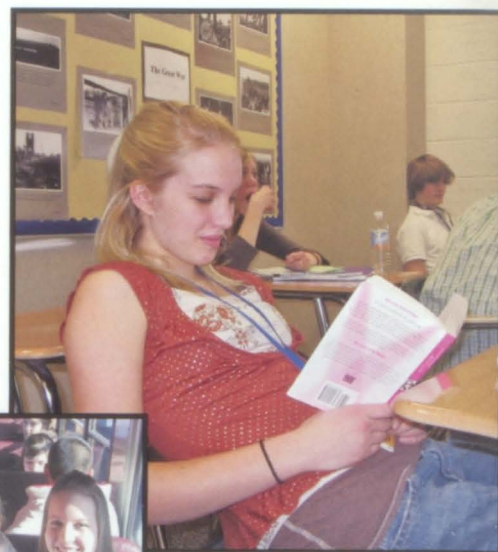
Upper Left: Seniors Nicol Schmitz and Natalie Dick enjoy their three course meal as part of the field trip with Entrepreneurship II.

Lower Right: A group of juniors work at the Java Joint in the morning. This year the Java Joint proudly introduced meal deals for the different days of the week.



Upper Right: Dakota Adamson performs a pantomime of riding on a roller coaster. This assignment is one of many the Public Speaking students perform and the purpose is to show how loud body movements speak.

Lower Left: Karissa Michaud gives a persuasive speech for English 10.



Upper Right: Marie O'Neil reads a book during reading time in Mrs. Larson's class.

Lower Left: Megan Rich and Robyn Van Drasek smile as they ride the bus home from the AP English field trip to see "The Glass Menagerie" at the Guthrie.



ENGLISH



Upper Right: Becky Fox reads a book during Mr. Frickstad's English 10 class.

Lower Left: Senior Robert Swansen performs his pantomime during Public Speaking class. He was pretending to make a fire.



Upper Right: Rebecca, Lauren and Christie with the AP English classes at the Guthrie Theatre in March.

Lower Left: Abbie Ahner performs her speech in English 10.



Upper Left: Freshman Derek Bray sews in Living Skills, which is one of the many FACS classes offered. Others include Fashion, Interior Design, Independent Living, and Child Care.

Lower Right: Christine Becker mixes ingredients for her French Silk pie, one of the many different treats made in the Baking and Pastries class.



FACS



Upper Left: Freshmen Janell Chrobak and Dani Pounds work on a dream house in Living Skills.

Lower Right: Taryn Courier makes a fruit pie in Nutrition and Foods I.



Upper Left: Ashley Harwood and Cecelia Shettel display the pants they made in Living Skills for one of their final projects.

Below: Megan Rich and Kaylee Johnson make a blueberry pie. This was the first year that the Baking and Pastries class was offered.



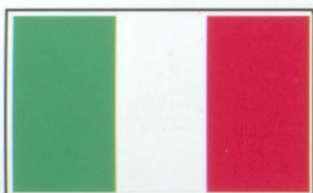
Upper Left: Tate Fernholz in Living Skills class. All of the FACS classes offered at STMA are taught by Mrs. Read and Mrs. Larson.

Lower Right: Heidi Winkler stirs up something delicious. STMA offers Nutrition and Foods 1 & 2 as well as the Baking and Pastries Class for students who just plain enjoy cooking or want to further develop their cooking skills.

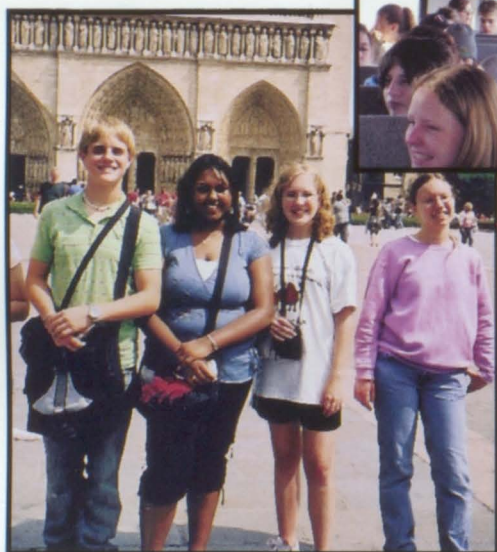


Upper Right: During the summer of 2006 a few Spanish students went to Costa Rica accompanied by Señora Stange.

Lower Left: A group of girls chat before French class. Spanish and French were the language options offered by our school this year.



FOREIGN LANGUAGE



Upper Right: This Spanish 2 class on the bus to the MN Zoo. Every year the Spanish 1-AP classes get to go to the zoo to either watch or put on presentations about all the different animals at the zoo.

Lower Left: A group of French students standing in front of the famous Notre Dame Cathedral on this past summer's trip to France.



Upper Right: Seniors Kayleen E and Laura R try on sombreros. The AP Spanish class went on a field trip to see some Spanish Dancers and visit the Global Market.

Lower Left: Melissa Yanish stresses out as she looks at her French assignment.



Upper Right: A group of Spanish 3 students at the zoo present their exhibit on El Tigre, a favorite of zoo goers that day.

Lower Left: A student stands up to go to the whiteboard during French II. French classes are taught by Mr. Mullerlilie and this year he had three of them.



Upper Left: Phy Ed II students work to get everyone out while playing a game of elimination.

Lower Right: Freshman students in Phy Ed I compete in a ping pong game during gym class.



Upper Left: Students run on "Fitness Friday." Students in class compete to have the most laps done by the end of the quarter.

Lower Right: Ashley Zachman works on her journal. Health students had to complete a journal every day at the beginning of class.



HEALTH/PHY. ED



Upper Left: Sophomores watch a movie during class about addiction. It is one of the units that is included in Health 10.

Lower Right: A phy ed class plays a heated game of Eclipse Ball. This is in Team Sports, one of the classes offered to Juniors and Seniors who want to continue with physical education.



Upper Left: A student busy building up some muscle. Phy Ed students can spend their SNAP periods working out and lifting weights.

Lower Right: Sophomores doing one of the most vital things that can be done before any gym class, stretch out.

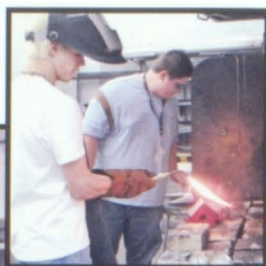


Upper Right: Metal Tech students Caleb Hensel and Dusty Steffens finish welding their birdhouses.

Lower Left: Two sophomores sand their project for Woods I.



INDUSTRIAL TECH



Far Right: David Prather designs a very creative table in Woods II. His unique table is shaped like a guitar body and has guitar necks for legs.

Right: Matt Dooley puts metal pegs on his shelf.



How much do you know about Mr. Bauman? Did you know he has been teacher at STMA for nearly 27 years? He teaches Woods I and II, Advanced Woods and Architectural Drafting. His first teaching job was in Montana where he taught a jewelry making class. Throughout his years at STMA he has overseen projects such as cedar chests, desks, shelves and table sets. During his teaching career, the biggest challenge he has taken on was working with his students to create the football complex that STMA has today which includes the press box, ticket booth and concessions stands. This project was completed in 1995 and was done largely by his design and architectural classes. As well as being an Industrial Tech teacher, Mr. Bauman has been STMA's head football coach since 1980.



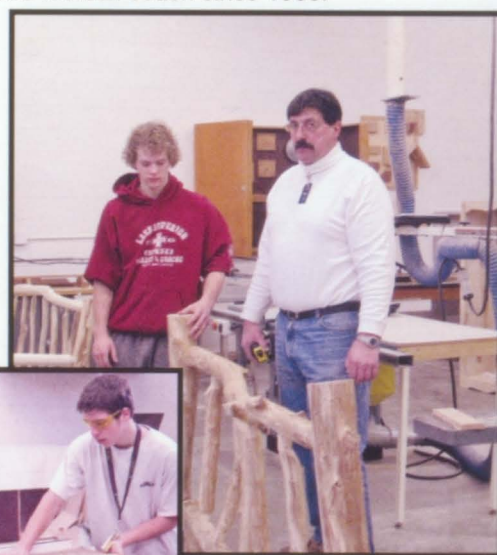
Upper Right: Senior Alex Kirchberg makes a lathe for a class assignment in Metal Tech.

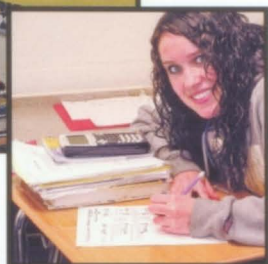
Lower Left: Sparks fly while Jesse Wallender welds his project for Metals.



Upper right: Mr. Bauman helps Senior Anthony Brouillette, an Advanced Woods student, with his log bed frame.

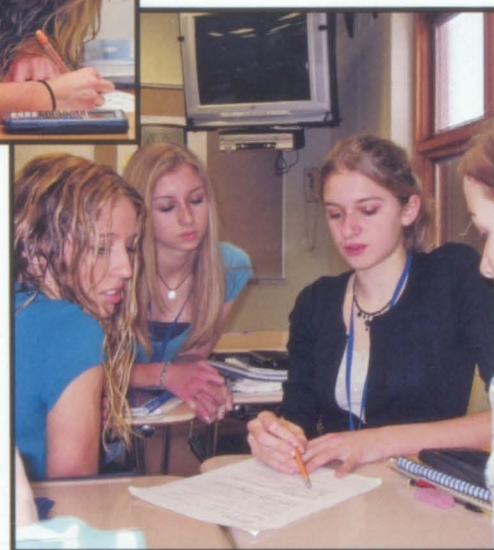
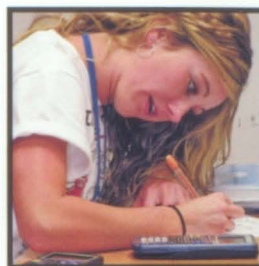
Bottom left: Kyle cuts a board for his woods project.





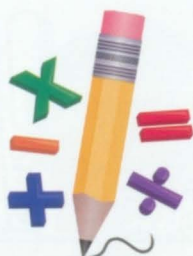
Upper Left: Jessica Ratke and Katie Hukriede discuss factoring in Mrs. Volkenant's class.

Lower Right: Senior Ali Anderson works furiously on her calculus homework.

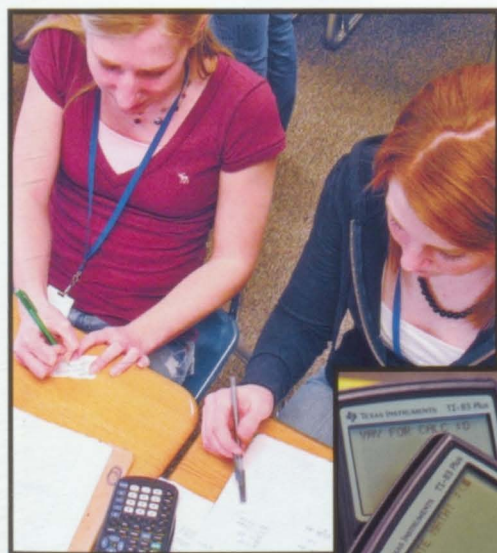
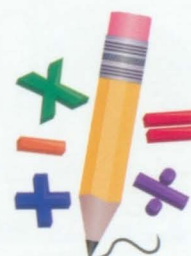


Upper Left: Senior Brittney Barr works quickly to finish her AP Calculus quiz on time.

Lower Right: Sophomores Megan Beaudry, Abbie Ahner, and Amy Bruner study their notes before taking a quiz in their Algebra II class.



MATH



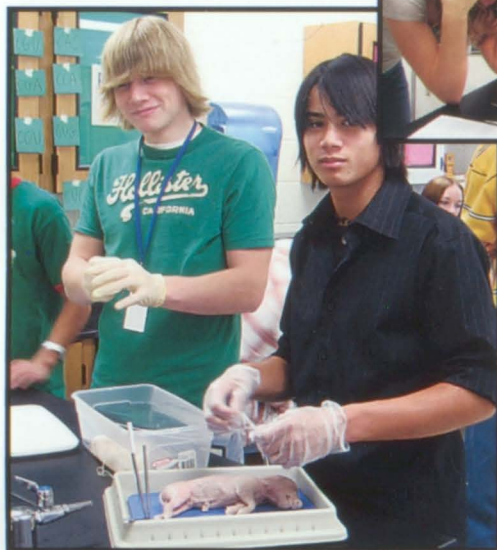
Upper Left: Katie Daleiden takes a break from math to write a message to Carissa Reilly on her gum wrapper.

Lower Right: Messages get passed back and forth with the aid of calculators.

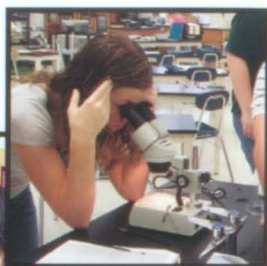


Upper Left: Melissa McCann and Rachel Selvig try to figure out the surface area equation for a pyramid.

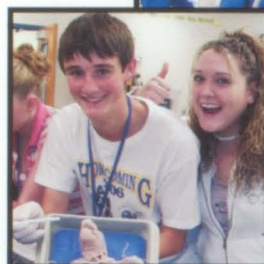
Lower Right: Krista Roden, Nicole McDonald and Christie Roberts smile for the camera. Mysteriously missing is Toby Johnson.



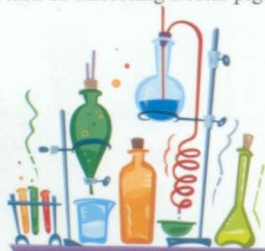
Upper Left: Jared Carlson and David Prather prepare for the...interesting...task of dissecting a fetal pig.



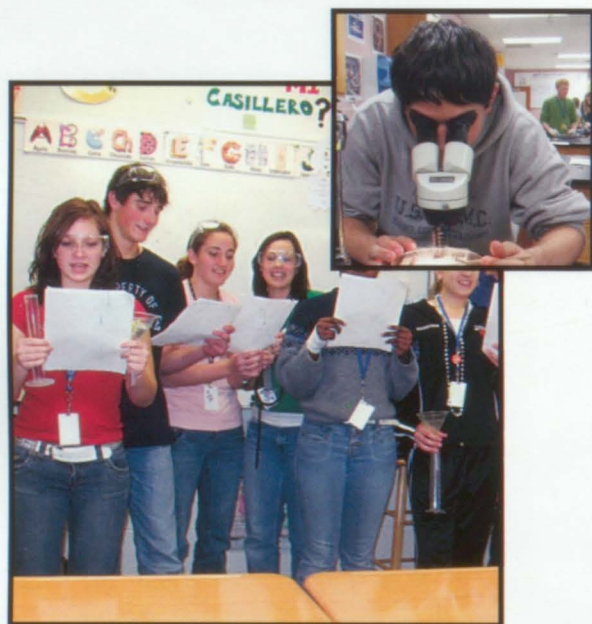
Upper Right: Courtney Gamrath looks at fruit flies bred in College Human Biology. This is the first year that this class has studied fruit flies.



Lower Left: Shane G. and Annie H. are very excited about the dissection process in Anatomy class taught by Mrs. Nowell.



SCIENCE

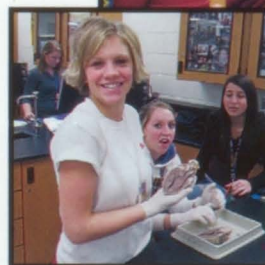


Upper Right: A student inspects a part of a crayfish under the microscope for Biology. They also dissect in this class.

Lower Left: Mr. Abrahamson's class sings "We Wish You a Happy Halogen." It's become tradition that his chemistry class sings carols every year.



Upper Right: Ms. Capecchi teaches students about crayfish. This is Ms. Capecchi's first year teaching at STMA.

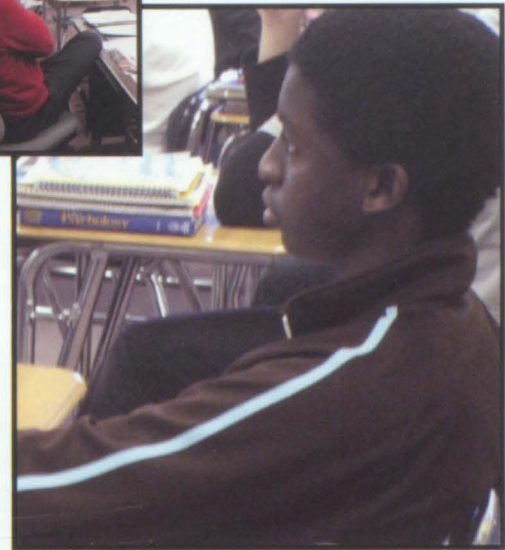


Lower Left: Kim Franklin and her dissection buddies inspect the ventricles of a lamb's heart



Upper Left: Sophmores Angie and Cassandra study for their history final together during SNAP.

Lower Right: Mr. Zahler, a new addition to the STMA Social Studies department this year, helps Evan Zachmann with his assignment during class.



Upper Left: Mr. Barthel takes it easy while the students explain their vocabulary terms to the class.

Lower Right: A junior listens to the guest speaker during Psychology.

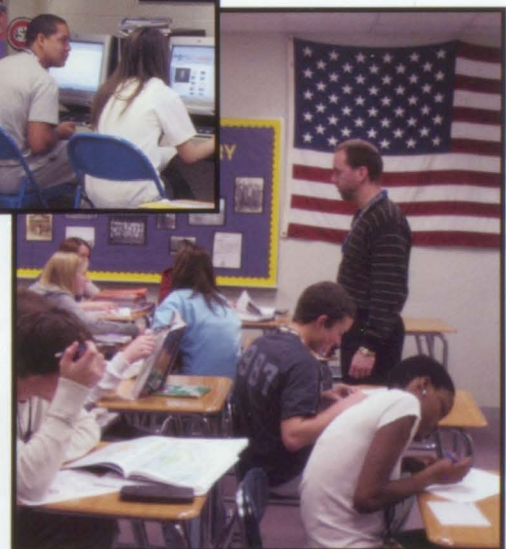


SOCIAL STUDIES



Upper Left: The class listens intently to what guest speaker and former STMA student Matt Spaeth has to say about motivation in Psychology. This class is offered to juniors and seniors only.

Lower Right: Tyler Franzen wisely uses his SNAP to study for his US History exam with Mr. Barthel.



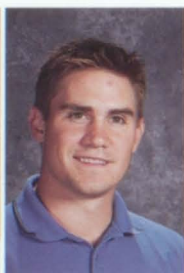
Upper Left: Shane Pantila and Naomi Campbell use the computer to work on their psychology homework. Psychology is taught by Mr. Barthel and is also offered as an advanced placement course.

Above: Mr. Zahler scans the room for anyone who needs help in his SNAP. Mr. Zahler has written a book on the history of St. Michael which will be published this year.

