

Elizabethtown Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
8/26/24	8/27/24	8/28/24	8/29/24	8/30/24
Mini Pancakes with Syrup or Assorted Cereals with Graham Bites	Apple Frudel or Assorted Cereals with Graham Bites	Egg and Cheese Muffin or Assorted Cereals with Graham Bites	Mini Waffles with Syrup or Assorted Cereals with Graham Bites	NO SCHOOL
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	
9/2/24	9/3/24	9/4/24	9/5/24	9/6/24
No School	Cinnamini or Assorted Cereals with Graham Bites	Cheese Omelet with Blueberry Muffin or Assorted Cereals with Graham Bites	Mini French Toast with syrup or Assorted Cereals with Graham Bites	Strawberry Stuffed Bagel or Assorted Cereals with Graham Bites
	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
9/9/24	9/10/24	9/11/24	9/12/24	9/13/24
Breakfast Pizza or Assorted Cereals with Graham Bites	Sausage and Cheese Muffin or Assorted Cereals with Graham Bites	Apple Frudel or Assorted Cereals with Graham Bites	Mini Pancakes with Syrup or Assorted Cereals with Graham Bites	Cheese Omelet with Blueberry Muffin or Assorted Cereals with Graham Bites
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
9/16/24	9/17/24	9/18/24	9/19/24	9/20/24
Whole Grain Funnel Cake or Assorted Cereals with Graham Bites	Breakfast Pizza or Assorted Cereals with Graham Bites	Yogurt Parfait with Toast & Spreads or Assorted Cereals with Graham Bites	Mini French Toast with Syrup or Assorted Cereals with Graham Bites	Ham & Cheese Croissant or Assorted Cereals with Graham Bites
Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk	Assorted 100% Fruit Juice & Assorted Fresh Fruit or Assorted Canned Fruit Choice of Milk
Student Paid Breakfast \$0.00	Student Reduced Breakfast \$0.00	Student Reduced Breakfast \$0.00	Student Reduced Breakfast \$0.00	Adult Breakfast \$2.85

What is a Meal?

You must choose at least 3 of the 4 components available for the school breakfast price.

Choice of: Grain or grain/protein
Choice of fruit or vegetable
(must take at least a 1/2 cup)
and

Choice of Milk
Choice of Milk - 1% white, fat-free
white, chocolate, vanilla and
strawberry

You must take at least 1/2 cup of
fruit or vegetable

Fruit May Include:

Canned peaches, applesauce, pears, pineapple, fruit cocktail, mandarin oranges, 100% juice (apple, orange), fresh fruit selection including apples, bananas and oranges

Whole Grain Cereal Selection May Include:

Cinnamon Toast Crunch
Trix
Cocoa Puffs
Cheerios
Reeses
Honey-Nut Cheerios
Fruit Loops

Served Graham Crackers

