

Meet your care team.

Care4Us is pleased to introduce your care team.



Samya Cruz, MD

Dr. Cruz received her medical degree from Uniformed Services University of the Health Sciences, the nation's federal government school of medicine, committed to excellence in military medicine to service the Department of Defense. Dr. Cruz is committed to impacting patient lives and looks forward to building relationships with the Bartlett and Collierville community through the Care4Us Health & Wellness Center.



Laura Erickson-Bly, FNP

Laura completed her education at Malone University where she earned a Master's Degree. Before joining the Care4Us team, Laura worked as a Nurse Practitioner for a CareHere-operated wellness center in Colorado, before CareHere became part of the Premise Health family. Laura strives to make each patient feel like family and have a great experience in her office. She states, "I treat people as I would want to be treated."



Stephanie White, FNP

Stephanie White is a Family Nurse Practitioner who is board certified by the American Academy of Nurse Practitioners Certification Board. She obtained her Doctor of Nursing Practice Degree from Delta State University in Cleveland, MS. Stephanie has spent over 20 years providing care to patients in the Memphis and Desoto County areas.



Make an appointment.

My Premise Health app

mypremisehealth.com

Care4Us - Collierville
777 W. Poplar Ave., Suite 104
Collierville, TN 38017
Monday, 8 a.m. – 5 p.m.
Tuesday, 8 a.m. – 6 p.m.
Wednesday, 8 a.m. – 5 p.m.
Thursday, 7 a.m. – 5 p.m.
Friday, 8 a.m. – 1 p.m.
(Every Other Friday)
(901) 979-3151

Care4Us - Bartlett
7665 U.S. Hwy 70, Suite 101
Bartlett, TN 38133
Monday, 7 a.m. – 5 p.m.
Tuesday, 8 a.m. – 5 p.m.
Wednesday, 7 a.m. – 5 p.m.
Thursday, 8 a.m. – 6 p.m.
Friday, 7 – 11 a.m.
(901) 979-3151