Stall



Dan
Abrahamson



Carl Adolphson



Deanne Andersen



Jillian Anderson



Charles Bakker



Dale Barthel



Earl Bauman



Mike Beck



Lisa Becker



Kimberly Benson



Shari Benson



Melita Berning



Scott Berning



Lynn Black



Paula Bolme



Kelly Bovee



Roger Bovee



William Breedon



Jodee Butkowski



Tim Bykowski



Kim Campbell



Carrie Capecci



Dale Carlson



Renae Carlson



Sandie Chrobak



Lisa Collier



Keith Cornell



Debra Craft



Kevin Crocker



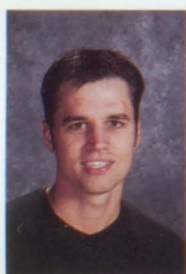
Lynn Dahring



Scott Danielson



Julie Davis



Darek Dewey



April Erickson



Joshua Fischer



Jeanne Fisher



Ann-Marie
Foucault



Jeff Deputy Fox



Michael
Frickstad



Terese Gamme



Joan Gindele Marla Gmach Kris Goodin Gregg Greeno Sharon Hackenmueller Curt Hahn Kari Halker-Saathoff Melissa Hanson



Heidi Hargreaves Mitchell Harmoning Colleen Harrington Alice Helfert Dolores Helgeson Stephanie Helm Jolene Herfel Jeremy Hoffman



Wayne Hoistad Mary Hollermann Sonja Jatko Kristen Jenkins Stacy Jensen Brent Johnson Erica Johnson Laurel Johnson



Patty Johnson Gina Jonas Clarice Kessler Joe Kirscht Sandy Knudson Barb Kolling Kellie Kortum Chad Kragness



Mindy Kragness Keith Kuhn Stephanie Lahr Lindsay Laplant Christie Larson Sherri Larson Katherine Lefebvre Roseann Lekatz



Ryan
Lindenfelser



Jane Lynch



Lisa Maas



Megan
Majsterski



Kelly Mallinger



Tony Mallinger



Brooks
Marquardt



Ellen Marschel



Jason Massmann



Jo Marie
Mavencamp



Deborah Mc
Leod



Jox Metcalf



Katie Mitchell



Gracious Msuya



Jon Muellerleile



Alan Nguyen



Kari Nollendorfs



Kathryn Nowell



Nancy Panning



Meghan Pettis



Jennifer Peyerl



Olga Posada



Julie Read



Matthew Rooker



Kristopher Rue



Ben Rusin



Marilyn Satrang



Steven Scherber



Marcia Schirber



Tiffany Schmid



Jean Schreifels



Shannon
Schulzetenberg



Darrell Skogen



Angela Slyter



Cindi Sovell



Janelle Stange



Karen Steinke



Pat Stenglein



Ginger
StoehrFealy



Heather Swan



Rita SwansenValerius



Angie Swanson



Jenny Thompson



Reid Thorpe



Sher Tischner



Amy Vandusen



Angela Vanhee



Virginia Verbrugge



Dawn Vo



Karen Volkenant



Dana Watters



Bea Wicker



Craig Wignes



Samantha Wilkes



Patrice Wirtz



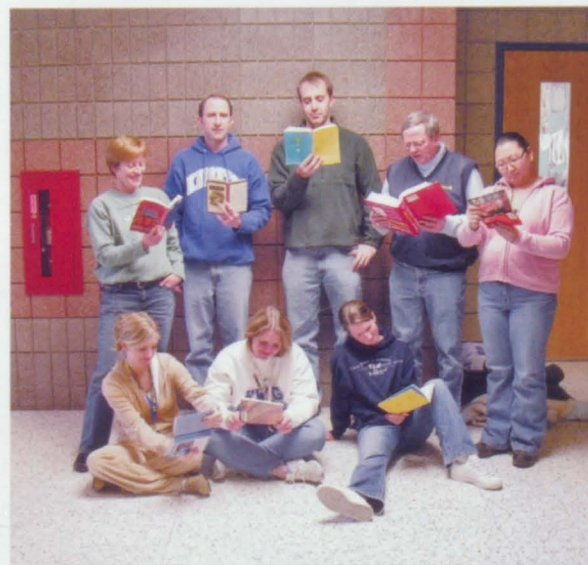
Kristin Wolford



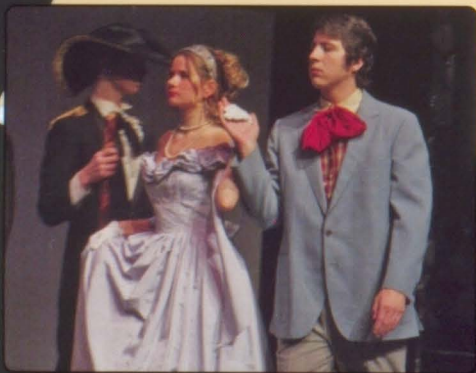
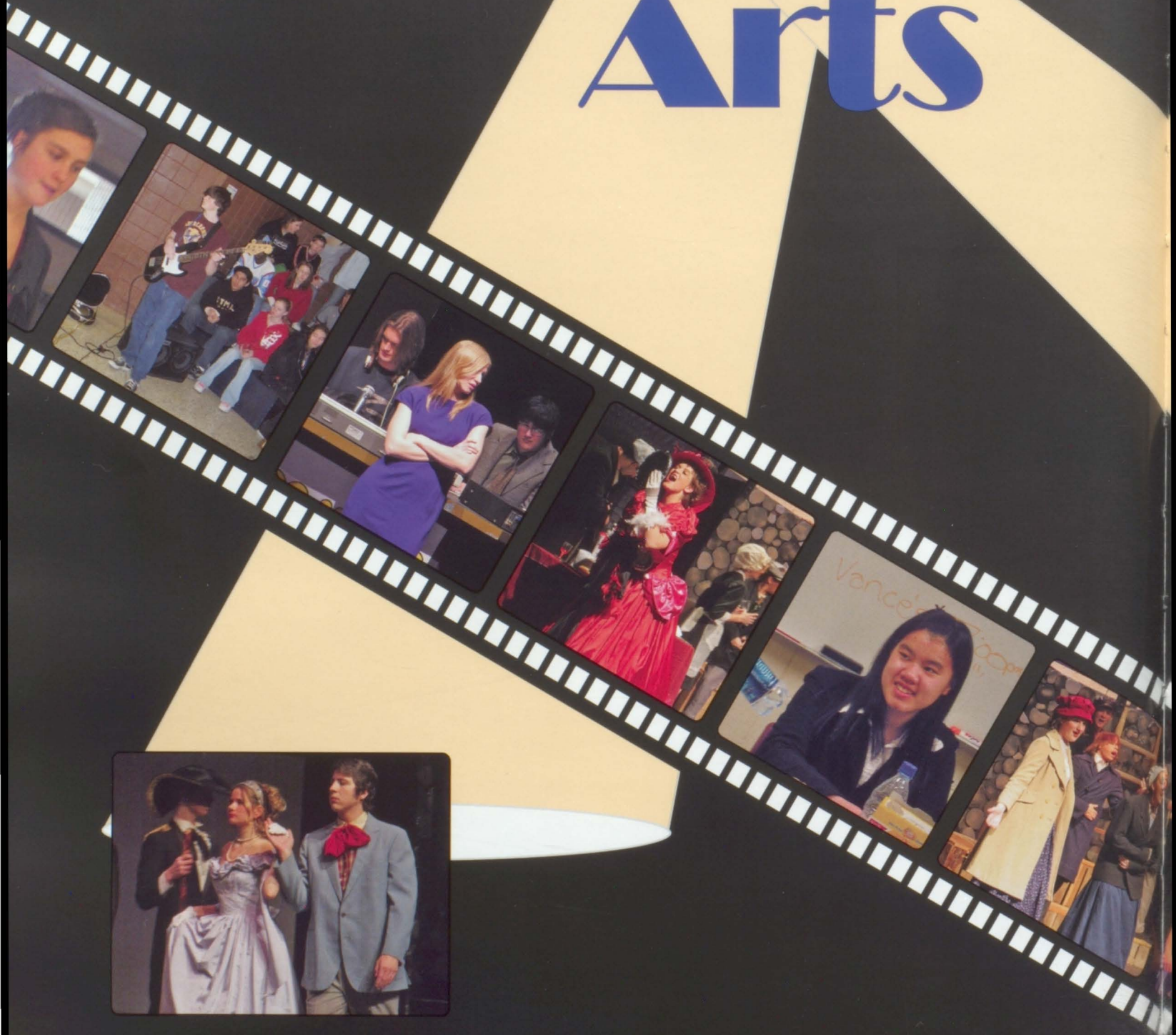
Mary Zachman

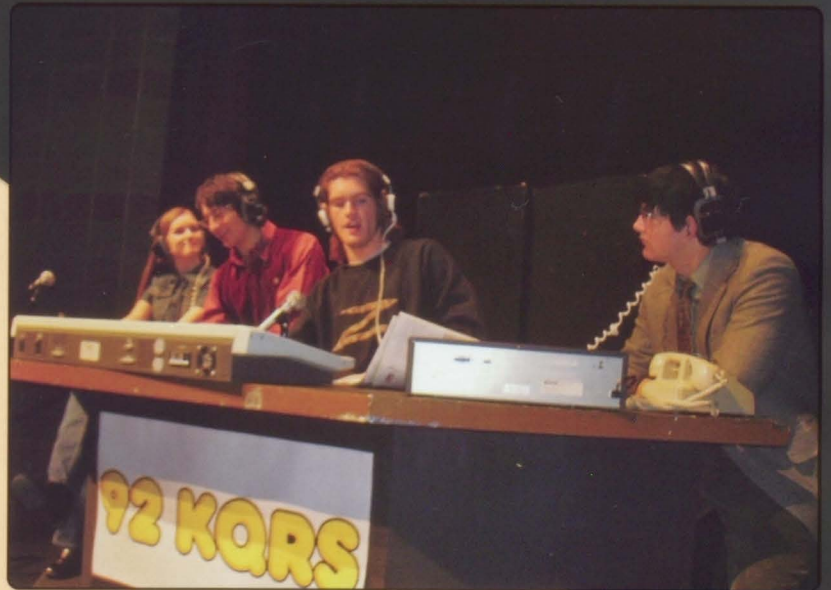


Bob Zahler



Performing Arts





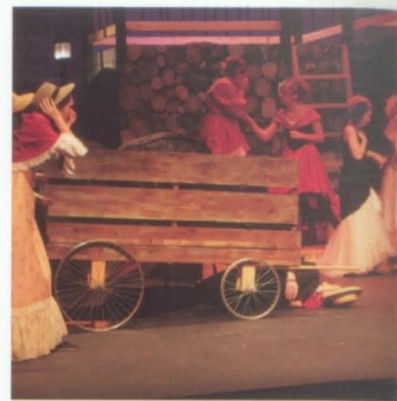
This year's cast, pit orchestra, and crew worked immeasurable hours on STMA's most difficult musical yet- *Les Miserables*.

The opera tells the story of Valjean, a young man sent to jail for stealing bread. After several years working in the quarry he's able to escape, conceal his identity and become mayor. One of his factory workers after being fired, falls sick, and leaves charge of her daughter Cosette to Valjean. He tries to raise the child in the midst of being pursued by Javert and the Thenardiers, her falling in love and on top of it all, the French Revolution.

Les Mis



Above: Valjean gains his yellow ticket of leave from jail. As a sophomore Sebastian B., was thrilled to receive the lead for the show.



Right: Robert S reading the part of Javert. Practices started in September and ran up until the shows in November.

Top Right: An innocent man gets run over. The cart in this scene took the stage crew three weeks to make.



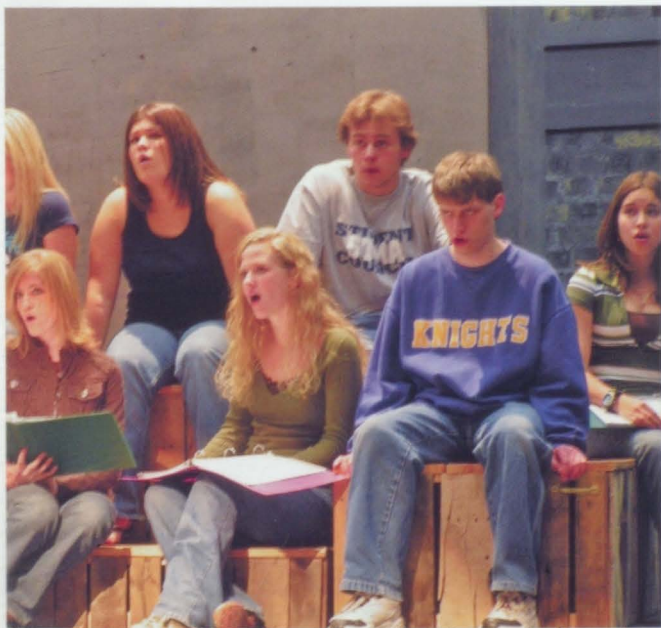
Above: The entire cast of *Les Miserables* singing the last piece "One Day More." The set crew spent many hard weeks building the extensive set, but their hard work payed off. Each show ended with a standing ovation from the completely sold-out house, following the bows.



Above: Fantine (Camille W) on her death bed being watched over by the nuns. Her final wish was for someone to take care of her daughter, Cosette. Valjean agreed to step up to the challenge.



Above: The women of Paris mourn the loss of the school boys who didn't make it through the night at the barricade. This was the first year STMA put on an opera, which meant that the pit orchestra played the whole time, and the actors sang every line.



Above: A group of singers from the chorus belts out the song "At the End of the Day." The song told how bad life was going for the people of Paris.



Above: Gavroche (Kelsey G) discovers the identity of Inspector Javert (Robert S). He was giving them false messages about the enemy's movements.

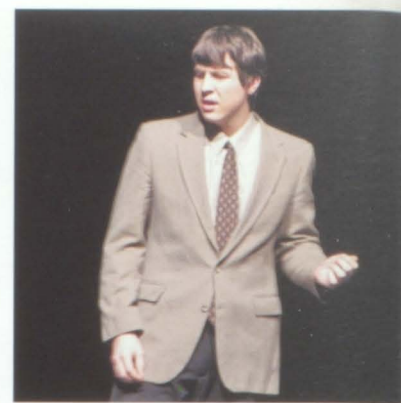
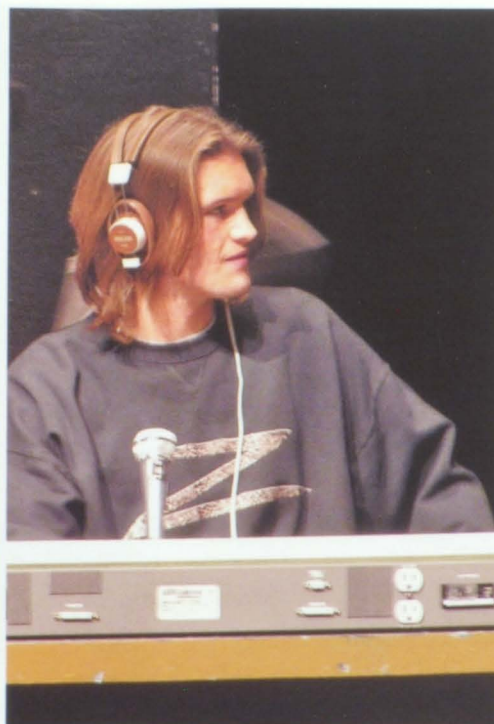


Left: The Thenardiers, (Chris M and Stephanie O) former guardians of Cosette, crash her and Marius' wedding party.

Below: Marius (Isaac S) gazes at Cosette through her garden gates, while the jealous Eponine (Naomi N) sadly watches.



This year the STMA One Act made some big changes. For starters, Kristin Gordon took over as director for this year's production, "My Friend Chris". The story told was different than ones in the past simply because it portrayed the true life story of Bryce Crouser and his stint in rehab whereupon he met Chris Farley who told Bryce his own story. The team took third at subsections with Andrew Evans, Colin Johnson and Isaac Saville receiving All Conference and Stephanie Ohnemus and Robert Swanson getting honorable mentions.



Top: Tom (Brent) on air at KDWB. He and Keith were DJ's together.

Top Right: Lorne Michaels (Rob) talks about his co-worker Chris Farley.

Bottom Right: Terri (Jaclyn) and Stretch (Aaron) discuss events while DJ-ing at KDWB.

My Friend Chris



Above: The cast of this year's One Act, "My Friend Chris". Andrew Evans and Ben Peltier led the tech crew backstage as they did their part to make the show run smoothly.



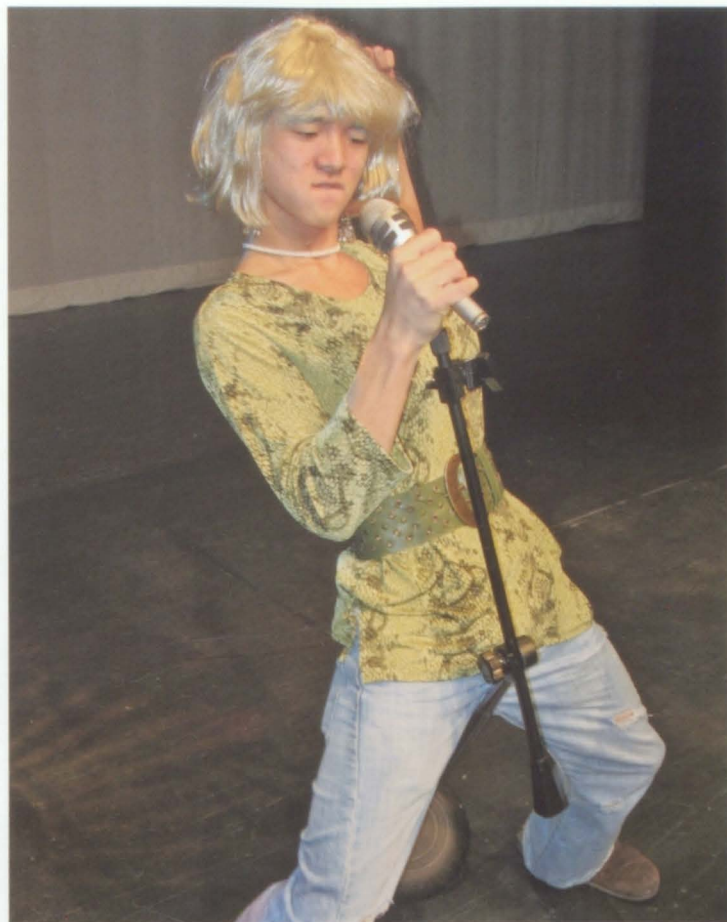
Above: The doctor (Eric) and nurse (Ashley) talk to ill Bryce's (Colin) grandparents (Jacob and Camille). Bryce is in a coma after overdosing on drugs.



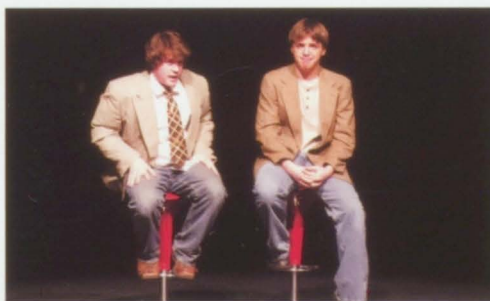
Above: Adam Sandler, David Spade and Chris Farley (Jason, Robert and Isaac) perform a SNL skit with the cinnabun girl (Stephanie).



Above: Chris Farley and Bryce Crousere sit down for a heart to heart while at a rehab center for drug addiction.



Above: Robert goofs off during down time at practice. He was dressed as David Spade and gave a rousing singing performance for the rest of the cast and crew.



Left: Chris Farley and Paul McCartney (Isaac and Sebastian) perform a Saturday Night Live skit.

Below: The KDWB radio station DJ's laugh at what they just heard.



The Speech Team had another great year. With plenty of newcomers and some practiced veterans they brought home numerous awards from the various competitions: Invitationals, Student Congress, NFL Qualifiers and Sections. Seven individuals walked away as conference champs at the Cambridge/Isanti meet. Leading the team with many top honors were senior Nina Zeleny and junior Michelle Haller.



Above: Sebastian Briggs and Stefanie Ohnemus receive an award for their duo entitled "Funeral Parlor."



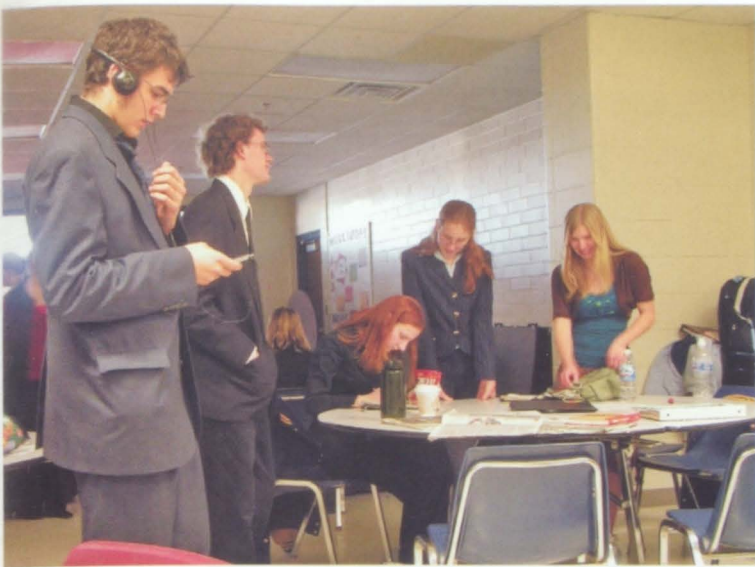
Right: Rob Roden listens intently as another student performs their speech. This year Rob performed a duo with Chris Bartholomew entitled "The Funniest Joke in the World" from Monty Python.

Top Right: Renee Bartholomew in the commons laughing as she hears stories from the last round.

We **SPEECH**
Bestest!



The '07 Speechers dressed to kill and ready to head for the conference meet at Cambridge-Isanti. The Speech Team consisted of over 30 members this year.



Above: Speechers chill out in the commons between rounds. Each individual competes in three different rounds in one of the 13 categories.



Above: Nina Zeleny performs in front of a large crowd during finals. This year she competed in the Humorous category and won many top awards with her piece "How to Heal the Hurt by Hating"



Above: Michelle Haller receives second place honors in Informative Speaking at the home meet. STMA's tournament is one of the most unique and fun meets to attend because it includes President Washington as your locker talker buddy and a game show style awards ceremony.



Left: Emily Olson and Chelsey Ferbuyt prepare for the next round. Both competed in the Serious Prose category.



Above: Chris Bartholomew, Samantha Stepp and Teresa Dubel anxiously await for finals to be posted.

Below: STMA and other schools pack the bleachers for an awards ceremony. At the STMA meet they were overwhelmed with over 500 participants from over 20 schools, the biggest ever held here.





