

**SENECA VALLEY SCHOOL DISTRICT  
ASTHMA ACTION PLAN**

Place
Child's
Photo
Here

**Student Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_ **Grade:** \_\_\_\_\_ **Homeroom:** \_\_\_\_\_

**Asthma Severity:**     Mild Intermittent     Mild Persistent  
                           Moderate Persistent     Severe Persistent

**Asthma Triggers:**     Colds             Exercise             Animals             Dust             Smoke  
                           Food             Weather             Other: \_\_\_\_\_

<b>Medications</b>
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**Daily:**  
Name: \_\_\_\_\_ Dose: \_\_\_\_\_  
Name: \_\_\_\_\_ Dose: \_\_\_\_\_  
Name: \_\_\_\_\_ Dose: \_\_\_\_\_

**Emergency/Rescue:**  
Name: \_\_\_\_\_ Dose: \_\_\_\_\_  
Name: \_\_\_\_\_ Dose: \_\_\_\_\_

Student's ability to use inhaler:  
 Independent  
 Nursing staff to instruct/assist  
 Nursing staff to supervise

Location of Rescue inhaler:  
 Student will carry on their person (must have permission in writing from private physician)  
 Student will have in locker/sports bag for afterschool activities  
 Student will keep in the health office

<b>Physical Education</b>
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PE days and times: \_\_\_\_\_  
 Needs to use inhaler before PE  
 Restrict from PE class if \_\_\_\_\_

<b>Contact Information</b>
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**Emergency Calls**

1. Mother: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
2. Father: \_\_\_\_\_ Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
3. Emergency Contact: \_\_\_\_\_ Home/Cell: \_\_\_\_\_  
4. Physician/Clinic for Asthma Management: \_\_\_\_\_  
Phone#: \_\_\_\_\_ Fax #: \_\_\_\_\_

**Parent/Guardian Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**(Required)**

**Physician Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_  
**(Required)**