Athletic Information 2024

IMPORTANT INFORMATION

KHSAA Physicals – A physical is required to try out. The form can be found on our website at https://www.mercyacademy.com/athletics/information-forms *New - not all pages will be turned in, but the first three pages with doctors release must be turned in before the tryout. There will be no exceptions to this rule.

KHSAA Dead Period – June 25 to July 9 – This state-mandated dead period applies to ALL high school athletes. High school athletes are not allowed to be involved with high school teams or use high school facilities. This time frame is when we encourage families to take their vacations. Once the season begins, attendance is mandatory.

Fall Sports Tryouts and Season Start Dates

Cheer

Evaluations: May, if interested contact Coach
Where: Mercy Academy Small Gymnasium
Season runs June – April
Randi Thomas - rcarter@mercyjaguars.com

Cross Country

Summer conditioning June 13, 18, 20, 24 & July 11
First Practice July 15, 6:30am - Location TBD
Heather Lozon - hlozon@mercyjaguars.com
Contact Coach Lozon to be added to team communication

Field Hockey

Summer workouts: June 6 - 24 Mon-Thurs
Tryouts: July 15-17 5:15-7 pm
Practices begin: July 18, times TBD
Where: Mercy Academy Turf Field
Brittany Johnson - bjohnson@mercyjaguars.com

Golf

First practice: July 15th at 4:30 p.m.
Oxmoor CC - 9000 Limehouse Lane, Louisville, KY 40220
Bailey Wiegandt – bwiegandt@mercyjaguars.com

Soccer

Optional Conditioning: June 10-14 and June 17-21
7:30 a.m. - 8:30 a.m.
July 10-12
7:30 a.m. - 9:00 a.m
Tryouts: Begin on July 15 - 2 sessions per day
7:30 a.m. - 8:45 a.m.
6:00 p.m. - 7:30 p.m.
JV/V placement decided on July 19th
Where: Mercy Academy Turf Field
Eric Wong – ewong@mercyjaguars.com

Volleyball

Open gyms: July 10 - 12, 15 - 16 5:30 - 7:30 pm
Tryouts: July 17
Fitness testing 7 - 8 am
Freshmen 8:30 - 10:30 am
JV/Varsity 11am - 1pm
JV/Varsity 6 - 8pm
July 18
Freshmen 9 - 11 am
Team meeting 5 - 6pm
1st Varsity practice 6 - 8pm
Connie Hulsmeyer - chulsmeyer@mercyjaguars.com

Winter Sports

Archery

Season begins October 15
Practices are held at Mercy Academy
Laura Parrish – lparrish@mercyjaguars.com

Basketball

Season begins October 15
Practices are held at Mercy Academy
Nick Cann – ncann@mercyjaguars.com

Bowling

Practice can begin October 1
Home lanes are at Fern Bowl
Chris Pifine – cpifine@mercyjaguars.com

Swimming

Practice can begin October 1
Practices are held at St. Xavier High School
Brittany Ballard – bballard@mercyjaguars.com
Shelby Esterle – sesterle@mercyjaguars.com

Spring Sports

Lacrosse

Season begins February 15
mnegron@mercyjaguars.com

Softball

Season begins February 15
James Brentlinger – jbrentlinger@mercyjaguars.com

Tennis

Season begins February 15
Emily Barnett – ebarnett@mercyjaguars.com

Track & Field

Season begins February 15
Heather Lozon - hlozon@mercyjaguars.com