Concert Band

Band

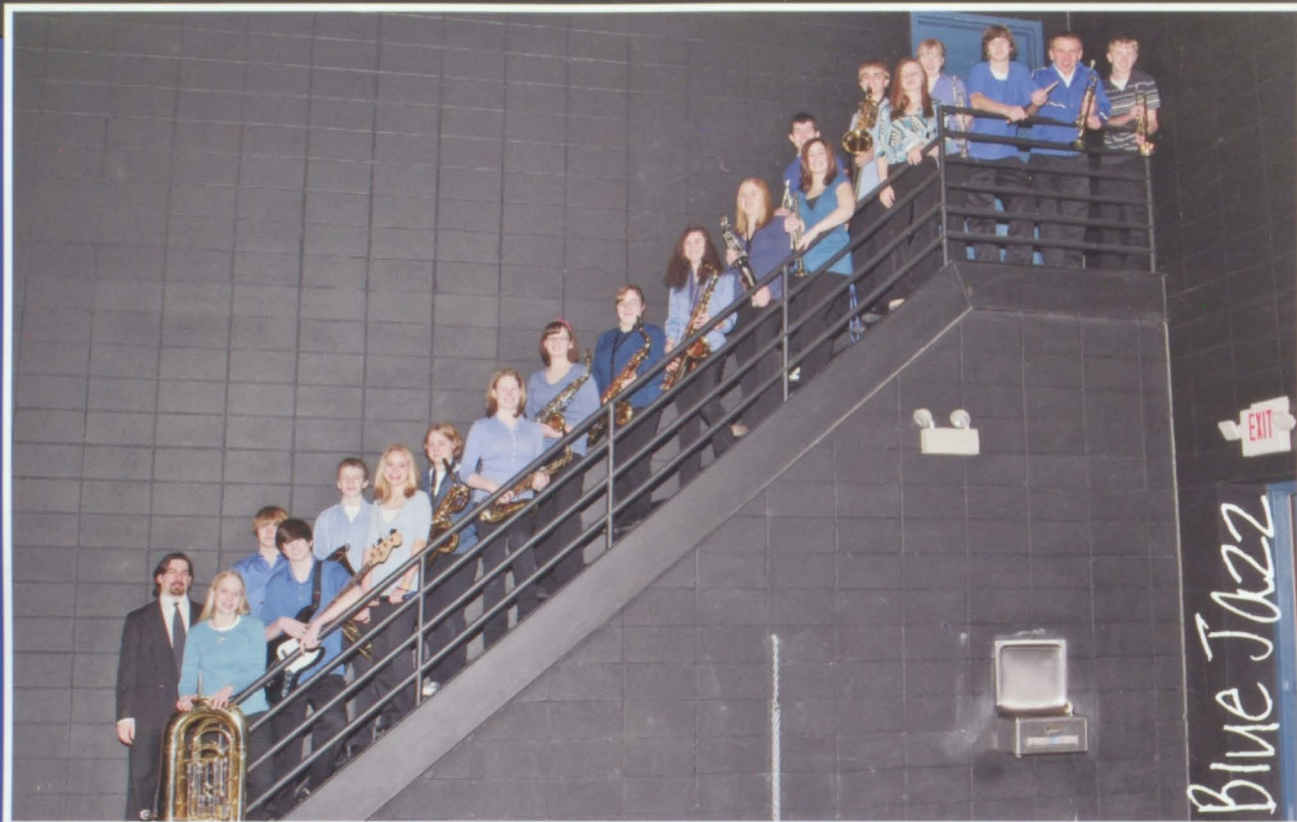




"Music speaks what cannot be expressed, soothes the mind and gives it rest, heals the heart and makes it whole, flows from heaven to the soul."

Wind Ensemble





Blue Jazz

Jazz Band

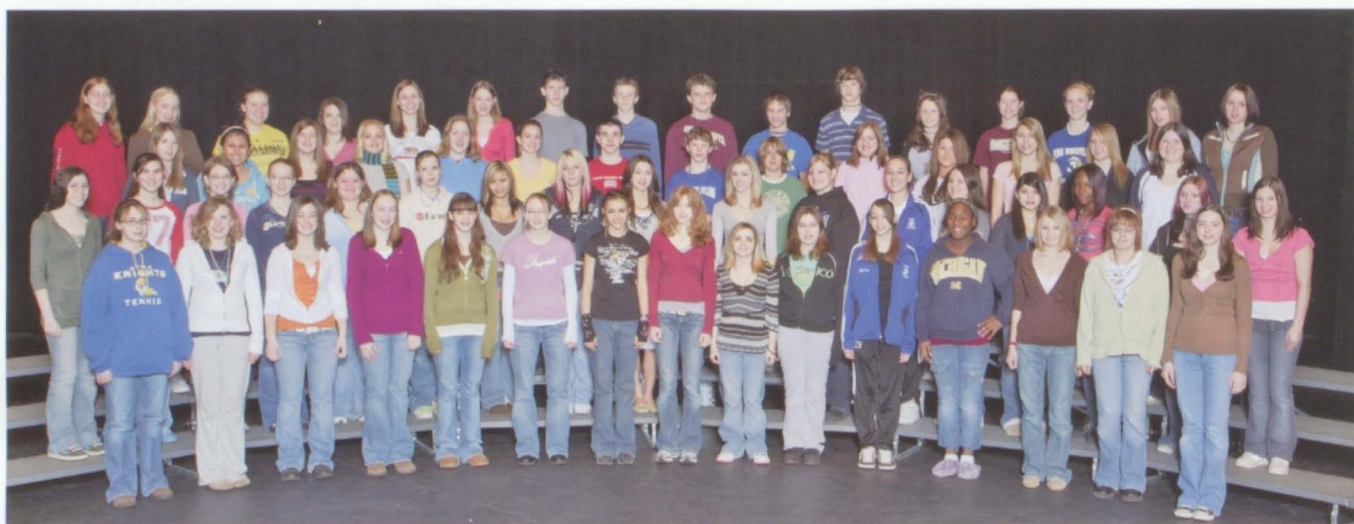


Gold Jazz



Jazz Choir





Freshman Choir

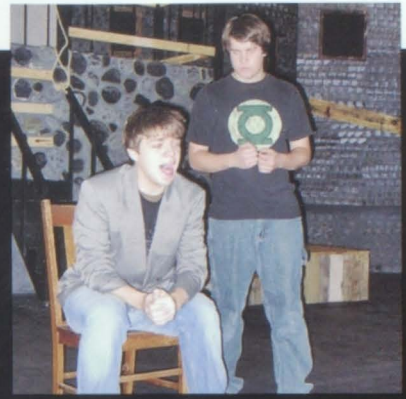


Diva Choir



"Music is a moral law. It gives soul to the universe, wings to the mind, flight to the imagination and charm and gaiety to life and to everything."

~Plato

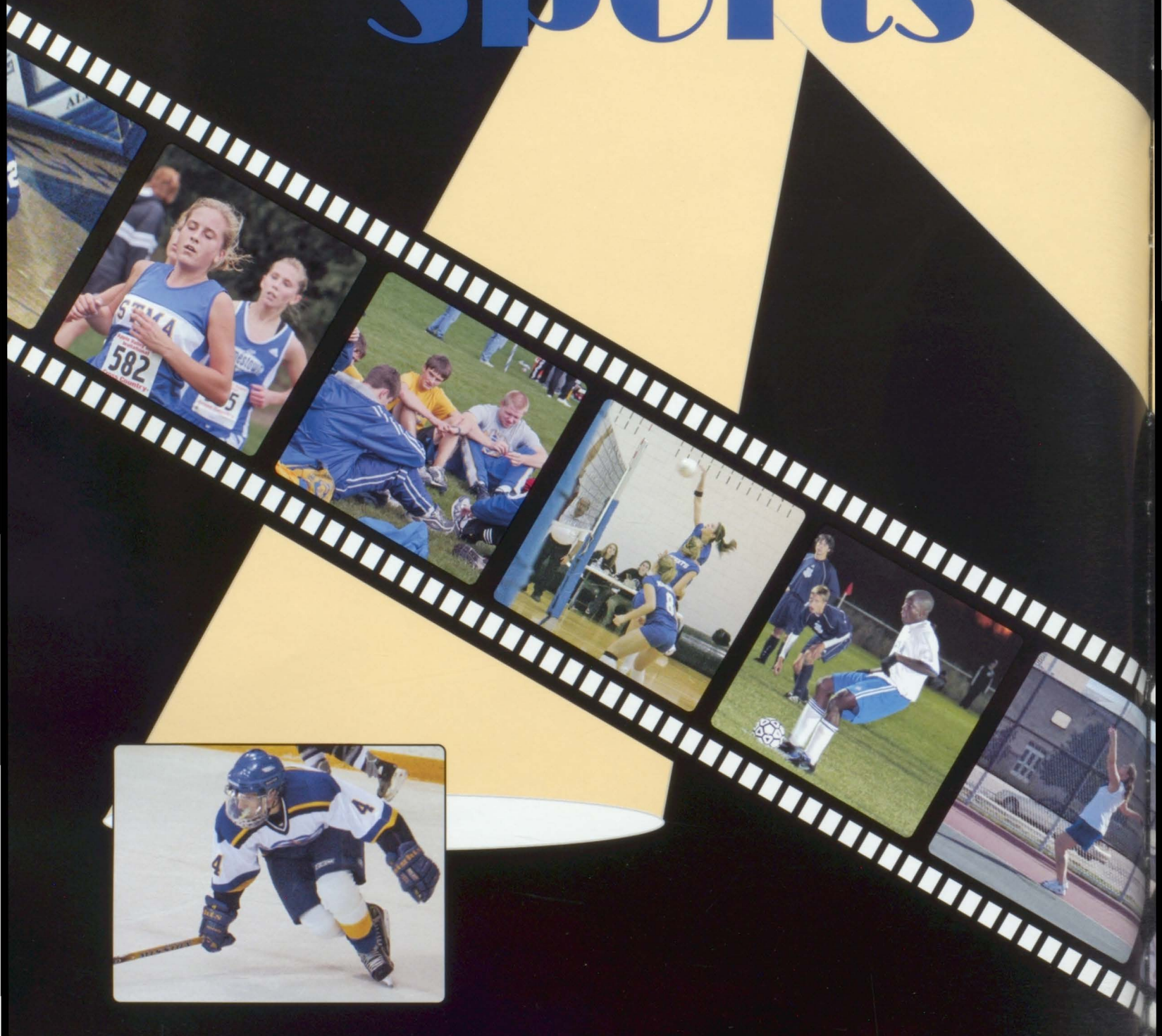


Choir



CONCERT CHOIR

Sports





Right: The Knights face off against New Prague during the first home game of the season. Unfortunately, STMA lost this game, 18-40.

Below: Senior Lowell Zachman runs onto the field before a game. Zachman scored a total of 110 defensive points this season.



REMEMBER THE KNIGHTS

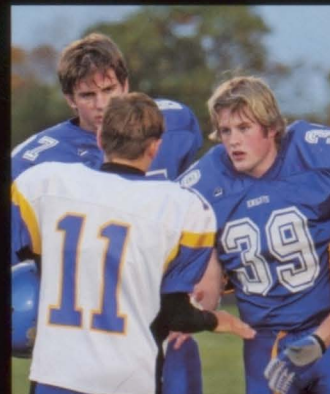


The STMA football team finished their season with a record of three wins and six losses, not doing as well as they had anticipated. As Coach Bauman explained, "The difference between winning and losing in football is a couple of plays or players". Their record this year was 3-6. The Knights had victories over Princeton, Monticello and Buffalo, but played very well against New Prague and Becker. Junior John Arns led the team in offensive yards and scoring this year. Out-sized but not out-played, the 2006 Knights needed just a couple more larger football players to compete in the Mississippi 8 Conference.

Right: Coach Berning urges the Knights on as they attempt a touchdown. Berning has been coaching at STMA for 13 years.

Middle: Senior captains Matt LeClaire and Jake Kolling shake hands with a captain from Big Lake. Kolling led the team in defensive points this season, scoring a total of 321.

Far right: Senior Austin Kolles gets ready for the game against Cambridge-Isanti. Kolles earned 50 defensive points this season.





Left: Junior Kyle Schumm gains on a member of the New Prague team. Schumm scored 244 defensive points this season, 19 of them during the game against New Prague.

Below: Sophomore Jordan Scherber is tackled as he attempts to make a play. Scherber earned a total of 132 defensive points this season.



FOOTBALL



Above: The team stands at attention on the sidelines while the National Anthem is played.



Far left: Sophomore Jason Dehmer punts the ball. Dehmer punted 1109 total yards this season, and averaged 32.5 yards per punt.

Left: Seniors Adam Aaserud (36), Shane Pantila (53), and Jon Marcks (57) watch the game against Monticello in anticipation. The Knights won the game 33-20.

Right: Mackenzie Kessler and Marie O'Neil double team to throw off their opponents. Mackenzie started playing Volleyball in the 5th grade. She plays both right side and middle hitter.

Below: Seniors Regan England and Whitney Rathbun and Sophomore Allie Knutsen are serious as they prepare for a match.



SPIKE IT LIKE IT'S HOT

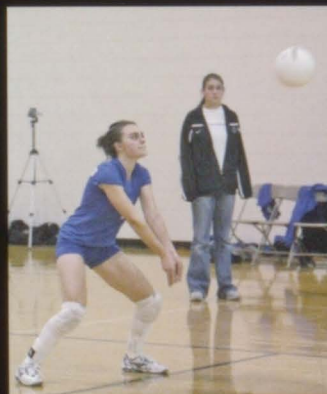
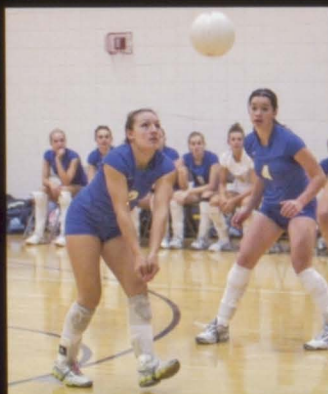


The STMA girls volleyball team had an excellent 2006 season. They ended the season with a 7-0 record in conference play, and took the Mississippi 8 conference champs title. They were runner-up for the 5AAA championship but lost to Wayzata in the finals. Varsity had seven seniors that led them to victory. Those seniors were Rachel Knutsen, Amanda Engelhart, Kayla Miedema, Regan Englund, Whitney Rathbun, Natalie Dick and Krissa Reemts.

Right: Ready for a bump, Ali Knutsen has her eye on the ball. Right behind her, Brittani Wiese readies herself to assist.

Middle: Senior Kayla Miedema shows perfect form as she awaits the arrival of the ball to her hands.

Far Right: Senior Whitney Rathbun aims for a high ball. Whitney has played volleyball since the 4th grade and plays defense.





Left: Varsity players Rachel Knutson, Catherine Yager and Mackenzie Kessler give each other a quick pep talk before a match.

Below: Maria Berning and Rachel Knutsen get into position to hit the ball.



Above: Brittani Wiese aims for the ball with Rachel Knutsen and Maria Berning ready to assist.



Far Left: Whitney Rathbun locates the ball to hit a perfect serve. Whitney's favorite part of playing volleyball is to serve because of the control she has over the ball.

Left: Catherine Yager and Nicole Marquette successfully team up to double block the ball.

Right: Captain Sara De Lozier leads the team in their favorite cheer at the Big Lake Relay Invite where the team took second place.

Below: Senior Alicia Traut shows perfect diving form. Her favorite dive is a back one summersalt with one and one half twists.



BREAKING THE WAVES



The STMA girls swim and dive team has come a long way since it began just five years ago. This season, the team had an overall record of 8-3. They defeated St. Cloud Cathedral and Big Lake, two of their top competitors, and lost to Monticello, Buffalo and Cambridge-Isanti. The divers also experienced a great season during which they saw their records greatly improved. Carissa Reilly swam her way to state for the second year in a row, and many of her teammates made the trip to the University of Minnesota Aquatic Center to cheer her on. Carissa swam the 200 IM and placed 13th in state. The girls will miss the seniors from this year but look forward to another great season next year.

Right: Senior divers Jenna Nelson, Alicia Traut, and Laura Potter pose just before their dives. The three of them are also involved in gymnastics.

Middle: Amber Thompson prepares for her dive. This was her first year as a diver and her favorite dive is the inward one and a half. She is also swims the 50 free.

Far right: Distance swimmers Vanessa Gindele and Megan Watters share strategies for swimming the LONG 500! Gindele's best time for the season was a 6:26 and Watter's was 6:28.



Left: 2006 Knights girls swim team captains Sara De Lozier, Carissa Reilly, and Brittney Barr.

Below: Arianna Nielsen swims the freestyle. Ari spent much of the season battling a knee and hip injury. Her best 50 freestyle swim was 30:56.



Above: 2006 senior swimmers and divers Alicia Traut, Jenna Nelson, Laura Potter, Melissa Yanish, Laura Reimann, Brittney Barr, Carissa Reilly, Sara De Lozier and Megan Watters.

Far Left: Junior Kim Franklin prepares for a dive. This was Kim's third year diving and her favorite dive is the reverse one and a half.



Left: Maggie Reilly comes up for a breath while swimming the butterfly. Maggie, who is a freshman this year, swims in the 200 IM, 100 fly and relays.

Right: Katie Daleiden goes one-on-one with one of Buffalo's midfielders. She had a knee injury last year and was unable to play, but this year she came back to win the Unsung Hero award from her teammates. This was Katie's last year with STMA.

Below: Hayley Setzer winds up to take a free kick for the Junior Varsity game against Big Lake. This was their last game of the season and they won 9-0. Hayley was the J.V. team's leading scorer with 12 goals this season.



BEND IT LIKE BECKHAM



This year the girls soccer team really stepped it up. They won their first section game in STMA history. Unfortunately, in the second round of sections they lost to Delano 2-1, but it was a very close and exciting game. They had a great season with an overall record of 13-7-0 and a conference record of 9-5-0. STMA scored a grand total of 65 goals this year. Senior Captains Caitlin Ferry and Kate Bienias were great leaders and did whatever they could to make sure this would be an unforgettable season for all the players. Seniors Caitlin Ferry, Kate Bienias, and Katie Daleiden will be greatly missed next year.

Right: Caitlin Ferry passes the ball up to teammate Mandy McLain. Caitlin was co-captain this year with senior Kate Bienias. She had a great soccer career at STMA and earned much respect from her team members.

Middle: Emmy Johnson makes a pass up the line. Emmy led the team in goals this year with 14. She also received the Hardest Worker award from her teammates.

Far Right: Senior captians Kate Bienias, Caitlin Ferry, and Katie Daleiden get together for a quick picture after a game.





Left: Anna Valerius and Katie Daleiden team up to take on the Buffalo offense. Anna and Katie have played school soccer together for three years. Anna scored two goals and had one assist this season.

Below: Senior co-Captain Kate Bienias kicks the ball up to her teammates. She was an inspiration to all the girls on the team. Her position on the field was mid-fielder. She scored one goal and had one assist this year.



GIRLS SOCCER



Above: Allesia Rausch makes a move past a Buffalo defender. Allesia's all time favorite soccer move is the "rainbow" though she admits she hasn't had the opportunity to use it in a game yet.

Far Left: Natalie Einerson takes the ball up the field. Natalie plays defense which is making sure the opposing team doesn't score. She had two assists this season.



Left: Courtney Gamrath dribbles through Big Lake's defenders to score a goal. In this game, Courtney scored three goals, otherwise known as a hat-trick. She scored a total of 11 goals this season and got 20 assists, the most in the conference.

Right: Cole Laudenbach, #16, successfully maneuvers the ball from the other team. Cole played the position of midfielder and scored two goals and had two assists this season.

Below: Tim Goth takes the ball down the field while searching for a teammate to pass off to. Besides being an STMA soccer player, Tim also plays on the Knights hockey team in the winter.



THE WORLD AT THEIR FEET

The Knights boy's soccer began the season with a loss, rallied with three consecutive wins, and ended the season with an overall record of 6-13-0. Skill and ability were abundant on the team this year, despite the less than desirable season record. The team was led by captains Mitch Bebus, Tim Goth, Colin Fecho and Martin Hernandez who did a superb job leading and encouraging their teammates.

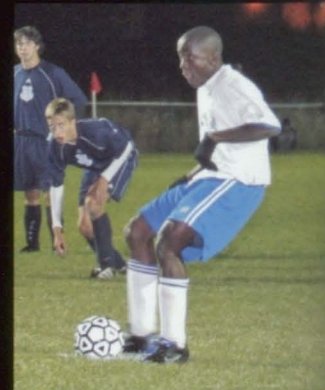


Left: Coach Dewey observes the game from the sidelines. When asked what one word he would chose to describe the season, he replied "unlucky."

Middle: 2006 senior captains Mitch Bebus and Tim Goth.



Far Right: Junior Henry Gaypia takes the ball and scores a penalty shot. Henry had 18 goals and 2 assists this season.





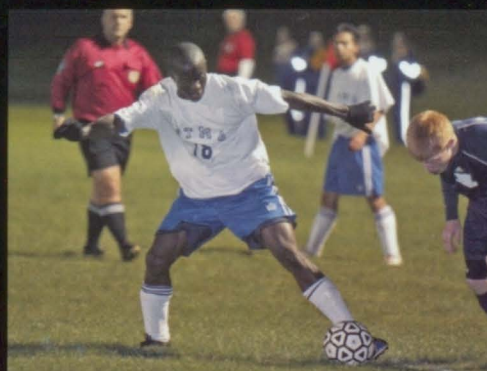
Left: Senior Wesley Reutov shows off his soccer moves. Wesley led the conference in goals with a total of 26 goals and 5 assists.

Below: Martin Hernandez dribbles the ball. Martin led the team in assists this year with a total of 13.



Above: Wes Kotilla passes the ball to a team member before the opposing team gets a chance to steal it away. Wes played defense for the Knights and got two assists this year.

Left: Henry Gaypia blocks a defender from the ball. Henry hopes to attend St. Cloud State University and play soccer for them.



Far Left: Martin Hernandez works on his headers after a tough loss to Cambridge-Isanti. Martin played midfield for the Knights, scoring 4 goals and 13 assists.

Right : The girls gather for a team picture after running in the state meet. The STMA girls made it to state for the first time since 1999 and placed 15th overall.

Below: Lexi Thompson sprints to the finish at the conference meet in Big Lake. Lexi took 2nd place with a personal record of 15:36.



THE 2.5 MILE



Due to a tremendous amount of hard work over the summer and fall, the 2006 Knight's girls cross country team experienced one of their best seasons ever. The girls run various courses throughout the season that are all 2.5 miles long. They placed 2nd in both the conference and in sections which qualified them for the state meet. Lexi Thompson also qualified individually for state, placing 10th at the sections meet. Senior runner Sarah Gindele ended her STMA career running a fantastic 16:03 at the state meet. Robyn Van Drasek and Bridget Kottke, also seniors this year, brought a lot of fun to the team. The 2006 girls cross country season is one that will be remembered for a long time.

Right: Megan Beaudry runs at the Swain Invitational in Duluth. Megan set a personal record of 16:11 when she ran at the section meet in Cloquet.

Middle: Hali Scott runs hard at the state meet. Hali's personal record is a time of 16:46 which she ran at the Buffalo meet.

Far Right: Abbie Ahner and Niki Coté work together at the meet in Apple Valley where the Knights placed 14th out of 21 teams. The team celebrated afterwards with dinner at OCB.



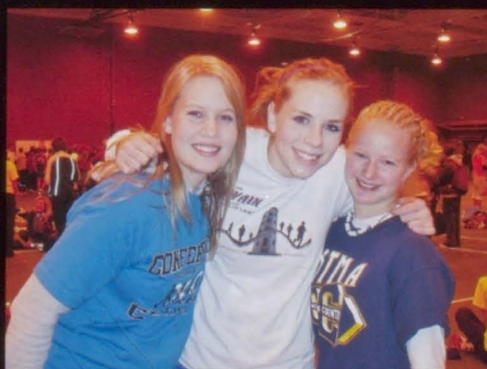


Left: The STMA girls cross country team gather for a picture at the Sections meet in Cloquet. The team took 2nd place with a total score of 114 which qualified them for state.

Below: Sarah Gindele sprints toward the finish at the State meet. This was Sarah's last year of cross country and she ran her personal best at her last race with a time of 16:03.



Above: The girls team had a lot of fun this year spending a weekend in Duluth, going to the state meet for the first time, and playing ultimate football after practice.



Far Left: Emily Nygaard sprints toward the finish at the state meet where she set her personal record time of 16:13.

Left: Three seniors Robyn, Sarah and Bridget smile at their last high school meet. All three girls have been important members of the team since their sophomore year.

Right: The boys varsity team took 1st place at the Norwood Young America meet. The team score was 51 and 3 of the 7 varsity boys ran their personal records at this meet. The team celebrated afterwards at the Pizza Ranch.

Below: Nick Nygaard sprints hard toward the finish at the state cross country meet. Nick was the boy's number one runner for most of this season. His personal record was at the state meet with a time of 16:46.



RUN, KNIGHTS, RUN

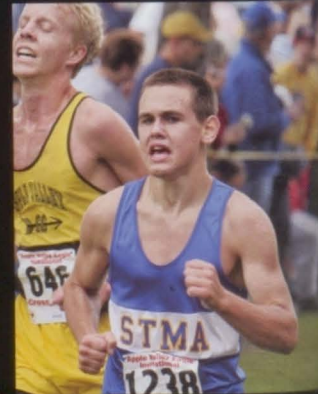
The 2006 Knights boys cross country team had a very successful season. They ended their season by placing second at the conference meet, third at sections, and had two runners compete at state. In his last year with STMA, senior Jeremy Kuhn had another great run and appeared for the second time in the state meet. The boys team will miss Jeremy, but look forward to another successful year led by Nick Nygaard, Sam Greeno and Shane Goblirsch.



Right: Shane Goblirsch runs at the NYA meet where he finished with a personal best time of 18:09.

Middle: David Christenson runs hard at the Apple Valley meet. David's best time this year was 18:18 at the STMA invitational meet.

Far Right: Carl Salonek gives all he has at the Apple Valley meet. Carl ran his personal record this year with a time of 17:38 at the Sections meet in Cloquet.





Left: Nick Nygaard and Jeremy Kuhn lead the Knights at the NYA meet. Following close behind is Sam Greeno. The boys finished first out of 19 teams.

Below: Jeremy Kuhn runs for the second year in a row at the state cross country meet. Jeremy's personal record this year was a time of 16:45 at the NYA meet.



Above: The boys take time for a team picture at the Apple Valley meet. The STMA runners placed 6th out of 19 teams at this meet.



Far Left: Sam Greeno has an awesome finish in Apple Valley. Sam's best race time this year was 17:12 at the NYA meet.

Left: Nick Nygaard and Jeremy Kuhn are all smiles after running at the state meet. 160 runners participated in the boys AA race where Nick placed 65th with a time of 16:46 and Jeremy placed 107th with a time of 17:18.

Right: The team took first place at the Mora Invitational. This was the girls' first match of the season. They beat Mora 7-0, Eveleth-Gilbert 6-1, and Duluth-Marshall 5-2.

Below: Jackie Urai serves to her opponent at the conference tournament. She went 15-8 in her final season with the Knights.



ACES OF THE GAME



The Knights girls tennis team had an outstanding 2006 season. This year the team had only three returning varsity players but still managed to pull off an excellent record of 18-4, and won the Mississippi 8 Conference for the second year in a row. The girls also placed 1st in the Mora and Hutch Tournaments. The Knights made it to sub-sections but lost in a close match to Buffalo. Maren Holstad and Stacy Hegland played as the #1 doubles at the individuals in St. Cloud. They had good matches and placed 3rd, just missing the opportunity to go to state. Four girls were named all conference: Kaitlyn Baldrige, Stacy Hegland, Maren Holstad and Jennifer Miller, and had two girls given honorable mention: Kayla Buckley and Cassie Swenson. The team experienced a great season and celebrated with an eventful trip to the Mall of America.

Far Right: Meggan Shustarich smiles for the camera after busting some ghosts. She played 3rd doubles for the tennis team and was undefeated in conference play.

Middle: Freshman Kayla Buckley serves the ball to her Rogers opponent. Kayla was 19-5 for the season.

Right: Jen Miller went 20-7 overall playing #1 doubles most of the year. Here she is awaiting her car ride at the MOA for the end of the season celebration.



GIRLS TENNIS



Left: Brittany Berning and Emily Moritz played #2 doubles together, placing 2nd at the STMA Tournament and 3rd in the Conference Tournament.

Below: Maren Holstad and Stacy Hegland played together in the section tournament where they went 2-1 to place 3rd in sections.



Above: The girls take a quick picture at the STMA Invitational. They went on to take 2nd place as a team.



Far Left: Kaitlyn Baldridge waits for the ball. She played #2 singles and finished 18-7 for this season.

Left: Katherine Foster hits a forehand at the Monticello match. She played #4 doubles for the team and was 5-9 for the season.

Right: This group of football "super fans" get ready to cheer hard at the 2006 Homecoming game. Their favorite cheer is Alligator and they like to join in and sing the school song.

Below: Steph Halper, Stephanie Swenson and Kaycee Davis in their final pose. The cheerleaders entertain the fans at every home game during half time by providing them with a new dance.



BRING IT ON

"Cheer, cheer for STMA. Shake down the echoes distant and high. Send a rousing cheer on high, shake down the thunder from the sky. Let all the odds be great or small, STMA will win over all. While her loyal sons are shouting, shouting for victory...STMA!"

The school song was definitely a fan favorite at all of the games and meets this year. At every game you were sure to find the hardworking cheerleaders and loyal fans ready to cheer on and pump-up all of the athletes. The cheerleaders welcomed four newcomers to their squad this year. Under the captainship of Robin Tellefson, Stephanie Swenson, Alexis O'Conner and Britney Kotlinek, the girls learned over 20 cheers and four new dances which they used to liven up the crowd and spread Knight's spirit.

Right: Shelby shows off her sweet moves during half-time for all the fans to see. In order to perfect their dances the cheerleaders must attend summer cheer camp and many exhausting practices.

Middle: Bekki, Sara and Brittney take time away from the game to smile for the camera. These girls cheer on our boys every Friday night.

Far Right: Co-Captains Stephanie and Robin show their enthusiasm before they leave for the traveling pep fest on Friday of Homecoming week. What you may not know is that the whole squad spent much time doing each others hair for the big game.





Left: The cheerleaders build a pyramid in front of one of the fabulous signs that they created. The cheerleaders traditionally create a sweet sign for each one of STMA's teams.

Below: A few of STMA's loyal fans flash the camera some big smiles before kick-off at the Knights first football game of the 2006 season.



Far Left: After the annual bonfire the cheerleaders prepare for the long day ahead of them. On Homecoming Day the cheerleaders participated in the traveling pepfest where they made appearances at all STMA schools and performed dances and cheers.

Above: Britney, Stephanie, Robin and Alexis, 2006 senior captains, get ready for their final Homecoming game.

Left: Some of the "super fans" take "time-out" from the game to smile for the camera!

FALL TEAM SPORTS



Varsity Volleyball: (Front row L-R): Kayla Miedema, Rachel Knutsen, Brittani Wiese, Nicole Marquette (Row 2): Regan England, Amanda Engelhart, Catherine Yager, Marie O'Neil, Mackenzie Kessler (Row 3): Krissa Reemts, Whitney Rathbun, Coach John Yunker, Allie Knutsen, Natalie Dick



Junior Varsity Volleyball: (Front Row L-R): Lindsay Berning, Samantha Dick (Row 2) Annie Haefner, Cassi Dick, Maria Berning, Emily Hackenmueller (Row 3): Gayle Steffens, Carly Rothstein, Marie O'Neil, Coach Kristin Wolford, Rebecca Crowe, Jessica Turnquist, Kaila Pazen



Girls Soccer: (Front Row L-R): Amelia Johnson, Emily Eull, Bridget LaVallee, Katie Daleiden, Allesia Raush, Kate Bienias (Row 2): Courtney Barthel, Amanda Wurdeman, Breann Fitzgerald, Krista Roden, Mandy McLain, Laura Billar (Row 3): Alicia Bydlon, Natalie Einerson, Amber Ooley



Boys Soccer: (Front Row L-R) David Prather, Alex Westland, Austin Westland, Tim Goth, Wes Kotila, Aaron Frank, Martin Hernandez, Marshall Lee (Row 2): Coach Darek Dewey, Joe Tomlinson, Cole Laudenbach, Ian Heicie, Colin Fecho, Blaine Barthel, Drew Hester, John Van Drasek, Coach Tony Mallinger

Football: (Front Row L - R): Justin Oie, Austin Kolles, Christian Head, Anthony Brouillette, Lowell Zachman, Jake Kolling, Riley Kessler, Nate Koep, Matt Le Claire, Adam Aaserud, Mike Arlt, Andy Roden, Anthony Hare (Row 2): Pete Lindquist, Brian Zachman, Dean Eull, Ross Lefebvre, Brandon Kuhn, Chad Blais, Ben Rego, John Euteneuer, Miles Friendshuh, Jake Voss, Andrew Marsh, Shane Pantila, Cory Kessler (Row 3): Theo Lenneman, Dexter Kolles, Sam Clark, Derek Hagerty, Dane Carlson, Drew Schirmers, Theo Rothstein, Kyle Paulson, Kyle Schumm, Todd Kessler, Devin Butler, Andrew Wruck (Row 4): Aaron Kalahar, Zach Head, Coach Jensen, Coach Berning, Coach Hackett, Coach Bauman, Coach Cornell, Coach Hahn, Coach Anfenson, Joe Kilian, Owen Gammell (Row 5): Brady Logan, Theodore Wallace, Kyle Robeck, Kevin Witt-Edstrom, Jon Marcks, Andrew Norby, Dan Kurth, Travis See, Brian Pounds, Reid Nelles, John Arns, Ryan McCoy (Row 6): Trevor Rogers, Kevin Nelson, Craig Flaherty, Max Graham, Ross Fricke, Kraig Schumm, Tony Wallace, Tom Jossart, Hank Dalbec, Nick Zachman, Aric Hoeschen, Taylor Dutton, Evan Zachmann (Row 7): Zach Hollermann, Caleb Hensel, Tommy Kessler, Grant Friendshuh, Nick Kaufman, Aaron Boese, Mark Zachman, Logan Schmidt, Jake Horn, Jason Dehmer, Jordan Scherber, Cameron McCullough (Row 8): Josh Scherr, Jared Zachman, Andrew Boyd, Bradley Wulf, Zach Metz, Pat Miller, Troy Heuring, Kyle Anderson, Cole Eull, Brandon Wulf, Kaleb Aalderks, Derrick Besser.





Girls Cross Country: (Front Row L-R): Manager Bridget Kottke, Manager Jane Simon, Manager Leah Royseth (Row 2): Sina Shorter, Anna Packa, Danielle Renstrom, Robyn VanDrasek, Arielle Majors, Gina Bongaarts, Alyssa Evenstad, Rebecca Kramer (Row 3): Coach Gregg Greeno, Hali Scott, Niki Coté, Lexi Thompson, Abbie Ahner, Sarah Gindele, Amy Bruner, Emily Nygaard, Megan Beaudry, Coach Jason Mielke



Boys Cross Country: (Front Row L-R): Shane Goblirsch, Carl Salonek, Sam Greeno, David Arlt, David Christenson, Nick Nygaard, Jeremy Kuhn (Row 2): Sam Papas, Chris Paulsen-Schmidt, Brandon Smith, Evan Eull, Ross Gammell, Kyle Salonek, Cameron Renstrom, Manager Leah Royseth (Row 3): Manager Bridget Kottke, Jon Laudner, Matt Frank, Trevor Riles, Colin Schmidt, Nick Ooley, Nathan Robeck, Erik Rostamo, Derick Berhow, Manager Jane Simon (Row 4): Coach Gregg Greeno, Brad Corcoran, Ryan Slyter, Eric Derus, Ben Peltier, Tommy Jossart, Matt Beck, Tony Sorowka, Coach Jason Mielke



Junior Varsity Tennis: (Front Row L-R): Nicole Hackenmueller, Wendy Brown (Row 2): Gabby Nelson, Savannah Aalderks, Rebecca Sampson, Robin Winkelman, Jessica Anderson, Caitlin Abrams, Raquel Roschen-Wimmer (Row 3): Coach Brian Mashuga, Janell Chrobak, Morgan Kulzer, Breane Watters, Jonelle Harren, Becky Fox, Bridget Daleiden, Kelsey Metz, Megan Brown, Coach Jim Riles



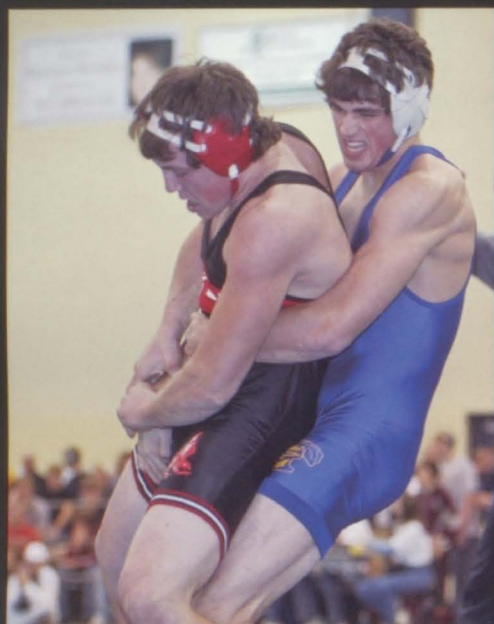
Varsity Tennis: (Front Row L-R): Samantha Stepp, Emily Moritz (Row 2): Cassie Swenson, Meggan Shustarich, Brittany Berning, Kaitlyn Baldridge, Stacy Hegland (Row 3): Coach Jim Riles, Jennifer Miller, Kayla Buckley, Maren Holstad, Jackie Urai, Katherine Foster, Coach Brian Mashuga



Junior Varsity and Varsity Swimming and Diving: (Front Row L-R): Sara DeLozier, Brittney Barr (Row 2): Mirah Nilges, Erin Erickson, Amber Thompson, Melissa Yanish, Melanie Bolson, Alli Bandy, Alicia Traut (Row 3) Coach Travis Hoy, Coach Jen Patnode, Megan Richardson, Maggie Reilly, Sara Lenneman, Lauren Ybara, Tiffany Wiskur, Caitlin McNelly, Rachel Potter (Row 4): Coach Angie Swanson, Laura Potter, Emily Senta, Anna Johanson, Kallie Adams, Kaylee Johnson, Emily Slagle, Kim Franklin, Jenna Nelson (Row 5): Coach Jack Bandy, Carissa Reilly, Megan Watters, Ashley Zachman, Alanna Schoenborn, Laura Reimann, Vanessa Gindele, Holly Kotila, Jill DesCamps

Right: Freshman Kraig Schumm received an "All-Conference" academic achievement award for maintaining a 3.8 or higher GPA during the wrestling season.

Below: Junior Kyle Schumm ends his season with a 40-7 record. He wrestled at 215 lbs. this year and took 2nd at state. Kyle received the "Most Pins" award.



GOING TO THE MAT



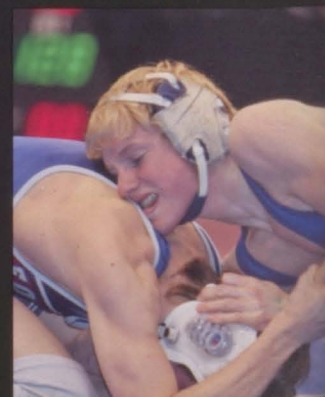
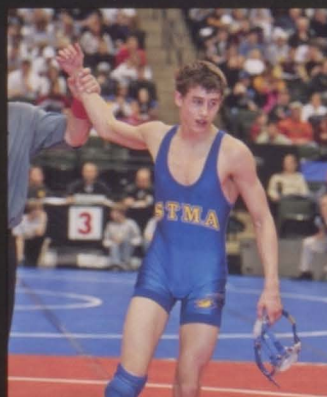
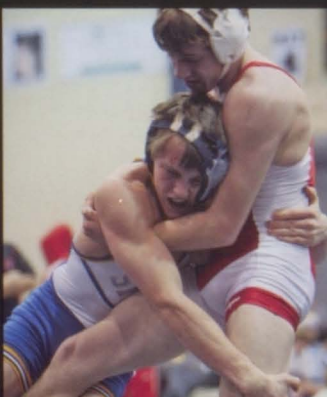
2007 Minnesota State AA Wrestling Champions

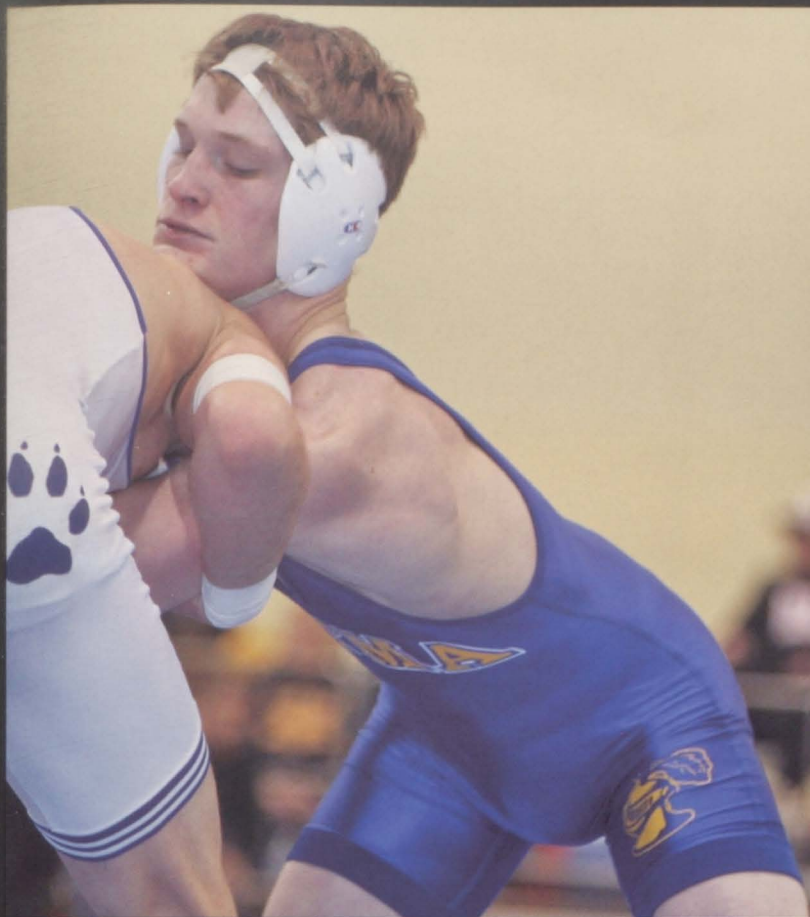
In the four years that the nine graduating seniors of the class of 2007 were part of the STMA wrestling team, the Knights were Minnesota Class AA State Champions every one of those years. The Knights wrestlers ended their season with a 22-5 record and completed their drive for four when they won the state title for the fourth year in a row. Coach Lefebvre said "it was a privilege and a pleasure to coach this team...they knew when it was time to get serious and work hard and their hard work paid off." Coach Greeno said the seniors "displayed great leadership and it was a pleasure to come to practice every day and to coach them." Way to go Knights wrestlers!

Right: Sophomore Jake Horn wrestles at The Clash. This season Jake received "All-Conference Honorable Mention".

Middle: David Thorn, two time state champion, wins a match. Thorn, a sophomore, has two more seasons to add on to his current 118-14 career record. He received an "Outstanding Wrestler" award and also reached the 100 wins milestone this season.

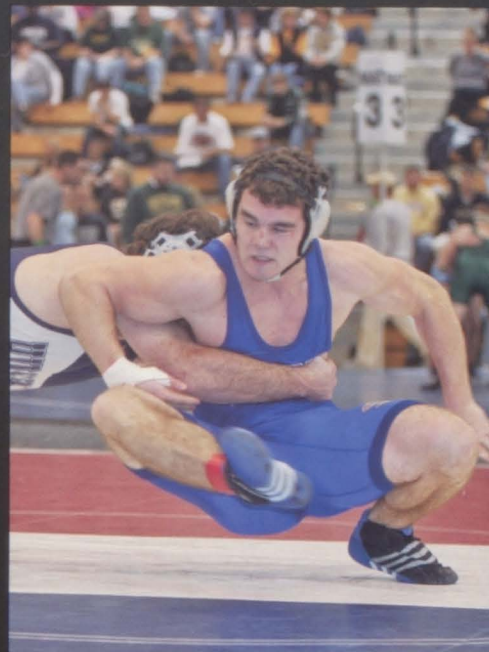
Far Right: Senior Alex Becker earned his 100th career win and ends his senior year with a 126-30 career record.



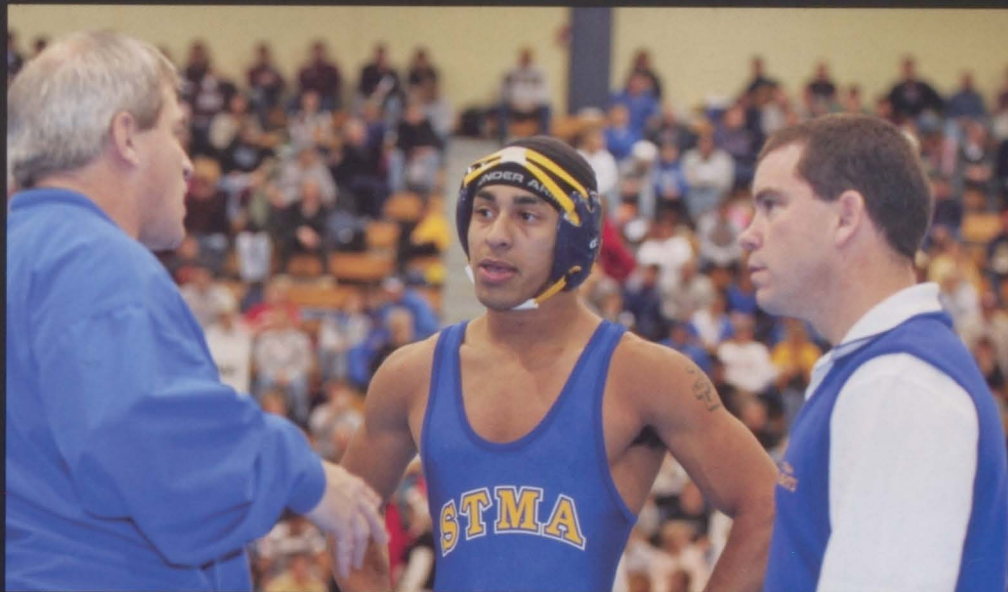
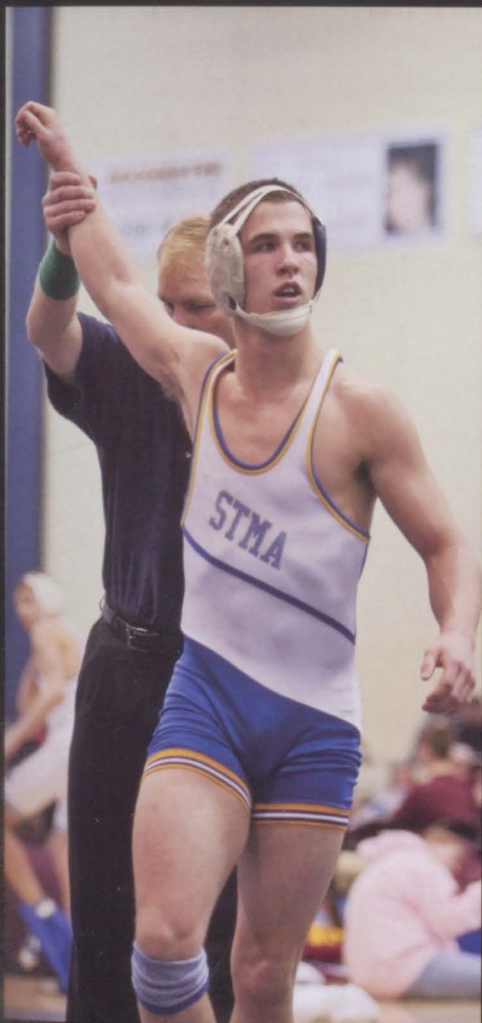


Left: Senior Joe Grygelko reached the 200 win milestone mark as he finished his career as STMA's "All-time winningest wrestler", ending his high school wrestling career with a 218-30 record.

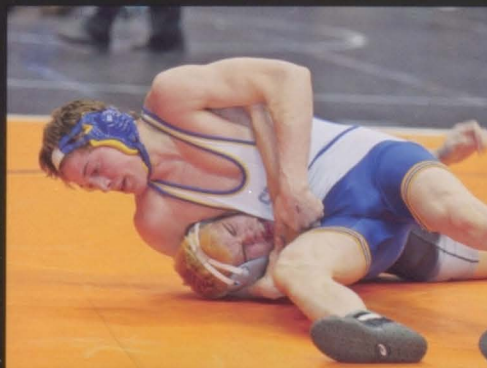
Below: Senior Lowell Zachman displays his wrestling prowess.



WRESTLING



Above: Jordan Campa takes a moment to get some advice from the coaches. Jordan, new to the team this year, earned "All-Conference" and wrestled at 152 lbs.



Left: Senior Austin Kolles received the "Most Improved" varsity wrestler award as well as "Rookie of the Year".

Far Left: Senior Ross Lefebvre shared the "Rookie of the Year" award with Austin Kolles for placing in state as rookies on the varsity team.

Right: The team watches from the sidelines at the January 11, 2007 game against Monticello. STMA won this game with a final score of 69 to 42.

Below: Angy Gavere maneuvers around a Monticello player. Angy scored a total of 123 points for the team this season and she is valued as one of STMA's leading blockers.



HOOP DREAMS



The STMA girls basketball team had a great season this year with 15 wins and 12 losses overall, and 9 wins and 5 losses for a conference record. Their biggest rivals this year were the Becker Bulldogs and Rogers Royals. This year the girls were ranked the third seed for sections. In sections they won their first game against Monticello 46-43, but lost to Sartell-St. Stephen with a score of 40-58 in the second game.



Left: The team takes time for a group huddle before their game. The entire team did many bonding activities this season, including a scavenger hunt at the Mall of America.

Below: Regan Englund gets support from her teammates as she comes off the court. Regan scored 130 points this season and averaged 5.2 points per game.



Above: Jane Simon searches for someone to pass the ball to. This season she ranked third for rebounds with 63 offensive and 59 defensive.



Left: The seniors get together for a picture at Northwest Airlines. Regan Englund, Natalie Dick and Nicol Schmitz were great role models for the whole team this year.

Far left: Senior Natalie Dick works the ball with finesse to score a basket before the other team steals it. Natalie is a guard on the varsity team and she has the second highest total of team assists with 71.

Right: Theo Rothstein goes for a breakaway. Theo led the team in rebounds with an astounding 233 for the season.

Below: Coach Anfenson lays out a play for the team. This was his 22nd year coaching basketball.



AIR KNIGHTS

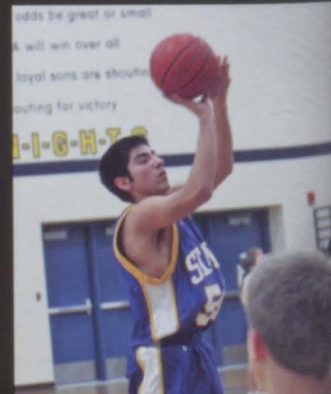
The St. Michael-Albertville boys basketball team had an impressive season for the '06-'07 year. They went 24 and 4 in the regular season; taking second place in the Mississippi 8 Conference and beating Big Lake 60-57 to qualify for the state tournament and earning the Section Champ Title. Unfortunately, the state semi-final game didn't go as planned and the season was stopped short. The top scorers this year were Riley Kessler and Theo Rothstein. Kessler scored 625 points for the Knights and Rothstein scored 394. The seven seniors will be missed but with the remaining players the team has high hopes for next season.



Right: Senior Guard Danny Hill fights for the ball in a game against Big Lake. The Knights faced Big Lake three times this season and defeated them each time.

Middle: John Arns goes for a lay up. This year he totaled 54 assists and 33 steals.

Far Right: Senior Tony Hare scored 50 points and had 45 rebounds this season. He plays pointguard.





Left: The team gathers for a timeout during the State Semifinals at the Target Center. The boys worked hard but were bested by Rocorri in a tough but well played game.

Below: Theo Rothstein dunks the ball in an early season game. He was one of the team's leading scorers this year with an average of 17.9 points per game.



Above: Matt LeClaire shoots a free throw. Matt plays center for the Knights and he scored 140 points and 123 rebounds this season.



Left: The team gathers for a picture after winning against Big Lake. This victory advanced them to the state semifinals at the Target Center.

Far Left: Riley Kessler jumps at the tip-off to start the game. He is the fifth person in STMA history to score 1000 career points for the boy's basketball team. He also beat a school record for the most points scored in a season.

Right: The team incorporates some fun into their workout by dressing in crazy clothes on "Wacky Wednesdays."

Below: Senior Laura Potter swings into a "Kip" on the bars. This was Potter's third year competing varsity.



STICKIT

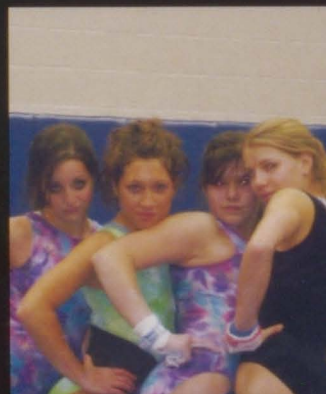
After losing five valuable seniors last year, the Knights Gymnastics team had their work cut out for the 2006-2007 season. The gymnasts fought through many injuries, but never allowed pain to get in the way of success. The girls worked hard to improve their Varsity team score by over ten points from the first meet to the last, scoring their highest at the Section 5A meet. The team had a very fun season and saw improvements from every gymnast. The girls are looking forward to next year with captains Katie Kilian and Amy VanHeel leading the way. The Knights will greatly miss their four seniors next year!



Right: Sophomore Katie Kilian demonstrates a wolf jump on the beam.

Middle: The returning varsity gymnasts strike a pose during practice. The girls practiced daily from 3:45 to 6:30 p.m.

Far right: Senior Alicia Traut works towards a new release move on the bars.





Left: The 2007 Section Team:
(Front L-R) Katie K., Jenna G., Sonya B., Amy V.
(Back L-R) Jessica B., Jenna N., Alicia T. and

Below: The girls "chalk up" before doing the bars. Chalk helps the gymnasts grip the bar and prevent "rips."



Above: The Varsity girls are exhausted after 2-1/2 hours of tough practice!



Far left: Senior Jenna Nelson focuses while practicing a "scorpion", a balance move in her beam routine.

Left: Seniors Jenna, Alicia, Laura and Jessica try to get rid of their nerves before the final meet of the season.

Right: Senior Captain Megan Dingley, Drea Thurmes and Shelby Stanger. As a line they went a record eight straight games without giving up a goal.

Below: Sophomore forward Emmy Johnson had a great season with a total of 11 points.



QUEENS OF HOCKEY



The Riverhawks improved their record this season to 15-8-2 with help from coaches Hanson, Yunker, Hancock and Savaloja. The team was led by seniors Emily Bourgeois, Megan Dingley and Katherine Foster. They were awarded with Academic All Conference as well as placing first in the Christmas tournament in Owatonna. The Riverhawks are made up of players from STMA as well as Monticello. As most of the team this year was comprised of underclassmen there are high hopes for next season.

Near Right: Junior Goaltender Kim Franklin prepares for a face off during a JV game, but she also had the opportunity to play in net for a few Varsity games.

Middle: Sophomore Amy Bruner shows off her secret talent (touching her tongue to her nose) during dryland.

Far Right: Kerry Blomberg and Megan Dingley line up for the National Anthem. On senior night Megan attempted to sing the song herself.



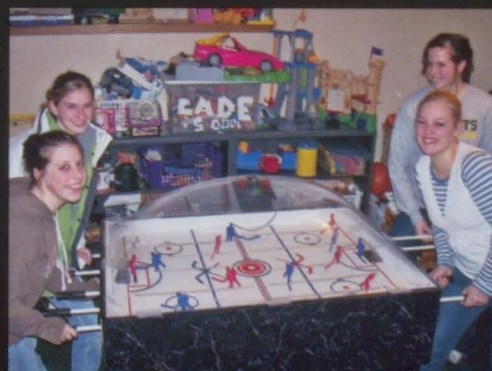


Left: Senior Goaltender Katherine Foster gets in position to make a save. Katherine was the starting goaltender for the Riverhawks this season.

Below: Freshman Defender Kara Foster skates toward the puck. Kara had a great season this year and scored her first Varsity goal.



Above: Six STMA Varsity Players prepare for their Conference Championship game against Cambridge-Isanti.



Far Left: Junior Captain Courtney Gamrath takes a shot. Courtney was one of the teams leading scorers.

Left: Four STMA girls play an intense game of bubble hockey to prepare for a big game the next day.

Right: The Knights line up to sing the National Anthem before the opening faceoff.

Below: Junior defenseman Ryan McCoy catches a pass in the start of the second period. Ryan had 16 assists and 73 shots on net.



THE MIGHTY KNIGHTS

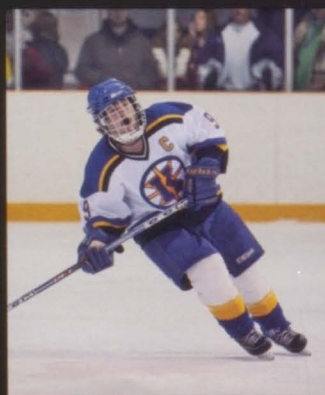
The Knights Hockey team had a disappointing 2006-07 season, but nevertheless it was still enjoyable for all of the players and fans. One of their biggest wins was over Becker/Big Lake where they won 13-2. Their final record was 10 wins and 16 losses. They will lose 12 seniors next year which means the underclassmen will have to really step up and take charge.



Right: Junior Danny Heskin slides across the crease to make a save. This season he had 447 saves which was a respectful 87%.

Middle: Senior Captain Jon Larson scores on the breakaway. Jon played center and had a total of 2 hat tricks, 15 assists and 106 shots on the net.

Far Right: Senior captain Nate Koep makes a pass to teammate Jon Larson. Nate scored 12 goals this season.





Left: The Knights gather around the net before the first drop of the puck.

Below: Senior Jake Isaacson comes around the net and fires a pass to a teammate.



Above: The Knights celebrate after a 3rd period goal.



Left: Senior forwards Brian Michaud and Nate Koep skate quickly towards the puck.

Far Left: Sophomore Brandon Varness ties up the opposing team's forward.

WINTER TEAM SPORTS



Boys Varsity and Junior Varsity Basketball: (Front Row L-R): Kyle Robeck, Jason Dehmer, Brian Wurdeman, Anthony Brouillette, Theo Lenneman, Derek Kasper, Todd Kessler (Row 2): Wes Kotila, Kevin Nelson, Coach Curtis Hahn, Coach Tim Anfenso, Danny Hill, Tony Hare, John Ams, Manager Nathan Luhmann (Row 3): Alex Maschoff, Riley Kessler, Matt LeClaire, Theo Rothstein, Lucas Nelson, Travis Freeman



Boys 10th Grade Basketball: (Front Row L-R): Greg Quenemoen, Tanner Krutzig, Drew Anderson, Zach Metz, David Arlt, Brian Anderson, David Borchardt, Trevin Miller, Zac Hollermann, Jack Mooney, Eric Lindenfelser, Coach Scott Bauer

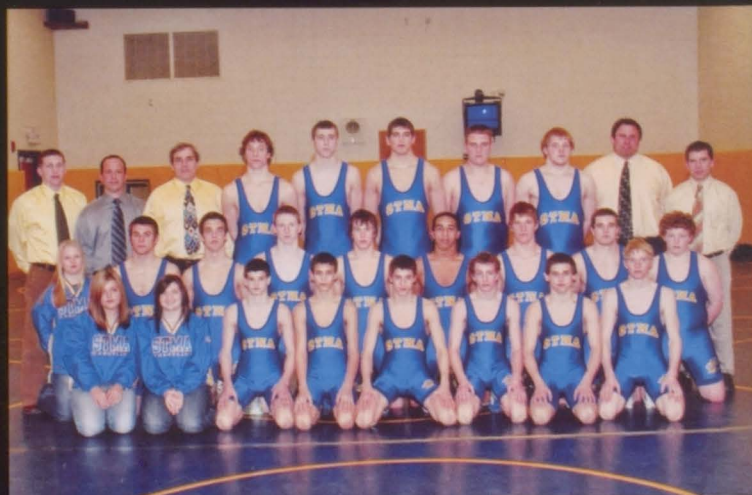


Girls Varsity Basketball: (Front Row L-R): Jane Simon, Natalie Dick, Regan Englund, Nicol Schimtz, Kassandra Barthel, Nicole Steffens (Row 2): Stacy Hegland, Brittani Wiese, Angy Gavere, Lauren Kessler, Laura Hofford, Lexi Thompson, Kaitlyn Baldrige, Coach Kent Hamre, Coach Josh Fisher, Coach Stephanie Lahr, Coach KC Solum



Girls Junior Varsity Basketball: (Front Row L-R): Jessica Monson, Maria Berning, Alycia Bydion, Carly Rothstein, Kassandra Barthel (Row 2): Anna Valerius, Samantha Dick, Coach KC Solum, Courtney Barthel, Megan Beauty

Boys Varsity Wrestling: Manager Vanessa Dick, Manager Julie Kasper, Kyle Salonek, Mark Frank, David Thorn, Jon Laudner, Carl Salonek, Alex Becker (Row 2): Manager Bridget Kottke, Brian Zachman, Ross Lefebvre, Kevin Witt-Edstrom, Jake Horn, Jordan Campa, Joe Grygelko, Lowell Zachman, Shaun Little (Row 3): Coach Johnny Barthel, Coach Dan Lefebvre, Coach Gregg Greeno, Austin Kolles, Kraig Schumm, Kyle Schumm, Justin Oie, Jon Marcks, Coach Tony Kenning, Coach Tony Mallinger





Boys Junior Varsity Hockey: (Front L-R): Steven Hastings, Adam Deters, Ross Gammell, Adam Malpass, Kevin Jonell, Pat Miller, David Prather, Tyler Bergstrand, Zac Graham (Row 2): C.J. Erickson, John Van Drasek, Cory Erickson, Coach Judd Helstrom, Coach Bill Weisner, Coach Dave Dorholt, Danny Russell, Andrew Osborn, Max Graham



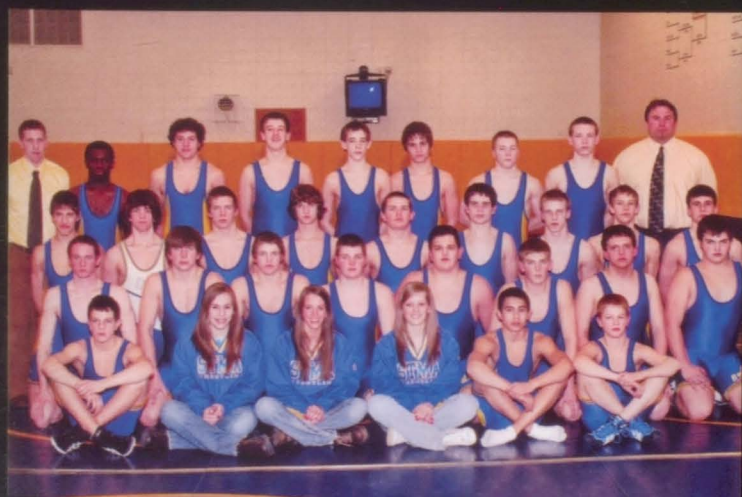
Boys Varsity Hockey: (Front Row L-R): Dustin Thelen, Jared Carlson, Ross Fricke, Nate Koep, Kyle Paulsen, Andrew Van Dusen, Cole Laudenbach, Danny Heskin (Row 2): Tom Kessler, Danny Wacker, Ryan McCoy, Coach Brent Johnson, Coach John Foucault, Coach Jerr Johnson, Coach Dave Dorholt, Coach Bill Weisner, Logan Schmidt, Craig Flaherty, Jake Isaacson (Row 3): Brandon Varness, Brian Michaud, Jon Larson, Chad Blais, Grant Kinnamon, Caleb Hensel, Tim Goth, Jake Kolling



Girls Varsity Hockey: (Front L-R): Natalie Schuneman, Katie Kotschevar, Laurie Barger, Amelia Johnson, Hannah Friedhoff, Anna Sombrio, Kerry Blomberg, Alyssa Bier (Row 2): Emily Burgeois, Katherine Foster, Coach Tim Hanson, Coach Jay Hancock, Kim Franklin, Megan Dingley (Row 3): Katie Anderson, Drea Thurmes, Courtney Gamrath, Katie Blomberg, Kara Foster, Amy Bruner, Meghan Laird, Stephanie Bondhus, Shelby Stanger, Mandy Thurmes, Brook Maier, Jessica Riffel-Dalluge

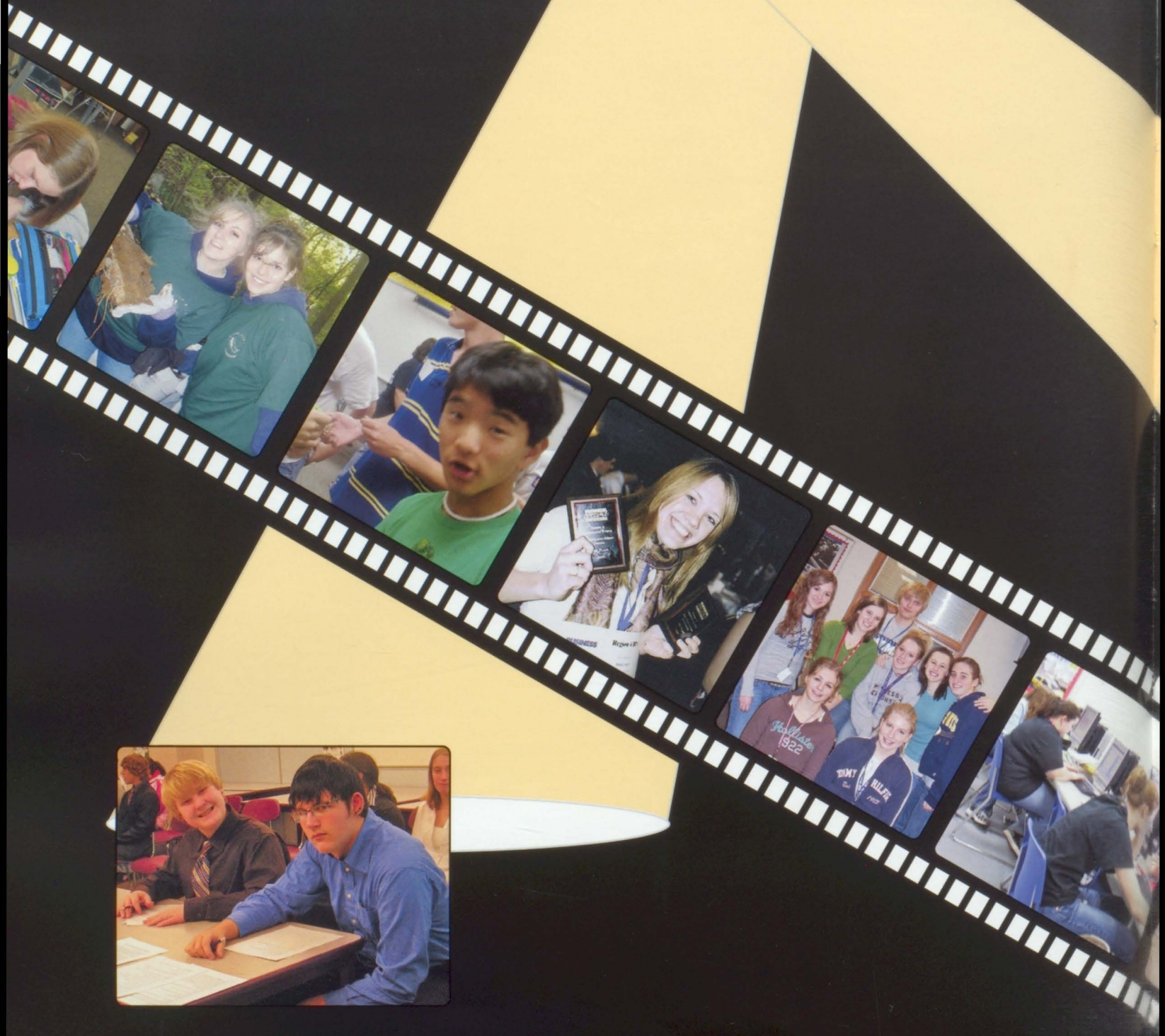


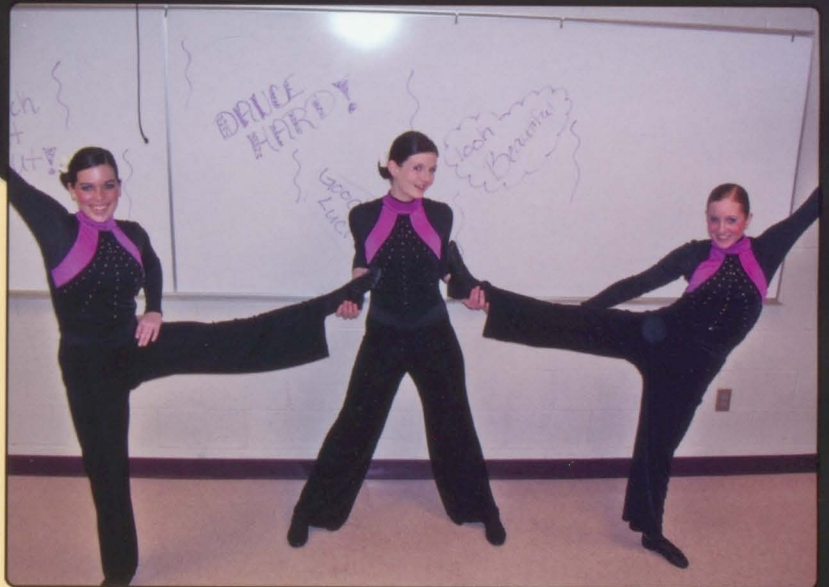
Varsity and Junior Varsity Gymnastics: (Front Row L-R): Katie Mangan, Elyssa Eull, Callie Santrizos, Sonya Barthel, Regan McGowan (Row 2): Kirsten Brunette, Laura Potter, Alicia Traut, Jenna Nelson, Jenna Gullickson (Row 3): Coach Tina Foss, Coach Lori Nelson, Katelyn Zahler, Katie Kilian, Jessica Bongaarts, Nicole Zachman, Candice Woods, Alayna Gifford, Amy Van Heel, Coach Todd Hanson



Junior Varsity Wrestling: (Front Row L-R): T.J. Fasching, Manager Emily Hackenmueller, Manager Dakota Adamson, Manager Tonya Dick, Derick Berhow, Dusty Kottke (Row 2): Andrew Wruck, Nick Zachman, Hank Dalbec, Jake Brown, Tony Wallace, Mark Zachman, Brian Neary, Teddy Wallace (Row 3): Ryan Kessler, Joe Smith, Grant Friendshuh, Grant McEachern, Kyle Anderson, Eric Derus, Jordan Scherber, John DeLozier, Jared Dehmer (Row 4): Coach Johnny Barthel, Kwaku Amoah, Ben Horn, Dan Nerdahl, Chris Paulsen-Schmidt, Evan Eull, Zac Grizvold, Erik Rostamo, Coach Tony Kenning

Clubs & Organizations





National Honor Society

Each year the NHS puts together countless programs, activities and fundraisers for the school and community. This year they put on two blood drives, scarf-making, the mitten tree, clothing, food and toy drive, and sponsored fundraising events for St. Jude's, the Cleft Lip Foundation, Minnesota Nice Program and others. NHS also sponsored fun things like Homecoming Week and dance, the Blizzard Bash, car washes, new member induction and the yearly camping trip.

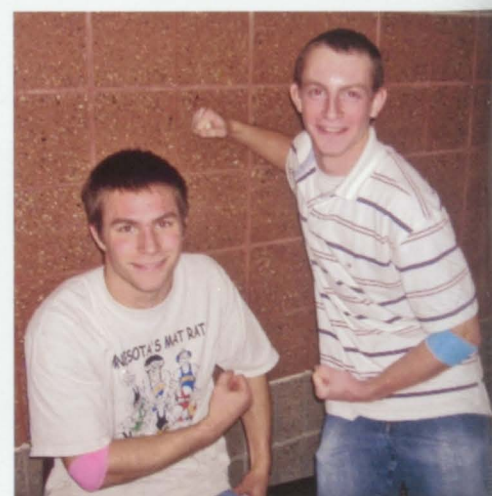


Above: Carissa, Abby, Stephanie and Katie at Sunrise Senior Living in Buffalo for the annual Cookies and Caroling event.

Right: Members with the bags of trash that they collected during the annual Clean the River outing on the Crow River.



Far Right: Brian Zachman and Jon Laudner prove they still have strength left after donating blood at the blood drive in the fall.



student Council

The Student Council is made up of 28 members and includes seven students elected from each of the four grades. They sponsor many of the activities that go on around the school, including planning coronation as well as the elf auction, prom, graduation activities and many other events. They also sponsor many different fundraiser events like the dating surveys and penny wars.



Above: Senior members win the gingerbread house contest at the Christmas party.



Left: Several Student Council members and football players warm up by the bonfire at a Council sponsored football party.

Far Left: Camille Welter and Caitlin Ferry attend an early morning meeting to discuss plans for coronation.

Mock Trial

The Mock trial team this year consisted of twelve students, eleven of which were first timers. Led by Ms. Fisher and assisted by local attorney Pat Michenfelder, the team competed in several invitationals. Keith Bistodue got best attorney award at Farmington. This year was a pretty young team with nine Freshman, one Junior and two Seniors. Overall they had a decent season and had fun making new friends.



Above: The witnesses listen intently as the lawyers lay out the case for the judge.



Right: Attorneys Cody Dorumsgaard and Justin Quade prepare to go over their case.

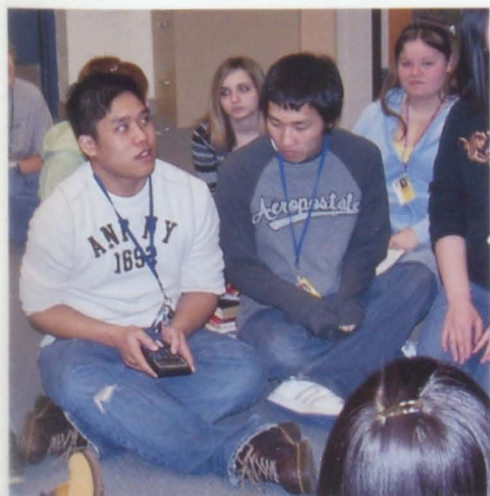


Far Right: Melissa Yanish flashes a smile for the camera. This was Melissas first year on Mock Trial and she enjoyed it very much.



Diversity Club

The Diversity club is enjoying it's second year at STMA and continues to rapidly expand. The group consists of students and staff who are dedicated to building unity throughout our community. This year the group attended the Race Exhibit at the Science Museum as well as sponsoring a movie night and hosting their first awareness week which included meals of different ethnicity, displays around the school, and a talent show.



Above: The club gathers in the choir room for a meeting. The Diversity Club is headed up by seven student leaders.

Left: Club members work together for their first ever fashion show which was held during Diversity Week.

Far Left: Students work on event planning during a meeting early in the fall. At this meeting they were finalizing details for their trip to the Science Museum to see the Race Exhibit.

Business Professionals of America

The B.P.A. had another successful year in competitions. Over 20 individuals and groups made it to state with some STMA participants qualifying for nationals. At the end of March they went on their annual learning experience to New York City where they had the opportunity to visit the stock exchange and appear on "The Morning Show".



Above: Reid Nelles, Colin Fecho, Whitney Rathbun and Nicol Schmitz finish their meal downtown.

Right: Julia Phaipanya at the state competition. This was Julia's first year in B.P.A. and she competed individually in Digital Media. Her presentation took second and qualified her for nationals.

Far Right: Alicia Traut proudly shows Mrs. Carlson the 3rd place plaque she received for her presentation on Administrative Support.



Math League

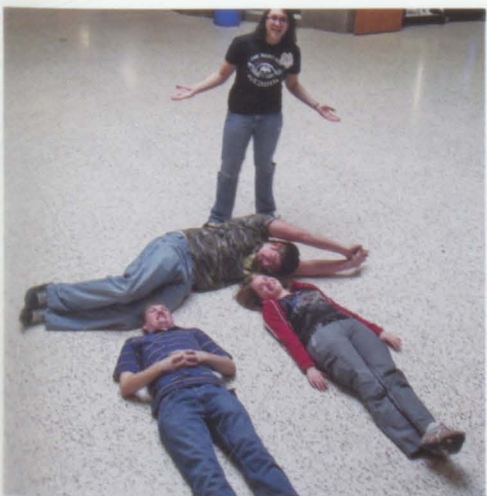
Since Math League is a fairly new club to STMA there aren't a lot of members, but they did get a whole bus to themselves! Overall, the team placed 7th and Jack Mason received an individual award for his high score. The team agreed that the best part about math league was definitely the food; they were provided with complimentary donuts at every meet and pizza at the final meet.



Above: Apparently not much gets accomplished in the team competition; much of the time it's a lot of arguing and very little math.

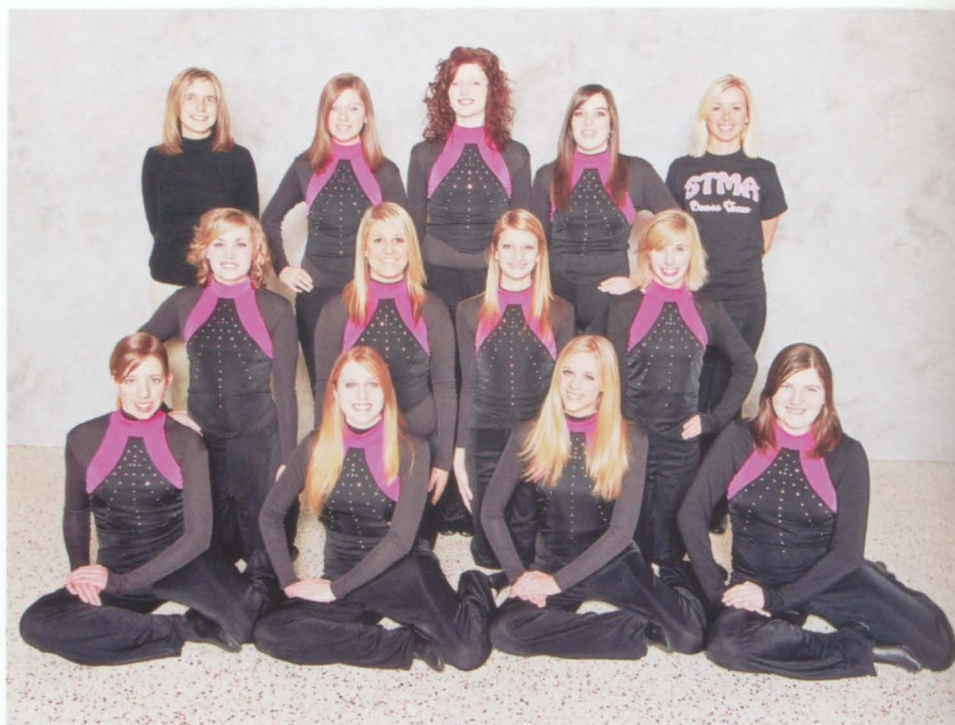
Left: The team pulls together and works to get their problems done before time runs out.

Far Left: Pi anyone? Seniors Keith Bistodeau, Jeremy Kopp and Cosima Kafka attempt to make the Pi symbol with their bodies.



Dance Team

This year STMA got a new edition to the athletic line-up when it started its first dance team. There were a total of 11 girls this year. They performed at many different school events throughout the winter season and competed at several places throughout the conference.



Above: The dance team performs for the school at the pep rally during Winter Week.

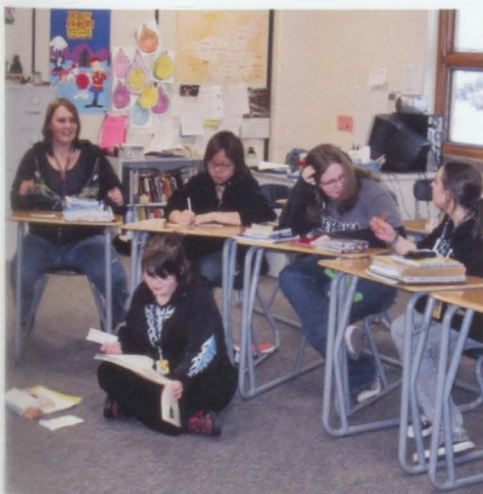
Right: Some of the team warms up before section competition. All of the members said they loved the "adrenaline rush" of performing on stage.

Top Right: Team captain Becca Crowe and Sami Maske smile for a quick picture before a competition.



Poetry Club

Also this year, compliments of Mrs. Larson, STMA introduced the Poetry Club. They meet once every other week. The meetings give students a chance to read, listen to, and write their own poems. It allows students the opportunity to gain an understanding for poetry as well as to be able to express themselves.



Above: Juniors Sarah K, Courtney P, Abby S, and Danielle R show their creative side during SNAP. They are some of the most dedicated members to the club.

Left: Mrs. Larson starts off the meeting by introducing the ideas for the poems which are about to be read by the members.

Far Left: Club members work on posters to display their poems. Some of these poems were put on display around the school.

Yearbook

Right: The Valor staff of the 2007 yearbook. The yearbook staff included about 30 dedicated members this year.

Below: Katherine Foster and Emmy Johnson work as a team on the girls hockey page.



Above: Senior Editors Laura Reimann and Darrick Williams pull out their hair when they realize how much work is left with only one week remaining before the final deadline.

Right: Caitlin Abrams and Brittany Berning laugh at some of the Ads for Grads pages during a meeting.

Far Right: Yearbook Adviser Lisa Collier and staffer Rebecca Michaelson work hard to get pages done for the next deadline.



Special Thanks To:

Lisa~

for putting up with us all year
and spending hours helping
out with pages.

Greg Zahler~

for capturing memories at all our
special events.

AnneMarie and
Lifetouch~

for helping out with all of our
little problems.

Teachers/Coaches~

for letting us interrupt class to get
pictures and for providing us with stats.

Gaylen Bicking and Mr.
Bykowski~

for sharing your talents with us by taking all
those amazing photographs.

Parents~

for adding some extra fun
to the book with the ads for
grads.

Yearbook Staff~

for those of you who got your work
done and pages turned in on time,
you made our days less stressful.

Seniors~

for getting your pictures and quotes in
and for your help on the other pages.

**WITHOUT YOUR HELP THIS BOOK
WOULD NOT HAVE BEEN POSSIBLE!**

FROM THE SENIOR EDITORS,

Darrick Williams

Laura Reimann

Thank You's



Danielle Brown

Having you made me a better person. I know you will be successful at whatever you pursue in life. I am so proud of you and everything you have accomplished!
I love you, Mom



Danny Hill

Congratulations Danny! We are proud of the young man you have become. Follow your dreams and believe in yourself.
We do.
Love, Mom, Dad and J.D.



Dustin Jackson

Dustin, may all your dreams come true. We are so very proud of you. Thanks for being such a great son!
We love you,
Mom and Dad



Emily Eull

Emily, you are always determined in whatever you do. "You're on your way...OH, THE PLACES YOU'LL GO!"
Love,
Mom, Dad and Scott



Geoff Neuman

We are so proud of you. We know you will be successful in anything you do. You are a special person.
Love,
Mom, Dad and Lauren



Heidi Winkler

We pray that God will fill your heart with dreams and that faith gives you the courage to dare to do great things. We're here for whatever this life brings. So let our love give you roots and help you find your wings.
Our love always,
Mom and Dad



Holly Thao

Holly, you have brought us so much joy and happiness for the past 18 years. We are very proud of you and all of your accomplishments. You can make good things happen as you did before. We wish you success and happiness in the future. Keep up the good work. We'll always be there for you.
With Love! Mom, Dad and all



Jack Berning

Jack, follow your heart and you will succeed in everything you do. You've made us proud!
We love you,
Mom, Dad, Melita and Matthew



Jaclyn Ohnemus

Jaclyn, you have sparkled from the day you were born. You have grown into a beautiful young woman with talent, integrity, compassion and intelligence. You make us very proud! We love you and believe in you! Carpe diem!
Love, Mom, Dad, Stef, Andrea and Gypsy



Jake Kolling

Mr. Comedian? Why not, you know how to make people laugh. Face your next journey the same way. I'll always be on the sidelines cheering you on!
I'm extremely proud of you!
Love, Mom



Jackie Urai

Way to go Jacks! It's been such a joy watching you grow into the beautiful young lady that you are. Always follow your heart and dreams - we know they will lead you to success in your future. We are all soooooo very proud of you. Know that we are always here for you!!

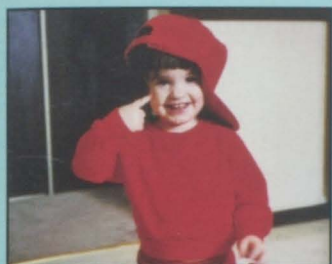
Lots of Love, Mom, Dad and Michelle



Josh Adams

Josh, you have brought so much joy and happiness into our lives and we thank God for giving us the opportunity to watch you grow! Kindhearted, handsome Josh, we are so proud of you! Go out into the world now and make your mark. Remember, we're your cheering section and we'll always be here for you.

We love you, Mom and Dad



Jessica Harren

"I'm going places." We saw it in your eyes already when you were small. You've set your goals and held to your commitments. We're all so proud of what you've done and where you are going.

Love, Mom, Dad, Jonelle and Derek



Julie Hedlund

A note from us, remembering all the loving notes you've left for us over the years. Keep that caring attitude and trust in the Lord as you move on to exciting new ventures in your life. He will always be with you and bless you. We've truly enjoyed your piano playing and singing.

We love you! Mom and Dad



Julie Kasper

May you always follow your heart and trust your abilities, knowing that those who love and believe in you find so much joy in the wonderful person you are.

God Bless You.
Love, Mom and Dad



Kate Anderson

We love you.
Go for your dreams.



Katherine Foster

Katherine, from the little girl playing with the dog to a smart young lady who speaks her mind. Good luck on your way to college.

Love, Dad, Mom, Dougie and Kara



Kyle Anderson

Congratulations Kyle! We are very proud of you. With your tenacity and perseverance you can do whatever you set off to do.

We love you! Mom and Dad



Kyle Bechtold

Congratulations! We are so proud of you. May all your hopes and dreams come true.

We love you.
Mom, Dad, Kayla and Kory



Logan Conwell

You've made such a difference in our lives and taught us so much. May you keep a song, a prayer and a smile in your heart always.

Love,
Dad, Mom, Aaron and Holly



Alyson Ulen

Aly, we love you and are so proud of you! We can't believe how quickly time has passed. You're heading for college and a bright future. Good luck! Love, Mom, Dad and Nate



Jake Voss

Jake, your kindness, caring attitude towards others, and humorous personality have brought so much joy to our family. Thanks for being a wonderful son, Jake!

Love ya,
Mom and Dad



Angie Grundman

Hey baby! You've come a long way! You once asked why did we only have one baby? My answer was because we got the one we wanted. I love you forever, like you for always, as long as I'm living, my baby you'll always be. Have a happy life, Nina Love always, Mom



Justin Oie

Justin, from day one you've faced challenges head-on with strength and patience. It has been those challenges that have built your wonderful character and warm heart. We know that you will be successful no matter what "hat" you decide to wear.

All our love, Mom and Dad
Alysha and Cassie



Brittney Barr

No one could be prouder or love you more! Follow your dreams...believe in yourself...always remember your mind is a powerful thing! All our love, Mom and Dad



Robyn Van Drasek

As you set new goals, dream new dreams, and travel to far away places, always remember that your heavenly Mother and Father will be at your side to guide, protect, and love you. We love you and are so proud of you Robyn! Much love always, Dad and Mom



Danny Merges

Dano, you have brightened our lives so much. Your honesty, hard work and humor will get you far. Best wishes for a great future. We are proud of you! Love, Mom and Dad



Tim Goth

Tim, you've always had a great sense of humor and confidence in yourself.

Good luck with the future.
Love,
Mom and Dad



Katie Daleiden

We pray that God would fill your heart with dreams and the faith that gives you the courage to do great things.

Love,
Dad and Mom



Alicia Traut

We are so proud of the wonderful person you are, and the inspiration to so many.

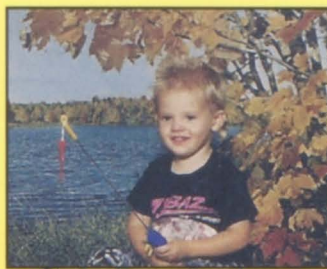
We love you,
Mom, Jay, Rachelle and
Jessica



Anthony Brouillette

Anthony, go out into the world where your heart calls you, the blessings will come. We wish for you the insight to recognize the blessings. So be ready. There are great souls and teachers everywhere. It is your job to recognize them.

We love you,
Mom, Dad, Emilee and Austin



Cole Laudenbach

You are such a blessing to us and we are so proud of the great person you have become! We know that you will succeed wherever your dreams may lead you. Always know that we are here for you!

We love you,
Dad, Mom, Katie and Emily



Christie Roberts

Your independent spirit, your intelligence and creativity, your beautiful smile are just a few of the qualities we admire about you!



Andie Madison

Andrea, you are amazing! Thank you for being so wonderful! I am so proud of you! Always remember - with God's help, you can do anything!

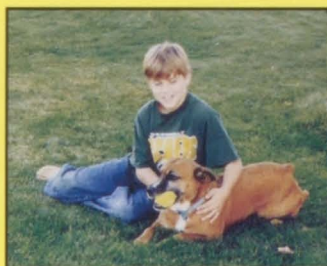
I love you so much
XOXOXO
Mom



Kirsten Harrington

To our Kirsten, We are very proud of you and wish you much success and happiness in your future. We know that ambition will drive you towards your goals in life. Always know we are here for you and love you very much.

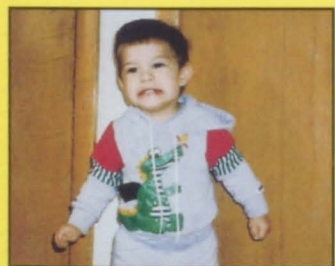
Mom, Dad, Tia and Eric



Danny Russell

Congratulations, Danny! We know you will succeed in everything that you do. We are so proud of you!

Love, Mom, Dad and Katie



Tom Haskvitz

Congratulations Tommy! We are so proud of you, our joy child, our second. With all our love,
Mom and Dad



Misty Gilman

We love you, Misty! Your smile and compassion brightens everyone around you. You have so much to give. We love to watch you dance! Love, Mom, Dad, Adam and Nick



Joe Grygelko

Hey Joe, you are the last of our graduates. Follow the lead of Kristen, John and Jake and "establish your own road."* We've always been proud of you.

Love, Mom and Dad.
*Quote from Grampa G.



Jon Laudner

Congratulations Jon! We are very proud of you! We love you very much and wish you much success in the future. We will always be here for you.

Love, Mom and Dad



Nate Wyre

We are extremely proud of you and the man you have become. When we look at you, we can see your faith, honesty, strength, humor, patience, integrity, humility and kindness. Never forget to pray.

We love you.
Mom and Dad



Jon Larson

"Jon-Boy" Our first-born is all grown up and graduating. We are so proud of you! You have become a great young man and you will go places and achieve your dreams. Follow those dreams! Don't ever change who you are. We love you.

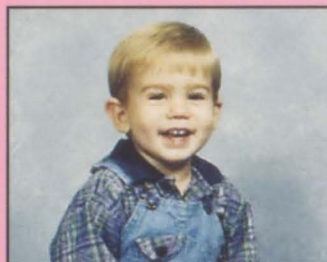
Love, Mom, Dad and Jacob



Laura Reimann

Laura, you are a wonderful young lady. Keep your dreams and God in sight and you will go far.

We love you.
Mom, Dad, Shawn and Kallie



Matt LeClaire

Matt, you came into this world in a big way and that's the way you have done everything in your life! We are so proud of all that you have accomplished. Keep working hard and you will be successful in whatever you choose. We will always be here to guide and support you.

Love, Mom and Dad



Rachel Dehmer

Rarely rests
Always on the go
Cute
Honest
Extremely determined
Loves God!

With love,
Mom and Dad



Kirstin Roden

Kirstin, you are such a beautiful person, inside and out. We're proud that you have become a person that everyone wants to be around. Keep dancing, laughing, and rooting for the underdog! We love you!

Dad, Mom, Erin, Emily and Kayla



Krissa Reemts

You go girl! Good luck in everything you do.

Love,
Mom, Dad, Tyler, Amanda,
Lori and Brice



Krista Bauman

Our Princess, we are so proud of you and we feel so blessed that God has put you in our lives. We love you.

XOXOXO

Love,
Mom and Dad



Liz Newman

Remember to face your future with a smile. Congratulations

Liz!
Love,
Mom, Dad, Abby and Rose



Lauren Carlson

Lauren, we are so proud of you and all of the accomplishments you have achieved in life so far. You have such a kind heart and compassion for life.

We know wherever you journey in life you will make a difference in this world. God has truly blessed us and He will walk that path with you.

Love, Mom, Dad and K.C.



Troy Lindenfelser

Troy, remember life is what you make of it, so enjoy it and have fun! We are proud of you.

Love,
Mom and Dad



Emily Olson

"All I have left is just a little swig of magic." You are magic, Miss Emily.

Love you,
Mom



Kayla Miedma

Kayla (Doodle), you have worked so hard and you make us so proud. Always believe in yourself and your path to the future will hold happiness, love and success. We will always be there for you.

We love you, Dad, Mom,
Carla and Lance



Natalie Dick

Congratulations Boo Bear! You are a special person. We are very proud of you and wish you the best. Follow your dreams!

We love you.
Dad, Mom, Alyssa, Brianna,
Samantha and Gavin



Brian Wurdeman

Brian, you are an awesome kid and we know you will be an amazing adult. Good luck at the U of M and with whatever else your dreams hold.

Love ya always,
Mom, Dad and Mandy
Work hard, have fun, and stay safe!



Rebecca Michaelson

Congratulations Rebecca! You have been and always will be our "little" precious princess. We are very proud of you and your accomplishments. Believe in yourself, stay strong, work hard, have fun and you will achieve your dreams.

Our love always, Dad, Mom,
Daniel and Aaron



Kayleen Eggert

Kayleen, your strength is that you are yourself. You have never followed the crowd. We are proud of you and we love you.

Mom, Dad and family



Kelsey Long

The older they get, the more you hold on, but before you know it, the day is gone. Cherish each smile, each laugh and each tear. You blink your eyes and a day becomes a year.

Kelsey, keep a song, a prayer and a smile in your heart always.
Love you, Dad and Mom



Kim Kolstad

God smiled the day you were born and every day since. I am so proud of you and I know you will be a success no matter where life takes you! Remember, we're always here for you and love you very much!

Mom, Katy and Bonkler



Jeremy Kuhn

Germ-weed: "The road of life twists and turns and no two directions are ever the same. Yet our lessons come from the journey, not the destination." As one journey ends and another begins for you always keep your great sense of humor and zest for life. Please don't forget to come home. We're proud of you.

Love, Dad, Mom and Preston



Kate Bienias

Kate Ann, you stole our hearts the day you were born. We are very proud of you. It's time to share your winning smile and caring personality with the rest of the world.

Love, Mom and Dad



Rob Roden

From little on you've been blessed with a love of music. We've nurtured it and have watched it grow. Now may you cultivate it and share it with others. God bless and let Him be your constant Guide in your future.



Morgan Hayek

Morgan, you are the most wonderful "surprise" we could have ever imagined.

Love forever and always,
Mom and Dad



Sara DeLozier

"May your heart always be joyful, may your song always be sung, and may you stay forever young."

-Bob Dylan

Love, Mom and Dad



Whitney Rathbun

Whitney, it has been an adventure watching you grow up - we hope that your energy, attitude and enthusiasm stay with you in whatever your life may bring.

Love, Mom, Dad and Ashley



Shane A. Weber

Remember when you used to come and snuggle up to have me read you a story everyday? I enjoyed it as much as you. You have grown into a fine young man. Make wise decisions and be good to others. Enjoy life and follow your dreams. I am proud of you! Skate on.

Love, Mom



Colin Johnson

I am very proud of you, Colin, and I thank God for the times we've had and the times yet to come.

Love, Mom



Isaac Saville

Isaac - you are the light of my life.

I love you.
Mom



Brian Michaud

Brian, Wow! You are such a remarkable young man. We are proud of who you are, what you have accomplished and what you will achieve. Live life to the fullest and enjoy.

Love, Mom, Dad, Karisa and
Mariah



Jessica Bongaarts

Jessica, we are very proud of you. We wish you success and happiness in the future. May all your dreams come true. Always remember we love you.

Love, Mom and Dad



Cory Kessler

Cory, we wish you all the joy and happiness in your life that you have brought to ours. God bless you in all you do!
Love, Dad, Mom, Emily and Devin



Jodi Kolles

"Our little baby girl!"
The years have gone by so fast and we see our little bundle of joy grown into a beautiful young woman. You couldn't have made us any prouder. Now it's time to enjoy your life and follow your dreams. We will always be there for you.
Love, Mom and Dad



Josh Steffens

Hey Partner, you've given us lots of laughs and smiles and we expect there'll be many more. May God guide your future and bless you with true happiness which can only come from Him.
We love you, Dad and Mom



Kayla Kasel

Kayla, we are so proud of you. With your hard work, dedication and desire to succeed, you have all the tools you need to achieve your dreams.
We love you, Mom, Dad and Aaron



Kelsie Lewis

Congratulations Kelsie! We are all so proud of the person you have become. We know this is only the beginning. Follow your dreams always! May God bless you and guide you along your journey in life!
Love, Mom, Dad and Ashley



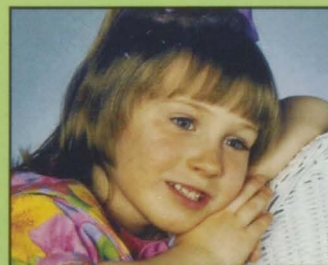
Kurt Wacker

We are proud of your abilities. We hope the future blesses you with much happiness in all you do.
Love, Mom and Dad



Lindsey Fehn

Lindsey - We have always loved your excitement for life. Carry that with you always!



Melissa Yanish

"I like me, who do you like?"; "...have suitcase...will travel".
Melissa, we love your positive outlook. You are great!
We love you, Grandpa and Grandma



Michelle Katchmark

You are so cute and sweet! We know you will succeed in whatever you do. Remember we are always here for you.
Mom and Dad



Tony Sorowka

During the last months you showed a lot of strength and proved to have great powers of endurance. With the unselfish help of your friends, you shouldered every problem. The difficult and the happy moments let you become more mature and rich with experiences. We are proud of you!
Love from your family



Rachel Knutsen

Rachel, we are so proud of you. We wish you happiness and success in all you do. May all your dreams come true!



Sarah Gindele

Our wish for you is that this life becomes all that you want it to, your dreams stay big, your worries stay small. Find God's grace in every mistake, always give more than you take.

Love, Mom, Dad, Lydia, Luke, Vanessa and Eli



Aaron Frank

Aaron - Once again, it is time for you to fly! You are a wonderful son and brother. We love you more than all the stars in the sky.

Mom, Dad and Maria



Andrew Evans

George Bernard Shaw once said, "Some men see things as they are and say why - I dream things that never were and say why not." You have always said, "Why not?" We are so proud of the dreams that you have dreamt and fulfilled, and of the young man that you have become.

Love, Mom and Dad



Steph Swenson

Steph has always been "Miss Independent". Taking control of the wheel at this young age and making her own individual path towards her goals in life. You have made us very proud and we love you very much.

Mom, Dad and Big Sis

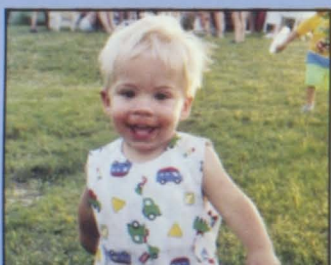


Alex Rammer-Bitton

Mish-A-boo, you amaze me, from the day you were born (all 3 lbs. of you) and each and every day thereafter.

You have such compassion, enthusiasm and strong will. Believe in yourself and all of your dreams. It is within you to accomplish all that you want out of life.

I love you to the moon and back!
Mom (me more)



Andrew Osborn

Congratulations Andrew! We are so very proud of you. Follow your dreams and remember we are always here for you. We love you!!
Mom, Dad and Megan



Sarah Larson

Sarah, we are very proud of you and excited to see where your path leads from here. You are a very special person with many special talents.

Love, Mom, Dad and Ryne



Ali Anderson

Ali Rae: Words cannot describe how happy we are for all that you have achieved. Embrace each day with optimism and allow God's love to guide you.

Love ya, Mom and Dad



Andrew Wagner

You brightened our lives the day you came into the world. Wherever you go and whatever you do with your life, we'll always be proud of you for being the best you can be. We love you "as much as the sky is".

Mom, Dad, Megan and the pups



Amanda Engelhart

My blond hair, blue eyed, angel-face baby girl, words alone cannot express how proud of you I am. You are such a wonderful young woman. Your life is just beginning, embrace it with wisdom and a smile.

All my love,
Mom



**Al and Tom Kilian and
Kelsey Long**

Cousin to cousin we'll always be,
Special friends from the same
family tree.
Congratulation to our 2007
Graduates!



Austin Kolles

Austin, we are so proud of who you have become. The journey ahead will bring you many challenges; but the drive and determination you have will help you come out on top. We wish you success and happiness in whatever you do.

Love, Mom, Dad, Amanda, Jaxon,
Mitchell and Jamey



Ashley Fernholz

Ashley (Melon Pudding Pie) Mel, you are the sunshine in my heart, my joy and blessing. We are so proud of you in all you have accomplished and the lady you have become. Ashley, follow your dreams and your heart for the next stage. Remember I will always be here for you. Love always,
Mommy and Grams



Ashley Girard

Ashley, you've brought so much joy to our lives and to so many others as well. We are truly proud of the person you've become and look forward to the future that lies ahead of you. You're on the right track - keep it up "Cow Pie"!

We love you, Mom, Dad and
Michelle



Beau Toutloff

What a face...what a kid! You are special and the world is a better place cuz you're in it! Hold on to the truth of who God created you to be. It's powerful and can take you places you never dreamed possible. I believe in you!

WGGKL
Mom



Bekki Jossart

To our beautiful baby with big blue eyes, bright smile, and gentle hug. Thank you for blessing and enriching our lives.

We are so very proud of you.
All our love,
Mom, Dad, Rachel, Erika, and
Tom



Billy Laney

You've never met a challenge you couldn't conquer. From the bitter struggle to "get up on one" to pounding The Dragon (and someday, The Wall) into submission, you've always won through your incredible perseverance. With your perfect combination of wit, charm and brains, you never cease to amaze us. Now go amaze the world!

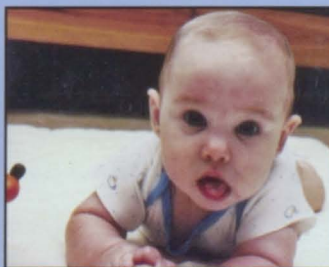
Love, Mom, Dad and Em



Brian Zachman

Brian, we are so proud of you! Keep smiling, working hard, and loving life! May God guide you in all of your decisions and bless you always!

Love you,
Mom and Dad



Colin Fecho

Colin, may you always see the world with eyes of wonder and determination. We're so proud of you, of all that you've accomplished, and of your plans for the future. We love you!

Mom, Dad, Kelsey and Matt



Darrick Williams

Darrick, we're blessed to have you as a daughter. It's been a joy watching you grow up, we're excited to see you accomplish your dreams! Love, your Dad and Stepmom Darrick, you have given my life purpose, meaning and unbelievable joy. I wish you much love, happiness and success in your journey of life. Love, Mom



Lowell Zachman

Congratulations Lowell! You are a blessing to us. Let your laughter, kindness and love of life guide you into the future. Follow your dreams. We are proud of you! Love you, Dad and Mom, Kalsey and Becky



Laura Potter

Laura, congratulations! You have prepared well for the adventures of life. Keep up the good work and may all your life's adventures taste as good as birthday cake. Love Mom, Dad, Rachel, and Amy



Katie Zachman

Kitten, we are very proud of the person you have become. You continue to inspire us to be true to ourselves and our principles. We know you are going to make this world a better place. We love you! Mom, Dad, Amy and Kara



Laura Robertus

Congratulations Laura! We are extremely proud of you and all of your accomplishments. You have always set your goals high and have achieved them by working hard. We know you will be successful. Love, Dad, Mom, Michelle and Rachel



Lucas Pollock

Luke we are so proud of you. Remember you can do anything in life if you believe in yourself. Love, Mom, Dad and Grady



Luke Claycomb

Your perspective on life is unique. The humor you find in everything is a special quality few of us have to such a degree. The world is your big playground. We are so proud of you! Take the best from life, have fun, and you will be successful in all endeavors. Love, Mom, Dad and Jon



Matt Coles

Dream big and you can achieve anything and everything! Congratulations Matt! Love, Mom, Dad, Jamie and Kélé



Mike Peltier

Michael, you've succeeded with honor in overcoming obstacles greater than most people have imagined. We're so proud of you! Way to go! We know you'll make it the rest of the way, too. Love, Mom, Dad and Benjamin



Miles Friendshuh

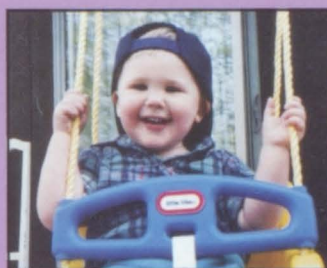
Where has the time gone? We are very proud of the young man you have become. Keep your wonderful humor and never forget God in your life. Love, Mom and Dad



Missy Jean

We are so proud of you! The world is waiting for you, go out and make it a better place.

Love,
Mom, Dad and Sara



Nate Koep

We have seen the good become great. And it's time for the great to achieve greatness. Live your dreams. We are very proud of you!!

Love,
Mom, Dad and Amanda



Nicki Burkstrand

Nicki, you are a star in our eyes! You can do anything you set your mind to do!

Love you lots!
Mom, Mike, Tyler, Grandma and Grandpa



Nicol Schmitz

Coe, all that drive and determination you express will get you what you want and deserve out of life. And always remember, we will support you in whatever path you choose.

Mom and Dad



Nina Zeleny

Congratulations Nina! You'll always be our Baby Birdie, forever and ever.

We're so proud of you.
Love,
Mom and Dad



Pete Lindquist

For times when words cannot express a feeling, like our immense pride in a wonderful son, God gave us Bob Dylan: May God bless and keep you always, may your wishes all come true. May you always know the truth and see the light surrounding you. May you build a ladder to the stars, and climb on every rung. And may you stay forever young.

Sláinte! Mom and Dad



Breanna Kolles

Congratulations, you've done an awesome job. Go out and spread your wings.



Brent Guimont

Brent, we love you! Thank you for being an awesome, ambitious, smart and fun son. "Soar" to new heights in all you do with your future. May God bless you each day.

Love,
Dad and Mom



Bridget Kottke

Congratulations Bridget! We are so proud of you and everything you have accomplished. You are such a hard worker, we know you will achieve whatever you set out to do.

Love,
Mom and Dad



Sara Borchardt

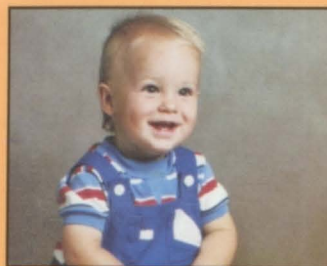
Independent, artistic, freespirit, fun-loving, creative...that's you, Sara. It's all in front of you. Enjoy the journey.

Love,
Mom and Dad



Mike Arlt

Congratulations Michael Scott! The years go by so quickly. It seems like just yesterday you were chasing robins in the backyard. You've grown into a wonderful young man and we are very proud of you. Keep up your positive attitude and go out and conquer the world.
Love, Mom, Dad, Chad and David



Ross Lefebvre

Ross,
If at first you don't succeed,
do it like your mother and
father told you.
Love,
Mom and Dad



Rachel Rogers

We are proud of you!
A dream becomes a reality.
Live your dream! Good Luck!
We love you,
Mom, Dad and Andrew



Sam Pope

Sami, I love you and I'm so
proud of you, honey. Focus,
drive, succeed, and have fun
doing it.
Love Always and Forever,
Mom



Shane Pantila

God gave us a gifted son to train up
in the way he should go. We are very
proud of the young man you've
become. Your journey lies before you
where life's great lessons are yet to be
learned. With a great sense of humor,
boundless energy and great attitude,
the world is yours for the taking!
Love, Dad, Mom and Dominic



Tiffanie Winkelman

We are so proud of you and all
your accomplishments!
Just remember, if you can
dream it, you can do it, if you
believe it, you can achieve it!
Love,
Dad and Mom



Tom Kilian

Tom, you always bring such
joy to every day. You deserve
the nicest things that life can
bring your way.
Congratulations! You're
awesome.
Love,
Dad and Mom



Tommy Kododo

Don't forget the things you were
taught and where your values
came from. Be true to yourself
and others. Keep your faith!
There is an angel that is always on
your shoulder.
Love always, Mom
Congratulations! Your brother,
Jake



Tony Hare

Tony, we are so proud of you.
We love you very much.
Remember you can be
whatever you want, you just
have to have faith.
Love,
Mom, Dad and your sisters



Vanessa Dick

Vanessa, I am so proud of you!
Always use your faith as your
guide.
May God be your strength and
keep you safe.
I love you, Mom



Will Mangan

Keep on Cruisin', Will!
Love,
Mom and Katie



Amanda Zimmer

Congratulaions Mo Pie!! We
are so very proud of you. Keep
believing in yourself, know you
can be and do anything you
work for. We are always here
believing in you. We love you!
Mom, Dad, Brandon,
Christopher and Dakota



Carissa Reilly

Carissa Liane, as your life's
journey unfolds; follow your
heart, share the gifts you've
been given and know that
we're proud of you every step
of the way!
All our love,
Mom, Dad, Maureen and
Maggie



Jenna Nelson

"Yenna Kay", we are very proud
of you and the person you've
become. Continue to dream big
and never settle. You've shown
you can accomplish anything you
set your mind to. Always be happy,
enjoy life and know we love you!
Dad, Mom, Miranda and Kevin



Megan Watters

Whatever you do, do it well
(Ecclesiastes 9:10).
We love you and are so proud
of your accomplishments.
Dad, Mom, Dustin, Chelsea,
Garrett and Taylor



Andrew Marsh

Andrew, how could we be so lucky?
Your good nature and fun-loving
personality is a blessing. Your sense of
humor and love for life is an inspiration.
Your work ethic and ambition is what
drives you toward the goals you seek.
Congrats and good luck Squirm Butt.
We support you, but most of all we love
you very much.
Mom and Dad



Camille Welter

We are so very proud of you and the
choices you have made. We know your
hard work and dedication in school
will help you be successful in your
future. We hope you will be happy in
whatever you choose to do. May you
always find a reason to smile and never
stop singing!
We believe in you and love you,
Mom and Dad



Clint Weber

Clint, You will always be our
"Little Man" and "Peanut."
We are really proud of the
person you've become.
Love,
Dad and Mom



Katie Borschke

Your beautiful soul has been
an inspiration to so many
people. It has been an honor to
be your parents. We love you
so much and thank God for
your life.



Paisley Nardini

My gift from God!
You got it all baby!
I am so blessed you
are in my life.
Love,
Mom



Robert Swansen

Congratulations Robert! There is not one person in your entire family that isn't proud of you and all that you have accomplished. Follow your heart, reach high, dream deep and success will come your way.
Love, Mom, Steve, Sarah, Amanda and Kaytie



Missy Wacker

Missy, we are so proud of you! Follow your heart and you will be successful.



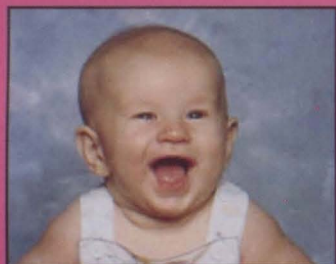
Robin Tellefson

Hey Rob's Rob's, Rob's. Guess what? Guess what? Guess what? Guess what?... We're proud of you.
Mom, Dad and Andrew



Sondra VanHall

Sondra, 18 years ago you made your first good choice "not to taste the toad." There were many more choices and risks that you took as you traveled down life's rugged road. You faced them all bravely, as we knew you could. We're so proud of you! Love you so much!
Mom, Dad, Sean and Emily



Stephan Warner

It has been amazing and a privilege to watch you grow into the man you are becoming. I am so proud of you.
Love,
your Mom



Chris Roehl

Chris, sit high in the saddle, big guy! You've proven you can do anything you put your mind to. We're very proud of you!
Love,
Mom, Dad and Patches



Kalla McEachern

Kalla Rose you have filled our life with beauty and joy. We love you dearly.
Mom and Dad



Kristin Barthel

Kristin, we are very proud of you. Remember to always keep smiling. We love you and we are always there for you.
Mom, Dad and family



Kylie Edgren

From an adorable, happy little girl to a cheerful, loving, smart and caring adult. We are so proud of your accomplishments over the years. May your life be everything you want it to be.
Much love,
Mom, Dad, Chelsea and Blake



Christine Becker

You have accomplished things already that most people dream of. We hope you will continue to fulfill your dreams. We will always be behind you in whatever you decide to do with your life. We are proud of our little "pumpkin"!
Love, Mom and Dad



Brittany Praught

Our baby is all grown up...now
what? Good job, Brittany, we
are proud of you!

Love,
Mom and Dad



Lindsey Wendroth

Make the best of your life -
make good choices.

We love you,
Mom, Dad and Stevie



Mitch Ende

Congratulations Mitch! You made
it. Your smile, outgoing
personality and willingness to help
others must have done it.
Remember - to achieve all that is
possible, we must attempt the
impossible. May God always be
your guide. We wish you
happiness.

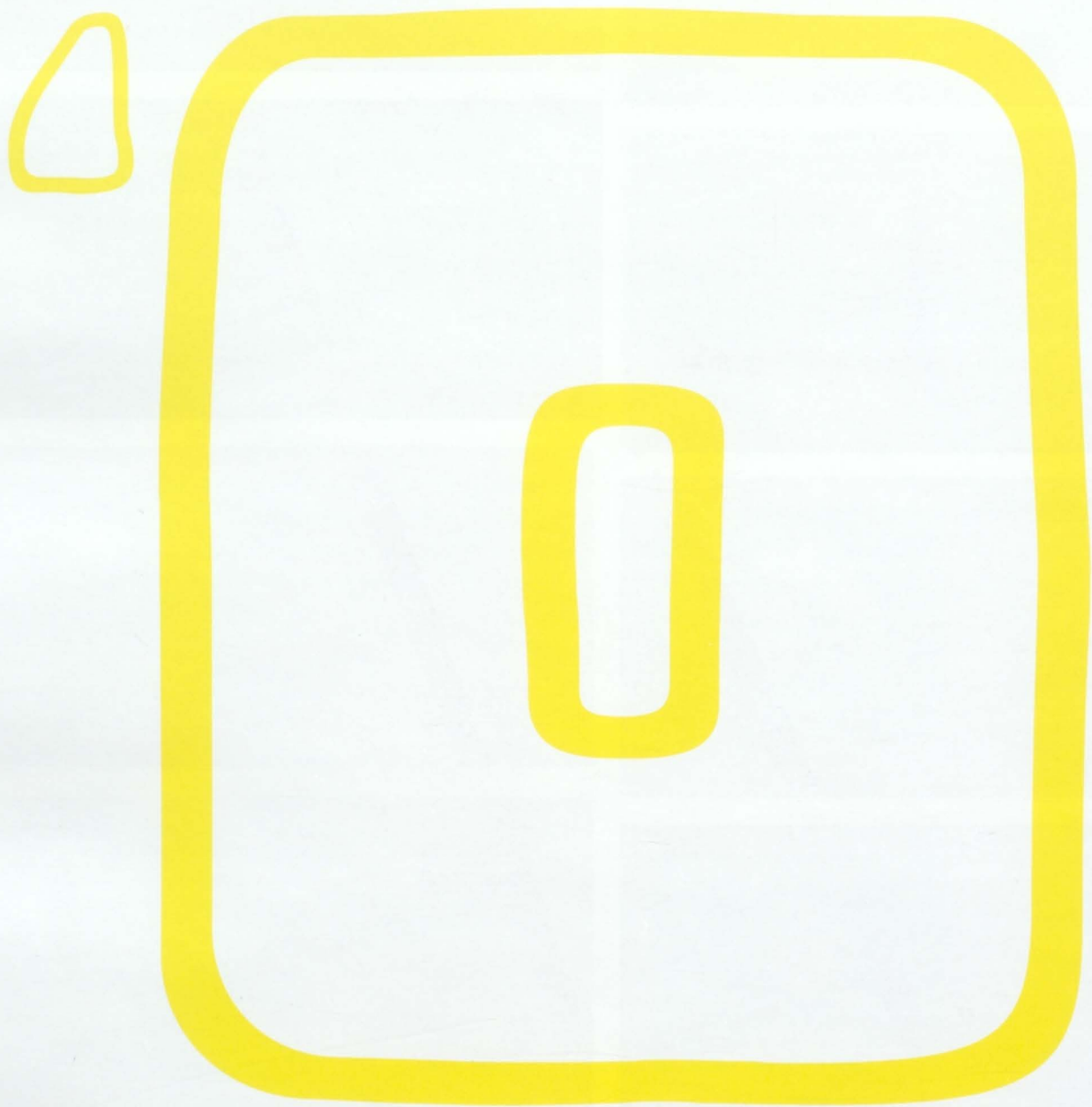
Lots of love, Mom and Dad



Chad Blais

Chad, as you ride into the
future we wish you all the best.
We are so proud of you.

We love you,
Mom, Dad, Brandon,
Katherine, Matthew, Joelle
and Katie







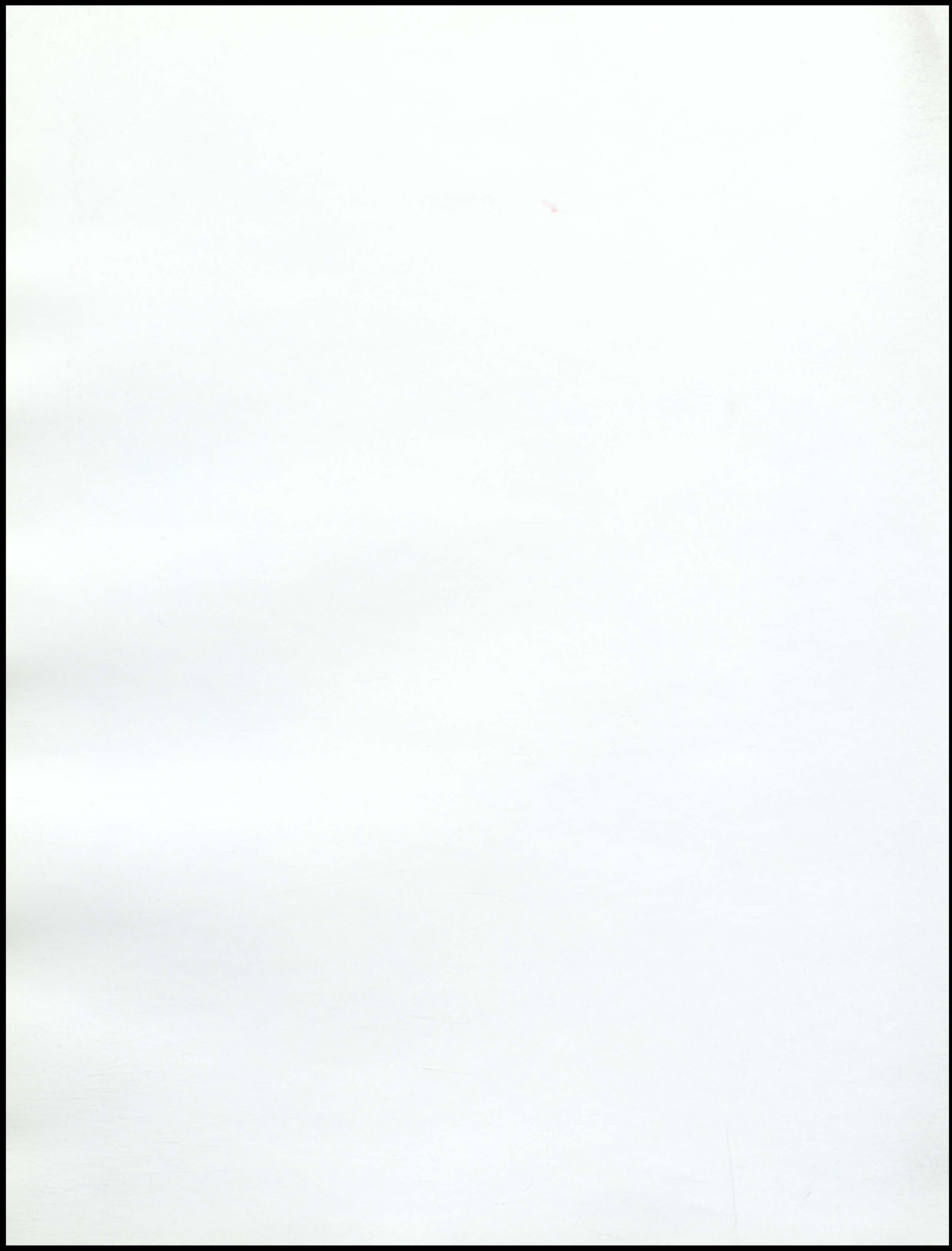
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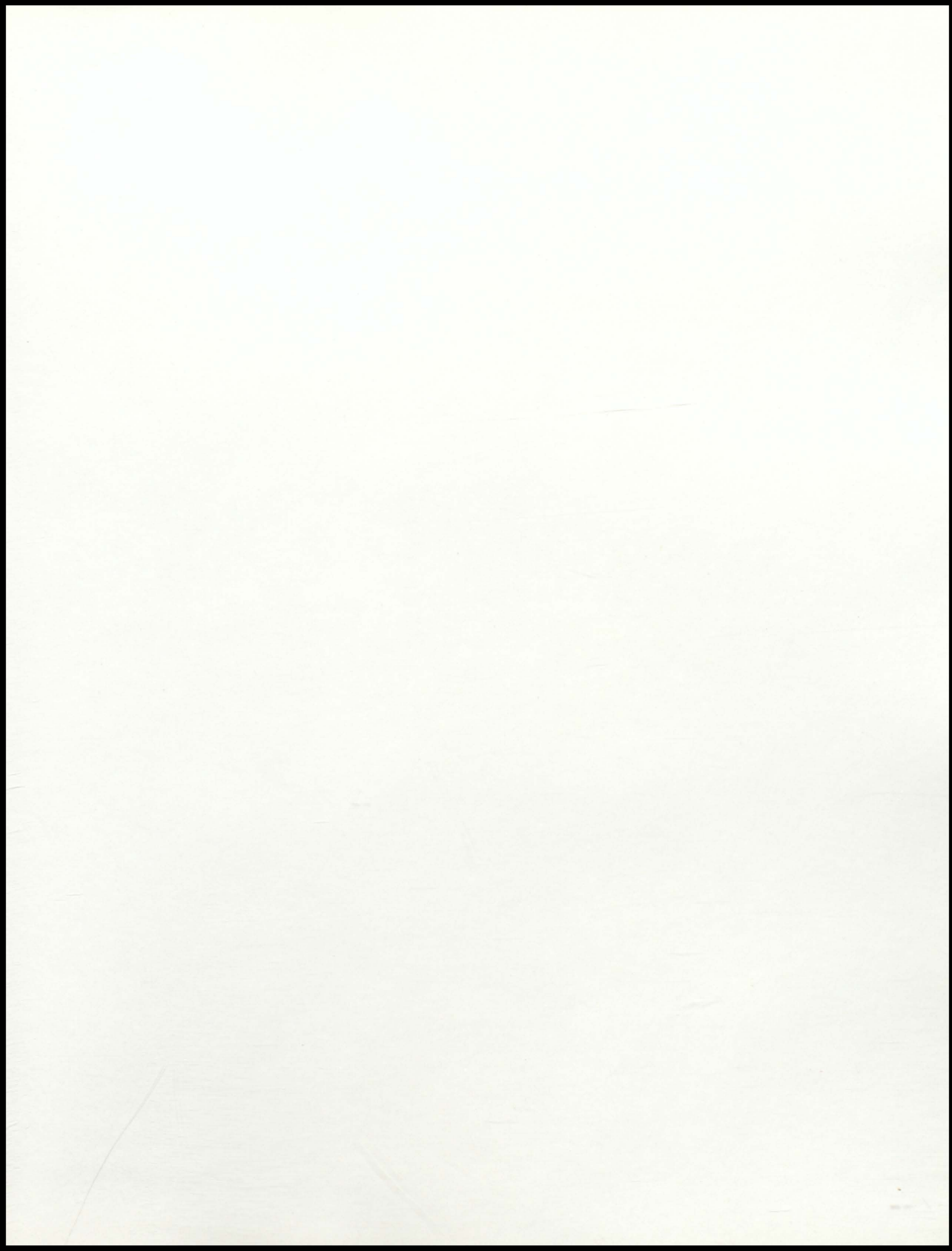
















People

Academic

Sports

Performing Arts

Clubs/Orgs

Student Life

LifeTouch